



# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Central ES

**Service Area:** Purnell - K-8 - OVS

**Menu Name:** Purnell K-8 Lunch (K-12 Breakfast) Menu 2018-2019 - cycle 4 - week 3

**Avg.Method:** Weighted (USDA Default)

**Age Group:** Brkfst Grades K-12      **Period:** Breakfast      **Week:** 3      **Day:** Monday      **Count Type:** Forecasted      **Total No. of Customers:** 61

Weekly Std. (Target 1)	SFA		Fat		CHO	Pro	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)	
	CAL	(g)	% of CAL	Na (mg)	(g)	% of CAL																	(g)
450.00-500.00		10.00	540.00																				
M51241 BRD: ROLL AP, CinnMini WG IW																							
65.00 @ 1 pouch	240.00	2.00	7.50	300.00	8.00	30.00	40.00	5.00	0.00	2.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	40.00	-*	1.44
M53799 FRUIT: APPLE, Slcd IW 2oz																							
65.00 @ 1 each	30.00	0.00	0.00	0.00	0.00	0.00	7.00	0.00	0.00	1.00	-*	0.00	-*	-*	-*	21.00	-*	-*	-*	-*	0.00	-*	0.00
M50980 JUICE SS, Frt Bld 100% 4oz Crt																							
65.00 @ 1 each	60.00	0.00	0.00	10.00	0.00	0.00	14.00	0.00	0.00	0.00	100.00	0.00	-*	-*	-*	3.60	-*	-*	-*	-*	0.00	-*	0.00
M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50																							
10.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	300.00	-*	0.00
M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50																							
55.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	300.00	-*	0.00
<b>Average</b>	477.87	2.38	4.48	513.94	8.93	16.83	85.17	13.85	6.15	3.2	106.56*	532.79	-*	-*	-*	27.69	-*	-*	-*	-*	362.3	-*	1.53

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**Location:** Lewisville ISD Central ES

**Service Area:** Purnell - K-8 - OVS

**Menu Name:** Purnell K-8 Lunch (K-12 Breakfast) Menu 2018-2019 - cycle 4 - week 3

**Avg.Method:** Weighted (USDA Default)

**Age Group:** Lunch Grades K-8      **Period:** Lunch      **Week:** 3      **Day:** Monday      **Count Type:** Forecasted      **Total No. of Customers:** 14

Weekly Std. (Target 1)	SFA		Na (mg)	Fat		CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)	
	CAL	(g)		% of CAL	(g)																			% of CAL
600.00-650.00			1230.00																					

M52963 CHIX Popcorn, AP WG 2.0

9.00 @ 1 serving	250.19	2.72	9.78	380.72	14.14	50.87	15.23	15.23	21.76	3.26	-*	108.78	-*	-*	-*	0.00	-*	-*	-*	-*	-*	43.51	-*	1.96
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M51680 BRD: ROLL DG, WG 2.5oz

9.00 @ 1 each	170.00	0.50	2.65	135.00	3.00	15.88	28.00	7.00	0.00	3.40	-*	0.01	-*	-*	-*	0.01	-*	-*	-*	-*	-*	12.70	-*	0.85
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M51108 EGG: Omelet CH AP 2.0

5.00 @ 1 each	130.00	3.50	24.23	280.00	11.00	76.16	1.00	7.00	170.00	0.00	-*	300.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	80.00	-*	0.72
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M51630 CHIX Sausage Patty 1ea 1.0

5.00 @ 1 patty	100.00	1.50	13.50	230.00	6.00	54.00	1.00	11.00	40.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.72
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M52536 BRD: BREAD WG, Tst 2sl

5.00 @ 2 slice	160.00	0.00	0.00	320.00	2.00	11.25	30.00	6.00	0.00	2.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	2.16
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M53347 SDW BD, SB WG 2.0

1.00 @ 1 sandwich	558.71	3.99	6.42	579.16	35.89	57.81	43.95	19.95	0.00	5.99	378.78*	0.00	0.00*	-*	-*	0.00	-*	-*	-*	-*	-*	59.81	-*	5.35
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M67231 VEG: POTATO, DICED AP SEASONED 1/2C

14.00 @ 1/2 cup	105.26	0.26	2.24	35.62	2.32	19.85	19.35	1.32	0.00	2.59	14.07*	247.49	0.00*	0.15*	0.73*	1.41	0.00*	0.01*	0.05*	0.01*	0.00*	2.35	1.89*	0.57
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M50431 VEG: CARROTS, Fresh Baby 1/2c

14.00 @ 1/2 cup	24.80	0.02	0.59	55.28	0.09	3.34	5.84	0.45	0.00	2.06	167.96	9772.87	0.00	-*	6.66	1.84	0.02	0.03	0.39	0.07	0.00	22.68	19.84	0.63
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M50534 FRUIT: ORANGE 138ct 1/8wg 1/2c

14.00 @ 8 wedge	46.96	0.01	0.29	0.00	0.12	2.30	11.74	0.94	0.00	2.40	180.86	224.82	0.00	0.18	0.00	53.16	0.09	0.04	0.28	0.06	0.00	39.97	13.99	0.10
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M50979 JUICE SS, Apple 100% 4oz Cart

24.00 @ 1 each	60.00	0.00	0.00	15.00	0.00	0.00	14.00	0.00	0.00	0.00	85.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50

2.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00
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M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50

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**Location:** Lewisville ISD Central ES

**Service Area:** Purnell - K-8 - OVS

**Menu Name:** Purnell K-8 Lunch (K-12 Breakfast) Menu 2018-2019 - cycle 4 - week 3

**Avg.Method:** Weighted (USDA Default)

6.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00
M53132 COND PC Ketchup 9g ARA LOGO																								
9.00 @ 1 each	10.00	0.00	0.00	85.00	0.00	0.00	3.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50284 COND PC Mustard 6g																								
9.00 @ 1 each	0.00	0.00	-	65.00	0.00	-	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
<b>Average</b>	802.77	4.65	5.21	978.09	23.26	26.08	116.29	31.58	92.56	12.47	535.66*	10707.98	0*	.33*	7.39*	57.27	.11*	.07*	.73*	.15*	0*	305.41	35.72*	4.77

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**Avg.Method:** Weighted (USDA Default)

**Age Group:** Brkfst Grades K-12      **Period:** Breakfast      **Week:** 3      **Day:** Tuesday      **Count Type:** Forecasted      **Total No. of Customers:** 61

Weekly Std. (Target 1)	SFA		Na (mg)	Fat		CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)	
	CAL	% of CAL		% of CAL	% of CAL																			
M52925 PIZZA AP Tony Bkfst T.Ssg 1.0 65.00 @ 1 each	210.00	2.00	8.57	480.01	7.00	30.00	26.00	9.00	15.00	2.00	240.00	200.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	100.00	-*	1.80
M67177 FRUIT: CUP SS, PEACHES DCD SHLF-STBL 1/2C 65.00 @ 1 each	60.00	0.00	0.00	5.00	0.00	0.00	15.00	0.00	0.00	1.00	70.00	-*	0.00	-*	-*	-*	-*	-*	-*	-*	-*	0.00	-*	0.00
M52810 FRUIT: CRAISINS, SS CHERRY 1.16OZ 65.00 @ 1 each	110.00	0.00	0.00	0.00	0.00	0.00	28.00	0.00	0.00	3.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50 12.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00
M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50 53.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00
<b>Average</b>	530.83	2.43	4.11	698.78	7.95	13.48	93.46	18.11	22.29	6.39	330.33*	745.91*	0*	-*	-*	1.51*	-*	-*	-*	-*	-*	426.23	-*	1.92

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**Service Area:** Purnell - K-8 - OVS

**Menu Name:** Purnell K-8 Lunch (K-12 Breakfast) Menu 2018-2019 - cycle 4 - week 3

**Avg.Method:** Weighted (USDA Default)

**Age Group:** Lunch Grades K-8      **Period:** Lunch      **Week:** 3      **Day:** Tuesday      **Count Type:** Forecasted      **Total No. of Customers:** 14

Weekly Std. (Target 1)	SFA		Na (mg)	Fat		CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)	
	CAL	(g)		% of CAL	(g)																			% of CAL
600.00-650.00		10.00	1230.00																					

M51417 BURG, Beef AP WG 2.0

5.00 @ 1 each	240.00	2.00	7.50	345.00	7.00	26.25	29.00	16.00	25.00	2.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	60.00	-*	2.88
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M50821 BURG, Beef AM AP WG 2.25

9.00 @ 1 each	285.00	4.25	13.42	545.00	10.50	33.16	29.50	18.50	37.50	2.00	-*	100.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	135.00	-*	2.88
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M53347 SDW BD, SB WG 2.0

1.00 @ 1 sandwich	558.71	3.99	6.42	579.16	35.89	57.81	43.95	19.95	0.00	5.99	378.78*	0.00	0.00*	-*	-*	0.00	-*	-*	-*	-*	-*	59.81	-*	5.35
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M54862 VEG: BEANS, GREEN W/CARR FZ MARG 1/2C

14.00 @ 1/2 cup	52.33	1.23	21.23	26.17	3.27	56.30	5.66	0.78	0.00	2.50	141.38	7556.07	0.00*	0.46*	19.42*	2.46	0.03*	0.05*	0.32*	0.06*	0.00*	30.16	23.81*	0.47
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M50823 VEG: TOMATOES, GRAPE 1/2C

14.00 @ 1/2 cup	15.52	0.02	1.40	4.31	0.17	10.00	3.35	0.76	0.00	1.03	204.35	718.25	0.00	0.47	6.81	11.81	0.03	0.02	0.51	0.07	0.00	8.62	20.69	0.23
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M50786 FRUIT: PEARS 100ct Whole 1.25c

14.00 @ 1 each	106.94	0.04	0.35	1.88	0.26	2.21	28.57	0.68	0.00	5.82	217.62	46.90	0.00	0.23	8.25	8.07	0.02	0.05	0.30	0.05	0.00	16.88	22.51	0.34
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M50982 JUICE SS, ORANGE 100% 4 FLOZ

24.00 @ 1 each	51.44	0.00	0.00	15.43	0.00	0.00	12.35	1.03	0.00	0.00	-*	0.00	-*	-*	-*	43.21	-*	-*	-*	-*	-*	0.00	-*	0.00
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M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50

3.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00
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M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50

9.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00
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M53132 COND PC Ketchup 9g ARA LOGO

14.00 @ 1 each	10.00	0.00	0.00	85.00	0.00	0.00	3.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50055 COND PC Mayonnaise 12g

14.00 @ 1 each	80.00	1.50	16.87	75.00	8.00	90.00	1.00	0.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50284 COND PC Mustard 6g

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**Location:** Lewisville ISD Central ES

**Service Area:** Purnell - K-8 - OVS

**Menu Name:** Purnell K-8 Lunch (K-12 Breakfast) Menu 2018-2019 - cycle 4 - week 3

**Avg.Method:** Weighted (USDA Default)

14.00 @ 1 each	0.00	0.00	-	65.00	0.00	-	1.00	0.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	0.00	-*	0.00
<b>Average</b>	762.53	6.85	8.09	942.33	24.06	28.4	111.86	29.87	43.39	11.78	590.41*	8814.08	0*	1.15*	34.48*	97.7	.08*	.11*	1.13*	.18*	0*	425.3	67.02*	4.3

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**Service Area:** Purnell - K-8 - OVS

**Menu Name:** Purnell K-8 Lunch (K-12 Breakfast) Menu 2018-2019 - cycle 4 - week 3

**Avg.Method:** Weighted (USDA Default)

**Age Group:** Brkfst Grades K-12      **Period:** Breakfast      **Week:** 3      **Day:** Wednesday      **Count Type:** Forecasted      **Total No. of Customers:** 63

Weekly Std. (Target 1)	SFA		Na (mg)	Fat		CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)	
	CAL	% of CAL		% of CAL	% of CAL																			
M52636 BRD: WAFFLE, AP MAPLE MADNESS WG IW	210.00	1.00	4.29	170.00	6.00	25.72	38.00	4.00	0.00	3.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	20.00	-*	0.72
M50534 FRUIT: ORANGE 138ct 1/8wg 1/2c	46.96	0.01	0.29	0.00	0.12	2.30	11.74	0.94	0.00	2.40	180.86	224.82	0.00	0.18	0.00	53.16	0.09	0.04	0.28	0.06	0.00	39.97	13.99	0.10
M50979 JUICE SS, Apple 100% 4oz Cart	60.00	0.00	0.00	15.00	0.00	0.00	14.00	0.00	0.00	0.00	85.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00
M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00
<b>Average</b>	449.25	1.29	2.57	368.65	6.71	13.45	85.29	13.35	5.95	5.57	274.3*	747.84	0*	.19*	0*	56.27	.09*	.04*	.29*	.06*	0*	371.4	14.43*	.85

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Central ES

**Service Area:** Purnell - K-8 - OVS

**Menu Name:** Purnell K-8 Lunch (K-12 Breakfast) Menu 2018-2019 - cycle 4 - week 3

**Avg.Method:** Weighted (USDA Default)

**Age Group:** Lunch Grades K-8      **Period:** Lunch      **Week:** 3      **Day:** Wednesday      **Count Type:** Forecasted      **Total No. of Customers:** 15

Weekly Std. (Target 1)	SFA		Na (mg)	Fat		CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)	
	CAL	(g)		% of CAL	(g)																			% of CAL
600.00-650.00		10.00	1230.00																					

M50851 SDW BN, CHIXPTY PLN WG/WG 2.0

11.00 @ 1 sandwich	340.00	2.00	5.29	750.01	12.00	31.76	39.00	21.00	45.00	3.00	-*	100.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	60.00	-*	3.24
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M54325 CHIX DRUMSTK, AP BREADED FC WG 2.0

2.00 @ 1 each	190.03	2.50	11.84	450.07	11.00	52.11	5.00	16.00	50.01	1.00	-*	100.02	-*	-*	-*	0.00	-*	-*	-*	-*	-*	20.00	-*	1.08
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M51680 BRD: ROLL DG, WG 2.5oz

2.00 @ 1 each	170.00	0.50	2.65	135.00	3.00	15.88	28.00	7.00	0.00	3.40	-*	0.01	-*	-*	-*	0.01	-*	-*	-*	-*	-*	12.70	-*	0.85
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M53347 SDW BD, SB WG 2.0

2.00 @ 1 sandwich	558.71	3.99	6.42	579.16	35.89	57.81	43.95	19.95	0.00	5.99	378.78*	0.00	0.00*	-*	-*	0.00	-*	-*	-*	-*	-*	59.81	-*	5.35
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M51319 VEG: CORN, Fz Seas1/2c

15.00 @ 1/2 cup	92.68	1.25	12.15	146.16	3.47	33.66	15.83	2.09	0.00	1.98	192.58	163.16	0.00*	0.06*	0.33*	2.86	0.02*	0.05*	1.07*	0.08*	0.00*	2.77	64.74*	0.39
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M52357 VEG: SALAD, ColeslawCIRnch1/2c

15.00 @ 1/2 cup	89.72	1.01	10.13	207.78	6.70	67.18	4.50	0.83	6.67	1.28	32.46*	47.14	0.00*	0.03*	3.44*	0.52	0.00*	0.01*	0.04*	0.01*	0.00*	19.40	3.32*	0.07
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M50529 FRUIT: GRAPES, Fresh 1/2c

15.00 @ 1/2 cup	56.80	0.10	1.53	1.70	0.30	4.70	14.54	0.53	0.00	0.76	161.94	84.78	0.00	0.16	12.38	3.39	0.08	0.05	0.25	0.09	0.00	11.87	8.48	0.25
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M50980 JUICE SS, Frt Bld 100% 4oz Crt

15.00 @ 1 each	60.00	0.00	0.00	10.00	0.00	0.00	14.00	0.00	0.00	0.00	100.00	0.00	-*	-*	-*	3.60	-*	-*	-*	-*	-*	0.00	-*	0.00
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M51440 DESRT: GELATIN, Cherry SC 1/2c

35.00 @ 1/2 cup	71.59	0.00	0.00	95.29	0.00	0.00	17.39	1.02	0.00	0.00	1.08*	0.00	0.00*	0.00*	0.00*	15.34	0.00*	0.00*	0.00*	0.00*	0.00*	3.24	0.00*	0.00
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M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50

3.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00
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M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50

9.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00
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M53132 COND PC Ketchup 9g ARA LOGO

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Central ES

**Service Area:** Purnell - K-8 - OVS

**Menu Name:** Purnell K-8 Lunch (K-12 Breakfast) Menu 2018-2019 - cycle 4 - week 3

**Avg.Method:** Weighted (USDA Default)

15.00 @ 1 each	10.00	0.00	0.00	85.00	0.00	0.00	3.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	0.00	-*	0.00	
M50055 COND PC Mayonnaise 12g																								
15.00 @ 1 each	80.00	1.50	16.87	75.00	8.00	90.00	1.00	0.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	0.00	-*	0.00	
M50284 COND PC Mustard 6g																								
15.00 @ 1 each	0.00	0.00	-	65.00	0.00	-	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	0.00	-*	0.00	
<b>Average</b>	1022.08	6.56	5.77	1652.22	34.41	30.3	147.9	33.37	56.33	7.61	540.01*	781.76	0*	.25*	16.15*	47.37	.11*	.11*	1.37*	.18*	0*	337.94	76.54*	4.05

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Central ES

**Service Area:** Purnell - K-8 - OVS

**Menu Name:** Purnell K-8 Lunch (K-12 Breakfast) Menu 2018-2019 - cycle 4 - week 3

**Avg.Method:** Weighted (USDA Default)

**Age Group:** Brkfst Grades K-12      **Period:** Breakfast      **Week:** 3      **Day:** Thursday      **Count Type:** Forecasted      **Total No. of Customers:** 63

Weekly Std. (Target 1)	SFA		Na (mg)	Fat		CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)	
	CAL	(g)		% of CAL	(g)																			% of CAL
M52577 BRD: MUF AP, APL CINN 2OZ IW WG (1BG)	190.00	2.00	9.47	130.00	6.00	28.42	30.00	3.00	40.00	2.00	135.00	100.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	40.00	-*	1.08
M52695 CHEESE, MZ STRING 1EA 1.0	60.00	2.00	30.00	200.01	3.00	45.00	1.00	7.00	10.00	0.00	0.00	200.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	200.01	-*	0.00
M50529 FRUIT: GRAPES, Fresh 1/2c	56.80	0.10	1.53	1.70	0.30	4.70	14.54	0.53	0.00	0.76	161.94	84.78	0.00	0.16	12.38	3.39	0.08	0.05	0.25	0.09	0.00	11.87	8.48	0.25
M54635 FRUIT: CUP SS, APPLESC STRAWBERRY SHLF-STBL 1/2C	50.00	0.00	0.00	0.00	0.00	0.00	14.00	0.00	0.00	1.00	94.00	-*	-*	-*	-*	-*	-*	-*	-*	-*	-*	5.00	-*	0.00
M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00
M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00
<b>Average</b>	490.36	4.46	8.19	520.01	9.99	18.33	80.95	19.12	57.54	3.88	403.35*	912.88*	0*	.17*	12.77*	4.93*	.08*	.05*	.26*	.1*	0*	574.56	8.75*	1.37

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Central ES

**Service Area:** Purnell - K-8 - OVS

**Menu Name:** Purnell K-8 Lunch (K-12 Breakfast) Menu 2018-2019 - cycle 4 - week 3

**Avg.Method:** Weighted (USDA Default)

**Age Group:** Lunch Grades K-8      **Period:** Lunch      **Week:** 3      **Day:** Thursday      **Count Type:** Forecasted      **Total No. of Customers:** 15

Weekly Std. (Target 1)	SFA		Na (mg)	Fat		CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)	
	CAL	(g)		% of CAL	(g)																			% of CAL
M52869 ENT: BOWL, POTATO CHIXPOP CHCNTRY WG 2.0 (1.25C VEG)	600.00-650.00		1230.00																					
24.00 @ 1 bowl	459.96	5.09	9.96	775.66	17.57	34.38	55.57	19.33	31.38	5.10	346.63*	303.87	0.00*	0.03*	0.12*	21.33	0.01*	0.03*	0.54*	0.04*	0.00*	162.15	32.33*	2.36
M51680 BRD: ROLL DG, WG 2.5oz																								
24.00 @ 1 each	170.00	0.50	2.65	135.00	3.00	15.88	28.00	7.00	0.00	3.40	-*	0.01	-*	-*	-*	0.01	-*	-*	-*	-*	-*	12.70	-*	0.85
M55175 CHIX CORN DOG, MINI AP WG 2.0																								
6.00 @ 6 each	269.98	3.75	12.50	419.97	12.00	40.00	30.00	10.50	37.50	4.50	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	119.99	-*	2.70
M53347 SDW BD, SB WG 2.0																								
1.00 @ 1 sandwich	558.71	3.99	6.42	579.16	35.89	57.81	43.95	19.95	0.00	5.99	378.78*	0.00	0.00*	-*	-*	0.00	-*	-*	-*	-*	-*	59.81	-*	5.35
M68017 VEG: BEANS, BKD VEG AP 1/2C																								
15.00 @ 1/2 cup	220.25	0.09	0.38	509.42	0.89	3.64	43.08	11.52	0.00	7.87	623.89	0.10	0.00	-*	-*	0.03	0.39	0.08	1.15	0.22	0.00	87.30	211.63	2.92
M52770 VEG: CELERY, Sticks 1/2c																								
15.00 @ 1/2 cup	9.92	0.03	2.36	49.61	0.11	9.56	1.84	0.43	0.00	0.99	161.23	278.43	0.00	0.17	18.17	1.92	0.01	0.04	0.20	0.05	0.00	24.80	14.88	0.12
M50536 FRUIT: APPLE, 138ct 1/8wg 1/2c																								
15.00 @ 4 wedge	31.53	0.02	0.50	2.39	0.10	2.95	8.40	0.17	0.00	1.45	67.15	33.13	0.00	0.11	1.32	3.11	0.01	0.02	0.06	0.03	0.00	5.02	6.81	0.07
M50979 JUICE SS, Apple 100% 4oz Cart																								
24.00 @ 1 each	60.00	0.00	0.00	15.00	0.00	0.00	14.00	0.00	0.00	0.00	85.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50																								
3.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00
M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50																								
7.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00
M50624 COND PC Drsg Ranch 12g																								
28.00 @ 1 each	50.00	0.00	0.00	100.00	5.00	90.00	1.00	0.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
<b>Average</b>	1682.23	11.14	5.96	2545.75	51.04	27.31	238.17	65.11	78.88	26.11	1568.14*	1131.22	0*	.33*	19.68*	40.24	.44*	.17*	2.27*	.36*	0*	648.88	285.06*	9.69

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Central ES

**Service Area:** Purnell - K-8 - OVS

**Menu Name:** Purnell K-8 Lunch (K-12 Breakfast) Menu 2018-2019 - cycle 4 - week 3

**Avg.Method:** Weighted (USDA Default)

**Age Group:** Brkfst Grades K-12      **Period:** Breakfast      **Week:** 3      **Day:** Friday      **Count Type:** Forecasted      **Total No. of Customers:** 63

Weekly Std. (Target 1)	SFA		Na (mg)	Fat		CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)	
	CAL	% of CAL		% of CAL	% of CAL																			
450.00-500.00		10.00	540.00																					
<b>M53302 STICKS, PANCAKE WRAP TKY MAPLE WG 1.0 IW</b>																								
65.00 @ 1 each	200.00	2.50	11.25	310.00	10.00	45.00	17.00	7.00	25.00	3.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	20.00	-*	1.80
<b>M50543 FRUIT: BANANA (100-120ct) Whl</b>																								
65.00 @ 1 each	93.95	0.12	1.13	1.06	0.35	3.34	24.11	1.15	0.00	2.74	377.91	67.56	0.00	0.11	0.53	9.18	0.03	0.08	0.70	0.39	0.00	5.28	23.22	0.27
<b>M50982 JUICE SS, ORANGE 100% 4 FLOZ</b>																								
65.00 @ 1 each	51.44	0.00	0.00	15.43	0.00	0.00	12.35	1.03	0.00	0.00	-*	0.00	-*	-*	-*	43.21	-*	-*	-*	-*	-*	0.00	-*	0.00
<b>M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50</b>																								
10.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00
<b>M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50</b>																								
55.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00
<b>Average</b>	478.58	2.94	5.53	514.64	11.07	20.83	74.68	17.72	31.75	5.93	389.9*	585.58	0*	.11*	.54*	55.49	.03*	.08*	.72*	.4*	0*	335.61	23.96*	2.14

\* Some values for this nutrient are unavailable; the number listed is incomplete.

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Central ES

**Service Area:** Purnell - K-8 - OVS

**Menu Name:** Purnell K-8 Lunch (K-12 Breakfast) Menu 2018-2019 - cycle 4 - week 3

**Avg.Method:** Weighted (USDA Default)

**Age Group:** Lunch Grades K-8      **Period:** Lunch      **Week:** 3      **Day:** Friday      **Count Type:** Forecasted      **Total No. of Customers:** 14

Weekly Std. (Target 1)	SFA		Na (mg)	Fat		CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)	
	CAL	(g)		% of CAL	(g)																			% of CAL
600.00-650.00		10.00	1230.00																					
<b>M51578 PIZZA 16" CHZ WG 2.0</b>																								
6.00 @ 1/8 cut	351.26	7.50	19.22	810.03	15.50	39.72	30.87	19.38	30.00	3.25	-*	403.18	-*	-*	-*	0.90	-*	-*	-*	-*	-*	419.72	-*	1.13
<b>M53000 PIZZA 16" Pepperoni WG 2.0</b>																								
8.00 @ 1/8 cut	388.75	9.00	20.84	937.53	19.00	43.99	31.12	20.88	37.50	3.25	-*	403.18	-*	-*	-*	0.90	-*	-*	-*	-*	-*	419.72	-*	1.22
<b>M53347 SDW BD, SB WG 2.0</b>																								
1.00 @ 1 sandwich	558.71	3.99	6.42	579.16	35.89	57.81	43.95	19.95	0.00	5.99	378.78*	0.00	0.00*	-*	-*	0.00	-*	-*	-*	-*	-*	59.81	-*	5.35
<b>M50187 VEG: BROCCOLI, Frz Chpd 1/2c</b>																								
14.00 @ 1/2 cup	24.11	0.02	0.58	9.47	0.10	3.86	4.61	2.67	0.00	2.58	122.27	870.53	0.00	1.14	75.86	34.53	0.05	0.07	0.39	0.11	0.00	28.42	42.19	0.53
<b>M66953 VEG: SALAD, SIDE SPIN MAND ORANGE JC PACK 1C</b>																								
14.00 @ 1 serving	22.75	0.03	1.35	44.17	0.22	8.58	4.39	1.69	0.00	1.38	303.20*	5235.96	0.00*	1.10*	262.39*	22.61	0.04*	0.10*	0.39*	0.11*	0.00*	56.40	26.63*	1.56
<b>M50543 FRUIT: BANANA (100-120ct) Whl</b>																								
14.00 @ 1 each	93.95	0.12	1.13	1.06	0.35	3.34	24.11	1.15	0.00	2.74	377.91	67.56	0.00	0.11	0.53	9.18	0.03	0.08	0.70	0.39	0.00	5.28	23.22	0.27
<b>M50982 JUICE SS, ORANGE 100% 4 FLOZ</b>																								
24.00 @ 1 each	51.44	0.00	0.00	15.43	0.00	0.00	12.35	1.03	0.00	0.00	-*	0.00	-*	-*	-*	43.21	-*	-*	-*	-*	-*	0.00	-*	0.00
<b>M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50</b>																								
4.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00
<b>M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50</b>																								
6.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00
<b>M50624 COND PC Drsg Ranch 12g</b>																								
14.00 @ 1 each	50.00	0.00	0.00	100.00	5.00	90.00	1.00	0.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
<b>Average</b>	<b>774.44</b>	<b>9.24</b>	<b>10.74</b>	<b>1219.7</b>	<b>26.45</b>	<b>30.74</b>	<b>101.71</b>	<b>34.65</b>	<b>44.29</b>	<b>10.39</b>	<b>830.43*</b>	<b>6934.38</b>	<b>0*</b>	<b>2.35*</b>	<b>338.78*</b>	<b>142.5</b>	<b>.12*</b>	<b>.25*</b>	<b>1.49*</b>	<b>.61*</b>	<b>0*</b>	<b>728.37</b>	<b>92.04*</b>	<b>3.92</b>

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