



# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Marcus 9th Gr

**Service Area:** Marcus 9th - 9-12 - OVS

**Menu Name:** Marcus 9th w/GSD 2018 Menu - cycle 4 - week 3

**Avg.Method:** Balanced

**Age Group:** Brkfst Grades K-12      **Period:** Breakfast      **Week:** 3      **Day:** Monday      **Count Type:** Forecasted      **Total No. of Customers:** 14

Weekly Std.	SFA		Na (mg)	Fat		CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)
	CAL	(g)		% of CAL	(g)																		
450.00-500.00			540.00																		150.00		

M66354 YOGURT, PARFAIT STRAWBERRY 1.0

4.00 @ 1 serving	135.19	0.59	3.92	67.14	1.57	10.43	26.34	4.01	5.00	1.08	222.26	517.91	80.06*	0.11*	0.86*	16.06	0.01*	0.01*	0.18*	0.01*	0.00*	106.31	5.07*	0.39
------------------	--------	------	------	-------	------	-------	-------	------	------	------	--------	--------	--------	-------	-------	-------	-------	-------	-------	-------	-------	--------	-------	------

M51494 BRD: BREAD WG, Tst CinnMrg 1sl

6.00 @ 1 slice	125.17	1.33	9.59	160.05	4.33	31.17	18.94	3.01	0.00	1.07	1.97*	0.38	0.00*	0.00*	0.04*	0.00	0.00*	0.00*	0.00*	0.00*	0.00*	1.33	0.08*	1.09
----------------	--------	------	------	--------	------	-------	-------	------	------	------	-------	------	-------	-------	-------	------	-------	-------	-------	-------	-------	------	-------	------

M51725 SDW BISC, ChixPtyWG 1 (2.25BG)

6.00 @ 1 sandwich	295.00	8.00	24.41	625.01	13.50	41.19	33.00	11.00	12.50	3.50	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	150.00	-*	1.98
-------------------	--------	------	-------	--------	-------	-------	-------	-------	-------	------	----	------	----	----	----	------	----	----	----	----	----	--------	----	------

M50435 CEREAL HOT, Oatmeal (1BG)

3.00 @ 1/2 cup	106.30	0.35	3.00	3.25	2.13	18.00	19.13	3.54	0.00	2.83	1.08*	0.00	0.00*	0.00*	0.00*	0.00	0.00*	0.00*	0.00*	0.00*	0.00*	3.25	0.00*	1.28
----------------	--------	------	------	------	------	-------	-------	------	------	------	-------	------	-------	-------	-------	------	-------	-------	-------	-------	-------	------	-------	------

M50209 COND\_Sugar, Cinnamon

3.00 @ 1 tablespoon	45.52	0.00	0.03	0.15	0.00	0.09	11.83	0.02	0.00	0.21	1.90	1.14	0.00	0.01	0.12	0.01	0.00	0.00	0.01	0.00	0.00	3.99	0.25	0.04
---------------------	-------	------	------	------	------	------	-------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------

M50208 CEREAL BWL, CinnTstCrnch RS WG

1.00 @ 1 bowl	110.00	0.50	4.09	160.00	3.00	24.54	22.00	1.00	0.00	3.00	-*	400.01	-*	-*	-*	4.80	-*	-*	-*	-*	-*	200.01	-*	3.60
---------------	--------	------	------	--------	------	-------	-------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M50442 CEREAL BWL, Cocoa Puffs RS WG

3.00 @ 1 bowl	110.05	0.00	0.00	160.08	1.50	12.27	25.01	2.00	0.00	2.00	-*	500.25	-*	-*	-*	6.00	-*	-*	-*	-*	-*	100.05	-*	4.50
---------------	--------	------	------	--------	------	-------	-------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M50524 CEREAL BWL, Lucky Charms WG

2.00 @ 1 bowl	110.00	0.00	0.00	180.00	1.00	8.18	23.00	2.00	0.00	2.00	-*	500.01	-*	-*	-*	6.00	-*	-*	-*	-*	-*	100.00	-*	4.50
---------------	--------	------	------	--------	------	------	-------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M52728 BRD: BAR, Cereal TeamCh WG IW

5.00 @ 1 each	150.00	0.50	3.00	85.00	3.50	21.00	30.00	2.00	0.00	3.00	-*	100.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	200.00	-*	4.50
---------------	--------	------	------	-------	------	-------	-------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M52695 CHEESE, MZ String LF 1ea 1.0

5.00 @ 1 stick	60.00	2.00	30.00	200.01	3.00	45.00	1.00	7.00	10.00	0.00	0.00	200.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	200.01	-*	0.00
----------------	-------	------	-------	--------	------	-------	------	------	-------	------	------	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M51237 BRD: BREAD WG, Tst Marg 1sl

2.00 @ 1 slice	110.00	1.33	10.91	160.00	4.33	35.45	15.00	3.00	0.00	1.00	1.33*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	1.08
----------------	--------	------	-------	--------	------	-------	-------	------	------	------	-------	------	----	----	----	------	----	----	----	----	----	------	----	------

M52975 BRD: WAFFLE, RS SS WG (3.25BG)

\* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Marcus 9th Gr

**Service Area:** Marcus 9th - 9-12 - OVS

**Menu Name:** Marcus 9th w/GSD 2018 Menu - cycle 4 - week 3

**Avg.Method:** Balanced

6.00 @ 1 each	240.06	0.00	0.00	506.14	2.86	10.71	50.30	6.86	0.00	6.86	1.05*	0.00	0.00*	0.00*	0.00*	0.00	0.00*	0.00*	0.00*	0.00*	0.00*	288.94	0.00*	3.09
M52659 FRUIT: APPLES, Warm Cinn 1/8c																								
1.00 @ 1/8 cup	26.30	0.01	0.19	2.47	0.01	0.29	6.56	0.00	0.00	0.50	0.61*	0.23	0.00*	0.00*	0.01*	0.04	0.00*	0.00*	0.00*	0.00*	0.00*	0.57	0.12*	0.01
M52816 DESRT: TOPPING, Whipd NonDairy																								
1.00 @ 1 tablespoon	13.47	1.00	66.56	0.81	1.00	67.06	1.06	0.05	0.01	0.01	-*	0.20	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.15	-*	0.00
M50536 FRUIT: APPLE, 138ct 1/8wg 1/2c																								
6.00 @ 4 wedge	31.53	0.02	0.50	2.39	0.10	2.95	8.40	0.17	0.00	1.45	67.15	33.13	0.00	0.11	1.32	3.11	0.01	0.02	0.06	0.03	0.00	5.02	6.81	0.07
M52271 FRUIT: PEARS, Dice w/Jc 1/2c																								
8.00 @ 1/2 cup	60.66	0.00	0.00	10.11	0.00	0.00	14.15	0.00	0.00	2.02	80.89	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M53365 JUICE SS, Grape100% 4oz Cart																								
14.00 @ 1 each	80.00	0.00	0.00	15.00	0.00	0.00	18.00	1.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50																								
7.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00
M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50																								
15.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00
M53222 COND PC Margarine 5g																								
1.00 @ 1 each	30.00	1.00	30.00	30.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	500.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M53221 COND PC Jelly, Grape Smucker																								
1.00 @ 1 each	35.00	0.00	0.00	5.00	0.00	0.00	9.00	0.00	0.00	0.00	0.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50056 COND PC Sauce, Taco 9g																								
1.00 @ 1 each	5.00	0.00	0.00	55.00	0.00	0.00	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50058 COND PC Syrup 1.4oz Smuckers																								
4.00 @ 1 each	110.00	0.00	0.00	25.00	0.00	0.00	29.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
<b>Average</b>	843.01	6.26	6.69	1062.84	14.97	15.99	148.57	28.93	20.72	9.81	140.67*	1298.39	22.87*	.08*	.85*	11.33	.01*	.01*	.08*	.01*	0*	887.12	4.46*	6.69

\* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Marcus 9th Gr

**Service Area:** Marcus 9th - 9-12 - OVS

**Menu Name:** Marcus 9th w/GSD 2018 Menu - cycle 4 - week 3

**Avg.Method:** Balanced

**Age Group:** Lunch Grades 9-12      **Period:** Lunch      **Week:** 3      **Day:** Monday      **Count Type:** Forecasted      **Total No. of Customers:** 230

Weekly Std.	SFA		Na (mg)	Fat		CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)
	CAL	% of CAL		% of CAL	% of CAL																		
750.00-850.00		10.00	1420.00																		0.00		

M51829 PASTA, Ravioli Jmb Chz 2.0

32.00 @ 3 each	180.09	1.50	7.50	486.80	3.00	15.00	23.01	15.01	50.02	1.00	5.52*	200.10	0.00*	0.00*	0.00*	0.00	0.00*	0.00*	0.00*	0.00*	0.00*	0.00*	166.64	0.00*	1.08
----------------	--------	------	------	--------	------	-------	-------	-------	-------	------	-------	--------	-------	-------	-------	------	-------	-------	-------	-------	-------	-------	--------	-------	------

M66192 SAUCE P, TOM SC

32.00 @ 1/2 cup	36.56	0.05	1.11	7.79	0.31	7.55	8.14	1.49	0.00	1.91	14.90*	473.73	0.00*	0.00*	0.37*	18.83	0.00*	0.00*	0.01*	0.01*	0.00*	17.23	2.89*	0.82
-----------------	-------	------	------	------	------	------	------	------	------	------	--------	--------	-------	-------	-------	-------	-------	-------	-------	-------	-------	-------	-------	------

M52399 BRD: BRDSTK AP, WG 1ea (1BG)

32.00 @ 1 each	70.00	0.00	0.00	105.00	1.00	12.86	14.00	3.00	0.00	1.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.72
----------------	-------	------	------	--------	------	-------	-------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M50419 SALAD, VEG BAJA SC W 2.25

6.00 @ 1 each	230.85	6.18	24.10	254.26	10.00	39.00	24.28	13.54	30.64	6.45	226.79*	3829.68	0.00*	0.20*	40.54*	7.56	0.07*	0.06*	0.92*	0.11*	0.00*	277.93	43.73*	2.05
---------------	--------	------	-------	--------	-------	-------	-------	-------	-------	------	---------	---------	-------	-------	--------	------	-------	-------	-------	-------	-------	--------	--------	------

M51680 BRD: ROLL DG, WG 2.5oz

6.00 @ 1 each	170.00	0.50	2.65	135.00	3.00	15.88	28.00	7.00	0.00	3.40	-*	0.01	-*	-*	-*	0.01	-*	-*	-*	-*	-*	12.70	-*	0.85
---------------	--------	------	------	--------	------	-------	-------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	-------	----	------

M52043 PIZZA HUT PIZZA 6" EXPRESS CHZ SS 2.25

37.00 @ 1 pizza	374.18	4.99	12.01	685.27	13.41	32.25	38.44	24.92	24.70	4.27	-*	692.07	-*	-*	-*	5.36	-*	-*	-*	-*	-*	410.71	-*	2.57
-----------------	--------	------	-------	--------	-------	-------	-------	-------	-------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M53931 PIZZA HUT PIZZA 6" EXPRESS PEPP SS 2.0

66.00 @ 1 pizza	385.19	5.31	12.42	711.32	14.98	35.01	38.49	24.17	27.17	4.35	-*	662.85	-*	-*	-*	5.43	-*	-*	-*	-*	-*	354.34	-*	2.65
-----------------	--------	------	-------	--------	-------	-------	-------	-------	-------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M54307 PIZZA HUT PIZZA 6" EXPRESS SSG SS 2.25

19.00 @ 1 pizza	439.08	7.15	14.66	836.54	20.45	41.92	38.35	25.40	37.42	4.27	-*	689.00	-*	-*	-*	5.36	-*	-*	-*	-*	-*	356.37	-*	2.86
-----------------	--------	------	-------	--------	-------	-------	-------	-------	-------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M54310 PIZZA HUT PIZZA 6" EXPRESS BBQ CHIX SS 2.25

16.00 @ 1 pizza	400.94	4.66	10.46	805.79	13.17	29.57	42.83	27.77	38.53	4.36	-*	667.19	-*	-*	-*	5.81	-*	-*	-*	-*	-*	350.99	-*	2.67
-----------------	--------	------	-------	--------	-------	-------	-------	-------	-------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M54521 PIZZA HUT COND PC PEPPER RED CRUSHED 1G

9.00 @ 1 each	5.00	0.00	0.00	0.00	0.00	0.00	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
---------------	------	------	------	------	------	------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M54520 PIZZA HUT COND PC CHEESE GRATED 2.5G

31.00 @ 1 each	10.00	0.00	0.00	50.00	1.00	90.00	0.00	1.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
----------------	-------	------	------	-------	------	-------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M55229 MELT SUB AP, CHIXMTBL PIZZA WG 2.0

\* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Marcus 9th Gr

**Service Area:** Marcus 9th - 9-12 - OVS

**Menu Name:** Marcus 9th w/GSD 2018 Menu - cycle 4 - week 3

**Avg.Method:** Balanced

27.00 @ 1 sandwich	355.01	3.75	9.51	895.09	13.67	34.65	37.50	22.50	47.50	5.67	-*	439.24	-*	-*	-*	2.40	-*	-*	-*	-*	-*	169.17	-*	2.80
--------------------	--------	------	------	--------	-------	-------	-------	-------	-------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M53275 MELT BD, AM WG 2.0

3.00 @ 1 sandwich	385.00	11.25	26.30	1320.00	19.50	45.58	32.50	18.50	62.50	2.00	-*	500.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	375.00	-*	2.16
-------------------	--------	-------	-------	---------	-------	-------	-------	-------	-------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M51680 BRD: ROLL DG, WG 2.5oz

68.00 @ 1 each	170.00	0.50	2.65	135.00	3.00	15.88	28.00	7.00	0.00	3.40	-*	0.01	-*	-*	-*	0.01	-*	-*	-*	-*	-*	12.70	-*	0.85
----------------	--------	------	------	--------	------	-------	-------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	-------	----	------

M53659 BURG, Beef AP100% 2.0

5.00 @ 1 each	270.00	3.00	10.00	345.00	10.00	33.33	28.00	17.00	35.00	2.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	40.00	-*	2.52
---------------	--------	------	-------	--------	-------	-------	-------	-------	-------	------	----	------	----	----	----	------	----	----	----	----	----	-------	----	------

M54370 BURG, BLACK BEAN AP WG 2.0

2.00 @ 1 each	300.00	1.00	3.00	710.00	9.00	27.00	42.00	19.00	5.00	7.00	280.00*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	80.00	-*	2.16
---------------	--------	------	------	--------	------	-------	-------	-------	------	------	---------	------	----	----	----	------	----	----	----	----	----	-------	----	------

M50716 SDW BD, CHam CH WG 2.0

2.00 @ 1 sandwich	335.00	4.75	12.76	905.00	13.25	35.60	33.50	21.00	75.00	2.00	10.00*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	99.50	-*	2.70
-------------------	--------	------	-------	--------	-------	-------	-------	-------	-------	------	--------	------	----	----	----	------	----	----	----	----	----	-------	----	------

M53347 SDW BD, SB WG 2.0

2.00 @ 1 sandwich	558.71	3.99	6.42	579.16	35.89	57.81	43.95	19.95	0.00	5.99	378.78*	0.00	0.00*	-*	-*	0.00	-*	-*	-*	-*	-*	59.81	-*	5.35
-------------------	--------	------	------	--------	-------	-------	-------	-------	------	------	---------	------	-------	----	----	------	----	----	----	----	----	-------	----	------

M50962 SDW BD, SBJ WG 2.0

1.00 @ 1 sandwich	658.38	3.99	5.45	579.16	35.89	49.06	69.87	19.95	0.00	5.99	378.78*	0.00	0.00*	-*	-*	0.00	-*	-*	-*	-*	-*	59.81	-*	5.35
-------------------	--------	------	------	--------	-------	-------	-------	-------	------	------	---------	------	-------	----	----	------	----	----	----	----	----	-------	----	------

M52708 BRD: ROLL DG, Sub 6" WG

9.00 @ 1 roll	170.00	0.50	2.65	180.00	3.00	15.88	28.00	6.00	0.00	3.00	-*	0.01	-*	-*	-*	0.01	-*	-*	-*	-*	-*	13.52	-*	1.45
---------------	--------	------	------	--------	------	-------	-------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	-------	----	------

M54775 BRD: CROISSANT, SLICED WG

6.00 @ 1 each	243.91	6.47	23.87	253.40	12.05	44.44	29.25	5.44	32.35	0.91	15.14	313.46	0.31	0.00	0.00	2.82	0.25	1.93	0.85	0.00	0.01	15.66	3.96	1.63
---------------	--------	------	-------	--------	-------	-------	-------	------	-------	------	-------	--------	------	------	------	------	------	------	------	------	------	-------	------	------

M66605 BRD: TORTILLA FLOUR 10" WG

7.00 @ 1 each	180.00	1.50	7.50	250.00	4.50	22.50	29.00	5.00	0.00	3.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	100.00	-*	1.44
---------------	--------	------	------	--------	------	-------	-------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	--------	----	------

M52782 BRD: FLATBREAD 2oz (2BG)

6.00 @ 1 each	180.00	1.00	5.00	310.00	5.00	25.00	28.00	5.00	0.00	2.69	-*	0.07	-*	-*	-*	0.07	-*	-*	-*	-*	-*	22.88	-*	0.83
---------------	--------	------	------	--------	------	-------	-------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	-------	----	------

M53393 TKY, Breast Sliced 1.0

14.00 @ 1 serving	60.00	0.50	7.50	220.00	2.00	30.00	2.00	9.00	25.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	20.00	-*	0.36
-------------------	-------	------	------	--------	------	-------	------	------	-------	------	----	------	----	----	----	------	----	----	----	----	----	-------	----	------

M53569 CHIX, BLACK FOREST HAM SLICED 1.0

12.00 @ 1 serving	80.00	1.50	16.88	330.00	4.50	50.63	2.00	8.00	40.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.36
-------------------	-------	------	-------	--------	------	-------	------	------	-------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M52455 FISH, Tuna Deli Salad B 1.0

\* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Marcus 9th Gr

**Service Area:** Marcus 9th - 9-12 - OVS

**Menu Name:** Marcus 9th w/GSD 2018 Menu - cycle 4 - week 3

**Avg.Method:** Balanced

2.00 @ 1 No 20 Scoop	105.01	1.34	11.46	146.76	7.60	65.14	0.28	7.63	18.49	0.13	19.78*	32.30	0.00*	0.02*	2.16*	0.31	0.00*	0.00*	0.02*	0.01*	0.00*	3.12	1.84*	0.20
----------------------	--------	------	-------	--------	------	-------	------	------	-------	------	--------	-------	-------	-------	-------	------	-------	-------	-------	-------	-------	------	-------	------

M51005 CHEESE, AM (184ct) Slices 1.0

5.00 @ 3 slice	134.99	6.75	45.00	599.97	10.50	70.00	1.50	7.50	37.50	0.00	-*	299.98	-*	-*	-*	0.00	-*	-*	-*	-*	-*	224.99	-*	0.00
----------------	--------	------	-------	--------	-------	-------	------	------	-------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M53381 CHEESE, CH Slices 1.0

7.00 @ 2 slice	110.01	5.00	40.91	180.01	9.00	73.64	1.00	6.00	30.00	0.00	20.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	199.01	-*	0.00
----------------	--------	------	-------	--------	------	-------	------	------	-------	------	-------	------	----	----	----	------	----	----	----	----	----	--------	----	------

M50999 CHEESE, JK Slices 1.0

5.00 @ 2 slice	100.00	5.00	45.00	180.01	8.00	72.00	1.00	7.00	30.00	0.00	25.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	197.01	-*	0.00
----------------	--------	------	-------	--------	------	-------	------	------	-------	------	-------	------	----	----	----	------	----	----	----	----	----	--------	----	------

M51003 CHEESE, PV Slices 1.0

7.00 @ 2 slice	100.00	5.00	45.00	250.01	7.00	63.00	1.00	7.00	20.00	0.00	40.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	212.01	-*	0.00
----------------	--------	------	-------	--------	------	-------	------	------	-------	------	-------	------	----	----	----	------	----	----	----	----	----	--------	----	------

M51008 VEG: TOMATOES, FrsSl 1/8c(2sl)

12.00 @ 1/8 cup	5.10	0.01	1.40	1.42	0.06	10.00	1.10	0.25	0.00	0.34	67.18	236.14	0.00	0.15	2.24	3.88	0.01	0.01	0.17	0.02	0.00	2.83	6.80	0.08
-----------------	------	------	------	------	------	-------	------	------	------	------	-------	--------	------	------	------	------	------	------	------	------	------	------	------	------

M51017 VEG GARN: Rom Leaf 1ea

33.00 @ 1 each	2.41	0.01	2.06	1.13	0.04	15.88	0.47	0.17	0.00	0.30	35.01	1234.63	0.00	0.02	14.53	0.57	0.01	0.01	0.04	0.01	0.00	4.68	4.25	0.14
----------------	------	------	------	------	------	-------	------	------	------	------	-------	---------	------	------	-------	------	------	------	------	------	------	------	------	------

M51013 VEG: ONIONS, Red Slice 1ea

4.00 @ 1 slice	2.83	0.00	0.94	0.28	0.01	2.25	0.66	0.08	0.00	0.12	10.35	0.14	0.00	0.00	0.03	0.52	0.00	0.00	0.01	0.01	0.00	1.63	2.06	0.01
----------------	------	------	------	------	------	------	------	------	------	------	-------	------	------	------	------	------	------	------	------	------	------	------	------	------

M50892 VEG: PEPPERS, Jalapeno CndTBSP

6.00 @ 1 tablespoon	3.12	0.00	0.00	240.96	0.09	27.20	0.48	0.09	0.00	0.26	19.38	-*	-*	-*	-*	1.00	-*	-*	-*	-*	-*	2.31	-*	0.19
---------------------	------	------	------	--------	------	-------	------	------	------	------	-------	----	----	----	----	------	----	----	----	----	----	------	----	------

M50893 VEG: PEPPERS, Banana Cnd TBSP

5.00 @ 1 tablespoon	1.71	0.00	2.08	203.78	0.02	10.42	0.31	0.07	0.00	0.09	-*	0.00	-*	-*	-*	4.33	-*	-*	-*	-*	-*	0.00	-*	0.03
---------------------	------	------	------	--------	------	-------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M50176 COND\_Pickle, Dill Slice 2ea

4.00 @ 2 slice	1.62	0.01	4.72	162.08	0.05	25.17	0.24	0.06	0.00	0.14	-*	0.00	-*	-*	-*	0.21	-*	-*	-*	-*	-*	8.65	-*	0.05
----------------	------	------	------	--------	------	-------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M50060 COND\_Mayo W

10.00 @ 1 tablespoon	33.07	0.47	12.86	94.49	3.31	90.00	0.94	0.00	4.72	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
----------------------	-------	------	-------	-------	------	-------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M51676 COND\_Mayo, Sriracha W

7.00 @ 1 tablespoon	31.38	0.43	12.28	120.79	3.00	86.13	1.21	0.02	4.28	0.00	-*	0.00	-*	-*	-*	0.01	-*	-*	-*	-*	-*	0.70	-*	0.00
---------------------	-------	------	-------	--------	------	-------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M51391 COND\_Mayo, Chipotle W

\* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Marcus 9th Gr

**Service Area:** Marcus 9th - 9-12 - OVS

**Menu Name:** Marcus 9th w/GSD 2018 Menu - cycle 4 - week 3

**Avg.Method:** Balanced

2.00 @ 1 tablespoon	26.11	0.35	12.21	91.53	2.49	85.73	0.96	0.01	3.54	0.01	0.00*	15.26	-*	-*	-*	0.40	-*	-*	-*	-*	-*	0.00	-*	0.00
M51427 COND_Sauce, Bistro SC W																								
15.00 @ 1 tablespoon	29.10	0.19	5.94	130.76	1.41	43.65	2.32	0.32	1.77	0.34	19.89*	10.07	0.00*	0.04*	6.39*	0.83	0.00*	0.01*	0.05*	0.00*	0.00*	8.86	2.29*	0.21
M50291 COND_Mustard, Yellow																								
5.00 @ 1 tablespoon	9.00	0.01	1.50	181.50	0.37	37.20	0.93	0.47	0.00	0.43	13.36	0.67	-*	-*	-*	0.13	-*	-*	-*	-*	-*	7.51	-*	0.19
M53419 VEG: POTATO, FF CTINAGEN7 1/2C																								
115.00 @ 1/2 cup	119.99	1.33	10.00	133.32	4.67	35.00	17.33	2.00	0.00	2.00	259.98	0.00	-*	-*	-*	3.20	-*	-*	-*	-*	-*	0.00	-*	0.48
M51297 VEG: SALAD, Side GardChop 1c																								
27.00 @ 1 cup	16.35	0.03	1.45	12.76	0.18	9.94	3.56	0.83	0.00	1.42	182.84	5064.79	0.00	0.18	45.89	9.01	0.05	0.04	0.32	0.07	0.00	22.30	22.02	0.52
M50529 FRUIT: GRAPES, Fresh 1/2c																								
134.00 @ 1/2 cup	56.80	0.10	1.53	1.70	0.30	4.70	14.54	0.53	0.00	0.76	161.94	84.78	0.00	0.16	12.38	3.39	0.08	0.05	0.25	0.09	0.00	11.87	8.48	0.25
M50178 FRUIT: PINEAPPLE Tbits w/Jc1/2c																								
73.00 @ 1/2 cup	78.55	0.01	0.14	1.20	0.10	1.10	18.92	0.51	0.00	0.96	146.98	-*	-*	-*	-*	11.45	-*	-*	-*	-*	-*	16.87	-*	0.34
M50980 JUICE SS, Frt Bld 100% 4oz Crt																								
45.00 @ 1 each	60.00	0.00	0.00	10.00	0.00	0.00	14.00	0.00	0.00	0.00	100.00	0.00	-*	-*	-*	3.60	-*	-*	-*	-*	-*	0.00	-*	0.00
M53064 DESRT: COOKIE ChocChp 1.0oz WG																								
130.00 @ 1 cookie	110.00	1.00	8.18	85.00	3.50	28.64	18.00	1.00	5.00	1.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	1.08
M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50																								
36.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00
M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50																								
103.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00
M53222 COND PC Margarine 5g																								
26.00 @ 1 each	30.00	1.00	30.00	30.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	500.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50855 COND PC Ketchup 9g Heinz																								
229.00 @ 1 each	10.00	0.00	0.00	85.00	0.00	0.00	3.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50055 COND PC Mayonnaise 12g																								
52.00 @ 1 each	80.00	1.50	16.87	75.00	8.00	90.00	1.00	0.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00

\* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Marcus 9th Gr

**Service Area:** Marcus 9th - 9-12 - OVS

**Menu Name:** Marcus 9th w/GSD 2018 Menu - cycle 4 - week 3

**Avg.Method:** Balanced

M50284 COND PC Mustard 6g

24.00 @ 1 each	0.00	0.00	-	65.00	0.00	-	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
----------------	------	------	---	-------	------	---	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M50685 COND\_DRESSING, VINAIGRETTE BALSAMIC

1.00 @ 1 tablespoon	30.00	0.25	7.50	95.00	2.50	75.00	2.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
------------------------	-------	------	------	-------	------	-------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M50623 COND PC Drsg Italian 12g

6.00 @ 1 each	30.00	0.00	0.00	130.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	100.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
---------------	-------	------	------	--------	------	-------	------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	------	----	------

M50624 COND PC Drsg Ranch 12g

114.00 @ 1 each	50.00	0.00	0.00	100.00	5.00	90.00	1.00	0.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
-----------------	-------	------	------	--------	------	-------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M50056 COND PC Sauce, Taco 9g

17.00 @ 1 each	5.00	0.00	0.00	55.00	0.00	0.00	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
----------------	------	------	------	-------	------	------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M50287 COND PC Sauce, BBQ 12g

53.00 @ 1 each	15.00	0.00	0.00	160.00	0.00	0.00	4.00	0.00	0.00	0.00	-*	100.00	-*	-*	-*	0.60	-*	-*	-*	-*	-*	0.00	-*	0.00
----------------	-------	------	------	--------	------	------	------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	------	----	------

M55113 SDW BN, CHIXFLT BRD NASHVILLE WG 2.0 MWWM FUEL 04/18

24.00 @ 1 sandwich	390.43	2.02	4.66	773.07	12.11	27.92	45.60	27.36	49.94	3.54	19.45*	402.28	0.00*	0.18*	0.87*	3.19	0.00*	0.01*	0.06*	0.02*	0.00*	64.92	3.05*	3.07
-----------------------	--------	------	------	--------	-------	-------	-------	-------	-------	------	--------	--------	-------	-------	-------	------	-------	-------	-------	-------	-------	-------	-------	------

**Average**

	818.31	7.72	8.49	1364.47	27.05	29.75	107.39	36.59	57.36	8.55	344.01*	1932.15*	.01*	.15*	16.44*	17.28	.06*	.09*	.26*	.07*	0*	518.78	10.65*	4.55
--	--------	------	------	---------	-------	-------	--------	-------	-------	------	---------	----------	------	------	--------	-------	------	------	------	------	----	--------	--------	------

\* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Marcus 9th Gr

**Service Area:** Marcus 9th - 9-12 - OVS

**Menu Name:** Marcus 9th w/GSD 2018 Menu - cycle 4 - week 3

**Avg.Method:** Balanced

**Age Group:** Brkfst Grades K-12      **Period:** Breakfast      **Week:** 3      **Day:** Tuesday      **Count Type:** Forecasted      **Total No. of Customers:** 20

Weekly Std.	SFA		Na (mg)	Fat		CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)
	CAL	(g)		% of CAL	(g)																		
450.00-500.00		10.00	540.00																		40.00		

M52585 BRD: FR TST AP, Berry WG IW

10.00 @ 1 pouch	220.00	1.00	4.09	190.00	7.00	28.64	37.00	4.00	0.00	2.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	40.00	-*	1.08
-----------------	--------	------	------	--------	------	-------	-------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	-------	----	------

M50444 STICKS, PANCAKE WRAP TKY MAPLE WG 1.0

14.00 @ 1 each	200.00	2.50	11.25	310.00	10.00	45.00	17.00	7.00	25.00	3.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	20.00	-*	1.80
----------------	--------	------	-------	--------	-------	-------	-------	------	-------	------	----	------	----	----	----	------	----	----	----	----	----	-------	----	------

M50435 CEREAL HOT, Oatmeal (1BG)

1.00 @ 1/2 cup	106.30	0.35	3.00	3.25	2.13	18.00	19.13	3.54	0.00	2.83	1.08*	0.00	0.00*	0.00*	0.00*	0.00	0.00*	0.00*	0.00*	0.00*	0.00*	3.25	0.00*	1.28
----------------	--------	------	------	------	------	-------	-------	------	------	------	-------	------	-------	-------	-------	------	-------	-------	-------	-------	-------	------	-------	------

M50209 COND\_Sugar, Cinnamon

1.00 @ 1 tablespoon	45.52	0.00	0.03	0.15	0.00	0.09	11.83	0.02	0.00	0.21	1.90	1.14	0.00	0.01	0.12	0.01	0.00	0.00	0.01	0.00	0.00	3.99	0.25	0.04
---------------------	-------	------	------	------	------	------	-------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------

M50208 CEREAL BWL, CinnTstCrnch RS WG

2.00 @ 1 bowl	110.00	0.50	4.09	160.00	3.00	24.54	22.00	1.00	0.00	3.00	-*	400.01	-*	-*	-*	4.80	-*	-*	-*	-*	-*	200.01	-*	3.60
---------------	--------	------	------	--------	------	-------	-------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M50524 CEREAL BWL, Lucky Charms WG

2.00 @ 1 bowl	110.00	0.00	0.00	180.00	1.00	8.18	23.00	2.00	0.00	2.00	-*	500.01	-*	-*	-*	6.00	-*	-*	-*	-*	-*	100.00	-*	4.50
---------------	--------	------	------	--------	------	------	-------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M52726 BRD: BAR, Cereal FrtyCh WG IW

1.00 @ 1 each	150.00	0.50	3.00	95.00	3.50	21.00	29.00	3.00	0.00	3.00	-*	200.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	200.00	-*	1.80
---------------	--------	------	------	-------	------	-------	-------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M52695 CHEESE, MZ String LF 1ea 1.0

4.00 @ 1 stick	60.00	2.00	30.00	200.01	3.00	45.00	1.00	7.00	10.00	0.00	0.00	200.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	200.01	-*	0.00
----------------	-------	------	-------	--------	------	-------	------	------	-------	------	------	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M52975 BRD: WAFFLE, RS SS WG (3.25BG)

2.00 @ 1 each	240.06	0.00	0.00	506.14	2.86	10.71	50.30	6.86	0.00	6.86	1.05*	0.00	0.00*	0.00*	0.00*	0.00	0.00*	0.00*	0.00*	0.00*	0.00*	288.94	0.00*	3.09
---------------	--------	------	------	--------	------	-------	-------	------	------	------	-------	------	-------	-------	-------	------	-------	-------	-------	-------	-------	--------	-------	------

M52659 FRUIT: APPLES, Warm Cinn 1/8c

1.00 @ 1/8 cup	26.30	0.01	0.19	2.47	0.01	0.29	6.56	0.00	0.00	0.50	0.61*	0.23	0.00*	0.00*	0.01*	0.04	0.00*	0.00*	0.00*	0.00*	0.00*	0.57	0.12*	0.01
----------------	-------	------	------	------	------	------	------	------	------	------	-------	------	-------	-------	-------	------	-------	-------	-------	-------	-------	------	-------	------

M52816 DESRT: TOPPING, Whipd NonDairy

1.00 @ 1 tablespoon	13.47	1.00	66.56	0.81	1.00	67.06	1.06	0.05	0.01	0.01	-*	0.20	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.15	-*	0.00
---------------------	-------	------	-------	------	------	-------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M50429 FRUIT: CANTALOUPE, Fresh 1/2c

\* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.





# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Marcus 9th Gr

**Service Area:** Marcus 9th - 9-12 - OVS

**Menu Name:** Marcus 9th w/GSD 2018 Menu - cycle 4 - week 3

**Avg.Method:** Balanced

10.00 @ 1/2 cup	25.70	0.04	1.35	12.10	0.14	5.03	6.17	0.63	0.00	0.68	201.84	2556.59	0.00	0.04	1.89	27.74	0.03	0.01	0.55	0.05	0.00	6.80	11.34	0.16
M52794 FRUIT: ORANGE Mand w/Syr 1/2c																								
4.00 @ 1/2 cup	84.46	0.01	0.13	7.51	0.13	1.33	20.27	0.56	0.00	0.88	97.66	-*	-*	-*	-*	24.79	-*	-*	-*	-*	-*	8.76	-*	0.46
M50980 JUICE SS, Frt Bld 100% 4oz Crt																								
14.00 @ 1 each	60.00	0.00	0.00	10.00	0.00	0.00	14.00	0.00	0.00	0.00	100.00	0.00	-*	-*	-*	3.60	-*	-*	-*	-*	-*	0.00	-*	0.00
M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50																								
8.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00
M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50																								
9.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00
M53222 COND PC Margarine 5g																								
3.00 @ 1 each	30.00	1.00	30.00	30.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	500.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M53221 COND PC Jelly, Grape Smucker																								
1.00 @ 1 each	35.00	0.00	0.00	5.00	0.00	0.00	9.00	0.00	0.00	0.00	0.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50056 COND PC Sauce, Taco 9g																								
2.00 @ 1 each	5.00	0.00	0.00	55.00	0.00	0.00	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50058 COND PC Syrup 1.4oz Smuckers																								
4.00 @ 1 each	110.00	0.00	0.00	25.00	0.00	0.00	29.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
<b>Average</b>	523.58	3.56	6.13	604.51	13.67	23.49	81	16.85	25.75	5.13	190.73*	1918.38*	0*	.02*	.95*	23.99	.02*	.01*	.28*	.03*	0*	403.45	5.69*	3.25

\* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Marcus 9th Gr

**Service Area:** Marcus 9th - 9-12 - OVS

**Menu Name:** Marcus 9th w/GSD 2018 Menu - cycle 4 - week 3

**Avg.Method:** Balanced

**Age Group:** Lunch Grades 9-12      **Period:** Lunch      **Week:** 3      **Day:** Tuesday      **Count Type:** Forecasted      **Total No. of Customers:** 209

Weekly Std.	SFA		Na (mg)	Fat		CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)
	CAL	% of CAL		% of CAL	% of CAL																		
750.00-850.00		10.00	1420.00																		199.01		

M51436 BEEF Finger, AP WG 2.0

34.00 @ 4 each	310.03	4.50	13.06	320.03	19.00	55.16	20.00	15.00	35.00	3.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	40.00	-*	2.70
----------------	--------	------	-------	--------	-------	-------	-------	-------	-------	------	----	------	----	----	----	------	----	----	----	----	----	-------	----	------

M50443 COND\_Gravy, Country SS

20.00 @ 1/4 cup	34.17	0.00	0.00	196.86	0.49	12.86	5.86	0.00	0.00	0.00	0.53*	0.00	0.00*	0.00*	0.00*	0.00	0.00*	0.00*	0.00*	0.00*	0.00*	21.13	0.00*	0.00
-----------------	-------	------	------	--------	------	-------	------	------	------	------	-------	------	-------	-------	-------	------	-------	-------	-------	-------	-------	-------	-------	------

M51680 BRD: ROLL DG, WG 2.5oz

32.00 @ 1 each	170.00	0.50	2.65	135.00	3.00	15.88	28.00	7.00	0.00	3.40	-*	0.01	-*	-*	-*	0.01	-*	-*	-*	-*	-*	12.70	-*	0.85
----------------	--------	------	------	--------	------	-------	-------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	-------	----	------

M53948 SALAD, CHIXDCD CAES SCSC 2.0

8.00 @ 1 each	223.59	3.64	14.66	359.44	9.69	39.01	11.60	22.19	53.75	1.41	110.32*	3353.95	0.00*	0.09*	38.85*	1.51	0.03*	0.03*	0.13*	0.03*	0.00*	173.87	12.28*	1.64
---------------	--------	------	-------	--------	------	-------	-------	-------	-------	------	---------	---------	-------	-------	--------	------	-------	-------	-------	-------	-------	--------	--------	------

M51680 BRD: ROLL DG, WG 2.5oz

8.00 @ 1 each	170.00	0.50	2.65	135.00	3.00	15.88	28.00	7.00	0.00	3.40	-*	0.01	-*	-*	-*	0.01	-*	-*	-*	-*	-*	12.70	-*	0.85
---------------	--------	------	------	--------	------	-------	-------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	-------	----	------

M52043 PIZZA HUT PIZZA 6" EXPRESS CHZ SS 2.25

39.00 @ 1 pizza	374.18	4.99	12.01	685.27	13.41	32.25	38.44	24.92	24.70	4.27	-*	692.07	-*	-*	-*	5.36	-*	-*	-*	-*	-*	410.71	-*	2.57
-----------------	--------	------	-------	--------	-------	-------	-------	-------	-------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M53931 PIZZA HUT PIZZA 6" EXPRESS PEPP SS 2.0

71.00 @ 1 pizza	385.19	5.31	12.42	711.32	14.98	35.01	38.49	24.17	27.17	4.35	-*	662.85	-*	-*	-*	5.43	-*	-*	-*	-*	-*	354.34	-*	2.65
-----------------	--------	------	-------	--------	-------	-------	-------	-------	-------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M54307 PIZZA HUT PIZZA 6" EXPRESS SSG SS 2.25

16.00 @ 1 pizza	439.08	7.15	14.66	836.54	20.45	41.92	38.35	25.40	37.42	4.27	-*	689.00	-*	-*	-*	5.36	-*	-*	-*	-*	-*	356.37	-*	2.86
-----------------	--------	------	-------	--------	-------	-------	-------	-------	-------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M54310 PIZZA HUT PIZZA 6" EXPRESS BBQ CHIX SS 2.25

15.00 @ 1 pizza	400.94	4.66	10.46	805.79	13.17	29.57	42.83	27.77	38.53	4.36	-*	667.19	-*	-*	-*	5.81	-*	-*	-*	-*	-*	350.99	-*	2.67
-----------------	--------	------	-------	--------	-------	-------	-------	-------	-------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M54521 PIZZA HUT COND PC PEPPER RED CRUSHED 1G

10.00 @ 1 each	5.00	0.00	0.00	0.00	0.00	0.00	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
----------------	------	------	------	------	------	------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M54520 PIZZA HUT COND PC CHEESE GRATED 2.5G

30.00 @ 1 each	10.00	0.00	0.00	50.00	1.00	90.00	0.00	1.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
----------------	-------	------	------	-------	------	-------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M66715 PANINI, TKY CH SWEST WG 2.0

4.00 @ 1 each	392.66	7.37	16.88	922.27	18.12	41.53	36.57	20.60	58.55	3.67	124.23*	130.84*	0.00*	0.14*	0.79*	7.83	0.02*	0.01*	0.17*	0.05*	0.00*	328.31	14.68*	2.15
---------------	--------	------	-------	--------	-------	-------	-------	-------	-------	------	---------	---------	-------	-------	-------	------	-------	-------	-------	-------	-------	--------	--------	------

\* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Marcus 9th Gr

**Service Area:** Marcus 9th - 9-12 - OVS

**Menu Name:** Marcus 9th w/GSD 2018 Menu - cycle 4 - week 3

**Avg.Method:** Balanced

M51951 HOT DOG, Plain WG 2.0 Hi

12.00 @ 1 each	320.00	8.00	22.50	890.01	18.00	50.62	28.00	11.00	35.00	2.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	40.00	-*	1.80
----------------	--------	------	-------	--------	-------	-------	-------	-------	-------	------	----	------	----	----	----	------	----	----	----	----	----	-------	----	------

M51680 BRD: ROLL DG, WG 2.5oz

63.00 @ 1 each	170.00	0.50	2.65	135.00	3.00	15.88	28.00	7.00	0.00	3.40	-*	0.01	-*	-*	-*	0.01	-*	-*	-*	-*	-*	12.70	-*	0.85
----------------	--------	------	------	--------	------	-------	-------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	-------	----	------

M53659 BURG, Beef AP100% 2.0

4.00 @ 1 each	270.00	3.00	10.00	345.00	10.00	33.33	28.00	17.00	35.00	2.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	40.00	-*	2.52
---------------	--------	------	-------	--------	-------	-------	-------	-------	-------	------	----	------	----	----	----	------	----	----	----	----	----	-------	----	------

M51082 SUB AP, Tuna Salad WG 2.0

2.00 @ 1 sandwich	257.39	0.66	2.30	633.23	7.08	24.77	31.85	21.87	36.61	4.20	176.78*	2770.03	0.00*	0.23*	35.62*	5.64	0.03*	0.03*	0.31*	0.05*	0.00*	58.43	18.98*	2.19
-------------------	--------	------	------	--------	------	-------	-------	-------	-------	------	---------	---------	-------	-------	--------	------	-------	-------	-------	-------	-------	-------	--------	------

M53347 SDW BD, SB WG 2.0

3.00 @ 1 sandwich	558.71	3.99	6.42	579.16	35.89	57.81	43.95	19.95	0.00	5.99	378.78*	0.00	0.00*	-*	-*	0.00	-*	-*	-*	-*	-*	59.81	-*	5.35
-------------------	--------	------	------	--------	-------	-------	-------	-------	------	------	---------	------	-------	----	----	------	----	----	----	----	----	-------	----	------

M50962 SDW BD, SBJ WG 2.0

2.00 @ 1 sandwich	658.38	3.99	5.45	579.16	35.89	49.06	69.87	19.95	0.00	5.99	378.78*	0.00	0.00*	-*	-*	0.00	-*	-*	-*	-*	-*	59.81	-*	5.35
-------------------	--------	------	------	--------	-------	-------	-------	-------	------	------	---------	------	-------	----	----	------	----	----	----	----	----	-------	----	------

M51734 BRD: BREAD WG, 2sl

1.00 @ 2 slice	160.00	0.00	0.00	320.00	2.00	11.25	30.00	6.00	0.00	2.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	2.16
----------------	--------	------	------	--------	------	-------	-------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M52708 BRD: ROLL DG, Sub 6" WG

7.00 @ 1 roll	170.00	0.50	2.65	180.00	3.00	15.88	28.00	6.00	0.00	3.00	-*	0.01	-*	-*	-*	0.01	-*	-*	-*	-*	-*	13.52	-*	1.45
---------------	--------	------	------	--------	------	-------	-------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	-------	----	------

M54775 BRD: CROISSANT, SLICED WG

5.00 @ 1 each	243.91	6.47	23.87	253.40	12.05	44.44	29.25	5.44	32.35	0.91	15.14	313.46	0.31	0.00	0.00	2.82	0.25	1.93	0.85	0.00	0.01	15.66	3.96	1.63
---------------	--------	------	-------	--------	-------	-------	-------	------	-------	------	-------	--------	------	------	------	------	------	------	------	------	------	-------	------	------

M66605 BRD: TORTILLA FLOUR 10" WG

6.00 @ 1 each	180.00	1.50	7.50	250.00	4.50	22.50	29.00	5.00	0.00	3.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	100.00	-*	1.44
---------------	--------	------	------	--------	------	-------	-------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	--------	----	------

M52782 BRD: FLATBREAD 2oz (2BG)

3.00 @ 1 each	180.00	1.00	5.00	310.00	5.00	25.00	28.00	5.00	0.00	2.69	-*	0.07	-*	-*	-*	0.07	-*	-*	-*	-*	-*	22.88	-*	0.83
---------------	--------	------	------	--------	------	-------	-------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	-------	----	------

M53393 TKY, Breast Sliced 1.0

12.00 @ 1 serving	60.00	0.50	7.50	220.00	2.00	30.00	2.00	9.00	25.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	20.00	-*	0.36
-------------------	-------	------	------	--------	------	-------	------	------	-------	------	----	------	----	----	----	------	----	----	----	----	----	-------	----	------

M53569 CHIX, BLACK FOREST HAM SLICED 1.0

8.00 @ 1 serving	80.00	1.50	16.88	330.00	4.50	50.63	2.00	8.00	40.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.36
------------------	-------	------	-------	--------	------	-------	------	------	-------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M53894 CHIX DCD GRAPE DELI SALAD W 1.0

2.00 @ 1 No 16 Scoop	97.66	1.13	10.44	137.54	5.20	47.96	3.30	9.31	30.40	0.19	31.50*	37.52	0.00*	0.03*	2.59*	0.48	0.01*	0.01*	0.04*	0.01*	0.00*	3.87	2.52*	0.32
----------------------	-------	------	-------	--------	------	-------	------	------	-------	------	--------	-------	-------	-------	-------	------	-------	-------	-------	-------	-------	------	-------	------

\* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Marcus 9th Gr

**Service Area:** Marcus 9th - 9-12 - OVS

**Menu Name:** Marcus 9th w/GSD 2018 Menu - cycle 4 - week 3

**Avg.Method:** Balanced

M51005 CHEESE, AM (184ct) Slices 1.0

7.00 @ 3 slice	134.99	6.75	45.00	599.97	10.50	70.00	1.50	7.50	37.50	0.00	-*	299.98	-*	-*	-*	0.00	-*	-*	-*	-*	-*	224.99	-*	0.00
----------------	--------	------	-------	--------	-------	-------	------	------	-------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M53381 CHEESE, CH Slices 1.0

5.00 @ 2 slice	110.01	5.00	40.91	180.01	9.00	73.64	1.00	6.00	30.00	0.00	20.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	199.01	-*	0.00
----------------	--------	------	-------	--------	------	-------	------	------	-------	------	-------	------	----	----	----	------	----	----	----	----	----	--------	----	------

M50999 CHEESE, JK Slices 1.0

8.00 @ 2 slice	100.00	5.00	45.00	180.01	8.00	72.00	1.00	7.00	30.00	0.00	25.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	197.01	-*	0.00
----------------	--------	------	-------	--------	------	-------	------	------	-------	------	-------	------	----	----	----	------	----	----	----	----	----	--------	----	------

M51003 CHEESE, PV Slices 1.0

2.00 @ 2 slice	100.00	5.00	45.00	250.01	7.00	63.00	1.00	7.00	20.00	0.00	40.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	212.01	-*	0.00
----------------	--------	------	-------	--------	------	-------	------	------	-------	------	-------	------	----	----	----	------	----	----	----	----	----	--------	----	------

M51008 VEG: TOMATOES, FrsSI 1/8c(2sl)

12.00 @ 1/8 cup	5.10	0.01	1.40	1.42	0.06	10.00	1.10	0.25	0.00	0.34	67.18	236.14	0.00	0.15	2.24	3.88	0.01	0.01	0.17	0.02	0.00	2.83	6.80	0.08
-----------------	------	------	------	------	------	-------	------	------	------	------	-------	--------	------	------	------	------	------	------	------	------	------	------	------	------

M51017 VEG GARN: Rom Leaf 1ea

21.00 @ 1 each	2.41	0.01	2.06	1.13	0.04	15.88	0.47	0.17	0.00	0.30	35.01	1234.63	0.00	0.02	14.53	0.57	0.01	0.01	0.04	0.01	0.00	4.68	4.25	0.14
----------------	------	------	------	------	------	-------	------	------	------	------	-------	---------	------	------	-------	------	------	------	------	------	------	------	------	------

M51013 VEG: ONIONS, Red Slice 1ea

4.00 @ 1 slice	2.83	0.00	0.94	0.28	0.01	2.25	0.66	0.08	0.00	0.12	10.35	0.14	0.00	0.00	0.03	0.52	0.00	0.00	0.01	0.01	0.00	1.63	2.06	0.01
----------------	------	------	------	------	------	------	------	------	------	------	-------	------	------	------	------	------	------	------	------	------	------	------	------	------

M50892 VEG: PEPPERS, Jalapeno CndTBSP

5.00 @ 1 tablespoon	3.12	0.00	0.00	240.96	0.09	27.20	0.48	0.09	0.00	0.26	19.38	-*	-*	-*	-*	1.00	-*	-*	-*	-*	-*	2.31	-*	0.19
---------------------	------	------	------	--------	------	-------	------	------	------	------	-------	----	----	----	----	------	----	----	----	----	----	------	----	------

M50893 VEG: PEPPERS, Banana Cnd TBSP

4.00 @ 1 tablespoon	1.71	0.00	2.08	203.78	0.02	10.42	0.31	0.07	0.00	0.09	-*	0.00	-*	-*	-*	4.33	-*	-*	-*	-*	-*	0.00	-*	0.03
---------------------	------	------	------	--------	------	-------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M50176 COND\_Pickle, Dill Slice 2ea

8.00 @ 2 slice	1.62	0.01	4.72	162.08	0.05	25.17	0.24	0.06	0.00	0.14	-*	0.00	-*	-*	-*	0.21	-*	-*	-*	-*	-*	8.65	-*	0.05
----------------	------	------	------	--------	------	-------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M50060 COND\_Mayo W

8.00 @ 1 tablespoon	33.07	0.47	12.86	94.49	3.31	90.00	0.94	0.00	4.72	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
---------------------	-------	------	-------	-------	------	-------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M51676 COND\_Mayo, Sriracha W

7.00 @ 1 tablespoon	31.38	0.43	12.28	120.79	3.00	86.13	1.21	0.02	4.28	0.00	-*	0.00	-*	-*	-*	0.01	-*	-*	-*	-*	-*	0.70	-*	0.00
---------------------	-------	------	-------	--------	------	-------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M51391 COND\_Mayo, Chipotle W

20.00 @ 1 tablespoon	26.11	0.35	12.21	91.53	2.49	85.73	0.96	0.01	3.54	0.01	0.00*	15.26	-*	-*	-*	0.40	-*	-*	-*	-*	-*	0.00	-*	0.00
----------------------	-------	------	-------	-------	------	-------	------	------	------	------	-------	-------	----	----	----	------	----	----	----	----	----	------	----	------

\* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Marcus 9th Gr

**Service Area:** Marcus 9th - 9-12 - OVS

**Menu Name:** Marcus 9th w/GSD 2018 Menu - cycle 4 - week 3

**Avg.Method:** Balanced

M51427 COND\_Sauce, Bistro SC W

10.00 @ 1 tablespoon	29.10	0.19	5.94	130.76	1.41	43.65	2.32	0.32	1.77	0.34	19.89*	10.07	0.00*	0.04*	6.39*	0.83	0.00*	0.01*	0.05*	0.00*	0.00*	8.86	2.29*	0.21
-------------------------	-------	------	------	--------	------	-------	------	------	------	------	--------	-------	-------	-------	-------	------	-------	-------	-------	-------	-------	------	-------	------

M52707 COND\_Dressing, Ranch Homestyle

10.00 @ 1 tablespoon	50.00	0.75	13.50	134.99	5.50	99.00	0.50	0.50	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	10.00	-*	0.00
-------------------------	-------	------	-------	--------	------	-------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	-------	----	------

M50291 COND\_Mustard, Yellow

5.00 @ 1 tablespoon	9.00	0.01	1.50	181.50	0.37	37.20	0.93	0.47	0.00	0.43	13.36	0.67	-*	-*	-*	0.13	-*	-*	-*	-*	-*	7.51	-*	0.19
------------------------	------	------	------	--------	------	-------	------	------	------	------	-------	------	----	----	----	------	----	----	----	----	----	------	----	------

M53419 VEG: POTATO, FF CTINAGEN7 1/2C

123.00 @ 1/2 cup	119.99	1.33	10.00	133.32	4.67	35.00	17.33	2.00	0.00	2.00	259.98	0.00	-*	-*	-*	3.20	-*	-*	-*	-*	-*	0.00	-*	0.48
------------------	--------	------	-------	--------	------	-------	-------	------	------	------	--------	------	----	----	----	------	----	----	----	----	----	------	----	------

M50429 FRUIT: CANTALOUPE, Fresh 1/2c

95.00 @ 1/2 cup	25.70	0.04	1.35	12.10	0.14	5.03	6.17	0.63	0.00	0.68	201.84	2556.59	0.00	0.04	1.89	27.74	0.03	0.01	0.55	0.05	0.00	6.80	11.34	0.16
-----------------	-------	------	------	-------	------	------	------	------	------	------	--------	---------	------	------	------	-------	------	------	------	------	------	------	-------	------

M52268 FRUIT: PEACHES Dice w/Jc 1/2c

59.00 @ 1/2 cup	50.83	0.00	0.00	10.17	0.00	0.00	12.20	0.00	0.00	0.00	182.98	304.97	-*	-*	-*	1.22	-*	-*	-*	-*	-*	0.00	-*	0.00
-----------------	-------	------	------	-------	------	------	-------	------	------	------	--------	--------	----	----	----	------	----	----	----	----	----	------	----	------

M50979 JUICE SS, Apple 100% 4oz Cart

38.00 @ 1 each	60.00	0.00	0.00	15.00	0.00	0.00	14.00	0.00	0.00	0.00	85.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
----------------	-------	------	------	-------	------	------	-------	------	------	------	-------	------	----	----	----	------	----	----	----	----	----	------	----	------

M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50

33.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00
------------------	--------	------	-------	--------	------	-------	-------	------	-------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50

107.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00
-------------------	--------	------	------	--------	------	------	-------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M53222 COND\_PC Margarine 5g

28.00 @ 1 each	30.00	1.00	30.00	30.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	500.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
----------------	-------	------	-------	-------	------	-------	------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	------	----	------

M50855 COND\_PC Ketchup 9g Heinz

190.00 @ 1 each	10.00	0.00	0.00	85.00	0.00	0.00	3.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
-----------------	-------	------	------	-------	------	------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M50055 COND\_PC Mayonnaise 12g

56.00 @ 1 each	80.00	1.50	16.87	75.00	8.00	90.00	1.00	0.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
----------------	-------	------	-------	-------	------	-------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M50284 COND\_PC Mustard 6g

28.00 @ 1 each	0.00	0.00	-	65.00	0.00	-	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
----------------	------	------	---	-------	------	---	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M50685 COND\_DRESSING, VINAIGRETTE BALSAMIC

\* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Marcus 9th Gr

**Service Area:** Marcus 9th - 9-12 - OVS

**Menu Name:** Marcus 9th w/GSD 2018 Menu - cycle 4 - week 3

**Avg.Method:** Balanced

1.00 @ 1 tablespoon	30.00	0.25	7.50	95.00	2.50	75.00	2.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00	
M50623 COND PC Drsg Italian 12g																									
10.00 @ 1 each	30.00	0.00	0.00	130.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	100.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00	
M50624 COND PC Drsg Ranch 12g																									
123.00 @ 1 each	50.00	0.00	0.00	100.00	5.00	90.00	1.00	0.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00	
M50056 COND PC Sauce, Taco 9g																									
19.00 @ 1 each	5.00	0.00	0.00	55.00	0.00	0.00	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00	
M50287 COND PC Sauce, BBQ 12g																									
57.00 @ 1 each	15.00	0.00	0.00	160.00	0.00	0.00	4.00	0.00	0.00	0.00	-*	100.00	-*	-*	-*	0.60	-*	-*	-*	-*	-*	0.00	-*	0.00	
M55113 SDW BN, CHIXFLT BRD NASHVILLE WG 2.0 MWWW FUEL 04/18																									
24.00 @ 1 sandwich	390.43	2.02	4.66	773.07	12.11	27.92	45.60	27.36	49.94	3.54	19.45*	402.28	0.00*	0.18*	0.87*	3.19	0.00*	0.01*	0.06*	0.02*	0.00*	64.92	3.05*	3.07	
<b>Average</b>	808.92	8.33	9.27	1395.36	30.67	34.12	94.08	37.99	54.58	7.78	343.29*	2498.17*	.01*	.06*	4.72*	20.86	.02*	.06*	.31*	.03*	0*	523	7.52*	3.99	

\* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Marcus 9th Gr

**Service Area:** Marcus 9th - 9-12 - OVS

**Menu Name:** Marcus 9th w/GSD 2018 Menu - cycle 4 - week 3

**Avg.Method:** Balanced

**Age Group:** Brkfst Grades K-12      **Period:** Breakfast      **Week:** 3      **Day:** Wednesday      **Count Type:** Forecasted      **Total No. of Customers:** 15

Weekly Std.	SFA		Na (mg)	Fat		CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)
	CAL	(g)		% of CAL	(g)																		
450.00-500.00		10.00	540.00																		200.01		

M54299 BRD: DONUT, GLAZE MAPLE BACON WG

8.00 @ 1 each	352.78	7.34	18.73	339.33	16.99	43.36	45.38	5.97	3.01	2.81	0.30*	9.50	0.00*	0.00*	0.00*	0.00	0.00*	0.00*	0.00*	0.00*	0.00*	14.17	0.00*	0.74
---------------	--------	------	-------	--------	-------	-------	-------	------	------	------	-------	------	-------	-------	-------	------	-------	-------	-------	-------	-------	-------	-------	------

M52695 CHEESE, MZ String LF 1ea 1.0

6.00 @ 1 stick	60.00	2.00	30.00	200.01	3.00	45.00	1.00	7.00	10.00	0.00	0.00	200.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	200.01	-*	0.00
----------------	-------	------	-------	--------	------	-------	------	------	-------	------	------	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M52925 PIZZA AP Tony Bkfst T.Ssg 1.0

9.00 @ 1 each	210.00	2.00	8.57	480.01	7.00	30.00	26.00	9.00	15.00	2.00	240.00	200.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	100.00	-*	1.80
---------------	--------	------	------	--------	------	-------	-------	------	-------	------	--------	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M50435 CEREAL HOT, Oatmeal (1BG)

2.00 @ 1/2 cup	106.30	0.35	3.00	3.25	2.13	18.00	19.13	3.54	0.00	2.83	1.08*	0.00	0.00*	0.00*	0.00*	0.00	0.00*	0.00*	0.00*	0.00*	0.00*	3.25	0.00*	1.28
----------------	--------	------	------	------	------	-------	-------	------	------	------	-------	------	-------	-------	-------	------	-------	-------	-------	-------	-------	------	-------	------

M50209 COND\_Sugar, Cinnamon

2.00 @ 1 tablespoon	45.52	0.00	0.03	0.15	0.00	0.09	11.83	0.02	0.00	0.21	1.90	1.14	0.00	0.01	0.12	0.01	0.00	0.00	0.01	0.00	0.00	3.99	0.25	0.04
---------------------	-------	------	------	------	------	------	-------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------

M50439 CEREAL BWL, Cheerios WG

2.00 @ 1 bowl	100.00	0.50	4.50	140.00	2.00	18.00	20.00	3.00	0.00	3.00	-*	500.01	-*	-*	-*	6.00	-*	-*	-*	-*	-*	100.00	-*	8.10
---------------	--------	------	------	--------	------	-------	-------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M50208 CEREAL BWL, CinnTstCrnch RS WG

1.00 @ 1 bowl	110.00	0.50	4.09	160.00	3.00	24.54	22.00	1.00	0.00	3.00	-*	400.01	-*	-*	-*	4.80	-*	-*	-*	-*	-*	200.01	-*	3.60
---------------	--------	------	------	--------	------	-------	-------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M50524 CEREAL BWL, Lucky Charms WG

4.00 @ 1 bowl	110.00	0.00	0.00	180.00	1.00	8.18	23.00	2.00	0.00	2.00	-*	500.01	-*	-*	-*	6.00	-*	-*	-*	-*	-*	100.00	-*	4.50
---------------	--------	------	------	--------	------	------	-------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M52728 BRD: BAR, Cereal TeamCh WG IW

3.00 @ 1 each	150.00	0.50	3.00	85.00	3.50	21.00	30.00	2.00	0.00	3.00	-*	100.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	200.00	-*	4.50
---------------	--------	------	------	-------	------	-------	-------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M52695 CHEESE, MZ String LF 1ea 1.0

4.00 @ 1 stick	60.00	2.00	30.00	200.01	3.00	45.00	1.00	7.00	10.00	0.00	0.00	200.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	200.01	-*	0.00
----------------	-------	------	-------	--------	------	-------	------	------	-------	------	------	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M50786 FRUIT: PEARS 100ct Whole 1.25c

5.00 @ 1 each	106.94	0.04	0.35	1.88	0.26	2.21	28.57	0.68	0.00	5.82	217.62	46.90	0.00	0.23	8.25	8.07	0.02	0.05	0.30	0.05	0.00	16.88	22.51	0.34
---------------	--------	------	------	------	------	------	-------	------	------	------	--------	-------	------	------	------	------	------	------	------	------	------	-------	-------	------

M50793 FRUIT: APPLESAUCE, AP 1/2c

\* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Marcus 9th Gr

**Service Area:** Marcus 9th - 9-12 - OVS

**Menu Name:** Marcus 9th w/GSD 2018 Menu - cycle 4 - week 3

**Avg.Method:** Balanced

7.00 @ 1/2 cup	91.96	0.00	0.00	10.22	0.00	0.00	22.48	0.00	0.00	2.04	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	0.00	-*	0.00	
M50982 JUICE SS, ORANGE 100% 4 FLOZ																								
12.00 @ 1 each	51.44	0.00	0.00	15.43	0.00	0.00	12.35	1.03	0.00	0.00	-*	0.00	-*	-*	-*	43.21	-*	-*	-*	-*	0.00	-*	0.00	
M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50																								
6.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	300.00	-*	0.00	
M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50																								
8.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	300.00	-*	0.00	
M53222 COND PC Margarine 5g																								
1.00 @ 1 each	30.00	1.00	30.00	30.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	500.00	-*	-*	-*	0.00	-*	-*	-*	-*	0.00	-*	0.00	
M53221 COND PC Jelly, Grape Smucker																								
4.00 @ 1 each	35.00	0.00	0.00	5.00	0.00	0.00	9.00	0.00	0.00	0.00	0.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	0.00	-*	0.00	
M50056 COND PC Sauce, Taco 9g																								
2.00 @ 1 each	5.00	0.00	0.00	55.00	0.00	0.00	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	0.00	-*	0.00	
M50058 COND PC Syrup 1.4oz Smuckers																								
2.00 @ 1 each	110.00	0.00	0.00	25.00	0.00	0.00	29.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	0.00	-*	0.00	
<b>Average</b>	708.78	7.38	9.37	876.85	18.27	23.2	113.02	23.64	23.94	7.73	217.1*	1020.87	0*	.08*	2.77*	41.82	.01*	.02*	.1*	.02*	0*	580.83	7.54*	5.18

\* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.





# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Marcus 9th Gr

**Service Area:** Marcus 9th - 9-12 - OVS

**Menu Name:** Marcus 9th w/GSD 2018 Menu - cycle 4 - week 3

**Avg.Method:** Balanced

**Age Group:** Lunch Grades 9-12      **Period:** Lunch      **Week:** 3      **Day:** Wednesday      **Count Type:** Forecasted      **Total No. of Customers:** 210

Weekly Std.	SFA		Na (mg)	Fat		CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)
	CAL	% of CAL		% of CAL	% of CAL																		
750.00-850.00		10.00	1420.00																		10.00		

M51872 ORI ChixPop Teriyaki BrocWG2.0

17.00 @ 8 fl oz	311.55	2.83	8.18	564.18	15.25	44.05	26.44	17.45	22.49	5.05	123.95*	660.54	0.00*	0.68*	37.13*	43.33	0.05*	0.04*	0.36*	0.15*	0.00*	64.57	28.42*	2.47
-----------------	--------	------	------	--------	-------	-------	-------	-------	-------	------	---------	--------	-------	-------	--------	-------	-------	-------	-------	-------	-------	-------	--------	------

M52193 RICE, Plain WG 1BG

17.00 @ 1/2 cup	101.77	0.20	1.81	4.21	0.85	7.50	21.18	2.38	0.00	0.94	59.47	13.89	0.00*	0.00*	0.00*	0.03	0.00*	0.00*	0.00*	0.00*	0.00*	5.48	0.00*	0.22
-----------------	--------	------	------	------	------	------	-------	------	------	------	-------	-------	-------	-------	-------	------	-------	-------	-------	-------	-------	------	-------	------

M51247 SALAD, Veg MZ Frt SC W 2.0summ

12.00 @ 1 each	187.74	4.08	19.57	409.28	6.37	30.54	19.37	14.93	20.00	2.68	250.40	3770.52	0.00*	0.26*	46.28*	7.41	0.08*	0.07*	0.32*	0.10*	0.00*	425.40	23.08*	0.57
----------------	--------	------	-------	--------	------	-------	-------	-------	-------	------	--------	---------	-------	-------	--------	------	-------	-------	-------	-------	-------	--------	--------	------

M52188 BRD: ROLL AP, PRETZEL 2.2oz WG

12.00 @ 1 each	160.00	1.00	5.62	40.00	2.50	14.06	29.00	5.00	0.00	3.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	20.00	-*	1.80
----------------	--------	------	------	-------	------	-------	-------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	-------	----	------

M52043 PIZZA HUT PIZZA 6" EXPRESS CHZ SS 2.25

43.00 @ 1 pizza	374.18	4.99	12.01	685.27	13.41	32.25	38.44	24.92	24.70	4.27	-*	692.07	-*	-*	-*	5.36	-*	-*	-*	-*	-*	410.71	-*	2.57
-----------------	--------	------	-------	--------	-------	-------	-------	-------	-------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M53931 PIZZA HUT PIZZA 6" EXPRESS PEPP SS 2.0

74.00 @ 1 pizza	385.19	5.31	12.42	711.32	14.98	35.01	38.49	24.17	27.17	4.35	-*	662.85	-*	-*	-*	5.43	-*	-*	-*	-*	-*	354.34	-*	2.65
-----------------	--------	------	-------	--------	-------	-------	-------	-------	-------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M54307 PIZZA HUT PIZZA 6" EXPRESS SSG SS 2.25

18.00 @ 1 pizza	439.08	7.15	14.66	836.54	20.45	41.92	38.35	25.40	37.42	4.27	-*	689.00	-*	-*	-*	5.36	-*	-*	-*	-*	-*	356.37	-*	2.86
-----------------	--------	------	-------	--------	-------	-------	-------	-------	-------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M54310 PIZZA HUT PIZZA 6" EXPRESS BBQ CHIX SS 2.25

17.00 @ 1 pizza	400.94	4.66	10.46	805.79	13.17	29.57	42.83	27.77	38.53	4.36	-*	667.19	-*	-*	-*	5.81	-*	-*	-*	-*	-*	350.99	-*	2.67
-----------------	--------	------	-------	--------	-------	-------	-------	-------	-------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M54521 PIZZA HUT COND PC PEPPER RED CRUSHED 1G

9.00 @ 1 each	5.00	0.00	0.00	0.00	0.00	0.00	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
---------------	------	------	------	------	------	------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M54520 PIZZA HUT COND PC CHEESE GRATED 2.5G

31.00 @ 1 each	10.00	0.00	0.00	50.00	1.00	90.00	0.00	1.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
----------------	-------	------	------	-------	------	-------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M51941 MELT BN, CHIXPTYBRD AMHN2.25 MWWW

10.00 @ 1 sandwich	544.73	5.75	9.50	1059.55	26.49	43.76	48.48	29.47	77.44	3.00	-*	100.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	134.98	-*	2.88
--------------------	--------	------	------	---------	-------	-------	-------	-------	-------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M53275 MELT BD, AM WG 2.0

\* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Marcus 9th Gr

**Service Area:** Marcus 9th - 9-12 - OVS

**Menu Name:** Marcus 9th w/GSD 2018 Menu - cycle 4 - week 3

**Avg.Method:** Balanced

4.00 @ 1 sandwich	385.00	11.25	26.30	1320.00	19.50	45.58	32.50	18.50	62.50	2.00	-*	500.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	375.00	-*	2.16
M51680 BRD: ROLL DG, WG 2.5oz																								
72.00 @ 1 each	170.00	0.50	2.65	135.00	3.00	15.88	28.00	7.00	0.00	3.40	-*	0.01	-*	-*	-*	0.01	-*	-*	-*	-*	-*	12.70	-*	0.85
M53659 BURG, Beef AP100% 2.0																								
5.00 @ 1 each	270.00	3.00	10.00	345.00	10.00	33.33	28.00	17.00	35.00	2.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	40.00	-*	2.52
M54370 BURG, BLACK BEAN AP WG 2.0																								
1.00 @ 1 each	300.00	1.00	3.00	710.00	9.00	27.00	42.00	19.00	5.00	7.00	280.00*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	80.00	-*	2.16
M50937 SUB AP, CHam Tky AM WG 2.0																								
3.00 @ 1 sandwich	329.93	5.89	16.08	1071.20	13.52	36.87	33.54	22.10	67.50	3.94	137.21*	2905.42	0.00*	0.19*	31.30*	5.02	0.03*	0.02*	0.26*	0.04*	0.00*	212.19	15.31*	2.24
M53347 SDW BD, SB WG 2.0																								
1.00 @ 1 sandwich	558.71	3.99	6.42	579.16	35.89	57.81	43.95	19.95	0.00	5.99	378.78*	0.00	0.00*	-*	-*	0.00	-*	-*	-*	-*	-*	59.81	-*	5.35
M50962 SDW BD, SBJ WG 2.0																								
2.00 @ 1 sandwich	658.38	3.99	5.45	579.16	35.89	49.06	69.87	19.95	0.00	5.99	378.78*	0.00	0.00*	-*	-*	0.00	-*	-*	-*	-*	-*	59.81	-*	5.35
M51734 BRD: BREAD WG, 2sl																								
2.00 @ 2 slice	160.00	0.00	0.00	320.00	2.00	11.25	30.00	6.00	0.00	2.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	2.16
M52708 BRD: ROLL DG, Sub 6" WG																								
15.00 @ 1 roll	170.00	0.50	2.65	180.00	3.00	15.88	28.00	6.00	0.00	3.00	-*	0.01	-*	-*	-*	0.01	-*	-*	-*	-*	-*	13.52	-*	1.45
M54775 BRD: CROISSANT, SLICED WG																								
8.00 @ 1 each	243.91	6.47	23.87	253.40	12.05	44.44	29.25	5.44	32.35	0.91	15.14	313.46	0.31	0.00	0.00	2.82	0.25	1.93	0.85	0.00	0.01	15.66	3.96	1.63
M55179 BRD: CIABATTA, SLICED WG																								
2.00 @ 1 each	160.00	0.50	2.81	170.00	3.50	19.69	30.00	5.00	0.00	3.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	20.00	-*	1.44
M66605 BRD: TORTILLA FLOUR 10" WG																								
4.00 @ 1 each	180.00	1.50	7.50	250.00	4.50	22.50	29.00	5.00	0.00	3.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	100.00	-*	1.44
M53393 TKY, Breast Sliced 1.0																								
15.00 @ 1 serving	60.00	0.50	7.50	220.00	2.00	30.00	2.00	9.00	25.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	20.00	-*	0.36
M53569 CHIX, BLACK FOREST HAM SLICED 1.0																								
11.00 @ 1 serving	80.00	1.50	16.88	330.00	4.50	50.63	2.00	8.00	40.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.36
M53894 CHIX DCD GRAPE DELI SALAD W 1.0																								

\* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Marcus 9th Gr

**Service Area:** Marcus 9th - 9-12 - OVS

**Menu Name:** Marcus 9th w/GSD 2018 Menu - cycle 4 - week 3

**Avg.Method:** Balanced

1.00 @ 1 No 16 Scoop	97.66	1.13	10.44	137.54	5.20	47.96	3.30	9.31	30.40	0.19	31.50*	37.52	0.00*	0.03*	2.59*	0.48	0.01*	0.01*	0.04*	0.01*	0.00*	3.87	2.52*	0.32
----------------------	-------	------	-------	--------	------	-------	------	------	-------	------	--------	-------	-------	-------	-------	------	-------	-------	-------	-------	-------	------	-------	------

M52455 FISH, Tuna Deli Salad B 1.0

2.00 @ 1 No 20 Scoop	105.01	1.34	11.46	146.76	7.60	65.14	0.28	7.63	18.49	0.13	19.78*	32.30	0.00*	0.02*	2.16*	0.31	0.00*	0.00*	0.02*	0.01*	0.00*	3.12	1.84*	0.20
----------------------	--------	------	-------	--------	------	-------	------	------	-------	------	--------	-------	-------	-------	-------	------	-------	-------	-------	-------	-------	------	-------	------

M51005 CHEESE, AM (184ct) Slices 1.0

8.00 @ 3 slice	134.99	6.75	45.00	599.97	10.50	70.00	1.50	7.50	37.50	0.00	-*	299.98	-*	-*	-*	0.00	-*	-*	-*	-*	-*	224.99	-*	0.00
----------------	--------	------	-------	--------	-------	-------	------	------	-------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M53381 CHEESE, CH Slices 1.0

4.00 @ 2 slice	110.01	5.00	40.91	180.01	9.00	73.64	1.00	6.00	30.00	0.00	20.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	199.01	-*	0.00
----------------	--------	------	-------	--------	------	-------	------	------	-------	------	-------	------	----	----	----	------	----	----	----	----	----	--------	----	------

M50999 CHEESE, JK Slices 1.0

5.00 @ 2 slice	100.00	5.00	45.00	180.01	8.00	72.00	1.00	7.00	30.00	0.00	25.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	197.01	-*	0.00
----------------	--------	------	-------	--------	------	-------	------	------	-------	------	-------	------	----	----	----	------	----	----	----	----	----	--------	----	------

M51003 CHEESE, PV Slices 1.0

11.00 @ 2 slice	100.00	5.00	45.00	250.01	7.00	63.00	1.00	7.00	20.00	0.00	40.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	212.01	-*	0.00
-----------------	--------	------	-------	--------	------	-------	------	------	-------	------	-------	------	----	----	----	------	----	----	----	----	----	--------	----	------

M51008 VEG: TOMATOES, FrsSI 1/8c(2sl)

17.00 @ 1/8 cup	5.10	0.01	1.40	1.42	0.06	10.00	1.10	0.25	0.00	0.34	67.18	236.14	0.00	0.15	2.24	3.88	0.01	0.01	0.17	0.02	0.00	2.83	6.80	0.08
-----------------	------	------	------	------	------	-------	------	------	------	------	-------	--------	------	------	------	------	------	------	------	------	------	------	------	------

M51017 VEG GARN: Rom Leaf 1ea

31.00 @ 1 each	2.41	0.01	2.06	1.13	0.04	15.88	0.47	0.17	0.00	0.30	35.01	1234.63	0.00	0.02	14.53	0.57	0.01	0.01	0.04	0.01	0.00	4.68	4.25	0.14
----------------	------	------	------	------	------	-------	------	------	------	------	-------	---------	------	------	-------	------	------	------	------	------	------	------	------	------

M51013 VEG: ONIONS, Red Slice 1ea

4.00 @ 1 slice	2.83	0.00	0.94	0.28	0.01	2.25	0.66	0.08	0.00	0.12	10.35	0.14	0.00	0.00	0.03	0.52	0.00	0.00	0.01	0.01	0.00	1.63	2.06	0.01
----------------	------	------	------	------	------	------	------	------	------	------	-------	------	------	------	------	------	------	------	------	------	------	------	------	------

M50892 VEG: PEPPERS, Jalapeno CndTBSP

9.00 @ 1 tablespoon	3.12	0.00	0.00	240.96	0.09	27.20	0.48	0.09	0.00	0.26	19.38	-*	-*	-*	-*	1.00	-*	-*	-*	-*	-*	2.31	-*	0.19
---------------------	------	------	------	--------	------	-------	------	------	------	------	-------	----	----	----	----	------	----	----	----	----	----	------	----	------

M50893 VEG: PEPPERS, Banana Cnd TBSP

6.00 @ 1 tablespoon	1.71	0.00	2.08	203.78	0.02	10.42	0.31	0.07	0.00	0.09	-*	0.00	-*	-*	-*	4.33	-*	-*	-*	-*	-*	0.00	-*	0.03
---------------------	------	------	------	--------	------	-------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M50176 COND\_Pickle, Dill Slice 2ea

5.00 @ 2 slice	1.62	0.01	4.72	162.08	0.05	25.17	0.24	0.06	0.00	0.14	-*	0.00	-*	-*	-*	0.21	-*	-*	-*	-*	-*	8.65	-*	0.05
----------------	------	------	------	--------	------	-------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M50060 COND\_Mayo W

7.00 @ 1 tablespoon	33.07	0.47	12.86	94.49	3.31	90.00	0.94	0.00	4.72	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
---------------------	-------	------	-------	-------	------	-------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M51676 COND\_Mayo, Sriracha W

\* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Marcus 9th Gr

**Service Area:** Marcus 9th - 9-12 - OVS

**Menu Name:** Marcus 9th w/GSD 2018 Menu - cycle 4 - week 3

**Avg.Method:** Balanced

5.00 @ 1 tablespoon	31.38	0.43	12.28	120.79	3.00	86.13	1.21	0.02	4.28	0.00	-*	0.00	-*	-*	-*	0.01	-*	-*	-*	-*	-*	0.70	-*	0.00
M51391 COND_Mayo, Chipotle W																								
10.00 @ 1 tablespoon	26.11	0.35	12.21	91.53	2.49	85.73	0.96	0.01	3.54	0.01	0.00*	15.26	-*	-*	-*	0.40	-*	-*	-*	-*	-*	0.00	-*	0.00
M51427 COND_Sauce, Bistro SC W																								
1.00 @ 1 tablespoon	29.10	0.19	5.94	130.76	1.41	43.65	2.32	0.32	1.77	0.34	19.89*	10.07	0.00*	0.04*	6.39*	0.83	0.00*	0.01*	0.05*	0.00*	0.00*	8.86	2.29*	0.21
M52707 COND_Dressing, Ranch Homestyle																								
15.00 @ 1 tablespoon	50.00	0.75	13.50	134.99	5.50	99.00	0.50	0.50	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	10.00	-*	0.00
M50291 COND_Mustard, Yellow																								
5.00 @ 1 tablespoon	9.00	0.01	1.50	181.50	0.37	37.20	0.93	0.47	0.00	0.43	13.36	0.67	-*	-*	-*	0.13	-*	-*	-*	-*	-*	7.51	-*	0.19
M53419 VEG: POTATO, FF CTINAGEN7 1/2C																								
133.00 @ 1/2 cup	119.99	1.33	10.00	133.32	4.67	35.00	17.33	2.00	0.00	2.00	259.98	0.00	-*	-*	-*	3.20	-*	-*	-*	-*	-*	0.00	-*	0.48
M50187 VEG: BROCCOLI, Frz Chpd 1/2c																								
24.00 @ 1/2 cup	24.11	0.02	0.58	9.47	0.10	3.86	4.61	2.67	0.00	2.58	122.27	870.53	0.00	1.14	75.86	34.53	0.05	0.07	0.39	0.11	0.00	28.42	42.19	0.53
M50536 FRUIT: APPLE, 138ct 1/8wg 1/2c																								
51.00 @ 4 wedge	31.53	0.02	0.50	2.39	0.10	2.95	8.40	0.17	0.00	1.45	67.15	33.13	0.00	0.11	1.32	3.11	0.01	0.02	0.06	0.03	0.00	5.02	6.81	0.07
M52271 FRUIT: PEARS, Dice w/Jc 1/2c																								
93.00 @ 1/2 cup	60.66	0.00	0.00	10.11	0.00	0.00	14.15	0.00	0.00	2.02	80.89	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M53365 JUICE SS, Grape100% 4oz Cart																								
46.00 @ 1 each	80.00	0.00	0.00	15.00	0.00	0.00	18.00	1.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M51645 DESRT: COOKIE Carnival 1.0ozWG																								
110.00 @ 1 cookie	110.00	1.00	8.18	85.00	3.50	28.64	18.00	1.00	5.00	1.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.72
M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50																								
25.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00
M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50																								
97.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00
M53222 COND_PC Margarine 5g																								

\* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Marcus 9th Gr

**Service Area:** Marcus 9th - 9-12 - OVS

**Menu Name:** Marcus 9th w/GSD 2018 Menu - cycle 4 - week 3

**Avg.Method:** Balanced

43.00 @ 1 each	30.00	1.00	30.00	30.00	3.00	90.00	0.00	0.00	0.00	0.00	0.00	-*	500.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00	
M50855 COND PC Ketchup 9g Heinz																										
200.00 @ 1 each	10.00	0.00	0.00	85.00	0.00	0.00	3.00	0.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00	
M50055 COND PC Mayonnaise 12g																										
48.00 @ 1 each	80.00	1.50	16.87	75.00	8.00	90.00	1.00	0.00	5.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00	
M50284 COND PC Mustard 6g																										
24.00 @ 1 each	0.00	0.00	-	65.00	0.00	-	1.00	0.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00	
M50623 COND PC Drsg Italian 12g																										
10.00 @ 1 each	30.00	0.00	0.00	130.00	3.00	90.00	0.00	0.00	0.00	0.00	0.00	-*	100.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00	
M50624 COND PC Drsg Ranch 12g																										
118.00 @ 1 each	50.00	0.00	0.00	100.00	5.00	90.00	1.00	0.00	5.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00	
M50056 COND PC Sauce, Taco 9g																										
17.00 @ 1 each	5.00	0.00	0.00	55.00	0.00	0.00	1.00	0.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00	
M50287 COND PC Sauce, BBQ 12g																										
56.00 @ 1 each	15.00	0.00	0.00	160.00	0.00	0.00	4.00	0.00	0.00	0.00	0.00	-*	100.00	-*	-*	-*	0.60	-*	-*	-*	-*	-*	0.00	-*	0.00	
M55113 SDW BN, CHIXFLT BRD NASHVILLE WG 2.0 MWWW FUEL 04/18																										
24.00 @ 1 sandwich	390.43	2.02	4.66	773.07	12.11	27.92	45.60	27.36	49.94	3.54	19.45*	402.28	0.00*	0.18*	0.87*	3.19	0.00*	0.01*	0.06*	0.02*	0.00*	64.92	3.05*	3.07		
<b>Average</b>	880.74	8.91	9.1	1466.48	31.49	32.18	108.72	39.37	57.13	9.7	286.88*	1618.02*	.01*	.27*	17.58*	16.76	.03*	.1*	.17*	.04*	0*	543.86	12.07*	4.35		

\* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Marcus 9th Gr

**Service Area:** Marcus 9th - 9-12 - OVS

**Menu Name:** Marcus 9th w/GSD 2018 Menu - cycle 4 - week 3

**Avg.Method:** Balanced

**Age Group:** Brkfst Grades K-12      **Period:** Breakfast      **Week:** 3      **Day:** Thursday      **Count Type:** Forecasted      **Total No. of Customers:** 21

Weekly Std.	SFA		Na (mg)	Fat		CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)
	CAL	% of CAL		% of CAL	% of CAL																		
450.00-500.00		10.00	540.00																		100.00		

M54739 BRD: CRACK SS, GRIPZ GRAHAM BITES CINN WG

14.00 @ 1 package	100.00	1.00	9.00	80.00	3.00	27.00	19.00	2.00	0.00	3.00	-*	749.99	-*	-*	-*	0.00	-*	-*	-*	-*	-*	100.00	-*	0.72
-------------------	--------	------	------	-------	------	-------	-------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M50792 YOGURT SS, Trix Strawb/Ban 4oz

14.00 @ 1 each	80.00	0.00	0.00	60.00	0.50	5.63	15.00	4.00	5.00	0.00	140.00	500.04	-*	-*	-*	0.00	-*	-*	-*	-*	-*	100.01	-*	0.00
----------------	-------	------	------	-------	------	------	-------	------	------	------	--------	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M51231 SDW BN, EggSausSS AM WG 1.0

9.00 @ 1 sandwich	224.62	3.31	13.25	562.67	8.45	33.87	28.01	10.22	83.08	2.00	-*	187.63	-*	-*	-*	0.00	-*	-*	-*	-*	-*	135.19	-*	1.78
-------------------	--------	------	-------	--------	------	-------	-------	-------	-------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M50435 CEREAL HOT, Oatmeal (1BG)

2.00 @ 1/2 cup	106.30	0.35	3.00	3.25	2.13	18.00	19.13	3.54	0.00	2.83	1.08*	0.00	0.00*	0.00*	0.00*	0.00	0.00*	0.00*	0.00*	0.00*	0.00*	3.25	0.00*	1.28
----------------	--------	------	------	------	------	-------	-------	------	------	------	-------	------	-------	-------	-------	------	-------	-------	-------	-------	-------	------	-------	------

M50209 COND\_Sugar, Cinnamon

2.00 @ 1 tablespoon	45.52	0.00	0.03	0.15	0.00	0.09	11.83	0.02	0.00	0.21	1.90	1.14	0.00	0.01	0.12	0.01	0.00	0.00	0.01	0.00	0.00	3.99	0.25	0.04
---------------------	-------	------	------	------	------	------	-------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------

M50208 CEREAL BWL, CinnTstCrnch RS WG

1.00 @ 1 bowl	110.00	0.50	4.09	160.00	3.00	24.54	22.00	1.00	0.00	3.00	-*	400.01	-*	-*	-*	4.80	-*	-*	-*	-*	-*	200.01	-*	3.60
---------------	--------	------	------	--------	------	-------	-------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M50442 CEREAL BWL, Cocoa Puffs RS WG

3.00 @ 1 bowl	110.05	0.00	0.00	160.08	1.50	12.27	25.01	2.00	0.00	2.00	-*	500.25	-*	-*	-*	6.00	-*	-*	-*	-*	-*	100.05	-*	4.50
---------------	--------	------	------	--------	------	-------	-------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M50524 CEREAL BWL, Lucky Charms WG

6.00 @ 1 bowl	110.00	0.00	0.00	180.00	1.00	8.18	23.00	2.00	0.00	2.00	-*	500.01	-*	-*	-*	6.00	-*	-*	-*	-*	-*	100.00	-*	4.50
---------------	--------	------	------	--------	------	------	-------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M52726 BRD: BAR, Cereal FrtyCh WG IW

1.00 @ 1 each	150.00	0.50	3.00	95.00	3.50	21.00	29.00	3.00	0.00	3.00	-*	200.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	200.00	-*	1.80
---------------	--------	------	------	-------	------	-------	-------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M52695 CHEESE, MZ String LF 1ea 1.0

7.00 @ 1 stick	60.00	2.00	30.00	200.01	3.00	45.00	1.00	7.00	10.00	0.00	0.00	200.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	200.01	-*	0.00
----------------	-------	------	-------	--------	------	-------	------	------	-------	------	------	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M51237 BRD: BREAD WG, Tst Marg 1sl

2.00 @ 1 slice	110.00	1.33	10.91	160.00	4.33	35.45	15.00	3.00	0.00	1.00	1.33*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	1.08
----------------	--------	------	-------	--------	------	-------	-------	------	------	------	-------	------	----	----	----	------	----	----	----	----	----	------	----	------

M52975 BRD: WAFFLE, RS SS WG (3.25BG)

\* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Marcus 9th Gr

**Service Area:** Marcus 9th - 9-12 - OVS

**Menu Name:** Marcus 9th w/GSD 2018 Menu - cycle 4 - week 3

**Avg.Method:** Balanced

1.00 @ 1 each	240.06	0.00	0.00	506.14	2.86	10.71	50.30	6.86	0.00	6.86	1.05*	0.00	0.00*	0.00*	0.00*	0.00	0.00*	0.00*	0.00*	0.00*	0.00*	288.94	0.00*	3.09	
M52659 FRUIT: APPLES, Warm Cinn 1/8c																									
1.00 @ 1/8 cup	26.30	0.01	0.19	2.47	0.01	0.29	6.56	0.00	0.00	0.50	0.61*	0.23	0.00*	0.00*	0.01*	0.04	0.00*	0.00*	0.00*	0.00*	0.00*	0.57	0.12*	0.01	
M52816 DESRT: TOPPING, Whipd NonDairy																									
1.00 @ 1 tablespoon	13.47	1.00	66.56	0.81	1.00	67.06	1.06	0.05	0.01	0.01	-*	0.20	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.15	-*	0.00	
M50529 FRUIT: GRAPES, Fresh 1/2c																									
15.00 @ 1/2 cup	56.80	0.10	1.53	1.70	0.30	4.70	14.54	0.53	0.00	0.76	161.94	84.78	0.00	0.16	12.38	3.39	0.08	0.05	0.25	0.09	0.00	11.87	8.48	0.25	
M50722 FRUIT: RAISINS, SS BOX																									
6.00 @ 1 each	127.15	0.02	0.17	4.68	0.20	1.38	33.67	1.31	0.00	1.57	318.51	0.00	0.00	0.05	1.49	0.98	0.05	0.05	0.33	0.07	0.00	21.26	42.95	0.80	
M50980 JUICE SS, Frt Bld 100% 4oz Crt																									
9.00 @ 1 each	60.00	0.00	0.00	10.00	0.00	0.00	14.00	0.00	0.00	0.00	100.00	0.00	-*	-*	-*	3.60	-*	-*	-*	-*	-*	0.00	-*	0.00	
M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50																									
8.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00	
M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50																									
17.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00	
M53222 COND PC Margarine 5g																									
1.00 @ 1 each	30.00	1.00	30.00	30.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	500.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00	
M53221 COND PC Jelly, Grape Smucker																									
2.00 @ 1 each	35.00	0.00	0.00	5.00	0.00	0.00	9.00	0.00	0.00	0.00	0.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00	
M50056 COND PC Sauce, Taco 9g																									
1.00 @ 1 each	5.00	0.00	0.00	55.00	0.00	0.00	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00	
M50058 COND PC Syrup 1.4oz Smuckers																									
1.00 @ 1 each	110.00	0.00	0.00	25.00	0.00	0.00	29.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00	
<b>Average</b>	585.96	3.7	5.69	735.2	9.93	15.25	104.15	23	50.13	5.73	343.35*	1903.07	0*	.13*	9.28*	8.99	.07*	.05*	.28*	.09*	0*	706.04	18.36*	4.21	

\* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Marcus 9th Gr

**Service Area:** Marcus 9th - 9-12 - OVS

**Menu Name:** Marcus 9th w/GSD 2018 Menu - cycle 4 - week 3

**Avg.Method:** Balanced

**Age Group:** Lunch Grades 9-12      **Period:** Lunch      **Week:** 3      **Day:** Thursday      **Count Type:** Forecasted      **Total No. of Customers:** 194

Weekly Std.	SFA		Na (mg)	Fat		CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)
	CAL	% of CAL		% of CAL	% of CAL																		
750.00-850.00		10.00	1420.00																		224.99		

M66119 ENT: PASTA, BFGD CHILIMACSCWG2

22.00 @ 12 fl oz	379.03	3.35	7.95	172.35	10.69	25.39	48.93	24.53	50.50	7.29	557.49*	399.46	1.13*	0.10*	1.85*	23.22	0.03*	0.11*	3.62*	0.26*	1.59*	95.81	139.15*	4.98
------------------	--------	------	------	--------	-------	-------	-------	-------	-------	------	---------	--------	-------	-------	-------	-------	-------	-------	-------	-------	-------	-------	---------	------

M50170 SALAD, Tky Chef AP W 2.25

11.00 @ 1 each	193.34	5.63	26.19	443.90	10.75	50.04	5.92	18.39	93.75	0.89	0.00*	1622.11	-*	-*	-*	8.00	-*	-*	-*	-*	-*	246.29	-*	0.99
----------------	--------	------	-------	--------	-------	-------	------	-------	-------	------	-------	---------	----	----	----	------	----	----	----	----	----	--------	----	------

M51680 BRD: ROLL DG, WG 2.5oz

11.00 @ 1 each	170.00	0.50	2.65	135.00	3.00	15.88	28.00	7.00	0.00	3.40	-*	0.01	-*	-*	-*	0.01	-*	-*	-*	-*	-*	12.70	-*	0.85
----------------	--------	------	------	--------	------	-------	-------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	-------	----	------

M52043 PIZZA HUT PIZZA 6" EXPRESS CHZ SS 2.25

33.00 @ 1 pizza	374.18	4.99	12.01	685.27	13.41	32.25	38.44	24.92	24.70	4.27	-*	692.07	-*	-*	-*	5.36	-*	-*	-*	-*	-*	410.71	-*	2.57
-----------------	--------	------	-------	--------	-------	-------	-------	-------	-------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M53931 PIZZA HUT PIZZA 6" EXPRESS PEPP SS 2.0

73.00 @ 1 pizza	385.19	5.31	12.42	711.32	14.98	35.01	38.49	24.17	27.17	4.35	-*	662.85	-*	-*	-*	5.43	-*	-*	-*	-*	-*	354.34	-*	2.65
-----------------	--------	------	-------	--------	-------	-------	-------	-------	-------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M54307 PIZZA HUT PIZZA 6" EXPRESS SSG SS 2.25

18.00 @ 1 pizza	439.08	7.15	14.66	836.54	20.45	41.92	38.35	25.40	37.42	4.27	-*	689.00	-*	-*	-*	5.36	-*	-*	-*	-*	-*	356.37	-*	2.86
-----------------	--------	------	-------	--------	-------	-------	-------	-------	-------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M54310 PIZZA HUT PIZZA 6" EXPRESS BBQ CHIX SS 2.25

16.00 @ 1 pizza	400.94	4.66	10.46	805.79	13.17	29.57	42.83	27.77	38.53	4.36	-*	667.19	-*	-*	-*	5.81	-*	-*	-*	-*	-*	350.99	-*	2.67
-----------------	--------	------	-------	--------	-------	-------	-------	-------	-------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M54521 PIZZA HUT COND PC PEPPER RED CRUSHED 1G

13.00 @ 1 each	5.00	0.00	0.00	0.00	0.00	0.00	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
----------------	------	------	------	------	------	------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M54520 PIZZA HUT COND PC CHEESE GRATED 2.5G

35.00 @ 1 each	10.00	0.00	0.00	50.00	1.00	90.00	0.00	1.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
----------------	-------	------	------	-------	------	-------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M66680 PANINI, CHIXDCD CH RANCH WG 2.0

5.00 @ 1 each	412.22	6.04	13.19	581.66	18.95	41.37	34.70	22.99	61.18	3.56	104.16*	119.93	0.00*	0.14*	1.28*	6.67	0.02*	0.01*	0.17*	0.05*	0.00*	220.14	15.16*	2.10
---------------	--------	------	-------	--------	-------	-------	-------	-------	-------	------	---------	--------	-------	-------	-------	------	-------	-------	-------	-------	-------	--------	--------	------

M51951 HOT DOG, Plain WG 2.0 Hi

10.00 @ 1 each	320.00	8.00	22.50	890.01	18.00	50.62	28.00	11.00	35.00	2.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	40.00	-*	1.80
----------------	--------	------	-------	--------	-------	-------	-------	-------	-------	------	----	------	----	----	----	------	----	----	----	----	----	-------	----	------

M51680 BRD: ROLL DG, WG 2.5oz

67.00 @ 1 each	170.00	0.50	2.65	135.00	3.00	15.88	28.00	7.00	0.00	3.40	-*	0.01	-*	-*	-*	0.01	-*	-*	-*	-*	-*	12.70	-*	0.85
----------------	--------	------	------	--------	------	-------	-------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	-------	----	------

\* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.





# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Marcus 9th Gr

**Service Area:** Marcus 9th - 9-12 - OVS

**Menu Name:** Marcus 9th w/GSD 2018 Menu - cycle 4 - week 3

**Avg.Method:** Balanced

M53659 BURG, Beef AP100% 2.0

5.00 @ 1 each	270.00	3.00	10.00	345.00	10.00	33.33	28.00	17.00	35.00	2.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	40.00	-*	2.52
---------------	--------	------	-------	--------	-------	-------	-------	-------	-------	------	----	------	----	----	----	------	----	----	----	----	----	-------	----	------

M54370 BURG, BLACK BEAN AP WG 2.0

2.00 @ 1 each	300.00	1.00	3.00	710.00	9.00	27.00	42.00	19.00	5.00	7.00	280.00*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	80.00	-*	2.16
---------------	--------	------	------	--------	------	-------	-------	-------	------	------	---------	------	----	----	----	------	----	----	----	----	----	-------	----	------

M53347 SDW BD, SB WG 2.0

1.00 @ 1 sandwich	558.71	3.99	6.42	579.16	35.89	57.81	43.95	19.95	0.00	5.99	378.78*	0.00	0.00*	-*	-*	0.00	-*	-*	-*	-*	-*	59.81	-*	5.35
-------------------	--------	------	------	--------	-------	-------	-------	-------	------	------	---------	------	-------	----	----	------	----	----	----	----	----	-------	----	------

M50962 SDW BD, SBJ WG 2.0

1.00 @ 1 sandwich	658.38	3.99	5.45	579.16	35.89	49.06	69.87	19.95	0.00	5.99	378.78*	0.00	0.00*	-*	-*	0.00	-*	-*	-*	-*	-*	59.81	-*	5.35
-------------------	--------	------	------	--------	-------	-------	-------	-------	------	------	---------	------	-------	----	----	------	----	----	----	----	----	-------	----	------

M51734 BRD: BREAD WG, 2sl

1.00 @ 2 slice	160.00	0.00	0.00	320.00	2.00	11.25	30.00	6.00	0.00	2.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	2.16
----------------	--------	------	------	--------	------	-------	-------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M52708 BRD: ROLL DG, Sub 6" WG

12.00 @ 1 roll	170.00	0.50	2.65	180.00	3.00	15.88	28.00	6.00	0.00	3.00	-*	0.01	-*	-*	-*	0.01	-*	-*	-*	-*	-*	13.52	-*	1.45
----------------	--------	------	------	--------	------	-------	-------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	-------	----	------

M54775 BRD: CROISSANT, SLICED WG

8.00 @ 1 each	243.91	6.47	23.87	253.40	12.05	44.44	29.25	5.44	32.35	0.91	15.14	313.46	0.31	0.00	0.00	2.82	0.25	1.93	0.85	0.00	0.01	15.66	3.96	1.63
---------------	--------	------	-------	--------	-------	-------	-------	------	-------	------	-------	--------	------	------	------	------	------	------	------	------	------	-------	------	------

M66605 BRD: TORTILLA FLOUR 10" WG

6.00 @ 1 each	180.00	1.50	7.50	250.00	4.50	22.50	29.00	5.00	0.00	3.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	100.00	-*	1.44
---------------	--------	------	------	--------	------	-------	-------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	--------	----	------

M52782 BRD: FLATBREAD 2oz (2BG)

1.00 @ 1 each	180.00	1.00	5.00	310.00	5.00	25.00	28.00	5.00	0.00	2.69	-*	0.07	-*	-*	-*	0.07	-*	-*	-*	-*	-*	22.88	-*	0.83
---------------	--------	------	------	--------	------	-------	-------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	-------	----	------

M53393 TKY, Breast Sliced 1.0

15.00 @ 1 serving	60.00	0.50	7.50	220.00	2.00	30.00	2.00	9.00	25.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	20.00	-*	0.36
-------------------	-------	------	------	--------	------	-------	------	------	-------	------	----	------	----	----	----	------	----	----	----	----	----	-------	----	------

M53569 CHIX, BLACK FOREST HAM SLICED 1.0

12.00 @ 1 serving	80.00	1.50	16.88	330.00	4.50	50.63	2.00	8.00	40.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.36
-------------------	-------	------	-------	--------	------	-------	------	------	-------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M52455 FISH, Tuna Deli Salad B 1.0

1.00 @ 1 No 20 Scoop	105.01	1.34	11.46	146.76	7.60	65.14	0.28	7.63	18.49	0.13	19.78*	32.30	0.00*	0.02*	2.16*	0.31	0.00*	0.00*	0.02*	0.01*	0.00*	3.12	1.84*	0.20
----------------------	--------	------	-------	--------	------	-------	------	------	-------	------	--------	-------	-------	-------	-------	------	-------	-------	-------	-------	-------	------	-------	------

M51005 CHEESE, AM (184ct) Slices 1.0

7.00 @ 3 slice	134.99	6.75	45.00	599.97	10.50	70.00	1.50	7.50	37.50	0.00	-*	299.98	-*	-*	-*	0.00	-*	-*	-*	-*	-*	224.99	-*	0.00
----------------	--------	------	-------	--------	-------	-------	------	------	-------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M53381 CHEESE, CH Slices 1.0

4.00 @ 2 slice	110.01	5.00	40.91	180.01	9.00	73.64	1.00	6.00	30.00	0.00	20.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	199.01	-*	0.00
----------------	--------	------	-------	--------	------	-------	------	------	-------	------	-------	------	----	----	----	------	----	----	----	----	----	--------	----	------

\* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Marcus 9th Gr

**Service Area:** Marcus 9th - 9-12 - OVS

**Menu Name:** Marcus 9th w/GSD 2018 Menu - cycle 4 - week 3

**Avg.Method:** Balanced

M50999 CHEESE, JK Slices 1.0

10.00 @ 2 slice	100.00	5.00	45.00	180.01	8.00	72.00	1.00	7.00	30.00	0.00	25.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	197.01	-*	0.00
-----------------	--------	------	-------	--------	------	-------	------	------	-------	------	-------	------	----	----	----	------	----	----	----	----	----	--------	----	------

M51003 CHEESE, PV Slices 1.0

2.00 @ 2 slice	100.00	5.00	45.00	250.01	7.00	63.00	1.00	7.00	20.00	0.00	40.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	212.01	-*	0.00
----------------	--------	------	-------	--------	------	-------	------	------	-------	------	-------	------	----	----	----	------	----	----	----	----	----	--------	----	------

M51008 VEG: TOMATOES, FrsSI 1/8c(2sl)

18.00 @ 1/8 cup	5.10	0.01	1.40	1.42	0.06	10.00	1.10	0.25	0.00	0.34	67.18	236.14	0.00	0.15	2.24	3.88	0.01	0.01	0.17	0.02	0.00	2.83	6.80	0.08
-----------------	------	------	------	------	------	-------	------	------	------	------	-------	--------	------	------	------	------	------	------	------	------	------	------	------	------

M51017 VEG GARN: Rom Leaf 1ea

34.00 @ 1 each	2.41	0.01	2.06	1.13	0.04	15.88	0.47	0.17	0.00	0.30	35.01	1234.63	0.00	0.02	14.53	0.57	0.01	0.01	0.04	0.01	0.00	4.68	4.25	0.14
----------------	------	------	------	------	------	-------	------	------	------	------	-------	---------	------	------	-------	------	------	------	------	------	------	------	------	------

M51013 VEG: ONIONS, Red Slice 1ea

6.00 @ 1 slice	2.83	0.00	0.94	0.28	0.01	2.25	0.66	0.08	0.00	0.12	10.35	0.14	0.00	0.00	0.03	0.52	0.00	0.00	0.01	0.01	0.00	1.63	2.06	0.01
----------------	------	------	------	------	------	------	------	------	------	------	-------	------	------	------	------	------	------	------	------	------	------	------	------	------

M50892 VEG: PEPPERS, Jalapeno CndTBSP

8.00 @ 1 tablespoon	3.12	0.00	0.00	240.96	0.09	27.20	0.48	0.09	0.00	0.26	19.38	-*	-*	-*	-*	1.00	-*	-*	-*	-*	-*	2.31	-*	0.19
------------------------	------	------	------	--------	------	-------	------	------	------	------	-------	----	----	----	----	------	----	----	----	----	----	------	----	------

M50893 VEG: PEPPERS, Banana Cnd TBSP

5.00 @ 1 tablespoon	1.71	0.00	2.08	203.78	0.02	10.42	0.31	0.07	0.00	0.09	-*	0.00	-*	-*	-*	4.33	-*	-*	-*	-*	-*	0.00	-*	0.03
------------------------	------	------	------	--------	------	-------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M50176 COND\_Pickle, Dill Slice 2ea

9.00 @ 2 slice	1.62	0.01	4.72	162.08	0.05	25.17	0.24	0.06	0.00	0.14	-*	0.00	-*	-*	-*	0.21	-*	-*	-*	-*	-*	8.65	-*	0.05
----------------	------	------	------	--------	------	-------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M50060 COND\_Mayo W

15.00 @ 1 tablespoon	33.07	0.47	12.86	94.49	3.31	90.00	0.94	0.00	4.72	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
-------------------------	-------	------	-------	-------	------	-------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M51676 COND\_Mayo, Sriracha W

8.00 @ 1 tablespoon	31.38	0.43	12.28	120.79	3.00	86.13	1.21	0.02	4.28	0.00	-*	0.00	-*	-*	-*	0.01	-*	-*	-*	-*	-*	0.70	-*	0.00
------------------------	-------	------	-------	--------	------	-------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M51391 COND\_Mayo, Chipotle W

10.00 @ 1 tablespoon	26.11	0.35	12.21	91.53	2.49	85.73	0.96	0.01	3.54	0.01	0.00*	15.26	-*	-*	-*	0.40	-*	-*	-*	-*	-*	0.00	-*	0.00
-------------------------	-------	------	-------	-------	------	-------	------	------	------	------	-------	-------	----	----	----	------	----	----	----	----	----	------	----	------

M51427 COND\_Sauce, Bistro SC W

1.00 @ 1 tablespoon	29.10	0.19	5.94	130.76	1.41	43.65	2.32	0.32	1.77	0.34	19.89*	10.07	0.00*	0.04*	6.39*	0.83	0.00*	0.01*	0.05*	0.00*	0.00*	8.86	2.29*	0.21
------------------------	-------	------	------	--------	------	-------	------	------	------	------	--------	-------	-------	-------	-------	------	-------	-------	-------	-------	-------	------	-------	------

M52707 COND\_Dressing, Ranch Homestyle

\* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Marcus 9th Gr

**Service Area:** Marcus 9th - 9-12 - OVS

**Menu Name:** Marcus 9th w/GSD 2018 Menu - cycle 4 - week 3

**Avg.Method:** Balanced

10.00 @ 1 tablespoon	50.00	0.75	13.50	134.99	5.50	99.00	0.50	0.50	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	10.00	-*	0.00
M50291 COND_Mustard, Yellow																								
2.00 @ 1 tablespoon	9.00	0.01	1.50	181.50	0.37	37.20	0.93	0.47	0.00	0.43	13.36	0.67	-*	-*	-*	0.13	-*	-*	-*	-*	-*	7.51	-*	0.19
M51731 VEG: POTATO SWT, FF CRINKLE 1/2C																								
35.00 @ 1/2 cup	137.66	0.53	3.46	180.02	4.77	31.15	23.30	1.06	0.00	3.18	243.56	3176.86	-*	-*	-*	6.35	-*	-*	-*	-*	-*	21.18	-*	0.38
M53419 VEG: POTATO, FF CTINAGEN7 1/2C																								
35.00 @ 1/2 cup	119.99	1.33	10.00	133.32	4.67	35.00	17.33	2.00	0.00	2.00	259.98	0.00	-*	-*	-*	3.20	-*	-*	-*	-*	-*	0.00	-*	0.48
M53153 VEG: BEANS, Bkd Veg AP 1/2c																								
26.00 @ 1/2 cup	130.70	0.00	0.00	552.94	0.00	0.00	29.16	7.04	0.00	5.03	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	40.21	-*	1.81
M50350 VEG: CUCUMBER, Fresh Slice1/2c																								
28.00 @ 1/2 cup	10.81	0.03	2.22	1.44	0.08	6.60	2.62	0.47	0.00	0.36	105.91	75.65	0.00	0.02	11.82	2.02	0.02	0.02	0.07	0.03	0.00	11.53	17.29	0.20
M51297 VEG: SALAD, Side GardChop 1c																								
22.00 @ 1 cup	16.35	0.03	1.45	12.76	0.18	9.94	3.56	0.83	0.00	1.42	182.84	5064.79	0.00	0.18	45.89	9.01	0.05	0.04	0.32	0.07	0.00	22.30	22.02	0.52
M50534 FRUIT: ORANGE 138ct 1/8wg 1/2c																								
112.00 @ 8 wedge	46.96	0.01	0.29	0.00	0.12	2.30	11.74	0.94	0.00	2.40	180.86	224.82	0.00	0.18	0.00	53.16	0.09	0.04	0.28	0.06	0.00	39.97	13.99	0.10
M53549 FRUIT: APPLESAUCE,Unswt AP1/2c																								
72.00 @ 1/2 cup	52.77	0.00	0.00	10.55	0.00	0.00	13.72	0.00	0.00	2.11	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50982 JUICE SS, ORANGE 100% 4 FLOZ																								
50.00 @ 1 each	51.44	0.00	0.00	15.43	0.00	0.00	12.35	1.03	0.00	0.00	-*	0.00	-*	-*	-*	43.21	-*	-*	-*	-*	-*	0.00	-*	0.00
M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50																								
16.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00
M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50																								
93.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00
M53222 COND PC Margarine 5g																								
39.00 @ 1 each	30.00	1.00	30.00	30.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	500.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50855 COND PC Ketchup 9g Heinz																								
182.00 @ 1 each	10.00	0.00	0.00	85.00	0.00	0.00	3.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00

\* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Marcus 9th Gr

**Service Area:** Marcus 9th - 9-12 - OVS

**Menu Name:** Marcus 9th w/GSD 2018 Menu - cycle 4 - week 3

**Avg.Method:** Balanced

M50055 COND PC Mayonnaise 12g

39.00 @ 1 each	80.00	1.50	16.87	75.00	8.00	90.00	1.00	0.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
----------------	-------	------	-------	-------	------	-------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M50284 COND PC Mustard 6g

24.00 @ 1 each	0.00	0.00	-	65.00	0.00	-	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
----------------	------	------	---	-------	------	---	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M50623 COND PC Drsg Italian 12g

16.00 @ 1 each	30.00	0.00	0.00	130.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	100.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
----------------	-------	------	------	--------	------	-------	------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	------	----	------

M50624 COND PC Drsg Ranch 12g

119.00 @ 1 each	50.00	0.00	0.00	100.00	5.00	90.00	1.00	0.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
-----------------	-------	------	------	--------	------	-------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M50056 COND PC Sauce, Taco 9g

17.00 @ 1 each	5.00	0.00	0.00	55.00	0.00	0.00	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
----------------	------	------	------	-------	------	------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M50287 COND PC Sauce, BBQ 12g

58.00 @ 1 each	15.00	0.00	0.00	160.00	0.00	0.00	4.00	0.00	0.00	0.00	-*	100.00	-*	-*	-*	0.60	-*	-*	-*	-*	-*	0.00	-*	0.00
----------------	-------	------	------	--------	------	------	------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	------	----	------

M55113 SDW BN, CHIXFLT BRD NASHVILLE WG 2.0 MWWM FUEL 04/18

24.00 @ 1 sandwich	390.43	2.02	4.66	773.07	12.11	27.92	45.60	27.36	49.94	3.54	19.45*	402.28	0.00*	0.18*	0.87*	3.19	0.00*	0.01*	0.06*	0.02*	0.00*	64.92	3.05*	3.07
--------------------	--------	------	------	--------	-------	-------	-------	-------	-------	------	--------	--------	-------	-------	-------	------	-------	-------	-------	-------	-------	-------	-------	------

<b>Average</b>	822.71	7.98	8.73	1443.33	28.48	31.16	102.82	40.11	61.38	10.62	322.95*	2647.1*	.14*	.18*	10.06*	54.19	.08*	.13*	.69*	.08*	.18*	551.53	31.24*	4.41
----------------	--------	------	------	---------	-------	-------	--------	-------	-------	-------	---------	---------	------	------	--------	-------	------	------	------	------	------	--------	--------	------

\* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Marcus 9th Gr

**Service Area:** Marcus 9th - 9-12 - OVS

**Menu Name:** Marcus 9th w/GSD 2018 Menu - cycle 4 - week 3

**Avg.Method:** Balanced

**Age Group:** Brkfst Grades K-12      **Period:** Breakfast      **Week:** 3      **Day:** Friday      **Count Type:** Forecasted      **Total No. of Customers:** 18

Weekly Std.	SFA		Na (mg)	Fat		CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)
	CAL	(g)		% of CAL	(g)																		
450.00-500.00		10.00	540.00																		100.00		

M51848 BRD: POPTARTS, Straw 1.76oz WG

9.00 @ 1 package	180.00	1.00	5.00	180.00	2.50	12.50	38.00	2.00	0.00	3.00	-*	500.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	100.00	-*	1.80
------------------	--------	------	------	--------	------	-------	-------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M52695 CHEESE, MZ String LF 1ea 1.0

9.00 @ 1 stick	60.00	2.00	30.00	200.01	3.00	45.00	1.00	7.00	10.00	0.00	0.00	200.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	200.01	-*	0.00
----------------	-------	------	-------	--------	------	-------	------	------	-------	------	------	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M66463 BURR 6" EGG CH BACON WG 1.5

5.00 @ 1 each	186.43	3.36	16.23	260.52	8.85	42.71	17.21	10.03	144.83	1.32	40.13*	286.10	0.00*	0.06*	1.20*	9.30	0.01*	0.01*	0.08*	0.04*	0.00*	139.26	6.48*	1.50
---------------	--------	------	-------	--------	------	-------	-------	-------	--------	------	--------	--------	-------	-------	-------	------	-------	-------	-------	-------	-------	--------	-------	------

M50435 CEREAL HOT, Oatmeal (1BG)

1.00 @ 1/2 cup	106.30	0.35	3.00	3.25	2.13	18.00	19.13	3.54	0.00	2.83	1.08*	0.00	0.00*	0.00*	0.00*	0.00	0.00*	0.00*	0.00*	0.00*	0.00*	3.25	0.00*	1.28
----------------	--------	------	------	------	------	-------	-------	------	------	------	-------	------	-------	-------	-------	------	-------	-------	-------	-------	-------	------	-------	------

M50209 COND\_Sugar, Cinnamon

1.00 @ 1 tablespoon	45.52	0.00	0.03	0.15	0.00	0.09	11.83	0.02	0.00	0.21	1.90	1.14	0.00	0.01	0.12	0.01	0.00	0.00	0.01	0.00	0.00	3.99	0.25	0.04
---------------------	-------	------	------	------	------	------	-------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------

M50208 CEREAL BWL, CinnTstCrnch RS WG

1.00 @ 1 bowl	110.00	0.50	4.09	160.00	3.00	24.54	22.00	1.00	0.00	3.00	-*	400.01	-*	-*	-*	4.80	-*	-*	-*	-*	-*	200.01	-*	3.60
---------------	--------	------	------	--------	------	-------	-------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M50442 CEREAL BWL, Cocoa Puffs RS WG

1.00 @ 1 bowl	110.05	0.00	0.00	160.08	1.50	12.27	25.01	2.00	0.00	2.00	-*	500.25	-*	-*	-*	6.00	-*	-*	-*	-*	-*	100.05	-*	4.50
---------------	--------	------	------	--------	------	-------	-------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M50524 CEREAL BWL, Lucky Charms WG

5.00 @ 1 bowl	110.00	0.00	0.00	180.00	1.00	8.18	23.00	2.00	0.00	2.00	-*	500.01	-*	-*	-*	6.00	-*	-*	-*	-*	-*	100.00	-*	4.50
---------------	--------	------	------	--------	------	------	-------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M52695 CHEESE, MZ String LF 1ea 1.0

6.00 @ 1 stick	60.00	2.00	30.00	200.01	3.00	45.00	1.00	7.00	10.00	0.00	0.00	200.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	200.01	-*	0.00
----------------	-------	------	-------	--------	------	-------	------	------	-------	------	------	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M52975 BRD: WAFFLE, RS SS WG (3.25BG)

5.00 @ 1 each	240.06	0.00	0.00	506.14	2.86	10.71	50.30	6.86	0.00	6.86	1.05*	0.00	0.00*	0.00*	0.00*	0.00	0.00*	0.00*	0.00*	0.00*	0.00*	288.94	0.00*	3.09
---------------	--------	------	------	--------	------	-------	-------	------	------	------	-------	------	-------	-------	-------	------	-------	-------	-------	-------	-------	--------	-------	------

M50543 FRUIT: BANANA (100-120ct) Whl

5.00 @ 1 each	93.95	0.12	1.13	1.06	0.35	3.34	24.11	1.15	0.00	2.74	377.91	67.56	0.00	0.11	0.53	9.18	0.03	0.08	0.70	0.39	0.00	5.28	23.22	0.27
---------------	-------	------	------	------	------	------	-------	------	------	------	--------	-------	------	------	------	------	------	------	------	------	------	------	-------	------

M50745 FRUIT: APPLES, Warm Cinn 1/2c

\* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Marcus 9th Gr

**Service Area:** Marcus 9th - 9-12 - OVS

**Menu Name:** Marcus 9th w/GSD 2018 Menu - cycle 4 - week 3

**Avg.Method:** Balanced

6.00 @ 1/2 cup	105.19	0.02	0.19	9.88	0.03	0.29	26.24	0.02	0.00	2.00	2.43*	0.93	0.00*	0.01*	0.06*	0.14	0.00*	0.00*	0.01*	0.00*	0.00*	2.28	0.46*	0.03
M50979 JUICE SS, Apple 100% 4oz Cart																								
12.00 @ 1 each	60.00	0.00	0.00	15.00	0.00	0.00	14.00	0.00	0.00	0.00	85.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50																								
5.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00
M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50																								
9.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00
M53222 COND PC Margarine 5g																								
1.00 @ 1 each	30.00	1.00	30.00	30.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	500.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M53221 COND PC Jelly, Grape Smucker																								
1.00 @ 1 each	35.00	0.00	0.00	5.00	0.00	0.00	9.00	0.00	0.00	0.00	0.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50056 COND PC Sauce, Taco 9g																								
1.00 @ 1 each	5.00	0.00	0.00	55.00	0.00	0.00	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50058 COND PC Syrup 1.4oz Smuckers																								
3.00 @ 1 each	110.00	0.00	0.00	25.00	0.00	0.00	29.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
<b>Average</b>	523.63	3.66	6.29	686.47	8.62	14.81	93.08	18.99	53.84	6.2	174.06*	1120.86	0*	.05*	.51*	8.72	.01*	.02*	.22*	.12*	0*	616.03	8.42*	4.03

\* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Marcus 9th Gr

**Service Area:** Marcus 9th - 9-12 - OVS

**Menu Name:** Marcus 9th w/GSD 2018 Menu - cycle 4 - week 3

**Avg.Method:** Balanced

**Age Group:** Lunch Grades 9-12      **Period:** Lunch      **Week:** 3      **Day:** Friday      **Count Type:** Forecasted      **Total No. of Customers:** 204

Weekly Std.	SFA		Na (mg)	Fat		CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)
	CAL	% of CAL		% of CAL	% of CAL																		
750.00-850.00		10.00	1420.00																		199.01		

M66591 TACO FISHSTIX(C) SOFT SLAWCRMYSRIRACHA WG 2.0 2EA

14.00 @ 2 each	426.39	3.04	6.42	681.22	17.26	36.43	50.83	17.03	45.42	3.72	177.55*	394.69*	0.00*	0.02*	0.31*	0.15*	0.00*	0.00*	0.02*	0.00*	0.00*	121.09	0.83*	2.45
----------------	--------	------	------	--------	-------	-------	-------	-------	-------	------	---------	---------	-------	-------	-------	-------	-------	-------	-------	-------	-------	--------	-------	------

M53486 SALAD, BfGd Taco SC SC 2.25

9.00 @ 1 each	250.92	5.75	20.61	209.61	12.15	43.59	16.97	19.72	55.59	3.64	422.46*	3881.04	0.91*	0.33*	41.52*	9.61	0.09*	0.15*	3.82*	0.31*	1.27*	151.54	154.55*	2.71
---------------	--------	------	-------	--------	-------	-------	-------	-------	-------	------	---------	---------	-------	-------	--------	------	-------	-------	-------	-------	-------	--------	---------	------

M54540 BRD: TORTILLA, CHIP RND WG 2BG

9.00 @ 1 serving	224.59	1.60	6.43	184.48	9.63	38.57	32.08	3.21	0.00	3.21	0.00	0.00	0.00	-*	-*	0.00	-*	-*	-*	-*	-*	48.13	-*	0.80
------------------	--------	------	------	--------	------	-------	-------	------	------	------	------	------	------	----	----	------	----	----	----	----	----	-------	----	------

M52043 PIZZA HUT PIZZA 6" EXPRESS CHZ SS 2.25

29.00 @ 1 pizza	374.18	4.99	12.01	685.27	13.41	32.25	38.44	24.92	24.70	4.27	-*	692.07	-*	-*	-*	5.36	-*	-*	-*	-*	-*	410.71	-*	2.57
-----------------	--------	------	-------	--------	-------	-------	-------	-------	-------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M53931 PIZZA HUT PIZZA 6" EXPRESS PEPP SS 2.0

74.00 @ 1 pizza	385.19	5.31	12.42	711.32	14.98	35.01	38.49	24.17	27.17	4.35	-*	662.85	-*	-*	-*	5.43	-*	-*	-*	-*	-*	354.34	-*	2.65
-----------------	--------	------	-------	--------	-------	-------	-------	-------	-------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M54307 PIZZA HUT PIZZA 6" EXPRESS SSG SS 2.25

16.00 @ 1 pizza	439.08	7.15	14.66	836.54	20.45	41.92	38.35	25.40	37.42	4.27	-*	689.00	-*	-*	-*	5.36	-*	-*	-*	-*	-*	356.37	-*	2.86
-----------------	--------	------	-------	--------	-------	-------	-------	-------	-------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M54310 PIZZA HUT PIZZA 6" EXPRESS BBQ CHIX SS 2.25

15.00 @ 1 pizza	400.94	4.66	10.46	805.79	13.17	29.57	42.83	27.77	38.53	4.36	-*	667.19	-*	-*	-*	5.81	-*	-*	-*	-*	-*	350.99	-*	2.67
-----------------	--------	------	-------	--------	-------	-------	-------	-------	-------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M54521 PIZZA HUT COND PC PEPPER RED CRUSHED 1G

9.00 @ 1 each	5.00	0.00	0.00	0.00	0.00	0.00	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
---------------	------	------	------	------	------	------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M54520 PIZZA HUT COND PC CHEESE GRATED 2.5G

38.00 @ 1 each	10.00	0.00	0.00	50.00	1.00	90.00	0.00	1.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
----------------	-------	------	------	-------	------	-------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M53275 MELT BD, AM WG 2.0

3.00 @ 1 sandwich	385.00	11.25	26.30	1320.00	19.50	45.58	32.50	18.50	62.50	2.00	-*	500.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	375.00	-*	2.16
-------------------	--------	-------	-------	---------	-------	-------	-------	-------	-------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M51680 BRD: ROLL DG, WG 2.5oz

70.00 @ 1 each	170.00	0.50	2.65	135.00	3.00	15.88	28.00	7.00	0.00	3.40	-*	0.01	-*	-*	-*	0.01	-*	-*	-*	-*	-*	12.70	-*	0.85
----------------	--------	------	------	--------	------	-------	-------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	-------	----	------

M53659 BURG, Beef AP100% 2.0

5.00 @ 1 each	270.00	3.00	10.00	345.00	10.00	33.33	28.00	17.00	35.00	2.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	40.00	-*	2.52
---------------	--------	------	-------	--------	-------	-------	-------	-------	-------	------	----	------	----	----	----	------	----	----	----	----	----	-------	----	------

\* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Marcus 9th Gr

**Service Area:** Marcus 9th - 9-12 - OVS

**Menu Name:** Marcus 9th w/GSD 2018 Menu - cycle 4 - week 3

**Avg.Method:** Balanced

M54370 BURG, BLACK BEAN AP WG 2.0

4.00 @ 1 each	300.00	1.00	3.00	710.00	9.00	27.00	42.00	19.00	5.00	7.00	280.00*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	80.00	-*	2.16
---------------	--------	------	------	--------	------	-------	-------	-------	------	------	---------	------	----	----	----	------	----	----	----	----	----	-------	----	------

M50479 SDW BD, Tky PV WG 2.0

3.00 @ 1 sandwich	320.00	5.50	15.47	790.01	11.00	30.94	33.00	22.00	45.00	2.00	40.00*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	232.01	-*	2.52
-------------------	--------	------	-------	--------	-------	-------	-------	-------	-------	------	--------	------	----	----	----	------	----	----	----	----	----	--------	----	------

M53347 SDW BD, SB WG 2.0

1.00 @ 1 sandwich	558.71	3.99	6.42	579.16	35.89	57.81	43.95	19.95	0.00	5.99	378.78*	0.00	0.00*	-*	-*	0.00	-*	-*	-*	-*	-*	59.81	-*	5.35
-------------------	--------	------	------	--------	-------	-------	-------	-------	------	------	---------	------	-------	----	----	------	----	----	----	----	----	-------	----	------

M50962 SDW BD, SBJ WG 2.0

2.00 @ 1 sandwich	658.38	3.99	5.45	579.16	35.89	49.06	69.87	19.95	0.00	5.99	378.78*	0.00	0.00*	-*	-*	0.00	-*	-*	-*	-*	-*	59.81	-*	5.35
-------------------	--------	------	------	--------	-------	-------	-------	-------	------	------	---------	------	-------	----	----	------	----	----	----	----	----	-------	----	------

M52708 BRD: ROLL DG, Sub 6" WG

14.00 @ 1 roll	170.00	0.50	2.65	180.00	3.00	15.88	28.00	6.00	0.00	3.00	-*	0.01	-*	-*	-*	0.01	-*	-*	-*	-*	-*	13.52	-*	1.45
----------------	--------	------	------	--------	------	-------	-------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	-------	----	------

M54775 BRD: CROISSANT, SLICED WG

10.00 @ 1 each	243.91	6.47	23.87	253.40	12.05	44.44	29.25	5.44	32.35	0.91	15.14	313.46	0.31	0.00	0.00	2.82	0.25	1.93	0.85	0.00	0.01	15.66	3.96	1.63
----------------	--------	------	-------	--------	-------	-------	-------	------	-------	------	-------	--------	------	------	------	------	------	------	------	------	------	-------	------	------

M66605 BRD: TORTILLA FLOUR 10" WG

6.00 @ 1 each	180.00	1.50	7.50	250.00	4.50	22.50	29.00	5.00	0.00	3.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	100.00	-*	1.44
---------------	--------	------	------	--------	------	-------	-------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	--------	----	------

M52782 BRD: FLATBREAD 2oz (2BG)

4.00 @ 1 each	180.00	1.00	5.00	310.00	5.00	25.00	28.00	5.00	0.00	2.69	-*	0.07	-*	-*	-*	0.07	-*	-*	-*	-*	-*	22.88	-*	0.83
---------------	--------	------	------	--------	------	-------	-------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	-------	----	------

M53393 TKY, Breast Sliced 1.0

13.00 @ 1 serving	60.00	0.50	7.50	220.00	2.00	30.00	2.00	9.00	25.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	20.00	-*	0.36
-------------------	-------	------	------	--------	------	-------	------	------	-------	------	----	------	----	----	----	------	----	----	----	----	----	-------	----	------

M53569 CHIX, BLACK FOREST HAM SLICED 1.0

11.00 @ 1 serving	80.00	1.50	16.88	330.00	4.50	50.63	2.00	8.00	40.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.36
-------------------	-------	------	-------	--------	------	-------	------	------	-------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M53894 CHIX DCD GRAPE DELI SALAD W 1.0

1.00 @ 1 No 16 Scoop	97.66	1.13	10.44	137.54	5.20	47.96	3.30	9.31	30.40	0.19	31.50*	37.52	0.00*	0.03*	2.59*	0.48	0.01*	0.01*	0.04*	0.01*	0.00*	3.87	2.52*	0.32
----------------------	-------	------	-------	--------	------	-------	------	------	-------	------	--------	-------	-------	-------	-------	------	-------	-------	-------	-------	-------	------	-------	------

M52455 FISH, Tuna Deli Salad B 1.0

3.00 @ 1 No 20 Scoop	105.01	1.34	11.46	146.76	7.60	65.14	0.28	7.63	18.49	0.13	19.78*	32.30	0.00*	0.02*	2.16*	0.31	0.00*	0.00*	0.02*	0.01*	0.00*	3.12	1.84*	0.20
----------------------	--------	------	-------	--------	------	-------	------	------	-------	------	--------	-------	-------	-------	-------	------	-------	-------	-------	-------	-------	------	-------	------

M51005 CHEESE, AM (184ct) Slices 1.0

7.00 @ 3 slice	134.99	6.75	45.00	599.97	10.50	70.00	1.50	7.50	37.50	0.00	-*	299.98	-*	-*	-*	0.00	-*	-*	-*	-*	-*	224.99	-*	0.00
----------------	--------	------	-------	--------	-------	-------	------	------	-------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M53381 CHEESE, CH Slices 1.0

\* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.





# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Marcus 9th Gr

**Service Area:** Marcus 9th - 9-12 - OVS

**Menu Name:** Marcus 9th w/GSD 2018 Menu - cycle 4 - week 3

**Avg.Method:** Balanced

5.00 @ 2 slice	110.01	5.00	40.91	180.01	9.00	73.64	1.00	6.00	30.00	0.00	20.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	199.01	-*	0.00
M50999 CHEESE, JK Slices 1.0																								
7.00 @ 2 slice	100.00	5.00	45.00	180.01	8.00	72.00	1.00	7.00	30.00	0.00	25.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	197.01	-*	0.00
M51003 CHEESE, PV Slices 1.0																								
6.00 @ 2 slice	100.00	5.00	45.00	250.01	7.00	63.00	1.00	7.00	20.00	0.00	40.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	212.01	-*	0.00
M51008 VEG: TOMATOES, FrsSI 1/8c(2sl)																								
12.00 @ 1/8 cup	5.10	0.01	1.40	1.42	0.06	10.00	1.10	0.25	0.00	0.34	67.18	236.14	0.00	0.15	2.24	3.88	0.01	0.01	0.17	0.02	0.00	2.83	6.80	0.08
M51017 VEG GARN: Rom Leaf 1ea																								
42.00 @ 1 each	2.41	0.01	2.06	1.13	0.04	15.88	0.47	0.17	0.00	0.30	35.01	1234.63	0.00	0.02	14.53	0.57	0.01	0.01	0.04	0.01	0.00	4.68	4.25	0.14
M51013 VEG: ONIONS, Red Slice 1ea																								
10.00 @ 1 slice	2.83	0.00	0.94	0.28	0.01	2.25	0.66	0.08	0.00	0.12	10.35	0.14	0.00	0.00	0.03	0.52	0.00	0.00	0.01	0.01	0.00	1.63	2.06	0.01
M50892 VEG: PEPPERS, Jalapeno CndTBSP																								
6.00 @ 1 tablespoon	3.12	0.00	0.00	240.96	0.09	27.20	0.48	0.09	0.00	0.26	19.38	-*	-*	-*	-*	1.00	-*	-*	-*	-*	-*	2.31	-*	0.19
M50893 VEG: PEPPERS, Banana Cnd TBSP																								
5.00 @ 1 tablespoon	1.71	0.00	2.08	203.78	0.02	10.42	0.31	0.07	0.00	0.09	-*	0.00	-*	-*	-*	4.33	-*	-*	-*	-*	-*	0.00	-*	0.03
M50176 COND_Pickle, Dill Slice 2ea																								
6.00 @ 2 slice	1.62	0.01	4.72	162.08	0.05	25.17	0.24	0.06	0.00	0.14	-*	0.00	-*	-*	-*	0.21	-*	-*	-*	-*	-*	8.65	-*	0.05
M50060 COND_Mayo W																								
20.00 @ 1 tablespoon	33.07	0.47	12.86	94.49	3.31	90.00	0.94	0.00	4.72	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M51676 COND_Mayo, Sriracha W																								
9.00 @ 1 tablespoon	31.38	0.43	12.28	120.79	3.00	86.13	1.21	0.02	4.28	0.00	-*	0.00	-*	-*	-*	0.01	-*	-*	-*	-*	-*	0.70	-*	0.00
M51391 COND_Mayo, Chipotle W																								
15.00 @ 1 tablespoon	26.11	0.35	12.21	91.53	2.49	85.73	0.96	0.01	3.54	0.01	0.00*	15.26	-*	-*	-*	0.40	-*	-*	-*	-*	-*	0.00	-*	0.00
M51427 COND_Sauce, Bistro SC W																								
3.00 @ 1 tablespoon	29.10	0.19	5.94	130.76	1.41	43.65	2.32	0.32	1.77	0.34	19.89*	10.07	0.00*	0.04*	6.39*	0.83	0.00*	0.01*	0.05*	0.00*	0.00*	8.86	2.29*	0.21
M52707 COND_Dressing, Ranch Homestyle																								

\* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Marcus 9th Gr

**Service Area:** Marcus 9th - 9-12 - OVS

**Menu Name:** Marcus 9th w/GSD 2018 Menu - cycle 4 - week 3

**Avg.Method:** Balanced

21.00 @ 1 tablespoon	50.00	0.75	13.50	134.99	5.50	99.00	0.50	0.50	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	10.00	-*	0.00
-------------------------	-------	------	-------	--------	------	-------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	-------	----	------

M53419 VEG: POTATO, FF CTINAGEN7 1/2C

29.00 @ 1/2 cup	119.99	1.33	10.00	133.32	4.67	35.00	17.33	2.00	0.00	2.00	259.98	0.00	-*	-*	-*	3.20	-*	-*	-*	-*	-*	0.00	-*	0.48
-----------------	--------	------	-------	--------	------	-------	-------	------	------	------	--------	------	----	----	----	------	----	----	----	----	----	------	----	------

M50543 FRUIT: BANANA (100-120ct) Whl

42.00 @ 1 each	93.95	0.12	1.13	1.06	0.35	3.34	24.11	1.15	0.00	2.74	377.91	67.56	0.00	0.11	0.53	9.18	0.03	0.08	0.70	0.39	0.00	5.28	23.22	0.27
----------------	-------	------	------	------	------	------	-------	------	------	------	--------	-------	------	------	------	------	------	------	------	------	------	------	-------	------

M50178 FRUIT: PINEAPPLE Tbits w/Jc1/2c

89.00 @ 1/2 cup	78.55	0.01	0.14	1.20	0.10	1.10	18.92	0.51	0.00	0.96	146.98	-*	-*	-*	-*	11.45	-*	-*	-*	-*	-*	16.87	-*	0.34
-----------------	-------	------	------	------	------	------	-------	------	------	------	--------	----	----	----	----	-------	----	----	----	----	----	-------	----	------

M50980 JUICE SS, Frt Bld 100% 4oz Crt

48.00 @ 1 each	60.00	0.00	0.00	10.00	0.00	0.00	14.00	0.00	0.00	0.00	100.00	0.00	-*	-*	-*	3.60	-*	-*	-*	-*	-*	0.00	-*	0.00
----------------	-------	------	------	-------	------	------	-------	------	------	------	--------	------	----	----	----	------	----	----	----	----	----	------	----	------

M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50

28.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00
------------------	--------	------	-------	--------	------	-------	-------	------	-------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50

103.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00
-------------------	--------	------	------	--------	------	------	-------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M53222 COND PC Margarine 5g

39.00 @ 1 each	30.00	1.00	30.00	30.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	500.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
----------------	-------	------	-------	-------	------	-------	------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	------	----	------

M50855 COND PC Ketchup 9g Heinz

80.00 @ 1 each	10.00	0.00	0.00	85.00	0.00	0.00	3.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
----------------	-------	------	------	-------	------	------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M50055 COND PC Mayonnaise 12g

49.00 @ 1 each	80.00	1.50	16.87	75.00	8.00	90.00	1.00	0.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
----------------	-------	------	-------	-------	------	-------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M50284 COND PC Mustard 6g

26.00 @ 1 each	0.00	0.00	-	65.00	0.00	-	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
----------------	------	------	---	-------	------	---	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M50685 COND\_DRESSING, VINAIGRETTE BALSAMIC

1.00 @ 1 tablespoon	30.00	0.25	7.50	95.00	2.50	75.00	2.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
------------------------	-------	------	------	-------	------	-------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M50623 COND PC Drsg Italian 12g

5.00 @ 1 each	30.00	0.00	0.00	130.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	100.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
---------------	-------	------	------	--------	------	-------	------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	------	----	------

M50624 COND PC Drsg Ranch 12g

164.00 @ 1 each	50.00	0.00	0.00	100.00	5.00	90.00	1.00	0.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
-----------------	-------	------	------	--------	------	-------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

\* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Marcus 9th Gr

**Service Area:** Marcus 9th - 9-12 - OVS

**Menu Name:** Marcus 9th w/GSD 2018 Menu - cycle 4 - week 3

**Avg.Method:** Balanced

M50056 COND PC Sauce, Taco 9g

19.00 @ 1 each	5.00	0.00	0.00	55.00	0.00	0.00	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
----------------	------	------	------	-------	------	------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M50287 COND PC Sauce, BBQ 12g

58.00 @ 1 each	15.00	0.00	0.00	160.00	0.00	0.00	4.00	0.00	0.00	0.00	-*	100.00	-*	-*	-*	0.60	-*	-*	-*	-*	-*	0.00	-*	0.00
----------------	-------	------	------	--------	------	------	------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	------	----	------

M55113 SDW BN, CHIXFLT BRD NASHVILLE WG 2.0 MWWW FUEL 04/18

24.00 @ 1 sandwich	390.43	2.02	4.66	773.07	12.11	27.92	45.60	27.36	49.94	3.54	19.45*	402.28	0.00*	0.18*	0.87*	3.19	0.00*	0.01*	0.06*	0.02*	0.00*	64.92	3.05*	3.07
--------------------	--------	------	------	--------	-------	-------	-------	-------	-------	------	--------	--------	-------	-------	-------	------	-------	-------	-------	-------	-------	-------	-------	------

<b>Average</b>	750.19	7.26	8.71	1249.46	27.66	33.18	89.75	34.94	54.01	7.08	263.42*	1452.06*	.06*	.07*	5.33*	14.39*	.03*	.12*	.38*	.1*	.06*	517.98	13.66*	3.57
----------------	--------	------	------	---------	-------	-------	-------	-------	-------	------	---------	----------	------	------	-------	--------	------	------	------	-----	------	--------	--------	------

\* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.