



# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Central ES

**Service Area:** Purnell - 9-12 - OVS

**Menu Name:** Purnell 9-12 Menu 2018-2019 - cycle 1 - week 3

**Avg.Method:** Balanced

**Age Group:** Lunch Grades 9-12      **Period:** Lunch      **Week:** 3      **Day:** Monday      **Count Type:** Forecasted      **Total No. of Customers:** 100

Weekly Std.	SFA		Na (mg)	Fat		CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)
	CAL	(g)		% of CAL	(g)																		
750.00-850.00			1420.00																		0.00		

M52963 CHIX Popcorn, AP WG 2.0

50.00 @ 1 serving	250.19	2.72	9.78	380.72	14.14	50.87	15.23	15.23	21.76	3.26	-*	108.78	-*	-*	-*	0.00	-*	-*	-*	-*	-*	43.51	-*	1.96
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M51680 BRD: ROLL DG, WG 2.5oz

50.00 @ 1 each	170.00	0.50	2.65	135.00	3.00	15.88	28.00	7.00	0.00	3.40	-*	0.01	-*	-*	-*	0.01	-*	-*	-*	-*	-*	12.70	-*	0.85
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M52132 EGG: Scrambled CH SS 2.0

49.00 @ 1 No 16 Scoop	93.21	3.14	30.34	124.17	6.63	64.02	1.35	7.23	177.26	0.00	0.00*	289.30	-*	-*	-*	0.00	-*	-*	-*	-*	-*	94.31	-*	0.84
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M51630 CHIX Sausage Patty 1ea 1.0

49.00 @ 1 patty	100.00	1.50	13.50	230.00	6.00	54.00	1.00	11.00	40.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.72
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M52536 BRD: BREAD WG, Tst 2sl

49.00 @ 2 slice	160.00	0.00	0.00	320.00	2.00	11.25	30.00	6.00	0.00	2.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	2.16
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M53347 SDW BD, SB WG 2.0

1.00 @ 1 sandwich	558.71	3.99	6.42	579.16	35.89	57.81	43.95	19.95	0.00	5.99	378.78*	0.00	0.00*	-*	-*	0.00	-*	-*	-*	-*	-*	59.81	-*	5.35
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M67231 VEG: POTATO, DICED AP SEASONED 1/2C

100.00 @ 1/2 cup	105.26	0.26	2.24	35.62	2.32	19.85	19.35	1.32	0.00	2.59	14.07*	247.49	0.00*	0.15*	0.73*	1.41	0.00*	0.01*	0.05*	0.01*	0.00*	2.35	1.89*	0.57
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M50431 VEG: CARROTS, Fresh Baby 1/2c

100.00 @ 1/2 cup	24.80	0.02	0.59	55.28	0.09	3.34	5.84	0.45	0.00	2.06	167.96	9772.87	0.00	-*	6.66	1.84	0.02	0.03	0.39	0.07	0.00	22.68	19.84	0.63
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M50543 FRUIT: BANANA (100-120ct) Whl

100.00 @ 1 each	93.95	0.12	1.13	1.06	0.35	3.34	24.11	1.15	0.00	2.74	377.91	67.56	0.00	0.11	0.53	9.18	0.03	0.08	0.70	0.39	0.00	5.28	23.22	0.27
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M50979 JUICE SS, Apple 100% 4oz Cart

100.00 @ 1 each	60.00	0.00	0.00	15.00	0.00	0.00	14.00	0.00	0.00	0.00	85.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M51645 DESRT: COOKIE Carnival 1.0ozWG

100.00 @ 1 cookie	110.00	1.00	8.18	85.00	3.50	28.64	18.00	1.00	5.00	1.00	47.95	-*	-*	-*	-*	-*	-*	-*	-*	-*	-*	5.00	-*	1.00
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M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Central ES

**Service Area:** Purnell - 9-12 - OVS

**Menu Name:** Purnell 9-12 Menu 2018-2019 - cycle 1 - week 3

**Avg.Method:** Balanced

30.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00
M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50																								
70.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00
M50855 COND PC Ketchup 9g Heinz																								
75.00 @ 1 each	10.00	0.00	0.00	85.00	0.00	0.00	3.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50055 COND PC Mayonnaise 12g																								
1.00 @ 1 each	80.00	1.50	16.87	75.00	8.00	90.00	1.00	0.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50284 COND PC Mustard 6g																								
1.00 @ 1 each	0.00	0.00	-	65.00	0.00	-	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M53222 COND PC Margarine 5g																								
50.00 @ 1 each	30.00	1.00	30.00	30.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	500.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50624 COND PC Drsg Ranch 12g																								
50.00 @ 1 each	50.00	0.00	0.00	100.00	5.00	90.00	1.00	0.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50623 COND PC Drsg Italian 12g																								
1.00 @ 1 each	30.00	0.00	0.00	130.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	100.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50056 COND PC Sauce, Taco 9g																								
1.00 @ 1 each	5.00	0.00	0.00	55.00	0.00	0.00	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50287 COND PC Sauce, BBQ 12g																								
10.00 @ 1 each	15.00	0.00	0.00	160.00	0.00	0.00	4.00	0.00	0.00	0.00	-*	100.00	-*	-*	-*	0.60	-*	-*	-*	-*	-*	0.00	-*	0.00
<b>Average</b>	949.92	6.29	5.96	1098.95	27.22	25.79	140.29	35.11	131.39	12.77	696.68*	11045.08*	0*	.25*	7.92*	14.06*	.06*	.11*	1.15*	.47*	0*	410.22	44.95*	5.75

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Central ES

**Service Area:** Purnell - 9-12 - OVS

**Menu Name:** Purnell 9-12 Menu 2018-2019 - cycle 1 - week 3

**Avg.Method:** Balanced

**Age Group:** Lunch Grades 9-12      **Period:** Lunch      **Week:** 3      **Day:** Tuesday      **Count Type:** Forecasted      **Total No. of Customers:** 100

Weekly Std.	SFA		Na (mg)	Fat		CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)
	CAL	% of CAL		% of CAL	% of CAL																		
750.00-850.00		10.00	1420.00																		0.00		

M51417 BURG, Beef AP WG 2.0

40.00 @ 1 each	240.00	2.00	7.50	345.00	7.00	26.25	29.00	16.00	25.00	2.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	60.00	-*	2.88
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M50821 BURG, Beef AM AP WG 2.25

59.00 @ 1 each	285.00	4.25	13.42	545.00	10.50	33.16	29.50	18.50	37.50	2.00	-*	100.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	135.00	-*	2.88
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M51445 VEG GARN: Rom Leaf/Tom SI

100.00 @ 1 serving	4.96	0.01	1.72	1.84	0.07	12.86	1.02	0.30	0.00	0.47	68.61	1352.71	0.00	0.09	15.65	2.51	0.02	0.01	0.13	0.02	0.00	6.10	7.65	0.18
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M50412 COND\_Pickle, Dill Slice 3ea

100.00 @ 3 slice	2.43	0.01	4.72	243.11	0.07	25.17	0.36	0.10	0.00	0.21	-*	0.00	-*	-*	-*	0.32	-*	-*	-*	-*	-*	12.97	-*	0.08
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M53347 SDW BD, SB WG 2.0

1.00 @ 1 sandwich	558.71	3.99	6.42	579.16	35.89	57.81	43.95	19.95	0.00	5.99	378.78*	0.00	0.00*	-*	-*	0.00	-*	-*	-*	-*	-*	59.81	-*	5.35
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M54862 VEG: BEANS, GREEN W/CARR FZ MARG 1/2C

100.00 @ 1/2 cup	52.33	1.23	21.23	26.17	3.27	56.30	5.66	0.78	0.00	2.50	141.38	7556.07	0.00*	0.46*	19.42*	2.46	0.03*	0.05*	0.32*	0.06*	0.00*	30.16	23.81*	0.47
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M50823 VEG: TOMATOES, GRAPE 1/2C

100.00 @ 1/2 cup	15.52	0.02	1.40	4.31	0.17	10.00	3.35	0.76	0.00	1.03	204.35	718.25	0.00	0.47	6.81	11.81	0.03	0.02	0.51	0.07	0.00	8.62	20.69	0.23
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M50549 FRUIT: WATERMELON, Fresh 1/2c

100.00 @ 1/2 cup	27.28	0.01	0.48	0.91	0.14	4.50	6.87	0.55	0.00	0.36	101.86	517.50	0.00	0.05	0.09	7.37	0.03	0.02	0.16	0.04	0.00	6.37	10.00	0.22
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M51110 FRUIT: ORANGE Mand w/Jc 1/2c

100.00 @ 1/2 cup	51.73	0.00	0.00	6.26	0.03	0.44	12.19	0.70	0.00	0.94	-*	710.52	-*	-*	-*	37.06	-*	-*	-*	-*	-*	13.15	-*	0.43
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M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50

30.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00
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M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50

70.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00
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M50855 COND PC Ketchup 9g Heinz

100.00 @ 1 each	10.00	0.00	0.00	85.00	0.00	0.00	3.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Central ES

**Service Area:** Purnell - 9-12 - OVS

**Menu Name:** Purnell 9-12 Menu 2018-2019 - cycle 1 - week 3

**Avg.Method:** Balanced

M50055 COND PC Mayonnaise 12g

10.00 @ 1 each	80.00	1.50	16.87	75.00	8.00	90.00	1.00	0.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50284 COND PC Mustard 6g

10.00 @ 1 each	0.00	0.00	-	65.00	0.00	-	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M53222 COND PC Margarine 5g

1.00 @ 1 each	30.00	1.00	30.00	30.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	500.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50624 COND PC Drsg Ranch 12g

50.00 @ 1 each	50.00	0.00	0.00	100.00	5.00	90.00	1.00	0.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50623 COND PC Drsg Italian 12g

1.00 @ 1 each	30.00	0.00	0.00	130.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	100.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50056 COND PC Sauce, Taco 9g

1.00 @ 1 each	5.00	0.00	0.00	55.00	0.00	0.00	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50287 COND PC Sauce, BBQ 12g

10.00 @ 1 each	15.00	0.00	0.00	160.00	0.00	0.00	4.00	0.00	0.00	0.00	-*	100.00	-*	-*	-*	0.60	-*	-*	-*	-*	-*	0.00	-*	0.00
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**Average**

	586.16	5.25	8.07	1080.11	17.21	26.43	80.91	28.7	41.63	7.56	519.99*	11430.05	0*	1.06*	41.97*	63.14	.1*	.1*	1.12*	.19*	0*	481.61	62.17*	4.5
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**Service Area:** Purnell - 9-12 - OVS

**Menu Name:** Purnell 9-12 Menu 2018-2019 - cycle 1 - week 3

**Avg.Method:** Balanced

**Age Group:** Lunch Grades 9-12      **Period:** Lunch      **Week:** 3      **Day:** Wednesday      **Count Type:** Forecasted      **Total No. of Customers:** 100

Weekly Std.	SFA		Na (mg)	Fat		CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)	
	CAL	(g)		% of CAL	(g)																			% of CAL
	750.00-850.00		10.00	1420.00																		0.00		

M50851 SDW BN, CHIXPTY PLN WG/WG 2.0

50.00 @ 1 sandwich	340.00	2.00	5.29	750.01	12.00	31.76	39.00	21.00	45.00	3.00	-*	100.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	60.00	-*	3.24
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M54325 CHIX DRUMSTK, AP BREADED FC WG 2.0

49.00 @ 1 each	190.03	2.50	11.84	450.07	11.00	52.11	5.00	16.00	50.01	1.00	-*	100.02	-*	-*	-*	0.00	-*	-*	-*	-*	-*	20.00	-*	1.08
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M51680 BRD: ROLL DG, WG 2.5oz

49.00 @ 1 each	170.00	0.50	2.65	135.00	3.00	15.88	28.00	7.00	0.00	3.40	-*	0.01	-*	-*	-*	0.01	-*	-*	-*	-*	-*	12.70	-*	0.85
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M53347 SDW BD, SB WG 2.0

1.00 @ 1 sandwich	558.71	3.99	6.42	579.16	35.89	57.81	43.95	19.95	0.00	5.99	378.78*	0.00	0.00*	-*	-*	0.00	-*	-*	-*	-*	-*	59.81	-*	5.35
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M52357 VEG: SALAD, ColeslawCIRnch1/2c

100.00 @ 1/2 cup	89.72	1.01	10.13	207.78	6.70	67.18	4.50	0.83	6.67	1.28	32.46*	47.14	0.00*	0.03*	3.44*	0.52	0.00*	0.01*	0.04*	0.01*	0.00*	19.40	3.32*	0.07
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M51319 VEG: CORN, Fz Seas1/2c

100.00 @ 1/2 cup	92.68	1.25	12.15	146.16	3.47	33.66	15.83	2.09	0.00	1.98	192.58	163.16	0.00*	0.06*	0.33*	2.86	0.02*	0.05*	1.07*	0.08*	0.00*	2.77	64.74*	0.39
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M50534 FRUIT: ORANGE 138ct 1/8wg 1/2c

100.00 @ 8 wedge	46.96	0.01	0.29	0.00	0.12	2.30	11.74	0.94	0.00	2.40	180.86	224.82	0.00	0.18	0.00	53.16	0.09	0.04	0.28	0.06	0.00	39.97	13.99	0.10
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M50980 JUICE SS, Frt Bld 100% 4oz Crt

100.00 @ 1 each	60.00	0.00	0.00	10.00	0.00	0.00	14.00	0.00	0.00	0.00	100.00	0.00	-*	-*	-*	3.60	-*	-*	-*	-*	-*	0.00	-*	0.00
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M51440 DESRT: GELATIN, Cherry SC 1/2c

100.00 @ 1/2 cup	71.59	0.00	0.00	95.29	0.00	0.00	17.39	1.02	0.00	0.00	1.08*	0.00	0.00*	0.00*	0.00*	15.34	0.00*	0.00*	0.00*	0.00*	0.00*	3.24	0.00*	0.00
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M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50

30.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00
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M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50

70.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00
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M50855 COND PC Ketchup 9g Heinz

\* Some values for this nutrient are unavailable; the number listed is incomplete.

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Central ES

**Service Area:** Purnell - 9-12 - OVS

**Menu Name:** Purnell 9-12 Menu 2018-2019 - cycle 1 - week 3

**Avg.Method:** Balanced

75.00 @ 1 each	10.00	0.00	0.00	85.00	0.00	0.00	3.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50055 COND PC Mayonnaise 12g																								
10.00 @ 1 each	80.00	1.50	16.87	75.00	8.00	90.00	1.00	0.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50284 COND PC Mustard 6g																								
10.00 @ 1 each	0.00	0.00	-	65.00	0.00	-	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M53222 COND PC Margarine 5g																								
20.00 @ 1 each	30.00	1.00	30.00	30.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	500.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50624 COND PC Drsg Ranch 12g																								
50.00 @ 1 each	50.00	0.00	0.00	100.00	5.00	90.00	1.00	0.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50623 COND PC Drsg Italian 12g																								
1.00 @ 1 each	30.00	0.00	0.00	130.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	100.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50056 COND PC Sauce, Taco 9g																								
1.00 @ 1 each	5.00	0.00	0.00	55.00	0.00	0.00	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50287 COND PC Sauce, BBQ 12g																								
10.00 @ 1 each	15.00	0.00	0.00	160.00	0.00	0.00	4.00	0.00	0.00	0.00	-*	100.00	-*	-*	-*	0.60	-*	-*	-*	-*	-*	0.00	-*	0.00
<b>Average</b>	878.3	5.59	5.72	1443.32	28.18	28.88	120.83	34.85	63.17	9.38	510.77*	1145.15	0*	.27*	3.77*	77.11	.11*	.1*	1.39*	.15*	0*	412.01	82.05*	3.18

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Central ES

**Service Area:** Purnell - 9-12 - OVS

**Menu Name:** Purnell 9-12 Menu 2018-2019 - cycle 1 - week 3

**Avg.Method:** Balanced

**Age Group:** Lunch Grades 9-12      **Period:** Lunch      **Week:** 3      **Day:** Thursday      **Count Type:** Forecasted      **Total No. of Customers:** 100

Weekly Std.	SFA		Na (mg)	Fat		CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)
	CAL	(g)		% of CAL	(g)																		
750.00-850.00		10.00	1420.00																		0.00		

M53275 MELT BD, AM WG 2.0

50.00 @ 1 sandwich	385.00	11.25	26.30	1320.00	19.50	45.58	32.50	18.50	62.50	2.00	-*	500.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	375.00	-*	2.16
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M66219 ENCHILADA CASS, CHZ SC WG 2.0

49.00 @ 1/24 cut	328.33	12.02	32.94	467.71	18.90	51.80	24.97	16.40	60.01	1.86	24.73*	1137.52	0.00*	0.11*	0.62*	11.99	0.01*	0.01*	0.06*	0.03*	0.00*	424.61	6.42*	1.33
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M54539 BRD: TORTILLA, CHIP RND WG 1BG

49.00 @ 1 serving	112.29	0.80	6.43	92.24	4.81	38.57	16.04	1.60	0.00	1.60	0.00	0.00	0.00	-*	-*	0.00	-*	-*	-*	-*	-*	24.06	-*	0.40
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M53347 SDW BD, SB WG 2.0

1.00 @ 1 sandwich	558.71	3.99	6.42	579.16	35.89	57.81	43.95	19.95	0.00	5.99	378.78*	0.00	0.00*	-*	-*	0.00	-*	-*	-*	-*	-*	59.81	-*	5.35
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M50090 VEG: BEANS, Pinto Charro1/2c

100.00 @ 1/2 cup	134.33	0.17	1.17	133.83	0.88	5.87	25.12	6.42	1.18	5.25	30.69*	127.51*	0.00*	0.06*	1.32*	2.55	0.01*	0.00*	0.07*	0.01*	0.00*	67.02	4.04*	1.87
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M52770 VEG: CELERY, Sticks 1/2c

100.00 @ 1/2 cup	9.92	0.03	2.36	49.61	0.11	9.56	1.84	0.43	0.00	0.99	161.23	278.43	0.00	0.17	18.17	1.92	0.01	0.04	0.20	0.05	0.00	24.80	14.88	0.12
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M50529 FRUIT: GRAPES, Fresh 1/2c

100.00 @ 1/2 cup	56.80	0.10	1.53	1.70	0.30	4.70	14.54	0.53	0.00	0.76	161.94	84.78	0.00	0.16	12.38	3.39	0.08	0.05	0.25	0.09	0.00	11.87	8.48	0.25
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M53549 FRUIT: APPLESAUCE,Unswt AP1/2c

100.00 @ 1/2 cup	52.77	0.00	0.00	10.55	0.00	0.00	13.72	0.00	0.00	2.11	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50

30.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00
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M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50

70.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00
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M50855 COND PC Ketchup 9g Heinz

1.00 @ 1 each	10.00	0.00	0.00	85.00	0.00	0.00	3.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50055 COND PC Mayonnaise 12g

\* Some values for this nutrient are unavailable; the number listed is incomplete.

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Central ES

**Service Area:** Purnell - 9-12 - OVS

**Menu Name:** Purnell 9-12 Menu 2018-2019 - cycle 1 - week 3

**Avg.Method:** Balanced

1.00 @ 1 each	80.00	1.50	16.87	75.00	8.00	90.00	1.00	0.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50284 COND PC Mustard 6g																								
1.00 @ 1 each	0.00	0.00	-	65.00	0.00	-	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M53222 COND PC Margarine 5g																								
1.00 @ 1 each	30.00	1.00	30.00	30.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	500.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50624 COND PC Drsg Ranch 12g																								
50.00 @ 1 each	50.00	0.00	0.00	100.00	5.00	90.00	1.00	0.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50623 COND PC Drsg Italian 12g																								
1.00 @ 1 each	30.00	0.00	0.00	130.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	100.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50056 COND PC Sauce, Taco 9g																								
25.00 @ 1 each	5.00	0.00	0.00	55.00	0.00	0.00	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50287 COND PC Sauce, BBQ 12g																								
1.00 @ 1 each	15.00	0.00	0.00	160.00	0.00	0.00	4.00	0.00	0.00	0.00	-*	100.00	-*	-*	-*	0.60	-*	-*	-*	-*	-*	0.00	-*	0.00
M50407 COND_Salsa, AP 1/8c																								
25.00 @ 1/8 cup	10.25	0.00	0.00	174.23	0.00	0.00	2.05	0.00	0.00	0.00	0.00	102.49	-*	-*	-*	3.69	-*	-*	-*	-*	-*	0.00	-*	0.00
<b>Average</b>	815.27	12.72	14.04	1413.61	26.39	29.14	111.26	33.66	70.88	11.87	369.76*	1830.73*	0*	.44*	32.17*	16.22	.1*	.09*	.55*	.17*	0*	811.65	30.54*	4.22

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Central ES

**Service Area:** Purnell - 9-12 - OVS

**Menu Name:** Purnell 9-12 Menu 2018-2019 - cycle 1 - week 3

**Avg.Method:** Balanced

**Age Group:** Lunch Grades 9-12      **Period:** Lunch      **Week:** 3      **Day:** Friday      **Count Type:** Forecasted      **Total No. of Customers:** 100

Weekly Std.	SFA		Na (mg)	Fat		CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)
	CAL	% of CAL		% of CAL	% of CAL																		
750.00-850.00		10.00	1420.00																		0.00		

M51578 PIZZA 16" CHZ WG 2.0

40.00 @ 1/8 cut	351.26	7.50	19.22	810.04	15.50	39.72	30.88	19.38	30.00	3.25	-*	403.18	-*	-*	-*	0.90	-*	-*	-*	-*	-*	419.72	-*	1.13
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M53000 PIZZA 16" Pepperoni WG 2.0

59.00 @ 1/8 cut	388.76	9.00	20.84	937.54	19.00	43.99	31.13	20.88	37.50	3.25	-*	403.18	-*	-*	-*	0.90	-*	-*	-*	-*	-*	419.72	-*	1.22
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M53347 SDW BD, SB WG 2.0

1.00 @ 1 sandwich	558.71	3.99	6.42	579.16	35.89	57.81	43.95	19.95	0.00	5.99	378.78*	0.00	0.00*	-*	-*	0.00	-*	-*	-*	-*	-*	59.81	-*	5.35
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M50187 VEG: BROCCOLI, Frz Chpd 1/2c

100.00 @ 1/2 cup	24.11	0.02	0.58	9.47	0.10	3.86	4.61	2.67	0.00	2.58	122.27	870.53	0.00	1.14	75.86	34.53	0.05	0.07	0.39	0.11	0.00	28.42	42.19	0.53
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M66953 VEG: SALAD, SIDE SPIN MAND ORANGE 1C

100.00 @ 1 serving	22.75	0.03	1.35	44.17	0.22	8.58	4.39	1.69	0.00	1.38	303.20*	5235.96	0.00*	1.10*	262.39*	22.61	0.04*	0.10*	0.39*	0.11*	0.00*	56.40	26.63*	1.56
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M50536 FRUIT: APPLE, 138ct 1/8wg 1/2c

100.00 @ 4 wedge	31.53	0.02	0.50	2.39	0.10	2.95	8.40	0.17	0.00	1.45	67.15	33.13	0.00	0.11	1.32	3.11	0.01	0.02	0.06	0.03	0.00	5.02	6.81	0.07
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M50982 JUICE SS, ORANGE 100% 4 FLOZ

100.00 @ 1 each	51.44	0.00	0.00	15.43	0.00	0.00	12.35	1.03	0.00	0.00	-*	0.00	-*	-*	-*	43.21	-*	-*	-*	-*	-*	0.00	-*	0.00
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M53065 DESRT: COOKIE Sugar 1.0oz WG

100.00 @ 1 cookie	110.00	1.00	8.18	75.00	3.00	24.54	18.00	1.00	10.00	1.00	50.05	100.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.72
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M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50

30.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00
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M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50

70.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00
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M50855 COND PC Ketchup 9g Heinz

1.00 @ 1 each	10.00	0.00	0.00	85.00	0.00	0.00	3.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50055 COND PC Mayonnaise 12g

1.00 @ 1 each	80.00	1.50	16.87	75.00	8.00	90.00	1.00	0.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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\* Some values for this nutrient are unavailable; the number listed is incomplete.

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Central ES

**Service Area:** Purnell - 9-12 - OVS

**Menu Name:** Purnell 9-12 Menu 2018-2019 - cycle 1 - week 3

**Avg.Method:** Balanced

M50284 COND PC Mustard 6g

1.00 @ 1 each	0.00	0.00	-	65.00	0.00	-	1.00	0.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M53222 COND PC Margarine 5g

1.00 @ 1 each	30.00	1.00	30.00	30.00	3.00	90.00	0.00	0.00	0.00	0.00	0.00	-*	500.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50624 COND PC Drsg Ranch 12g

50.00 @ 1 each	50.00	0.00	0.00	100.00	5.00	90.00	1.00	0.00	5.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50623 COND PC Drsg Italian 12g

1.00 @ 1 each	30.00	0.00	0.00	130.00	3.00	90.00	0.00	0.00	0.00	0.00	0.00	-*	100.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50056 COND PC Sauce, Taco 9g

1.00 @ 1 each	5.00	0.00	0.00	55.00	0.00	0.00	1.00	0.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50287 COND PC Sauce, BBQ 12g

1.00 @ 1 each	15.00	0.00	0.00	160.00	0.00	0.00	4.00	0.00	0.00	0.00	0.00	-*	100.00	-*	-*	-*	0.60	-*	-*	-*	-*	-*	0.00	-*	0.00
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<b>Average</b>	758.99	9.89	11.73	1250.42	24.58	29.15	97.4	34.82	53.18	9.7	546.46*	7145.78	0*	2.35*	339.57*	105.92	.1*	.19*	.85*	.24*	0*	805.96	75.62*	4.1
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