



DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District
Location: Lewisville ISD Central ES
Service Area: Purnell - 9-12 - OVS
Menu Name: Purnell HS 2018 Menu - cycle 3 - week 1
Avg.Method: Balanced

Age Group: Lunch Grades K-5 **Period:** Lunch **Week:** 1 **Day:** Monday **Count Type:** Forecasted **Total No. of Customers:** 100

Weekly Std.	SFA		Na (mg)	Fat		CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)	
	CAL	(g)		% of CAL	(g)																			% of CAL
550.00-650.00			1230.00																		0.00			
M52586 CHIX NUGGET, BNLS WING WG (8) 3.0 MWWW																								
15.00 @ 8 each	401.71	3.01	6.75	642.74	18.08	40.50	24.10	36.15	80.34	2.01	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	40.17	-*	2.89
M50405 BEEF Salis Steak AP B 2.0																								
22.00 @ 1 each	199.86	6.00	27.00	349.75	13.99	63.00	4.00	13.99	44.97	0.85	-*	0.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	39.97	-*	1.80
M53950 COND_Gravy, Brown RosemaryLSSS																								
22.00 @ 1/4 cup	26.12	0.02	0.53	125.76	0.51	17.63	5.28	0.08	0.00	0.14	17.77	6.23	0.00*	0.00*	0.36*	0.36	0.00*	0.00*	0.01*	0.01*	0.00*	6.16	1.72*	0.08
M51680 BRD: ROLL DG, WG 2.5oz																								
75.00 @ 1 each	170.00	0.50	2.65	135.00	3.00	15.88	28.00	7.00	0.00	3.40	-*	0.01	-*	-*	-*	0.01	-*	-*	-*	-*	-*	12.70	-*	0.85
M53347 SDW BD, SB WG 2.0																								
1.00 @ 1 sandwich	554.98	3.95	6.41	556.98	33.60	54.49	43.82	19.82	0.00	9.90	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	39.50	-*	5.00
M53175 VEG: POTATO, Mashed Marg 1/2c																								
75.00 @ 1/2 cup	95.27	0.82	7.76	100.87	2.90	27.44	15.38	1.71	0.00	0.88	131.00	0.67	0.00*	0.00*	0.20*	10.20	0.00*	0.00*	0.00*	0.00*	0.00*	3.64	0.19*	0.32
M53200 VEG: SALAD, Side Spin Straw 1c																								
25.00 @ 1 cup	22.63	0.05	1.89	56.18	0.34	13.35	4.09	2.16	0.00	1.95	425.72	6647.79	0.00	1.50	342.66	31.55	0.06	0.14	0.59	0.15	0.00	73.33	39.47	2.00
M50843 FRUIT: STRAWBERRIES, Frsh 1/2c																								
50.00 @ 1/2 cup	24.57	0.01	0.42	0.77	0.23	8.44	5.90	0.51	0.00	1.54	117.47	9.21	0.00	0.22	1.69	45.14	0.02	0.02	0.30	0.04	0.00	12.28	18.43	0.31
M52794 FRUIT: ORANGE Mand w/Syr 1/2c																								
10.00 @ 1/2 cup	75.88	0.00	0.00	9.49	0.00	0.00	17.07	0.95	0.00	0.95	-*	189.70	-*	-*	-*	11.38	-*	-*	-*	-*	-*	0.00	-*	0.00
M55543 JUICE SS, TROPICANA APPLE 100% 4.23FLOZ BOX SHLF-STBL																								
70.00 @ 1 each	60.00	0.00	0.00	10.00	0.00	0.00	14.00	0.00	0.00	0.00	120.00	0.00	-*	-*	-*	15.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50																								
15.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00
M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50																								

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DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Central ES

Service Area: Purnell - 9-12 - OVS

Menu Name: Purnell HS 2018 Menu - cycle 3 - week 1

Avg.Method: Balanced

75.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00
M53222 COND PC Margarine 5g																								
75.00 @ 1 each	30.00	1.00	30.00	30.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	500.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50855 COND PC Ketchup 9g Heinz																								
50.00 @ 1 each	10.00	0.00	0.00	85.00	0.00	0.00	3.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50624 COND PC Drsg Ranch 12g																								
20.00 @ 1 each	50.00	0.00	0.00	100.00	5.00	90.00	1.00	0.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50287 COND PC Sauce, BBQ 12g																								
50.00 @ 1 each	15.00	0.00	0.00	160.00	0.00	0.00	4.00	0.00	0.00	0.00	-*	100.00	-*	-*	-*	0.60	-*	-*	-*	-*	-*	0.00	-*	0.00
M50720 DESRT: PUDDING, Choc AP 1/2c																								
24.00 @ 1/2 cup	120.15	0.00	0.00	190.23	3.00	22.50	24.03	1.00	0.00	1.00	70.09	0.00	0.00	-*	-*	0.00	-*	-*	-*	-*	-*	16.02	-*	1.00
Average	562.34	3.8	6.08	771.04	15.21	24.35	80.52	23.59	28.19	5.42	368.14*	2562.41	0*	.49*	86.74*	51.66	.02*	.04*	.3*	.06*	0*	327.14	19.61*	2.67

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DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Central ES

Service Area: Purnell - 9-12 - OVS

Menu Name: Purnell HS 2018 Menu - cycle 3 - week 1

Avg.Method: Balanced

Age Group: Lunch Grades K-5 **Period:** Lunch **Week:** 1 **Day:** Tuesday **Count Type:** Forecasted **Total No. of Customers:** 31

Weekly Std.	CAL	SFA		Na	Fat		CHO	Pro	Chol	Fiber	K	Vit A	Vit D	Vit E	Vit K	Vit C	Vit B1	Vit B2	Vit B3	Vit B6	Vit B12	Ca	P	Fe
		(g)	% of CAL	(mg)	(g)	% of CAL	(g)	(g)	(mg)	(g)	(mg)	(IU)	(IU)	(mg)	(mcg)	(mg)	(mg)	(mg)	(mg)	(mcg)	(mg)	(mg)	(mg)	(mg)
	550.00-650.00		10.00	1230.00																		3.51		

M51417 BURG, Beef AP WG 2.0

23.00 @ 1 each	240.00	2.00	7.50	345.00	7.00	26.25	29.00	16.00	25.00	2.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	60.00	-*	2.88
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M50821 BURG, Beef AM AP WG 2.25

11.00 @ 1 each	285.00	4.25	13.42	545.00	10.50	33.16	29.50	18.50	37.50	2.00	-*	100.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	135.00	-*	2.88
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M53419 VEG: POTATO, FF CTINAGEN7 1/2C

34.00 @ 1/2 cup	121.82	1.52	11.25	137.05	4.57	33.75	17.26	2.03	0.00	2.03	-*	0.00	-*	-*	-*	3.65	-*	-*	-*	-*	-*	0.00	-*	0.37
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M51445 VEG GARN: Rom Leaf/Tom Sl

34.00 @ 1 serving	4.96	0.01	1.72	1.84	0.07	12.86	1.02	0.30	0.00	0.47	68.61	1352.71	0.00	0.09	15.65	2.51	0.02	0.01	0.13	0.02	0.00	6.10	7.65	0.18
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M50412 COND_Pickle, Dill Slice 3ea

34.00 @ 3 slice	2.43	0.01	4.72	243.11	0.07	25.17	0.36	0.10	0.00	0.21	-*	0.00	-*	-*	-*	0.32	-*	-*	-*	-*	-*	12.97	-*	0.08
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M51467 VEG: BLEND, 5 Way Mix Fz 1/2c

34.00 @ 1/2 cup	72.94	0.03	0.43	39.27	0.17	2.08	14.69	3.21	0.00	4.94	189.63	4799.21	0.00	0.43	26.37	3.59	0.08	0.13	0.95	0.08	0.00	28.05	57.23	0.92
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M52815 VEG: PEPPERS, Red Strips1/2c

34.00 @ 1/2 cup	15.56	0.01	0.78	2.01	0.15	8.71	3.03	0.50	0.00	1.05	105.92	1571.73	0.00	0.79	2.46	64.10	0.03	0.04	0.49	0.15	0.00	3.51	13.05	0.22
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M53362 FRUIT: HONEYDEW, Melon 1/2c

34.00 @ 1/2 cup	30.93	0.03	0.95	15.47	0.12	3.50	7.81	0.46	0.00	0.69	195.92	42.96	0.00	0.02	2.49	15.47	0.03	0.01	0.36	0.08	0.00	5.16	9.45	0.15
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M52268 FRUIT: PEACHES Dice w/Jc 1/2c

34.00 @ 1/2 cup	50.83	0.00	0.00	10.17	0.00	0.00	12.20	0.00	0.00	0.00	182.98	304.97	-*	-*	-*	1.22	-*	-*	-*	-*	-*	0.00	-*	0.00
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M55542 JUICE SS, TROPICANA ORANGE 100% 4.23FLOZ BOX SHLF-STBL

34.00 @ 1 each	60.00	0.00	0.00	5.00	0.00	0.00	14.00	1.00	0.00	0.00	220.00	0.00	-*	-*	-*	18.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50

10.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00
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M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50

21.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00
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DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District
Location: Lewisville ISD Central ES
Service Area: Purnell - 9-12 - OVS
Menu Name: Purnell HS 2018 Menu - cycle 3 - week 1
Avg.Method: Balanced

M53222 COND PC Margarine 5g

34.00 @ 1 each	30.00	1.00	30.00	30.00	3.00	90.00	0.00	0.00	0.00	0.00	0.00	-*	500.00	-*	-*	-*	0.00	-*	-*	-*	-*	0.00	-*	0.00
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M50855 COND PC Ketchup 9g Heinz

34.00 @ 1 each	10.00	0.00	0.00	85.00	0.00	0.00	3.00	0.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	0.00	-*	0.00
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M50055 COND PC Mayonnaise 12g

34.00 @ 1 each	80.00	1.50	16.87	75.00	8.00	90.00	1.00	0.00	5.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	0.00	-*	0.00
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M50284 COND PC Mustard 6g

34.00 @ 1 each	0.00	0.00	-	65.00	0.00	-	1.00	0.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	0.00	-*	0.00
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M50624 COND PC Drsg Ranch 12g

43.00 @ 1 each	50.00	0.00	0.00	100.00	5.00	90.00	1.00	0.00	5.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	0.00	-*	0.00
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M50287 COND PC Sauce, BBQ 12g

34.00 @ 1 each	15.00	0.00	0.00	160.00	0.00	0.00	4.00	0.00	0.00	0.00	0.00	-*	100.00	-*	-*	-*	0.60	-*	-*	-*	-*	0.00	-*	0.00
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Average

	1007.65	8	7.15	1704.95	34.37	30.7	138.15	34.77	50.89	12.49	1056.26*	10046.26	0*	1.46*	51.52*	121.65	.17*	.22*	2.12*	.36*	0*	453.61	95.84*	5.25
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DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Central ES

Service Area: Purnell - 9-12 - OVS

Menu Name: Purnell HS 2018 Menu - cycle 3 - week 1

Avg.Method: Balanced

Age Group: Lunch Grades K-5 **Period:** Lunch **Week:** 1 **Day:** Wednesday **Count Type:** Forecasted **Total No. of Customers:** 29

Weekly Std.	CAL	SFA		Na	Fat		CHO	Pro	Chol	Fiber	K	Vit A	Vit D	Vit E	Vit K	Vit C	Vit B1	Vit B2	Vit B3	Vit B6	Vit B12	Ca	P	Fe
		(g)	% of CAL	(mg)	(g)	% of CAL	(g)	(g)	(mg)	(g)	(mg)	(IU)	(IU)	(mg)	(mcg)	(mg)	(mg)	(mg)	(mg)	(mcg)	(mg)	(mg)	(mg)	(mg)
	550.00-650.00		10.00	1230.00																		59.98		

M53770 SDW BN, CHIXPTY PLN WG/WG2.0 MWWW

27.00 @ 1 sandwich	369.73	2.00	4.86	679.55	11.99	29.18	40.98	26.97	49.94	3.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	59.98	-*	2.88
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M53304 POTATO CH CS Bacon 2.0

2.00 @ 1 each	416.20	13.48	29.14	875.14	21.67	46.86	35.23	19.93	66.02	3.08	748.09*	294.99	0.00*	0.06*	2.80*	13.42	0.09*	0.07*	1.97*	0.43*	0.00*	222.98	97.88*	1.76
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M51680 BRD: ROLL DG, WG 2.5oz

2.00 @ 1 each	170.00	0.50	2.65	135.00	3.00	15.88	28.00	7.00	0.00	3.40	-*	0.01	-*	-*	-*	0.01	-*	-*	-*	-*	-*	12.70	-*	0.85
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M54868 VEG: BROCCOLI, FRESH CKD MARG 1/2C

33.00 @ 1/2 cup	35.62	1.19	30.01	10.98	3.03	76.46	1.92	0.64	0.00	0.88	79.66	414.69	0.00*	0.39*	37.80*	17.39	0.02*	0.03*	0.15*	0.05*	0.00*	10.72	17.95*	0.18
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M50350 VEG: CUCUMBER, Fresh Slice 1/2c

33.00 @ 1/2 cup	10.81	0.03	2.22	1.44	0.08	6.60	2.62	0.47	0.00	0.36	105.91	75.65	0.00	0.02	11.82	2.02	0.02	0.02	0.07	0.03	0.00	11.53	17.29	0.20
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M50536 FRUIT: APPLE, 138ct 1/8wg 1/2c

33.00 @ 4 wedge	31.53	0.02	0.50	2.39	0.10	2.95	8.40	0.17	0.00	1.45	67.15	33.13	0.00	0.11	1.32	3.11	0.01	0.02	0.06	0.03	0.00	5.02	6.81	0.07
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M52271 FRUIT: PEARS, Dice w/Jc 1/2c

33.00 @ 1/2 cup	60.66	0.00	0.00	10.11	0.00	0.00	14.15	0.00	0.00	2.02	80.89	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M55541 JUICE SS, TROPICANA STRW KIWI 100% 4.23FLOZ BOX SHLF-STBL

29.00 @ 1 each	60.00	0.00	0.00	10.00	0.00	0.00	15.00	0.00	0.00	0.00	120.00	0.00	-*	-*	-*	18.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50

10.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00
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M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50

19.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00
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M53222 COND PC Margarine 5g

33.00 @ 1 each	30.00	1.00	30.00	30.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	500.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50855 COND PC Ketchup 9g Heinz

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DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Central ES

Service Area: Purnell - 9-12 - OVS

Menu Name: Purnell HS 2018 Menu - cycle 3 - week 1

Avg.Method: Balanced

33.00 @ 1 each	10.00	0.00	0.00	85.00	0.00	0.00	3.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	0.00	-*	0.00	
M50055 COND PC Mayonnaise 12g																								
33.00 @ 1 each	80.00	1.50	16.87	75.00	8.00	90.00	1.00	0.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	0.00	-*	0.00	
M50284 COND PC Mustard 6g																								
33.00 @ 1 each	0.00	0.00	-	65.00	0.00	-	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	0.00	-*	0.00	
M50624 COND PC Drsg Ranch 12g																								
33.00 @ 1 each	50.00	0.00	0.00	100.00	5.00	90.00	1.00	0.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	0.00	-*	0.00	
M50287 COND PC Sauce, BBQ 12g																								
33.00 @ 1 each	15.00	0.00	0.00	160.00	0.00	0.00	4.00	0.00	0.00	0.00	-*	100.00	-*	-*	-*	0.60	-*	-*	-*	-*	0.00	-*	0.00	
M53983 COND PC Sour Cream 1oz																								
33.00 @ 1 each	56.13	2.87	46.09	8.79	5.49	87.95	1.31	0.69	16.73	0.00	35.44	126.72	0.00	0.11	0.43	0.26	0.01	0.05	0.03	0.01	0.06	28.63	21.55	0.02
M53064 DESRT: COOKIE ChocChp 1.0oz WG																								
33.00 @ 1 cookie	110.00	1.00	8.18	85.00	3.50	28.64	18.00	1.00	5.00	1.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	0.00	-*	1.08	
M54564 FRUIT: STRAWBERRIES, SLCD (USDA) W/SYR FRZ 1/2C																								
33.00 @ 1/2 cup	119.33	0.01	0.09	3.92	0.16	1.23	32.33	0.66	0.00	2.35	-*	30.32	-*	-*	-*	51.65	-*	-*	-*	-*	13.70	-*	0.74	
M52816 DESRT: TOPPING, Whipd NonDairy																								
33.00 @ 1 tablespoon	13.47	1.00	66.56	0.81	1.00	67.06	1.06	0.05	0.01	0.01	-*	0.20	-*	-*	-*	0.00	-*	-*	-*	-*	0.15	-*	0.00	
Average	1269.64	13.14	9.32	1601.61	47.14	33.41	177.29	39.15	93.89	12.43	591.54*	1977.73	0*	.72*	58.64*	105.91	.07*	.14*	.48*	.17*	.07*	451.47	79.12*	5.47

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DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Central ES

Service Area: Purnell - 9-12 - OVS

Menu Name: Purnell HS 2018 Menu - cycle 3 - week 1

Avg.Method: Balanced

Age Group: Lunch Grades K-5 **Period:** Lunch **Week:** 1 **Day:** Thursday **Count Type:** Forecasted **Total No. of Customers:** 34

Weekly Std.	CAL	SFA (g)	% of CAL	Na (mg)	Fat (g)	% of CAL	CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)
	550.00-650.00		10.00	1230.00																		240.13		

M52963 CHIX Popcorn, AP WG 2.0

28.00 @ 1 serving	250.19	2.72	9.78	380.72	14.14	50.87	15.23	15.23	21.76	3.26	-*	108.78	-*	-*	-*	0.00	-*	-*	-*	-*	-*	43.51	-*	1.96
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M51680 BRD: ROLL DG, WG 2.5oz

28.00 @ 1 each	170.00	0.50	2.65	135.00	3.00	15.88	28.00	7.00	0.00	3.40	-*	0.01	-*	-*	-*	0.01	-*	-*	-*	-*	-*	12.70	-*	0.85
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M66531 TACO BFGD SOFT SC WG 2.0 2EA

12.00 @ 2 each	363.35	6.65	16.47	435.82	16.56	41.01	30.91	22.50	55.38	2.54	230.69*	1569.11	0.91*	0.15*	15.50*	3.05	0.03*	0.10*	2.94*	0.21*	1.27*	240.13	115.08*	3.28
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M53449 RICE, Sante Fe WG 1BG

12.00 @ 1/2 cup	113.63	0.21	1.70	118.30	0.90	7.16	23.56	2.52	0.00	1.01	64.07	82.74	0.00*	0.00*	0.09*	2.44	0.00*	0.00*	0.00*	0.00*	0.00*	6.72	0.50*	0.29
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M52980 VEG: BEANS, Black Charro 1/2c

40.00 @ 1/2 cup	128.90	0.20	1.37	125.32	0.97	6.75	22.28	7.75	1.02	7.62	42.39*	137.82	0.00*	0.09*	1.91*	3.06	0.01*	0.00*	0.10*	0.02*	0.00*	101.78	5.40*	2.29
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M52770 VEG: CELERY, Sticks 1/2c

40.00 @ 1/2 cup	9.92	0.03	2.36	49.61	0.11	9.56	1.84	0.43	0.00	0.99	161.23	278.43	0.00	0.17	18.17	1.92	0.01	0.04	0.20	0.05	0.00	24.80	14.88	0.12
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M50529 FRUIT: GRAPES, Fresh 1/2c

40.00 @ 1/2 cup	56.80	0.10	1.53	1.70	0.30	4.70	14.54	0.53	0.00	0.76	161.94	84.78	0.00	0.16	12.38	3.39	0.08	0.05	0.25	0.09	0.00	11.87	8.48	0.25
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M53549 FRUIT: APPLESAUCE,Unswt AP1/2c

40.00 @ 1/2 cup	52.77	0.00	0.00	10.55	0.00	0.00	13.72	0.00	0.00	2.11	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M55543 JUICE SS, TROPICANA APPLE 100% 4.23FLOZ BOX SHLF-STBL

40.00 @ 1 each	60.00	0.00	0.00	10.00	0.00	0.00	14.00	0.00	0.00	0.00	120.00	0.00	-*	-*	-*	15.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50

10.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00
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M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50

40.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00
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M53222 COND PC Margarine 5g

40.00 @ 1 each	30.00	1.00	30.00	30.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	500.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District
Location: Lewisville ISD Central ES
Service Area: Purnell - 9-12 - OVS
Menu Name: Purnell HS 2018 Menu - cycle 3 - week 1
Avg.Method: Balanced

M50855 COND PC Ketchup 9g Heinz

40.00 @ 1 each	10.00	0.00	0.00	85.00	0.00	0.00	3.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50055 COND PC Mayonnaise 12g

40.00 @ 1 each	80.00	1.50	16.87	75.00	8.00	90.00	1.00	0.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50284 COND PC Mustard 6g

40.00 @ 1 each	0.00	0.00	-	65.00	0.00	-	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50624 COND PC Drsg Ranch 12g

40.00 @ 1 each	50.00	0.00	0.00	100.00	5.00	90.00	1.00	0.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50287 COND PC Sauce, BBQ 12g

40.00 @ 1 each	15.00	0.00	0.00	160.00	0.00	0.00	4.00	0.00	0.00	0.00	-*	100.00	-*	-*	-*	0.60	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50407 COND_Salsa, AP 1/8c

12.00 @ 1/8 cup	10.25	0.00	0.00	174.23	0.00	0.00	2.05	0.00	0.00	0.00	0.00	102.49	-*	-*	-*	3.69	-*	-*	-*	-*	-*	0.00	-*	0.00
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Average	1271.99	8.83	6.25	1769.64	41.45	29.33	172.76	49.15	59.25	20.26	675.27*	2739.4	.32*	.55*	43.69*	33.57	.13*	.14*	1.69*	.26*	.45*	737.48	74.63*	6.7
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DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Central ES

Service Area: Purnell - 9-12 - OVS

Menu Name: Purnell HS 2018 Menu - cycle 3 - week 1

Avg.Method: Balanced

Age Group: Lunch Grades K-5 **Period:** Lunch **Week:** 1 **Day:** Friday **Count Type:** Forecasted **Total No. of Customers:** 30

	CAL	SFA (g)	% of CAL	Na (mg)	Fat (g)	% of CAL	CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)
Weekly Std.	550.00-650.00		10.00	1230.00																		16.02		
M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50																								
10.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00
M50855 COND PC Ketchup 9g Heinz																								
31.00 @ 1 each	10.00	0.00	0.00	85.00	0.00	0.00	3.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50284 COND PC Mustard 6g																								
31.00 @ 1 each	0.00	0.00	-	65.00	0.00	-	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50624 COND PC Drsg Ranch 12g																								
31.00 @ 1 each	50.00	0.00	0.00	100.00	5.00	90.00	1.00	0.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50720 DESRT: PUDDING, Choc AP 1/2c																								
31.00 @ 1/2 cup	120.15	0.00	0.00	190.23	3.00	22.50	24.03	1.00	0.00	1.00	70.09	0.00	0.00	-*	-*	0.00	-*	-*	-*	-*	-*	16.02	-*	1.00
Average	226.15	0	0	514.91	8.27	32.91	36.66	3.7	6.83	1.03	72.42*	166.67	0*	-*	-*	.4	-*	-*	-*	-*	-*	116.55	-*	1.03

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