



DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD McKamy MS

Service Area: McKamy - 6-8 - OVS

Menu Name: McKamy MS 2018-2019 Menu - cycle 4 - week 4

Avg.Method: Weighted (USDA Default)

Age Group: Brkfst Grades K-8 **Period:** Breakfast **Week:** 4 **Day:** Monday **Count Type:** Forecasted **Total No. of Customers:** 10

| Weekly Std. (Target 1) | SFA | | Na (mg) | Fat | | CHO (g) | Pro (g) | Chol (mg) | Fiber (g) | K (mg) | Vit A (IU) | Vit D (IU) | Vit E (mg) | Vit K (mcg) | Vit C (mg) | Vit B1 (mg) | Vit B2 (mg) | Vit B3 (mg) | Vit B6 (mg) | Vit B12 (mcg) | Ca (mg) | P (mg) | Fe (mg) | |
|------------------------|-----|-----|---------|----------|-----|---------|---------|-----------|-----------|--------|------------|------------|------------|-------------|------------|-------------|-------------|-------------|-------------|---------------|---------|--------|---------|----------|
| | CAL | (g) | | % of CAL | (g) | | | | | | | | | | | | | | | | | | | % of CAL |
| 400.00-500.00 | | | 540.00 | | | | | | | | | | | | | | | | | | | | | |

M54301 BRD: DONUT, GLAZE CHOC WG

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------|--------|------|-------|--------|-------|-------|-------|------|------|------|--------|------|-------|-------|-------|------|-------|-------|-------|-------|-------|-------|--------|------|
| 10.00 @ 1 each | 331.34 | 7.19 | 19.53 | 300.85 | 16.32 | 44.34 | 43.15 | 5.46 | 0.00 | 3.68 | 36.28* | 9.50 | 0.00* | 0.00* | 0.06* | 0.00 | 0.00* | 0.01* | 0.05* | 0.00* | 0.00* | 17.22 | 17.34* | 1.03 |
|----------------|--------|------|-------|--------|-------|-------|-------|------|------|------|--------|------|-------|-------|-------|------|-------|-------|-------|-------|-------|-------|--------|------|

M50524 CEREAL BWL, Lucky Charms WG

| | | | | | | | | | | | | | | | | | | | | | | | | |
|---------------|--------|------|------|--------|------|------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 3.00 @ 1 bowl | 110.00 | 0.00 | 0.00 | 180.00 | 1.00 | 8.18 | 23.00 | 2.00 | 0.00 | 2.00 | -* | 500.01 | -* | -* | -* | 6.00 | -* | -* | -* | -* | -* | 100.00 | -* | 4.50 |
|---------------|--------|------|------|--------|------|------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M52725 BRD: BAR, Cereal CocoPuf WG IW

| | | | | | | | | | | | | | | | | | | | | | | | | |
|---------------|--------|------|------|--------|------|-------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 1.00 @ 1 each | 150.00 | 0.00 | 0.00 | 100.00 | 3.00 | 18.00 | 30.00 | 3.00 | 0.00 | 3.00 | -* | 100.00 | -* | -* | -* | 1.20 | -* | -* | -* | -* | -* | 200.00 | -* | 1.80 |
|---------------|--------|------|------|--------|------|-------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M51267 BRD: MUF AP, BLUEBRY 2OZ IW WG (1BG)

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-----------------|--------|------|------|--------|------|-------|-------|------|-------|------|--------|--------|-------|----|----|------|----|----|----|----|----|-------|----|------|
| 1.00 @ 1 muffin | 190.00 | 2.00 | 9.47 | 130.00 | 6.00 | 28.42 | 30.00 | 3.00 | 40.00 | 2.00 | 135.10 | 100.00 | 16.00 | -* | -* | 0.00 | -* | -* | -* | -* | -* | 20.00 | -* | 1.08 |
|-----------------|--------|------|------|--------|------|-------|-------|------|-------|------|--------|--------|-------|----|----|------|----|----|----|----|----|-------|----|------|

M51268 BRD: MUF AP, CHOC CHOC CHIP 2OZ IW WG (1BG)

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-----------------|--------|------|------|--------|------|-------|-------|------|-------|------|--------|--------|-------|----|----|------|----|----|----|----|----|-------|----|------|
| 2.00 @ 1 muffin | 200.00 | 2.00 | 9.00 | 130.00 | 6.00 | 27.00 | 32.00 | 4.00 | 40.00 | 2.00 | 159.95 | 100.00 | 16.00 | -* | -* | 0.00 | -* | -* | -* | -* | -* | 40.00 | -* | 1.44 |
|-----------------|--------|------|------|--------|------|-------|-------|------|-------|------|--------|--------|-------|----|----|------|----|----|----|----|----|-------|----|------|

M51849 BRD: POPTARTS, Cinn 1.76oz WG

| | | | | | | | | | | | | | | | | | | | | | | | | |
|------------------|--------|------|------|--------|------|-------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 2.00 @ 1 package | 190.00 | 1.00 | 4.74 | 200.00 | 3.00 | 14.21 | 38.00 | 2.00 | 0.00 | 3.00 | -* | 500.01 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 100.00 | -* | 1.80 |
|------------------|--------|------|------|--------|------|-------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M51994 CHEESE, COLBY JK Stick 1ea 1.0

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------|-------|------|-------|--------|------|-------|------|------|-------|------|------|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 9.00 @ 1 stick | 90.00 | 4.00 | 40.00 | 200.01 | 6.00 | 60.00 | 0.00 | 7.00 | 20.00 | 0.00 | 0.00 | 200.01 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 200.01 | -* | 0.00 |
|----------------|-------|------|-------|--------|------|-------|------|------|-------|------|------|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M51237 BRD: BREAD WG, Tst Marg 1sl

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------|--------|------|-------|--------|------|-------|-------|------|------|------|-------|------|----|----|----|------|----|----|----|----|----|------|----|------|
| 4.00 @ 1 slice | 110.00 | 1.33 | 10.91 | 160.00 | 4.33 | 35.45 | 15.00 | 3.00 | 0.00 | 1.00 | 1.33* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 1.08 |
|----------------|--------|------|-------|--------|------|-------|-------|------|------|------|-------|------|----|----|----|------|----|----|----|----|----|------|----|------|

M52217 FRUIT: APPLE, 138ct Whole 1c

| | | | | | | | | | | | | | | | | | | | | | | | | |
|---------------|-------|------|------|------|------|------|-------|------|------|------|--------|-------|------|------|------|------|------|------|------|------|------|------|-------|------|
| 2.00 @ 1 each | 62.21 | 0.03 | 0.48 | 1.20 | 0.20 | 2.94 | 16.52 | 0.31 | 0.00 | 2.87 | 128.00 | 64.60 | 0.00 | 0.22 | 2.63 | 5.50 | 0.02 | 0.03 | 0.11 | 0.05 | 0.00 | 7.18 | 13.16 | 0.14 |
|---------------|-------|------|------|------|------|------|-------|------|------|------|--------|-------|------|------|------|------|------|------|------|------|------|------|-------|------|

M52271 FRUIT: PEARS, Dice w/Jc 1/2c

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------|-------|------|------|-------|------|------|-------|------|------|------|-------|------|----|----|----|------|----|----|----|----|----|------|----|------|
| 1.00 @ 1/2 cup | 60.66 | 0.00 | 0.00 | 10.11 | 0.00 | 0.00 | 14.15 | 0.00 | 0.00 | 2.02 | 80.89 | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
|----------------|-------|------|------|-------|------|------|-------|------|------|------|-------|------|----|----|----|------|----|----|----|----|----|------|----|------|

M53365 JUICE SS, Grape100% 4oz Cart

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------|-------|------|------|-------|------|------|-------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|
| 13.00 @ 1 each | 80.00 | 0.00 | 0.00 | 15.00 | 0.00 | 0.00 | 18.00 | 1.00 | 0.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
|----------------|-------|------|------|-------|------|------|-------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|

M53465 MILK SS, 1% WHITE 8 FLOZ

* Some values for this nutrient are unavailable; the number listed is incomplete.

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DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD McKamy MS

Service Area: McKamy - 6-8 - OVS

Menu Name: McKamy MS 2018-2019 Menu - cycle 4 - week 4

Avg.Method: Weighted (USDA Default)

| | | | | | | | | | | | | | | | | | | | | | | | | |
|---------------------------------------|--------|-------|-------|--------|------|-------|--------|-------|-------|------|------|--------|------|------|------|------|------|------|------|------|----|--------|--------|------|
| 2.00 @ 1 carton | 110.00 | 1.50 | 12.28 | 130.00 | 2.50 | 20.46 | 13.00 | 8.00 | 10.00 | 0.00 | -* | 500.00 | -* | -* | -* | 2.40 | -* | -* | -* | -* | -* | 300.00 | -* | 0.00 |
| M51096 MILK SS, SKIM CHOCOLATE 8 FLOZ | | | | | | | | | | | | | | | | | | | | | | | | |
| 4.00 @ 1 carton | 120.00 | 0.00 | 0.00 | 180.00 | 0.00 | 0.00 | 20.00 | 8.00 | 5.00 | 0.00 | -* | 500.00 | -* | -* | -* | 1.20 | -* | -* | -* | -* | -* | 300.00 | -* | 0.00 |
| M50854 COND PC Jelly, #4 Smuckers | | | | | | | | | | | | | | | | | | | | | | | | |
| 2.00 @ 1 each | 35.00 | 0.00 | 0.00 | 5.00 | 0.00 | 0.00 | 9.00 | 0.00 | 0.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
| Average | 800.85 | 12.43 | 13.97 | 807.61 | 27 | 30.34 | 116.57 | 21.53 | 34 | 6.96 | 116* | 792.43 | 4.8* | .05* | .59* | 3.98 | .01* | .01* | .07* | .01* | 0* | 458.67 | 19.97* | 3.78 |

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DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD McKamy MS

Service Area: McKamy - 6-8 - OVS

Menu Name: McKamy MS 2018-2019 Menu - cycle 4 - week 4

Avg.Method: Weighted (USDA Default)

Age Group: Lunch Grades 6-8 **Period:** Lunch **Week:** 4 **Day:** Monday **Count Type:** Forecasted **Total No. of Customers:** 236

| Weekly Std. (Target 1) | SFA | | Na (mg) | Fat | | CHO (g) | Pro (g) | Chol (mg) | Fiber (g) | K (mg) | Vit A (IU) | Vit D (IU) | Vit E (mg) | Vit K (mcg) | Vit C (mg) | Vit B1 (mg) | Vit B2 (mg) | Vit B3 (mg) | Vit B6 (mg) | Vit B12 (mcg) | Ca (mg) | P (mg) | Fe (mg) | |
|------------------------|-----|-------|---------|----------|-----|---------|---------|-----------|-----------|--------|------------|------------|------------|-------------|------------|-------------|-------------|-------------|-------------|---------------|---------|--------|---------|----------|
| | CAL | (g) | | % of CAL | (g) | | | | | | | | | | | | | | | | | | | % of CAL |
| 600.00-700.00 | | 10.00 | 1360.00 | | | | | | | | | | | | | | | | | | | | | |

M67078 BURG, BEEF CH BBQ TWISTER AP WG 2.5

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------|--------|------|-------|--------|-------|-------|-------|-------|-------|------|---------|------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 71.00 @ 1 each | 390.00 | 5.25 | 12.12 | 737.51 | 14.50 | 33.46 | 46.00 | 19.75 | 40.00 | 2.75 | 107.50* | 0.00 | -* | -* | -* | 3.60 | -* | -* | -* | -* | -* | 159.50 | -* | 3.47 |
|----------------|--------|------|-------|--------|-------|-------|-------|-------|-------|------|---------|------|----|----|----|------|----|----|----|----|----|--------|----|------|

M67344 SALAD, CHAM PEPP PIZZA SC 2.25

| | | | | | | | | | | | | | | | | | | | | | | | | |
|---------------|--------|------|-------|--------|-------|-------|------|-------|-------|------|---------|---------|-------|-------|--------|------|-------|-------|-------|-------|-------|--------|--------|------|
| 3.00 @ 1 each | 208.23 | 5.83 | 25.21 | 578.35 | 13.21 | 57.11 | 6.10 | 16.44 | 63.75 | 1.26 | 146.57* | 5085.27 | 0.00* | 0.12* | 43.60* | 7.46 | 0.04* | 0.04* | 0.25* | 0.06* | 0.00* | 173.60 | 17.48* | 1.02 |
|---------------|--------|------|-------|--------|-------|-------|------|-------|-------|------|---------|---------|-------|-------|--------|------|-------|-------|-------|-------|-------|--------|--------|------|

M51680 BRD: ROLL DG, WG 2.5oz

| | | | | | | | | | | | | | | | | | | | | | | | | |
|---------------|--------|------|------|--------|------|-------|-------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|-------|----|------|
| 3.00 @ 1 each | 170.00 | 0.50 | 2.65 | 135.00 | 3.00 | 15.88 | 28.00 | 7.00 | 0.00 | 3.40 | -* | 0.01 | -* | -* | -* | 0.01 | -* | -* | -* | -* | -* | 12.70 | -* | 0.85 |
|---------------|--------|------|------|--------|------|-------|-------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|-------|----|------|

M53453 SUB AP, Tky AM WG 2.0

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-------------------|--------|------|-------|--------|-------|-------|-------|-------|-------|------|---------|---------|-------|-------|--------|------|-------|-------|-------|-------|-------|--------|--------|------|
| 1.00 @ 1 sandwich | 314.93 | 5.14 | 14.70 | 988.69 | 11.64 | 33.27 | 33.54 | 22.85 | 56.25 | 3.94 | 137.21* | 2905.42 | 0.00* | 0.19* | 31.30* | 5.02 | 0.03* | 0.02* | 0.26* | 0.04* | 0.00* | 227.19 | 15.31* | 2.24 |
|-------------------|--------|------|-------|--------|-------|-------|-------|-------|-------|------|---------|---------|-------|-------|--------|------|-------|-------|-------|-------|-------|--------|--------|------|

M50962 SDW BD, SBJ WG 2.0

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-------------------|--------|------|------|--------|-------|-------|-------|-------|------|------|---------|------|-------|----|----|------|----|----|----|----|----|-------|----|------|
| 1.00 @ 1 sandwich | 658.38 | 3.99 | 5.45 | 579.16 | 35.89 | 49.06 | 69.87 | 19.95 | 0.00 | 5.99 | 378.78* | 0.00 | 0.00* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 59.81 | -* | 5.35 |
|-------------------|--------|------|------|--------|-------|-------|-------|-------|------|------|---------|------|-------|----|----|------|----|----|----|----|----|-------|----|------|

M51578 PIZZA 16" CHZ WG 2.0

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-----------------|--------|------|-------|--------|-------|-------|-------|-------|-------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 31.00 @ 1/8 cut | 351.26 | 7.50 | 19.22 | 810.03 | 15.50 | 39.72 | 30.87 | 19.38 | 30.00 | 3.25 | -* | 403.18 | -* | -* | -* | 0.90 | -* | -* | -* | -* | -* | 419.72 | -* | 1.13 |
|-----------------|--------|------|-------|--------|-------|-------|-------|-------|-------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M53000 PIZZA 16" Pepperoni WG 2.0

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-----------------|--------|------|-------|--------|-------|-------|-------|-------|-------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 12.00 @ 1/8 cut | 388.75 | 9.00 | 20.84 | 937.53 | 19.00 | 43.99 | 31.12 | 20.88 | 37.50 | 3.25 | -* | 403.18 | -* | -* | -* | 0.90 | -* | -* | -* | -* | -* | 419.72 | -* | 1.22 |
|-----------------|--------|------|-------|--------|-------|-------|-------|-------|-------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M54555 NACHOS BFGD RND SC 2.0 (2BG)

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------|--------|------|-------|--------|-------|-------|-------|-------|-------|------|---------|--------|-------|-------|-------|------|-------|-------|-------|-------|-------|--------|---------|------|
| 68.00 @ 1 each | 450.53 | 8.75 | 17.47 | 674.18 | 23.64 | 47.22 | 37.03 | 21.03 | 60.38 | 3.45 | 195.67* | 194.00 | 0.91* | 0.13* | 0.97* | 2.48 | 0.02* | 0.09* | 2.90* | 0.20* | 1.27* | 212.59 | 110.82* | 2.41 |
|----------------|--------|------|-------|--------|-------|-------|-------|-------|-------|------|---------|--------|-------|-------|-------|------|-------|-------|-------|-------|-------|--------|---------|------|

M52963 CHIX Popcorn, AP WG 2.0

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-------------------|--------|------|------|--------|-------|-------|-------|-------|-------|------|----|--------|----|----|----|------|----|----|----|----|----|-------|----|------|
| 30.00 @ 1 serving | 250.19 | 2.72 | 9.78 | 380.72 | 14.14 | 50.87 | 15.23 | 15.23 | 21.76 | 3.26 | -* | 108.78 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 43.51 | -* | 1.96 |
|-------------------|--------|------|------|--------|-------|-------|-------|-------|-------|------|----|--------|----|----|----|------|----|----|----|----|----|-------|----|------|

M51680 BRD: ROLL DG, WG 2.5oz

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------|--------|------|------|--------|------|-------|-------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|-------|----|------|
| 30.00 @ 1 each | 170.00 | 0.50 | 2.65 | 135.00 | 3.00 | 15.88 | 28.00 | 7.00 | 0.00 | 3.40 | -* | 0.01 | -* | -* | -* | 0.01 | -* | -* | -* | -* | -* | 12.70 | -* | 0.85 |
|----------------|--------|------|------|--------|------|-------|-------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|-------|----|------|

M51417 BURG, Beef AP WG 2.0

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------|--------|------|------|--------|------|-------|-------|-------|-------|------|----|------|----|----|----|------|----|----|----|----|----|-------|----|------|
| 10.00 @ 1 each | 240.00 | 2.00 | 7.50 | 345.00 | 7.00 | 26.25 | 29.00 | 16.00 | 25.00 | 2.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 60.00 | -* | 2.88 |
|----------------|--------|------|------|--------|------|-------|-------|-------|-------|------|----|------|----|----|----|------|----|----|----|----|----|-------|----|------|

M50821 BURG, Beef AM AP WG 2.25

* Some values for this nutrient are unavailable; the number listed is incomplete.

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DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD McKamy MS

Service Area: McKamy - 6-8 - OVS

Menu Name: McKamy MS 2018-2019 Menu - cycle 4 - week 4

Avg.Method: Weighted (USDA Default)

| | | | | | | | | | | | | | | | | | | | | | | | | |
|---|--------|------|-------|--------|-------|-------|-------|-------|-------|------|---------|---------|-------|-------|--------|-------|-------|-------|-------|-------|-------|--------|--------|------|
| 22.00 @ 1 each | 285.00 | 4.25 | 13.42 | 545.00 | 10.50 | 33.16 | 29.50 | 18.50 | 37.50 | 2.00 | -* | 100.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 135.00 | -* | 2.88 |
| M53770 SDW BN, CHIXPTY PLN WG/WG2.0 MWWW | | | | | | | | | | | | | | | | | | | | | | | | |
| 17.00 @ 1 sandwich | 339.76 | 1.50 | 3.97 | 589.66 | 10.99 | 29.11 | 35.99 | 23.98 | 44.95 | 5.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 40.00 | -* | 2.52 |
| M52952 SDW BN, CHIXPTY BRD SPCY WG/WG 2.0 MWWW | | | | | | | | | | | | | | | | | | | | | | | | |
| 8.00 @ 1 sandwich | 339.86 | 2.00 | 5.29 | 629.77 | 11.99 | 31.76 | 35.99 | 23.99 | 44.97 | 3.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 40.00 | -* | 2.88 |
| M54308 STICKS, CRISPITO CHIXCHILI AP WG 2.0 (2EA) | | | | | | | | | | | | | | | | | | | | | | | | |
| 14.00 @ 2 each | 540.00 | 6.00 | 10.00 | 740.00 | 28.00 | 46.67 | 46.00 | 24.00 | 50.00 | 6.00 | -* | 1500.01 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 80.00 | -* | 3.60 |
| M51189 COND_Sauce, Chz SS W (LOL) .5 | | | | | | | | | | | | | | | | | | | | | | | | |
| 14.00 @ 2 fl oz | 99.97 | 4.50 | 40.50 | 399.86 | 7.00 | 63.00 | 3.00 | 5.00 | 19.99 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 149.95 | -* | 0.00 |
| M68017 VEG: BEANS, BKD VEG AP 1/2C | | | | | | | | | | | | | | | | | | | | | | | | |
| 18.00 @ 1/2 cup | 220.25 | 0.09 | 0.38 | 509.42 | 0.89 | 3.64 | 43.08 | 11.52 | 0.00 | 7.87 | 623.89 | 0.10 | 0.00 | -* | -* | 0.03 | 0.39 | 0.08 | 1.15 | 0.22 | 0.00 | 87.30 | 211.63 | 2.92 |
| M51243 VEG: SALAD, Potato W 1/2c | | | | | | | | | | | | | | | | | | | | | | | | |
| 11.00 @ 1/2 cup | 93.76 | 0.66 | 6.30 | 142.39 | 4.54 | 43.55 | 12.41 | 1.10 | 6.30 | 1.35 | 225.70* | 122.22 | 0.00* | 0.09* | 11.31* | 7.61 | 0.06* | 0.02* | 0.76* | 0.16* | 0.00* | 13.75 | 27.09* | 0.26 |
| M53709 VEG: SALAD, SIDE SPIN ROM STRAW SC 1C | | | | | | | | | | | | | | | | | | | | | | | | |
| 12.00 @ 1 cup | 15.79 | 0.03 | 1.56 | 23.17 | 0.22 | 12.65 | 3.13 | 1.14 | 0.00 | 1.39 | 228.54 | 4195.84 | 0.00 | 0.63 | 150.99 | 20.02 | 0.04 | 0.07 | 0.33 | 0.08 | 0.00 | 36.30 | 23.73 | 1.00 |
| M53419 VEG: POTATO, FF CTINAGEN7 1/2C | | | | | | | | | | | | | | | | | | | | | | | | |
| 239.00 @ 1/2 cup | 119.99 | 1.33 | 10.00 | 133.32 | 4.67 | 35.00 | 17.33 | 2.00 | 0.00 | 2.00 | 259.98 | 0.00 | -* | -* | -* | 3.20 | -* | -* | -* | -* | -* | 0.00 | -* | 0.48 |
| M52217 FRUIT: APPLE, 138ct Whole 1c | | | | | | | | | | | | | | | | | | | | | | | | |
| 69.00 @ 1 each | 62.21 | 0.03 | 0.48 | 1.20 | 0.20 | 2.94 | 16.52 | 0.31 | 0.00 | 2.87 | 128.00 | 64.60 | 0.00 | 0.22 | 2.63 | 5.50 | 0.02 | 0.03 | 0.11 | 0.05 | 0.00 | 7.18 | 13.16 | 0.14 |
| M50178 FRUIT: PINEAPPLE Tbits w/Jc1/2c | | | | | | | | | | | | | | | | | | | | | | | | |
| 74.00 @ 1/2 cup | 78.55 | 0.01 | 0.14 | 1.20 | 0.10 | 1.10 | 18.92 | 0.51 | 0.00 | 0.96 | 146.98 | -* | -* | -* | -* | 11.45 | -* | -* | -* | -* | -* | 16.87 | -* | 0.34 |
| M50982 JUICE SS, ORANGE 100% 4 FLOZ | | | | | | | | | | | | | | | | | | | | | | | | |
| 107.00 @ 1 each | 51.44 | 0.00 | 0.00 | 15.43 | 0.00 | 0.00 | 12.35 | 1.03 | 0.00 | 0.00 | -* | 0.00 | -* | -* | -* | 43.21 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
| M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50 | | | | | | | | | | | | | | | | | | | | | | | | |
| 22.00 @ 1 carton | 110.00 | 1.50 | 12.28 | 130.00 | 2.50 | 20.46 | 13.00 | 8.00 | 10.00 | 0.00 | -* | 500.00 | -* | -* | -* | 2.40 | -* | -* | -* | -* | -* | 300.00 | -* | 0.00 |
| M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50 | | | | | | | | | | | | | | | | | | | | | | | | |
| 63.00 @ 1 carton | 120.00 | 0.00 | 0.00 | 180.00 | 0.00 | 0.00 | 20.00 | 8.00 | 5.00 | 0.00 | -* | 500.00 | -* | -* | -* | 1.20 | -* | -* | -* | -* | -* | 300.00 | -* | 0.00 |
| M50855 COND PC Ketchup 9g Heinz | | | | | | | | | | | | | | | | | | | | | | | | |

* Some values for this nutrient are unavailable; the number listed is incomplete.

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DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD McKamy MS

Service Area: McKamy - 6-8 - OVS

Menu Name: McKamy MS 2018-2019 Menu - cycle 4 - week 4

Avg.Method: Weighted (USDA Default)

| | | | | | | | | | | | | | | | | | | | | | | | | |
|------------------------------------|--------|------|-------|---------|------|-------|-------|-------|-------|------|---------|----------|------|------|--------|-------|------|------|-------|------|-------|--------|--------|------|
| 200.00 @ 1 each | 10.00 | 0.00 | 0.00 | 85.00 | 0.00 | 0.00 | 3.00 | 0.00 | 0.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | 0.00 | -* | 0.00 | |
| M50055 COND PC Mayonnaise 12g | | | | | | | | | | | | | | | | | | | | | | | | |
| 2.00 @ 1 each | 80.00 | 1.50 | 16.87 | 75.00 | 8.00 | 90.00 | 1.00 | 0.00 | 5.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | 0.00 | -* | 0.00 | |
| M50284 COND PC Mustard 6g | | | | | | | | | | | | | | | | | | | | | | | | |
| 4.00 @ 1 each | 0.00 | 0.00 | - | 65.00 | 0.00 | - | 1.00 | 0.00 | 0.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | 0.00 | -* | 0.00 | |
| M53222 COND PC Margarine 5g | | | | | | | | | | | | | | | | | | | | | | | | |
| 34.00 @ 1 each | 30.00 | 1.00 | 30.00 | 30.00 | 3.00 | 90.00 | 0.00 | 0.00 | 0.00 | 0.00 | -* | 500.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | 0.00 | -* | 0.00 | |
| M50624 COND PC Drsg Ranch 12g | | | | | | | | | | | | | | | | | | | | | | | | |
| 14.00 @ 1 each | 50.00 | 0.00 | 0.00 | 100.00 | 5.00 | 90.00 | 1.00 | 0.00 | 5.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | 0.00 | -* | 0.00 | |
| M50623 COND PC Drsg Italian 12g | | | | | | | | | | | | | | | | | | | | | | | | |
| 2.00 @ 1 each | 30.00 | 0.00 | 0.00 | 130.00 | 3.00 | 90.00 | 0.00 | 0.00 | 0.00 | 0.00 | -* | 100.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | 0.00 | -* | 0.00 | |
| M50056 COND PC Sauce, Taco 9g | | | | | | | | | | | | | | | | | | | | | | | | |
| 9.00 @ 1 each | 5.00 | 0.00 | 0.00 | 55.00 | 0.00 | 0.00 | 1.00 | 0.00 | 0.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | 0.00 | -* | 0.00 | |
| M50287 COND PC SAUCE, BBQ 12G PKT | | | | | | | | | | | | | | | | | | | | | | | | |
| 6.00 @ 1 each | 15.00 | 0.00 | 0.00 | 160.00 | 0.00 | 0.00 | 4.00 | 0.00 | 0.00 | 0.00 | -* | 100.00 | -* | -* | -* | 0.60 | -* | -* | -* | -* | 0.00 | -* | 0.00 | |
| M50063 COND_Sauce, Buffalo Wing AP | | | | | | | | | | | | | | | | | | | | | | | | |
| 14.00 @ 1 tablespoon | 4.38 | 0.02 | 4.79 | 363.06 | 0.22 | 45.51 | 0.48 | 0.11 | 0.17 | 0.12 | 21.32 | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | 2.22 | -* | 0.07 | |
| M51445 VEG GARN: Rom Leaf/Tom SI | | | | | | | | | | | | | | | | | | | | | | | | |
| 33.00 @ 1 serving | 4.96 | 0.01 | 1.72 | 1.84 | 0.07 | 12.86 | 1.02 | 0.30 | 0.00 | 0.47 | 68.61 | 1352.71 | 0.00 | 0.09 | 15.65 | 2.51 | 0.02 | 0.01 | 0.13 | 0.02 | 0.00 | 6.10 | 7.65 | 0.18 |
| M50412 COND_Pickle, Dill Slice 3ea | | | | | | | | | | | | | | | | | | | | | | | | |
| 23.00 @ 3 slice | 2.43 | 0.01 | 4.72 | 243.11 | 0.07 | 25.17 | 0.36 | 0.10 | 0.00 | 0.21 | -* | 0.00 | -* | -* | -* | 0.32 | -* | -* | -* | -* | 12.97 | -* | 0.08 | |
| Average | 756.47 | 9.05 | 10.77 | 1234.71 | 27.5 | 32.72 | 94.67 | 32.25 | 55.47 | 8.45 | 520.15* | 1001.05* | .26* | .15* | 12.13* | 32.43 | .05* | .05* | 1.03* | .11* | .37* | 356.28 | 55.75* | 4.2 |

* Some values for this nutrient are unavailable; the number listed is incomplete.

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DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD McKamy MS

Service Area: McKamy - 6-8 - OVS

Menu Name: McKamy MS 2018-2019 Menu - cycle 4 - week 4

Avg.Method: Weighted (USDA Default)

Age Group: Brkfst Grades K-8 **Period:** Breakfast **Week:** 4 **Day:** Tuesday **Count Type:** Forecasted **Total No. of Customers:** 7

| Weekly Std. (Target 1) | SFA | | Na (mg) | Fat | | CHO (g) | Pro (g) | Chol (mg) | Fiber (g) | K (mg) | Vit A (IU) | Vit D (IU) | Vit E (mg) | Vit K (mcg) | Vit C (mg) | Vit B1 (mg) | Vit B2 (mg) | Vit B3 (mg) | Vit B6 (mg) | Vit B12 (mcg) | Ca (mg) | P (mg) | Fe (mg) | |
|------------------------|-----|-------|---------|----------|-----|---------|---------|-----------|-----------|--------|------------|------------|------------|-------------|------------|-------------|-------------|-------------|-------------|---------------|---------|--------|---------|----------|
| | CAL | (g) | | % of CAL | (g) | | | | | | | | | | | | | | | | | | | % of CAL |
| 400.00-500.00 | | 10.00 | 540.00 | | | | | | | | | | | | | | | | | | | | | |

M50757 MELT BGL, EggPty AM 1.75 WG

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-------------------|--------|------|-------|--------|-------|-------|-------|-------|--------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 5.00 @ 1 sandwich | 300.00 | 6.00 | 18.00 | 690.00 | 14.00 | 42.00 | 22.00 | 14.00 | 120.00 | 4.00 | -* | 300.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 210.00 | -* | 2.16 |
|-------------------|--------|------|-------|--------|-------|-------|-------|-------|--------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M50442 CEREAL BWL, Cocoa Puffs RS WG

| | | | | | | | | | | | | | | | | | | | | | | | | |
|---------------|--------|------|------|--------|------|-------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 1.00 @ 1 bowl | 110.05 | 0.00 | 0.00 | 160.08 | 1.50 | 12.27 | 25.01 | 2.00 | 0.00 | 2.00 | -* | 500.25 | -* | -* | -* | 6.00 | -* | -* | -* | -* | -* | 100.05 | -* | 4.50 |
|---------------|--------|------|------|--------|------|-------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M50524 CEREAL BWL, Lucky Charms WG

| | | | | | | | | | | | | | | | | | | | | | | | | |
|---------------|--------|------|------|--------|------|------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 4.00 @ 1 bowl | 110.00 | 0.00 | 0.00 | 180.00 | 1.00 | 8.18 | 23.00 | 2.00 | 0.00 | 2.00 | -* | 500.01 | -* | -* | -* | 6.00 | -* | -* | -* | -* | -* | 100.00 | -* | 4.50 |
|---------------|--------|------|------|--------|------|------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M52725 BRD: BAR, Cereal CocoPuf WG IW

| | | | | | | | | | | | | | | | | | | | | | | | | |
|---------------|--------|------|------|--------|------|-------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 1.00 @ 1 each | 150.00 | 0.00 | 0.00 | 100.00 | 3.00 | 18.00 | 30.00 | 3.00 | 0.00 | 3.00 | -* | 100.00 | -* | -* | -* | 1.20 | -* | -* | -* | -* | -* | 200.00 | -* | 1.80 |
|---------------|--------|------|------|--------|------|-------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M51267 BRD: MUF AP, BLUEBRY 2OZ IW WG (1BG)

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-----------------|--------|------|------|--------|------|-------|-------|------|-------|------|--------|--------|-------|----|----|------|----|----|----|----|----|-------|----|------|
| 1.00 @ 1 muffin | 190.00 | 2.00 | 9.47 | 130.00 | 6.00 | 28.42 | 30.00 | 3.00 | 40.00 | 2.00 | 135.10 | 100.00 | 16.00 | -* | -* | 0.00 | -* | -* | -* | -* | -* | 20.00 | -* | 1.08 |
|-----------------|--------|------|------|--------|------|-------|-------|------|-------|------|--------|--------|-------|----|----|------|----|----|----|----|----|-------|----|------|

M51268 BRD: MUF AP, CHOC CHOC CHIP 2OZ IW WG (1BG)

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-----------------|--------|------|------|--------|------|-------|-------|------|-------|------|--------|--------|-------|----|----|------|----|----|----|----|----|-------|----|------|
| 1.00 @ 1 muffin | 200.00 | 2.00 | 9.00 | 130.00 | 6.00 | 27.00 | 32.00 | 4.00 | 40.00 | 2.00 | 159.95 | 100.00 | 16.00 | -* | -* | 0.00 | -* | -* | -* | -* | -* | 40.00 | -* | 1.44 |
|-----------------|--------|------|------|--------|------|-------|-------|------|-------|------|--------|--------|-------|----|----|------|----|----|----|----|----|-------|----|------|

M51848 BRD: POPTARTS, Straw 1.76oz WG

| | | | | | | | | | | | | | | | | | | | | | | | | |
|------------------|--------|------|------|--------|------|-------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 1.00 @ 1 package | 180.00 | 1.00 | 5.00 | 190.00 | 2.50 | 12.50 | 38.00 | 2.00 | 0.00 | 3.00 | -* | 500.01 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 100.00 | -* | 1.80 |
|------------------|--------|------|------|--------|------|-------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M51849 BRD: POPTARTS, Cinn 1.76oz WG

| | | | | | | | | | | | | | | | | | | | | | | | | |
|------------------|--------|------|------|--------|------|-------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 1.00 @ 1 package | 190.00 | 1.00 | 4.74 | 200.00 | 3.00 | 14.21 | 38.00 | 2.00 | 0.00 | 3.00 | -* | 500.01 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 100.00 | -* | 1.80 |
|------------------|--------|------|------|--------|------|-------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M51994 CHEESE, COLBY JK Stick 1ea 1.0

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------|-------|------|-------|--------|------|-------|------|------|-------|------|------|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 4.00 @ 1 stick | 90.00 | 4.00 | 40.00 | 200.01 | 6.00 | 60.00 | 0.00 | 7.00 | 20.00 | 0.00 | 0.00 | 200.01 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 200.01 | -* | 0.00 |
|----------------|-------|------|-------|--------|------|-------|------|------|-------|------|------|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M51237 BRD: BREAD WG, Tst Marg 1sl

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------|--------|------|-------|--------|------|-------|-------|------|------|------|-------|------|----|----|----|------|----|----|----|----|----|------|----|------|
| 2.00 @ 1 slice | 110.00 | 1.33 | 10.91 | 160.00 | 4.33 | 35.45 | 15.00 | 3.00 | 0.00 | 1.00 | 1.33* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 1.08 |
|----------------|--------|------|-------|--------|------|-------|-------|------|------|------|-------|------|----|----|----|------|----|----|----|----|----|------|----|------|

M50843 FRUIT: STRAWBERRIES, Frsh 1/2c

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------|-------|------|------|------|------|------|------|------|------|------|--------|------|------|------|------|-------|------|------|------|------|------|-------|-------|------|
| 2.00 @ 1/2 cup | 24.57 | 0.01 | 0.42 | 0.77 | 0.23 | 8.44 | 5.90 | 0.51 | 0.00 | 1.54 | 117.47 | 9.21 | 0.00 | 0.22 | 1.69 | 45.14 | 0.02 | 0.02 | 0.30 | 0.04 | 0.00 | 12.28 | 18.43 | 0.31 |
|----------------|-------|------|------|------|------|------|------|------|------|------|--------|------|------|------|------|-------|------|------|------|------|------|-------|-------|------|

M51110 FRUIT: ORANGE Mand w/Jc 1/2c

* Some values for this nutrient are unavailable; the number listed is incomplete.

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DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD McKamy MS

Service Area: McKamy - 6-8 - OVS

Menu Name: McKamy MS 2018-2019 Menu - cycle 4 - week 4

Avg.Method: Weighted (USDA Default)

| | | | | | | | | | | | | | | | | | | | | | | | | |
|---------------------------------------|--------|------|-------|--------|-------|-------|-------|-------|--------|------|---------|---------|-------|------|------|-------|------|----|------|------|----|--------|-------|------|
| 8.00 @ 1/2 cup | 51.73 | 0.00 | 0.00 | 6.26 | 0.03 | 0.44 | 12.19 | 0.70 | 0.00 | 0.94 | -* | 710.52 | -* | -* | -* | 37.06 | -* | -* | -* | -* | -* | 13.15 | -* | 0.43 |
| M50979 JUICE SS, Apple 100% 4oz Cart | | | | | | | | | | | | | | | | | | | | | | | | |
| 4.00 @ 1 each | 60.00 | 0.00 | 0.00 | 15.00 | 0.00 | 0.00 | 14.00 | 0.00 | 0.00 | 0.00 | 85.00 | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
| M53465 MILK SS, 1% WHITE 8 FLOZ | | | | | | | | | | | | | | | | | | | | | | | | |
| 4.00 @ 1 carton | 110.00 | 1.50 | 12.28 | 130.00 | 2.50 | 20.46 | 13.00 | 8.00 | 10.00 | 0.00 | -* | 500.00 | -* | -* | -* | 2.40 | -* | -* | -* | -* | -* | 300.00 | -* | 0.00 |
| M51096 MILK SS, SKIM CHOCOLATE 8 FLOZ | | | | | | | | | | | | | | | | | | | | | | | | |
| 4.00 @ 1 carton | 120.00 | 0.00 | 0.00 | 180.00 | 0.00 | 0.00 | 20.00 | 8.00 | 5.00 | 0.00 | -* | 500.00 | -* | -* | -* | 1.20 | -* | -* | -* | -* | -* | 300.00 | -* | 0.00 |
| M53222 COND PC Margarine 5g | | | | | | | | | | | | | | | | | | | | | | | | |
| 2.00 @ 1 each | 30.00 | 1.00 | 30.00 | 30.00 | 3.00 | 90.00 | 0.00 | 0.00 | 0.00 | 0.00 | -* | 500.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
| Average | 746.16 | 8.96 | 10.8 | 1087.4 | 20.76 | 25.04 | 103.2 | 28.38 | 117.15 | 7.94 | 124.66* | 2400.43 | 4.57* | .06* | .48* | 61.77 | .01* | 0* | .08* | .01* | 0* | 762.84 | 5.26* | 6.77 |

* Some values for this nutrient are unavailable; the number listed is incomplete.

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DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD McKamy MS

Service Area: McKamy - 6-8 - OVS

Menu Name: McKamy MS 2018-2019 Menu - cycle 4 - week 4

Avg.Method: Weighted (USDA Default)

Age Group: Lunch Grades 6-8 **Period:** Lunch **Week:** 4 **Day:** Tuesday **Count Type:** Forecasted **Total No. of Customers:** 219

| Weekly Std. (Target 1) | SFA | | Na (mg) | Fat | | CHO (g) | Pro (g) | Chol (mg) | Fiber (g) | K (mg) | Vit A (IU) | Vit D (IU) | Vit E (mg) | Vit K (mcg) | Vit C (mg) | Vit B1 (mg) | Vit B2 (mg) | Vit B3 (mg) | Vit B6 (mg) | Vit B12 (mcg) | Ca (mg) | P (mg) | Fe (mg) | |
|------------------------|-----|-------|---------|----------|-----|---------|---------|-----------|-----------|--------|------------|------------|------------|-------------|------------|-------------|-------------|-------------|-------------|---------------|---------|--------|---------|----------|
| | CAL | (g) | | % of CAL | (g) | | | | | | | | | | | | | | | | | | | % of CAL |
| 600.00-700.00 | | 10.00 | 1360.00 | | | | | | | | | | | | | | | | | | | | | |

M66219 ENCHILADA CASS, CHZ SC WG 2.0

| | | | | | | | | | | | | | | | | | | | | | | | | |
|------------------|--------|-------|-------|--------|-------|-------|-------|-------|-------|------|--------|---------|-------|-------|-------|-------|-------|-------|-------|-------|-------|--------|-------|------|
| 44.00 @ 1/24 cut | 328.33 | 12.02 | 32.94 | 467.71 | 18.90 | 51.80 | 24.97 | 16.40 | 60.01 | 1.86 | 24.73* | 1137.52 | 0.00* | 0.11* | 0.62* | 11.99 | 0.01* | 0.01* | 0.06* | 0.03* | 0.00* | 424.61 | 6.42* | 1.33 |
|------------------|--------|-------|-------|--------|-------|-------|-------|-------|-------|------|--------|---------|-------|-------|-------|-------|-------|-------|-------|-------|-------|--------|-------|------|

M52224 RICE, Mex Spiced WG 1BG

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-----------------|--------|------|------|-------|------|------|-------|------|------|------|--------|---------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|------|
| 44.00 @ 1/2 cup | 109.96 | 0.22 | 1.77 | 66.08 | 0.94 | 7.73 | 22.26 | 2.54 | 0.99 | 1.15 | 76.27* | 170.90* | 0.00* | 0.11* | 1.15* | 0.11* | 0.00* | 0.01* | 0.05* | 0.01* | 0.00* | 12.86 | 3.91* | 0.57 |
|-----------------|--------|------|------|-------|------|------|-------|------|------|------|--------|---------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|------|

M51544 SALAD, ChixPop CH SC W 2.0

| | | | | | | | | | | | | | | | | | | | | | | | | |
|---------------|--------|------|-------|--------|-------|-------|-------|-------|-------|------|---------|---------|-------|-------|--------|------|-------|-------|-------|-------|-------|--------|--------|------|
| 2.00 @ 1 each | 256.64 | 5.07 | 17.77 | 393.81 | 15.30 | 53.66 | 14.81 | 15.66 | 31.38 | 3.71 | 146.57* | 5198.94 | 0.00* | 0.12* | 43.60* | 7.46 | 0.04* | 0.04* | 0.25* | 0.06* | 0.00* | 153.61 | 17.48* | 2.04 |
|---------------|--------|------|-------|--------|-------|-------|-------|-------|-------|------|---------|---------|-------|-------|--------|------|-------|-------|-------|-------|-------|--------|--------|------|

M51680 BRD: ROLL DG, WG 2.5oz

| | | | | | | | | | | | | | | | | | | | | | | | | |
|---------------|--------|------|------|--------|------|-------|-------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|-------|----|------|
| 2.00 @ 1 each | 170.00 | 0.50 | 2.65 | 135.00 | 3.00 | 15.88 | 28.00 | 7.00 | 0.00 | 3.40 | -* | 0.01 | -* | -* | -* | 0.01 | -* | -* | -* | -* | -* | 12.70 | -* | 0.85 |
|---------------|--------|------|------|--------|------|-------|-------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|-------|----|------|

M50937 SUB AP, CHam Tky AM WG 2.0

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-------------------|--------|------|-------|---------|-------|-------|-------|-------|-------|------|---------|---------|-------|-------|--------|------|-------|-------|-------|-------|-------|--------|--------|------|
| 1.00 @ 1 sandwich | 329.93 | 5.89 | 16.08 | 1011.20 | 13.52 | 36.87 | 33.54 | 22.10 | 67.50 | 3.94 | 137.21* | 2905.42 | 0.00* | 0.19* | 31.30* | 5.02 | 0.03* | 0.02* | 0.26* | 0.04* | 0.00* | 212.19 | 15.31* | 2.24 |
|-------------------|--------|------|-------|---------|-------|-------|-------|-------|-------|------|---------|---------|-------|-------|--------|------|-------|-------|-------|-------|-------|--------|--------|------|

M50962 SDW BD, SBJ WG 2.0

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-------------------|--------|------|------|--------|-------|-------|-------|-------|------|------|---------|------|-------|----|----|------|----|----|----|----|----|-------|----|------|
| 2.00 @ 1 sandwich | 658.38 | 3.99 | 5.45 | 579.16 | 35.89 | 49.06 | 69.87 | 19.95 | 0.00 | 5.99 | 378.78* | 0.00 | 0.00* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 59.81 | -* | 5.35 |
|-------------------|--------|------|------|--------|-------|-------|-------|-------|------|------|---------|------|-------|----|----|------|----|----|----|----|----|-------|----|------|

M51578 PIZZA 16" CHZ WG 2.0

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-----------------|--------|------|-------|--------|-------|-------|-------|-------|-------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 14.00 @ 1/8 cut | 351.26 | 7.50 | 19.22 | 810.03 | 15.50 | 39.72 | 30.87 | 19.38 | 30.00 | 3.25 | -* | 403.18 | -* | -* | -* | 0.90 | -* | -* | -* | -* | -* | 419.72 | -* | 1.13 |
|-----------------|--------|------|-------|--------|-------|-------|-------|-------|-------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M51585 PIZZA 16" Sausage WG 2.25

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-----------------|--------|------|-------|--------|-------|-------|-------|-------|-------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 14.00 @ 1/8 cut | 398.13 | 8.91 | 20.13 | 922.53 | 19.72 | 44.58 | 31.11 | 21.25 | 39.38 | 3.25 | -* | 403.18 | -* | -* | -* | 0.90 | -* | -* | -* | -* | -* | 429.09 | -* | 1.21 |
|-----------------|--------|------|-------|--------|-------|-------|-------|-------|-------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M52587 CHIX TENDER, GLDN CRISPY (3) WG 2.0 MWWW

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------|--------|------|------|--------|-------|-------|-------|-------|-------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|
| 49.00 @ 3 each | 239.64 | 2.25 | 8.44 | 404.38 | 11.98 | 45.00 | 11.98 | 19.47 | 44.93 | 1.50 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 1.62 |
|----------------|--------|------|------|--------|-------|-------|-------|-------|-------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|

M51680 BRD: ROLL DG, WG 2.5oz

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------|--------|------|------|--------|------|-------|-------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|-------|----|------|
| 49.00 @ 1 each | 170.00 | 0.50 | 2.65 | 135.00 | 3.00 | 15.88 | 28.00 | 7.00 | 0.00 | 3.40 | -* | 0.01 | -* | -* | -* | 0.01 | -* | -* | -* | -* | -* | 12.70 | -* | 0.85 |
|----------------|--------|------|------|--------|------|-------|-------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|-------|----|------|

M51417 BURG, Beef AP WG 2.0

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------|--------|------|------|--------|------|-------|-------|-------|-------|------|----|------|----|----|----|------|----|----|----|----|----|-------|----|------|
| 10.00 @ 1 each | 240.00 | 2.00 | 7.50 | 345.00 | 7.00 | 26.25 | 29.00 | 16.00 | 25.00 | 2.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 60.00 | -* | 2.88 |
|----------------|--------|------|------|--------|------|-------|-------|-------|-------|------|----|------|----|----|----|------|----|----|----|----|----|-------|----|------|

M50821 BURG, Beef AM AP WG 2.25

* Some values for this nutrient are unavailable; the number listed is incomplete.

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DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD McKamy MS

Service Area: McKamy - 6-8 - OVS

Menu Name: McKamy MS 2018-2019 Menu - cycle 4 - week 4

Avg.Method: Weighted (USDA Default)

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------|--------|------|-------|--------|-------|-------|-------|-------|-------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 28.00 @ 1 each | 285.00 | 4.25 | 13.42 | 545.00 | 10.50 | 33.16 | 29.50 | 18.50 | 37.50 | 2.00 | -* | 100.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 135.00 | -* | 2.88 |
|----------------|--------|------|-------|--------|-------|-------|-------|-------|-------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M53770 SDW BN, CHIXPTY PLN WG/WG2.0 MWWW

| | | | | | | | | | | | | | | | | | | | | | | | | |
|--------------------|--------|------|------|--------|-------|-------|-------|-------|-------|------|----|------|----|----|----|------|----|----|----|----|----|-------|----|------|
| 22.00 @ 1 sandwich | 339.76 | 1.50 | 3.97 | 589.66 | 10.99 | 29.11 | 35.99 | 23.98 | 44.95 | 5.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 40.00 | -* | 2.52 |
|--------------------|--------|------|------|--------|-------|-------|-------|-------|-------|------|----|------|----|----|----|------|----|----|----|----|----|-------|----|------|

M52952 SDW BN, CHIXPTY BRD SPCY WG/WG 2.0 MWWW

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-------------------|--------|------|------|--------|-------|-------|-------|-------|-------|------|----|------|----|----|----|------|----|----|----|----|----|-------|----|------|
| 9.00 @ 1 sandwich | 339.86 | 2.00 | 5.29 | 629.77 | 11.99 | 31.76 | 35.99 | 23.99 | 44.97 | 3.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 40.00 | -* | 2.88 |
|-------------------|--------|------|------|--------|-------|-------|-------|-------|-------|------|----|------|----|----|----|------|----|----|----|----|----|-------|----|------|

M55774 STICKS, MAX SNAX PIZZA W/MARINARA AP WG 2.0

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------|--------|------|------|--------|-------|-------|-------|-------|-------|------|-------|---------|----|----|----|-------|----|----|----|----|----|--------|----|------|
| 41.00 @ 2 each | 319.87 | 3.00 | 8.44 | 609.89 | 10.00 | 28.13 | 39.98 | 20.00 | 10.00 | 4.00 | 0.00* | 498.95* | -* | -* | -* | 8.98* | -* | -* | -* | -* | -* | 459.92 | -* | 2.68 |
|----------------|--------|------|------|--------|-------|-------|-------|-------|-------|------|-------|---------|----|----|----|-------|----|----|----|----|----|--------|----|------|

M67940 VEG: BEANS, BLACK CHARRO 1/2C

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-----------------|--------|------|------|--------|------|------|-------|------|------|------|---------|---------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|------|
| 20.00 @ 1/2 cup | 114.50 | 0.26 | 2.07 | 144.97 | 0.91 | 7.19 | 20.22 | 6.31 | 0.81 | 6.12 | 374.72* | 120.16* | 3.02* | 0.08* | 1.81* | 2.04* | 0.01* | 0.00* | 0.09* | 0.02* | 0.00* | 71.52 | 5.27* | 2.16 |
|-----------------|--------|------|------|--------|------|------|-------|------|------|------|---------|---------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|------|

M52847 VEG: SALAD, Corn Fz Mex 1/2c

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-----------------|-------|------|------|-------|------|-------|-------|------|------|------|---------|--------|-------|-------|-------|-------|-------|-------|-------|-------|-------|------|--------|------|
| 70.00 @ 1/2 cup | 83.07 | 0.27 | 2.90 | 97.72 | 1.79 | 19.40 | 17.02 | 2.40 | 0.00 | 1.93 | 191.08* | 229.32 | 0.00* | 0.17* | 1.34* | 15.30 | 0.07* | 0.06* | 1.32* | 0.16* | 0.00* | 7.84 | 55.48* | 0.45 |
|-----------------|-------|------|------|-------|------|-------|-------|------|------|------|---------|--------|-------|-------|-------|-------|-------|-------|-------|-------|-------|------|--------|------|

M51731 VEG: POTATO SWT, FF CRINKLE 1/2C

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-----------------|--------|------|------|--------|------|-------|-------|------|------|------|--------|---------|----|----|----|------|----|----|----|----|----|-------|----|------|
| 95.00 @ 1/2 cup | 137.66 | 0.53 | 3.46 | 180.02 | 4.77 | 31.15 | 23.30 | 1.06 | 0.00 | 3.18 | 243.56 | 3176.86 | -* | -* | -* | 6.35 | -* | -* | -* | -* | -* | 21.18 | -* | 0.38 |
|-----------------|--------|------|------|--------|------|-------|-------|------|------|------|--------|---------|----|----|----|------|----|----|----|----|----|-------|----|------|

M51113 FRUIT: ORANGE 138ct Whole 1/2c

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------|-------|------|------|------|------|------|-------|------|------|------|--------|--------|------|------|------|-------|------|------|------|------|------|-------|-------|------|
| 67.00 @ 1 each | 46.97 | 0.01 | 0.29 | 0.00 | 0.12 | 2.30 | 11.74 | 0.94 | 0.00 | 2.40 | 180.87 | 224.84 | 0.00 | 0.18 | 0.00 | 53.16 | 0.09 | 0.04 | 0.28 | 0.06 | 0.00 | 39.97 | 13.99 | 0.10 |
|----------------|-------|------|------|------|------|------|-------|------|------|------|--------|--------|------|------|------|-------|------|------|------|------|------|-------|-------|------|

M52271 FRUIT: PEARS, Dice w/Jc 1/2c

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-----------------|-------|------|------|-------|------|------|-------|------|------|------|-------|------|----|----|----|------|----|----|----|----|----|------|----|------|
| 46.00 @ 1/2 cup | 60.66 | 0.00 | 0.00 | 10.11 | 0.00 | 0.00 | 14.15 | 0.00 | 0.00 | 2.02 | 80.89 | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
|-----------------|-------|------|------|-------|------|------|-------|------|------|------|-------|------|----|----|----|------|----|----|----|----|----|------|----|------|

M50979 JUICE SS, Apple 100% 4oz Cart

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-----------------|-------|------|------|-------|------|------|-------|------|------|------|-------|------|----|----|----|------|----|----|----|----|----|------|----|------|
| 106.00 @ 1 each | 60.00 | 0.00 | 0.00 | 15.00 | 0.00 | 0.00 | 14.00 | 0.00 | 0.00 | 0.00 | 85.00 | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
|-----------------|-------|------|------|-------|------|------|-------|------|------|------|-------|------|----|----|----|------|----|----|----|----|----|------|----|------|

M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50

| | | | | | | | | | | | | | | | | | | | | | | | | |
|------------------|--------|------|-------|--------|------|-------|-------|------|-------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 16.00 @ 1 carton | 110.00 | 1.50 | 12.28 | 130.00 | 2.50 | 20.46 | 13.00 | 8.00 | 10.00 | 0.00 | -* | 500.00 | -* | -* | -* | 2.40 | -* | -* | -* | -* | -* | 300.00 | -* | 0.00 |
|------------------|--------|------|-------|--------|------|-------|-------|------|-------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50

| | | | | | | | | | | | | | | | | | | | | | | | | |
|------------------|--------|------|------|--------|------|------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 60.00 @ 1 carton | 120.00 | 0.00 | 0.00 | 180.00 | 0.00 | 0.00 | 20.00 | 8.00 | 5.00 | 0.00 | -* | 500.00 | -* | -* | -* | 1.20 | -* | -* | -* | -* | -* | 300.00 | -* | 0.00 |
|------------------|--------|------|------|--------|------|------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M50855 COND PC Ketchup 9g Heinz

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-----------------|-------|------|------|-------|------|------|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|
| 200.00 @ 1 each | 10.00 | 0.00 | 0.00 | 85.00 | 0.00 | 0.00 | 3.00 | 0.00 | 0.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
|-----------------|-------|------|------|-------|------|------|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|

M50055 COND PC Mayonnaise 12g

| | | | | | | | | | | | | | | | | | | | | | | | | |
|---------------|-------|------|-------|-------|------|-------|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|
| 5.00 @ 1 each | 80.00 | 1.50 | 16.87 | 75.00 | 8.00 | 90.00 | 1.00 | 0.00 | 5.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
|---------------|-------|------|-------|-------|------|-------|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|

M50284 COND PC Mustard 6g

* Some values for this nutrient are unavailable; the number listed is incomplete.

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DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD McKamy MS

Service Area: McKamy - 6-8 - OVS

Menu Name: McKamy MS 2018-2019 Menu - cycle 4 - week 4

Avg.Method: Weighted (USDA Default)

| | | | | | | | | | | | | | | | | | | | | | | | | | | |
|---------------------------------------|--------|------|-------|--------|------|-------|-------|-------|-------|------|---------|----------|--------|------|-------|-------|------|------|------|------|------|--------|--------|------|------|--|
| 8.00 @ 1 each | 0.00 | 0.00 | - | 65.00 | 0.00 | - | 1.00 | 0.00 | 0.00 | 0.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 | |
| M53222 COND PC Margarine 5g | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 32.00 @ 1 each | 30.00 | 1.00 | 30.00 | 30.00 | 3.00 | 90.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | -* | 500.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 | |
| M50624 COND PC Drsg Ranch 12g | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 5.00 @ 1 each | 50.00 | 0.00 | 0.00 | 100.00 | 5.00 | 90.00 | 1.00 | 0.00 | 5.00 | 0.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 | |
| M50623 COND PC Drsg Italian 12g | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 2.00 @ 1 each | 30.00 | 0.00 | 0.00 | 130.00 | 3.00 | 90.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | -* | 100.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 | |
| M53116 COND PC Drsg Honey Mustard 12g | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 16.00 @ 1 each | 15.00 | 0.00 | 0.00 | 65.00 | 0.00 | 0.00 | 4.00 | 0.00 | 0.00 | 0.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 | |
| M50056 COND PC Sauce, Taco 9g | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 5.00 @ 1 each | 5.00 | 0.00 | 0.00 | 55.00 | 0.00 | 0.00 | 1.00 | 0.00 | 0.00 | 0.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 | |
| M50287 COND PC SAUCE, BBQ 12G PKT | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 4.00 @ 1 each | 15.00 | 0.00 | 0.00 | 160.00 | 0.00 | 0.00 | 4.00 | 0.00 | 0.00 | 0.00 | 0.00 | -* | 100.00 | -* | -* | -* | 0.60 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 | |
| M50063 COND_Sauce, Buffalo Wing AP | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 5.00 @ 1 tablespoon | 4.38 | 0.02 | 4.79 | 363.06 | 0.22 | 45.51 | 0.48 | 0.11 | 0.17 | 0.12 | 21.32 | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 2.22 | -* | 0.07 | | |
| M51445 VEG GARN: Rom Leaf/Tom Sl | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 30.00 @ 1 serving | 4.96 | 0.01 | 1.72 | 1.84 | 0.07 | 12.86 | 1.02 | 0.30 | 0.00 | 0.47 | 68.61 | 1352.71 | 0.00 | 0.09 | 15.65 | 2.51 | 0.02 | 0.01 | 0.13 | 0.02 | 0.00 | 6.10 | 7.65 | 0.18 | | |
| M50412 COND_Pickle, Dill Slice 3ea | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 20.00 @ 3 slice | 2.43 | 0.01 | 4.72 | 243.11 | 0.07 | 25.17 | 0.36 | 0.10 | 0.00 | 0.21 | -* | 0.00 | -* | -* | -* | 0.32 | -* | -* | -* | -* | -* | 12.97 | -* | 0.08 | | |
| Average | 607.45 | 6.3 | 9.34 | 958.15 | 19 | 28.16 | 81.81 | 27.97 | 43.92 | 7.77 | 350.02* | 2447.14* | .28* | .17* | 3.63* | 29.3* | .06* | .03* | .56* | .08* | 0* | 396.43 | 25.85* | 3.11 | | |

* Some values for this nutrient are unavailable; the number listed is incomplete.

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DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD McKamy MS

Service Area: McKamy - 6-8 - OVS

Menu Name: McKamy MS 2018-2019 Menu - cycle 4 - week 4

Avg.Method: Weighted (USDA Default)

Age Group: Brkfst Grades K-8 **Period:** Breakfast **Week:** 4 **Day:** Wednesday **Count Type:** Forecasted **Total No. of Customers:** 13

| Weekly Std. (Target 1) | SFA | | Na (mg) | Fat | | CHO (g) | Pro (g) | Chol (mg) | Fiber (g) | K (mg) | Vit A (IU) | Vit D (IU) | Vit E (mg) | Vit K (mcg) | Vit C (mg) | Vit B1 (mg) | Vit B2 (mg) | Vit B3 (mg) | Vit B6 (mg) | Vit B12 (mcg) | Ca (mg) | P (mg) | Fe (mg) | |
|------------------------|-----|-------|---------|----------|-----|---------|---------|-----------|-----------|--------|------------|------------|------------|-------------|------------|-------------|-------------|-------------|-------------|---------------|---------|--------|---------|----------|
| | CAL | (g) | | % of CAL | (g) | | | | | | | | | | | | | | | | | | | % of CAL |
| 400.00-500.00 | | 10.00 | 540.00 | | | | | | | | | | | | | | | | | | | | | |

M52920 BRD: PANCAKES, AP WG 2EA (2BG)

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------|--------|------|------|--------|------|-------|-------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|
| 12.00 @ 2 each | 153.33 | 0.67 | 3.91 | 220.00 | 4.00 | 23.48 | 27.33 | 3.33 | 6.67 | 2.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 1.20 |
|----------------|--------|------|------|--------|------|-------|-------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|

M50208 CEREAL BWL, CINN TST CRUNCH RS WG

| | | | | | | | | | | | | | | | | | | | | | | | | |
|---------------|--------|------|------|--------|------|-------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 3.00 @ 1 bowl | 110.00 | 0.50 | 4.09 | 160.00 | 3.00 | 24.54 | 22.00 | 1.00 | 0.00 | 3.00 | -* | 400.01 | -* | -* | -* | 4.80 | -* | -* | -* | -* | -* | 200.01 | -* | 3.60 |
|---------------|--------|------|------|--------|------|-------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M50524 CEREAL BWL, Lucky Charms WG

| | | | | | | | | | | | | | | | | | | | | | | | | |
|---------------|--------|------|------|--------|------|------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 1.00 @ 1 bowl | 110.00 | 0.00 | 0.00 | 180.00 | 1.00 | 8.18 | 23.00 | 2.00 | 0.00 | 2.00 | -* | 500.01 | -* | -* | -* | 6.00 | -* | -* | -* | -* | -* | 100.00 | -* | 4.50 |
|---------------|--------|------|------|--------|------|------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M51848 BRD: POPTARTS, Straw 1.76oz WG

| | | | | | | | | | | | | | | | | | | | | | | | | |
|------------------|--------|------|------|--------|------|-------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 1.00 @ 1 package | 180.00 | 1.00 | 5.00 | 190.00 | 2.50 | 12.50 | 38.00 | 2.00 | 0.00 | 3.00 | -* | 500.01 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 100.00 | -* | 1.80 |
|------------------|--------|------|------|--------|------|-------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M51237 BRD: BREAD WG, Tst Marg 1sl

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------|--------|------|-------|--------|------|-------|-------|------|------|------|-------|------|----|----|----|------|----|----|----|----|----|------|----|------|
| 4.00 @ 1 slice | 110.00 | 1.33 | 10.91 | 160.00 | 4.33 | 35.45 | 15.00 | 3.00 | 0.00 | 1.00 | 1.33* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 1.08 |
|----------------|--------|------|-------|--------|------|-------|-------|------|------|------|-------|------|----|----|----|------|----|----|----|----|----|------|----|------|

M66354 YOGURT, PARFAIT STRAWBERRY 1.0

| | | | | | | | | | | | | | | | | | | | | | | | | |
|------------------|--------|------|------|-------|------|-------|-------|------|------|------|--------|--------|--------|-------|-------|-------|-------|-------|-------|-------|-------|--------|-------|------|
| 4.00 @ 1 serving | 135.19 | 0.59 | 3.92 | 67.14 | 1.57 | 10.43 | 26.34 | 4.01 | 5.00 | 1.08 | 222.26 | 517.91 | 80.06* | 0.11* | 0.86* | 16.06 | 0.01* | 0.01* | 0.18* | 0.01* | 0.00* | 106.31 | 5.07* | 0.39 |
|------------------|--------|------|------|-------|------|-------|-------|------|------|------|--------|--------|--------|-------|-------|-------|-------|-------|-------|-------|-------|--------|-------|------|

M50529 FRUIT: GRAPES, Fresh 1/2c

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------|-------|------|------|------|------|------|-------|------|------|------|--------|-------|------|------|-------|------|------|------|------|------|------|-------|------|------|
| 5.00 @ 1/2 cup | 56.80 | 0.10 | 1.53 | 1.70 | 0.30 | 4.70 | 14.54 | 0.53 | 0.00 | 0.76 | 161.94 | 84.78 | 0.00 | 0.16 | 12.38 | 3.39 | 0.08 | 0.05 | 0.25 | 0.09 | 0.00 | 11.87 | 8.48 | 0.25 |
|----------------|-------|------|------|------|------|------|-------|------|------|------|--------|-------|------|------|-------|------|------|------|------|------|------|-------|------|------|

M53549 FRUIT: APPLESAUCE,Unswt AP1/2c

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------|-------|------|------|-------|------|------|-------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|
| 5.00 @ 1/2 cup | 52.77 | 0.00 | 0.00 | 10.55 | 0.00 | 0.00 | 13.72 | 0.00 | 0.00 | 2.11 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
|----------------|-------|------|------|-------|------|------|-------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|

M50982 JUICE SS, ORANGE 100% 4 FLOZ

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------|-------|------|------|-------|------|------|-------|------|------|------|----|------|----|----|----|-------|----|----|----|----|----|------|----|------|
| 10.00 @ 1 each | 51.44 | 0.00 | 0.00 | 15.43 | 0.00 | 0.00 | 12.35 | 1.03 | 0.00 | 0.00 | -* | 0.00 | -* | -* | -* | 43.21 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
|----------------|-------|------|------|-------|------|------|-------|------|------|------|----|------|----|----|----|-------|----|----|----|----|----|------|----|------|

M53465 MILK SS, 1% WHITE 8 FLOZ

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-----------------|--------|------|-------|--------|------|-------|-------|------|-------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 3.00 @ 1 carton | 110.00 | 1.50 | 12.28 | 130.00 | 2.50 | 20.46 | 13.00 | 8.00 | 10.00 | 0.00 | -* | 500.00 | -* | -* | -* | 2.40 | -* | -* | -* | -* | -* | 300.00 | -* | 0.00 |
|-----------------|--------|------|-------|--------|------|-------|-------|------|-------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M51096 MILK SS, SKIM CHOCOLATE 8 FLOZ

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-----------------|--------|------|------|--------|------|------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 8.00 @ 1 carton | 120.00 | 0.00 | 0.00 | 180.00 | 0.00 | 0.00 | 20.00 | 8.00 | 5.00 | 0.00 | -* | 500.00 | -* | -* | -* | 1.20 | -* | -* | -* | -* | -* | 300.00 | -* | 0.00 |
|-----------------|--------|------|------|--------|------|------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M53222 COND PC Margarine 5g

* Some values for this nutrient are unavailable; the number listed is incomplete.

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DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD McKamy MS

Service Area: McKamy - 6-8 - OVS

Menu Name: McKamy MS 2018-2019 Menu - cycle 4 - week 4

Avg.Method: Weighted (USDA Default)

| | | | | | | | | | | | | | | | | | | | | | | | | | |
|---------------|-------|------|-------|-------|------|-------|------|------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|------|----|------|
| 1.00 @ 1 each | 30.00 | 1.00 | 30.00 | 30.00 | 3.00 | 90.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | -* | 500.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
|---------------|-------|------|-------|-------|------|-------|------|------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|------|----|------|

M50854 COND PC Jelly, #4 Smuckers

| | | | | | | | | | | | | | | | | | | | | | | | | | |
|---------------|-------|------|------|------|------|------|------|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|
| 1.00 @ 1 each | 35.00 | 0.00 | 0.00 | 5.00 | 0.00 | 0.00 | 9.00 | 0.00 | 0.00 | 0.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
|---------------|-------|------|------|------|------|------|------|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|

M50056 COND PC Sauce, Taco 9g

| | | | | | | | | | | | | | | | | | | | | | | | | | |
|---------------|------|------|------|-------|------|------|------|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|
| 1.00 @ 1 each | 5.00 | 0.00 | 0.00 | 55.00 | 0.00 | 0.00 | 1.00 | 0.00 | 0.00 | 0.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
|---------------|------|------|------|-------|------|------|------|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|

M50058 COND PC Syrup 1.4oz Smuckers

| | | | | | | | | | | | | | | | | | | | | | | | | | |
|---------------|--------|------|------|-------|------|------|-------|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|
| 1.00 @ 1 each | 110.00 | 0.00 | 0.00 | 25.00 | 0.00 | 0.00 | 29.00 | 0.00 | 0.00 | 0.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
|---------------|--------|------|------|-------|------|------|-------|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------|--------|------|------|--------|------|-------|-------|-------|-------|------|---------|--------|--------|-----|-------|-------|------|------|------|------|----|--------|-------|------|
| Average | 459.46 | 1.86 | 3.64 | 504.55 | 7.39 | 14.48 | 86.39 | 13.54 | 13.08 | 4.67 | 131.08* | 822.74 | 24.63* | .1* | 5.02* | 42.35 | .03* | .02* | .15* | .04* | 0* | 352.66 | 4.82* | 2.97 |
|----------------|--------|------|------|--------|------|-------|-------|-------|-------|------|---------|--------|--------|-----|-------|-------|------|------|------|------|----|--------|-------|------|

* Some values for this nutrient are unavailable; the number listed is incomplete.

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DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD McKamy MS

Service Area: McKamy - 6-8 - OVS

Menu Name: McKamy MS 2018-2019 Menu - cycle 4 - week 4

Avg.Method: Weighted (USDA Default)

Age Group: Lunch Grades 6-8 **Period:** Lunch **Week:** 4 **Day:** Wednesday **Count Type:** Forecasted **Total No. of Customers:** 233

| Weekly Std. (Target 1) | SFA | | Na (mg) | Fat | | CHO (g) | Pro (g) | Chol (mg) | Fiber (g) | K (mg) | Vit A (IU) | Vit D (IU) | Vit E (mg) | Vit K (mcg) | Vit C (mg) | Vit B1 (mg) | Vit B2 (mg) | Vit B3 (mg) | Vit B6 (mg) | Vit B12 (mcg) | Ca (mg) | P (mg) | Fe (mg) | |
|------------------------|-----|-----|---------|----------|-----|---------|---------|-----------|-----------|--------|------------|------------|------------|-------------|------------|-------------|-------------|-------------|-------------|---------------|---------|--------|---------|----------|
| | CAL | (g) | | % of CAL | (g) | | | | | | | | | | | | | | | | | | | % of CAL |
| 600.00-700.00 | | | 1360.00 | | | | | | | | | | | | | | | | | | | | | |

M51950 FISH, Sticks AP (C) WG2.0(4ea)

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------|--------|------|------|--------|------|-------|-------|-------|-------|------|--------|----|----|----|----|----|----|----|----|----|----|------|----|------|
| 67.00 @ 4 each | 170.00 | 1.00 | 5.30 | 260.00 | 6.00 | 31.76 | 18.00 | 11.00 | 35.00 | 1.00 | 170.00 | -* | -* | -* | -* | -* | -* | -* | -* | -* | -* | 0.00 | -* | 1.00 |
|----------------|--------|------|------|--------|------|-------|-------|-------|-------|------|--------|----|----|----|----|----|----|----|----|----|----|------|----|------|

M53077 ENT: PASTA, MAC&CHZ SC WG 2.0 (1BG)

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-----------------|--------|-------|-------|--------|-------|-------|-------|-------|-------|------|---------|--------|-------|-------|-------|------|-------|-------|-------|-------|-------|--------|-------|------|
| 67.00 @ 6 fl oz | 339.39 | 11.21 | 29.74 | 818.91 | 18.22 | 48.31 | 27.20 | 16.94 | 59.56 | 2.79 | 163.39* | 536.13 | 0.00* | 0.05* | 0.54* | 0.04 | 0.02* | 0.01* | 0.15* | 0.01* | 0.01* | 410.41 | 8.00* | 1.71 |
|-----------------|--------|-------|-------|--------|-------|-------|-------|-------|-------|------|---------|--------|-------|-------|-------|------|-------|-------|-------|-------|-------|--------|-------|------|

M52184 SALAD, CHam Tky Cobb SCW2.25

| | | | | | | | | | | | | | | | | | | | | | | | | |
|---------------|--------|------|-------|--------|-------|-------|------|-------|--------|------|---------|---------|-------|-------|--------|------|-------|-------|-------|-------|-------|--------|--------|------|
| 1.00 @ 1 each | 188.39 | 5.07 | 24.22 | 397.88 | 11.26 | 53.79 | 5.84 | 16.30 | 141.66 | 1.26 | 146.57* | 5267.02 | 0.00* | 0.12* | 43.60* | 7.46 | 0.04* | 0.04* | 0.25* | 0.06* | 0.00* | 140.43 | 17.48* | 1.30 |
|---------------|--------|------|-------|--------|-------|-------|------|-------|--------|------|---------|---------|-------|-------|--------|------|-------|-------|-------|-------|-------|--------|--------|------|

M51680 BRD: ROLL DG, WG 2.5oz

| | | | | | | | | | | | | | | | | | | | | | | | | |
|---------------|--------|------|------|--------|------|-------|-------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|-------|----|------|
| 1.00 @ 1 each | 170.00 | 0.50 | 2.65 | 135.00 | 3.00 | 15.88 | 28.00 | 7.00 | 0.00 | 3.40 | -* | 0.01 | -* | -* | -* | 0.01 | -* | -* | -* | -* | -* | 12.70 | -* | 0.85 |
|---------------|--------|------|------|--------|------|-------|-------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|-------|----|------|

M51851 SDW BD, CHam AM WG 2.0

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-------------------|--------|------|-------|---------|-------|-------|-------|-------|-------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 1.00 @ 1 sandwich | 350.00 | 6.38 | 16.39 | 1032.50 | 14.63 | 37.61 | 33.50 | 21.00 | 75.00 | 2.00 | -* | 200.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 150.00 | -* | 2.61 |
|-------------------|--------|------|-------|---------|-------|-------|-------|-------|-------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M50962 SDW BD, SBJ WG 2.0

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-------------------|--------|------|------|--------|-------|-------|-------|-------|------|------|---------|------|-------|----|----|------|----|----|----|----|----|-------|----|------|
| 1.00 @ 1 sandwich | 658.38 | 3.99 | 5.45 | 579.16 | 35.89 | 49.06 | 69.87 | 19.95 | 0.00 | 5.99 | 378.78* | 0.00 | 0.00* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 59.81 | -* | 5.35 |
|-------------------|--------|------|------|--------|-------|-------|-------|-------|------|------|---------|------|-------|----|----|------|----|----|----|----|----|-------|----|------|

M51578 PIZZA 16" CHZ WG 2.0

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-----------------|--------|------|-------|--------|-------|-------|-------|-------|-------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 20.00 @ 1/8 cut | 351.26 | 7.50 | 19.22 | 810.03 | 15.50 | 39.72 | 30.87 | 19.38 | 30.00 | 3.25 | -* | 403.18 | -* | -* | -* | 0.90 | -* | -* | -* | -* | -* | 419.72 | -* | 1.13 |
|-----------------|--------|------|-------|--------|-------|-------|-------|-------|-------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M53000 PIZZA 16" Pepperoni WG 2.0

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-----------------|--------|------|-------|--------|-------|-------|-------|-------|-------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 21.00 @ 1/8 cut | 388.75 | 9.00 | 20.84 | 937.53 | 19.00 | 43.99 | 31.12 | 20.88 | 37.50 | 3.25 | -* | 403.18 | -* | -* | -* | 0.90 | -* | -* | -* | -* | -* | 419.72 | -* | 1.22 |
|-----------------|--------|------|-------|--------|-------|-------|-------|-------|-------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M51753 CHIX Popcorn, AP Spicy WG 2.0

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-------------------|--------|------|------|--------|-------|-------|-------|-------|-------|------|----|--------|----|----|----|------|----|----|----|----|----|-------|----|------|
| 10.00 @ 1 serving | 247.14 | 2.69 | 9.78 | 365.34 | 13.97 | 50.87 | 16.12 | 13.97 | 21.49 | 2.15 | -* | 107.45 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 42.98 | -* | 1.93 |
|-------------------|--------|------|------|--------|-------|-------|-------|-------|-------|------|----|--------|----|----|----|------|----|----|----|----|----|-------|----|------|

M51680 BRD: ROLL DG, WG 2.5oz

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------|--------|------|------|--------|------|-------|-------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|-------|----|------|
| 10.00 @ 1 each | 170.00 | 0.50 | 2.65 | 135.00 | 3.00 | 15.88 | 28.00 | 7.00 | 0.00 | 3.40 | -* | 0.01 | -* | -* | -* | 0.01 | -* | -* | -* | -* | -* | 12.70 | -* | 0.85 |
|----------------|--------|------|------|--------|------|-------|-------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|-------|----|------|

M51417 BURG, Beef AP WG 2.0

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------|--------|------|------|--------|------|-------|-------|-------|-------|------|----|------|----|----|----|------|----|----|----|----|----|-------|----|------|
| 22.00 @ 1 each | 240.00 | 2.00 | 7.50 | 345.00 | 7.00 | 26.25 | 29.00 | 16.00 | 25.00 | 2.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 60.00 | -* | 2.88 |
|----------------|--------|------|------|--------|------|-------|-------|-------|-------|------|----|------|----|----|----|------|----|----|----|----|----|-------|----|------|

M50821 BURG, Beef AM AP WG 2.25

* Some values for this nutrient are unavailable; the number listed is incomplete.

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DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD McKamy MS

Service Area: McKamy - 6-8 - OVS

Menu Name: McKamy MS 2018-2019 Menu - cycle 4 - week 4

Avg.Method: Weighted (USDA Default)

| | | | | | | | | | | | | | | | | | | | | | | | | |
|---|--------|------|-------|--------|-------|-------|-------|-------|-------|------|--------|---------|-------|-------|--------|-------|-------|-------|-------|-------|-------|--------|--------|------|
| 14.00 @ 1 each | 285.00 | 4.25 | 13.42 | 545.00 | 10.50 | 33.16 | 29.50 | 18.50 | 37.50 | 2.00 | -* | 100.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 135.00 | -* | 2.88 |
| M53770 SDW BN, CHIXPTY PLN WG/WG2.0 MWWW | | | | | | | | | | | | | | | | | | | | | | | | |
| 10.00 @ 1 sandwich | 339.76 | 1.50 | 3.97 | 589.66 | 10.99 | 29.11 | 35.99 | 23.98 | 44.95 | 5.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 40.00 | -* | 2.52 |
| M52952 SDW BN, CHIXPTY BRD SPCY WG/WG 2.0 MWWW | | | | | | | | | | | | | | | | | | | | | | | | |
| 21.00 @ 1 sandwich | 339.86 | 2.00 | 5.29 | 629.77 | 11.99 | 31.76 | 35.99 | 23.99 | 44.97 | 3.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 40.00 | -* | 2.88 |
| M54308 STICKS, CRISPITO CHIXCHILI AP WG 2.0 (2EA) | | | | | | | | | | | | | | | | | | | | | | | | |
| 21.00 @ 2 each | 540.00 | 6.00 | 10.00 | 740.00 | 28.00 | 46.67 | 46.00 | 24.00 | 50.00 | 6.00 | -* | 1500.01 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 80.00 | -* | 3.60 |
| M51189 COND_Sauce, Chz SS W (LOL) .5 | | | | | | | | | | | | | | | | | | | | | | | | |
| 21.00 @ 2 fl oz | 99.97 | 4.50 | 40.50 | 399.86 | 7.00 | 63.00 | 3.00 | 5.00 | 19.99 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 149.95 | -* | 0.00 |
| M54561 NACHOS CHIXDCD RND 2.0 (2BG) | | | | | | | | | | | | | | | | | | | | | | | | |
| 63.00 @ 1 each | 405.80 | 6.98 | 15.47 | 693.54 | 19.57 | 43.41 | 36.86 | 18.74 | 51.66 | 3.38 | 10.37* | 131.17 | 0.00* | 0.07* | 0.19* | 1.20 | 0.00* | 0.00* | 0.03* | 0.01* | 0.00* | 202.33 | 2.69* | 1.45 |
| M52555 VEG: BEANS, Green FzSeas1/2c | | | | | | | | | | | | | | | | | | | | | | | | |
| 35.00 @ 1/2 cup | 45.87 | 1.20 | 23.50 | 146.04 | 3.04 | 59.57 | 4.52 | 1.04 | 0.00 | 2.10 | 112.59 | 292.07 | 0.00* | 0.03* | 26.62* | 2.86 | 0.02* | 0.06* | 0.27* | 0.04* | 0.00* | 29.56 | 20.28* | 0.47 |
| M50431 VEG: CARROTS, Fresh Baby 1/2c | | | | | | | | | | | | | | | | | | | | | | | | |
| 31.00 @ 1/2 cup | 24.80 | 0.02 | 0.59 | 55.28 | 0.09 | 3.34 | 5.84 | 0.45 | 0.00 | 2.06 | 167.96 | 9772.87 | 0.00 | -* | 6.66 | 1.84 | 0.02 | 0.03 | 0.39 | 0.07 | 0.00 | 22.68 | 19.84 | 0.63 |
| M53709 VEG: SALAD, SIDE SPIN ROM STRAW SC 1C | | | | | | | | | | | | | | | | | | | | | | | | |
| 10.00 @ 1 cup | 15.79 | 0.03 | 1.56 | 23.17 | 0.22 | 12.65 | 3.13 | 1.14 | 0.00 | 1.39 | 228.54 | 4195.84 | 0.00 | 0.63 | 150.99 | 20.02 | 0.04 | 0.07 | 0.33 | 0.08 | 0.00 | 36.30 | 23.73 | 1.00 |
| M53419 VEG: POTATO, FF CTINAGEN7 1/2C | | | | | | | | | | | | | | | | | | | | | | | | |
| 233.00 @ 1/2 cup | 119.99 | 1.33 | 10.00 | 133.32 | 4.67 | 35.00 | 17.33 | 2.00 | 0.00 | 2.00 | 259.98 | 0.00 | -* | -* | -* | 3.20 | -* | -* | -* | -* | -* | 0.00 | -* | 0.48 |
| M50843 FRUIT: STRAWBERRIES, Frsh 1/2c | | | | | | | | | | | | | | | | | | | | | | | | |
| 96.00 @ 1/2 cup | 24.57 | 0.01 | 0.42 | 0.77 | 0.23 | 8.44 | 5.90 | 0.51 | 0.00 | 1.54 | 117.47 | 9.21 | 0.00 | 0.22 | 1.69 | 45.14 | 0.02 | 0.02 | 0.30 | 0.04 | 0.00 | 12.28 | 18.43 | 0.31 |
| M50427 FRUIT: FRUIT MIX w/Jc 1/2c | | | | | | | | | | | | | | | | | | | | | | | | |
| 52.00 @ 1/2 cup | 60.01 | 0.00 | 0.00 | 5.00 | 0.00 | 0.00 | 13.00 | 1.00 | 0.00 | 1.00 | -* | 200.03 | -* | -* | -* | 1.20 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
| M53365 JUICE SS, Grape100% 4oz Cart | | | | | | | | | | | | | | | | | | | | | | | | |
| 91.00 @ 1 each | 80.00 | 0.00 | 0.00 | 15.00 | 0.00 | 0.00 | 18.00 | 1.00 | 0.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
| M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50 | | | | | | | | | | | | | | | | | | | | | | | | |
| 20.00 @ 1 carton | 110.00 | 1.50 | 12.28 | 130.00 | 2.50 | 20.46 | 13.00 | 8.00 | 10.00 | 0.00 | -* | 500.00 | -* | -* | -* | 2.40 | -* | -* | -* | -* | -* | 300.00 | -* | 0.00 |

* Some values for this nutrient are unavailable; the number listed is incomplete.

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DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD McKamy MS

Service Area: McKamy - 6-8 - OVS

Menu Name: McKamy MS 2018-2019 Menu - cycle 4 - week 4

Avg.Method: Weighted (USDA Default)

M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50

| | | | | | | | | | | | | | | | | | | | | | | | | |
|------------------|--------|------|------|--------|------|------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 64.00 @ 1 carton | 120.00 | 0.00 | 0.00 | 180.00 | 0.00 | 0.00 | 20.00 | 8.00 | 5.00 | 0.00 | -* | 500.00 | -* | -* | -* | 1.20 | -* | -* | -* | -* | -* | 300.00 | -* | 0.00 |
|------------------|--------|------|------|--------|------|------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M50855 COND PC Ketchup 9g Heinz

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-----------------|-------|------|------|-------|------|------|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|
| 200.00 @ 1 each | 10.00 | 0.00 | 0.00 | 85.00 | 0.00 | 0.00 | 3.00 | 0.00 | 0.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
|-----------------|-------|------|------|-------|------|------|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|

M50055 COND PC Mayonnaise 12g

| | | | | | | | | | | | | | | | | | | | | | | | | |
|---------------|-------|------|-------|-------|------|-------|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|
| 2.00 @ 1 each | 80.00 | 1.50 | 16.87 | 75.00 | 8.00 | 90.00 | 1.00 | 0.00 | 5.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
|---------------|-------|------|-------|-------|------|-------|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|

M53222 COND PC Margarine 5g

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------|-------|------|-------|-------|------|-------|------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|------|----|------|
| 32.00 @ 1 each | 30.00 | 1.00 | 30.00 | 30.00 | 3.00 | 90.00 | 0.00 | 0.00 | 0.00 | 0.00 | -* | 500.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
|----------------|-------|------|-------|-------|------|-------|------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|------|----|------|

M50624 COND PC Drsg Ranch 12g

| | | | | | | | | | | | | | | | | | | | | | | | | |
|---------------|-------|------|------|--------|------|-------|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|
| 5.00 @ 1 each | 50.00 | 0.00 | 0.00 | 100.00 | 5.00 | 90.00 | 1.00 | 0.00 | 5.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
|---------------|-------|------|------|--------|------|-------|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|

M50623 COND PC Drsg Italian 12g

| | | | | | | | | | | | | | | | | | | | | | | | | |
|---------------|-------|------|------|--------|------|-------|------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|------|----|------|
| 2.00 @ 1 each | 30.00 | 0.00 | 0.00 | 130.00 | 3.00 | 90.00 | 0.00 | 0.00 | 0.00 | 0.00 | -* | 100.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
|---------------|-------|------|------|--------|------|-------|------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|------|----|------|

M53116 COND PC Drsg Honey Mustard 12g

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------|-------|------|------|-------|------|------|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|
| 16.00 @ 1 each | 15.00 | 0.00 | 0.00 | 65.00 | 0.00 | 0.00 | 4.00 | 0.00 | 0.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
|----------------|-------|------|------|-------|------|------|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|

M50056 COND PC Sauce, Taco 9g

| | | | | | | | | | | | | | | | | | | | | | | | | |
|---------------|------|------|------|-------|------|------|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|
| 6.00 @ 1 each | 5.00 | 0.00 | 0.00 | 55.00 | 0.00 | 0.00 | 1.00 | 0.00 | 0.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
|---------------|------|------|------|-------|------|------|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|

M50287 COND PC SAUCE, BBQ 12G PKT

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------|-------|------|------|--------|------|------|------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|------|----|------|
| 14.00 @ 1 each | 15.00 | 0.00 | 0.00 | 160.00 | 0.00 | 0.00 | 4.00 | 0.00 | 0.00 | 0.00 | -* | 100.00 | -* | -* | -* | 0.60 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
|----------------|-------|------|------|--------|------|------|------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|------|----|------|

M50063 COND_Sauce, Buffalo Wing AP

| | | | | | | | | | | | | | | | | | | | | | | | | |
|------------------------|------|------|------|--------|------|-------|------|------|------|------|-------|------|----|----|----|------|----|----|----|----|----|------|----|------|
| 6.00 @ 1 tablespoon | 4.38 | 0.02 | 4.79 | 363.06 | 0.22 | 45.51 | 0.48 | 0.11 | 0.17 | 0.12 | 21.32 | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 2.22 | -* | 0.07 |
|------------------------|------|------|------|--------|------|-------|------|------|------|------|-------|------|----|----|----|------|----|----|----|----|----|------|----|------|

M51445 VEG GARN: Rom Leaf/Tom SI

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-------------------|------|------|------|------|------|-------|------|------|------|------|-------|---------|------|------|-------|------|------|------|------|------|------|------|------|------|
| 28.00 @ 1 serving | 4.96 | 0.01 | 1.72 | 1.84 | 0.07 | 12.86 | 1.02 | 0.30 | 0.00 | 0.47 | 68.61 | 1352.71 | 0.00 | 0.09 | 15.65 | 2.51 | 0.02 | 0.01 | 0.13 | 0.02 | 0.00 | 6.10 | 7.65 | 0.18 |
|-------------------|------|------|------|------|------|-------|------|------|------|------|-------|---------|------|------|-------|------|------|------|------|------|------|------|------|------|

M50412 COND_Pickle, Dill Slice 3ea

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-----------------|------|------|------|--------|------|-------|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|-------|----|------|
| 28.00 @ 3 slice | 2.43 | 0.01 | 4.72 | 243.11 | 0.07 | 25.17 | 0.36 | 0.10 | 0.00 | 0.21 | -* | 0.00 | -* | -* | -* | 0.32 | -* | -* | -* | -* | -* | 12.97 | -* | 0.08 |
|-----------------|------|------|------|--------|------|-------|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|-------|----|------|

Average

| | | | | | | | | | | | | | | | | | | | | | | | | |
|--|--------|------|-------|---------|-------|-------|-------|-------|-------|------|---------|----------|----|------|--------|--------|------|------|-----|------|----|--------|--------|------|
| | 733.64 | 10.5 | 12.88 | 1299.37 | 28.39 | 34.83 | 85.83 | 32.27 | 68.26 | 7.79 | 467.17* | 2420.86* | 0* | .17* | 14.34* | 25.04* | .02* | .03* | .3* | .04* | 0* | 414.93 | 18.32* | 3.52 |
|--|--------|------|-------|---------|-------|-------|-------|-------|-------|------|---------|----------|----|------|--------|--------|------|------|-----|------|----|--------|--------|------|

* Some values for this nutrient are unavailable; the number listed is incomplete.

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DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD McKamy MS

Service Area: McKamy - 6-8 - OVS

Menu Name: McKamy MS 2018-2019 Menu - cycle 4 - week 4

Avg.Method: Weighted (USDA Default)

Age Group: Brkfst Grades K-8 **Period:** Breakfast **Week:** 4 **Day:** Thursday **Count Type:** Forecasted **Total No. of Customers:** 8

| Weekly Std. (Target 1) | SFA | | Na (mg) | Fat | | CHO (g) | Pro (g) | Chol (mg) | Fiber (g) | K (mg) | Vit A (IU) | Vit D (IU) | Vit E (mg) | Vit K (mcg) | Vit C (mg) | Vit B1 (mg) | Vit B2 (mg) | Vit B3 (mg) | Vit B6 (mg) | Vit B12 (mcg) | Ca (mg) | P (mg) | Fe (mg) | |
|------------------------|-----|-------|---------|----------|-----|---------|---------|-----------|-----------|--------|------------|------------|------------|-------------|------------|-------------|-------------|-------------|-------------|---------------|---------|--------|---------|----------|
| | CAL | (g) | | % of CAL | (g) | | | | | | | | | | | | | | | | | | | % of CAL |
| 400.00-500.00 | | 10.00 | 540.00 | | | | | | | | | | | | | | | | | | | | | |

M51231 SDW BN, EggSausSS AM WG 1.0

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-------------------|--------|------|-------|--------|------|-------|-------|-------|-------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 8.00 @ 1 sandwich | 224.62 | 3.31 | 13.25 | 562.67 | 8.45 | 33.87 | 28.01 | 10.22 | 83.08 | 2.00 | -* | 187.63 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 135.19 | -* | 1.78 |
|-------------------|--------|------|-------|--------|------|-------|-------|-------|-------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M50208 CEREAL BWL, CINN TST CRUNCH RS WG

| | | | | | | | | | | | | | | | | | | | | | | | | |
|---------------|--------|------|------|--------|------|-------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 1.00 @ 1 bowl | 110.00 | 0.50 | 4.09 | 160.00 | 3.00 | 24.54 | 22.00 | 1.00 | 0.00 | 3.00 | -* | 400.01 | -* | -* | -* | 4.80 | -* | -* | -* | -* | -* | 200.01 | -* | 3.60 |
|---------------|--------|------|------|--------|------|-------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M50442 CEREAL BWL, Cocoa Puffs RS WG

| | | | | | | | | | | | | | | | | | | | | | | | | |
|---------------|--------|------|------|--------|------|-------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 1.00 @ 1 bowl | 110.05 | 0.00 | 0.00 | 160.08 | 1.50 | 12.27 | 25.01 | 2.00 | 0.00 | 2.00 | -* | 500.25 | -* | -* | -* | 6.00 | -* | -* | -* | -* | -* | 100.05 | -* | 4.50 |
|---------------|--------|------|------|--------|------|-------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M50524 CEREAL BWL, Lucky Charms WG

| | | | | | | | | | | | | | | | | | | | | | | | | |
|---------------|--------|------|------|--------|------|------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 2.00 @ 1 bowl | 110.00 | 0.00 | 0.00 | 180.00 | 1.00 | 8.18 | 23.00 | 2.00 | 0.00 | 2.00 | -* | 500.01 | -* | -* | -* | 6.00 | -* | -* | -* | -* | -* | 100.00 | -* | 4.50 |
|---------------|--------|------|------|--------|------|------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M52724 BRD: BAR, Cereal CinnTst WG IW

| | | | | | | | | | | | | | | | | | | | | | | | | |
|---------------|--------|------|------|--------|------|-------|-------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 1.00 @ 1 each | 150.00 | 0.00 | 0.00 | 115.00 | 3.50 | 21.00 | 30.00 | 2.00 | 0.00 | 3.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 200.00 | -* | 1.80 |
|---------------|--------|------|------|--------|------|-------|-------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|--------|----|------|

M51268 BRD: MUF AP, CHOC CHOC CHIP 2OZ IW WG (1BG)

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-----------------|--------|------|------|--------|------|-------|-------|------|-------|------|--------|--------|-------|----|----|------|----|----|----|----|----|-------|----|------|
| 2.00 @ 1 muffin | 200.00 | 2.00 | 9.00 | 130.00 | 6.00 | 27.00 | 32.00 | 4.00 | 40.00 | 2.00 | 159.95 | 100.00 | 16.00 | -* | -* | 0.00 | -* | -* | -* | -* | -* | 40.00 | -* | 1.44 |
|-----------------|--------|------|------|--------|------|-------|-------|------|-------|------|--------|--------|-------|----|----|------|----|----|----|----|----|-------|----|------|

M51994 CHEESE, COLBY JK Stick 1ea 1.0

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------|-------|------|-------|--------|------|-------|------|------|-------|------|------|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 3.00 @ 1 stick | 90.00 | 4.00 | 40.00 | 200.01 | 6.00 | 60.00 | 0.00 | 7.00 | 20.00 | 0.00 | 0.00 | 200.01 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 200.01 | -* | 0.00 |
|----------------|-------|------|-------|--------|------|-------|------|------|-------|------|------|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M51237 BRD: BREAD WG, Tst Marg 1sl

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------|--------|------|-------|--------|------|-------|-------|------|------|------|-------|------|----|----|----|------|----|----|----|----|----|------|----|------|
| 6.00 @ 1 slice | 110.00 | 1.33 | 10.91 | 160.00 | 4.33 | 35.45 | 15.00 | 3.00 | 0.00 | 1.00 | 1.33* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 1.08 |
|----------------|--------|------|-------|--------|------|-------|-------|------|------|------|-------|------|----|----|----|------|----|----|----|----|----|------|----|------|

M51113 FRUIT: ORANGE 138ct Whole 1/2c

| | | | | | | | | | | | | | | | | | | | | | | | | |
|---------------|-------|------|------|------|------|------|-------|------|------|------|--------|--------|------|------|------|-------|------|------|------|------|------|-------|-------|------|
| 4.00 @ 1 each | 46.97 | 0.01 | 0.29 | 0.00 | 0.12 | 2.30 | 11.74 | 0.94 | 0.00 | 2.40 | 180.87 | 224.84 | 0.00 | 0.18 | 0.00 | 53.16 | 0.09 | 0.04 | 0.28 | 0.06 | 0.00 | 39.97 | 13.99 | 0.10 |
|---------------|-------|------|------|------|------|------|-------|------|------|------|--------|--------|------|------|------|-------|------|------|------|------|------|-------|-------|------|

M50722 FRUIT: RAISINS, SS BOX

| | | | | | | | | | | | | | | | | | | | | | | | | |
|---------------|--------|------|------|------|------|------|-------|------|------|------|--------|------|------|------|------|------|------|------|------|------|------|-------|-------|------|
| 4.00 @ 1 each | 127.15 | 0.02 | 0.17 | 4.68 | 0.20 | 1.38 | 33.67 | 1.31 | 0.00 | 1.57 | 318.51 | 0.00 | 0.00 | 0.05 | 1.49 | 0.98 | 0.05 | 0.05 | 0.33 | 0.07 | 0.00 | 21.26 | 42.95 | 0.80 |
|---------------|--------|------|------|------|------|------|-------|------|------|------|--------|------|------|------|------|------|------|------|------|------|------|-------|-------|------|

M50980 JUICE SS, Frt Bld 100% 4oz Crt

| | | | | | | | | | | | | | | | | | | | | | | | | |
|---------------|-------|------|------|-------|------|------|-------|------|------|------|--------|------|----|----|----|------|----|----|----|----|----|------|----|------|
| 6.00 @ 1 each | 60.00 | 0.00 | 0.00 | 10.00 | 0.00 | 0.00 | 14.00 | 0.00 | 0.00 | 0.00 | 100.00 | 0.00 | -* | -* | -* | 3.60 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
|---------------|-------|------|------|-------|------|------|-------|------|------|------|--------|------|----|----|----|------|----|----|----|----|----|------|----|------|

M53465 MILK SS, 1% WHITE 8 FLOZ

* Some values for this nutrient are unavailable; the number listed is incomplete.

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DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD McKamy MS

Service Area: McKamy - 6-8 - OVS

Menu Name: McKamy MS 2018-2019 Menu - cycle 4 - week 4

Avg.Method: Weighted (USDA Default)

| | | | | | | | | | | | | | | | | | | | | | | | | |
|---------------------------------------|--------|------|-------|---------|-------|-------|--------|-------|--------|------|---------|---------|----|------|------|-------|------|------|-----|------|----|--------|--------|------|
| 2.00 @ 1 carton | 110.00 | 1.50 | 12.28 | 130.00 | 2.50 | 20.46 | 13.00 | 8.00 | 10.00 | 0.00 | -* | 500.00 | -* | -* | -* | 2.40 | -* | -* | -* | -* | -* | 300.00 | -* | 0.00 |
| M51096 MILK SS, SKIM CHOCOLATE 8 FLOZ | | | | | | | | | | | | | | | | | | | | | | | | |
| 7.00 @ 1 carton | 120.00 | 0.00 | 0.00 | 180.00 | 0.00 | 0.00 | 20.00 | 8.00 | 5.00 | 0.00 | -* | 500.00 | -* | -* | -* | 1.20 | -* | -* | -* | -* | -* | 300.00 | -* | 0.00 |
| M53222 COND PC Margarine 5g | | | | | | | | | | | | | | | | | | | | | | | | |
| 1.00 @ 1 each | 30.00 | 1.00 | 30.00 | 30.00 | 3.00 | 90.00 | 0.00 | 0.00 | 0.00 | 0.00 | -* | 500.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
| M50854 COND PC Jelly, #4 Smuckers | | | | | | | | | | | | | | | | | | | | | | | | |
| 1.00 @ 1 each | 35.00 | 0.00 | 0.00 | 5.00 | 0.00 | 0.00 | 9.00 | 0.00 | 0.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
| M50056 COND PC Sauce, Taco 9g | | | | | | | | | | | | | | | | | | | | | | | | |
| 1.00 @ 1 each | 5.00 | 0.00 | 0.00 | 55.00 | 0.00 | 0.00 | 1.00 | 0.00 | 0.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
| M50058 COND PC Syrup 1.4oz Smuckers | | | | | | | | | | | | | | | | | | | | | | | | |
| 1.00 @ 1 each | 110.00 | 0.00 | 0.00 | 25.00 | 0.00 | 0.00 | 29.00 | 0.00 | 0.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
| Average | 751.69 | 6.89 | 8.25 | 1103.78 | 17.86 | 21.38 | 121.46 | 27.35 | 107.45 | 6.74 | 365.68* | 1262.59 | 4* | .12* | .74* | 34.27 | .07* | .05* | .3* | .07* | 0* | 675.82 | 28.47* | 5.76 |

* Some values for this nutrient are unavailable; the number listed is incomplete.

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DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD McKamy MS

Service Area: McKamy - 6-8 - OVS

Menu Name: McKamy MS 2018-2019 Menu - cycle 4 - week 4

Avg.Method: Weighted (USDA Default)

Age Group: Lunch Grades 6-8 **Period:** Lunch **Week:** 4 **Day:** Thursday **Count Type:** Forecasted **Total No. of Customers:** 254

| Weekly Std. (Target 1) | SFA | | Na (mg) | Fat | | CHO (g) | Pro (g) | Chol (mg) | Fiber (g) | K (mg) | Vit A (IU) | Vit D (IU) | Vit E (mg) | Vit K (mcg) | Vit C (mg) | Vit B1 (mg) | Vit B2 (mg) | Vit B3 (mg) | Vit B6 (mg) | Vit B12 (mcg) | Ca (mg) | P (mg) | Fe (mg) | |
|------------------------|-----|-----|---------|----------|-----|---------|---------|-----------|-----------|--------|------------|------------|------------|-------------|------------|-------------|-------------|-------------|-------------|---------------|---------|--------|---------|----------|
| | CAL | (g) | | % of CAL | (g) | | | | | | | | | | | | | | | | | | | % of CAL |
| 600.00-700.00 | | | 1360.00 | | | | | | | | | | | | | | | | | | | | | |

M66756 WRAP 10", CHIXDCD RANCH WG 2.0

| | | | | | | | | | | | | | | | | | | | | | | | | |
|---------------|--------|------|------|--------|-------|-------|-------|-------|-------|------|---------|---------|-------|-------|--------|------|-------|-------|-------|-------|-------|--------|--------|------|
| 1.00 @ 1 each | 372.18 | 3.79 | 9.18 | 555.77 | 15.98 | 38.64 | 32.55 | 20.16 | 49.71 | 3.94 | 137.21* | 2705.42 | 0.00* | 0.19* | 31.30* | 5.02 | 0.03* | 0.02* | 0.26* | 0.04* | 0.00* | 127.19 | 15.31* | 2.34 |
|---------------|--------|------|------|--------|-------|-------|-------|-------|-------|------|---------|---------|-------|-------|--------|------|-------|-------|-------|-------|-------|--------|--------|------|

M50962 SDW BD, SBJ WG 2.0

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-------------------|--------|------|------|--------|-------|-------|-------|-------|------|------|---------|------|-------|----|----|------|----|----|----|----|----|-------|----|------|
| 1.00 @ 1 sandwich | 658.38 | 3.99 | 5.45 | 579.16 | 35.89 | 49.06 | 69.87 | 19.95 | 0.00 | 5.99 | 378.78* | 0.00 | 0.00* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 59.81 | -* | 5.35 |
|-------------------|--------|------|------|--------|-------|-------|-------|-------|------|------|---------|------|-------|----|----|------|----|----|----|----|----|-------|----|------|

M51578 PIZZA 16" CHZ WG 2.0

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-----------------|--------|------|-------|--------|-------|-------|-------|-------|-------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 13.00 @ 1/8 cut | 351.26 | 7.50 | 19.22 | 810.03 | 15.50 | 39.72 | 30.87 | 19.38 | 30.00 | 3.25 | -* | 403.18 | -* | -* | -* | 0.90 | -* | -* | -* | -* | -* | 419.72 | -* | 1.13 |
|-----------------|--------|------|-------|--------|-------|-------|-------|-------|-------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M51585 PIZZA 16" Sausage WG 2.25

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-----------------|--------|------|-------|--------|-------|-------|-------|-------|-------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 11.00 @ 1/8 cut | 398.13 | 8.91 | 20.13 | 922.53 | 19.72 | 44.58 | 31.11 | 21.25 | 39.38 | 3.25 | -* | 403.18 | -* | -* | -* | 0.90 | -* | -* | -* | -* | -* | 429.09 | -* | 1.21 |
|-----------------|--------|------|-------|--------|-------|-------|-------|-------|-------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M52587 CHIX TENDER, GLDN CRISPY (3) WG 2.0 MWWW

| | | | | | | | | | | | | | | | | | | | | | | | | |
|---------------|--------|------|------|--------|-------|-------|-------|-------|-------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|
| 9.00 @ 3 each | 239.64 | 2.25 | 8.44 | 404.38 | 11.98 | 45.00 | 11.98 | 19.47 | 44.93 | 1.50 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 1.62 |
|---------------|--------|------|------|--------|-------|-------|-------|-------|-------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|

M51680 BRD: ROLL DG, WG 2.5oz

| | | | | | | | | | | | | | | | | | | | | | | | | |
|---------------|--------|------|------|--------|------|-------|-------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|-------|----|------|
| 9.00 @ 1 each | 170.00 | 0.50 | 2.65 | 135.00 | 3.00 | 15.88 | 28.00 | 7.00 | 0.00 | 3.40 | -* | 0.01 | -* | -* | -* | 0.01 | -* | -* | -* | -* | -* | 12.70 | -* | 0.85 |
|---------------|--------|------|------|--------|------|-------|-------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|-------|----|------|

M51417 BURG, Beef AP WG 2.0

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------|--------|------|------|--------|------|-------|-------|-------|-------|------|----|------|----|----|----|------|----|----|----|----|----|-------|----|------|
| 10.00 @ 1 each | 240.00 | 2.00 | 7.50 | 345.00 | 7.00 | 26.25 | 29.00 | 16.00 | 25.00 | 2.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 60.00 | -* | 2.88 |
|----------------|--------|------|------|--------|------|-------|-------|-------|-------|------|----|------|----|----|----|------|----|----|----|----|----|-------|----|------|

M50821 BURG, Beef AM AP WG 2.25

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------|--------|------|-------|--------|-------|-------|-------|-------|-------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 28.00 @ 1 each | 285.00 | 4.25 | 13.42 | 545.00 | 10.50 | 33.16 | 29.50 | 18.50 | 37.50 | 2.00 | -* | 100.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 135.00 | -* | 2.88 |
|----------------|--------|------|-------|--------|-------|-------|-------|-------|-------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M53770 SDW BN, CHIXPTY PLN WG/WG2.0 MWWW

| | | | | | | | | | | | | | | | | | | | | | | | | |
|--------------------|--------|------|------|--------|-------|-------|-------|-------|-------|------|----|------|----|----|----|------|----|----|----|----|----|-------|----|------|
| 20.00 @ 1 sandwich | 339.76 | 1.50 | 3.97 | 589.66 | 10.99 | 29.11 | 35.99 | 23.98 | 44.95 | 5.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 40.00 | -* | 2.52 |
|--------------------|--------|------|------|--------|-------|-------|-------|-------|-------|------|----|------|----|----|----|------|----|----|----|----|----|-------|----|------|

M52952 SDW BN, CHIXPTY BRD SPCY WG/WG 2.0 MWWW

| | | | | | | | | | | | | | | | | | | | | | | | | |
|--------------------|--------|------|------|--------|-------|-------|-------|-------|-------|------|----|------|----|----|----|------|----|----|----|----|----|-------|----|------|
| 11.00 @ 1 sandwich | 339.86 | 2.00 | 5.29 | 629.77 | 11.99 | 31.76 | 35.99 | 23.99 | 44.97 | 3.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 40.00 | -* | 2.88 |
|--------------------|--------|------|------|--------|-------|-------|-------|-------|-------|------|----|------|----|----|----|------|----|----|----|----|----|-------|----|------|

M55774 STICKS, MAX SNAX PIZZA W/MARINARA AP WG 2.0

| | | | | | | | | | | | | | | | | | | | | | | | | |
|---------------|--------|------|------|--------|-------|-------|-------|-------|-------|------|-------|---------|----|----|----|-------|----|----|----|----|----|--------|----|------|
| 6.00 @ 2 each | 319.87 | 3.00 | 8.44 | 609.89 | 10.00 | 28.13 | 39.98 | 20.00 | 10.00 | 4.00 | 0.00* | 498.95* | -* | -* | -* | 8.98* | -* | -* | -* | -* | -* | 459.92 | -* | 2.68 |
|---------------|--------|------|------|--------|-------|-------|-------|-------|-------|------|-------|---------|----|----|----|-------|----|----|----|----|----|--------|----|------|

* Some values for this nutrient are unavailable; the number listed is incomplete.

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DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD McKamy MS

Service Area: McKamy - 6-8 - OVS

Menu Name: McKamy MS 2018-2019 Menu - cycle 4 - week 4

Avg.Method: Weighted (USDA Default)

M50186 VEG: BROCCOLI, Fresh 1/2c

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-----------------|-------|------|------|-------|------|------|------|------|------|------|--------|--------|------|------|-------|-------|------|------|------|------|------|-------|-------|------|
| 27.00 @ 1/2 cup | 10.84 | 0.01 | 1.03 | 10.52 | 0.12 | 9.79 | 2.12 | 0.90 | 0.00 | 0.83 | 100.78 | 198.68 | 0.00 | 0.25 | 32.40 | 28.45 | 0.02 | 0.04 | 0.20 | 0.06 | 0.00 | 14.99 | 21.05 | 0.23 |
|-----------------|-------|------|------|-------|------|------|------|------|------|------|--------|--------|------|------|-------|-------|------|------|------|------|------|-------|-------|------|

M51731 VEG: POTATO SWT, FF CRINKLE 1/2C

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-----------------|--------|------|------|--------|------|-------|-------|------|------|------|--------|---------|----|----|----|------|----|----|----|----|----|-------|----|------|
| 88.00 @ 1/2 cup | 137.66 | 0.53 | 3.46 | 180.02 | 4.77 | 31.15 | 23.30 | 1.06 | 0.00 | 3.18 | 243.56 | 3176.86 | -* | -* | -* | 6.35 | -* | -* | -* | -* | -* | 21.18 | -* | 0.38 |
|-----------------|--------|------|------|--------|------|-------|-------|------|------|------|--------|---------|----|----|----|------|----|----|----|----|----|-------|----|------|

M52555 VEG: BEANS, Green FzSeas1/2c

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-----------------|-------|------|-------|--------|------|-------|------|------|------|------|--------|--------|-------|-------|--------|------|-------|-------|-------|-------|-------|-------|--------|------|
| 92.00 @ 1/2 cup | 45.87 | 1.20 | 23.50 | 146.04 | 3.04 | 59.57 | 4.52 | 1.04 | 0.00 | 2.10 | 112.59 | 292.07 | 0.00* | 0.03* | 26.62* | 2.86 | 0.02* | 0.06* | 0.27* | 0.04* | 0.00* | 29.56 | 20.28* | 0.47 |
|-----------------|-------|------|-------|--------|------|-------|------|------|------|------|--------|--------|-------|-------|--------|------|-------|-------|-------|-------|-------|-------|--------|------|

M50529 FRUIT: GRAPES, Fresh 1/2c

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-----------------|-------|------|------|------|------|------|-------|------|------|------|--------|-------|------|------|-------|------|------|------|------|------|------|-------|------|------|
| 77.00 @ 1/2 cup | 56.80 | 0.10 | 1.53 | 1.70 | 0.30 | 4.70 | 14.54 | 0.53 | 0.00 | 0.76 | 161.94 | 84.78 | 0.00 | 0.16 | 12.38 | 3.39 | 0.08 | 0.05 | 0.25 | 0.09 | 0.00 | 11.87 | 8.48 | 0.25 |
|-----------------|-------|------|------|------|------|------|-------|------|------|------|--------|-------|------|------|-------|------|------|------|------|------|------|-------|------|------|

M53549 FRUIT: APPLESAUCE,Unswt AP1/2c

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-----------------|-------|------|------|-------|------|------|-------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|
| 77.00 @ 1/2 cup | 52.77 | 0.00 | 0.00 | 10.55 | 0.00 | 0.00 | 13.72 | 0.00 | 0.00 | 2.11 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
|-----------------|-------|------|------|-------|------|------|-------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|

M50980 JUICE SS, Frt Bld 100% 4oz Crt

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------|-------|------|------|-------|------|------|-------|------|------|------|--------|------|----|----|----|------|----|----|----|----|----|------|----|------|
| 99.00 @ 1 each | 60.00 | 0.00 | 0.00 | 10.00 | 0.00 | 0.00 | 14.00 | 0.00 | 0.00 | 0.00 | 100.00 | 0.00 | -* | -* | -* | 3.60 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
|----------------|-------|------|------|-------|------|------|-------|------|------|------|--------|------|----|----|----|------|----|----|----|----|----|------|----|------|

M51440 DESRT: GELATIN, Cherry SC 1/2c

| | | | | | | | | | | | | | | | | | | | | | | | | |
|------------------|-------|------|------|-------|------|------|-------|------|------|------|-------|------|-------|-------|-------|-------|-------|-------|-------|-------|-------|------|-------|------|
| 125.00 @ 1/2 cup | 71.59 | 0.00 | 0.00 | 95.29 | 0.00 | 0.00 | 17.39 | 1.02 | 0.00 | 0.00 | 1.08* | 0.00 | 0.00* | 0.00* | 0.00* | 15.34 | 0.00* | 0.00* | 0.00* | 0.00* | 0.00* | 3.24 | 0.00* | 0.00 |
|------------------|-------|------|------|-------|------|------|-------|------|------|------|-------|------|-------|-------|-------|-------|-------|-------|-------|-------|-------|------|-------|------|

M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50

| | | | | | | | | | | | | | | | | | | | | | | | | |
|------------------|--------|------|-------|--------|------|-------|-------|------|-------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 12.00 @ 1 carton | 110.00 | 1.50 | 12.28 | 130.00 | 2.50 | 20.46 | 13.00 | 8.00 | 10.00 | 0.00 | -* | 500.00 | -* | -* | -* | 2.40 | -* | -* | -* | -* | -* | 300.00 | -* | 0.00 |
|------------------|--------|------|-------|--------|------|-------|-------|------|-------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50

| | | | | | | | | | | | | | | | | | | | | | | | | |
|------------------|--------|------|------|--------|------|------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 63.00 @ 1 carton | 120.00 | 0.00 | 0.00 | 180.00 | 0.00 | 0.00 | 20.00 | 8.00 | 5.00 | 0.00 | -* | 500.00 | -* | -* | -* | 1.20 | -* | -* | -* | -* | -* | 300.00 | -* | 0.00 |
|------------------|--------|------|------|--------|------|------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M50855 COND PC Ketchup 9g Heinz

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-----------------|-------|------|------|-------|------|------|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|
| 150.00 @ 1 each | 10.00 | 0.00 | 0.00 | 85.00 | 0.00 | 0.00 | 3.00 | 0.00 | 0.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
|-----------------|-------|------|------|-------|------|------|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|

M53222 COND PC Margarine 5g

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------|-------|------|-------|-------|------|-------|------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|------|----|------|
| 80.00 @ 1 each | 30.00 | 1.00 | 30.00 | 30.00 | 3.00 | 90.00 | 0.00 | 0.00 | 0.00 | 0.00 | -* | 500.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
|----------------|-------|------|-------|-------|------|-------|------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|------|----|------|

M50624 COND PC Drsg Ranch 12g

| | | | | | | | | | | | | | | | | | | | | | | | | |
|---------------|-------|------|------|--------|------|-------|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|
| 2.00 @ 1 each | 50.00 | 0.00 | 0.00 | 100.00 | 5.00 | 90.00 | 1.00 | 0.00 | 5.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
|---------------|-------|------|------|--------|------|-------|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|

M50056 COND PC Sauce, Taco 9g

| | | | | | | | | | | | | | | | | | | | | | | | | |
|---------------|------|------|------|-------|------|------|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|
| 6.00 @ 1 each | 5.00 | 0.00 | 0.00 | 55.00 | 0.00 | 0.00 | 1.00 | 0.00 | 0.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
|---------------|------|------|------|-------|------|------|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|

M50287 COND PC SAUCE, BBQ 12G PKT

| | | | | | | | | | | | | | | | | | | | | | | | | |
|---------------|-------|------|------|--------|------|------|------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|------|----|------|
| 2.00 @ 1 each | 15.00 | 0.00 | 0.00 | 160.00 | 0.00 | 0.00 | 4.00 | 0.00 | 0.00 | 0.00 | -* | 100.00 | -* | -* | -* | 0.60 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
|---------------|-------|------|------|--------|------|------|------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|------|----|------|

* Some values for this nutrient are unavailable; the number listed is incomplete.

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DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD McKamy MS

Service Area: McKamy - 6-8 - OVS

Menu Name: McKamy MS 2018-2019 Menu - cycle 4 - week 4

Avg.Method: Weighted (USDA Default)

M51445 VEG GARN: Rom Leaf/Tom Sl

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-------------------|------|------|------|------|------|-------|------|------|------|------|-------|---------|------|------|-------|------|------|------|------|------|------|------|------|------|
| 17.00 @ 1 serving | 4.96 | 0.01 | 1.72 | 1.84 | 0.07 | 12.86 | 1.02 | 0.30 | 0.00 | 0.47 | 68.61 | 1352.71 | 0.00 | 0.09 | 15.65 | 2.51 | 0.02 | 0.01 | 0.13 | 0.02 | 0.00 | 6.10 | 7.65 | 0.18 |
|-------------------|------|------|------|------|------|-------|------|------|------|------|-------|---------|------|------|-------|------|------|------|------|------|------|------|------|------|

M50412 COND_Pickle, Dill Slice 3ea

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-----------------|------|------|------|--------|------|-------|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|-------|----|------|
| 17.00 @ 3 slice | 2.43 | 0.01 | 4.72 | 243.11 | 0.07 | 25.17 | 0.36 | 0.10 | 0.00 | 0.21 | -* | 0.00 | -* | -* | -* | 0.32 | -* | -* | -* | -* | -* | 12.97 | -* | 0.08 |
|-----------------|------|------|------|--------|------|-------|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|-------|----|------|

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------|--------|------|------|--------|-----|-------|-------|-------|-------|-----|--------|----------|----|------|--------|--------|------|------|------|------|----|--------|--------|------|
| Average | 352.42 | 2.76 | 7.04 | 567.83 | 9.4 | 24.01 | 54.49 | 12.97 | 17.62 | 4.3 | 231.1* | 1721.26* | 0* | .09* | 18.01* | 17.16* | .04* | .04* | .21* | .05* | 0* | 188.93 | 12.72* | 1.46 |
|----------------|--------|------|------|--------|-----|-------|-------|-------|-------|-----|--------|----------|----|------|--------|--------|------|------|------|------|----|--------|--------|------|

* Some values for this nutrient are unavailable; the number listed is incomplete.

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DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD McKamy MS

Service Area: McKamy - 6-8 - OVS

Menu Name: McKamy MS 2018-2019 Menu - cycle 4 - week 4

Avg.Method: Weighted (USDA Default)

Age Group: Brkfst Grades K-8 **Period:** Breakfast **Week:** 4 **Day:** Friday **Count Type:** Forecasted **Total No. of Customers:** 9

| Weekly Std. (Target 1) | SFA | | Na (mg) | Fat | | CHO (g) | Pro (g) | Chol (mg) | Fiber (g) | K (mg) | Vit A (IU) | Vit D (IU) | Vit E (mg) | Vit K (mcg) | Vit C (mg) | Vit B1 (mg) | Vit B2 (mg) | Vit B3 (mg) | Vit B6 (mg) | Vit B12 (mcg) | Ca (mg) | P (mg) | Fe (mg) | |
|------------------------|-----|-----|---------|----------|-----|---------|---------|-----------|-----------|--------|------------|------------|------------|-------------|------------|-------------|-------------|-------------|-------------|---------------|---------|--------|---------|----------|
| | CAL | (g) | | % of CAL | (g) | | | | | | | | | | | | | | | | | | | % of CAL |
| 400.00-500.00 | | | 540.00 | | | | | | | | | | | | | | | | | | | | | |

M66566 TACO EGG CH BACON WG 2.0 2EA

| | | | | | | | | | | | | | | | | | | | | | | | | |
|---------------|--------|------|-------|--------|-------|-------|-------|-------|--------|------|-------|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 6.00 @ 2 each | 286.41 | 4.53 | 14.25 | 401.42 | 12.60 | 39.60 | 29.48 | 14.22 | 190.70 | 2.00 | 0.00* | 308.60 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 220.60 | -* | 2.35 |
|---------------|--------|------|-------|--------|-------|-------|-------|-------|--------|------|-------|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M50208 CEREAL BWL, CINN TST CRUNCH RS WG

| | | | | | | | | | | | | | | | | | | | | | | | | |
|---------------|--------|------|------|--------|------|-------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 2.00 @ 1 bowl | 110.00 | 0.50 | 4.09 | 160.00 | 3.00 | 24.54 | 22.00 | 1.00 | 0.00 | 3.00 | -* | 400.01 | -* | -* | -* | 4.80 | -* | -* | -* | -* | -* | 200.01 | -* | 3.60 |
|---------------|--------|------|------|--------|------|-------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M50524 CEREAL BWL, Lucky Charms WG

| | | | | | | | | | | | | | | | | | | | | | | | | |
|---------------|--------|------|------|--------|------|------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 4.00 @ 1 bowl | 110.00 | 0.00 | 0.00 | 180.00 | 1.00 | 8.18 | 23.00 | 2.00 | 0.00 | 2.00 | -* | 500.01 | -* | -* | -* | 6.00 | -* | -* | -* | -* | -* | 100.00 | -* | 4.50 |
|---------------|--------|------|------|--------|------|------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M51267 BRD: MUF AP, BLUEBRY 2OZ IW WG (1BG)

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-----------------|--------|------|------|--------|------|-------|-------|------|-------|------|--------|--------|-------|----|----|------|----|----|----|----|----|-------|----|------|
| 1.00 @ 1 muffin | 190.00 | 2.00 | 9.47 | 130.00 | 6.00 | 28.42 | 30.00 | 3.00 | 40.00 | 2.00 | 135.10 | 100.00 | 16.00 | -* | -* | 0.00 | -* | -* | -* | -* | -* | 20.00 | -* | 1.08 |
|-----------------|--------|------|------|--------|------|-------|-------|------|-------|------|--------|--------|-------|----|----|------|----|----|----|----|----|-------|----|------|

M51268 BRD: MUF AP, CHOC CHOC CHIP 2OZ IW WG (1BG)

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-----------------|--------|------|------|--------|------|-------|-------|------|-------|------|--------|--------|-------|----|----|------|----|----|----|----|----|-------|----|------|
| 1.00 @ 1 muffin | 200.00 | 2.00 | 9.00 | 130.00 | 6.00 | 27.00 | 32.00 | 4.00 | 40.00 | 2.00 | 159.95 | 100.00 | 16.00 | -* | -* | 0.00 | -* | -* | -* | -* | -* | 40.00 | -* | 1.44 |
|-----------------|--------|------|------|--------|------|-------|-------|------|-------|------|--------|--------|-------|----|----|------|----|----|----|----|----|-------|----|------|

M51849 BRD: POPTARTS, Cinn 1.76oz WG

| | | | | | | | | | | | | | | | | | | | | | | | | |
|------------------|--------|------|------|--------|------|-------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 2.00 @ 1 package | 190.00 | 1.00 | 4.74 | 200.00 | 3.00 | 14.21 | 38.00 | 2.00 | 0.00 | 3.00 | -* | 500.01 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 100.00 | -* | 1.80 |
|------------------|--------|------|------|--------|------|-------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M51994 CHEESE, COLBY JK Stick 1ea 1.0

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------|-------|------|-------|--------|------|-------|------|------|-------|------|------|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 4.00 @ 1 stick | 90.00 | 4.00 | 40.00 | 200.01 | 6.00 | 60.00 | 0.00 | 7.00 | 20.00 | 0.00 | 0.00 | 200.01 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 200.01 | -* | 0.00 |
|----------------|-------|------|-------|--------|------|-------|------|------|-------|------|------|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M51237 BRD: BREAD WG, Tst Marg 1sl

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------|--------|------|-------|--------|------|-------|-------|------|------|------|-------|------|----|----|----|------|----|----|----|----|----|------|----|------|
| 6.00 @ 1 slice | 110.00 | 1.33 | 10.91 | 160.00 | 4.33 | 35.45 | 15.00 | 3.00 | 0.00 | 1.00 | 1.33* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 1.08 |
|----------------|--------|------|-------|--------|------|-------|-------|------|------|------|-------|------|----|----|----|------|----|----|----|----|----|------|----|------|

M50543 FRUIT: BANANA (100-120ct) Whl

| | | | | | | | | | | | | | | | | | | | | | | | | |
|---------------|-------|------|------|------|------|------|-------|------|------|------|--------|-------|------|------|------|------|------|------|------|------|------|------|-------|------|
| 2.00 @ 1 each | 93.95 | 0.12 | 1.13 | 1.06 | 0.35 | 3.34 | 24.11 | 1.15 | 0.00 | 2.74 | 377.91 | 67.56 | 0.00 | 0.11 | 0.53 | 9.18 | 0.03 | 0.08 | 0.70 | 0.39 | 0.00 | 5.28 | 23.22 | 0.27 |
|---------------|-------|------|------|------|------|------|-------|------|------|------|--------|-------|------|------|------|------|------|------|------|------|------|------|-------|------|

M52268 FRUIT: PEACHES Dice w/Jc 1/2c

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------|-------|------|------|-------|------|------|-------|------|------|------|--------|--------|----|----|----|------|----|----|----|----|----|------|----|------|
| 5.00 @ 1/2 cup | 50.83 | 0.00 | 0.00 | 10.17 | 0.00 | 0.00 | 12.20 | 0.00 | 0.00 | 0.00 | 182.98 | 304.97 | -* | -* | -* | 1.22 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
|----------------|-------|------|------|-------|------|------|-------|------|------|------|--------|--------|----|----|----|------|----|----|----|----|----|------|----|------|

M50979 JUICE SS, Apple 100% 4oz Cart

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------|-------|------|------|-------|------|------|-------|------|------|------|-------|------|----|----|----|------|----|----|----|----|----|------|----|------|
| 10.00 @ 1 each | 60.00 | 0.00 | 0.00 | 15.00 | 0.00 | 0.00 | 14.00 | 0.00 | 0.00 | 0.00 | 85.00 | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
|----------------|-------|------|------|-------|------|------|-------|------|------|------|-------|------|----|----|----|------|----|----|----|----|----|------|----|------|

M53465 MILK SS, 1% WHITE 8 FLOZ

* Some values for this nutrient are unavailable; the number listed is incomplete.

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DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD McKamy MS

Service Area: McKamy - 6-8 - OVS

Menu Name: McKamy MS 2018-2019 Menu - cycle 4 - week 4

Avg.Method: Weighted (USDA Default)

| | | | | | | | | | | | | | | | | | | | | | | | | |
|---------------------------------------|--------|------|-------|--------|-------|-------|--------|-------|--------|------|---------|--------|-------|------|------|------|------|------|------|------|----|--------|-------|------|
| 2.00 @ 1 carton | 110.00 | 1.50 | 12.28 | 130.00 | 2.50 | 20.46 | 13.00 | 8.00 | 10.00 | 0.00 | -* | 500.00 | -* | -* | -* | 2.40 | -* | -* | -* | -* | -* | 300.00 | -* | 0.00 |
| M51096 MILK SS, SKIM CHOCOLATE 8 FLOZ | | | | | | | | | | | | | | | | | | | | | | | | |
| 4.00 @ 1 carton | 120.00 | 0.00 | 0.00 | 180.00 | 0.00 | 0.00 | 20.00 | 8.00 | 5.00 | 0.00 | -* | 500.00 | -* | -* | -* | 1.20 | -* | -* | -* | -* | -* | 300.00 | -* | 0.00 |
| M53222 COND PC Margarine 5g | | | | | | | | | | | | | | | | | | | | | | | | |
| 1.00 @ 1 each | 30.00 | 1.00 | 30.00 | 30.00 | 3.00 | 90.00 | 0.00 | 0.00 | 0.00 | 0.00 | -* | 500.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
| M50854 COND PC Jelly, #4 Smuckers | | | | | | | | | | | | | | | | | | | | | | | | |
| 1.00 @ 1 each | 35.00 | 0.00 | 0.00 | 5.00 | 0.00 | 0.00 | 9.00 | 0.00 | 0.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
| M50056 COND PC Sauce, Taco 9g | | | | | | | | | | | | | | | | | | | | | | | | |
| 1.00 @ 1 each | 5.00 | 0.00 | 0.00 | 55.00 | 0.00 | 0.00 | 1.00 | 0.00 | 0.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
| M50058 COND PC Syrup 1.4oz Smuckers | | | | | | | | | | | | | | | | | | | | | | | | |
| 1.00 @ 1 each | 110.00 | 0.00 | 0.00 | 25.00 | 0.00 | 0.00 | 29.00 | 0.00 | 0.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
| M50407 COND_Salsa, AP 1/8c | | | | | | | | | | | | | | | | | | | | | | | | |
| 1.00 @ 1/8 cup | 10.25 | 0.00 | 0.00 | 174.23 | 0.00 | 0.00 | 2.05 | 0.00 | 0.00 | 0.00 | 0.00 | 102.49 | -* | -* | -* | 3.69 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
| Average | 677.87 | 6.94 | 9.21 | 815.64 | 18.04 | 23.95 | 104.13 | 22.52 | 149.35 | 5.28 | 313.75* | 1323.8 | 3.56* | .02* | .12* | 7.93 | .01* | .02* | .16* | .09* | 0* | 554.91 | 5.16* | 5.83 |

* Some values for this nutrient are unavailable; the number listed is incomplete.

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DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD McKamy MS

Service Area: McKamy - 6-8 - OVS

Menu Name: McKamy MS 2018-2019 Menu - cycle 4 - week 4

Avg.Method: Weighted (USDA Default)

Age Group: Lunch Grades 6-8 **Period:** Lunch **Week:** 4 **Day:** Friday **Count Type:** Forecasted **Total No. of Customers:** 238

| Weekly Std. (Target 1) | SFA | | Na (mg) | Fat | | CHO (g) | Pro (g) | Chol (mg) | Fiber (g) | K (mg) | Vit A (IU) | Vit D (IU) | Vit E (mg) | Vit K (mcg) | Vit C (mg) | Vit B1 (mg) | Vit B2 (mg) | Vit B3 (mg) | Vit B6 (mg) | Vit B12 (mcg) | Ca (mg) | P (mg) | Fe (mg) | |
|---------------------------|-----|----------|------------|----------|----------|------------|------------|--------------|--------------|-----------|---------------|---------------|---------------|----------------|---------------|----------------|----------------|----------------|----------------|------------------|------------|-----------|------------|--|
| | CAL | % of CAL | | % of CAL | % of CAL | | | | | | | | | | | | | | | | | | | |
| 600.00-700.00 | | 10.00 | 1360.00 | | | | | | | | | | | | | | | | | | | | | |

M51355 ENT: BOWL, POTATO CHIXPOP CH WG 2.0 (1C VEG)

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-----------------|--------|------|-------|--------|-------|-------|-------|-------|-------|------|---------|--------|-------|-------|-------|-------|-------|-------|-------|-------|-------|--------|--------|------|
| 102.00 @ 1 bowl | 419.52 | 6.32 | 13.57 | 533.49 | 19.78 | 42.44 | 42.95 | 18.58 | 31.38 | 4.76 | 291.93* | 304.89 | 0.00* | 0.03* | 0.43* | 16.74 | 0.01* | 0.03* | 0.54* | 0.04* | 0.00* | 140.46 | 32.63* | 2.24 |
|-----------------|--------|------|-------|--------|-------|-------|-------|-------|-------|------|---------|--------|-------|-------|-------|-------|-------|-------|-------|-------|-------|--------|--------|------|

M51680 BRD: ROLL DG, WG 2.5oz

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-----------------|--------|------|------|--------|------|-------|-------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|-------|----|------|
| 102.00 @ 1 each | 170.00 | 0.50 | 2.65 | 135.00 | 3.00 | 15.88 | 28.00 | 7.00 | 0.00 | 3.40 | -* | 0.01 | -* | -* | -* | 0.01 | -* | -* | -* | -* | -* | 12.70 | -* | 0.85 |
|-----------------|--------|------|------|--------|------|-------|-------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|-------|----|------|

M50443 COND_Gravy, Country SS

| | | | | | | | | | | | | | | | | | | | | | | | | |
|------------------|-------|------|------|--------|------|-------|------|------|------|------|-------|------|-------|-------|-------|------|-------|-------|-------|-------|-------|-------|-------|------|
| 102.00 @ 1/4 cup | 34.17 | 0.00 | 0.00 | 196.86 | 0.49 | 12.86 | 5.86 | 0.00 | 0.00 | 0.00 | 0.53* | 0.00 | 0.00* | 0.00* | 0.00* | 0.00 | 0.00* | 0.00* | 0.00* | 0.00* | 0.00* | 21.13 | 0.00* | 0.00 |
|------------------|-------|------|------|--------|------|-------|------|------|------|------|-------|------|-------|-------|-------|------|-------|-------|-------|-------|-------|-------|-------|------|

M50831 SALAD, Egg Chef SC W 2.0

| | | | | | | | | | | | | | | | | | | | | | | | | |
|---------------|--------|------|-------|--------|------|-------|------|-------|--------|------|---------|---------|-------|-------|--------|------|-------|-------|-------|-------|-------|--------|--------|------|
| 2.00 @ 1 each | 143.23 | 3.90 | 24.48 | 172.10 | 8.90 | 55.93 | 4.35 | 10.19 | 196.25 | 1.26 | 146.57* | 5383.02 | 0.00* | 0.12* | 43.60* | 7.46 | 0.04* | 0.04* | 0.25* | 0.06* | 0.00* | 141.60 | 17.48* | 1.26 |
|---------------|--------|------|-------|--------|------|-------|------|-------|--------|------|---------|---------|-------|-------|--------|------|-------|-------|-------|-------|-------|--------|--------|------|

M51680 BRD: ROLL DG, WG 2.5oz

| | | | | | | | | | | | | | | | | | | | | | | | | |
|---------------|--------|------|------|--------|------|-------|-------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|-------|----|------|
| 2.00 @ 1 each | 170.00 | 0.50 | 2.65 | 135.00 | 3.00 | 15.88 | 28.00 | 7.00 | 0.00 | 3.40 | -* | 0.01 | -* | -* | -* | 0.01 | -* | -* | -* | -* | -* | 12.70 | -* | 0.85 |
|---------------|--------|------|------|--------|------|-------|-------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|-------|----|------|

M53268 SDW BD, Tky AM WG 2.0

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-------------------|--------|------|-------|--------|-------|-------|-------|-------|-------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 1.00 @ 1 sandwich | 325.00 | 5.13 | 14.19 | 995.00 | 11.50 | 31.84 | 33.50 | 22.25 | 56.25 | 2.00 | -* | 200.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 175.00 | -* | 2.61 |
|-------------------|--------|------|-------|--------|-------|-------|-------|-------|-------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M50962 SDW BD, SBJ WG 2.0

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-------------------|--------|------|------|--------|-------|-------|-------|-------|------|------|---------|------|-------|----|----|------|----|----|----|----|----|-------|----|------|
| 3.00 @ 1 sandwich | 658.38 | 3.99 | 5.45 | 579.16 | 35.89 | 49.06 | 69.87 | 19.95 | 0.00 | 5.99 | 378.78* | 0.00 | 0.00* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 59.81 | -* | 5.35 |
|-------------------|--------|------|------|--------|-------|-------|-------|-------|------|------|---------|------|-------|----|----|------|----|----|----|----|----|-------|----|------|

M51578 PIZZA 16" CHZ WG 2.0

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-----------------|--------|------|-------|--------|-------|-------|-------|-------|-------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 19.00 @ 1/8 cut | 351.26 | 7.50 | 19.22 | 810.03 | 15.50 | 39.72 | 30.87 | 19.38 | 30.00 | 3.25 | -* | 403.18 | -* | -* | -* | 0.90 | -* | -* | -* | -* | -* | 419.72 | -* | 1.13 |
|-----------------|--------|------|-------|--------|-------|-------|-------|-------|-------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M53000 PIZZA 16" Pepperoni WG 2.0

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-----------------|--------|------|-------|--------|-------|-------|-------|-------|-------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 21.00 @ 1/8 cut | 388.75 | 9.00 | 20.84 | 937.53 | 19.00 | 43.99 | 31.12 | 20.88 | 37.50 | 3.25 | -* | 403.18 | -* | -* | -* | 0.90 | -* | -* | -* | -* | -* | 419.72 | -* | 1.22 |
|-----------------|--------|------|-------|--------|-------|-------|-------|-------|-------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M51436 BEEF Finger, AP WG 2.0

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------|--------|------|-------|--------|-------|-------|-------|-------|-------|------|----|------|----|----|----|------|----|----|----|----|----|-------|----|------|
| 20.00 @ 4 each | 310.03 | 4.50 | 13.06 | 320.03 | 19.00 | 55.16 | 20.00 | 15.00 | 35.00 | 3.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 40.00 | -* | 2.70 |
|----------------|--------|------|-------|--------|-------|-------|-------|-------|-------|------|----|------|----|----|----|------|----|----|----|----|----|-------|----|------|

M51680 BRD: ROLL DG, WG 2.5oz

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------|--------|------|------|--------|------|-------|-------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|-------|----|------|
| 20.00 @ 1 each | 170.00 | 0.50 | 2.65 | 135.00 | 3.00 | 15.88 | 28.00 | 7.00 | 0.00 | 3.40 | -* | 0.01 | -* | -* | -* | 0.01 | -* | -* | -* | -* | -* | 12.70 | -* | 0.85 |
|----------------|--------|------|------|--------|------|-------|-------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|-------|----|------|

M50443 COND_Gravy, Country SS

* Some values for this nutrient are unavailable; the number listed is incomplete.

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DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD McKamy MS

Service Area: McKamy - 6-8 - OVS

Menu Name: McKamy MS 2018-2019 Menu - cycle 4 - week 4

Avg.Method: Weighted (USDA Default)

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-----------------|--------|------|------|--------|------|-------|-------|------|------|------|-------|------|-------|-------|-------|------|-------|-------|-------|-------|-------|-------|-------|------|
| 20.00 @ 3/4 cup | 102.51 | 0.00 | 0.00 | 590.57 | 1.46 | 12.86 | 17.57 | 0.00 | 0.00 | 0.00 | 1.60* | 0.00 | 0.00* | 0.00* | 0.00* | 0.00 | 0.00* | 0.00* | 0.00* | 0.00* | 0.00* | 63.38 | 0.00* | 0.00 |
|-----------------|--------|------|------|--------|------|-------|-------|------|------|------|-------|------|-------|-------|-------|------|-------|-------|-------|-------|-------|-------|-------|------|

M51417 BURG, Beef AP WG 2.0

| | | | | | | | | | | | | | | | | | | | | | | | | |
|---------------|--------|------|------|--------|------|-------|-------|-------|-------|------|----|------|----|----|----|------|----|----|----|----|----|-------|----|------|
| 9.00 @ 1 each | 240.00 | 2.00 | 7.50 | 345.00 | 7.00 | 26.25 | 29.00 | 16.00 | 25.00 | 2.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 60.00 | -* | 2.88 |
|---------------|--------|------|------|--------|------|-------|-------|-------|-------|------|----|------|----|----|----|------|----|----|----|----|----|-------|----|------|

M50821 BURG, Beef AM AP WG 2.25

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------|--------|------|-------|--------|-------|-------|-------|-------|-------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 32.00 @ 1 each | 285.00 | 4.25 | 13.42 | 545.00 | 10.50 | 33.16 | 29.50 | 18.50 | 37.50 | 2.00 | -* | 100.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 135.00 | -* | 2.88 |
|----------------|--------|------|-------|--------|-------|-------|-------|-------|-------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M53770 SDW BN, CHIXPTY PLN WG/WG2.0 MWWW

| | | | | | | | | | | | | | | | | | | | | | | | | |
|--------------------|--------|------|------|--------|-------|-------|-------|-------|-------|------|----|------|----|----|----|------|----|----|----|----|----|-------|----|------|
| 21.00 @ 1 sandwich | 339.76 | 1.50 | 3.97 | 589.66 | 10.99 | 29.11 | 35.99 | 23.98 | 44.95 | 5.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 40.00 | -* | 2.52 |
|--------------------|--------|------|------|--------|-------|-------|-------|-------|-------|------|----|------|----|----|----|------|----|----|----|----|----|-------|----|------|

M52952 SDW BN, CHIXPTY BRD SPCY WG/WG 2.0 MWWW

| | | | | | | | | | | | | | | | | | | | | | | | | |
|--------------------|--------|------|------|--------|-------|-------|-------|-------|-------|------|----|------|----|----|----|------|----|----|----|----|----|-------|----|------|
| 10.00 @ 1 sandwich | 339.86 | 2.00 | 5.29 | 629.77 | 11.99 | 31.76 | 35.99 | 23.99 | 44.97 | 3.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 40.00 | -* | 2.88 |
|--------------------|--------|------|------|--------|-------|-------|-------|-------|-------|------|----|------|----|----|----|------|----|----|----|----|----|-------|----|------|

M53275 MELT BD, AM WG 2.0

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-------------------|--------|-------|-------|---------|-------|-------|-------|-------|-------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 5.00 @ 1 sandwich | 385.00 | 11.25 | 26.30 | 1320.00 | 19.50 | 45.58 | 32.50 | 18.50 | 62.50 | 2.00 | -* | 500.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 375.00 | -* | 2.16 |
|-------------------|--------|-------|-------|---------|-------|-------|-------|-------|-------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M65995 VEG: CARROTS, ORANGE GINGER GLZ 1/2C

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-----------------|-------|------|------|--------|------|------|-------|------|------|------|---------|----------|-------|-------|--------|------|-------|-------|-------|-------|-------|-------|--------|------|
| 34.00 @ 1/2 cup | 93.43 | 0.11 | 1.07 | 158.73 | 0.61 | 5.84 | 20.99 | 0.53 | 0.00 | 2.92 | 171.36* | 14816.06 | 0.00* | 0.88* | 11.91* | 2.01 | 0.03* | 0.03* | 0.39* | 0.08* | 0.00* | 30.92 | 27.55* | 0.51 |
|-----------------|-------|------|------|--------|------|------|-------|------|------|------|---------|----------|-------|-------|--------|------|-------|-------|-------|-------|-------|-------|--------|------|

M50350 VEG: CUCUMBER, Fresh Slice1/2c

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-----------------|-------|------|------|------|------|------|------|------|------|------|--------|-------|------|------|-------|------|------|------|------|------|------|-------|-------|------|
| 36.00 @ 1/2 cup | 10.81 | 0.03 | 2.22 | 1.44 | 0.08 | 6.60 | 2.62 | 0.47 | 0.00 | 0.36 | 105.91 | 75.65 | 0.00 | 0.02 | 11.82 | 2.02 | 0.02 | 0.02 | 0.07 | 0.03 | 0.00 | 11.53 | 17.29 | 0.20 |
|-----------------|-------|------|------|------|------|------|------|------|------|------|--------|-------|------|------|-------|------|------|------|------|------|------|-------|-------|------|

M53709 VEG: SALAD, SIDE SPIN ROM STRAW SC 1C

| | | | | | | | | | | | | | | | | | | | | | | | | |
|---------------|-------|------|------|-------|------|-------|------|------|------|------|--------|---------|------|------|--------|-------|------|------|------|------|------|-------|-------|------|
| 11.00 @ 1 cup | 15.79 | 0.03 | 1.56 | 23.17 | 0.22 | 12.65 | 3.13 | 1.14 | 0.00 | 1.39 | 228.54 | 4195.84 | 0.00 | 0.63 | 150.99 | 20.02 | 0.04 | 0.07 | 0.33 | 0.08 | 0.00 | 36.30 | 23.73 | 1.00 |
|---------------|-------|------|------|-------|------|-------|------|------|------|------|--------|---------|------|------|--------|-------|------|------|------|------|------|-------|-------|------|

M53419 VEG: POTATO, FF CTINAGEN7 1/2C

| | | | | | | | | | | | | | | | | | | | | | | | | |
|------------------|--------|------|-------|--------|------|-------|-------|------|------|------|--------|------|----|----|----|------|----|----|----|----|----|------|----|------|
| 237.00 @ 1/2 cup | 119.99 | 1.33 | 10.00 | 133.32 | 4.67 | 35.00 | 17.33 | 2.00 | 0.00 | 2.00 | 259.98 | 0.00 | -* | -* | -* | 3.20 | -* | -* | -* | -* | -* | 0.00 | -* | 0.48 |
|------------------|--------|------|-------|--------|------|-------|-------|------|------|------|--------|------|----|----|----|------|----|----|----|----|----|------|----|------|

M50543 FRUIT: BANANA (100-120ct) Whl

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------|-------|------|------|------|------|------|-------|------|------|------|--------|-------|------|------|------|------|------|------|------|------|------|------|-------|------|
| 47.00 @ 1 each | 93.95 | 0.12 | 1.13 | 1.06 | 0.35 | 3.34 | 24.11 | 1.15 | 0.00 | 2.74 | 377.91 | 67.56 | 0.00 | 0.11 | 0.53 | 9.18 | 0.03 | 0.08 | 0.70 | 0.39 | 0.00 | 5.28 | 23.22 | 0.27 |
|----------------|-------|------|------|------|------|------|-------|------|------|------|--------|-------|------|------|------|------|------|------|------|------|------|------|-------|------|

M52809 FRUIT: CRAISINS, SS BLUEBERRY 1.16OZ

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------|--------|------|------|------|------|------|-------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|
| 27.00 @ 1 each | 110.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 28.00 | 0.00 | 0.00 | 3.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
|----------------|--------|------|------|------|------|------|-------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|

M50982 JUICE SS, ORANGE 100% 4 FLOZ

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------|-------|------|------|-------|------|------|-------|------|------|------|----|------|----|----|----|-------|----|----|----|----|----|------|----|------|
| 98.00 @ 1 each | 51.44 | 0.00 | 0.00 | 15.43 | 0.00 | 0.00 | 12.35 | 1.03 | 0.00 | 0.00 | -* | 0.00 | -* | -* | -* | 43.21 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
|----------------|-------|------|------|-------|------|------|-------|------|------|------|----|------|----|----|----|-------|----|----|----|----|----|------|----|------|

M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50

| | | | | | | | | | | | | | | | | | | | | | | | | |
|------------------|--------|------|-------|--------|------|-------|-------|------|-------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 15.00 @ 1 carton | 110.00 | 1.50 | 12.28 | 130.00 | 2.50 | 20.46 | 13.00 | 8.00 | 10.00 | 0.00 | -* | 500.00 | -* | -* | -* | 2.40 | -* | -* | -* | -* | -* | 300.00 | -* | 0.00 |
|------------------|--------|------|-------|--------|------|-------|-------|------|-------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

* Some values for this nutrient are unavailable; the number listed is incomplete.

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DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD McKamy MS

Service Area: McKamy - 6-8 - OVS

Menu Name: McKamy MS 2018-2019 Menu - cycle 4 - week 4

Avg.Method: Weighted (USDA Default)

M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50

| | | | | | | | | | | | | | | | | | | | | | | | | |
|------------------|--------|------|------|--------|------|------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 68.00 @ 1 carton | 120.00 | 0.00 | 0.00 | 180.00 | 0.00 | 0.00 | 20.00 | 8.00 | 5.00 | 0.00 | -* | 500.00 | -* | -* | -* | 1.20 | -* | -* | -* | -* | -* | 300.00 | -* | 0.00 |
|------------------|--------|------|------|--------|------|------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M50855 COND PC Ketchup 9g Heinz

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-----------------|-------|------|------|-------|------|------|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|
| 200.00 @ 1 each | 10.00 | 0.00 | 0.00 | 85.00 | 0.00 | 0.00 | 3.00 | 0.00 | 0.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
|-----------------|-------|------|------|-------|------|------|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|

M53222 COND PC Margarine 5g

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------|-------|------|-------|-------|------|-------|------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|------|----|------|
| 34.00 @ 1 each | 30.00 | 1.00 | 30.00 | 30.00 | 3.00 | 90.00 | 0.00 | 0.00 | 0.00 | 0.00 | -* | 500.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
|----------------|-------|------|-------|-------|------|-------|------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|------|----|------|

M50624 COND PC Drsg Ranch 12g

| | | | | | | | | | | | | | | | | | | | | | | | | |
|---------------|-------|------|------|--------|------|-------|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|
| 5.00 @ 1 each | 50.00 | 0.00 | 0.00 | 100.00 | 5.00 | 90.00 | 1.00 | 0.00 | 5.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
|---------------|-------|------|------|--------|------|-------|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|

M50623 COND PC Drsg Italian 12g

| | | | | | | | | | | | | | | | | | | | | | | | | |
|---------------|-------|------|------|--------|------|-------|------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|------|----|------|
| 2.00 @ 1 each | 30.00 | 0.00 | 0.00 | 130.00 | 3.00 | 90.00 | 0.00 | 0.00 | 0.00 | 0.00 | -* | 100.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
|---------------|-------|------|------|--------|------|-------|------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|------|----|------|

M50056 COND PC Sauce, Taco 9g

| | | | | | | | | | | | | | | | | | | | | | | | | |
|---------------|------|------|------|-------|------|------|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|
| 1.00 @ 1 each | 5.00 | 0.00 | 0.00 | 55.00 | 0.00 | 0.00 | 1.00 | 0.00 | 0.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
|---------------|------|------|------|-------|------|------|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|

M50287 COND PC SAUCE, BBQ 12G PKT

| | | | | | | | | | | | | | | | | | | | | | | | | |
|---------------|-------|------|------|--------|------|------|------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|------|----|------|
| 6.00 @ 1 each | 15.00 | 0.00 | 0.00 | 160.00 | 0.00 | 0.00 | 4.00 | 0.00 | 0.00 | 0.00 | -* | 100.00 | -* | -* | -* | 0.60 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
|---------------|-------|------|------|--------|------|------|------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|------|----|------|

M50063 COND_Sauce, Buffalo Wing AP

| | | | | | | | | | | | | | | | | | | | | | | | | |
|------------------------|------|------|------|--------|------|-------|------|------|------|------|-------|------|----|----|----|------|----|----|----|----|----|------|----|------|
| 1.00 @ 1 tablespoon | 4.38 | 0.02 | 4.79 | 363.06 | 0.22 | 45.51 | 0.48 | 0.11 | 0.17 | 0.12 | 21.32 | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 2.22 | -* | 0.07 |
|------------------------|------|------|------|--------|------|-------|------|------|------|------|-------|------|----|----|----|------|----|----|----|----|----|------|----|------|

M51445 VEG GARN: Rom Leaf/Tom Sl

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-------------------|------|------|------|------|------|-------|------|------|------|------|-------|---------|------|------|-------|------|------|------|------|------|------|------|------|------|
| 32.00 @ 1 serving | 4.96 | 0.01 | 1.72 | 1.84 | 0.07 | 12.86 | 1.02 | 0.30 | 0.00 | 0.47 | 68.61 | 1352.71 | 0.00 | 0.09 | 15.65 | 2.51 | 0.02 | 0.01 | 0.13 | 0.02 | 0.00 | 6.10 | 7.65 | 0.18 |
|-------------------|------|------|------|------|------|-------|------|------|------|------|-------|---------|------|------|-------|------|------|------|------|------|------|------|------|------|

M50412 COND_Pickle, Dill Slice 3ea

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-----------------|------|------|------|--------|------|-------|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|-------|----|------|
| 32.00 @ 3 slice | 2.43 | 0.01 | 4.72 | 243.11 | 0.07 | 25.17 | 0.36 | 0.10 | 0.00 | 0.21 | -* | 0.00 | -* | -* | -* | 0.32 | -* | -* | -* | -* | -* | 12.97 | -* | 0.08 |
|-----------------|------|------|------|--------|------|-------|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|-------|----|------|

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------|--------|------|------|---------|-------|-------|-------|-------|------|------|---------|---------|----|------|--------|-------|------|------|------|------|----|--------|--------|------|
| Average | 734.67 | 7.56 | 9.26 | 1153.27 | 24.58 | 30.11 | 98.55 | 28.98 | 39.3 | 9.16 | 525.38* | 3034.79 | 0* | .21* | 13.22* | 32.59 | .02* | .04* | .47* | .12* | 0* | 307.36 | 27.39* | 3.52 |
|----------------|--------|------|------|---------|-------|-------|-------|-------|------|------|---------|---------|----|------|--------|-------|------|------|------|------|----|--------|--------|------|

* Some values for this nutrient are unavailable; the number listed is incomplete.

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