



# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Central ES

**Service Area:** Central (A) - K-5 - OVS

**Menu Name:** Central (A) ES: 2018 BIC Menu - cycle 4 - week 5

**Avg.Method:** Balanced

**Age Group:** Brkfst Grades K-5      **Period:** Breakfast      **Week:** 5      **Day:** Monday      **Count Type:** Forecasted      **Total No. of Customers:** 372

Weekly Std.	SFA		Na (mg)	Fat		CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)
	CAL	(g)		% of CAL	(g)																		
350.00-500.00		10.00	540.00																		300.00		
M51274 BRD: FR TST AP, Cinn WG IW																							
372.00 @ 1 pouch	220.00	1.00	4.09	200.00	7.00	28.64	37.00	4.00	0.00	2.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	60.00	-*	1.44
M52811 FRUIT: CRAISINS, SS Strawb1.16																							
24.00 @ 1 each	110.00	0.00	0.00	0.00	0.00	0.00	28.00	0.00	0.00	3.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	0.00	-*	0.00
M55543 JUICE SS, TROPICANA APPLE 100% 4.23FLOZ BOX SHLF-STBL																							
334.00 @ 1 each	60.00	0.00	0.00	10.00	0.00	0.00	14.00	0.00	0.00	0.00	120.00	0.00	-*	-*	-*	15.00	-*	-*	-*	-*	0.00	-*	0.00
M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50																							
44.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	300.00	-*	0.00
M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50																							
327.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	300.00	-*	0.00
<b>Average</b>	399.47	1.18	2.65	382.59	7.3	16.44	70.49	11.98	5.58	2.19	107.74*	498.66	-*	-*	-*	14.81	-*	-*	-*	-*	359.2	-*	1.44

\* Some values for this nutrient are unavailable; the number listed is incomplete.

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Central ES

**Service Area:** Central (A) - K-5 - OVS

**Menu Name:** Central (A) ES: 2018 BIC Menu - cycle 4 - week 5

**Avg.Method:** Balanced

**Age Group:** Brkfst Grades K-5      **Period:** Breakfast      **Week:** 5      **Day:** Tuesday      **Count Type:** Forecasted      **Total No. of Customers:** 396

Weekly Std.	SFA		Na (mg)	Fat		CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)	
	CAL	(g)		% of CAL	(g)																			% of CAL
	350.00-500.00		10.00	540.00																		40.01		
M53103 STICKS, KOLACHES MORNGSSG RS WG 1.0 1EA																								
396.00 @ 1 each	170.00	1.00	5.30	280.00	4.00	21.18	28.00	5.00	20.00	3.00	-*	1000.17	-*	-*	-*	0.00	-*	-*	-*	-*	-*	40.01	-*	1.80
M50543 FRUIT: BANANA (100-120ct) Whl																								
24.00 @ 1 each	93.95	0.12	1.13	1.06	0.35	3.34	24.11	1.15	0.00	2.74	377.91	67.56	0.00	0.11	0.53	9.18	0.03	0.08	0.70	0.39	0.00	5.28	23.22	0.27
M50722 FRUIT: RAISINS, SS BOX																								
24.00 @ 1 each	127.15	0.02	0.17	4.68	0.20	1.38	33.67	1.31	0.00	1.57	318.51	0.00	0.00	0.05	1.49	0.98	0.05	0.05	0.33	0.07	0.00	21.26	42.95	0.80
M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50																								
46.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00
M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50																								
396.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00
<b>Average</b>	316.18	1.18	3.37	475.45	4.32	12.31	53.01	14.08	26.16	3.26	42.21*	1562.35	0*	.01*	.12*	2.09	0*	.01*	.06*	.03*	0*	376.47	4.01*	1.87

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Central ES

**Service Area:** Central (A) - K-5 - OVS

**Menu Name:** Central (A) ES: 2018 BIC Menu - cycle 4 - week 5

**Avg.Method:** Balanced

**Age Group:** Brkfst Grades K-5      **Period:** Breakfast      **Week:** 5      **Day:** Wednesday      **Count Type:** Forecasted      **Total No. of Customers:** 434

Weekly Std.	SFA		Na (mg)	Fat		CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)
	CAL	% of CAL		% of CAL	% of CAL																		
350.00-500.00		10.00	540.00																		300.00		

M50208 CEREAL BWL, CinnTstCrnch RS WG

434.00 @ 1 bowl	110.00	0.50	4.09	160.00	3.00	24.54	22.00	1.00	0.00	3.00	-*	400.01	-*	-*	-*	4.80	-*	-*	-*	-*	-*	200.01	-*	3.60
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M52695 CHEESE, MZ String LF 1ea 1.0

434.00 @ 1 stick	60.00	2.00	30.00	200.01	3.00	45.00	1.00	7.00	10.00	0.00	0.00	200.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	200.01	-*	0.00
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M54353 FRUIT: CUP SS, APPLESC SHLF-STBL 1/2C

24.00 @ 1 each	50.00	0.00	0.00	15.00	0.00	0.00	14.00	0.00	0.00	1.00	-*	0.00	-*	-*	-*	60.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M55541 JUICE SS, TROPICANA STRW KIWI 100% 4.23FLOZ BOX SHLF-STBL

425.00 @ 1 each	60.00	0.00	0.00	10.00	0.00	0.00	15.00	0.00	0.00	0.00	120.00	0.00	-*	-*	-*	18.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50

422.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00
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M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50

20.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00
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<b>Average</b>	344.01	3.96	10.36	505.33	8.43	22.06	52.03	16.15	19.95	3.06	117.51*	1109.24	-*	-*	-*	28.13	-*	-*	-*	-*	-*	705.54	-*	3.6
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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Central ES

**Service Area:** Central (A) - K-5 - OVS

**Menu Name:** Central (A) ES: 2018 BIC Menu - cycle 4 - week 5

**Avg.Method:** Balanced

**Age Group:** Brkfst Grades K-5      **Period:** Breakfast      **Week:** 5      **Day:** Thursday      **Count Type:** Forecasted      **Total No. of Customers:** 396

Weekly Std.	SFA		Na (mg)	Fat		CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)	
	CAL	% of CAL		% of CAL	% of CAL																			
350.00-500.00		10.00	540.00																			300.00		
M51278 PIZZA AP EggSausChzSldrWG.75IW																								
396.00 @ 1 package	160.00	1.50	8.44	290.01	4.50	25.31	22.00	8.00	30.00	2.00	150.00	100.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	80.00	-*	1.44
M53799 FRUIT: APPLE, Slcd IW 2oz																								
24.00 @ 1 each	30.00	0.00	0.00	0.00	0.00	0.00	7.00	0.00	0.00	1.00	-*	0.00	-*	-*	-*	21.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M52811 FRUIT: CRAISINS, SS Strawb1.16																								
24.00 @ 1 each	110.00	0.00	0.00	0.00	0.00	0.00	28.00	0.00	0.00	3.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50																								
53.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00
M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50																								
333.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00
<b>Average</b>	284.12	1.7	5.39	458.77	4.83	15.31	42.68	15.8	35.54	2.24	150*	587.38	-*	-*	-*	2.6	-*	-*	-*	-*	-*	372.43	-*	1.44

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Central ES

**Service Area:** Central (A) - K-5 - OVS

**Menu Name:** Central (A) ES: 2018 BIC Menu - cycle 4 - week 5

**Avg.Method:** Balanced

**Age Group:** Brkfst Grades K-5      **Period:** Breakfast      **Week:** 5      **Day:** Friday      **Count Type:** Forecasted      **Total No. of Customers:** 426

Weekly Std.	SFA		Na (mg)	Fat		CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)	
	CAL	(g)		% of CAL	(g)																			% of CAL
	350.00-500.00		10.00	540.00																		21.26		
M66454 BRD: CRESCENT AP, FILLED CHOCOLATE WG IW																								
426.00 @ 1 pouch	230.00	1.50	5.87	270.00	8.00	31.30	37.00	6.00	0.00	2.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	20.00	-*	1.44
M50722 FRUIT: RAISINS, SS BOX																								
24.00 @ 1 each	127.15	0.02	0.17	4.68	0.20	1.38	33.67	1.31	0.00	1.57	318.51	0.00	0.00	0.05	1.49	0.98	0.05	0.05	0.33	0.07	0.00	21.26	42.95	0.80
M55541 JUICE SS, TROPICANA STRW KIWI 100% 4.23FLOZ BOX SHLF-STBL																								
24.00 @ 1 each	60.00	0.00	0.00	10.00	0.00	0.00	15.00	0.00	0.00	0.00	120.00	0.00	-*	-*	-*	18.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50																								
55.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00
M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50																								
371.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00
<b>Average</b>	359.26	1.7	4.25	444.38	8.33	20.88	58.84	14.07	5.65	2.09	24.7*	500	0*	0*	.08*	2.42	0*	0*	.02*	0*	0*	321.2	2.42*	1.48

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