



# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Liberty ES

**Service Area:** Liberty - K-5 - OVS

**Menu Name:** Liberty ES 2018-2019 Menu w/ ESD - cycle 4 - week 2

**Avg.Method:** Weighted (USDA Default)

**Age Group:** Brkfst Grades K-5      **Period:** Breakfast      **Week:** 2      **Day:** Monday      **Count Type:** Forecasted      **Total No. of Customers:** 27

Weekly Std. (Target 1)	SFA		Na (mg)	Fat		CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)	
	CAL	(g)		% of CAL	(g)																			% of CAL
350.00-500.00			540.00																					

M51268 BRD: MUF AP, CHOC CHOC CHIP 2OZ IW WG (1BG)

5.00 @ 1 muffin	200.00	2.00	9.00	130.00	6.00	27.00	32.00	4.00	40.00	2.00	159.95	100.00	16.00	-*	-*	0.00	-*	-*	-*	-*	-*	40.00	-*	1.44
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M51848 BRD: POPTARTS, Straw 1.76oz WG

2.00 @ 1 package	180.00	1.00	5.00	190.00	2.50	12.50	38.00	2.00	0.00	3.00	-*	500.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	100.00	-*	1.80
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M52724 BRD: BAR, Cereal CinnTst WG IW

2.00 @ 1 each	150.00	0.00	0.00	115.00	3.50	21.00	30.00	2.00	0.00	3.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	200.00	-*	1.80
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M50208 CEREAL BWL, CINN TST CRUNCH RS WG

5.00 @ 1 bowl	110.00	0.50	4.09	160.00	3.00	24.54	22.00	1.00	0.00	3.00	-*	400.01	-*	-*	-*	4.80	-*	-*	-*	-*	-*	200.01	-*	3.60
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M50442 CEREAL BWL, Cocoa Puffs RS WG

5.00 @ 1 bowl	110.05	0.00	0.00	160.08	1.50	12.27	25.01	2.00	0.00	2.00	-*	500.25	-*	-*	-*	6.00	-*	-*	-*	-*	-*	100.05	-*	4.50
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M50524 CEREAL BWL, Lucky Charms WG

5.00 @ 1 bowl	110.00	0.00	0.00	180.00	1.00	8.18	23.00	2.00	0.00	2.00	-*	500.01	-*	-*	-*	6.00	-*	-*	-*	-*	-*	100.00	-*	4.50
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M50525 CEREAL BWL, Trix RS WG

3.00 @ 1 bowl	110.00	0.00	0.00	140.00	1.00	8.18	24.00	1.00	0.00	1.00	-*	400.01	-*	-*	-*	4.80	-*	-*	-*	-*	-*	80.00	-*	4.50
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M51994 CHEESE, COLBY JK Stick 1ea 1.0

19.00 @ 1 stick	90.00	4.00	40.00	200.01	6.00	60.00	0.00	7.00	20.00	0.00	0.00	200.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	200.01	-*	0.00
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M51237 BRD: BREAD WG, Tst Marg 1sl

8.00 @ 1 slice	110.00	1.33	10.91	160.00	4.33	35.45	15.00	3.00	0.00	1.00	1.33*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	1.08
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M50543 FRUIT: BANANA (100-120ct) Whl

16.00 @ 1 each	93.95	0.12	1.13	1.06	0.35	3.34	24.11	1.15	0.00	2.74	377.91	67.56	0.00	0.11	0.53	9.18	0.03	0.08	0.70	0.39	0.00	5.28	23.22	0.27
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M50178 FRUIT: PINEAPPLE Tbst w/Jc1/2c

25.00 @ 1/2 cup	78.55	0.01	0.14	1.20	0.10	1.10	18.92	0.51	0.00	0.96	146.98	-*	-*	-*	-*	11.45	-*	-*	-*	-*	-*	16.87	-*	0.34
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M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50

\* Some values for this nutrient are unavailable; the number listed is incomplete.

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Liberty ES

**Service Area:** Liberty - K-5 - OVS

**Menu Name:** Liberty ES 2018-2019 Menu w/ ESD - cycle 4 - week 2

**Avg.Method:** Weighted (USDA Default)

5.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00
M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50																								
20.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00
M53222 COND PC Margarine 5g																								
10.00 @ 1 each	30.00	1.00	30.00	30.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	500.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50854 COND PC Jelly, #4 Smuckers																								
10.00 @ 1 each	35.00	0.00	0.00	5.00	0.00	0.00	9.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
<b>Average</b>	492.5	4.48	8.18	515.1	10.06	18.39	83.4	16.45	27.04	5.04	390.06*	1188.24*	2.96*	.06*	.31*	21.02	.02*	.05*	.42*	.23*	0*	549.87	13.76*	4.16

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Liberty ES

**Service Area:** Liberty - K-5 - OVS

**Menu Name:** Liberty ES 2018-2019 Menu w/ ESD - cycle 4 - week 2

**Avg.Method:** Weighted (USDA Default)

**Age Group:** Lunch Grades K-5      **Period:** Lunch      **Week:** 2      **Day:** Monday      **Count Type:** Forecasted      **Total No. of Customers:** 171

Weekly Std. (Target 1)	SFA		Na (mg)	Fat		CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)	
	CAL	(g)		% of CAL	(g)																			% of CAL
550.00-650.00		10.00	1230.00																					

M52963 CHIX Popcorn, AP WG 2.0

119.00 @ 1 serving	250.19	2.72	9.78	380.72	14.14	50.87	15.23	15.23	21.76	3.26	-*	108.78	-*	-*	-*	0.00	-*	-*	-*	-*	-*	43.51	-*	1.96
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M51831 BRD: BRDSTK DG, RIPSTK 1EA (1BG)

119.00 @ 1 each	80.00	0.00	0.00	95.00	1.00	11.25	15.00	3.00	0.00	2.00	-*	0.09	-*	-*	-*	0.00	-*	-*	-*	-*	-*	7.27	-*	0.71
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M55774 STICKS, MAX SNAX PIZZA W/MARINARA AP WG 2.0

60.00 @ 2 each	319.87	3.00	8.44	609.89	10.00	28.13	39.98	20.00	10.00	4.00	0.00*	498.95*	-*	-*	-*	8.98*	-*	-*	-*	-*	-*	459.92	-*	2.68
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M52184 SALAD, CHam Tky Cobb SCW2.25

5.00 @ 1 each	188.39	5.07	24.22	397.88	11.26	53.79	5.84	16.30	141.66	1.26	146.57*	5267.02	0.00*	0.12*	43.60*	7.46	0.04*	0.04*	0.25*	0.06*	0.00*	140.43	17.48*	1.30
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M55313 BRD: BRDSTK DG, RIPSTK 2EA (2BG)

5.00 @ 2 each	160.00	0.00	0.00	190.00	2.00	11.25	30.00	6.00	0.00	4.00	-*	0.18	-*	-*	-*	0.00	-*	-*	-*	-*	-*	14.54	-*	1.42
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M53347 SDW BD, SB WG 2.0

1.00 @ 1 sandwich	558.71	3.99	6.42	579.16	35.89	57.81	43.95	19.95	0.00	5.99	378.78*	0.00	0.00*	-*	-*	0.00	-*	-*	-*	-*	-*	59.81	-*	5.35
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M54861 VEG: BEANS, GREEN FZ MARG 1/2C

36.00 @ 1/2 cup	45.75	1.20	23.55	0.70	3.03	59.71	4.49	1.04	0.00	2.09	111.90	291.80	0.00*	0.03*	26.53*	2.86	0.02*	0.06*	0.27*	0.04*	0.00*	29.25	20.20*	0.46
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M54006 VEG: SALAD, Side GardBlndSC1c

20.00 @ 1 each	13.21	0.02	1.70	10.58	0.15	10.29	2.76	0.88	0.00	1.04	166.53	3885.88	0.00	0.17	59.78	5.90	0.04	0.05	0.27	0.06	0.00	21.26	22.40	0.52
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M50543 FRUIT: BANANA (100-120ct) Whl

48.00 @ 1 each	93.95	0.12	1.13	1.06	0.35	3.34	24.11	1.15	0.00	2.74	377.91	67.56	0.00	0.11	0.53	9.18	0.03	0.08	0.70	0.39	0.00	5.28	23.22	0.27
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M50979 JUICE SS, Apple 100% 4oz Cart

100.00 @ 1 each	60.00	0.00	0.00	15.00	0.00	0.00	14.00	0.00	0.00	0.00	85.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50

50.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00
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M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Liberty ES

**Service Area:** Liberty - K-5 - OVS

**Menu Name:** Liberty ES 2018-2019 Menu w/ ESD - cycle 4 - week 2

**Avg.Method:** Weighted (USDA Default)

150.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00
M50855 COND PC Ketchup 9g Heinz																								
100.00 @ 1 each	10.00	0.00	0.00	85.00	0.00	0.00	3.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50055 COND PC Mayonnaise 12g																								
10.00 @ 1 each	80.00	1.50	16.87	75.00	8.00	90.00	1.00	0.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50284 COND PC Mustard 6g																								
10.00 @ 1 each	0.00	0.00	-	65.00	0.00	-	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M53222 COND PC Margarine 5g																								
20.00 @ 1 each	30.00	1.00	30.00	30.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	500.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50624 COND PC Drsg Ranch 12g																								
25.00 @ 1 each	50.00	0.00	0.00	100.00	5.00	90.00	1.00	0.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50623 COND PC Drsg Italian 12g																								
10.00 @ 1 each	30.00	0.00	0.00	130.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	100.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50056 COND PC Sauce, Taco 9g																								
10.00 @ 1 each	5.00	0.00	0.00	55.00	0.00	0.00	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50287 COND PC SAUCE, BBQ 12G PKT																								
10.00 @ 1 each	15.00	0.00	0.00	160.00	0.00	0.00	4.00	0.00	0.00	0.00	-*	100.00	-*	-*	-*	0.60	-*	-*	-*	-*	-*	0.00	-*	0.00
M50121 VEG: SALAD, Cucumber Tom 1/2c																								
24.00 @ 1/2 cup	41.53	0.36	7.83	183.34	2.48	53.70	4.69	0.70	0.00	0.81	177.53*	475.66	0.00*	0.29*	10.06*	8.21	0.03*	0.02*	0.35*	0.06*	0.00*	11.02	21.26*	0.24
<b>Average</b>	595.63	4.1	6.19	893.93	18.2	27.5	76.91	30.57	31.12	6.7	230.24*	1661.46*	0*	.1*	15.41*	10.18*	.02*	.04*	.34*	.13*	0*	564.15	16.89*	3.18

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Liberty ES

**Service Area:** Liberty - K-5 - OVS

**Menu Name:** Liberty ES 2018-2019 Menu w/ ESD - cycle 4 - week 2

**Avg.Method:** Weighted (USDA Default)

**Age Group:** Brkfst Grades K-5      **Period:** Breakfast      **Week:** 2      **Day:** Tuesday      **Count Type:** Forecasted      **Total No. of Customers:** 21

Weekly Std. (Target 1)	SFA		Na (mg)	Fat		CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)	
	CAL	(g)		% of CAL	(g)																			% of CAL
350.00-500.00		10.00	540.00																					

M51267 BRD: MUF AP, BLUEBRY 2OZ IW WG (1BG)

4.00 @ 1 muffin	190.00	2.00	9.47	130.00	6.00	28.42	30.00	3.00	40.00	2.00	135.10	100.00	16.00	-*	-*	0.00	-*	-*	-*	-*	-*	20.00	-*	1.08
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M51848 BRD: POPTARTS, Straw 1.76oz WG

2.00 @ 1 package	180.00	1.00	5.00	190.00	2.50	12.50	38.00	2.00	0.00	3.00	-*	500.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	100.00	-*	1.80
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M52725 BRD: BAR, Cereal CocoPuf WG IW

2.00 @ 1 each	150.00	0.00	0.00	100.00	3.00	18.00	30.00	3.00	0.00	3.00	-*	100.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	200.00	-*	1.80
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M50208 CEREAL BWL, CINN TST CRUNCH RS WG

4.00 @ 1 bowl	110.00	0.50	4.09	160.00	3.00	24.54	22.00	1.00	0.00	3.00	-*	400.01	-*	-*	-*	4.80	-*	-*	-*	-*	-*	200.01	-*	3.60
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M50442 CEREAL BWL, Cocoa Puffs RS WG

3.00 @ 1 bowl	110.05	0.00	0.00	160.08	1.50	12.27	25.01	2.00	0.00	2.00	-*	500.25	-*	-*	-*	6.00	-*	-*	-*	-*	-*	100.05	-*	4.50
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M50524 CEREAL BWL, Lucky Charms WG

4.00 @ 1 bowl	110.00	0.00	0.00	180.00	1.00	8.18	23.00	2.00	0.00	2.00	-*	500.01	-*	-*	-*	6.00	-*	-*	-*	-*	-*	100.00	-*	4.50
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M50525 CEREAL BWL, Trix RS WG

2.00 @ 1 bowl	110.00	0.00	0.00	140.00	1.00	8.18	24.00	1.00	0.00	1.00	-*	400.01	-*	-*	-*	4.80	-*	-*	-*	-*	-*	80.00	-*	4.50
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M51994 CHEESE, COLBY JK Stick 1ea 1.0

13.00 @ 1 stick	90.00	4.00	40.00	200.01	6.00	60.00	0.00	7.00	20.00	0.00	0.00	200.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	200.01	-*	0.00
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M51237 BRD: BREAD WG, Tst Marg 1sl

8.00 @ 1 slice	110.00	1.33	10.91	160.00	4.33	35.45	15.00	3.00	0.00	1.00	1.33*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	1.08
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M50786 FRUIT: PEARS 100ct Whole 1.25c

16.00 @ 1 each	106.94	0.04	0.35	1.88	0.26	2.21	28.57	0.68	0.00	5.82	217.62	46.90	0.00	0.23	8.25	8.07	0.02	0.05	0.30	0.05	0.00	16.88	22.51	0.34
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M50979 JUICE SS, Apple 100% 4oz Cart

20.00 @ 1 each	60.00	0.00	0.00	15.00	0.00	0.00	14.00	0.00	0.00	0.00	85.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50

\* Some values for this nutrient are unavailable; the number listed is incomplete.

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Liberty ES

**Service Area:** Liberty - K-5 - OVS

**Menu Name:** Liberty ES 2018-2019 Menu w/ ESD - cycle 4 - week 2

**Avg.Method:** Weighted (USDA Default)

5.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00
M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50																								
20.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00
M53222 COND PC Margarine 5g																								
10.00 @ 1 each	30.00	1.00	30.00	30.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	500.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50854 COND PC Jelly, #4 Smuckers																								
10.00 @ 1 each	35.00	0.00	0.00	5.00	0.00	0.00	9.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
<b>Average</b>	543.39	4.42	7.32	572.88	10.33	17.11	93.87	17.51	27.14	7.1	273*	1350.07	3.05*	.17*	6.29*	11.35	.02*	.04*	.23*	.04*	0*	605.26	17.15*	3.83

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Liberty ES

**Service Area:** Liberty - K-5 - OVS

**Menu Name:** Liberty ES 2018-2019 Menu w/ ESD - cycle 4 - week 2

**Avg.Method:** Weighted (USDA Default)

**Age Group:** Lunch Grades K-5      **Period:** Lunch      **Week:** 2      **Day:** Tuesday      **Count Type:** Forecasted      **Total No. of Customers:** 160

Weekly Std. (Target 1)	SFA		Na (mg)	Fat		CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)	
	CAL	(g)		% of CAL	(g)																			% of CAL
550.00-650.00		10.00	1230.00																					

M50821 BURG, Beef AM AP WG 2.25

27.00 @ 1 each	285.00	4.25	13.42	545.00	10.50	33.16	29.50	18.50	37.50	2.00	-*	100.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	135.00	-*	2.88
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M51417 BURG, Beef AP WG 2.0

80.00 @ 1 each	240.00	2.00	7.50	345.00	7.00	26.25	29.00	16.00	25.00	2.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	60.00	-*	2.88
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M54370 BURG, BLACK BEAN AP WG 2.0

1.00 @ 1 each	300.00	1.00	3.00	710.00	9.00	27.00	42.00	19.00	5.00	7.00	280.00*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	80.00	-*	2.16
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M52610 HOT DOG, Plain WG 2.0

47.00 @ 1 each	290.00	4.00	12.41	1040.01	14.00	43.45	29.00	12.00	50.00	2.00	-*	300.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	120.00	-*	2.52
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M50962 SDW BD, SBJ WG 2.0

4.00 @ 1 sandwich	658.38	3.99	5.45	579.16	35.89	49.06	69.87	19.95	0.00	5.99	378.78*	0.00	0.00*	-*	-*	0.00	-*	-*	-*	-*	-*	59.81	-*	5.35
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M53347 SDW BD, SB WG 2.0

1.00 @ 1 sandwich	558.71	3.99	6.42	579.16	35.89	57.81	43.95	19.95	0.00	5.99	378.78*	0.00	0.00*	-*	-*	0.00	-*	-*	-*	-*	-*	59.81	-*	5.35
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M50187 VEG: BROCCOLI, Frz Chpd 1/2c

36.00 @ 1/2 cup	24.11	0.02	0.58	9.47	0.10	3.86	4.61	2.67	0.00	2.58	122.27	870.53	0.00	1.14	75.86	34.53	0.05	0.07	0.39	0.11	0.00	28.42	42.19	0.53
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M50350 VEG: CUCUMBER, Fresh Slice1/2c

48.00 @ 1/2 cup	10.81	0.03	2.22	1.44	0.08	6.60	2.62	0.47	0.00	0.36	105.91	75.65	0.00	0.02	11.82	2.02	0.02	0.02	0.07	0.03	0.00	11.53	17.29	0.20
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M50786 FRUIT: PEARS 100ct Whole 1.25c

32.00 @ 1 each	106.94	0.04	0.35	1.88	0.26	2.21	28.57	0.68	0.00	5.82	217.62	46.90	0.00	0.23	8.25	8.07	0.02	0.05	0.30	0.05	0.00	16.88	22.51	0.34
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M50178 FRUIT: PINEAPPLE Tbits w/Jc1/2c

50.00 @ 1/2 cup	78.55	0.01	0.14	1.20	0.10	1.10	18.92	0.51	0.00	0.96	146.98	-*	-*	-*	-*	11.45	-*	-*	-*	-*	-*	16.87	-*	0.34
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M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50

50.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00
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M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Liberty ES

**Service Area:** Liberty - K-5 - OVS

**Menu Name:** Liberty ES 2018-2019 Menu w/ ESD - cycle 4 - week 2

**Avg.Method:** Weighted (USDA Default)

150.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00
M50855 COND PC Ketchup 9g Heinz																								
100.00 @ 1 each	10.00	0.00	0.00	85.00	0.00	0.00	3.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50055 COND PC Mayonnaise 12g																								
10.00 @ 1 each	80.00	1.50	16.87	75.00	8.00	90.00	1.00	0.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50284 COND PC Mustard 6g																								
10.00 @ 1 each	0.00	0.00	-	65.00	0.00	-	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M53222 COND PC Margarine 5g																								
20.00 @ 1 each	30.00	1.00	30.00	30.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	500.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50624 COND PC Drsg Ranch 12g																								
35.00 @ 1 each	50.00	0.00	0.00	100.00	5.00	90.00	1.00	0.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50623 COND PC Drsg Italian 12g																								
10.00 @ 1 each	30.00	0.00	0.00	130.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	100.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50056 COND PC Sauce, Taco 9g																								
10.00 @ 1 each	5.00	0.00	0.00	55.00	0.00	0.00	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50287 COND PC SAUCE, BBQ 12G PKT																								
10.00 @ 1 each	15.00	0.00	0.00	160.00	0.00	0.00	4.00	0.00	0.00	0.00	-*	100.00	-*	-*	-*	0.60	-*	-*	-*	-*	-*	0.00	-*	0.00
M51445 VEG GARN: Rom Leaf/Tom SI																								
14.00 @ 1 2/3 serving	8.27	0.02	1.72	3.07	0.12	12.86	1.70	0.50	0.00	0.78	114.34	2254.51	0.00	0.16	26.08	4.18	0.03	0.02	0.21	0.04	0.00	10.16	12.76	0.29
M50412 COND_Pickle, Dill Slice 3ea																								
35.00 @ 3 slice	2.43	0.01	4.72	243.11	0.07	25.17	0.36	0.10	0.00	0.21	-*	0.00	-*	-*	-*	0.32	-*	-*	-*	-*	-*	12.97	-*	0.08
M53064 DESRT: COOKIE ChocChp 1.0oz WG																								
24.00 @ 1 cookie	110.00	1.00	8.18	85.00	3.50	28.64	18.00	1.00	5.00	1.00	60.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	1.08
<b>Average</b>	523.41	3.89	6.69	980.47	14.18	24.38	72	26.64	43.52	4.57	181.33*	1230.22*	0*	.32*	24.55*	15.91	.02*	.03*	.19*	.05*	0*	487.63	20.3*	3.4

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Liberty ES

**Service Area:** Liberty - K-5 - OVS

**Menu Name:** Liberty ES 2018-2019 Menu w/ ESD - cycle 4 - week 2

**Avg.Method:** Weighted (USDA Default)

**Age Group:** Brkfst Grades K-5      **Period:** Breakfast      **Week:** 2      **Day:** Wednesday      **Count Type:** Forecasted      **Total No. of Customers:** 22

Weekly Std. (Target 1)	SFA		Na (mg)	Fat		CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)	
	CAL	(g)		% of CAL	(g)																			% of CAL
M55691 BRD: WAFFLE, AP WG 2EA (2BG)	180.00	0.00	0.00	320.00	6.00	30.00	28.00	4.00	0.00	2.00	130.00	600.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	120.00	-*	3.60
M50210 PORK: Bacon Ckd 2sl	52.31	1.36	23.40	142.30	3.98	68.40	0.31	3.87	12.03	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.11
M51268 BRD: MUF AP, CHOC CHOC CHIP 2OZ IW WG (1BG)	200.00	2.00	9.00	130.00	6.00	27.00	32.00	4.00	40.00	2.00	159.95	100.00	16.00	-*	-*	0.00	-*	-*	-*	-*	-*	40.00	-*	1.44
M51848 BRD: POPTARTS, Straw 1.76oz WG	180.00	1.00	5.00	190.00	2.50	12.50	38.00	2.00	0.00	3.00	-*	500.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	100.00	-*	1.80
M52724 BRD: BAR, Cereal CinnTst WG IW	150.00	0.00	0.00	115.00	3.50	21.00	30.00	2.00	0.00	3.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	200.00	-*	1.80
M50208 CEREAL BWL, CINN TST CRUNCH RS WG	110.00	0.50	4.09	160.00	3.00	24.54	22.00	1.00	0.00	3.00	-*	400.01	-*	-*	-*	4.80	-*	-*	-*	-*	-*	200.01	-*	3.60
M50442 CEREAL BWL, Cocoa Puffs RS WG	110.05	0.00	0.00	160.08	1.50	12.27	25.01	2.00	0.00	2.00	-*	500.25	-*	-*	-*	6.00	-*	-*	-*	-*	-*	100.05	-*	4.50
M50524 CEREAL BWL, Lucky Charms WG	110.00	0.00	0.00	180.00	1.00	8.18	23.00	2.00	0.00	2.00	-*	500.01	-*	-*	-*	6.00	-*	-*	-*	-*	-*	100.00	-*	4.50
M50525 CEREAL BWL, Trix RS WG	110.00	0.00	0.00	140.00	1.00	8.18	24.00	1.00	0.00	1.00	-*	400.01	-*	-*	-*	4.80	-*	-*	-*	-*	-*	80.00	-*	4.50
M51994 CHEESE, COLBY JK Stick 1ea 1.0	90.00	4.00	40.00	200.01	6.00	60.00	0.00	7.00	20.00	0.00	0.00	200.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	200.01	-*	0.00
M51237 BRD: BREAD WG, Tst Marg 1sl	110.00	1.33	10.91	160.00	4.33	35.45	15.00	3.00	0.00	1.00	1.33*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	1.08
M50843 FRUIT: STRAWBERRIES, Frsh 1/2c																								

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Liberty ES

**Service Area:** Liberty - K-5 - OVS

**Menu Name:** Liberty ES 2018-2019 Menu w/ ESD - cycle 4 - week 2

**Avg.Method:** Weighted (USDA Default)

16.00 @ 1/2 cup	24.57	0.01	0.42	0.77	0.23	8.44	5.90	0.51	0.00	1.54	117.47	9.21	0.00	0.22	1.69	45.14	0.02	0.02	0.30	0.04	0.00	12.28	18.43	0.31
M50722 FRUIT: RAISINS, SS BOX																								
20.00 @ 1 each	127.15	0.02	0.17	4.68	0.20	1.38	33.67	1.31	0.00	1.57	318.51	0.00	0.00	0.05	1.49	0.98	0.05	0.05	0.33	0.07	0.00	21.26	42.95	0.80
M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50																								
5.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00
M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50																								
20.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00
M53222 COND PC Margarine 5g																								
10.00 @ 1 each	30.00	1.00	30.00	30.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	500.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50854 COND PC Jelly, #4 Smuckers																								
10.00 @ 1 each	35.00	0.00	0.00	5.00	0.00	0.00	9.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50058 COND PC Syrup 1.4oz Smuckers																								
2.00 @ 1 each	110.00	0.00	0.00	25.00	0.00	0.00	29.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
<b>Average</b>	548.58	4.37	7.17	579.71	10.4	17.06	96.6	18.51	25.55	5.05	403.19*	1347.67	2.18*	.21*	2.58*	39.07	.05*	.06*	.51*	.09*	0*	602.83	52.45*	5.03

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Liberty ES

**Service Area:** Liberty - K-5 - OVS

**Menu Name:** Liberty ES 2018-2019 Menu w/ ESD - cycle 4 - week 2

**Avg.Method:** Weighted (USDA Default)

**Age Group:** Lunch Grades K-5      **Period:** Lunch      **Week:** 2      **Day:** Wednesday      **Count Type:** Forecasted      **Total No. of Customers:** 178

Weekly Std. (Target 1)	SFA		Na (mg)	Fat		CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)	
	CAL	(g)		% of CAL	(g)																			% of CAL
550.00-650.00		10.00	1230.00																					

M50851 SDW BN, CHIXPTY PLN WG/WG 2.0

148.00 @ 1 sandwich	340.00	2.00	5.29	750.01	12.00	31.76	39.00	21.00	45.00	3.00	-*	100.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	60.00	-*	3.24
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M53304 POTATO CH CS Bacon 2.0

24.00 @ 1 each	416.20	13.48	29.14	875.14	21.67	46.86	35.23	19.93	66.02	3.08	748.09*	294.99	0.00*	0.06*	2.80*	13.42	0.09*	0.07*	1.97*	0.43*	0.00*	447.98	97.88*	1.76
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M51680 BRD: ROLL DG, WG 2.5oz

24.00 @ 1 each	170.00	0.50	2.65	135.00	3.00	15.88	28.00	7.00	0.00	3.40	-*	0.01	-*	-*	-*	0.01	-*	-*	-*	-*	-*	12.70	-*	0.85
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M67923 SALAD, VEG BAJA AP 2.25

5.00 @ 1 each	229.73	6.21	24.34	270.02	9.86	38.64	24.60	13.12	30.51	5.66	343.92*	1868.24*	1.91*	0.15*	1.80*	13.41*	0.04*	0.03*	0.80*	0.08*	0.00*	264.94	32.39*	1.94
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M54540 BRD: TORTILLA, CHIP RND WG 2BG

5.00 @ 1 serving	224.59	1.60	6.43	184.48	9.63	38.57	32.08	3.21	0.00	3.21	0.00	0.00	0.00	-*	-*	0.00	-*	-*	-*	-*	-*	48.13	-*	0.80
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M53347 SDW BD, SB WG 2.0

1.00 @ 1 sandwich	558.71	3.99	6.42	579.16	35.89	57.81	43.95	19.95	0.00	5.99	378.78*	0.00	0.00*	-*	-*	0.00	-*	-*	-*	-*	-*	59.81	-*	5.35
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M51319 VEG: CORN, Fz Seas1/2c

48.00 @ 1/2 cup	92.68	1.25	12.15	146.16	3.47	33.66	15.83	2.09	0.00	1.98	192.58	163.16	0.00*	0.06*	0.33*	2.86	0.02*	0.05*	1.07*	0.08*	0.00*	2.77	64.74*	0.39
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M50431 VEG: CARROTS, Fresh Baby 1/2c

48.00 @ 1/2 cup	24.80	0.02	0.59	55.28	0.09	3.34	5.84	0.45	0.00	2.06	167.96	9772.87	0.00	-*	6.66	1.84	0.02	0.03	0.39	0.07	0.00	22.68	19.84	0.63
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M52268 FRUIT: PEACHES Dice w/Jc 1/2c

24.00 @ 1/2 cup	50.83	0.00	0.00	10.17	0.00	0.00	12.20	0.00	0.00	0.00	182.98	304.97	-*	-*	-*	1.22	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50980 JUICE SS, Frt Bld 100% 4oz Crt

100.00 @ 1 each	60.00	0.00	0.00	10.00	0.00	0.00	14.00	0.00	0.00	0.00	100.00	0.00	-*	-*	-*	3.60	-*	-*	-*	-*	-*	0.00	-*	0.00
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M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50

50.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00
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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Liberty ES

**Service Area:** Liberty - K-5 - OVS

**Menu Name:** Liberty ES 2018-2019 Menu w/ ESD - cycle 4 - week 2

**Avg.Method:** Weighted (USDA Default)

M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50

150.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00
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M50855 COND PC Ketchup 9g Heinz

100.00 @ 1 each	10.00	0.00	0.00	85.00	0.00	0.00	3.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50055 COND PC Mayonnaise 12g

10.00 @ 1 each	80.00	1.50	16.87	75.00	8.00	90.00	1.00	0.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50284 COND PC Mustard 6g

10.00 @ 1 each	0.00	0.00	-	65.00	0.00	-	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M53222 COND PC Margarine 5g

25.00 @ 1 each	30.00	1.00	30.00	30.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	500.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50624 COND PC Drsg Ranch 12g

30.00 @ 1 each	50.00	0.00	0.00	100.00	5.00	90.00	1.00	0.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50623 COND PC Drsg Italian 12g

10.00 @ 1 each	30.00	0.00	0.00	130.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	100.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50056 COND PC Sauce, Taco 9g

10.00 @ 1 each	5.00	0.00	0.00	55.00	0.00	0.00	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50287 COND PC SAUCE, BBQ 12G PKT

10.00 @ 1 each	15.00	0.00	0.00	160.00	0.00	0.00	4.00	0.00	0.00	0.00	-*	100.00	-*	-*	-*	0.60	-*	-*	-*	-*	-*	0.00	-*	0.00
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M53295 COND\_Sour Cream AP

10.00 @ 1 tablespoon	30.00	1.75	52.50	25.00	3.00	90.00	1.00	0.50	10.00	0.00	-*	99.99	-*	-*	-*	0.00	-*	-*	-*	-*	-*	20.00	-*	0.00
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M53760 SALAD, Frt CHCube Yog 2.0 summ

24.00 @ 1 each	246.47	8.07	29.48	352.40	12.74	46.52	21.54	13.77	36.25	2.23	231.21*	1963.16	20.01*	0.23*	22.09*	6.47	0.06*	0.05*	0.25*	0.09*	0.00*	393.52	16.05*	0.98
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<b>Average</b>	642.38	5.96	8.36	1170.32	19.48	27.3	83.86	33.22	60.77	5.04	321.91*	3809.48*	2.75*	.06*	5.29*	8.24*	.03*	.04*	.72*	.11*	0*	519.26	39.08*	3.56
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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Liberty ES

**Service Area:** Liberty - K-5 - OVS

**Menu Name:** Liberty ES 2018-2019 Menu w/ ESD - cycle 4 - week 2

**Avg.Method:** Weighted (USDA Default)

**Age Group:** Brkfst Grades K-5      **Period:** Breakfast      **Week:** 2      **Day:** Thursday      **Count Type:** Forecasted      **Total No. of Customers:** 24

Weekly Std. (Target 1)	SFA		Na (mg)	Fat		CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)	
	CAL	(g)		% of CAL	(g)																			% of CAL
350.00-500.00		10.00	540.00																					

M51267 BRD: MUF AP, BLUEBRY 2OZ IW WG (1BG)

5.00 @ 1 muffin	190.00	2.00	9.47	130.00	6.00	28.42	30.00	3.00	40.00	2.00	135.10	100.00	16.00	-*	-*	0.00	-*	-*	-*	-*	-*	20.00	-*	1.08
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M51848 BRD: POPTARTS, Straw 1.76oz WG

3.00 @ 1 package	180.00	1.00	5.00	190.00	2.50	12.50	38.00	2.00	0.00	3.00	-*	500.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	100.00	-*	1.80
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M52725 BRD: BAR, Cereal CocoPuf WG IW

2.00 @ 1 each	150.00	0.00	0.00	100.00	3.00	18.00	30.00	3.00	0.00	3.00	-*	100.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	200.00	-*	1.80
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M50208 CEREAL BWL, CINN TST CRUNCH RS WG

2.00 @ 1 bowl	110.00	0.50	4.09	160.00	3.00	24.54	22.00	1.00	0.00	3.00	-*	400.01	-*	-*	-*	4.80	-*	-*	-*	-*	-*	200.01	-*	3.60
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M50442 CEREAL BWL, Cocoa Puffs RS WG

4.00 @ 1 bowl	110.05	0.00	0.00	160.08	1.50	12.27	25.01	2.00	0.00	2.00	-*	500.25	-*	-*	-*	6.00	-*	-*	-*	-*	-*	100.05	-*	4.50
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M50524 CEREAL BWL, Lucky Charms WG

5.00 @ 1 bowl	110.00	0.00	0.00	180.00	1.00	8.18	23.00	2.00	0.00	2.00	-*	500.01	-*	-*	-*	6.00	-*	-*	-*	-*	-*	100.00	-*	4.50
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M50525 CEREAL BWL, Trix RS WG

3.00 @ 1 bowl	110.00	0.00	0.00	140.00	1.00	8.18	24.00	1.00	0.00	1.00	-*	400.01	-*	-*	-*	4.80	-*	-*	-*	-*	-*	80.00	-*	4.50
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M51994 CHEESE, COLBY JK Stick 1ea 1.0

16.00 @ 1 stick	90.00	4.00	40.00	200.01	6.00	60.00	0.00	7.00	20.00	0.00	0.00	200.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	200.01	-*	0.00
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M51237 BRD: BREAD WG, Tst Marg 1sl

8.00 @ 1 slice	110.00	1.33	10.91	160.00	4.33	35.45	15.00	3.00	0.00	1.00	1.33*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	1.08
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M50536 FRUIT: APPLE, 138ct 1/8wg 1/2c

16.00 @ 4 wedge	31.53	0.02	0.50	2.39	0.10	2.95	8.40	0.17	0.00	1.45	67.15	33.13	0.00	0.11	1.32	3.11	0.01	0.02	0.06	0.03	0.00	5.02	6.81	0.07
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M50982 JUICE SS, ORANGE 100% 4 FLOZ

20.00 @ 1 each	51.44	0.00	0.00	15.43	0.00	0.00	12.35	1.03	0.00	0.00	-*	0.00	-*	-*	-*	43.21	-*	-*	-*	-*	-*	0.00	-*	0.00
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M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Liberty ES

**Service Area:** Liberty - K-5 - OVS

**Menu Name:** Liberty ES 2018-2019 Menu w/ ESD - cycle 4 - week 2

**Avg.Method:** Weighted (USDA Default)

5.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00
M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50																								
20.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00
M53222 COND PC Margarine 5g																								
10.00 @ 1 each	30.00	1.00	30.00	30.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	500.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50854 COND PC Jelly, #4 Smuckers																								
10.00 @ 1 each	35.00	0.00	0.00	5.00	0.00	0.00	9.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
<b>Average</b>	449.32	4.44	8.88	546.97	9.93	19.89	71.31	17.05	27.92	3.47	73.36*	1247.15	3.33*	.08*	.88*	42.93	.01*	.01*	.04*	.02*	0*	546.7	4.54*	3.56

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Liberty ES

**Service Area:** Liberty - K-5 - OVS

**Menu Name:** Liberty ES 2018-2019 Menu w/ ESD - cycle 4 - week 2

**Avg.Method:** Weighted (USDA Default)

**Age Group:** Lunch Grades K-5      **Period:** Lunch      **Week:** 2      **Day:** Thursday      **Count Type:** Forecasted      **Total No. of Customers:** 150

Weekly Std. (Target 1)	SFA		Na (mg)	Fat		CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)	
	CAL	(g)		% of CAL	(g)																			% of CAL
550.00-650.00		10.00	1230.00																					

M54279 EGG ROLL, CHICKEN AP WG 1.0

24.00 @ 1 each	160.00	1.00	5.63	410.00	5.00	28.13	20.00	10.00	30.00	3.00	-*	750.00	-*	-*	-*	6.00	-*	-*	-*	-*	-*	40.00	-*	1.80
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M53817 ORI ChixDcd Egg RiceFrd WG 1.0

24.00 @ 6 fl oz	165.89	1.04	5.65	244.67	3.70	20.12	24.59	8.17	58.90	1.29	90.24*	533.22*	0.00*	0.05*	1.60*	4.17*	0.02*	0.01*	0.09*	0.03*	0.00*	23.29	6.61*	0.70
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M66509 QUES 6" CHIXDCD WG 2.0

24.00 @ 1 each	344.14	7.58	19.83	512.70	15.96	41.75	30.18	20.02	51.11	2.11	6.91*	368.45	0.00*	0.05*	0.13*	0.80	0.00*	0.00*	0.02*	0.01*	0.00*	324.80	1.79*	2.06
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M66507 QUES 6" CH WG 2.0

87.00 @ 1 each	400.01	13.00	29.25	630.01	23.00	51.75	30.00	20.00	60.00	2.00	0.00*	562.02	-*	-*	-*	0.00	-*	-*	-*	-*	-*	524.01	-*	1.82
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M53268 SDW BD, Tky AM WG 2.0

15.00 @ 1 sandwich	325.00	5.13	14.19	995.00	11.50	31.84	33.50	22.25	56.25	2.00	-*	200.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	175.00	-*	2.61
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M53347 SDW BD, SB WG 2.0

1.00 @ 1 sandwich	558.71	3.99	6.42	579.16	35.89	57.81	43.95	19.95	0.00	5.99	378.78*	0.00	0.00*	-*	-*	0.00	-*	-*	-*	-*	-*	59.81	-*	5.35
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M50820 VEG: BEANS, Refried Seas 1/2c

24.00 @ 1/2 cup	144.92	0.02	0.13	512.97	1.88	11.68	24.33	7.23	0.00	7.35	462.98	142.77	0.00	0.24*	2.36*	0.04*	0.01*	0.01*	0.08*	0.03*	0.00*	39.43	6.37*	1.56
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M52770 VEG: CELERY, Sticks 1/2c

32.00 @ 1/2 cup	9.92	0.03	2.36	49.61	0.11	9.56	1.84	0.43	0.00	0.99	161.23	278.43	0.00	0.17	18.17	1.92	0.01	0.04	0.20	0.05	0.00	24.80	14.88	0.12
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M50536 FRUIT: APPLE, 138ct 1/8wg 1/2c

48.00 @ 4 wedge	31.53	0.02	0.50	2.39	0.10	2.95	8.40	0.17	0.00	1.45	67.15	33.13	0.00	0.11	1.32	3.11	0.01	0.02	0.06	0.03	0.00	5.02	6.81	0.07
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M50427 FRUIT: FRUIT MIX w/Jc 1/2c

25.00 @ 1/2 cup	60.01	0.00	0.00	5.00	0.00	0.00	13.00	1.00	0.00	1.00	-*	200.03	-*	-*	-*	1.20	-*	-*	-*	-*	-*	0.00	-*	0.00
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M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50

50.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00
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M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50

\* Some values for this nutrient are unavailable; the number listed is incomplete.

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Liberty ES

**Service Area:** Liberty - K-5 - OVS

**Menu Name:** Liberty ES 2018-2019 Menu w/ ESD - cycle 4 - week 2

**Avg.Method:** Weighted (USDA Default)

150.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00
M50855 COND PC Ketchup 9g Heinz																								
10.00 @ 1 each	10.00	0.00	0.00	85.00	0.00	0.00	3.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50055 COND PC Mayonnaise 12g																								
10.00 @ 1 each	80.00	1.50	16.87	75.00	8.00	90.00	1.00	0.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50284 COND PC Mustard 6g																								
10.00 @ 1 each	0.00	0.00	-	65.00	0.00	-	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M53222 COND PC Margarine 5g																								
20.00 @ 1 each	30.00	1.00	30.00	30.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	500.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50624 COND PC Drsg Ranch 12g																								
30.00 @ 1 each	50.00	0.00	0.00	100.00	5.00	90.00	1.00	0.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50623 COND PC Drsg Italian 12g																								
10.00 @ 1 each	30.00	0.00	0.00	130.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	100.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50056 COND PC Sauce, Taco 9g																								
20.00 @ 1 each	5.00	0.00	0.00	55.00	0.00	0.00	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50287 COND PC SAUCE, BBQ 12G PKT																								
10.00 @ 1 each	15.00	0.00	0.00	160.00	0.00	0.00	4.00	0.00	0.00	0.00	-*	100.00	-*	-*	-*	0.60	-*	-*	-*	-*	-*	0.00	-*	0.00
M50407 COND_Salsa, AP 1/8c																								
20.00 @ 1/8 cup	10.25	0.00	0.00	174.23	0.00	0.00	2.05	0.00	0.00	0.00	0.00	102.49	-*	-*	-*	3.69	-*	-*	-*	-*	-*	0.00	-*	0.00
<b>Average</b>	602.5	10.37	15.49	1062.04	22	32.86	67.69	32.2	72.49	4.44	148.03*	1496.76*	0*	.13*	4.95*	5.9*	.01*	.02*	.09*	.03*	0*	797.13	7.72*	2.38

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Liberty ES

**Service Area:** Liberty - K-5 - OVS

**Menu Name:** Liberty ES 2018-2019 Menu w/ ESD - cycle 4 - week 2

**Avg.Method:** Weighted (USDA Default)

**Age Group:** Brkfst Grades K-5      **Period:** Breakfast      **Week:** 2      **Day:** Friday      **Count Type:** Forecasted      **Total No. of Customers:** 23

Weekly Std. (Target 1)	SFA		Na (mg)	Fat		CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)	
	CAL	(g)		% of CAL	(g)																			% of CAL
350.00-500.00		10.00	540.00																					

M51268 BRD: MUF AP, CHOC CHOC CHIP 2OZ IW WG (1BG)

5.00 @ 1 muffin	200.00	2.00	9.00	130.00	6.00	27.00	32.00	4.00	40.00	2.00	159.95	100.00	16.00	-*	-*	0.00	-*	-*	-*	-*	-*	40.00	-*	1.44
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M51848 BRD: POPTARTS, Straw 1.76oz WG

2.00 @ 1 package	180.00	1.00	5.00	190.00	2.50	12.50	38.00	2.00	0.00	3.00	-*	500.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	100.00	-*	1.80
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M52724 BRD: BAR, Cereal CinnTst WG IW

2.00 @ 1 each	150.00	0.00	0.00	115.00	3.50	21.00	30.00	2.00	0.00	3.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	200.00	-*	1.80
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M50208 CEREAL BWL, CINN TST CRUNCH RS WG

3.00 @ 1 bowl	110.00	0.50	4.09	160.00	3.00	24.54	22.00	1.00	0.00	3.00	-*	400.01	-*	-*	-*	4.80	-*	-*	-*	-*	-*	200.01	-*	3.60
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M50442 CEREAL BWL, Cocoa Puffs RS WG

4.00 @ 1 bowl	110.05	0.00	0.00	160.08	1.50	12.27	25.01	2.00	0.00	2.00	-*	500.25	-*	-*	-*	6.00	-*	-*	-*	-*	-*	100.05	-*	4.50
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M50524 CEREAL BWL, Lucky Charms WG

4.00 @ 1 bowl	110.00	0.00	0.00	180.00	1.00	8.18	23.00	2.00	0.00	2.00	-*	500.01	-*	-*	-*	6.00	-*	-*	-*	-*	-*	100.00	-*	4.50
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M50525 CEREAL BWL, Trix RS WG

3.00 @ 1 bowl	110.00	0.00	0.00	140.00	1.00	8.18	24.00	1.00	0.00	1.00	-*	400.01	-*	-*	-*	4.80	-*	-*	-*	-*	-*	80.00	-*	4.50
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M51994 CHEESE, COLBY JK Stick 1ea 1.0

16.00 @ 1 stick	90.00	4.00	40.00	200.01	6.00	60.00	0.00	7.00	20.00	0.00	0.00	200.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	200.01	-*	0.00
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M51237 BRD: BREAD WG, Tst Marg 1sl

7.00 @ 1 slice	110.00	1.33	10.91	160.00	4.33	35.45	15.00	3.00	0.00	1.00	1.33*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	1.08
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M50534 FRUIT: ORANGE 138ct 1/8wg 1/2c

16.00 @ 8 wedge	46.96	0.01	0.29	0.00	0.12	2.30	11.74	0.94	0.00	2.40	180.86	224.82	0.00	0.18	0.00	53.16	0.09	0.04	0.28	0.06	0.00	39.97	13.99	0.10
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M52268 FRUIT: PEACHES Dice w/Jc 1/2c

24.00 @ 1/2 cup	50.83	0.00	0.00	10.17	0.00	0.00	12.20	0.00	0.00	0.00	182.98	304.97	-*	-*	-*	1.22	-*	-*	-*	-*	-*	0.00	-*	0.00
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M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50

\* Some values for this nutrient are unavailable; the number listed is incomplete.

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Liberty ES

**Service Area:** Liberty - K-5 - OVS

**Menu Name:** Liberty ES 2018-2019 Menu w/ ESD - cycle 4 - week 2

**Avg.Method:** Weighted (USDA Default)

5.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00
M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50																								
20.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00
M53222 COND PC Margarine 5g																								
10.00 @ 1 each	30.00	1.00	30.00	30.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	500.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50854 COND PC Jelly, #4 Smuckers																								
10.00 @ 1 each	35.00	0.00	0.00	5.00	0.00	0.00	9.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
<b>Average</b>	477.46	4.55	8.57	551.5	10.21	19.24	76.81	17.31	29.13	4.15	351.93*	1718.17	3.48*	.13*	0*	43.16	.06*	.03*	.2*	.04*	0*	599.13	9.73*	3.65

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Liberty ES

**Service Area:** Liberty - K-5 - OVS

**Menu Name:** Liberty ES 2018-2019 Menu w/ ESD - cycle 4 - week 2

**Avg.Method:** Weighted (USDA Default)

**Age Group:** Lunch Grades K-5      **Period:** Lunch      **Week:** 2      **Day:** Friday      **Count Type:** Forecasted      **Total No. of Customers:** 197

Weekly Std. (Target 1)	SFA		Na (mg)	Fat		CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)	
	CAL	(g)		% of CAL	(g)																			% of CAL
550.00-650.00		10.00	1230.00																					

M51578 PIZZA 16" CHZ WG 2.0

143.00 @ 1/8 cut	351.26	7.50	19.22	810.03	15.50	39.72	30.87	19.38	30.00	3.25	-*	403.18	-*	-*	-*	0.90	-*	-*	-*	-*	-*	419.72	-*	1.13
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M67928 SALAD, BFGD TACO SC SC 2.25

15.00 @ 1 each	248.24	5.76	20.89	212.91	12.15	44.03	16.60	19.44	55.55	3.35	492.62*	3879.98*	1.55*	0.33*	41.52*	9.40*	0.09*	0.15*	3.82*	0.31*	1.27*	145.44	154.55*	2.69
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M54540 BRD: TORTILLA, CHIP RND WG 2BG

15.00 @ 1 serving	224.59	1.60	6.43	184.48	9.63	38.57	32.08	3.21	0.00	3.21	0.00	0.00	0.00	-*	-*	0.00	-*	-*	-*	-*	-*	48.13	-*	0.80
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M53347 SDW BD, SB WG 2.0

1.00 @ 1 sandwich	558.71	3.99	6.42	579.16	35.89	57.81	43.95	19.95	0.00	5.99	378.78*	0.00	0.00*	-*	-*	0.00	-*	-*	-*	-*	-*	59.81	-*	5.35
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M50195 VEG: CARROTS, Sliced Fz 1/2c

36.00 @ 1/2 cup	32.38	0.11	2.92	51.64	0.60	16.54	6.77	0.51	0.00	2.89	168.05	14815.98	0.00	0.88	11.90	2.01	0.03	0.03	0.36	0.07	0.00	30.63	27.13	0.46
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M50186 VEG: BROCCOLI, Fresh 1/2c

32.00 @ 1/2 cup	10.84	0.01	1.03	10.52	0.12	9.79	2.12	0.90	0.00	0.83	100.78	198.68	0.00	0.25	32.40	28.45	0.02	0.04	0.20	0.06	0.00	14.99	21.05	0.23
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M50534 FRUIT: ORANGE 138ct 1/8wg 1/2c

36.00 @ 8 wedge	46.96	0.01	0.29	0.00	0.12	2.30	11.74	0.94	0.00	2.40	180.86	224.82	0.00	0.18	0.00	53.16	0.09	0.04	0.28	0.06	0.00	39.97	13.99	0.10
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M50982 JUICE SS, ORANGE 100% 4 FLOZ

100.00 @ 1 each	51.44	0.00	0.00	15.43	0.00	0.00	12.35	1.03	0.00	0.00	-*	0.00	-*	-*	-*	43.21	-*	-*	-*	-*	-*	0.00	-*	0.00
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M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50

50.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00
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M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50

150.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00
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M50855 COND PC Ketchup 9g Heinz

10.00 @ 1 each	10.00	0.00	0.00	85.00	0.00	0.00	3.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50055 COND PC Mayonnaise 12g

\* Some values for this nutrient are unavailable; the number listed is incomplete.

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Liberty ES

**Service Area:** Liberty - K-5 - OVS

**Menu Name:** Liberty ES 2018-2019 Menu w/ ESD - cycle 4 - week 2

**Avg.Method:** Weighted (USDA Default)

10.00 @ 1 each	80.00	1.50	16.87	75.00	8.00	90.00	1.00	0.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50284 COND PC Mustard 6g																								
10.00 @ 1 each	0.00	0.00	-	65.00	0.00	-	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M53222 COND PC Margarine 5g																								
20.00 @ 1 each	30.00	1.00	30.00	30.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	500.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50624 COND PC Drsg Ranch 12g																								
35.00 @ 1 each	50.00	0.00	0.00	100.00	5.00	90.00	1.00	0.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50623 COND PC Drsg Italian 12g																								
10.00 @ 1 each	30.00	0.00	0.00	130.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	100.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50056 COND PC Sauce, Taco 9g																								
10.00 @ 1 each	5.00	0.00	0.00	55.00	0.00	0.00	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50287 COND PC SAUCE, BBQ 12G PKT																								
20.00 @ 1 each	15.00	0.00	0.00	160.00	0.00	0.00	4.00	0.00	0.00	0.00	-*	100.00	-*	-*	-*	0.60	-*	-*	-*	-*	-*	0.00	-*	0.00
M50407 COND_Salsa, AP 1/8c																								
10.00 @ 1/8 cup	10.25	0.00	0.00	174.23	0.00	0.00	2.05	0.00	0.00	0.00	0.00	102.49	-*	-*	-*	3.69	-*	-*	-*	-*	-*	0.00	-*	0.00
<b>Average</b>	475.79	6.61	12.5	876.94	15.63	29.56	55.85	24.94	33.49	3.99	119.56*	3947.75*	.12*	.26*	10.6*	39.78*	.03*	.03*	.44*	.06*	.1*	639.62	22.7*	1.25

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