



DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD College St ES

Service Area: College St. - K-5 - OVS

Menu Name: College Street ES: 2018 BIC Menu - cycle 2 - week 4

Avg.Method: Balanced

Age Group: Brkfst Grades K-5

Period: Breakfast

Week: 4

Day: Monday

Count Type: Forecasted

Total No. of Customers: 175

Weekly Std.	SFA		Na (mg)	Fat		CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)	
	CAL	(g)		% of CAL	(g)																			% of CAL
M51268 BRD: MUF AP, Choc 2oz WG (1BG)	175.00 @ 1 muffin	200.00	2.00	9.00	135.00	6.00	27.00	32.00	4.00	40.00	3.00	180.00	100.00	-*	-*	-*	0.00	-*	-*	-*	-*	40.00	-*	1.44
M52695 CHEESE, MZ String LF 1ea 1.0	175.00 @ 1 stick	60.00	2.00	30.00	200.01	3.00	45.00	1.00	7.00	10.00	0.00	0.00	200.01	-*	-*	-*	0.00	-*	-*	-*	-*	200.01	-*	0.00
M54353 FRUIT: CUP SS, APPLESC SHLF-STBL 1/2C	175.00 @ 1 each	50.00	0.00	0.00	15.00	0.00	0.00	14.00	0.00	0.00	1.00	-*	0.00	-*	-*	-*	60.00	-*	-*	-*	-*	0.00	-*	0.00
M55543 JUICE SS, TROPICANA APPLE 100% 4.23FLOZ BOX SHLF-STBL	175.00 @ 1 each	60.00	0.00	0.00	10.00	0.00	0.00	14.00	0.00	0.00	0.00	120.00	0.00	-*	-*	-*	15.00	-*	-*	-*	-*	0.00	-*	0.00
M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50	27.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	300.00	-*	0.00
M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50	132.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	300.00	-*	0.00
Average		477.49	4.23	7.98	515.84	9.39	17.69	78.09	18.27	55.31	4	300*	754.3	-*	-*	-*	76.28	-*	-*	-*	-*	512.58	-*	1.44

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Service Area: College St. - K-5 - OVS

Menu Name: College Street ES: 2018 BIC Menu - cycle 2 - week 4

Avg.Method: Balanced

Age Group: Brkfst Grades K-5 **Period:** Breakfast **Week:** 4 **Day:** Tuesday **Count Type:** Forecasted **Total No. of Customers:** 175

	CAL	SFA (g)	% of CAL	Na (mg)	Fat (g)	% of CAL	CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)
Weekly Std.	350.00-500.00		10.00	540.00																		300.00		
M53302 STICKS, PANCAKE WRAP TKY MAPLE WG 1.0 IW																								
175.00 @ 1 each	200.00	2.50	11.25	310.00	10.00	45.00	17.00	7.00	25.00	3.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	20.00	-*	1.80
M52811 FRUIT: CRAISINS, SS Strawb1.16																								
100.00 @ 1 each	110.00	0.00	0.00	0.00	0.00	0.00	28.00	0.00	0.00	3.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M55542 JUICE SS, TROPICANA ORANGE 100% 4.23FLOZ BOX SHLF-STBL																								
175.00 @ 1 each	60.00	0.00	0.00	5.00	0.00	0.00	14.00	1.00	0.00	0.00	220.00	0.00	-*	-*	-*	18.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50																								
27.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00
M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50																								
132.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00
Average	430.35	2.73	5.71	470.83	10.39	21.72	64.09	15.27	30.31	4.71	220*	454.29	-*	-*	-*	19.28	-*	-*	-*	-*	-*	292.57	-*	1.8

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Profit Center: Lewisville Independent School District

Location: Lewisville ISD College St ES

Service Area: College St. - K-5 - OVS

Menu Name: College Street ES: 2018 BIC Menu - cycle 2 - week 4

Avg.Method: Balanced

Age Group: Brkfst Grades K-5 **Period:** Breakfast **Week:** 4 **Day:** Wednesday **Count Type:** Forecasted **Total No. of Customers:** 150

	CAL	SFA (g)	% of CAL	Na (mg)	Fat (g)	% of CAL	CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)
Weekly Std.	350.00-500.00		10.00	540.00																		300.00		
M50439 CEREAL BWL, Cheerios WG																								
150.00 @ 1 bowl	100.00	0.50	4.50	140.00	2.00	18.00	20.00	3.00	0.00	3.00	-*	500.01	-*	-*	-*	6.00	-*	-*	-*	-*	-*	100.00	-*	8.10
M52695 CHEESE, MZ String LF 1ea 1.0																								
150.00 @ 1 stick	60.00	2.00	30.00	200.01	3.00	45.00	1.00	7.00	10.00	0.00	0.00	200.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	200.01	-*	0.00
M53799 FRUIT: APPLE, Slcd IW 2oz																								
100.00 @ 1 each	30.00	0.00	0.00	0.00	0.00	0.00	7.00	0.00	0.00	1.00	-*	0.00	-*	-*	-*	21.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M55541 JUICE SS, TROPICANA STRW KIWI 100% 4.23FLOZ BOX SHLF-STBL																								
120.00 @ 1 each	60.00	0.00	0.00	10.00	0.00	0.00	15.00	0.00	0.00	0.00	120.00	0.00	-*	-*	-*	18.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50																								
90.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00
M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50																								
60.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00
Average	342	3.4	8.95	498.01	6.5	17.11	53.47	18	18	3.67	96*	1200.02	-*	-*	-*	36.32	-*	-*	-*	-*	-*	600.01	-*	8.1

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Menu Name: College Street ES: 2018 BIC Menu - cycle 2 - week 4

Avg.Method: Balanced

Age Group: Brkfst Grades K-5 **Period:** Breakfast **Week:** 4 **Day:** Thursday **Count Type:** Forecasted **Total No. of Customers:** 150

	CAL	SFA (g)	% of CAL	Na (mg)	Fat (g)	% of CAL	CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)	
Weekly Std.	350.00-500.00		10.00	540.00																		300.00			
M51404 PIZZA AP Tony Bkfst T.Ssg1.0IW	150.00 @ 1 each	240.01	2.50	9.38	490.02	7.00	26.25	31.00	11.00	15.00	3.00	90.00	200.01	-*	-*	-*	2.40	-*	-*	-*	-*	-*	150.00	-*	1.80
M50722 FRUIT: RAISINS, SS BOX	100.00 @ 1 each	127.15	0.02	0.17	4.68	0.20	1.38	33.67	1.31	0.00	1.57	318.51	0.00	0.00	0.05	1.49	0.98	0.05	0.05	0.33	0.07	0.00	21.26	42.95	0.80
M55543 JUICE SS, TROPICANA APPLE 100% 4.23FLOZ BOX SHLF-STBL	150.00 @ 1 each	60.00	0.00	0.00	10.00	0.00	0.00	14.00	0.00	0.00	0.00	120.00	0.00	-*	-*	-*	15.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50	23.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00
M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50	113.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00
Average		492.04	2.75	5.02	658.67	7.51	13.74	84.51	19.12	20.3	4.05	422.34*	653.34	0*	.03*	.99*	19.32	.03*	.04*	.22*	.05*	0*	436.18	28.63*	2.33

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Service Area: College St. - K-5 - OVS

Menu Name: College Street ES: 2018 BIC Menu - cycle 2 - week 4

Avg.Method: Balanced

Age Group: Brkfst Grades K-5 **Period:** Breakfast **Week:** 4 **Day:** Friday **Count Type:** Forecasted **Total No. of Customers:** 150

	CAL	SFA (g)	% of CAL	Na (mg)	Fat (g)	% of CAL	CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)
Weekly Std.	350.00-500.00		10.00	540.00																		20.00		
M52590 BRD: WAFFLE, AP BLUEBRY WG IW																								
150.00 @ 1 pouch	210.00	1.00	4.29	170.00	6.00	25.72	37.00	4.00	0.00	3.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	20.00	-*	0.72
M50543 FRUIT: BANANA (100-120ct) Whl																								
100.00 @ 1 each	93.95	0.12	1.13	1.06	0.35	3.34	24.11	1.15	0.00	2.74	377.91	67.56	0.00	0.11	0.53	9.18	0.03	0.08	0.70	0.39	0.00	5.28	23.22	0.27
M55542 JUICE SS, TROPICANA ORANGE 100% 4.23FLOZ BOX SHLF-STBL																								
150.00 @ 1 each	60.00	0.00	0.00	5.00	0.00	0.00	14.00	1.00	0.00	0.00	220.00	0.00	-*	-*	-*	18.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50																								
23.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00
M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50																								
113.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00
Average	439.9	1.31	2.68	331.24	6.62	13.54	84.13	13.02	5.3	4.83	471.94*	498.38	0*	.07*	.35*	25.39	.02*	.05*	.47*	.26*	0*	295.52	15.48*	.9

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