



DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD The Colony HS

Service Area: The Colony - 9-12 - OVS

Menu Name: The Colony High School Menu 2018-2019 - cycle 4 - week 4

Avg.Method: Weighted (USDA Default)

Age Group: Brkfst Grades K-12 **Period:** Breakfast **Week:** 4 **Day:** Monday **Count Type:** Forecasted **Total No. of Customers:** 186

Weekly Std. (Target 1)	SFA		Na (mg)	Fat		CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)	
	CAL	% of CAL		(g)	% of CAL																			
450.00-500.00		10.00	540.00																					

M54301 BRD: DONUT, GLAZE CHOC WG

70.00 @ 1 each	331.34	7.19	19.53	300.85	16.32	44.34	43.15	5.46	0.00	3.68	36.28*	9.50	0.00*	0.00*	0.06*	0.00	0.00*	0.01*	0.05*	0.00*	0.00*	17.22	17.34*	1.03
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M51320 CEREAL BWL, Rice Krispies WG

5.00 @ 1 bowl	100.00	0.00	0.00	170.00	0.50	4.50	23.00	2.00	0.00	1.00	-*	1000.03	-*	-*	-*	12.00	-*	-*	-*	-*	-*	0.00	-*	8.10
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M50208 CEREAL BWL, CINN TST CRUNCH RS WG

10.00 @ 1 bowl	110.00	0.50	4.09	160.00	3.00	24.54	22.00	1.00	0.00	3.00	-*	400.01	-*	-*	-*	4.80	-*	-*	-*	-*	-*	200.01	-*	3.60
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M50442 CEREAL BWL, Cocoa Puffs RS WG

10.00 @ 1 bowl	110.05	0.00	0.00	160.08	1.50	12.27	25.01	2.00	0.00	2.00	-*	500.25	-*	-*	-*	6.00	-*	-*	-*	-*	-*	100.05	-*	4.50
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M50524 CEREAL BWL, Lucky Charms WG

10.00 @ 1 bowl	110.00	0.00	0.00	180.00	1.00	8.18	23.00	2.00	0.00	2.00	-*	500.01	-*	-*	-*	6.00	-*	-*	-*	-*	-*	100.00	-*	4.50
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M50525 CEREAL BWL, Trix RS WG

10.00 @ 1 bowl	110.00	0.00	0.00	140.00	1.00	8.18	24.00	1.00	0.00	1.00	-*	400.01	-*	-*	-*	4.80	-*	-*	-*	-*	-*	80.00	-*	4.50
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M52725 BRD: BAR, Cereal CocoPuf WG IW

10.00 @ 1 each	150.00	0.00	0.00	100.00	3.00	18.00	30.00	3.00	0.00	3.00	-*	100.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	200.00	-*	1.80
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M52724 BRD: BAR, Cereal CinnTst WG IW

8.00 @ 1 each	150.00	0.00	0.00	115.00	3.50	21.00	30.00	2.00	0.00	3.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	200.00	-*	1.80
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M51267 BRD: MUF AP, BLUEBRY 2OZ IW WG (1BG)

24.00 @ 1 muffin	190.00	2.00	9.47	130.00	6.00	28.42	30.00	3.00	40.00	2.00	135.10	100.00	16.00	-*	-*	0.00	-*	-*	-*	-*	-*	20.00	-*	1.08
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M51268 BRD: MUF AP, CHOC CHOC CHIP 2OZ IW WG (1BG)

24.00 @ 1 muffin	200.00	2.00	9.00	130.00	6.00	27.00	32.00	4.00	40.00	2.00	159.95	100.00	16.00	-*	-*	0.00	-*	-*	-*	-*	-*	40.00	-*	1.44
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M51848 BRD: POPTARTS, Straw 1.76oz WG

8.00 @ 1 package	180.00	1.00	5.00	190.00	2.50	12.50	38.00	2.00	0.00	3.00	-*	500.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	100.00	-*	1.80
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M51849 BRD: POPTARTS, Cinn 1.76oz WG

* Some values for this nutrient are unavailable; the number listed is incomplete.

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DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD The Colony HS

Service Area: The Colony - 9-12 - OVS

Menu Name: The Colony High School Menu 2018-2019 - cycle 4 - week 4

Avg.Method: Weighted (USDA Default)

8.00 @ 1 package	190.00	1.00	4.74	200.00	3.00	14.21	38.00	2.00	0.00	3.00	-*	500.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	100.00	-*	1.80
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M51684 BRD: POPTARTS, Fudge 1.76oz WG

8.00 @ 1 package	190.00	1.00	4.74	200.00	3.00	14.21	38.00	3.00	0.00	3.00	-*	500.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	100.00	-*	1.80
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M51994 CHEESE, COLBY JK Stick 1ea 1.0

6.00 @ 1 stick	90.00	4.00	40.00	200.01	6.00	60.00	0.00	7.00	20.00	0.00	0.00	200.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	200.01	-*	0.00
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M50792 YOGURT SS, Trix Strawb/Ban 4oz

30.00 @ 1 each	80.00	0.00	0.00	60.00	0.50	5.63	15.00	4.00	5.00	0.00	140.00	500.04	-*	-*	-*	0.00	-*	-*	-*	-*	-*	100.01	-*	0.00
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M51237 BRD: BREAD WG, Tst Marg 1sl

6.00 @ 1 slice	110.00	1.33	10.91	160.00	4.33	35.45	15.00	3.00	0.00	1.00	1.33*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	1.08
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M50670 EGG: Hard Boiled FC AP 1.5

6.00 @ 1 each	80.00	1.50	16.88	60.00	5.00	56.25	1.00	6.00	185.00	0.00	-*	300.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	20.00	-*	0.72
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M52975 BRD: WAFFLE, RS SS WG (3.25BG)

50.00 @ 1 each	240.06	0.00	0.00	506.14	2.86	10.71	50.30	6.86	0.00	6.86	1.05*	0.00	0.00*	0.00*	0.00*	0.00	0.00*	0.00*	0.00*	0.00*	0.00*	288.94	0.00*	3.09
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M52657 FRUIT: BLUEBERRIES, Fz 1/8c

6.00 @ 1/8 cup	8.89	0.01	0.94	0.17	0.11	11.29	2.12	0.07	0.00	0.47	9.41	8.01	0.00	0.08	2.86	0.44	0.01	0.01	0.09	0.01	0.00	1.39	1.92	0.03
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M53629 FRUIT: STRAWBERRIES, Frsh 1/8c

6.00 @ 1/8 cup	6.14	0.00	0.42	0.19	0.06	8.44	1.47	0.13	0.00	0.38	29.37	2.30	0.00	0.06	0.42	11.29	0.00	0.00	0.07	0.01	0.00	3.07	4.61	0.08
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M52817 DESRT: TOPPING, CHOCOLATE CHIPS SEMISWT (TBSP)

12.00 @ 1 tablespoon	51.03	1.89	33.28	1.17	3.19	56.25	6.79	0.45	0.00	0.63	38.80	0.00	0.00	0.03	0.60	0.00	0.01	0.01	0.05	0.00	0.00	3.40	14.03	0.33
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M52816 DESRT: TOPPING, Whipd NonDairy

50.00 @ 1 tablespoon	12.92	1.03	72.00	0.00	1.03	72.00	1.03	0.00	0.00	0.00	-*	0.10	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.20	-*	0.00
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M52217 FRUIT: APPLE, 138ct Whole 1c

100.00 @ 1 each	62.21	0.03	0.48	1.20	0.20	2.94	16.52	0.31	0.00	2.87	128.00	64.60	0.00	0.22	2.63	5.50	0.02	0.03	0.11	0.05	0.00	7.18	13.16	0.14
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M52271 FRUIT: PEARS, Dice w/Jc 1/2c

72.00 @ 1/2 cup	60.66	0.00	0.00	10.11	0.00	0.00	14.15	0.00	0.00	2.02	80.89	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M53365 JUICE SS, Grape100% 4oz Cart

140.00 @ 1 each	80.00	0.00	0.00	15.00	0.00	0.00	18.00	1.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD The Colony HS

Service Area: The Colony - 9-12 - OVS

Menu Name: The Colony High School Menu 2018-2019 - cycle 4 - week 4

Avg.Method: Weighted (USDA Default)

M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50

50.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00
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M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50

100.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00
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M53222 COND PC Margarine 5g

24.00 @ 1 each	30.00	1.00	30.00	30.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	500.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50854 COND PC Jelly, #4 Smuckers

24.00 @ 1 each	35.00	0.00	0.00	5.00	0.00	0.00	9.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50056 COND PC Sauce, Taco 9g

4.00 @ 1 each	5.00	0.00	0.00	55.00	0.00	0.00	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50058 COND PC Syrup 1.4oz Smuckers

50.00 @ 1 each	110.00	0.00	0.00	25.00	0.00	0.00	29.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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Average	582.98	4.55	7.02	540.81	11.73	18.11	106.14	14.3	23.12	7.31	178.51*	822.56	4.13*	.12*	1.58*	6.18	.01*	.02*	.09*	.03*	0*	419.41	14.72*	3.25
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Location: Lewisville ISD The Colony HS

Service Area: The Colony - 9-12 - OVS

Menu Name: The Colony High School Menu 2018-2019 - cycle 4 - week 4

Avg.Method: Weighted (USDA Default)

Age Group: Lunch Grades 9-12 **Period:** Lunch **Week:** 4 **Day:** Monday **Count Type:** Forecasted **Total No. of Customers:** 988

Weekly Std. (Target 1)	SFA		Na (mg)	Fat		CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)	
	CAL	(g)		% of CAL	(g)																			% of CAL
750.00-850.00		10.00	1420.00																					

M67404 BURG, BEEF CH BBQ TWISTER AP100% WG 2.5

60.00 @ 1 each	420.00	6.25	13.39	737.51	17.50	37.50	45.00	20.75	50.00	2.75	107.50*	0.00	-*	-*	-*	3.60	-*	-*	-*	-*	-*	139.50	-*	3.11
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M52353 SALAD, ChixDcd Plattr SC W 2.0

2.00 @ 1 each	166.51	1.89	10.22	270.12	8.99	48.58	5.80	14.66	49.29	1.62	201.38*	5071.19	0.00*	0.18*	49.57*	8.19	0.04*	0.05*	0.32*	0.08*	0.00*	28.67	22.77*	1.08
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M51680 BRD: ROLL DG, WG 2.5oz

2.00 @ 1 each	170.00	0.50	2.65	135.00	3.00	15.88	28.00	7.00	0.00	3.40	-*	0.01	-*	-*	-*	0.01	-*	-*	-*	-*	-*	12.70	-*	0.85
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M52043 PIZZA HUT PIZZA 6" EXPRESS CHZ SS 2.25

30.00 @ 1 pizza	374.18	4.99	12.01	685.27	13.41	32.25	38.44	24.92	24.70	4.27	-*	692.07	-*	-*	-*	5.36	-*	-*	-*	-*	-*	410.71	-*	2.57
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M53931 PIZZA HUT PIZZA 6" EXPRESS PEPP SS 2.0

140.00 @ 1 pizza	385.19	5.31	12.42	711.32	14.98	35.01	38.49	24.17	27.17	4.35	-*	662.85	-*	-*	-*	5.43	-*	-*	-*	-*	-*	354.34	-*	2.65
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M54307 PIZZA HUT PIZZA 6" EXPRESS SSG SS 2.25

50.00 @ 1 pizza	439.08	7.15	14.66	836.54	20.45	41.92	38.35	25.40	37.42	4.27	-*	689.00	-*	-*	-*	5.36	-*	-*	-*	-*	-*	356.37	-*	2.86
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M54310 PIZZA HUT PIZZA 6" EXPRESS BBQ CHIX SS 2.25

30.00 @ 1 pizza	400.94	4.66	10.46	805.79	13.17	29.57	42.83	27.77	38.53	4.36	-*	667.19	-*	-*	-*	5.81	-*	-*	-*	-*	-*	350.99	-*	2.67
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M54520 PIZZA HUT COND PC CHEESE GRATED 2.5G

100.00 @ 1 each	10.00	0.00	0.00	50.00	1.00	90.00	0.00	1.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M54521 PIZZA HUT COND PC PEPPER RED CRUSHED 1G

100.00 @ 1 each	5.00	0.00	0.00	0.00	0.00	0.00	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M52963 CHIX Popcorn, AP WG 2.0

72.00 @ 1 serving	250.19	2.72	9.78	380.72	14.14	50.87	15.23	15.23	21.76	3.26	-*	108.78	-*	-*	-*	0.00	-*	-*	-*	-*	-*	43.51	-*	1.96
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M51753 CHIX Popcorn, AP Spicy WG 2.0

120.00 @ 1 serving	247.14	2.69	9.78	365.34	13.97	50.87	16.12	13.97	21.49	2.15	-*	107.45	-*	-*	-*	0.00	-*	-*	-*	-*	-*	42.98	-*	1.93
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M54482 CHIX NUGGET, BNLS WING HONEY SRIRACHA WG (6) 2.0 MWWM

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DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD The Colony HS

Service Area: The Colony - 9-12 - OVS

Menu Name: The Colony High School Menu 2018-2019 - cycle 4 - week 4

Avg.Method: Weighted (USDA Default)

20.00 @ 6 each	284.98	2.25	7.11	374.97	13.50	42.63	21.00	22.50	52.50	1.50	-*	299.98	-*	-*	-*	1.80	-*	-*	-*	-*	0.00	-*	1.62
M51680 BRD: ROLL DG, WG 2.5oz																							
200.00 @ 1 each	170.00	0.50	2.65	135.00	3.00	15.88	28.00	7.00	0.00	3.40	-*	0.01	-*	-*	-*	0.01	-*	-*	-*	-*	12.70	-*	0.85
M51951 HOT DOG, Plain WG 2.0 Hi																							
14.00 @ 1 each	320.00	8.00	22.50	890.01	18.00	50.62	28.00	11.00	35.00	2.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	40.00	-*	1.80
M55774 STICKS, MAX SNAX PIZZA W/MARINARA AP WG 2.0																							
30.00 @ 2 each	319.87	3.00	8.44	609.89	10.00	28.13	39.98	20.00	10.00	4.00	0.00*	498.95*	-*	-*	-*	8.98*	-*	-*	-*	-*	459.92	-*	2.68
M54308 STICKS, CRISPITO CHIXCHILI AP WG 2.0 (2EA)																							
80.00 @ 2 each	540.00	6.00	10.00	740.00	28.00	46.67	46.00	24.00	50.00	6.00	-*	1500.01	-*	-*	-*	0.00	-*	-*	-*	-*	80.00	-*	3.60
M51189 COND_Sauce, Chz SS W (LOL) .5																							
80.00 @ 2 fl oz	99.97	4.50	40.50	399.86	7.00	63.00	3.00	5.00	19.99	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	149.95	-*	0.00
M51228 BRD: BUN, Hamburger WG																							
300.00 @ 1 each	140.00	0.00	0.00	300.00	2.00	12.86	27.00	5.00	0.00	2.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	40.00	-*	1.44
M51648 BEEF Pty, AP 100% 2.0																							
30.00 @ 1 each	130.00	3.00	20.77	45.00	8.00	55.39	1.00	12.00	35.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	0.00	-*	1.08
M51359 CHIX FLT, BREAST GRD 2.0 MWWM																							
4.00 @ 1 each	100.00	1.00	9.00	310.00	4.00	36.00	1.00	15.00	40.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	0.00	-*	0.72
M51935 CHIX FLT, BREAST BRD WG 2.0 MWWM																							
65.00 @ 1 each	199.76	1.50	6.75	289.65	8.99	40.50	8.99	18.98	44.95	3.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	0.00	-*	1.08
M51936 CHIX FLT, BREAST BRD SPICY WG 2.0 MWWM																							
170.00 @ 1 each	199.86	2.00	9.00	329.76	9.99	45.00	8.99	18.99	44.97	1.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	0.00	-*	1.44
M51005 CHEESE, AM (184ct) Slices 1.0																							
48.00 @ 3 slice	134.99	6.75	45.00	599.97	10.50	70.00	1.50	7.50	37.50	0.00	-*	299.98	-*	-*	-*	0.00	-*	-*	-*	-*	224.99	-*	0.00
M53381 CHEESE, CH Slices 1.0																							
48.00 @ 2 slice	110.01	5.00	40.91	180.01	9.00	73.64	1.00	6.00	30.00	0.00	20.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	199.01	-*	0.00
M53385 CHEESE, SW Slices 1.0																							
24.00 @ 2 slice	110.01	5.00	40.91	50.00	9.00	73.64	0.00	8.00	25.00	0.00	20.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	249.01	-*	0.00
M50999 CHEESE, JK Slices 1.0																							

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DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD The Colony HS

Service Area: The Colony - 9-12 - OVS

Menu Name: The Colony High School Menu 2018-2019 - cycle 4 - week 4

Avg.Method: Weighted (USDA Default)

72.00 @ 2 slice	100.00	5.00	45.00	180.01	8.00	72.00	1.00	7.00	30.00	0.00	25.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	197.01	-*	0.00
M51003 CHEESE, PV Slices 1.0																								
48.00 @ 2 slice	100.00	5.00	45.00	250.01	7.00	63.00	1.00	7.00	20.00	0.00	40.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	212.01	-*	0.00
M51017 VEG GARN: Rom Leaf 1ea																								
100.00 @ 1 each	2.41	0.01	2.06	1.13	0.04	15.88	0.47	0.17	0.00	0.30	35.01	1234.63	0.00	0.02	14.53	0.57	0.01	0.01	0.04	0.01	0.00	4.68	4.25	0.14
M51008 VEG: TOMATOES, FRESH SLCD (2SL) 1/8C																								
100.00 @ 1/8 cup	5.10	0.01	1.40	1.42	0.06	10.00	1.10	0.25	0.00	0.34	67.18	236.14	0.00	0.15	2.24	3.88	0.01	0.01	0.17	0.02	0.00	2.83	6.80	0.08
M51013 VEG: ONIONS, Red Slice 1ea																								
24.00 @ 1 slice	2.83	0.00	0.94	0.28	0.01	2.25	0.66	0.08	0.00	0.12	10.35	0.14	0.00	0.00	0.03	0.52	0.00	0.00	0.01	0.01	0.00	1.63	2.06	0.01
M50892 COND_PEPPERS, JALAPENO CND TBSP																								
60.00 @ 1 tablespoon	3.12	0.00	0.00	240.96	0.09	27.20	0.48	0.09	0.00	0.26	19.38	-*	-*	-*	-*	1.00	-*	-*	-*	-*	-*	2.31	-*	0.19
M50176 COND_Pickle, Dill Slice 2ea																								
140.00 @ 2 slice	1.62	0.01	4.72	162.08	0.05	25.17	0.24	0.06	0.00	0.14	-*	0.00	-*	-*	-*	0.21	-*	-*	-*	-*	-*	8.65	-*	0.05
M51528 SUB 6" FZ, Tky CH WG 2.0																								
1.00 @ 1 sandwich	349.93	5.52	14.19	583.69	14.14	36.37	34.04	21.60	55.00	3.94	157.21*	2705.43	0.00*	0.19*	31.30*	5.22	0.03*	0.02*	0.26*	0.04*	0.00*	244.57	15.31*	2.14
M50962 SDW BD, SBJ WG 2.0																								
2.00 @ 1 sandwich	658.38	3.99	5.45	579.16	35.89	49.06	69.87	19.95	0.00	5.99	378.78*	0.00	0.00*	-*	-*	0.00	-*	-*	-*	-*	-*	59.81	-*	5.35
M53347 SDW BD, SB WG 2.0																								
2.00 @ 1 sandwich	558.71	3.99	6.42	579.16	35.89	57.81	43.95	19.95	0.00	5.99	378.78*	0.00	0.00*	-*	-*	0.00	-*	-*	-*	-*	-*	59.81	-*	5.35
M52708 BRD: ROLL DG, Sub 6" WG																								
24.00 @ 1 roll	170.00	0.00	0.00	180.00	3.00	15.88	29.00	6.00	0.00	3.00	-*	0.01	-*	-*	-*	0.20	-*	-*	-*	-*	-*	13.37	-*	1.43
M52782 BRD: FLATBREAD 6" X 6" 2OZ WG (2BG)																								
60.00 @ 1 each	180.00	1.00	5.00	330.00	5.00	25.00	28.00	6.00	0.00	3.00	-*	0.22	-*	-*	-*	0.06	-*	-*	-*	-*	-*	34.22	-*	1.76
M54775 BRD: CROISSANT, SLICED WG																								
24.00 @ 1 each	243.91	6.47	23.87	253.40	12.05	44.44	29.25	5.44	32.35	0.91	15.14	313.46	0.31	0.00	0.00	2.82	0.25	1.93	0.85	0.00	0.01	15.66	3.96	1.63
M53393 TKY, Breast Sliced 1.0																								
40.00 @ 1 serving	60.00	0.50	7.50	220.00	2.00	30.00	2.00	9.00	25.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	20.00	-*	0.36
M53569 CHIX, BLACK FOREST HAM SLICED 1.0																								

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DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD The Colony HS

Service Area: The Colony - 9-12 - OVS

Menu Name: The Colony High School Menu 2018-2019 - cycle 4 - week 4

Avg.Method: Weighted (USDA Default)

40.00 @ 1 serving	80.00	1.50	16.88	250.00	4.50	50.63	2.00	8.00	40.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.36
M51976 CHIX Dcd Deli Salad W 1.0																								
6.00 @ 1 No 16 Scoop	76.63	0.94	10.98	129.00	4.42	51.89	1.48	6.99	24.65	0.18	27.40*	47.33	0.00*	0.03*	2.98*	0.37	0.00*	0.01*	0.03*	0.01*	0.00*	4.41	2.64*	0.30
M51005 CHEESE, AM (184ct) Slices 1.0																								
72.00 @ 3 slice	134.99	6.75	45.00	599.97	10.50	70.00	1.50	7.50	37.50	0.00	-*	299.98	-*	-*	-*	0.00	-*	-*	-*	-*	-*	224.99	-*	0.00
M53381 CHEESE, CH Slices 1.0																								
24.00 @ 2 slice	110.01	5.00	40.91	180.01	9.00	73.64	1.00	6.00	30.00	0.00	20.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	199.01	-*	0.00
M53385 CHEESE, SW Slices 1.0																								
24.00 @ 2 slice	110.01	5.00	40.91	50.00	9.00	73.64	0.00	8.00	25.00	0.00	20.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	249.01	-*	0.00
M50999 CHEESE, JK Slices 1.0																								
24.00 @ 2 slice	100.00	5.00	45.00	180.01	8.00	72.00	1.00	7.00	30.00	0.00	25.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	197.01	-*	0.00
M51003 CHEESE, PV Slices 1.0																								
24.00 @ 2 slice	100.00	5.00	45.00	250.01	7.00	63.00	1.00	7.00	20.00	0.00	40.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	212.01	-*	0.00
M51017 VEG GARN: Rom Leaf 1ea																								
24.00 @ 1 each	2.41	0.01	2.06	1.13	0.04	15.88	0.47	0.17	0.00	0.30	35.01	1234.63	0.00	0.02	14.53	0.57	0.01	0.01	0.04	0.01	0.00	4.68	4.25	0.14
M51008 VEG: TOMATOES, FRESH SLCD (2SL) 1/8C																								
40.00 @ 1/8 cup	5.10	0.01	1.40	1.42	0.06	10.00	1.10	0.25	0.00	0.34	67.18	236.14	0.00	0.15	2.24	3.88	0.01	0.01	0.17	0.02	0.00	2.83	6.80	0.08
M51013 VEG: ONIONS, Red Slice 1ea																								
40.00 @ 1 slice	2.83	0.00	0.94	0.28	0.01	2.25	0.66	0.08	0.00	0.12	10.35	0.14	0.00	0.00	0.03	0.52	0.00	0.00	0.01	0.01	0.00	1.63	2.06	0.01
M52162 VEG: SPINACH, FRESH LEAVES 1/4C																								
6.00 @ 1/4 cup	3.12	0.01	2.47	10.73	0.05	15.26	0.49	0.39	0.00	0.30	75.79	1273.70	0.00	0.28	65.59	3.82	0.01	0.03	0.10	0.03	0.00	13.45	6.66	0.37
M52661 VEG: CUCUMBER, Fresh Slice1/8c																								
6.00 @ 1/8 cup	2.75	0.01	2.22	0.37	0.02	6.60	0.66	0.12	0.00	0.09	26.91	19.22	0.00	0.01	3.00	0.51	0.00	0.01	0.02	0.01	0.00	2.93	4.39	0.05
M53523 VEG: PEPPERS, Red Strips1/4c																								
6.00 @ 1/4 cup	7.78	0.01	0.78	1.00	0.08	8.71	1.51	0.25	0.00	0.53	52.96	785.87	0.00	0.40	1.23	32.05	0.01	0.02	0.25	0.07	0.00	1.76	6.53	0.11
M50891 COND_OLIVES, BLACK SLICED TBSP																								
6.00 @ 1 tablespoon	14.04	0.17	10.96	58.74	1.27	81.48	0.52	0.13	0.00	0.31	-*	5.23	-*	-*	-*	0.21	-*	-*	-*	-*	-*	7.97	-*	0.18

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DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD The Colony HS

Service Area: The Colony - 9-12 - OVS

Menu Name: The Colony High School Menu 2018-2019 - cycle 4 - week 4

Avg.Method: Weighted (USDA Default)

M50176 COND_Pickle, Dill Slice 2ea

30.00 @ 2 slice	1.62	0.01	4.72	162.08	0.05	25.17	0.24	0.06	0.00	0.14	-*	0.00	-*	-*	-*	0.21	-*	-*	-*	-*	-*	8.65	-*	0.05
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M66605 BRD: TORTILLA FLOUR 10" WG

4.00 @ 1 each	180.00	1.50	7.50	250.00	4.50	22.50	29.00	5.00	0.00	3.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	100.00	-*	1.44
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M66461 BRD: TORTILLA FLOUR 6" WG

6.00 @ 2 each	180.00	1.00	5.00	250.00	5.00	25.00	28.00	6.00	0.00	2.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	120.00	-*	1.44
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M54540 BRD: TORTILLA, CHIP RND WG 2BG

160.00 @ 1 serving	224.59	1.60	6.43	184.48	9.63	38.57	32.08	3.21	0.00	3.21	0.00	0.00	0.00	-*	-*	0.00	-*	-*	-*	-*	-*	48.13	-*	0.80
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M53449 RICE, Sante Fe WG 1BG

72.00 @ 1/2 cup	113.63	0.21	1.70	118.30	0.90	7.16	23.56	2.52	0.00	1.01	64.03	68.27*	0.00*	0.00*	0.09*	2.42*	0.00*	0.00*	0.00*	0.00*	0.00*	6.72	0.50*	0.29
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M51175 BEEF Gd, Taco Meat SC 1.0

72.00 @ 1 No 24 Scoop	78.71	1.65	18.88	56.06	4.38	50.12	1.22	8.02	25.24	0.15	122.30*	121.25	0.57*	0.08*	0.61*	1.55	0.01*	0.06*	1.81*	0.13*	0.79*	9.04	69.27*	1.00
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M52584 CHIX Strips, Fajita DkMt 1.0

80.00 @ 2 fl oz	76.93	1.01	11.78	124.77	3.56	41.66	1.34	10.09	35.00	0.09	9.12*	46.95	0.00*	0.07*	0.17*	0.02	0.00*	0.00*	0.03*	0.01*	0.00*	12.26	2.39*	0.69
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M52292 FILLING, Refried Beans Seas1.0

36.00 @ 1 No 16 Scoop	72.46	0.01	0.13	256.48	0.94	11.68	12.17	3.61	0.00	3.67	231.49	71.39	0.00	0.12*	1.18*	0.02*	0.00*	0.00*	0.04*	0.01*	0.00*	19.72	3.18*	0.78
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M53386 CHEESE, CH Shreds 1.0

12.00 @ 2 fl oz	110.00	6.00	49.09	189.99	9.00	73.64	1.00	7.00	30.00	0.00	0.00	280.99	-*	-*	-*	0.00	-*	-*	-*	-*	-*	201.99	-*	0.19
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M50921 COND_Sauce, Chz SS W (LOL) 1.0

160.00 @ 3 fl oz	149.95	6.75	40.50	599.79	10.50	63.00	4.50	7.50	29.99	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	224.92	-*	0.00
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M51420 VEG GARN: Rom Shrds/Tom Dice

48.00 @ 1 serving	5.03	0.01	1.56	1.63	0.06	11.41	1.06	0.27	0.00	0.40	67.90	794.43	0.00	0.12	8.94	3.20	0.01	0.01	0.15	0.02	0.00	4.47	7.23	0.13
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M52379 VEG: ONIONS, Yellow Diced 1/8c

24.00 @ 1/8 cup	8.62	0.01	0.94	0.86	0.02	2.25	2.01	0.24	0.00	0.37	31.47	0.43	0.00	0.00	0.09	1.60	0.01	0.01	0.03	0.03	0.00	4.96	6.25	0.05
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M50892 COND_PEPPERS, JALAPENO CND TBSP

60.00 @ 1 tablespoon	3.12	0.00	0.00	240.96	0.09	27.20	0.48	0.09	0.00	0.26	19.38	-*	-*	-*	-*	1.00	-*	-*	-*	-*	-*	2.31	-*	0.19
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M50891 COND_OLIVES, BLACK SLICED TBSP

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DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD The Colony HS

Service Area: The Colony - 9-12 - OVS

Menu Name: The Colony High School Menu 2018-2019 - cycle 4 - week 4

Avg.Method: Weighted (USDA Default)

12.00 @ 1 tablespoon	14.04	0.17	10.96	58.74	1.27	81.48	0.52	0.13	0.00	0.31	-*	5.23	-*	-*	-*	0.21	-*	-*	-*	-*	-*	7.97	-*	0.18
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M55430 COND_HERB, CILANTRO

12.00 @ 1 tablespoon	0.82	0.00	0.55	1.63	0.02	20.35	0.13	0.08	0.00	0.10	18.46	239.13	0.00	0.09	10.99	0.96	0.00	0.01	0.04	0.01	0.00	2.37	1.70	0.06
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M68017 VEG: BEANS, BKD VEG AP 1/2C

48.00 @ 1/2 cup	220.25	0.09	0.38	509.42	0.89	3.64	43.08	11.52	0.00	7.87	623.89	0.10	0.00	-*	-*	0.03	0.39	0.08	1.15	0.22	0.00	87.30	211.63	2.92
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M51243 VEG: SALAD, Potato W 1/2c

160.00 @ 1/2 cup	93.76	0.66	6.30	142.39	4.54	43.55	12.41	1.10	6.30	1.35	225.70*	122.22	0.00*	0.09*	11.31*	7.61	0.06*	0.02*	0.76*	0.16*	0.00*	13.75	27.09*	0.26
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M53709 VEG: SALAD, SIDE SPIN ROM STRAW SC 1C

160.00 @ 1 cup	15.79	0.03	1.56	23.17	0.22	12.65	3.13	1.14	0.00	1.39	228.54	4195.84	0.00	0.63	150.99	20.02	0.04	0.07	0.33	0.08	0.00	36.30	23.73	1.00
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M53419 VEG: POTATO, FF CTINAGEN7 1/2C

192.00 @ 1/2 cup	119.99	1.33	10.00	133.32	4.67	35.00	17.33	2.00	0.00	2.00	259.98	0.00	-*	-*	-*	3.20	-*	-*	-*	-*	-*	0.00	-*	0.48
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M51731 VEG: POTATO SWT, FF CRINKLE 1/2C

19.00 @ 1/2 cup	137.66	0.53	3.46	180.02	4.77	31.15	23.30	1.06	0.00	3.18	243.56	3176.86	-*	-*	-*	6.35	-*	-*	-*	-*	-*	21.18	-*	0.38
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M52217 FRUIT: APPLE, 138ct Whole 1c

230.00 @ 1 each	62.21	0.03	0.48	1.20	0.20	2.94	16.52	0.31	0.00	2.87	128.00	64.60	0.00	0.22	2.63	5.50	0.02	0.03	0.11	0.05	0.00	7.18	13.16	0.14
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M50178 FRUIT: PINEAPPLE Tbits w/Jc1/2c

288.00 @ 1/2 cup	78.55	0.01	0.14	1.20	0.10	1.10	18.92	0.51	0.00	0.96	146.98	-*	-*	-*	-*	11.45	-*	-*	-*	-*	-*	16.87	-*	0.34
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M50982 JUICE SS, ORANGE 100% 4 FLOZ

664.00 @ 1 each	51.44	0.00	0.00	15.43	0.00	0.00	12.35	1.03	0.00	0.00	-*	0.00	-*	-*	-*	43.21	-*	-*	-*	-*	-*	0.00	-*	0.00
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M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50

100.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00
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M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50

700.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00
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M50855 COND PC Ketchup 9g Heinz

500.00 @ 1 each	10.00	0.00	0.00	85.00	0.00	0.00	3.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50055 COND PC Mayonnaise 12g

100.00 @ 1 each	80.00	1.50	16.87	75.00	8.00	90.00	1.00	0.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD The Colony HS

Service Area: The Colony - 9-12 - OVS

Menu Name: The Colony High School Menu 2018-2019 - cycle 4 - week 4

Avg.Method: Weighted (USDA Default)

M50284 COND PC Mustard 6g

100.00 @ 1 each	0.00	0.00	-	65.00	0.00	-	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M53222 COND PC Margarine 5g

100.00 @ 1 each	30.00	1.00	30.00	30.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	500.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50624 COND PC Drsg Ranch 12g

100.00 @ 1 each	50.00	0.00	0.00	100.00	5.00	90.00	1.00	0.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50623 COND PC Drsg Italian 12g

100.00 @ 1 each	30.00	0.00	0.00	130.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	100.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M53116 COND PC Drsg Honey Mustard 12g

100.00 @ 1 each	15.00	0.00	0.00	65.00	0.00	0.00	4.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50056 COND PC Sauce, Taco 9g

100.00 @ 1 each	5.00	0.00	0.00	55.00	0.00	0.00	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50287 COND PC SAUCE, BBQ 12G PKT

100.00 @ 1 each	15.00	0.00	0.00	160.00	0.00	0.00	4.00	0.00	0.00	0.00	-*	100.00	-*	-*	-*	0.60	-*	-*	-*	-*	-*	0.00	-*	0.00
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M51391 COND_Mayo, Chipotle W

96.00 @ 1 tablespoon	26.19	0.35	12.18	91.54	2.49	85.73	0.97	0.01	3.54	0.01	1.00*	91.64	-*	-*	-*	0.40	-*	-*	-*	-*	-*	0.00	-*	0.02
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M50060 COND_Mayo W

72.00 @ 1 tablespoon	33.07	0.47	12.86	94.49	3.31	90.00	0.94	0.00	4.72	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50291 COND_Mustard, Yellow

24.00 @ 1 tablespoon	9.00	0.01	1.50	181.50	0.37	37.20	0.93	0.47	0.00	0.43	13.36	0.67	-*	-*	-*	0.13	-*	-*	-*	-*	-*	7.51	-*	0.19
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M50692 COND_Dressing, DijonHnyMustard

72.00 @ 1 tablespoon	65.00	0.75	10.38	90.00	5.50	76.15	3.50	0.00	7.50	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50622 COND_Dressing, Ranch Lite

96.00 @ 1 tablespoon	55.00	0.75	12.27	139.99	5.00	81.82	0.50	0.50	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	10.00	-*	0.00
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M50292 COND_Sauce, BBQ Original AP

72.00 @ 1 tablespoon	35.00	0.00	0.00	144.99	0.00	0.00	9.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	1.80	-*	-*	-*	-*	-*	0.00	-*	0.18
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DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD The Colony HS

Service Area: The Colony - 9-12 - OVS

Menu Name: The Colony High School Menu 2018-2019 - cycle 4 - week 4

Avg.Method: Weighted (USDA Default)

M50063 COND_Sauce, Buffalo Wing AP

96.00 @ 1 tablespoon	4.38	0.02	4.79	363.06	0.22	45.51	0.48	0.11	0.17	0.12	21.32	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	2.22	-*	0.07
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M50087 COND_Salsa, Pico SC 1/8c

48.00 @ 1/8 cup	6.68	0.01	1.17	37.20	0.07	9.84	1.46	0.29	0.00	0.40	69.99	231.76*	0.00*	0.15*	2.94*	4.04	0.01*	0.01*	0.16*	0.03*	0.00*	4.19	7.40*	0.11
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M66157 COND_SALSA, BLNDR SC 1/8C

24.00 @ 1/8 cup	9.65	0.01	1.33	45.21	0.10	9.06	2.10	0.42	0.00	0.59	27.10*	148.65*	0.00*	0.05*	6.02*	4.65	0.01*	0.01*	0.03*	0.02*	0.00*	16.79	4.05*	0.19
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M53940 COND_Salsa, Verde SC 1/8c

24.00 @ 1/8 cup	10.75	0.03	2.54	25.36	0.23	19.29	2.13	0.37	0.00	0.61	83.93	260.93*	0.00*	0.16*	12.93*	3.96	0.02*	0.01*	0.40*	0.03*	0.00*	8.13	11.81*	0.22
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M53295 COND_Sour Cream AP

56.00 @ 1 tablespoon	30.00	1.75	52.50	25.00	3.00	90.00	1.00	0.50	10.00	0.00	-*	99.99	-*	-*	-*	0.00	-*	-*	-*	-*	20.00	-*	0.00
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Average

	814.1	9.42	10.42	1474.87	29.94	33.1	96.64	38.92	69.69	7.66	302.17*	1944.29*	.05*	.23*	30.89*	44.16*	.05*	.08*	.47*	.08*	.06*	568.54	30.15*	3.9
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DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD The Colony HS

Service Area: The Colony - 9-12 - OVS

Menu Name: The Colony High School Menu 2018-2019 - cycle 4 - week 4

Avg.Method: Weighted (USDA Default)

Age Group: Brkfst Grades K-12 **Period:** Breakfast **Week:** 4 **Day:** Tuesday **Count Type:** Forecasted **Total No. of Customers:** 182

Weekly Std. (Target 1)	SFA		Na (mg)	Fat		CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)	
	CAL	(g)		% of CAL	(g)																			% of CAL
450.00-500.00		10.00	540.00																					

M50757 MELT BGL, EggPty AM 1.75 WG

67.00 @ 1 sandwich	300.00	6.00	18.00	690.00	14.00	42.00	22.00	14.00	120.00	4.00	-*	300.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	210.00	-*	2.16
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M51320 CEREAL BWL, Rice Krispies WG

3.00 @ 1 bowl	100.00	0.00	0.00	170.00	0.50	4.50	23.00	2.00	0.00	1.00	-*	1000.03	-*	-*	-*	12.00	-*	-*	-*	-*	-*	0.00	-*	8.10
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M50208 CEREAL BWL, CINN TST CRUNCH RS WG

10.00 @ 1 bowl	110.00	0.50	4.09	160.00	3.00	24.54	22.00	1.00	0.00	3.00	-*	400.01	-*	-*	-*	4.80	-*	-*	-*	-*	-*	200.01	-*	3.60
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M50442 CEREAL BWL, Cocoa Puffs RS WG

10.00 @ 1 bowl	110.05	0.00	0.00	160.08	1.50	12.27	25.01	2.00	0.00	2.00	-*	500.25	-*	-*	-*	6.00	-*	-*	-*	-*	-*	100.05	-*	4.50
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M50524 CEREAL BWL, Lucky Charms WG

10.00 @ 1 bowl	110.00	0.00	0.00	180.00	1.00	8.18	23.00	2.00	0.00	2.00	-*	500.01	-*	-*	-*	6.00	-*	-*	-*	-*	-*	100.00	-*	4.50
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M50525 CEREAL BWL, Trix RS WG

10.00 @ 1 bowl	110.00	0.00	0.00	140.00	1.00	8.18	24.00	1.00	0.00	1.00	-*	400.01	-*	-*	-*	4.80	-*	-*	-*	-*	-*	80.00	-*	4.50
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M52725 BRD: BAR, Cereal CocoPuf WG IW

8.00 @ 1 each	150.00	0.00	0.00	100.00	3.00	18.00	30.00	3.00	0.00	3.00	-*	100.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	200.00	-*	1.80
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M51267 BRD: MUF AP, BLUEBRY 2OZ IW WG (1BG)

16.00 @ 1 muffin	190.00	2.00	9.47	130.00	6.00	28.42	30.00	3.00	40.00	2.00	135.10	100.00	16.00	-*	-*	0.00	-*	-*	-*	-*	-*	20.00	-*	1.08
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M51268 BRD: MUF AP, CHOC CHOC CHIP 2OZ IW WG (1BG)

3.00 @ 1 muffin	200.00	2.00	9.00	130.00	6.00	27.00	32.00	4.00	40.00	2.00	159.95	100.00	16.00	-*	-*	0.00	-*	-*	-*	-*	-*	40.00	-*	1.44
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M51848 BRD: POPTARTS, Straw 1.76oz WG

8.00 @ 1 package	180.00	1.00	5.00	190.00	2.50	12.50	38.00	2.00	0.00	3.00	-*	500.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	100.00	-*	1.80
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M51849 BRD: POPTARTS, Cinn 1.76oz WG

10.00 @ 1 package	190.00	1.00	4.74	200.00	3.00	14.21	38.00	2.00	0.00	3.00	-*	500.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	100.00	-*	1.80
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M51684 BRD: POPTARTS, Fudge 1.76oz WG

* Some values for this nutrient are unavailable; the number listed is incomplete.

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DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD The Colony HS

Service Area: The Colony - 9-12 - OVS

Menu Name: The Colony High School Menu 2018-2019 - cycle 4 - week 4

Avg.Method: Weighted (USDA Default)

10.00 @ 1 package	190.00	1.00	4.74	200.00	3.00	14.21	38.00	3.00	0.00	3.00	-*	500.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	100.00	-*	1.80
M51994 CHEESE, COLBY JK Stick 1ea 1.0																								
12.00 @ 1 stick	90.00	4.00	40.00	200.01	6.00	60.00	0.00	7.00	20.00	0.00	0.00	200.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	200.01	-*	0.00
M50792 YOGURT SS, Trix Strawb/Ban 4oz																								
5.00 @ 1 each	80.00	0.00	0.00	60.00	0.50	5.63	15.00	4.00	5.00	0.00	140.00	500.04	-*	-*	-*	0.00	-*	-*	-*	-*	-*	100.01	-*	0.00
M51237 BRD: BREAD WG, Tst Marg 1sl																								
1.00 @ 1 slice	110.00	1.33	10.91	160.00	4.33	35.45	15.00	3.00	0.00	1.00	1.33*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	1.08
M50670 EGG: Hard Boiled FC AP 1.5																								
150.00 @ 1 each	80.00	1.50	16.88	60.00	5.00	56.25	1.00	6.00	185.00	0.00	-*	300.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	20.00	-*	0.72
M52975 BRD: WAFFLE, RS SS WG (3.25BG)																								
48.00 @ 1 each	240.06	0.00	0.00	506.14	2.86	10.71	50.30	6.86	0.00	6.86	1.05*	0.00	0.00*	0.00*	0.00*	0.00	0.00*	0.00*	0.00*	0.00*	0.00*	288.94	0.00*	3.09
M52657 FRUIT: BLUEBERRIES, Fz 1/8c																								
122.00 @ 1/8 cup	8.89	0.01	0.94	0.17	0.11	11.29	2.12	0.07	0.00	0.47	9.41	8.01	0.00	0.08	2.86	0.44	0.01	0.01	0.09	0.01	0.00	1.39	1.92	0.03
M53629 FRUIT: STRAWBERRIES, Frsh 1/8c																								
22.00 @ 1/8 cup	6.14	0.00	0.42	0.19	0.06	8.44	1.47	0.13	0.00	0.38	29.37	2.30	0.00	0.06	0.42	11.29	0.00	0.00	0.07	0.01	0.00	3.07	4.61	0.08
M52817 DESRT: TOPPING, CHOCOLATE CHIPS SEMISWT (TBSP)																								
95.00 @ 1 tablespoon	51.03	1.89	33.28	1.17	3.19	56.25	6.79	0.45	0.00	0.63	38.80	0.00	0.00	0.03	0.60	0.00	0.01	0.01	0.05	0.00	0.00	3.40	14.03	0.33
M52816 DESRT: TOPPING, Whipd NonDairy																								
50.00 @ 1 tablespoon	12.92	1.03	72.00	0.00	1.03	72.00	1.03	0.00	0.00	0.00	-*	0.10	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.20	-*	0.00
M50843 FRUIT: STRAWBERRIES, Frsh 1/2c																								
4.00 @ 1/2 cup	24.57	0.01	0.42	0.77	0.23	8.44	5.90	0.51	0.00	1.54	117.47	9.21	0.00	0.22	1.69	45.14	0.02	0.02	0.30	0.04	0.00	12.28	18.43	0.31
M51110 FRUIT: ORANGE Mand w/Jc 1/2c																								
48.00 @ 1/2 cup	51.73	0.00	0.00	6.26	0.03	0.44	12.19	0.70	0.00	0.94	-*	710.52	-*	-*	-*	37.06	-*	-*	-*	-*	-*	13.15	-*	0.43
M50979 JUICE SS, Apple 100% 4oz Cart																								
122.00 @ 1 each	60.00	0.00	0.00	15.00	0.00	0.00	14.00	0.00	0.00	0.00	85.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50																								
22.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00

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DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD The Colony HS

Service Area: The Colony - 9-12 - OVS

Menu Name: The Colony High School Menu 2018-2019 - cycle 4 - week 4

Avg.Method: Weighted (USDA Default)

M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50

95.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00
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M53222 COND PC Margarine 5g

24.00 @ 1 each	30.00	1.00	30.00	30.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	500.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50854 COND PC Jelly, #4 Smuckers

22.00 @ 1 each	35.00	0.00	0.00	5.00	0.00	0.00	9.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50056 COND PC Sauce, Taco 9g

24.00 @ 1 each	5.00	0.00	0.00	55.00	0.00	0.00	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50058 COND PC Syrup 1.4oz Smuckers

50.00 @ 1 each	110.00	0.00	0.00	25.00	0.00	0.00	29.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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Average	535.93	5.7	9.56	679.76	14.76	24.8	77.92	19.32	206.1	5.52	108.32*	1172.42	1.67*	.08*	2.31*	14.78	.01*	.01*	.1*	.01*	0*	438.63	9.57*	4.08
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DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD The Colony HS

Service Area: The Colony - 9-12 - OVS

Menu Name: The Colony High School Menu 2018-2019 - cycle 4 - week 4

Avg.Method: Weighted (USDA Default)

Age Group: Lunch Grades 9-12 **Period:** Lunch **Week:** 4 **Day:** Tuesday **Count Type:** Forecasted **Total No. of Customers:** 1013

Weekly Std. (Target 1)	SFA		Na (mg)	Fat		CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)	
	CAL	(g)		% of CAL	(g)																			% of CAL
750.00-850.00		10.00	1420.00																					

M66219 ENCHILADA CASS, CHZ SC WG 2.0

60.00 @ 1/24 cut	328.33	12.02	32.94	467.71	18.90	51.80	24.97	16.40	60.01	1.86	24.73*	1137.52	0.00*	0.11*	0.62*	11.99	0.01*	0.01*	0.06*	0.03*	0.00*	424.61	6.42*	1.33
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M52224 RICE, Mex Spiced WG 1BG

60.00 @ 1/2 cup	109.96	0.22	1.77	66.08	0.94	7.73	22.26	2.54	0.99	1.15	76.27*	170.90*	0.00*	0.11*	1.15*	0.11*	0.00*	0.01*	0.05*	0.01*	0.00*	12.86	3.91*	0.57
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M52348 SALAD, ChixDod CH Frt SC 2.0

2.00 @ 1 each	164.27	3.46	18.94	169.62	7.85	43.01	7.51	15.09	49.38	1.69	157.58*	3437.38	0.00*	0.15*	39.52*	29.69	0.04*	0.03*	0.26*	0.04*	0.00*	120.25	19.84*	1.05
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M51680 BRD: ROLL DG, WG 2.5oz

2.00 @ 1 each	170.00	0.50	2.65	135.00	3.00	15.88	28.00	7.00	0.00	3.40	-*	0.01	-*	-*	-*	0.01	-*	-*	-*	-*	-*	12.70	-*	0.85
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M52043 PIZZA HUT PIZZA 6" EXPRESS CHZ SS 2.25

30.00 @ 1 pizza	374.18	4.99	12.01	685.27	13.41	32.25	38.44	24.92	24.70	4.27	-*	692.07	-*	-*	-*	5.36	-*	-*	-*	-*	-*	410.71	-*	2.57
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M53931 PIZZA HUT PIZZA 6" EXPRESS PEPP SS 2.0

140.00 @ 1 pizza	385.19	5.31	12.42	711.32	14.98	35.01	38.49	24.17	27.17	4.35	-*	662.85	-*	-*	-*	5.43	-*	-*	-*	-*	-*	354.34	-*	2.65
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M54307 PIZZA HUT PIZZA 6" EXPRESS SSG SS 2.25

50.00 @ 1 pizza	439.08	7.15	14.66	836.54	20.45	41.92	38.35	25.40	37.42	4.27	-*	689.00	-*	-*	-*	5.36	-*	-*	-*	-*	-*	356.37	-*	2.86
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M54310 PIZZA HUT PIZZA 6" EXPRESS BBQ CHIX SS 2.25

30.00 @ 1 pizza	400.94	4.66	10.46	805.79	13.17	29.57	42.83	27.77	38.53	4.36	-*	667.19	-*	-*	-*	5.81	-*	-*	-*	-*	-*	350.99	-*	2.67
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M54520 PIZZA HUT COND PC CHEESE GRATED 2.5G

100.00 @ 1 each	10.00	0.00	0.00	50.00	1.00	90.00	0.00	1.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M54521 PIZZA HUT COND PC PEPPER RED CRUSHED 1G

100.00 @ 1 each	5.00	0.00	0.00	0.00	0.00	0.00	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M52587 CHIX TENDER, GLDN CRISPY (3) WG 2.0 MWWW

60.00 @ 3 each	239.64	2.25	8.44	404.38	11.98	45.00	11.98	19.47	44.93	1.50	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	1.62
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M51753 CHIX Popcorn, AP Spicy WG 2.0

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DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD The Colony HS

Service Area: The Colony - 9-12 - OVS

Menu Name: The Colony High School Menu 2018-2019 - cycle 4 - week 4

Avg.Method: Weighted (USDA Default)

110.00 @ 1 serving	247.14	2.69	9.78	365.34	13.97	50.87	16.12	13.97	21.49	2.15	-*	107.45	-*	-*	-*	0.00	-*	-*	-*	-*	-*	42.98	-*	1.93
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M51275 CHIX NUGGET, BNLS WING WG (5) 2.0 MWWW

40.00 @ 5 each	200.86	1.88	8.44	338.95	8.79	39.38	12.55	17.58	25.11	2.51	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.90
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M51680 BRD: ROLL DG, WG 2.5oz

200.00 @ 1 each	170.00	0.50	2.65	135.00	3.00	15.88	28.00	7.00	0.00	3.40	-*	0.01	-*	-*	-*	0.01	-*	-*	-*	-*	-*	12.70	-*	0.85
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M54370 BURG, BLACK BEAN AP WG 2.0

4.00 @ 1 each	300.00	1.00	3.00	710.00	9.00	27.00	42.00	19.00	5.00	7.00	280.00*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	80.00	-*	2.16
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M53275 MELT BD, AM WG 2.0

16.00 @ 1 sandwich	385.00	11.25	26.30	1320.00	19.50	45.58	32.50	18.50	62.50	2.00	-*	500.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	375.00	-*	2.16
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M51228 BRD: BUN, Hamburger WG

300.00 @ 1 each	140.00	0.00	0.00	300.00	2.00	12.86	27.00	5.00	0.00	2.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	40.00	-*	1.44
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M51648 BEEF Pty, AP 100% 2.0

40.00 @ 1 each	130.00	3.00	20.77	45.00	8.00	55.39	1.00	12.00	35.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	1.08
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M51359 CHIX FLT, BREAST GRD 2.0 MWWW

5.00 @ 1 each	100.00	1.00	9.00	310.00	4.00	36.00	1.00	15.00	40.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.72
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M51935 CHIX FLT, BREAST BRD WG 2.0 MWWW

60.00 @ 1 each	199.76	1.50	6.75	289.65	8.99	40.50	8.99	18.98	44.95	3.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	1.08
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M51936 CHIX FLT, BREAST BRD SPICY WG 2.0 MWWW

180.00 @ 1 each	199.86	2.00	9.00	329.76	9.99	45.00	8.99	18.99	44.97	1.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	1.44
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M51005 CHEESE, AM (184ct) Slices 1.0

48.00 @ 3 slice	134.99	6.75	45.00	599.97	10.50	70.00	1.50	7.50	37.50	0.00	-*	299.98	-*	-*	-*	0.00	-*	-*	-*	-*	-*	224.99	-*	0.00
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M53381 CHEESE, CH Slices 1.0

50.00 @ 2 slice	110.01	5.00	40.91	180.01	9.00	73.64	1.00	6.00	30.00	0.00	20.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	199.01	-*	0.00
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M53385 CHEESE, SW Slices 1.0

50.00 @ 2 slice	110.01	5.00	40.91	50.00	9.00	73.64	0.00	8.00	25.00	0.00	20.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	249.01	-*	0.00
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M50999 CHEESE, JK Slices 1.0

62.00 @ 2 slice	100.00	5.00	45.00	180.01	8.00	72.00	1.00	7.00	30.00	0.00	25.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	197.01	-*	0.00
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M51003 CHEESE, PV Slices 1.0

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DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD The Colony HS

Service Area: The Colony - 9-12 - OVS

Menu Name: The Colony High School Menu 2018-2019 - cycle 4 - week 4

Avg.Method: Weighted (USDA Default)

50.00 @ 2 slice	100.00	5.00	45.00	250.01	7.00	63.00	1.00	7.00	20.00	0.00	40.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	212.01	-*	0.00
M51017 VEG GARN: Rom Leaf 1ea																								
100.00 @ 1 each	2.41	0.01	2.06	1.13	0.04	15.88	0.47	0.17	0.00	0.30	35.01	1234.63	0.00	0.02	14.53	0.57	0.01	0.01	0.04	0.01	0.00	4.68	4.25	0.14
M51008 VEG: TOMATOES, FRESH SLCD (2SL) 1/8C																								
100.00 @ 1/8 cup	5.10	0.01	1.40	1.42	0.06	10.00	1.10	0.25	0.00	0.34	67.18	236.14	0.00	0.15	2.24	3.88	0.01	0.01	0.17	0.02	0.00	2.83	6.80	0.08
M51013 VEG: ONIONS, Red Slice 1ea																								
24.00 @ 1 slice	2.83	0.00	0.94	0.28	0.01	2.25	0.66	0.08	0.00	0.12	10.35	0.14	0.00	0.00	0.03	0.52	0.00	0.00	0.01	0.01	0.00	1.63	2.06	0.01
M50892 COND_PEPPERS, JALAPENO CND TBSP																								
100.00 @ 1 tablespoon	3.12	0.00	0.00	240.96	0.09	27.20	0.48	0.09	0.00	0.26	19.38	-*	-*	-*	-*	1.00	-*	-*	-*	-*	-*	2.31	-*	0.19
M50176 COND_Pickle, Dill Slice 2ea																								
100.00 @ 2 slice	1.62	0.01	4.72	162.08	0.05	25.17	0.24	0.06	0.00	0.14	-*	0.00	-*	-*	-*	0.21	-*	-*	-*	-*	-*	8.65	-*	0.05
M51969 SUB 6" FZ, ChixDcd Salad WG2.0																								
1.00 @ 1 sandwich	333.20	1.89	5.10	441.71	11.98	32.36	33.99	20.57	49.29	4.30	192.02*	2800.10	0.00*	0.25*	37.26*	5.95	0.04*	0.04*	0.32*	0.06*	0.00*	34.39	20.59*	2.39
M50962 SDW BD, SBJ WG 2.0																								
1.00 @ 1 sandwich	658.38	3.99	5.45	579.16	35.89	49.06	69.87	19.95	0.00	5.99	378.78*	0.00	0.00*	-*	-*	0.00	-*	-*	-*	-*	-*	59.81	-*	5.35
M53347 SDW BD, SB WG 2.0																								
2.00 @ 1 sandwich	558.71	3.99	6.42	579.16	35.89	57.81	43.95	19.95	0.00	5.99	378.78*	0.00	0.00*	-*	-*	0.00	-*	-*	-*	-*	-*	59.81	-*	5.35
M52708 BRD: ROLL DG, Sub 6" WG																								
24.00 @ 1 roll	170.00	0.00	0.00	180.00	3.00	15.88	29.00	6.00	0.00	3.00	-*	0.01	-*	-*	-*	0.20	-*	-*	-*	-*	-*	13.37	-*	1.43
M52782 BRD: FLATBREAD 6" X 6" 2OZ WG (2BG)																								
60.00 @ 1 each	180.00	1.00	5.00	330.00	5.00	25.00	28.00	6.00	0.00	3.00	-*	0.22	-*	-*	-*	0.06	-*	-*	-*	-*	-*	34.22	-*	1.76
M54775 BRD: CROISSANT, SLICED WG																								
24.00 @ 1 each	243.91	6.47	23.87	253.40	12.05	44.44	29.25	5.44	32.35	0.91	15.14	313.46	0.31	0.00	0.00	2.82	0.25	1.93	0.85	0.00	0.01	15.66	3.96	1.63
M53393 TKY, Breast Sliced 1.0																								
40.00 @ 1 serving	60.00	0.50	7.50	220.00	2.00	30.00	2.00	9.00	25.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	20.00	-*	0.36
M53569 CHIX, BLACK FOREST HAM SLICED 1.0																								
40.00 @ 1 serving	80.00	1.50	16.88	250.00	4.50	50.63	2.00	8.00	40.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.36
M51976 CHIX Dcd Deli Salad W 1.0																								

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DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD The Colony HS

Service Area: The Colony - 9-12 - OVS

Menu Name: The Colony High School Menu 2018-2019 - cycle 4 - week 4

Avg.Method: Weighted (USDA Default)

5.00 @ 1 No 16 Scoop	76.63	0.94	10.98	129.00	4.42	51.89	1.48	6.99	24.65	0.18	27.40*	47.33	0.00*	0.03*	2.98*	0.37	0.00*	0.01*	0.03*	0.01*	0.00*	4.41	2.64*	0.30
M51005 CHEESE, AM (184ct) Slices 1.0																								
48.00 @ 3 slice	134.99	6.75	45.00	599.97	10.50	70.00	1.50	7.50	37.50	0.00	-*	299.98	-*	-*	-*	0.00	-*	-*	-*	-*	-*	224.99	-*	0.00
M53381 CHEESE, CH Slices 1.0																								
24.00 @ 2 slice	110.01	5.00	40.91	180.01	9.00	73.64	1.00	6.00	30.00	0.00	20.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	199.01	-*	0.00
M53385 CHEESE, SW Slices 1.0																								
24.00 @ 2 slice	110.01	5.00	40.91	50.00	9.00	73.64	0.00	8.00	25.00	0.00	20.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	249.01	-*	0.00
M50999 CHEESE, JK Slices 1.0																								
24.00 @ 2 slice	100.00	5.00	45.00	180.01	8.00	72.00	1.00	7.00	30.00	0.00	25.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	197.01	-*	0.00
M51003 CHEESE, PV Slices 1.0																								
24.00 @ 2 slice	100.00	5.00	45.00	250.01	7.00	63.00	1.00	7.00	20.00	0.00	40.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	212.01	-*	0.00
M51017 VEG GARN: Rom Leaf 1ea																								
40.00 @ 1 each	2.41	0.01	2.06	1.13	0.04	15.88	0.47	0.17	0.00	0.30	35.01	1234.63	0.00	0.02	14.53	0.57	0.01	0.01	0.04	0.01	0.00	4.68	4.25	0.14
M51008 VEG: TOMATOES, FRESH SLCD (2SL) 1/8C																								
40.00 @ 1/8 cup	5.10	0.01	1.40	1.42	0.06	10.00	1.10	0.25	0.00	0.34	67.18	236.14	0.00	0.15	2.24	3.88	0.01	0.01	0.17	0.02	0.00	2.83	6.80	0.08
M51013 VEG: ONIONS, Red Slice 1ea																								
8.00 @ 1 slice	2.83	0.00	0.94	0.28	0.01	2.25	0.66	0.08	0.00	0.12	10.35	0.14	0.00	0.00	0.03	0.52	0.00	0.00	0.01	0.01	0.00	1.63	2.06	0.01
M52162 VEG: SPINACH, FRESH LEAVES 1/4C																								
12.00 @ 1/4 cup	3.12	0.01	2.47	10.73	0.05	15.26	0.49	0.39	0.00	0.30	75.79	1273.70	0.00	0.28	65.59	3.82	0.01	0.03	0.10	0.03	0.00	13.45	6.66	0.37
M52661 VEG: CUCUMBER, Fresh Slice1/8c																								
12.00 @ 1/8 cup	2.75	0.01	2.22	0.37	0.02	6.60	0.66	0.12	0.00	0.09	26.91	19.22	0.00	0.01	3.00	0.51	0.00	0.01	0.02	0.01	0.00	2.93	4.39	0.05
M53523 VEG: PEPPERS, Red Strips1/4c																								
6.00 @ 1/4 cup	7.78	0.01	0.78	1.00	0.08	8.71	1.51	0.25	0.00	0.53	52.96	785.87	0.00	0.40	1.23	32.05	0.01	0.02	0.25	0.07	0.00	1.76	6.53	0.11
M50891 COND_OLIVES, BLACK SLICED TBSP																								
6.00 @ 1 tablespoon	14.04	0.17	10.96	58.74	1.27	81.48	0.52	0.13	0.00	0.31	-*	5.23	-*	-*	-*	0.21	-*	-*	-*	-*	-*	7.97	-*	0.18
M50176 COND_Pickle, Dill Slice 2ea																								
30.00 @ 2 slice	1.62	0.01	4.72	162.08	0.05	25.17	0.24	0.06	0.00	0.14	-*	0.00	-*	-*	-*	0.21	-*	-*	-*	-*	-*	8.65	-*	0.05

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DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD The Colony HS

Service Area: The Colony - 9-12 - OVS

Menu Name: The Colony High School Menu 2018-2019 - cycle 4 - week 4

Avg.Method: Weighted (USDA Default)

M66605 BRD: TORTILLA FLOUR 10" WG

4.00 @ 1 each	180.00	1.50	7.50	250.00	4.50	22.50	29.00	5.00	0.00	3.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	100.00	-*	1.44
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M66461 BRD: TORTILLA FLOUR 6" WG

6.00 @ 2 each	180.00	1.00	5.00	250.00	5.00	25.00	28.00	6.00	0.00	2.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	120.00	-*	1.44
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M54540 BRD: TORTILLA, CHIP RND WG 2BG

224.00 @ 1 serving	224.59	1.60	6.43	184.48	9.63	38.57	32.08	3.21	0.00	3.21	0.00	0.00	0.00	-*	-*	0.00	-*	-*	-*	-*	-*	48.13	-*	0.80
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M53449 RICE, Sante Fe WG 1BG

72.00 @ 1/2 cup	113.63	0.21	1.70	118.30	0.90	7.16	23.56	2.52	0.00	1.01	64.03	68.27*	0.00*	0.00*	0.09*	2.42*	0.00*	0.00*	0.00*	0.00*	0.00*	6.72	0.50*	0.29
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M51175 BEEF Gd, Taco Meat SC 1.0

80.00 @ 1 No 24 Scoop	78.71	1.65	18.88	56.06	4.38	50.12	1.22	8.02	25.24	0.15	122.30*	121.25	0.57*	0.08*	0.61*	1.55	0.01*	0.06*	1.81*	0.13*	0.79*	9.04	69.27*	1.00
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M52584 CHIX Strips, Fajita DkMt 1.0

110.00 @ 2 fl oz	76.93	1.01	11.78	124.77	3.56	41.66	1.34	10.09	35.00	0.09	9.12*	46.95	0.00*	0.07*	0.17*	0.02	0.00*	0.00*	0.03*	0.01*	0.00*	12.26	2.39*	0.69
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M52292 FILLING, Refried Beans Seas1.0

36.00 @ 1 No 16 Scoop	72.46	0.01	0.13	256.48	0.94	11.68	12.17	3.61	0.00	3.67	231.49	71.39	0.00	0.12*	1.18*	0.02*	0.00*	0.00*	0.04*	0.01*	0.00*	19.72	3.18*	0.78
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M53386 CHEESE, CH Shreds 1.0

12.00 @ 2 fl oz	110.00	6.00	49.09	189.99	9.00	73.64	1.00	7.00	30.00	0.00	0.00	280.99	-*	-*	-*	0.00	-*	-*	-*	-*	-*	201.99	-*	0.19
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M50921 COND_Sauce, Chz SS W (LOL) 1.0

224.00 @ 3 fl oz	149.95	6.75	40.50	599.79	10.50	63.00	4.50	7.50	29.99	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	224.92	-*	0.00
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M51420 VEG GARN: Rom Shrds/Tom Dice

48.00 @ 1 serving	5.03	0.01	1.56	1.63	0.06	11.41	1.06	0.27	0.00	0.40	67.90	794.43	0.00	0.12	8.94	3.20	0.01	0.01	0.15	0.02	0.00	4.47	7.23	0.13
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M52379 VEG: ONIONS, Yellow Diced 1/8c

24.00 @ 1/8 cup	8.62	0.01	0.94	0.86	0.02	2.25	2.01	0.24	0.00	0.37	31.47	0.43	0.00	0.00	0.09	1.60	0.01	0.01	0.03	0.03	0.00	4.96	6.25	0.05
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M50892 COND_PEPPERS, JALAPENO CND TBSP

60.00 @ 1 tablespoon	3.12	0.00	0.00	240.96	0.09	27.20	0.48	0.09	0.00	0.26	19.38	-*	-*	-*	-*	1.00	-*	-*	-*	-*	-*	2.31	-*	0.19
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M50891 COND_OLIVES, BLACK SLICED TBSP

6.00 @ 1 tablespoon	14.04	0.17	10.96	58.74	1.27	81.48	0.52	0.13	0.00	0.31	-*	5.23	-*	-*	-*	0.21	-*	-*	-*	-*	-*	7.97	-*	0.18
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M55430 COND_HERB, CILANTRO

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DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD The Colony HS

Service Area: The Colony - 9-12 - OVS

Menu Name: The Colony High School Menu 2018-2019 - cycle 4 - week 4

Avg.Method: Weighted (USDA Default)

12.00 @ 1 tablespoon	0.82	0.00	0.55	1.63	0.02	20.35	0.13	0.08	0.00	0.10	18.46	239.13	0.00	0.09	10.99	0.96	0.00	0.01	0.04	0.01	0.00	2.37	1.70	0.06
M50091 VEG: PEPPER GRN & ON Saute1/2c																								
2.00 @ 1/2 cup	35.10	0.03	0.74	2.44	0.19	4.83	8.21	1.11	0.00	1.26	160.49	218.56	0.00	0.24	4.81	37.20	0.05	0.03	0.30	0.17	0.00	15.23	25.94	0.33
M68114 VEG: SALAD, BEANBLK CRN TOM 1/2C																								
60.00 @ 1/2 cup	70.75	0.13	1.69	130.64	0.66	8.45	14.20	3.34	0.26	3.37	196.43*	368.49*	0.99*	0.19*	4.18*	15.29*	0.03*	0.02*	0.47*	0.07*	0.00*	50.20	20.75*	1.13
M53709 VEG: SALAD, SIDE SPIN ROM STRAW SC 1C																								
160.00 @ 1 cup	15.79	0.03	1.56	23.17	0.22	12.65	3.13	1.14	0.00	1.39	228.54	4195.84	0.00	0.63	150.99	20.02	0.04	0.07	0.33	0.08	0.00	36.30	23.73	1.00
M53419 VEG: POTATO, FF CTINAGEN7 1/2C																								
216.00 @ 1/2 cup	119.99	1.33	10.00	133.32	4.67	35.00	17.33	2.00	0.00	2.00	259.98	0.00	-*	-*	-*	3.20	-*	-*	-*	-*	-*	0.00	-*	0.48
M51731 VEG: POTATO SWT, FF CRINKLE 1/2C																								
19.00 @ 1/2 cup	137.66	0.53	3.46	180.02	4.77	31.15	23.30	1.06	0.00	3.18	243.56	3176.86	-*	-*	-*	6.35	-*	-*	-*	-*	-*	21.18	-*	0.38
M51113 FRUIT: ORANGE 138ct Whole 1/2c																								
200.00 @ 1 each	46.97	0.01	0.29	0.00	0.12	2.30	11.74	0.94	0.00	2.40	180.87	224.84	0.00	0.18	0.00	53.16	0.09	0.04	0.28	0.06	0.00	39.97	13.99	0.10
M52271 FRUIT: PEARS, Dice w/Jc 1/2c																								
192.00 @ 1/2 cup	60.66	0.00	0.00	10.11	0.00	0.00	14.15	0.00	0.00	2.02	80.89	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50979 JUICE SS, Apple 100% 4oz Cart																								
700.00 @ 1 each	60.00	0.00	0.00	15.00	0.00	0.00	14.00	0.00	0.00	0.00	85.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50																								
100.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00
M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50																								
650.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00
M50855 COND PC Ketchup 9g Heinz																								
500.00 @ 1 each	10.00	0.00	0.00	85.00	0.00	0.00	3.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50055 COND PC Mayonnaise 12g																								
100.00 @ 1 each	80.00	1.50	16.87	75.00	8.00	90.00	1.00	0.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50284 COND PC Mustard 6g																								
100.00 @ 1 each	0.00	0.00	-	65.00	0.00	-	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M53222 COND PC Margarine 5g																								

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DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD The Colony HS

Service Area: The Colony - 9-12 - OVS

Menu Name: The Colony High School Menu 2018-2019 - cycle 4 - week 4

Avg.Method: Weighted (USDA Default)

100.00 @ 1 each	30.00	1.00	30.00	30.00	3.00	90.00	0.00	0.00	0.00	0.00	0.00	-*	500.00	-*	-*	-*	0.00	-*	-*	-*	-*	0.00	-*	0.00
M50624 COND PC Drsg Ranch 12g																								
100.00 @ 1 each	50.00	0.00	0.00	100.00	5.00	90.00	1.00	0.00	5.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	0.00	-*	0.00
M50623 COND PC Drsg Italian 12g																								
100.00 @ 1 each	30.00	0.00	0.00	130.00	3.00	90.00	0.00	0.00	0.00	0.00	0.00	-*	100.00	-*	-*	-*	0.00	-*	-*	-*	-*	0.00	-*	0.00
M53116 COND PC Drsg Honey Mustard 12g																								
100.00 @ 1 each	15.00	0.00	0.00	65.00	0.00	0.00	4.00	0.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	0.00	-*	0.00
M50056 COND PC Sauce, Taco 9g																								
100.00 @ 1 each	5.00	0.00	0.00	55.00	0.00	0.00	1.00	0.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	0.00	-*	0.00
M50287 COND PC SAUCE, BBQ 12G PKT																								
100.00 @ 1 each	15.00	0.00	0.00	160.00	0.00	0.00	4.00	0.00	0.00	0.00	0.00	-*	100.00	-*	-*	-*	0.60	-*	-*	-*	-*	0.00	-*	0.00
M51391 COND_Mayo, Chipotle W																								
96.00 @ 1 tablespoon	26.19	0.35	12.18	91.54	2.49	85.73	0.97	0.01	3.54	0.01	1.00*	91.64	-*	-*	-*	0.40	-*	-*	-*	-*	0.00	-*	0.02	
M50060 COND_Mayo W																								
96.00 @ 1 tablespoon	33.07	0.47	12.86	94.49	3.31	90.00	0.94	0.00	4.72	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	0.00	-*	0.00	
M50692 COND_Dressing, DijonHnyMustard																								
96.00 @ 1 tablespoon	65.00	0.75	10.38	90.00	5.50	76.15	3.50	0.00	7.50	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	0.00	-*	0.00	
M50291 COND_Mustard, Yellow																								
12.00 @ 1 tablespoon	9.00	0.01	1.50	181.50	0.37	37.20	0.93	0.47	0.00	0.43	13.36	0.67	-*	-*	-*	0.13	-*	-*	-*	-*	7.51	-*	0.19	
M50622 COND_Dressing, Ranch Lite																								
96.00 @ 1 tablespoon	55.00	0.75	12.27	139.99	5.00	81.82	0.50	0.50	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	10.00	-*	0.00	
M50292 COND_Sauce, BBQ Original AP																								
60.00 @ 1 tablespoon	35.00	0.00	0.00	144.99	0.00	0.00	9.00	0.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	1.80	-*	-*	-*	-*	0.00	-*	0.18
M50063 COND_Sauce, Buffalo Wing AP																								
90.00 @ 1 tablespoon	4.38	0.02	4.79	363.06	0.22	45.51	0.48	0.11	0.17	0.12	21.32	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	2.22	-*	0.07	

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DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD The Colony HS

Service Area: The Colony - 9-12 - OVS

Menu Name: The Colony High School Menu 2018-2019 - cycle 4 - week 4

Avg.Method: Weighted (USDA Default)

M50087 COND_Salsa, Pico SC 1/8c

48.00 @ 1/8 cup	6.68	0.01	1.17	37.20	0.07	9.84	1.46	0.29	0.00	0.40	69.99	231.76*	0.00*	0.15*	2.94*	4.04	0.01*	0.01*	0.16*	0.03*	0.00*	4.19	7.40*	0.11
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M66157 COND_SALSA, BLNDR SC 1/8C

20.00 @ 1/8 cup	9.65	0.01	1.33	45.21	0.10	9.06	2.10	0.42	0.00	0.59	27.10*	148.65*	0.00*	0.05*	6.02*	4.65	0.01*	0.01*	0.03*	0.02*	0.00*	16.79	4.05*	0.19
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M53940 COND_Salsa, Verde SC 1/8c

24.00 @ 1/8 cup	10.75	0.03	2.54	25.36	0.23	19.29	2.13	0.37	0.00	0.61	83.93	260.93*	0.00*	0.16*	12.93*	3.96	0.02*	0.01*	0.40*	0.03*	0.00*	8.13	11.81*	0.22
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M53295 COND_Sour Cream AP

60.00 @ 1 tablespoon	30.00	1.75	52.50	25.00	3.00	90.00	1.00	0.50	10.00	0.00	-*	99.99	-*	-*	-*	0.00	-*	-*	-*	-*	-*	20.00	-*	0.00
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M53064 DESRT: COOKIE ChocChp 1.0oz WG

730.00 @ 1 cookie	110.00	1.00	8.18	85.00	3.50	28.64	18.00	1.00	5.00	1.00	60.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	1.08
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Average	810.51	9.87	10.96	1389.62	29.53	32.79	98.17	35.74	70.14	7.34	332.88*	1860.73*	.11*	.23*	28.71*	20.79*	.04*	.08*	.37*	.05*	.06*	543.15	17.43*	3.99
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DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD The Colony HS

Service Area: The Colony - 9-12 - OVS

Menu Name: The Colony High School Menu 2018-2019 - cycle 4 - week 4

Avg.Method: Weighted (USDA Default)

Age Group: Brkfst Grades K-12 **Period:** Breakfast **Week:** 4 **Day:** Wednesday **Count Type:** Forecasted **Total No. of Customers:** 195

Weekly Std. (Target 1)	SFA		Na (mg)	Fat		CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)	
	CAL	(g)		% of CAL	(g)																			% of CAL
450.00-500.00		10.00	540.00																					

M52920 BRD: PANCAKES, AP WG 2EA (2BG)

60.00 @ 2 each	153.33	0.67	3.91	220.00	4.00	23.48	27.33	3.33	6.67	2.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	1.20
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M51320 CEREAL BWL, Rice Krispies WG

4.00 @ 1 bowl	100.00	0.00	0.00	170.00	0.50	4.50	23.00	2.00	0.00	1.00	-*	1000.03	-*	-*	-*	12.00	-*	-*	-*	-*	-*	0.00	-*	8.10
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M50208 CEREAL BWL, CINN TST CRUNCH RS WG

10.00 @ 1 bowl	110.00	0.50	4.09	160.00	3.00	24.54	22.00	1.00	0.00	3.00	-*	400.01	-*	-*	-*	4.80	-*	-*	-*	-*	-*	200.01	-*	3.60
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M50442 CEREAL BWL, Cocoa Puffs RS WG

10.00 @ 1 bowl	110.05	0.00	0.00	160.08	1.50	12.27	25.01	2.00	0.00	2.00	-*	500.25	-*	-*	-*	6.00	-*	-*	-*	-*	-*	100.05	-*	4.50
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M50524 CEREAL BWL, Lucky Charms WG

10.00 @ 1 bowl	110.00	0.00	0.00	180.00	1.00	8.18	23.00	2.00	0.00	2.00	-*	500.01	-*	-*	-*	6.00	-*	-*	-*	-*	-*	100.00	-*	4.50
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M50525 CEREAL BWL, Trix RS WG

10.00 @ 1 bowl	110.00	0.00	0.00	140.00	1.00	8.18	24.00	1.00	0.00	1.00	-*	400.01	-*	-*	-*	4.80	-*	-*	-*	-*	-*	80.00	-*	4.50
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M52725 BRD: BAR, Cereal CocoPuf WG IW

10.00 @ 1 each	150.00	0.00	0.00	100.00	3.00	18.00	30.00	3.00	0.00	3.00	-*	100.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	200.00	-*	1.80
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M52724 BRD: BAR, Cereal CinnTst WG IW

2.00 @ 1 each	150.00	0.00	0.00	115.00	3.50	21.00	30.00	2.00	0.00	3.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	200.00	-*	1.80
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M51267 BRD: MUF AP, BLUEBRY 2OZ IW WG (1BG)

24.00 @ 1 muffin	190.00	2.00	9.47	130.00	6.00	28.42	30.00	3.00	40.00	2.00	135.10	100.00	16.00	-*	-*	0.00	-*	-*	-*	-*	-*	20.00	-*	1.08
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M51268 BRD: MUF AP, CHOC CHOC CHIP 2OZ IW WG (1BG)

30.00 @ 1 muffin	200.00	2.00	9.00	130.00	6.00	27.00	32.00	4.00	40.00	2.00	159.95	100.00	16.00	-*	-*	0.00	-*	-*	-*	-*	-*	40.00	-*	1.44
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M51848 BRD: POPTARTS, Straw 1.76oz WG

10.00 @ 1 package	180.00	1.00	5.00	190.00	2.50	12.50	38.00	2.00	0.00	3.00	-*	500.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	100.00	-*	1.80
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M51849 BRD: POPTARTS, Cinn 1.76oz WG

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DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD The Colony HS

Service Area: The Colony - 9-12 - OVS

Menu Name: The Colony High School Menu 2018-2019 - cycle 4 - week 4

Avg.Method: Weighted (USDA Default)

10.00 @ 1 package	190.00	1.00	4.74	200.00	3.00	14.21	38.00	2.00	0.00	3.00	-*	500.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	100.00	-*	1.80
M51684 BRD: POPTARTS, Fudge 1.76oz WG																								
10.00 @ 1 package	190.00	1.00	4.74	200.00	3.00	14.21	38.00	3.00	0.00	3.00	-*	500.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	100.00	-*	1.80
M51994 CHEESE, COLBY JK Stick 1ea 1.0																								
12.00 @ 1 stick	90.00	4.00	40.00	200.01	6.00	60.00	0.00	7.00	20.00	0.00	0.00	200.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	200.01	-*	0.00
M50792 YOGURT SS, Trix Strawb/Ban 4oz																								
30.00 @ 1 each	80.00	0.00	0.00	60.00	0.50	5.63	15.00	4.00	5.00	0.00	140.00	500.04	-*	-*	-*	0.00	-*	-*	-*	-*	-*	100.01	-*	0.00
M51237 BRD: BREAD WG, Tst Marg 1sl																								
6.00 @ 1 slice	110.00	1.33	10.91	160.00	4.33	35.45	15.00	3.00	0.00	1.00	1.33*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	1.08
M50670 EGG: Hard Boiled FC AP 1.5																								
6.00 @ 1 each	80.00	1.50	16.88	60.00	5.00	56.25	1.00	6.00	185.00	0.00	-*	300.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	20.00	-*	0.72
M66354 YOGURT, PARFAIT STRAWBERRY 1.0																								
12.00 @ 1 serving	135.19	0.59	3.92	67.14	1.57	10.43	26.34	4.01	5.00	1.08	222.26	517.91	80.06*	0.11*	0.86*	16.06	0.01*	0.01*	0.18*	0.01*	0.00*	106.31	5.07*	0.39
M52975 BRD: WAFFLE, RS SS WG (3.25BG)																								
50.00 @ 1 each	240.06	0.00	0.00	506.14	2.86	10.71	50.30	6.86	0.00	6.86	1.05*	0.00	0.00*	0.00*	0.00*	0.00	0.00*	0.00*	0.00*	0.00*	0.00*	288.94	0.00*	3.09
M52657 FRUIT: BLUEBERRIES, Fz 1/8c																								
6.00 @ 1/8 cup	8.89	0.01	0.94	0.17	0.11	11.29	2.12	0.07	0.00	0.47	9.41	8.01	0.00	0.08	2.86	0.44	0.01	0.01	0.09	0.01	0.00	1.39	1.92	0.03
M53629 FRUIT: STRAWBERRIES, Frsh 1/8c																								
6.00 @ 1/8 cup	6.14	0.00	0.42	0.19	0.06	8.44	1.47	0.13	0.00	0.38	29.37	2.30	0.00	0.06	0.42	11.29	0.00	0.00	0.07	0.01	0.00	3.07	4.61	0.08
M52817 DESRT: TOPPING, CHOCOLATE CHIPS SEMISWT (TBSP)																								
12.00 @ 1 tablespoon	51.03	1.89	33.28	1.17	3.19	56.25	6.79	0.45	0.00	0.63	38.80	0.00	0.00	0.03	0.60	0.00	0.01	0.01	0.05	0.00	0.00	3.40	14.03	0.33
M52816 DESRT: TOPPING, Whipd NonDairy																								
50.00 @ 1 tablespoon	12.92	1.03	72.00	0.00	1.03	72.00	1.03	0.00	0.00	0.00	-*	0.10	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.20	-*	0.00
M50529 FRUIT: GRAPES, Fresh 1/2c																								
100.00 @ 1/2 cup	56.80	0.10	1.53	1.70	0.30	4.70	14.54	0.53	0.00	0.76	161.94	84.78	0.00	0.16	12.38	3.39	0.08	0.05	0.25	0.09	0.00	11.87	8.48	0.25
M53549 FRUIT: APPLESAUCE,Unswt AP1/2c																								
48.00 @ 1/2 cup	52.77	0.00	0.00	10.55	0.00	0.00	13.72	0.00	0.00	2.11	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00

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DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD The Colony HS

Service Area: The Colony - 9-12 - OVS

Menu Name: The Colony High School Menu 2018-2019 - cycle 4 - week 4

Avg.Method: Weighted (USDA Default)

M50982 JUICE SS, ORANGE 100% 4 FLOZ

140.00 @ 1 each	51.44	0.00	0.00	15.43	0.00	0.00	12.35	1.03	0.00	0.00	-*	0.00	-*	-*	-*	43.21	-*	-*	-*	-*	-*	0.00	-*	0.00
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M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50

50.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00
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M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50

150.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00
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M53222 COND PC Margarine 5g

24.00 @ 1 each	30.00	1.00	30.00	30.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	500.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50854 COND PC Jelly, #4 Smuckers

24.00 @ 1 each	35.00	0.00	0.00	5.00	0.00	0.00	9.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50056 COND PC Sauce, Taco 9g

24.00 @ 1 each	5.00	0.00	0.00	55.00	0.00	0.00	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50058 COND PC Syrup 1.4oz Smuckers

50.00 @ 1 each	110.00	0.00	0.00	25.00	0.00	0.00	29.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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Average	500.77	2.25	4.04	542.7	7.05	12.68	95.2	15.47	27.54	5.08	163.39*	971.1	9.36*	.1*	6.54*	37.07	.04*	.03*	.15*	.05*	0*	484.05	5.72*	3.18
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DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD The Colony HS

Service Area: The Colony - 9-12 - OVS

Menu Name: The Colony High School Menu 2018-2019 - cycle 4 - week 4

Avg.Method: Weighted (USDA Default)

Age Group: Lunch Grades 9-12 **Period:** Lunch **Week:** 4 **Day:** Wednesday **Count Type:** Forecasted **Total No. of Customers:** 880

Weekly Std. (Target 1)	SFA		Na (mg)	Fat		CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)	
	CAL	(g)		% of CAL	(g)																			% of CAL
750.00-850.00			1420.00																					

M51950 FISH, Sticks AP (C) WG2.0(4ea)

72.00 @ 4 each	170.00	1.00	5.30	260.00	6.00	31.76	18.00	11.00	35.00	1.00	170.00	-*	-*	-*	-*	-*	-*	-*	-*	-*	-*	0.00	-*	1.00
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M53077 ENT: PASTA, MAC&CHZ SC WG 2.0 (1BG)

72.00 @ 6 fl oz	339.39	11.21	29.74	818.91	18.22	48.31	27.20	16.94	59.56	2.79	163.39*	536.13	0.00*	0.05*	0.54*	0.04	0.02*	0.01*	0.15*	0.01*	0.01*	410.41	8.00*	1.71
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M52184 SALAD, CHam Tky Cobb SCW2.25

3.00 @ 1 each	188.39	5.07	24.22	397.88	11.26	53.79	5.84	16.30	141.66	1.26	146.57*	5267.02	0.00*	0.12*	43.60*	7.46	0.04*	0.04*	0.25*	0.06*	0.00*	140.43	17.48*	1.30
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M51680 BRD: ROLL DG, WG 2.5oz

3.00 @ 1 each	170.00	0.50	2.65	135.00	3.00	15.88	28.00	7.00	0.00	3.40	-*	0.01	-*	-*	-*	0.01	-*	-*	-*	-*	-*	12.70	-*	0.85
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M52043 PIZZA HUT PIZZA 6" EXPRESS CHZ SS 2.25

30.00 @ 1 pizza	374.18	4.99	12.01	685.27	13.41	32.25	38.44	24.92	24.70	4.27	-*	692.07	-*	-*	-*	5.36	-*	-*	-*	-*	-*	410.71	-*	2.57
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M53931 PIZZA HUT PIZZA 6" EXPRESS PEPP SS 2.0

132.00 @ 1 pizza	385.19	5.31	12.42	711.32	14.98	35.01	38.49	24.17	27.17	4.35	-*	662.85	-*	-*	-*	5.43	-*	-*	-*	-*	-*	354.34	-*	2.65
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M54307 PIZZA HUT PIZZA 6" EXPRESS SSG SS 2.25

60.00 @ 1 pizza	439.08	7.15	14.66	836.54	20.45	41.92	38.35	25.40	37.42	4.27	-*	689.00	-*	-*	-*	5.36	-*	-*	-*	-*	-*	356.37	-*	2.86
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M54310 PIZZA HUT PIZZA 6" EXPRESS BBQ CHIX SS 2.25

30.00 @ 1 pizza	400.94	4.66	10.46	805.79	13.17	29.57	42.83	27.77	38.53	4.36	-*	667.19	-*	-*	-*	5.81	-*	-*	-*	-*	-*	350.99	-*	2.67
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M54520 PIZZA HUT COND PC CHEESE GRATED 2.5G

100.00 @ 1 each	10.00	0.00	0.00	50.00	1.00	90.00	0.00	1.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M54521 PIZZA HUT COND PC PEPPER RED CRUSHED 1G

100.00 @ 1 each	5.00	0.00	0.00	0.00	0.00	0.00	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M52963 CHIX Popcorn, AP WG 2.0

40.00 @ 1 serving	250.19	2.72	9.78	380.72	14.14	50.87	15.23	15.23	21.76	3.26	-*	108.78	-*	-*	-*	0.00	-*	-*	-*	-*	-*	43.51	-*	1.96
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M51753 CHIX Popcorn, AP Spicy WG 2.0

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DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD The Colony HS

Service Area: The Colony - 9-12 - OVS

Menu Name: The Colony High School Menu 2018-2019 - cycle 4 - week 4

Avg.Method: Weighted (USDA Default)

100.00 @ 1 serving	247.14	2.69	9.78	365.34	13.97	50.87	16.12	13.97	21.49	2.15	-*	107.45	-*	-*	-*	0.00	-*	-*	-*	-*	-*	42.98	-*	1.93
M54482 CHIX NUGGET, BNLS WING HONEY SRIRACHA WG (6) 2.0 MWWM																								
12.00 @ 6 each	284.98	2.25	7.11	374.97	13.50	42.63	21.00	22.50	52.50	1.50	-*	299.98	-*	-*	-*	1.80	-*	-*	-*	-*	-*	0.00	-*	1.62
M51680 BRD: ROLL DG, WG 2.5oz																								
160.00 @ 1 each	170.00	0.50	2.65	135.00	3.00	15.88	28.00	7.00	0.00	3.40	-*	0.01	-*	-*	-*	0.01	-*	-*	-*	-*	-*	12.70	-*	0.85
M51951 HOT DOG, Plain WG 2.0 Hi																								
12.00 @ 1 each	320.00	8.00	22.50	890.01	18.00	50.62	28.00	11.00	35.00	2.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	40.00	-*	1.80
M55774 STICKS, MAX SNAX PIZZA W/MARINARA AP WG 2.0																								
30.00 @ 2 each	319.87	3.00	8.44	609.89	10.00	28.13	39.98	20.00	10.00	4.00	0.00*	498.95*	-*	-*	-*	8.98*	-*	-*	-*	-*	-*	459.92	-*	2.68
M54308 STICKS, CRISPITO CHIXCHILI AP WG 2.0 (2EA)																								
80.00 @ 2 each	540.00	6.00	10.00	740.00	28.00	46.67	46.00	24.00	50.00	6.00	-*	1500.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	80.00	-*	3.60
M51189 COND_Sauce, Chz SS W (LOL) .5																								
80.00 @ 2 fl oz	99.97	4.50	40.50	399.86	7.00	63.00	3.00	5.00	19.99	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	149.95	-*	0.00
M51228 BRD: BUN, Hamburger WG																								
300.00 @ 1 each	140.00	0.00	0.00	300.00	2.00	12.86	27.00	5.00	0.00	2.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	40.00	-*	1.44
M51648 BEEF Pty, AP 100% 2.0																								
40.00 @ 1 each	130.00	3.00	20.77	45.00	8.00	55.39	1.00	12.00	35.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	1.08
M51359 CHIX FLT, BREAST GRD 2.0 MWWM																								
5.00 @ 1 each	100.00	1.00	9.00	310.00	4.00	36.00	1.00	15.00	40.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.72
M51935 CHIX FLT, BREAST BRD WG 2.0 MWWM																								
60.00 @ 1 each	199.76	1.50	6.75	289.65	8.99	40.50	8.99	18.98	44.95	3.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	1.08
M51936 CHIX FLT, BREAST BRD SPICY WG 2.0 MWWM																								
160.00 @ 1 each	199.86	2.00	9.00	329.76	9.99	45.00	8.99	18.99	44.97	1.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	1.44
M51005 CHEESE, AM (184ct) Slices 1.0																								
50.00 @ 3 slice	134.99	6.75	45.00	599.97	10.50	70.00	1.50	7.50	37.50	0.00	-*	299.98	-*	-*	-*	0.00	-*	-*	-*	-*	-*	224.99	-*	0.00
M53381 CHEESE, CH Slices 1.0																								
60.00 @ 2 slice	110.01	5.00	40.91	180.01	9.00	73.64	1.00	6.00	30.00	0.00	20.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	199.01	-*	0.00
M53385 CHEESE, SW Slices 1.0																								

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DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD The Colony HS

Service Area: The Colony - 9-12 - OVS

Menu Name: The Colony High School Menu 2018-2019 - cycle 4 - week 4

Avg.Method: Weighted (USDA Default)

30.00 @ 2 slice	110.01	5.00	40.91	50.00	9.00	73.64	0.00	8.00	25.00	0.00	20.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	249.01	-*	0.00
M50999 CHEESE, JK Slices 1.0																								
60.00 @ 2 slice	100.00	5.00	45.00	180.01	8.00	72.00	1.00	7.00	30.00	0.00	25.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	197.01	-*	0.00
M51003 CHEESE, PV Slices 1.0																								
60.00 @ 2 slice	100.00	5.00	45.00	250.01	7.00	63.00	1.00	7.00	20.00	0.00	40.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	212.01	-*	0.00
M51017 VEG GARN: Rom Leaf 1ea																								
100.00 @ 1 each	2.41	0.01	2.06	1.13	0.04	15.88	0.47	0.17	0.00	0.30	35.01	1234.63	0.00	0.02	14.53	0.57	0.01	0.01	0.04	0.01	0.00	4.68	4.25	0.14
M51008 VEG: TOMATOES, FRESH SLCD (2SL) 1/8C																								
100.00 @ 1/8 cup	5.10	0.01	1.40	1.42	0.06	10.00	1.10	0.25	0.00	0.34	67.18	236.14	0.00	0.15	2.24	3.88	0.01	0.01	0.17	0.02	0.00	2.83	6.80	0.08
M51013 VEG: ONIONS, Red Slice 1ea																								
24.00 @ 1 slice	2.83	0.00	0.94	0.28	0.01	2.25	0.66	0.08	0.00	0.12	10.35	0.14	0.00	0.00	0.03	0.52	0.00	0.00	0.01	0.01	0.00	1.63	2.06	0.01
M50892 COND_PEPPERS, JALAPENO CND TBSP																								
60.00 @ 1 tablespoon	3.12	0.00	0.00	240.96	0.09	27.20	0.48	0.09	0.00	0.26	19.38	-*	-*	-*	-*	1.00	-*	-*	-*	-*	-*	2.31	-*	0.19
M50176 COND_Pickle, Dill Slice 2ea																								
120.00 @ 2 slice	1.62	0.01	4.72	162.08	0.05	25.17	0.24	0.06	0.00	0.14	-*	0.00	-*	-*	-*	0.21	-*	-*	-*	-*	-*	8.65	-*	0.05
M50717 SDW BD, CHam JK WG 2.0																								
1.00 @ 1 sandwich	330.00	4.75	12.96	785.00	12.75	34.77	33.50	21.50	75.00	2.00	12.50*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	98.50	-*	2.70
M50962 SDW BD, SBJ WG 2.0																								
2.00 @ 1 sandwich	658.38	3.99	5.45	579.16	35.89	49.06	69.87	19.95	0.00	5.99	378.78*	0.00	0.00*	-*	-*	0.00	-*	-*	-*	-*	-*	59.81	-*	5.35
M53347 SDW BD, SB WG 2.0																								
2.00 @ 1 sandwich	558.71	3.99	6.42	579.16	35.89	57.81	43.95	19.95	0.00	5.99	378.78*	0.00	0.00*	-*	-*	0.00	-*	-*	-*	-*	-*	59.81	-*	5.35
M52708 BRD: ROLL DG, Sub 6" WG																								
24.00 @ 1 roll	170.00	0.00	0.00	180.00	3.00	15.88	29.00	6.00	0.00	3.00	-*	0.01	-*	-*	-*	0.20	-*	-*	-*	-*	-*	13.37	-*	1.43
M52782 BRD: FLATBREAD 6" X 6" 2OZ WG (2BG)																								
60.00 @ 1 each	180.00	1.00	5.00	330.00	5.00	25.00	28.00	6.00	0.00	3.00	-*	0.22	-*	-*	-*	0.06	-*	-*	-*	-*	-*	34.22	-*	1.76
M54775 BRD: CROISSANT, SLICED WG																								
24.00 @ 1 each	243.91	6.47	23.87	253.40	12.05	44.44	29.25	5.44	32.35	0.91	15.14	313.46	0.31	0.00	0.00	2.82	0.25	1.93	0.85	0.00	0.01	15.66	3.96	1.63
M53393 TKY, Breast Sliced 1.0																								

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DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD The Colony HS

Service Area: The Colony - 9-12 - OVS

Menu Name: The Colony High School Menu 2018-2019 - cycle 4 - week 4

Avg.Method: Weighted (USDA Default)

60.00 @ 1 serving	60.00	0.50	7.50	220.00	2.00	30.00	2.00	9.00	25.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	20.00	-*	0.36
M53569 CHIX, BLACK FOREST HAM SLICED 1.0																								
60.00 @ 1 serving	80.00	1.50	16.88	250.00	4.50	50.63	2.00	8.00	40.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.36
M51976 CHIX Dcd Deli Salad W 1.0																								
4.00 @ 1 No 16 Scoop	76.63	0.94	10.98	129.00	4.42	51.89	1.48	6.99	24.65	0.18	27.40*	47.33	0.00*	0.03*	2.98*	0.37	0.00*	0.01*	0.03*	0.01*	0.00*	4.41	2.64*	0.30
M51005 CHEESE, AM (184ct) Slices 1.0																								
48.00 @ 3 slice	134.99	6.75	45.00	599.97	10.50	70.00	1.50	7.50	37.50	0.00	-*	299.98	-*	-*	-*	0.00	-*	-*	-*	-*	-*	224.99	-*	0.00
M53381 CHEESE, CH Slices 1.0																								
24.00 @ 2 slice	110.01	5.00	40.91	180.01	9.00	73.64	1.00	6.00	30.00	0.00	20.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	199.01	-*	0.00
M53385 CHEESE, SW Slices 1.0																								
24.00 @ 2 slice	110.01	5.00	40.91	50.00	9.00	73.64	0.00	8.00	25.00	0.00	20.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	249.01	-*	0.00
M50999 CHEESE, JK Slices 1.0																								
24.00 @ 2 slice	100.00	5.00	45.00	180.01	8.00	72.00	1.00	7.00	30.00	0.00	25.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	197.01	-*	0.00
M51003 CHEESE, PV Slices 1.0																								
24.00 @ 2 slice	100.00	5.00	45.00	250.01	7.00	63.00	1.00	7.00	20.00	0.00	40.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	212.01	-*	0.00
M51017 VEG GARN: Rom Leaf 1ea																								
40.00 @ 1 each	2.41	0.01	2.06	1.13	0.04	15.88	0.47	0.17	0.00	0.30	35.01	1234.63	0.00	0.02	14.53	0.57	0.01	0.01	0.04	0.01	0.00	4.68	4.25	0.14
M51008 VEG: TOMATOES, FRESH SLCD (2SL) 1/8C																								
40.00 @ 1/8 cup	5.10	0.01	1.40	1.42	0.06	10.00	1.10	0.25	0.00	0.34	67.18	236.14	0.00	0.15	2.24	3.88	0.01	0.01	0.17	0.02	0.00	2.83	6.80	0.08
M51013 VEG: ONIONS, Red Slice 1ea																								
24.00 @ 1 slice	2.83	0.00	0.94	0.28	0.01	2.25	0.66	0.08	0.00	0.12	10.35	0.14	0.00	0.00	0.03	0.52	0.00	0.00	0.01	0.01	0.00	1.63	2.06	0.01
M52162 VEG: SPINACH, FRESH LEAVES 1/4C																								
12.00 @ 1/4 cup	3.12	0.01	2.47	10.73	0.05	15.26	0.49	0.39	0.00	0.30	75.79	1273.70	0.00	0.28	65.59	3.82	0.01	0.03	0.10	0.03	0.00	13.45	6.66	0.37
M52661 VEG: CUCUMBER, Fresh Slice1/8c																								
10.00 @ 1/8 cup	2.75	0.01	2.22	0.37	0.02	6.60	0.66	0.12	0.00	0.09	26.91	19.22	0.00	0.01	3.00	0.51	0.00	0.01	0.02	0.01	0.00	2.93	4.39	0.05
M53523 VEG: PEPPERS, Red Strips1/4c																								
8.00 @ 1/4 cup	7.78	0.01	0.78	1.00	0.08	8.71	1.51	0.25	0.00	0.53	52.96	785.87	0.00	0.40	1.23	32.05	0.01	0.02	0.25	0.07	0.00	1.76	6.53	0.11
M50891 COND_OLIVES, BLACK SLICED TBSP																								

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DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD The Colony HS

Service Area: The Colony - 9-12 - OVS

Menu Name: The Colony High School Menu 2018-2019 - cycle 4 - week 4

Avg.Method: Weighted (USDA Default)

6.00 @ 1 tablespoon	14.04	0.17	10.96	58.74	1.27	81.48	0.52	0.13	0.00	0.31	-*	5.23	-*	-*	-*	0.21	-*	-*	-*	-*	-*	7.97	-*	0.18
M50176 COND_Pickle, Dill Slice 2ea																								
30.00 @ 2 slice	1.62	0.01	4.72	162.08	0.05	25.17	0.24	0.06	0.00	0.14	-*	0.00	-*	-*	-*	0.21	-*	-*	-*	-*	-*	8.65	-*	0.05
M66605 BRD: TORTILLA FLOUR 10" WG																								
6.00 @ 1 each	180.00	1.50	7.50	250.00	4.50	22.50	29.00	5.00	0.00	3.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	100.00	-*	1.44
M66461 BRD: TORTILLA FLOUR 6" WG																								
6.00 @ 2 each	180.00	1.00	5.00	250.00	5.00	25.00	28.00	6.00	0.00	2.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	120.00	-*	1.44
M54540 BRD: TORTILLA, CHIP RND WG 2BG																								
160.00 @ 1 serving	224.59	1.60	6.43	184.48	9.63	38.57	32.08	3.21	0.00	3.21	0.00	0.00	0.00	-*	-*	0.00	-*	-*	-*	-*	-*	48.13	-*	0.80
M53449 RICE, Sante Fe WG 1BG																								
60.00 @ 1/2 cup	113.63	0.21	1.70	118.30	0.90	7.16	23.56	2.52	0.00	1.01	64.03	68.27*	0.00*	0.00*	0.09*	2.42*	0.00*	0.00*	0.00*	0.00*	0.00*	6.72	0.50*	0.29
M51175 BEEF Gd, Taco Meat SC 1.0																								
80.00 @ 1 No 24 Scoop	78.71	1.65	18.88	56.06	4.38	50.12	1.22	8.02	25.24	0.15	122.30*	121.25	0.57*	0.08*	0.61*	1.55	0.01*	0.06*	1.81*	0.13*	0.79*	9.04	69.27*	1.00
M52584 CHIX Strips, Fajita DkMt 1.0																								
80.00 @ 2 fl oz	76.93	1.01	11.78	124.77	3.56	41.66	1.34	10.09	35.00	0.09	9.12*	46.95	0.00*	0.07*	0.17*	0.02	0.00*	0.00*	0.03*	0.01*	0.00*	12.26	2.39*	0.69
M52292 FILLING, Refried Beans Seas1.0																								
30.00 @ 1 No 16 Scoop	72.46	0.01	0.13	256.48	0.94	11.68	12.17	3.61	0.00	3.67	231.49	71.39	0.00	0.12*	1.18*	0.02*	0.00*	0.00*	0.04*	0.01*	0.00*	19.72	3.18*	0.78
M53386 CHEESE, CH Shreds 1.0																								
12.00 @ 2 fl oz	110.00	6.00	49.09	189.99	9.00	73.64	1.00	7.00	30.00	0.00	0.00	280.99	-*	-*	-*	0.00	-*	-*	-*	-*	-*	201.99	-*	0.19
M50921 COND_Sauce, Chz SS W (LOL) 1.0																								
140.00 @ 3 fl oz	149.95	6.75	40.50	599.79	10.50	63.00	4.50	7.50	29.99	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	224.92	-*	0.00
M51420 VEG GARN: Rom Shrds/Tom Dice																								
40.00 @ 1 serving	5.03	0.01	1.56	1.63	0.06	11.41	1.06	0.27	0.00	0.40	67.90	794.43	0.00	0.12	8.94	3.20	0.01	0.01	0.15	0.02	0.00	4.47	7.23	0.13
M52379 VEG: ONIONS, Yellow Diced 1/8c																								
12.00 @ 1/8 cup	8.62	0.01	0.94	0.86	0.02	2.25	2.01	0.24	0.00	0.37	31.47	0.43	0.00	0.00	0.09	1.60	0.01	0.01	0.03	0.03	0.00	4.96	6.25	0.05
M50892 COND_PEPPERS, JALAPENO CND TBSP																								
100.00 @ 1 tablespoon	3.12	0.00	0.00	240.96	0.09	27.20	0.48	0.09	0.00	0.26	19.38	-*	-*	-*	-*	1.00	-*	-*	-*	-*	-*	2.31	-*	0.19

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DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD The Colony HS

Service Area: The Colony - 9-12 - OVS

Menu Name: The Colony High School Menu 2018-2019 - cycle 4 - week 4

Avg.Method: Weighted (USDA Default)

M50891 COND_OLIVES, BLACK SLICED TBSP

6.00 @ 1 tablespoon	14.04	0.17	10.96	58.74	1.27	81.48	0.52	0.13	0.00	0.31	-*	5.23	-*	-*	-*	0.21	-*	-*	-*	-*	-*	7.97	-*	0.18
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M55430 COND_HERB, CILANTRO

12.00 @ 1 tablespoon	0.82	0.00	0.55	1.63	0.02	20.35	0.13	0.08	0.00	0.10	18.46	239.13	0.00	0.09	10.99	0.96	0.00	0.01	0.04	0.01	0.00	2.37	1.70	0.06
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M52555 VEG: BEANS, Green FzSeas1/2c

30.00 @ 1/2 cup	45.87	1.20	23.50	146.04	3.04	59.57	4.52	1.04	0.00	2.10	112.59	292.07	0.00*	0.03*	26.62*	2.86	0.02*	0.06*	0.27*	0.04*	0.00*	29.56	20.28*	0.47
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M50431 VEG: CARROTS, Fresh Baby 1/2c

96.00 @ 1/2 cup	24.80	0.02	0.59	55.28	0.09	3.34	5.84	0.45	0.00	2.06	167.96	9772.87	0.00	-*	6.66	1.84	0.02	0.03	0.39	0.07	0.00	22.68	19.84	0.63
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M53709 VEG: SALAD, SIDE SPIN ROM STRAW SC 1C

160.00 @ 1 cup	15.79	0.03	1.56	23.17	0.22	12.65	3.13	1.14	0.00	1.39	228.54	4195.84	0.00	0.63	150.99	20.02	0.04	0.07	0.33	0.08	0.00	36.30	23.73	1.00
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M53419 VEG: POTATO, FF CTINAGEN7 1/2C

216.00 @ 1/2 cup	119.99	1.33	10.00	133.32	4.67	35.00	17.33	2.00	0.00	2.00	259.98	0.00	-*	-*	-*	3.20	-*	-*	-*	-*	-*	0.00	-*	0.48
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M51731 VEG: POTATO SWT, FF CRINKLE 1/2C

19.00 @ 1/2 cup	137.66	0.53	3.46	180.02	4.77	31.15	23.30	1.06	0.00	3.18	243.56	3176.86	-*	-*	-*	6.35	-*	-*	-*	-*	-*	21.18	-*	0.38
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M50843 FRUIT: STRAWBERRIES, Frsh 1/2c

700.00 @ 1/2 cup	24.57	0.01	0.42	0.77	0.23	8.44	5.90	0.51	0.00	1.54	117.47	9.21	0.00	0.22	1.69	45.14	0.02	0.02	0.30	0.04	0.00	12.28	18.43	0.31
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M50427 FRUIT: FRUIT MIX w/Jc 1/2c

120.00 @ 1/2 cup	60.01	0.00	0.00	5.00	0.00	0.00	13.00	1.00	0.00	1.00	-*	200.03	-*	-*	-*	1.20	-*	-*	-*	-*	-*	0.00	-*	0.00
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M53365 JUICE SS, Grape100% 4oz Cart

700.00 @ 1 each	80.00	0.00	0.00	15.00	0.00	0.00	18.00	1.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50

200.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00
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M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50

650.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00
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M50855 COND PC Ketchup 9g Heinz

500.00 @ 1 each	10.00	0.00	0.00	85.00	0.00	0.00	3.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50055 COND PC Mayonnaise 12g

* Some values for this nutrient are unavailable; the number listed is incomplete.

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DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD The Colony HS

Service Area: The Colony - 9-12 - OVS

Menu Name: The Colony High School Menu 2018-2019 - cycle 4 - week 4

Avg.Method: Weighted (USDA Default)

100.00 @ 1 each	80.00	1.50	16.87	75.00	8.00	90.00	1.00	0.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50284 COND PC Mustard 6g

100.00 @ 1 each	0.00	0.00	-	65.00	0.00	-	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M53222 COND PC Margarine 5g

100.00 @ 1 each	30.00	1.00	30.00	30.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	500.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50624 COND PC Drsg Ranch 12g

100.00 @ 1 each	50.00	0.00	0.00	100.00	5.00	90.00	1.00	0.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50623 COND PC Drsg Italian 12g

100.00 @ 1 each	30.00	0.00	0.00	130.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	100.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M53116 COND PC Drsg Honey Mustard 12g

100.00 @ 1 each	15.00	0.00	0.00	65.00	0.00	0.00	4.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50056 COND PC Sauce, Taco 9g

100.00 @ 1 each	5.00	0.00	0.00	55.00	0.00	0.00	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50287 COND PC SAUCE, BBQ 12G PKT

100.00 @ 1 each	15.00	0.00	0.00	160.00	0.00	0.00	4.00	0.00	0.00	0.00	-*	100.00	-*	-*	-*	0.60	-*	-*	-*	-*	-*	0.00	-*	0.00
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M51391 COND_Mayo, Chipotle W

96.00 @ 1 tablespoon	26.19	0.35	12.18	91.54	2.49	85.73	0.97	0.01	3.54	0.01	1.00*	91.64	-*	-*	-*	0.40	-*	-*	-*	-*	-*	0.00	-*	0.02
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M50060 COND_Mayo W

96.00 @ 1 tablespoon	33.07	0.47	12.86	94.49	3.31	90.00	0.94	0.00	4.72	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50291 COND_Mustard, Yellow

24.00 @ 1 tablespoon	9.00	0.01	1.50	181.50	0.37	37.20	0.93	0.47	0.00	0.43	13.36	0.67	-*	-*	-*	0.13	-*	-*	-*	-*	-*	7.51	-*	0.19
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M50692 COND_Dressing, DijonHnyMustard

96.00 @ 1 tablespoon	65.00	0.75	10.38	90.00	5.50	76.15	3.50	0.00	7.50	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50622 COND_Dressing, Ranch Lite

80.00 @ 1 tablespoon	55.00	0.75	12.27	139.99	5.00	81.82	0.50	0.50	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	10.00	-*	0.00
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M50292 COND_Sauce, BBQ Original AP

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DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD The Colony HS

Service Area: The Colony - 9-12 - OVS

Menu Name: The Colony High School Menu 2018-2019 - cycle 4 - week 4

Avg.Method: Weighted (USDA Default)

96.00 @ 1 tablespoon	35.00	0.00	0.00	144.99	0.00	0.00	9.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	1.80	-*	-*	-*	-*	-*	0.00	-*	0.18
M50063 COND_Sauce, Buffalo Wing AP																								
96.00 @ 1 tablespoon	4.38	0.02	4.79	363.06	0.22	45.51	0.48	0.11	0.17	0.12	21.32	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	2.22	-*	0.07
M50087 COND_Salsa, Pico SC 1/8c																								
48.00 @ 1/8 cup	6.68	0.01	1.17	37.20	0.07	9.84	1.46	0.29	0.00	0.40	69.99	231.76*	0.00*	0.15*	2.94*	4.04	0.01*	0.01*	0.16*	0.03*	0.00*	4.19	7.40*	0.11
M66157 COND_SALSA, BLNDR SC 1/8C																								
24.00 @ 1/8 cup	9.65	0.01	1.33	45.21	0.10	9.06	2.10	0.42	0.00	0.59	27.10*	148.65*	0.00*	0.05*	6.02*	4.65	0.01*	0.01*	0.03*	0.02*	0.00*	16.79	4.05*	0.19
M53940 COND_Salsa, Verde SC 1/8c																								
12.00 @ 1/8 cup	10.75	0.03	2.54	25.36	0.23	19.29	2.13	0.37	0.00	0.61	83.93	260.93*	0.00*	0.16*	12.93*	3.96	0.02*	0.01*	0.40*	0.03*	0.00*	8.13	11.81*	0.22
M53295 COND_Sour Cream AP																								
60.00 @ 1 tablespoon	30.00	1.75	52.50	25.00	3.00	90.00	1.00	0.50	10.00	0.00	-*	99.99	-*	-*	-*	0.00	-*	-*	-*	-*	-*	20.00	-*	0.00
Average	896.21	10.97	11.01	1622.54	33.06	33.2	104.57	43.33	81.45	8.3	324.26*	3337.51*	.06*	.37*	35.42*	46.89*	.04*	.09*	.61*	.08*	.07*	670	32.5*	4.24

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DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD The Colony HS

Service Area: The Colony - 9-12 - OVS

Menu Name: The Colony High School Menu 2018-2019 - cycle 4 - week 4

Avg.Method: Weighted (USDA Default)

Age Group: Brkfst Grades K-12 **Period:** Breakfast **Week:** 4 **Day:** Thursday **Count Type:** Forecasted **Total No. of Customers:** 162

Weekly Std. (Target 1)	SFA		Na (mg)	Fat		CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)	
	CAL	(g)		% of CAL	(g)																			% of CAL
450.00-500.00		10.00	540.00																					

M51231 SDW BN, EggSausSS AM WG 1.0

60.00 @ 1 sandwich	224.62	3.31	13.25	562.67	8.45	33.87	28.01	10.22	83.08	2.00	-*	187.63	-*	-*	-*	0.00	-*	-*	-*	-*	-*	135.19	-*	1.78
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M51320 CEREAL BWL, Rice Krispies WG

4.00 @ 1 bowl	100.00	0.00	0.00	170.00	0.50	4.50	23.00	2.00	0.00	1.00	-*	1000.03	-*	-*	-*	12.00	-*	-*	-*	-*	-*	0.00	-*	8.10
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M50208 CEREAL BWL, CINN TST CRUNCH RS WG

10.00 @ 1 bowl	110.00	0.50	4.09	160.00	3.00	24.54	22.00	1.00	0.00	3.00	-*	400.01	-*	-*	-*	4.80	-*	-*	-*	-*	-*	200.01	-*	3.60
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M50442 CEREAL BWL, Cocoa Puffs RS WG

10.00 @ 1 bowl	110.05	0.00	0.00	160.08	1.50	12.27	25.01	2.00	0.00	2.00	-*	500.25	-*	-*	-*	6.00	-*	-*	-*	-*	-*	100.05	-*	4.50
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M50524 CEREAL BWL, Lucky Charms WG

10.00 @ 1 bowl	110.00	0.00	0.00	180.00	1.00	8.18	23.00	2.00	0.00	2.00	-*	500.01	-*	-*	-*	6.00	-*	-*	-*	-*	-*	100.00	-*	4.50
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M50525 CEREAL BWL, Trix RS WG

10.00 @ 1 bowl	110.00	0.00	0.00	140.00	1.00	8.18	24.00	1.00	0.00	1.00	-*	400.01	-*	-*	-*	4.80	-*	-*	-*	-*	-*	80.00	-*	4.50
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M52725 BRD: BAR, Cereal CocoPuf WG IW

10.00 @ 1 each	150.00	0.00	0.00	100.00	3.00	18.00	30.00	3.00	0.00	3.00	-*	100.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	200.00	-*	1.80
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M52724 BRD: BAR, Cereal CinnTst WG IW

4.00 @ 1 each	150.00	0.00	0.00	115.00	3.50	21.00	30.00	2.00	0.00	3.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	200.00	-*	1.80
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M51267 BRD: MUF AP, BLUEBRY 2OZ IW WG (1BG)

4.00 @ 1 muffin	190.00	2.00	9.47	130.00	6.00	28.42	30.00	3.00	40.00	2.00	135.10	100.00	16.00	-*	-*	0.00	-*	-*	-*	-*	-*	20.00	-*	1.08
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M51268 BRD: MUF AP, CHOC CHOC CHIP 2OZ IW WG (1BG)

24.00 @ 1 muffin	200.00	2.00	9.00	130.00	6.00	27.00	32.00	4.00	40.00	2.00	159.95	100.00	16.00	-*	-*	0.00	-*	-*	-*	-*	-*	40.00	-*	1.44
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M51848 BRD: POPTARTS, Straw 1.76oz WG

24.00 @ 1 package	180.00	1.00	5.00	190.00	2.50	12.50	38.00	2.00	0.00	3.00	-*	500.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	100.00	-*	1.80
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M51849 BRD: POPTARTS, Cinn 1.76oz WG

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DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD The Colony HS

Service Area: The Colony - 9-12 - OVS

Menu Name: The Colony High School Menu 2018-2019 - cycle 4 - week 4

Avg.Method: Weighted (USDA Default)

12.00 @ 1 package	190.00	1.00	4.74	200.00	3.00	14.21	38.00	2.00	0.00	3.00	-*	500.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	100.00	-*	1.80
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M51684 BRD: POPTARTS, Fudge 1.76oz WG

12.00 @ 1 package	190.00	1.00	4.74	200.00	3.00	14.21	38.00	3.00	0.00	3.00	-*	500.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	100.00	-*	1.80
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M51994 CHEESE, COLBY JK Stick 1ea 1.0

12.00 @ 1 stick	90.00	4.00	40.00	200.01	6.00	60.00	0.00	7.00	20.00	0.00	0.00	200.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	200.01	-*	0.00
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M50792 YOGURT SS, Trix Strawb/Ban 4oz

12.00 @ 1 each	80.00	0.00	0.00	60.00	0.50	5.63	15.00	4.00	5.00	0.00	140.00	500.04	-*	-*	-*	0.00	-*	-*	-*	-*	-*	100.01	-*	0.00
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M51237 BRD: BREAD WG, Tst Marg 1sl

24.00 @ 1 slice	110.00	1.33	10.91	160.00	4.33	35.45	15.00	3.00	0.00	1.00	1.33*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	1.08
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M50670 EGG: Hard Boiled FC AP 1.5

6.00 @ 1 each	80.00	1.50	16.88	60.00	5.00	56.25	1.00	6.00	185.00	0.00	-*	300.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	20.00	-*	0.72
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M52975 BRD: WAFFLE, RS SS WG (3.25BG)

50.00 @ 1 each	240.06	0.00	0.00	506.14	2.86	10.71	50.30	6.86	0.00	6.86	1.05*	0.00	0.00*	0.00*	0.00*	0.00	0.00*	0.00*	0.00*	0.00*	0.00*	288.94	0.00*	3.09
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M52657 FRUIT: BLUEBERRIES, Fz 1/8c

6.00 @ 1/8 cup	8.89	0.01	0.94	0.17	0.11	11.29	2.12	0.07	0.00	0.47	9.41	8.01	0.00	0.08	2.86	0.44	0.01	0.01	0.09	0.01	0.00	1.39	1.92	0.03
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M53629 FRUIT: STRAWBERRIES, Frsh 1/8c

6.00 @ 1/8 cup	6.14	0.00	0.42	0.19	0.06	8.44	1.47	0.13	0.00	0.38	29.37	2.30	0.00	0.06	0.42	11.29	0.00	0.00	0.07	0.01	0.00	3.07	4.61	0.08
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M52817 DESRT: TOPPING, CHOCOLATE CHIPS SEMISWT (TBSP)

12.00 @ 1 tablespoon	51.03	1.89	33.28	1.17	3.19	56.25	6.79	0.45	0.00	0.63	38.80	0.00	0.00	0.03	0.60	0.00	0.01	0.01	0.05	0.00	0.00	3.40	14.03	0.33
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M52816 DESRT: TOPPING, Whipd NonDairy

50.00 @ 1 tablespoon	12.92	1.03	72.00	0.00	1.03	72.00	1.03	0.00	0.00	0.00	-*	0.10	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.20	-*	0.00
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M51113 FRUIT: ORANGE 138ct Whole 1/2c

72.00 @ 1 each	46.97	0.01	0.29	0.00	0.12	2.30	11.74	0.94	0.00	2.40	180.87	224.84	0.00	0.18	0.00	53.16	0.09	0.04	0.28	0.06	0.00	39.97	13.99	0.10
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M50722 FRUIT: RAISINS, SS BOX

60.00 @ 1 each	127.15	0.02	0.17	4.68	0.20	1.38	33.67	1.31	0.00	1.57	318.51	0.00	0.00	0.05	1.49	0.98	0.05	0.05	0.33	0.07	0.00	21.26	42.95	0.80
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M50980 JUICE SS, Frt Bld 100% 4oz Crt

90.00 @ 1 each	60.00	0.00	0.00	10.00	0.00	0.00	14.00	0.00	0.00	0.00	100.00	0.00	-*	-*	-*	3.60	-*	-*	-*	-*	-*	0.00	-*	0.00
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DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD The Colony HS

Service Area: The Colony - 9-12 - OVS

Menu Name: The Colony High School Menu 2018-2019 - cycle 4 - week 4

Avg.Method: Weighted (USDA Default)

M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50

50.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00
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M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50

100.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00
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M53222 COND PC Margarine 5g

24.00 @ 1 each	30.00	1.00	30.00	30.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	500.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50854 COND PC Jelly, #4 Smuckers

24.00 @ 1 each	35.00	0.00	0.00	5.00	0.00	0.00	9.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50056 COND PC Sauce, Taco 9g

24.00 @ 1 each	5.00	0.00	0.00	55.00	0.00	0.00	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50058 COND PC Syrup 1.4oz Smuckers

50.00 @ 1 each	110.00	0.00	0.00	25.00	0.00	0.00	29.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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Average	582.84	3.53	5.46	722.44	9.76	15.07	108.18	17.72	52.56	6.74	296.15*	1077.27	2.77*	.11*	.72*	29.61	.06*	.04*	.26*	.06*	0*	549.08	23.41*	4.35
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DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD The Colony HS

Service Area: The Colony - 9-12 - OVS

Menu Name: The Colony High School Menu 2018-2019 - cycle 4 - week 4

Avg.Method: Weighted (USDA Default)

Age Group: Lunch Grades 9-12 **Period:** Lunch **Week:** 4 **Day:** Thursday **Count Type:** Forecasted **Total No. of Customers:** 944

Weekly Std. (Target 1)	SFA		Na (mg)	Fat		CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)	
	CAL	(g)		% of CAL	(g)																			% of CAL
750.00-850.00			1420.00																					

M55749 CHIX PTY, PARM WG 2.5 MWWW

72.00 @ 1 serving	278.06	4.00	12.94	468.80	13.41	43.39	12.15	24.64	55.78	3.50	4.17*	197.24	-*	-*	-*	2.25	-*	-*	-*	-*	-*	166.15	-*	1.44
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M50952 PASTA, Spaghetti WG 1/2c

72.00 @ 1/2 cup	106.29	0.12	1.05	7.10	1.88	15.94	20.25	3.54	0.00	2.53	149.17	0.00	0.00*	0.00*	0.00*	0.00	0.00*	0.00*	0.00*	0.00*	0.00*	17.22	0.00*	1.37
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M54492 SALAD, CHIXPTY CAESAR SCSC 2.25 MWWW

3.00 @ 1 each	289.59	2.76	8.59	475.34	12.56	39.02	19.08	23.67	49.95	4.41	104.06*	3353.95	0.00*	0.09*	38.85*	1.51	0.03*	0.03*	0.13*	0.03*	0.00*	93.37	12.28*	2.18
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M51680 BRD: ROLL DG, WG 2.5oz

3.00 @ 1 each	170.00	0.50	2.65	135.00	3.00	15.88	28.00	7.00	0.00	3.40	-*	0.01	-*	-*	-*	0.01	-*	-*	-*	-*	-*	12.70	-*	0.85
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M53360 COND_DRESSING, CAESAR CREAMY (KEN'S ESSENTIALS)

3.00 @ 1 tablespoon	75.00	1.25	15.00	135.00	8.00	96.00	0.50	0.50	0.00	0.00	-*	50.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	10.00	-*	0.00
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M52043 PIZZA HUT PIZZA 6" EXPRESS CHZ SS 2.25

30.00 @ 1 pizza	374.18	4.99	12.01	685.27	13.41	32.25	38.44	24.92	24.70	4.27	-*	692.07	-*	-*	-*	5.36	-*	-*	-*	-*	-*	410.71	-*	2.57
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M53931 PIZZA HUT PIZZA 6" EXPRESS PEPP SS 2.0

130.00 @ 1 pizza	385.19	5.31	12.42	711.32	14.98	35.01	38.49	24.17	27.17	4.35	-*	662.85	-*	-*	-*	5.43	-*	-*	-*	-*	-*	354.34	-*	2.65
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M54307 PIZZA HUT PIZZA 6" EXPRESS SSG SS 2.25

50.00 @ 1 pizza	439.08	7.15	14.66	836.54	20.45	41.92	38.35	25.40	37.42	4.27	-*	689.00	-*	-*	-*	5.36	-*	-*	-*	-*	-*	356.37	-*	2.86
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M54310 PIZZA HUT PIZZA 6" EXPRESS BBQ CHIX SS 2.25

30.00 @ 1 pizza	400.94	4.66	10.46	805.79	13.17	29.57	42.83	27.77	38.53	4.36	-*	667.19	-*	-*	-*	5.81	-*	-*	-*	-*	-*	350.99	-*	2.67
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M54520 PIZZA HUT COND PC CHEESE GRATED 2.5G

100.00 @ 1 each	10.00	0.00	0.00	50.00	1.00	90.00	0.00	1.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M54521 PIZZA HUT COND PC PEPPER RED CRUSHED 1G

100.00 @ 1 each	5.00	0.00	0.00	0.00	0.00	0.00	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M52587 CHIX TENDER, GLDN CRISPY (3) WG 2.0 MWWW

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DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD The Colony HS

Service Area: The Colony - 9-12 - OVS

Menu Name: The Colony High School Menu 2018-2019 - cycle 4 - week 4

Avg.Method: Weighted (USDA Default)

30.00 @ 3 each	239.64	2.25	8.44	404.38	11.98	45.00	11.98	19.47	44.93	1.50	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	0.00	-*	1.62
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M51753 CHIX Popcorn, AP Spicy WG 2.0

72.00 @ 1 serving	247.14	2.69	9.78	365.34	13.97	50.87	16.12	13.97	21.49	2.15	-*	107.45	-*	-*	-*	0.00	-*	-*	-*	-*	42.98	-*	1.93
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M51275 CHIX NUGGET, BNLS WING WG (5) 2.0 MWWM

20.00 @ 5 each	200.86	1.88	8.44	338.95	8.79	39.38	12.55	17.58	25.11	2.51	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	0.00	-*	0.90
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M51680 BRD: ROLL DG, WG 2.5oz

160.00 @ 1 each	170.00	0.50	2.65	135.00	3.00	15.88	28.00	7.00	0.00	3.40	-*	0.01	-*	-*	-*	0.01	-*	-*	-*	-*	12.70	-*	0.85
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M54370 BURG, BLACK BEAN AP WG 2.0

4.00 @ 1 each	300.00	1.00	3.00	710.00	9.00	27.00	42.00	19.00	5.00	7.00	280.00*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	80.00	-*	2.16
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M53275 MELT BD, AM WG 2.0

12.00 @ 1 sandwich	385.00	11.25	26.30	1320.00	19.50	45.58	32.50	18.50	62.50	2.00	-*	500.00	-*	-*	-*	0.00	-*	-*	-*	-*	375.00	-*	2.16
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M51228 BRD: BUN, Hamburger WG

300.00 @ 1 each	140.00	0.00	0.00	300.00	2.00	12.86	27.00	5.00	0.00	2.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	40.00	-*	1.44
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M51648 BEEF Pty, AP 100% 2.0

30.00 @ 1 each	130.00	3.00	20.77	45.00	8.00	55.39	1.00	12.00	35.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	0.00	-*	1.08
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M51359 CHIX FLT, BREAST GRD 2.0 MWWM

5.00 @ 1 each	100.00	1.00	9.00	310.00	4.00	36.00	1.00	15.00	40.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	0.00	-*	0.72
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M51935 CHIX FLT, BREAST BRD WG 2.0 MWWM

70.00 @ 1 each	199.76	1.50	6.75	289.65	8.99	40.50	8.99	18.98	44.95	3.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	0.00	-*	1.08
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M51936 CHIX FLT, BREAST BRD SPICY WG 2.0 MWWM

170.00 @ 1 each	199.86	2.00	9.00	329.76	9.99	45.00	8.99	18.99	44.97	1.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	0.00	-*	1.44
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M51005 CHEESE, AM (184ct) Slices 1.0

40.00 @ 3 slice	134.99	6.75	45.00	599.97	10.50	70.00	1.50	7.50	37.50	0.00	-*	299.98	-*	-*	-*	0.00	-*	-*	-*	-*	224.99	-*	0.00
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M53381 CHEESE, CH Slices 1.0

48.00 @ 2 slice	110.01	5.00	40.91	180.01	9.00	73.64	1.00	6.00	30.00	0.00	20.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	199.01	-*	0.00
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M53385 CHEESE, SW Slices 1.0

48.00 @ 2 slice	110.01	5.00	40.91	50.00	9.00	73.64	0.00	8.00	25.00	0.00	20.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	249.01	-*	0.00
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M50999 CHEESE, JK Slices 1.0

* Some values for this nutrient are unavailable; the number listed is incomplete.

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DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD The Colony HS

Service Area: The Colony - 9-12 - OVS

Menu Name: The Colony High School Menu 2018-2019 - cycle 4 - week 4

Avg.Method: Weighted (USDA Default)

48.00 @ 2 slice	100.00	5.00	45.00	180.01	8.00	72.00	1.00	7.00	30.00	0.00	25.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	197.01	-*	0.00
M51003 CHEESE, PV Slices 1.0																								
60.00 @ 2 slice	100.00	5.00	45.00	250.01	7.00	63.00	1.00	7.00	20.00	0.00	40.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	212.01	-*	0.00
M51017 VEG GARN: Rom Leaf 1ea																								
100.00 @ 1 each	2.41	0.01	2.06	1.13	0.04	15.88	0.47	0.17	0.00	0.30	35.01	1234.63	0.00	0.02	14.53	0.57	0.01	0.01	0.04	0.01	0.00	4.68	4.25	0.14
M51008 VEG: TOMATOES, FRESH SLCD (2SL) 1/8C																								
100.00 @ 1/8 cup	5.10	0.01	1.40	1.42	0.06	10.00	1.10	0.25	0.00	0.34	67.18	236.14	0.00	0.15	2.24	3.88	0.01	0.01	0.17	0.02	0.00	2.83	6.80	0.08
M51013 VEG: ONIONS, Red Slice 1ea																								
60.00 @ 1 slice	2.83	0.00	0.94	0.28	0.01	2.25	0.66	0.08	0.00	0.12	10.35	0.14	0.00	0.00	0.03	0.52	0.00	0.00	0.01	0.01	0.00	1.63	2.06	0.01
M50892 COND_PEPPERS, JALAPENO CND TBSP																								
60.00 @ 1 tablespoon	3.12	0.00	0.00	240.96	0.09	27.20	0.48	0.09	0.00	0.26	19.38	-*	-*	-*	-*	1.00	-*	-*	-*	-*	-*	2.31	-*	0.19
M50176 COND_Pickle, Dill Slice 2ea																								
140.00 @ 2 slice	1.62	0.01	4.72	162.08	0.05	25.17	0.24	0.06	0.00	0.14	-*	0.00	-*	-*	-*	0.21	-*	-*	-*	-*	-*	8.65	-*	0.05
M66748 WRAP 10", CHIXDCD CAES W WG 2.0																								
2.00 @ 1 each	381.22	4.16	9.81	528.02	18.13	42.81	32.78	19.91	44.57	3.94	137.21*	2755.42	0.00*	0.19*	31.30*	5.02	0.03*	0.02*	0.26*	0.04*	0.00*	122.19	15.31*	2.34
M50962 SDW BD, SBJ WG 2.0																								
2.00 @ 1 sandwich	658.38	3.99	5.45	579.16	35.89	49.06	69.87	19.95	0.00	5.99	378.78*	0.00	0.00*	-*	-*	0.00	-*	-*	-*	-*	-*	59.81	-*	5.35
M53347 SDW BD, SB WG 2.0																								
1.00 @ 1 sandwich	558.71	3.99	6.42	579.16	35.89	57.81	43.95	19.95	0.00	5.99	378.78*	0.00	0.00*	-*	-*	0.00	-*	-*	-*	-*	-*	59.81	-*	5.35
M52708 BRD: ROLL DG, Sub 6" WG																								
24.00 @ 1 roll	170.00	0.00	0.00	180.00	3.00	15.88	29.00	6.00	0.00	3.00	-*	0.01	-*	-*	-*	0.20	-*	-*	-*	-*	-*	13.37	-*	1.43
M52782 BRD: FLATBREAD 6" X 6" 2OZ WG (2BG)																								
60.00 @ 1 each	180.00	1.00	5.00	330.00	5.00	25.00	28.00	6.00	0.00	3.00	-*	0.22	-*	-*	-*	0.06	-*	-*	-*	-*	-*	34.22	-*	1.76
M54775 BRD: CROISSANT, SLICED WG																								
24.00 @ 1 each	243.91	6.47	23.87	253.40	12.05	44.44	29.25	5.44	32.35	0.91	15.14	313.46	0.31	0.00	0.00	2.82	0.25	1.93	0.85	0.00	0.01	15.66	3.96	1.63
M53393 TKY, Breast Sliced 1.0																								
20.00 @ 1 serving	60.00	0.50	7.50	220.00	2.00	30.00	2.00	9.00	25.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	20.00	-*	0.36
M53569 CHIX, BLACK FOREST HAM SLICED 1.0																								

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DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD The Colony HS

Service Area: The Colony - 9-12 - OVS

Menu Name: The Colony High School Menu 2018-2019 - cycle 4 - week 4

Avg.Method: Weighted (USDA Default)

40.00 @ 1 serving	80.00	1.50	16.88	250.00	4.50	50.63	2.00	8.00	40.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.36
M51976 CHIX Dcd Deli Salad W 1.0																								
3.00 @ 1 No 16 Scoop	76.63	0.94	10.98	129.00	4.42	51.89	1.48	6.99	24.65	0.18	27.40*	47.33	0.00*	0.03*	2.98*	0.37	0.00*	0.01*	0.03*	0.01*	0.00*	4.41	2.64*	0.30
M51005 CHEESE, AM (184ct) Slices 1.0																								
48.00 @ 3 slice	134.99	6.75	45.00	599.97	10.50	70.00	1.50	7.50	37.50	0.00	-*	299.98	-*	-*	-*	0.00	-*	-*	-*	-*	-*	224.99	-*	0.00
M53381 CHEESE, CH Slices 1.0																								
24.00 @ 2 slice	110.01	5.00	40.91	180.01	9.00	73.64	1.00	6.00	30.00	0.00	20.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	199.01	-*	0.00
M53385 CHEESE, SW Slices 1.0																								
24.00 @ 2 slice	110.01	5.00	40.91	50.00	9.00	73.64	0.00	8.00	25.00	0.00	20.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	249.01	-*	0.00
M50999 CHEESE, JK Slices 1.0																								
24.00 @ 2 slice	100.00	5.00	45.00	180.01	8.00	72.00	1.00	7.00	30.00	0.00	25.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	197.01	-*	0.00
M51003 CHEESE, PV Slices 1.0																								
24.00 @ 2 slice	100.00	5.00	45.00	250.01	7.00	63.00	1.00	7.00	20.00	0.00	40.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	212.01	-*	0.00
M51017 VEG GARN: Rom Leaf 1ea																								
40.00 @ 1 each	2.41	0.01	2.06	1.13	0.04	15.88	0.47	0.17	0.00	0.30	35.01	1234.63	0.00	0.02	14.53	0.57	0.01	0.01	0.04	0.01	0.00	4.68	4.25	0.14
M51008 VEG: TOMATOES, FRESH SLCD (2SL) 1/8C																								
40.00 @ 1/8 cup	5.10	0.01	1.40	1.42	0.06	10.00	1.10	0.25	0.00	0.34	67.18	236.14	0.00	0.15	2.24	3.88	0.01	0.01	0.17	0.02	0.00	2.83	6.80	0.08
M51013 VEG: ONIONS, Red Slice 1ea																								
12.00 @ 1 slice	2.83	0.00	0.94	0.28	0.01	2.25	0.66	0.08	0.00	0.12	10.35	0.14	0.00	0.00	0.03	0.52	0.00	0.00	0.01	0.01	0.00	1.63	2.06	0.01
M52162 VEG: SPINACH, FRESH LEAVES 1/4C																								
6.00 @ 1/4 cup	3.12	0.01	2.47	10.73	0.05	15.26	0.49	0.39	0.00	0.30	75.79	1273.70	0.00	0.28	65.59	3.82	0.01	0.03	0.10	0.03	0.00	13.45	6.66	0.37
M52661 VEG: CUCUMBER, Fresh Slice1/8c																								
6.00 @ 1/8 cup	2.75	0.01	2.22	0.37	0.02	6.60	0.66	0.12	0.00	0.09	26.91	19.22	0.00	0.01	3.00	0.51	0.00	0.01	0.02	0.01	0.00	2.93	4.39	0.05
M53523 VEG: PEPPERS, Red Strips1/4c																								
6.00 @ 1/4 cup	7.78	0.01	0.78	1.00	0.08	8.71	1.51	0.25	0.00	0.53	52.96	785.87	0.00	0.40	1.23	32.05	0.01	0.02	0.25	0.07	0.00	1.76	6.53	0.11
M50891 COND_OLIVES, BLACK SLICED TBSP																								
6.00 @ 1 tablespoon	14.04	0.17	10.96	58.74	1.27	81.48	0.52	0.13	0.00	0.31	-*	5.23	-*	-*	-*	0.21	-*	-*	-*	-*	-*	7.97	-*	0.18

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DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD The Colony HS

Service Area: The Colony - 9-12 - OVS

Menu Name: The Colony High School Menu 2018-2019 - cycle 4 - week 4

Avg.Method: Weighted (USDA Default)

M50176 COND_Pickle, Dill Slice 2ea

30.00 @ 2 slice	1.62	0.01	4.72	162.08	0.05	25.17	0.24	0.06	0.00	0.14	-*	0.00	-*	-*	-*	0.21	-*	-*	-*	-*	-*	8.65	-*	0.05
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M66605 BRD: TORTILLA FLOUR 10" WG

4.00 @ 1 each	180.00	1.50	7.50	250.00	4.50	22.50	29.00	5.00	0.00	3.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	100.00	-*	1.44
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M66461 BRD: TORTILLA FLOUR 6" WG

8.00 @ 2 each	180.00	1.00	5.00	250.00	5.00	25.00	28.00	6.00	0.00	2.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	120.00	-*	1.44
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M54540 BRD: TORTILLA, CHIP RND WG 2BG

220.00 @ 1 serving	224.59	1.60	6.43	184.48	9.63	38.57	32.08	3.21	0.00	3.21	0.00	0.00	0.00	-*	-*	0.00	-*	-*	-*	-*	-*	48.13	-*	0.80
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M53449 RICE, Sante Fe WG 1BG

72.00 @ 1/2 cup	113.63	0.21	1.70	118.30	0.90	7.16	23.56	2.52	0.00	1.01	64.03	68.27*	0.00*	0.00*	0.09*	2.42*	0.00*	0.00*	0.00*	0.00*	0.00*	6.72	0.50*	0.29
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M51175 BEEF Gd, Taco Meat SC 1.0

80.00 @ 1 No 24 Scoop	78.71	1.65	18.88	56.06	4.38	50.12	1.22	8.02	25.24	0.15	122.30*	121.25	0.57*	0.08*	0.61*	1.55	0.01*	0.06*	1.81*	0.13*	0.79*	9.04	69.27*	1.00
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M52584 CHIX Strips, Fajita DkMt 1.0

90.00 @ 2 fl oz	76.93	1.01	11.78	124.77	3.56	41.66	1.34	10.09	35.00	0.09	9.12*	46.95	0.00*	0.07*	0.17*	0.02	0.00*	0.00*	0.03*	0.01*	0.00*	12.26	2.39*	0.69
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M52292 FILLING, Refried Beans Seas1.0

24.00 @ 1 No 16 Scoop	72.46	0.01	0.13	256.48	0.94	11.68	12.17	3.61	0.00	3.67	231.49	71.39	0.00	0.12*	1.18*	0.02*	0.00*	0.00*	0.04*	0.01*	0.00*	19.72	3.18*	0.78
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M53386 CHEESE, CH Shreds 1.0

12.00 @ 2 fl oz	110.00	6.00	49.09	189.99	9.00	73.64	1.00	7.00	30.00	0.00	0.00	280.99	-*	-*	-*	0.00	-*	-*	-*	-*	-*	201.99	-*	0.19
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M50921 COND_Sauce, Chz SS W (LOL) 1.0

220.00 @ 3 fl oz	149.95	6.75	40.50	599.79	10.50	63.00	4.50	7.50	29.99	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	224.92	-*	0.00
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M51420 VEG GARN: Rom Shrds/Tom Dice

48.00 @ 1 serving	5.03	0.01	1.56	1.63	0.06	11.41	1.06	0.27	0.00	0.40	67.90	794.43	0.00	0.12	8.94	3.20	0.01	0.01	0.15	0.02	0.00	4.47	7.23	0.13
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M52379 VEG: ONIONS, Yellow Diced 1/8c

20.00 @ 1/8 cup	8.62	0.01	0.94	0.86	0.02	2.25	2.01	0.24	0.00	0.37	31.47	0.43	0.00	0.00	0.09	1.60	0.01	0.01	0.03	0.03	0.00	4.96	6.25	0.05
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M50892 COND_PEPPERS, JALAPENO CND TBSP

60.00 @ 1 tablespoon	3.12	0.00	0.00	240.96	0.09	27.20	0.48	0.09	0.00	0.26	19.38	-*	-*	-*	-*	1.00	-*	-*	-*	-*	-*	2.31	-*	0.19
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M50891 COND_OLIVES, BLACK SLICED TBSP

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DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD The Colony HS

Service Area: The Colony - 9-12 - OVS

Menu Name: The Colony High School Menu 2018-2019 - cycle 4 - week 4

Avg.Method: Weighted (USDA Default)

12.00 @ 1 tablespoon	14.04	0.17	10.96	58.74	1.27	81.48	0.52	0.13	0.00	0.31	-*	5.23	-*	-*	-*	0.21	-*	-*	-*	-*	-*	7.97	-*	0.18
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M55430 COND_HERB, CILANTRO

12.00 @ 1 tablespoon	0.82	0.00	0.55	1.63	0.02	20.35	0.13	0.08	0.00	0.10	18.46	239.13	0.00	0.09	10.99	0.96	0.00	0.01	0.04	0.01	0.00	2.37	1.70	0.06
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M53842 VEG: MIXED FRESH RSTD 1/2C

30.00 @ 1/2 cup	26.49	0.06	2.05	2.32	0.32	10.86	5.48	1.21	0.00	1.29	203.11	638.80	0.65	0.15*	6.00*	19.37	0.05	0.05	0.74	0.12	0.00	21.60	34.79	0.63
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M50186 VEG: BROCCOLI, Fresh 1/2c

40.00 @ 1/2 cup	10.84	0.01	1.03	10.52	0.12	9.79	2.12	0.90	0.00	0.83	100.78	198.68	0.00	0.25	32.40	28.45	0.02	0.04	0.20	0.06	0.00	14.99	21.05	0.23
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M53709 VEG: SALAD, SIDE SPIN ROM STRAW SC 1C

160.00 @ 1 cup	15.79	0.03	1.56	23.17	0.22	12.65	3.13	1.14	0.00	1.39	228.54	4195.84	0.00	0.63	150.99	20.02	0.04	0.07	0.33	0.08	0.00	36.30	23.73	1.00
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M53419 VEG: POTATO, FF CTINAGEN7 1/2C

216.00 @ 1/2 cup	119.99	1.33	10.00	133.32	4.67	35.00	17.33	2.00	0.00	2.00	259.98	0.00	-*	-*	-*	3.20	-*	-*	-*	-*	-*	0.00	-*	0.48
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M51731 VEG: POTATO SWT, FF CRINKLE 1/2C

19.00 @ 1/2 cup	137.66	0.53	3.46	180.02	4.77	31.15	23.30	1.06	0.00	3.18	243.56	3176.86	-*	-*	-*	6.35	-*	-*	-*	-*	-*	21.18	-*	0.38
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M50529 FRUIT: GRAPES, Fresh 1/2c

300.00 @ 1/2 cup	56.80	0.10	1.53	1.70	0.30	4.70	14.54	0.53	0.00	0.76	161.94	84.78	0.00	0.16	12.38	3.39	0.08	0.05	0.25	0.09	0.00	11.87	8.48	0.25
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M53549 FRUIT: APPLESAUCE,Unswt AP1/2c

240.00 @ 1/2 cup	52.77	0.00	0.00	10.55	0.00	0.00	13.72	0.00	0.00	2.11	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50980 JUICE SS, Frt Bld 100% 4oz Crt

740.00 @ 1 each	60.00	0.00	0.00	10.00	0.00	0.00	14.00	0.00	0.00	0.00	100.00	0.00	-*	-*	-*	3.60	-*	-*	-*	-*	-*	0.00	-*	0.00
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M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50

200.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00
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M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50

650.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00
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M50855 COND PC Ketchup 9g Heinz

500.00 @ 1 each	10.00	0.00	0.00	85.00	0.00	0.00	3.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50055 COND PC Mayonnaise 12g

100.00 @ 1 each	80.00	1.50	16.87	75.00	8.00	90.00	1.00	0.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD The Colony HS

Service Area: The Colony - 9-12 - OVS

Menu Name: The Colony High School Menu 2018-2019 - cycle 4 - week 4

Avg.Method: Weighted (USDA Default)

M50284 COND PC Mustard 6g

100.00 @ 1 each	0.00	0.00	-	65.00	0.00	-	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M53222 COND PC Margarine 5g

100.00 @ 1 each	30.00	1.00	30.00	30.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	500.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50624 COND PC Drsg Ranch 12g

100.00 @ 1 each	50.00	0.00	0.00	100.00	5.00	90.00	1.00	0.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50623 COND PC Drsg Italian 12g

100.00 @ 1 each	30.00	0.00	0.00	130.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	100.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M53116 COND PC Drsg Honey Mustard 12g

100.00 @ 1 each	15.00	0.00	0.00	65.00	0.00	0.00	4.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50056 COND PC Sauce, Taco 9g

100.00 @ 1 each	5.00	0.00	0.00	55.00	0.00	0.00	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50287 COND PC SAUCE, BBQ 12G PKT

100.00 @ 1 each	15.00	0.00	0.00	160.00	0.00	0.00	4.00	0.00	0.00	0.00	-*	100.00	-*	-*	-*	0.60	-*	-*	-*	-*	-*	0.00	-*	0.00
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M51391 COND_Mayo, Chipotle W

96.00 @ 1 tablespoon	26.19	0.35	12.18	91.54	2.49	85.73	0.97	0.01	3.54	0.01	1.00*	91.64	-*	-*	-*	0.40	-*	-*	-*	-*	-*	0.00	-*	0.02
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M50060 COND_Mayo W

96.00 @ 1 tablespoon	33.07	0.47	12.86	94.49	3.31	90.00	0.94	0.00	4.72	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50291 COND_Mustard, Yellow

24.00 @ 1 tablespoon	9.00	0.01	1.50	181.50	0.37	37.20	0.93	0.47	0.00	0.43	13.36	0.67	-*	-*	-*	0.13	-*	-*	-*	-*	-*	7.51	-*	0.19
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M50692 COND_Dressing, DijonHnyMustard

72.00 @ 1 tablespoon	65.00	0.75	10.38	90.00	5.50	76.15	3.50	0.00	7.50	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50622 COND_Dressing, Ranch Lite

60.00 @ 1 tablespoon	55.00	0.75	12.27	139.99	5.00	81.82	0.50	0.50	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	10.00	-*	0.00
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M50292 COND_Sauce, BBQ Original AP

72.00 @ 1 tablespoon	35.00	0.00	0.00	144.99	0.00	0.00	9.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	1.80	-*	-*	-*	-*	-*	0.00	-*	0.18
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DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD The Colony HS

Service Area: The Colony - 9-12 - OVS

Menu Name: The Colony High School Menu 2018-2019 - cycle 4 - week 4

Avg.Method: Weighted (USDA Default)

M50063 COND_Sauce, Buffalo Wing AP

96.00 @ 1 tablespoon	4.38	0.02	4.79	363.06	0.22	45.51	0.48	0.11	0.17	0.12	21.32	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	2.22	-*	0.07
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M50087 COND_Salsa, Pico SC 1/8c

48.00 @ 1/8 cup	6.68	0.01	1.17	37.20	0.07	9.84	1.46	0.29	0.00	0.40	69.99	231.76*	0.00*	0.15*	2.94*	4.04	0.01*	0.01*	0.16*	0.03*	0.00*	4.19	7.40*	0.11
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M66157 COND_SALSA, BLNDR SC 1/8C

30.00 @ 1/8 cup	9.65	0.01	1.33	45.21	0.10	9.06	2.10	0.42	0.00	0.59	27.10*	148.65*	0.00*	0.05*	6.02*	4.65	0.01*	0.01*	0.03*	0.02*	0.00*	16.79	4.05*	0.19
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M53940 COND_Salsa, Verde SC 1/8c

20.00 @ 1/8 cup	10.75	0.03	2.54	25.36	0.23	19.29	2.13	0.37	0.00	0.61	83.93	260.93*	0.00*	0.16*	12.93*	3.96	0.02*	0.01*	0.40*	0.03*	0.00*	8.13	11.81*	0.22
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M53295 COND_Sour Cream AP

60.00 @ 1 tablespoon	30.00	1.75	52.50	25.00	3.00	90.00	1.00	0.50	10.00	0.00	-*	99.99	-*	-*	-*	0.00	-*	-*	-*	-*	-*	20.00	-*	0.00
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M50720 DESRT: PUDDING, Choc AP 1/2c

700.00 @ 1/2 cup	120.15	0.00	0.00	190.23	3.00	22.50	24.03	1.00	0.00	1.00	70.09	0.00	0.00	-*	-*	0.00	-*	-*	-*	-*	-*	16.02	-*	1.00
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Average	850.52	8.95	9.47	1497.59	29.2	30.9	109.56	37.08	66.67	7.44	373.93*	1946.42*	.08*	.24*	35.54*	15.28*	.05*	.09*	.41*	.07*	.07*	593.55	18.3*	4.04
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DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD The Colony HS

Service Area: The Colony - 9-12 - OVS

Menu Name: The Colony High School Menu 2018-2019 - cycle 4 - week 4

Avg.Method: Weighted (USDA Default)

Age Group: Brkfst Grades K-12 **Period:** Breakfast **Week:** 4 **Day:** Friday **Count Type:** Forecasted **Total No. of Customers:** 174

Weekly Std. (Target 1)	SFA		Na (mg)	Fat		CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)	
	CAL	(g)		% of CAL	(g)																			% of CAL
450.00-500.00			540.00																					

M66566 TACO EGG CH BACON WG 2.0 2EA

60.00 @ 2 each	286.41	4.53	14.25	401.42	12.60	39.60	29.48	14.22	190.70	2.00	0.00*	308.60	-*	-*	-*	0.00	-*	-*	-*	-*	-*	220.60	-*	2.35
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M51320 CEREAL BWL, Rice Krispies WG

4.00 @ 1 bowl	100.00	0.00	0.00	170.00	0.50	4.50	23.00	2.00	0.00	1.00	-*	1000.03	-*	-*	-*	12.00	-*	-*	-*	-*	-*	0.00	-*	8.10
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M50208 CEREAL BWL, CINN TST CRUNCH RS WG

10.00 @ 1 bowl	110.00	0.50	4.09	160.00	3.00	24.54	22.00	1.00	0.00	3.00	-*	400.01	-*	-*	-*	4.80	-*	-*	-*	-*	-*	200.01	-*	3.60
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M50442 CEREAL BWL, Cocoa Puffs RS WG

10.00 @ 1 bowl	110.05	0.00	0.00	160.08	1.50	12.27	25.01	2.00	0.00	2.00	-*	500.25	-*	-*	-*	6.00	-*	-*	-*	-*	-*	100.05	-*	4.50
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M50524 CEREAL BWL, Lucky Charms WG

10.00 @ 1 bowl	110.00	0.00	0.00	180.00	1.00	8.18	23.00	2.00	0.00	2.00	-*	500.01	-*	-*	-*	6.00	-*	-*	-*	-*	-*	100.00	-*	4.50
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M50525 CEREAL BWL, Trix RS WG

10.00 @ 1 bowl	110.00	0.00	0.00	140.00	1.00	8.18	24.00	1.00	0.00	1.00	-*	400.01	-*	-*	-*	4.80	-*	-*	-*	-*	-*	80.00	-*	4.50
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M52725 BRD: BAR, Cereal CocoPuf WG IW

8.00 @ 1 each	150.00	0.00	0.00	100.00	3.00	18.00	30.00	3.00	0.00	3.00	-*	100.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	200.00	-*	1.80
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M52724 BRD: BAR, Cereal CinnTst WG IW

8.00 @ 1 each	150.00	0.00	0.00	115.00	3.50	21.00	30.00	2.00	0.00	3.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	200.00	-*	1.80
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M51267 BRD: MUF AP, BLUEBRY 2OZ IW WG (1BG)

12.00 @ 1 muffin	190.00	2.00	9.47	130.00	6.00	28.42	30.00	3.00	40.00	2.00	135.10	100.00	16.00	-*	-*	0.00	-*	-*	-*	-*	-*	20.00	-*	1.08
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M51268 BRD: MUF AP, CHOC CHOC CHIP 2OZ IW WG (1BG)

12.00 @ 1 muffin	200.00	2.00	9.00	130.00	6.00	27.00	32.00	4.00	40.00	2.00	159.95	100.00	16.00	-*	-*	0.00	-*	-*	-*	-*	-*	40.00	-*	1.44
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M51848 BRD: POPTARTS, Straw 1.76oz WG

10.00 @ 1 package	180.00	1.00	5.00	190.00	2.50	12.50	38.00	2.00	0.00	3.00	-*	500.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	100.00	-*	1.80
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M51849 BRD: POPTARTS, Cinn 1.76oz WG

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DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD The Colony HS

Service Area: The Colony - 9-12 - OVS

Menu Name: The Colony High School Menu 2018-2019 - cycle 4 - week 4

Avg.Method: Weighted (USDA Default)

10.00 @ 1 package	190.00	1.00	4.74	200.00	3.00	14.21	38.00	2.00	0.00	3.00	-*	500.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	100.00	-*	1.80
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M51684 BRD: POPTARTS, Fudge 1.76oz WG

10.00 @ 1 package	190.00	1.00	4.74	200.00	3.00	14.21	38.00	3.00	0.00	3.00	-*	500.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	100.00	-*	1.80
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M51994 CHEESE, COLBY JK Stick 1ea 1.0

12.00 @ 1 stick	90.00	4.00	40.00	200.01	6.00	60.00	0.00	7.00	20.00	0.00	0.00	200.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	200.01	-*	0.00
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M50792 YOGURT SS, Trix Strawb/Ban 4oz

24.00 @ 1 each	80.00	0.00	0.00	60.00	0.50	5.63	15.00	4.00	5.00	0.00	140.00	500.04	-*	-*	-*	0.00	-*	-*	-*	-*	-*	100.01	-*	0.00
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M51237 BRD: BREAD WG, Tst Marg 1sl

6.00 @ 1 slice	110.00	1.33	10.91	160.00	4.33	35.45	15.00	3.00	0.00	1.00	1.33*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	1.08
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M50670 EGG: Hard Boiled FC AP 1.5

6.00 @ 1 each	80.00	1.50	16.88	60.00	5.00	56.25	1.00	6.00	185.00	0.00	-*	300.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	20.00	-*	0.72
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M52975 BRD: WAFFLE, RS SS WG (3.25BG)

50.00 @ 1 each	240.06	0.00	0.00	506.14	2.86	10.71	50.30	6.86	0.00	6.86	1.05*	0.00	0.00*	0.00*	0.00*	0.00	0.00*	0.00*	0.00*	0.00*	0.00*	288.94	0.00*	3.09
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M52657 FRUIT: BLUEBERRIES, Fz 1/8c

6.00 @ 1/8 cup	8.89	0.01	0.94	0.17	0.11	11.29	2.12	0.07	0.00	0.47	9.41	8.01	0.00	0.08	2.86	0.44	0.01	0.01	0.09	0.01	0.00	1.39	1.92	0.03
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M53629 FRUIT: STRAWBERRIES, Frsh 1/8c

6.00 @ 1/8 cup	6.14	0.00	0.42	0.19	0.06	8.44	1.47	0.13	0.00	0.38	29.37	2.30	0.00	0.06	0.42	11.29	0.00	0.00	0.07	0.01	0.00	3.07	4.61	0.08
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M52817 DESRT: TOPPING, CHOCOLATE CHIPS SEMISWT (TBSP)

12.00 @ 1 tablespoon	51.03	1.89	33.28	1.17	3.19	56.25	6.79	0.45	0.00	0.63	38.80	0.00	0.00	0.03	0.60	0.00	0.01	0.01	0.05	0.00	0.00	3.40	14.03	0.33
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M52816 DESRT: TOPPING, Whipd NonDairy

50.00 @ 1 tablespoon	12.92	1.03	72.00	0.00	1.03	72.00	1.03	0.00	0.00	0.00	-*	0.10	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.20	-*	0.00
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M50543 FRUIT: BANANA (100-120ct) Whl

100.00 @ 1 each	93.95	0.12	1.13	1.06	0.35	3.34	24.11	1.15	0.00	2.74	377.91	67.56	0.00	0.11	0.53	9.18	0.03	0.08	0.70	0.39	0.00	5.28	23.22	0.27
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M52268 FRUIT: PEACHES Dice w/Jc 1/2c

48.00 @ 1/2 cup	50.83	0.00	0.00	10.17	0.00	0.00	12.20	0.00	0.00	0.00	182.98	304.97	-*	-*	-*	1.22	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50979 JUICE SS, Apple 100% 4oz Cart

140.00 @ 1 each	60.00	0.00	0.00	15.00	0.00	0.00	14.00	0.00	0.00	0.00	85.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD The Colony HS

Service Area: The Colony - 9-12 - OVS

Menu Name: The Colony High School Menu 2018-2019 - cycle 4 - week 4

Avg.Method: Weighted (USDA Default)

M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50

50.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00
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M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50

100.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00
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M53222 COND PC Margarine 5g

24.00 @ 1 each	30.00	1.00	30.00	30.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	500.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50854 COND PC Jelly, #4 Smuckers

24.00 @ 1 each	35.00	0.00	0.00	5.00	0.00	0.00	9.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50056 COND PC Sauce, Taco 9g

24.00 @ 1 each	5.00	0.00	0.00	55.00	0.00	0.00	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50058 COND PC Syrup 1.4oz Smuckers

50.00 @ 1 each	110.00	0.00	0.00	25.00	0.00	0.00	29.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M66157 COND_SALSA, BLNDR SC 1/8C

6.00 @ 1/8 cup	9.65	0.01	1.33	45.21	0.10	9.06	2.10	0.42	0.00	0.59	27.10*	148.65*	0.00*	0.05*	6.02*	4.65	0.01*	0.01*	0.03*	0.02*	0.00*	16.79	4.05*	0.19
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M53940 COND_Salsa, Verde SC 1/8c

6.00 @ 1/8 cup	10.75	0.03	2.54	25.36	0.23	19.29	2.13	0.37	0.00	0.61	83.93	260.93*	0.00*	0.16*	12.93*	3.96	0.02*	0.01*	0.40*	0.03*	0.00*	8.13	11.81*	0.22
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M53295 COND_Sour Cream AP

6.00 @ 1 tablespoon	30.00	1.75	52.50	25.00	3.00	90.00	1.00	0.50	10.00	0.00	-*	99.99	-*	-*	-*	0.00	-*	-*	-*	-*	-*	20.00	-*	0.00
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M55693 SDW WFL, CHIXFLT BRD CINMPLSPCY WG 2.0 MWWW

50.00 @ 1 sandwich	424.17	1.50	3.18	672.81	15.00	31.82	48.36	23.00	44.95	5.14	131.16*	600.80	0.00*	0.01*	0.08*	0.02	0.00*	0.00*	0.00*	0.00*	0.00*	123.32	0.17*	4.70
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M55691 BRD: WAFFLE, AP WG 2EA (2BG)

6.00 @ 2 each	180.00	0.00	0.00	320.00	6.00	30.00	28.00	4.00	0.00	2.00	130.00	600.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	120.00	-*	3.60
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Average	687.72	3.97	5.2	799.58	14.46	18.92	116.12	24.12	98.73	7.48	426.08*	1264.83*	2.21*	.08*	1.13*	9.27	.02*	.05*	.43*	.23*	0*	557.96	15.14*	5.25
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DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD The Colony HS

Service Area: The Colony - 9-12 - OVS

Menu Name: The Colony High School Menu 2018-2019 - cycle 4 - week 4

Avg.Method: Weighted (USDA Default)

Age Group: Lunch Grades 9-12 **Period:** Lunch **Week:** 4 **Day:** Friday **Count Type:** Forecasted **Total No. of Customers:** 100

Weekly Std. (Target 1)	SFA		Na (mg)	Fat		CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)	
	CAL	(g)		% of CAL	(g)																			% of CAL
750.00-850.00			1420.00																					
M50543 FRUIT: BANANA (100-120ct) Whl																								
100.00 @ 1 each	93.95	0.12	1.13	1.06	0.35	3.34	24.11	1.15	0.00	2.74	377.91	67.56	0.00	0.11	0.53	9.18	0.03	0.08	0.70	0.39	0.00	5.28	23.22	0.27
M52809 FRUIT: CRAISINS, SS BLUEBERRY 1.16OZ																								
100.00 @ 1 each	110.00	0.00	0.00	0.00	0.00	0.00	28.00	0.00	0.00	3.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50982 JUICE SS, ORANGE 100% 4 FLOZ																								
100.00 @ 1 each	51.44	0.00	0.00	15.43	0.00	0.00	12.35	1.03	0.00	0.00	-*	0.00	-*	-*	-*	43.21	-*	-*	-*	-*	-*	0.00	-*	0.00
M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50																								
50.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00
M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50																								
50.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00
M50855 COND PC Ketchup 9g Heinz																								
100.00 @ 1 each	10.00	0.00	0.00	85.00	0.00	0.00	3.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50284 COND PC Mustard 6g																								
100.00 @ 1 each	0.00	0.00	-	65.00	0.00	-	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50624 COND PC Drsg Ranch 12g																								
100.00 @ 1 each	50.00	0.00	0.00	100.00	5.00	90.00	1.00	0.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M52263 STICKS, CORN DOG CHIX AP WG 2.0																								
75.00 @ 1 each	240.00	2.50	9.38	390.00	8.00	30.00	30.00	9.00	40.00	5.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	80.01	-*	1.80
M53275 MELT BD, AM WG 2.0																								
25.00 @ 1 sandwich	385.00	11.25	26.30	1320.00	19.50	45.58	32.50	18.50	62.50	2.00	-*	500.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	375.00	-*	2.16
M53182 VEG: CELERY, Stk + Carrt 3/4c																								
100.00 @ 3/4 cup	26.86	0.03	1.14	82.74	0.16	5.25	5.91	0.70	0.00	2.37	260.13	7561.35	0.00	0.14*	20.12	2.98	0.03	0.05	0.46	0.09	0.00	37.65	27.27	0.58
Average	733.5	5.59	6.86	1126.73	17.63	21.63	122.49	22.25	58.12	12.36	638.04*	8253.91	0*	.24*	20.64*	57.18	.06*	.13*	1.16*	.48*	0*	496.68	50.49*	2.74

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DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD The Colony HS

Service Area: The Colony - 9-12 - OVS

Menu Name: The Colony High School Menu 2018-2019 - cycle 4 - week 4

Avg.Method: Weighted (USDA Default)

* Some values for this nutrient are unavailable; the number listed is incomplete.

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