



DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Lewisville ES

Service Area: Lewisville - K-5 - OVS

Menu Name: Lewisville ES 2018-2019 BIC Menu - cycle 6 - week 3

Avg.Method: Weighted (USDA Default)

Age Group: Brkfst Grades K-5

Period: Breakfast

Week: 3

Day: Monday

Count Type: Forecasted

Total No. of Customers: 608

| Weekly Std. (Target 1) | SFA | | Na (mg) | Fat | | CHO (g) | Pro (g) | Chol (mg) | Fiber (g) | K (mg) | Vit A (IU) | Vit D (IU) | Vit E (mg) | Vit K (mcg) | Vit C (mg) | Vit B1 (mg) | Vit B2 (mg) | Vit B3 (mg) | Vit B6 (mg) | Vit B12 (mcg) | Ca (mg) | P (mg) | Fe (mg) | |
|---|--------|-------|------------|----------|------|------------|------------|--------------|--------------|-----------|---------------|---------------|---------------|----------------|---------------|----------------|----------------|----------------|----------------|------------------|------------|-----------|------------|----------|
| | CAL | (g) | | % of CAL | (g) | | | | | | | | | | | | | | | | | | | % of CAL |
| 350.00-500.00 | | 10.00 | 540.00 | | | | | | | | | | | | | | | | | | | | | |
| M51241 BRD: ROLL AP, CinnMini WG IW | | | | | | | | | | | | | | | | | | | | | | | | |
| 617.00 @ 1 pouch | 240.00 | 2.00 | 7.50 | 300.00 | 8.00 | 30.00 | 40.00 | 5.00 | 0.00 | 2.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 40.00 | -* | 1.44 |
| M53799 FRUIT: APPLE, Slcd IW 2oz | | | | | | | | | | | | | | | | | | | | | | | | |
| 568.00 @ 1 each | 30.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 7.00 | 0.00 | 0.00 | 1.00 | -* | 0.00 | -* | -* | -* | 21.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
| M52810 FRUIT: CRAISINS, SS CHERRY 1.16OZ | | | | | | | | | | | | | | | | | | | | | | | | |
| 159.00 @ 1 each | 110.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 28.00 | 0.00 | 0.00 | 3.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
| M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50 | | | | | | | | | | | | | | | | | | | | | | | | |
| 107.00 @ 1 carton | 110.00 | 1.50 | 12.28 | 130.00 | 2.50 | 20.46 | 13.00 | 8.00 | 10.00 | 0.00 | -* | 500.00 | -* | -* | -* | 2.40 | -* | -* | -* | -* | -* | 300.00 | -* | 0.00 |
| M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50 | | | | | | | | | | | | | | | | | | | | | | | | |
| 469.00 @ 1 carton | 120.00 | 0.00 | 0.00 | 180.00 | 0.00 | 0.00 | 20.00 | 8.00 | 5.00 | 0.00 | -* | 500.00 | -* | -* | -* | 1.20 | -* | -* | -* | -* | -* | 300.00 | -* | 0.00 |
| Average | 412.28 | 2.29 | 5.01 | 466.17 | 8.56 | 18.68 | 72.17 | 12.65 | 5.62 | 3.75 | -* | 473.69 | -* | -* | -* | 20.97 | -* | -* | -* | -* | -* | 324.81 | -* | 1.46 |

* Some values for this nutrient are unavailable; the number listed is incomplete.

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DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Lewisville ES

Service Area: Lewisville - K-5 - OVS

Menu Name: Lewisville ES 2018-2019 BIC Menu - cycle 6 - week 3

Avg.Method: Weighted (USDA Default)

Age Group: Lunch Grades K-5 **Period:** Lunch **Week:** 3 **Day:** Monday **Count Type:** Forecasted **Total No. of Customers:** 665

| Weekly Std. (Target 1) | SFA | | Na (mg) | Fat | | CHO (g) | Pro (g) | Chol (mg) | Fiber (g) | K (mg) | Vit A (IU) | Vit D (IU) | Vit E (mg) | Vit K (mcg) | Vit C (mg) | Vit B1 (mg) | Vit B2 (mg) | Vit B3 (mg) | Vit B6 (mg) | Vit B12 (mcg) | Ca (mg) | P (mg) | Fe (mg) | |
|------------------------|-----|-----|---------|----------|-----|---------|---------|-----------|-----------|--------|------------|------------|------------|-------------|------------|-------------|-------------|-------------|-------------|---------------|---------|--------|---------|----------|
| | CAL | (g) | | % of CAL | (g) | | | | | | | | | | | | | | | | | | | % of CAL |
| 550.00-650.00 | | | 1230.00 | | | | | | | | | | | | | | | | | | | | | |

M52963 CHIX Popcorn, AP WG 2.0

| | | | | | | | | | | | | | | | | | | | | | | | | |
|--------------------|--------|------|------|--------|-------|-------|-------|-------|-------|------|----|--------|----|----|----|------|----|----|----|----|----|-------|----|------|
| 467.00 @ 1 serving | 250.19 | 2.72 | 9.78 | 380.72 | 14.14 | 50.87 | 15.23 | 15.23 | 21.76 | 3.26 | -* | 108.78 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 43.51 | -* | 1.96 |
|--------------------|--------|------|------|--------|-------|-------|-------|-------|-------|------|----|--------|----|----|----|------|----|----|----|----|----|-------|----|------|

M51680 BRD: ROLL DG, WG 2.5oz

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-----------------|--------|------|------|--------|------|-------|-------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|-------|----|------|
| 467.00 @ 1 each | 170.00 | 0.50 | 2.65 | 135.00 | 3.00 | 15.88 | 28.00 | 7.00 | 0.00 | 3.40 | -* | 0.01 | -* | -* | -* | 0.01 | -* | -* | -* | -* | -* | 12.70 | -* | 0.85 |
|-----------------|--------|------|------|--------|------|-------|-------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|-------|----|------|

M51108 EGG: Omelet CH AP 2.0

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-----------------|--------|------|-------|--------|-------|-------|------|------|--------|------|----|--------|----|----|----|------|----|----|----|----|----|-------|----|------|
| 191.00 @ 1 each | 130.00 | 3.50 | 24.23 | 280.00 | 11.00 | 76.16 | 1.00 | 7.00 | 170.00 | 0.00 | -* | 300.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 80.00 | -* | 0.72 |
|-----------------|--------|------|-------|--------|-------|-------|------|------|--------|------|----|--------|----|----|----|------|----|----|----|----|----|-------|----|------|

M51630 CHIX Sausage Patty 1ea 1.0

| | | | | | | | | | | | | | | | | | | | | | | | | |
|------------------|--------|------|-------|--------|------|-------|------|-------|-------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|
| 191.00 @ 1 patty | 100.00 | 1.50 | 13.50 | 230.00 | 6.00 | 54.00 | 1.00 | 11.00 | 40.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.72 |
|------------------|--------|------|-------|--------|------|-------|------|-------|-------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|

M52536 BRD: BREAD WG, Tst 2sl

| | | | | | | | | | | | | | | | | | | | | | | | | |
|------------------|--------|------|------|--------|------|-------|-------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|
| 450.00 @ 2 slice | 160.00 | 0.00 | 0.00 | 320.00 | 2.00 | 11.25 | 30.00 | 6.00 | 0.00 | 2.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 2.16 |
|------------------|--------|------|------|--------|------|-------|-------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|

M53347 SDW BD, SB WG 2.0

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-------------------|--------|------|------|--------|-------|-------|-------|-------|------|------|---------|------|-------|----|----|------|----|----|----|----|----|-------|----|------|
| 4.00 @ 1 sandwich | 558.71 | 3.99 | 6.42 | 579.16 | 35.89 | 57.81 | 43.95 | 19.95 | 0.00 | 5.99 | 378.78* | 0.00 | 0.00* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 59.81 | -* | 5.35 |
|-------------------|--------|------|------|--------|-------|-------|-------|-------|------|------|---------|------|-------|----|----|------|----|----|----|----|----|-------|----|------|

M50962 SDW BD, SBJ WG 2.0

| | | | | | | | | | | | | | | | | | | | | | | | | |
|--------------------|--------|------|------|--------|-------|-------|-------|-------|------|------|---------|------|-------|----|----|------|----|----|----|----|----|-------|----|------|
| 14.00 @ 1 sandwich | 658.38 | 3.99 | 5.45 | 579.16 | 35.89 | 49.06 | 69.87 | 19.95 | 0.00 | 5.99 | 378.78* | 0.00 | 0.00* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 59.81 | -* | 5.35 |
|--------------------|--------|------|------|--------|-------|-------|-------|-------|------|------|---------|------|-------|----|----|------|----|----|----|----|----|-------|----|------|

M67231 VEG: POTATO, DICED AP SEASONED 1/2C

| | | | | | | | | | | | | | | | | | | | | | | | | |
|------------------|--------|------|------|-------|------|-------|-------|------|------|------|--------|--------|-------|-------|-------|------|-------|-------|-------|-------|-------|------|-------|------|
| 144.00 @ 1/2 cup | 105.26 | 0.26 | 2.24 | 35.62 | 2.32 | 19.85 | 19.35 | 1.32 | 0.00 | 2.59 | 14.07* | 247.49 | 0.00* | 0.15* | 0.73* | 1.41 | 0.00* | 0.01* | 0.05* | 0.01* | 0.00* | 2.35 | 1.89* | 0.57 |
|------------------|--------|------|------|-------|------|-------|-------|------|------|------|--------|--------|-------|-------|-------|------|-------|-------|-------|-------|-------|------|-------|------|

M50431 VEG: CARROTS, Fresh Baby 1/2c

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-----------------|-------|------|------|-------|------|------|------|------|------|------|--------|---------|------|----|------|------|------|------|------|------|------|-------|-------|------|
| 80.00 @ 1/2 cup | 24.80 | 0.02 | 0.59 | 55.28 | 0.09 | 3.34 | 5.84 | 0.45 | 0.00 | 2.06 | 167.96 | 9772.87 | 0.00 | -* | 6.66 | 1.84 | 0.02 | 0.03 | 0.39 | 0.07 | 0.00 | 22.68 | 19.84 | 0.63 |
|-----------------|-------|------|------|-------|------|------|------|------|------|------|--------|---------|------|----|------|------|------|------|------|------|------|-------|-------|------|

M50534 FRUIT: ORANGE 138ct 1/8wg 1/2c

| | | | | | | | | | | | | | | | | | | | | | | | | |
|------------------|-------|------|------|------|------|------|-------|------|------|------|--------|--------|------|------|------|-------|------|------|------|------|------|-------|-------|------|
| 321.00 @ 8 wedge | 46.96 | 0.01 | 0.29 | 0.00 | 0.12 | 2.30 | 11.74 | 0.94 | 0.00 | 2.40 | 180.86 | 224.82 | 0.00 | 0.18 | 0.00 | 53.16 | 0.09 | 0.04 | 0.28 | 0.06 | 0.00 | 39.97 | 13.99 | 0.10 |
|------------------|-------|------|------|------|------|------|-------|------|------|------|--------|--------|------|------|------|-------|------|------|------|------|------|-------|-------|------|

M50979 JUICE SS, Apple 100% 4oz Cart

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-----------------|-------|------|------|-------|------|------|-------|------|------|------|-------|------|----|----|----|------|----|----|----|----|----|------|----|------|
| 641.00 @ 1 each | 60.00 | 0.00 | 0.00 | 15.00 | 0.00 | 0.00 | 14.00 | 0.00 | 0.00 | 0.00 | 85.00 | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
|-----------------|-------|------|------|-------|------|------|-------|------|------|------|-------|------|----|----|----|------|----|----|----|----|----|------|----|------|

M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50

* Some values for this nutrient are unavailable; the number listed is incomplete.

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DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Lewisville ES

Service Area: Lewisville - K-5 - OVS

Menu Name: Lewisville ES 2018-2019 BIC Menu - cycle 6 - week 3

Avg.Method: Weighted (USDA Default)

| | | | | | | | | | | | | | | | | | | | | | | | | |
|---|--------|------|-------|---------|-------|-------|-------|-------|-------|------|---------|---------|----|------|------|-------|------|------|------|------|----|--------|-------|------|
| 112.00 @ 1 carton | 110.00 | 1.50 | 12.28 | 130.00 | 2.50 | 20.46 | 13.00 | 8.00 | 10.00 | 0.00 | -* | 500.00 | -* | -* | -* | 2.40 | -* | -* | -* | -* | -* | 300.00 | -* | 0.00 |
| M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50 | | | | | | | | | | | | | | | | | | | | | | | | |
| 220.00 @ 1 carton | 120.00 | 0.00 | 0.00 | 180.00 | 0.00 | 0.00 | 20.00 | 8.00 | 5.00 | 0.00 | -* | 500.00 | -* | -* | -* | 1.20 | -* | -* | -* | -* | -* | 300.00 | -* | 0.00 |
| M50855 COND PC Ketchup 9g Heinz | | | | | | | | | | | | | | | | | | | | | | | | |
| 590.00 @ 1 each | 10.00 | 0.00 | 0.00 | 85.00 | 0.00 | 0.00 | 3.00 | 0.00 | 0.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
| M50055 COND PC Mayonnaise 12g | | | | | | | | | | | | | | | | | | | | | | | | |
| 95.00 @ 1 each | 80.00 | 1.50 | 16.87 | 75.00 | 8.00 | 90.00 | 1.00 | 0.00 | 5.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
| M50284 COND PC Mustard 6g | | | | | | | | | | | | | | | | | | | | | | | | |
| 70.00 @ 1 each | 0.00 | 0.00 | - | 65.00 | 0.00 | - | 1.00 | 0.00 | 0.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
| M53222 COND PC Margarine 5g | | | | | | | | | | | | | | | | | | | | | | | | |
| 200.00 @ 1 each | 30.00 | 1.00 | 30.00 | 30.00 | 3.00 | 90.00 | 0.00 | 0.00 | 0.00 | 0.00 | -* | 500.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
| M50624 COND PC Drsg Ranch 12g | | | | | | | | | | | | | | | | | | | | | | | | |
| 115.00 @ 1 each | 50.00 | 0.00 | 0.00 | 100.00 | 5.00 | 90.00 | 1.00 | 0.00 | 5.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
| M50623 COND PC Drsg Italian 12g | | | | | | | | | | | | | | | | | | | | | | | | |
| 65.00 @ 1 each | 30.00 | 0.00 | 0.00 | 130.00 | 3.00 | 90.00 | 0.00 | 0.00 | 0.00 | 0.00 | -* | 100.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
| M50056 COND PC Sauce, Taco 9g | | | | | | | | | | | | | | | | | | | | | | | | |
| 68.00 @ 1 each | 5.00 | 0.00 | 0.00 | 55.00 | 0.00 | 0.00 | 1.00 | 0.00 | 0.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
| M50287 COND PC SAUCE, BBQ 12G PKT | | | | | | | | | | | | | | | | | | | | | | | | |
| 100.00 @ 1 each | 15.00 | 0.00 | 0.00 | 160.00 | 0.00 | 0.00 | 4.00 | 0.00 | 0.00 | 0.00 | -* | 100.00 | -* | -* | -* | 0.60 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
| Average | 694.81 | 4.64 | 6.01 | 1012.81 | 23.44 | 30.36 | 89.62 | 30.17 | 80.51 | 8.16 | 202.74* | 1925.18 | 0* | .12* | .96* | 27.09 | .04* | .02* | .19* | .04* | 0* | 236.38 | 9.55* | 4.24 |

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Profit Center: Lewisville Independent School District

Location: Lewisville ISD Lewisville ES

Service Area: Lewisville - K-5 - OVS

Menu Name: Lewisville ES 2018-2019 BIC Menu - cycle 6 - week 3

Avg.Method: Weighted (USDA Default)

Age Group: Brkfst Grades K-5 **Period:** Breakfast **Week:** 3 **Day:** Tuesday **Count Type:** Forecasted **Total No. of Customers:** 627

| Weekly Std. (Target 1) | SFA | | Na (mg) | Fat | | CHO (g) | Pro (g) | Chol (mg) | Fiber (g) | K (mg) | Vit A (IU) | Vit D (IU) | Vit E (mg) | Vit K (mcg) | Vit C (mg) | Vit B1 (mg) | Vit B2 (mg) | Vit B3 (mg) | Vit B6 (mg) | Vit B12 (mcg) | Ca (mg) | P (mg) | Fe (mg) | |
|---|--------|----------|------------|----------|----------|------------|------------|--------------|--------------|-----------|---------------|---------------|---------------|----------------|---------------|----------------|----------------|----------------|----------------|------------------|------------|-----------|------------|------|
| | CAL | % of CAL | | % of CAL | % of CAL | | | | | | | | | | | | | | | | | | | |
| M52925 PIZZA AP Tony Bkfst T.Ssg 1.0 | 210.00 | 2.00 | 8.57 | 480.01 | 7.00 | 30.00 | 26.00 | 9.00 | 15.00 | 2.00 | 240.00 | 200.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 100.00 | -* | 1.80 |
| M67177 FRUIT: CUP SS, PEACHES DCD SHLF-STBL 1/2C | 60.00 | 0.00 | 0.00 | 5.00 | 0.00 | 0.00 | 15.00 | 0.00 | 0.00 | 1.00 | 70.00 | -* | 0.00 | -* | -* | -* | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
| M50979 JUICE SS, Apple 100% 4oz Cart | 60.00 | 0.00 | 0.00 | 15.00 | 0.00 | 0.00 | 14.00 | 0.00 | 0.00 | 0.00 | 85.00 | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
| M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50 | 110.00 | 1.50 | 12.28 | 130.00 | 2.50 | 20.46 | 13.00 | 8.00 | 10.00 | 0.00 | -* | 500.00 | -* | -* | -* | 2.40 | -* | -* | -* | -* | -* | 300.00 | -* | 0.00 |
| M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50 | 120.00 | 0.00 | 0.00 | 180.00 | 0.00 | 0.00 | 20.00 | 8.00 | 5.00 | 0.00 | -* | 500.00 | -* | -* | -* | 1.20 | -* | -* | -* | -* | -* | 300.00 | -* | 0.00 |
| Average | 391.42 | 2.17 | 4.98 | 651.33 | 7.33 | 16.86 | 61.14 | 15.98 | 19.96 | 2.45 | 345.54* | 631.11* | 0* | -* | -* | 1.14* | -* | -* | -* | -* | -* | 358.38 | -* | 1.83 |

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DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Lewisville ES

Service Area: Lewisville - K-5 - OVS

Menu Name: Lewisville ES 2018-2019 BIC Menu - cycle 6 - week 3

Avg.Method: Weighted (USDA Default)

Age Group: Lunch Grades K-5 **Period:** Lunch **Week:** 3 **Day:** Tuesday **Count Type:** Forecasted **Total No. of Customers:** 646

| Weekly Std. (Target 1) | SFA | | Na (mg) | Fat | | CHO (g) | Pro (g) | Chol (mg) | Fiber (g) | K (mg) | Vit A (IU) | Vit D (IU) | Vit E (mg) | Vit K (mcg) | Vit C (mg) | Vit B1 (mg) | Vit B2 (mg) | Vit B3 (mg) | Vit B6 (mg) | Vit B12 (mcg) | Ca (mg) | P (mg) | Fe (mg) | |
|------------------------|-----|-------|---------|----------|-----|---------|---------|-----------|-----------|--------|------------|------------|------------|-------------|------------|-------------|-------------|-------------|-------------|---------------|---------|--------|---------|----------|
| | CAL | (g) | | % of CAL | (g) | | | | | | | | | | | | | | | | | | | % of CAL |
| 550.00-650.00 | | 10.00 | 1230.00 | | | | | | | | | | | | | | | | | | | | | |

M51417 BURG, Beef AP WG 2.0

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-----------------|--------|------|------|--------|------|-------|-------|-------|-------|------|----|------|----|----|----|------|----|----|----|----|----|-------|----|------|
| 118.00 @ 1 each | 240.00 | 2.00 | 7.50 | 345.00 | 7.00 | 26.25 | 29.00 | 16.00 | 25.00 | 2.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 60.00 | -* | 2.88 |
|-----------------|--------|------|------|--------|------|-------|-------|-------|-------|------|----|------|----|----|----|------|----|----|----|----|----|-------|----|------|

M50821 BURG, Beef AM AP WG 2.25

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-----------------|--------|------|-------|--------|-------|-------|-------|-------|-------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 368.00 @ 1 each | 285.00 | 4.25 | 13.42 | 545.00 | 10.50 | 33.16 | 29.50 | 18.50 | 37.50 | 2.00 | -* | 100.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 135.00 | -* | 2.88 |
|-----------------|--------|------|-------|--------|-------|-------|-------|-------|-------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M54370 BURG, BLACK BEAN AP WG 2.0

| | | | | | | | | | | | | | | | | | | | | | | | | |
|---------------|--------|------|------|--------|------|-------|-------|-------|------|------|---------|------|----|----|----|------|----|----|----|----|----|-------|----|------|
| 6.00 @ 1 each | 300.00 | 1.00 | 3.00 | 710.00 | 9.00 | 27.00 | 42.00 | 19.00 | 5.00 | 7.00 | 280.00* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 80.00 | -* | 2.16 |
|---------------|--------|------|------|--------|------|-------|-------|-------|------|------|---------|------|----|----|----|------|----|----|----|----|----|-------|----|------|

M53275 MELT BD, AM WG 2.0

| | | | | | | | | | | | | | | | | | | | | | | | | |
|---------------------|--------|-------|-------|---------|-------|-------|-------|-------|-------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 138.00 @ 1 sandwich | 385.00 | 11.25 | 26.30 | 1320.00 | 19.50 | 45.58 | 32.50 | 18.50 | 62.50 | 2.00 | -* | 500.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 375.00 | -* | 2.16 |
|---------------------|--------|-------|-------|---------|-------|-------|-------|-------|-------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M52182 SALAD, CHam Tky Chef SC W 2.25

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------|--------|------|-------|--------|------|-------|------|-------|--------|------|---------|---------|-------|-------|--------|------|-------|-------|-------|-------|-------|--------|--------|------|
| 25.00 @ 1 each | 170.32 | 4.10 | 21.69 | 367.31 | 9.52 | 50.28 | 5.76 | 15.33 | 134.90 | 1.26 | 146.57* | 5233.02 | 0.00* | 0.12* | 43.60* | 7.46 | 0.04* | 0.04* | 0.25* | 0.06* | 0.00* | 141.18 | 17.48* | 1.24 |
|----------------|--------|------|-------|--------|------|-------|------|-------|--------|------|---------|---------|-------|-------|--------|------|-------|-------|-------|-------|-------|--------|--------|------|

M51680 BRD: ROLL DG, WG 2.5oz

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------|--------|------|------|--------|------|-------|-------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|-------|----|------|
| 25.00 @ 1 each | 170.00 | 0.50 | 2.65 | 135.00 | 3.00 | 15.88 | 28.00 | 7.00 | 0.00 | 3.40 | -* | 0.01 | -* | -* | -* | 0.01 | -* | -* | -* | -* | -* | 12.70 | -* | 0.85 |
|----------------|--------|------|------|--------|------|-------|-------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|-------|----|------|

M53347 SDW BD, SB WG 2.0

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-------------------|--------|------|------|--------|-------|-------|-------|-------|------|------|---------|------|-------|----|----|------|----|----|----|----|----|-------|----|------|
| 6.00 @ 1 sandwich | 558.71 | 3.99 | 6.42 | 579.16 | 35.89 | 57.81 | 43.95 | 19.95 | 0.00 | 5.99 | 378.78* | 0.00 | 0.00* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 59.81 | -* | 5.35 |
|-------------------|--------|------|------|--------|-------|-------|-------|-------|------|------|---------|------|-------|----|----|------|----|----|----|----|----|-------|----|------|

M54862 VEG: BEANS, GREEN W/CARR FZ MARG 1/2C

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-----------------|-------|------|-------|-------|------|-------|------|------|------|------|--------|---------|-------|-------|--------|------|-------|-------|-------|-------|-------|-------|--------|------|
| 14.00 @ 1/2 cup | 52.33 | 1.23 | 21.23 | 26.17 | 3.27 | 56.30 | 5.66 | 0.78 | 0.00 | 2.50 | 141.38 | 7556.07 | 0.00* | 0.46* | 19.42* | 2.46 | 0.03* | 0.05* | 0.32* | 0.06* | 0.00* | 30.16 | 23.81* | 0.47 |
|-----------------|-------|------|-------|-------|------|-------|------|------|------|------|--------|---------|-------|-------|--------|------|-------|-------|-------|-------|-------|-------|--------|------|

M50823 VEG: TOMATOES, GRAPE 1/2C

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-----------------|-------|------|------|------|------|-------|------|------|------|------|--------|--------|------|------|------|-------|------|------|------|------|------|------|-------|------|
| 51.00 @ 1/2 cup | 15.52 | 0.02 | 1.40 | 4.31 | 0.17 | 10.00 | 3.35 | 0.76 | 0.00 | 1.03 | 204.35 | 718.25 | 0.00 | 0.47 | 6.81 | 11.81 | 0.03 | 0.02 | 0.51 | 0.07 | 0.00 | 8.62 | 20.69 | 0.23 |
|-----------------|-------|------|------|------|------|-------|------|------|------|------|--------|--------|------|------|------|-------|------|------|------|------|------|------|-------|------|

M50786 FRUIT: PEARS 100ct Whole 1.25c

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-----------------|--------|------|------|------|------|------|-------|------|------|------|--------|-------|------|------|------|------|------|------|------|------|------|-------|-------|------|
| 214.00 @ 1 each | 106.94 | 0.04 | 0.35 | 1.88 | 0.26 | 2.21 | 28.57 | 0.68 | 0.00 | 5.82 | 217.62 | 46.90 | 0.00 | 0.23 | 8.25 | 8.07 | 0.02 | 0.05 | 0.30 | 0.05 | 0.00 | 16.88 | 22.51 | 0.34 |
|-----------------|--------|------|------|------|------|------|-------|------|------|------|--------|-------|------|------|------|------|------|------|------|------|------|-------|-------|------|

M51110 FRUIT: ORANGE Mand w/Jc 1/2c

| | | | | | | | | | | | | | | | | | | | | | | | | |
|------------------|-------|------|------|------|------|------|-------|------|------|------|----|--------|----|----|----|-------|----|----|----|----|----|-------|----|------|
| 301.00 @ 1/2 cup | 51.73 | 0.00 | 0.00 | 6.26 | 0.03 | 0.44 | 12.19 | 0.70 | 0.00 | 0.94 | -* | 710.52 | -* | -* | -* | 37.06 | -* | -* | -* | -* | -* | 13.15 | -* | 0.43 |
|------------------|-------|------|------|------|------|------|-------|------|------|------|----|--------|----|----|----|-------|----|----|----|----|----|-------|----|------|

M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50

* Some values for this nutrient are unavailable; the number listed is incomplete.

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DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Lewisville ES

Service Area: Lewisville - K-5 - OVS

Menu Name: Lewisville ES 2018-2019 BIC Menu - cycle 6 - week 3

Avg.Method: Weighted (USDA Default)

| | | | | | | | | | | | | | | | | | | | | | | | | |
|---|--------|------|-------|---------|-------|-------|-------|------|-------|------|--------|---------|------|------|-------|-------|------|------|------|------|------|--------|--------|------|
| 98.00 @ 1 carton | 110.00 | 1.50 | 12.28 | 130.00 | 2.50 | 20.46 | 13.00 | 8.00 | 10.00 | 0.00 | -* | 500.00 | -* | -* | -* | 2.40 | -* | -* | -* | -* | -* | 300.00 | -* | 0.00 |
| M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50 | | | | | | | | | | | | | | | | | | | | | | | | |
| 521.00 @ 1 carton | 120.00 | 0.00 | 0.00 | 180.00 | 0.00 | 0.00 | 20.00 | 8.00 | 5.00 | 0.00 | -* | 500.00 | -* | -* | -* | 1.20 | -* | -* | -* | -* | -* | 300.00 | -* | 0.00 |
| M50855 COND PC Ketchup 9g Heinz | | | | | | | | | | | | | | | | | | | | | | | | |
| 680.00 @ 1 each | 10.00 | 0.00 | 0.00 | 85.00 | 0.00 | 0.00 | 3.00 | 0.00 | 0.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
| M50055 COND PC Mayonnaise 12g | | | | | | | | | | | | | | | | | | | | | | | | |
| 110.00 @ 1 each | 80.00 | 1.50 | 16.87 | 75.00 | 8.00 | 90.00 | 1.00 | 0.00 | 5.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
| M50284 COND PC Mustard 6g | | | | | | | | | | | | | | | | | | | | | | | | |
| 95.00 @ 1 each | 0.00 | 0.00 | - | 65.00 | 0.00 | - | 1.00 | 0.00 | 0.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
| M53222 COND PC Margarine 5g | | | | | | | | | | | | | | | | | | | | | | | | |
| 90.00 @ 1 each | 30.00 | 1.00 | 30.00 | 30.00 | 3.00 | 90.00 | 0.00 | 0.00 | 0.00 | 0.00 | -* | 500.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
| M50624 COND PC Drsg Ranch 12g | | | | | | | | | | | | | | | | | | | | | | | | |
| 80.00 @ 1 each | 50.00 | 0.00 | 0.00 | 100.00 | 5.00 | 90.00 | 1.00 | 0.00 | 5.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
| M50623 COND PC Drsg Italian 12g | | | | | | | | | | | | | | | | | | | | | | | | |
| 52.00 @ 1 each | 30.00 | 0.00 | 0.00 | 130.00 | 3.00 | 90.00 | 0.00 | 0.00 | 0.00 | 0.00 | -* | 100.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
| M50056 COND PC Sauce, Taco 9g | | | | | | | | | | | | | | | | | | | | | | | | |
| 65.00 @ 1 each | 5.00 | 0.00 | 0.00 | 55.00 | 0.00 | 0.00 | 1.00 | 0.00 | 0.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
| M50287 COND PC SAUCE, BBQ 12G PKT | | | | | | | | | | | | | | | | | | | | | | | | |
| 59.00 @ 1 each | 15.00 | 0.00 | 0.00 | 160.00 | 0.00 | 0.00 | 4.00 | 0.00 | 0.00 | 0.00 | -* | 100.00 | -* | -* | -* | 0.60 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
| M51445 VEG GARN: Rom Leaf/Tom SI | | | | | | | | | | | | | | | | | | | | | | | | |
| 116.00 @ 1 serving | 4.96 | 0.01 | 1.72 | 1.84 | 0.07 | 12.86 | 1.02 | 0.30 | 0.00 | 0.47 | 68.61 | 1352.71 | 0.00 | 0.09 | 15.65 | 2.51 | 0.02 | 0.01 | 0.13 | 0.02 | 0.00 | 6.10 | 7.65 | 0.18 |
| M50412 COND_Pickle, Dill Slice 3ea | | | | | | | | | | | | | | | | | | | | | | | | |
| 116.00 @ 3 slice | 2.43 | 0.01 | 4.72 | 243.11 | 0.07 | 25.17 | 0.36 | 0.10 | 0.00 | 0.21 | -* | 0.00 | -* | -* | -* | 0.32 | -* | -* | -* | -* | -* | 12.97 | -* | 0.08 |
| Average | 525.08 | 6.08 | 10.43 | 1059.18 | 15.56 | 26.66 | 69.1 | 27 | 51.57 | 4.85 | 115.4* | 1742.2 | 0* | .14* | 8.19* | 23.11 | .01* | .02* | .18* | .03* | 0* | 479.17 | 11.66* | 3.16 |

* Some values for this nutrient are unavailable; the number listed is incomplete.

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DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Lewisville ES

Service Area: Lewisville - K-5 - OVS

Menu Name: Lewisville ES 2018-2019 BIC Menu - cycle 6 - week 3

Avg.Method: Weighted (USDA Default)

Age Group: Brkfst Grades K-5 **Period:** Breakfast **Week:** 3 **Day:** Wednesday **Count Type:** Forecasted **Total No. of Customers:** 609

| Weekly Std. (Target 1) | SFA | | Na (mg) | Fat | | CHO (g) | Pro (g) | Chol (mg) | Fiber (g) | K (mg) | Vit A (IU) | Vit D (IU) | Vit E (mg) | Vit K (mcg) | Vit C (mg) | Vit B1 (mg) | Vit B2 (mg) | Vit B3 (mg) | Vit B6 (mg) | Vit B12 (mcg) | Ca (mg) | P (mg) | Fe (mg) | |
|---|--------|----------|------------|----------|----------|------------|------------|--------------|--------------|-----------|---------------|---------------|---------------|----------------|---------------|----------------|----------------|----------------|----------------|------------------|------------|-----------|------------|------|
| | CAL | % of CAL | | % of CAL | % of CAL | | | | | | | | | | | | | | | | | | | |
| M52636 BRD: WAFFLE, AP MAPLE MADNESS WG IW | 210.00 | 1.00 | 4.29 | 170.00 | 6.00 | 25.72 | 38.00 | 4.00 | 0.00 | 3.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 20.00 | -* | 0.72 |
| M50534 FRUIT: ORANGE 138ct 1/8wg 1/2c | 46.96 | 0.01 | 0.29 | 0.00 | 0.12 | 2.30 | 11.74 | 0.94 | 0.00 | 2.40 | 180.86 | 224.82 | 0.00 | 0.18 | 0.00 | 53.16 | 0.09 | 0.04 | 0.28 | 0.06 | 0.00 | 39.97 | 13.99 | 0.10 |
| M52271 FRUIT: PEARS, Dice w/Jc 1/2c | 60.66 | 0.00 | 0.00 | 10.11 | 0.00 | 0.00 | 14.15 | 0.00 | 0.00 | 2.02 | 80.89 | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
| M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50 | 110.00 | 1.50 | 12.28 | 130.00 | 2.50 | 20.46 | 13.00 | 8.00 | 10.00 | 0.00 | -* | 500.00 | -* | -* | -* | 2.40 | -* | -* | -* | -* | -* | 300.00 | -* | 0.00 |
| M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50 | 120.00 | 0.00 | 0.00 | 180.00 | 0.00 | 0.00 | 20.00 | 8.00 | 5.00 | 0.00 | -* | 500.00 | -* | -* | -* | 1.20 | -* | -* | -* | -* | -* | 300.00 | -* | 0.00 |
| Average | 350.99 | 1.13 | 2.9 | 316.81 | 6.28 | 16.11 | 64.33 | 10.95 | 4.46 | 4.84 | 111.97* | 509.77 | 0* | .08* | 0* | 25.51 | .04* | .02* | .13* | .03* | 0* | 282.32 | 6.43* | .77 |

* Some values for this nutrient are unavailable; the number listed is incomplete.

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DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Lewisville ES

Service Area: Lewisville - K-5 - OVS

Menu Name: Lewisville ES 2018-2019 BIC Menu - cycle 6 - week 3

Avg.Method: Weighted (USDA Default)

Age Group: Lunch Grades K-5 **Period:** Lunch **Week:** 3 **Day:** Wednesday **Count Type:** Forecasted **Total No. of Customers:** 656

| Weekly Std. (Target 1) | SFA | | Na (mg) | Fat | | CHO (g) | Pro (g) | Chol (mg) | Fiber (g) | K (mg) | Vit A (IU) | Vit D (IU) | Vit E (mg) | Vit K (mcg) | Vit C (mg) | Vit B1 (mg) | Vit B2 (mg) | Vit B3 (mg) | Vit B6 (mg) | Vit B12 (mcg) | Ca (mg) | P (mg) | Fe (mg) | |
|------------------------|-----|-----|---------|----------|-----|---------|---------|-----------|-----------|--------|------------|------------|------------|-------------|------------|-------------|-------------|-------------|-------------|---------------|---------|--------|---------|----------|
| | CAL | (g) | | % of CAL | (g) | | | | | | | | | | | | | | | | | | | % of CAL |
| 550.00-650.00 | | | 1230.00 | | | | | | | | | | | | | | | | | | | | | |

M50851 SDW BN, CHIXPTY PLN WG/WG 2.0

| | | | | | | | | | | | | | | | | | | | | | | | | |
|---------------------|--------|------|------|--------|-------|-------|-------|-------|-------|------|----|--------|----|----|----|------|----|----|----|----|----|-------|----|------|
| 390.00 @ 1 sandwich | 340.00 | 2.00 | 5.29 | 750.01 | 12.00 | 31.76 | 39.00 | 21.00 | 45.00 | 3.00 | -* | 100.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 60.00 | -* | 3.24 |
|---------------------|--------|------|------|--------|-------|-------|-------|-------|-------|------|----|--------|----|----|----|------|----|----|----|----|----|-------|----|------|

M54325 CHIX DRUMSTK, AP BREADED FC WG 2.0

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-----------------|--------|------|-------|--------|-------|-------|------|-------|-------|------|----|--------|----|----|----|------|----|----|----|----|----|-------|----|------|
| 251.00 @ 1 each | 190.03 | 2.50 | 11.84 | 450.07 | 11.00 | 52.11 | 5.00 | 16.00 | 50.01 | 1.00 | -* | 100.02 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 20.00 | -* | 1.08 |
|-----------------|--------|------|-------|--------|-------|-------|------|-------|-------|------|----|--------|----|----|----|------|----|----|----|----|----|-------|----|------|

M51680 BRD: ROLL DG, WG 2.5oz

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-----------------|--------|------|------|--------|------|-------|-------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|-------|----|------|
| 251.00 @ 1 each | 170.00 | 0.50 | 2.65 | 135.00 | 3.00 | 15.88 | 28.00 | 7.00 | 0.00 | 3.40 | -* | 0.01 | -* | -* | -* | 0.01 | -* | -* | -* | -* | -* | 12.70 | -* | 0.85 |
|-----------------|--------|------|------|--------|------|-------|-------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|-------|----|------|

M53347 SDW BD, SB WG 2.0

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-------------------|--------|------|------|--------|-------|-------|-------|-------|------|------|---------|------|-------|----|----|------|----|----|----|----|----|-------|----|------|
| 3.00 @ 1 sandwich | 558.71 | 3.99 | 6.42 | 579.16 | 35.89 | 57.81 | 43.95 | 19.95 | 0.00 | 5.99 | 378.78* | 0.00 | 0.00* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 59.81 | -* | 5.35 |
|-------------------|--------|------|------|--------|-------|-------|-------|-------|------|------|---------|------|-------|----|----|------|----|----|----|----|----|-------|----|------|

M55222 PACK: BAGEL PIZZA MZ MAKE-YOUR-OWN WG 2.0

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-------------------|--------|------|-------|--------|-------|-------|-------|-------|-------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 25.00 @ 1 package | 350.01 | 7.00 | 18.00 | 920.09 | 13.00 | 33.43 | 27.00 | 21.00 | 30.00 | 6.00 | -* | 590.08 | -* | -* | -* | 2.40 | -* | -* | -* | -* | -* | 450.01 | -* | 2.30 |
|-------------------|--------|------|-------|--------|-------|-------|-------|-------|-------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M51319 VEG: CORN, Fz Seas1/2c

| | | | | | | | | | | | | | | | | | | | | | | | | |
|------------------|-------|------|-------|--------|------|-------|-------|------|------|------|--------|--------|-------|-------|-------|------|-------|-------|-------|-------|-------|------|--------|------|
| 314.00 @ 1/2 cup | 92.68 | 1.25 | 12.15 | 146.16 | 3.47 | 33.66 | 15.83 | 2.09 | 0.00 | 1.98 | 192.58 | 163.16 | 0.00* | 0.06* | 0.33* | 2.86 | 0.02* | 0.05* | 1.07* | 0.08* | 0.00* | 2.77 | 64.74* | 0.39 |
|------------------|-------|------|-------|--------|------|-------|-------|------|------|------|--------|--------|-------|-------|-------|------|-------|-------|-------|-------|-------|------|--------|------|

M52357 VEG: SALAD, ColeslawCIRnch1/2c

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-----------------|-------|------|-------|--------|------|-------|------|------|------|------|--------|-------|-------|-------|-------|------|-------|-------|-------|-------|-------|-------|-------|------|
| 53.00 @ 1/2 cup | 89.72 | 1.01 | 10.13 | 207.78 | 6.70 | 67.18 | 4.50 | 0.83 | 6.67 | 1.28 | 32.46* | 47.14 | 0.00* | 0.03* | 3.44* | 0.52 | 0.00* | 0.01* | 0.04* | 0.01* | 0.00* | 19.40 | 3.32* | 0.07 |
|-----------------|-------|------|-------|--------|------|-------|------|------|------|------|--------|-------|-------|-------|-------|------|-------|-------|-------|-------|-------|-------|-------|------|

M50529 FRUIT: GRAPES, Fresh 1/2c

| | | | | | | | | | | | | | | | | | | | | | | | | |
|------------------|-------|------|------|------|------|------|-------|------|------|------|--------|-------|------|------|-------|------|------|------|------|------|------|-------|------|------|
| 536.00 @ 1/2 cup | 56.80 | 0.10 | 1.53 | 1.70 | 0.30 | 4.70 | 14.54 | 0.53 | 0.00 | 0.76 | 161.94 | 84.78 | 0.00 | 0.16 | 12.38 | 3.39 | 0.08 | 0.05 | 0.25 | 0.09 | 0.00 | 11.87 | 8.48 | 0.25 |
|------------------|-------|------|------|------|------|------|-------|------|------|------|--------|-------|------|------|-------|------|------|------|------|------|------|-------|------|------|

M50980 JUICE SS, Frt Bld 100% 4oz Crt

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-----------------|-------|------|------|-------|------|------|-------|------|------|------|--------|------|----|----|----|------|----|----|----|----|----|------|----|------|
| 524.00 @ 1 each | 60.00 | 0.00 | 0.00 | 10.00 | 0.00 | 0.00 | 14.00 | 0.00 | 0.00 | 0.00 | 100.00 | 0.00 | -* | -* | -* | 3.60 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
|-----------------|-------|------|------|-------|------|------|-------|------|------|------|--------|------|----|----|----|------|----|----|----|----|----|------|----|------|

M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50

| | | | | | | | | | | | | | | | | | | | | | | | | |
|------------------|--------|------|-------|--------|------|-------|-------|------|-------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 91.00 @ 1 carton | 110.00 | 1.50 | 12.28 | 130.00 | 2.50 | 20.46 | 13.00 | 8.00 | 10.00 | 0.00 | -* | 500.00 | -* | -* | -* | 2.40 | -* | -* | -* | -* | -* | 300.00 | -* | 0.00 |
|------------------|--------|------|-------|--------|------|-------|-------|------|-------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-------------------|--------|------|------|--------|------|------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 564.00 @ 1 carton | 120.00 | 0.00 | 0.00 | 180.00 | 0.00 | 0.00 | 20.00 | 8.00 | 5.00 | 0.00 | -* | 500.00 | -* | -* | -* | 1.20 | -* | -* | -* | -* | -* | 300.00 | -* | 0.00 |
|-------------------|--------|------|------|--------|------|------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M50855 COND PC Ketchup 9g Heinz

* Some values for this nutrient are unavailable; the number listed is incomplete.

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DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Lewisville ES

Service Area: Lewisville - K-5 - OVS

Menu Name: Lewisville ES 2018-2019 BIC Menu - cycle 6 - week 3

Avg.Method: Weighted (USDA Default)

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-----------------------------------|--------|------|-------|---------|-------|-------|-------|-------|-------|------|---------|--------|----|------|--------|------|------|------|------|------|----|--------|--------|------|
| 760.00 @ 1 each | 10.00 | 0.00 | 0.00 | 85.00 | 0.00 | 0.00 | 3.00 | 0.00 | 0.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
| M50055 COND PC Mayonnaise 12g | | | | | | | | | | | | | | | | | | | | | | | | |
| 90.00 @ 1 each | 80.00 | 1.50 | 16.87 | 75.00 | 8.00 | 90.00 | 1.00 | 0.00 | 5.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
| M50284 COND PC Mustard 6g | | | | | | | | | | | | | | | | | | | | | | | | |
| 110.00 @ 1 each | 0.00 | 0.00 | - | 65.00 | 0.00 | - | 1.00 | 0.00 | 0.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
| M53222 COND PC Margarine 5g | | | | | | | | | | | | | | | | | | | | | | | | |
| 120.00 @ 1 each | 30.00 | 1.00 | 30.00 | 30.00 | 3.00 | 90.00 | 0.00 | 0.00 | 0.00 | 0.00 | -* | 500.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
| M50624 COND PC Drsg Ranch 12g | | | | | | | | | | | | | | | | | | | | | | | | |
| 95.00 @ 1 each | 50.00 | 0.00 | 0.00 | 100.00 | 5.00 | 90.00 | 1.00 | 0.00 | 5.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
| M50623 COND PC Drsg Italian 12g | | | | | | | | | | | | | | | | | | | | | | | | |
| 50.00 @ 1 each | 30.00 | 0.00 | 0.00 | 130.00 | 3.00 | 90.00 | 0.00 | 0.00 | 0.00 | 0.00 | -* | 100.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
| M50056 COND PC Sauce, Taco 9g | | | | | | | | | | | | | | | | | | | | | | | | |
| 80.00 @ 1 each | 5.00 | 0.00 | 0.00 | 55.00 | 0.00 | 0.00 | 1.00 | 0.00 | 0.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
| M50287 COND PC SAUCE, BBQ 12G PKT | | | | | | | | | | | | | | | | | | | | | | | | |
| 90.00 @ 1 each | 15.00 | 0.00 | 0.00 | 160.00 | 0.00 | 0.00 | 4.00 | 0.00 | 0.00 | 0.00 | -* | 100.00 | -* | -* | -* | 0.60 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
| Average | 660.41 | 3.98 | 5.42 | 1154.58 | 18.54 | 25.27 | 91.64 | 31.67 | 54.67 | 5.4 | 308.73* | 883.44 | 0* | .16* | 10.55* | 8.6 | .08* | .06* | .72* | .12* | 0* | 377.74 | 38.19* | 3.17 |

* Some values for this nutrient are unavailable; the number listed is incomplete.

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DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Lewisville ES

Service Area: Lewisville - K-5 - OVS

Menu Name: Lewisville ES 2018-2019 BIC Menu - cycle 6 - week 3

Avg.Method: Weighted (USDA Default)

Age Group: Brkfst Grades K-5 **Period:** Breakfast **Week:** 3 **Day:** Thursday **Count Type:** Forecasted **Total No. of Customers:** 603

| Weekly Std. (Target 1) | SFA | | Na (mg) | Fat | | CHO (g) | Pro (g) | Chol (mg) | Fiber (g) | K (mg) | Vit A (IU) | Vit D (IU) | Vit E (mg) | Vit K (mcg) | Vit C (mg) | Vit B1 (mg) | Vit B2 (mg) | Vit B3 (mg) | Vit B6 (mg) | Vit B12 (mcg) | Ca (mg) | P (mg) | Fe (mg) | |
|---|--------|----------|------------|----------|----------|------------|------------|--------------|--------------|-----------|---------------|---------------|---------------|----------------|---------------|----------------|----------------|----------------|----------------|------------------|------------|-----------|------------|------|
| | CAL | % of CAL | | % of CAL | % of CAL | | | | | | | | | | | | | | | | | | | |
| M52577 BRD: MUF AP, APL CINN 2OZ IW WG (1BG) | 190.00 | 2.00 | 9.47 | 130.00 | 6.00 | 28.42 | 30.00 | 3.00 | 40.00 | 2.00 | 135.00 | 100.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 40.00 | -* | 1.08 |
| M52695 CHEESE, MZ STRING 1EA 1.0 | 60.00 | 2.00 | 30.00 | 200.01 | 3.00 | 45.00 | 1.00 | 7.00 | 10.00 | 0.00 | 0.00 | 200.01 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 200.01 | -* | 0.00 |
| M54635 FRUIT: CUP SS, APPLESC STRAWBERRY SHLF-STBL 1/2C | 50.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 14.00 | 0.00 | 0.00 | 1.00 | 94.00 | -* | -* | -* | -* | -* | -* | -* | -* | -* | -* | 5.00 | -* | 0.00 |
| M50982 JUICE SS, ORANGE 100% 4 FLOZ | 51.44 | 0.00 | 0.00 | 15.43 | 0.00 | 0.00 | 12.35 | 1.03 | 0.00 | 0.00 | -* | 0.00 | -* | -* | -* | 43.21 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
| M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50 | 110.00 | 1.50 | 12.28 | 130.00 | 2.50 | 20.46 | 13.00 | 8.00 | 10.00 | 0.00 | -* | 500.00 | -* | -* | -* | 2.40 | -* | -* | -* | -* | -* | 300.00 | -* | 0.00 |
| M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50 | 120.00 | 0.00 | 0.00 | 180.00 | 0.00 | 0.00 | 20.00 | 8.00 | 5.00 | 0.00 | -* | 500.00 | -* | -* | -* | 1.20 | -* | -* | -* | -* | -* | 300.00 | -* | 0.00 |
| Average | 426.96 | 4.13 | 8.71 | 515.87 | 9.22 | 19.43 | 65.18 | 18.7 | 55.42 | 2.44 | 176.47* | 798.35* | -* | -* | -* | 31.69* | -* | -* | -* | -* | -* | 541.22 | -* | 1.08 |

* Some values for this nutrient are unavailable; the number listed is incomplete.

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DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Lewisville ES

Service Area: Lewisville - K-5 - OVS

Menu Name: Lewisville ES 2018-2019 BIC Menu - cycle 6 - week 3

Avg.Method: Weighted (USDA Default)

Age Group: Lunch Grades K-5 **Period:** Lunch **Week:** 3 **Day:** Thursday **Count Type:** Forecasted **Total No. of Customers:** 660

| Weekly Std. (Target 1) | SFA | | Na (mg) | Fat | | CHO (g) | Pro (g) | Chol (mg) | Fiber (g) | K (mg) | Vit A (IU) | Vit D (IU) | Vit E (mg) | Vit K (mcg) | Vit C (mg) | Vit B1 (mg) | Vit B2 (mg) | Vit B3 (mg) | Vit B6 (mg) | Vit B12 (mcg) | Ca (mg) | P (mg) | Fe (mg) | |
|------------------------|-----|-------|---------|----------|-----|---------|---------|-----------|-----------|--------|------------|------------|------------|-------------|------------|-------------|-------------|-------------|-------------|---------------|---------|--------|---------|----------|
| | CAL | (g) | | % of CAL | (g) | | | | | | | | | | | | | | | | | | | % of CAL |
| 550.00-650.00 | | 10.00 | 1230.00 | | | | | | | | | | | | | | | | | | | | | |

M52869 ENT: BOWL, POTATO CHIXPOP CHCNTRY WG 2.0 (1.25C VEG)

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-----------------|--------|------|------|--------|-------|-------|-------|-------|-------|------|---------|--------|-------|-------|-------|-------|-------|-------|-------|-------|-------|--------|--------|------|
| 269.00 @ 1 bowl | 459.96 | 5.09 | 9.96 | 775.66 | 17.57 | 34.38 | 55.57 | 19.33 | 31.38 | 5.10 | 346.63* | 303.87 | 0.00* | 0.03* | 0.12* | 21.33 | 0.01* | 0.03* | 0.54* | 0.04* | 0.00* | 162.15 | 32.33* | 2.36 |
|-----------------|--------|------|------|--------|-------|-------|-------|-------|-------|------|---------|--------|-------|-------|-------|-------|-------|-------|-------|-------|-------|--------|--------|------|

M55175 CHIX CORN DOG, MINI AP WG 2.0

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-----------------|--------|------|-------|--------|-------|-------|-------|-------|-------|------|----|------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 369.00 @ 6 each | 269.98 | 3.75 | 12.50 | 419.97 | 12.00 | 40.00 | 30.00 | 10.50 | 37.50 | 4.50 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 119.99 | -* | 2.70 |
|-----------------|--------|------|-------|--------|-------|-------|-------|-------|-------|------|----|------|----|----|----|------|----|----|----|----|----|--------|----|------|

M51680 BRD: ROLL DG, WG 2.5oz

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-----------------|--------|------|------|--------|------|-------|-------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|-------|----|------|
| 269.00 @ 1 each | 170.00 | 0.50 | 2.65 | 135.00 | 3.00 | 15.88 | 28.00 | 7.00 | 0.00 | 3.40 | -* | 0.01 | -* | -* | -* | 0.01 | -* | -* | -* | -* | -* | 12.70 | -* | 0.85 |
|-----------------|--------|------|------|--------|------|-------|-------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|-------|----|------|

M53347 SDW BD, SB WG 2.0

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-------------------|--------|------|------|--------|-------|-------|-------|-------|------|------|---------|------|-------|----|----|------|----|----|----|----|----|-------|----|------|
| 7.00 @ 1 sandwich | 558.71 | 3.99 | 6.42 | 579.16 | 35.89 | 57.81 | 43.95 | 19.95 | 0.00 | 5.99 | 378.78* | 0.00 | 0.00* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 59.81 | -* | 5.35 |
|-------------------|--------|------|------|--------|-------|-------|-------|-------|------|------|---------|------|-------|----|----|------|----|----|----|----|----|-------|----|------|

M50962 SDW BD, SBJ WG 2.0

| | | | | | | | | | | | | | | | | | | | | | | | | |
|--------------------|--------|------|------|--------|-------|-------|-------|-------|------|------|---------|------|-------|----|----|------|----|----|----|----|----|-------|----|------|
| 18.00 @ 1 sandwich | 658.38 | 3.99 | 5.45 | 579.16 | 35.89 | 49.06 | 69.87 | 19.95 | 0.00 | 5.99 | 378.78* | 0.00 | 0.00* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 59.81 | -* | 5.35 |
|--------------------|--------|------|------|--------|-------|-------|-------|-------|------|------|---------|------|-------|----|----|------|----|----|----|----|----|-------|----|------|

M68017 VEG: BEANS, BKD VEG AP 1/2C

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-----------------|--------|------|------|--------|------|------|-------|-------|------|------|--------|------|------|----|----|------|------|------|------|------|------|-------|--------|------|
| 24.00 @ 1/2 cup | 220.25 | 0.09 | 0.38 | 509.42 | 0.89 | 3.64 | 43.08 | 11.52 | 0.00 | 7.87 | 623.89 | 0.10 | 0.00 | -* | -* | 0.03 | 0.39 | 0.08 | 1.15 | 0.22 | 0.00 | 87.30 | 211.63 | 2.92 |
|-----------------|--------|------|------|--------|------|------|-------|-------|------|------|--------|------|------|----|----|------|------|------|------|------|------|-------|--------|------|

M52770 VEG: CELERY, Sticks 1/2c

| | | | | | | | | | | | | | | | | | | | | | | | | |
|------------------|------|------|------|-------|------|------|------|------|------|------|--------|--------|------|------|-------|------|------|------|------|------|------|-------|-------|------|
| 119.00 @ 1/2 cup | 9.92 | 0.03 | 2.36 | 49.61 | 0.11 | 9.56 | 1.84 | 0.43 | 0.00 | 0.99 | 161.23 | 278.43 | 0.00 | 0.17 | 18.17 | 1.92 | 0.01 | 0.04 | 0.20 | 0.05 | 0.00 | 24.80 | 14.88 | 0.12 |
|------------------|------|------|------|-------|------|------|------|------|------|------|--------|--------|------|------|-------|------|------|------|------|------|------|-------|-------|------|

M50536 FRUIT: APPLE, 138ct 1/8wg 1/2c

| | | | | | | | | | | | | | | | | | | | | | | | | |
|------------------|-------|------|------|------|------|------|------|------|------|------|-------|-------|------|------|------|------|------|------|------|------|------|------|------|------|
| 251.00 @ 4 wedge | 31.53 | 0.02 | 0.50 | 2.39 | 0.10 | 2.95 | 8.40 | 0.17 | 0.00 | 1.45 | 67.15 | 33.13 | 0.00 | 0.11 | 1.32 | 3.11 | 0.01 | 0.02 | 0.06 | 0.03 | 0.00 | 5.02 | 6.81 | 0.07 |
|------------------|-------|------|------|------|------|------|------|------|------|------|-------|-------|------|------|------|------|------|------|------|------|------|------|------|------|

M52271 FRUIT: PEARS, Dice w/Jc 1/2c

| | | | | | | | | | | | | | | | | | | | | | | | | |
|------------------|-------|------|------|-------|------|------|-------|------|------|------|-------|------|----|----|----|------|----|----|----|----|----|------|----|------|
| 209.00 @ 1/2 cup | 60.66 | 0.00 | 0.00 | 10.11 | 0.00 | 0.00 | 14.15 | 0.00 | 0.00 | 2.02 | 80.89 | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
|------------------|-------|------|------|-------|------|------|-------|------|------|------|-------|------|----|----|----|------|----|----|----|----|----|------|----|------|

M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50

| | | | | | | | | | | | | | | | | | | | | | | | | |
|------------------|--------|------|-------|--------|------|-------|-------|------|-------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 97.00 @ 1 carton | 110.00 | 1.50 | 12.28 | 130.00 | 2.50 | 20.46 | 13.00 | 8.00 | 10.00 | 0.00 | -* | 500.00 | -* | -* | -* | 2.40 | -* | -* | -* | -* | -* | 300.00 | -* | 0.00 |
|------------------|--------|------|-------|--------|------|-------|-------|------|-------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-------------------|--------|------|------|--------|------|------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 471.00 @ 1 carton | 120.00 | 0.00 | 0.00 | 180.00 | 0.00 | 0.00 | 20.00 | 8.00 | 5.00 | 0.00 | -* | 500.00 | -* | -* | -* | 1.20 | -* | -* | -* | -* | -* | 300.00 | -* | 0.00 |
|-------------------|--------|------|------|--------|------|------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M50855 COND PC Ketchup 9g Heinz

* Some values for this nutrient are unavailable; the number listed is incomplete.

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DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Lewisville ES

Service Area: Lewisville - K-5 - OVS

Menu Name: Lewisville ES 2018-2019 BIC Menu - cycle 6 - week 3

Avg.Method: Weighted (USDA Default)

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-----------------------------------|--------|------|-------|--------|-------|-------|-------|------|------|------|---------|--------|----|------|-------|-------|------|------|------|------|----|--------|--------|------|
| 600.00 @ 1 each | 10.00 | 0.00 | 0.00 | 85.00 | 0.00 | 0.00 | 3.00 | 0.00 | 0.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
| M50055 COND PC Mayonnaise 12g | | | | | | | | | | | | | | | | | | | | | | | | |
| 95.00 @ 1 each | 80.00 | 1.50 | 16.87 | 75.00 | 8.00 | 90.00 | 1.00 | 0.00 | 5.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
| M50284 COND PC Mustard 6g | | | | | | | | | | | | | | | | | | | | | | | | |
| 80.00 @ 1 each | 0.00 | 0.00 | - | 65.00 | 0.00 | - | 1.00 | 0.00 | 0.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
| M53222 COND PC Margarine 5g | | | | | | | | | | | | | | | | | | | | | | | | |
| 80.00 @ 1 each | 30.00 | 1.00 | 30.00 | 30.00 | 3.00 | 90.00 | 0.00 | 0.00 | 0.00 | 0.00 | -* | 500.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
| M50624 COND PC Drsg Ranch 12g | | | | | | | | | | | | | | | | | | | | | | | | |
| 78.00 @ 1 each | 50.00 | 0.00 | 0.00 | 100.00 | 5.00 | 90.00 | 1.00 | 0.00 | 5.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
| M50623 COND PC Drsg Italian 12g | | | | | | | | | | | | | | | | | | | | | | | | |
| 50.00 @ 1 each | 30.00 | 0.00 | 0.00 | 130.00 | 3.00 | 90.00 | 0.00 | 0.00 | 0.00 | 0.00 | -* | 100.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
| M50056 COND PC Sauce, Taco 9g | | | | | | | | | | | | | | | | | | | | | | | | |
| 65.00 @ 1 each | 5.00 | 0.00 | 0.00 | 55.00 | 0.00 | 0.00 | 1.00 | 0.00 | 0.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
| M50287 COND PC SAUCE, BBQ 12G PKT | | | | | | | | | | | | | | | | | | | | | | | | |
| 70.00 @ 1 each | 15.00 | 0.00 | 0.00 | 160.00 | 0.00 | 0.00 | 4.00 | 0.00 | 0.00 | 0.00 | -* | 100.00 | -* | -* | -* | 0.60 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
| M50407 COND_Salsa, AP 1/8c | | | | | | | | | | | | | | | | | | | | | | | | |
| 15.00 @ 1/8 cup | 10.25 | 0.00 | 0.00 | 174.23 | 0.00 | 0.00 | 2.05 | 0.00 | 0.00 | 0.00 | 0.00 | 102.49 | -* | -* | -* | 3.69 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
| Average | 609.13 | 5.1 | 7.53 | 954.64 | 19.24 | 28.43 | 82.64 | 24.8 | 40.1 | 7.86 | 258.54* | 698.09 | 0* | .09* | 3.83* | 11.59 | .03* | .03* | .32* | .04* | 0* | 408.36 | 26.15* | 3.18 |

* Some values for this nutrient are unavailable; the number listed is incomplete.

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DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Lewisville ES

Service Area: Lewisville - K-5 - OVS

Menu Name: Lewisville ES 2018-2019 BIC Menu - cycle 6 - week 3

Avg.Method: Weighted (USDA Default)

Age Group: Brkfst Grades K-5 **Period:** Breakfast **Week:** 3 **Day:** Friday **Count Type:** Forecasted **Total No. of Customers:** 593

| Weekly Std. (Target 1) | SFA | | Na (mg) | Fat | | CHO (g) | Pro (g) | Chol (mg) | Fiber (g) | K (mg) | Vit A (IU) | Vit D (IU) | Vit E (mg) | Vit K (mcg) | Vit C (mg) | Vit B1 (mg) | Vit B2 (mg) | Vit B3 (mg) | Vit B6 (mg) | Vit B12 (mcg) | Ca (mg) | P (mg) | Fe (mg) | |
|---|--------|----------|------------|----------|----------|------------|------------|--------------|--------------|-----------|---------------|---------------|---------------|----------------|---------------|----------------|----------------|----------------|----------------|------------------|------------|-----------|------------|------|
| | CAL | % of CAL | | % of CAL | % of CAL | | | | | | | | | | | | | | | | | | | |
| M55590 BRD: PANCAKES, AP STRAWBERRY SPLASH WG IW | 220.00 | 0.50 | 2.04 | 260.00 | 6.00 | 24.54 | 40.00 | 4.00 | 0.00 | 2.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 40.00 | -* | 1.08 |
| M50543 FRUIT: BANANA (100-120ct) Whl | 93.95 | 0.12 | 1.13 | 1.06 | 0.35 | 3.34 | 24.11 | 1.15 | 0.00 | 2.74 | 377.91 | 67.56 | 0.00 | 0.11 | 0.53 | 9.18 | 0.03 | 0.08 | 0.70 | 0.39 | 0.00 | 5.28 | 23.22 | 0.27 |
| M66601 FRUIT: PEARS 135CT WHOLE 1/2C | 77.53 | 0.03 | 0.35 | 1.36 | 0.19 | 2.21 | 20.71 | 0.49 | 0.00 | 4.22 | 157.77 | 34.00 | 0.00 | 0.16 | 5.98 | 5.85 | 0.02 | 0.04 | 0.22 | 0.04 | 0.00 | 12.24 | 16.32 | 0.24 |
| M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50 | 110.00 | 1.50 | 12.28 | 130.00 | 2.50 | 20.46 | 13.00 | 8.00 | 10.00 | 0.00 | -* | 500.00 | -* | -* | -* | 2.40 | -* | -* | -* | -* | -* | 300.00 | -* | 0.00 |
| M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50 | 120.00 | 0.00 | 0.00 | 180.00 | 0.00 | 0.00 | 20.00 | 8.00 | 5.00 | 0.00 | -* | 500.00 | -* | -* | -* | 1.20 | -* | -* | -* | -* | -* | 300.00 | -* | 0.00 |
| Average | 413.52 | .78 | 1.71 | 429.62 | 6.66 | 14.48 | 78.79 | 12.52 | 5.47 | 4.88 | 264.46* | 528.83 | 0* | .11* | 2.14* | 8.36 | .02* | .05* | .47* | .23* | 0* | 335.04 | 18.29* | 1.32 |

* Some values for this nutrient are unavailable; the number listed is incomplete.

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DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Lewisville ES

Service Area: Lewisville - K-5 - OVS

Menu Name: Lewisville ES 2018-2019 BIC Menu - cycle 6 - week 3

Avg.Method: Weighted (USDA Default)

Age Group: Lunch Grades K-5 **Period:** Lunch **Week:** 3 **Day:** Friday **Count Type:** Forecasted **Total No. of Customers:** 661

| Weekly Std. (Target 1) | SFA | | Na (mg) | Fat | | CHO (g) | Pro (g) | Chol (mg) | Fiber (g) | K (mg) | Vit A (IU) | Vit D (IU) | Vit E (mg) | Vit K (mcg) | Vit C (mg) | Vit B1 (mg) | Vit B2 (mg) | Vit B3 (mg) | Vit B6 (mg) | Vit B12 (mcg) | Ca (mg) | P (mg) | Fe (mg) | |
|------------------------|-----|-----|---------|----------|-----|---------|---------|-----------|-----------|--------|------------|------------|------------|-------------|------------|-------------|-------------|-------------|-------------|---------------|---------|--------|---------|----------|
| | CAL | (g) | | % of CAL | (g) | | | | | | | | | | | | | | | | | | | % of CAL |
| 550.00-650.00 | | | 1230.00 | | | | | | | | | | | | | | | | | | | | | |

M51578 PIZZA 16" CHZ WG 2.0

| | | | | | | | | | | | | | | | | | | | | | | | | |
|------------------|--------|------|-------|--------|-------|-------|-------|-------|-------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 131.00 @ 1/8 cut | 351.26 | 7.50 | 19.22 | 810.03 | 15.50 | 39.72 | 30.87 | 19.38 | 30.00 | 3.25 | -* | 403.18 | -* | -* | -* | 0.90 | -* | -* | -* | -* | -* | 419.72 | -* | 1.13 |
|------------------|--------|------|-------|--------|-------|-------|-------|-------|-------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M53000 PIZZA 16" Pepperoni WG 2.0

| | | | | | | | | | | | | | | | | | | | | | | | | |
|------------------|--------|------|-------|--------|-------|-------|-------|-------|-------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 519.00 @ 1/8 cut | 388.75 | 9.00 | 20.84 | 937.53 | 19.00 | 43.99 | 31.12 | 20.88 | 37.50 | 3.25 | -* | 403.18 | -* | -* | -* | 0.90 | -* | -* | -* | -* | -* | 419.72 | -* | 1.22 |
|------------------|--------|------|-------|--------|-------|-------|-------|-------|-------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M51851 SDW BD, CHam AM WG 2.0

| | | | | | | | | | | | | | | | | | | | | | | | | |
|--------------------|--------|------|-------|---------|-------|-------|-------|-------|-------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 14.00 @ 1 sandwich | 350.00 | 6.38 | 16.39 | 1032.50 | 14.63 | 37.61 | 33.50 | 21.00 | 75.00 | 2.00 | -* | 200.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 150.00 | -* | 2.61 |
|--------------------|--------|------|-------|---------|-------|-------|-------|-------|-------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M53347 SDW BD, SB WG 2.0

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-------------------|--------|------|------|--------|-------|-------|-------|-------|------|------|---------|------|-------|----|----|------|----|----|----|----|----|-------|----|------|
| 8.00 @ 1 sandwich | 558.71 | 3.99 | 6.42 | 579.16 | 35.89 | 57.81 | 43.95 | 19.95 | 0.00 | 5.99 | 378.78* | 0.00 | 0.00* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 59.81 | -* | 5.35 |
|-------------------|--------|------|------|--------|-------|-------|-------|-------|------|------|---------|------|-------|----|----|------|----|----|----|----|----|-------|----|------|

M50187 VEG: BROCCOLI, Frz Chpd 1/2c

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-----------------|-------|------|------|------|------|------|------|------|------|------|--------|--------|------|------|-------|-------|------|------|------|------|------|-------|-------|------|
| 16.00 @ 1/2 cup | 24.11 | 0.02 | 0.58 | 9.47 | 0.10 | 3.86 | 4.61 | 2.67 | 0.00 | 2.58 | 122.27 | 870.53 | 0.00 | 1.14 | 75.86 | 34.53 | 0.05 | 0.07 | 0.39 | 0.11 | 0.00 | 28.42 | 42.19 | 0.53 |
|-----------------|-------|------|------|------|------|------|------|------|------|------|--------|--------|------|------|-------|-------|------|------|------|------|------|-------|-------|------|

M66953 VEG: SALAD, SIDE SPIN MAND ORANGE JC PACK 1C

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-------------------|-------|------|------|-------|------|------|------|------|------|------|---------|---------|-------|-------|---------|-------|-------|-------|-------|-------|-------|-------|--------|------|
| 92.00 @ 1 serving | 22.75 | 0.03 | 1.35 | 44.17 | 0.22 | 8.58 | 4.39 | 1.69 | 0.00 | 1.38 | 303.20* | 5235.96 | 0.00* | 1.10* | 262.39* | 22.61 | 0.04* | 0.10* | 0.39* | 0.11* | 0.00* | 56.40 | 26.63* | 1.56 |
|-------------------|-------|------|------|-------|------|------|------|------|------|------|---------|---------|-------|-------|---------|-------|-------|-------|-------|-------|-------|-------|--------|------|

M50543 FRUIT: BANANA (100-120ct) Whl

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-----------------|-------|------|------|------|------|------|-------|------|------|------|--------|-------|------|------|------|------|------|------|------|------|------|------|-------|------|
| 202.00 @ 1 each | 93.95 | 0.12 | 1.13 | 1.06 | 0.35 | 3.34 | 24.11 | 1.15 | 0.00 | 2.74 | 377.91 | 67.56 | 0.00 | 0.11 | 0.53 | 9.18 | 0.03 | 0.08 | 0.70 | 0.39 | 0.00 | 5.28 | 23.22 | 0.27 |
|-----------------|-------|------|------|------|------|------|-------|------|------|------|--------|-------|------|------|------|------|------|------|------|------|------|------|-------|------|

M50982 JUICE SS, ORANGE 100% 4 FLOZ

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-----------------|-------|------|------|-------|------|------|-------|------|------|------|----|------|----|----|----|-------|----|----|----|----|----|------|----|------|
| 597.00 @ 1 each | 51.44 | 0.00 | 0.00 | 15.43 | 0.00 | 0.00 | 12.35 | 1.03 | 0.00 | 0.00 | -* | 0.00 | -* | -* | -* | 43.21 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
|-----------------|-------|------|------|-------|------|------|-------|------|------|------|----|------|----|----|----|-------|----|----|----|----|----|------|----|------|

M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-------------------|--------|------|-------|--------|------|-------|-------|------|-------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 102.00 @ 1 carton | 110.00 | 1.50 | 12.28 | 130.00 | 2.50 | 20.46 | 13.00 | 8.00 | 10.00 | 0.00 | -* | 500.00 | -* | -* | -* | 2.40 | -* | -* | -* | -* | -* | 300.00 | -* | 0.00 |
|-------------------|--------|------|-------|--------|------|-------|-------|------|-------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-------------------|--------|------|------|--------|------|------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 557.00 @ 1 carton | 120.00 | 0.00 | 0.00 | 180.00 | 0.00 | 0.00 | 20.00 | 8.00 | 5.00 | 0.00 | -* | 500.00 | -* | -* | -* | 1.20 | -* | -* | -* | -* | -* | 300.00 | -* | 0.00 |
|-------------------|--------|------|------|--------|------|------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M50855 COND PC Ketchup 9g Heinz

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-----------------|-------|------|------|-------|------|------|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|
| 100.00 @ 1 each | 10.00 | 0.00 | 0.00 | 85.00 | 0.00 | 0.00 | 3.00 | 0.00 | 0.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
|-----------------|-------|------|------|-------|------|------|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|

M50055 COND PC Mayonnaise 12g

* Some values for this nutrient are unavailable; the number listed is incomplete.

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DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Lewisville ES

Service Area: Lewisville - K-5 - OVS

Menu Name: Lewisville ES 2018-2019 BIC Menu - cycle 6 - week 3

Avg.Method: Weighted (USDA Default)

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-----------------------------------|--------|------|-------|---------|-------|-------|-------|-------|-------|------|---------|---------|----|------|--------|-------|------|------|------|------|------|--------|--------|------|
| 80.00 @ 1 each | 80.00 | 1.50 | 16.87 | 75.00 | 8.00 | 90.00 | 1.00 | 0.00 | 5.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | 0.00 | -* | 0.00 | |
| M50284 COND PC Mustard 6g | | | | | | | | | | | | | | | | | | | | | | | | |
| 50.00 @ 1 each | 0.00 | 0.00 | - | 65.00 | 0.00 | - | 1.00 | 0.00 | 0.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | 0.00 | -* | 0.00 | |
| M53222 COND PC Margarine 5g | | | | | | | | | | | | | | | | | | | | | | | | |
| 30.00 @ 1 each | 30.00 | 1.00 | 30.00 | 30.00 | 3.00 | 90.00 | 0.00 | 0.00 | 0.00 | 0.00 | -* | 500.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | 0.00 | -* | 0.00 | |
| M50624 COND PC Drsg Ranch 12g | | | | | | | | | | | | | | | | | | | | | | | | |
| 240.00 @ 1 each | 50.00 | 0.00 | 0.00 | 100.00 | 5.00 | 90.00 | 1.00 | 0.00 | 5.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | 0.00 | -* | 0.00 | |
| M50623 COND PC Drsg Italian 12g | | | | | | | | | | | | | | | | | | | | | | | | |
| 50.00 @ 1 each | 30.00 | 0.00 | 0.00 | 130.00 | 3.00 | 90.00 | 0.00 | 0.00 | 0.00 | 0.00 | -* | 100.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | 0.00 | -* | 0.00 | |
| M50056 COND PC Sauce, Taco 9g | | | | | | | | | | | | | | | | | | | | | | | | |
| 10.00 @ 1 each | 5.00 | 0.00 | 0.00 | 55.00 | 0.00 | 0.00 | 1.00 | 0.00 | 0.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | 0.00 | -* | 0.00 | |
| M50287 COND PC SAUCE, BBQ 12G PKT | | | | | | | | | | | | | | | | | | | | | | | | |
| 65.00 @ 1 each | 15.00 | 0.00 | 0.00 | 160.00 | 0.00 | 0.00 | 4.00 | 0.00 | 0.00 | 0.00 | -* | 100.00 | -* | -* | -* | 0.60 | -* | -* | -* | -* | 0.00 | -* | 0.00 | |
| Average | 620.58 | 9.24 | 13.39 | 1208.84 | 22.41 | 32.5 | 71.32 | 30.47 | 45.16 | 4.4 | 165.23* | 1709.76 | 0* | .21* | 38.52* | 48.14 | .02* | .04* | .28* | .14* | 0* | 725.88 | 11.82* | 1.61 |

* Some values for this nutrient are unavailable; the number listed is incomplete.

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