



# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Marcus 9th Gr

**Service Area:** Marcus 9th - 9-12 - OVS

**Menu Name:** Marcus 9th w/GSD 2018 Menu - cycle 3 - week 1

**Avg.Method:** Balanced

**Age Group:** Brkfst Grades K-12

**Period:** Breakfast

**Week:** 1

**Day:** Monday

**Count Type:** Forecasted

**Total No. of Customers:** 100

Weekly Std.	CAL	SFA (g)	% of CAL	Na (mg)	Fat (g)	% of CAL	CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)
450.00-500.00			10.00	540.00																		0.00		

M51274 BRD: FR TST AP, Cinn WG IW

30.00 @ 1 pouch	220.00	1.00	4.09	200.00	7.00	28.64	37.00	4.00	0.00	2.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	60.00	-*	1.44
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M51231 SDW BN, EggSausSS AM WG 1.0

45.00 @ 1 sandwich	224.62	3.31	13.25	562.67	8.45	33.87	28.01	10.22	83.08	2.00	-*	187.63	-*	-*	-*	0.00	-*	-*	-*	-*	-*	135.19	-*	1.78
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M50205 CEREAL HOT, Oatmeal (2BG)

1.00 @ 1 cup	212.61	0.71	3.00	6.51	4.25	18.00	38.27	7.09	0.00	5.67	2.17*	0.00	0.00*	0.00*	0.00*	0.00	0.00*	0.00*	0.00*	0.00*	0.00*	6.51	0.00*	2.55
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M50209 COND\_Sugar, Cinnamon

1.00 @ 1 tablespoon	45.52	0.00	0.03	0.15	0.00	0.09	11.83	0.02	0.00	0.21	1.90	1.14	0.00	0.01	0.12	0.01	0.00	0.00	0.01	0.00	0.00	3.99	0.25	0.04
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M50439 CEREAL BWL, Cheerios WG

1.00 @ 1 bowl	100.00	0.50	4.50	140.00	2.00	18.00	20.00	3.00	0.00	3.00	-*	500.01	-*	-*	-*	6.00	-*	-*	-*	-*	-*	100.00	-*	8.10
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M50208 CEREAL BWL, CinnTstCrnch RS WG

4.00 @ 1 bowl	110.00	0.50	4.09	160.00	3.00	24.54	22.00	1.00	0.00	3.00	-*	400.01	-*	-*	-*	4.80	-*	-*	-*	-*	-*	200.01	-*	3.60
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M50442 CEREAL BWL, Cocoa Puffs RS WG

4.00 @ 1 bowl	110.05	0.00	0.00	160.08	1.50	12.27	25.01	2.00	0.00	2.00	-*	500.25	-*	-*	-*	6.00	-*	-*	-*	-*	-*	100.05	-*	4.50
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M50524 CEREAL BWL, Lucky Charms WG

4.00 @ 1 bowl	110.00	0.00	0.00	180.00	1.00	8.18	23.00	2.00	0.00	2.00	-*	500.01	-*	-*	-*	6.00	-*	-*	-*	-*	-*	100.00	-*	4.50
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M52728 BRD: BAR, Cereal TeamCh WG IW

1.00 @ 1 each	150.00	0.50	3.00	85.00	3.50	21.00	30.00	2.00	0.00	3.00	-*	100.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	200.00	-*	4.50
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M52695 CHEESE, MZ String LF 1ea 1.0

8.00 @ 1 stick	60.00	2.00	30.00	200.01	3.00	45.00	1.00	7.00	10.00	0.00	0.00	200.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	200.01	-*	0.00
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M51237 BRD: BREAD WG, Tst Marg 1sl

7.00 @ 1 slice	110.00	1.33	10.91	160.00	4.33	35.45	15.00	3.00	0.00	1.00	1.33*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	1.08
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M52975 BRD: WAFFLE, RS SS WG (3.25BG)

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Marcus 9th Gr

**Service Area:** Marcus 9th - 9-12 - OVS

**Menu Name:** Marcus 9th w/GSD 2018 Menu - cycle 3 - week 1

**Avg.Method:** Balanced

10.00 @ 1 each	240.06	0.00	0.00	506.14	2.86	10.71	50.30	6.86	0.00	6.86	1.05*	0.00	0.00*	0.00*	0.00*	0.00	0.00*	0.00*	0.00*	0.00*	0.00*	288.94	0.00*	3.09	
M52659 FRUIT: APPLES, Warm Cinn 1/8c																									
2.00 @ 1/8 cup	26.30	0.01	0.19	2.47	0.01	0.29	6.56	0.00	0.00	0.50	0.61*	0.23	0.00*	0.00*	0.01*	0.04	0.00*	0.00*	0.00*	0.00*	0.00*	0.57	0.12*	0.01	
M54565 FRUIT: STRAWBERRIES, SLCD (USDA) W/SYR FRZ 1/4C																									
2.00 @ 1/4 cup	59.67	0.01	0.09	1.96	0.08	1.23	16.16	0.33	0.00	1.18	-*	15.16	-*	-*	-*	25.82	-*	-*	-*	-*	-*	6.85	-*	0.37	
M52816 DESRT: TOPPING, Whipd NonDairy																									
5.00 @ 1 tablespoon	13.47	1.00	66.56	0.81	1.00	67.06	1.06	0.05	0.01	0.01	-*	0.20	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.15	-*	0.00	
M50529 FRUIT: GRAPES, Fresh 1/2c																									
100.00 @ 1/2 cup	56.80	0.10	1.53	1.70	0.30	4.70	14.54	0.53	0.00	0.76	161.94	84.78	0.00	0.16	12.38	3.39	0.08	0.05	0.25	0.09	0.00	11.87	8.48	0.25	
M52271 FRUIT: PEARS, Dice w/Jc 1/2c																									
100.00 @ 1/2 cup	60.66	0.00	0.00	10.11	0.00	0.00	14.15	0.00	0.00	2.02	80.89	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00	
M53365 JUICE SS, Grape100% 4oz Cart																									
100.00 @ 1 each	80.00	0.00	0.00	15.00	0.00	0.00	18.00	1.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00	
M53465 MILK SS, 1% WHITE 8 FLOZ																									
20.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00	
M51096 MILK SS, SKIM CHOCOLATE 8 FLOZ																									
60.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00	
M53222 COND PC Margarine 5g																									
15.00 @ 1 each	30.00	1.00	30.00	30.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	500.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00	
M53221 COND PC Jelly, Grape Smucker																									
5.00 @ 1 each	35.00	0.00	0.00	5.00	0.00	0.00	9.00	0.00	0.00	0.00	0.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00	
M50056 COND PC Sauce, Taco 9g																									
25.00 @ 1 each	5.00	0.00	0.00	55.00	0.00	0.00	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00	
M50058 COND PC Syrup 1.4oz Smuckers																									
50.00 @ 1 each	110.00	0.00	0.00	25.00	0.00	0.00	29.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00	
<b>Average</b>	578.23	2.68	4.16	605.28	8.35	13	110.67	15.52	43.19	5.47	243.07*	722.56	0*	.16*	12.38*	5.85	.08*	.05*	.25*	.09*	0*	394.87	8.48*	2.53	

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Marcus 9th Gr

**Service Area:** Marcus 9th - 9-12 - OVS

**Menu Name:** Marcus 9th w/GSD 2018 Menu - cycle 3 - week 1

**Avg.Method:** Balanced

**Age Group:** Lunch Grades 9-12

**Period:** Lunch

**Week:** 1

**Day:** Monday

**Count Type:** Forecasted

**Total No. of Customers:** 100

Weekly Std.	CAL	SFA (g)	% of CAL	Na (mg)	Fat (g)	% of CAL	CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)
	750.00-850.00		10.00	1420.00																		80.00		

M51438 BEEF PTY, CHIX FRSTK AP WG 2.0

13.00 @ 1 each	289.56	3.99	12.41	479.27	17.97	55.86	18.97	14.98	29.95	2.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	39.94	-*	1.80
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M50443 COND\_Gravy, Country SS

13.00 @ 1/4 cup	34.17	0.00	0.00	196.86	0.49	12.86	5.86	0.00	0.00	0.00	0.53*	0.00	0.00*	0.00*	0.00*	0.00	0.00*	0.00*	0.00*	0.00*	0.00*	0.00*	21.13	0.00*	0.00
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M51680 BRD: ROLL DG, WG 2.5oz

13.00 @ 1 each	170.00	0.50	2.65	135.00	3.00	15.88	28.00	7.00	0.00	3.40	-*	0.01	-*	-*	-*	0.01	-*	-*	-*	-*	-*	12.70	-*	0.85
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M51480 SALAD, VEG BAJA AP W 2.25

3.00 @ 1 each	237.76	6.17	23.35	260.13	9.89	37.43	25.71	13.96	30.64	6.55	133.42*	1871.43	0.00*	0.15*	1.80*	14.05	0.04*	0.03*	0.80*	0.08*	0.00*	283.25	32.39*	2.01
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M51680 BRD: ROLL DG, WG 2.5oz

3.00 @ 1 each	170.00	0.50	2.65	135.00	3.00	15.88	28.00	7.00	0.00	3.40	-*	0.01	-*	-*	-*	0.01	-*	-*	-*	-*	-*	12.70	-*	0.85
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M52043 PIZZA HUT PIZZA 6" EXPRESS CHZ SS 2.25

8.00 @ 1 pizza	374.18	4.99	12.01	685.27	13.41	32.25	38.44	24.92	24.70	4.27	-*	692.07	-*	-*	-*	5.36	-*	-*	-*	-*	-*	410.71	-*	2.57
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M53931 PIZZA HUT PIZZA 6" EXPRESS PEPP SS 2.0

8.00 @ 1 pizza	385.19	5.31	12.42	711.32	14.98	35.01	38.49	24.17	27.17	4.35	-*	662.85	-*	-*	-*	5.43	-*	-*	-*	-*	-*	354.34	-*	2.65
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M54307 PIZZA HUT PIZZA 6" EXPRESS SSG SS 2.25

7.00 @ 1 pizza	439.08	7.15	14.66	836.54	20.45	41.92	38.35	25.40	37.42	4.27	-*	689.00	-*	-*	-*	5.36	-*	-*	-*	-*	-*	356.37	-*	2.86
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M54310 PIZZA HUT PIZZA 6" EXPRESS BBQ CHIX SS 2.25

7.00 @ 1 pizza	400.94	4.66	10.46	805.79	13.17	29.57	42.83	27.77	38.53	4.36	-*	667.19	-*	-*	-*	5.81	-*	-*	-*	-*	-*	350.99	-*	2.67
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M54521 PIZZA HUT COND PC PEPPER RED CRUSHED 1G

15.00 @ 1 each	5.00	0.00	0.00	0.00	0.00	0.00	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M54520 PIZZA HUT COND PC CHEESE GRATED 2.5G

15.00 @ 1 each	10.00	0.00	0.00	50.00	1.00	90.00	0.00	1.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M53734 BURG, BEEF AM BBQ AP 100% WG 2.25

2.00 @ 1 each	359.98	5.26	13.14	690.68	13.54	33.86	39.80	19.81	47.50	2.32	37.63*	100.45	0.00*	0.00*	0.11*	2.98	0.01*	0.01*	0.04*	0.03*	0.00*	119.99	7.93*	2.75
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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Marcus 9th Gr

**Service Area:** Marcus 9th - 9-12 - OVS

**Menu Name:** Marcus 9th w/GSD 2018 Menu - cycle 3 - week 1

**Avg.Method:** Balanced

M53275 MELT BD, AM WG 2.0

2.00 @ 1 sandwich	385.00	11.25	26.30	1320.00	19.50	45.58	32.50	18.50	62.50	2.00	-*	500.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	375.00	-*	2.16
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M51680 BRD: ROLL DG, WG 2.5oz

12.00 @ 1 each	170.00	0.50	2.65	135.00	3.00	15.88	28.00	7.00	0.00	3.40	-*	0.01	-*	-*	-*	0.01	-*	-*	-*	-*	-*	12.70	-*	0.85
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M53659 BURG, Beef AP100% 2.0

2.00 @ 1 each	270.00	3.00	10.00	345.00	10.00	33.33	28.00	17.00	35.00	2.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	40.00	-*	2.52
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M54370 BURG, BLACK BEAN AP WG 2.0

1.00 @ 1 each	300.00	1.00	3.00	710.00	9.00	27.00	42.00	19.00	5.00	7.00	280.00*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	80.00	-*	2.16
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M50717 SDW BD, CHam JK WG 2.0

2.00 @ 1 sandwich	330.00	4.75	12.96	905.00	12.75	34.77	33.50	21.50	75.00	2.00	12.50*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	98.50	-*	2.70
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M53347 SDW BD, SB WG 2.0

1.00 @ 1 sandwich	554.98	3.95	6.41	556.98	33.60	54.49	43.82	19.82	0.00	9.90	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	39.50	-*	5.00
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M50962 SDW BD, SBJ WG 2.0

1.00 @ 1 sandwich	654.64	3.95	5.43	556.98	33.60	46.19	69.74	19.82	0.00	9.90	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	39.50	-*	5.00
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M51734 BRD: BREAD WG, 2sl

2.00 @ 2 slice	160.00	0.00	0.00	320.00	2.00	11.25	30.00	6.00	0.00	2.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	2.16
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M52708 BRD: ROLL DG, Sub 6" WG

2.00 @ 1 roll	170.00	0.50	2.65	180.00	3.00	15.88	28.00	6.00	0.00	3.00	-*	0.01	-*	-*	-*	0.01	-*	-*	-*	-*	-*	13.52	-*	1.45
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M54775 BRD: CROISSANT, SLICED WG

2.00 @ 1 each	243.91	6.47	23.87	253.40	12.05	44.44	29.25	5.44	32.35	0.91	15.14	313.46	0.31	0.00	0.00	2.82	0.25	1.93	0.85	0.00	0.01	15.66	3.96	1.63
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M55179 BRD: CIABATTA, SLICED WG

1.00 @ 1 each	160.00	0.50	2.81	170.00	3.50	19.69	30.00	5.00	0.00	3.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	20.00	-*	1.44
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M66605 BRD: TORTILLA FLOUR 10" WG

1.00 @ 1 each	180.00	1.50	7.50	250.00	4.50	22.50	29.00	5.00	0.00	3.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	100.00	-*	1.44
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M52782 BRD: FLATBREAD 2oz (2BG)

2.00 @ 1 each	180.00	1.00	5.00	310.00	5.00	25.00	28.00	5.00	0.00	2.69	-*	0.07	-*	-*	-*	0.07	-*	-*	-*	-*	-*	22.88	-*	0.83
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M53393 TKY, Breast Sliced 1.0

4.00 @ 1 serving	60.00	0.50	7.50	220.00	2.00	30.00	2.00	9.00	25.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	20.00	-*	0.36
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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Marcus 9th Gr

**Service Area:** Marcus 9th - 9-12 - OVS

**Menu Name:** Marcus 9th w/GSD 2018 Menu - cycle 3 - week 1

**Avg.Method:** Balanced

M53569 CHIX, BLACK FOREST HAM SLICED 1.0

3.00 @ 1 serving	80.00	1.50	16.88	330.00	4.50	50.63	2.00	8.00	40.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	0.00	-*	0.36
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M53894 CHIX DCD GRAPE DELI SALAD W 1.0

2.00 @ 1 No 16 Scoop	97.66	1.13	10.44	137.54	5.20	47.96	3.30	9.31	30.40	0.19	31.50*	37.52	0.00*	0.03*	2.59*	0.48	0.01*	0.01*	0.04*	0.01*	0.00*	3.87	2.52*	0.32
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M52455 FISH, Tuna Deli Salad B 1.0

1.00 @ 1 No 20 Scoop	105.01	1.34	11.46	146.76	7.60	65.14	0.28	7.63	18.49	0.13	19.78*	32.30	0.00*	0.02*	2.16*	0.31	0.00*	0.00*	0.02*	0.01*	0.00*	3.12	1.84*	0.20
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M51005 CHEESE, AM (184ct) Slices 1.0

2.00 @ 3 slice	134.99	6.75	45.00	599.97	10.50	70.00	1.50	7.50	37.50	0.00	-*	299.98	-*	-*	-*	0.00	-*	-*	-*	-*	224.99	-*	0.00
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M53381 CHEESE, CH Slices 1.0

2.00 @ 2 slice	110.01	5.00	40.91	180.01	9.00	73.64	1.00	6.00	30.00	0.00	20.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	199.01	-*	0.00
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M50999 CHEESE, JK Slices 1.0

2.00 @ 2 slice	100.00	5.00	45.00	180.01	8.00	72.00	1.00	7.00	30.00	0.00	25.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	197.01	-*	0.00
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M51003 CHEESE, PV Slices 1.0

2.00 @ 2 slice	100.00	5.00	45.00	250.01	7.00	63.00	1.00	7.00	20.00	0.00	40.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	212.01	-*	0.00
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M51008 VEG: TOMATOES, FrsSI 1/8c(2sl)

5.00 @ 1/8 cup	5.10	0.01	1.40	1.42	0.06	10.00	1.10	0.25	0.00	0.34	67.18	236.14	0.00	0.15	2.24	3.88	0.01	0.01	0.17	0.02	0.00	2.83	6.80	0.08
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M51017 VEG GARN: Rom Leaf 1ea

5.00 @ 1 each	2.41	0.01	2.06	1.13	0.04	15.88	0.47	0.17	0.00	0.30	35.01	1234.63	0.00	0.02	14.53	0.57	0.01	0.01	0.04	0.01	0.00	4.68	4.25	0.14
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M51013 VEG: ONIONS, Red Slice 1ea

5.00 @ 1 slice	2.83	0.00	0.94	0.28	0.01	2.25	0.66	0.08	0.00	0.12	10.35	0.14	0.00	0.00	0.03	0.52	0.00	0.00	0.01	0.01	0.00	1.63	2.06	0.01
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M53388 VEG: MUSHROOM, SlcFrsRstd1/8c

5.00 @ 1/8 cup	4.52	0.01	1.95	0.38	0.06	12.80	0.90	0.31	0.00	0.31	46.78	1.62	0.97	0.01	0.89	0.68	0.01	0.04	0.55	0.02	0.00	3.07	11.59	0.28
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M50892 VEG: PEPPERS, Jalapeno CndTBSP

5.00 @ 1 tablespoon	2.67	0.01	3.23	165.30	0.09	31.33	0.47	0.09	0.00	0.26	19.09	168.17	0.00	0.07	1.28	0.99	0.00	0.00	0.04	0.02	0.00	2.28	1.78	0.19
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M50893 VEG: PEPPERS, Banana Cnd TBSP

5.00 @ 1 tablespoon	1.71	0.00	2.08	203.78	0.02	10.42	0.31	0.07	0.00	0.09	-*	0.00	-*	-*	-*	4.33	-*	-*	-*	-*	0.00	-*	0.03
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M50176 COND\_Pickle, Dill Slice 2ea

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Marcus 9th Gr

**Service Area:** Marcus 9th - 9-12 - OVS

**Menu Name:** Marcus 9th w/GSD 2018 Menu - cycle 3 - week 1

**Avg.Method:** Balanced

5.00 @ 2 slice	1.62	0.01	4.72	162.08	0.05	25.17	0.24	0.06	0.00	0.14	-*	0.00	-*	-*	-*	0.21	-*	-*	-*	-*	-*	8.65	-*	0.05
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M50060 COND\_Mayo W

2.00 @ 1 tablespoon	33.07	0.47	12.86	94.49	3.31	90.00	0.94	0.00	4.72	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M51676 COND\_Mayo, Sriracha W

1.00 @ 1 tablespoon	31.98	0.43	12.14	134.90	3.01	84.59	1.30	0.04	4.29	0.04	3.92*	45.56	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.32	-*	0.02
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M51391 COND\_Mayo, Chipotle W

1.00 @ 1 tablespoon	26.11	0.35	12.21	91.53	2.49	85.73	0.96	0.01	3.54	0.01	0.00*	15.26	-*	-*	-*	0.40	-*	-*	-*	-*	-*	0.00	-*	0.00
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M51427 COND\_Sauce, Bistro SC W

1.00 @ 1 tablespoon	29.10	0.19	5.94	130.76	1.41	43.65	2.32	0.32	1.77	0.34	19.89*	10.07	0.00*	0.04*	6.39*	0.83	0.00*	0.01*	0.05*	0.00*	0.00*	8.86	2.29*	0.21
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M52707 COND\_Dressing, Ranch Homestyle

2.00 @ 1 tablespoon	50.00	0.75	13.50	134.99	5.50	99.00	0.50	0.50	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	10.00	-*	0.00
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M50291 COND\_Mustard, Yellow

2.00 @ 1 tablespoon	9.00	0.01	1.50	181.50	0.37	37.20	0.93	0.47	0.00	0.43	13.36	0.67	-*	-*	-*	0.13	-*	-*	-*	-*	-*	7.51	-*	0.19
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M51259 BRD: CRACK SS, Chz-It WG

10.00 @ 1 package	100.00	1.00	9.00	150.00	3.50	31.50	14.00	2.00	5.00	1.00	-*	500.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	100.00	-*	0.72
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M53419 VEG: POTATO, FF CTINAGEN7 1/2C

10.00 @ 1/2 cup	121.82	1.52	11.25	137.05	4.57	33.75	17.26	2.03	0.00	2.03	-*	0.00	-*	-*	-*	3.65	-*	-*	-*	-*	-*	0.00	-*	0.37
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M53175 VEG: POTATO, Mashed Marg 1/2c

30.00 @ 1/2 cup	95.27	0.82	7.76	100.87	2.90	27.44	15.38	1.71	0.00	0.88	131.00	0.67	0.00*	0.00*	0.20*	10.20	0.00*	0.00*	0.00*	0.00*	0.00*	3.64	0.19*	0.32
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M50186 VEG: BROCCOLI, Fresh 1/2c

10.00 @ 1/2 cup	10.84	0.01	1.03	10.52	0.12	9.79	2.12	0.90	0.00	0.83	100.78	198.68	0.00	0.25	32.40	28.45	0.02	0.04	0.20	0.06	0.00	14.99	21.05	0.23
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M50536 FRUIT: APPLE, 138ct 1/8wg 1/2c

30.00 @ 4 wedge	31.53	0.02	0.50	2.39	0.10	2.95	8.40	0.17	0.00	1.45	67.15	33.13	0.00	0.11	1.32	3.11	0.01	0.02	0.06	0.03	0.00	5.02	6.81	0.07
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M50427 FRUIT: FRUIT MIX w/Jc 1/2c

20.00 @ 1/2 cup	60.01	0.00	0.00	5.00	0.00	0.00	13.00	1.00	0.00	1.00	-*	200.03	-*	-*	-*	1.20	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50980 JUICE SS, Frt Bld 100% 4oz Crt

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Marcus 9th Gr

**Service Area:** Marcus 9th - 9-12 - OVS

**Menu Name:** Marcus 9th w/GSD 2018 Menu - cycle 3 - week 1

**Avg.Method:** Balanced

50.00 @ 1 each	60.00	0.00	0.00	10.00	0.00	0.00	14.00	0.00	0.00	0.00	100.00	0.00	-*	-*	-*	3.60	-*	-*	-*	-*	-*	0.00	-*	0.00
M51645 DESRT: COOKIE Carnival 1.0ozWG																								
75.00 @ 1 cookie	110.00	1.00	8.18	85.00	3.50	28.64	18.00	1.00	5.00	1.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.72
M53465 MILK SS, 1% WHITE 8 FLOZ																								
20.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00
M51096 MILK SS, SKIM CHOCOLATE 8 FLOZ																								
60.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00
M53222 COND PC Margarine 5g																								
25.00 @ 1 each	30.00	1.00	30.00	30.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	500.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50855 COND PC Ketchup 9g Heinz																								
100.00 @ 1 each	10.00	0.00	0.00	85.00	0.00	0.00	3.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50055 COND PC Mayonnaise 12g																								
25.00 @ 1 each	80.00	1.50	16.87	75.00	8.00	90.00	1.00	0.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50284 COND PC Mustard 6g																								
25.00 @ 1 each	0.00	0.00	-	65.00	0.00	-	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50685 COND_DRESSING, VINAIGRETTE BALSAMIC																								
1.00 @ 1 tablespoon	30.00	0.25	7.50	95.00	2.50	75.00	2.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50623 COND PC Drsg Italian 12g																								
15.00 @ 1 each	30.00	0.00	0.00	130.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	100.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50624 COND PC Drsg Ranch 12g																								
75.00 @ 1 each	50.00	0.00	0.00	100.00	5.00	90.00	1.00	0.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50056 COND PC Sauce, Taco 9g																								
15.00 @ 1 each	5.00	0.00	0.00	55.00	0.00	0.00	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50287 COND PC Sauce, BBQ 12g																								
15.00 @ 1 each	15.00	0.00	0.00	160.00	0.00	0.00	4.00	0.00	0.00	0.00	-*	100.00	-*	-*	-*	0.60	-*	-*	-*	-*	-*	0.00	-*	0.00
<b>Average</b>	662.17	6.01	8.16	1081.93	23.89	32.46	84.74	24.69	40.01	5.5	139.65*	1042.61	.05*	.08*	4.84*	13.31	.01*	.05*	.12*	.02*	0*	420.48	6.83*	2.68

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Marcus 9th Gr

**Service Area:** Marcus 9th - 9-12 - OVS

**Menu Name:** Marcus 9th w/GSD 2018 Menu - cycle 3 - week 1

**Avg.Method:** Balanced

**Age Group:** Brkfst Grades K-12      **Period:** Breakfast      **Week:** 1      **Day:** Tuesday      **Count Type:** Forecasted      **Total No. of Customers:** 35

Weekly Std.	CAL	SFA		Na	Fat		CHO	Pro	Chol	Fiber	K	Vit A	Vit D	Vit E	Vit K	Vit C	Vit B1	Vit B2	Vit B3	Vit B6	Vit B12	Ca	P	Fe
	(kcal)	(g)	% of CAL	(mg)	(g)	% of CAL	(g)	(g)	(mg)	(g)	(mg)	(IU)	(IU)	(mg)	(mcg)	(mg)	(mg)	(mg)	(mg)	(mcg)	(mg)	(mg)	(mg)	
	450.00-500.00		10.00	540.00																		0.00		

M52227 BRD: ROLL DG, CINORGGLZ SS 2.6OZ

16.00 @ 1 each	195.90	0.50	2.30	135.32	1.00	4.60	42.63	5.01	5.00	2.99	0.13*	261.00	0.00*	0.00*	0.00*	0.95	0.00*	0.00*	0.00*	0.00*	0.00*	23.87	0.00*	1.67
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M66480 ENT: TORT ROLL 6" EGG SS CH BAC WG 0.75

30.00 @ 1 each	178.56	4.23	21.30	358.96	9.02	45.49	15.84	8.76	57.96	1.00	0.00*	242.25	-*	-*	-*	1.81	-*	-*	-*	-*	-*	171.31	-*	1.03
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M50439 CEREAL BWL, Cheerios WG

1.00 @ 1 bowl	100.00	0.50	4.50	140.00	2.00	18.00	20.00	3.00	0.00	3.00	-*	500.01	-*	-*	-*	6.00	-*	-*	-*	-*	-*	100.00	-*	8.10
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M50208 CEREAL BWL, CinnTstCrnch RS WG

3.00 @ 1 bowl	110.00	0.50	4.09	160.00	3.00	24.54	22.00	1.00	0.00	3.00	-*	400.01	-*	-*	-*	4.80	-*	-*	-*	-*	-*	200.01	-*	3.60
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M50442 CEREAL BWL, Cocoa Puffs RS WG

3.00 @ 1 bowl	110.05	0.00	0.00	160.08	1.50	12.27	25.01	2.00	0.00	2.00	-*	500.25	-*	-*	-*	6.00	-*	-*	-*	-*	-*	100.05	-*	4.50
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M52726 BRD: BAR, Cereal FrtyCh WG IW

2.00 @ 1 each	150.00	0.50	3.00	95.00	3.50	21.00	29.00	3.00	0.00	3.00	-*	200.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	200.00	-*	1.80
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M50843 FRUIT: STRAWBERRIES, Frsh 1/2c

19.00 @ 1/2 cup	24.57	0.01	0.42	0.77	0.23	8.44	5.90	0.51	0.00	1.54	117.47	9.21	0.00	0.22	1.69	45.14	0.02	0.02	0.30	0.04	0.00	12.28	18.43	0.31
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M52794 FRUIT: ORANGE Mand w/Syr 1/2c

16.00 @ 1/2 cup	75.88	0.00	0.00	9.49	0.00	0.00	17.07	0.95	0.00	0.95	-*	189.70	-*	-*	-*	11.38	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50980 JUICE SS, Frt Bld 100% 4oz Crt

23.00 @ 1 each	60.00	0.00	0.00	10.00	0.00	0.00	14.00	0.00	0.00	0.00	100.00	0.00	-*	-*	-*	3.60	-*	-*	-*	-*	-*	0.00	-*	0.00
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M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50

9.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00
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M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50

27.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00
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M53222 COND PC Margarine 5g

5.00 @ 1 each	30.00	1.00	30.00	30.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	500.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Marcus 9th Gr

**Service Area:** Marcus 9th - 9-12 - OVS

**Menu Name:** Marcus 9th w/GSD 2018 Menu - cycle 3 - week 1

**Avg.Method:** Balanced

M53221 COND PC Jelly, Grape Smucker

1.00 @ 1 each	35.00	0.00	0.00	5.00	0.00	0.00	9.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50056 COND PC Sauce, Taco 9g

2.00 @ 1 each	5.00	0.00	0.00	55.00	0.00	0.00	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50058 COND PC Syrup 1.4oz Smuckers

2.00 @ 1 each	110.00	0.00	0.00	25.00	0.00	0.00	29.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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<b>Average</b>	493.07	4.47	8.16	599.02	10.03	18.31	80.27	19.25	58.39	4.18	129.54*	1107.28	0*	.12*	.92*	36.77	.01*	.01*	.16*	.02*	0*	513	10*	2.85
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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Marcus 9th Gr

**Service Area:** Marcus 9th - 9-12 - OVS

**Menu Name:** Marcus 9th w/GSD 2018 Menu - cycle 3 - week 1

**Avg.Method:** Balanced

**Age Group:** Lunch Grades 9-12

**Period:** Lunch

**Week:** 1

**Day:** Tuesday

**Count Type:** Forecasted

**Total No. of Customers:** 223

Weekly Std.	CAL	SFA (g)	% of CAL	Na (mg)	Fat (g)	% of CAL	CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)
	750.00-850.00		10.00	1420.00																		224.99		

M51114 PASTA, Rotini WG 1c

20.00 @ 1 cup	202.45	0.14	0.64	14.19	2.66	11.83	40.50	7.09	0.00	5.06	298.33*	0.00	0.00*	0.00*	0.00*	0.00	0.00*	0.00*	0.00*	0.00*	0.00*	0.00*	34.44	0.00*	2.73
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M66194 SAUCE P, TOM SC BEEF SC 2.0

20.00 @ 3/4 cup	182.35	3.34	16.46	58.40	8.99	44.37	8.36	17.19	50.44	1.95	242.18*	514.32	1.13*	0.07*	1.12*	20.18	0.03*	0.11*	3.59*	0.25*	1.59*	29.57	137.22*	2.65
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M53948 SALAD, CHIXDCD CAES SCSC 2.0

5.00 @ 1 each	223.56	3.66	14.75	359.44	9.71	39.09	11.60	22.19	53.75	1.41	110.31*	3353.95	0.00*	0.09*	38.85*	1.51	0.03*	0.03*	0.13*	0.03*	0.00*	173.87	12.28*	1.64
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M53360 COND\_DRESSING, CAESAR CREAMY (KEN'S ESSENTIALS)

5.00 @ 1 tablespoon	75.00	1.25	15.00	135.00	8.00	96.00	0.50	0.50	0.00	0.00	-*	50.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	10.00	-*	0.00
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M51680 BRD: ROLL DG, WG 2.5oz

5.00 @ 1 each	170.00	0.50	2.65	135.00	3.00	15.88	28.00	7.00	0.00	3.40	-*	0.01	-*	-*	-*	0.01	-*	-*	-*	-*	-*	12.70	-*	0.85
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M52043 PIZZA HUT PIZZA 6" EXPRESS CHZ SS 2.25

42.00 @ 1 pizza	374.18	4.99	12.01	685.27	13.41	32.25	38.44	24.92	24.70	4.27	-*	692.07	-*	-*	-*	5.36	-*	-*	-*	-*	-*	410.71	-*	2.57
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M53931 PIZZA HUT PIZZA 6" EXPRESS PEPP SS 2.0

72.00 @ 1 pizza	385.19	5.31	12.42	711.32	14.98	35.01	38.49	24.17	27.17	4.35	-*	662.85	-*	-*	-*	5.43	-*	-*	-*	-*	-*	354.34	-*	2.65
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M54307 PIZZA HUT PIZZA 6" EXPRESS SSG SS 2.25

17.00 @ 1 pizza	439.08	7.15	14.66	836.54	20.45	41.92	38.35	25.40	37.42	4.27	-*	689.00	-*	-*	-*	5.36	-*	-*	-*	-*	-*	356.37	-*	2.86
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M54310 PIZZA HUT PIZZA 6" EXPRESS BBQ CHIX SS 2.25

11.00 @ 1 pizza	400.94	4.66	10.46	805.79	13.17	29.57	42.83	27.77	38.53	4.36	-*	667.19	-*	-*	-*	5.81	-*	-*	-*	-*	-*	350.99	-*	2.67
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M54521 PIZZA HUT COND PC PEPPER RED CRUSHED 1G

9.00 @ 1 each	5.00	0.00	0.00	0.00	0.00	0.00	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M54520 PIZZA HUT COND PC CHEESE GRATED 2.5G

29.00 @ 1 each	10.00	0.00	0.00	50.00	1.00	90.00	0.00	1.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50533 SDW BN, CHIXFLT ASNSLAW WG 2.0 MWWW

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Marcus 9th Gr

**Service Area:** Marcus 9th - 9-12 - OVS

**Menu Name:** Marcus 9th w/GSD 2018 Menu - cycle 3 - week 1

**Avg.Method:** Balanced

6.00 @ 1 sandwich	256.11	1.08	3.80	550.23	6.11	21.47	30.55	20.07	40.79	2.52	16.13*	148.79	0.00*	0.08*	0.23*	6.40	0.00*	0.00*	0.05*	0.02*	0.00*	41.33	1.69*	2.20
M51680 BRD: ROLL DG, WG 2.5oz																								
68.00 @ 1 each	170.00	0.50	2.65	135.00	3.00	15.88	28.00	7.00	0.00	3.40	-*	0.01	-*	-*	-*	0.01	-*	-*	-*	-*	-*	12.70	-*	0.85
M53659 BURG, Beef AP100% 2.0																								
5.00 @ 1 each	270.00	3.00	10.00	345.00	10.00	33.33	28.00	17.00	35.00	2.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	40.00	-*	2.52
M54370 BURG, BLACK BEAN AP WG 2.0																								
1.00 @ 1 each	300.00	1.00	3.00	710.00	9.00	27.00	42.00	19.00	5.00	7.00	280.00*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	80.00	-*	2.16
M66670 PANINI, CHIXDCD CH APL BBQ WG 2.0																								
3.00 @ 1 each	401.52	5.16	11.57	588.33	13.08	29.31	47.71	22.14	55.35	4.03	47.63*	0.45	0.00*	0.00*	0.11*	3.28	0.01*	0.01*	0.04*	0.03*	0.00*	204.49	7.93*	2.12
M53347 SDW BD, SB WG 2.0																								
1.00 @ 1 sandwich	554.98	3.95	6.41	556.98	33.60	54.49	43.82	19.82	0.00	9.90	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	39.50	-*	5.00
M51734 BRD: BREAD WG, 2sl																								
1.00 @ 2 slice	160.00	0.00	0.00	320.00	2.00	11.25	30.00	6.00	0.00	2.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	2.16
M52708 BRD: ROLL DG, Sub 6" WG																								
12.00 @ 1 roll	170.00	0.50	2.65	180.00	3.00	15.88	28.00	6.00	0.00	3.00	-*	0.01	-*	-*	-*	0.01	-*	-*	-*	-*	-*	13.52	-*	1.45
M54775 BRD: CROISSANT, SLICED WG																								
3.00 @ 1 each	243.91	6.47	23.87	253.40	12.05	44.44	29.25	5.44	32.35	0.91	15.14	313.46	0.31	0.00	0.00	2.82	0.25	1.93	0.85	0.00	0.01	15.66	3.96	1.63
M66605 BRD: TORTILLA FLOUR 10" WG																								
6.00 @ 1 each	180.00	1.50	7.50	250.00	4.50	22.50	29.00	5.00	0.00	3.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	100.00	-*	1.44
M52782 BRD: FLATBREAD 2oz (2BG)																								
8.00 @ 1 each	180.00	1.00	5.00	310.00	5.00	25.00	28.00	5.00	0.00	2.69	-*	0.07	-*	-*	-*	0.07	-*	-*	-*	-*	-*	22.88	-*	0.83
M53393 TKY, Breast Sliced 1.0																								
14.00 @ 1 serving	60.00	0.50	7.50	220.00	2.00	30.00	2.00	9.00	25.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	20.00	-*	0.36
M53569 CHIX, BLACK FOREST HAM SLICED 1.0																								
15.00 @ 1 serving	80.00	1.50	16.88	330.00	4.50	50.63	2.00	8.00	40.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.36
M52455 FISH, Tuna Deli Salad B 1.0																								
1.00 @ 1 No 20 Scoop	105.01	1.34	11.46	146.76	7.60	65.14	0.28	7.63	18.49	0.13	19.78*	32.30	0.00*	0.02*	2.16*	0.31	0.00*	0.00*	0.02*	0.01*	0.00*	3.12	1.84*	0.20
M51005 CHEESE, AM (184ct) Slices 1.0																								

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Marcus 9th Gr

**Service Area:** Marcus 9th - 9-12 - OVS

**Menu Name:** Marcus 9th w/GSD 2018 Menu - cycle 3 - week 1

**Avg.Method:** Balanced

4.00 @ 3 slice	134.99	6.75	45.00	599.97	10.50	70.00	1.50	7.50	37.50	0.00	-*	299.98	-*	-*	-*	0.00	-*	-*	-*	-*	-*	224.99	-*	0.00
<b>M53381 CHEESE, CH Slices 1.0</b>																								
10.00 @ 2 slice	110.01	5.00	40.91	180.01	9.00	73.64	1.00	6.00	30.00	0.00	20.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	199.01	-*	0.00
<b>M50999 CHEESE, JK Slices 1.0</b>																								
7.00 @ 2 slice	100.00	5.00	45.00	180.01	8.00	72.00	1.00	7.00	30.00	0.00	25.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	197.01	-*	0.00
<b>M51003 CHEESE, PV Slices 1.0</b>																								
3.00 @ 2 slice	100.00	5.00	45.00	250.01	7.00	63.00	1.00	7.00	20.00	0.00	40.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	212.01	-*	0.00
<b>M51017 VEG GARN: Rom Leaf 1ea</b>																								
39.00 @ 1 each	2.41	0.01	2.06	1.13	0.04	15.88	0.47	0.17	0.00	0.30	35.01	1234.63	0.00	0.02	14.53	0.57	0.01	0.01	0.04	0.01	0.00	4.68	4.25	0.14
<b>M51013 VEG: ONIONS, Red Slice 1ea</b>																								
4.00 @ 1 slice	2.83	0.00	0.94	0.28	0.01	2.25	0.66	0.08	0.00	0.12	10.35	0.14	0.00	0.00	0.03	0.52	0.00	0.00	0.01	0.01	0.00	1.63	2.06	0.01
<b>M50892 VEG: PEPPERS, Jalapeno CndTBSP</b>																								
5.00 @ 1 tablespoon	2.67	0.01	3.23	165.30	0.09	31.33	0.47	0.09	0.00	0.26	19.09	168.17	0.00	0.07	1.28	0.99	0.00	0.00	0.04	0.02	0.00	2.28	1.78	0.19
<b>M50893 VEG: PEPPERS, Banana Cnd TBSP</b>																								
2.00 @ 1 tablespoon	1.71	0.00	2.08	203.78	0.02	10.42	0.31	0.07	0.00	0.09	-*	0.00	-*	-*	-*	4.33	-*	-*	-*	-*	-*	0.00	-*	0.03
<b>M50176 COND_Pickle, Dill Slice 2ea</b>																								
4.00 @ 2 slice	1.62	0.01	4.72	162.08	0.05	25.17	0.24	0.06	0.00	0.14	-*	0.00	-*	-*	-*	0.21	-*	-*	-*	-*	-*	8.65	-*	0.05
<b>M50060 COND_Mayo W</b>																								
10.00 @ 1 tablespoon	33.07	0.47	12.86	94.49	3.31	90.00	0.94	0.00	4.72	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
<b>M51676 COND_Mayo, Sriracha W</b>																								
5.00 @ 1 tablespoon	31.98	0.43	12.14	134.90	3.01	84.59	1.30	0.04	4.29	0.04	3.92*	45.56	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.32	-*	0.02
<b>M51391 COND_Mayo, Chipotle W</b>																								
10.00 @ 1 tablespoon	26.11	0.35	12.21	91.53	2.49	85.73	0.96	0.01	3.54	0.01	0.00*	15.26	-*	-*	-*	0.40	-*	-*	-*	-*	-*	0.00	-*	0.00
<b>M52707 COND_Dressing, Ranch Homestyle</b>																								
10.00 @ 1 tablespoon	50.00	0.75	13.50	134.99	5.50	99.00	0.50	0.50	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	10.00	-*	0.00
<b>M50291 COND_Mustard, Yellow</b>																								

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Marcus 9th Gr

**Service Area:** Marcus 9th - 9-12 - OVS

**Menu Name:** Marcus 9th w/GSD 2018 Menu - cycle 3 - week 1

**Avg.Method:** Balanced

3.00 @ 1 tablespoon	9.00	0.01	1.50	181.50	0.37	37.20	0.93	0.47	0.00	0.43	13.36	0.67	-*	-*	-*	0.13	-*	-*	-*	-*	-*	7.51	-*	0.19
M50348 BRD: CRACK SS, GOLDFISH CHEDDAR .75OZWG																								
20.00 @ 1 package	100.00	0.50	4.50	170.00	4.00	36.00	14.00	2.00	0.00	1.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	20.00	-*	0.72
M51731 VEG: POTATO SWT, FF CRINK 1/2C																								
46.00 @ 1/2 cup	148.25	0.00	0.00	116.48	4.77	28.93	23.30	1.06	0.00	3.18	-*	3176.86	-*	-*	-*	6.35	-*	-*	-*	-*	-*	21.18	-*	0.38
M51731 VEG: POTATO SWT, FF CRINK 1/2C																								
52.00 @ 1/2 cup	148.25	0.00	0.00	116.48	4.77	28.93	23.30	1.06	0.00	3.18	-*	3176.86	-*	-*	-*	6.35	-*	-*	-*	-*	-*	21.18	-*	0.38
M50843 FRUIT: STRAWBERRIES, Frsh 1/2c																								
36.00 @ 1/2 cup	24.57	0.01	0.42	0.77	0.23	8.44	5.90	0.51	0.00	1.54	117.47	9.21	0.00	0.22	1.69	45.14	0.02	0.02	0.30	0.04	0.00	12.28	18.43	0.31
M52268 FRUIT: PEACHES Dice w/Jc 1/2c																								
64.00 @ 1/2 cup	50.83	0.00	0.00	10.17	0.00	0.00	12.20	0.00	0.00	0.00	182.98	304.97	-*	-*	-*	1.22	-*	-*	-*	-*	-*	0.00	-*	0.00
M50979 JUICE SS, Apple 100% 4oz Cart																								
71.00 @ 1 each	60.00	0.00	0.00	15.00	0.00	0.00	14.00	0.00	0.00	0.00	85.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50																								
44.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00
M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50																								
149.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00
M53222 COND PC Margarine 5g																								
30.00 @ 1 each	30.00	1.00	30.00	30.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	500.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50855 COND PC Ketchup 9g Heinz																								
229.00 @ 1 each	10.00	0.00	0.00	85.00	0.00	0.00	3.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50055 COND PC Mayonnaise 12g																								
46.00 @ 1 each	80.00	1.50	16.87	75.00	8.00	90.00	1.00	0.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50284 COND PC Mustard 6g																								
11.00 @ 1 each	0.00	0.00	-	65.00	0.00	-	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50685 COND_DRESSING, VINAIGRETTE BALSAMIC																								
1.00 @ 1 tablespoon	30.00	0.25	7.50	95.00	2.50	75.00	2.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Marcus 9th Gr

**Service Area:** Marcus 9th - 9-12 - OVS

**Menu Name:** Marcus 9th w/GSD 2018 Menu - cycle 3 - week 1

**Avg.Method:** Balanced

M50623 COND PC Drsg Italian 12g

13.00 @ 1 each	30.00	0.00	0.00	130.00	3.00	90.00	0.00	0.00	0.00	0.00	0.00	-*	100.00	-*	-*	-*	0.00	-*	-*	-*	-*	0.00	-*	0.00
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M50624 COND PC Drsg Ranch 12g

113.00 @ 1 each	50.00	0.00	0.00	100.00	5.00	90.00	1.00	0.00	5.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	0.00	-*	0.00
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M50056 COND PC Sauce, Taco 9g

19.00 @ 1 each	5.00	0.00	0.00	55.00	0.00	0.00	1.00	0.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	0.00	-*	0.00
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M50287 COND PC Sauce, BBQ 12g

80.00 @ 1 each	15.00	0.00	0.00	160.00	0.00	0.00	4.00	0.00	0.00	0.00	0.00	-*	100.00	-*	-*	-*	0.60	-*	-*	-*	-*	0.00	-*	0.00
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M54273 BRD: MUF AP, CORN 4OZ WG (2.25BG)

11.00 @ 1 muffin	380.03	3.00	7.11	390.03	12.00	28.42	60.01	8.00	80.01	3.00	0.00	-*	200.02	-*	-*	-*	0.00	-*	-*	-*	-*	40.00	-*	1.80
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**Average**

	717.09	6.12	7.68	1162.25	23.85	29.94	90.16	33.01	48.73	7.08	161.34*	2824.11	.11*	.05*	3.83*	17.68	.01*	.04*	.4*	.03*	.14*	559.58	16.59*	3.29
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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Marcus 9th Gr

**Service Area:** Marcus 9th - 9-12 - OVS

**Menu Name:** Marcus 9th w/GSD 2018 Menu - cycle 3 - week 1

**Avg.Method:** Balanced

**Age Group:** Brkfst Grades K-12      **Period:** Breakfast      **Week:** 1      **Day:** Wednesday      **Count Type:** Forecasted      **Total No. of Customers:** 40

Weekly Std.	CAL	SFA		Na	Fat		CHO	Pro	Chol	Fiber	K	Vit A	Vit D	Vit E	Vit K	Vit C	Vit B1	Vit B2	Vit B3	Vit B6	Vit B12	Ca	P	Fe
		(g)	% of CAL	(mg)	(g)	% of CAL	(g)	(g)	(mg)	(g)	(mg)	(IU)	(IU)	(mg)	(mcg)	(mg)	(mg)	(mg)	(mg)	(mg)	(mcg)	(mg)	(mg)	(mg)
	450.00-500.00		10.00	540.00																		300.00		

M52893 BRD: DONUT, Glaze Vanilla WG

18.00 @ 1 each	335.14	7.00	18.80	300.36	16.00	42.97	44.14	5.00	0.00	2.81	0.31*	9.50	0.00*	0.00*	0.00*	0.00	0.00*	0.00*	0.00*	0.00*	0.00*	0.00*	0.00*	14.19	0.00*	0.71
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M52695 CHEESE, MZ String LF 1ea 1.0

18.00 @ 1 stick	60.00	2.00	30.00	200.01	3.00	45.00	1.00	7.00	10.00	0.00	0.00	200.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	200.01	-*	0.00
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M51108 EGG: Omelet CH AP 2.0

24.00 @ 1 each	130.00	3.50	24.23	280.00	11.00	76.16	1.00	7.00	170.00	0.00	-*	300.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	80.00	-*	0.72
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M51630 CHIX Sausage Patty 1ea 1.0

24.00 @ 1 patty	100.00	1.50	13.50	250.00	6.00	54.00	1.00	11.00	40.00	0.00	0.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.72
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M51237 BRD: BREAD WG, Tst Marg 1sl

24.00 @ 1 slice	110.00	1.33	10.91	160.00	4.33	35.45	15.00	3.00	0.00	1.00	1.33*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	1.08
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M50205 CEREAL HOT, Oatmeal (2BG)

1.00 @ 1 cup	212.61	0.71	3.00	6.51	4.25	18.00	38.27	7.09	0.00	5.67	2.17*	0.00	0.00*	0.00*	0.00*	0.00	0.00*	0.00*	0.00*	0.00*	0.00*	0.00*	0.00*	6.51	0.00*	2.55
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M50209 COND\_Sugar, Cinnamon

1.00 @ 1 tablespoon	45.52	0.00	0.03	0.15	0.00	0.09	11.83	0.02	0.00	0.21	1.90	1.14	0.00	0.01	0.12	0.01	0.00	0.00	0.01	0.00	0.00	0.00	0.00	3.99	0.25	0.04
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M50439 CEREAL BWL, Cheerios WG

1.00 @ 1 bowl	100.00	0.50	4.50	140.00	2.00	18.00	20.00	3.00	0.00	3.00	-*	500.01	-*	-*	-*	6.00	-*	-*	-*	-*	-*	100.00	-*	8.10
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M50208 CEREAL BWL, CinnTstCrnch RS WG

1.00 @ 1 bowl	110.00	0.50	4.09	160.00	3.00	24.54	22.00	1.00	0.00	3.00	-*	400.01	-*	-*	-*	4.80	-*	-*	-*	-*	-*	200.01	-*	3.60
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M50442 CEREAL BWL, Cocoa Puffs RS WG

1.00 @ 1 bowl	110.05	0.00	0.00	160.08	1.50	12.27	25.01	2.00	0.00	2.00	-*	500.25	-*	-*	-*	6.00	-*	-*	-*	-*	-*	100.05	-*	4.50
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M50524 CEREAL BWL, Lucky Charms WG

3.00 @ 1 bowl	110.00	0.00	0.00	180.00	1.00	8.18	23.00	2.00	0.00	2.00	-*	500.01	-*	-*	-*	6.00	-*	-*	-*	-*	-*	100.00	-*	4.50
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M52728 BRD: BAR, Cereal TeamCh WG IW

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Marcus 9th Gr

**Service Area:** Marcus 9th - 9-12 - OVS

**Menu Name:** Marcus 9th w/GSD 2018 Menu - cycle 3 - week 1

**Avg.Method:** Balanced

1.00 @ 1 each	150.00	0.50	3.00	85.00	3.50	21.00	30.00	2.00	0.00	3.00	-*	100.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	200.00	-*	4.50	
M52695 CHEESE, MZ String LF 1ea 1.0																									
4.00 @ 1 stick	60.00	2.00	30.00	200.01	3.00	45.00	1.00	7.00	10.00	0.00	0.00	200.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	200.01	-*	0.00	
M50429 FRUIT: CANTALOUPE, Fresh 1/2c																									
22.00 @ 1/2 cup	25.70	0.04	1.35	12.10	0.14	5.03	6.17	0.63	0.00	0.68	201.84	2556.59	0.00	0.04	1.89	27.74	0.03	0.01	0.55	0.05	0.00	6.80	11.34	0.16	
M50793 FRUIT: APPLESAUCE, AP 1/2c																									
14.00 @ 1/2 cup	91.96	0.00	0.00	10.22	0.00	0.00	22.48	0.00	0.00	2.04	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00	
M50982 JUICE SS, ORANGE 100% 4 FLOZ																									
16.00 @ 1 each	51.44	0.00	0.00	15.43	0.00	0.00	12.35	1.03	0.00	0.00	-*	0.00	-*	-*	-*	43.21	-*	-*	-*	-*	-*	0.00	-*	0.00	
M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50																									
10.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00	
M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50																									
25.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00	
M53221 COND PC Jelly, Grape Smucker																									
1.00 @ 1 each	35.00	0.00	0.00	5.00	0.00	0.00	9.00	0.00	0.00	0.00	0.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00	
M50056 COND PC Sauce, Taco 9g																									
1.00 @ 1 each	5.00	0.00	0.00	55.00	0.00	0.00	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00	
<b>Average</b>	584.67	8.5	13.09	849.36	22.79	35.07	68.22	26.99	137.13	3.53	112.05*	2212.94	0*	.02*	1.04*	34.79	.02*	.01*	.31*	.03*	0*	453.4	6.24*	2.84	

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Marcus 9th Gr

**Service Area:** Marcus 9th - 9-12 - OVS

**Menu Name:** Marcus 9th w/GSD 2018 Menu - cycle 3 - week 1

**Avg.Method:** Balanced

**Age Group:** Lunch Grades 9-12      **Period:** Lunch      **Week:** 1      **Day:** Wednesday      **Count Type:** Forecasted      **Total No. of Customers:** 217

Weekly Std.	CAL	SFA (g)	% of CAL	Na (mg)	Fat (g)	% of CAL	CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)
	750.00-850.00			10.00	1420.00																		30.63	

M55226 MELT SUB AP, CHIXMTBL CH BBQ WG 2.0

15.00 @ 1 sandwich	369.47	5.01	12.20	669.49	15.22	37.08	41.05	21.83	55.00	4.01	37.67*	216.17	0.00*	0.00*	0.11*	2.42	0.01*	0.01*	0.04*	0.03*	0.00*	172.77	7.93*	2.67
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M51247 SALAD, Veg MZ Frt SC W 2.0sum

5.00 @ 1 each	187.74	4.08	19.57	409.28	6.37	30.54	19.37	14.93	20.00	2.68	250.40	3770.52	0.00*	0.26*	46.28*	7.41	0.08*	0.07*	0.32*	0.10*	0.00*	425.40	23.08*	0.57
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M52188 BRD: ROLL AP, PRETZEL 2.2oz WG

5.00 @ 1 each	160.00	1.00	5.62	40.00	2.50	14.06	29.00	5.00	0.00	3.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	20.00	-*	1.80
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M52043 PIZZA HUT PIZZA 6" EXPRESS CHZ SS 2.25

44.00 @ 1 pizza	374.18	4.99	12.01	685.27	13.41	32.25	38.44	24.92	24.70	4.27	-*	692.07	-*	-*	-*	5.36	-*	-*	-*	-*	-*	410.71	-*	2.57
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M53931 PIZZA HUT PIZZA 6" EXPRESS PEPP SS 2.0

70.00 @ 1 pizza	385.19	5.31	12.42	711.32	14.98	35.01	38.49	24.17	27.17	4.35	-*	662.85	-*	-*	-*	5.43	-*	-*	-*	-*	-*	354.34	-*	2.65
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M54307 PIZZA HUT PIZZA 6" EXPRESS SSG SS 2.25

16.00 @ 1 pizza	439.08	7.15	14.66	836.54	20.45	41.92	38.35	25.40	37.42	4.27	-*	689.00	-*	-*	-*	5.36	-*	-*	-*	-*	-*	356.37	-*	2.86
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M54310 PIZZA HUT PIZZA 6" EXPRESS BBQ CHIX SS 2.25

11.00 @ 1 pizza	400.94	4.66	10.46	805.79	13.17	29.57	42.83	27.77	38.53	4.36	-*	667.19	-*	-*	-*	5.81	-*	-*	-*	-*	-*	350.99	-*	2.67
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M54521 PIZZA HUT COND PC PEPPER RED CRUSHED 1G

6.00 @ 1 each	5.00	0.00	0.00	0.00	0.00	0.00	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M54520 PIZZA HUT COND PC CHEESE GRATED 2.5G

26.00 @ 1 each	10.00	0.00	0.00	50.00	1.00	90.00	0.00	1.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M54156 BURG, BEEF ONJALPEP GARMAYOW AP 100% WG 2.0

2.00 @ 1 each	328.82	3.56	9.75	510.31	14.00	38.32	33.55	17.61	39.73	2.68	66.71*	143.00	0.00*	0.08*	0.68*	2.19	0.02*	0.01*	0.08*	0.05*	0.00*	49.27	12.98*	2.73
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M53275 MELT BD, AM WG 2.0

1.00 @ 1 sandwich	385.00	11.25	26.30	1320.00	19.50	45.58	32.50	18.50	62.50	2.00	-*	500.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	375.00	-*	2.16
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M51680 BRD: ROLL DG, WG 2.5oz

\* Some values for this nutrient are unavailable; the number listed is incomplete.

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Marcus 9th Gr

**Service Area:** Marcus 9th - 9-12 - OVS

**Menu Name:** Marcus 9th w/GSD 2018 Menu - cycle 3 - week 1

**Avg.Method:** Balanced

53.00 @ 1 each	170.00	0.50	2.65	135.00	3.00	15.88	28.00	7.00	0.00	3.40	-*	0.01	-*	-*	-*	0.01	-*	-*	-*	-*	-*	12.70	-*	0.85
M53659 BURG, Beef AP100% 2.0																								
5.00 @ 1 each	270.00	3.00	10.00	345.00	10.00	33.33	28.00	17.00	35.00	2.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	40.00	-*	2.52
M50265 SDW FB, Tky Mush SW 2.0																								
1.00 @ 1 each	464.53	8.01	15.52	860.39	26.06	50.50	31.90	23.31	60.00	3.00	66.79*	1.69	0.97*	0.01*	0.89*	0.75	0.01*	0.04*	0.55*	0.02*	0.00*	314.95	11.59*	1.47
M50962 SDW BD, SBJ WG 2.0																								
2.00 @ 1 sandwich	654.64	3.95	5.43	556.98	33.60	46.19	69.74	19.82	0.00	9.90	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	39.50	-*	5.00
M52708 BRD: ROLL DG, Sub 6" WG																								
21.00 @ 1 roll	170.00	0.50	2.65	180.00	3.00	15.88	28.00	6.00	0.00	3.00	-*	0.01	-*	-*	-*	0.01	-*	-*	-*	-*	-*	13.52	-*	1.45
M54775 BRD: CROISSANT, SLICED WG																								
3.00 @ 1 each	243.91	6.47	23.87	253.40	12.05	44.44	29.25	5.44	32.35	0.91	15.14	313.46	0.31	0.00	0.00	2.82	0.25	1.93	0.85	0.00	0.01	15.66	3.96	1.63
M66605 BRD: TORTILLA FLOUR 10" WG																								
6.00 @ 1 each	180.00	1.50	7.50	250.00	4.50	22.50	29.00	5.00	0.00	3.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	100.00	-*	1.44
M52782 BRD: FLATBREAD 2oz (2BG)																								
6.00 @ 1 each	180.00	1.00	5.00	310.00	5.00	25.00	28.00	5.00	0.00	2.69	-*	0.07	-*	-*	-*	0.07	-*	-*	-*	-*	-*	22.88	-*	0.83
M53393 TKY, Breast Sliced 1.0																								
15.00 @ 1 serving	60.00	0.50	7.50	220.00	2.00	30.00	2.00	9.00	25.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	20.00	-*	0.36
M53569 CHIX, BLACK FOREST HAM SLICED 1.0																								
20.00 @ 1 serving	80.00	1.50	16.88	330.00	4.50	50.63	2.00	8.00	40.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.36
M53894 CHIX DCD GRAPE DELI SALAD W 1.0																								
1.00 @ 1 No 16 Scoop	97.66	1.13	10.44	137.54	5.20	47.96	3.30	9.31	30.40	0.19	31.50*	37.52	0.00*	0.03*	2.59*	0.48	0.01*	0.01*	0.04*	0.01*	0.00*	3.87	2.52*	0.32
M51005 CHEESE, AM (184ct) Slices 1.0																								
6.00 @ 3 slice	134.99	6.75	45.00	599.97	10.50	70.00	1.50	7.50	37.50	0.00	-*	299.98	-*	-*	-*	0.00	-*	-*	-*	-*	-*	224.99	-*	0.00
M53381 CHEESE, CH Slices 1.0																								
11.00 @ 2 slice	110.01	5.00	40.91	180.01	9.00	73.64	1.00	6.00	30.00	0.00	20.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	199.01	-*	0.00
M50999 CHEESE, JK Slices 1.0																								
8.00 @ 2 slice	100.00	5.00	45.00	180.01	8.00	72.00	1.00	7.00	30.00	0.00	25.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	197.01	-*	0.00
M51003 CHEESE, PV Slices 1.0																								

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Marcus 9th Gr

**Service Area:** Marcus 9th - 9-12 - OVS

**Menu Name:** Marcus 9th w/GSD 2018 Menu - cycle 3 - week 1

**Avg.Method:** Balanced

6.00 @ 2 slice	100.00	5.00	45.00	250.01	7.00	63.00	1.00	7.00	20.00	0.00	40.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	212.01	-*	0.00
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M51017 VEG GARN: Rom Leaf 1ea

39.00 @ 1 each	2.41	0.01	2.06	1.13	0.04	15.88	0.47	0.17	0.00	0.30	35.01	1234.63	0.00	0.02	14.53	0.57	0.01	0.01	0.04	0.01	0.00	4.68	4.25	0.14
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M51013 VEG: ONIONS, Red Slice 1ea

8.00 @ 1 slice	2.83	0.00	0.94	0.28	0.01	2.25	0.66	0.08	0.00	0.12	10.35	0.14	0.00	0.00	0.03	0.52	0.00	0.00	0.01	0.01	0.00	1.63	2.06	0.01
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M50892 VEG: PEPPERS, Jalapeno CndTBSP

8.00 @ 1 tablespoon	2.67	0.01	3.23	165.30	0.09	31.33	0.47	0.09	0.00	0.26	19.09	168.17	0.00	0.07	1.28	0.99	0.00	0.00	0.04	0.02	0.00	2.28	1.78	0.19
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M50893 VEG: PEPPERS, Banana Cnd TBSP

2.00 @ 1 tablespoon	1.71	0.00	2.08	203.78	0.02	10.42	0.31	0.07	0.00	0.09	-*	0.00	-*	-*	-*	4.33	-*	-*	-*	-*	-*	0.00	-*	0.03
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M50176 COND\_Pickle, Dill Slice 2ea

6.00 @ 2 slice	1.62	0.01	4.72	162.08	0.05	25.17	0.24	0.06	0.00	0.14	-*	0.00	-*	-*	-*	0.21	-*	-*	-*	-*	-*	8.65	-*	0.05
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M50060 COND\_Mayo W

15.00 @ 1 tablespoon	33.07	0.47	12.86	94.49	3.31	90.00	0.94	0.00	4.72	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M51676 COND\_Mayo, Sriracha W

5.00 @ 1 tablespoon	31.98	0.43	12.14	134.90	3.01	84.59	1.30	0.04	4.29	0.04	3.92*	45.56	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.32	-*	0.02
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M51391 COND\_Mayo, Chipotle W

10.00 @ 1 tablespoon	26.11	0.35	12.21	91.53	2.49	85.73	0.96	0.01	3.54	0.01	0.00*	15.26	-*	-*	-*	0.40	-*	-*	-*	-*	-*	0.00	-*	0.00
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M51427 COND\_Sauce, Bistro SC W

1.00 @ 1 tablespoon	29.10	0.19	5.94	130.76	1.41	43.65	2.32	0.32	1.77	0.34	19.89*	10.07	0.00*	0.04*	6.39*	0.83	0.00*	0.01*	0.05*	0.00*	0.00*	8.86	2.29*	0.21
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M52707 COND\_Dressing, Ranch Homestyle

20.00 @ 1 tablespoon	50.00	0.75	13.50	134.99	5.50	99.00	0.50	0.50	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	10.00	-*	0.00
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M50291 COND\_Mustard, Yellow

3.00 @ 1 tablespoon	9.00	0.01	1.50	181.50	0.37	37.20	0.93	0.47	0.00	0.43	13.36	0.67	-*	-*	-*	0.13	-*	-*	-*	-*	-*	7.51	-*	0.19
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M51283 SNACK: CHIP SS, Lays Bkd Orig

32.00 @ 1 package	110.00	0.00	0.00	140.00	3.00	24.55	19.00	2.00	0.00	1.00	197.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Marcus 9th Gr

**Service Area:** Marcus 9th - 9-12 - OVS

**Menu Name:** Marcus 9th w/GSD 2018 Menu - cycle 3 - week 1

**Avg.Method:** Balanced

M53419 VEG: POTATO, FF CTINAGEN7 1/2C

134.00 @ 1/2 cup	121.82	1.52	11.25	137.05	4.57	33.75	17.26	2.03	0.00	2.03	-*	0.00	-*	-*	-*	3.65	-*	-*	-*	-*	-*	0.00	-*	0.37
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M50194 VEG: CARROTS, Orange Glz 1/2c

29.00 @ 1/2 cup	92.59	0.11	1.02	158.66	0.60	5.79	20.81	0.51	0.00	2.89	168.05*	14815.9 <sub>8</sub>	0.00*	0.88*	11.90*	2.01	0.03*	0.03*	0.36*	0.07*	0.00*	30.63	27.13*	0.46
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M52540 VEG: SQUASH, Zucc Frsh 1/2c

34.00 @ 1/2 cup	11.40	0.06	4.45	5.36	0.21	16.94	2.08	0.81	0.00	0.67	174.95	134.06	0.00	0.08	2.88	12.00	0.03	0.06	0.30	0.11	0.00	10.72	25.47	0.25
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M50429 FRUIT: CANTALOUPE, Fresh 1/2c

75.00 @ 1/2 cup	25.70	0.04	1.35	12.10	0.14	5.03	6.17	0.63	0.00	0.68	201.84	2556.59	0.00	0.04	1.89	27.74	0.03	0.01	0.55	0.05	0.00	6.80	11.34	0.16
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M52271 FRUIT: PEARS, Dice w/Jc 1/2c

60.00 @ 1/2 cup	60.66	0.00	0.00	10.11	0.00	0.00	14.15	0.00	0.00	2.02	80.89	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M53365 JUICE SS, Grape100% 4oz Cart

59.00 @ 1 each	80.00	0.00	0.00	15.00	0.00	0.00	18.00	1.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M53065 DESRT: COOKIE Sugar 1.0oz WG

140.00 @ 1 cookie	110.00	1.00	8.18	75.00	3.00	24.55	18.00	1.00	10.00	1.00	-*	100.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.36
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M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50

36.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00
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M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50

124.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00
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M53222 COND PC Margarine 5g

24.00 @ 1 each	30.00	1.00	30.00	30.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	500.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50855 COND PC Ketchup 9g Heinz

150.00 @ 1 each	10.00	0.00	0.00	85.00	0.00	0.00	3.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50055 COND PC Mayonnaise 12g

24.00 @ 1 each	80.00	1.50	16.87	75.00	8.00	90.00	1.00	0.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50284 COND PC Mustard 6g

16.00 @ 1 each	0.00	0.00	-	65.00	0.00	-	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50685 COND\_DRESSING, VINAIGRETTE BALSAMIC

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Marcus 9th Gr

**Service Area:** Marcus 9th - 9-12 - OVS

**Menu Name:** Marcus 9th w/GSD 2018 Menu - cycle 3 - week 1

**Avg.Method:** Balanced

7.00 @ 1 tablespoon	30.00	0.25	7.50	95.00	2.50	75.00	2.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00	
M50623 COND PC Drsg Italian 12g																									
19.00 @ 1 each	30.00	0.00	0.00	130.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	100.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00	
M50624 COND PC Drsg Ranch 12g																									
95.00 @ 1 each	50.00	0.00	0.00	100.00	5.00	90.00	1.00	0.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00	
M50056 COND PC Sauce, Taco 9g																									
10.00 @ 1 each	5.00	0.00	0.00	55.00	0.00	0.00	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00	
M50287 COND PC Sauce, BBQ 12g																									
48.00 @ 1 each	15.00	0.00	0.00	160.00	0.00	0.00	4.00	0.00	0.00	0.00	-*	100.00	-*	-*	-*	0.60	-*	-*	-*	-*	-*	0.00	-*	0.00	
<b>Average</b>	774.64	7.74	8.99	1240.86	25.72	29.88	99.84	33.03	50.07	8.1	191.48*	4190.93	.01*	.16*	6.48*	19.37	.03*	.05*	.32*	.05*	0*	539.25	13.77*	3.25	

\* Some values for this nutrient are unavailable; the number listed is incomplete.

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Marcus 9th Gr

**Service Area:** Marcus 9th - 9-12 - OVS

**Menu Name:** Marcus 9th w/GSD 2018 Menu - cycle 3 - week 1

**Avg.Method:** Balanced

**Age Group:** Brkfst Grades K-12      **Period:** Breakfast      **Week:** 1      **Day:** Thursday      **Count Type:** Forecasted      **Total No. of Customers:** 41

Weekly Std.	CAL	SFA		Na	Fat		CHO	Pro	Chol	Fiber	K	Vit A	Vit D	Vit E	Vit K	Vit C	Vit B1	Vit B2	Vit B3	Vit B6	Vit B12	Ca	P	Fe
	(kcal)	(g)	% of CAL	(mg)	(g)	% of CAL	(g)	(g)	(mg)	(g)	(mg)	(IU)	(IU)	(mg)	(mcg)	(mg)	(mg)	(mg)	(mg)	(mcg)	(mg)	(mg)	(mg)	
	450.00-500.00		10.00	540.00																		0.00		

M51476 BRD: CRACK SS, Crnch CinnBunWG

19.00 @ 1 package	220.00	2.00	8.18	230.00	7.00	28.64	37.00	4.00	0.00	2.00	-*	750.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	150.00	-*	1.44
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M50792 YOGURT SS, Trix Strawb/Ban 4oz

18.00 @ 1 each	80.00	0.00	0.00	60.00	0.50	5.63	15.00	4.00	5.00	0.00	140.00	500.04	-*	-*	-*	0.00	-*	-*	-*	-*	-*	100.01	-*	0.00
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M53296 MELT BISC, EggPtyAMWG1.25(2BG)

21.00 @ 1 sandwich	325.00	12.75	35.31	770.01	19.50	54.00	28.50	9.50	107.50	2.00	-*	200.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	245.00	-*	1.44
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M50205 CEREAL HOT, Oatmeal (2BG)

3.00 @ 1 cup	212.61	0.71	3.00	6.51	4.25	18.00	38.27	7.09	0.00	5.67	2.17*	0.00	0.00*	0.00*	0.00*	0.00	0.00*	0.00*	0.00*	0.00*	0.00*	0.00*	6.51	0.00*	2.55
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M50209 COND\_Sugar, Cinnamon

2.00 @ 1 tablespoon	45.52	0.00	0.03	0.15	0.00	0.09	11.83	0.02	0.00	0.21	1.90	1.14	0.00	0.01	0.12	0.01	0.00	0.00	0.01	0.00	0.00	3.99	0.25	0.04
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M50208 CEREAL BWL, CinnTstCrnch RS WG

2.00 @ 1 bowl	110.00	0.50	4.09	160.00	3.00	24.54	22.00	1.00	0.00	3.00	-*	400.01	-*	-*	-*	4.80	-*	-*	-*	-*	-*	200.01	-*	3.60
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M50524 CEREAL BWL, Lucky Charms WG

7.00 @ 1 bowl	110.00	0.00	0.00	180.00	1.00	8.18	23.00	2.00	0.00	2.00	-*	500.01	-*	-*	-*	6.00	-*	-*	-*	-*	-*	100.00	-*	4.50
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M52695 CHEESE, MZ String LF 1ea 1.0

5.00 @ 1 stick	60.00	2.00	30.00	200.01	3.00	45.00	1.00	7.00	10.00	0.00	0.00	200.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	200.01	-*	0.00
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M52217 FRUIT: APPLE, 138ct Whole 1c

13.00 @ 1 each	62.21	0.03	0.48	1.20	0.20	2.94	16.52	0.31	0.00	2.87	128.00	64.60	0.00	0.22	2.63	5.50	0.02	0.03	0.11	0.05	0.00	7.18	13.16	0.14
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M50722 FRUIT: RAISINS, SS BOX

17.00 @ 1 each	127.15	0.02	0.17	4.68	0.20	1.38	33.67	1.31	0.00	1.57	318.51	0.00	0.00	0.05	1.49	0.98	0.05	0.05	0.33	0.07	0.00	21.26	42.95	0.80
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M50980 JUICE SS, Frt Bld 100% 4oz Crt

18.00 @ 1 each	60.00	0.00	0.00	10.00	0.00	0.00	14.00	0.00	0.00	0.00	100.00	0.00	-*	-*	-*	3.60	-*	-*	-*	-*	-*	0.00	-*	0.00
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M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50

\* Some values for this nutrient are unavailable; the number listed is incomplete.

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Marcus 9th Gr

**Service Area:** Marcus 9th - 9-12 - OVS

**Menu Name:** Marcus 9th w/GSD 2018 Menu - cycle 3 - week 1

**Avg.Method:** Balanced

14.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00
M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50																								
24.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00
M53222 COND PC Margarine 5g																								
5.00 @ 1 each	30.00	1.00	30.00	30.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	500.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M53221 COND PC Jelly, Grape Smucker																								
2.00 @ 1 each	35.00	0.00	0.00	5.00	0.00	0.00	9.00	0.00	0.00	0.00	0.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50056 COND PC Sauce, Taco 9g																								
3.00 @ 1 each	5.00	0.00	0.00	55.00	0.00	0.00	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50058 COND PC Syrup 1.4oz Smuckers																								
5.00 @ 1 each	110.00	0.00	0.00	25.00	0.00	0.00	29.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
<b>Average</b>	578.52	8.43	13.12	758.18	15.81	24.6	92.37	18.29	64.82	4.43	278.27*	1343.74	0*	.09*	1.46*	6.51	.03*	.03*	.17*	.05*	0*	579.94	21.99*	2.91

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Marcus 9th Gr

**Service Area:** Marcus 9th - 9-12 - OVS

**Menu Name:** Marcus 9th w/GSD 2018 Menu - cycle 3 - week 1

**Avg.Method:** Balanced

**Age Group:** Lunch Grades 9-12      **Period:** Lunch      **Week:** 1      **Day:** Thursday      **Count Type:** Forecasted      **Total No. of Customers:** 224

Weekly Std.	CAL	SFA (g)	% of CAL	Na (mg)	Fat (g)	% of CAL	CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)
	750.00-850.00		10.00	1420.00																		8.65		

M66486 QUES 6" BEAN WG 2.25 TFM

14.00 @ 1 each	421.21	10.11	21.60	642.08	19.09	40.78	43.84	20.39	45.51	5.85	178.64*	1080.88	0.00*	0.41*	8.37*	10.57	0.03*	0.02*	0.42*	0.08*	0.00*	470.81	20.27*	2.92
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M52182 SALAD, CHam Tky Chef SC W 2.25

7.00 @ 1 each	170.32	4.10	21.69	405.64	9.52	50.28	5.76	15.33	134.90	1.26	146.57*	5233.02	0.00*	0.12*	43.60*	7.46	0.04*	0.04*	0.25*	0.06*	0.00*	141.18	17.48*	1.24
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M51680 BRD: ROLL DG, WG 2.5oz

7.00 @ 1 each	170.00	0.50	2.65	135.00	3.00	15.88	28.00	7.00	0.00	3.40	-*	0.01	-*	-*	-*	0.01	-*	-*	-*	-*	-*	12.70	-*	0.85
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M52043 PIZZA HUT PIZZA 6" EXPRESS CHZ SS 2.25

52.00 @ 1 pizza	374.18	4.99	12.01	685.27	13.41	32.25	38.44	24.92	24.70	4.27	-*	692.07	-*	-*	-*	5.36	-*	-*	-*	-*	-*	410.71	-*	2.57
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M53931 PIZZA HUT PIZZA 6" EXPRESS PEPP SS 2.0

72.00 @ 1 pizza	385.19	5.31	12.42	711.32	14.98	35.01	38.49	24.17	27.17	4.35	-*	662.85	-*	-*	-*	5.43	-*	-*	-*	-*	-*	354.34	-*	2.65
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M54307 PIZZA HUT PIZZA 6" EXPRESS SSG SS 2.25

18.00 @ 1 pizza	439.08	7.15	14.66	836.54	20.45	41.92	38.35	25.40	37.42	4.27	-*	689.00	-*	-*	-*	5.36	-*	-*	-*	-*	-*	356.37	-*	2.86
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M54310 PIZZA HUT PIZZA 6" EXPRESS BBQ CHIX SS 2.25

12.00 @ 1 pizza	400.94	4.66	10.46	805.79	13.17	29.57	42.83	27.77	38.53	4.36	-*	667.19	-*	-*	-*	5.81	-*	-*	-*	-*	-*	350.99	-*	2.67
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M54521 PIZZA HUT COND PC PEPPER RED CRUSHED 1G

9.00 @ 1 each	5.00	0.00	0.00	0.00	0.00	0.00	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M54520 PIZZA HUT COND PC CHEESE GRATED 2.5G

30.00 @ 1 each	10.00	0.00	0.00	50.00	1.00	90.00	0.00	1.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50945 MELT BN, CHIXBRDAMSAL2.25 MWWW

4.00 @ 1 sandwich	424.77	4.25	9.00	1050.24	15.49	32.81	43.49	29.47	62.44	3.00	0.00*	200.40	-*	-*	-*	3.61	-*	-*	-*	-*	-*	134.98	-*	2.88
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M51951 HOT DOG, Plain WG 2.0 Hi

12.00 @ 1 each	320.00	8.00	22.50	890.01	18.00	50.62	28.00	11.00	35.00	2.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	40.00	-*	1.80
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M51680 BRD: ROLL DG, WG 2.5oz

70.00 @ 1 each	170.00	0.50	2.65	135.00	3.00	15.88	28.00	7.00	0.00	3.40	-*	0.01	-*	-*	-*	0.01	-*	-*	-*	-*	-*	12.70	-*	0.85
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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Marcus 9th Gr

**Service Area:** Marcus 9th - 9-12 - OVS

**Menu Name:** Marcus 9th w/GSD 2018 Menu - cycle 3 - week 1

**Avg.Method:** Balanced

M53659 BURG, Beef AP100% 2.0

16.00 @ 1 each	270.00	3.00	10.00	345.00	10.00	33.33	28.00	17.00	35.00	2.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	40.00	-*	2.52
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M54370 BURG, BLACK BEAN AP WG 2.0

2.00 @ 1 each	300.00	1.00	3.00	710.00	9.00	27.00	42.00	19.00	5.00	7.00	280.00*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	80.00	-*	2.16
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M66715 PANINI, TKY CH SWEST WG 2.0

5.00 @ 1 each	392.37	7.37	16.91	870.60	18.12	41.56	36.57	20.60	58.55	3.67	124.23*	251.33	0.00*	0.19*	1.70*	7.83	0.02*	0.01*	0.19*	0.06*	0.00*	328.31	15.96*	2.15
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M50962 SDW BD, SBJ WG 2.0

2.00 @ 1 sandwich	654.64	3.95	5.43	556.98	33.60	46.19	69.74	19.82	0.00	9.90	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	39.50	-*	5.00
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M52708 BRD: ROLL DG, Sub 6" WG

17.00 @ 1 roll	170.00	0.50	2.65	180.00	3.00	15.88	28.00	6.00	0.00	3.00	-*	0.01	-*	-*	-*	0.01	-*	-*	-*	-*	-*	13.52	-*	1.45
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M54775 BRD: CROISSANT, SLICED WG

3.00 @ 1 each	243.91	6.47	23.87	253.40	12.05	44.44	29.25	5.44	32.35	0.91	15.14	313.46	0.31	0.00	0.00	2.82	0.25	1.93	0.85	0.00	0.01	15.66	3.96	1.63
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M66605 BRD: TORTILLA FLOUR 10" WG

7.00 @ 1 each	180.00	1.50	7.50	250.00	4.50	22.50	29.00	5.00	0.00	3.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	100.00	-*	1.44
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M52782 BRD: FLATBREAD 2oz (2BG)

7.00 @ 1 each	180.00	1.00	5.00	310.00	5.00	25.00	28.00	5.00	0.00	2.69	-*	0.07	-*	-*	-*	0.07	-*	-*	-*	-*	-*	22.88	-*	0.83
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M53393 TKY, Breast Sliced 1.0

17.00 @ 1 serving	60.00	0.50	7.50	220.00	2.00	30.00	2.00	9.00	25.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	20.00	-*	0.36
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M53569 CHIX, BLACK FOREST HAM SLICED 1.0

14.00 @ 1 serving	80.00	1.50	16.88	330.00	4.50	50.63	2.00	8.00	40.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.36
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M53894 CHIX DCD GRAPE DELI SALAD W 1.0

1.00 @ 1 No 16 Scoop	97.66	1.13	10.44	137.54	5.20	47.96	3.30	9.31	30.40	0.19	31.50*	37.52	0.00*	0.03*	2.59*	0.48	0.01*	0.01*	0.04*	0.01*	0.00*	3.87	2.52*	0.32
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M52455 FISH, Tuna Deli Salad B 1.0

2.00 @ 1 No 20 Scoop	105.01	1.34	11.46	146.76	7.60	65.14	0.28	7.63	18.49	0.13	19.78*	32.30	0.00*	0.02*	2.16*	0.31	0.00*	0.00*	0.02*	0.01*	0.00*	3.12	1.84*	0.20
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M51005 CHEESE, AM (184ct) Slices 1.0

4.00 @ 3 slice	134.99	6.75	45.00	599.97	10.50	70.00	1.50	7.50	37.50	0.00	-*	299.98	-*	-*	-*	0.00	-*	-*	-*	-*	-*	224.99	-*	0.00
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M53381 CHEESE, CH Slices 1.0

\* Some values for this nutrient are unavailable; the number listed is incomplete.

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Marcus 9th Gr

**Service Area:** Marcus 9th - 9-12 - OVS

**Menu Name:** Marcus 9th w/GSD 2018 Menu - cycle 3 - week 1

**Avg.Method:** Balanced

11.00 @ 2 slice	110.01	5.00	40.91	180.01	9.00	73.64	1.00	6.00	30.00	0.00	20.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	199.01	-*	0.00
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M50999 CHEESE, JK Slices 1.0

7.00 @ 2 slice	100.00	5.00	45.00	180.01	8.00	72.00	1.00	7.00	30.00	0.00	25.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	197.01	-*	0.00
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M51003 CHEESE, PV Slices 1.0

7.00 @ 2 slice	100.00	5.00	45.00	250.01	7.00	63.00	1.00	7.00	20.00	0.00	40.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	212.01	-*	0.00
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M51008 VEG: TOMATOES, FrsSI 1/8c(2sl)

9.00 @ 1/8 cup	5.10	0.01	1.40	1.42	0.06	10.00	1.10	0.25	0.00	0.34	67.18	236.14	0.00	0.15	2.24	3.88	0.01	0.01	0.17	0.02	0.00	2.83	6.80	0.08
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M51017 VEG GARN: Rom Leaf 1ea

37.00 @ 1 each	2.41	0.01	2.06	1.13	0.04	15.88	0.47	0.17	0.00	0.30	35.01	1234.63	0.00	0.02	14.53	0.57	0.01	0.01	0.04	0.01	0.00	4.68	4.25	0.14
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M51013 VEG: ONIONS, Red Slice 1ea

9.00 @ 1 slice	2.83	0.00	0.94	0.28	0.01	2.25	0.66	0.08	0.00	0.12	10.35	0.14	0.00	0.00	0.03	0.52	0.00	0.00	0.01	0.01	0.00	1.63	2.06	0.01
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M50892 VEG: PEPPERS, Jalapeno CndTBSP

6.00 @ 1 tablespoon	2.67	0.01	3.23	165.30	0.09	31.33	0.47	0.09	0.00	0.26	19.09	168.17	0.00	0.07	1.28	0.99	0.00	0.00	0.04	0.02	0.00	2.28	1.78	0.19
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M50893 VEG: PEPPERS, Banana Cnd TBSP

5.00 @ 1 tablespoon	1.71	0.00	2.08	203.78	0.02	10.42	0.31	0.07	0.00	0.09	-*	0.00	-*	-*	-*	4.33	-*	-*	-*	-*	-*	0.00	-*	0.03
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M50176 COND\_Pickle, Dill Slice 2ea

8.00 @ 2 slice	1.62	0.01	4.72	162.08	0.05	25.17	0.24	0.06	0.00	0.14	-*	0.00	-*	-*	-*	0.21	-*	-*	-*	-*	-*	8.65	-*	0.05
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M50060 COND\_Mayo W

10.00 @ 1 tablespoon	33.07	0.47	12.86	94.49	3.31	90.00	0.94	0.00	4.72	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M51676 COND\_Mayo, Sriracha W

5.00 @ 1 tablespoon	31.98	0.43	12.14	134.90	3.01	84.59	1.30	0.04	4.29	0.04	3.92*	45.56	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.32	-*	0.02
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M51391 COND\_Mayo, Chipotle W

5.00 @ 1 tablespoon	26.11	0.35	12.21	91.53	2.49	85.73	0.96	0.01	3.54	0.01	0.00*	15.26	-*	-*	-*	0.40	-*	-*	-*	-*	-*	0.00	-*	0.00
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M51427 COND\_Sauce, Bistro SC W

1.00 @ 1 tablespoon	29.10	0.19	5.94	130.76	1.41	43.65	2.32	0.32	1.77	0.34	19.89*	10.07	0.00*	0.04*	6.39*	0.83	0.00*	0.01*	0.05*	0.00*	0.00*	8.86	2.29*	0.21
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M52707 COND\_Dressing, Ranch Homestyle

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Marcus 9th Gr

**Service Area:** Marcus 9th - 9-12 - OVS

**Menu Name:** Marcus 9th w/GSD 2018 Menu - cycle 3 - week 1

**Avg.Method:** Balanced

15.00 @ 1 tablespoon	50.00	0.75	13.50	134.99	5.50	99.00	0.50	0.50	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	10.00	-*	0.00	
M50291 COND_Mustard, Yellow																									
2.00 @ 1 tablespoon	9.00	0.01	1.50	181.50	0.37	37.20	0.93	0.47	0.00	0.43	13.36	0.67	-*	-*	-*	0.13	-*	-*	-*	-*	-*	7.51	-*	0.19	
M51408 BRD: PRETZEL, Mini 1oz WG IW																									
1.00 @ 1 each	70.00	0.00	0.00	100.00	0.50	6.43	14.00	2.00	0.00	1.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.72	
M51731 VEG: POTATO SWT, FF CRINK 1/2C																									
10.00 @ 1/2 cup	148.25	0.00	0.00	116.48	4.77	28.93	23.30	1.06	0.00	3.18	-*	3176.86	-*	-*	-*	6.35	-*	-*	-*	-*	-*	21.18	-*	0.38	
M53419 VEG: POTATO, FF CTINAGEN7 1/2C																									
108.00 @ 1/2 cup	121.82	1.52	11.25	137.05	4.57	33.75	17.26	2.03	0.00	2.03	-*	0.00	-*	-*	-*	3.65	-*	-*	-*	-*	-*	0.00	-*	0.37	
M53153 VEG: BEANS, Bkd Veg AP 1/2c																									
31.00 @ 1/2 cup	130.70	0.00	0.00	552.94	0.00	0.00	29.16	7.04	0.00	5.03	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	40.21	-*	1.81	
M52771 VEG: CELERY, Sticks AP 1/2c																									
39.00 @ 1/2 cup	10.39	0.03	2.36	51.97	0.11	9.56	1.93	0.45	0.00	1.04	168.91	291.69	0.00	0.18	19.03	2.01	0.01	0.04	0.21	0.05	0.00	25.99	15.59	0.13	
M51297 VEG: SALAD, Side GardChop 1c																									
26.00 @ 1 cup	16.35	0.03	1.45	12.76	0.18	9.94	3.56	0.83	0.00	1.42	182.84	5064.79	0.00	0.18	45.89	9.01	0.05	0.04	0.32	0.07	0.00	22.30	22.02	0.52	
M50529 FRUIT: GRAPES, Fresh 1/2c																									
49.00 @ 1/2 cup	56.80	0.10	1.53	1.70	0.30	4.70	14.54	0.53	0.00	0.76	161.94	84.78	0.00	0.16	12.38	3.39	0.08	0.05	0.25	0.09	0.00	11.87	8.48	0.25	
M53549 FRUIT: APPLESAUCE,Unswt AP1/2c																									
57.00 @ 1/2 cup	52.77	0.00	0.00	10.55	0.00	0.00	13.72	0.00	0.00	2.11	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00	
M50982 JUICE SS, ORANGE 100% 4 FLOZ																									
60.00 @ 1 each	51.44	0.00	0.00	15.43	0.00	0.00	12.35	1.03	0.00	0.00	-*	0.00	-*	-*	-*	43.21	-*	-*	-*	-*	-*	0.00	-*	0.00	
M50720 DESRT: PUDDING, Choc AP 1/2c																									
89.00 @ 1/2 cup	120.15	0.00	0.00	190.23	3.00	22.50	24.03	1.00	0.00	1.00	70.09	0.00	0.00	-*	-*	0.00	-*	-*	-*	-*	-*	16.02	-*	1.00	
M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50																									
38.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00	
M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50																									
129.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00	

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Marcus 9th Gr

**Service Area:** Marcus 9th - 9-12 - OVS

**Menu Name:** Marcus 9th w/GSD 2018 Menu - cycle 3 - week 1

**Avg.Method:** Balanced

M53222 COND PC Margarine 5g

15.00 @ 1 each	30.00	1.00	30.00	30.00	3.00	90.00	0.00	0.00	0.00	0.00	0.00	-*	500.00	-*	-*	-*	0.00	-*	-*	-*	-*	0.00	-*	0.00
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M50855 COND PC Ketchup 9g Heinz

150.00 @ 1 each	10.00	0.00	0.00	85.00	0.00	0.00	3.00	0.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	0.00	-*	0.00
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M50055 COND PC Mayonnaise 12g

49.00 @ 1 each	80.00	1.50	16.87	75.00	8.00	90.00	1.00	0.00	5.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	0.00	-*	0.00
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M50284 COND PC Mustard 6g

10.00 @ 1 each	0.00	0.00	-	65.00	0.00	-	1.00	0.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	0.00	-*	0.00
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M50685 COND\_DRESSING, VINAIGRETTE BALSAMIC

4.00 @ 1 tablespoon	30.00	0.25	7.50	95.00	2.50	75.00	2.00	0.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	0.00	-*	0.00
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M50623 COND PC Drsg Italian 12g

9.00 @ 1 each	30.00	0.00	0.00	130.00	3.00	90.00	0.00	0.00	0.00	0.00	0.00	-*	100.00	-*	-*	-*	0.00	-*	-*	-*	-*	0.00	-*	0.00
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M50624 COND PC Drsg Ranch 12g

100.00 @ 1 each	50.00	0.00	0.00	100.00	5.00	90.00	1.00	0.00	5.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	0.00	-*	0.00
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M50056 COND PC Sauce, Taco 9g

10.00 @ 1 each	5.00	0.00	0.00	55.00	0.00	0.00	1.00	0.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	0.00	-*	0.00
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M50287 COND PC Sauce, BBQ 12g

54.00 @ 1 each	15.00	0.00	0.00	160.00	0.00	0.00	4.00	0.00	0.00	0.00	0.00	-*	100.00	-*	-*	-*	0.60	-*	-*	-*	-*	0.00	-*	0.00
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M54273 BRD: MUF AP, CORN 4OZ WG (2.25BG)

23.00 @ 1 muffin	380.03	3.00	7.11	390.03	12.00	28.42	60.01	8.00	80.01	3.00	3.00	-*	200.02	-*	-*	-*	0.00	-*	-*	-*	-*	40.00	-*	1.80
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**Average**

	835.71	8.4	9.04	1446.31	28.36	30.55	107.78	37.36	59.79	9.16	9.16	148.16*	2188.41	0*	.13*	15.86*	22.33	.03*	.05*	.19*	.05*	0*	596.36	10.49*	4.23
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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Marcus 9th Gr

**Service Area:** Marcus 9th - 9-12 - OVS

**Menu Name:** Marcus 9th w/GSD 2018 Menu - cycle 3 - week 1

**Avg.Method:** Balanced

**Age Group:** Brkfst Grades K-12      **Period:** Breakfast      **Week:** 1      **Day:** Friday      **Count Type:** Forecasted      **Total No. of Customers:** 13

Weekly Std.	CAL	SFA		Na	Fat		CHO	Pro	Chol	Fiber	K	Vit A	Vit D	Vit E	Vit K	Vit C	Vit B1	Vit B2	Vit B3	Vit B6	Vit B12	Ca	P	Fe
		(g)	% of CAL	(mg)	(g)	% of CAL	(g)	(g)	(mg)	(g)	(mg)	(IU)	(IU)	(mg)	(mcg)	(mg)	(mg)	(mg)	(mg)	(mg)	(mcg)	(mg)	(mg)	(mg)
	450.00-500.00		10.00	540.00																		60.00		

M51400 BRD: MUF AP, Choc 4oz WG (2BG)

6.00 @ 1 muffin	390.00	4.00	9.23	270.00	12.00	27.69	64.00	7.00	90.00	5.00	320.00	100.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	60.00	-*	2.70
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M51725 SDW BISC, ChixPtyWG 1 (2.25BG)

12.00 @ 1 sandwich	294.42	9.74	29.79	653.66	13.97	42.71	32.46	10.46	12.41	2.99	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	169.86	-*	1.80
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M50205 CEREAL HOT, Oatmeal (2BG)

1.00 @ 1 cup	212.61	0.71	3.00	6.51	4.25	18.00	38.27	7.09	0.00	5.67	2.17*	0.00	0.00*	0.00*	0.00*	0.00	0.00*	0.00*	0.00*	0.00*	0.00*	0.00*	6.51	0.00*	2.55
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M50209 COND\_Sugar, Cinnamon

1.00 @ 1 tablespoon	45.52	0.00	0.03	0.15	0.00	0.09	11.83	0.02	0.00	0.21	1.90	1.14	0.00	0.01	0.12	0.01	0.00	0.00	0.01	0.00	0.00	3.99	0.25	0.04
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M50439 CEREAL BWL, Cheerios WG

1.00 @ 1 bowl	100.00	0.50	4.50	140.00	2.00	18.00	20.00	3.00	0.00	3.00	-*	500.01	-*	-*	-*	6.00	-*	-*	-*	-*	-*	100.00	-*	8.10
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M50524 CEREAL BWL, Lucky Charms WG

2.00 @ 1 bowl	110.00	0.00	0.00	180.00	1.00	8.18	23.00	2.00	0.00	2.00	-*	500.01	-*	-*	-*	6.00	-*	-*	-*	-*	-*	100.00	-*	4.50
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M52728 BRD: BAR, Cereal TeamCh WG IW

3.00 @ 1 each	150.00	0.50	3.00	85.00	3.50	21.00	30.00	2.00	0.00	3.00	-*	100.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	200.00	-*	4.50
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M52695 CHEESE, MZ String LF 1ea 1.0

4.00 @ 1 stick	60.00	2.00	30.00	200.01	3.00	45.00	1.00	7.00	10.00	0.00	0.00	200.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	200.01	-*	0.00
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M52975 BRD: WAFFLE, RS SS WG (3.25BG)

3.00 @ 1 each	240.06	0.00	0.00	506.14	2.86	10.71	50.30	6.86	0.00	6.86	1.05*	0.00	0.00*	0.00*	0.00*	0.00	0.00*	0.00*	0.00*	0.00*	0.00*	0.00*	288.94	0.00*	3.09
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M52659 FRUIT: APPLES, Warm Cinn 1/8c

1.00 @ 1/8 cup	26.30	0.01	0.19	2.47	0.01	0.29	6.56	0.00	0.00	0.50	0.61*	0.23	0.00*	0.00*	0.01*	0.04	0.00*	0.00*	0.00*	0.00*	0.00*	0.57	0.12*	0.01
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M54565 FRUIT: STRAWBERRIES, SLCD (USDA) W/SYR FRZ 1/4C

1.00 @ 1/4 cup	59.67	0.01	0.09	1.96	0.08	1.23	16.16	0.33	0.00	1.18	-*	15.16	-*	-*	-*	25.82	-*	-*	-*	-*	-*	6.85	-*	0.37
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M52816 DESRT: TOPPING, Whipd NonDairy

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Marcus 9th Gr

**Service Area:** Marcus 9th - 9-12 - OVS

**Menu Name:** Marcus 9th w/GSD 2018 Menu - cycle 3 - week 1

**Avg.Method:** Balanced

3.00 @ 1 tablespoon	13.47	1.00	66.56	0.81	1.00	67.06	1.06	0.05	0.01	0.01	-*	0.20	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.15	-*	0.00
M50543 FRUIT: BANANA (100-120ct) Whl																								
7.00 @ 1 each	93.95	0.12	1.13	1.06	0.35	3.34	24.11	1.15	0.00	2.74	377.91	67.56	0.00	0.11	0.53	9.18	0.03	0.08	0.70	0.39	0.00	5.28	23.22	0.27
M52268 FRUIT: PEACHES Dice w/Jc 1/2c																								
3.00 @ 1/2 cup	50.83	0.00	0.00	10.17	0.00	0.00	12.20	0.00	0.00	0.00	182.98	304.97	-*	-*	-*	1.22	-*	-*	-*	-*	-*	0.00	-*	0.00
M50979 JUICE SS, Apple 100% 4oz Cart																								
14.00 @ 1 each	60.00	0.00	0.00	15.00	0.00	0.00	14.00	0.00	0.00	0.00	85.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50																								
5.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00
M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50																								
13.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00
M53222 COND PC Margarine 5g																								
1.00 @ 1 each	30.00	1.00	30.00	30.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	500.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M53221 COND PC Jelly, Grape Smucker																								
2.00 @ 1 each	35.00	0.00	0.00	5.00	0.00	0.00	9.00	0.00	0.00	0.00	0.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50056 COND PC Sauce, Taco 9g																								
1.00 @ 1 each	5.00	0.00	0.00	55.00	0.00	0.00	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50058 COND PC Syrup 1.4oz Smuckers																								
2.00 @ 1 each	110.00	0.00	0.00	25.00	0.00	0.00	29.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
<b>Average</b>	928.68	12.61	12.22	1225.68	23.08	22.37	151.06	29.9	64.92	9.94	485.55*	1085.01	0*	.06*	.29*	11	.02*	.04*	.38*	.21*	0*	801.58	12.53*	6.35

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Marcus 9th Gr

**Service Area:** Marcus 9th - 9-12 - OVS

**Menu Name:** Marcus 9th w/GSD 2018 Menu - cycle 3 - week 1

**Avg.Method:** Balanced

**Age Group:** Lunch Grades 9-12

**Period:** Lunch

**Week:** 1

**Day:** Friday

**Count Type:** Forecasted

**Total No. of Customers:** 1

	CAL	SFA (g)	% of CAL	Na (mg)	Fat (g)	% of CAL	CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)
<b>Weekly Std.</b>	750.00-850.00		10.00	1420.00																		20.00		
M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50																								
1.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00
M50855 COND PC Ketchup 9g Heinz																								
1.00 @ 1 each	10.00	0.00	0.00	85.00	0.00	0.00	3.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50055 COND PC Mayonnaise 12g																								
1.00 @ 1 each	80.00	1.50	16.87	75.00	8.00	90.00	1.00	0.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50284 COND PC Mustard 6g																								
1.00 @ 1 each	0.00	0.00	-	65.00	0.00	-	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50624 COND PC Drsg Ranch 12g																								
1.00 @ 1 each	50.00	0.00	0.00	100.00	5.00	90.00	1.00	0.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M51950 FISH, Sticks AP (C) WG2.0(4ea)																								
24.00 @ 4 each	180.00	1.00	5.00	260.00	6.00	30.00	18.00	15.00	50.00	2.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	20.00	-*	1.08
<b>Average</b>	4580.06	25.5	5.01	6745.1	157	30.85	458.01	368.02	1215.03	48.01	-*	500	-*	-*	-*	1.2	-*	-*	-*	-*	-*	780.02	-*	25.91

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