



High School Lunch Menu

February 2019

				1 CELEBRATE THE BIG GAME Tater Tot Nachos FIRST FRIDAY FINDS Jerk Chicken Flatbread Turkey Chef Salad
4 Chicken Drumstick with Roll Chicken Salad Platter All-American Sub Popcorn Chicken & Waffle Nachos	5 Baked Potato with Bacon and Cheese Tropical Chicken Salad Chicken Salad Wrap Popcorn Chicken & Waffle Nachos	6 NATIONAL CHOPSTICKS DAY Sweet & Sour Chicken with Broccoli & Rice All-American Cobb Salad Turkey & Provolone Sandwich Popcorn Chicken & Waffle Nachos	7 Spaghetti & Meatballs Chicken Caesar Salad Ranch Chicken Wrap Popcorn Chicken & Waffle Nachos	8 Mac & Cheese with Roll Egg Chef Salad Ham & Cheddar Sub Popcorn Chicken & Waffle Nachos
11 Meatball Sub Buffalo Chicken Salad Turkey & Provolone Sandwich Tater Tot Breakfast Burrito	12 Chicken Fajita Quesadilla Cheese Quesadilla Turkey & Cheese Salad Chicken Caesar Wrap Tater Tot Breakfast Burrito	13 NATIONAL ITALIAN FOOD DAY Cheese Ravioli Chicken Fajita Salad Ham & Swiss Sub Tater Tot Breakfast Burrito	14 HAPPY VALENTINE'S DAY Cheesy Baked Penne Italian Salad Honey Mustard Chicken Wrap Tater Tot Breakfast Burrito	15 Korean Beef Tacos Turkey Chef Salad All-American Sub Tater Tot Breakfast Burrito
18 No School	19 Chicken Drumstick with Mac & Cheese Grilled Chicken Salad Buffalo Chicken Wrap	20 BREAKFAST FOR LUNCH Spicy Maple Chicken & Waffles Sandwich Southwest Salad Ham & Cheddar Sub	21 Rotini & Meat Sauce Popcorn Chicken Salad Turkey & Provolone Sandwich	22 General Tso Chicken & Broccoli with Rice Ham Chef Salad Ham, Turkey & Cheese Wrap
25 BBQ Curly Fry Cheeseburger Chicken Salad Platter Turkey & Cheddar Sub	26 Enchilada Casserole with Mexican Rice Tropical Chicken Salad Chicken Salad Sub	27 NATIONAL STRAWBERRY DAY ENJOY A FREE DESSERT Fish Sticks with Mac & Cheese All-American Cobb Salad Ham & Pepper Jack Sandwich	28 Chicken Parmesan with Spaghetti Chicken Caesar Salad Ranch Chicken Wrap	

Offered Daily:

- Breaded Chicken Sandwich, Hamburger, Cheeseburger, Chicken Tenders, Popcorn Chicken, Chicken Nuggets, Crispos, Sunbutter & Jelly Sandwich
- Mon./Wed./Fri.: Pizza Sticks , Hot Dog
- Tues./Thurs.: Black Bean Burger , Grilled Cheese
- Denotes vegetarian item
- Denotes pork item

All meals offered with a choice of fruit and choice of milk (1% white and skim chocolate)
 *Menu subject to change

STAY UP TO DATE

@LISDChildNutrition

@LISDNutrition

LISD Child Nutrition

www.lisd.schooldish.com

