

Lewisville ISD Child Nutrition  
**FOOD ALLERGY/ DISABILITY SUBSTITUTION REQUEST**

**PART 1: TO BE COMPLETED BY PARENT/GUARDIAN**

|  |                          |                |
|--|--------------------------|----------------|
| Name of School:  | Grade Level:             | Student ID #   |
| <i>Student Info (printed)</i>  |                          |                |
| Last Name:   | First Name :             | Date of Birth: |
| <i>Parent/Guardian Info (printed)</i>  |                          |                |
| Name:  | Relationship to Student: |                |
| Email:   | Daytime Phone #:         |                |
| Mailing Address:   | City:                    | Zip Code:      |
| I give Lewisville ISD Child Nutrition Program permission to speak with the below named physician or recognized medical authority to discuss the dietary needs described below. |                          |                |
| I understand it is my responsibility to renew this form should be child's nutritional needs change.  |                          |                |
| Parent Signature: _____  |                          | Date: _____    |

**PART 2: MUST BE COMPLETED BY STUDENT'S TREATING PHYSICIAN (PLEASE PRINT)**

**Does the student have an identified disability, food allergy, or food intolerance?**

**YES Complete PART 2** ↓

**PART 2: FOOD ALLERGY OR DISABILITY**

**SEVERE ALLERGY:** Student has a food allergy that is severe or causes an anaphylactic reaction

**MILD ALLERGY:** Student has a food allergy that is less severe or does not cause an anaphylactic reaction

**FOOD INTOLERANCE:** Student has a food intolerance that requires modifications

**Food allergy or Intolerance (check all foods that apply)**

|                               |                                  |                                    |                                      |                                    |                               |
|-------------------------------|----------------------------------|------------------------------------|--------------------------------------|------------------------------------|-------------------------------|
| <input type="checkbox"/> Eggs | <input type="checkbox"/> Peanuts | <input type="checkbox"/> Tree Nuts | <input type="checkbox"/> Milk        | <input type="checkbox"/> Shellfish | <input type="checkbox"/> Fish |
| <input type="checkbox"/> Soy  | <input type="checkbox"/> Wheat   | <input type="checkbox"/> Corn      | <input type="checkbox"/> Other _____ |                                    |                               |

**Can the student consume foods where the allergen is an ingredient in a product?**  Yes  No

(i.e. Can consume eggs in baked goods, but not scrambled eggs or can consume soy oil but not whole soy beans or TVP)

**If yes, explain:** \_\_\_\_\_

Foods to omit from diet: \_\_\_\_\_

Safe food substitutes\*: \_\_\_\_\_

Juice is an acceptable substitute for fluid milk for a milk allergy or intolerance

**DISABILITY:** Student has a disability and requires a special diet or food accommodation. An individual with a disability under Section 504 of the Rehabilitation Act (1973) and the Americans with Disabilities Act (ADA) is a person who has physical or mental impairment that substantially limits one or more major life activities.

Student's Disability: \_\_\_\_\_

**Major life activity affected by the disability (check all that apply):**

|                                    |                                  |  |  |                                   |                                 |
|------------------------------------|----------------------------------|--|--|-----------------------------------|---------------------------------|
| <input type="checkbox"/> Breathing | <input type="checkbox"/> Seeing  | <input type="checkbox"/> Speaking              | <input type="checkbox"/> Performing manual tasks | <input type="checkbox"/> Learning | <input type="checkbox"/> Eating |
| <input type="checkbox"/> Hearing   | <input type="checkbox"/> Walking | <input type="checkbox"/> Caring for one's self | <input type="checkbox"/> Other: _____            |                                   |                                 |

**Type of Diet:**  Regular  Soft Mechanical  Chopped  Blended  Pureed  Liquid:  Clear  Thickened

Other Modification: \_\_\_\_\_

Foods to omit from diet: \_\_\_\_\_

Safe food substitutes\*: \_\_\_\_\_

**PART 2 CONTINUED: MUST BE COMPLETED BY STUDENT'S TREATING PHYSICIAN (PLEASE PRINT)**

|                         |                              |
|-------------------------|------------------------------|
| Medical Authority Name: | Medical Authority Signature: |
|-------------------------|------------------------------|

|   |       |               |
|---|-------|---------------|
| Medical Authority Credentials:<br><input type="checkbox"/> MD <input type="checkbox"/> DO <input type="checkbox"/> PA <input type="checkbox"/> NP | Date: | Phone Number: |
|---|-------|---------------|

For Office Use Only:  
 Recommended to 504     504 In Place    *Implementation Date:* \_\_\_\_\_

\* The Child Nutrition Department will attempt to accommodate the substitutions as requested but reserves the right to modify the menu based on product availability

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1400 Independence Avenue, SW  
Washington, D.C. 20250-9410;  
(2) fax: (202) 690-7442; or  
(3) email: [program.intake@usda.gov](mailto:program.intake@usda.gov).  
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