



DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Marcus HS

Service Area: Marcus - 9-12 - OVS

Menu Name: Marcus HS 2018-2019 Menu - cycle 1 - week 3

Avg.Method: Balanced

Age Group: Brkfst Grades K-12 **Period:** Breakfast **Week:** 3 **Day:** Monday **Count Type:** Forecasted **Total No. of Customers:** 100

Weekly Std.	SFA		Na (mg)	Fat		CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)	
	CAL	(g)		% of CAL	(g)																			% of CAL
450.00-500.00			540.00																			0.00		

M54487 BRD: DONUT HOLES, WG 6EA (2BG)

62.00 @ 6 each	263.98	6.00	20.45	287.98	14.40	49.09	28.80	4.80	0.00	2.40	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.86
----------------	--------	------	-------	--------	-------	-------	-------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M51320 CEREAL BWL, Rice Krispies WG

1.00 @ 1 bowl	100.00	0.00	0.00	170.00	0.50	4.50	23.00	2.00	0.00	1.00	-*	1000.03	-*	-*	-*	12.00	-*	-*	-*	-*	-*	0.00	-*	8.10
---------------	--------	------	------	--------	------	------	-------	------	------	------	----	---------	----	----	----	-------	----	----	----	----	----	------	----	------

M50440 CEREAL BWL, CinnTstCrnch WG

3.00 @ 1 bowl	110.00	0.50	4.09	160.00	3.00	24.55	22.00	1.00	0.00	2.00	50.05	400.00	-*	-*	-*	4.80	-*	-*	-*	-*	-*	80.00	-*	3.60
---------------	--------	------	------	--------	------	-------	-------	------	------	------	-------	--------	----	----	----	------	----	----	----	----	----	-------	----	------

M50442 CEREAL BWL, Cocoa Puffs RS WG

4.00 @ 1 bowl	110.05	0.00	0.00	160.08	1.50	12.27	25.01	2.00	0.00	2.00	-*	500.25	-*	-*	-*	6.00	-*	-*	-*	-*	-*	100.05	-*	4.50
---------------	--------	------	------	--------	------	-------	-------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M50524 CEREAL BWL, Lucky Charms WG

3.00 @ 1 bowl	110.00	0.00	0.00	180.00	1.00	8.18	23.00	2.00	0.00	2.00	-*	500.01	-*	-*	-*	6.00	-*	-*	-*	-*	-*	100.00	-*	4.50
---------------	--------	------	------	--------	------	------	-------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M50525 CEREAL BWL, Trix RS WG

2.00 @ 1 bowl	110.00	0.00	0.00	140.00	1.00	8.18	24.00	1.00	0.00	1.00	-*	400.01	-*	-*	-*	4.80	-*	-*	-*	-*	-*	80.00	-*	4.50
---------------	--------	------	------	--------	------	------	-------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	-------	----	------

M52725 BRD: BAR, Cereal CocoPuf WG IW

1.00 @ 1 each	150.00	0.00	0.00	100.00	3.00	18.00	30.00	3.00	0.00	3.00	-*	100.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	200.00	-*	1.80
---------------	--------	------	------	--------	------	-------	-------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M52724 BRD: BAR, Cereal CinnTst WG IW

1.00 @ 1 each	150.00	0.00	0.00	115.00	3.50	21.00	30.00	2.00	0.00	3.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	200.00	-*	1.80
---------------	--------	------	------	--------	------	-------	-------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	--------	----	------

M51267 BRD: MUF AP, BLUEBRY 2OZ IW WG (1BG)

2.00 @ 1 muffin	190.00	2.00	9.47	130.00	6.00	28.42	31.00	3.00	40.00	2.00	-*	100.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	20.00	-*	0.72
-----------------	--------	------	------	--------	------	-------	-------	------	-------	------	----	--------	----	----	----	------	----	----	----	----	----	-------	----	------

M51268 BRD: MUF AP, CHOC CHOC CHIP 2OZ IW WG (1BG)

2.00 @ 1 muffin	200.00	2.00	9.00	135.00	6.00	27.00	32.00	4.00	40.00	3.00	180.00	100.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	40.00	-*	1.44
-----------------	--------	------	------	--------	------	-------	-------	------	-------	------	--------	--------	----	----	----	------	----	----	----	----	----	-------	----	------

M51848 BRD: POPTARTS, Straw 1.76oz WG

5.00 @ 1 package	180.00	1.00	5.00	180.00	2.50	12.50	38.00	2.00	0.00	3.00	-*	500.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	100.00	-*	1.80
------------------	--------	------	------	--------	------	-------	-------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M51849 BRD: POPTARTS, Cinn 1.76oz WG

* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Marcus HS

Service Area: Marcus - 9-12 - OVS

Menu Name: Marcus HS 2018-2019 Menu - cycle 1 - week 3

Avg.Method: Balanced

2.00 @ 1 package	180.00	1.00	5.00	190.00	2.50	12.50	37.00	2.00	0.00	3.00	-*	500.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	100.00	-*	1.80
------------------	--------	------	------	--------	------	-------	-------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M51684 BRD: POPTARTS, Fudge 1.76oz WG

2.00 @ 1 package	180.00	1.00	5.00	190.00	3.00	15.00	38.00	3.00	0.00	3.00	-*	500.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	100.00	-*	1.80
------------------	--------	------	------	--------	------	-------	-------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M51994 CHEESE, COLBY JK Stick 1ea 1.0

9.00 @ 1 stick	90.00	4.00	40.00	200.01	6.00	60.00	0.00	7.00	20.00	0.00	0.00	200.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	200.01	-*	0.00
----------------	-------	------	-------	--------	------	-------	------	------	-------	------	------	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M50792 YOGURT SS, Trix Strawb/Ban 4oz

3.00 @ 1 each	80.00	0.00	0.00	60.00	0.50	5.63	15.00	4.00	5.00	0.00	140.00	500.04	-*	-*	-*	0.00	-*	-*	-*	-*	-*	100.01	-*	0.00
---------------	-------	------	------	-------	------	------	-------	------	------	------	--------	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M51237 BRD: BREAD WG, Tst Marg 1sl

14.00 @ 1 slice	110.00	1.33	10.91	160.00	4.33	35.45	15.00	3.00	0.00	1.00	1.33*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	1.08
-----------------	--------	------	-------	--------	------	-------	-------	------	------	------	-------	------	----	----	----	------	----	----	----	----	----	------	----	------

M50670 EGG: Hard Boiled FC AP 1.5

2.00 @ 1 each	80.00	1.50	16.88	60.00	5.00	56.25	1.00	6.00	185.00	0.00	-*	300.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	20.00	-*	0.72
---------------	-------	------	-------	-------	------	-------	------	------	--------	------	----	--------	----	----	----	------	----	----	----	----	----	-------	----	------

M52975 BRD: WAFFLE, RS SS WG (3.25BG)

10.00 @ 1 each	240.06	0.00	0.00	506.14	2.86	10.71	50.30	6.86	0.00	6.86	1.05*	0.00	0.00*	0.00*	0.00*	0.00	0.00*	0.00*	0.00*	0.00*	0.00*	288.94	0.00*	3.09
----------------	--------	------	------	--------	------	-------	-------	------	------	------	-------	------	-------	-------	-------	------	-------	-------	-------	-------	-------	--------	-------	------

M52657 FRUIT: BLUEBERRIES, Fz 1/8c

1.00 @ 1/8 cup	8.89	0.01	0.94	0.17	0.11	11.29	2.12	0.07	0.00	0.47	9.41	8.01	0.00	0.08	2.86	0.44	0.01	0.01	0.09	0.01	0.00	1.39	1.92	0.03
----------------	------	------	------	------	------	-------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------

M53629 FRUIT: STRAWBERRIES, Frsh 1/8c

1.00 @ 1/8 cup	6.14	0.00	0.42	0.19	0.06	8.44	1.47	0.13	0.00	0.38	29.37	2.30	0.00	0.06	0.42	11.29	0.00	0.00	0.07	0.01	0.00	3.07	4.61	0.08
----------------	------	------	------	------	------	------	------	------	------	------	-------	------	------	------	------	-------	------	------	------	------	------	------	------	------

M52817 DESRT: TOPPING, CHOCOLATE CHIPS SEMISWT (TBSP)

6.00 @ 1 tablespoon	51.03	1.89	33.28	1.17	3.19	56.25	6.79	0.45	0.00	0.63	38.80	0.00	0.00	0.03	0.60	0.00	0.01	0.01	0.05	0.00	0.00	3.40	14.03	0.33
---------------------	-------	------	-------	------	------	-------	------	------	------	------	-------	------	------	------	------	------	------	------	------	------	------	------	-------	------

M52816 DESRT: TOPPING, Whipd NonDairy

8.00 @ 1 tablespoon	13.47	1.00	66.56	0.81	1.00	67.06	1.06	0.05	0.01	0.01	-*	0.20	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.15	-*	0.00
---------------------	-------	------	-------	------	------	-------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M66601 FRUIT: PEARS 135CT WHOLE 1/2C

15.00 @ 1 each	77.53	0.03	0.35	1.36	0.19	2.21	20.71	0.49	0.00	4.22	157.77	34.00	0.00	0.16	5.98	5.85	0.02	0.04	0.22	0.04	0.00	12.24	16.32	0.24
----------------	-------	------	------	------	------	------	-------	------	------	------	--------	-------	------	------	------	------	------	------	------	------	------	-------	-------	------

M52268 FRUIT: PEACHES Dice w/Jc 1/2c

25.00 @ 1/2 cup	50.83	0.00	0.00	10.17	0.00	0.00	12.20	0.00	0.00	0.00	182.98	304.97	-*	-*	-*	1.22	-*	-*	-*	-*	-*	0.00	-*	0.00
-----------------	-------	------	------	-------	------	------	-------	------	------	------	--------	--------	----	----	----	------	----	----	----	----	----	------	----	------

M50980 JUICE SS, Frt Bld 100% 4oz Crt

60.00 @ 1 each	60.00	0.00	0.00	10.00	0.00	0.00	14.00	0.00	0.00	0.00	100.00	0.00	-*	-*	-*	3.60	-*	-*	-*	-*	-*	0.00	-*	0.00
----------------	-------	------	------	-------	------	------	-------	------	------	------	--------	------	----	----	----	------	----	----	----	----	----	------	----	------

* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Marcus HS

Service Area: Marcus - 9-12 - OVS

Menu Name: Marcus HS 2018-2019 Menu - cycle 1 - week 3

Avg.Method: Balanced

M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50

20.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00
------------------	--------	------	-------	--------	------	-------	-------	------	-------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50

60.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00
------------------	--------	------	------	--------	------	------	-------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M53222 COND PC Margarine 5g

20.00 @ 1 each	30.00	1.00	30.00	30.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	500.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
----------------	-------	------	-------	-------	------	-------	------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	------	----	------

M50854 COND PC Jelly, #4 Smuckers

10.00 @ 1 each	35.00	0.00	0.00	5.00	0.00	0.00	9.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
----------------	-------	------	------	------	------	------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M50056 COND PC Sauce, Taco 9g

1.00 @ 1 each	5.00	0.00	0.00	55.00	0.00	0.00	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
---------------	------	------	------	-------	------	------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M50058 COND PC Syrup 1.4oz Smuckers

15.00 @ 1 each	110.00	0.00	0.00	25.00	0.00	0.00	29.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
----------------	--------	------	------	-------	------	------	-------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

Average	441.05	5.18	10.57	471.4	12.62	25.76	68.72	12.06	12.25	3.65	141.72*	735.48	0*	.03*	.97*	5.45	0*	.01*	.04*	.01*	0*	317.6	3.36*	1.9
----------------	--------	------	-------	-------	-------	-------	-------	-------	-------	------	---------	--------	----	------	------	------	----	------	------	------	----	-------	-------	-----

* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Marcus HS

Service Area: Marcus - 9-12 - OVS

Menu Name: Marcus HS 2018-2019 Menu - cycle 1 - week 3

Avg.Method: Balanced

Age Group: Lunch Grades 9-12 **Period:** Lunch **Week:** 3 **Day:** Monday **Count Type:** Forecasted **Total No. of Customers:** 100

Weekly Std.	SFA		Na (mg)	Fat		CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)
	CAL	(g)		% of CAL	(g)																		
750.00-850.00		10.00	1420.00																		300.00		

M51338 MELT BD, AM Bacon WG 2.0

18.00 @ 1 sandwich	424.23	12.27	26.03	1426.72	22.48	47.69	32.73	21.40	71.52	2.00	-*	500.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	375.00	-*	2.24
--------------------	--------	-------	-------	---------	-------	-------	-------	-------	-------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M52184 SALAD, CHam Tky Cobb SCW2.25

5.00 @ 1 each	188.39	5.07	24.22	436.22	11.26	53.79	5.84	16.30	141.66	1.26	146.57*	5267.02	0.00*	0.12*	43.60*	7.46	0.04*	0.04*	0.25*	0.06*	0.00*	140.43	17.48*	1.30
---------------	--------	------	-------	--------	-------	-------	------	-------	--------	------	---------	---------	-------	-------	--------	------	-------	-------	-------	-------	-------	--------	--------	------

M51680 BRD: ROLL DG, WG 2.5oz

5.00 @ 1 each	170.00	0.50	2.65	135.00	3.00	15.88	28.00	7.00	0.00	3.40	-*	0.01	-*	-*	-*	0.01	-*	-*	-*	-*	-*	12.70	-*	0.85
---------------	--------	------	------	--------	------	-------	-------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	-------	----	------

M52043 PIZZA HUT PIZZA 6" EXPRESS CHZ SS 2.25

4.00 @ 1 pizza	374.18	4.99	12.01	685.27	13.41	32.25	38.44	24.92	24.70	4.27	-*	692.07	-*	-*	-*	5.36	-*	-*	-*	-*	-*	410.71	-*	2.57
----------------	--------	------	-------	--------	-------	-------	-------	-------	-------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M53931 PIZZA HUT PIZZA 6" EXPRESS PEPP SS 2.0

4.00 @ 1 pizza	385.19	5.31	12.42	711.32	14.98	35.01	38.49	24.17	27.17	4.35	-*	662.85	-*	-*	-*	5.43	-*	-*	-*	-*	-*	354.34	-*	2.65
----------------	--------	------	-------	--------	-------	-------	-------	-------	-------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M54307 PIZZA HUT PIZZA 6" EXPRESS SSG SS 2.25

5.00 @ 1 pizza	439.08	7.15	14.66	836.54	20.45	41.92	38.35	25.40	37.42	4.27	-*	689.00	-*	-*	-*	5.36	-*	-*	-*	-*	-*	356.37	-*	2.86
----------------	--------	------	-------	--------	-------	-------	-------	-------	-------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M54310 PIZZA HUT PIZZA 6" EXPRESS BBQ CHIX SS 2.25

2.00 @ 1 pizza	400.94	4.66	10.46	805.79	13.17	29.57	42.83	27.77	38.53	4.36	-*	667.19	-*	-*	-*	5.81	-*	-*	-*	-*	-*	350.99	-*	2.67
----------------	--------	------	-------	--------	-------	-------	-------	-------	-------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M54520 PIZZA HUT COND PC CHEESE GRATED 2.5G

10.00 @ 1 each	10.00	0.00	0.00	50.00	1.00	90.00	0.00	1.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
----------------	-------	------	------	-------	------	-------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M54521 PIZZA HUT COND PC PEPPER RED CRUSHED 1G

10.00 @ 1 each	5.00	0.00	0.00	0.00	0.00	0.00	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
----------------	------	------	------	------	------	------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M52963 CHIX Popcorn, AP WG 2.0

3.00 @ 1 serving	250.19	2.72	9.78	380.72	14.14	50.87	15.23	15.23	21.76	3.26	-*	108.78	-*	-*	-*	0.00	-*	-*	-*	-*	-*	43.51	-*	1.96
------------------	--------	------	------	--------	-------	-------	-------	-------	-------	------	----	--------	----	----	----	------	----	----	----	----	----	-------	----	------

M51753 CHIX Popcorn, AP Spicy WG 2.0

4.00 @ 1 serving	247.14	2.69	9.78	365.34	13.97	50.87	16.12	13.97	21.49	2.15	-*	107.45	-*	-*	-*	0.00	-*	-*	-*	-*	-*	42.98	-*	1.93
------------------	--------	------	------	--------	-------	-------	-------	-------	-------	------	----	--------	----	----	----	------	----	----	----	----	----	-------	----	------

M54482 CHIX NUGGET, BNLS WING HONEY SRIRACHA WG (6) 2.0 MWWW

* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Marcus HS

Service Area: Marcus - 9-12 - OVS

Menu Name: Marcus HS 2018-2019 Menu - cycle 1 - week 3

Avg.Method: Balanced

3.00 @ 6 each	284.98	2.25	7.11	374.97	13.50	42.63	21.00	22.50	52.50	1.50	-*	299.98	-*	-*	-*	1.80	-*	-*	-*	-*	-*	0.00	-*	1.62
M51680 BRD: ROLL DG, WG 2.5oz																								
10.00 @ 1 each	170.00	0.50	2.65	135.00	3.00	15.88	28.00	7.00	0.00	3.40	-*	0.01	-*	-*	-*	0.01	-*	-*	-*	-*	-*	12.70	-*	0.85
M51951 HOT DOG, Plain WG 2.0 Hi																								
2.00 @ 1 each	320.00	8.00	22.50	890.01	18.00	50.62	28.00	11.00	35.00	2.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	40.00	-*	1.80
M55774 STICKS, MAX SNAX PIZZA W/MARINARA AP WG 2.0																								
2.00 @ 2 each	319.87	2.00	5.63	649.89	9.00	25.32	39.98	18.00	10.00	4.00	-*	898.95	-*	-*	-*	8.98	-*	-*	-*	-*	-*	439.92	-*	3.24
M54308 STICKS, CRISPITO CHIXCHILI AP WG 2.0 (2EA)																								
3.00 @ 2 each	540.00	6.00	10.00	740.00	28.00	46.67	46.00	24.00	50.00	6.00	-*	1500.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	80.00	-*	3.60
M51189 COND_Sauce, Chz SS W (LOL) .5																								
3.00 @ 2 fl oz	99.97	4.50	40.50	399.86	7.00	63.00	3.00	5.00	19.99	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	149.95	-*	0.00
M51228 BRD: BUN, Hamburger WG																								
15.00 @ 1 each	140.00	0.00	0.00	300.00	2.00	12.86	27.00	5.00	0.00	2.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	40.00	-*	1.44
M51648 BEEF Pty, AP 100% 2.0																								
8.00 @ 1 each	130.00	3.00	20.77	45.00	8.00	55.39	1.00	12.00	35.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	1.08
M51359 CHIX FLT, BREAST GRLD 2.0 MWWM																								
1.00 @ 1 each	100.00	1.00	9.00	310.00	4.00	36.00	1.00	15.00	40.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.72
M51935 CHIX FLT, BREAST BRD WG 2.0 MWWM																								
3.00 @ 1 each	199.76	1.50	6.75	289.65	8.99	40.50	8.99	18.98	44.95	3.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	1.08
M51936 CHIX FLT, BREAST BRD SPICY WG 2.0 MWWM																								
3.00 @ 1 each	229.84	2.00	7.82	479.66	9.99	39.13	14.99	20.99	49.96	1.00	-*	99.93	-*	-*	-*	0.00	-*	-*	-*	-*	-*	19.99	-*	1.44
M51005 CHEESE, AM (184ct) Slices 1.0																								
2.00 @ 3 slice	134.99	6.75	45.00	599.97	10.50	70.00	1.50	7.50	37.50	0.00	-*	299.98	-*	-*	-*	0.00	-*	-*	-*	-*	-*	224.99	-*	0.00
M53381 CHEESE, CH Slices 1.0																								
2.00 @ 2 slice	110.01	5.00	40.91	180.01	9.00	73.64	1.00	6.00	30.00	0.00	20.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	199.01	-*	0.00
M53385 CHEESE, SW Slices 1.0																								
2.00 @ 2 slice	110.01	5.00	40.91	50.00	9.00	73.64	0.00	8.00	25.00	0.00	20.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	249.01	-*	0.00
M50999 CHEESE, JK Slices 1.0																								

* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Marcus HS

Service Area: Marcus - 9-12 - OVS

Menu Name: Marcus HS 2018-2019 Menu - cycle 1 - week 3

Avg.Method: Balanced

2.00 @ 2 slice	100.00	5.00	45.00	180.01	8.00	72.00	1.00	7.00	30.00	0.00	25.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	197.01	-*	0.00
M51003 CHEESE, PV Slices 1.0																								
2.00 @ 2 slice	100.00	5.00	45.00	250.01	7.00	63.00	1.00	7.00	20.00	0.00	40.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	212.01	-*	0.00
M51017 VEG GARN: Rom Leaf 1ea																								
4.00 @ 1 each	2.41	0.01	2.06	1.13	0.04	15.88	0.47	0.17	0.00	0.30	35.01	1234.63	0.00	0.02	14.53	0.57	0.01	0.01	0.04	0.01	0.00	4.68	4.25	0.14
M51008 VEG: TOMATOES, FRESH SLCD (2SL) 1/8C																								
4.00 @ 1/8 cup	5.10	0.01	1.40	1.42	0.06	10.00	1.10	0.25	0.00	0.34	67.18	236.14	0.00	0.15	2.24	3.88	0.01	0.01	0.17	0.02	0.00	2.83	6.80	0.08
M51013 VEG: ONIONS, Red Slice 1ea																								
2.00 @ 1 slice	2.83	0.00	0.94	0.28	0.01	2.25	0.66	0.08	0.00	0.12	10.35	0.14	0.00	0.00	0.03	0.52	0.00	0.00	0.01	0.01	0.00	1.63	2.06	0.01
M50892 COND_PEPPERS, JALAPENO CND TBSP																								
2.00 @ 1 tablespoon	3.12	0.00	0.00	240.96	0.09	27.20	0.48	0.09	0.00	0.26	19.38	-*	-*	-*	-*	1.00	-*	-*	-*	-*	-*	2.31	-*	0.19
M50176 COND_Pickle, Dill Slice 2ea																								
5.00 @ 2 slice	1.62	0.01	4.72	162.08	0.05	25.17	0.24	0.06	0.00	0.14	-*	0.00	-*	-*	-*	0.21	-*	-*	-*	-*	-*	8.65	-*	0.05
M51530 SUB 6" FZ, Tky SW WG 2.0																								
2.00 @ 1 sandwich	349.93	6.02	15.48	453.69	14.14	36.37	32.04	23.60	50.00	3.94	157.21*	2705.43	0.00*	0.19*	31.30*	5.03	0.03*	0.02*	0.26*	0.04*	0.00*	294.72	15.31*	2.16
M50962 SDW BD, SBJ WG 2.0																								
1.00 @ 1 sandwich	658.38	3.99	5.45	579.16	35.89	49.06	69.87	19.95	0.00	5.99	378.78*	0.00	0.00*	-*	-*	0.00	-*	-*	-*	-*	-*	59.81	-*	5.35
M53347 SDW BD, SB WG 2.0																								
1.00 @ 1 sandwich	558.71	3.99	6.42	579.16	35.89	57.81	43.95	19.95	0.00	5.99	378.78*	0.00	0.00*	-*	-*	0.00	-*	-*	-*	-*	-*	59.81	-*	5.35
M52708 BRD: ROLL DG, Sub 6" WG																								
4.00 @ 1 roll	170.00	0.50	2.65	180.00	3.00	15.88	28.00	6.00	0.00	3.00	-*	0.01	-*	-*	-*	0.01	-*	-*	-*	-*	-*	13.52	-*	1.45
M52782 BRD: FLATBREAD 6" X 6" 2OZ WG (2BG)																								
3.00 @ 1 each	180.00	1.00	5.00	310.00	5.00	25.00	28.00	5.00	0.00	2.69	-*	0.07	-*	-*	-*	0.07	-*	-*	-*	-*	-*	22.88	-*	0.83
M54775 BRD: CROISSANT, SLICED WG																								
3.00 @ 1 each	243.91	6.47	23.87	253.40	12.05	44.44	29.25	5.44	32.35	0.91	15.14	313.46	0.31	0.00	0.00	2.82	0.25	1.93	0.85	0.00	0.01	15.66	3.96	1.63
M53393 TKY, Breast Sliced 1.0																								
6.00 @ 1 serving	60.00	0.50	7.50	220.00	2.00	30.00	2.00	9.00	25.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	20.00	-*	0.36
M53569 CHIX, BLACK FOREST HAM SLICED 1.0																								

* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Marcus HS

Service Area: Marcus - 9-12 - OVS

Menu Name: Marcus HS 2018-2019 Menu - cycle 1 - week 3

Avg.Method: Balanced

2.00 @ 1 serving	80.00	1.50	16.88	330.00	4.50	50.63	2.00	8.00	40.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.36
------------------	-------	------	-------	--------	------	-------	------	------	-------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M51976 CHIX Dcd Deli Salad W 1.0

2.00 @ 1 No 16 Scoop	76.63	0.94	10.98	129.00	4.42	51.89	1.48	6.99	24.65	0.18	27.40*	47.33	0.00*	0.03*	2.98*	0.37	0.00*	0.01*	0.03*	0.01*	0.00*	4.41	2.64*	0.30
----------------------	-------	------	-------	--------	------	-------	------	------	-------	------	--------	-------	-------	-------	-------	------	-------	-------	-------	-------	-------	------	-------	------

M51005 CHEESE, AM (184ct) Slices 1.0

2.00 @ 3 slice	134.99	6.75	45.00	599.97	10.50	70.00	1.50	7.50	37.50	0.00	-*	299.98	-*	-*	-*	0.00	-*	-*	-*	-*	-*	224.99	-*	0.00
----------------	--------	------	-------	--------	-------	-------	------	------	-------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M53381 CHEESE, CH Slices 1.0

2.00 @ 2 slice	110.01	5.00	40.91	180.01	9.00	73.64	1.00	6.00	30.00	0.00	20.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	199.01	-*	0.00
----------------	--------	------	-------	--------	------	-------	------	------	-------	------	-------	------	----	----	----	------	----	----	----	----	----	--------	----	------

M53385 CHEESE, SW Slices 1.0

1.00 @ 2 slice	110.01	5.00	40.91	50.00	9.00	73.64	0.00	8.00	25.00	0.00	20.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	249.01	-*	0.00
----------------	--------	------	-------	-------	------	-------	------	------	-------	------	-------	------	----	----	----	------	----	----	----	----	----	--------	----	------

M50999 CHEESE, JK Slices 1.0

1.00 @ 2 slice	100.00	5.00	45.00	180.01	8.00	72.00	1.00	7.00	30.00	0.00	25.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	197.01	-*	0.00
----------------	--------	------	-------	--------	------	-------	------	------	-------	------	-------	------	----	----	----	------	----	----	----	----	----	--------	----	------

M51003 CHEESE, PV Slices 1.0

1.00 @ 2 slice	100.00	5.00	45.00	250.01	7.00	63.00	1.00	7.00	20.00	0.00	40.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	212.01	-*	0.00
----------------	--------	------	-------	--------	------	-------	------	------	-------	------	-------	------	----	----	----	------	----	----	----	----	----	--------	----	------

M51017 VEG GARN: Rom Leaf 1ea

4.00 @ 1 each	2.41	0.01	2.06	1.13	0.04	15.88	0.47	0.17	0.00	0.30	35.01	1234.63	0.00	0.02	14.53	0.57	0.01	0.01	0.04	0.01	0.00	4.68	4.25	0.14
---------------	------	------	------	------	------	-------	------	------	------	------	-------	---------	------	------	-------	------	------	------	------	------	------	------	------	------

M51008 VEG: TOMATOES, FRESH SLCD (2SL) 1/8C

4.00 @ 1/8 cup	5.10	0.01	1.40	1.42	0.06	10.00	1.10	0.25	0.00	0.34	67.18	236.14	0.00	0.15	2.24	3.88	0.01	0.01	0.17	0.02	0.00	2.83	6.80	0.08
----------------	------	------	------	------	------	-------	------	------	------	------	-------	--------	------	------	------	------	------	------	------	------	------	------	------	------

M51013 VEG: ONIONS, Red Slice 1ea

2.00 @ 1 slice	2.83	0.00	0.94	0.28	0.01	2.25	0.66	0.08	0.00	0.12	10.35	0.14	0.00	0.00	0.03	0.52	0.00	0.00	0.01	0.01	0.00	1.63	2.06	0.01
----------------	------	------	------	------	------	------	------	------	------	------	-------	------	------	------	------	------	------	------	------	------	------	------	------	------

M52162 VEG: SPINACH, FRESH LEAVES 1/4C

2.00 @ 1/4 cup	3.12	0.01	2.47	10.73	0.05	15.26	0.49	0.39	0.00	0.30	75.79	1273.70	0.00	0.28	65.59	3.82	0.01	0.03	0.10	0.03	0.00	13.45	6.66	0.37
----------------	------	------	------	-------	------	-------	------	------	------	------	-------	---------	------	------	-------	------	------	------	------	------	------	-------	------	------

M52661 VEG: CUCUMBER, Fresh Slice1/8c

2.00 @ 1/8 cup	2.75	0.01	2.22	0.37	0.02	6.60	0.66	0.12	0.00	0.09	26.91	19.22	0.00	0.01	3.00	0.51	0.00	0.01	0.02	0.01	0.00	2.93	4.39	0.05
----------------	------	------	------	------	------	------	------	------	------	------	-------	-------	------	------	------	------	------	------	------	------	------	------	------	------

M53523 VEG: PEPPERS, Red Strips1/4c

2.00 @ 1/4 cup	7.78	0.01	0.78	1.00	0.08	8.71	1.51	0.25	0.00	0.53	52.96	785.87	0.00	0.40	1.23	32.05	0.01	0.02	0.25	0.07	0.00	1.76	6.53	0.11
----------------	------	------	------	------	------	------	------	------	------	------	-------	--------	------	------	------	-------	------	------	------	------	------	------	------	------

M50891 COND_OLIVES, BLACK SLICED TBSP

1.00 @ 1 tablespoon	14.04	0.17	10.96	58.74	1.27	81.48	0.52	0.13	0.00	0.31	-*	5.23	-*	-*	-*	0.21	-*	-*	-*	-*	-*	7.97	-*	0.18
---------------------	-------	------	-------	-------	------	-------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Marcus HS

Service Area: Marcus - 9-12 - OVS

Menu Name: Marcus HS 2018-2019 Menu - cycle 1 - week 3

Avg.Method: Balanced

M50176 COND_Pickle, Dill Slice 2ea

4.00 @ 2 slice	1.62	0.01	4.72	162.08	0.05	25.17	0.24	0.06	0.00	0.14	-*	0.00	-*	-*	-*	0.21	-*	-*	-*	-*	-*	8.65	-*	0.05
----------------	------	------	------	--------	------	-------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M66605 BRD: TORTILLA FLOUR 10" WG

3.00 @ 1 each	180.00	1.50	7.50	250.00	4.50	22.50	29.00	5.00	0.00	3.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	100.00	-*	1.44
---------------	--------	------	------	--------	------	-------	-------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	--------	----	------

M66461 BRD: TORTILLA FLOUR 6" WG

4.00 @ 2 each	180.00	1.00	5.00	250.00	5.00	25.00	28.00	6.00	0.00	2.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	120.00	-*	1.44
---------------	--------	------	------	--------	------	-------	-------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	--------	----	------

M54540 BRD: TORTILLA, CHIP RND WG 2BG

6.00 @ 1 serving	224.59	1.60	6.43	184.48	9.63	38.57	32.08	3.21	0.00	3.21	0.00	0.00	0.00	-*	-*	0.00	-*	-*	-*	-*	-*	48.13	-*	0.80
------------------	--------	------	------	--------	------	-------	-------	------	------	------	------	------	------	----	----	------	----	----	----	----	----	-------	----	------

M52605 RICE, Cilantro WG 2BG

2.00 @ 1 cup	235.20	0.43	1.64	190.28	1.79	6.83	47.44	4.99	0.00	2.02	133.62*	90.09	0.00*	0.03*	2.94*	0.62	0.00*	0.00*	0.02*	0.00*	0.00*	12.88	1.10*	0.49
--------------	--------	------	------	--------	------	------	-------	------	------	------	---------	-------	-------	-------	-------	------	-------	-------	-------	-------	-------	-------	-------	------

M51175 BEEF Gd, Taco Meat SC 1.0

7.00 @ 1 No 24 Scoop	78.71	1.65	18.88	56.06	4.38	50.12	1.22	8.02	25.24	0.15	122.30*	121.25	0.57*	0.08*	0.61*	1.55	0.01*	0.06*	1.81*	0.13*	0.79*	9.04	69.27*	1.00
----------------------	-------	------	-------	-------	------	-------	------	------	-------	------	---------	--------	-------	-------	-------	------	-------	-------	-------	-------	-------	------	--------	------

M52584 CHIX Strips, Fajita DkMt 1.0

6.00 @ 2 fl oz	76.93	1.01	11.78	124.77	3.56	41.66	1.34	10.09	35.00	0.09	9.12*	46.95	0.00*	0.07*	0.17*	0.02	0.00*	0.00*	0.03*	0.01*	0.00*	12.26	2.39*	0.69
----------------	-------	------	-------	--------	------	-------	------	-------	-------	------	-------	-------	-------	-------	-------	------	-------	-------	-------	-------	-------	-------	-------	------

M67585 MMA: BEANS, PINTO KICKIN' 1.0

2.00 @ 1/4 cup	66.95	0.08	1.11	99.41	0.39	5.30	12.53	3.13	0.59	2.52	0.10*	60.68	0.00*	0.00*	0.00*	1.23	0.00*	0.00*	0.00*	0.00*	0.00*	32.08	0.00*	0.85
----------------	-------	------	------	-------	------	------	-------	------	------	------	-------	-------	-------	-------	-------	------	-------	-------	-------	-------	-------	-------	-------	------

M53386 CHEESE, CH Shreds 1.0

7.00 @ 2 fl oz	110.00	6.00	49.09	189.99	9.00	73.64	1.00	7.00	30.00	0.00	0.00	280.99	-*	-*	-*	0.00	-*	-*	-*	-*	-*	201.99	-*	0.19
----------------	--------	------	-------	--------	------	-------	------	------	-------	------	------	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M50921 COND_Sauce, Chz SS W (LOL) 1.0

8.00 @ 3 fl oz	149.95	6.75	40.50	599.79	10.50	63.00	4.50	7.50	29.99	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	224.92	-*	0.00
----------------	--------	------	-------	--------	-------	-------	------	------	-------	------	----	------	----	----	----	------	----	----	----	----	----	--------	----	------

M51420 VEG GARN: Rom Shrds/Tom Dice

3.00 @ 1 serving	5.03	0.01	1.56	1.63	0.06	11.41	1.06	0.27	0.00	0.40	67.90	794.43	0.00	0.12	8.94	3.20	0.01	0.01	0.15	0.02	0.00	4.47	7.23	0.13
------------------	------	------	------	------	------	-------	------	------	------	------	-------	--------	------	------	------	------	------	------	------	------	------	------	------	------

M52379 VEG: ONIONS, Yellow Diced 1/8c

3.00 @ 1/8 cup	8.62	0.01	0.94	0.86	0.02	2.25	2.01	0.24	0.00	0.37	31.47	0.43	0.00	0.00	0.09	1.60	0.01	0.01	0.03	0.03	0.00	4.96	6.25	0.05
----------------	------	------	------	------	------	------	------	------	------	------	-------	------	------	------	------	------	------	------	------	------	------	------	------	------

M50892 COND_PEPPERS, JALAPENO CND TBSP

3.00 @ 1 tablespoon	3.12	0.00	0.00	240.96	0.09	27.20	0.48	0.09	0.00	0.26	19.38	-*	-*	-*	-*	1.00	-*	-*	-*	-*	-*	2.31	-*	0.19
---------------------	------	------	------	--------	------	-------	------	------	------	------	-------	----	----	----	----	------	----	----	----	----	----	------	----	------

M50891 COND_OLIVES, BLACK SLICED TBSP

* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Marcus HS

Service Area: Marcus - 9-12 - OVS

Menu Name: Marcus HS 2018-2019 Menu - cycle 1 - week 3

Avg.Method: Balanced

3.00 @ 1 tablespoon	14.04	0.17	10.96	58.74	1.27	81.48	0.52	0.13	0.00	0.31	-*	5.23	-*	-*	-*	0.21	-*	-*	-*	-*	-*	7.97	-*	0.18
M55430 COND_HERB, CILANTRO																								
3.00 @ 1 tablespoon	0.82	0.00	0.55	1.63	0.02	20.35	0.13	0.08	0.00	0.10	18.46	239.13	0.00	0.09	10.99	0.96	0.00	0.01	0.04	0.01	0.00	2.37	1.70	0.06
M54723 VEG: CARROTS, FRESH RSTD 1/2C																								
20.00 @ 1/2 cup	66.88	0.29	3.88	76.91	2.49	33.50	10.96	1.02	0.00	4.00	312.88	22581.67	0.00	1.37*	18.33*	4.77	0.09*	0.06*	0.86*	0.20*	0.00*	40.22	39.93*	0.46
M50350 VEG: CUCUMBER, Fresh Slice1/2c																								
15.00 @ 1/2 cup	10.81	0.03	2.22	1.44	0.08	6.60	2.62	0.47	0.00	0.36	105.91	75.65	0.00	0.02	11.82	2.02	0.02	0.02	0.07	0.03	0.00	11.53	17.29	0.20
M51297 VEG: SALAD, Side GardChop 1c																								
10.00 @ 1 cup	16.35	0.03	1.45	12.76	0.18	9.94	3.56	0.83	0.00	1.42	182.84	5064.79	0.00	0.18	45.89	9.01	0.05	0.04	0.32	0.07	0.00	22.30	22.02	0.52
M53419 VEG: POTATO, FF CTINAGEN7 1/2C																								
20.00 @ 1/2 cup	119.99	1.33	10.00	133.32	4.67	35.00	17.33	2.00	0.00	2.00	259.98	0.00	-*	-*	-*	3.20	-*	-*	-*	-*	-*	0.00	-*	0.48
M51731 VEG: POTATO SWT, FF CRINKLE 1/2C																								
5.00 @ 1/2 cup	137.66	0.53	3.46	180.02	4.77	31.15	23.30	1.06	0.00	3.18	243.56	3176.86	-*	-*	-*	6.35	-*	-*	-*	-*	-*	21.18	-*	0.38
M50543 FRUIT: BANANA (100-120ct) Whl																								
15.00 @ 1 each	93.95	0.12	1.13	1.06	0.35	3.34	24.11	1.15	0.00	2.74	377.91	67.56	0.00	0.11	0.53	9.18	0.03	0.08	0.70	0.39	0.00	5.28	23.22	0.27
M50722 FRUIT: RAISINS, SS BOX																								
10.00 @ 1 each	127.15	0.02	0.17	4.68	0.20	1.38	33.67	1.31	0.00	1.57	318.51	0.00	0.00	0.05	1.49	0.98	0.05	0.05	0.33	0.07	0.00	21.26	42.95	0.80
M50979 JUICE SS, Apple 100% 4oz Cart																								
40.00 @ 1 each	60.00	0.00	0.00	15.00	0.00	0.00	14.00	0.00	0.00	0.00	85.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M51645 DESRT: COOKIE Carnival 1.0ozWG																								
85.00 @ 1 cookie	110.00	1.00	8.18	85.00	3.50	28.64	18.00	1.00	5.00	1.00	47.95	-*	-*	-*	-*	-*	-*	-*	-*	-*	-*	5.00	-*	1.00
M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50																								
20.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00
M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50																								
5.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00
M50855 COND PC Ketchup 9g Heinz																								
100.00 @ 1 each	10.00	0.00	0.00	85.00	0.00	0.00	3.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00

* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Marcus HS

Service Area: Marcus - 9-12 - OVS

Menu Name: Marcus HS 2018-2019 Menu - cycle 1 - week 3

Avg.Method: Balanced

M50055 COND PC Mayonnaise 12g

10.00 @ 1 each	80.00	1.50	16.87	75.00	8.00	90.00	1.00	0.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
----------------	-------	------	-------	-------	------	-------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M50284 COND PC Mustard 6g

5.00 @ 1 each	0.00	0.00	-	65.00	0.00	-	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
---------------	------	------	---	-------	------	---	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M53222 COND PC Margarine 5g

50.00 @ 1 each	30.00	1.00	30.00	30.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	500.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
----------------	-------	------	-------	-------	------	-------	------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	------	----	------

M50624 COND PC Drsg Ranch 12g

50.00 @ 1 each	50.00	0.00	0.00	100.00	5.00	90.00	1.00	0.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
----------------	-------	------	------	--------	------	-------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M50623 COND PC Drsg Italian 12g

1.00 @ 1 each	30.00	0.00	0.00	130.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	100.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
---------------	-------	------	------	--------	------	-------	------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	------	----	------

M53116 COND PC Drsg Honey Mustard 12g

5.00 @ 1 each	15.00	0.00	0.00	65.00	0.00	0.00	4.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
---------------	-------	------	------	-------	------	------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M50056 COND PC Sauce, Taco 9g

5.00 @ 1 each	5.00	0.00	0.00	55.00	0.00	0.00	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
---------------	------	------	------	-------	------	------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M50287 COND PC Sauce, BBQ 12g

5.00 @ 1 each	15.00	0.00	0.00	160.00	0.00	0.00	4.00	0.00	0.00	0.00	-*	100.00	-*	-*	-*	0.60	-*	-*	-*	-*	-*	0.00	-*	0.00
---------------	-------	------	------	--------	------	------	------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	------	----	------

M51391 COND_Mayo, Chipotle W

5.00 @ 1 tablespoon	26.19	0.35	12.18	91.54	2.49	85.73	0.97	0.01	3.54	0.01	1.00*	91.64	-*	-*	-*	0.40	-*	-*	-*	-*	-*	0.00	-*	0.02
------------------------	-------	------	-------	-------	------	-------	------	------	------	------	-------	-------	----	----	----	------	----	----	----	----	----	------	----	------

M50060 COND_Mayo W

5.00 @ 1 tablespoon	33.07	0.47	12.86	94.49	3.31	90.00	0.94	0.00	4.72	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
------------------------	-------	------	-------	-------	------	-------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M50291 COND_Mustard, Yellow

5.00 @ 1 tablespoon	9.00	0.01	1.50	181.50	0.37	37.20	0.93	0.47	0.00	0.43	13.36	0.67	-*	-*	-*	0.13	-*	-*	-*	-*	-*	7.51	-*	0.19
------------------------	------	------	------	--------	------	-------	------	------	------	------	-------	------	----	----	----	------	----	----	----	----	----	------	----	------

M50692 COND_Dressing, DijonHnyMustard

5.00 @ 1 tablespoon	65.00	0.75	10.38	90.00	5.50	76.15	3.50	0.00	7.50	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
------------------------	-------	------	-------	-------	------	-------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M50622 COND_Dressing, Ranch Lite

10.00 @ 1 tablespoon	55.00	0.75	12.27	139.99	5.00	81.82	0.50	0.50	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	10.00	-*	0.00
-------------------------	-------	------	-------	--------	------	-------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	-------	----	------

* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Marcus HS

Service Area: Marcus - 9-12 - OVS

Menu Name: Marcus HS 2018-2019 Menu - cycle 1 - week 3

Avg.Method: Balanced

M50292 COND_Sauce, BBQ Original AP

3.00 @ 1 tablespoon	35.00	0.00	0.00	144.99	0.00	0.00	9.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	1.80	-*	-*	-*	-*	-*	0.00	-*	0.18
------------------------	-------	------	------	--------	------	------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M50063 COND_Sauce, Buffalo Wing AP

3.00 @ 1 tablespoon	4.38	0.02	4.79	363.06	0.22	45.51	0.48	0.11	0.17	0.12	21.32	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	2.22	-*	0.07
------------------------	------	------	------	--------	------	-------	------	------	------	------	-------	------	----	----	----	------	----	----	----	----	----	------	----	------

M50087 COND_Salsa, Pico SC 1/8c

3.00 @ 1/8 cup	6.68	0.01	1.17	37.20	0.07	9.84	1.46	0.29	0.00	0.40	69.99	231.76*	0.00*	0.15*	2.94*	4.04	0.01*	0.01*	0.16*	0.03*	0.00*	4.19	7.40*	0.11
----------------	------	------	------	-------	------	------	------	------	------	------	-------	---------	-------	-------	-------	------	-------	-------	-------	-------	-------	------	-------	------

M66157 COND_SALSA, BLNDR SC 1/8C

3.00 @ 1/8 cup	9.65	0.01	1.33	45.21	0.10	9.06	2.10	0.42	0.00	0.59	27.10*	148.65*	0.00*	0.05*	6.02*	4.65	0.01*	0.01*	0.03*	0.02*	0.00*	16.79	4.05*	0.19
----------------	------	------	------	-------	------	------	------	------	------	------	--------	---------	-------	-------	-------	------	-------	-------	-------	-------	-------	-------	-------	------

M53940 COND_Salsa, Verde SC 1/8c

3.00 @ 1/8 cup	10.75	0.03	2.54	25.36	0.23	19.29	2.13	0.37	0.00	0.61	83.93	260.93*	0.00*	0.16*	12.93*	3.96	0.02*	0.01*	0.40*	0.03*	0.00*	8.13	11.81*	0.22
----------------	-------	------	------	-------	------	-------	------	------	------	------	-------	---------	-------	-------	--------	------	-------	-------	-------	-------	-------	------	--------	------

M53295 COND_Sour Cream AP

5.00 @ 1 tablespoon	30.00	1.75	52.50	25.00	3.00	90.00	1.00	0.50	10.00	0.00	-*	99.99	-*	-*	-*	0.00	-*	-*	-*	-*	-*	20.00	-*	0.00
------------------------	-------	------	-------	-------	------	-------	------	------	-------	------	----	-------	----	----	----	------	----	----	----	----	----	-------	----	------

Average	700.63	9.73	12.5	1243.17	29.89	38.39	80.83	26.45	66.69	6.61	381.4*	6451.8*	.05*	.38*	17.23*	8.74*	.05*	.1*	.57*	.14*	.06*	350.99	29.4*	3.75
----------------	--------	------	------	---------	-------	-------	-------	-------	-------	------	--------	---------	------	------	--------	-------	------	-----	------	------	------	--------	-------	------

* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Marcus HS

Service Area: Marcus - 9-12 - OVS

Menu Name: Marcus HS 2018-2019 Menu - cycle 1 - week 3

Avg.Method: Balanced

Age Group: Brkfst Grades K-12 **Period:** Breakfast **Week:** 3 **Day:** Tuesday **Count Type:** Forecasted **Total No. of Customers:** 100

Weekly Std.	SFA		Na (mg)	Fat		CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)
	CAL	(g)		% of CAL	(g)																		
450.00-500.00		10.00	540.00																		0.00		

M52925 PIZZA AP Tony Bkfst T.Ssg 1.0

65.00 @ 1 each	210.00	2.00	8.57	480.01	7.00	30.00	26.00	9.00	15.00	2.00	240.00	200.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	100.00	-*	1.80
----------------	--------	------	------	--------	------	-------	-------	------	-------	------	--------	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M51320 CEREAL BWL, Rice Krispies WG

1.00 @ 1 bowl	100.00	0.00	0.00	170.00	0.50	4.50	23.00	2.00	0.00	1.00	-*	1000.03	-*	-*	-*	12.00	-*	-*	-*	-*	-*	0.00	-*	8.10
---------------	--------	------	------	--------	------	------	-------	------	------	------	----	---------	----	----	----	-------	----	----	----	----	----	------	----	------

M50440 CEREAL BWL, CinnTstCrnch WG

3.00 @ 1 bowl	110.00	0.50	4.09	160.00	3.00	24.55	22.00	1.00	0.00	2.00	50.05	400.00	-*	-*	-*	4.80	-*	-*	-*	-*	-*	80.00	-*	3.60
---------------	--------	------	------	--------	------	-------	-------	------	------	------	-------	--------	----	----	----	------	----	----	----	----	----	-------	----	------

M50442 CEREAL BWL, Cocoa Puffs RS WG

3.00 @ 1 bowl	110.05	0.00	0.00	160.08	1.50	12.27	25.01	2.00	0.00	2.00	-*	500.25	-*	-*	-*	6.00	-*	-*	-*	-*	-*	100.05	-*	4.50
---------------	--------	------	------	--------	------	-------	-------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M50524 CEREAL BWL, Lucky Charms WG

3.00 @ 1 bowl	110.00	0.00	0.00	180.00	1.00	8.18	23.00	2.00	0.00	2.00	-*	500.01	-*	-*	-*	6.00	-*	-*	-*	-*	-*	100.00	-*	4.50
---------------	--------	------	------	--------	------	------	-------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M50525 CEREAL BWL, Trix RS WG

1.00 @ 1 bowl	110.00	0.00	0.00	140.00	1.00	8.18	24.00	1.00	0.00	1.00	-*	400.01	-*	-*	-*	4.80	-*	-*	-*	-*	-*	80.00	-*	4.50
---------------	--------	------	------	--------	------	------	-------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	-------	----	------

M52725 BRD: BAR, Cereal CocoPuf WG IW

1.00 @ 1 each	150.00	0.00	0.00	100.00	3.00	18.00	30.00	3.00	0.00	3.00	-*	100.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	200.00	-*	1.80
---------------	--------	------	------	--------	------	-------	-------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M52724 BRD: BAR, Cereal CinnTst WG IW

1.00 @ 1 each	150.00	0.00	0.00	115.00	3.50	21.00	30.00	2.00	0.00	3.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	200.00	-*	1.80
---------------	--------	------	------	--------	------	-------	-------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	--------	----	------

M51267 BRD: MUF AP, BLUEBRY 2OZ IW WG (1BG)

2.00 @ 1 muffin	190.00	2.00	9.47	130.00	6.00	28.42	31.00	3.00	40.00	2.00	-*	100.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	20.00	-*	0.72
-----------------	--------	------	------	--------	------	-------	-------	------	-------	------	----	--------	----	----	----	------	----	----	----	----	----	-------	----	------

M51268 BRD: MUF AP, CHOC CHOC CHIP 2OZ IW WG (1BG)

2.00 @ 1 muffin	200.00	2.00	9.00	135.00	6.00	27.00	32.00	4.00	40.00	3.00	180.00	100.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	40.00	-*	1.44
-----------------	--------	------	------	--------	------	-------	-------	------	-------	------	--------	--------	----	----	----	------	----	----	----	----	----	-------	----	------

M51848 BRD: POPTARTS, Straw 1.76oz WG

5.00 @ 1 package	180.00	1.00	5.00	180.00	2.50	12.50	38.00	2.00	0.00	3.00	-*	500.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	100.00	-*	1.80
------------------	--------	------	------	--------	------	-------	-------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M51849 BRD: POPTARTS, Cinn 1.76oz WG

2.00 @ 1 package	180.00	1.00	5.00	190.00	2.50	12.50	37.00	2.00	0.00	3.00	-*	500.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	100.00	-*	1.80
------------------	--------	------	------	--------	------	-------	-------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Marcus HS

Service Area: Marcus - 9-12 - OVS

Menu Name: Marcus HS 2018-2019 Menu - cycle 1 - week 3

Avg.Method: Balanced

M51684 BRD: POPTARTS, Fudge 1.76oz WG

2.00 @ 1 package	180.00	1.00	5.00	190.00	3.00	15.00	38.00	3.00	0.00	3.00	-*	500.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	100.00	-*	1.80
------------------	--------	------	------	--------	------	-------	-------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M51994 CHEESE, COLBY JK Stick 1ea 1.0

8.00 @ 1 stick	90.00	4.00	40.00	200.01	6.00	60.00	0.00	7.00	20.00	0.00	0.00	200.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	200.01	-*	0.00
----------------	-------	------	-------	--------	------	-------	------	------	-------	------	------	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M50792 YOGURT SS, Trix Straw/Ban 4oz

2.00 @ 1 each	80.00	0.00	0.00	60.00	0.50	5.63	15.00	4.00	5.00	0.00	140.00	500.04	-*	-*	-*	0.00	-*	-*	-*	-*	-*	100.01	-*	0.00
---------------	-------	------	------	-------	------	------	-------	------	------	------	--------	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M51237 BRD: BREAD WG, Tst Marg 1sl

14.00 @ 1 slice	110.00	1.33	10.91	160.00	4.33	35.45	15.00	3.00	0.00	1.00	1.33*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	1.08
-----------------	--------	------	-------	--------	------	-------	-------	------	------	------	-------	------	----	----	----	------	----	----	----	----	----	------	----	------

M50670 EGG: Hard Boiled FC AP 1.5

2.00 @ 1 each	80.00	1.50	16.88	60.00	5.00	56.25	1.00	6.00	185.00	0.00	-*	300.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	20.00	-*	0.72
---------------	-------	------	-------	-------	------	-------	------	------	--------	------	----	--------	----	----	----	------	----	----	----	----	----	-------	----	------

M52975 BRD: WAFFLE, RS SS WG (3.25BG)

9.00 @ 1 each	240.06	0.00	0.00	506.14	2.86	10.71	50.30	6.86	0.00	6.86	1.05*	0.00	0.00*	0.00*	0.00*	0.00	0.00*	0.00*	0.00*	0.00*	0.00*	288.94	0.00*	3.09
---------------	--------	------	------	--------	------	-------	-------	------	------	------	-------	------	-------	-------	-------	------	-------	-------	-------	-------	-------	--------	-------	------

M52657 FRUIT: BLUEBERRIES, Fz 1/8c

1.00 @ 1/8 cup	8.89	0.01	0.94	0.17	0.11	11.29	2.12	0.07	0.00	0.47	9.41	8.01	0.00	0.08	2.86	0.44	0.01	0.01	0.09	0.01	0.00	1.39	1.92	0.03
----------------	------	------	------	------	------	-------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------

M53629 FRUIT: STRAWBERRIES, Frsh 1/8c

1.00 @ 1/8 cup	6.14	0.00	0.42	0.19	0.06	8.44	1.47	0.13	0.00	0.38	29.37	2.30	0.00	0.06	0.42	11.29	0.00	0.00	0.07	0.01	0.00	3.07	4.61	0.08
----------------	------	------	------	------	------	------	------	------	------	------	-------	------	------	------	------	-------	------	------	------	------	------	------	------	------

M52817 DESRT: TOPPING, CHOCOLATE CHIPS SEMISWT (TBSP)

6.00 @ 1 tablespoon	51.03	1.89	33.28	1.17	3.19	56.25	6.79	0.45	0.00	0.63	38.80	0.00	0.00	0.03	0.60	0.00	0.01	0.01	0.05	0.00	0.00	3.40	14.03	0.33
---------------------	-------	------	-------	------	------	-------	------	------	------	------	-------	------	------	------	------	------	------	------	------	------	------	------	-------	------

M52816 DESRT: TOPPING, Whipd NonDairy

6.00 @ 1 tablespoon	13.47	1.00	66.56	0.81	1.00	67.06	1.06	0.05	0.01	0.01	-*	0.20	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.15	-*	0.00
---------------------	-------	------	-------	------	------	-------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M51113 FRUIT: ORANGE 138ct Whole 1/2c

15.00 @ 1 each	46.97	0.01	0.29	0.00	0.12	2.30	11.74	0.94	0.00	2.40	180.87	224.84	0.00	0.18	0.00	53.16	0.09	0.04	0.28	0.06	0.00	39.97	13.99	0.10
----------------	-------	------	------	------	------	------	-------	------	------	------	--------	--------	------	------	------	-------	------	------	------	------	------	-------	-------	------

M50178 FRUIT: PINEAPPLE Tbts w/Jc1/2c

25.00 @ 1/2 cup	78.55	0.01	0.14	1.20	0.10	1.10	18.92	0.51	0.00	0.96	146.98	-*	-*	-*	-*	11.45	-*	-*	-*	-*	-*	16.87	-*	0.34
-----------------	-------	------	------	------	------	------	-------	------	------	------	--------	----	----	----	----	-------	----	----	----	----	----	-------	----	------

M50979 JUICE SS, Apple 100% 4oz Cart

60.00 @ 1 each	60.00	0.00	0.00	15.00	0.00	0.00	14.00	0.00	0.00	0.00	85.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
----------------	-------	------	------	-------	------	------	-------	------	------	------	-------	------	----	----	----	------	----	----	----	----	----	------	----	------

M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50

* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Marcus HS

Service Area: Marcus - 9-12 - OVS

Menu Name: Marcus HS 2018-2019 Menu - cycle 1 - week 3

Avg.Method: Balanced

20.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00
M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50																								
60.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00
M53222 COND PC Margarine 5g																								
20.00 @ 1 each	30.00	1.00	30.00	30.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	500.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50854 COND PC Jelly, #4 Smuckers																								
10.00 @ 1 each	35.00	0.00	0.00	5.00	0.00	0.00	9.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50056 COND PC Sauce, Taco 9g																								
5.00 @ 1 each	5.00	0.00	0.00	55.00	0.00	0.00	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50058 COND PC Syrup 1.4oz Smuckers																								
15.00 @ 1 each	110.00	0.00	0.00	25.00	0.00	0.00	29.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
Average	409.86	2.7	5.93	596.94	8.12	17.83	66.98	14.92	21.75	3.33	281.78*	801.86*	0*	.03*	.07*	12.84	.01*	.01*	.05*	.01*	0*	383.28	3.01*	2.48

* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Marcus HS

Service Area: Marcus - 9-12 - OVS

Menu Name: Marcus HS 2018-2019 Menu - cycle 1 - week 3

Avg.Method: Balanced

Age Group: Lunch Grades 9-12 **Period:** Lunch **Week:** 3 **Day:** Tuesday **Count Type:** Forecasted **Total No. of Customers:** 100

Weekly Std.	SFA		Na (mg)	Fat		CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)
	CAL	(g)		% of CAL	(g)																		
750.00-850.00		10.00	1420.00																		8.65		

M66531 TACO BFGD SOFT SC WG 2.0 2EA

20.00 @ 2 each	363.35	6.65	16.47	435.82	16.56	41.01	30.91	22.50	55.38	2.54	230.69*	1569.11	0.91*	0.15*	15.50*	3.05	0.03*	0.10*	2.94*	0.21*	1.27*	240.13	115.08*	3.28
----------------	--------	------	-------	--------	-------	-------	-------	-------	-------	------	---------	---------	-------	-------	--------	------	-------	-------	-------	-------	-------	--------	---------	------

M53530 SALAD, ChixDod CH MZ SC W 2.0

2.00 @ 1 each	144.48	3.33	20.76	187.10	7.03	43.77	3.97	15.44	45.63	1.26	146.57*	5083.02	0.00*	0.12*	43.60*	7.46	0.04*	0.04*	0.25*	0.06*	0.00*	121.60	17.48*	0.99
---------------	--------	------	-------	--------	------	-------	------	-------	-------	------	---------	---------	-------	-------	--------	------	-------	-------	-------	-------	-------	--------	--------	------

M51680 BRD: ROLL DG, WG 2.5oz

2.00 @ 1 each	170.00	0.50	2.65	135.00	3.00	15.88	28.00	7.00	0.00	3.40	-*	0.01	-*	-*	-*	0.01	-*	-*	-*	-*	-*	12.70	-*	0.85
---------------	--------	------	------	--------	------	-------	-------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	-------	----	------

M52043 PIZZA HUT PIZZA 6" EXPRESS CHZ SS 2.25

2.00 @ 1 pizza	374.18	4.99	12.01	685.27	13.41	32.25	38.44	24.92	24.70	4.27	-*	692.07	-*	-*	-*	5.36	-*	-*	-*	-*	-*	410.71	-*	2.57
----------------	--------	------	-------	--------	-------	-------	-------	-------	-------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M53931 PIZZA HUT PIZZA 6" EXPRESS PEPP SS 2.0

5.00 @ 1 pizza	385.19	5.31	12.42	711.32	14.98	35.01	38.49	24.17	27.17	4.35	-*	662.85	-*	-*	-*	5.43	-*	-*	-*	-*	-*	354.34	-*	2.65
----------------	--------	------	-------	--------	-------	-------	-------	-------	-------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M54307 PIZZA HUT PIZZA 6" EXPRESS SSG SS 2.25

5.00 @ 1 pizza	439.08	7.15	14.66	836.54	20.45	41.92	38.35	25.40	37.42	4.27	-*	689.00	-*	-*	-*	5.36	-*	-*	-*	-*	-*	356.37	-*	2.86
----------------	--------	------	-------	--------	-------	-------	-------	-------	-------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M54310 PIZZA HUT PIZZA 6" EXPRESS BBQ CHIX SS 2.25

2.00 @ 1 pizza	400.94	4.66	10.46	805.79	13.17	29.57	42.83	27.77	38.53	4.36	-*	667.19	-*	-*	-*	5.81	-*	-*	-*	-*	-*	350.99	-*	2.67
----------------	--------	------	-------	--------	-------	-------	-------	-------	-------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M54520 PIZZA HUT COND PC CHEESE GRATED 2.5G

10.00 @ 1 each	10.00	0.00	0.00	50.00	1.00	90.00	0.00	1.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
----------------	-------	------	------	-------	------	-------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M54521 PIZZA HUT COND PC PEPPER RED CRUSHED 1G

10.00 @ 1 each	5.00	0.00	0.00	0.00	0.00	0.00	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
----------------	------	------	------	------	------	------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M51753 CHIX Popcorn, AP Spicy WG 2.0

3.00 @ 1 serving	247.14	2.69	9.78	365.34	13.97	50.87	16.12	13.97	21.49	2.15	-*	107.45	-*	-*	-*	0.00	-*	-*	-*	-*	-*	42.98	-*	1.93
------------------	--------	------	------	--------	-------	-------	-------	-------	-------	------	----	--------	----	----	----	------	----	----	----	----	----	-------	----	------

M52587 CHIX TENDER, GLDN CRISPY (3) WG 2.0 MWWW

4.00 @ 3 each	239.64	2.25	8.44	404.38	11.98	45.00	11.98	19.47	44.93	1.50	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	1.62
---------------	--------	------	------	--------	-------	-------	-------	-------	-------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M51275 CHIX NUGGET, BNLS WING WG (5) 2.0 MWWW

3.00 @ 5 each	200.86	1.88	8.44	338.95	8.79	39.38	12.55	17.58	25.11	2.51	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.90
---------------	--------	------	------	--------	------	-------	-------	-------	-------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Marcus HS

Service Area: Marcus - 9-12 - OVS

Menu Name: Marcus HS 2018-2019 Menu - cycle 1 - week 3

Avg.Method: Balanced

M51680 BRD: ROLL DG, WG 2.5oz

10.00 @ 1 each	170.00	0.50	2.65	135.00	3.00	15.88	28.00	7.00	0.00	3.40	-*	0.01	-*	-*	-*	0.01	-*	-*	-*	-*	-*	12.70	-*	0.85
----------------	--------	------	------	--------	------	-------	-------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	-------	----	------

M54370 BURG, BLACK BEAN AP WG 2.0

1.00 @ 1 each	300.00	1.00	3.00	710.00	9.00	27.00	42.00	19.00	5.00	7.00	280.00*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	80.00	-*	2.16
---------------	--------	------	------	--------	------	-------	-------	-------	------	------	---------	------	----	----	----	------	----	----	----	----	----	-------	----	------

M53275 MELT BD, AM WG 2.0

2.00 @ 1 sandwich	385.00	11.25	26.30	1320.00	19.50	45.58	32.50	18.50	62.50	2.00	-*	500.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	375.00	-*	2.16
-------------------	--------	-------	-------	---------	-------	-------	-------	-------	-------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M54555 NACHOS BFGD RND SC 2.0 (2BG)

3.00 @ 1 each	450.53	8.75	17.47	674.18	23.64	47.22	37.03	21.03	60.38	3.45	195.67*	194.00	0.91*	0.13*	0.97*	2.48	0.02*	0.09*	2.90*	0.20*	1.27*	212.59	110.82*	2.41
---------------	--------	------	-------	--------	-------	-------	-------	-------	-------	------	---------	--------	-------	-------	-------	------	-------	-------	-------	-------	-------	--------	---------	------

M51228 BRD: BUN, Hamburger WG

15.00 @ 1 each	140.00	0.00	0.00	300.00	2.00	12.86	27.00	5.00	0.00	2.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	40.00	-*	1.44
----------------	--------	------	------	--------	------	-------	-------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	-------	----	------

M51648 BEEF Pty, AP 100% 2.0

8.00 @ 1 each	130.00	3.00	20.77	45.00	8.00	55.39	1.00	12.00	35.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	1.08
---------------	--------	------	-------	-------	------	-------	------	-------	-------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M51359 CHIX FLT, BREAST GRD 2.0 MWWM

1.00 @ 1 each	100.00	1.00	9.00	310.00	4.00	36.00	1.00	15.00	40.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.72
---------------	--------	------	------	--------	------	-------	------	-------	-------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M51935 CHIX FLT, BREAST BRD WG 2.0 MWWM

3.00 @ 1 each	199.76	1.50	6.75	289.65	8.99	40.50	8.99	18.98	44.95	3.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	1.08
---------------	--------	------	------	--------	------	-------	------	-------	-------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M51936 CHIX FLT, BREAST BRD SPICY WG 2.0 MWWM

3.00 @ 1 each	229.84	2.00	7.82	479.66	9.99	39.13	14.99	20.99	49.96	1.00	-*	99.93	-*	-*	-*	0.00	-*	-*	-*	-*	-*	19.99	-*	1.44
---------------	--------	------	------	--------	------	-------	-------	-------	-------	------	----	-------	----	----	----	------	----	----	----	----	----	-------	----	------

M51005 CHEESE, AM (184ct) Slices 1.0

2.00 @ 3 slice	134.99	6.75	45.00	599.97	10.50	70.00	1.50	7.50	37.50	0.00	-*	299.98	-*	-*	-*	0.00	-*	-*	-*	-*	-*	224.99	-*	0.00
----------------	--------	------	-------	--------	-------	-------	------	------	-------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M53381 CHEESE, CH Slices 1.0

2.00 @ 2 slice	110.01	5.00	40.91	180.01	9.00	73.64	1.00	6.00	30.00	0.00	20.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	199.01	-*	0.00
----------------	--------	------	-------	--------	------	-------	------	------	-------	------	-------	------	----	----	----	------	----	----	----	----	----	--------	----	------

M53385 CHEESE, SW Slices 1.0

2.00 @ 2 slice	110.01	5.00	40.91	50.00	9.00	73.64	0.00	8.00	25.00	0.00	20.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	249.01	-*	0.00
----------------	--------	------	-------	-------	------	-------	------	------	-------	------	-------	------	----	----	----	------	----	----	----	----	----	--------	----	------

M50999 CHEESE, JK Slices 1.0

2.00 @ 2 slice	100.00	5.00	45.00	180.01	8.00	72.00	1.00	7.00	30.00	0.00	25.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	197.01	-*	0.00
----------------	--------	------	-------	--------	------	-------	------	------	-------	------	-------	------	----	----	----	------	----	----	----	----	----	--------	----	------

M51003 CHEESE, PV Slices 1.0

2.00 @ 2 slice	100.00	5.00	45.00	250.01	7.00	63.00	1.00	7.00	20.00	0.00	40.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	212.01	-*	0.00
----------------	--------	------	-------	--------	------	-------	------	------	-------	------	-------	------	----	----	----	------	----	----	----	----	----	--------	----	------

* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Marcus HS

Service Area: Marcus - 9-12 - OVS

Menu Name: Marcus HS 2018-2019 Menu - cycle 1 - week 3

Avg.Method: Balanced

M51017 VEG GARN: Rom Leaf 1ea

4.00 @ 1 each	2.41	0.01	2.06	1.13	0.04	15.88	0.47	0.17	0.00	0.30	35.01	1234.63	0.00	0.02	14.53	0.57	0.01	0.01	0.04	0.01	0.00	4.68	4.25	0.14
---------------	------	------	------	------	------	-------	------	------	------	------	-------	---------	------	------	-------	------	------	------	------	------	------	------	------	------

M51008 VEG: TOMATOES, FRESH SLCD (2SL) 1/8C

4.00 @ 1/8 cup	5.10	0.01	1.40	1.42	0.06	10.00	1.10	0.25	0.00	0.34	67.18	236.14	0.00	0.15	2.24	3.88	0.01	0.01	0.17	0.02	0.00	2.83	6.80	0.08
----------------	------	------	------	------	------	-------	------	------	------	------	-------	--------	------	------	------	------	------	------	------	------	------	------	------	------

M51013 VEG: ONIONS, Red Slice 1ea

2.00 @ 1 slice	2.83	0.00	0.94	0.28	0.01	2.25	0.66	0.08	0.00	0.12	10.35	0.14	0.00	0.00	0.03	0.52	0.00	0.00	0.01	0.01	0.00	1.63	2.06	0.01
----------------	------	------	------	------	------	------	------	------	------	------	-------	------	------	------	------	------	------	------	------	------	------	------	------	------

M50892 COND_PEPPERS, JALAPENO CND TBSP

2.00 @ 1 tablespoon	3.12	0.00	0.00	240.96	0.09	27.20	0.48	0.09	0.00	0.26	19.38	-*	-*	-*	-*	1.00	-*	-*	-*	-*	-*	2.31	-*	0.19
---------------------	------	------	------	--------	------	-------	------	------	------	------	-------	----	----	----	----	------	----	----	----	----	----	------	----	------

M50176 COND_Pickle, Dill Slice 2ea

5.00 @ 2 slice	1.62	0.01	4.72	162.08	0.05	25.17	0.24	0.06	0.00	0.14	-*	0.00	-*	-*	-*	0.21	-*	-*	-*	-*	-*	8.65	-*	0.05
----------------	------	------	------	--------	------	-------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M66741 WRAP 10", CHIXDCD BUFF WG 2.0

3.00 @ 1 each	366.92	4.43	10.87	647.39	16.59	40.70	32.55	19.97	52.30	3.99	147.87*	2755.45	0.00*	0.19*	31.30*	5.02	0.03*	0.02*	0.26*	0.04*	0.00*	133.31	15.31*	2.38
---------------	--------	------	-------	--------	-------	-------	-------	-------	-------	------	---------	---------	-------	-------	--------	------	-------	-------	-------	-------	-------	--------	--------	------

M50962 SDW BD, SBJ WG 2.0

2.00 @ 1 sandwich	658.38	3.99	5.45	579.16	35.89	49.06	69.87	19.95	0.00	5.99	378.78*	0.00	0.00*	-*	-*	0.00	-*	-*	-*	-*	-*	59.81	-*	5.35
-------------------	--------	------	------	--------	-------	-------	-------	-------	------	------	---------	------	-------	----	----	------	----	----	----	----	----	-------	----	------

M53347 SDW BD, SB WG 2.0

1.00 @ 1 sandwich	558.71	3.99	6.42	579.16	35.89	57.81	43.95	19.95	0.00	5.99	378.78*	0.00	0.00*	-*	-*	0.00	-*	-*	-*	-*	-*	59.81	-*	5.35
-------------------	--------	------	------	--------	-------	-------	-------	-------	------	------	---------	------	-------	----	----	------	----	----	----	----	----	-------	----	------

M52708 BRD: ROLL DG, Sub 6" WG

4.00 @ 1 roll	170.00	0.50	2.65	180.00	3.00	15.88	28.00	6.00	0.00	3.00	-*	0.01	-*	-*	-*	0.01	-*	-*	-*	-*	-*	13.52	-*	1.45
---------------	--------	------	------	--------	------	-------	-------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	-------	----	------

M52782 BRD: FLATBREAD 6" X 6" 2OZ WG (2BG)

3.00 @ 1 each	180.00	1.00	5.00	310.00	5.00	25.00	28.00	5.00	0.00	2.69	-*	0.07	-*	-*	-*	0.07	-*	-*	-*	-*	-*	22.88	-*	0.83
---------------	--------	------	------	--------	------	-------	-------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	-------	----	------

M54775 BRD: CROISSANT, SLICED WG

3.00 @ 1 each	243.91	6.47	23.87	253.40	12.05	44.44	29.25	5.44	32.35	0.91	15.14	313.46	0.31	0.00	0.00	2.82	0.25	1.93	0.85	0.00	0.01	15.66	3.96	1.63
---------------	--------	------	-------	--------	-------	-------	-------	------	-------	------	-------	--------	------	------	------	------	------	------	------	------	------	-------	------	------

M53393 TKY, Breast Sliced 1.0

6.00 @ 1 serving	60.00	0.50	7.50	220.00	2.00	30.00	2.00	9.00	25.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	20.00	-*	0.36
------------------	-------	------	------	--------	------	-------	------	------	-------	------	----	------	----	----	----	------	----	----	----	----	----	-------	----	------

M53569 CHIX, BLACK FOREST HAM SLICED 1.0

2.00 @ 1 serving	80.00	1.50	16.88	330.00	4.50	50.63	2.00	8.00	40.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.36
------------------	-------	------	-------	--------	------	-------	------	------	-------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M51976 CHIX Dcd Deli Salad W 1.0

* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Marcus HS

Service Area: Marcus - 9-12 - OVS

Menu Name: Marcus HS 2018-2019 Menu - cycle 1 - week 3

Avg.Method: Balanced

2.00 @ 1 No 16 Scoop	76.63	0.94	10.98	129.00	4.42	51.89	1.48	6.99	24.65	0.18	27.40*	47.33	0.00*	0.03*	2.98*	0.37	0.00*	0.01*	0.03*	0.01*	0.00*	4.41	2.64*	0.30	
M51005 CHEESE, AM (184ct) Slices 1.0																									
2.00 @ 3 slice	134.99	6.75	45.00	599.97	10.50	70.00	1.50	7.50	37.50	0.00	-*	299.98	-*	-*	-*	0.00	-*	-*	-*	-*	-*	224.99	-*	0.00	
M53381 CHEESE, CH Slices 1.0																									
2.00 @ 2 slice	110.01	5.00	40.91	180.01	9.00	73.64	1.00	6.00	30.00	0.00	20.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	199.01	-*	0.00	
M53385 CHEESE, SW Slices 1.0																									
1.00 @ 2 slice	110.01	5.00	40.91	50.00	9.00	73.64	0.00	8.00	25.00	0.00	20.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	249.01	-*	0.00	
M50999 CHEESE, JK Slices 1.0																									
1.00 @ 2 slice	100.00	5.00	45.00	180.01	8.00	72.00	1.00	7.00	30.00	0.00	25.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	197.01	-*	0.00	
M51003 CHEESE, PV Slices 1.0																									
1.00 @ 2 slice	100.00	5.00	45.00	250.01	7.00	63.00	1.00	7.00	20.00	0.00	40.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	212.01	-*	0.00	
M51017 VEG GARN: Rom Leaf 1ea																									
4.00 @ 1 each	2.41	0.01	2.06	1.13	0.04	15.88	0.47	0.17	0.00	0.30	35.01	1234.63	0.00	0.02	14.53	0.57	0.01	0.01	0.04	0.01	0.00	4.68	4.25	0.14	
M51008 VEG: TOMATOES, FRESH SLCD (2SL) 1/8C																									
4.00 @ 1/8 cup	5.10	0.01	1.40	1.42	0.06	10.00	1.10	0.25	0.00	0.34	67.18	236.14	0.00	0.15	2.24	3.88	0.01	0.01	0.17	0.02	0.00	2.83	6.80	0.08	
M51013 VEG: ONIONS, Red Slice 1ea																									
2.00 @ 1 slice	2.83	0.00	0.94	0.28	0.01	2.25	0.66	0.08	0.00	0.12	10.35	0.14	0.00	0.00	0.03	0.52	0.00	0.00	0.01	0.01	0.00	1.63	2.06	0.01	
M52162 VEG: SPINACH, FRESH LEAVES 1/4C																									
2.00 @ 1/4 cup	3.12	0.01	2.47	10.73	0.05	15.26	0.49	0.39	0.00	0.30	75.79	1273.70	0.00	0.28	65.59	3.82	0.01	0.03	0.10	0.03	0.00	13.45	6.66	0.37	
M52661 VEG: CUCUMBER, Fresh Slice1/8c																									
2.00 @ 1/8 cup	2.75	0.01	2.22	0.37	0.02	6.60	0.66	0.12	0.00	0.09	26.91	19.22	0.00	0.01	3.00	0.51	0.00	0.01	0.02	0.01	0.00	2.93	4.39	0.05	
M53523 VEG: PEPPERS, Red Strips1/4c																									
2.00 @ 1/4 cup	7.78	0.01	0.78	1.00	0.08	8.71	1.51	0.25	0.00	0.53	52.96	785.87	0.00	0.40	1.23	32.05	0.01	0.02	0.25	0.07	0.00	1.76	6.53	0.11	
M50891 COND_OLIVES, BLACK SLICED TBSP																									
1.00 @ 1 tablespoon	14.04	0.17	10.96	58.74	1.27	81.48	0.52	0.13	0.00	0.31	-*	5.23	-*	-*	-*	0.21	-*	-*	-*	-*	-*	7.97	-*	0.18	
M50176 COND_Pickle, Dill Slice 2ea																									
4.00 @ 2 slice	1.62	0.01	4.72	162.08	0.05	25.17	0.24	0.06	0.00	0.14	-*	0.00	-*	-*	-*	0.21	-*	-*	-*	-*	-*	8.65	-*	0.05	

* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Marcus HS

Service Area: Marcus - 9-12 - OVS

Menu Name: Marcus HS 2018-2019 Menu - cycle 1 - week 3

Avg.Method: Balanced

M66605 BRD: TORTILLA FLOUR 10" WG

3.00 @ 1 each	180.00	1.50	7.50	250.00	4.50	22.50	29.00	5.00	0.00	3.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	100.00	-*	1.44
---------------	--------	------	------	--------	------	-------	-------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	--------	----	------

M66461 BRD: TORTILLA FLOUR 6" WG

4.00 @ 2 each	180.00	1.00	5.00	250.00	5.00	25.00	28.00	6.00	0.00	2.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	120.00	-*	1.44
---------------	--------	------	------	--------	------	-------	-------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	--------	----	------

M54540 BRD: TORTILLA, CHIP RND WG 2BG

6.00 @ 1 serving	224.59	1.60	6.43	184.48	9.63	38.57	32.08	3.21	0.00	3.21	0.00	0.00	0.00	-*	-*	0.00	-*	-*	-*	-*	-*	48.13	-*	0.80
------------------	--------	------	------	--------	------	-------	-------	------	------	------	------	------	------	----	----	------	----	----	----	----	----	-------	----	------

M52605 RICE, Cilantro WG 2BG

2.00 @ 1 cup	235.20	0.43	1.64	190.28	1.79	6.83	47.44	4.99	0.00	2.02	133.62*	90.09	0.00*	0.03*	2.94*	0.62	0.00*	0.00*	0.02*	0.00*	0.00*	12.88	1.10*	0.49
--------------	--------	------	------	--------	------	------	-------	------	------	------	---------	-------	-------	-------	-------	------	-------	-------	-------	-------	-------	-------	-------	------

M51175 BEEF Gd, Taco Meat SC 1.0

7.00 @ 1 No 24 Scoop	78.71	1.65	18.88	56.06	4.38	50.12	1.22	8.02	25.24	0.15	122.30*	121.25	0.57*	0.08*	0.61*	1.55	0.01*	0.06*	1.81*	0.13*	0.79*	9.04	69.27*	1.00
----------------------	-------	------	-------	-------	------	-------	------	------	-------	------	---------	--------	-------	-------	-------	------	-------	-------	-------	-------	-------	------	--------	------

M52584 CHIX Strips, Fajita DkMt 1.0

6.00 @ 2 fl oz	76.93	1.01	11.78	124.77	3.56	41.66	1.34	10.09	35.00	0.09	9.12*	46.95	0.00*	0.07*	0.17*	0.02	0.00*	0.00*	0.03*	0.01*	0.00*	12.26	2.39*	0.69
----------------	-------	------	-------	--------	------	-------	------	-------	-------	------	-------	-------	-------	-------	-------	------	-------	-------	-------	-------	-------	-------	-------	------

M67585 MMA: BEANS, PINTO KICKIN' 1.0

2.00 @ 1/4 cup	66.95	0.08	1.11	99.41	0.39	5.30	12.53	3.13	0.59	2.52	0.10*	60.68	0.00*	0.00*	0.00*	1.23	0.00*	0.00*	0.00*	0.00*	0.00*	32.08	0.00*	0.85
----------------	-------	------	------	-------	------	------	-------	------	------	------	-------	-------	-------	-------	-------	------	-------	-------	-------	-------	-------	-------	-------	------

M53386 CHEESE, CH Shreds 1.0

7.00 @ 2 fl oz	110.00	6.00	49.09	189.99	9.00	73.64	1.00	7.00	30.00	0.00	0.00	280.99	-*	-*	-*	0.00	-*	-*	-*	-*	-*	201.99	-*	0.19
----------------	--------	------	-------	--------	------	-------	------	------	-------	------	------	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M50921 COND_Sauce, Chz SS W (LOL) 1.0

8.00 @ 3 fl oz	149.95	6.75	40.50	599.79	10.50	63.00	4.50	7.50	29.99	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	224.92	-*	0.00
----------------	--------	------	-------	--------	-------	-------	------	------	-------	------	----	------	----	----	----	------	----	----	----	----	----	--------	----	------

M51420 VEG GARN: Rom Shrds/Tom Dice

3.00 @ 1 serving	5.03	0.01	1.56	1.63	0.06	11.41	1.06	0.27	0.00	0.40	67.90	794.43	0.00	0.12	8.94	3.20	0.01	0.01	0.15	0.02	0.00	4.47	7.23	0.13
------------------	------	------	------	------	------	-------	------	------	------	------	-------	--------	------	------	------	------	------	------	------	------	------	------	------	------

M52379 VEG: ONIONS, Yellow Diced 1/8c

3.00 @ 1/8 cup	8.62	0.01	0.94	0.86	0.02	2.25	2.01	0.24	0.00	0.37	31.47	0.43	0.00	0.00	0.09	1.60	0.01	0.01	0.03	0.03	0.00	4.96	6.25	0.05
----------------	------	------	------	------	------	------	------	------	------	------	-------	------	------	------	------	------	------	------	------	------	------	------	------	------

M50892 COND_PEPPERS, JALAPENO CND TBSP

3.00 @ 1 tablespoon	3.12	0.00	0.00	240.96	0.09	27.20	0.48	0.09	0.00	0.26	19.38	-*	-*	-*	-*	1.00	-*	-*	-*	-*	-*	2.31	-*	0.19
---------------------	------	------	------	--------	------	-------	------	------	------	------	-------	----	----	----	----	------	----	----	----	----	----	------	----	------

M50891 COND_OLIVES, BLACK SLICED TBSP

3.00 @ 1 tablespoon	14.04	0.17	10.96	58.74	1.27	81.48	0.52	0.13	0.00	0.31	-*	5.23	-*	-*	-*	0.21	-*	-*	-*	-*	-*	7.97	-*	0.18
---------------------	-------	------	-------	-------	------	-------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M55430 COND_HERB, CILANTRO

* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Marcus HS

Service Area: Marcus - 9-12 - OVS

Menu Name: Marcus HS 2018-2019 Menu - cycle 1 - week 3

Avg.Method: Balanced

3.00 @ 1 tablespoon	0.82	0.00	0.55	1.63	0.02	20.35	0.13	0.08	0.00	0.10	18.46	239.13	0.00	0.09	10.99	0.96	0.00	0.01	0.04	0.01	0.00	2.37	1.70	0.06
------------------------	------	------	------	------	------	-------	------	------	------	------	-------	--------	------	------	-------	------	------	------	------	------	------	------	------	------

M50815 VEG: BEANS, Pinto Kickin' 1/2c

15.00 @ 1/2 cup	133.90	0.16	1.11	198.82	0.79	5.30	25.05	6.26	1.18	5.04	0.20*	121.35	0.00*	0.00*	0.00*	2.46	0.00*	0.00*	0.00*	0.00*	0.00*	64.16	0.00*	1.70
-----------------	--------	------	------	--------	------	------	-------	------	------	------	-------	--------	-------	-------	-------	------	-------	-------	-------	-------	-------	-------	-------	------

M53566 VEG: SALAD, ColeslawChiptW1/2c

15.00 @ 1/2 cup	51.78	0.48	8.32	172.30	3.39	58.86	5.08	0.12	4.72	1.17	18.84*	413.31	0.00*	0.03*	0.77*	6.90	0.00*	0.00*	0.04*	0.02*	0.00*	1.52	1.75*	0.11
-----------------	-------	------	------	--------	------	-------	------	------	------	------	--------	--------	-------	-------	-------	------	-------	-------	-------	-------	-------	------	-------	------

M51297 VEG: SALAD, Side GardChop 1c

10.00 @ 1 cup	16.35	0.03	1.45	12.76	0.18	9.94	3.56	0.83	0.00	1.42	182.84	5064.79	0.00	0.18	45.89	9.01	0.05	0.04	0.32	0.07	0.00	22.30	22.02	0.52
---------------	-------	------	------	-------	------	------	------	------	------	------	--------	---------	------	------	-------	------	------	------	------	------	------	-------	-------	------

M53419 VEG: POTATO, FF CTINAGEN7 1/2C

20.00 @ 1/2 cup	119.99	1.33	10.00	133.32	4.67	35.00	17.33	2.00	0.00	2.00	259.98	0.00	-*	-*	-*	3.20	-*	-*	-*	-*	-*	0.00	-*	0.48
-----------------	--------	------	-------	--------	------	-------	-------	------	------	------	--------	------	----	----	----	------	----	----	----	----	----	------	----	------

M51731 VEG: POTATO SWT, FF CRINKLE 1/2C

5.00 @ 1/2 cup	137.66	0.53	3.46	180.02	4.77	31.15	23.30	1.06	0.00	3.18	243.56	3176.86	-*	-*	-*	6.35	-*	-*	-*	-*	-*	21.18	-*	0.38
----------------	--------	------	------	--------	------	-------	-------	------	------	------	--------	---------	----	----	----	------	----	----	----	----	----	-------	----	------

M66601 FRUIT: PEARS 135CT WHOLE 1/2C

15.00 @ 1 each	77.53	0.03	0.35	1.36	0.19	2.21	20.71	0.49	0.00	4.22	157.77	34.00	0.00	0.16	5.98	5.85	0.02	0.04	0.22	0.04	0.00	12.24	16.32	0.24
----------------	-------	------	------	------	------	------	-------	------	------	------	--------	-------	------	------	------	------	------	------	------	------	------	-------	-------	------

M52268 FRUIT: PEACHES Dice w/Jc 1/2c

20.00 @ 1/2 cup	50.83	0.00	0.00	10.17	0.00	0.00	12.20	0.00	0.00	0.00	182.98	304.97	-*	-*	-*	1.22	-*	-*	-*	-*	-*	0.00	-*	0.00
-----------------	-------	------	------	-------	------	------	-------	------	------	------	--------	--------	----	----	----	------	----	----	----	----	----	------	----	------

M53365 JUICE SS, Grape100% 4oz Cart

40.00 @ 1 each	80.00	0.00	0.00	15.00	0.00	0.00	18.00	1.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
----------------	-------	------	------	-------	------	------	-------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50

20.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00
------------------	--------	------	-------	--------	------	-------	-------	------	-------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50

50.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00
------------------	--------	------	------	--------	------	------	-------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M50855 COND PC Ketchup 9g Heinz

100.00 @ 1 each	10.00	0.00	0.00	85.00	0.00	0.00	3.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
-----------------	-------	------	------	-------	------	------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M50055 COND PC Mayonnaise 12g

10.00 @ 1 each	80.00	1.50	16.87	75.00	8.00	90.00	1.00	0.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
----------------	-------	------	-------	-------	------	-------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M50284 COND PC Mustard 6g

5.00 @ 1 each	0.00	0.00	-	65.00	0.00	-	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
---------------	------	------	---	-------	------	---	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M53222 COND PC Margarine 5g

* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Marcus HS

Service Area: Marcus - 9-12 - OVS

Menu Name: Marcus HS 2018-2019 Menu - cycle 1 - week 3

Avg.Method: Balanced

50.00 @ 1 each	30.00	1.00	30.00	30.00	3.00	90.00	0.00	0.00	0.00	0.00	0.00	-*	500.00	-*	-*	-*	0.00	-*	-*	-*	-*	0.00	-*	0.00
----------------	-------	------	-------	-------	------	-------	------	------	------	------	------	----	--------	----	----	----	------	----	----	----	----	------	----	------

M50624 COND PC Drsg Ranch 12g

50.00 @ 1 each	50.00	0.00	0.00	100.00	5.00	90.00	1.00	0.00	5.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	0.00	-*	0.00
----------------	-------	------	------	--------	------	-------	------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	------	----	------

M50623 COND PC Drsg Italian 12g

5.00 @ 1 each	30.00	0.00	0.00	130.00	3.00	90.00	0.00	0.00	0.00	0.00	0.00	-*	100.00	-*	-*	-*	0.00	-*	-*	-*	-*	0.00	-*	0.00
---------------	-------	------	------	--------	------	-------	------	------	------	------	------	----	--------	----	----	----	------	----	----	----	----	------	----	------

M53116 COND PC Drsg Honey Mustard 12g

5.00 @ 1 each	15.00	0.00	0.00	65.00	0.00	0.00	4.00	0.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	0.00	-*	0.00
---------------	-------	------	------	-------	------	------	------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	------	----	------

M50056 COND PC Sauce, Taco 9g

5.00 @ 1 each	5.00	0.00	0.00	55.00	0.00	0.00	1.00	0.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	0.00	-*	0.00
---------------	------	------	------	-------	------	------	------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	------	----	------

M50287 COND PC Sauce, BBQ 12g

5.00 @ 1 each	15.00	0.00	0.00	160.00	0.00	0.00	4.00	0.00	0.00	0.00	0.00	-*	100.00	-*	-*	-*	0.60	-*	-*	-*	-*	0.00	-*	0.00
---------------	-------	------	------	--------	------	------	------	------	------	------	------	----	--------	----	----	----	------	----	----	----	----	------	----	------

M51391 COND_Mayo, Chipotle W

5.00 @ 1 tablespoon	26.19	0.35	12.18	91.54	2.49	85.73	0.97	0.01	3.54	0.01	1.00*	91.64	-*	-*	-*	0.40	-*	-*	-*	-*	0.00	-*	0.02
------------------------	-------	------	-------	-------	------	-------	------	------	------	------	-------	-------	----	----	----	------	----	----	----	----	------	----	------

M50060 COND_Mayo W

5.00 @ 1 tablespoon	33.07	0.47	12.86	94.49	3.31	90.00	0.94	0.00	4.72	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	0.00	-*	0.00
------------------------	-------	------	-------	-------	------	-------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	------	----	------

M50291 COND_Mustard, Yellow

5.00 @ 1 tablespoon	9.00	0.01	1.50	181.50	0.37	37.20	0.93	0.47	0.00	0.43	13.36	0.67	-*	-*	-*	0.13	-*	-*	-*	-*	7.51	-*	0.19
------------------------	------	------	------	--------	------	-------	------	------	------	------	-------	------	----	----	----	------	----	----	----	----	------	----	------

M50692 COND_Dressing, DijonHnyMustard

5.00 @ 1 tablespoon	65.00	0.75	10.38	90.00	5.50	76.15	3.50	0.00	7.50	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	0.00	-*	0.00
------------------------	-------	------	-------	-------	------	-------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	------	----	------

M50622 COND_Dressing, Ranch Lite

10.00 @ 1 tablespoon	55.00	0.75	12.27	139.99	5.00	81.82	0.50	0.50	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	10.00	-*	0.00
-------------------------	-------	------	-------	--------	------	-------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	-------	----	------

M50292 COND_Sauce, BBQ Original AP

3.00 @ 1 tablespoon	35.00	0.00	0.00	144.99	0.00	0.00	9.00	0.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	1.80	-*	-*	-*	-*	0.00	-*	0.18
------------------------	-------	------	------	--------	------	------	------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	------	----	------

M50063 COND_Sauce, Buffalo Wing AP

3.00 @ 1 tablespoon	4.38	0.02	4.79	363.06	0.22	45.51	0.48	0.11	0.17	0.12	21.32	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	2.22	-*	0.07
------------------------	------	------	------	--------	------	-------	------	------	------	------	-------	------	----	----	----	------	----	----	----	----	------	----	------

* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Marcus HS

Service Area: Marcus - 9-12 - OVS

Menu Name: Marcus HS 2018-2019 Menu - cycle 1 - week 3

Avg.Method: Balanced

M50087 COND_Salsa, Pico SC 1/8c

3.00 @ 1/8 cup	6.68	0.01	1.17	37.20	0.07	9.84	1.46	0.29	0.00	0.40	69.99	231.76*	0.00*	0.15*	2.94*	4.04	0.01*	0.01*	0.16*	0.03*	0.00*	4.19	7.40*	0.11
----------------	------	------	------	-------	------	------	------	------	------	------	-------	---------	-------	-------	-------	------	-------	-------	-------	-------	-------	------	-------	------

M66157 COND_SALSA, BLNDR SC 1/8C

3.00 @ 1/8 cup	9.65	0.01	1.33	45.21	0.10	9.06	2.10	0.42	0.00	0.59	27.10*	148.65*	0.00*	0.05*	6.02*	4.65	0.01*	0.01*	0.03*	0.02*	0.00*	16.79	4.05*	0.19
----------------	------	------	------	-------	------	------	------	------	------	------	--------	---------	-------	-------	-------	------	-------	-------	-------	-------	-------	-------	-------	------

M53940 COND_Salsa, Verde SC 1/8c

3.00 @ 1/8 cup	10.75	0.03	2.54	25.36	0.23	19.29	2.13	0.37	0.00	0.61	83.93	260.93*	0.00*	0.16*	12.93*	3.96	0.02*	0.01*	0.40*	0.03*	0.00*	8.13	11.81*	0.22
----------------	-------	------	------	-------	------	-------	------	------	------	------	-------	---------	-------	-------	--------	------	-------	-------	-------	-------	-------	------	--------	------

M53295 COND_Sour Cream AP

5.00 @ 1 tablespoon	30.00	1.75	52.50	25.00	3.00	90.00	1.00	0.50	10.00	0.00	-*	99.99	-*	-*	-*	0.00	-*	-*	-*	-*	-*	20.00	-*	0.00
------------------------	-------	------	-------	-------	------	-------	------	------	-------	------	----	-------	----	----	----	------	----	----	----	----	----	-------	----	------

Average	659.11	7.78	10.62	1105.33	25.69	35.07	75.47	29.84	58.17	5.86	258.24*	2312.25*	.26*	.14*	14.71*	9.3	.03*	.1*	.96*	.09*	.35*	446.78	39.72*	3.09
----------------	--------	------	-------	---------	-------	-------	-------	-------	-------	------	---------	----------	------	------	--------	-----	------	-----	------	------	------	--------	--------	------

* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Marcus HS

Service Area: Marcus - 9-12 - OVS

Menu Name: Marcus HS 2018-2019 Menu - cycle 1 - week 3

Avg.Method: Balanced

Age Group: Brkfst Grades K-12 **Period:** Breakfast **Week:** 3 **Day:** Wednesday **Count Type:** Forecasted **Total No. of Customers:** 100

Weekly Std.	SFA		Na (mg)	Fat		CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)
	CAL	(g)		% of CAL	(g)																		
450.00-500.00		10.00	540.00																		0.00		

M55592 BRD: FR TST STK, AP WG 4EA (2.25BG)

68.00 @ 4 stick	260.01	2.00	6.92	300.01	10.00	34.62	38.00	6.00	0.00	3.00	-*	22.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	34.00	-*	1.82
-----------------	--------	------	------	--------	-------	-------	-------	------	------	------	----	-------	----	----	----	------	----	----	----	----	----	-------	----	------

M51320 CEREAL BWL, Rice Krispies WG

1.00 @ 1 bowl	100.00	0.00	0.00	170.00	0.50	4.50	23.00	2.00	0.00	1.00	-*	1000.03	-*	-*	-*	12.00	-*	-*	-*	-*	-*	0.00	-*	8.10
---------------	--------	------	------	--------	------	------	-------	------	------	------	----	---------	----	----	----	-------	----	----	----	----	----	------	----	------

M50440 CEREAL BWL, CinnTstCrnch WG

3.00 @ 1 bowl	110.00	0.50	4.09	160.00	3.00	24.55	22.00	1.00	0.00	2.00	50.05	400.00	-*	-*	-*	4.80	-*	-*	-*	-*	-*	80.00	-*	3.60
---------------	--------	------	------	--------	------	-------	-------	------	------	------	-------	--------	----	----	----	------	----	----	----	----	----	-------	----	------

M50442 CEREAL BWL, Cocoa Puffs RS WG

3.00 @ 1 bowl	110.05	0.00	0.00	160.08	1.50	12.27	25.01	2.00	0.00	2.00	-*	500.25	-*	-*	-*	6.00	-*	-*	-*	-*	-*	100.05	-*	4.50
---------------	--------	------	------	--------	------	-------	-------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M50524 CEREAL BWL, Lucky Charms WG

3.00 @ 1 bowl	110.00	0.00	0.00	180.00	1.00	8.18	23.00	2.00	0.00	2.00	-*	500.01	-*	-*	-*	6.00	-*	-*	-*	-*	-*	100.00	-*	4.50
---------------	--------	------	------	--------	------	------	-------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M50525 CEREAL BWL, Trix RS WG

2.00 @ 1 bowl	110.00	0.00	0.00	140.00	1.00	8.18	24.00	1.00	0.00	1.00	-*	400.01	-*	-*	-*	4.80	-*	-*	-*	-*	-*	80.00	-*	4.50
---------------	--------	------	------	--------	------	------	-------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	-------	----	------

M52725 BRD: BAR, Cereal CocoPuf WG IW

1.00 @ 1 each	150.00	0.00	0.00	100.00	3.00	18.00	30.00	3.00	0.00	3.00	-*	100.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	200.00	-*	1.80
---------------	--------	------	------	--------	------	-------	-------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M52724 BRD: BAR, Cereal CinnTst WG IW

1.00 @ 1 each	150.00	0.00	0.00	115.00	3.50	21.00	30.00	2.00	0.00	3.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	200.00	-*	1.80
---------------	--------	------	------	--------	------	-------	-------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	--------	----	------

M51267 BRD: MUF AP, BLUEBRY 2OZ IW WG (1BG)

1.00 @ 1 muffin	190.00	2.00	9.47	130.00	6.00	28.42	31.00	3.00	40.00	2.00	-*	100.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	20.00	-*	0.72
-----------------	--------	------	------	--------	------	-------	-------	------	-------	------	----	--------	----	----	----	------	----	----	----	----	----	-------	----	------

M51268 BRD: MUF AP, CHOC CHOC CHIP 2OZ IW WG (1BG)

2.00 @ 1 muffin	200.00	2.00	9.00	135.00	6.00	27.00	32.00	4.00	40.00	3.00	180.00	100.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	40.00	-*	1.44
-----------------	--------	------	------	--------	------	-------	-------	------	-------	------	--------	--------	----	----	----	------	----	----	----	----	----	-------	----	------

M51848 BRD: POPTARTS, Straw 1.76oz WG

5.00 @ 1 package	180.00	1.00	5.00	180.00	2.50	12.50	38.00	2.00	0.00	3.00	-*	500.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	100.00	-*	1.80
------------------	--------	------	------	--------	------	-------	-------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M51849 BRD: POPTARTS, Cinn 1.76oz WG

1.00 @ 1 package	180.00	1.00	5.00	190.00	2.50	12.50	37.00	2.00	0.00	3.00	-*	500.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	100.00	-*	1.80
------------------	--------	------	------	--------	------	-------	-------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Marcus HS

Service Area: Marcus - 9-12 - OVS

Menu Name: Marcus HS 2018-2019 Menu - cycle 1 - week 3

Avg.Method: Balanced

M51684 BRD: POPTARTS, Fudge 1.76oz WG

2.00 @ 1 package	180.00	1.00	5.00	190.00	3.00	15.00	38.00	3.00	0.00	3.00	-*	500.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	100.00	-*	1.80
------------------	--------	------	------	--------	------	-------	-------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M51994 CHEESE, COLBY JK Stick 1ea 1.0

8.00 @ 1 stick	90.00	4.00	40.00	200.01	6.00	60.00	0.00	7.00	20.00	0.00	0.00	200.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	200.01	-*	0.00
----------------	-------	------	-------	--------	------	-------	------	------	-------	------	------	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M50792 YOGURT SS, Trix Straw/Ban 4oz

1.00 @ 1 each	80.00	0.00	0.00	60.00	0.50	5.63	15.00	4.00	5.00	0.00	140.00	500.04	-*	-*	-*	0.00	-*	-*	-*	-*	-*	100.01	-*	0.00
---------------	-------	------	------	-------	------	------	-------	------	------	------	--------	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M51237 BRD: BREAD WG, Tst Marg 1sl

10.00 @ 1 slice	110.00	1.33	10.91	160.00	4.33	35.45	15.00	3.00	0.00	1.00	1.33*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	1.08
-----------------	--------	------	-------	--------	------	-------	-------	------	------	------	-------	------	----	----	----	------	----	----	----	----	----	------	----	------

M50670 EGG: Hard Boiled FC AP 1.5

2.00 @ 1 each	80.00	1.50	16.88	60.00	5.00	56.25	1.00	6.00	185.00	0.00	-*	300.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	20.00	-*	0.72
---------------	-------	------	-------	-------	------	-------	------	------	--------	------	----	--------	----	----	----	------	----	----	----	----	----	-------	----	------

M66342 YOGURT, PARFAIT BLUEBERRY 1.0

4.00 @ 1 serving	139.77	0.61	3.90	66.72	1.75	11.28	27.13	4.00	5.00	1.22	183.86	516.81	80.06*	0.17*	5.86*	0.89	0.01*	0.01*	0.19*	0.02*	0.00*	102.93	3.93*	0.16
------------------	--------	------	------	-------	------	-------	-------	------	------	------	--------	--------	--------	-------	-------	------	-------	-------	-------	-------	-------	--------	-------	------

M52975 BRD: WAFFLE, RS SS WG (3.25BG)

7.00 @ 1 each	240.06	0.00	0.00	506.14	2.86	10.71	50.30	6.86	0.00	6.86	1.05*	0.00	0.00*	0.00*	0.00*	0.00	0.00*	0.00*	0.00*	0.00*	0.00*	288.94	0.00*	3.09
---------------	--------	------	------	--------	------	-------	-------	------	------	------	-------	------	-------	-------	-------	------	-------	-------	-------	-------	-------	--------	-------	------

M52657 FRUIT: BLUEBERRIES, Fz 1/8c

1.00 @ 1/8 cup	8.89	0.01	0.94	0.17	0.11	11.29	2.12	0.07	0.00	0.47	9.41	8.01	0.00	0.08	2.86	0.44	0.01	0.01	0.09	0.01	0.00	1.39	1.92	0.03
----------------	------	------	------	------	------	-------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------

M53629 FRUIT: STRAWBERRIES, Frsh 1/8c

1.00 @ 1/8 cup	6.14	0.00	0.42	0.19	0.06	8.44	1.47	0.13	0.00	0.38	29.37	2.30	0.00	0.06	0.42	11.29	0.00	0.00	0.07	0.01	0.00	3.07	4.61	0.08
----------------	------	------	------	------	------	------	------	------	------	------	-------	------	------	------	------	-------	------	------	------	------	------	------	------	------

M52817 DESRT: TOPPING, CHOCOLATE CHIPS SEMISWT (TBSP)

4.00 @ 1 tablespoon	51.03	1.89	33.28	1.17	3.19	56.25	6.79	0.45	0.00	0.63	38.80	0.00	0.00	0.03	0.60	0.00	0.01	0.01	0.05	0.00	0.00	3.40	14.03	0.33
---------------------	-------	------	-------	------	------	-------	------	------	------	------	-------	------	------	------	------	------	------	------	------	------	------	------	-------	------

M52816 DESRT: TOPPING, Whipd NonDairy

4.00 @ 1 tablespoon	13.47	1.00	66.56	0.81	1.00	67.06	1.06	0.05	0.01	0.01	-*	0.20	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.15	-*	0.00
---------------------	-------	------	-------	------	------	-------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M50429 FRUIT: CANTALOUPE, Fresh 1/2c

30.00 @ 1/2 cup	25.70	0.04	1.35	12.10	0.14	5.03	6.17	0.63	0.00	0.68	201.84	2556.59	0.00	0.04	1.89	27.74	0.03	0.01	0.55	0.05	0.00	6.80	11.34	0.16
-----------------	-------	------	------	-------	------	------	------	------	------	------	--------	---------	------	------	------	-------	------	------	------	------	------	------	-------	------

M53549 FRUIT: APPLESAUCE,Unswt AP1/2c

15.00 @ 1/2 cup	52.77	0.00	0.00	10.55	0.00	0.00	13.72	0.00	0.00	2.11	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
-----------------	-------	------	------	-------	------	------	-------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M53365 JUICE SS, Grape100% 4oz Cart

* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Marcus HS

Service Area: Marcus - 9-12 - OVS

Menu Name: Marcus HS 2018-2019 Menu - cycle 1 - week 3

Avg.Method: Balanced

55.00 @ 1 each	80.00	0.00	0.00	15.00	0.00	0.00	18.00	1.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50																								
20.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00
M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50																								
60.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00
M53222 COND PC Margarine 5g																								
20.00 @ 1 each	30.00	1.00	30.00	30.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	500.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50854 COND PC Jelly, #4 Smuckers																								
15.00 @ 1 each	35.00	0.00	0.00	5.00	0.00	0.00	9.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50056 COND PC Sauce, Taco 9g																								
1.00 @ 1 each	5.00	0.00	0.00	55.00	0.00	0.00	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50058 COND PC Syrup 1.4oz Smuckers																								
100.00 @ 1 each	110.00	0.00	0.00	25.00	0.00	0.00	29.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
Average	533.86	2.65	4.47	496.11	10.05	16.94	98.63	13.43	11.75	3.81	76.55*	1433.73	3.2*	.02*	.86*	10.41	.01*	.01*	.18*	.02*	0*	330.1	4.19*	2.41

* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Marcus HS

Service Area: Marcus - 9-12 - OVS

Menu Name: Marcus HS 2018-2019 Menu - cycle 1 - week 3

Avg.Method: Balanced

Age Group: Lunch Grades 9-12 **Period:** Lunch **Week:** 3 **Day:** Wednesday **Count Type:** Forecasted **Total No. of Customers:** 100

Weekly Std.	SFA		Na (mg)	Fat		CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)
	CAL	(g)		% of CAL	(g)																		
750.00-850.00		10.00	1420.00																		4.68		

M51935 CHIX FLT, BREAST BRD WG 2.0 MWWW

22.00 @ 1 each	199.76	1.50	6.75	289.65	8.99	40.50	8.99	18.98	44.95	3.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	1.08
----------------	--------	------	------	--------	------	-------	------	-------	-------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M55690 BRD: WAFFLE, AP WG 1EA (1BG)

22.00 @ 1 each	90.00	0.00	0.00	160.00	3.00	30.00	14.00	2.00	0.00	1.00	65.00	300.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	60.00	-*	1.80
----------------	-------	------	------	--------	------	-------	-------	------	------	------	-------	--------	----	----	----	------	----	----	----	----	----	-------	----	------

M53487 SALAD, Kickin Pinto TacoSC2.25

1.00 @ 1 each	225.42	3.23	12.89	269.05	5.73	22.89	33.82	11.60	16.10	7.18	226.93*	3778.06	0.00*	0.20*	40.54*	8.98	0.07*	0.06*	0.92*	0.11*	0.00*	185.21	43.73*	2.39
---------------	--------	------	-------	--------	------	-------	-------	-------	-------	------	---------	---------	-------	-------	--------	------	-------	-------	-------	-------	-------	--------	--------	------

M54540 BRD: TORTILLA, CHIP RND WG 2BG

1.00 @ 1 serving	224.59	1.60	6.43	184.48	9.63	38.57	32.08	3.21	0.00	3.21	0.00	0.00	0.00	-*	-*	0.00	-*	-*	-*	-*	-*	48.13	-*	0.80
------------------	--------	------	------	--------	------	-------	-------	------	------	------	------	------	------	----	----	------	----	----	----	----	----	-------	----	------

M52043 PIZZA HUT PIZZA 6" EXPRESS CHZ SS 2.25

4.00 @ 1 pizza	374.18	4.99	12.01	685.27	13.41	32.25	38.44	24.92	24.70	4.27	-*	692.07	-*	-*	-*	5.36	-*	-*	-*	-*	-*	410.71	-*	2.57
----------------	--------	------	-------	--------	-------	-------	-------	-------	-------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M53931 PIZZA HUT PIZZA 6" EXPRESS PEPP SS 2.0

4.00 @ 1 pizza	385.19	5.31	12.42	711.32	14.98	35.01	38.49	24.17	27.17	4.35	-*	662.85	-*	-*	-*	5.43	-*	-*	-*	-*	-*	354.34	-*	2.65
----------------	--------	------	-------	--------	-------	-------	-------	-------	-------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M54307 PIZZA HUT PIZZA 6" EXPRESS SSG SS 2.25

5.00 @ 1 pizza	439.08	7.15	14.66	836.54	20.45	41.92	38.35	25.40	37.42	4.27	-*	689.00	-*	-*	-*	5.36	-*	-*	-*	-*	-*	356.37	-*	2.86
----------------	--------	------	-------	--------	-------	-------	-------	-------	-------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M54310 PIZZA HUT PIZZA 6" EXPRESS BBQ CHIX SS 2.25

2.00 @ 1 pizza	400.94	4.66	10.46	805.79	13.17	29.57	42.83	27.77	38.53	4.36	-*	667.19	-*	-*	-*	5.81	-*	-*	-*	-*	-*	350.99	-*	2.67
----------------	--------	------	-------	--------	-------	-------	-------	-------	-------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M54520 PIZZA HUT COND PC CHEESE GRATED 2.5G

10.00 @ 1 each	10.00	0.00	0.00	50.00	1.00	90.00	0.00	1.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
----------------	-------	------	------	-------	------	-------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M54521 PIZZA HUT COND PC PEPPER RED CRUSHED 1G

10.00 @ 1 each	5.00	0.00	0.00	0.00	0.00	0.00	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
----------------	------	------	------	------	------	------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M52963 CHIX Popcorn, AP WG 2.0

3.00 @ 1 serving	250.19	2.72	9.78	380.72	14.14	50.87	15.23	15.23	21.76	3.26	-*	108.78	-*	-*	-*	0.00	-*	-*	-*	-*	-*	43.51	-*	1.96
------------------	--------	------	------	--------	-------	-------	-------	-------	-------	------	----	--------	----	----	----	------	----	----	----	----	----	-------	----	------

M51753 CHIX Popcorn, AP Spicy WG 2.0

3.00 @ 1 serving	247.14	2.69	9.78	365.34	13.97	50.87	16.12	13.97	21.49	2.15	-*	107.45	-*	-*	-*	0.00	-*	-*	-*	-*	-*	42.98	-*	1.93
------------------	--------	------	------	--------	-------	-------	-------	-------	-------	------	----	--------	----	----	----	------	----	----	----	----	----	-------	----	------

* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Marcus HS

Service Area: Marcus - 9-12 - OVS

Menu Name: Marcus HS 2018-2019 Menu - cycle 1 - week 3

Avg.Method: Balanced

M54482 CHIX NUGGET, BNLS WING HONEY SRIRACHA WG (6) 2.0 MWWM

3.00 @ 6 each	284.98	2.25	7.11	374.97	13.50	42.63	21.00	22.50	52.50	1.50	-*	299.98	-*	-*	-*	1.80	-*	-*	-*	-*	-*	0.00	-*	1.62
---------------	--------	------	------	--------	-------	-------	-------	-------	-------	------	----	--------	----	----	----	------	----	----	----	----	----	------	----	------

M51680 BRD: ROLL DG, WG 2.5oz

9.00 @ 1 each	170.00	0.50	2.65	135.00	3.00	15.88	28.00	7.00	0.00	3.40	-*	0.01	-*	-*	-*	0.01	-*	-*	-*	-*	-*	12.70	-*	0.85
---------------	--------	------	------	--------	------	-------	-------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	-------	----	------

M52610 HOT DOG, Plain WG 2.0

2.00 @ 1 each	290.00	4.00	12.41	1040.01	14.00	43.45	29.00	12.00	50.00	2.00	-*	300.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	120.00	-*	2.52
---------------	--------	------	-------	---------	-------	-------	-------	-------	-------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M55774 STICKS, MAX SNAX PIZZA W/MARINARA AP WG 2.0

2.00 @ 2 each	319.87	2.00	5.63	649.89	9.00	25.32	39.98	18.00	10.00	4.00	-*	898.95	-*	-*	-*	8.98	-*	-*	-*	-*	-*	439.92	-*	3.24
---------------	--------	------	------	--------	------	-------	-------	-------	-------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M54308 STICKS, CRISPITO CHIXCHILI AP WG 2.0 (2EA)

3.00 @ 2 each	540.00	6.00	10.00	740.00	28.00	46.67	46.00	24.00	50.00	6.00	-*	1500.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	80.00	-*	3.60
---------------	--------	------	-------	--------	-------	-------	-------	-------	-------	------	----	---------	----	----	----	------	----	----	----	----	----	-------	----	------

M51189 COND_Sauce, Chz SS W (LOL) .5

3.00 @ 2 fl oz	99.97	4.50	40.50	399.86	7.00	63.00	3.00	5.00	19.99	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	149.95	-*	0.00
----------------	-------	------	-------	--------	------	-------	------	------	-------	------	----	------	----	----	----	------	----	----	----	----	----	--------	----	------

M51228 BRD: BUN, Hamburger WG

15.00 @ 1 each	140.00	0.00	0.00	300.00	2.00	12.86	27.00	5.00	0.00	2.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	40.00	-*	1.44
----------------	--------	------	------	--------	------	-------	-------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	-------	----	------

M51648 BEEF Pty, AP 100% 2.0

8.00 @ 1 each	130.00	3.00	20.77	45.00	8.00	55.39	1.00	12.00	35.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	1.08
---------------	--------	------	-------	-------	------	-------	------	-------	-------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M51359 CHIX FLT, BREAST GRD 2.0 MWWM

1.00 @ 1 each	100.00	1.00	9.00	310.00	4.00	36.00	1.00	15.00	40.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.72
---------------	--------	------	------	--------	------	-------	------	-------	-------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M51935 CHIX FLT, BREAST BRD WG 2.0 MWWM

3.00 @ 1 each	199.76	1.50	6.75	289.65	8.99	40.50	8.99	18.98	44.95	3.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	1.08
---------------	--------	------	------	--------	------	-------	------	-------	-------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M51936 CHIX FLT, BREAST BRD SPICY WG 2.0 MWWM

3.00 @ 1 each	229.84	2.00	7.82	479.66	9.99	39.13	14.99	20.99	49.96	1.00	-*	99.93	-*	-*	-*	0.00	-*	-*	-*	-*	-*	19.99	-*	1.44
---------------	--------	------	------	--------	------	-------	-------	-------	-------	------	----	-------	----	----	----	------	----	----	----	----	----	-------	----	------

M51005 CHEESE, AM (184ct) Slices 1.0

2.00 @ 3 slice	134.99	6.75	45.00	599.97	10.50	70.00	1.50	7.50	37.50	0.00	-*	299.98	-*	-*	-*	0.00	-*	-*	-*	-*	-*	224.99	-*	0.00
----------------	--------	------	-------	--------	-------	-------	------	------	-------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M53381 CHEESE, CH Slices 1.0

2.00 @ 2 slice	110.01	5.00	40.91	180.01	9.00	73.64	1.00	6.00	30.00	0.00	20.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	199.01	-*	0.00
----------------	--------	------	-------	--------	------	-------	------	------	-------	------	-------	------	----	----	----	------	----	----	----	----	----	--------	----	------

M53385 CHEESE, SW Slices 1.0

2.00 @ 2 slice	110.01	5.00	40.91	50.00	9.00	73.64	0.00	8.00	25.00	0.00	20.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	249.01	-*	0.00
----------------	--------	------	-------	-------	------	-------	------	------	-------	------	-------	------	----	----	----	------	----	----	----	----	----	--------	----	------

* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Marcus HS

Service Area: Marcus - 9-12 - OVS

Menu Name: Marcus HS 2018-2019 Menu - cycle 1 - week 3

Avg.Method: Balanced

M50999 CHEESE, JK Slices 1.0

2.00 @ 2 slice	100.00	5.00	45.00	180.01	8.00	72.00	1.00	7.00	30.00	0.00	25.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	197.01	-*	0.00
----------------	--------	------	-------	--------	------	-------	------	------	-------	------	-------	------	----	----	----	------	----	----	----	----	----	--------	----	------

M51003 CHEESE, PV Slices 1.0

2.00 @ 2 slice	100.00	5.00	45.00	250.01	7.00	63.00	1.00	7.00	20.00	0.00	40.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	212.01	-*	0.00
----------------	--------	------	-------	--------	------	-------	------	------	-------	------	-------	------	----	----	----	------	----	----	----	----	----	--------	----	------

M51017 VEG GARN: Rom Leaf 1ea

4.00 @ 1 each	2.41	0.01	2.06	1.13	0.04	15.88	0.47	0.17	0.00	0.30	35.01	1234.63	0.00	0.02	14.53	0.57	0.01	0.01	0.04	0.01	0.00	4.68	4.25	0.14
---------------	------	------	------	------	------	-------	------	------	------	------	-------	---------	------	------	-------	------	------	------	------	------	------	------	------	------

M51008 VEG: TOMATOES, FRESH SLCD (2SL) 1/8C

4.00 @ 1/8 cup	5.10	0.01	1.40	1.42	0.06	10.00	1.10	0.25	0.00	0.34	67.18	236.14	0.00	0.15	2.24	3.88	0.01	0.01	0.17	0.02	0.00	2.83	6.80	0.08
----------------	------	------	------	------	------	-------	------	------	------	------	-------	--------	------	------	------	------	------	------	------	------	------	------	------	------

M51013 VEG: ONIONS, Red Slice 1ea

2.00 @ 1 slice	2.83	0.00	0.94	0.28	0.01	2.25	0.66	0.08	0.00	0.12	10.35	0.14	0.00	0.00	0.03	0.52	0.00	0.00	0.01	0.01	0.00	1.63	2.06	0.01
----------------	------	------	------	------	------	------	------	------	------	------	-------	------	------	------	------	------	------	------	------	------	------	------	------	------

M50892 COND_PEPPERS, JALAPENO CND TBSP

2.00 @ 1 tablespoon	3.12	0.00	0.00	240.96	0.09	27.20	0.48	0.09	0.00	0.26	19.38	-*	-*	-*	-*	1.00	-*	-*	-*	-*	-*	2.31	-*	0.19
---------------------	------	------	------	--------	------	-------	------	------	------	------	-------	----	----	----	----	------	----	----	----	----	----	------	----	------

M50176 COND_Pickle, Dill Slice 2ea

5.00 @ 2 slice	1.62	0.01	4.72	162.08	0.05	25.17	0.24	0.06	0.00	0.14	-*	0.00	-*	-*	-*	0.21	-*	-*	-*	-*	-*	8.65	-*	0.05
----------------	------	------	------	--------	------	-------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M50929 SUB 6" FZ, CHam CH WG 2.0

2.00 @ 1 sandwich	354.93	5.27	13.36	768.70	14.39	36.49	33.54	21.60	75.00	3.94	147.21*	2705.43	0.00*	0.19*	31.30*	5.03	0.03*	0.02*	0.26*	0.04*	0.00*	125.21	15.31*	2.34
-------------------	--------	------	-------	--------	-------	-------	-------	-------	-------	------	---------	---------	-------	-------	--------	------	-------	-------	-------	-------	-------	--------	--------	------

M53347 SDW BD, SB WG 2.0

1.00 @ 1 sandwich	558.71	3.99	6.42	579.16	35.89	57.81	43.95	19.95	0.00	5.99	378.78*	0.00	0.00*	-*	-*	0.00	-*	-*	-*	-*	-*	59.81	-*	5.35
-------------------	--------	------	------	--------	-------	-------	-------	-------	------	------	---------	------	-------	----	----	------	----	----	----	----	----	-------	----	------

M50962 SDW BD, SBJ WG 2.0

1.00 @ 1 sandwich	658.38	3.99	5.45	579.16	35.89	49.06	69.87	19.95	0.00	5.99	378.78*	0.00	0.00*	-*	-*	0.00	-*	-*	-*	-*	-*	59.81	-*	5.35
-------------------	--------	------	------	--------	-------	-------	-------	-------	------	------	---------	------	-------	----	----	------	----	----	----	----	----	-------	----	------

M52708 BRD: ROLL DG, Sub 6" WG

4.00 @ 1 roll	170.00	0.50	2.65	180.00	3.00	15.88	28.00	6.00	0.00	3.00	-*	0.01	-*	-*	-*	0.01	-*	-*	-*	-*	-*	13.52	-*	1.45
---------------	--------	------	------	--------	------	-------	-------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	-------	----	------

M52782 BRD: FLATBREAD 6" X 6" 2OZ WG (2BG)

3.00 @ 1 each	180.00	1.00	5.00	310.00	5.00	25.00	28.00	5.00	0.00	2.69	-*	0.07	-*	-*	-*	0.07	-*	-*	-*	-*	-*	22.88	-*	0.83
---------------	--------	------	------	--------	------	-------	-------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	-------	----	------

M54775 BRD: CROISSANT, SLICED WG

4.00 @ 1 each	243.91	6.47	23.87	253.40	12.05	44.44	29.25	5.44	32.35	0.91	15.14	313.46	0.31	0.00	0.00	2.82	0.25	1.93	0.85	0.00	0.01	15.66	3.96	1.63
---------------	--------	------	-------	--------	-------	-------	-------	------	-------	------	-------	--------	------	------	------	------	------	------	------	------	------	-------	------	------

M53393 TKY, Breast Sliced 1.0

7.00 @ 1 serving	60.00	0.50	7.50	220.00	2.00	30.00	2.00	9.00	25.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	20.00	-*	0.36
------------------	-------	------	------	--------	------	-------	------	------	-------	------	----	------	----	----	----	------	----	----	----	----	----	-------	----	------

* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Marcus HS

Service Area: Marcus - 9-12 - OVS

Menu Name: Marcus HS 2018-2019 Menu - cycle 1 - week 3

Avg.Method: Balanced

M53569 CHIX, BLACK FOREST HAM SLICED 1.0

2.00 @ 1 serving	80.00	1.50	16.88	330.00	4.50	50.63	2.00	8.00	40.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.36
------------------	-------	------	-------	--------	------	-------	------	------	-------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M51976 CHIX Dcd Deli Salad W 1.0

2.00 @ 1 No 16 Scoop	76.63	0.94	10.98	129.00	4.42	51.89	1.48	6.99	24.65	0.18	27.40*	47.33	0.00*	0.03*	2.98*	0.37	0.00*	0.01*	0.03*	0.01*	0.00*	4.41	2.64*	0.30
----------------------	-------	------	-------	--------	------	-------	------	------	-------	------	--------	-------	-------	-------	-------	------	-------	-------	-------	-------	-------	------	-------	------

M51005 CHEESE, AM (184ct) Slices 1.0

2.00 @ 3 slice	134.99	6.75	45.00	599.97	10.50	70.00	1.50	7.50	37.50	0.00	-*	299.98	-*	-*	-*	0.00	-*	-*	-*	-*	-*	224.99	-*	0.00
----------------	--------	------	-------	--------	-------	-------	------	------	-------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M53381 CHEESE, CH Slices 1.0

2.00 @ 2 slice	110.01	5.00	40.91	180.01	9.00	73.64	1.00	6.00	30.00	0.00	20.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	199.01	-*	0.00
----------------	--------	------	-------	--------	------	-------	------	------	-------	------	-------	------	----	----	----	------	----	----	----	----	----	--------	----	------

M53385 CHEESE, SW Slices 1.0

1.00 @ 2 slice	110.01	5.00	40.91	50.00	9.00	73.64	0.00	8.00	25.00	0.00	20.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	249.01	-*	0.00
----------------	--------	------	-------	-------	------	-------	------	------	-------	------	-------	------	----	----	----	------	----	----	----	----	----	--------	----	------

M50999 CHEESE, JK Slices 1.0

1.00 @ 2 slice	100.00	5.00	45.00	180.01	8.00	72.00	1.00	7.00	30.00	0.00	25.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	197.01	-*	0.00
----------------	--------	------	-------	--------	------	-------	------	------	-------	------	-------	------	----	----	----	------	----	----	----	----	----	--------	----	------

M51003 CHEESE, PV Slices 1.0

1.00 @ 2 slice	100.00	5.00	45.00	250.01	7.00	63.00	1.00	7.00	20.00	0.00	40.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	212.01	-*	0.00
----------------	--------	------	-------	--------	------	-------	------	------	-------	------	-------	------	----	----	----	------	----	----	----	----	----	--------	----	------

M51017 VEG GARN: Rom Leaf 1ea

4.00 @ 1 each	2.41	0.01	2.06	1.13	0.04	15.88	0.47	0.17	0.00	0.30	35.01	1234.63	0.00	0.02	14.53	0.57	0.01	0.01	0.04	0.01	0.00	4.68	4.25	0.14
---------------	------	------	------	------	------	-------	------	------	------	------	-------	---------	------	------	-------	------	------	------	------	------	------	------	------	------

M51008 VEG: TOMATOES, FRESH SLCD (2SL) 1/8C

4.00 @ 1/8 cup	5.10	0.01	1.40	1.42	0.06	10.00	1.10	0.25	0.00	0.34	67.18	236.14	0.00	0.15	2.24	3.88	0.01	0.01	0.17	0.02	0.00	2.83	6.80	0.08
----------------	------	------	------	------	------	-------	------	------	------	------	-------	--------	------	------	------	------	------	------	------	------	------	------	------	------

M51013 VEG: ONIONS, Red Slice 1ea

2.00 @ 1 slice	2.83	0.00	0.94	0.28	0.01	2.25	0.66	0.08	0.00	0.12	10.35	0.14	0.00	0.00	0.03	0.52	0.00	0.00	0.01	0.01	0.00	1.63	2.06	0.01
----------------	------	------	------	------	------	------	------	------	------	------	-------	------	------	------	------	------	------	------	------	------	------	------	------	------

M52162 VEG: SPINACH, FRESH LEAVES 1/4C

2.00 @ 1/4 cup	3.12	0.01	2.47	10.73	0.05	15.26	0.49	0.39	0.00	0.30	75.79	1273.70	0.00	0.28	65.59	3.82	0.01	0.03	0.10	0.03	0.00	13.45	6.66	0.37
----------------	------	------	------	-------	------	-------	------	------	------	------	-------	---------	------	------	-------	------	------	------	------	------	------	-------	------	------

M52661 VEG: CUCUMBER, Fresh Slice1/8c

2.00 @ 1/8 cup	2.75	0.01	2.22	0.37	0.02	6.60	0.66	0.12	0.00	0.09	26.91	19.22	0.00	0.01	3.00	0.51	0.00	0.01	0.02	0.01	0.00	2.93	4.39	0.05
----------------	------	------	------	------	------	------	------	------	------	------	-------	-------	------	------	------	------	------	------	------	------	------	------	------	------

M53523 VEG: PEPPERS, Red Strips1/4c

2.00 @ 1/4 cup	7.78	0.01	0.78	1.00	0.08	8.71	1.51	0.25	0.00	0.53	52.96	785.87	0.00	0.40	1.23	32.05	0.01	0.02	0.25	0.07	0.00	1.76	6.53	0.11
----------------	------	------	------	------	------	------	------	------	------	------	-------	--------	------	------	------	-------	------	------	------	------	------	------	------	------

M50891 COND_OLIVES, BLACK SLICED TBSP

* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Marcus HS

Service Area: Marcus - 9-12 - OVS

Menu Name: Marcus HS 2018-2019 Menu - cycle 1 - week 3

Avg.Method: Balanced

1.00 @ 1 tablespoon	14.04	0.17	10.96	58.74	1.27	81.48	0.52	0.13	0.00	0.31	-*	5.23	-*	-*	-*	0.21	-*	-*	-*	-*	-*	7.97	-*	0.18
M50176 COND_Pickle, Dill Slice 2ea																								
4.00 @ 2 slice	1.62	0.01	4.72	162.08	0.05	25.17	0.24	0.06	0.00	0.14	-*	0.00	-*	-*	-*	0.21	-*	-*	-*	-*	-*	8.65	-*	0.05
M66605 BRD: TORTILLA FLOUR 10" WG																								
3.00 @ 1 each	180.00	1.50	7.50	250.00	4.50	22.50	29.00	5.00	0.00	3.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	100.00	-*	1.44
M66461 BRD: TORTILLA FLOUR 6" WG																								
4.00 @ 2 each	180.00	1.00	5.00	250.00	5.00	25.00	28.00	6.00	0.00	2.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	120.00	-*	1.44
M54540 BRD: TORTILLA, CHIP RND WG 2BG																								
6.00 @ 1 serving	224.59	1.60	6.43	184.48	9.63	38.57	32.08	3.21	0.00	3.21	0.00	0.00	0.00	-*	-*	0.00	-*	-*	-*	-*	-*	48.13	-*	0.80
M52605 RICE, Cilantro WG 2BG																								
2.00 @ 1 cup	235.20	0.43	1.64	190.28	1.79	6.83	47.44	4.99	0.00	2.02	133.62*	90.09	0.00*	0.03*	2.94*	0.62	0.00*	0.00*	0.02*	0.00*	0.00*	12.88	1.10*	0.49
M51175 BEEF Gd, Taco Meat SC 1.0																								
7.00 @ 1 No 24 Scoop	78.71	1.65	18.88	56.06	4.38	50.12	1.22	8.02	25.24	0.15	122.30*	121.25	0.57*	0.08*	0.61*	1.55	0.01*	0.06*	1.81*	0.13*	0.79*	9.04	69.27*	1.00
M52584 CHIX Strips, Fajita DkMt 1.0																								
6.00 @ 2 fl oz	76.93	1.01	11.78	124.77	3.56	41.66	1.34	10.09	35.00	0.09	9.12*	46.95	0.00*	0.07*	0.17*	0.02	0.00*	0.00*	0.03*	0.01*	0.00*	12.26	2.39*	0.69
M67585 MMA: BEANS, PINTO KICKIN' 1.0																								
2.00 @ 1/4 cup	66.95	0.08	1.11	99.41	0.39	5.30	12.53	3.13	0.59	2.52	0.10*	60.68	0.00*	0.00*	0.00*	1.23	0.00*	0.00*	0.00*	0.00*	0.00*	32.08	0.00*	0.85
M53386 CHEESE, CH Shreds 1.0																								
7.00 @ 2 fl oz	110.00	6.00	49.09	189.99	9.00	73.64	1.00	7.00	30.00	0.00	0.00	280.99	-*	-*	-*	0.00	-*	-*	-*	-*	-*	201.99	-*	0.19
M50921 COND_Sauce, Chz SS W (LOL) 1.0																								
8.00 @ 3 fl oz	149.95	6.75	40.50	599.79	10.50	63.00	4.50	7.50	29.99	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	224.92	-*	0.00
M51420 VEG GARN: Rom Shrds/Tom Dice																								
3.00 @ 1 serving	5.03	0.01	1.56	1.63	0.06	11.41	1.06	0.27	0.00	0.40	67.90	794.43	0.00	0.12	8.94	3.20	0.01	0.01	0.15	0.02	0.00	4.47	7.23	0.13
M52379 VEG: ONIONS, Yellow Diced 1/8c																								
3.00 @ 1/8 cup	8.62	0.01	0.94	0.86	0.02	2.25	2.01	0.24	0.00	0.37	31.47	0.43	0.00	0.00	0.09	1.60	0.01	0.01	0.03	0.03	0.00	4.96	6.25	0.05
M50892 COND_PEPPERS, JALAPENO CND TBSP																								
3.00 @ 1 tablespoon	3.12	0.00	0.00	240.96	0.09	27.20	0.48	0.09	0.00	0.26	19.38	-*	-*	-*	-*	1.00	-*	-*	-*	-*	-*	2.31	-*	0.19

* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Marcus HS

Service Area: Marcus - 9-12 - OVS

Menu Name: Marcus HS 2018-2019 Menu - cycle 1 - week 3

Avg.Method: Balanced

M50891 COND_OLIVES, BLACK SLICED TBSP

3.00 @ 1 tablespoon	14.04	0.17	10.96	58.74	1.27	81.48	0.52	0.13	0.00	0.31	-*	5.23	-*	-*	-*	0.21	-*	-*	-*	-*	-*	7.97	-*	0.18
------------------------	-------	------	-------	-------	------	-------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M55430 COND_HERB, CILANTRO

3.00 @ 1 tablespoon	0.82	0.00	0.55	1.63	0.02	20.35	0.13	0.08	0.00	0.10	18.46	239.13	0.00	0.09	10.99	0.96	0.00	0.01	0.04	0.01	0.00	2.37	1.70	0.06
------------------------	------	------	------	------	------	-------	------	------	------	------	-------	--------	------	------	-------	------	------	------	------	------	------	------	------	------

M53421 VEG: POTATO, TATER BITES 1/2 C

20.00 @ 1/2 cup	135.55	1.69	11.25	279.56	6.78	45.00	16.10	1.69	0.00	1.69	271.09	0.00	-*	-*	-*	2.03	-*	-*	-*	-*	-*	0.00	-*	0.61
-----------------	--------	------	-------	--------	------	-------	-------	------	------	------	--------	------	----	----	----	------	----	----	----	----	----	------	----	------

M52770 VEG: CELERY, Sticks 1/2c

15.00 @ 1/2 cup	9.92	0.03	2.36	49.61	0.11	9.56	1.84	0.43	0.00	0.99	161.23	278.43	0.00	0.17	18.17	1.92	0.01	0.04	0.20	0.05	0.00	24.80	14.88	0.12
-----------------	------	------	------	-------	------	------	------	------	------	------	--------	--------	------	------	-------	------	------	------	------	------	------	-------	-------	------

M51297 VEG: SALAD, Side GardChop 1c

10.00 @ 1 cup	16.35	0.03	1.45	12.76	0.18	9.94	3.56	0.83	0.00	1.42	182.84	5064.79	0.00	0.18	45.89	9.01	0.05	0.04	0.32	0.07	0.00	22.30	22.02	0.52
---------------	-------	------	------	-------	------	------	------	------	------	------	--------	---------	------	------	-------	------	------	------	------	------	------	-------	-------	------

M53419 VEG: POTATO, FF CTINAGEN7 1/2C

20.00 @ 1/2 cup	119.99	1.33	10.00	133.32	4.67	35.00	17.33	2.00	0.00	2.00	259.98	0.00	-*	-*	-*	3.20	-*	-*	-*	-*	-*	0.00	-*	0.48
-----------------	--------	------	-------	--------	------	-------	-------	------	------	------	--------	------	----	----	----	------	----	----	----	----	----	------	----	------

M51731 VEG: POTATO SWT, FF CRINKLE 1/2C

5.00 @ 1/2 cup	137.66	0.53	3.46	180.02	4.77	31.15	23.30	1.06	0.00	3.18	243.56	3176.86	-*	-*	-*	6.35	-*	-*	-*	-*	-*	21.18	-*	0.38
----------------	--------	------	------	--------	------	-------	-------	------	------	------	--------	---------	----	----	----	------	----	----	----	----	----	-------	----	------

M50529 FRUIT: GRAPES, Fresh 1/2c

20.00 @ 1/2 cup	56.80	0.10	1.53	1.70	0.30	4.70	14.54	0.53	0.00	0.76	161.94	84.78	0.00	0.16	12.38	3.39	0.08	0.05	0.25	0.09	0.00	11.87	8.48	0.25
-----------------	-------	------	------	------	------	------	-------	------	------	------	--------	-------	------	------	-------	------	------	------	------	------	------	-------	------	------

M51110 FRUIT: ORANGE Mand w/Jc 1/2c

15.00 @ 1/2 cup	51.73	0.00	0.00	6.26	0.03	0.44	12.19	0.70	0.00	0.94	-*	710.52	-*	-*	-*	37.06	-*	-*	-*	-*	-*	13.15	-*	0.43
-----------------	-------	------	------	------	------	------	-------	------	------	------	----	--------	----	----	----	-------	----	----	----	----	----	-------	----	------

M50979 JUICE SS, Apple 100% 4oz Cart

40.00 @ 1 each	60.00	0.00	0.00	15.00	0.00	0.00	14.00	0.00	0.00	0.00	85.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
----------------	-------	------	------	-------	------	------	-------	------	------	------	-------	------	----	----	----	------	----	----	----	----	----	------	----	------

M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50

20.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00
------------------	--------	------	-------	--------	------	-------	-------	------	-------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50

50.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00
------------------	--------	------	------	--------	------	------	-------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M50855 COND PC Ketchup 9g Heinz

100.00 @ 1 each	10.00	0.00	0.00	85.00	0.00	0.00	3.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
-----------------	-------	------	------	-------	------	------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M50055 COND PC Mayonnaise 12g

* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Marcus HS

Service Area: Marcus - 9-12 - OVS

Menu Name: Marcus HS 2018-2019 Menu - cycle 1 - week 3

Avg.Method: Balanced

10.00 @ 1 each	80.00	1.50	16.87	75.00	8.00	90.00	1.00	0.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
----------------	-------	------	-------	-------	------	-------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M50284 COND PC Mustard 6g

5.00 @ 1 each	0.00	0.00	-	65.00	0.00	-	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
---------------	------	------	---	-------	------	---	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M53222 COND PC Margarine 5g

50.00 @ 1 each	30.00	1.00	30.00	30.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	500.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
----------------	-------	------	-------	-------	------	-------	------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	------	----	------

M50624 COND PC Drsg Ranch 12g

50.00 @ 1 each	50.00	0.00	0.00	100.00	5.00	90.00	1.00	0.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
----------------	-------	------	------	--------	------	-------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M50623 COND PC Drsg Italian 12g

1.00 @ 1 each	30.00	0.00	0.00	130.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	100.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
---------------	-------	------	------	--------	------	-------	------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	------	----	------

M53116 COND PC Drsg Honey Mustard 12g

5.00 @ 1 each	15.00	0.00	0.00	65.00	0.00	0.00	4.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
---------------	-------	------	------	-------	------	------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M50056 COND PC Sauce, Taco 9g

5.00 @ 1 each	5.00	0.00	0.00	55.00	0.00	0.00	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
---------------	------	------	------	-------	------	------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M50287 COND PC Sauce, BBQ 12g

5.00 @ 1 each	15.00	0.00	0.00	160.00	0.00	0.00	4.00	0.00	0.00	0.00	-*	100.00	-*	-*	-*	0.60	-*	-*	-*	-*	-*	0.00	-*	0.00
---------------	-------	------	------	--------	------	------	------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	------	----	------

M51391 COND_Mayo, Chipotle W

5.00 @ 1 tablespoon	26.19	0.35	12.18	91.54	2.49	85.73	0.97	0.01	3.54	0.01	1.00*	91.64	-*	-*	-*	0.40	-*	-*	-*	-*	-*	0.00	-*	0.02
------------------------	-------	------	-------	-------	------	-------	------	------	------	------	-------	-------	----	----	----	------	----	----	----	----	----	------	----	------

M50060 COND_Mayo W

5.00 @ 1 tablespoon	33.07	0.47	12.86	94.49	3.31	90.00	0.94	0.00	4.72	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
------------------------	-------	------	-------	-------	------	-------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M50291 COND_Mustard, Yellow

5.00 @ 1 tablespoon	9.00	0.01	1.50	181.50	0.37	37.20	0.93	0.47	0.00	0.43	13.36	0.67	-*	-*	-*	0.13	-*	-*	-*	-*	-*	7.51	-*	0.19
------------------------	------	------	------	--------	------	-------	------	------	------	------	-------	------	----	----	----	------	----	----	----	----	----	------	----	------

M50692 COND_Dressing, DijonHnyMustard

5.00 @ 1 tablespoon	65.00	0.75	10.38	90.00	5.50	76.15	3.50	0.00	7.50	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
------------------------	-------	------	-------	-------	------	-------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M50622 COND_Dressing, Ranch Lite

10.00 @ 1 tablespoon	55.00	0.75	12.27	139.99	5.00	81.82	0.50	0.50	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	10.00	-*	0.00
-------------------------	-------	------	-------	--------	------	-------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	-------	----	------

M50292 COND_Sauce, BBQ Original AP

* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Marcus HS

Service Area: Marcus - 9-12 - OVS

Menu Name: Marcus HS 2018-2019 Menu - cycle 1 - week 3

Avg.Method: Balanced

3.00 @ 1 tablespoon	35.00	0.00	0.00	144.99	0.00	0.00	9.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	1.80	-*	-*	-*	-*	-*	0.00	-*	0.18
M50063 COND_Sauce, Buffalo Wing AP																								
3.00 @ 1 tablespoon	4.38	0.02	4.79	363.06	0.22	45.51	0.48	0.11	0.17	0.12	21.32	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	2.22	-*	0.07
M50087 COND_Salsa, Pico SC 1/8c																								
3.00 @ 1/8 cup	6.68	0.01	1.17	37.20	0.07	9.84	1.46	0.29	0.00	0.40	69.99	231.76*	0.00*	0.15*	2.94*	4.04	0.01*	0.01*	0.16*	0.03*	0.00*	4.19	7.40*	0.11
M66157 COND_SALSA, BLNDR SC 1/8C																								
3.00 @ 1/8 cup	9.65	0.01	1.33	45.21	0.10	9.06	2.10	0.42	0.00	0.59	27.10*	148.65*	0.00*	0.05*	6.02*	4.65	0.01*	0.01*	0.03*	0.02*	0.00*	16.79	4.05*	0.19
M53940 COND_Salsa, Verde SC 1/8c																								
3.00 @ 1/8 cup	10.75	0.03	2.54	25.36	0.23	19.29	2.13	0.37	0.00	0.61	83.93	260.93*	0.00*	0.16*	12.93*	3.96	0.02*	0.01*	0.40*	0.03*	0.00*	8.13	11.81*	0.22
M53295 COND_Sour Cream AP																								
5.00 @ 1 tablespoon	30.00	1.75	52.50	25.00	3.00	90.00	1.00	0.50	10.00	0.00	-*	99.99	-*	-*	-*	0.00	-*	-*	-*	-*	-*	20.00	-*	0.00
Average	639.37	6.99	9.84	1127.44	25.69	36.17	71.25	28.9	55.94	5.46	293.62*	2062.77*	.05*	.14*	14.99*	13.23	.04*	.11*	.34*	.05*	.06*	415.51	14.57*	3.07

* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Marcus HS

Service Area: Marcus - 9-12 - OVS

Menu Name: Marcus HS 2018-2019 Menu - cycle 1 - week 3

Avg.Method: Balanced

Age Group: Brkfst Grades K-12 **Period:** Breakfast **Week:** 3 **Day:** Thursday **Count Type:** Forecasted **Total No. of Customers:** 100

Weekly Std.	SFA		Na (mg)	Fat		CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)
	CAL	(g)		% of CAL	(g)																		
450.00-500.00		10.00	540.00																		100.00		

M53296 MELT BISC, EggPtyAMWG1.25(2BG)

55.00 @ 1 sandwich	315.00	10.75	30.71	720.01	18.50	52.86	28.50	9.50	107.50	2.00	-*	200.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	245.00	-*	1.44
--------------------	--------	-------	-------	--------	-------	-------	-------	------	--------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M51320 CEREAL BWL, Rice Krispies WG

1.00 @ 1 bowl	100.00	0.00	0.00	170.00	0.50	4.50	23.00	2.00	0.00	1.00	-*	1000.03	-*	-*	-*	12.00	-*	-*	-*	-*	-*	0.00	-*	8.10
---------------	--------	------	------	--------	------	------	-------	------	------	------	----	---------	----	----	----	-------	----	----	----	----	----	------	----	------

M50440 CEREAL BWL, CinnTstCrnch WG

5.00 @ 1 bowl	110.00	0.50	4.09	160.00	3.00	24.55	22.00	1.00	0.00	2.00	50.05	400.00	-*	-*	-*	4.80	-*	-*	-*	-*	-*	80.00	-*	3.60
---------------	--------	------	------	--------	------	-------	-------	------	------	------	-------	--------	----	----	----	------	----	----	----	----	----	-------	----	------

M50442 CEREAL BWL, Cocoa Puffs RS WG

4.00 @ 1 bowl	110.05	0.00	0.00	160.08	1.50	12.27	25.01	2.00	0.00	2.00	-*	500.25	-*	-*	-*	6.00	-*	-*	-*	-*	-*	100.05	-*	4.50
---------------	--------	------	------	--------	------	-------	-------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M50524 CEREAL BWL, Lucky Charms WG

5.00 @ 1 bowl	110.00	0.00	0.00	180.00	1.00	8.18	23.00	2.00	0.00	2.00	-*	500.01	-*	-*	-*	6.00	-*	-*	-*	-*	-*	100.00	-*	4.50
---------------	--------	------	------	--------	------	------	-------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M50525 CEREAL BWL, Trix RS WG

2.00 @ 1 bowl	110.00	0.00	0.00	140.00	1.00	8.18	24.00	1.00	0.00	1.00	-*	400.01	-*	-*	-*	4.80	-*	-*	-*	-*	-*	80.00	-*	4.50
---------------	--------	------	------	--------	------	------	-------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	-------	----	------

M52725 BRD: BAR, Cereal CocoPuf WG IW

1.00 @ 1 each	150.00	0.00	0.00	100.00	3.00	18.00	30.00	3.00	0.00	3.00	-*	100.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	200.00	-*	1.80
---------------	--------	------	------	--------	------	-------	-------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M52724 BRD: BAR, Cereal CinnTst WG IW

1.00 @ 1 each	150.00	0.00	0.00	115.00	3.50	21.00	30.00	2.00	0.00	3.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	200.00	-*	1.80
---------------	--------	------	------	--------	------	-------	-------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	--------	----	------

M51267 BRD: MUF AP, BLUEBRY 2OZ IW WG (1BG)

2.00 @ 1 muffin	190.00	2.00	9.47	130.00	6.00	28.42	31.00	3.00	40.00	2.00	-*	100.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	20.00	-*	0.72
-----------------	--------	------	------	--------	------	-------	-------	------	-------	------	----	--------	----	----	----	------	----	----	----	----	----	-------	----	------

M51268 BRD: MUF AP, CHOC CHOC CHIP 2OZ IW WG (1BG)

2.00 @ 1 muffin	200.00	2.00	9.00	135.00	6.00	27.00	32.00	4.00	40.00	3.00	180.00	100.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	40.00	-*	1.44
-----------------	--------	------	------	--------	------	-------	-------	------	-------	------	--------	--------	----	----	----	------	----	----	----	----	----	-------	----	------

M51848 BRD: POPTARTS, Straw 1.76oz WG

5.00 @ 1 package	180.00	1.00	5.00	180.00	2.50	12.50	38.00	2.00	0.00	3.00	-*	500.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	100.00	-*	1.80
------------------	--------	------	------	--------	------	-------	-------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M51849 BRD: POPTARTS, Cinn 1.76oz WG

* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Marcus HS

Service Area: Marcus - 9-12 - OVS

Menu Name: Marcus HS 2018-2019 Menu - cycle 1 - week 3

Avg.Method: Balanced

2.00 @ 1 package	180.00	1.00	5.00	190.00	2.50	12.50	37.00	2.00	0.00	3.00	-*	500.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	100.00	-*	1.80
------------------	--------	------	------	--------	------	-------	-------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M51684 BRD: POPTARTS, Fudge 1.76oz WG

2.00 @ 1 package	180.00	1.00	5.00	190.00	3.00	15.00	38.00	3.00	0.00	3.00	-*	500.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	100.00	-*	1.80
------------------	--------	------	------	--------	------	-------	-------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M51994 CHEESE, COLBY JK Stick 1ea 1.0

11.00 @ 1 stick	90.00	4.00	40.00	200.01	6.00	60.00	0.00	7.00	20.00	0.00	0.00	200.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	200.01	-*	0.00
-----------------	-------	------	-------	--------	------	-------	------	------	-------	------	------	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M50792 YOGURT SS, Trix Strawb/Ban 4oz

4.00 @ 1 each	80.00	0.00	0.00	60.00	0.50	5.63	15.00	4.00	5.00	0.00	140.00	500.04	-*	-*	-*	0.00	-*	-*	-*	-*	-*	100.01	-*	0.00
---------------	-------	------	------	-------	------	------	-------	------	------	------	--------	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M51237 BRD: BREAD WG, Tst Marg 1sl

15.00 @ 1 slice	110.00	1.33	10.91	160.00	4.33	35.45	15.00	3.00	0.00	1.00	1.33*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	1.08
-----------------	--------	------	-------	--------	------	-------	-------	------	------	------	-------	------	----	----	----	------	----	----	----	----	----	------	----	------

M50670 EGG: Hard Boiled FC AP 1.5

2.00 @ 1 each	80.00	1.50	16.88	60.00	5.00	56.25	1.00	6.00	185.00	0.00	-*	300.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	20.00	-*	0.72
---------------	-------	------	-------	-------	------	-------	------	------	--------	------	----	--------	----	----	----	------	----	----	----	----	----	-------	----	------

M52975 BRD: WAFFLE, RS SS WG (3.25BG)

13.00 @ 1 each	240.06	0.00	0.00	506.14	2.86	10.71	50.30	6.86	0.00	6.86	1.05*	0.00	0.00*	0.00*	0.00*	0.00	0.00*	0.00*	0.00*	0.00*	0.00*	288.94	0.00*	3.09
----------------	--------	------	------	--------	------	-------	-------	------	------	------	-------	------	-------	-------	-------	------	-------	-------	-------	-------	-------	--------	-------	------

M52657 FRUIT: BLUEBERRIES, Fz 1/8c

1.00 @ 1/8 cup	8.89	0.01	0.94	0.17	0.11	11.29	2.12	0.07	0.00	0.47	9.41	8.01	0.00	0.08	2.86	0.44	0.01	0.01	0.09	0.01	0.00	1.39	1.92	0.03
----------------	------	------	------	------	------	-------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------

M53629 FRUIT: STRAWBERRIES, Frsh 1/8c

2.00 @ 1/8 cup	6.14	0.00	0.42	0.19	0.06	8.44	1.47	0.13	0.00	0.38	29.37	2.30	0.00	0.06	0.42	11.29	0.00	0.00	0.07	0.01	0.00	3.07	4.61	0.08
----------------	------	------	------	------	------	------	------	------	------	------	-------	------	------	------	------	-------	------	------	------	------	------	------	------	------

M52817 DESRT: TOPPING, CHOCOLATE CHIPS SEMISWT (TBSP)

6.00 @ 1 tablespoon	51.03	1.89	33.28	1.17	3.19	56.25	6.79	0.45	0.00	0.63	38.80	0.00	0.00	0.03	0.60	0.00	0.01	0.01	0.05	0.00	0.00	3.40	14.03	0.33
---------------------	-------	------	-------	------	------	-------	------	------	------	------	-------	------	------	------	------	------	------	------	------	------	------	------	-------	------

M52816 DESRT: TOPPING, Whipd NonDairy

8.00 @ 1 tablespoon	13.47	1.00	66.56	0.81	1.00	67.06	1.06	0.05	0.01	0.01	-*	0.20	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.15	-*	0.00
---------------------	-------	------	-------	------	------	-------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M50529 FRUIT: GRAPES, Fresh 1/2c

30.00 @ 1/2 cup	56.80	0.10	1.53	1.70	0.30	4.70	14.54	0.53	0.00	0.76	161.94	84.78	0.00	0.16	12.38	3.39	0.08	0.05	0.25	0.09	0.00	11.87	8.48	0.25
-----------------	-------	------	------	------	------	------	-------	------	------	------	--------	-------	------	------	-------	------	------	------	------	------	------	-------	------	------

M52811 FRUIT: CRAISINS, SS STRAWBERRY 1.16OZ

15.00 @ 1 each	110.00	0.00	0.00	0.00	0.00	0.00	28.00	0.00	0.00	3.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
----------------	--------	------	------	------	------	------	-------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M50982 JUICE SS, ORANGE 100% 4 FLOZ

65.00 @ 1 each	51.44	0.00	0.00	15.43	0.00	0.00	12.35	1.03	0.00	0.00	-*	0.00	-*	-*	-*	43.21	-*	-*	-*	-*	-*	0.00	-*	0.00
----------------	-------	------	------	-------	------	------	-------	------	------	------	----	------	----	----	----	-------	----	----	----	----	----	------	----	------

* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Marcus HS

Service Area: Marcus - 9-12 - OVS

Menu Name: Marcus HS 2018-2019 Menu - cycle 1 - week 3

Avg.Method: Balanced

M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50

20.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00
------------------	--------	------	-------	--------	------	-------	-------	------	-------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50

60.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00
------------------	--------	------	------	--------	------	------	-------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M53222 COND PC Margarine 5g

20.00 @ 1 each	30.00	1.00	30.00	30.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	500.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
----------------	-------	------	-------	-------	------	-------	------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	------	----	------

M50854 COND PC Jelly, #4 Smuckers

10.00 @ 1 each	35.00	0.00	0.00	5.00	0.00	0.00	9.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
----------------	-------	------	------	------	------	------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M50056 COND PC Sauce, Taco 9g

5.00 @ 1 each	5.00	0.00	0.00	55.00	0.00	0.00	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
---------------	------	------	------	-------	------	------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M50058 COND PC Syrup 1.4oz Smuckers

15.00 @ 1 each	110.00	0.00	0.00	25.00	0.00	0.00	29.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
----------------	--------	------	------	-------	------	------	-------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

Average	472.84	7.5	14.27	721.04	14.26	27.15	71.33	15.54	71.83	3.61	63.63*	816.6	0*	.05*	3.79*	31.54	.02*	.02*	.08*	.03*	0*	471.37	3.5*	2.46
----------------	--------	-----	-------	--------	-------	-------	-------	-------	-------	------	--------	-------	----	------	-------	-------	------	------	------	------	----	--------	------	------

* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Marcus HS

Service Area: Marcus - 9-12 - OVS

Menu Name: Marcus HS 2018-2019 Menu - cycle 1 - week 3

Avg.Method: Balanced

Age Group: Lunch Grades 9-12 **Period:** Lunch **Week:** 3 **Day:** Thursday **Count Type:** Forecasted **Total No. of Customers:** 100

Weekly Std.	SFA		Na (mg)	Fat		CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)
	CAL	(g)		% of CAL	(g)																		
750.00-850.00		10.00	1420.00																		1.63		

M51114 PASTA, Rotini WG 1c

20.00 @ 1 cup	202.47	0.12	0.55	14.19	2.64	11.75	40.50	7.09	0.00	5.06	298.33	0.00	0.00*	0.00*	0.00*	0.00	0.00*	0.00*	0.00*	0.00*	0.00*	0.00*	34.44	0.00*	2.73
---------------	--------	------	------	-------	------	-------	-------	------	------	------	--------	------	-------	-------	-------	------	-------	-------	-------	-------	-------	-------	-------	-------	------

M66194 SAUCE P, TOM SC BEEF SC 2.0

20.00 @ 3/4 cup	182.35	3.34	16.46	58.40	8.99	44.37	8.36	17.19	50.44	1.95	242.18*	514.32	1.13*	0.07*	1.12*	20.18	0.03*	0.11*	3.59*	0.25*	1.59*	29.57	137.22*	2.65
-----------------	--------	------	-------	-------	------	-------	------	-------	-------	------	---------	--------	-------	-------	-------	-------	-------	-------	-------	-------	-------	-------	---------	------

M51544 SALAD, ChixPop CH SC W 2.0

5.00 @ 1 each	256.64	5.07	17.77	393.81	15.30	53.66	14.81	15.66	31.38	3.71	146.57*	5198.94	0.00*	0.12*	43.60*	7.46	0.04*	0.04*	0.25*	0.06*	0.00*	153.61	17.48*	2.04
---------------	--------	------	-------	--------	-------	-------	-------	-------	-------	------	---------	---------	-------	-------	--------	------	-------	-------	-------	-------	-------	--------	--------	------

M51680 BRD: ROLL DG, WG 2.5oz

5.00 @ 1 each	170.00	0.50	2.65	135.00	3.00	15.88	28.00	7.00	0.00	3.40	-*	0.01	-*	-*	-*	0.01	-*	-*	-*	-*	-*	12.70	-*	0.85
---------------	--------	------	------	--------	------	-------	-------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	-------	----	------

M52043 PIZZA HUT PIZZA 6" EXPRESS CHZ SS 2.25

4.00 @ 1 pizza	374.18	4.99	12.01	685.27	13.41	32.25	38.44	24.92	24.70	4.27	-*	692.07	-*	-*	-*	5.36	-*	-*	-*	-*	-*	410.71	-*	2.57
----------------	--------	------	-------	--------	-------	-------	-------	-------	-------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M53931 PIZZA HUT PIZZA 6" EXPRESS PEPP SS 2.0

4.00 @ 1 pizza	385.19	5.31	12.42	711.32	14.98	35.01	38.49	24.17	27.17	4.35	-*	662.85	-*	-*	-*	5.43	-*	-*	-*	-*	-*	354.34	-*	2.65
----------------	--------	------	-------	--------	-------	-------	-------	-------	-------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M54307 PIZZA HUT PIZZA 6" EXPRESS SSG SS 2.25

4.00 @ 1 pizza	439.08	7.15	14.66	836.54	20.45	41.92	38.35	25.40	37.42	4.27	-*	689.00	-*	-*	-*	5.36	-*	-*	-*	-*	-*	356.37	-*	2.86
----------------	--------	------	-------	--------	-------	-------	-------	-------	-------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M54310 PIZZA HUT PIZZA 6" EXPRESS BBQ CHIX SS 2.25

2.00 @ 1 pizza	400.94	4.66	10.46	805.79	13.17	29.57	42.83	27.77	38.53	4.36	-*	667.19	-*	-*	-*	5.81	-*	-*	-*	-*	-*	350.99	-*	2.67
----------------	--------	------	-------	--------	-------	-------	-------	-------	-------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M54520 PIZZA HUT COND PC CHEESE GRATED 2.5G

10.00 @ 1 each	10.00	0.00	0.00	50.00	1.00	90.00	0.00	1.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
----------------	-------	------	------	-------	------	-------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M54521 PIZZA HUT COND PC PEPPER RED CRUSHED 1G

10.00 @ 1 each	5.00	0.00	0.00	0.00	0.00	0.00	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
----------------	------	------	------	------	------	------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M52587 CHIX TENDER, GLDN CRISPY (3) WG 2.0 MWWW

3.00 @ 3 each	239.64	2.25	8.44	404.38	11.98	45.00	11.98	19.47	44.93	1.50	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	1.62
---------------	--------	------	------	--------	-------	-------	-------	-------	-------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M51753 CHIX Popcorn, AP Spicy WG 2.0

3.00 @ 1 serving	247.14	2.69	9.78	365.34	13.97	50.87	16.12	13.97	21.49	2.15	-*	107.45	-*	-*	-*	0.00	-*	-*	-*	-*	-*	42.98	-*	1.93
------------------	--------	------	------	--------	-------	-------	-------	-------	-------	------	----	--------	----	----	----	------	----	----	----	----	----	-------	----	------

* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Marcus HS

Service Area: Marcus - 9-12 - OVS

Menu Name: Marcus HS 2018-2019 Menu - cycle 1 - week 3

Avg.Method: Balanced

M51275 CHIX NUGGET, BNLS WING WG (5) 2.0 MWWW

3.00 @ 5 each	200.86	1.88	8.44	338.95	8.79	39.38	12.55	17.58	25.11	2.51	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.90
---------------	--------	------	------	--------	------	-------	-------	-------	-------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M51680 BRD: ROLL DG, WG 2.5oz

9.00 @ 1 each	170.00	0.50	2.65	135.00	3.00	15.88	28.00	7.00	0.00	3.40	-*	0.01	-*	-*	-*	0.01	-*	-*	-*	-*	-*	12.70	-*	0.85
---------------	--------	------	------	--------	------	-------	-------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	-------	----	------

M54370 BURG, BLACK BEAN AP WG 2.0

1.00 @ 1 each	300.00	1.00	3.00	710.00	9.00	27.00	42.00	19.00	5.00	7.00	280.00*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	80.00	-*	2.16
---------------	--------	------	------	--------	------	-------	-------	-------	------	------	---------	------	----	----	----	------	----	----	----	----	----	-------	----	------

M53275 MELT BD, AM WG 2.0

2.00 @ 1 sandwich	385.00	11.25	26.30	1320.00	19.50	45.58	32.50	18.50	62.50	2.00	-*	500.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	375.00	-*	2.16
-------------------	--------	-------	-------	---------	-------	-------	-------	-------	-------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M54555 NACHOS BFGD RND SC 2.0 (2BG)

3.00 @ 1 each	450.53	8.75	17.47	674.18	23.64	47.22	37.03	21.03	60.38	3.45	195.67*	194.00	0.91*	0.13*	0.97*	2.48	0.02*	0.09*	2.90*	0.20*	1.27*	212.59	110.82*	2.41
---------------	--------	------	-------	--------	-------	-------	-------	-------	-------	------	---------	--------	-------	-------	-------	------	-------	-------	-------	-------	-------	--------	---------	------

M51228 BRD: BUN, Hamburger WG

15.00 @ 1 each	140.00	0.00	0.00	300.00	2.00	12.86	27.00	5.00	0.00	2.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	40.00	-*	1.44
----------------	--------	------	------	--------	------	-------	-------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	-------	----	------

M51648 BEEF Pty, AP 100% 2.0

8.00 @ 1 each	130.00	3.00	20.77	45.00	8.00	55.39	1.00	12.00	35.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	1.08
---------------	--------	------	-------	-------	------	-------	------	-------	-------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M51359 CHIX FLT, BREAST GRD 2.0 MWWW

1.00 @ 1 each	100.00	1.00	9.00	310.00	4.00	36.00	1.00	15.00	40.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.72
---------------	--------	------	------	--------	------	-------	------	-------	-------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M51935 CHIX FLT, BREAST BRD WG 2.0 MWWW

3.00 @ 1 each	199.76	1.50	6.75	289.65	8.99	40.50	8.99	18.98	44.95	3.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	1.08
---------------	--------	------	------	--------	------	-------	------	-------	-------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M51936 CHIX FLT, BREAST BRD SPICY WG 2.0 MWWW

3.00 @ 1 each	229.84	2.00	7.82	479.66	9.99	39.13	14.99	20.99	49.96	1.00	-*	99.93	-*	-*	-*	0.00	-*	-*	-*	-*	-*	19.99	-*	1.44
---------------	--------	------	------	--------	------	-------	-------	-------	-------	------	----	-------	----	----	----	------	----	----	----	----	----	-------	----	------

M51005 CHEESE, AM (184ct) Slices 1.0

2.00 @ 3 slice	134.99	6.75	45.00	599.97	10.50	70.00	1.50	7.50	37.50	0.00	-*	299.98	-*	-*	-*	0.00	-*	-*	-*	-*	-*	224.99	-*	0.00
----------------	--------	------	-------	--------	-------	-------	------	------	-------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M53381 CHEESE, CH Slices 1.0

2.00 @ 2 slice	110.01	5.00	40.91	180.01	9.00	73.64	1.00	6.00	30.00	0.00	20.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	199.01	-*	0.00
----------------	--------	------	-------	--------	------	-------	------	------	-------	------	-------	------	----	----	----	------	----	----	----	----	----	--------	----	------

M53385 CHEESE, SW Slices 1.0

2.00 @ 2 slice	110.01	5.00	40.91	50.00	9.00	73.64	0.00	8.00	25.00	0.00	20.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	249.01	-*	0.00
----------------	--------	------	-------	-------	------	-------	------	------	-------	------	-------	------	----	----	----	------	----	----	----	----	----	--------	----	------

M50999 CHEESE, JK Slices 1.0

2.00 @ 2 slice	100.00	5.00	45.00	180.01	8.00	72.00	1.00	7.00	30.00	0.00	25.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	197.01	-*	0.00
----------------	--------	------	-------	--------	------	-------	------	------	-------	------	-------	------	----	----	----	------	----	----	----	----	----	--------	----	------

* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Marcus HS

Service Area: Marcus - 9-12 - OVS

Menu Name: Marcus HS 2018-2019 Menu - cycle 1 - week 3

Avg.Method: Balanced

M51003 CHEESE, PV Slices 1.0

2.00 @ 2 slice	100.00	5.00	45.00	250.01	7.00	63.00	1.00	7.00	20.00	0.00	40.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	212.01	-*	0.00
----------------	--------	------	-------	--------	------	-------	------	------	-------	------	-------	------	----	----	----	------	----	----	----	----	----	--------	----	------

M51017 VEG GARN: Rom Leaf 1ea

4.00 @ 1 each	2.41	0.01	2.06	1.13	0.04	15.88	0.47	0.17	0.00	0.30	35.01	1234.63	0.00	0.02	14.53	0.57	0.01	0.01	0.04	0.01	0.00	4.68	4.25	0.14
---------------	------	------	------	------	------	-------	------	------	------	------	-------	---------	------	------	-------	------	------	------	------	------	------	------	------	------

M51008 VEG: TOMATOES, FRESH SLCD (2SL) 1/8C

4.00 @ 1/8 cup	5.10	0.01	1.40	1.42	0.06	10.00	1.10	0.25	0.00	0.34	67.18	236.14	0.00	0.15	2.24	3.88	0.01	0.01	0.17	0.02	0.00	2.83	6.80	0.08
----------------	------	------	------	------	------	-------	------	------	------	------	-------	--------	------	------	------	------	------	------	------	------	------	------	------	------

M51013 VEG: ONIONS, Red Slice 1ea

2.00 @ 1 slice	2.83	0.00	0.94	0.28	0.01	2.25	0.66	0.08	0.00	0.12	10.35	0.14	0.00	0.00	0.03	0.52	0.00	0.00	0.01	0.01	0.00	1.63	2.06	0.01
----------------	------	------	------	------	------	------	------	------	------	------	-------	------	------	------	------	------	------	------	------	------	------	------	------	------

M50892 COND_PEPPERS, JALAPENO CND TBSP

2.00 @ 1 tablespoon	3.12	0.00	0.00	240.96	0.09	27.20	0.48	0.09	0.00	0.26	19.38	-*	-*	-*	-*	1.00	-*	-*	-*	-*	-*	2.31	-*	0.19
---------------------	------	------	------	--------	------	-------	------	------	------	------	-------	----	----	----	----	------	----	----	----	----	----	------	----	------

M50176 COND_Pickle, Dill Slice 2ea

5.00 @ 2 slice	1.62	0.01	4.72	162.08	0.05	25.17	0.24	0.06	0.00	0.14	-*	0.00	-*	-*	-*	0.21	-*	-*	-*	-*	-*	8.65	-*	0.05
----------------	------	------	------	--------	------	-------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M50479 SDW BD, Tky PV WG 2.0

3.00 @ 1 sandwich	320.00	5.50	15.47	790.01	11.00	30.94	33.00	22.00	45.00	2.00	40.00*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	232.01	-*	2.52
-------------------	--------	------	-------	--------	-------	-------	-------	-------	-------	------	--------	------	----	----	----	------	----	----	----	----	----	--------	----	------

M53347 SDW BD, SB WG 2.0

1.00 @ 1 sandwich	558.71	3.99	6.42	579.16	35.89	57.81	43.95	19.95	0.00	5.99	378.78*	0.00	0.00*	-*	-*	0.00	-*	-*	-*	-*	-*	59.81	-*	5.35
-------------------	--------	------	------	--------	-------	-------	-------	-------	------	------	---------	------	-------	----	----	------	----	----	----	----	----	-------	----	------

M50962 SDW BD, SBJ WG 2.0

1.00 @ 1 sandwich	658.38	3.99	5.45	579.16	35.89	49.06	69.87	19.95	0.00	5.99	378.78*	0.00	0.00*	-*	-*	0.00	-*	-*	-*	-*	-*	59.81	-*	5.35
-------------------	--------	------	------	--------	-------	-------	-------	-------	------	------	---------	------	-------	----	----	------	----	----	----	----	----	-------	----	------

M52708 BRD: ROLL DG, Sub 6" WG

4.00 @ 1 roll	170.00	0.50	2.65	180.00	3.00	15.88	28.00	6.00	0.00	3.00	-*	0.01	-*	-*	-*	0.01	-*	-*	-*	-*	-*	13.52	-*	1.45
---------------	--------	------	------	--------	------	-------	-------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	-------	----	------

M52782 BRD: FLATBREAD 6" X 6" 2OZ WG (2BG)

3.00 @ 1 each	180.00	1.00	5.00	310.00	5.00	25.00	28.00	5.00	0.00	2.69	-*	0.07	-*	-*	-*	0.07	-*	-*	-*	-*	-*	22.88	-*	0.83
---------------	--------	------	------	--------	------	-------	-------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	-------	----	------

M54775 BRD: CROISSANT, SLICED WG

3.00 @ 1 each	243.91	6.47	23.87	253.40	12.05	44.44	29.25	5.44	32.35	0.91	15.14	313.46	0.31	0.00	0.00	2.82	0.25	1.93	0.85	0.00	0.01	15.66	3.96	1.63
---------------	--------	------	-------	--------	-------	-------	-------	------	-------	------	-------	--------	------	------	------	------	------	------	------	------	------	-------	------	------

M53393 TKY, Breast Sliced 1.0

6.00 @ 1 serving	60.00	0.50	7.50	220.00	2.00	30.00	2.00	9.00	25.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	20.00	-*	0.36
------------------	-------	------	------	--------	------	-------	------	------	-------	------	----	------	----	----	----	------	----	----	----	----	----	-------	----	------

M53569 CHIX, BLACK FOREST HAM SLICED 1.0

2.00 @ 1 serving	80.00	1.50	16.88	330.00	4.50	50.63	2.00	8.00	40.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.36
------------------	-------	------	-------	--------	------	-------	------	------	-------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Marcus HS

Service Area: Marcus - 9-12 - OVS

Menu Name: Marcus HS 2018-2019 Menu - cycle 1 - week 3

Avg.Method: Balanced

M51976 CHIX Dcd Deli Salad W 1.0

2.00 @ 1 No 16 Scoop	76.63	0.94	10.98	129.00	4.42	51.89	1.48	6.99	24.65	0.18	27.40*	47.33	0.00*	0.03*	2.98*	0.37	0.00*	0.01*	0.03*	0.01*	0.00*	4.41	2.64*	0.30
----------------------	-------	------	-------	--------	------	-------	------	------	-------	------	--------	-------	-------	-------	-------	------	-------	-------	-------	-------	-------	------	-------	------

M51005 CHEESE, AM (184ct) Slices 1.0

2.00 @ 3 slice	134.99	6.75	45.00	599.97	10.50	70.00	1.50	7.50	37.50	0.00	-*	299.98	-*	-*	-*	0.00	-*	-*	-*	-*	-*	224.99	-*	0.00
----------------	--------	------	-------	--------	-------	-------	------	------	-------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M53381 CHEESE, CH Slices 1.0

2.00 @ 2 slice	110.01	5.00	40.91	180.01	9.00	73.64	1.00	6.00	30.00	0.00	20.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	199.01	-*	0.00
----------------	--------	------	-------	--------	------	-------	------	------	-------	------	-------	------	----	----	----	------	----	----	----	----	----	--------	----	------

M53385 CHEESE, SW Slices 1.0

1.00 @ 2 slice	110.01	5.00	40.91	50.00	9.00	73.64	0.00	8.00	25.00	0.00	20.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	249.01	-*	0.00
----------------	--------	------	-------	-------	------	-------	------	------	-------	------	-------	------	----	----	----	------	----	----	----	----	----	--------	----	------

M50999 CHEESE, JK Slices 1.0

1.00 @ 2 slice	100.00	5.00	45.00	180.01	8.00	72.00	1.00	7.00	30.00	0.00	25.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	197.01	-*	0.00
----------------	--------	------	-------	--------	------	-------	------	------	-------	------	-------	------	----	----	----	------	----	----	----	----	----	--------	----	------

M51003 CHEESE, PV Slices 1.0

1.00 @ 2 slice	100.00	5.00	45.00	250.01	7.00	63.00	1.00	7.00	20.00	0.00	40.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	212.01	-*	0.00
----------------	--------	------	-------	--------	------	-------	------	------	-------	------	-------	------	----	----	----	------	----	----	----	----	----	--------	----	------

M51017 VEG GARN: Rom Leaf 1ea

4.00 @ 1 each	2.41	0.01	2.06	1.13	0.04	15.88	0.47	0.17	0.00	0.30	35.01	1234.63	0.00	0.02	14.53	0.57	0.01	0.01	0.04	0.01	0.00	4.68	4.25	0.14
---------------	------	------	------	------	------	-------	------	------	------	------	-------	---------	------	------	-------	------	------	------	------	------	------	------	------	------

M51008 VEG: TOMATOES, FRESH SLCD (2SL) 1/8C

4.00 @ 1/8 cup	5.10	0.01	1.40	1.42	0.06	10.00	1.10	0.25	0.00	0.34	67.18	236.14	0.00	0.15	2.24	3.88	0.01	0.01	0.17	0.02	0.00	2.83	6.80	0.08
----------------	------	------	------	------	------	-------	------	------	------	------	-------	--------	------	------	------	------	------	------	------	------	------	------	------	------

M51013 VEG: ONIONS, Red Slice 1ea

2.00 @ 1 slice	2.83	0.00	0.94	0.28	0.01	2.25	0.66	0.08	0.00	0.12	10.35	0.14	0.00	0.00	0.03	0.52	0.00	0.00	0.01	0.01	0.00	1.63	2.06	0.01
----------------	------	------	------	------	------	------	------	------	------	------	-------	------	------	------	------	------	------	------	------	------	------	------	------	------

M52162 VEG: SPINACH, FRESH LEAVES 1/4C

2.00 @ 1/4 cup	3.12	0.01	2.47	10.73	0.05	15.26	0.49	0.39	0.00	0.30	75.79	1273.70	0.00	0.28	65.59	3.82	0.01	0.03	0.10	0.03	0.00	13.45	6.66	0.37
----------------	------	------	------	-------	------	-------	------	------	------	------	-------	---------	------	------	-------	------	------	------	------	------	------	-------	------	------

M52661 VEG: CUCUMBER, Fresh Slice1/8c

2.00 @ 1/8 cup	2.75	0.01	2.22	0.37	0.02	6.60	0.66	0.12	0.00	0.09	26.91	19.22	0.00	0.01	3.00	0.51	0.00	0.01	0.02	0.01	0.00	2.93	4.39	0.05
----------------	------	------	------	------	------	------	------	------	------	------	-------	-------	------	------	------	------	------	------	------	------	------	------	------	------

M53523 VEG: PEPPERS, Red Strips1/4c

2.00 @ 1/4 cup	7.78	0.01	0.78	1.00	0.08	8.71	1.51	0.25	0.00	0.53	52.96	785.87	0.00	0.40	1.23	32.05	0.01	0.02	0.25	0.07	0.00	1.76	6.53	0.11
----------------	------	------	------	------	------	------	------	------	------	------	-------	--------	------	------	------	-------	------	------	------	------	------	------	------	------

M50891 COND_OLIVES, BLACK SLICED TBSP

1.00 @ 1 tablespoon	14.04	0.17	10.96	58.74	1.27	81.48	0.52	0.13	0.00	0.31	-*	5.23	-*	-*	-*	0.21	-*	-*	-*	-*	-*	7.97	-*	0.18
---------------------	-------	------	-------	-------	------	-------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M50176 COND_Pickle, Dill Slice 2ea

* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Marcus HS

Service Area: Marcus - 9-12 - OVS

Menu Name: Marcus HS 2018-2019 Menu - cycle 1 - week 3

Avg.Method: Balanced

4.00 @ 2 slice	1.62	0.01	4.72	162.08	0.05	25.17	0.24	0.06	0.00	0.14	-*	0.00	-*	-*	-*	0.21	-*	-*	-*	-*	-*	8.65	-*	0.05
M66605 BRD: TORTILLA FLOUR 10" WG																								
3.00 @ 1 each	180.00	1.50	7.50	250.00	4.50	22.50	29.00	5.00	0.00	3.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	100.00	-*	1.44
M66461 BRD: TORTILLA FLOUR 6" WG																								
4.00 @ 2 each	180.00	1.00	5.00	250.00	5.00	25.00	28.00	6.00	0.00	2.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	120.00	-*	1.44
M54540 BRD: TORTILLA, CHIP RND WG 2BG																								
6.00 @ 1 serving	224.59	1.60	6.43	184.48	9.63	38.57	32.08	3.21	0.00	3.21	0.00	0.00	0.00	-*	-*	0.00	-*	-*	-*	-*	-*	48.13	-*	0.80
M52605 RICE, Cilantro WG 2BG																								
2.00 @ 1 cup	235.20	0.43	1.64	190.28	1.79	6.83	47.44	4.99	0.00	2.02	133.62*	90.09	0.00*	0.03*	2.94*	0.62	0.00*	0.00*	0.02*	0.00*	0.00*	12.88	1.10*	0.49
M51175 BEEF Gd, Taco Meat SC 1.0																								
7.00 @ 1 No 24 Scoop	78.71	1.65	18.88	56.06	4.38	50.12	1.22	8.02	25.24	0.15	122.30*	121.25	0.57*	0.08*	0.61*	1.55	0.01*	0.06*	1.81*	0.13*	0.79*	9.04	69.27*	1.00
M52584 CHIX Strips, Fajita DkMt 1.0																								
6.00 @ 2 fl oz	76.93	1.01	11.78	124.77	3.56	41.66	1.34	10.09	35.00	0.09	9.12*	46.95	0.00*	0.07*	0.17*	0.02	0.00*	0.00*	0.03*	0.01*	0.00*	12.26	2.39*	0.69
M67585 MMA: BEANS, PINTO KICKIN' 1.0																								
1.00 @ 1/4 cup	66.95	0.08	1.11	99.41	0.39	5.30	12.53	3.13	0.59	2.52	0.10*	60.68	0.00*	0.00*	0.00*	1.23	0.00*	0.00*	0.00*	0.00*	0.00*	32.08	0.00*	0.85
M53386 CHEESE, CH Shreds 1.0																								
7.00 @ 2 fl oz	110.00	6.00	49.09	189.99	9.00	73.64	1.00	7.00	30.00	0.00	0.00	280.99	-*	-*	-*	0.00	-*	-*	-*	-*	-*	201.99	-*	0.19
M50921 COND_Sauce, Chz SS W (LOL) 1.0																								
8.00 @ 3 fl oz	149.95	6.75	40.50	599.79	10.50	63.00	4.50	7.50	29.99	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	224.92	-*	0.00
M51420 VEG GARN: Rom Shrds/Tom Dice																								
3.00 @ 1 serving	5.03	0.01	1.56	1.63	0.06	11.41	1.06	0.27	0.00	0.40	67.90	794.43	0.00	0.12	8.94	3.20	0.01	0.01	0.15	0.02	0.00	4.47	7.23	0.13
M52379 VEG: ONIONS, Yellow Diced 1/8c																								
3.00 @ 1/8 cup	8.62	0.01	0.94	0.86	0.02	2.25	2.01	0.24	0.00	0.37	31.47	0.43	0.00	0.00	0.09	1.60	0.01	0.01	0.03	0.03	0.00	4.96	6.25	0.05
M50892 COND_PEPPERS, JALAPENO CND TBSP																								
3.00 @ 1 tablespoon	3.12	0.00	0.00	240.96	0.09	27.20	0.48	0.09	0.00	0.26	19.38	-*	-*	-*	-*	1.00	-*	-*	-*	-*	-*	2.31	-*	0.19
M50891 COND_OLIVES, BLACK SLICED TBSP																								
3.00 @ 1 tablespoon	14.04	0.17	10.96	58.74	1.27	81.48	0.52	0.13	0.00	0.31	-*	5.23	-*	-*	-*	0.21	-*	-*	-*	-*	-*	7.97	-*	0.18

* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Marcus HS

Service Area: Marcus - 9-12 - OVS

Menu Name: Marcus HS 2018-2019 Menu - cycle 1 - week 3

Avg.Method: Balanced

M55430 COND_HERB, CILANTRO

3.00 @ 1 tablespoon	0.82	0.00	0.55	1.63	0.02	20.35	0.13	0.08	0.00	0.10	18.46	239.13	0.00	0.09	10.99	0.96	0.00	0.01	0.04	0.01	0.00	2.37	1.70	0.06
------------------------	------	------	------	------	------	-------	------	------	------	------	-------	--------	------	------	-------	------	------	------	------	------	------	------	------	------

M54868 VEG: BROCCOLI, FRESH CKD MARG 1/2C

15.00 @ 1/2 cup	35.62	1.19	30.01	10.98	3.03	76.46	1.92	0.64	0.00	0.88	79.66	414.69	0.00*	0.39*	37.80*	17.39	0.02*	0.03*	0.15*	0.05*	0.00*	10.72	17.95*	0.18
-----------------	-------	------	-------	-------	------	-------	------	------	------	------	-------	--------	-------	-------	--------	-------	-------	-------	-------	-------	-------	-------	--------	------

M54121 VEG: SALAD, BEAN THREE 1/2 C

15.00 @ 1/2 cup	114.07	0.39	3.11	186.97	2.70	21.32	16.91	5.52	0.64	4.45	58.20*	174.13	0.00*	0.12*	12.82*	4.53	0.03*	0.03*	0.14*	0.02*	0.00*	60.11	10.09*	1.20
-----------------	--------	------	------	--------	------	-------	-------	------	------	------	--------	--------	-------	-------	--------	------	-------	-------	-------	-------	-------	-------	--------	------

M51297 VEG: SALAD, Side GardChop 1c

10.00 @ 1 cup	16.35	0.03	1.45	12.76	0.18	9.94	3.56	0.83	0.00	1.42	182.84	5064.79	0.00	0.18	45.89	9.01	0.05	0.04	0.32	0.07	0.00	22.30	22.02	0.52
---------------	-------	------	------	-------	------	------	------	------	------	------	--------	---------	------	------	-------	------	------	------	------	------	------	-------	-------	------

M53419 VEG: POTATO, FF CTINAGEN7 1/2C

20.00 @ 1/2 cup	119.99	1.33	10.00	133.32	4.67	35.00	17.33	2.00	0.00	2.00	259.98	0.00	-*	-*	-*	3.20	-*	-*	-*	-*	-*	0.00	-*	0.48
-----------------	--------	------	-------	--------	------	-------	-------	------	------	------	--------	------	----	----	----	------	----	----	----	----	----	------	----	------

M51731 VEG: POTATO SWT, FF CRINKLE 1/2C

5.00 @ 1/2 cup	137.66	0.53	3.46	180.02	4.77	31.15	23.30	1.06	0.00	3.18	243.56	3176.86	-*	-*	-*	6.35	-*	-*	-*	-*	-*	21.18	-*	0.38
----------------	--------	------	------	--------	------	-------	-------	------	------	------	--------	---------	----	----	----	------	----	----	----	----	----	-------	----	------

M50429 FRUIT: CANTALOUPE, Fresh 1/2c

20.00 @ 1/2 cup	25.70	0.04	1.35	12.10	0.14	5.03	6.17	0.63	0.00	0.68	201.84	2556.59	0.00	0.04	1.89	27.74	0.03	0.01	0.55	0.05	0.00	6.80	11.34	0.16
-----------------	-------	------	------	-------	------	------	------	------	------	------	--------	---------	------	------	------	-------	------	------	------	------	------	------	-------	------

M50427 FRUIT: FRUIT MIX w/Jc 1/2c

10.00 @ 1/2 cup	60.01	0.00	0.00	5.00	0.00	0.00	13.00	1.00	0.00	1.00	-*	200.03	-*	-*	-*	1.20	-*	-*	-*	-*	-*	0.00	-*	0.00
-----------------	-------	------	------	------	------	------	-------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	------	----	------

M50982 JUICE SS, ORANGE 100% 4 FLOZ

40.00 @ 1 each	51.44	0.00	0.00	15.43	0.00	0.00	12.35	1.03	0.00	0.00	-*	0.00	-*	-*	-*	43.21	-*	-*	-*	-*	-*	0.00	-*	0.00
----------------	-------	------	------	-------	------	------	-------	------	------	------	----	------	----	----	----	-------	----	----	----	----	----	------	----	------

M51440 DESRT: GELATIN, Cherry SC 1/2c

85.00 @ 1/2 cup	71.59	0.00	0.00	95.29	0.00	0.00	17.39	1.02	0.00	0.00	1.08*	0.00	0.00*	0.00*	0.00*	15.34	0.00*	0.00*	0.00*	0.00*	0.00*	3.24	0.00*	0.00
-----------------	-------	------	------	-------	------	------	-------	------	------	------	-------	------	-------	-------	-------	-------	-------	-------	-------	-------	-------	------	-------	------

M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50

20.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00
------------------	--------	------	-------	--------	------	-------	-------	------	-------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50

50.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00
------------------	--------	------	------	--------	------	------	-------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M50855 COND PC Ketchup 9g Heinz

100.00 @ 1 each	10.00	0.00	0.00	85.00	0.00	0.00	3.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
-----------------	-------	------	------	-------	------	------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M50055 COND PC Mayonnaise 12g

10.00 @ 1 each	80.00	1.50	16.87	75.00	8.00	90.00	1.00	0.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
----------------	-------	------	-------	-------	------	-------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Marcus HS

Service Area: Marcus - 9-12 - OVS

Menu Name: Marcus HS 2018-2019 Menu - cycle 1 - week 3

Avg.Method: Balanced

M50284 COND PC Mustard 6g

5.00 @ 1 each	0.00	0.00	-	65.00	0.00	-	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
---------------	------	------	---	-------	------	---	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M53222 COND PC Margarine 5g

50.00 @ 1 each	30.00	1.00	30.00	30.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	500.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
----------------	-------	------	-------	-------	------	-------	------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	------	----	------

M50624 COND PC Drsg Ranch 12g

50.00 @ 1 each	50.00	0.00	0.00	100.00	5.00	90.00	1.00	0.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
----------------	-------	------	------	--------	------	-------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M50623 COND PC Drsg Italian 12g

5.00 @ 1 each	30.00	0.00	0.00	130.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	100.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
---------------	-------	------	------	--------	------	-------	------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	------	----	------

M53116 COND PC Drsg Honey Mustard 12g

5.00 @ 1 each	15.00	0.00	0.00	65.00	0.00	0.00	4.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
---------------	-------	------	------	-------	------	------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M50056 COND PC Sauce, Taco 9g

5.00 @ 1 each	5.00	0.00	0.00	55.00	0.00	0.00	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
---------------	------	------	------	-------	------	------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M50287 COND PC Sauce, BBQ 12g

5.00 @ 1 each	15.00	0.00	0.00	160.00	0.00	0.00	4.00	0.00	0.00	0.00	-*	100.00	-*	-*	-*	0.60	-*	-*	-*	-*	-*	0.00	-*	0.00
---------------	-------	------	------	--------	------	------	------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	------	----	------

M51391 COND_Mayo, Chipotle W

5.00 @ 1 tablespoon	26.19	0.35	12.18	91.54	2.49	85.73	0.97	0.01	3.54	0.01	1.00*	91.64	-*	-*	-*	0.40	-*	-*	-*	-*	-*	0.00	-*	0.02
------------------------	-------	------	-------	-------	------	-------	------	------	------	------	-------	-------	----	----	----	------	----	----	----	----	----	------	----	------

M50060 COND_Mayo W

5.00 @ 1 tablespoon	33.07	0.47	12.86	94.49	3.31	90.00	0.94	0.00	4.72	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
------------------------	-------	------	-------	-------	------	-------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M50291 COND_Mustard, Yellow

5.00 @ 1 tablespoon	9.00	0.01	1.50	181.50	0.37	37.20	0.93	0.47	0.00	0.43	13.36	0.67	-*	-*	-*	0.13	-*	-*	-*	-*	-*	7.51	-*	0.19
------------------------	------	------	------	--------	------	-------	------	------	------	------	-------	------	----	----	----	------	----	----	----	----	----	------	----	------

M50692 COND_Dressing, DijonHnyMustard

5.00 @ 1 tablespoon	65.00	0.75	10.38	90.00	5.50	76.15	3.50	0.00	7.50	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
------------------------	-------	------	-------	-------	------	-------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M50622 COND_Dressing, Ranch Lite

10.00 @ 1 tablespoon	55.00	0.75	12.27	139.99	5.00	81.82	0.50	0.50	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	10.00	-*	0.00
-------------------------	-------	------	-------	--------	------	-------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	-------	----	------

M50292 COND_Sauce, BBQ Original AP

3.00 @ 1 tablespoon	35.00	0.00	0.00	144.99	0.00	0.00	9.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	1.80	-*	-*	-*	-*	-*	0.00	-*	0.18
------------------------	-------	------	------	--------	------	------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Marcus HS

Service Area: Marcus - 9-12 - OVS

Menu Name: Marcus HS 2018-2019 Menu - cycle 1 - week 3

Avg.Method: Balanced

M50063 COND_Sauce, Buffalo Wing AP

3.00 @ 1 tablespoon	4.38	0.02	4.79	363.06	0.22	45.51	0.48	0.11	0.17	0.12	21.32	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	2.22	-*	0.07
------------------------	------	------	------	--------	------	-------	------	------	------	------	-------	------	----	----	----	------	----	----	----	----	------	----	------

M50087 COND_Salsa, Pico SC 1/8c

3.00 @ 1/8 cup	6.68	0.01	1.17	37.20	0.07	9.84	1.46	0.29	0.00	0.40	69.99	231.76*	0.00*	0.15*	2.94*	4.04	0.01*	0.01*	0.16*	0.03*	0.00*	4.19	7.40*	0.11
----------------	------	------	------	-------	------	------	------	------	------	------	-------	---------	-------	-------	-------	------	-------	-------	-------	-------	-------	------	-------	------

M66157 COND_SALSA, BLNDR SC 1/8C

3.00 @ 1/8 cup	9.65	0.01	1.33	45.21	0.10	9.06	2.10	0.42	0.00	0.59	27.10*	148.65*	0.00*	0.05*	6.02*	4.65	0.01*	0.01*	0.03*	0.02*	0.00*	16.79	4.05*	0.19
----------------	------	------	------	-------	------	------	------	------	------	------	--------	---------	-------	-------	-------	------	-------	-------	-------	-------	-------	-------	-------	------

M53940 COND_Salsa, Verde SC 1/8c

3.00 @ 1/8 cup	10.75	0.03	2.54	25.36	0.23	19.29	2.13	0.37	0.00	0.61	83.93	260.93*	0.00*	0.16*	12.93*	3.96	0.02*	0.01*	0.40*	0.03*	0.00*	8.13	11.81*	0.22
----------------	-------	------	------	-------	------	-------	------	------	------	------	-------	---------	-------	-------	--------	------	-------	-------	-------	-------	-------	------	--------	------

M53295 COND_Sour Cream AP

5.00 @ 1 tablespoon	30.00	1.75	52.50	25.00	3.00	90.00	1.00	0.50	10.00	0.00	-*	99.99	-*	-*	-*	0.00	-*	-*	-*	-*	20.00	-*	0.00
------------------------	-------	------	-------	-------	------	-------	------	------	-------	------	----	-------	----	----	----	------	----	----	----	----	-------	----	------

Average	698.31	7.42	9.57	1098.88	24.88	32.07	87.16	31.44	56.23	6.29	316.43*	2649.99*	.3*	.18*	19.16*	49.54	.04*	.11*	1.21*	.11*	.41*	423.26	47.98*	3.47
----------------	--------	------	------	---------	-------	-------	-------	-------	-------	------	---------	----------	-----	------	--------	-------	------	------	-------	------	------	--------	--------	------

* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Marcus HS

Service Area: Marcus - 9-12 - OVS

Menu Name: Marcus HS 2018-2019 Menu - cycle 1 - week 3

Avg.Method: Balanced

Age Group: Brkfst Grades K-12 **Period:** Breakfast **Week:** 3 **Day:** Friday **Count Type:** Forecasted **Total No. of Customers:** 100

Weekly Std.	SFA		Na (mg)	Fat		CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)
	CAL	(g)		% of CAL	(g)																		
450.00-500.00		10.00	540.00																		4.19		

M66492 QUES 6" CH BACON WG 1.0

50.00 @ 1/2 each	213.08	6.84	28.89	350.58	12.49	52.77	15.08	10.97	33.01	1.00	0.00*	281.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	262.01	-*	0.94
------------------	--------	------	-------	--------	-------	-------	-------	-------	-------	------	-------	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M51320 CEREAL BWL, Rice Krispies WG

1.00 @ 1 bowl	100.00	0.00	0.00	170.00	0.50	4.50	23.00	2.00	0.00	1.00	-*	1000.03	-*	-*	-*	12.00	-*	-*	-*	-*	-*	0.00	-*	8.10
---------------	--------	------	------	--------	------	------	-------	------	------	------	----	---------	----	----	----	-------	----	----	----	----	----	------	----	------

M50440 CEREAL BWL, CinnTstCrnch WG

5.00 @ 1 bowl	110.00	0.50	4.09	160.00	3.00	24.55	22.00	1.00	0.00	2.00	50.05	400.00	-*	-*	-*	4.80	-*	-*	-*	-*	-*	80.00	-*	3.60
---------------	--------	------	------	--------	------	-------	-------	------	------	------	-------	--------	----	----	----	------	----	----	----	----	----	-------	----	------

M50442 CEREAL BWL, Cocoa Puffs RS WG

5.00 @ 1 bowl	110.05	0.00	0.00	160.08	1.50	12.27	25.01	2.00	0.00	2.00	-*	500.25	-*	-*	-*	6.00	-*	-*	-*	-*	-*	100.05	-*	4.50
---------------	--------	------	------	--------	------	-------	-------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M50524 CEREAL BWL, Lucky Charms WG

5.00 @ 1 bowl	110.00	0.00	0.00	180.00	1.00	8.18	23.00	2.00	0.00	2.00	-*	500.01	-*	-*	-*	6.00	-*	-*	-*	-*	-*	100.00	-*	4.50
---------------	--------	------	------	--------	------	------	-------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M50525 CEREAL BWL, Trix RS WG

3.00 @ 1 bowl	110.00	0.00	0.00	140.00	1.00	8.18	24.00	1.00	0.00	1.00	-*	400.01	-*	-*	-*	4.80	-*	-*	-*	-*	-*	80.00	-*	4.50
---------------	--------	------	------	--------	------	------	-------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	-------	----	------

M52725 BRD: BAR, Cereal CocoPuf WG IW

1.00 @ 1 each	150.00	0.00	0.00	100.00	3.00	18.00	30.00	3.00	0.00	3.00	-*	100.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	200.00	-*	1.80
---------------	--------	------	------	--------	------	-------	-------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M52724 BRD: BAR, Cereal CinnTst WG IW

1.00 @ 1 each	150.00	0.00	0.00	115.00	3.50	21.00	30.00	2.00	0.00	3.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	200.00	-*	1.80
---------------	--------	------	------	--------	------	-------	-------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	--------	----	------

M51267 BRD: MUF AP, BLUEBRY 2OZ IW WG (1BG)

2.00 @ 1 muffin	190.00	2.00	9.47	130.00	6.00	28.42	31.00	3.00	40.00	2.00	-*	100.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	20.00	-*	0.72
-----------------	--------	------	------	--------	------	-------	-------	------	-------	------	----	--------	----	----	----	------	----	----	----	----	----	-------	----	------

M51268 BRD: MUF AP, CHOC CHOC CHIP 2OZ IW WG (1BG)

2.00 @ 1 muffin	200.00	2.00	9.00	135.00	6.00	27.00	32.00	4.00	40.00	3.00	180.00	100.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	40.00	-*	1.44
-----------------	--------	------	------	--------	------	-------	-------	------	-------	------	--------	--------	----	----	----	------	----	----	----	----	----	-------	----	------

M51848 BRD: POPTARTS, Straw 1.76oz WG

5.00 @ 1 package	180.00	1.00	5.00	180.00	2.50	12.50	38.00	2.00	0.00	3.00	-*	500.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	100.00	-*	1.80
------------------	--------	------	------	--------	------	-------	-------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M51849 BRD: POPTARTS, Cinn 1.76oz WG

2.00 @ 1 package	180.00	1.00	5.00	190.00	2.50	12.50	37.00	2.00	0.00	3.00	-*	500.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	100.00	-*	1.80
------------------	--------	------	------	--------	------	-------	-------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Marcus HS

Service Area: Marcus - 9-12 - OVS

Menu Name: Marcus HS 2018-2019 Menu - cycle 1 - week 3

Avg.Method: Balanced

M51684 BRD: POPTARTS, Fudge 1.76oz WG

3.00 @ 1 package	180.00	1.00	5.00	190.00	3.00	15.00	38.00	3.00	0.00	3.00	-*	500.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	100.00	-*	1.80
------------------	--------	------	------	--------	------	-------	-------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M51994 CHEESE, COLBY JK Stick 1ea 1.0

12.00 @ 1 stick	90.00	4.00	40.00	200.01	6.00	60.00	0.00	7.00	20.00	0.00	0.00	200.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	200.01	-*	0.00
-----------------	-------	------	-------	--------	------	-------	------	------	-------	------	------	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M50792 YOGURT SS, Trix Straw/Ban 4oz

5.00 @ 1 each	80.00	0.00	0.00	60.00	0.50	5.63	15.00	4.00	5.00	0.00	140.00	500.04	-*	-*	-*	0.00	-*	-*	-*	-*	-*	100.01	-*	0.00
---------------	-------	------	------	-------	------	------	-------	------	------	------	--------	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M51237 BRD: BREAD WG, Tst Marg 1sl

17.00 @ 1 slice	110.00	1.33	10.91	160.00	4.33	35.45	15.00	3.00	0.00	1.00	1.33*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	1.08
-----------------	--------	------	-------	--------	------	-------	-------	------	------	------	-------	------	----	----	----	------	----	----	----	----	----	------	----	------

M50670 EGG: Hard Boiled FC AP 1.5

2.00 @ 1 each	80.00	1.50	16.88	60.00	5.00	56.25	1.00	6.00	185.00	0.00	-*	300.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	20.00	-*	0.72
---------------	-------	------	-------	-------	------	-------	------	------	--------	------	----	--------	----	----	----	------	----	----	----	----	----	-------	----	------

M52975 BRD: WAFFLE, RS SS WG (3.25BG)

15.00 @ 1 each	240.06	0.00	0.00	506.14	2.86	10.71	50.30	6.86	0.00	6.86	1.05*	0.00	0.00*	0.00*	0.00*	0.00	0.00*	0.00*	0.00*	0.00*	0.00*	288.94	0.00*	3.09
----------------	--------	------	------	--------	------	-------	-------	------	------	------	-------	------	-------	-------	-------	------	-------	-------	-------	-------	-------	--------	-------	------

M52657 FRUIT: BLUEBERRIES, Fz 1/8c

2.00 @ 1/8 cup	8.89	0.01	0.94	0.17	0.11	11.29	2.12	0.07	0.00	0.47	9.41	8.01	0.00	0.08	2.86	0.44	0.01	0.01	0.09	0.01	0.00	1.39	1.92	0.03
----------------	------	------	------	------	------	-------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------

M53629 FRUIT: STRAWBERRIES, Frsh 1/8c

2.00 @ 1/8 cup	6.14	0.00	0.42	0.19	0.06	8.44	1.47	0.13	0.00	0.38	29.37	2.30	0.00	0.06	0.42	11.29	0.00	0.00	0.07	0.01	0.00	3.07	4.61	0.08
----------------	------	------	------	------	------	------	------	------	------	------	-------	------	------	------	------	-------	------	------	------	------	------	------	------	------

M52817 DESRT: TOPPING, CHOCOLATE CHIPS SEMISWT (TBSP)

6.00 @ 1 tablespoon	51.03	1.89	33.28	1.17	3.19	56.25	6.79	0.45	0.00	0.63	38.80	0.00	0.00	0.03	0.60	0.00	0.01	0.01	0.05	0.00	0.00	3.40	14.03	0.33
------------------------	-------	------	-------	------	------	-------	------	------	------	------	-------	------	------	------	------	------	------	------	------	------	------	------	-------	------

M52816 DESRT: TOPPING, Whipd NonDairy

8.00 @ 1 tablespoon	13.47	1.00	66.56	0.81	1.00	67.06	1.06	0.05	0.01	0.01	-*	0.20	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.15	-*	0.00
------------------------	-------	------	-------	------	------	-------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M50543 FRUIT: BANANA (100-120ct) Whl

20.00 @ 1 each	93.95	0.12	1.13	1.06	0.35	3.34	24.11	1.15	0.00	2.74	377.91	67.56	0.00	0.11	0.53	9.18	0.03	0.08	0.70	0.39	0.00	5.28	23.22	0.27
----------------	-------	------	------	------	------	------	-------	------	------	------	--------	-------	------	------	------	------	------	------	------	------	------	------	-------	------

M50427 FRUIT: FRUIT MIX w/Jc 1/2c

15.00 @ 1/2 cup	60.01	0.00	0.00	5.00	0.00	0.00	13.00	1.00	0.00	1.00	-*	200.03	-*	-*	-*	1.20	-*	-*	-*	-*	-*	0.00	-*	0.00
-----------------	-------	------	------	------	------	------	-------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	------	----	------

M50979 JUICE SS, Apple 100% 4oz Cart

65.00 @ 1 each	60.00	0.00	0.00	15.00	0.00	0.00	14.00	0.00	0.00	0.00	85.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
----------------	-------	------	------	-------	------	------	-------	------	------	------	-------	------	----	----	----	------	----	----	----	----	----	------	----	------

M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50

* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Marcus HS

Service Area: Marcus - 9-12 - OVS

Menu Name: Marcus HS 2018-2019 Menu - cycle 1 - week 3

Avg.Method: Balanced

20.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00
M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50																								
60.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00
M53222 COND PC Margarine 5g																								
20.00 @ 1 each	30.00	1.00	30.00	30.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	500.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50854 COND PC Jelly, #4 Smuckers																								
10.00 @ 1 each	35.00	0.00	0.00	5.00	0.00	0.00	9.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50056 COND PC Sauce, Taco 9g																								
30.00 @ 1 each	5.00	0.00	0.00	55.00	0.00	0.00	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50058 COND PC Syrup 1.4oz Smuckers																								
15.00 @ 1 each	110.00	0.00	0.00	25.00	0.00	0.00	29.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M66157 COND_SALSA, BLNDR SC 1/8C																								
15.00 @ 1/8 cup	9.65	0.01	1.33	45.21	0.10	9.06	2.10	0.42	0.00	0.59	27.10*	148.65*	0.00*	0.05*	6.02*	4.65	0.01*	0.01*	0.03*	0.02*	0.00*	16.79	4.05*	0.19
M50087 COND_Salsa, Pico SC 1/8c																								
15.00 @ 1/8 cup	6.68	0.01	1.17	37.20	0.07	9.84	1.46	0.29	0.00	0.40	69.99	231.76*	0.00*	0.15*	2.94*	4.04	0.01*	0.01*	0.16*	0.03*	0.00*	4.19	7.40*	0.11
M53295 COND_Sour Cream AP																								
10.00 @ 1 tablespoon	30.00	1.75	52.50	25.00	3.00	90.00	1.00	0.50	10.00	0.00	-*	99.99	-*	-*	-*	0.00	-*	-*	-*	-*	-*	20.00	-*	0.00
Average	425.43	5.26	11.12	549.93	10.91	23.08	65.72	15.87	30.46	3.4	161.99*	953.33*	0*	.05*	1.55*	5.87	.01*	.02*	.18*	.09*	0*	481.86	7.34*	2.36

* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Marcus HS

Service Area: Marcus - 9-12 - OVS

Menu Name: Marcus HS 2018-2019 Menu - cycle 1 - week 3

Avg.Method: Balanced

Age Group: Lunch Grades 9-12 **Period:** Lunch **Week:** 3 **Day:** Friday **Count Type:** Forecasted **Total No. of Customers:** 100

Weekly Std.	SFA		Na (mg)	Fat		CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)
	CAL	% of CAL		% of CAL	% of CAL																		
750.00-850.00		10.00	1420.00																		4.68		

M54044 ORI ChixPop GenTso Broc WG 2.0

22.00 @ 8 fl oz	333.34	2.83	7.65	661.02	14.75	39.83	32.61	17.50	22.49	5.05	134.03*	660.55	0.00*	0.68*	37.13*	45.13	0.05*	0.04*	0.36*	0.15*	0.00*	64.02	28.49*	2.48
-----------------	--------	------	------	--------	-------	-------	-------	-------	-------	------	---------	--------	-------	-------	--------	-------	-------	-------	-------	-------	-------	-------	--------	------

M52193 RICE, Plain WG 1BG

22.00 @ 1/2 cup	101.77	0.20	1.81	4.21	0.85	7.50	21.18	2.38	0.00	0.94	59.47	13.89	0.00*	0.00*	0.00*	0.03	0.00*	0.00*	0.00*	0.00*	0.00*	5.48	0.00*	0.22
-----------------	--------	------	------	------	------	------	-------	------	------	------	-------	-------	-------	-------	-------	------	-------	-------	-------	-------	-------	------	-------	------

M54076 SALAD, CHam Chef SC W 2.25

3.00 @ 1 each	178.23	4.55	22.99	451.48	10.62	53.63	5.72	14.69	141.25	1.26	146.57*	5233.02	0.00*	0.12*	43.60*	7.46	0.04*	0.04*	0.25*	0.06*	0.00*	131.60	17.48*	1.23
---------------	--------	------	-------	--------	-------	-------	------	-------	--------	------	---------	---------	-------	-------	--------	------	-------	-------	-------	-------	-------	--------	--------	------

M51680 BRD: ROLL DG, WG 2.5oz

3.00 @ 1 each	170.00	0.50	2.65	135.00	3.00	15.88	28.00	7.00	0.00	3.40	-*	0.01	-*	-*	-*	0.01	-*	-*	-*	-*	-*	12.70	-*	0.85
---------------	--------	------	------	--------	------	-------	-------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	-------	----	------

M52043 PIZZA HUT PIZZA 6" EXPRESS CHZ SS 2.25

4.00 @ 1 pizza	374.18	4.99	12.01	685.27	13.41	32.25	38.44	24.92	24.70	4.27	-*	692.07	-*	-*	-*	5.36	-*	-*	-*	-*	-*	410.71	-*	2.57
----------------	--------	------	-------	--------	-------	-------	-------	-------	-------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M53931 PIZZA HUT PIZZA 6" EXPRESS PEPP SS 2.0

4.00 @ 1 pizza	385.19	5.31	12.42	711.32	14.98	35.01	38.49	24.17	27.17	4.35	-*	662.85	-*	-*	-*	5.43	-*	-*	-*	-*	-*	354.34	-*	2.65
----------------	--------	------	-------	--------	-------	-------	-------	-------	-------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M54307 PIZZA HUT PIZZA 6" EXPRESS SSG SS 2.25

4.00 @ 1 pizza	439.08	7.15	14.66	836.54	20.45	41.92	38.35	25.40	37.42	4.27	-*	689.00	-*	-*	-*	5.36	-*	-*	-*	-*	-*	356.37	-*	2.86
----------------	--------	------	-------	--------	-------	-------	-------	-------	-------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M54310 PIZZA HUT PIZZA 6" EXPRESS BBQ CHIX SS 2.25

2.00 @ 1 pizza	400.94	4.66	10.46	805.79	13.17	29.57	42.83	27.77	38.53	4.36	-*	667.19	-*	-*	-*	5.81	-*	-*	-*	-*	-*	350.99	-*	2.67
----------------	--------	------	-------	--------	-------	-------	-------	-------	-------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M54520 PIZZA HUT COND PC CHEESE GRATED 2.5G

10.00 @ 1 each	10.00	0.00	0.00	50.00	1.00	90.00	0.00	1.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
----------------	-------	------	------	-------	------	-------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M54521 PIZZA HUT COND PC PEPPER RED CRUSHED 1G

10.00 @ 1 each	5.00	0.00	0.00	0.00	0.00	0.00	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
----------------	------	------	------	------	------	------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M52963 CHIX Popcorn, AP WG 2.0

3.00 @ 1 serving	250.19	2.72	9.78	380.72	14.14	50.87	15.23	15.23	21.76	3.26	-*	108.78	-*	-*	-*	0.00	-*	-*	-*	-*	-*	43.51	-*	1.96
------------------	--------	------	------	--------	-------	-------	-------	-------	-------	------	----	--------	----	----	----	------	----	----	----	----	----	-------	----	------

M51753 CHIX Popcorn, AP Spicy WG 2.0

3.00 @ 1 serving	247.14	2.69	9.78	365.34	13.97	50.87	16.12	13.97	21.49	2.15	-*	107.45	-*	-*	-*	0.00	-*	-*	-*	-*	-*	42.98	-*	1.93
------------------	--------	------	------	--------	-------	-------	-------	-------	-------	------	----	--------	----	----	----	------	----	----	----	----	----	-------	----	------

* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Marcus HS

Service Area: Marcus - 9-12 - OVS

Menu Name: Marcus HS 2018-2019 Menu - cycle 1 - week 3

Avg.Method: Balanced

M54482 CHIX NUGGET, BNLS WING HONEY SRIRACHA WG (6) 2.0 MWWM

3.00 @ 6 each	284.98	2.25	7.11	374.97	13.50	42.63	21.00	22.50	52.50	1.50	-*	299.98	-*	-*	-*	1.80	-*	-*	-*	-*	-*	0.00	-*	1.62
---------------	--------	------	------	--------	-------	-------	-------	-------	-------	------	----	--------	----	----	----	------	----	----	----	----	----	------	----	------

M51680 BRD: ROLL DG, WG 2.5oz

9.00 @ 1 each	170.00	0.50	2.65	135.00	3.00	15.88	28.00	7.00	0.00	3.40	-*	0.01	-*	-*	-*	0.01	-*	-*	-*	-*	-*	12.70	-*	0.85
---------------	--------	------	------	--------	------	-------	-------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	-------	----	------

M52610 HOT DOG, Plain WG 2.0

2.00 @ 1 each	290.00	4.00	12.41	1040.01	14.00	43.45	29.00	12.00	50.00	2.00	-*	300.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	120.00	-*	2.52
---------------	--------	------	-------	---------	-------	-------	-------	-------	-------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M55774 STICKS, MAX SNAX PIZZA W/MARINARA AP WG 2.0

2.00 @ 2 each	319.87	2.00	5.63	649.89	9.00	25.32	39.98	18.00	10.00	4.00	-*	898.95	-*	-*	-*	8.98	-*	-*	-*	-*	-*	439.92	-*	3.24
---------------	--------	------	------	--------	------	-------	-------	-------	-------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M54308 STICKS, CRISPITO CHIXCHILI AP WG 2.0 (2EA)

3.00 @ 2 each	540.00	6.00	10.00	740.00	28.00	46.67	46.00	24.00	50.00	6.00	-*	1500.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	80.00	-*	3.60
---------------	--------	------	-------	--------	-------	-------	-------	-------	-------	------	----	---------	----	----	----	------	----	----	----	----	----	-------	----	------

M51189 COND_Sauce, Chz SS W (LOL) .5

3.00 @ 2 fl oz	99.97	4.50	40.50	399.86	7.00	63.00	3.00	5.00	19.99	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	149.95	-*	0.00
----------------	-------	------	-------	--------	------	-------	------	------	-------	------	----	------	----	----	----	------	----	----	----	----	----	--------	----	------

M51228 BRD: BUN, Hamburger WG

15.00 @ 1 each	140.00	0.00	0.00	300.00	2.00	12.86	27.00	5.00	0.00	2.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	40.00	-*	1.44
----------------	--------	------	------	--------	------	-------	-------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	-------	----	------

M51648 BEEF Pty, AP 100% 2.0

8.00 @ 1 each	130.00	3.00	20.77	45.00	8.00	55.39	1.00	12.00	35.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	1.08
---------------	--------	------	-------	-------	------	-------	------	-------	-------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M51359 CHIX FLT, BREAST GRD 2.0 MWWM

1.00 @ 1 each	100.00	1.00	9.00	310.00	4.00	36.00	1.00	15.00	40.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.72
---------------	--------	------	------	--------	------	-------	------	-------	-------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M51935 CHIX FLT, BREAST BRD WG 2.0 MWWM

3.00 @ 1 each	199.76	1.50	6.75	289.65	8.99	40.50	8.99	18.98	44.95	3.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	1.08
---------------	--------	------	------	--------	------	-------	------	-------	-------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M51936 CHIX FLT, BREAST BRD SPICY WG 2.0 MWWM

3.00 @ 1 each	229.84	2.00	7.82	479.66	9.99	39.13	14.99	20.99	49.96	1.00	-*	99.93	-*	-*	-*	0.00	-*	-*	-*	-*	-*	19.99	-*	1.44
---------------	--------	------	------	--------	------	-------	-------	-------	-------	------	----	-------	----	----	----	------	----	----	----	----	----	-------	----	------

M51005 CHEESE, AM (184ct) Slices 1.0

2.00 @ 3 slice	134.99	6.75	45.00	599.97	10.50	70.00	1.50	7.50	37.50	0.00	-*	299.98	-*	-*	-*	0.00	-*	-*	-*	-*	-*	224.99	-*	0.00
----------------	--------	------	-------	--------	-------	-------	------	------	-------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M53381 CHEESE, CH Slices 1.0

2.00 @ 2 slice	110.01	5.00	40.91	180.01	9.00	73.64	1.00	6.00	30.00	0.00	20.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	199.01	-*	0.00
----------------	--------	------	-------	--------	------	-------	------	------	-------	------	-------	------	----	----	----	------	----	----	----	----	----	--------	----	------

M53385 CHEESE, SW Slices 1.0

2.00 @ 2 slice	110.01	5.00	40.91	50.00	9.00	73.64	0.00	8.00	25.00	0.00	20.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	249.01	-*	0.00
----------------	--------	------	-------	-------	------	-------	------	------	-------	------	-------	------	----	----	----	------	----	----	----	----	----	--------	----	------

* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Marcus HS

Service Area: Marcus - 9-12 - OVS

Menu Name: Marcus HS 2018-2019 Menu - cycle 1 - week 3

Avg.Method: Balanced

M50999 CHEESE, JK Slices 1.0

2.00 @ 2 slice	100.00	5.00	45.00	180.01	8.00	72.00	1.00	7.00	30.00	0.00	25.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	197.01	-*	0.00
----------------	--------	------	-------	--------	------	-------	------	------	-------	------	-------	------	----	----	----	------	----	----	----	----	----	--------	----	------

M51003 CHEESE, PV Slices 1.0

2.00 @ 2 slice	100.00	5.00	45.00	250.01	7.00	63.00	1.00	7.00	20.00	0.00	40.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	212.01	-*	0.00
----------------	--------	------	-------	--------	------	-------	------	------	-------	------	-------	------	----	----	----	------	----	----	----	----	----	--------	----	------

M51017 VEG GARN: Rom Leaf 1ea

4.00 @ 1 each	2.41	0.01	2.06	1.13	0.04	15.88	0.47	0.17	0.00	0.30	35.01	1234.63	0.00	0.02	14.53	0.57	0.01	0.01	0.04	0.01	0.00	4.68	4.25	0.14
---------------	------	------	------	------	------	-------	------	------	------	------	-------	---------	------	------	-------	------	------	------	------	------	------	------	------	------

M51008 VEG: TOMATOES, FRESH SLCD (2SL) 1/8C

4.00 @ 1/8 cup	5.10	0.01	1.40	1.42	0.06	10.00	1.10	0.25	0.00	0.34	67.18	236.14	0.00	0.15	2.24	3.88	0.01	0.01	0.17	0.02	0.00	2.83	6.80	0.08
----------------	------	------	------	------	------	-------	------	------	------	------	-------	--------	------	------	------	------	------	------	------	------	------	------	------	------

M51013 VEG: ONIONS, Red Slice 1ea

2.00 @ 1 slice	2.83	0.00	0.94	0.28	0.01	2.25	0.66	0.08	0.00	0.12	10.35	0.14	0.00	0.00	0.03	0.52	0.00	0.00	0.01	0.01	0.00	1.63	2.06	0.01
----------------	------	------	------	------	------	------	------	------	------	------	-------	------	------	------	------	------	------	------	------	------	------	------	------	------

M50892 COND_PEPPERS, JALAPENO CND TBSP

2.00 @ 1 tablespoon	3.12	0.00	0.00	240.96	0.09	27.20	0.48	0.09	0.00	0.26	19.38	-*	-*	-*	-*	1.00	-*	-*	-*	-*	-*	2.31	-*	0.19
---------------------	------	------	------	--------	------	-------	------	------	------	------	-------	----	----	----	----	------	----	----	----	----	----	------	----	------

M50176 COND_Pickle, Dill Slice 2ea

5.00 @ 2 slice	1.62	0.01	4.72	162.08	0.05	25.17	0.24	0.06	0.00	0.14	-*	0.00	-*	-*	-*	0.21	-*	-*	-*	-*	-*	8.65	-*	0.05
----------------	------	------	------	--------	------	-------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M66733 WRAP 10", CHAM TKY CH WG 2.0

2.00 @ 1 each	369.93	7.52	18.29	708.69	16.89	41.10	34.04	20.10	62.50	3.94	157.21*	2705.42	0.00*	0.19*	31.30*	5.02	0.03*	0.02*	0.26*	0.04*	0.00*	321.20	15.31*	2.15
---------------	--------	------	-------	--------	-------	-------	-------	-------	-------	------	---------	---------	-------	-------	--------	------	-------	-------	-------	-------	-------	--------	--------	------

M50962 SDW BD, SBJ WG 2.0

1.00 @ 1 sandwich	658.38	3.99	5.45	579.16	35.89	49.06	69.87	19.95	0.00	5.99	378.78*	0.00	0.00*	-*	-*	0.00	-*	-*	-*	-*	-*	59.81	-*	5.35
-------------------	--------	------	------	--------	-------	-------	-------	-------	------	------	---------	------	-------	----	----	------	----	----	----	----	----	-------	----	------

M53347 SDW BD, SB WG 2.0

1.00 @ 1 sandwich	558.71	3.99	6.42	579.16	35.89	57.81	43.95	19.95	0.00	5.99	378.78*	0.00	0.00*	-*	-*	0.00	-*	-*	-*	-*	-*	59.81	-*	5.35
-------------------	--------	------	------	--------	-------	-------	-------	-------	------	------	---------	------	-------	----	----	------	----	----	----	----	----	-------	----	------

M52708 BRD: ROLL DG, Sub 6" WG

4.00 @ 1 roll	170.00	0.50	2.65	180.00	3.00	15.88	28.00	6.00	0.00	3.00	-*	0.01	-*	-*	-*	0.01	-*	-*	-*	-*	-*	13.52	-*	1.45
---------------	--------	------	------	--------	------	-------	-------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	-------	----	------

M52782 BRD: FLATBREAD 6" X 6" 2OZ WG (2BG)

3.00 @ 1 each	180.00	1.00	5.00	310.00	5.00	25.00	28.00	5.00	0.00	2.69	-*	0.07	-*	-*	-*	0.07	-*	-*	-*	-*	-*	22.88	-*	0.83
---------------	--------	------	------	--------	------	-------	-------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	-------	----	------

M54775 BRD: CROISSANT, SLICED WG

3.00 @ 1 each	243.91	6.47	23.87	253.40	12.05	44.44	29.25	5.44	32.35	0.91	15.14	313.46	0.31	0.00	0.00	2.82	0.25	1.93	0.85	0.00	0.01	15.66	3.96	1.63
---------------	--------	------	-------	--------	-------	-------	-------	------	-------	------	-------	--------	------	------	------	------	------	------	------	------	------	-------	------	------

M53393 TKY, Breast Sliced 1.0

6.00 @ 1 serving	60.00	0.50	7.50	220.00	2.00	30.00	2.00	9.00	25.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	20.00	-*	0.36
------------------	-------	------	------	--------	------	-------	------	------	-------	------	----	------	----	----	----	------	----	----	----	----	----	-------	----	------

* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Marcus HS

Service Area: Marcus - 9-12 - OVS

Menu Name: Marcus HS 2018-2019 Menu - cycle 1 - week 3

Avg.Method: Balanced

M53569 CHIX, BLACK FOREST HAM SLICED 1.0

2.00 @ 1 serving	80.00	1.50	16.88	330.00	4.50	50.63	2.00	8.00	40.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	0.00	-*	0.36
------------------	-------	------	-------	--------	------	-------	------	------	-------	------	----	------	----	----	----	------	----	----	----	----	------	----	------

M51976 CHIX Dcd Deli Salad W 1.0

2.00 @ 1 No 16 Scoop	76.63	0.94	10.98	129.00	4.42	51.89	1.48	6.99	24.65	0.18	27.40*	47.33	0.00*	0.03*	2.98*	0.37	0.00*	0.01*	0.03*	0.01*	0.00*	4.41	2.64*	0.30
----------------------	-------	------	-------	--------	------	-------	------	------	-------	------	--------	-------	-------	-------	-------	------	-------	-------	-------	-------	-------	------	-------	------

M51005 CHEESE, AM (184ct) Slices 1.0

2.00 @ 3 slice	134.99	6.75	45.00	599.97	10.50	70.00	1.50	7.50	37.50	0.00	-*	299.98	-*	-*	-*	0.00	-*	-*	-*	-*	224.99	-*	0.00
----------------	--------	------	-------	--------	-------	-------	------	------	-------	------	----	--------	----	----	----	------	----	----	----	----	--------	----	------

M53381 CHEESE, CH Slices 1.0

2.00 @ 2 slice	110.01	5.00	40.91	180.01	9.00	73.64	1.00	6.00	30.00	0.00	20.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	199.01	-*	0.00
----------------	--------	------	-------	--------	------	-------	------	------	-------	------	-------	------	----	----	----	------	----	----	----	----	--------	----	------

M53385 CHEESE, SW Slices 1.0

1.00 @ 2 slice	110.01	5.00	40.91	50.00	9.00	73.64	0.00	8.00	25.00	0.00	20.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	249.01	-*	0.00
----------------	--------	------	-------	-------	------	-------	------	------	-------	------	-------	------	----	----	----	------	----	----	----	----	--------	----	------

M50999 CHEESE, JK Slices 1.0

1.00 @ 2 slice	100.00	5.00	45.00	180.01	8.00	72.00	1.00	7.00	30.00	0.00	25.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	197.01	-*	0.00
----------------	--------	------	-------	--------	------	-------	------	------	-------	------	-------	------	----	----	----	------	----	----	----	----	--------	----	------

M51003 CHEESE, PV Slices 1.0

1.00 @ 2 slice	100.00	5.00	45.00	250.01	7.00	63.00	1.00	7.00	20.00	0.00	40.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	212.01	-*	0.00
----------------	--------	------	-------	--------	------	-------	------	------	-------	------	-------	------	----	----	----	------	----	----	----	----	--------	----	------

M51017 VEG GARN: Rom Leaf 1ea

4.00 @ 1 each	2.41	0.01	2.06	1.13	0.04	15.88	0.47	0.17	0.00	0.30	35.01	1234.63	0.00	0.02	14.53	0.57	0.01	0.01	0.04	0.01	0.00	4.68	4.25	0.14
---------------	------	------	------	------	------	-------	------	------	------	------	-------	---------	------	------	-------	------	------	------	------	------	------	------	------	------

M51008 VEG: TOMATOES, FRESH SLCD (2SL) 1/8C

4.00 @ 1/8 cup	5.10	0.01	1.40	1.42	0.06	10.00	1.10	0.25	0.00	0.34	67.18	236.14	0.00	0.15	2.24	3.88	0.01	0.01	0.17	0.02	0.00	2.83	6.80	0.08
----------------	------	------	------	------	------	-------	------	------	------	------	-------	--------	------	------	------	------	------	------	------	------	------	------	------	------

M51013 VEG: ONIONS, Red Slice 1ea

2.00 @ 1 slice	2.83	0.00	0.94	0.28	0.01	2.25	0.66	0.08	0.00	0.12	10.35	0.14	0.00	0.00	0.03	0.52	0.00	0.00	0.01	0.01	0.00	1.63	2.06	0.01
----------------	------	------	------	------	------	------	------	------	------	------	-------	------	------	------	------	------	------	------	------	------	------	------	------	------

M52162 VEG: SPINACH, FRESH LEAVES 1/4C

2.00 @ 1/4 cup	3.12	0.01	2.47	10.73	0.05	15.26	0.49	0.39	0.00	0.30	75.79	1273.70	0.00	0.28	65.59	3.82	0.01	0.03	0.10	0.03	0.00	13.45	6.66	0.37
----------------	------	------	------	-------	------	-------	------	------	------	------	-------	---------	------	------	-------	------	------	------	------	------	------	-------	------	------

M52661 VEG: CUCUMBER, Fresh Slice1/8c

2.00 @ 1/8 cup	2.75	0.01	2.22	0.37	0.02	6.60	0.66	0.12	0.00	0.09	26.91	19.22	0.00	0.01	3.00	0.51	0.00	0.01	0.02	0.01	0.00	2.93	4.39	0.05
----------------	------	------	------	------	------	------	------	------	------	------	-------	-------	------	------	------	------	------	------	------	------	------	------	------	------

M53523 VEG: PEPPERS, Red Strips1/4c

2.00 @ 1/4 cup	7.78	0.01	0.78	1.00	0.08	8.71	1.51	0.25	0.00	0.53	52.96	785.87	0.00	0.40	1.23	32.05	0.01	0.02	0.25	0.07	0.00	1.76	6.53	0.11
----------------	------	------	------	------	------	------	------	------	------	------	-------	--------	------	------	------	-------	------	------	------	------	------	------	------	------

M50891 COND_OLIVES, BLACK SLICED TBSP

* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Marcus HS

Service Area: Marcus - 9-12 - OVS

Menu Name: Marcus HS 2018-2019 Menu - cycle 1 - week 3

Avg.Method: Balanced

1.00 @ 1 tablespoon	14.04	0.17	10.96	58.74	1.27	81.48	0.52	0.13	0.00	0.31	-*	5.23	-*	-*	-*	0.21	-*	-*	-*	-*	-*	7.97	-*	0.18
M50176 COND_Pickle, Dill Slice 2ea																								
4.00 @ 2 slice	1.62	0.01	4.72	162.08	0.05	25.17	0.24	0.06	0.00	0.14	-*	0.00	-*	-*	-*	0.21	-*	-*	-*	-*	-*	8.65	-*	0.05
M66605 BRD: TORTILLA FLOUR 10" WG																								
3.00 @ 1 each	180.00	1.50	7.50	250.00	4.50	22.50	29.00	5.00	0.00	3.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	100.00	-*	1.44
M66461 BRD: TORTILLA FLOUR 6" WG																								
4.00 @ 2 each	180.00	1.00	5.00	250.00	5.00	25.00	28.00	6.00	0.00	2.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	120.00	-*	1.44
M54540 BRD: TORTILLA, CHIP RND WG 2BG																								
6.00 @ 1 serving	224.59	1.60	6.43	184.48	9.63	38.57	32.08	3.21	0.00	3.21	0.00	0.00	0.00	-*	-*	0.00	-*	-*	-*	-*	-*	48.13	-*	0.80
M52605 RICE, Cilantro WG 2BG																								
2.00 @ 1 cup	235.20	0.43	1.64	190.28	1.79	6.83	47.44	4.99	0.00	2.02	133.62*	90.09	0.00*	0.03*	2.94*	0.62	0.00*	0.00*	0.02*	0.00*	0.00*	12.88	1.10*	0.49
M51175 BEEF Gd, Taco Meat SC 1.0																								
7.00 @ 1 No 24 Scoop	78.71	1.65	18.88	56.06	4.38	50.12	1.22	8.02	25.24	0.15	122.30*	121.25	0.57*	0.08*	0.61*	1.55	0.01*	0.06*	1.81*	0.13*	0.79*	9.04	69.27*	1.00
M52584 CHIX Strips, Fajita DkMt 1.0																								
6.00 @ 2 fl oz	76.93	1.01	11.78	124.77	3.56	41.66	1.34	10.09	35.00	0.09	9.12*	46.95	0.00*	0.07*	0.17*	0.02	0.00*	0.00*	0.03*	0.01*	0.00*	12.26	2.39*	0.69
M67585 MMA: BEANS, PINTO KICKIN' 1.0																								
2.00 @ 1/4 cup	66.95	0.08	1.11	99.41	0.39	5.30	12.53	3.13	0.59	2.52	0.10*	60.68	0.00*	0.00*	0.00*	1.23	0.00*	0.00*	0.00*	0.00*	0.00*	32.08	0.00*	0.85
M53386 CHEESE, CH Shreds 1.0																								
7.00 @ 2 fl oz	110.00	6.00	49.09	189.99	9.00	73.64	1.00	7.00	30.00	0.00	0.00	280.99	-*	-*	-*	0.00	-*	-*	-*	-*	-*	201.99	-*	0.19
M50921 COND_Sauce, Chz SS W (LOL) 1.0																								
8.00 @ 3 fl oz	149.95	6.75	40.50	599.79	10.50	63.00	4.50	7.50	29.99	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	224.92	-*	0.00
M51420 VEG GARN: Rom Shrds/Tom Dice																								
3.00 @ 1 serving	5.03	0.01	1.56	1.63	0.06	11.41	1.06	0.27	0.00	0.40	67.90	794.43	0.00	0.12	8.94	3.20	0.01	0.01	0.15	0.02	0.00	4.47	7.23	0.13
M52379 VEG: ONIONS, Yellow Diced 1/8c																								
3.00 @ 1/8 cup	8.62	0.01	0.94	0.86	0.02	2.25	2.01	0.24	0.00	0.37	31.47	0.43	0.00	0.00	0.09	1.60	0.01	0.01	0.03	0.03	0.00	4.96	6.25	0.05
M50892 COND_PEPPERS, JALAPENO CND TBSP																								
3.00 @ 1 tablespoon	3.12	0.00	0.00	240.96	0.09	27.20	0.48	0.09	0.00	0.26	19.38	-*	-*	-*	-*	1.00	-*	-*	-*	-*	-*	2.31	-*	0.19

* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Marcus HS

Service Area: Marcus - 9-12 - OVS

Menu Name: Marcus HS 2018-2019 Menu - cycle 1 - week 3

Avg.Method: Balanced

M50891 COND_OLIVES, BLACK SLICED TBSP

3.00 @ 1 tablespoon	14.04	0.17	10.96	58.74	1.27	81.48	0.52	0.13	0.00	0.31	-*	5.23	-*	-*	-*	0.21	-*	-*	-*	-*	-*	7.97	-*	0.18
------------------------	-------	------	-------	-------	------	-------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M55430 COND_HERB, CILANTRO

3.00 @ 1 tablespoon	0.82	0.00	0.55	1.63	0.02	20.35	0.13	0.08	0.00	0.10	18.46	239.13	0.00	0.09	10.99	0.96	0.00	0.01	0.04	0.01	0.00	2.37	1.70	0.06
------------------------	------	------	------	------	------	-------	------	------	------	------	-------	--------	------	------	-------	------	------	------	------	------	------	------	------	------

M55023 VEG: MIXED STIR-FRY 1/2C

20.00 @ 1/2 cup	26.20	0.04	1.48	20.21	0.27	9.11	5.83	1.01	0.00	1.88	169.84	3812.99	0.00	0.55	49.20	31.88	0.04	0.04	0.33	0.12	0.00	26.50	28.89	0.36
-----------------	-------	------	------	-------	------	------	------	------	------	------	--------	---------	------	------	-------	-------	------	------	------	------	------	-------	-------	------

M52815 VEG: PEPPERS, Red Strips1/2c

15.00 @ 1/2 cup	15.56	0.01	0.78	2.01	0.15	8.71	3.03	0.50	0.00	1.05	105.92	1571.73	0.00	0.79	2.46	64.10	0.03	0.04	0.49	0.15	0.00	3.51	13.05	0.22
-----------------	-------	------	------	------	------	------	------	------	------	------	--------	---------	------	------	------	-------	------	------	------	------	------	------	-------	------

M51297 VEG: SALAD, Side GardChop 1c

10.00 @ 1 cup	16.35	0.03	1.45	12.76	0.18	9.94	3.56	0.83	0.00	1.42	182.84	5064.79	0.00	0.18	45.89	9.01	0.05	0.04	0.32	0.07	0.00	22.30	22.02	0.52
---------------	-------	------	------	-------	------	------	------	------	------	------	--------	---------	------	------	-------	------	------	------	------	------	------	-------	-------	------

M53419 VEG: POTATO, FF CTINAGEN7 1/2C

20.00 @ 1/2 cup	119.99	1.33	10.00	133.32	4.67	35.00	17.33	2.00	0.00	2.00	259.98	0.00	-*	-*	-*	3.20	-*	-*	-*	-*	-*	0.00	-*	0.48
-----------------	--------	------	-------	--------	------	-------	-------	------	------	------	--------	------	----	----	----	------	----	----	----	----	----	------	----	------

M51731 VEG: POTATO SWT, FF CRINKLE 1/2C

5.00 @ 1/2 cup	137.66	0.53	3.46	180.02	4.77	31.15	23.30	1.06	0.00	3.18	243.56	3176.86	-*	-*	-*	6.35	-*	-*	-*	-*	-*	21.18	-*	0.38
----------------	--------	------	------	--------	------	-------	-------	------	------	------	--------	---------	----	----	----	------	----	----	----	----	----	-------	----	------

M50543 FRUIT: BANANA (100-120ct) Whl

15.00 @ 1 each	93.95	0.12	1.13	1.06	0.35	3.34	24.11	1.15	0.00	2.74	377.91	67.56	0.00	0.11	0.53	9.18	0.03	0.08	0.70	0.39	0.00	5.28	23.22	0.27
----------------	-------	------	------	------	------	------	-------	------	------	------	--------	-------	------	------	------	------	------	------	------	------	------	------	-------	------

M53549 FRUIT: APPLESAUCE,Unswt AP1/2c

20.00 @ 1/2 cup	52.77	0.00	0.00	10.55	0.00	0.00	13.72	0.00	0.00	2.11	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
-----------------	-------	------	------	-------	------	------	-------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M50980 JUICE SS, Frt Bld 100% 4oz Crt

40.00 @ 1 each	60.00	0.00	0.00	10.00	0.00	0.00	14.00	0.00	0.00	0.00	100.00	0.00	-*	-*	-*	3.60	-*	-*	-*	-*	-*	0.00	-*	0.00
----------------	-------	------	------	-------	------	------	-------	------	------	------	--------	------	----	----	----	------	----	----	----	----	----	------	----	------

M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50

20.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00
------------------	--------	------	-------	--------	------	-------	-------	------	-------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50

50.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00
------------------	--------	------	------	--------	------	------	-------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M50855 COND PC Ketchup 9g Heinz

100.00 @ 1 each	10.00	0.00	0.00	85.00	0.00	0.00	3.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
-----------------	-------	------	------	-------	------	------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M50055 COND PC Mayonnaise 12g

* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Marcus HS

Service Area: Marcus - 9-12 - OVS

Menu Name: Marcus HS 2018-2019 Menu - cycle 1 - week 3

Avg.Method: Balanced

10.00 @ 1 each	80.00	1.50	16.87	75.00	8.00	90.00	1.00	0.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	0.00	-*	0.00
M50284 COND PC Mustard 6g																							
5.00 @ 1 each	0.00	0.00	-	65.00	0.00	-	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	0.00	-*	0.00
M53222 COND PC Margarine 5g																							
50.00 @ 1 each	30.00	1.00	30.00	30.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	500.00	-*	-*	-*	0.00	-*	-*	-*	-*	0.00	-*	0.00
M50624 COND PC Drsg Ranch 12g																							
50.00 @ 1 each	50.00	0.00	0.00	100.00	5.00	90.00	1.00	0.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	0.00	-*	0.00
M50623 COND PC Drsg Italian 12g																							
1.00 @ 1 each	30.00	0.00	0.00	130.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	100.00	-*	-*	-*	0.00	-*	-*	-*	-*	0.00	-*	0.00
M53116 COND PC Drsg Honey Mustard 12g																							
5.00 @ 1 each	15.00	0.00	0.00	65.00	0.00	0.00	4.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	0.00	-*	0.00
M50056 COND PC Sauce, Taco 9g																							
5.00 @ 1 each	5.00	0.00	0.00	55.00	0.00	0.00	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	0.00	-*	0.00
M50287 COND PC Sauce, BBQ 12g																							
5.00 @ 1 each	15.00	0.00	0.00	160.00	0.00	0.00	4.00	0.00	0.00	0.00	-*	100.00	-*	-*	-*	0.60	-*	-*	-*	-*	0.00	-*	0.00
M51391 COND_Mayo, Chipotle W																							
5.00 @ 1 tablespoon	26.19	0.35	12.18	91.54	2.49	85.73	0.97	0.01	3.54	0.01	1.00*	91.64	-*	-*	-*	0.40	-*	-*	-*	-*	0.00	-*	0.02
M50060 COND_Mayo W																							
5.00 @ 1 tablespoon	33.07	0.47	12.86	94.49	3.31	90.00	0.94	0.00	4.72	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	0.00	-*	0.00
M50291 COND_Mustard, Yellow																							
5.00 @ 1 tablespoon	9.00	0.01	1.50	181.50	0.37	37.20	0.93	0.47	0.00	0.43	13.36	0.67	-*	-*	-*	0.13	-*	-*	-*	-*	7.51	-*	0.19
M50692 COND_Dressing, DijonHnyMustard																							
5.00 @ 1 tablespoon	65.00	0.75	10.38	90.00	5.50	76.15	3.50	0.00	7.50	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	0.00	-*	0.00
M50622 COND_Dressing, Ranch Lite																							
10.00 @ 1 tablespoon	55.00	0.75	12.27	139.99	5.00	81.82	0.50	0.50	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	10.00	-*	0.00
M50292 COND_Sauce, BBQ Original AP																							

* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Marcus HS

Service Area: Marcus - 9-12 - OVS

Menu Name: Marcus HS 2018-2019 Menu - cycle 1 - week 3

Avg.Method: Balanced

3.00 @ 1 tablespoon	35.00	0.00	0.00	144.99	0.00	0.00	9.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	1.80	-*	-*	-*	-*	-*	0.00	-*	0.18
M50063 COND_Sauce, Buffalo Wing AP																								
3.00 @ 1 tablespoon	4.38	0.02	4.79	363.06	0.22	45.51	0.48	0.11	0.17	0.12	21.32	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	2.22	-*	0.07
M50087 COND_Salsa, Pico SC 1/8c																								
3.00 @ 1/8 cup	6.68	0.01	1.17	37.20	0.07	9.84	1.46	0.29	0.00	0.40	69.99	231.76*	0.00*	0.15*	2.94*	4.04	0.01*	0.01*	0.16*	0.03*	0.00*	4.19	7.40*	0.11
M66157 COND_SALSA, BLNDR SC 1/8C																								
3.00 @ 1/8 cup	9.65	0.01	1.33	45.21	0.10	9.06	2.10	0.42	0.00	0.59	27.10*	148.65*	0.00*	0.05*	6.02*	4.65	0.01*	0.01*	0.03*	0.02*	0.00*	16.79	4.05*	0.19
M53940 COND_Salsa, Verde SC 1/8c																								
3.00 @ 1/8 cup	10.75	0.03	2.54	25.36	0.23	19.29	2.13	0.37	0.00	0.61	83.93	260.93*	0.00*	0.16*	12.93*	3.96	0.02*	0.01*	0.40*	0.03*	0.00*	8.13	11.81*	0.22
M53295 COND_Sour Cream AP																								
5.00 @ 1 tablespoon	30.00	1.75	52.50	25.00	3.00	90.00	1.00	0.50	10.00	0.00	-*	99.99	-*	-*	-*	0.00	-*	-*	-*	-*	-*	20.00	-*	0.00
Average	654.67	7	9.63	1113.61	25.14	34.56	77.43	28.57	53.88	6.47	325.82*	3097.53*	.05*	.48*	29.15*	35.09	.05*	.11*	.57*	.17*	.06*	418.15	28.18*	2.9

* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.