



DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Marcus 9th Gr

Service Area: Marcus 9th - 9-12 - OVS

Menu Name: Marcus 9th w/GSD 2018 Menu - cycle 1 - week 5

Avg.Method: Balanced

Age Group: Brkfst Grades K-12

Period: Breakfast

Week: 5

Day: Monday

Count Type: Forecasted

Total No. of Customers: 70

| Weekly Std. | CAL | SFA | | Na (mg) | Fat | | CHO (g) | Pro (g) | Chol (mg) | Fiber (g) | K (mg) | Vit A (IU) | Vit D (IU) | Vit E (mg) | Vit K (mcg) | Vit C (mg) | Vit B1 (mg) | Vit B2 (mg) | Vit B3 (mg) | Vit B6 (mg) | Vit B12 (mcg) | Ca (mg) | P (mg) | Fe (mg) | |
|---------------|-----|-----|----------|---------|-----|----------|---------|---------|-----------|-----------|--------|------------|------------|------------|-------------|------------|-------------|-------------|-------------|-------------|---------------|---------|--------|---------|--|
| | | (g) | % of CAL | | (g) | % of CAL | | | | | | | | | | | | | | | | | | | |
| 450.00-500.00 | | | 10.00 | 540.00 | | | | | | | | | | | | | | | | | | | 0.15 | | |

M52636 BRD: WAFFLE, AP MAPLE MADNESS WG IW

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-----------------|--------|------|------|--------|------|-------|-------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|-------|----|------|
| 16.00 @ 1 pouch | 210.00 | 1.00 | 4.29 | 170.00 | 6.00 | 25.72 | 38.00 | 4.00 | 0.00 | 3.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 20.00 | -* | 0.72 |
|-----------------|--------|------|------|--------|------|-------|-------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|-------|----|------|

M54037 SDW FB, Egg Bacon CH SS WG 1.0

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------|--------|------|-------|--------|------|-------|-------|------|--------|------|-------|--------|----|----|----|------|----|----|----|----|----|-------|----|------|
| 30.00 @ 1 each | 160.12 | 3.07 | 17.27 | 262.38 | 7.65 | 43.01 | 14.89 | 7.74 | 102.21 | 1.34 | 0.00* | 195.31 | -* | -* | -* | 0.03 | -* | -* | -* | -* | -* | 85.50 | -* | 0.86 |
|----------------|--------|------|-------|--------|------|-------|-------|------|--------|------|-------|--------|----|----|----|------|----|----|----|----|----|-------|----|------|

M50435 CEREAL HOT, Oatmeal (1BG)

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------|--------|------|------|------|------|-------|-------|------|------|------|-------|------|-------|-------|-------|------|-------|-------|-------|-------|-------|------|-------|------|
| 3.00 @ 1/2 cup | 106.30 | 0.35 | 3.00 | 3.25 | 2.13 | 18.00 | 19.13 | 3.54 | 0.00 | 2.83 | 1.08* | 0.00 | 0.00* | 0.00* | 0.00* | 0.00 | 0.00* | 0.00* | 0.00* | 0.00* | 0.00* | 3.25 | 0.00* | 1.28 |
|----------------|--------|------|------|------|------|-------|-------|------|------|------|-------|------|-------|-------|-------|------|-------|-------|-------|-------|-------|------|-------|------|

M50209 COND_Sugar, Cinnamon

| | | | | | | | | | | | | | | | | | | | | | | | | |
|---------------------|-------|------|------|------|------|------|-------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|
| 3.00 @ 1 tablespoon | 45.64 | 0.00 | 0.03 | 0.16 | 0.01 | 0.11 | 11.86 | 0.02 | 0.00 | 0.23 | 2.09 | 1.28 | 0.00 | 0.01 | 0.13 | 0.02 | 0.00 | 0.00 | 0.01 | 0.00 | 0.00 | 4.45 | 0.28 | 0.04 |
|---------------------|-------|------|------|------|------|------|-------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|

M50439 CEREAL BWL, Cheerios WG

| | | | | | | | | | | | | | | | | | | | | | | | | |
|---------------|--------|------|------|--------|------|-------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 4.00 @ 1 bowl | 100.00 | 0.50 | 4.50 | 140.00 | 2.00 | 18.00 | 20.00 | 3.00 | 0.00 | 3.00 | -* | 500.01 | -* | -* | -* | 6.00 | -* | -* | -* | -* | -* | 100.00 | -* | 8.10 |
|---------------|--------|------|------|--------|------|-------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M50208 CEREAL BWL, CinnTstCrnch RS WG

| | | | | | | | | | | | | | | | | | | | | | | | | |
|---------------|--------|------|------|--------|------|-------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 4.00 @ 1 bowl | 110.00 | 0.50 | 4.09 | 160.00 | 3.00 | 24.54 | 22.00 | 1.00 | 0.00 | 3.00 | -* | 400.01 | -* | -* | -* | 4.80 | -* | -* | -* | -* | -* | 200.01 | -* | 3.60 |
|---------------|--------|------|------|--------|------|-------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M50442 CEREAL BWL, Cocoa Puffs RS WG

| | | | | | | | | | | | | | | | | | | | | | | | | |
|---------------|--------|------|------|--------|------|-------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 4.00 @ 1 bowl | 110.05 | 0.00 | 0.00 | 160.08 | 1.50 | 12.27 | 25.01 | 2.00 | 0.00 | 2.00 | -* | 500.25 | -* | -* | -* | 6.00 | -* | -* | -* | -* | -* | 100.05 | -* | 4.50 |
|---------------|--------|------|------|--------|------|-------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M50524 CEREAL BWL, Lucky Charms WG

| | | | | | | | | | | | | | | | | | | | | | | | | |
|---------------|--------|------|------|--------|------|------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 4.00 @ 1 bowl | 110.00 | 0.00 | 0.00 | 180.00 | 1.00 | 8.18 | 23.00 | 2.00 | 0.00 | 2.00 | -* | 500.01 | -* | -* | -* | 6.00 | -* | -* | -* | -* | -* | 100.00 | -* | 4.50 |
|---------------|--------|------|------|--------|------|------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M52728 BRD: BAR, Cereal TeamCh WG IW

| | | | | | | | | | | | | | | | | | | | | | | | | |
|---------------|--------|------|------|-------|------|-------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 9.00 @ 1 each | 150.00 | 0.50 | 3.00 | 85.00 | 3.50 | 21.00 | 30.00 | 2.00 | 0.00 | 3.00 | -* | 100.00 | -* | -* | -* | 1.20 | -* | -* | -* | -* | -* | 200.00 | -* | 4.50 |
|---------------|--------|------|------|-------|------|-------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M52695 CHEESE, MZ String LF 1ea 1.0

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------|-------|------|-------|--------|------|-------|------|------|-------|------|------|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 5.00 @ 1 stick | 60.00 | 2.00 | 30.00 | 210.01 | 2.50 | 37.50 | 1.00 | 8.00 | 10.00 | 0.00 | 0.00 | 146.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 220.01 | -* | 0.11 |
|----------------|-------|------|-------|--------|------|-------|------|------|-------|------|------|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M51237 BRD: BREAD WG, Tst Marg 1sl

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------|--------|------|-------|--------|------|-------|-------|------|------|------|-------|------|----|----|----|------|----|----|----|----|----|------|----|------|
| 3.00 @ 1 slice | 110.00 | 1.33 | 10.91 | 160.00 | 4.33 | 35.45 | 15.00 | 3.00 | 0.00 | 1.00 | 1.33* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 1.08 |
|----------------|--------|------|-------|--------|------|-------|-------|------|------|------|-------|------|----|----|----|------|----|----|----|----|----|------|----|------|

M52975 BRD: WAFFLE, RS SS WG (3.25BG)

* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Marcus 9th Gr

Service Area: Marcus 9th - 9-12 - OVS

Menu Name: Marcus 9th w/GSD 2018 Menu - cycle 1 - week 5

Avg.Method: Balanced

| | | | | | | | | | | | | | | | | | | | | | | | | |
|--|--------|------|-------|--------|------|-------|-------|-------|-------|------|--------|--------|-------|-------|-------|-------|-------|-------|-------|-------|-------|--------|-------|------|
| 3.00 @ 1 each | 240.06 | 0.00 | 0.00 | 506.14 | 2.86 | 10.71 | 50.30 | 6.86 | 0.00 | 6.86 | 1.05* | 0.00 | 0.00* | 0.00* | 0.00* | 0.00 | 0.00* | 0.00* | 0.00* | 0.00* | 0.00* | 288.94 | 0.00* | 3.09 |
| M52659 FRUIT: APPLES, Warm Cinn 1/8c | | | | | | | | | | | | | | | | | | | | | | | | |
| 3.00 @ 1/8 cup | 26.31 | 0.01 | 0.19 | 2.47 | 0.01 | 0.29 | 6.56 | 0.00 | 0.00 | 0.50 | 0.63* | 0.25 | 0.00* | 0.00* | 0.02* | 0.04 | 0.00* | 0.00* | 0.00* | 0.00* | 0.00* | 0.62 | 0.12* | 0.01 |
| M52657 FRUIT: BLUEBERRIES, Fz 1/8c | | | | | | | | | | | | | | | | | | | | | | | | |
| 3.00 @ 1/8 cup | 8.89 | 0.01 | 0.94 | 0.17 | 0.11 | 11.29 | 2.12 | 0.07 | 0.00 | 0.47 | 9.41 | 8.01 | 0.00 | 0.08 | 2.86 | 0.44 | 0.01 | 0.01 | 0.09 | 0.01 | 0.00 | 1.39 | 1.92 | 0.03 |
| M54565 FRUIT: STRAWBERRIES, SLCD (USDA) W/SYR FRZ 1/4C | | | | | | | | | | | | | | | | | | | | | | | | |
| 3.00 @ 1/4 cup | 59.67 | 0.01 | 0.09 | 1.96 | 0.08 | 1.23 | 16.16 | 0.33 | 0.00 | 1.18 | -* | 15.16 | -* | -* | -* | 25.82 | -* | -* | -* | -* | -* | 6.85 | -* | 0.37 |
| M52816 DESRT: TOPPING, Whipd NonDairy | | | | | | | | | | | | | | | | | | | | | | | | |
| 3.00 @ 1 tablespoon | 13.47 | 1.00 | 66.56 | 0.81 | 1.00 | 67.06 | 1.06 | 0.05 | 0.01 | 0.01 | -* | 0.20 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.15 | -* | 0.00 |
| M50536 FRUIT: APPLE, 138ct 1/8wg 1/2c | | | | | | | | | | | | | | | | | | | | | | | | |
| 24.00 @ 4 wedge | 31.53 | 0.02 | 0.50 | 2.39 | 0.10 | 2.95 | 8.40 | 0.17 | 0.00 | 1.45 | 67.15 | 33.13 | 0.00 | 0.11 | 1.32 | 3.11 | 0.01 | 0.02 | 0.06 | 0.03 | 0.00 | 5.02 | 6.81 | 0.07 |
| M52271 FRUIT: PEARS, Dice w/Jc 1/2c | | | | | | | | | | | | | | | | | | | | | | | | |
| 24.00 @ 1/2 cup | 60.66 | 0.00 | 0.00 | 10.11 | 0.00 | 0.00 | 14.15 | 0.00 | 0.00 | 2.02 | 80.89 | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
| M53365 JUICE SS, Grape100% 4oz Cart | | | | | | | | | | | | | | | | | | | | | | | | |
| 25.00 @ 1 each | 80.00 | 0.00 | 0.00 | 15.00 | 0.00 | 0.00 | 18.00 | 1.00 | 0.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
| M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50 | | | | | | | | | | | | | | | | | | | | | | | | |
| 15.00 @ 1 carton | 110.00 | 1.50 | 12.28 | 130.00 | 2.50 | 20.46 | 13.00 | 8.00 | 10.00 | 0.00 | -* | 500.00 | -* | -* | -* | 2.40 | -* | -* | -* | -* | -* | 300.00 | -* | 0.00 |
| M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50 | | | | | | | | | | | | | | | | | | | | | | | | |
| 30.00 @ 1 carton | 120.00 | 0.00 | 0.00 | 180.00 | 0.00 | 0.00 | 20.00 | 8.00 | 5.00 | 0.00 | -* | 500.00 | -* | -* | -* | 1.20 | -* | -* | -* | -* | -* | 300.00 | -* | 0.00 |
| M53222 COND PC Margarine 5g | | | | | | | | | | | | | | | | | | | | | | | | |
| 10.00 @ 1 each | 30.00 | 1.00 | 30.00 | 30.00 | 3.00 | 90.00 | 0.00 | 0.00 | 0.00 | 0.00 | -* | 500.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
| M53221 COND PC Jelly, Grape Smucker | | | | | | | | | | | | | | | | | | | | | | | | |
| 5.00 @ 1 each | 35.00 | 0.00 | 0.00 | 5.00 | 0.00 | 0.00 | 9.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
| M50056 COND PC Sauce, Taco 9g | | | | | | | | | | | | | | | | | | | | | | | | |
| 5.00 @ 1 each | 5.00 | 0.00 | 0.00 | 55.00 | 0.00 | 0.00 | 1.00 | 0.00 | 0.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
| M50058 COND PC Syrup 1.4oz Smuckers | | | | | | | | | | | | | | | | | | | | | | | | |
| 20.00 @ 1 each | 110.00 | 0.00 | 0.00 | 25.00 | 0.00 | 0.00 | 29.00 | 0.00 | 0.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
| Average | 364.68 | 2.4 | 5.91 | 373.1 | 7.16 | 17.67 | 63.9 | 11.67 | 48.81 | 3.97 | 51.42* | 620.87 | 0* | .04* | .58* | 4.7 | 0* | .01* | .02* | .01* | 0* | 318.9 | 2.43* | 2.58 |

* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Marcus 9th Gr

Service Area: Marcus 9th - 9-12 - OVS

Menu Name: Marcus 9th w/GSD 2018 Menu - cycle 1 - week 5

Avg.Method: Balanced

DRAFT

* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Marcus 9th Gr

Service Area: Marcus 9th - 9-12 - OVS

Menu Name: Marcus 9th w/GSD 2018 Menu - cycle 1 - week 5

Avg.Method: Balanced

Age Group: Lunch Grades 9-12

Period: Lunch

Week: 5

Day: Monday

Count Type: Forecasted

Total No. of Customers: 480

| Weekly Std. | CAL | SFA (g) | % of CAL | Na (mg) | Fat (g) | % of CAL | CHO (g) | Pro (g) | Chol (mg) | Fiber (g) | K (mg) | Vit A (IU) | Vit D (IU) | Vit E (mg) | Vit K (mcg) | Vit C (mg) | Vit B1 (mg) | Vit B2 (mg) | Vit B3 (mg) | Vit B6 (mg) | Vit B12 (mcg) | Ca (mg) | P (mg) | Fe (mg) |
|-------------|---------------|---------|----------|---------|---------|----------|---------|---------|-----------|-----------|--------|------------|------------|------------|-------------|------------|-------------|-------------|-------------|-------------|---------------|---------|--------|---------|
| | 750.00-850.00 | | 10.00 | 1420.00 | | | | | | | | | | | | | | | | | | 0.00 | | |

M50781 BRD: BISC AP, 2.0oz WG

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------|--------|------|-------|--------|-------|-------|-------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 24.00 @ 1 each | 210.00 | 9.00 | 38.57 | 460.00 | 10.00 | 42.86 | 27.00 | 4.00 | 0.00 | 2.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 150.00 | -* | 1.08 |
|----------------|--------|------|-------|--------|-------|-------|-------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|--------|----|------|

M52558 COND_Gravy, Country Saus SS1.0

| | | | | | | | | | | | | | | | | | | | | | | | | | |
|-----------------|--------|------|-------|--------|-------|-------|------|------|-------|------|-------|------|-------|-------|-------|------|-------|-------|-------|-------|-------|-------|-------|-------|------|
| 24.00 @ 4 fl oz | 194.27 | 4.31 | 19.98 | 636.07 | 13.66 | 63.28 | 9.38 | 5.75 | 28.75 | 0.00 | 0.79* | 0.00 | 0.00* | 0.00* | 0.00* | 0.00 | 0.00* | 0.00* | 0.00* | 0.00* | 0.00* | 0.00* | 59.99 | 0.00* | 0.26 |
|-----------------|--------|------|-------|--------|-------|-------|------|------|-------|------|-------|------|-------|-------|-------|------|-------|-------|-------|-------|-------|-------|-------|-------|------|

M51630 CHIX Sausage Patty 1ea 1.0

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-----------------|--------|------|-------|--------|------|-------|------|-------|-------|------|------|------|----|----|----|------|----|----|----|----|----|------|----|------|
| 24.00 @ 1 patty | 100.00 | 1.50 | 13.50 | 250.00 | 6.00 | 54.00 | 1.00 | 11.00 | 40.00 | 0.00 | 0.00 | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.72 |
|-----------------|--------|------|-------|--------|------|-------|------|-------|-------|------|------|------|----|----|----|------|----|----|----|----|----|------|----|------|

M51480 SALAD, VEG BAJA AP W 2.25

| | | | | | | | | | | | | | | | | | | | | | | | | |
|---------------|--------|------|-------|--------|------|-------|-------|-------|-------|------|---------|---------|-------|-------|-------|-------|-------|-------|-------|-------|-------|--------|--------|------|
| 5.00 @ 1 each | 237.76 | 6.17 | 23.35 | 260.13 | 9.89 | 37.43 | 25.71 | 13.96 | 30.64 | 6.55 | 133.42* | 1890.43 | 0.00* | 0.15* | 1.80* | 14.05 | 0.04* | 0.03* | 0.80* | 0.08* | 0.00* | 281.25 | 32.39* | 1.82 |
|---------------|--------|------|-------|--------|------|-------|-------|-------|-------|------|---------|---------|-------|-------|-------|-------|-------|-------|-------|-------|-------|--------|--------|------|

M51680 BRD: ROLL DG, WG 2.5oz

| | | | | | | | | | | | | | | | | | | | | | | | | |
|---------------|--------|------|------|--------|------|-------|-------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|-------|----|------|
| 5.00 @ 1 each | 170.00 | 0.50 | 2.65 | 135.00 | 3.00 | 15.88 | 28.00 | 7.00 | 0.00 | 3.40 | -* | 0.01 | -* | -* | -* | 0.01 | -* | -* | -* | -* | -* | 12.70 | -* | 0.85 |
|---------------|--------|------|------|--------|------|-------|-------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|-------|----|------|

M52043 PIZZA HUT PIZZA 6" EXPRESS CHZ SS 2.25

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-----------------|--------|------|-------|--------|-------|-------|-------|-------|-------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 51.00 @ 1 pizza | 374.18 | 4.99 | 12.01 | 685.27 | 13.41 | 32.25 | 38.44 | 24.92 | 24.70 | 4.27 | -* | 692.07 | -* | -* | -* | 5.36 | -* | -* | -* | -* | -* | 410.71 | -* | 2.57 |
|-----------------|--------|------|-------|--------|-------|-------|-------|-------|-------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M53931 PIZZA HUT PIZZA 6" EXPRESS PEPP SS 2.0

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-----------------|--------|------|-------|--------|-------|-------|-------|-------|-------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 84.00 @ 1 pizza | 385.19 | 5.31 | 12.42 | 711.32 | 14.98 | 35.01 | 38.49 | 24.17 | 27.17 | 4.35 | -* | 662.85 | -* | -* | -* | 5.43 | -* | -* | -* | -* | -* | 354.34 | -* | 2.65 |
|-----------------|--------|------|-------|--------|-------|-------|-------|-------|-------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M54307 PIZZA HUT PIZZA 6" EXPRESS SSG SS 2.25

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-----------------|--------|------|-------|--------|-------|-------|-------|-------|-------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 15.00 @ 1 pizza | 439.08 | 7.15 | 14.66 | 836.54 | 20.45 | 41.92 | 38.35 | 25.40 | 37.42 | 4.27 | -* | 689.00 | -* | -* | -* | 5.36 | -* | -* | -* | -* | -* | 356.37 | -* | 2.86 |
|-----------------|--------|------|-------|--------|-------|-------|-------|-------|-------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M54310 PIZZA HUT PIZZA 6" EXPRESS BBQ CHIX SS 2.25

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-----------------|--------|------|-------|--------|-------|-------|-------|-------|-------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 15.00 @ 1 pizza | 400.94 | 4.66 | 10.46 | 805.79 | 13.17 | 29.57 | 42.83 | 27.77 | 38.53 | 4.36 | -* | 667.19 | -* | -* | -* | 5.81 | -* | -* | -* | -* | -* | 350.99 | -* | 2.67 |
|-----------------|--------|------|-------|--------|-------|-------|-------|-------|-------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M54521 PIZZA HUT COND PC PEPPER RED CRUSHED 1G

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------|------|------|------|------|------|------|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|
| 25.00 @ 1 each | 5.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 1.00 | 0.00 | 0.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
|----------------|------|------|------|------|------|------|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|

M54520 PIZZA HUT COND PC CHEESE GRATED 2.5G

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------|-------|------|------|-------|------|-------|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|
| 50.00 @ 1 each | 10.00 | 0.00 | 0.00 | 50.00 | 1.00 | 90.00 | 0.00 | 1.00 | 5.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
|----------------|-------|------|------|-------|------|-------|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|

M52950 BURG, BeefPVPizzaAP 100% WG2.5

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------|--------|------|-------|--------|-------|-------|-------|-------|-------|------|--------|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 25.00 @ 1 each | 372.51 | 7.00 | 16.91 | 757.54 | 17.00 | 41.07 | 31.25 | 22.50 | 52.50 | 3.00 | 20.00* | 150.04 | -* | -* | -* | 1.20 | -* | -* | -* | -* | -* | 146.00 | -* | 2.79 |
|----------------|--------|------|-------|--------|-------|-------|-------|-------|-------|------|--------|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Marcus 9th Gr

Service Area: Marcus 9th - 9-12 - OVS

Menu Name: Marcus 9th w/GSD 2018 Menu - cycle 1 - week 5

Avg.Method: Balanced

M53275 MELT BD, AM WG 2.0

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-------------------|--------|-------|-------|---------|-------|-------|-------|-------|-------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 5.00 @ 1 sandwich | 385.00 | 11.25 | 26.30 | 1320.00 | 19.50 | 45.58 | 32.50 | 18.50 | 62.50 | 2.00 | -* | 500.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 375.00 | -* | 2.16 |
|-------------------|--------|-------|-------|---------|-------|-------|-------|-------|-------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M51680 BRD: ROLL DG, WG 2.5oz

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------|--------|------|------|--------|------|-------|-------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|-------|----|------|
| 70.00 @ 1 each | 170.00 | 0.50 | 2.65 | 135.00 | 3.00 | 15.88 | 28.00 | 7.00 | 0.00 | 3.40 | -* | 0.01 | -* | -* | -* | 0.01 | -* | -* | -* | -* | -* | 12.70 | -* | 0.85 |
|----------------|--------|------|------|--------|------|-------|-------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|-------|----|------|

M53659 BURG, Beef AP100% 2.0

| | | | | | | | | | | | | | | | | | | | | | | | | |
|---------------|--------|------|-------|--------|-------|-------|-------|-------|-------|------|----|------|----|----|----|------|----|----|----|----|----|-------|----|------|
| 5.00 @ 1 each | 270.00 | 3.00 | 10.00 | 345.00 | 10.00 | 33.33 | 28.00 | 17.00 | 35.00 | 2.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 40.00 | -* | 2.52 |
|---------------|--------|------|-------|--------|-------|-------|-------|-------|-------|------|----|------|----|----|----|------|----|----|----|----|----|-------|----|------|

M54370 BURG, BLACK BEAN AP WG 2.0

| | | | | | | | | | | | | | | | | | | | | | | | | |
|---------------|--------|------|------|--------|------|-------|-------|-------|------|------|---------|------|----|----|----|------|----|----|----|----|----|-------|----|------|
| 3.00 @ 1 each | 300.00 | 1.00 | 3.00 | 710.00 | 9.00 | 27.00 | 42.00 | 19.00 | 5.00 | 7.00 | 280.00* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 80.00 | -* | 2.16 |
|---------------|--------|------|------|--------|------|-------|-------|-------|------|------|---------|------|----|----|----|------|----|----|----|----|----|-------|----|------|

M53543 SUB AP, AM Rst Veg 2.0

| | | | | | | | | | | | | | | | | | | | | | | | | |
|---------------|--------|-------|-------|---------|-------|-------|-------|-------|-------|------|---------|---------|-------|-------|--------|-------|-------|-------|-------|-------|-------|--------|--------|------|
| 5.00 @ 1 each | 387.02 | 11.29 | 26.26 | 1314.91 | 19.76 | 45.95 | 35.21 | 19.61 | 62.50 | 4.45 | 227.97* | 3467.39 | 0.00* | 0.27* | 33.35* | 16.80 | 0.05* | 0.04* | 0.43* | 0.11* | 0.00* | 435.04 | 29.16* | 1.95 |
|---------------|--------|-------|-------|---------|-------|-------|-------|-------|-------|------|---------|---------|-------|-------|--------|-------|-------|-------|-------|-------|-------|--------|--------|------|

M53347 SDW BD, SB WG 2.0

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-------------------|--------|------|------|--------|-------|-------|-------|-------|------|------|----|------|----|----|----|------|----|----|----|----|----|-------|----|------|
| 4.00 @ 1 sandwich | 554.98 | 3.95 | 6.41 | 556.98 | 33.60 | 54.49 | 43.82 | 19.82 | 0.00 | 9.90 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 39.50 | -* | 5.00 |
|-------------------|--------|------|------|--------|-------|-------|-------|-------|------|------|----|------|----|----|----|------|----|----|----|----|----|-------|----|------|

M50962 SDW BD, SBJ WG 2.0

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-------------------|--------|------|------|--------|-------|-------|-------|-------|------|------|----|------|----|----|----|------|----|----|----|----|----|-------|----|------|
| 3.00 @ 1 sandwich | 654.64 | 3.95 | 5.43 | 556.98 | 33.60 | 46.19 | 69.74 | 19.82 | 0.00 | 9.90 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 39.50 | -* | 5.00 |
|-------------------|--------|------|------|--------|-------|-------|-------|-------|------|------|----|------|----|----|----|------|----|----|----|----|----|-------|----|------|

M51734 BRD: BREAD WG, 2sl

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------|--------|------|------|--------|------|-------|-------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|
| 5.00 @ 2 slice | 160.00 | 0.00 | 0.00 | 320.00 | 2.00 | 11.25 | 30.00 | 6.00 | 0.00 | 2.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 2.16 |
|----------------|--------|------|------|--------|------|-------|-------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|

M52708 BRD: ROLL DG, Sub 6" WG

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------|--------|------|------|--------|------|-------|-------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|-------|----|------|
| 24.00 @ 1 roll | 170.00 | 0.50 | 2.65 | 180.00 | 3.00 | 15.88 | 28.00 | 6.00 | 0.00 | 3.00 | -* | 0.01 | -* | -* | -* | 0.01 | -* | -* | -* | -* | -* | 13.52 | -* | 1.45 |
|----------------|--------|------|------|--------|------|-------|-------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|-------|----|------|

M54775 BRD: CROISSANT, SLICED WG

| | | | | | | | | | | | | | | | | | | | | | | | | |
|---------------|--------|------|-------|--------|-------|-------|-------|------|-------|------|-------|--------|------|------|------|------|------|------|------|------|------|-------|------|------|
| 4.00 @ 1 each | 243.91 | 6.47 | 23.87 | 253.40 | 12.05 | 44.44 | 29.25 | 5.44 | 32.35 | 0.91 | 15.14 | 313.46 | 0.31 | 0.00 | 0.00 | 2.82 | 0.25 | 1.93 | 0.85 | 0.00 | 0.01 | 15.66 | 3.96 | 1.63 |
|---------------|--------|------|-------|--------|-------|-------|-------|------|-------|------|-------|--------|------|------|------|------|------|------|------|------|------|-------|------|------|

M55179 BRD: CIABATTA, SLICED WG

| | | | | | | | | | | | | | | | | | | | | | | | | |
|---------------|--------|------|------|--------|------|-------|-------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|-------|----|------|
| 4.00 @ 1 each | 160.00 | 0.50 | 2.81 | 170.00 | 3.50 | 19.69 | 30.00 | 5.00 | 0.00 | 3.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 20.00 | -* | 1.44 |
|---------------|--------|------|------|--------|------|-------|-------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|-------|----|------|

M51009 DEACT-USE M66605 - BRD: TORTILLA FLOUR 10" WG

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------|--------|------|------|--------|------|-------|-------|------|------|------|--------|------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 10.00 @ 1 each | 200.00 | 1.50 | 6.75 | 280.00 | 5.00 | 22.50 | 34.00 | 6.00 | 0.00 | 3.00 | 320.00 | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 150.00 | -* | 1.80 |
|----------------|--------|------|------|--------|------|-------|-------|------|------|------|--------|------|----|----|----|------|----|----|----|----|----|--------|----|------|

M52782 BRD: FLATBREAD 2oz (2BG)

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------|--------|------|------|--------|------|-------|-------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|-------|----|------|
| 15.00 @ 1 each | 180.00 | 1.00 | 5.00 | 310.00 | 5.00 | 25.00 | 28.00 | 5.00 | 0.00 | 2.69 | -* | 0.07 | -* | -* | -* | 0.07 | -* | -* | -* | -* | -* | 22.88 | -* | 0.83 |
|----------------|--------|------|------|--------|------|-------|-------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|-------|----|------|

M53393 TKY, Breast Sliced 1.0

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-------------------|-------|------|------|--------|------|-------|------|------|-------|------|----|------|----|----|----|------|----|----|----|----|----|-------|----|------|
| 30.00 @ 1 serving | 60.00 | 0.50 | 7.50 | 220.00 | 2.00 | 30.00 | 2.00 | 9.00 | 25.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 20.00 | -* | 0.36 |
|-------------------|-------|------|------|--------|------|-------|------|------|-------|------|----|------|----|----|----|------|----|----|----|----|----|-------|----|------|

* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Marcus 9th Gr

Service Area: Marcus 9th - 9-12 - OVS

Menu Name: Marcus 9th w/GSD 2018 Menu - cycle 1 - week 5

Avg.Method: Balanced

M53569 CHIX, BLACK FOREST HAM SLICED 1.0

| | | | | | | | | | | | | | | | | | | | | | | | |
|-------------------|-------|------|-------|--------|------|-------|------|------|-------|------|----|------|----|----|----|------|----|----|----|----|------|----|------|
| 30.00 @ 1 serving | 80.00 | 1.50 | 16.88 | 330.00 | 4.50 | 50.63 | 2.00 | 8.00 | 40.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | 0.00 | -* | 0.36 |
|-------------------|-------|------|-------|--------|------|-------|------|------|-------|------|----|------|----|----|----|------|----|----|----|----|------|----|------|

M53894 CHIX DCD GRAPE DELI SALAD W 1.0

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------------|-------|------|-------|--------|------|-------|------|------|-------|------|--------|-------|-------|-------|-------|------|-------|-------|-------|-------|-------|------|-------|------|
| 5.00 @ 1 No 16 Scoop | 99.11 | 1.15 | 10.48 | 141.67 | 5.35 | 48.57 | 3.34 | 9.31 | 30.61 | 0.19 | 31.51* | 37.52 | 0.00* | 0.03* | 2.59* | 0.48 | 0.01* | 0.01* | 0.04* | 0.01* | 0.00* | 3.88 | 2.53* | 0.32 |
|----------------------|-------|------|-------|--------|------|-------|------|------|-------|------|--------|-------|-------|-------|-------|------|-------|-------|-------|-------|-------|------|-------|------|

M52455 FISH, Tuna Deli Salad B 1.0

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------------|--------|------|-------|--------|------|-------|------|------|-------|------|--------|-------|-------|-------|-------|------|-------|-------|-------|-------|-------|------|-------|------|
| 5.00 @ 1 No 20 Scoop | 105.01 | 1.34 | 11.46 | 146.76 | 7.60 | 65.14 | 0.28 | 7.63 | 18.49 | 0.13 | 19.78* | 32.30 | 0.00* | 0.02* | 2.16* | 0.31 | 0.00* | 0.00* | 0.02* | 0.01* | 0.00* | 3.12 | 1.84* | 0.20 |
|----------------------|--------|------|-------|--------|------|-------|------|------|-------|------|--------|-------|-------|-------|-------|------|-------|-------|-------|-------|-------|------|-------|------|

M51005 CHEESE, AM (184ct) Slices 1.0

| | | | | | | | | | | | | | | | | | | | | | | | |
|-----------------|--------|------|-------|--------|-------|-------|------|------|-------|------|----|--------|----|----|----|------|----|----|----|----|--------|----|------|
| 10.00 @ 3 slice | 134.99 | 6.75 | 45.00 | 599.97 | 10.50 | 70.00 | 1.50 | 7.50 | 37.50 | 0.00 | -* | 299.98 | -* | -* | -* | 0.00 | -* | -* | -* | -* | 224.99 | -* | 0.00 |
|-----------------|--------|------|-------|--------|-------|-------|------|------|-------|------|----|--------|----|----|----|------|----|----|----|----|--------|----|------|

M53381 CHEESE, CH Slices 1.0

| | | | | | | | | | | | | | | | | | | | | | | | |
|-----------------|--------|------|-------|--------|------|-------|------|------|-------|------|-------|------|----|----|----|------|----|----|----|----|--------|----|------|
| 15.00 @ 2 slice | 110.01 | 5.00 | 40.91 | 180.01 | 9.00 | 73.64 | 1.00 | 6.00 | 30.00 | 0.00 | 20.00 | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | 199.01 | -* | 0.00 |
|-----------------|--------|------|-------|--------|------|-------|------|------|-------|------|-------|------|----|----|----|------|----|----|----|----|--------|----|------|

M50999 CHEESE, JK Slices 1.0

| | | | | | | | | | | | | | | | | | | | | | | | |
|-----------------|--------|------|-------|--------|------|-------|------|------|-------|------|-------|------|----|----|----|------|----|----|----|----|--------|----|------|
| 15.00 @ 2 slice | 100.00 | 5.00 | 45.00 | 180.01 | 8.00 | 72.00 | 1.00 | 7.00 | 30.00 | 0.00 | 25.00 | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | 197.01 | -* | 0.00 |
|-----------------|--------|------|-------|--------|------|-------|------|------|-------|------|-------|------|----|----|----|------|----|----|----|----|--------|----|------|

M51003 CHEESE, PV Slices 1.0

| | | | | | | | | | | | | | | | | | | | | | | | |
|-----------------|--------|------|-------|--------|------|-------|------|------|-------|------|-------|------|----|----|----|------|----|----|----|----|--------|----|------|
| 10.00 @ 2 slice | 100.00 | 5.00 | 45.00 | 250.01 | 7.00 | 63.00 | 1.00 | 7.00 | 20.00 | 0.00 | 40.00 | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | 212.01 | -* | 0.00 |
|-----------------|--------|------|-------|--------|------|-------|------|------|-------|------|-------|------|----|----|----|------|----|----|----|----|--------|----|------|

M51008 VEG: TOMATOES, FrsSI 1/8c(2sl)

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-----------------|------|------|------|------|------|-------|------|------|------|------|-------|--------|------|------|------|------|------|------|------|------|------|------|------|------|
| 20.00 @ 1/8 cup | 5.10 | 0.01 | 1.40 | 1.42 | 0.06 | 10.00 | 1.10 | 0.25 | 0.00 | 0.34 | 67.18 | 236.14 | 0.00 | 0.15 | 2.24 | 3.88 | 0.01 | 0.01 | 0.17 | 0.02 | 0.00 | 2.83 | 6.80 | 0.08 |
|-----------------|------|------|------|------|------|-------|------|------|------|------|-------|--------|------|------|------|------|------|------|------|------|------|------|------|------|

M51017 VEG GARN: Rom Leaf 1ea

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------|------|------|------|------|------|-------|------|------|------|------|-------|---------|------|------|-------|------|------|------|------|------|------|------|------|------|
| 50.00 @ 1 each | 2.41 | 0.01 | 2.06 | 1.13 | 0.04 | 15.88 | 0.47 | 0.17 | 0.00 | 0.30 | 35.01 | 1234.63 | 0.00 | 0.02 | 14.53 | 0.57 | 0.01 | 0.01 | 0.04 | 0.01 | 0.00 | 4.68 | 4.25 | 0.14 |
|----------------|------|------|------|------|------|-------|------|------|------|------|-------|---------|------|------|-------|------|------|------|------|------|------|------|------|------|

M51013 VEG: ONIONS, Red Slice 1ea

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-----------------|------|------|------|------|------|------|------|------|------|------|-------|------|------|------|------|------|------|------|------|------|------|------|------|------|
| 20.00 @ 1 slice | 2.83 | 0.00 | 0.94 | 0.28 | 0.01 | 2.25 | 0.66 | 0.08 | 0.00 | 0.12 | 10.35 | 0.14 | 0.00 | 0.00 | 0.03 | 0.52 | 0.00 | 0.00 | 0.01 | 0.01 | 0.00 | 1.63 | 2.06 | 0.01 |
|-----------------|------|------|------|------|------|------|------|------|------|------|-------|------|------|------|------|------|------|------|------|------|------|------|------|------|

M53388 VEG: MUSHROOM, SlcFrsRstd1/8c

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-----------------|------|------|------|------|------|-------|------|------|------|------|-------|------|------|------|------|------|------|------|------|------|------|------|-------|------|
| 10.00 @ 1/8 cup | 4.52 | 0.01 | 1.95 | 0.38 | 0.06 | 12.80 | 0.90 | 0.31 | 0.00 | 0.31 | 46.78 | 1.62 | 0.97 | 0.01 | 0.89 | 0.68 | 0.01 | 0.04 | 0.55 | 0.02 | 0.00 | 3.07 | 11.59 | 0.28 |
|-----------------|------|------|------|------|------|-------|------|------|------|------|-------|------|------|------|------|------|------|------|------|------|------|------|-------|------|

M50892 VEG: PEPPERS, Jalapeno CndTBSP

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------------|------|------|------|--------|------|-------|------|------|------|------|-------|--------|------|------|------|------|------|------|------|------|------|------|------|------|
| 15.00 @ 1 tablespoon | 2.67 | 0.01 | 3.23 | 165.30 | 0.09 | 31.33 | 0.47 | 0.09 | 0.00 | 0.26 | 19.09 | 168.17 | 0.00 | 0.07 | 1.28 | 0.99 | 0.00 | 0.00 | 0.04 | 0.02 | 0.00 | 2.28 | 1.78 | 0.19 |
|----------------------|------|------|------|--------|------|-------|------|------|------|------|-------|--------|------|------|------|------|------|------|------|------|------|------|------|------|

M50893 VEG: PEPPERS, Banana Cnd TBSP

| | | | | | | | | | | | | | | | | | | | | | | | |
|----------------------|------|------|------|--------|------|-------|------|------|------|------|----|------|----|----|----|------|----|----|----|----|------|----|------|
| 15.00 @ 1 tablespoon | 1.71 | 0.00 | 2.08 | 203.78 | 0.02 | 10.42 | 0.31 | 0.07 | 0.00 | 0.09 | -* | 0.00 | -* | -* | -* | 4.33 | -* | -* | -* | -* | 0.00 | -* | 0.03 |
|----------------------|------|------|------|--------|------|-------|------|------|------|------|----|------|----|----|----|------|----|----|----|----|------|----|------|

M50176 COND_Pickle, Dill Slice 2ea

* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Marcus 9th Gr

Service Area: Marcus 9th - 9-12 - OVS

Menu Name: Marcus 9th w/GSD 2018 Menu - cycle 1 - week 5

Avg.Method: Balanced

| | | | | | | | | | | | | | | | | | | | | | | | | |
|--|--------|------|-------|--------|------|-------|-------|------|------|------|--------|--------|-------|-------|-------|-------|-------|-------|-------|-------|-------|--------|-------|------|
| 15.00 @ 2 slice | 1.62 | 0.01 | 4.72 | 162.08 | 0.05 | 25.17 | 0.24 | 0.06 | 0.00 | 0.14 | -* | 0.00 | -* | -* | -* | 0.21 | -* | -* | -* | -* | -* | 8.65 | -* | 0.05 |
| M50060 COND_Mayo W | | | | | | | | | | | | | | | | | | | | | | | | |
| 40.00 @ 1 tablespoon | 35.00 | 0.50 | 12.86 | 99.99 | 3.50 | 90.00 | 1.00 | 0.00 | 5.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
| M51676 COND_Mayo, Sriracha W | | | | | | | | | | | | | | | | | | | | | | | | |
| 40.00 @ 1 tablespoon | 33.72 | 0.46 | 12.18 | 139.89 | 3.18 | 84.87 | 1.35 | 0.04 | 4.54 | 0.04 | 3.92* | 45.56 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.32 | -* | 0.02 |
| M51391 COND_Mayo, Chipotle W | | | | | | | | | | | | | | | | | | | | | | | | |
| 40.00 @ 1 tablespoon | 27.56 | 0.37 | 12.25 | 95.66 | 2.63 | 85.96 | 1.00 | 0.01 | 3.75 | 0.01 | 0.00* | 15.26 | -* | -* | -* | 0.40 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
| M51427 COND_Sauce, Bistro SC W | | | | | | | | | | | | | | | | | | | | | | | | |
| 20.00 @ 1 tablespoon | 29.82 | 0.20 | 6.11 | 132.82 | 1.48 | 44.77 | 2.34 | 0.32 | 1.87 | 0.34 | 19.89* | 10.07 | 0.00* | 0.04* | 6.39* | 0.83 | 0.00* | 0.01* | 0.05* | 0.00* | 0.00* | 8.86 | 2.29* | 0.21 |
| M52707 COND_Dressing, Ranch Homestyle | | | | | | | | | | | | | | | | | | | | | | | | |
| 40.00 @ 1 tablespoon | 50.00 | 0.75 | 13.50 | 134.99 | 5.50 | 99.00 | 0.50 | 0.50 | 5.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 10.00 | -* | 0.00 |
| M50291 COND_Mustard, Yellow | | | | | | | | | | | | | | | | | | | | | | | | |
| 20.00 @ 1 tablespoon | 9.00 | 0.01 | 1.50 | 181.50 | 0.37 | 37.20 | 0.93 | 0.47 | 0.00 | 0.43 | 13.36 | 0.67 | -* | -* | -* | 0.13 | -* | -* | -* | -* | -* | 7.51 | -* | 0.19 |
| M51259 BRD: CRACK SS, Chz-It WG | | | | | | | | | | | | | | | | | | | | | | | | |
| 30.00 @ 1 package | 100.00 | 1.00 | 9.00 | 150.00 | 3.50 | 31.50 | 14.00 | 2.00 | 5.00 | 1.00 | -* | 500.01 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 100.00 | -* | 0.72 |
| M53419 VEG: POTATO, FF CTINAGEN7 1/2C | | | | | | | | | | | | | | | | | | | | | | | | |
| 108.00 @ 1/2 cup | 121.82 | 1.52 | 11.25 | 137.05 | 4.57 | 33.75 | 17.26 | 2.03 | 0.00 | 2.03 | -* | 0.00 | -* | -* | -* | 3.65 | -* | -* | -* | -* | -* | 0.00 | -* | 0.37 |
| M66012 VEG: POTATO, TATER BITES(KRAFT) 1/2 C | | | | | | | | | | | | | | | | | | | | | | | | |
| 70.00 @ 1/2 cup | 130.70 | 1.51 | 10.39 | 331.78 | 8.04 | 55.39 | 12.06 | 1.00 | 0.00 | 2.01 | 301.62 | 0.00 | -* | -* | -* | 6.03 | -* | -* | -* | -* | -* | 20.11 | -* | 0.00 |
| M50529 FRUIT: GRAPES, Fresh 1/2c | | | | | | | | | | | | | | | | | | | | | | | | |
| 140.00 @ 1/2 cup | 56.80 | 0.10 | 1.53 | 1.70 | 0.30 | 4.70 | 14.54 | 0.53 | 0.00 | 0.76 | 161.94 | 84.78 | 0.00 | 0.16 | 12.38 | 3.39 | 0.08 | 0.05 | 0.25 | 0.09 | 0.00 | 11.87 | 8.48 | 0.25 |
| M52794 FRUIT: ORANGE Mand w/Syr 1/2c | | | | | | | | | | | | | | | | | | | | | | | | |
| 80.00 @ 1/2 cup | 75.88 | 0.00 | 0.00 | 9.49 | 0.00 | 0.00 | 17.07 | 0.95 | 0.00 | 0.95 | -* | 189.70 | -* | -* | -* | 11.38 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
| M50980 JUICE SS, Frt Bld 100% 4oz Crt | | | | | | | | | | | | | | | | | | | | | | | | |
| 75.00 @ 1 each | 60.00 | 0.00 | 0.00 | 10.00 | 0.00 | 0.00 | 14.00 | 0.00 | 0.00 | 0.00 | 100.00 | 0.00 | -* | -* | -* | 3.60 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
| M51645 DESRT: COOKIE Carnival 1.0ozWG | | | | | | | | | | | | | | | | | | | | | | | | |

* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Marcus 9th Gr

Service Area: Marcus 9th - 9-12 - OVS

Menu Name: Marcus 9th w/GSD 2018 Menu - cycle 1 - week 5

Avg.Method: Balanced

| | | | | | | | | | | | | | | | | | | | | | | | | |
|---|--------|------|-------|--------|-------|-------|-------|-------|-------|------|---------|---------|-------|-------|--------|------|-------|-------|-------|-------|-------|--------|--------|------|
| 140.00 @ 1 cookie | 110.00 | 1.00 | 8.18 | 85.00 | 3.50 | 28.64 | 18.00 | 1.00 | 5.00 | 1.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.72 |
| M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50 | | | | | | | | | | | | | | | | | | | | | | | | |
| 50.00 @ 1 carton | 110.00 | 1.50 | 12.28 | 130.00 | 2.50 | 20.46 | 13.00 | 8.00 | 10.00 | 0.00 | -* | 500.00 | -* | -* | -* | 2.40 | -* | -* | -* | -* | -* | 300.00 | -* | 0.00 |
| M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50 | | | | | | | | | | | | | | | | | | | | | | | | |
| 150.00 @ 1 carton | 120.00 | 0.00 | 0.00 | 180.00 | 0.00 | 0.00 | 20.00 | 8.00 | 5.00 | 0.00 | -* | 500.00 | -* | -* | -* | 1.20 | -* | -* | -* | -* | -* | 300.00 | -* | 0.00 |
| M53222 COND PC Margarine 5g | | | | | | | | | | | | | | | | | | | | | | | | |
| 30.00 @ 1 each | 30.00 | 1.00 | 30.00 | 30.00 | 3.00 | 90.00 | 0.00 | 0.00 | 0.00 | 0.00 | -* | 500.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
| M50855 COND PC Ketchup 9g Heinz | | | | | | | | | | | | | | | | | | | | | | | | |
| 250.00 @ 1 each | 10.00 | 0.00 | 0.00 | 85.00 | 0.00 | 0.00 | 3.00 | 0.00 | 0.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
| M50055 COND PC Mayonnaise 12g | | | | | | | | | | | | | | | | | | | | | | | | |
| 60.00 @ 1 each | 80.00 | 1.50 | 16.87 | 75.00 | 8.00 | 90.00 | 1.00 | 0.00 | 5.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
| M50284 COND PC Mustard 6g | | | | | | | | | | | | | | | | | | | | | | | | |
| 20.00 @ 1 each | 0.00 | 0.00 | - | 65.00 | 0.00 | - | 1.00 | 0.00 | 0.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
| M50685 COND_DRESSING, VINAIGRETTE BALSAMIC | | | | | | | | | | | | | | | | | | | | | | | | |
| 10.00 @ 1 tablespoon | 30.00 | 0.25 | 7.50 | 95.00 | 2.50 | 75.00 | 2.00 | 0.00 | 0.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
| M50623 COND PC Drsg Italian 12g | | | | | | | | | | | | | | | | | | | | | | | | |
| 20.00 @ 1 each | 30.00 | 0.00 | 0.00 | 130.00 | 3.00 | 90.00 | 0.00 | 0.00 | 0.00 | 0.00 | -* | 100.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
| M50624 COND PC Drsg Ranch 12g | | | | | | | | | | | | | | | | | | | | | | | | |
| 125.00 @ 1 each | 50.00 | 0.00 | 0.00 | 100.00 | 5.00 | 90.00 | 1.00 | 0.00 | 5.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
| M50056 COND PC Sauce, Taco 9g | | | | | | | | | | | | | | | | | | | | | | | | |
| 20.00 @ 1 each | 5.00 | 0.00 | 0.00 | 55.00 | 0.00 | 0.00 | 1.00 | 0.00 | 0.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
| M50287 COND PC Sauce, BBQ 12g | | | | | | | | | | | | | | | | | | | | | | | | |
| 60.00 @ 1 each | 15.00 | 0.00 | 0.00 | 160.00 | 0.00 | 0.00 | 4.00 | 0.00 | 0.00 | 0.00 | -* | 100.00 | -* | -* | -* | 0.60 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
| M66762 WRAP 10", CHIXPOPCY PO BOY WG 2.0 FUEL 01/18 | | | | | | | | | | | | | | | | | | | | | | | | |
| 10.00 @ 1 each | 455.99 | 4.98 | 9.82 | 650.88 | 19.94 | 39.36 | 48.60 | 20.14 | 25.99 | 6.17 | 148.57* | 2920.08 | 0.00* | 0.21* | 31.33* | 4.77 | 0.03* | 0.03* | 0.26* | 0.04* | 0.00* | 173.20 | 15.36* | 3.78 |
| Average | 506.06 | 5.91 | 10.5 | 909.15 | 19.39 | 34.49 | 60.66 | 20.96 | 34.82 | 4.69 | 136.26* | 864.28 | .02* | .07* | 6.61* | 8.74 | .03* | .03* | .13* | .03* | 0* | 332.19 | 4.72* | 2.24 |

* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Marcus 9th Gr

Service Area: Marcus 9th - 9-12 - OVS

Menu Name: Marcus 9th w/GSD 2018 Menu - cycle 1 - week 5

Avg.Method: Balanced

Age Group: Brkfst Grades K-12 **Period:** Breakfast **Week:** 5 **Day:** Tuesday **Count Type:** Forecasted **Total No. of Customers:** 75

| Weekly Std. | CAL | SFA (g) | % of CAL | Na (mg) | Fat (g) | % of CAL | CHO (g) | Pro (g) | Chol (mg) | Fiber (g) | K (mg) | Vit A (IU) | Vit D (IU) | Vit E (mg) | Vit K (mcg) | Vit C (mg) | Vit B1 (mg) | Vit B2 (mg) | Vit B3 (mg) | Vit B6 (mg) | Vit B12 (mcg) | Ca (mg) | P (mg) | Fe (mg) |
|-------------|---------------|---------|----------|---------|---------|----------|---------|---------|-----------|-----------|--------|------------|------------|------------|-------------|------------|-------------|-------------|-------------|-------------|---------------|---------|--------|---------|
| | 450.00-500.00 | | 10.00 | 540.00 | | | | | | | | | | | | | | | | | | 0.00 | | |

M51476 BRD: CRACK SS, Crnch CinnBunWG

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-------------------|--------|------|------|--------|------|-------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 24.00 @ 1 package | 220.00 | 2.00 | 8.18 | 230.00 | 7.00 | 28.64 | 37.00 | 4.00 | 0.00 | 2.00 | -* | 750.01 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 150.00 | -* | 1.44 |
|-------------------|--------|------|------|--------|------|-------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M50792 YOGURT SS, Trix Strawb/Ban 4oz

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------|-------|------|------|-------|------|------|-------|------|------|------|--------|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 24.00 @ 1 each | 80.00 | 0.00 | 0.00 | 60.00 | 0.50 | 5.63 | 15.00 | 4.00 | 5.00 | 0.00 | 140.00 | 500.04 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 100.01 | -* | 0.00 |
|----------------|-------|------|------|-------|------|------|-------|------|------|------|--------|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M50444 STICKS, PANCAKE WRAP TKY MAPLE WG 1.0

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------|--------|------|-------|--------|-------|-------|-------|------|-------|------|----|------|----|----|----|------|----|----|----|----|----|-------|----|------|
| 33.00 @ 1 each | 200.00 | 2.50 | 11.25 | 310.00 | 10.00 | 45.00 | 17.00 | 7.00 | 25.00 | 3.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 20.00 | -* | 1.80 |
|----------------|--------|------|-------|--------|-------|-------|-------|------|-------|------|----|------|----|----|----|------|----|----|----|----|----|-------|----|------|

M50435 CEREAL HOT, Oatmeal (1BG)

| | | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------|--------|------|------|------|------|-------|-------|------|------|------|-------|------|-------|-------|-------|------|-------|-------|-------|-------|-------|-------|------|-------|------|
| 3.00 @ 1/2 cup | 106.30 | 0.35 | 3.00 | 3.25 | 2.13 | 18.00 | 19.13 | 3.54 | 0.00 | 2.83 | 1.08* | 0.00 | 0.00* | 0.00* | 0.00* | 0.00 | 0.00* | 0.00* | 0.00* | 0.00* | 0.00* | 0.00* | 3.25 | 0.00* | 1.28 |
|----------------|--------|------|------|------|------|-------|-------|------|------|------|-------|------|-------|-------|-------|------|-------|-------|-------|-------|-------|-------|------|-------|------|

M50209 COND_Sugar, Cinnamon

| | | | | | | | | | | | | | | | | | | | | | | | | |
|---------------------|-------|------|------|------|------|------|-------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|
| 3.00 @ 1 tablespoon | 45.64 | 0.00 | 0.03 | 0.16 | 0.01 | 0.11 | 11.86 | 0.02 | 0.00 | 0.23 | 2.09 | 1.28 | 0.00 | 0.01 | 0.13 | 0.02 | 0.00 | 0.00 | 0.01 | 0.00 | 0.00 | 4.45 | 0.28 | 0.04 |
|---------------------|-------|------|------|------|------|------|-------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|

M50439 CEREAL BWL, Cheerios WG

| | | | | | | | | | | | | | | | | | | | | | | | | |
|---------------|--------|------|------|--------|------|-------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 4.00 @ 1 bowl | 100.00 | 0.50 | 4.50 | 140.00 | 2.00 | 18.00 | 20.00 | 3.00 | 0.00 | 3.00 | -* | 500.01 | -* | -* | -* | 6.00 | -* | -* | -* | -* | -* | 100.00 | -* | 8.10 |
|---------------|--------|------|------|--------|------|-------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M50208 CEREAL BWL, CinnTstCrnch RS WG

| | | | | | | | | | | | | | | | | | | | | | | | | |
|---------------|--------|------|------|--------|------|-------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 4.00 @ 1 bowl | 110.00 | 0.50 | 4.09 | 160.00 | 3.00 | 24.54 | 22.00 | 1.00 | 0.00 | 3.00 | -* | 400.01 | -* | -* | -* | 4.80 | -* | -* | -* | -* | -* | 200.01 | -* | 3.60 |
|---------------|--------|------|------|--------|------|-------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M50442 CEREAL BWL, Cocoa Puffs RS WG

| | | | | | | | | | | | | | | | | | | | | | | | | |
|---------------|--------|------|------|--------|------|-------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 4.00 @ 1 bowl | 110.05 | 0.00 | 0.00 | 160.08 | 1.50 | 12.27 | 25.01 | 2.00 | 0.00 | 2.00 | -* | 500.25 | -* | -* | -* | 6.00 | -* | -* | -* | -* | -* | 100.05 | -* | 4.50 |
|---------------|--------|------|------|--------|------|-------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M50524 CEREAL BWL, Lucky Charms WG

| | | | | | | | | | | | | | | | | | | | | | | | | |
|---------------|--------|------|------|--------|------|------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 4.00 @ 1 bowl | 110.00 | 0.00 | 0.00 | 180.00 | 1.00 | 8.18 | 23.00 | 2.00 | 0.00 | 2.00 | -* | 500.01 | -* | -* | -* | 6.00 | -* | -* | -* | -* | -* | 100.00 | -* | 4.50 |
|---------------|--------|------|------|--------|------|------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M52726 BRD: BAR, Cereal FrtyCh WG IW

| | | | | | | | | | | | | | | | | | | | | | | | | |
|---------------|--------|------|------|-------|------|-------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 8.00 @ 1 each | 150.00 | 0.50 | 3.00 | 95.00 | 3.50 | 21.00 | 29.00 | 3.00 | 0.00 | 3.00 | -* | 200.00 | -* | -* | -* | 1.20 | -* | -* | -* | -* | -* | 200.00 | -* | 1.80 |
|---------------|--------|------|------|-------|------|-------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M52695 CHEESE, MZ String LF 1ea 1.0

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------|-------|------|-------|--------|------|-------|------|------|-------|------|------|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 5.00 @ 1 stick | 60.00 | 2.00 | 30.00 | 210.01 | 2.50 | 37.50 | 1.00 | 8.00 | 10.00 | 0.00 | 0.00 | 146.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 220.01 | -* | 0.11 |
|----------------|-------|------|-------|--------|------|-------|------|------|-------|------|------|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M51237 BRD: BREAD WG, Tst Marg 1sl

* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Marcus 9th Gr

Service Area: Marcus 9th - 9-12 - OVS

Menu Name: Marcus 9th w/GSD 2018 Menu - cycle 1 - week 5

Avg.Method: Balanced

| | | | | | | | | | | | | | | | | | | | | | | | | | |
|--|--------|------|-------|--------|------|-------|-------|------|-------|------|--------|---------|-------|-------|-------|-------|-------|-------|-------|-------|-------|--------|--------|-------|------|
| 3.00 @ 1 slice | 110.00 | 1.33 | 10.91 | 160.00 | 4.33 | 35.45 | 15.00 | 3.00 | 0.00 | 1.00 | 1.33* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 1.08 | |
| M52975 BRD: WAFFLE, RS SS WG (3.25BG) | | | | | | | | | | | | | | | | | | | | | | | | | |
| 5.00 @ 1 each | 240.06 | 0.00 | 0.00 | 506.14 | 2.86 | 10.71 | 50.30 | 6.86 | 0.00 | 6.86 | 1.05* | 0.00 | 0.00* | 0.00* | 0.00* | 0.00 | 0.00* | 0.00* | 0.00* | 0.00* | 0.00* | 0.00* | 288.94 | 0.00* | 3.09 |
| M52659 FRUIT: APPLES, Warm Cinn 1/8c | | | | | | | | | | | | | | | | | | | | | | | | | |
| 3.00 @ 1/8 cup | 26.31 | 0.01 | 0.19 | 2.47 | 0.01 | 0.29 | 6.56 | 0.00 | 0.00 | 0.50 | 0.63* | 0.25 | 0.00* | 0.00* | 0.02* | 0.04 | 0.00* | 0.00* | 0.00* | 0.00* | 0.00* | 0.00* | 0.62 | 0.12* | 0.01 |
| M52657 FRUIT: BLUEBERRIES, Fz 1/8c | | | | | | | | | | | | | | | | | | | | | | | | | |
| 3.00 @ 1/8 cup | 8.89 | 0.01 | 0.94 | 0.17 | 0.11 | 11.29 | 2.12 | 0.07 | 0.00 | 0.47 | 9.41 | 8.01 | 0.00 | 0.08 | 2.86 | 0.44 | 0.01 | 0.01 | 0.09 | 0.01 | 0.00 | 1.39 | 1.92 | 0.03 | |
| M54565 FRUIT: STRAWBERRIES, SLCD (USDA) W/SYR FRZ 1/4C | | | | | | | | | | | | | | | | | | | | | | | | | |
| 3.00 @ 1/4 cup | 59.67 | 0.01 | 0.09 | 1.96 | 0.08 | 1.23 | 16.16 | 0.33 | 0.00 | 1.18 | -* | 15.16 | -* | -* | -* | 25.82 | -* | -* | -* | -* | -* | 6.85 | -* | 0.37 | |
| M52816 DESRT: TOPPING, Whipd NonDairy | | | | | | | | | | | | | | | | | | | | | | | | | |
| 3.00 @ 1 tablespoon | 13.47 | 1.00 | 66.56 | 0.81 | 1.00 | 67.06 | 1.06 | 0.05 | 0.01 | 0.01 | -* | 0.20 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.15 | -* | 0.00 | |
| M50429 FRUIT: CANTALOUPE, Fresh 1/2c | | | | | | | | | | | | | | | | | | | | | | | | | |
| 24.00 @ 1/2 cup | 25.70 | 0.04 | 1.35 | 12.10 | 0.14 | 5.03 | 6.17 | 0.63 | 0.00 | 0.68 | 201.84 | 2556.59 | 0.00 | 0.04 | 1.89 | 27.74 | 0.03 | 0.01 | 0.55 | 0.05 | 0.00 | 6.80 | 11.34 | 0.16 | |
| M50178 FRUIT: PINEAPPLE Tbits w/Jc1/2c | | | | | | | | | | | | | | | | | | | | | | | | | |
| 24.00 @ 1/2 cup | 80.32 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 18.07 | 1.00 | 0.00 | 1.00 | -* | 0.00 | -* | -* | -* | 6.02 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 | |
| M50980 JUICE SS, Frt Bld 100% 4oz Crt | | | | | | | | | | | | | | | | | | | | | | | | | |
| 25.00 @ 1 each | 60.00 | 0.00 | 0.00 | 10.00 | 0.00 | 0.00 | 14.00 | 0.00 | 0.00 | 0.00 | 100.00 | 0.00 | -* | -* | -* | 3.60 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 | |
| M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50 | | | | | | | | | | | | | | | | | | | | | | | | | |
| 10.00 @ 1 carton | 110.00 | 1.50 | 12.28 | 130.00 | 2.50 | 20.46 | 13.00 | 8.00 | 10.00 | 0.00 | -* | 500.00 | -* | -* | -* | 2.40 | -* | -* | -* | -* | -* | 300.00 | -* | 0.00 | |
| M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50 | | | | | | | | | | | | | | | | | | | | | | | | | |
| 25.00 @ 1 carton | 120.00 | 0.00 | 0.00 | 180.00 | 0.00 | 0.00 | 20.00 | 8.00 | 5.00 | 0.00 | -* | 500.00 | -* | -* | -* | 1.20 | -* | -* | -* | -* | -* | 300.00 | -* | 0.00 | |
| M53222 COND PC Margarine 5g | | | | | | | | | | | | | | | | | | | | | | | | | |
| 10.00 @ 1 each | 30.00 | 1.00 | 30.00 | 30.00 | 3.00 | 90.00 | 0.00 | 0.00 | 0.00 | 0.00 | -* | 500.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 | |
| M53221 COND PC Jelly, Grape Smucker | | | | | | | | | | | | | | | | | | | | | | | | | |
| 5.00 @ 1 each | 35.00 | 0.00 | 0.00 | 5.00 | 0.00 | 0.00 | 9.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 | |
| M50056 COND PC Sauce, Taco 9g | | | | | | | | | | | | | | | | | | | | | | | | | |
| 5.00 @ 1 each | 5.00 | 0.00 | 0.00 | 55.00 | 0.00 | 0.00 | 1.00 | 0.00 | 0.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 | |
| M50058 COND PC Syrup 1.4oz Smuckers | | | | | | | | | | | | | | | | | | | | | | | | | |

* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Marcus 9th Gr

Service Area: Marcus 9th - 9-12 - OVS

Menu Name: Marcus 9th w/GSD 2018 Menu - cycle 1 - week 5

Avg.Method: Balanced

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------|--------|------|------|--------|------|-------|-------|-------|-------|------|---------|---------|----|------|------|-------|------|----|------|------|------|--------|-------|------|
| 15.00 @ 1 each | 110.00 | 0.00 | 0.00 | 25.00 | 0.00 | 0.00 | 29.00 | 0.00 | 0.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | 0.00 | -* | 0.00 | |
| Average | 395.01 | 2.43 | 5.55 | 425.51 | 9.02 | 20.54 | 65.6 | 11.92 | 16.27 | 4.06 | 143.37* | 1651.54 | 0* | .02* | .73* | 15.12 | .01* | 0* | .18* | .02* | 0* | 313.58 | 3.72* | 2.93 |

DRAFT

* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Marcus 9th Gr

Service Area: Marcus 9th - 9-12 - OVS

Menu Name: Marcus 9th w/GSD 2018 Menu - cycle 1 - week 5

Avg.Method: Balanced

Age Group: Lunch Grades 9-12

Period: Lunch

Week: 5

Day: Tuesday

Count Type: Forecasted

Total No. of Customers: 482

| Weekly Std. | CAL | SFA (g) | % of CAL | Na (mg) | Fat (g) | % of CAL | CHO (g) | Pro (g) | Chol (mg) | Fiber (g) | K (mg) | Vit A (IU) | Vit D (IU) | Vit E (mg) | Vit K (mcg) | Vit C (mg) | Vit B1 (mg) | Vit B2 (mg) | Vit B3 (mg) | Vit B6 (mg) | Vit B12 (mcg) | Ca (mg) | P (mg) | Fe (mg) |
|-------------|---------------|---------|----------|---------|---------|----------|---------|---------|-----------|-----------|--------|------------|------------|------------|-------------|------------|-------------|-------------|-------------|-------------|---------------|---------|--------|---------|
| | 750.00-850.00 | | 10.00 | 1420.00 | | | | | | | | | | | | | | | | | | 224.99 | | |

M66219 ENCHILADA CASS, CHZ SC WG 2.0

| | | | | | | | | | | | | | | | | | | | | | | | | |
|------------------|--------|-------|-------|--------|-------|-------|-------|-------|-------|------|--------|---------|-------|-------|-------|-------|-------|-------|-------|-------|-------|--------|-------|------|
| 48.00 @ 1/24 cut | 328.05 | 12.02 | 32.97 | 468.24 | 18.90 | 51.84 | 24.91 | 16.40 | 60.01 | 1.87 | 25.45* | 1188.81 | 0.00* | 0.12* | 0.65* | 11.99 | 0.01* | 0.01* | 0.07* | 0.04* | 0.00* | 420.66 | 6.52* | 0.96 |
|------------------|--------|-------|-------|--------|-------|-------|-------|-------|-------|------|--------|---------|-------|-------|-------|-------|-------|-------|-------|-------|-------|--------|-------|------|

M54539 BRD: TORTILLA, CHIP RND WG 1BG

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-------------------|--------|------|------|-------|------|-------|-------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|-------|----|------|
| 48.00 @ 1 serving | 112.29 | 0.80 | 6.43 | 92.24 | 4.81 | 38.57 | 16.04 | 1.60 | 0.00 | 1.60 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 16.04 | -* | 0.00 |
|-------------------|--------|------|------|-------|------|-------|-------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|-------|----|------|

M50170 SALAD, Tky Chef AP W 2.25

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------|--------|------|-------|--------|-------|-------|------|-------|-------|------|-------|---------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 10.00 @ 1 each | 193.34 | 5.63 | 26.19 | 443.90 | 10.75 | 50.04 | 5.92 | 18.39 | 93.75 | 0.89 | 0.00* | 1609.11 | -* | -* | -* | 8.00 | -* | -* | -* | -* | -* | 242.79 | -* | 0.86 |
|----------------|--------|------|-------|--------|-------|-------|------|-------|-------|------|-------|---------|----|----|----|------|----|----|----|----|----|--------|----|------|

M51680 BRD: ROLL DG, WG 2.5oz

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------|--------|------|------|--------|------|-------|-------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|-------|----|------|
| 10.00 @ 1 each | 170.00 | 0.50 | 2.65 | 135.00 | 3.00 | 15.88 | 28.00 | 7.00 | 0.00 | 3.40 | -* | 0.01 | -* | -* | -* | 0.01 | -* | -* | -* | -* | -* | 12.70 | -* | 0.85 |
|----------------|--------|------|------|--------|------|-------|-------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|-------|----|------|

M52043 PIZZA HUT PIZZA 6" EXPRESS CHZ SS 2.25

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-----------------|--------|------|-------|--------|-------|-------|-------|-------|-------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 51.00 @ 1 pizza | 374.18 | 4.99 | 12.01 | 685.27 | 13.41 | 32.25 | 38.44 | 24.92 | 24.70 | 4.27 | -* | 692.07 | -* | -* | -* | 5.36 | -* | -* | -* | -* | -* | 410.71 | -* | 2.57 |
|-----------------|--------|------|-------|--------|-------|-------|-------|-------|-------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M53931 PIZZA HUT PIZZA 6" EXPRESS PEPP SS 2.0

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-----------------|--------|------|-------|--------|-------|-------|-------|-------|-------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 84.00 @ 1 pizza | 385.19 | 5.31 | 12.42 | 711.32 | 14.98 | 35.01 | 38.49 | 24.17 | 27.17 | 4.35 | -* | 662.85 | -* | -* | -* | 5.43 | -* | -* | -* | -* | -* | 354.34 | -* | 2.65 |
|-----------------|--------|------|-------|--------|-------|-------|-------|-------|-------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M54307 PIZZA HUT PIZZA 6" EXPRESS SSG SS 2.25

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-----------------|--------|------|-------|--------|-------|-------|-------|-------|-------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 15.00 @ 1 pizza | 439.08 | 7.15 | 14.66 | 836.54 | 20.45 | 41.92 | 38.35 | 25.40 | 37.42 | 4.27 | -* | 689.00 | -* | -* | -* | 5.36 | -* | -* | -* | -* | -* | 356.37 | -* | 2.86 |
|-----------------|--------|------|-------|--------|-------|-------|-------|-------|-------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M54310 PIZZA HUT PIZZA 6" EXPRESS BBQ CHIX SS 2.25

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-----------------|--------|------|-------|--------|-------|-------|-------|-------|-------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 15.00 @ 1 pizza | 400.94 | 4.66 | 10.46 | 805.79 | 13.17 | 29.57 | 42.83 | 27.77 | 38.53 | 4.36 | -* | 667.19 | -* | -* | -* | 5.81 | -* | -* | -* | -* | -* | 350.99 | -* | 2.67 |
|-----------------|--------|------|-------|--------|-------|-------|-------|-------|-------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M54521 PIZZA HUT COND PC PEPPER RED CRUSHED 1G

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------|------|------|------|------|------|------|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|
| 25.00 @ 1 each | 5.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 1.00 | 0.00 | 0.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
|----------------|------|------|------|------|------|------|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|

M54520 PIZZA HUT COND PC CHEESE GRATED 2.5G

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------|-------|------|------|-------|------|-------|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|
| 50.00 @ 1 each | 10.00 | 0.00 | 0.00 | 50.00 | 1.00 | 90.00 | 0.00 | 1.00 | 5.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
|----------------|-------|------|------|-------|------|-------|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|

M50512 SDW BN, CHIXPTY BLTRCH WG 2 MWWW

| | | | | | | | | | | | | | | | | | | | | | | | | |
|--------------------|--------|------|------|--------|-------|-------|-------|-------|-------|------|--------|---------|-------|-------|--------|------|-------|-------|-------|-------|-------|-------|-------|------|
| 20.00 @ 1 sandwich | 431.15 | 2.84 | 5.92 | 825.98 | 17.12 | 35.73 | 42.50 | 28.10 | 55.76 | 3.47 | 68.61* | 1352.71 | 0.00* | 0.09* | 15.65* | 2.51 | 0.02* | 0.01* | 0.13* | 0.02* | 0.00* | 75.45 | 7.65* | 3.07 |
|--------------------|--------|------|------|--------|-------|-------|-------|-------|-------|------|--------|---------|-------|-------|--------|------|-------|-------|-------|-------|-------|-------|-------|------|

M51951 HOT DOG, Plain WG 2.0 Hi

* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Marcus 9th Gr

Service Area: Marcus 9th - 9-12 - OVS

Menu Name: Marcus 9th w/GSD 2018 Menu - cycle 1 - week 5

Avg.Method: Balanced

| | | | | | | | | | | | | | | | | | | | | | | | | |
|--|--------|------|-------|--------|-------|-------|-------|-------|-------|------|---------|--------|-------|-------|-------|------|-------|-------|-------|-------|-------|--------|--------|------|
| 12.00 @ 1 each | 320.00 | 8.00 | 22.50 | 890.01 | 18.00 | 50.62 | 28.00 | 11.00 | 35.00 | 2.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 40.00 | -* | 1.80 |
| M51680 BRD: ROLL DG, WG 2.5oz | | | | | | | | | | | | | | | | | | | | | | | | |
| 70.00 @ 1 each | 170.00 | 0.50 | 2.65 | 135.00 | 3.00 | 15.88 | 28.00 | 7.00 | 0.00 | 3.40 | -* | 0.01 | -* | -* | -* | 0.01 | -* | -* | -* | -* | -* | 12.70 | -* | 0.85 |
| M53659 BURG, Beef AP100% 2.0 | | | | | | | | | | | | | | | | | | | | | | | | |
| 5.00 @ 1 each | 270.00 | 3.00 | 10.00 | 345.00 | 10.00 | 33.33 | 28.00 | 17.00 | 35.00 | 2.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 40.00 | -* | 2.52 |
| M54370 BURG, BLACK BEAN AP WG 2.0 | | | | | | | | | | | | | | | | | | | | | | | | |
| 3.00 @ 1 each | 300.00 | 1.00 | 3.00 | 710.00 | 9.00 | 27.00 | 42.00 | 19.00 | 5.00 | 7.00 | 280.00* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 80.00 | -* | 2.16 |
| M66715 PANINI, TKY CH SWEST WG 2.0 | | | | | | | | | | | | | | | | | | | | | | | | |
| 5.00 @ 1 each | 393.81 | 7.39 | 16.89 | 874.48 | 18.26 | 41.74 | 36.61 | 20.60 | 58.75 | 3.67 | 124.22* | 251.33 | 0.00* | 0.19* | 1.70* | 7.83 | 0.02* | 0.01* | 0.19* | 0.06* | 0.00* | 328.31 | 15.96* | 2.15 |
| M53347 SDW BD, SB WG 2.0 | | | | | | | | | | | | | | | | | | | | | | | | |
| 4.00 @ 1 sandwich | 554.98 | 3.95 | 6.41 | 556.98 | 33.60 | 54.49 | 43.82 | 19.82 | 0.00 | 9.90 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 39.50 | -* | 5.00 |
| M50962 SDW BD, SBJ WG 2.0 | | | | | | | | | | | | | | | | | | | | | | | | |
| 3.00 @ 1 sandwich | 654.64 | 3.95 | 5.43 | 556.98 | 33.60 | 46.19 | 69.74 | 19.82 | 0.00 | 9.90 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 39.50 | -* | 5.00 |
| M51734 BRD: BREAD WG, 2sl | | | | | | | | | | | | | | | | | | | | | | | | |
| 5.00 @ 2 slice | 160.00 | 0.00 | 0.00 | 320.00 | 2.00 | 11.25 | 30.00 | 6.00 | 0.00 | 2.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 2.16 |
| M52708 BRD: ROLL DG, Sub 6" WG | | | | | | | | | | | | | | | | | | | | | | | | |
| 25.00 @ 1 roll | 170.00 | 0.50 | 2.65 | 180.00 | 3.00 | 15.88 | 28.00 | 6.00 | 0.00 | 3.00 | -* | 0.01 | -* | -* | -* | 0.01 | -* | -* | -* | -* | -* | 13.52 | -* | 1.45 |
| M54775 BRD: CROISSANT, SLICED WG | | | | | | | | | | | | | | | | | | | | | | | | |
| 8.00 @ 1 each | 243.91 | 6.47 | 23.87 | 253.40 | 12.05 | 44.44 | 29.25 | 5.44 | 32.35 | 0.91 | 15.14 | 313.46 | 0.31 | 0.00 | 0.00 | 2.82 | 0.25 | 1.93 | 0.85 | 0.00 | 0.01 | 15.66 | 3.96 | 1.63 |
| M55179 BRD: CIABATTA, SLICED WG | | | | | | | | | | | | | | | | | | | | | | | | |
| 2.00 @ 1 each | 160.00 | 0.50 | 2.81 | 170.00 | 3.50 | 19.69 | 30.00 | 5.00 | 0.00 | 3.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 20.00 | -* | 1.44 |
| M51009 DEACT-USE M66605 - BRD: TORTILLA FLOUR 10" WG | | | | | | | | | | | | | | | | | | | | | | | | |
| 10.00 @ 1 each | 200.00 | 1.50 | 6.75 | 280.00 | 5.00 | 22.50 | 34.00 | 6.00 | 0.00 | 3.00 | 320.00 | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 150.00 | -* | 1.80 |
| M52782 BRD: FLATBREAD 2oz (2BG) | | | | | | | | | | | | | | | | | | | | | | | | |
| 15.00 @ 1 each | 180.00 | 1.00 | 5.00 | 310.00 | 5.00 | 25.00 | 28.00 | 5.00 | 0.00 | 2.69 | -* | 0.07 | -* | -* | -* | 0.07 | -* | -* | -* | -* | -* | 22.88 | -* | 0.83 |
| M53393 TKY, Breast Sliced 1.0 | | | | | | | | | | | | | | | | | | | | | | | | |
| 30.00 @ 1 serving | 60.00 | 0.50 | 7.50 | 220.00 | 2.00 | 30.00 | 2.00 | 9.00 | 25.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 20.00 | -* | 0.36 |
| M53569 CHIX, BLACK FOREST HAM SLICED 1.0 | | | | | | | | | | | | | | | | | | | | | | | | |

* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Marcus 9th Gr

Service Area: Marcus 9th - 9-12 - OVS

Menu Name: Marcus 9th w/GSD 2018 Menu - cycle 1 - week 5

Avg.Method: Balanced

| | | | | | | | | | | | | | | | | | | | | | | | |
|-------------------|-------|------|-------|--------|------|-------|------|------|-------|------|----|------|----|----|----|------|----|----|----|----|------|----|------|
| 30.00 @ 1 serving | 80.00 | 1.50 | 16.88 | 330.00 | 4.50 | 50.63 | 2.00 | 8.00 | 40.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | 0.00 | -* | 0.36 |
|-------------------|-------|------|-------|--------|------|-------|------|------|-------|------|----|------|----|----|----|------|----|----|----|----|------|----|------|

M53894 CHIX DCD GRAPE DELI SALAD W 1.0

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------------|-------|------|-------|--------|------|-------|------|------|-------|------|--------|-------|-------|-------|-------|------|-------|-------|-------|-------|-------|------|-------|------|
| 5.00 @ 1 No 16 Scoop | 99.11 | 1.15 | 10.48 | 141.67 | 5.35 | 48.57 | 3.34 | 9.31 | 30.61 | 0.19 | 31.51* | 37.52 | 0.00* | 0.03* | 2.59* | 0.48 | 0.01* | 0.01* | 0.04* | 0.01* | 0.00* | 3.88 | 2.53* | 0.32 |
|----------------------|-------|------|-------|--------|------|-------|------|------|-------|------|--------|-------|-------|-------|-------|------|-------|-------|-------|-------|-------|------|-------|------|

M52455 FISH, Tuna Deli Salad B 1.0

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------------|--------|------|-------|--------|------|-------|------|------|-------|------|--------|-------|-------|-------|-------|------|-------|-------|-------|-------|-------|------|-------|------|
| 5.00 @ 1 No 20 Scoop | 105.01 | 1.34 | 11.46 | 146.76 | 7.60 | 65.14 | 0.28 | 7.63 | 18.49 | 0.13 | 19.78* | 32.30 | 0.00* | 0.02* | 2.16* | 0.31 | 0.00* | 0.00* | 0.02* | 0.01* | 0.00* | 3.12 | 1.84* | 0.20 |
|----------------------|--------|------|-------|--------|------|-------|------|------|-------|------|--------|-------|-------|-------|-------|------|-------|-------|-------|-------|-------|------|-------|------|

M51005 CHEESE, AM (184ct) Slices 1.0

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-----------------|--------|------|-------|--------|-------|-------|------|------|-------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 10.00 @ 3 slice | 134.99 | 6.75 | 45.00 | 599.97 | 10.50 | 70.00 | 1.50 | 7.50 | 37.50 | 0.00 | -* | 299.98 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 224.99 | -* | 0.00 |
|-----------------|--------|------|-------|--------|-------|-------|------|------|-------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M53381 CHEESE, CH Slices 1.0

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-----------------|--------|------|-------|--------|------|-------|------|------|-------|------|-------|------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 15.00 @ 2 slice | 110.01 | 5.00 | 40.91 | 180.01 | 9.00 | 73.64 | 1.00 | 6.00 | 30.00 | 0.00 | 20.00 | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 199.01 | -* | 0.00 |
|-----------------|--------|------|-------|--------|------|-------|------|------|-------|------|-------|------|----|----|----|------|----|----|----|----|----|--------|----|------|

M50999 CHEESE, JK Slices 1.0

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-----------------|--------|------|-------|--------|------|-------|------|------|-------|------|-------|------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 15.00 @ 2 slice | 100.00 | 5.00 | 45.00 | 180.01 | 8.00 | 72.00 | 1.00 | 7.00 | 30.00 | 0.00 | 25.00 | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 197.01 | -* | 0.00 |
|-----------------|--------|------|-------|--------|------|-------|------|------|-------|------|-------|------|----|----|----|------|----|----|----|----|----|--------|----|------|

M51003 CHEESE, PV Slices 1.0

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-----------------|--------|------|-------|--------|------|-------|------|------|-------|------|-------|------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 15.00 @ 2 slice | 100.00 | 5.00 | 45.00 | 250.01 | 7.00 | 63.00 | 1.00 | 7.00 | 20.00 | 0.00 | 40.00 | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 212.01 | -* | 0.00 |
|-----------------|--------|------|-------|--------|------|-------|------|------|-------|------|-------|------|----|----|----|------|----|----|----|----|----|--------|----|------|

M51008 VEG: TOMATOES, FrsSl 1/8c(2sl)

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-----------------|------|------|------|------|------|-------|------|------|------|------|-------|--------|------|------|------|------|------|------|------|------|------|------|------|------|
| 25.00 @ 1/8 cup | 5.10 | 0.01 | 1.40 | 1.42 | 0.06 | 10.00 | 1.10 | 0.25 | 0.00 | 0.34 | 67.18 | 236.14 | 0.00 | 0.15 | 2.24 | 3.88 | 0.01 | 0.01 | 0.17 | 0.02 | 0.00 | 2.83 | 6.80 | 0.08 |
|-----------------|------|------|------|------|------|-------|------|------|------|------|-------|--------|------|------|------|------|------|------|------|------|------|------|------|------|

M51017 VEG GARN: Rom Leaf 1ea

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------|------|------|------|------|------|-------|------|------|------|------|-------|---------|------|------|-------|------|------|------|------|------|------|------|------|------|
| 50.00 @ 1 each | 2.41 | 0.01 | 2.06 | 1.13 | 0.04 | 15.88 | 0.47 | 0.17 | 0.00 | 0.30 | 35.01 | 1234.63 | 0.00 | 0.02 | 14.53 | 0.57 | 0.01 | 0.01 | 0.04 | 0.01 | 0.00 | 4.68 | 4.25 | 0.14 |
|----------------|------|------|------|------|------|-------|------|------|------|------|-------|---------|------|------|-------|------|------|------|------|------|------|------|------|------|

M51013 VEG: ONIONS, Red Slice 1ea

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-----------------|------|------|------|------|------|------|------|------|------|------|-------|------|------|------|------|------|------|------|------|------|------|------|------|------|
| 20.00 @ 1 slice | 2.83 | 0.00 | 0.94 | 0.28 | 0.01 | 2.25 | 0.66 | 0.08 | 0.00 | 0.12 | 10.35 | 0.14 | 0.00 | 0.00 | 0.03 | 0.52 | 0.00 | 0.00 | 0.01 | 0.01 | 0.00 | 1.63 | 2.06 | 0.01 |
|-----------------|------|------|------|------|------|------|------|------|------|------|-------|------|------|------|------|------|------|------|------|------|------|------|------|------|

M53388 VEG: MUSHROOM, SlcFrsRstd1/8c

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-----------------|------|------|------|------|------|-------|------|------|------|------|-------|------|------|------|------|------|------|------|------|------|------|------|-------|------|
| 20.00 @ 1/8 cup | 4.52 | 0.01 | 1.95 | 0.38 | 0.06 | 12.80 | 0.90 | 0.31 | 0.00 | 0.31 | 46.78 | 1.62 | 0.97 | 0.01 | 0.89 | 0.68 | 0.01 | 0.04 | 0.55 | 0.02 | 0.00 | 3.07 | 11.59 | 0.28 |
|-----------------|------|------|------|------|------|-------|------|------|------|------|-------|------|------|------|------|------|------|------|------|------|------|------|-------|------|

M50892 VEG: PEPPERS, Jalapeno CndTBSP

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------------|------|------|------|--------|------|-------|------|------|------|------|-------|--------|------|------|------|------|------|------|------|------|------|------|------|------|
| 15.00 @ 1 tablespoon | 2.67 | 0.01 | 3.23 | 165.30 | 0.09 | 31.33 | 0.47 | 0.09 | 0.00 | 0.26 | 19.09 | 168.17 | 0.00 | 0.07 | 1.28 | 0.99 | 0.00 | 0.00 | 0.04 | 0.02 | 0.00 | 2.28 | 1.78 | 0.19 |
|----------------------|------|------|------|--------|------|-------|------|------|------|------|-------|--------|------|------|------|------|------|------|------|------|------|------|------|------|

M50893 VEG: PEPPERS, Banana Cnd TBSP

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------------|------|------|------|--------|------|-------|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|
| 15.00 @ 1 tablespoon | 1.71 | 0.00 | 2.08 | 203.78 | 0.02 | 10.42 | 0.31 | 0.07 | 0.00 | 0.09 | -* | 0.00 | -* | -* | -* | 4.33 | -* | -* | -* | -* | -* | 0.00 | -* | 0.03 |
|----------------------|------|------|------|--------|------|-------|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|

M50176 COND_Pickle, Dill Slice 2ea

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-----------------|------|------|------|--------|------|-------|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|
| 15.00 @ 2 slice | 1.62 | 0.01 | 4.72 | 162.08 | 0.05 | 25.17 | 0.24 | 0.06 | 0.00 | 0.14 | -* | 0.00 | -* | -* | -* | 0.21 | -* | -* | -* | -* | -* | 8.65 | -* | 0.05 |
|-----------------|------|------|------|--------|------|-------|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|

* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Marcus 9th Gr

Service Area: Marcus 9th - 9-12 - OVS

Menu Name: Marcus 9th w/GSD 2018 Menu - cycle 1 - week 5

Avg.Method: Balanced

M50060 COND_Mayo W

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-------------------------|-------|------|-------|-------|------|-------|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|
| 40.00 @ 1 tablespoon | 35.00 | 0.50 | 12.86 | 99.99 | 3.50 | 90.00 | 1.00 | 0.00 | 5.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
|-------------------------|-------|------|-------|-------|------|-------|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|

M51676 COND_Mayo, Sriracha W

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-------------------------|-------|------|-------|--------|------|-------|------|------|------|------|-------|-------|----|----|----|------|----|----|----|----|----|------|----|------|
| 40.00 @ 1 tablespoon | 33.72 | 0.46 | 12.18 | 139.89 | 3.18 | 84.87 | 1.35 | 0.04 | 4.54 | 0.04 | 3.92* | 45.56 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.32 | -* | 0.02 |
|-------------------------|-------|------|-------|--------|------|-------|------|------|------|------|-------|-------|----|----|----|------|----|----|----|----|----|------|----|------|

M51391 COND_Mayo, Chipotle W

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-------------------------|-------|------|-------|-------|------|-------|------|------|------|------|-------|-------|----|----|----|------|----|----|----|----|----|------|----|------|
| 40.00 @ 1 tablespoon | 27.56 | 0.37 | 12.25 | 95.66 | 2.63 | 85.96 | 1.00 | 0.01 | 3.75 | 0.01 | 0.00* | 15.26 | -* | -* | -* | 0.40 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
|-------------------------|-------|------|-------|-------|------|-------|------|------|------|------|-------|-------|----|----|----|------|----|----|----|----|----|------|----|------|

M51427 COND_Sauce, Bistro SC W

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-------------------------|-------|------|------|--------|------|-------|------|------|------|------|--------|-------|-------|-------|-------|------|-------|-------|-------|-------|-------|------|-------|------|
| 20.00 @ 1 tablespoon | 29.82 | 0.20 | 6.11 | 132.82 | 1.48 | 44.77 | 2.34 | 0.32 | 1.87 | 0.34 | 19.89* | 10.07 | 0.00* | 0.04* | 6.39* | 0.83 | 0.00* | 0.01* | 0.05* | 0.00* | 0.00* | 8.86 | 2.29* | 0.21 |
|-------------------------|-------|------|------|--------|------|-------|------|------|------|------|--------|-------|-------|-------|-------|------|-------|-------|-------|-------|-------|------|-------|------|

M52707 COND_Dressing, Ranch Homestyle

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-------------------------|-------|------|-------|--------|------|-------|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|-------|----|------|
| 40.00 @ 1 tablespoon | 50.00 | 0.75 | 13.50 | 134.99 | 5.50 | 99.00 | 0.50 | 0.50 | 5.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 10.00 | -* | 0.00 |
|-------------------------|-------|------|-------|--------|------|-------|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|-------|----|------|

M50291 COND_Mustard, Yellow

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-------------------------|------|------|------|--------|------|-------|------|------|------|------|-------|------|----|----|----|------|----|----|----|----|----|------|----|------|
| 20.00 @ 1 tablespoon | 9.00 | 0.01 | 1.50 | 181.50 | 0.37 | 37.20 | 0.93 | 0.47 | 0.00 | 0.43 | 13.36 | 0.67 | -* | -* | -* | 0.13 | -* | -* | -* | -* | -* | 7.51 | -* | 0.19 |
|-------------------------|------|------|------|--------|------|-------|------|------|------|------|-------|------|----|----|----|------|----|----|----|----|----|------|----|------|

M50348 BRD: CRACK SS, GOLDFISH CHEDDAR .75OZWG

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-------------------|--------|------|------|--------|------|-------|-------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|-------|----|------|
| 30.00 @ 1 package | 100.00 | 0.50 | 4.50 | 170.00 | 4.00 | 36.00 | 14.00 | 2.00 | 0.00 | 1.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 20.00 | -* | 0.72 |
|-------------------|--------|------|------|--------|------|-------|-------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|-------|----|------|

M51731 VEG: POTATO SWT, FF CRINK 1/2C

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-----------------|--------|------|------|--------|------|-------|-------|------|------|------|----|---------|----|----|----|------|----|----|----|----|----|-------|----|------|
| 75.00 @ 1/2 cup | 148.25 | 0.00 | 0.00 | 116.48 | 4.77 | 28.93 | 23.30 | 1.06 | 0.00 | 3.18 | -* | 3176.86 | -* | -* | -* | 6.35 | -* | -* | -* | -* | -* | 21.18 | -* | 0.38 |
|-----------------|--------|------|------|--------|------|-------|-------|------|------|------|----|---------|----|----|----|------|----|----|----|----|----|-------|----|------|

M52815 VEG: PEPPERS, Red Strips1/2c

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-----------------|-------|------|------|------|------|------|------|------|------|------|--------|---------|------|------|------|-------|------|------|------|------|------|------|-------|------|
| 60.00 @ 1/2 cup | 15.56 | 0.01 | 0.78 | 2.01 | 0.15 | 8.71 | 3.03 | 0.50 | 0.00 | 1.05 | 105.92 | 1571.73 | 0.00 | 0.79 | 2.46 | 64.10 | 0.03 | 0.04 | 0.49 | 0.15 | 0.00 | 3.51 | 13.05 | 0.22 |
|-----------------|-------|------|------|------|------|------|------|------|------|------|--------|---------|------|------|------|-------|------|------|------|------|------|------|-------|------|

M53362 FRUIT: HONEYDEW, Melon 1/2c

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-----------------|-------|------|------|-------|------|------|------|------|------|------|--------|-------|------|------|------|-------|------|------|------|------|------|------|------|------|
| 60.00 @ 1/2 cup | 30.93 | 0.03 | 0.95 | 15.47 | 0.12 | 3.50 | 7.81 | 0.46 | 0.00 | 0.69 | 195.92 | 42.96 | 0.00 | 0.02 | 2.49 | 15.47 | 0.03 | 0.01 | 0.36 | 0.08 | 0.00 | 5.16 | 9.45 | 0.15 |
|-----------------|-------|------|------|-------|------|------|------|------|------|------|--------|-------|------|------|------|-------|------|------|------|------|------|------|------|------|

M52268 FRUIT: PEACHES Dice w/Jc 1/2c

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-----------------|-------|------|------|-------|------|------|-------|------|------|------|--------|--------|----|----|----|------|----|----|----|----|----|------|----|------|
| 60.00 @ 1/2 cup | 50.83 | 0.00 | 0.00 | 10.17 | 0.00 | 0.00 | 12.20 | 0.00 | 0.00 | 0.00 | 182.98 | 304.97 | -* | -* | -* | 1.22 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
|-----------------|-------|------|------|-------|------|------|-------|------|------|------|--------|--------|----|----|----|------|----|----|----|----|----|------|----|------|

M50979 JUICE SS, Apple 100% 4oz Cart

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------|-------|------|------|-------|------|------|-------|------|------|------|-------|------|----|----|----|------|----|----|----|----|----|------|----|------|
| 75.00 @ 1 each | 60.00 | 0.00 | 0.00 | 15.00 | 0.00 | 0.00 | 14.00 | 0.00 | 0.00 | 0.00 | 85.00 | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
|----------------|-------|------|------|-------|------|------|-------|------|------|------|-------|------|----|----|----|------|----|----|----|----|----|------|----|------|

M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50

| | | | | | | | | | | | | | | | | | | | | | | | | |
|------------------|--------|------|-------|--------|------|-------|-------|------|-------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 50.00 @ 1 carton | 110.00 | 1.50 | 12.28 | 130.00 | 2.50 | 20.46 | 13.00 | 8.00 | 10.00 | 0.00 | -* | 500.00 | -* | -* | -* | 2.40 | -* | -* | -* | -* | -* | 300.00 | -* | 0.00 |
|------------------|--------|------|-------|--------|------|-------|-------|------|-------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Marcus 9th Gr

Service Area: Marcus 9th - 9-12 - OVS

Menu Name: Marcus 9th w/GSD 2018 Menu - cycle 1 - week 5

Avg.Method: Balanced

M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-------------------|--------|------|------|--------|------|------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 150.00 @ 1 carton | 120.00 | 0.00 | 0.00 | 180.00 | 0.00 | 0.00 | 20.00 | 8.00 | 5.00 | 0.00 | -* | 500.00 | -* | -* | -* | 1.20 | -* | -* | -* | -* | -* | 300.00 | -* | 0.00 |
|-------------------|--------|------|------|--------|------|------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M53222 COND PC Margarine 5g

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------|-------|------|-------|-------|------|-------|------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|------|----|------|
| 30.00 @ 1 each | 30.00 | 1.00 | 30.00 | 30.00 | 3.00 | 90.00 | 0.00 | 0.00 | 0.00 | 0.00 | -* | 500.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
|----------------|-------|------|-------|-------|------|-------|------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|------|----|------|

M50855 COND PC Ketchup 9g Heinz

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-----------------|-------|------|------|-------|------|------|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|
| 250.00 @ 1 each | 10.00 | 0.00 | 0.00 | 85.00 | 0.00 | 0.00 | 3.00 | 0.00 | 0.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
|-----------------|-------|------|------|-------|------|------|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|

M50055 COND PC Mayonnaise 12g

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------|-------|------|-------|-------|------|-------|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|
| 60.00 @ 1 each | 80.00 | 1.50 | 16.87 | 75.00 | 8.00 | 90.00 | 1.00 | 0.00 | 5.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
|----------------|-------|------|-------|-------|------|-------|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|

M50284 COND PC Mustard 6g

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------|------|------|---|-------|------|---|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|
| 20.00 @ 1 each | 0.00 | 0.00 | - | 65.00 | 0.00 | - | 1.00 | 0.00 | 0.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
|----------------|------|------|---|-------|------|---|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|

M50685 COND_DRESSING, VINAIGRETTE BALSAMIC

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-------------------------|-------|------|------|-------|------|-------|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|
| 10.00 @ 1 tablespoon | 30.00 | 0.25 | 7.50 | 95.00 | 2.50 | 75.00 | 2.00 | 0.00 | 0.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
|-------------------------|-------|------|------|-------|------|-------|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|

M50623 COND PC Drsg Italian 12g

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------|-------|------|------|--------|------|-------|------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|------|----|------|
| 20.00 @ 1 each | 30.00 | 0.00 | 0.00 | 130.00 | 3.00 | 90.00 | 0.00 | 0.00 | 0.00 | 0.00 | -* | 100.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
|----------------|-------|------|------|--------|------|-------|------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|------|----|------|

M50624 COND PC Drsg Ranch 12g

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-----------------|-------|------|------|--------|------|-------|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|
| 125.00 @ 1 each | 50.00 | 0.00 | 0.00 | 100.00 | 5.00 | 90.00 | 1.00 | 0.00 | 5.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
|-----------------|-------|------|------|--------|------|-------|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|

M50056 COND PC Sauce, Taco 9g

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------|------|------|------|-------|------|------|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|
| 20.00 @ 1 each | 5.00 | 0.00 | 0.00 | 55.00 | 0.00 | 0.00 | 1.00 | 0.00 | 0.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
|----------------|------|------|------|-------|------|------|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|

M50287 COND PC Sauce, BBQ 12g

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------|-------|------|------|--------|------|------|------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|------|----|------|
| 60.00 @ 1 each | 15.00 | 0.00 | 0.00 | 160.00 | 0.00 | 0.00 | 4.00 | 0.00 | 0.00 | 0.00 | -* | 100.00 | -* | -* | -* | 0.60 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
|----------------|-------|------|------|--------|------|------|------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|------|----|------|

M66762 WRAP 10", CHIXPOPCY PO BOY WG 2.0 FUEL 01/18

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------|--------|------|------|--------|-------|-------|-------|-------|-------|------|---------|---------|-------|-------|--------|------|-------|-------|-------|-------|-------|--------|--------|------|
| 10.00 @ 1 each | 455.99 | 4.98 | 9.82 | 650.88 | 19.94 | 39.36 | 48.60 | 20.14 | 25.99 | 6.17 | 148.57* | 2920.08 | 0.00* | 0.21* | 31.33* | 4.77 | 0.03* | 0.03* | 0.26* | 0.04* | 0.00* | 173.20 | 15.36* | 3.78 |
|----------------|--------|------|------|--------|-------|-------|-------|-------|-------|------|---------|---------|-------|-------|--------|------|-------|-------|-------|-------|-------|--------|--------|------|

Average

| | | | | | | | | | | | | | | | | | | | | | | | | |
|--|--------|------|-------|--------|-------|-------|------|-------|-------|------|---------|---------|------|------|-------|-------|------|------|------|------|----|--------|-------|------|
| | 459.39 | 5.48 | 10.73 | 823.28 | 18.09 | 35.43 | 52.1 | 21.23 | 37.35 | 4.22 | 106.93* | 1653.79 | .05* | .14* | 4.01* | 15.86 | .02* | .04* | .18* | .04* | 0* | 353.05 | 5.87* | 1.99 |
|--|--------|------|-------|--------|-------|-------|------|-------|-------|------|---------|---------|------|------|-------|-------|------|------|------|------|----|--------|-------|------|

* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Marcus 9th Gr

Service Area: Marcus 9th - 9-12 - OVS

Menu Name: Marcus 9th w/GSD 2018 Menu - cycle 1 - week 5

Avg.Method: Balanced

Age Group: Brkfst Grades K-12 **Period:** Breakfast **Week:** 5 **Day:** Wednesday **Count Type:** Forecasted **Total No. of Customers:** 71

| Weekly Std. | CAL | SFA (g) | % of CAL | Na (mg) | Fat (g) | % of CAL | CHO (g) | Pro (g) | Chol (mg) | Fiber (g) | K (mg) | Vit A (IU) | Vit D (IU) | Vit E (mg) | Vit K (mcg) | Vit C (mg) | Vit B1 (mg) | Vit B2 (mg) | Vit B3 (mg) | Vit B6 (mg) | Vit B12 (mcg) | Ca (mg) | P (mg) | Fe (mg) |
|-------------|---------------|---------|----------|---------|---------|----------|---------|---------|-----------|-----------|--------|------------|------------|------------|-------------|------------|-------------|-------------|-------------|-------------|---------------|---------|--------|---------|
| | 450.00-500.00 | | | 10.00 | 540.00 | | | | | | | | | | | | | | | | | | 0.00 | |

M54301 BRD: DONUT, GLAZE CHOC WG

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------|--------|------|-------|--------|-------|-------|-------|------|------|------|--------|------|-------|-------|-------|------|-------|-------|-------|-------|-------|-------|--------|------|
| 30.00 @ 1 each | 331.34 | 7.19 | 19.53 | 300.85 | 16.32 | 44.34 | 43.15 | 5.46 | 0.00 | 3.68 | 36.28* | 9.50 | 0.00* | 0.00* | 0.06* | 0.00 | 0.00* | 0.01* | 0.05* | 0.00* | 0.00* | 17.22 | 17.34* | 1.03 |
|----------------|--------|------|-------|--------|-------|-------|-------|------|------|------|--------|------|-------|-------|-------|------|-------|-------|-------|-------|-------|-------|--------|------|

M52695 CHEESE, MZ String LF 1ea 1.0

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-----------------|-------|------|-------|--------|------|-------|------|------|-------|------|------|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 30.00 @ 1 stick | 60.00 | 2.00 | 30.00 | 210.01 | 2.50 | 37.50 | 1.00 | 8.00 | 10.00 | 0.00 | 0.00 | 146.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 220.01 | -* | 0.11 |
|-----------------|-------|------|-------|--------|------|-------|------|------|-------|------|------|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M51725 SDW BISC, ChixPtyWG 1 (2.25BG)

| | | | | | | | | | | | | | | | | | | | | | | | | |
|--------------------|--------|------|-------|--------|-------|-------|-------|-------|-------|------|----|------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 24.00 @ 1 sandwich | 294.42 | 9.74 | 29.79 | 653.66 | 13.97 | 42.71 | 32.46 | 10.46 | 12.41 | 2.99 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 169.86 | -* | 1.80 |
|--------------------|--------|------|-------|--------|-------|-------|-------|-------|-------|------|----|------|----|----|----|------|----|----|----|----|----|--------|----|------|

M50435 CEREAL HOT, Oatmeal (1BG)

| | | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------|--------|------|------|------|------|-------|-------|------|------|------|-------|------|-------|-------|-------|------|-------|-------|-------|-------|-------|-------|------|-------|------|
| 3.00 @ 1/2 cup | 106.30 | 0.35 | 3.00 | 3.25 | 2.13 | 18.00 | 19.13 | 3.54 | 0.00 | 2.83 | 1.08* | 0.00 | 0.00* | 0.00* | 0.00* | 0.00 | 0.00* | 0.00* | 0.00* | 0.00* | 0.00* | 0.00* | 3.25 | 0.00* | 1.28 |
|----------------|--------|------|------|------|------|-------|-------|------|------|------|-------|------|-------|-------|-------|------|-------|-------|-------|-------|-------|-------|------|-------|------|

M50209 COND_Sugar, Cinnamon

| | | | | | | | | | | | | | | | | | | | | | | | | |
|---------------------|-------|------|------|------|------|------|-------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|
| 3.00 @ 1 tablespoon | 45.64 | 0.00 | 0.03 | 0.16 | 0.01 | 0.11 | 11.86 | 0.02 | 0.00 | 0.23 | 2.09 | 1.28 | 0.00 | 0.01 | 0.13 | 0.02 | 0.00 | 0.00 | 0.01 | 0.00 | 0.00 | 4.45 | 0.28 | 0.04 |
|---------------------|-------|------|------|------|------|------|-------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|

M50439 CEREAL BWL, Cheerios WG

| | | | | | | | | | | | | | | | | | | | | | | | | |
|---------------|--------|------|------|--------|------|-------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 4.00 @ 1 bowl | 100.00 | 0.50 | 4.50 | 140.00 | 2.00 | 18.00 | 20.00 | 3.00 | 0.00 | 3.00 | -* | 500.01 | -* | -* | -* | 6.00 | -* | -* | -* | -* | -* | 100.00 | -* | 8.10 |
|---------------|--------|------|------|--------|------|-------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M50208 CEREAL BWL, CinnTstCrnch RS WG

| | | | | | | | | | | | | | | | | | | | | | | | | |
|---------------|--------|------|------|--------|------|-------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 4.00 @ 1 bowl | 110.00 | 0.50 | 4.09 | 160.00 | 3.00 | 24.54 | 22.00 | 1.00 | 0.00 | 3.00 | -* | 400.01 | -* | -* | -* | 4.80 | -* | -* | -* | -* | -* | 200.01 | -* | 3.60 |
|---------------|--------|------|------|--------|------|-------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M50442 CEREAL BWL, Cocoa Puffs RS WG

| | | | | | | | | | | | | | | | | | | | | | | | | |
|---------------|--------|------|------|--------|------|-------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 4.00 @ 1 bowl | 110.05 | 0.00 | 0.00 | 160.08 | 1.50 | 12.27 | 25.01 | 2.00 | 0.00 | 2.00 | -* | 500.25 | -* | -* | -* | 6.00 | -* | -* | -* | -* | -* | 100.05 | -* | 4.50 |
|---------------|--------|------|------|--------|------|-------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M50524 CEREAL BWL, Lucky Charms WG

| | | | | | | | | | | | | | | | | | | | | | | | | |
|---------------|--------|------|------|--------|------|------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 4.00 @ 1 bowl | 110.00 | 0.00 | 0.00 | 180.00 | 1.00 | 8.18 | 23.00 | 2.00 | 0.00 | 2.00 | -* | 500.01 | -* | -* | -* | 6.00 | -* | -* | -* | -* | -* | 100.00 | -* | 4.50 |
|---------------|--------|------|------|--------|------|------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M52728 BRD: BAR, Cereal TeamCh WG IW

| | | | | | | | | | | | | | | | | | | | | | | | | |
|---------------|--------|------|------|-------|------|-------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 9.00 @ 1 each | 150.00 | 0.50 | 3.00 | 85.00 | 3.50 | 21.00 | 30.00 | 2.00 | 0.00 | 3.00 | -* | 100.00 | -* | -* | -* | 1.20 | -* | -* | -* | -* | -* | 200.00 | -* | 4.50 |
|---------------|--------|------|------|-------|------|-------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M52695 CHEESE, MZ String LF 1ea 1.0

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------|-------|------|-------|--------|------|-------|------|------|-------|------|------|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 5.00 @ 1 stick | 60.00 | 2.00 | 30.00 | 210.01 | 2.50 | 37.50 | 1.00 | 8.00 | 10.00 | 0.00 | 0.00 | 146.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 220.01 | -* | 0.11 |
|----------------|-------|------|-------|--------|------|-------|------|------|-------|------|------|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M51237 BRD: BREAD WG, Tst Marg 1sl

* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Marcus 9th Gr

Service Area: Marcus 9th - 9-12 - OVS

Menu Name: Marcus 9th w/GSD 2018 Menu - cycle 1 - week 5

Avg.Method: Balanced

| | | | | | | | | | | | | | | | | | | | | | | | | |
|--|--------|------|-------|--------|------|-------|-------|------|-------|------|--------|--------|-------|-------|-------|-------|-------|-------|-------|-------|-------|--------|-------|------|
| 3.00 @ 1 slice | 110.00 | 1.33 | 10.91 | 160.00 | 4.33 | 35.45 | 15.00 | 3.00 | 0.00 | 1.00 | 1.33* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | 0.00 | -* | 1.08 | |
| M52975 BRD: WAFFLE, RS SS WG (3.25BG) | | | | | | | | | | | | | | | | | | | | | | | | |
| 3.00 @ 1 each | 240.06 | 0.00 | 0.00 | 506.14 | 2.86 | 10.71 | 50.30 | 6.86 | 0.00 | 6.86 | 1.05* | 0.00 | 0.00* | 0.00* | 0.00* | 0.00 | 0.00* | 0.00* | 0.00* | 0.00* | 0.00* | 288.94 | 0.00* | 3.09 |
| M52659 FRUIT: APPLES, Warm Cinn 1/8c | | | | | | | | | | | | | | | | | | | | | | | | |
| 3.00 @ 1/8 cup | 26.31 | 0.01 | 0.19 | 2.47 | 0.01 | 0.29 | 6.56 | 0.00 | 0.00 | 0.50 | 0.63* | 0.25 | 0.00* | 0.00* | 0.02* | 0.04 | 0.00* | 0.00* | 0.00* | 0.00* | 0.00* | 0.62 | 0.12* | 0.01 |
| M52657 FRUIT: BLUEBERRIES, Fz 1/8c | | | | | | | | | | | | | | | | | | | | | | | | |
| 3.00 @ 1/8 cup | 8.89 | 0.01 | 0.94 | 0.17 | 0.11 | 11.29 | 2.12 | 0.07 | 0.00 | 0.47 | 9.41 | 8.01 | 0.00 | 0.08 | 2.86 | 0.44 | 0.01 | 0.01 | 0.09 | 0.01 | 0.00 | 1.39 | 1.92 | 0.03 |
| M54565 FRUIT: STRAWBERRIES, SLCD (USDA) W/SYR FRZ 1/4C | | | | | | | | | | | | | | | | | | | | | | | | |
| 3.00 @ 1/4 cup | 59.67 | 0.01 | 0.09 | 1.96 | 0.08 | 1.23 | 16.16 | 0.33 | 0.00 | 1.18 | -* | 15.16 | -* | -* | -* | 25.82 | -* | -* | -* | -* | -* | 6.85 | -* | 0.37 |
| M52816 DESRT: TOPPING, Whipd NonDairy | | | | | | | | | | | | | | | | | | | | | | | | |
| 3.00 @ 1 tablespoon | 13.47 | 1.00 | 66.56 | 0.81 | 1.00 | 67.06 | 1.06 | 0.05 | 0.01 | 0.01 | -* | 0.20 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.15 | -* | 0.00 |
| M50786 FRUIT: PEARS 100ct Whole 1.25c | | | | | | | | | | | | | | | | | | | | | | | | |
| 24.00 @ 1 each | 106.94 | 0.04 | 0.35 | 1.88 | 0.26 | 2.21 | 28.57 | 0.68 | 0.00 | 5.82 | 217.62 | 46.90 | 0.00 | 0.23 | 8.25 | 8.07 | 0.02 | 0.05 | 0.30 | 0.05 | 0.00 | 16.88 | 22.51 | 0.34 |
| M50793 FRUIT: APPLESAUCE, AP 1/2c | | | | | | | | | | | | | | | | | | | | | | | | |
| 24.00 @ 1/2 cup | 91.96 | 0.00 | 0.00 | 10.22 | 0.00 | 0.00 | 22.48 | 0.00 | 0.00 | 2.04 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
| M50982 JUICE SS, ORANGE 100% 4 FLOZ | | | | | | | | | | | | | | | | | | | | | | | | |
| 25.00 @ 1 each | 50.00 | 0.00 | 0.00 | 15.00 | 0.00 | 0.00 | 12.00 | 1.00 | 0.00 | 0.00 | -* | 0.00 | -* | -* | -* | 42.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
| M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50 | | | | | | | | | | | | | | | | | | | | | | | | |
| 10.00 @ 1 carton | 110.00 | 1.50 | 12.28 | 130.00 | 2.50 | 20.46 | 13.00 | 8.00 | 10.00 | 0.00 | -* | 500.00 | -* | -* | -* | 2.40 | -* | -* | -* | -* | -* | 300.00 | -* | 0.00 |
| M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50 | | | | | | | | | | | | | | | | | | | | | | | | |
| 30.00 @ 1 carton | 120.00 | 0.00 | 0.00 | 180.00 | 0.00 | 0.00 | 20.00 | 8.00 | 5.00 | 0.00 | -* | 500.00 | -* | -* | -* | 1.20 | -* | -* | -* | -* | -* | 300.00 | -* | 0.00 |
| M53222 COND PC Margarine 5g | | | | | | | | | | | | | | | | | | | | | | | | |
| 10.00 @ 1 each | 30.00 | 1.00 | 30.00 | 30.00 | 3.00 | 90.00 | 0.00 | 0.00 | 0.00 | 0.00 | -* | 500.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
| M53221 COND PC Jelly, Grape Smucker | | | | | | | | | | | | | | | | | | | | | | | | |
| 5.00 @ 1 each | 35.00 | 0.00 | 0.00 | 5.00 | 0.00 | 0.00 | 9.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
| M50056 COND PC Sauce, Taco 9g | | | | | | | | | | | | | | | | | | | | | | | | |
| 5.00 @ 1 each | 5.00 | 0.00 | 0.00 | 55.00 | 0.00 | 0.00 | 1.00 | 0.00 | 0.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
| M50058 COND PC Syrup 1.4oz Smuckers | | | | | | | | | | | | | | | | | | | | | | | | |

* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Marcus 9th Gr

Service Area: Marcus 9th - 9-12 - OVS

Menu Name: Marcus 9th w/GSD 2018 Menu - cycle 1 - week 5

Avg.Method: Balanced

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------|--------|------|-------|--------|-------|-------|-------|-------|-------|------|--------|--------|----|------|-------|-------|------|------|------|------|------|--------|--------|-----|
| 15.00 @ 1 each | 110.00 | 0.00 | 0.00 | 25.00 | 0.00 | 0.00 | 29.00 | 0.00 | 0.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | 0.00 | -* | 0.00 | |
| Average | 519.45 | 7.92 | 13.72 | 644.42 | 15.03 | 26.04 | 82.33 | 16.16 | 12.65 | 6.72 | 89.55* | 564.74 | 0* | .08* | 2.94* | 20.91 | .01* | .02* | .13* | .02* | 0* | 414.31 | 15.03* | 3.2 |

* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Marcus 9th Gr

Service Area: Marcus 9th - 9-12 - OVS

Menu Name: Marcus 9th w/GSD 2018 Menu - cycle 1 - week 5

Avg.Method: Balanced

Age Group: Lunch Grades 9-12 **Period:** Lunch **Week:** 5 **Day:** Wednesday **Count Type:** Forecasted **Total No. of Customers:** 482

| | CAL | SFA (g) | % of CAL | Na (mg) | Fat (g) | % of CAL | CHO (g) | Pro (g) | Chol (mg) | Fiber (g) | K (mg) | Vit A (IU) | Vit D (IU) | Vit E (mg) | Vit K (mcg) | Vit C (mg) | Vit B1 (mg) | Vit B2 (mg) | Vit B3 (mg) | Vit B6 (mg) | Vit B12 (mcg) | Ca (mg) | P (mg) | Fe (mg) |
|--------------------|---------------|---------|----------|---------|---------|----------|---------|---------|-----------|-----------|--------|------------|------------|------------|-------------|------------|-------------|-------------|-------------|-------------|---------------|---------|--------|---------|
| Weekly Std. | 750.00-850.00 | | 10.00 | 1420.00 | | | | | | | | | | | | | | | | | | 15.66 | | |

M54325 CHIX DRUMSTK, AP BREADED FC WG 2.0

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------|--------|------|-------|--------|-------|-------|------|-------|-------|------|----|--------|----|----|----|------|----|----|----|----|----|-------|----|------|
| 48.00 @ 1 each | 190.03 | 2.50 | 11.84 | 450.07 | 11.00 | 52.11 | 5.00 | 16.00 | 50.01 | 1.00 | -* | 100.02 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 20.00 | -* | 1.08 |
|----------------|--------|------|-------|--------|-------|-------|------|-------|-------|------|----|--------|----|----|----|------|----|----|----|----|----|-------|----|------|

M53077 ENT: PASTA, MAC&CHZ SC WG 2.0 (1BG)

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-----------------|--------|-------|-------|--------|-------|-------|-------|-------|-------|------|---------|--------|-------|-------|-------|------|-------|-------|-------|-------|-------|--------|-------|------|
| 72.00 @ 6 fl oz | 339.44 | 11.21 | 29.73 | 818.92 | 18.22 | 48.31 | 27.21 | 16.94 | 59.56 | 2.80 | 163.78* | 557.12 | 0.00* | 0.06* | 0.55* | 0.04 | 0.02* | 0.01* | 0.15* | 0.01* | 0.01* | 409.11 | 8.05* | 1.59 |
|-----------------|--------|-------|-------|--------|-------|-------|-------|-------|-------|------|---------|--------|-------|-------|-------|------|-------|-------|-------|-------|-------|--------|-------|------|

M52399 BRD: BRDSTK AP, WG 1ea (1BG)

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------|-------|------|------|--------|------|-------|-------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|
| 48.00 @ 1 each | 70.00 | 0.00 | 0.00 | 105.00 | 1.00 | 12.86 | 14.00 | 3.00 | 0.00 | 1.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.72 |
|----------------|-------|------|------|--------|------|-------|-------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|

M50402 SALAD, Tuna Platter SC W 2.0

| | | | | | | | | | | | | | | | | | | | | | | | | |
|---------------|--------|------|------|--------|------|-------|------|-------|-------|------|---------|---------|-------|-------|--------|------|-------|-------|-------|-------|-------|-------|--------|------|
| 2.00 @ 1 each | 123.26 | 0.69 | 5.07 | 338.97 | 5.35 | 39.07 | 4.73 | 15.96 | 36.98 | 1.52 | 186.13* | 5041.13 | 0.00* | 0.16* | 47.92* | 8.08 | 0.04* | 0.05* | 0.30* | 0.07* | 0.00* | 26.09 | 21.16* | 0.87 |
|---------------|--------|------|------|--------|------|-------|------|-------|-------|------|---------|---------|-------|-------|--------|------|-------|-------|-------|-------|-------|-------|--------|------|

M52188 BRD: ROLL AP, PRETZEL 2.2oz WG

| | | | | | | | | | | | | | | | | | | | | | | | | |
|---------------|--------|------|------|-------|------|-------|-------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|-------|----|------|
| 2.00 @ 1 each | 160.00 | 1.00 | 5.62 | 40.00 | 2.50 | 14.06 | 29.00 | 5.00 | 0.00 | 3.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 20.00 | -* | 1.80 |
|---------------|--------|------|------|-------|------|-------|-------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|-------|----|------|

M52043 PIZZA HUT PIZZA 6" EXPRESS CHZ SS 2.25

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-----------------|--------|------|-------|--------|-------|-------|-------|-------|-------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 51.00 @ 1 pizza | 374.18 | 4.99 | 12.01 | 685.27 | 13.41 | 32.25 | 38.44 | 24.92 | 24.70 | 4.27 | -* | 692.07 | -* | -* | -* | 5.36 | -* | -* | -* | -* | -* | 410.71 | -* | 2.57 |
|-----------------|--------|------|-------|--------|-------|-------|-------|-------|-------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M53931 PIZZA HUT PIZZA 6" EXPRESS PEPP SS 2.0

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-----------------|--------|------|-------|--------|-------|-------|-------|-------|-------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 84.00 @ 1 pizza | 385.19 | 5.31 | 12.42 | 711.32 | 14.98 | 35.01 | 38.49 | 24.17 | 27.17 | 4.35 | -* | 662.85 | -* | -* | -* | 5.43 | -* | -* | -* | -* | -* | 354.34 | -* | 2.65 |
|-----------------|--------|------|-------|--------|-------|-------|-------|-------|-------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M54307 PIZZA HUT PIZZA 6" EXPRESS SSG SS 2.25

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-----------------|--------|------|-------|--------|-------|-------|-------|-------|-------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 15.00 @ 1 pizza | 439.08 | 7.15 | 14.66 | 836.54 | 20.45 | 41.92 | 38.35 | 25.40 | 37.42 | 4.27 | -* | 689.00 | -* | -* | -* | 5.36 | -* | -* | -* | -* | -* | 356.37 | -* | 2.86 |
|-----------------|--------|------|-------|--------|-------|-------|-------|-------|-------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M54310 PIZZA HUT PIZZA 6" EXPRESS BBQ CHIX SS 2.25

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-----------------|--------|------|-------|--------|-------|-------|-------|-------|-------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 15.00 @ 1 pizza | 400.94 | 4.66 | 10.46 | 805.79 | 13.17 | 29.57 | 42.83 | 27.77 | 38.53 | 4.36 | -* | 667.19 | -* | -* | -* | 5.81 | -* | -* | -* | -* | -* | 350.99 | -* | 2.67 |
|-----------------|--------|------|-------|--------|-------|-------|-------|-------|-------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M54521 PIZZA HUT COND PC PEPPER RED CRUSHED 1G

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------|------|------|------|------|------|------|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|
| 25.00 @ 1 each | 5.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 1.00 | 0.00 | 0.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
|----------------|------|------|------|------|------|------|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|

M54520 PIZZA HUT COND PC CHEESE GRATED 2.5G

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------|-------|------|------|-------|------|-------|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|
| 50.00 @ 1 each | 10.00 | 0.00 | 0.00 | 50.00 | 1.00 | 90.00 | 0.00 | 1.00 | 5.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
|----------------|-------|------|------|-------|------|-------|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|

M53878 MELT BD, C.Ham AM WG 2.0

* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Marcus 9th Gr

Service Area: Marcus 9th - 9-12 - OVS

Menu Name: Marcus 9th w/GSD 2018 Menu - cycle 1 - week 5

Avg.Method: Balanced

| | | | | | | | | | | | | | | | | | | | | | | | | |
|--|--------|-------|-------|---------|-------|-------|-------|-------|-------|------|---------|--------|-------|-------|-------|------|-------|-------|-------|-------|-------|--------|--------|------|
| 10.00 @ 1 sandwich | 380.00 | 9.75 | 23.09 | 1285.00 | 18.25 | 43.22 | 33.00 | 20.00 | 70.00 | 2.00 | -* | 400.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 300.00 | -* | 2.34 |
| M53275 MELT BD, AM WG 2.0 | | | | | | | | | | | | | | | | | | | | | | | | |
| 5.00 @ 1 sandwich | 385.00 | 11.25 | 26.30 | 1320.00 | 19.50 | 45.58 | 32.50 | 18.50 | 62.50 | 2.00 | -* | 500.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 375.00 | -* | 2.16 |
| M51680 BRD: ROLL DG, WG 2.5oz | | | | | | | | | | | | | | | | | | | | | | | | |
| 70.00 @ 1 each | 170.00 | 0.50 | 2.65 | 135.00 | 3.00 | 15.88 | 28.00 | 7.00 | 0.00 | 3.40 | -* | 0.01 | -* | -* | -* | 0.01 | -* | -* | -* | -* | -* | 12.70 | -* | 0.85 |
| M53659 BURG, Beef AP100% 2.0 | | | | | | | | | | | | | | | | | | | | | | | | |
| 5.00 @ 1 each | 270.00 | 3.00 | 10.00 | 345.00 | 10.00 | 33.33 | 28.00 | 17.00 | 35.00 | 2.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 40.00 | -* | 2.52 |
| M54370 BURG, BLACK BEAN AP WG 2.0 | | | | | | | | | | | | | | | | | | | | | | | | |
| 3.00 @ 1 each | 300.00 | 1.00 | 3.00 | 710.00 | 9.00 | 27.00 | 42.00 | 19.00 | 5.00 | 7.00 | 280.00* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 80.00 | -* | 2.16 |
| M50265 SDW FB, Tky Mush SW 2.0 | | | | | | | | | | | | | | | | | | | | | | | | |
| 4.00 @ 1 each | 464.53 | 8.01 | 15.52 | 860.39 | 26.06 | 50.50 | 31.90 | 23.31 | 60.00 | 3.00 | 66.79* | 1.69 | 0.97* | 0.01* | 0.89* | 0.75 | 0.01* | 0.04* | 0.55* | 0.02* | 0.00* | 314.95 | 11.59* | 1.47 |
| M53347 SDW BD, SB WG 2.0 | | | | | | | | | | | | | | | | | | | | | | | | |
| 4.00 @ 1 sandwich | 554.98 | 3.95 | 6.41 | 556.98 | 33.60 | 54.49 | 43.82 | 19.82 | 0.00 | 9.90 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 39.50 | -* | 5.00 |
| M50962 SDW BD, SBJ WG 2.0 | | | | | | | | | | | | | | | | | | | | | | | | |
| 3.00 @ 1 sandwich | 654.64 | 3.95 | 5.43 | 556.98 | 33.60 | 46.19 | 69.74 | 19.82 | 0.00 | 9.90 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 39.50 | -* | 5.00 |
| M51734 BRD: BREAD WG, 2sl | | | | | | | | | | | | | | | | | | | | | | | | |
| 5.00 @ 2 slice | 160.00 | 0.00 | 0.00 | 320.00 | 2.00 | 11.25 | 30.00 | 6.00 | 0.00 | 2.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 2.16 |
| M52708 BRD: ROLL DG, Sub 6" WG | | | | | | | | | | | | | | | | | | | | | | | | |
| 25.00 @ 1 roll | 170.00 | 0.50 | 2.65 | 180.00 | 3.00 | 15.88 | 28.00 | 6.00 | 0.00 | 3.00 | -* | 0.01 | -* | -* | -* | 0.01 | -* | -* | -* | -* | -* | 13.52 | -* | 1.45 |
| M54775 BRD: CROISSANT, SLICED WG | | | | | | | | | | | | | | | | | | | | | | | | |
| 8.00 @ 1 each | 243.91 | 6.47 | 23.87 | 253.40 | 12.05 | 44.44 | 29.25 | 5.44 | 32.35 | 0.91 | 15.14 | 313.46 | 0.31 | 0.00 | 0.00 | 2.82 | 0.25 | 1.93 | 0.85 | 0.00 | 0.01 | 15.66 | 3.96 | 1.63 |
| M55179 BRD: CIABATTA, SLICED WG | | | | | | | | | | | | | | | | | | | | | | | | |
| 2.00 @ 1 each | 160.00 | 0.50 | 2.81 | 170.00 | 3.50 | 19.69 | 30.00 | 5.00 | 0.00 | 3.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 20.00 | -* | 1.44 |
| M51009 DEACT-USE M66605 - BRD: TORTILLA FLOUR 10" WG | | | | | | | | | | | | | | | | | | | | | | | | |
| 10.00 @ 1 each | 200.00 | 1.50 | 6.75 | 280.00 | 5.00 | 22.50 | 34.00 | 6.00 | 0.00 | 3.00 | 320.00 | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 150.00 | -* | 1.80 |
| M52782 BRD: FLATBREAD 2oz (2BG) | | | | | | | | | | | | | | | | | | | | | | | | |
| 15.00 @ 1 each | 180.00 | 1.00 | 5.00 | 310.00 | 5.00 | 25.00 | 28.00 | 5.00 | 0.00 | 2.69 | -* | 0.07 | -* | -* | -* | 0.07 | -* | -* | -* | -* | -* | 22.88 | -* | 0.83 |
| M53393 TKY, Breast Sliced 1.0 | | | | | | | | | | | | | | | | | | | | | | | | |

* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Marcus 9th Gr

Service Area: Marcus 9th - 9-12 - OVS

Menu Name: Marcus 9th w/GSD 2018 Menu - cycle 1 - week 5

Avg.Method: Balanced

| | | | | | | | | | | | | | | | | | | | | | | | |
|-------------------|-------|------|------|--------|------|-------|------|------|-------|------|----|------|----|----|----|------|----|----|----|----|-------|----|------|
| 30.00 @ 1 serving | 60.00 | 0.50 | 7.50 | 220.00 | 2.00 | 30.00 | 2.00 | 9.00 | 25.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | 20.00 | -* | 0.36 |
|-------------------|-------|------|------|--------|------|-------|------|------|-------|------|----|------|----|----|----|------|----|----|----|----|-------|----|------|

M53569 CHIX, BLACK FOREST HAM SLICED 1.0

| | | | | | | | | | | | | | | | | | | | | | | | |
|-------------------|-------|------|-------|--------|------|-------|------|------|-------|------|----|------|----|----|----|------|----|----|----|----|------|----|------|
| 30.00 @ 1 serving | 80.00 | 1.50 | 16.88 | 330.00 | 4.50 | 50.63 | 2.00 | 8.00 | 40.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | 0.00 | -* | 0.36 |
|-------------------|-------|------|-------|--------|------|-------|------|------|-------|------|----|------|----|----|----|------|----|----|----|----|------|----|------|

M53894 CHIX DCD GRAPE DELI SALAD W 1.0

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------------|-------|------|-------|--------|------|-------|------|------|-------|------|--------|-------|-------|-------|-------|------|-------|-------|-------|-------|-------|------|-------|------|
| 5.00 @ 1 No 16 Scoop | 99.11 | 1.15 | 10.48 | 141.67 | 5.35 | 48.57 | 3.34 | 9.31 | 30.61 | 0.19 | 31.51* | 37.52 | 0.00* | 0.03* | 2.59* | 0.48 | 0.01* | 0.01* | 0.04* | 0.01* | 0.00* | 3.88 | 2.53* | 0.32 |
|----------------------|-------|------|-------|--------|------|-------|------|------|-------|------|--------|-------|-------|-------|-------|------|-------|-------|-------|-------|-------|------|-------|------|

M52455 FISH, Tuna Deli Salad B 1.0

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------------|--------|------|-------|--------|------|-------|------|------|-------|------|--------|-------|-------|-------|-------|------|-------|-------|-------|-------|-------|------|-------|------|
| 5.00 @ 1 No 20 Scoop | 105.01 | 1.34 | 11.46 | 146.76 | 7.60 | 65.14 | 0.28 | 7.63 | 18.49 | 0.13 | 19.78* | 32.30 | 0.00* | 0.02* | 2.16* | 0.31 | 0.00* | 0.00* | 0.02* | 0.01* | 0.00* | 3.12 | 1.84* | 0.20 |
|----------------------|--------|------|-------|--------|------|-------|------|------|-------|------|--------|-------|-------|-------|-------|------|-------|-------|-------|-------|-------|------|-------|------|

M51005 CHEESE, AM (184ct) Slices 1.0

| | | | | | | | | | | | | | | | | | | | | | | | |
|-----------------|--------|------|-------|--------|-------|-------|------|------|-------|------|----|--------|----|----|----|------|----|----|----|----|--------|----|------|
| 10.00 @ 3 slice | 134.99 | 6.75 | 45.00 | 599.97 | 10.50 | 70.00 | 1.50 | 7.50 | 37.50 | 0.00 | -* | 299.98 | -* | -* | -* | 0.00 | -* | -* | -* | -* | 224.99 | -* | 0.00 |
|-----------------|--------|------|-------|--------|-------|-------|------|------|-------|------|----|--------|----|----|----|------|----|----|----|----|--------|----|------|

M53381 CHEESE, CH Slices 1.0

| | | | | | | | | | | | | | | | | | | | | | | | |
|-----------------|--------|------|-------|--------|------|-------|------|------|-------|------|-------|------|----|----|----|------|----|----|----|----|--------|----|------|
| 15.00 @ 2 slice | 110.01 | 5.00 | 40.91 | 180.01 | 9.00 | 73.64 | 1.00 | 6.00 | 30.00 | 0.00 | 20.00 | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | 199.01 | -* | 0.00 |
|-----------------|--------|------|-------|--------|------|-------|------|------|-------|------|-------|------|----|----|----|------|----|----|----|----|--------|----|------|

M50999 CHEESE, JK Slices 1.0

| | | | | | | | | | | | | | | | | | | | | | | | |
|-----------------|--------|------|-------|--------|------|-------|------|------|-------|------|-------|------|----|----|----|------|----|----|----|----|--------|----|------|
| 15.00 @ 2 slice | 100.00 | 5.00 | 45.00 | 180.01 | 8.00 | 72.00 | 1.00 | 7.00 | 30.00 | 0.00 | 25.00 | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | 197.01 | -* | 0.00 |
|-----------------|--------|------|-------|--------|------|-------|------|------|-------|------|-------|------|----|----|----|------|----|----|----|----|--------|----|------|

M51003 CHEESE, PV Slices 1.0

| | | | | | | | | | | | | | | | | | | | | | | | |
|-----------------|--------|------|-------|--------|------|-------|------|------|-------|------|-------|------|----|----|----|------|----|----|----|----|--------|----|------|
| 15.00 @ 2 slice | 100.00 | 5.00 | 45.00 | 250.01 | 7.00 | 63.00 | 1.00 | 7.00 | 20.00 | 0.00 | 40.00 | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | 212.01 | -* | 0.00 |
|-----------------|--------|------|-------|--------|------|-------|------|------|-------|------|-------|------|----|----|----|------|----|----|----|----|--------|----|------|

M51008 VEG: TOMATOES, FrsSI 1/8c(2s)

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-----------------|------|------|------|------|------|-------|------|------|------|------|-------|--------|------|------|------|------|------|------|------|------|------|------|------|------|
| 25.00 @ 1/8 cup | 5.10 | 0.01 | 1.40 | 1.42 | 0.06 | 10.00 | 1.10 | 0.25 | 0.00 | 0.34 | 67.18 | 236.14 | 0.00 | 0.15 | 2.24 | 3.88 | 0.01 | 0.01 | 0.17 | 0.02 | 0.00 | 2.83 | 6.80 | 0.08 |
|-----------------|------|------|------|------|------|-------|------|------|------|------|-------|--------|------|------|------|------|------|------|------|------|------|------|------|------|

M51017 VEG GARN: Rom Leaf 1ea

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------|------|------|------|------|------|-------|------|------|------|------|-------|---------|------|------|-------|------|------|------|------|------|------|------|------|------|
| 50.00 @ 1 each | 2.41 | 0.01 | 2.06 | 1.13 | 0.04 | 15.88 | 0.47 | 0.17 | 0.00 | 0.30 | 35.01 | 1234.63 | 0.00 | 0.02 | 14.53 | 0.57 | 0.01 | 0.01 | 0.04 | 0.01 | 0.00 | 4.68 | 4.25 | 0.14 |
|----------------|------|------|------|------|------|-------|------|------|------|------|-------|---------|------|------|-------|------|------|------|------|------|------|------|------|------|

M51013 VEG: ONIONS, Red Slice 1ea

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-----------------|------|------|------|------|------|------|------|------|------|------|-------|------|------|------|------|------|------|------|------|------|------|------|------|------|
| 20.00 @ 1 slice | 2.83 | 0.00 | 0.94 | 0.28 | 0.01 | 2.25 | 0.66 | 0.08 | 0.00 | 0.12 | 10.35 | 0.14 | 0.00 | 0.00 | 0.03 | 0.52 | 0.00 | 0.00 | 0.01 | 0.01 | 0.00 | 1.63 | 2.06 | 0.01 |
|-----------------|------|------|------|------|------|------|------|------|------|------|-------|------|------|------|------|------|------|------|------|------|------|------|------|------|

M53388 VEG: MUSHROOM, SlcFrsRstd1/8c

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-----------------|------|------|------|------|------|-------|------|------|------|------|-------|------|------|------|------|------|------|------|------|------|------|------|-------|------|
| 10.00 @ 1/8 cup | 4.52 | 0.01 | 1.95 | 0.38 | 0.06 | 12.80 | 0.90 | 0.31 | 0.00 | 0.31 | 46.78 | 1.62 | 0.97 | 0.01 | 0.89 | 0.68 | 0.01 | 0.04 | 0.55 | 0.02 | 0.00 | 3.07 | 11.59 | 0.28 |
|-----------------|------|------|------|------|------|-------|------|------|------|------|-------|------|------|------|------|------|------|------|------|------|------|------|-------|------|

M50892 VEG: PEPPERS, Jalapeno CndTBSP

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------------|------|------|------|--------|------|-------|------|------|------|------|-------|--------|------|------|------|------|------|------|------|------|------|------|------|------|
| 15.00 @ 1 tablespoon | 2.67 | 0.01 | 3.23 | 165.30 | 0.09 | 31.33 | 0.47 | 0.09 | 0.00 | 0.26 | 19.09 | 168.17 | 0.00 | 0.07 | 1.28 | 0.99 | 0.00 | 0.00 | 0.04 | 0.02 | 0.00 | 2.28 | 1.78 | 0.19 |
|----------------------|------|------|------|--------|------|-------|------|------|------|------|-------|--------|------|------|------|------|------|------|------|------|------|------|------|------|

M50893 VEG: PEPPERS, Banana Cnd TBSP

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------------|------|------|------|--------|------|-------|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|
| 15.00 @ 1 tablespoon | 1.71 | 0.00 | 2.08 | 203.78 | 0.02 | 10.42 | 0.31 | 0.07 | 0.00 | 0.09 | -* | 0.00 | -* | -* | -* | 4.33 | -* | -* | -* | -* | -* | 0.00 | -* | 0.03 |
|----------------------|------|------|------|--------|------|-------|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|

* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Marcus 9th Gr

Service Area: Marcus 9th - 9-12 - OVS

Menu Name: Marcus 9th w/GSD 2018 Menu - cycle 1 - week 5

Avg.Method: Balanced

M50176 COND_Pickle, Dill Slice 2ea

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-----------------|------|------|------|--------|------|-------|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|
| 15.00 @ 2 slice | 1.62 | 0.01 | 4.72 | 162.08 | 0.05 | 25.17 | 0.24 | 0.06 | 0.00 | 0.14 | -* | 0.00 | -* | -* | -* | 0.21 | -* | -* | -* | -* | -* | 8.65 | -* | 0.05 |
|-----------------|------|------|------|--------|------|-------|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|

M50060 COND_Mayo W

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------------|-------|------|-------|-------|------|-------|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|
| 40.00 @ 1 tablespoon | 35.00 | 0.50 | 12.86 | 99.99 | 3.50 | 90.00 | 1.00 | 0.00 | 5.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
|----------------------|-------|------|-------|-------|------|-------|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|

M51676 COND_Mayo, Sriracha W

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------------|-------|------|-------|--------|------|-------|------|------|------|------|-------|-------|----|----|----|------|----|----|----|----|----|------|----|------|
| 40.00 @ 1 tablespoon | 33.72 | 0.46 | 12.18 | 139.89 | 3.18 | 84.87 | 1.35 | 0.04 | 4.54 | 0.04 | 3.92* | 45.56 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.32 | -* | 0.02 |
|----------------------|-------|------|-------|--------|------|-------|------|------|------|------|-------|-------|----|----|----|------|----|----|----|----|----|------|----|------|

M51391 COND_Mayo, Chipotle W

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------------|-------|------|-------|-------|------|-------|------|------|------|------|-------|-------|----|----|----|------|----|----|----|----|----|------|----|------|
| 40.00 @ 1 tablespoon | 27.56 | 0.37 | 12.25 | 95.66 | 2.63 | 85.96 | 1.00 | 0.01 | 3.75 | 0.01 | 0.00* | 15.26 | -* | -* | -* | 0.40 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
|----------------------|-------|------|-------|-------|------|-------|------|------|------|------|-------|-------|----|----|----|------|----|----|----|----|----|------|----|------|

M51427 COND_Sauce, Bistro SC W

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------------|-------|------|------|--------|------|-------|------|------|------|------|--------|-------|-------|-------|-------|------|-------|-------|-------|-------|-------|------|-------|------|
| 20.00 @ 1 tablespoon | 29.82 | 0.20 | 6.11 | 132.82 | 1.48 | 44.77 | 2.34 | 0.32 | 1.87 | 0.34 | 19.89* | 10.07 | 0.00* | 0.04* | 6.39* | 0.83 | 0.00* | 0.01* | 0.05* | 0.00* | 0.00* | 8.86 | 2.29* | 0.21 |
|----------------------|-------|------|------|--------|------|-------|------|------|------|------|--------|-------|-------|-------|-------|------|-------|-------|-------|-------|-------|------|-------|------|

M52707 COND_Dressing, Ranch Homestyle

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------------|-------|------|-------|--------|------|-------|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|-------|----|------|
| 40.00 @ 1 tablespoon | 50.00 | 0.75 | 13.50 | 134.99 | 5.50 | 99.00 | 0.50 | 0.50 | 5.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 10.00 | -* | 0.00 |
|----------------------|-------|------|-------|--------|------|-------|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|-------|----|------|

M50291 COND_Mustard, Yellow

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------------|------|------|------|--------|------|-------|------|------|------|------|-------|------|----|----|----|------|----|----|----|----|----|------|----|------|
| 20.00 @ 1 tablespoon | 9.00 | 0.01 | 1.50 | 181.50 | 0.37 | 37.20 | 0.93 | 0.47 | 0.00 | 0.43 | 13.36 | 0.67 | -* | -* | -* | 0.13 | -* | -* | -* | -* | -* | 7.51 | -* | 0.19 |
|----------------------|------|------|------|--------|------|-------|------|------|------|------|-------|------|----|----|----|------|----|----|----|----|----|------|----|------|

M51283 SNACK: CHIP SS, Lays Bkd Orig

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-------------------|--------|------|------|--------|------|-------|-------|------|------|------|--------|------|----|----|----|------|----|----|----|----|----|------|----|------|
| 30.00 @ 1 package | 110.00 | 0.00 | 0.00 | 140.00 | 3.00 | 24.55 | 19.00 | 2.00 | 0.00 | 1.00 | 197.00 | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
|-------------------|--------|------|------|--------|------|-------|-------|------|------|------|--------|------|----|----|----|------|----|----|----|----|----|------|----|------|

M53419 VEG: POTATO, FF CTINAGEN7 1/2C

| | | | | | | | | | | | | | | | | | | | | | | | | |
|------------------|--------|------|-------|--------|------|-------|-------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|
| 108.00 @ 1/2 cup | 121.82 | 1.52 | 11.25 | 137.05 | 4.57 | 33.75 | 17.26 | 2.03 | 0.00 | 2.03 | -* | 0.00 | -* | -* | -* | 3.65 | -* | -* | -* | -* | -* | 0.00 | -* | 0.37 |
|------------------|--------|------|-------|--------|------|-------|-------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|

M52540 VEG: SQUASH, Zucc Frsh 1/2c

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-----------------|-------|------|------|------|------|-------|------|------|------|------|--------|--------|------|------|------|-------|------|------|------|------|------|-------|-------|------|
| 24.00 @ 1/2 cup | 11.40 | 0.06 | 4.45 | 5.36 | 0.21 | 16.94 | 2.08 | 0.81 | 0.00 | 0.67 | 174.95 | 134.06 | 0.00 | 0.08 | 2.88 | 12.00 | 0.03 | 0.06 | 0.30 | 0.11 | 0.00 | 10.72 | 25.47 | 0.25 |
|-----------------|-------|------|------|------|------|-------|------|------|------|------|--------|--------|------|------|------|-------|------|------|------|------|------|-------|-------|------|

M50536 FRUIT: APPLE, 138ct 1/8wg 1/2c

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-----------------|-------|------|------|------|------|------|------|------|------|------|-------|-------|------|------|------|------|------|------|------|------|------|------|------|------|
| 40.00 @ 4 wedge | 31.53 | 0.02 | 0.50 | 2.39 | 0.10 | 2.95 | 8.40 | 0.17 | 0.00 | 1.45 | 67.15 | 33.13 | 0.00 | 0.11 | 1.32 | 3.11 | 0.01 | 0.02 | 0.06 | 0.03 | 0.00 | 5.02 | 6.81 | 0.07 |
|-----------------|-------|------|------|------|------|------|------|------|------|------|-------|-------|------|------|------|------|------|------|------|------|------|------|------|------|

M52271 FRUIT: PEARS, Dice w/Jc 1/2c

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-----------------|-------|------|------|-------|------|------|-------|------|------|------|-------|------|----|----|----|------|----|----|----|----|----|------|----|------|
| 60.00 @ 1/2 cup | 60.66 | 0.00 | 0.00 | 10.11 | 0.00 | 0.00 | 14.15 | 0.00 | 0.00 | 2.02 | 80.89 | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
|-----------------|-------|------|------|-------|------|------|-------|------|------|------|-------|------|----|----|----|------|----|----|----|----|----|------|----|------|

M53365 JUICE SS, Grape100% 4oz Cart

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------|-------|------|------|-------|------|------|-------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|
| 75.00 @ 1 each | 80.00 | 0.00 | 0.00 | 15.00 | 0.00 | 0.00 | 18.00 | 1.00 | 0.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
|----------------|-------|------|------|-------|------|------|-------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|

* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Marcus 9th Gr

Service Area: Marcus 9th - 9-12 - OVS

Menu Name: Marcus 9th w/GSD 2018 Menu - cycle 1 - week 5

Avg.Method: Balanced

M53065 DESRT: COOKIE Sugar 1.0oz WG

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-------------------|--------|------|------|-------|------|-------|-------|------|-------|------|----|--------|----|----|----|------|----|----|----|----|----|------|----|------|
| 140.00 @ 1 cookie | 110.00 | 1.00 | 8.18 | 75.00 | 3.00 | 24.55 | 18.00 | 1.00 | 10.00 | 1.00 | -* | 100.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.36 |
|-------------------|--------|------|------|-------|------|-------|-------|------|-------|------|----|--------|----|----|----|------|----|----|----|----|----|------|----|------|

M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50

| | | | | | | | | | | | | | | | | | | | | | | | | |
|------------------|--------|------|-------|--------|------|-------|-------|------|-------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 50.00 @ 1 carton | 110.00 | 1.50 | 12.28 | 130.00 | 2.50 | 20.46 | 13.00 | 8.00 | 10.00 | 0.00 | -* | 500.00 | -* | -* | -* | 2.40 | -* | -* | -* | -* | -* | 300.00 | -* | 0.00 |
|------------------|--------|------|-------|--------|------|-------|-------|------|-------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-------------------|--------|------|------|--------|------|------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 150.00 @ 1 carton | 120.00 | 0.00 | 0.00 | 180.00 | 0.00 | 0.00 | 20.00 | 8.00 | 5.00 | 0.00 | -* | 500.00 | -* | -* | -* | 1.20 | -* | -* | -* | -* | -* | 300.00 | -* | 0.00 |
|-------------------|--------|------|------|--------|------|------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M53222 COND PC Margarine 5g

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------|-------|------|-------|-------|------|-------|------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|------|----|------|
| 30.00 @ 1 each | 30.00 | 1.00 | 30.00 | 30.00 | 3.00 | 90.00 | 0.00 | 0.00 | 0.00 | 0.00 | -* | 500.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
|----------------|-------|------|-------|-------|------|-------|------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|------|----|------|

M50855 COND PC Ketchup 9g Heinz

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-----------------|-------|------|------|-------|------|------|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|
| 250.00 @ 1 each | 10.00 | 0.00 | 0.00 | 85.00 | 0.00 | 0.00 | 3.00 | 0.00 | 0.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
|-----------------|-------|------|------|-------|------|------|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|

M50055 COND PC Mayonnaise 12g

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------|-------|------|-------|-------|------|-------|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|
| 60.00 @ 1 each | 80.00 | 1.50 | 16.87 | 75.00 | 8.00 | 90.00 | 1.00 | 0.00 | 5.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
|----------------|-------|------|-------|-------|------|-------|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|

M50284 COND PC Mustard 6g

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------|------|------|---|-------|------|---|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|
| 20.00 @ 1 each | 0.00 | 0.00 | - | 65.00 | 0.00 | - | 1.00 | 0.00 | 0.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
|----------------|------|------|---|-------|------|---|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|

M50685 COND_DRESSING, VINAIGRETTE BALSAMIC

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------------|-------|------|------|-------|------|-------|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|
| 10.00 @ 1 tablespoon | 30.00 | 0.25 | 7.50 | 95.00 | 2.50 | 75.00 | 2.00 | 0.00 | 0.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
|----------------------|-------|------|------|-------|------|-------|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|

M50623 COND PC Drsg Italian 12g

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------|-------|------|------|--------|------|-------|------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|------|----|------|
| 20.00 @ 1 each | 30.00 | 0.00 | 0.00 | 130.00 | 3.00 | 90.00 | 0.00 | 0.00 | 0.00 | 0.00 | -* | 100.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
|----------------|-------|------|------|--------|------|-------|------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|------|----|------|

M50624 COND PC Drsg Ranch 12g

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-----------------|-------|------|------|--------|------|-------|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|
| 125.00 @ 1 each | 50.00 | 0.00 | 0.00 | 100.00 | 5.00 | 90.00 | 1.00 | 0.00 | 5.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
|-----------------|-------|------|------|--------|------|-------|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|

M50056 COND PC Sauce, Taco 9g

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------|------|------|------|-------|------|------|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|
| 20.00 @ 1 each | 5.00 | 0.00 | 0.00 | 55.00 | 0.00 | 0.00 | 1.00 | 0.00 | 0.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
|----------------|------|------|------|-------|------|------|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|

M50287 COND PC Sauce, BBQ 12g

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------|-------|------|------|--------|------|------|------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|------|----|------|
| 60.00 @ 1 each | 15.00 | 0.00 | 0.00 | 160.00 | 0.00 | 0.00 | 4.00 | 0.00 | 0.00 | 0.00 | -* | 100.00 | -* | -* | -* | 0.60 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
|----------------|-------|------|------|--------|------|------|------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|------|----|------|

M66762 WRAP 10", CHIXPOPCY PO BOY WG 2.0 FUEL 01/18

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------|--------|------|------|--------|-------|-------|-------|-------|-------|------|---------|---------|-------|-------|--------|------|-------|-------|-------|-------|-------|--------|--------|------|
| 10.00 @ 1 each | 455.99 | 4.98 | 9.82 | 650.88 | 19.94 | 39.36 | 48.60 | 20.14 | 25.99 | 6.17 | 148.57* | 2920.08 | 0.00* | 0.21* | 31.33* | 4.77 | 0.03* | 0.03* | 0.26* | 0.04* | 0.00* | 173.20 | 15.36* | 3.78 |
|----------------|--------|------|------|--------|-------|-------|-------|-------|-------|------|---------|---------|-------|-------|--------|------|-------|-------|-------|-------|-------|--------|--------|------|

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------|-----|------|-------|-------|-------|-------|-------|-------|-------|------|--------|--------|------|------|-------|------|------|------|-----|------|----|--------|-------|------|
| Average | 510 | 6.59 | 11.64 | 947.4 | 19.91 | 35.14 | 57.94 | 23.23 | 45.16 | 4.71 | 88.11* | 876.03 | .03* | .04* | 3.19* | 4.98 | .01* | .04* | .1* | .01* | 0* | 368.02 | 4.92* | 2.23 |
|----------------|-----|------|-------|-------|-------|-------|-------|-------|-------|------|--------|--------|------|------|-------|------|------|------|-----|------|----|--------|-------|------|

* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Marcus 9th Gr

Service Area: Marcus 9th - 9-12 - OVS

Menu Name: Marcus 9th w/GSD 2018 Menu - cycle 1 - week 5

Avg.Method: Balanced

Age Group: Brkfst Grades K-12 **Period:** Breakfast **Week:** 5 **Day:** Thursday **Count Type:** Forecasted **Total No. of Customers:** 71

| Weekly Std. | CAL | SFA | | Na | Fat | | CHO | Pro | Chol | Fiber | K | Vit A | Vit D | Vit E | Vit K | Vit C | Vit B1 | Vit B2 | Vit B3 | Vit B6 | Vit B12 | Ca | P | Fe |
|-------------|---------------|-----|----------|--------|-----|----------|-----|-----|------|-------|------|-------|-------|-------|-------|-------|--------|--------|--------|--------|---------|------|------|----|
| | (kcal) | (g) | % of CAL | (mg) | (g) | % of CAL | (g) | (g) | (mg) | (g) | (mg) | (IU) | (IU) | (mg) | (mcg) | (mg) | (mg) | (mg) | (mg) | (mcg) | (mg) | (mg) | (mg) | |
| | 450.00-500.00 | | 10.00 | 540.00 | | | | | | | | | | | | | | | | | | 0.00 | | |

M51399 BRD: MUF AP, Blueb 4ozWG (2BG)

| | | | | | | | | | | | | | | | | | | | | | | | | |
|------------------|--------|------|------|--------|-------|-------|-------|------|-------|------|--------|--------|----|----|----|------|----|----|----|----|----|-------|----|------|
| 20.00 @ 1 muffin | 380.00 | 4.00 | 9.47 | 270.00 | 12.00 | 28.42 | 62.00 | 6.00 | 80.00 | 5.00 | 270.00 | 100.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 60.00 | -* | 1.80 |
|------------------|--------|------|------|--------|-------|-------|-------|------|-------|------|--------|--------|----|----|----|------|----|----|----|----|----|-------|----|------|

M52925 PIZZA AP Tony Bkfst T.Ssg 1.0

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------|--------|------|------|--------|------|-------|-------|------|-------|------|--------|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 33.00 @ 1 each | 210.00 | 2.00 | 8.57 | 480.01 | 7.00 | 30.00 | 26.00 | 9.00 | 15.00 | 2.00 | 240.00 | 200.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 100.00 | -* | 1.80 |
|----------------|--------|------|------|--------|------|-------|-------|------|-------|------|--------|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M50435 CEREAL HOT, Oatmeal (1BG)

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------|--------|------|------|------|------|-------|-------|------|------|------|-------|------|-------|-------|-------|------|-------|-------|-------|-------|-------|------|-------|------|
| 3.00 @ 1/2 cup | 106.30 | 0.35 | 3.00 | 3.25 | 2.13 | 18.00 | 19.13 | 3.54 | 0.00 | 2.83 | 1.08* | 0.00 | 0.00* | 0.00* | 0.00* | 0.00 | 0.00* | 0.00* | 0.00* | 0.00* | 0.00* | 3.25 | 0.00* | 1.28 |
|----------------|--------|------|------|------|------|-------|-------|------|------|------|-------|------|-------|-------|-------|------|-------|-------|-------|-------|-------|------|-------|------|

M50209 COND_Sugar, Cinnamon

| | | | | | | | | | | | | | | | | | | | | | | | | |
|---------------------|-------|------|------|------|------|------|-------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|
| 3.00 @ 1 tablespoon | 45.64 | 0.00 | 0.03 | 0.16 | 0.01 | 0.11 | 11.86 | 0.02 | 0.00 | 0.23 | 2.09 | 1.28 | 0.00 | 0.01 | 0.13 | 0.02 | 0.00 | 0.00 | 0.01 | 0.00 | 0.00 | 4.45 | 0.28 | 0.04 |
|---------------------|-------|------|------|------|------|------|-------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|

M50439 CEREAL BWL, Cheerios WG

| | | | | | | | | | | | | | | | | | | | | | | | | |
|---------------|--------|------|------|--------|------|-------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 4.00 @ 1 bowl | 100.00 | 0.50 | 4.50 | 140.00 | 2.00 | 18.00 | 20.00 | 3.00 | 0.00 | 3.00 | -* | 500.01 | -* | -* | -* | 6.00 | -* | -* | -* | -* | -* | 100.00 | -* | 8.10 |
|---------------|--------|------|------|--------|------|-------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M50208 CEREAL BWL, CinnTstCrnch RS WG

| | | | | | | | | | | | | | | | | | | | | | | | | |
|---------------|--------|------|------|--------|------|-------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 4.00 @ 1 bowl | 110.00 | 0.50 | 4.09 | 160.00 | 3.00 | 24.54 | 22.00 | 1.00 | 0.00 | 3.00 | -* | 400.01 | -* | -* | -* | 4.80 | -* | -* | -* | -* | -* | 200.01 | -* | 3.60 |
|---------------|--------|------|------|--------|------|-------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M50442 CEREAL BWL, Cocoa Puffs RS WG

| | | | | | | | | | | | | | | | | | | | | | | | | |
|---------------|--------|------|------|--------|------|-------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 4.00 @ 1 bowl | 110.05 | 0.00 | 0.00 | 160.08 | 1.50 | 12.27 | 25.01 | 2.00 | 0.00 | 2.00 | -* | 500.25 | -* | -* | -* | 6.00 | -* | -* | -* | -* | -* | 100.05 | -* | 4.50 |
|---------------|--------|------|------|--------|------|-------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M50524 CEREAL BWL, Lucky Charms WG

| | | | | | | | | | | | | | | | | | | | | | | | | |
|---------------|--------|------|------|--------|------|------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 4.00 @ 1 bowl | 110.00 | 0.00 | 0.00 | 180.00 | 1.00 | 8.18 | 23.00 | 2.00 | 0.00 | 2.00 | -* | 500.01 | -* | -* | -* | 6.00 | -* | -* | -* | -* | -* | 100.00 | -* | 4.50 |
|---------------|--------|------|------|--------|------|------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M52726 BRD: BAR, Cereal FrtyCh WG IW

| | | | | | | | | | | | | | | | | | | | | | | | | |
|---------------|--------|------|------|-------|------|-------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 9.00 @ 1 each | 150.00 | 0.50 | 3.00 | 95.00 | 3.50 | 21.00 | 29.00 | 3.00 | 0.00 | 3.00 | -* | 200.00 | -* | -* | -* | 1.20 | -* | -* | -* | -* | -* | 200.00 | -* | 1.80 |
|---------------|--------|------|------|-------|------|-------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M52695 CHEESE, MZ String LF 1ea 1.0

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------|-------|------|-------|--------|------|-------|------|------|-------|------|------|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 5.00 @ 1 stick | 60.00 | 2.00 | 30.00 | 210.01 | 2.50 | 37.50 | 1.00 | 8.00 | 10.00 | 0.00 | 0.00 | 146.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 220.01 | -* | 0.11 |
|----------------|-------|------|-------|--------|------|-------|------|------|-------|------|------|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M51237 BRD: BREAD WG, Tst Marg 1sl

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------|--------|------|-------|--------|------|-------|-------|------|------|------|-------|------|----|----|----|------|----|----|----|----|----|------|----|------|
| 3.00 @ 1 slice | 110.00 | 1.33 | 10.91 | 160.00 | 4.33 | 35.45 | 15.00 | 3.00 | 0.00 | 1.00 | 1.33* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 1.08 |
|----------------|--------|------|-------|--------|------|-------|-------|------|------|------|-------|------|----|----|----|------|----|----|----|----|----|------|----|------|

M52975 BRD: WAFFLE, RS SS WG (3.25BG)

* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Marcus 9th Gr

Service Area: Marcus 9th - 9-12 - OVS

Menu Name: Marcus 9th w/GSD 2018 Menu - cycle 1 - week 5

Avg.Method: Balanced

| | | | | | | | | | | | | | | | | | | | | | | | | | |
|--|--------|------|-------|--------|------|-------|-------|-------|-------|------|---------|--------|-------|-------|-------|-------|-------|-------|-------|-------|-------|--------|--------|------|--|
| 5.00 @ 1 each | 240.06 | 0.00 | 0.00 | 506.14 | 2.86 | 10.71 | 50.30 | 6.86 | 0.00 | 6.86 | 1.05* | 0.00 | 0.00* | 0.00* | 0.00* | 0.00 | 0.00* | 0.00* | 0.00* | 0.00* | 0.00* | 288.94 | 0.00* | 3.09 | |
| M52659 FRUIT: APPLES, Warm Cinn 1/8c | | | | | | | | | | | | | | | | | | | | | | | | | |
| 3.00 @ 1/8 cup | 26.31 | 0.01 | 0.19 | 2.47 | 0.01 | 0.29 | 6.56 | 0.00 | 0.00 | 0.50 | 0.63* | 0.25 | 0.00* | 0.00* | 0.02* | 0.04 | 0.00* | 0.00* | 0.00* | 0.00* | 0.00* | 0.62 | 0.12* | 0.01 | |
| M52657 FRUIT: BLUEBERRIES, Fz 1/8c | | | | | | | | | | | | | | | | | | | | | | | | | |
| 3.00 @ 1/8 cup | 8.89 | 0.01 | 0.94 | 0.17 | 0.11 | 11.29 | 2.12 | 0.07 | 0.00 | 0.47 | 9.41 | 8.01 | 0.00 | 0.08 | 2.86 | 0.44 | 0.01 | 0.01 | 0.09 | 0.01 | 0.00 | 1.39 | 1.92 | 0.03 | |
| M54565 FRUIT: STRAWBERRIES, SLCD (USDA) W/SYR FRZ 1/4C | | | | | | | | | | | | | | | | | | | | | | | | | |
| 3.00 @ 1/4 cup | 59.67 | 0.01 | 0.09 | 1.96 | 0.08 | 1.23 | 16.16 | 0.33 | 0.00 | 1.18 | -* | 15.16 | -* | -* | -* | 25.82 | -* | -* | -* | -* | -* | 6.85 | -* | 0.37 | |
| M52816 DESRT: TOPPING, Whipd NonDairy | | | | | | | | | | | | | | | | | | | | | | | | | |
| 3.00 @ 1 tablespoon | 13.47 | 1.00 | 66.56 | 0.81 | 1.00 | 67.06 | 1.06 | 0.05 | 0.01 | 0.01 | -* | 0.20 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.15 | -* | 0.00 | |
| M50529 FRUIT: GRAPES, Fresh 1/2c | | | | | | | | | | | | | | | | | | | | | | | | | |
| 40.00 @ 1/2 cup | 56.80 | 0.10 | 1.53 | 1.70 | 0.30 | 4.70 | 14.54 | 0.53 | 0.00 | 0.76 | 161.94 | 84.78 | 0.00 | 0.16 | 12.38 | 3.39 | 0.08 | 0.05 | 0.25 | 0.09 | 0.00 | 11.87 | 8.48 | 0.25 | |
| M50722 FRUIT: RAISINS, SS BOX | | | | | | | | | | | | | | | | | | | | | | | | | |
| 20.00 @ 1 each | 127.15 | 0.02 | 0.17 | 4.68 | 0.20 | 1.38 | 33.67 | 1.31 | 0.00 | 1.57 | 318.51 | 0.00 | 0.00 | 0.05 | 1.49 | 0.98 | 0.05 | 0.05 | 0.33 | 0.07 | 0.00 | 21.26 | 42.95 | 0.80 | |
| M50980 JUICE SS, Frt Bld 100% 4oz Crt | | | | | | | | | | | | | | | | | | | | | | | | | |
| 25.00 @ 1 1/10 each | 66.00 | 0.00 | 0.00 | 11.00 | 0.00 | 0.00 | 15.40 | 0.00 | 0.00 | 0.00 | 110.00 | 0.00 | -* | -* | -* | 3.96 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 | |
| M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50 | | | | | | | | | | | | | | | | | | | | | | | | | |
| 10.00 @ 1 carton | 110.00 | 1.50 | 12.28 | 130.00 | 2.50 | 20.46 | 13.00 | 8.00 | 10.00 | 0.00 | -* | 500.00 | -* | -* | -* | 2.40 | -* | -* | -* | -* | -* | 300.00 | -* | 0.00 | |
| M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50 | | | | | | | | | | | | | | | | | | | | | | | | | |
| 30.00 @ 1 carton | 120.00 | 0.00 | 0.00 | 180.00 | 0.00 | 0.00 | 20.00 | 8.00 | 5.00 | 0.00 | -* | 500.00 | -* | -* | -* | 1.20 | -* | -* | -* | -* | -* | 300.00 | -* | 0.00 | |
| M53222 COND PC Margarine 5g | | | | | | | | | | | | | | | | | | | | | | | | | |
| 10.00 @ 1 each | 30.00 | 1.00 | 30.00 | 30.00 | 3.00 | 90.00 | 0.00 | 0.00 | 0.00 | 0.00 | -* | 500.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 | |
| M53221 COND PC Jelly, Grape Smucker | | | | | | | | | | | | | | | | | | | | | | | | | |
| 5.00 @ 1 each | 35.00 | 0.00 | 0.00 | 5.00 | 0.00 | 0.00 | 9.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 | |
| M50056 COND PC Sauce, Taco 9g | | | | | | | | | | | | | | | | | | | | | | | | | |
| 5.00 @ 1 each | 5.00 | 0.00 | 0.00 | 55.00 | 0.00 | 0.00 | 1.00 | 0.00 | 0.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 | |
| M50058 COND PC Syrup 1.4oz Smuckers | | | | | | | | | | | | | | | | | | | | | | | | | |
| 15.00 @ 1 each | 110.00 | 0.00 | 0.00 | 25.00 | 0.00 | 0.00 | 29.00 | 0.00 | 0.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 | |
| | 472.21 | 2.84 | 5.42 | 519.07 | 9.2 | 17.53 | 85.16 | 13.22 | 33.73 | 4.9 | 407.98* | 664.75 | 0* | .11* | 7.52* | 6.97 | .06* | .04* | .24* | .07* | 0* | 335.15 | 16.97* | 3.45 | |

* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Marcus 9th Gr

Service Area: Marcus 9th - 9-12 - OVS

Menu Name: Marcus 9th w/GSD 2018 Menu - cycle 1 - week 5

Avg.Method: Balanced

Age Group: Lunch Grades 9-12 **Period:** Lunch **Week:** 5 **Day:** Thursday **Count Type:** Forecasted **Total No. of Customers:** 482

| Weekly Std. | CAL | SFA (g) | % of CAL | Na (mg) | Fat (g) | % of CAL | CHO (g) | Pro (g) | Chol (mg) | Fiber (g) | K (mg) | Vit A (IU) | Vit D (IU) | Vit E (mg) | Vit K (mcg) | Vit C (mg) | Vit B1 (mg) | Vit B2 (mg) | Vit B3 (mg) | Vit B6 (mg) | Vit B12 (mcg) | Ca (mg) | P (mg) | Fe (mg) |
|-------------|---------------|---------|----------|---------|---------|----------|---------|---------|-----------|-----------|--------|------------|------------|------------|-------------|------------|-------------|-------------|-------------|-------------|---------------|---------|--------|---------|
| | 750.00-850.00 | | 10.00 | 1420.00 | | | | | | | | | | | | | | | | | | 197.01 | | |

M55229 MELT SUB AP, CHIXMTBL PIZZA WG 2.0

| | | | | | | | | | | | | | | | | | | | | | | | | |
|--------------------|--------|------|------|--------|-------|-------|-------|-------|-------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 44.00 @ 1 sandwich | 355.01 | 3.75 | 9.51 | 895.09 | 13.67 | 34.65 | 37.50 | 22.50 | 47.50 | 5.67 | -* | 416.74 | -* | -* | -* | 2.40 | -* | -* | -* | -* | -* | 166.67 | -* | 2.76 |
|--------------------|--------|------|------|--------|-------|-------|-------|-------|-------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M50488 SALAD, ChixPop CH AP W 2.0

| | | | | | | | | | | | | | | | | | | | | | | | | |
|---------------|--------|------|-------|--------|-------|-------|-------|-------|-------|------|-------|---------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 5.00 @ 1 each | 256.75 | 5.05 | 17.69 | 390.61 | 15.15 | 53.10 | 14.64 | 15.86 | 31.38 | 3.35 | 0.00* | 1566.03 | -* | -* | -* | 8.00 | -* | -* | -* | -* | -* | 150.56 | -* | 1.79 |
|---------------|--------|------|-------|--------|-------|-------|-------|-------|-------|------|-------|---------|----|----|----|------|----|----|----|----|----|--------|----|------|

M51680 BRD: ROLL DG, WG 2.5oz

| | | | | | | | | | | | | | | | | | | | | | | | | |
|---------------|--------|------|------|--------|------|-------|-------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|-------|----|------|
| 5.00 @ 1 each | 170.00 | 0.50 | 2.65 | 135.00 | 3.00 | 15.88 | 28.00 | 7.00 | 0.00 | 3.40 | -* | 0.01 | -* | -* | -* | 0.01 | -* | -* | -* | -* | -* | 12.70 | -* | 0.85 |
|---------------|--------|------|------|--------|------|-------|-------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|-------|----|------|

M52043 PIZZA HUT PIZZA 6" EXPRESS CHZ SS 2.25

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-----------------|--------|------|-------|--------|-------|-------|-------|-------|-------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 51.00 @ 1 pizza | 374.18 | 4.99 | 12.01 | 685.27 | 13.41 | 32.25 | 38.44 | 24.92 | 24.70 | 4.27 | -* | 692.07 | -* | -* | -* | 5.36 | -* | -* | -* | -* | -* | 410.71 | -* | 2.57 |
|-----------------|--------|------|-------|--------|-------|-------|-------|-------|-------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M53931 PIZZA HUT PIZZA 6" EXPRESS PEPP SS 2.0

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-----------------|--------|------|-------|--------|-------|-------|-------|-------|-------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 84.00 @ 1 pizza | 385.19 | 5.31 | 12.42 | 711.32 | 14.98 | 35.01 | 38.49 | 24.17 | 27.17 | 4.35 | -* | 662.85 | -* | -* | -* | 5.43 | -* | -* | -* | -* | -* | 354.34 | -* | 2.65 |
|-----------------|--------|------|-------|--------|-------|-------|-------|-------|-------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M54307 PIZZA HUT PIZZA 6" EXPRESS SSG SS 2.25

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-----------------|--------|------|-------|--------|-------|-------|-------|-------|-------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 15.00 @ 1 pizza | 439.08 | 7.15 | 14.66 | 836.54 | 20.45 | 41.92 | 38.35 | 25.40 | 37.42 | 4.27 | -* | 689.00 | -* | -* | -* | 5.36 | -* | -* | -* | -* | -* | 356.37 | -* | 2.86 |
|-----------------|--------|------|-------|--------|-------|-------|-------|-------|-------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M54310 PIZZA HUT PIZZA 6" EXPRESS BBQ CHIX SS 2.25

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-----------------|--------|------|-------|--------|-------|-------|-------|-------|-------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 15.00 @ 1 pizza | 400.94 | 4.66 | 10.46 | 805.79 | 13.17 | 29.57 | 42.83 | 27.77 | 38.53 | 4.36 | -* | 667.19 | -* | -* | -* | 5.81 | -* | -* | -* | -* | -* | 350.99 | -* | 2.67 |
|-----------------|--------|------|-------|--------|-------|-------|-------|-------|-------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M54521 PIZZA HUT COND PC PEPPER RED CRUSHED 1G

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------|------|------|------|------|------|------|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|
| 25.00 @ 1 each | 5.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 1.00 | 0.00 | 0.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
|----------------|------|------|------|------|------|------|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|

M54520 PIZZA HUT COND PC CHEESE GRATED 2.5G

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------|-------|------|------|-------|------|-------|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|
| 50.00 @ 1 each | 10.00 | 0.00 | 0.00 | 50.00 | 1.00 | 90.00 | 0.00 | 1.00 | 5.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
|----------------|-------|------|------|-------|------|-------|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|

M55371 SDW BN, CHIXFLT GOLDEN BBQ MAYO W WG 2.0 MWWW

| | | | | | | | | | | | | | | | | | | | | | | | | |
|--------------------|--------|------|------|--------|------|-------|-------|-------|-------|------|--------|---------|-------|-------|--------|------|-------|-------|-------|-------|-------|-------|-------|------|
| 10.00 @ 1 sandwich | 273.11 | 1.14 | 3.74 | 645.68 | 6.64 | 21.87 | 34.66 | 20.70 | 41.25 | 2.51 | 70.11* | 1390.83 | 0.00* | 0.10* | 15.83* | 2.96 | 0.02* | 0.01* | 0.13* | 0.02* | 0.00* | 46.67 | 7.83* | 2.35 |
|--------------------|--------|------|------|--------|------|-------|-------|-------|-------|------|--------|---------|-------|-------|--------|------|-------|-------|-------|-------|-------|-------|-------|------|

M51951 HOT DOG, Plain WG 2.0 Hi

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------|--------|------|-------|--------|-------|-------|-------|-------|-------|------|----|------|----|----|----|------|----|----|----|----|----|-------|----|------|
| 12.00 @ 1 each | 320.00 | 8.00 | 22.50 | 890.01 | 18.00 | 50.62 | 28.00 | 11.00 | 35.00 | 2.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 40.00 | -* | 1.80 |
|----------------|--------|------|-------|--------|-------|-------|-------|-------|-------|------|----|------|----|----|----|------|----|----|----|----|----|-------|----|------|

M51680 BRD: ROLL DG, WG 2.5oz

* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Marcus 9th Gr

Service Area: Marcus 9th - 9-12 - OVS

Menu Name: Marcus 9th w/GSD 2018 Menu - cycle 1 - week 5

Avg.Method: Balanced

| | | | | | | | | | | | | | | | | | | | | | | | | |
|--|--------|------|-------|--------|-------|-------|-------|-------|-------|------|---------|--------|-------|-------|-------|------|-------|-------|-------|-------|-------|--------|--------|------|
| 70.00 @ 1 each | 170.00 | 0.50 | 2.65 | 135.00 | 3.00 | 15.88 | 28.00 | 7.00 | 0.00 | 3.40 | -* | 0.01 | -* | -* | -* | 0.01 | -* | -* | -* | -* | -* | 12.70 | -* | 0.85 |
| M53659 BURG, Beef AP100% 2.0 | | | | | | | | | | | | | | | | | | | | | | | | |
| 5.00 @ 1 each | 270.00 | 3.00 | 10.00 | 345.00 | 10.00 | 33.33 | 28.00 | 17.00 | 35.00 | 2.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 40.00 | -* | 2.52 |
| M54370 BURG, BLACK BEAN AP WG 2.0 | | | | | | | | | | | | | | | | | | | | | | | | |
| 3.00 @ 1 each | 300.00 | 1.00 | 3.00 | 710.00 | 9.00 | 27.00 | 42.00 | 19.00 | 5.00 | 7.00 | 280.00* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 80.00 | -* | 2.16 |
| M66680 PANINI, CHIXDCD CH RANCH WG 2.0 | | | | | | | | | | | | | | | | | | | | | | | | |
| 5.00 @ 1 each | 412.22 | 6.04 | 13.19 | 581.66 | 18.95 | 41.37 | 34.70 | 22.99 | 61.18 | 3.56 | 104.16* | 119.93 | 0.00* | 0.14* | 1.28* | 6.67 | 0.02* | 0.01* | 0.17* | 0.05* | 0.00* | 220.14 | 15.16* | 2.10 |
| M53347 SDW BD, SB WG 2.0 | | | | | | | | | | | | | | | | | | | | | | | | |
| 4.00 @ 1 sandwich | 554.98 | 3.95 | 6.41 | 556.98 | 33.60 | 54.49 | 43.82 | 19.82 | 0.00 | 9.90 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 39.50 | -* | 5.00 |
| M50962 SDW BD, SBJ WG 2.0 | | | | | | | | | | | | | | | | | | | | | | | | |
| 3.00 @ 1 sandwich | 654.64 | 3.95 | 5.43 | 556.98 | 33.60 | 46.19 | 69.74 | 19.82 | 0.00 | 9.90 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 39.50 | -* | 5.00 |
| M51734 BRD: BREAD WG, 2sl | | | | | | | | | | | | | | | | | | | | | | | | |
| 5.00 @ 2 slice | 160.00 | 0.00 | 0.00 | 320.00 | 2.00 | 11.25 | 30.00 | 6.00 | 0.00 | 2.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 2.16 |
| M52708 BRD: ROLL DG, Sub 6" WG | | | | | | | | | | | | | | | | | | | | | | | | |
| 24.00 @ 1 roll | 170.00 | 0.50 | 2.65 | 180.00 | 3.00 | 15.88 | 28.00 | 6.00 | 0.00 | 3.00 | -* | 0.01 | -* | -* | -* | 0.01 | -* | -* | -* | -* | -* | 13.52 | -* | 1.45 |
| M54775 BRD: CROISSANT, SLICED WG | | | | | | | | | | | | | | | | | | | | | | | | |
| 5.00 @ 1 each | 243.91 | 6.47 | 23.87 | 253.40 | 12.05 | 44.44 | 29.25 | 5.44 | 32.35 | 0.91 | 15.14 | 313.46 | 0.31 | 0.00 | 0.00 | 2.82 | 0.25 | 1.93 | 0.85 | 0.00 | 0.01 | 15.66 | 3.96 | 1.63 |
| M55179 BRD: CIABATTA, SLICED WG | | | | | | | | | | | | | | | | | | | | | | | | |
| 5.00 @ 1 each | 160.00 | 0.50 | 2.81 | 170.00 | 3.50 | 19.69 | 30.00 | 5.00 | 0.00 | 3.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 20.00 | -* | 1.44 |
| M51009 DEACT-USE M66605 - BRD: TORTILLA FLOUR 10" WG | | | | | | | | | | | | | | | | | | | | | | | | |
| 10.00 @ 1 each | 200.00 | 1.50 | 6.75 | 280.00 | 5.00 | 22.50 | 34.00 | 6.00 | 0.00 | 3.00 | 320.00 | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 150.00 | -* | 1.80 |
| M52782 BRD: FLATBREAD 2oz (2BG) | | | | | | | | | | | | | | | | | | | | | | | | |
| 15.00 @ 1 each | 180.00 | 1.00 | 5.00 | 310.00 | 5.00 | 25.00 | 28.00 | 5.00 | 0.00 | 2.69 | -* | 0.07 | -* | -* | -* | 0.07 | -* | -* | -* | -* | -* | 22.88 | -* | 0.83 |
| M53393 TKY, Breast Sliced 1.0 | | | | | | | | | | | | | | | | | | | | | | | | |
| 30.00 @ 1 serving | 60.00 | 0.50 | 7.50 | 220.00 | 2.00 | 30.00 | 2.00 | 9.00 | 25.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 20.00 | -* | 0.36 |
| M53569 CHIX, BLACK FOREST HAM SLICED 1.0 | | | | | | | | | | | | | | | | | | | | | | | | |
| 30.00 @ 1 serving | 80.00 | 1.50 | 16.88 | 330.00 | 4.50 | 50.63 | 2.00 | 8.00 | 40.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.36 |
| M53894 CHIX DCD GRAPE DELI SALAD W 1.0 | | | | | | | | | | | | | | | | | | | | | | | | |

* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Marcus 9th Gr

Service Area: Marcus 9th - 9-12 - OVS

Menu Name: Marcus 9th w/GSD 2018 Menu - cycle 1 - week 5

Avg.Method: Balanced

| | | | | | | | | | | | | | | | | | | | | | | | | |
|---------------------------------------|--------|------|-------|--------|-------|-------|------|------|-------|------|--------|---------|-------|-------|-------|------|-------|-------|-------|-------|-------|--------|-------|------|
| 5.00 @ 1 No 16 Scoop | 99.11 | 1.15 | 10.48 | 141.67 | 5.35 | 48.57 | 3.34 | 9.31 | 30.61 | 0.19 | 31.51* | 37.52 | 0.00* | 0.03* | 2.59* | 0.48 | 0.01* | 0.01* | 0.04* | 0.01* | 0.00* | 3.88 | 2.53* | 0.32 |
| M52455 FISH, Tuna Deli Salad B 1.0 | | | | | | | | | | | | | | | | | | | | | | | | |
| 5.00 @ 1 No 20 Scoop | 105.01 | 1.34 | 11.46 | 146.76 | 7.60 | 65.14 | 0.28 | 7.63 | 18.49 | 0.13 | 19.78* | 32.30 | 0.00* | 0.02* | 2.16* | 0.31 | 0.00* | 0.00* | 0.02* | 0.01* | 0.00* | 3.12 | 1.84* | 0.20 |
| M51005 CHEESE, AM (184ct) Slices 1.0 | | | | | | | | | | | | | | | | | | | | | | | | |
| 10.00 @ 3 slice | 134.99 | 6.75 | 45.00 | 599.97 | 10.50 | 70.00 | 1.50 | 7.50 | 37.50 | 0.00 | -* | 299.98 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 224.99 | -* | 0.00 |
| M53381 CHEESE, CH Slices 1.0 | | | | | | | | | | | | | | | | | | | | | | | | |
| 15.00 @ 2 slice | 110.01 | 5.00 | 40.91 | 180.01 | 9.00 | 73.64 | 1.00 | 6.00 | 30.00 | 0.00 | 20.00 | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 199.01 | -* | 0.00 |
| M50999 CHEESE, JK Slices 1.0 | | | | | | | | | | | | | | | | | | | | | | | | |
| 15.00 @ 2 slice | 100.00 | 5.00 | 45.00 | 180.01 | 8.00 | 72.00 | 1.00 | 7.00 | 30.00 | 0.00 | 25.00 | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 197.01 | -* | 0.00 |
| M51003 CHEESE, PV Slices 1.0 | | | | | | | | | | | | | | | | | | | | | | | | |
| 15.00 @ 2 slice | 100.00 | 5.00 | 45.00 | 250.01 | 7.00 | 63.00 | 1.00 | 7.00 | 20.00 | 0.00 | 40.00 | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 212.01 | -* | 0.00 |
| M51008 VEG: TOMATOES, FrsSl 1/8c(2sl) | | | | | | | | | | | | | | | | | | | | | | | | |
| 25.00 @ 1/8 cup | 5.10 | 0.01 | 1.40 | 1.42 | 0.06 | 10.00 | 1.10 | 0.25 | 0.00 | 0.34 | 67.18 | 236.14 | 0.00 | 0.15 | 2.24 | 3.88 | 0.01 | 0.01 | 0.17 | 0.02 | 0.00 | 2.83 | 6.80 | 0.08 |
| M51017 VEG GARN: Rom Leaf 1ea | | | | | | | | | | | | | | | | | | | | | | | | |
| 50.00 @ 1 each | 2.41 | 0.01 | 2.06 | 1.13 | 0.04 | 15.88 | 0.47 | 0.17 | 0.00 | 0.30 | 35.01 | 1234.63 | 0.00 | 0.02 | 14.53 | 0.57 | 0.01 | 0.01 | 0.04 | 0.01 | 0.00 | 4.68 | 4.25 | 0.14 |
| M51013 VEG: ONIONS, Red Slice 1ea | | | | | | | | | | | | | | | | | | | | | | | | |
| 20.00 @ 1 slice | 2.83 | 0.00 | 0.94 | 0.28 | 0.01 | 2.25 | 0.66 | 0.08 | 0.00 | 0.12 | 10.35 | 0.14 | 0.00 | 0.00 | 0.03 | 0.52 | 0.00 | 0.00 | 0.01 | 0.01 | 0.00 | 1.63 | 2.06 | 0.01 |
| M53388 VEG: MUSHROOM, SlcFrsRstd1/8c | | | | | | | | | | | | | | | | | | | | | | | | |
| 10.00 @ 1/8 cup | 4.52 | 0.01 | 1.95 | 0.38 | 0.06 | 12.80 | 0.90 | 0.31 | 0.00 | 0.31 | 46.78 | 1.62 | 0.97 | 0.01 | 0.89 | 0.68 | 0.01 | 0.04 | 0.55 | 0.02 | 0.00 | 3.07 | 11.59 | 0.28 |
| M50892 VEG: PEPPERS, Jalapeno CndTBSP | | | | | | | | | | | | | | | | | | | | | | | | |
| 20.00 @ 1 tablespoon | 2.67 | 0.01 | 3.23 | 165.30 | 0.09 | 31.33 | 0.47 | 0.09 | 0.00 | 0.26 | 19.09 | 168.17 | 0.00 | 0.07 | 1.28 | 0.99 | 0.00 | 0.00 | 0.04 | 0.02 | 0.00 | 2.28 | 1.78 | 0.19 |
| M50893 VEG: PEPPERS, Banana Cnd TBSP | | | | | | | | | | | | | | | | | | | | | | | | |
| 15.00 @ 1 tablespoon | 1.71 | 0.00 | 2.08 | 203.78 | 0.02 | 10.42 | 0.31 | 0.07 | 0.00 | 0.09 | -* | 0.00 | -* | -* | -* | 4.33 | -* | -* | -* | -* | -* | 0.00 | -* | 0.03 |
| M50176 COND_Pickle, Dill Slice 2ea | | | | | | | | | | | | | | | | | | | | | | | | |
| 15.00 @ 2 slice | 1.62 | 0.01 | 4.72 | 162.08 | 0.05 | 25.17 | 0.24 | 0.06 | 0.00 | 0.14 | -* | 0.00 | -* | -* | -* | 0.21 | -* | -* | -* | -* | -* | 8.65 | -* | 0.05 |
| M50060 COND_Mayo W | | | | | | | | | | | | | | | | | | | | | | | | |

* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Marcus 9th Gr

Service Area: Marcus 9th - 9-12 - OVS

Menu Name: Marcus 9th w/GSD 2018 Menu - cycle 1 - week 5

Avg.Method: Balanced

| | | | | | | | | | | | | | | | | | | | | | | | | |
|---|--------|------|-------|--------|------|-------|-------|------|------|------|--------|---------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|------|
| 40.00 @ 1 tablespoon | 35.00 | 0.50 | 12.86 | 99.99 | 3.50 | 90.00 | 1.00 | 0.00 | 5.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
| M51676 COND_Mayo, Sriracha W | | | | | | | | | | | | | | | | | | | | | | | | |
| 40.00 @ 1 tablespoon | 33.72 | 0.46 | 12.18 | 139.89 | 3.18 | 84.87 | 1.35 | 0.04 | 4.54 | 0.04 | 3.92* | 45.56 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.32 | -* | 0.02 |
| M51391 COND_Mayo, Chipotle W | | | | | | | | | | | | | | | | | | | | | | | | |
| 40.00 @ 1 tablespoon | 27.56 | 0.37 | 12.25 | 95.66 | 2.63 | 85.96 | 1.00 | 0.01 | 3.75 | 0.01 | 0.00* | 15.26 | -* | -* | -* | 0.40 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
| M51427 COND_Sauce, Bistro SC W | | | | | | | | | | | | | | | | | | | | | | | | |
| 20.00 @ 1 tablespoon | 29.82 | 0.20 | 6.11 | 132.82 | 1.48 | 44.77 | 2.34 | 0.32 | 1.87 | 0.34 | 19.89* | 10.07 | 0.00* | 0.04* | 6.39* | 0.83 | 0.00* | 0.01* | 0.05* | 0.00* | 0.00* | 8.86 | 2.29* | 0.21 |
| M52707 COND_Dressing, Ranch Homestyle | | | | | | | | | | | | | | | | | | | | | | | | |
| 40.00 @ 1 tablespoon | 50.00 | 0.75 | 13.50 | 134.99 | 5.50 | 99.00 | 0.50 | 0.50 | 5.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 10.00 | -* | 0.00 |
| M50291 COND_Mustard, Yellow | | | | | | | | | | | | | | | | | | | | | | | | |
| 20.00 @ 1 tablespoon | 9.00 | 0.01 | 1.50 | 181.50 | 0.37 | 37.20 | 0.93 | 0.47 | 0.00 | 0.43 | 13.36 | 0.67 | -* | -* | -* | 0.13 | -* | -* | -* | -* | -* | 7.51 | -* | 0.19 |
| M51408 BRD: PRETZEL, Mini 1oz WG IW | | | | | | | | | | | | | | | | | | | | | | | | |
| 30.00 @ 1 each | 70.00 | 0.00 | 0.00 | 100.00 | 0.50 | 6.43 | 14.00 | 2.00 | 0.00 | 1.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.72 |
| M51731 VEG: POTATO SWT, FF CRINK 1/2C | | | | | | | | | | | | | | | | | | | | | | | | |
| 108.00 @ 1/2 cup | 148.25 | 0.00 | 0.00 | 116.48 | 4.77 | 28.93 | 23.30 | 1.06 | 0.00 | 3.18 | -* | 3176.86 | -* | -* | -* | 6.35 | -* | -* | -* | -* | -* | 21.18 | -* | 0.38 |
| M51297 VEG: SALAD, Side GardChop 1c | | | | | | | | | | | | | | | | | | | | | | | | |
| 19.00 @ 1 cup | 16.35 | 0.03 | 1.45 | 12.76 | 0.18 | 9.94 | 3.56 | 0.83 | 0.00 | 1.42 | 182.84 | 5064.79 | 0.00 | 0.18 | 45.89 | 9.01 | 0.05 | 0.04 | 0.32 | 0.07 | 0.00 | 22.30 | 22.02 | 0.52 |
| M50786 FRUIT: PEARS 100ct Whole 1.25c | | | | | | | | | | | | | | | | | | | | | | | | |
| 70.00 @ 1 each | 106.94 | 0.04 | 0.35 | 1.88 | 0.26 | 2.21 | 28.57 | 0.68 | 0.00 | 5.82 | 217.62 | 46.90 | 0.00 | 0.23 | 8.25 | 8.07 | 0.02 | 0.05 | 0.30 | 0.05 | 0.00 | 16.88 | 22.51 | 0.34 |
| M53549 FRUIT: APPLESAUCE,Unswt AP1/2c | | | | | | | | | | | | | | | | | | | | | | | | |
| 96.00 @ 1/2 cup | 52.77 | 0.00 | 0.00 | 10.55 | 0.00 | 0.00 | 13.72 | 0.00 | 0.00 | 2.11 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
| M50982 JUICE SS, ORANGE 100% 4 FLOZ | | | | | | | | | | | | | | | | | | | | | | | | |
| 75.00 @ 1 each | 50.00 | 0.00 | 0.00 | 15.00 | 0.00 | 0.00 | 12.00 | 1.00 | 0.00 | 0.00 | -* | 0.00 | -* | -* | -* | 42.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
| M50720 DESRT: PUDDING, Choc AP 1/2c | | | | | | | | | | | | | | | | | | | | | | | | |
| 90.00 @ 1/2 cup | 120.15 | 0.50 | 3.75 | 200.24 | 3.00 | 22.50 | 24.03 | 1.00 | 0.00 | 1.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 20.02 | -* | 0.72 |
| M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50 | | | | | | | | | | | | | | | | | | | | | | | | |

* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Marcus 9th Gr

Service Area: Marcus 9th - 9-12 - OVS

Menu Name: Marcus 9th w/GSD 2018 Menu - cycle 1 - week 5

Avg.Method: Balanced

| | | | | | | | | | | | | | | | | | | | | | | | | |
|---|--------|------|-------|--------|-------|-------|-------|-------|-------|------|---------|---------|-------|-------|--------|-------|-------|-------|-------|-------|-------|--------|--------|------|
| 50.00 @ 1 carton | 110.00 | 1.50 | 12.28 | 130.00 | 2.50 | 20.46 | 13.00 | 8.00 | 10.00 | 0.00 | -* | 500.00 | -* | -* | -* | 2.40 | -* | -* | -* | -* | -* | 300.00 | -* | 0.00 |
| M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50 | | | | | | | | | | | | | | | | | | | | | | | | |
| 150.00 @ 1 carton | 120.00 | 0.00 | 0.00 | 180.00 | 0.00 | 0.00 | 20.00 | 8.00 | 5.00 | 0.00 | -* | 500.00 | -* | -* | -* | 1.20 | -* | -* | -* | -* | -* | 300.00 | -* | 0.00 |
| M53222 COND PC Margarine 5g | | | | | | | | | | | | | | | | | | | | | | | | |
| 30.00 @ 1 each | 30.00 | 1.00 | 30.00 | 30.00 | 3.00 | 90.00 | 0.00 | 0.00 | 0.00 | 0.00 | -* | 500.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
| M50855 COND PC Ketchup 9g Heinz | | | | | | | | | | | | | | | | | | | | | | | | |
| 250.00 @ 1 each | 10.00 | 0.00 | 0.00 | 85.00 | 0.00 | 0.00 | 3.00 | 0.00 | 0.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
| M50055 COND PC Mayonnaise 12g | | | | | | | | | | | | | | | | | | | | | | | | |
| 60.00 @ 1 each | 80.00 | 1.50 | 16.87 | 75.00 | 8.00 | 90.00 | 1.00 | 0.00 | 5.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
| M50284 COND PC Mustard 6g | | | | | | | | | | | | | | | | | | | | | | | | |
| 20.00 @ 1 each | 0.00 | 0.00 | - | 65.00 | 0.00 | - | 1.00 | 0.00 | 0.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
| M50685 COND_DRESSING, VINAIGRETTE BALSAMIC | | | | | | | | | | | | | | | | | | | | | | | | |
| 10.00 @ 1 tablespoon | 30.00 | 0.25 | 7.50 | 95.00 | 2.50 | 75.00 | 2.00 | 0.00 | 0.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
| M50623 COND PC Drsg Italian 12g | | | | | | | | | | | | | | | | | | | | | | | | |
| 20.00 @ 1 each | 30.00 | 0.00 | 0.00 | 130.00 | 3.00 | 90.00 | 0.00 | 0.00 | 0.00 | 0.00 | -* | 100.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
| M50624 COND PC Drsg Ranch 12g | | | | | | | | | | | | | | | | | | | | | | | | |
| 125.00 @ 1 each | 50.00 | 0.00 | 0.00 | 100.00 | 5.00 | 90.00 | 1.00 | 0.00 | 5.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
| M50056 COND PC Sauce, Taco 9g | | | | | | | | | | | | | | | | | | | | | | | | |
| 20.00 @ 1 each | 5.00 | 0.00 | 0.00 | 55.00 | 0.00 | 0.00 | 1.00 | 0.00 | 0.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
| M50287 COND PC Sauce, BBQ 12g | | | | | | | | | | | | | | | | | | | | | | | | |
| 60.00 @ 1 each | 15.00 | 0.00 | 0.00 | 160.00 | 0.00 | 0.00 | 4.00 | 0.00 | 0.00 | 0.00 | -* | 100.00 | -* | -* | -* | 0.60 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
| M66762 WRAP 10", CHIXPOPCY PO BOY WG 2.0 FUEL 01/18 | | | | | | | | | | | | | | | | | | | | | | | | |
| 10.00 @ 1 each | 455.99 | 4.98 | 9.82 | 650.88 | 19.94 | 39.36 | 48.60 | 20.14 | 25.99 | 6.17 | 148.57* | 2920.08 | 0.00* | 0.21* | 31.33* | 4.77 | 0.03* | 0.03* | 0.26* | 0.04* | 0.00* | 173.20 | 15.36* | 3.78 |
| Average | 475.59 | 4.39 | 8.31 | 859.96 | 16.93 | 32.04 | 59.97 | 20.9 | 32.45 | 5.79 | 67.16* | 1712.43 | .02* | .06* | 6.01* | 13.17 | .01* | .03* | .1* | .02* | 0* | 324.04 | 6.15* | 2.24 |

* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Marcus 9th Gr

Service Area: Marcus 9th - 9-12 - OVS

Menu Name: Marcus 9th w/GSD 2018 Menu - cycle 1 - week 5

Avg.Method: Balanced

Age Group: Brkfst Grades K-12 **Period:** Breakfast **Week:** 5 **Day:** Friday **Count Type:** Forecasted **Total No. of Customers:** 71

| Weekly Std. | CAL | SFA | | Na | Fat | | CHO | Pro | Chol | Fiber | K | Vit A | Vit D | Vit E | Vit K | Vit C | Vit B1 | Vit B2 | Vit B3 | Vit B6 | Vit B12 | Ca | P | Fe |
|-------------|---------------|-----|----------|--------|-----|----------|-----|-----|------|-------|------|-------|-------|-------|-------|-------|--------|--------|--------|--------|---------|--------|------|------|
| | | (g) | % of CAL | (mg) | (g) | % of CAL | (g) | (g) | (mg) | (g) | (mg) | (IU) | (IU) | (mg) | (mcg) | (mg) | (mg) | (mg) | (mg) | (mg) | (mcg) | (mg) | (mg) | (mg) |
| | 450.00-500.00 | | 10.00 | 540.00 | | | | | | | | | | | | | | | | | | 220.01 | | |

M51848 BRD: POPTARTS, Straw 1.76oz WG

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-------------------|--------|------|------|--------|------|-------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 15.00 @ 1 package | 180.00 | 1.00 | 5.00 | 180.00 | 2.50 | 12.50 | 38.00 | 2.00 | 0.00 | 3.00 | -* | 500.01 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 100.00 | -* | 1.80 |
|-------------------|--------|------|------|--------|------|-------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M52695 CHEESE, MZ String LF 1ea 1.0

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-----------------|-------|------|-------|--------|------|-------|------|------|-------|------|------|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 15.00 @ 1 stick | 60.00 | 2.00 | 30.00 | 210.01 | 2.50 | 37.50 | 1.00 | 8.00 | 10.00 | 0.00 | 0.00 | 146.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 220.01 | -* | 0.11 |
|-----------------|-------|------|-------|--------|------|-------|------|------|-------|------|------|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M50767 EGG: Scrambled CH SS 1.0

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-----------------------|-------|------|-------|-------|------|-------|------|------|-------|------|-------|--------|----|----|----|------|----|----|----|----|----|-------|----|------|
| 30.00 @ 1 No 30 Scoop | 49.72 | 1.68 | 30.34 | 66.23 | 3.54 | 64.02 | 0.72 | 3.85 | 94.55 | 0.00 | 0.00* | 156.84 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 50.04 | -* | 0.42 |
|-----------------------|-------|------|-------|-------|------|-------|------|------|-------|------|-------|--------|----|----|----|------|----|----|----|----|----|-------|----|------|

M51630 CHIX Sausage Patty 1ea 1.0

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-----------------|--------|------|-------|--------|------|-------|------|-------|-------|------|------|------|----|----|----|------|----|----|----|----|----|------|----|------|
| 30.00 @ 1 patty | 100.00 | 1.50 | 13.50 | 250.00 | 6.00 | 54.00 | 1.00 | 11.00 | 40.00 | 0.00 | 0.00 | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.72 |
|-----------------|--------|------|-------|--------|------|-------|------|-------|-------|------|------|------|----|----|----|------|----|----|----|----|----|------|----|------|

M51237 BRD: BREAD WG, Tst Marg 1sl

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-----------------|--------|------|-------|--------|------|-------|-------|------|------|------|-------|------|----|----|----|------|----|----|----|----|----|------|----|------|
| 30.00 @ 1 slice | 110.00 | 1.33 | 10.91 | 160.00 | 4.33 | 35.45 | 15.00 | 3.00 | 0.00 | 1.00 | 1.33* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 1.08 |
|-----------------|--------|------|-------|--------|------|-------|-------|------|------|------|-------|------|----|----|----|------|----|----|----|----|----|------|----|------|

M50435 CEREAL HOT, Oatmeal (1BG)

| | | | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------|--------|------|------|------|------|-------|-------|------|------|------|-------|------|-------|-------|-------|------|-------|-------|-------|-------|-------|-------|-------|------|-------|------|
| 3.00 @ 1/2 cup | 106.30 | 0.35 | 3.00 | 3.25 | 2.13 | 18.00 | 19.13 | 3.54 | 0.00 | 2.83 | 1.08* | 0.00 | 0.00* | 0.00* | 0.00* | 0.00 | 0.00* | 0.00* | 0.00* | 0.00* | 0.00* | 0.00* | 0.00* | 3.25 | 0.00* | 1.28 |
|----------------|--------|------|------|------|------|-------|-------|------|------|------|-------|------|-------|-------|-------|------|-------|-------|-------|-------|-------|-------|-------|------|-------|------|

M50209 COND_Sugar, Cinnamon

| | | | | | | | | | | | | | | | | | | | | | | | | | |
|---------------------|-------|------|------|------|------|------|-------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|
| 3.00 @ 1 tablespoon | 45.64 | 0.00 | 0.03 | 0.16 | 0.01 | 0.11 | 11.86 | 0.02 | 0.00 | 0.23 | 2.09 | 1.28 | 0.00 | 0.01 | 0.13 | 0.02 | 0.00 | 0.00 | 0.01 | 0.00 | 0.00 | 0.00 | 4.45 | 0.28 | 0.04 |
|---------------------|-------|------|------|------|------|------|-------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|

M50439 CEREAL BWL, Cheerios WG

| | | | | | | | | | | | | | | | | | | | | | | | | |
|---------------|--------|------|------|--------|------|-------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 4.00 @ 1 bowl | 100.00 | 0.50 | 4.50 | 140.00 | 2.00 | 18.00 | 20.00 | 3.00 | 0.00 | 3.00 | -* | 500.01 | -* | -* | -* | 6.00 | -* | -* | -* | -* | -* | 100.00 | -* | 8.10 |
|---------------|--------|------|------|--------|------|-------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M50208 CEREAL BWL, CinnTstCrnch RS WG

| | | | | | | | | | | | | | | | | | | | | | | | | |
|---------------|--------|------|------|--------|------|-------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 4.00 @ 1 bowl | 110.00 | 0.50 | 4.09 | 160.00 | 3.00 | 24.54 | 22.00 | 1.00 | 0.00 | 3.00 | -* | 400.01 | -* | -* | -* | 4.80 | -* | -* | -* | -* | -* | 200.01 | -* | 3.60 |
|---------------|--------|------|------|--------|------|-------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M50442 CEREAL BWL, Cocoa Puffs RS WG

| | | | | | | | | | | | | | | | | | | | | | | | | |
|---------------|--------|------|------|--------|------|-------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 4.00 @ 1 bowl | 110.05 | 0.00 | 0.00 | 160.08 | 1.50 | 12.27 | 25.01 | 2.00 | 0.00 | 2.00 | -* | 500.25 | -* | -* | -* | 6.00 | -* | -* | -* | -* | -* | 100.05 | -* | 4.50 |
|---------------|--------|------|------|--------|------|-------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M50524 CEREAL BWL, Lucky Charms WG

| | | | | | | | | | | | | | | | | | | | | | | | | |
|---------------|--------|------|------|--------|------|------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 4.00 @ 1 bowl | 110.00 | 0.00 | 0.00 | 180.00 | 1.00 | 8.18 | 23.00 | 2.00 | 0.00 | 2.00 | -* | 500.01 | -* | -* | -* | 6.00 | -* | -* | -* | -* | -* | 100.00 | -* | 4.50 |
|---------------|--------|------|------|--------|------|------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M52728 BRD: BAR, Cereal TeamCh WG IW

* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Marcus 9th Gr

Service Area: Marcus 9th - 9-12 - OVS

Menu Name: Marcus 9th w/GSD 2018 Menu - cycle 1 - week 5

Avg.Method: Balanced

| | | | | | | | | | | | | | | | | | | | | | | | | | |
|--|--------|------|-------|--------|------|-------|-------|------|-------|------|--------|--------|-------|-------|-------|-------|-------|-------|-------|-------|-------|--------|-------|------|--|
| 9.00 @ 1 each | 150.00 | 0.50 | 3.00 | 85.00 | 3.50 | 21.00 | 30.00 | 2.00 | 0.00 | 3.00 | -* | 100.00 | -* | -* | -* | 1.20 | -* | -* | -* | -* | -* | 200.00 | -* | 4.50 | |
| M52695 CHEESE, MZ String LF 1ea 1.0 | | | | | | | | | | | | | | | | | | | | | | | | | |
| 5.00 @ 1 stick | 60.00 | 2.00 | 30.00 | 210.01 | 2.50 | 37.50 | 1.00 | 8.00 | 10.00 | 0.00 | 0.00 | 146.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 220.01 | -* | 0.11 | |
| M51237 BRD: BREAD WG, Tst Marg 1sl | | | | | | | | | | | | | | | | | | | | | | | | | |
| 3.00 @ 1 slice | 110.00 | 1.33 | 10.91 | 160.00 | 4.33 | 35.45 | 15.00 | 3.00 | 0.00 | 1.00 | 1.33* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 1.08 | |
| M52975 BRD: WAFFLE, RS SS WG (3.25BG) | | | | | | | | | | | | | | | | | | | | | | | | | |
| 5.00 @ 1 each | 240.06 | 0.00 | 0.00 | 506.14 | 2.86 | 10.71 | 50.30 | 6.86 | 0.00 | 6.86 | 1.05* | 0.00 | 0.00* | 0.00* | 0.00* | 0.00 | 0.00* | 0.00* | 0.00* | 0.00* | 0.00* | 288.94 | 0.00* | 3.09 | |
| M52659 FRUIT: APPLES, Warm Cinn 1/8c | | | | | | | | | | | | | | | | | | | | | | | | | |
| 3.00 @ 1/8 cup | 26.31 | 0.01 | 0.19 | 2.47 | 0.01 | 0.29 | 6.56 | 0.00 | 0.00 | 0.50 | 0.63* | 0.25 | 0.00* | 0.00* | 0.02* | 0.04 | 0.00* | 0.00* | 0.00* | 0.00* | 0.00* | 0.62 | 0.12* | 0.01 | |
| M52657 FRUIT: BLUEBERRIES, Fz 1/8c | | | | | | | | | | | | | | | | | | | | | | | | | |
| 3.00 @ 1/8 cup | 8.89 | 0.01 | 0.94 | 0.17 | 0.11 | 11.29 | 2.12 | 0.07 | 0.00 | 0.47 | 9.41 | 8.01 | 0.00 | 0.08 | 2.86 | 0.44 | 0.01 | 0.01 | 0.09 | 0.01 | 0.00 | 1.39 | 1.92 | 0.03 | |
| M54565 FRUIT: STRAWBERRIES, SLCD (USDA) W/SYR FRZ 1/4C | | | | | | | | | | | | | | | | | | | | | | | | | |
| 3.00 @ 1/4 cup | 59.67 | 0.01 | 0.09 | 1.96 | 0.08 | 1.23 | 16.16 | 0.33 | 0.00 | 1.18 | -* | 15.16 | -* | -* | -* | 25.82 | -* | -* | -* | -* | -* | 6.85 | -* | 0.37 | |
| M52816 DESRT: TOPPING, Whipd NonDairy | | | | | | | | | | | | | | | | | | | | | | | | | |
| 3.00 @ 1 tablespoon | 13.47 | 1.00 | 66.56 | 0.81 | 1.00 | 67.06 | 1.06 | 0.05 | 0.01 | 0.01 | -* | 0.20 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.15 | -* | 0.00 | |
| M50543 FRUIT: BANANA (100-120ct) Whl | | | | | | | | | | | | | | | | | | | | | | | | | |
| 24.00 @ 1 each | 93.95 | 0.12 | 1.13 | 1.06 | 0.35 | 3.34 | 24.11 | 1.15 | 0.00 | 2.74 | 377.91 | 67.56 | 0.00 | 0.11 | 0.53 | 9.18 | 0.03 | 0.08 | 0.70 | 0.39 | 0.00 | 5.28 | 23.22 | 0.27 | |
| M52268 FRUIT: PEACHES Dice w/Jc 1/2c | | | | | | | | | | | | | | | | | | | | | | | | | |
| 24.00 @ 1/2 cup | 50.83 | 0.00 | 0.00 | 10.17 | 0.00 | 0.00 | 12.20 | 0.00 | 0.00 | 0.00 | 182.98 | 304.97 | -* | -* | -* | 1.22 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 | |
| M50979 JUICE SS, Apple 100% 4oz Cart | | | | | | | | | | | | | | | | | | | | | | | | | |
| 25.00 @ 1 each | 60.00 | 0.00 | 0.00 | 15.00 | 0.00 | 0.00 | 14.00 | 0.00 | 0.00 | 0.00 | 85.00 | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 | |
| M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50 | | | | | | | | | | | | | | | | | | | | | | | | | |
| 10.00 @ 1 carton | 110.00 | 1.50 | 12.28 | 130.00 | 2.50 | 20.46 | 13.00 | 8.00 | 10.00 | 0.00 | -* | 500.00 | -* | -* | -* | 2.40 | -* | -* | -* | -* | -* | 300.00 | -* | 0.00 | |
| M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50 | | | | | | | | | | | | | | | | | | | | | | | | | |
| 30.00 @ 1 carton | 120.00 | 0.00 | 0.00 | 180.00 | 0.00 | 0.00 | 20.00 | 8.00 | 5.00 | 0.00 | -* | 500.00 | -* | -* | -* | 1.20 | -* | -* | -* | -* | -* | 300.00 | -* | 0.00 | |
| M53222 COND PC Margarine 5g | | | | | | | | | | | | | | | | | | | | | | | | | |
| 10.00 @ 1 each | 30.00 | 1.00 | 30.00 | 30.00 | 3.00 | 90.00 | 0.00 | 0.00 | 0.00 | 0.00 | -* | 500.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 | |
| M53221 COND PC Jelly, Grape Smucker | | | | | | | | | | | | | | | | | | | | | | | | | |

* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Marcus 9th Gr

Service Area: Marcus 9th - 9-12 - OVS

Menu Name: Marcus 9th w/GSD 2018 Menu - cycle 1 - week 5

Avg.Method: Balanced

| | | | | | | | | | | | | | | | | | | | | | | | | | |
|-------------------------------------|--------|------|------|-------|------|-------|-------|------|-------|------|---------|--------|------|------|------|------|------|------|------|------|----|--------|-------|------|------|
| 5.00 @ 1 each | 35.00 | 0.00 | 0.00 | 5.00 | 0.00 | 0.00 | 9.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | 0.00 | -* | 0.00 |
| M50056 COND PC Sauce, Taco 9g | | | | | | | | | | | | | | | | | | | | | | | | | |
| 5.00 @ 1 each | 5.00 | 0.00 | 0.00 | 55.00 | 0.00 | 0.00 | 1.00 | 0.00 | 0.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 | |
| M50058 COND PC Syrup 1.4oz Smuckers | | | | | | | | | | | | | | | | | | | | | | | | | |
| 15.00 @ 1 each | 110.00 | 0.00 | 0.00 | 25.00 | 0.00 | 0.00 | 29.00 | 0.00 | 0.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 | |
| Average | 407.01 | 3.31 | 7.31 | 505.2 | 9.38 | 20.74 | 65.14 | 16.6 | 63.19 | 3.67 | 220.78* | 811.86 | 0* | .04* | .31* | 6.91 | .01* | .03* | .24* | .13* | 0* | 349.62 | 7.95* | 3.52 | |

* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Marcus 9th Gr

Service Area: Marcus 9th - 9-12 - OVS

Menu Name: Marcus 9th w/GSD 2018 Menu - cycle 1 - week 5

Avg.Method: Balanced

Age Group: Lunch Grades 9-12

Period: Lunch

Week: 5

Day: Friday

Count Type: Forecasted

Total No. of Customers: 482

| Weekly Std. | CAL | SFA (g) | % of CAL | Na (mg) | Fat (g) | % of CAL | CHO (g) | Pro (g) | Chol (mg) | Fiber (g) | K (mg) | Vit A (IU) | Vit D (IU) | Vit E (mg) | Vit K (mcg) | Vit C (mg) | Vit B1 (mg) | Vit B2 (mg) | Vit B3 (mg) | Vit B6 (mg) | Vit B12 (mcg) | Ca (mg) | P (mg) | Fe (mg) | |
|-------------|---------------|---------|----------|---------|---------|----------|---------|---------|-----------|-----------|--------|------------|------------|------------|-------------|------------|-------------|-------------|-------------|-------------|---------------|---------|--------|---------|--|
| | 750.00-850.00 | | 10.00 | 1420.00 | | | | | | | | | | | | | | | | | | | 39.50 | | |

M53304 POTATO CH CS Bacon 2.0

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------|--------|-------|-------|--------|-------|-------|-------|-------|-------|------|---------|--------|-------|-------|-------|-------|-------|-------|-------|-------|-------|--------|--------|------|
| 40.00 @ 1 each | 416.20 | 13.48 | 29.14 | 875.14 | 21.67 | 46.86 | 35.23 | 19.93 | 66.02 | 3.08 | 748.09* | 614.00 | 0.00* | 0.06* | 2.80* | 13.42 | 0.09* | 0.07* | 1.97* | 0.43* | 0.00* | 520.98 | 97.88* | 2.11 |
|----------------|--------|-------|-------|--------|-------|-------|-------|-------|-------|------|---------|--------|-------|-------|-------|-------|-------|-------|-------|-------|-------|--------|--------|------|

M51680 BRD: ROLL DG, WG 2.5oz

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------|--------|------|------|--------|------|-------|-------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|-------|----|------|
| 40.00 @ 1 each | 170.00 | 0.50 | 2.65 | 135.00 | 3.00 | 15.88 | 28.00 | 7.00 | 0.00 | 3.40 | -* | 0.01 | -* | -* | -* | 0.01 | -* | -* | -* | -* | -* | 12.70 | -* | 0.85 |
|----------------|--------|------|------|--------|------|-------|-------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|-------|----|------|

M53865 SALAD, CHIXDCD CAES APSC 2.0

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------|--------|------|-------|--------|------|-------|-------|-------|-------|------|--------|---------|-------|-------|-------|------|-------|-------|-------|-------|-------|--------|-------|------|
| 10.00 @ 1 each | 230.77 | 3.65 | 14.24 | 365.33 | 9.62 | 37.54 | 13.03 | 22.62 | 53.75 | 1.52 | 17.52* | 1408.20 | 0.00* | 0.04* | 0.12* | 8.01 | 0.00* | 0.00* | 0.02* | 0.01* | 0.00* | 179.24 | 1.02* | 1.60 |
|----------------|--------|------|-------|--------|------|-------|-------|-------|-------|------|--------|---------|-------|-------|-------|------|-------|-------|-------|-------|-------|--------|-------|------|

M53360 COND_DRESSING, CAESAR CREAMY (KEN'S ESSENTIALS)

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------------|-------|------|-------|--------|------|-------|------|------|------|------|----|-------|----|----|----|------|----|----|----|----|----|-------|----|------|
| 10.00 @ 1 tablespoon | 75.00 | 1.25 | 15.00 | 135.00 | 8.00 | 96.00 | 0.50 | 0.50 | 0.00 | 0.00 | -* | 50.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 10.00 | -* | 0.00 |
|----------------------|-------|------|-------|--------|------|-------|------|------|------|------|----|-------|----|----|----|------|----|----|----|----|----|-------|----|------|

M51680 BRD: ROLL DG, WG 2.5oz

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------|--------|------|------|--------|------|-------|-------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|-------|----|------|
| 10.00 @ 1 each | 170.00 | 0.50 | 2.65 | 135.00 | 3.00 | 15.88 | 28.00 | 7.00 | 0.00 | 3.40 | -* | 0.01 | -* | -* | -* | 0.01 | -* | -* | -* | -* | -* | 12.70 | -* | 0.85 |
|----------------|--------|------|------|--------|------|-------|-------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|-------|----|------|

M52043 PIZZA HUT PIZZA 6" EXPRESS CHZ SS 2.25

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-----------------|--------|------|-------|--------|-------|-------|-------|-------|-------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 51.00 @ 1 pizza | 374.18 | 4.99 | 12.01 | 685.27 | 13.41 | 32.25 | 38.44 | 24.92 | 24.70 | 4.27 | -* | 692.07 | -* | -* | -* | 5.36 | -* | -* | -* | -* | -* | 410.71 | -* | 2.57 |
|-----------------|--------|------|-------|--------|-------|-------|-------|-------|-------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M53931 PIZZA HUT PIZZA 6" EXPRESS PEPP SS 2.0

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-----------------|--------|------|-------|--------|-------|-------|-------|-------|-------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 84.00 @ 1 pizza | 385.19 | 5.31 | 12.42 | 711.32 | 14.98 | 35.01 | 38.49 | 24.17 | 27.17 | 4.35 | -* | 662.85 | -* | -* | -* | 5.43 | -* | -* | -* | -* | -* | 354.34 | -* | 2.65 |
|-----------------|--------|------|-------|--------|-------|-------|-------|-------|-------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M54307 PIZZA HUT PIZZA 6" EXPRESS SSG SS 2.25

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-----------------|--------|------|-------|--------|-------|-------|-------|-------|-------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 15.00 @ 1 pizza | 439.08 | 7.15 | 14.66 | 836.54 | 20.45 | 41.92 | 38.35 | 25.40 | 37.42 | 4.27 | -* | 689.00 | -* | -* | -* | 5.36 | -* | -* | -* | -* | -* | 356.37 | -* | 2.86 |
|-----------------|--------|------|-------|--------|-------|-------|-------|-------|-------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M54310 PIZZA HUT PIZZA 6" EXPRESS BBQ CHIX SS 2.25

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-----------------|--------|------|-------|--------|-------|-------|-------|-------|-------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 15.00 @ 1 pizza | 400.94 | 4.66 | 10.46 | 805.79 | 13.17 | 29.57 | 42.83 | 27.77 | 38.53 | 4.36 | -* | 667.19 | -* | -* | -* | 5.81 | -* | -* | -* | -* | -* | 350.99 | -* | 2.67 |
|-----------------|--------|------|-------|--------|-------|-------|-------|-------|-------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M54521 PIZZA HUT COND PC PEPPER RED CRUSHED 1G

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------|------|------|------|------|------|------|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|
| 25.00 @ 1 each | 5.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 1.00 | 0.00 | 0.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
|----------------|------|------|------|------|------|------|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|

M54520 PIZZA HUT COND PC CHEESE GRATED 2.5G

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------|-------|------|------|-------|------|-------|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|
| 50.00 @ 1 each | 10.00 | 0.00 | 0.00 | 50.00 | 1.00 | 90.00 | 0.00 | 1.00 | 5.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
|----------------|-------|------|------|-------|------|-------|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|

M53057 BURG, BEEF CH TACO AP AP100% WG 2.5

* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Marcus 9th Gr

Service Area: Marcus 9th - 9-12 - OVS

Menu Name: Marcus 9th w/GSD 2018 Menu - cycle 1 - week 5

Avg.Method: Balanced

| | | | | | | | | | | | | | | | | | | | | | | | | |
|--|--------|-------|-------|---------|-------|-------|-------|-------|-------|------|---------|---------|-------|-------|--------|------|-------|-------|-------|-------|-------|--------|--------|------|
| 15.00 @ 1 each | 336.96 | 5.51 | 14.71 | 724.13 | 14.57 | 38.91 | 30.84 | 20.06 | 50.00 | 2.18 | 23.68* | 220.89 | 0.00* | 0.05* | 0.91* | 4.32 | 0.00* | 0.00* | 0.03* | 0.01* | 0.00* | 141.13 | 1.28* | 2.65 |
| M53275 MELT BD, AM WG 2.0 | | | | | | | | | | | | | | | | | | | | | | | | |
| 5.00 @ 1 sandwich | 385.00 | 11.25 | 26.30 | 1320.00 | 19.50 | 45.58 | 32.50 | 18.50 | 62.50 | 2.00 | -* | 500.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 375.00 | -* | 2.16 |
| M51680 BRD: ROLL DG, WG 2.5oz | | | | | | | | | | | | | | | | | | | | | | | | |
| 70.00 @ 1 each | 170.00 | 0.50 | 2.65 | 135.00 | 3.00 | 15.88 | 28.00 | 7.00 | 0.00 | 3.40 | -* | 0.01 | -* | -* | -* | 0.01 | -* | -* | -* | -* | -* | 12.70 | -* | 0.85 |
| M53659 BURG, Beef AP100% 2.0 | | | | | | | | | | | | | | | | | | | | | | | | |
| 5.00 @ 1 each | 270.00 | 3.00 | 10.00 | 345.00 | 10.00 | 33.33 | 28.00 | 17.00 | 35.00 | 2.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 40.00 | -* | 2.52 |
| M54370 BURG, BLACK BEAN AP WG 2.0 | | | | | | | | | | | | | | | | | | | | | | | | |
| 3.00 @ 1 each | 300.00 | 1.00 | 3.00 | 710.00 | 9.00 | 27.00 | 42.00 | 19.00 | 5.00 | 7.00 | 280.00* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 80.00 | -* | 2.16 |
| M51220 SUB AP, CHam CH WG 2.0 | | | | | | | | | | | | | | | | | | | | | | | | |
| 5.00 @ 1 each | 324.93 | 4.77 | 13.21 | 898.70 | 13.39 | 37.09 | 33.54 | 21.60 | 75.00 | 3.94 | 147.21* | 2705.42 | 0.00* | 0.19* | 31.30* | 5.02 | 0.03* | 0.02* | 0.26* | 0.04* | 0.00* | 151.69 | 15.31* | 2.33 |
| M53347 SDW BD, SB WG 2.0 | | | | | | | | | | | | | | | | | | | | | | | | |
| 4.00 @ 1 sandwich | 554.98 | 3.95 | 6.41 | 556.98 | 33.60 | 54.49 | 43.82 | 19.82 | 0.00 | 9.90 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 39.50 | -* | 5.00 |
| M50962 SDW BD, SBJ WG 2.0 | | | | | | | | | | | | | | | | | | | | | | | | |
| 3.00 @ 1 sandwich | 654.64 | 3.95 | 5.43 | 556.98 | 33.60 | 46.19 | 69.74 | 19.82 | 0.00 | 9.90 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 39.50 | -* | 5.00 |
| M51734 BRD: BREAD WG, 2sl | | | | | | | | | | | | | | | | | | | | | | | | |
| 5.00 @ 2 slice | 160.00 | 0.00 | 0.00 | 320.00 | 2.00 | 11.25 | 30.00 | 6.00 | 0.00 | 2.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 2.16 |
| M52708 BRD: ROLL DG, Sub 6" WG | | | | | | | | | | | | | | | | | | | | | | | | |
| 25.00 @ 1 roll | 170.00 | 0.50 | 2.65 | 180.00 | 3.00 | 15.88 | 28.00 | 6.00 | 0.00 | 3.00 | -* | 0.01 | -* | -* | -* | 0.01 | -* | -* | -* | -* | -* | 13.52 | -* | 1.45 |
| M54775 BRD: CROISSANT, SLICED WG | | | | | | | | | | | | | | | | | | | | | | | | |
| 8.00 @ 1 each | 243.91 | 6.47 | 23.87 | 253.40 | 12.05 | 44.44 | 29.25 | 5.44 | 32.35 | 0.91 | 15.14 | 313.46 | 0.31 | 0.00 | 0.00 | 2.82 | 0.25 | 1.93 | 0.85 | 0.00 | 0.01 | 15.66 | 3.96 | 1.63 |
| M55179 BRD: CIABATTA, SLICED WG | | | | | | | | | | | | | | | | | | | | | | | | |
| 2.00 @ 1 each | 160.00 | 0.50 | 2.81 | 170.00 | 3.50 | 19.69 | 30.00 | 5.00 | 0.00 | 3.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 20.00 | -* | 1.44 |
| M51009 DEACT-USE M66605 - BRD: TORTILLA FLOUR 10" WG | | | | | | | | | | | | | | | | | | | | | | | | |
| 10.00 @ 1 each | 200.00 | 1.50 | 6.75 | 280.00 | 5.00 | 22.50 | 34.00 | 6.00 | 0.00 | 3.00 | 320.00 | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 150.00 | -* | 1.80 |
| M52782 BRD: FLATBREAD 2oz (2BG) | | | | | | | | | | | | | | | | | | | | | | | | |
| 15.00 @ 1 each | 180.00 | 1.00 | 5.00 | 310.00 | 5.00 | 25.00 | 28.00 | 5.00 | 0.00 | 2.69 | -* | 0.07 | -* | -* | -* | 0.07 | -* | -* | -* | -* | -* | 22.88 | -* | 0.83 |
| M53393 TKY, Breast Sliced 1.0 | | | | | | | | | | | | | | | | | | | | | | | | |

* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Marcus 9th Gr

Service Area: Marcus 9th - 9-12 - OVS

Menu Name: Marcus 9th w/GSD 2018 Menu - cycle 1 - week 5

Avg.Method: Balanced

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-------------------|-------|------|------|--------|------|-------|------|------|-------|------|----|------|----|----|----|------|----|----|----|----|----|-------|----|------|
| 30.00 @ 1 serving | 60.00 | 0.50 | 7.50 | 220.00 | 2.00 | 30.00 | 2.00 | 9.00 | 25.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 20.00 | -* | 0.36 |
|-------------------|-------|------|------|--------|------|-------|------|------|-------|------|----|------|----|----|----|------|----|----|----|----|----|-------|----|------|

M53569 CHIX, BLACK FOREST HAM SLICED 1.0

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-------------------|-------|------|-------|--------|------|-------|------|------|-------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|
| 30.00 @ 1 serving | 80.00 | 1.50 | 16.88 | 330.00 | 4.50 | 50.63 | 2.00 | 8.00 | 40.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.36 |
|-------------------|-------|------|-------|--------|------|-------|------|------|-------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|

M53894 CHIX DCD GRAPE DELI SALAD W 1.0

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------------|-------|------|-------|--------|------|-------|------|------|-------|------|--------|-------|-------|-------|-------|------|-------|-------|-------|-------|-------|------|-------|------|
| 5.00 @ 1 No 16 Scoop | 99.11 | 1.15 | 10.48 | 141.67 | 5.35 | 48.57 | 3.34 | 9.31 | 30.61 | 0.19 | 31.51* | 37.52 | 0.00* | 0.03* | 2.59* | 0.48 | 0.01* | 0.01* | 0.04* | 0.01* | 0.00* | 3.88 | 2.53* | 0.32 |
|----------------------|-------|------|-------|--------|------|-------|------|------|-------|------|--------|-------|-------|-------|-------|------|-------|-------|-------|-------|-------|------|-------|------|

M52455 FISH, Tuna Deli Salad B 1.0

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------------|--------|------|-------|--------|------|-------|------|------|-------|------|--------|-------|-------|-------|-------|------|-------|-------|-------|-------|-------|------|-------|------|
| 5.00 @ 1 No 20 Scoop | 105.01 | 1.34 | 11.46 | 146.76 | 7.60 | 65.14 | 0.28 | 7.63 | 18.49 | 0.13 | 19.78* | 32.30 | 0.00* | 0.02* | 2.16* | 0.31 | 0.00* | 0.00* | 0.02* | 0.01* | 0.00* | 3.12 | 1.84* | 0.20 |
|----------------------|--------|------|-------|--------|------|-------|------|------|-------|------|--------|-------|-------|-------|-------|------|-------|-------|-------|-------|-------|------|-------|------|

M51005 CHEESE, AM (184ct) Slices 1.0

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-----------------|--------|------|-------|--------|-------|-------|------|------|-------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 10.00 @ 3 slice | 134.99 | 6.75 | 45.00 | 599.97 | 10.50 | 70.00 | 1.50 | 7.50 | 37.50 | 0.00 | -* | 299.98 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 224.99 | -* | 0.00 |
|-----------------|--------|------|-------|--------|-------|-------|------|------|-------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M53381 CHEESE, CH Slices 1.0

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-----------------|--------|------|-------|--------|------|-------|------|------|-------|------|-------|------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 15.00 @ 2 slice | 110.01 | 5.00 | 40.91 | 180.01 | 9.00 | 73.64 | 1.00 | 6.00 | 30.00 | 0.00 | 20.00 | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 199.01 | -* | 0.00 |
|-----------------|--------|------|-------|--------|------|-------|------|------|-------|------|-------|------|----|----|----|------|----|----|----|----|----|--------|----|------|

M50999 CHEESE, JK Slices 1.0

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-----------------|--------|------|-------|--------|------|-------|------|------|-------|------|-------|------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 15.00 @ 2 slice | 100.00 | 5.00 | 45.00 | 180.01 | 8.00 | 72.00 | 1.00 | 7.00 | 30.00 | 0.00 | 25.00 | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 197.01 | -* | 0.00 |
|-----------------|--------|------|-------|--------|------|-------|------|------|-------|------|-------|------|----|----|----|------|----|----|----|----|----|--------|----|------|

M51003 CHEESE, PV Slices 1.0

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-----------------|--------|------|-------|--------|------|-------|------|------|-------|------|-------|------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 15.00 @ 2 slice | 100.00 | 5.00 | 45.00 | 250.01 | 7.00 | 63.00 | 1.00 | 7.00 | 20.00 | 0.00 | 40.00 | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 212.01 | -* | 0.00 |
|-----------------|--------|------|-------|--------|------|-------|------|------|-------|------|-------|------|----|----|----|------|----|----|----|----|----|--------|----|------|

M51008 VEG: TOMATOES, FrsSI 1/8c(2s)

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-----------------|------|------|------|------|------|-------|------|------|------|------|-------|--------|------|------|------|------|------|------|------|------|------|------|------|------|
| 25.00 @ 1/8 cup | 5.10 | 0.01 | 1.40 | 1.42 | 0.06 | 10.00 | 1.10 | 0.25 | 0.00 | 0.34 | 67.18 | 236.14 | 0.00 | 0.15 | 2.24 | 3.88 | 0.01 | 0.01 | 0.17 | 0.02 | 0.00 | 2.83 | 6.80 | 0.08 |
|-----------------|------|------|------|------|------|-------|------|------|------|------|-------|--------|------|------|------|------|------|------|------|------|------|------|------|------|

M51017 VEG GARN: Rom Leaf 1ea

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------|------|------|------|------|------|-------|------|------|------|------|-------|---------|------|------|-------|------|------|------|------|------|------|------|------|------|
| 50.00 @ 1 each | 2.41 | 0.01 | 2.06 | 1.13 | 0.04 | 15.88 | 0.47 | 0.17 | 0.00 | 0.30 | 35.01 | 1234.63 | 0.00 | 0.02 | 14.53 | 0.57 | 0.01 | 0.01 | 0.04 | 0.01 | 0.00 | 4.68 | 4.25 | 0.14 |
|----------------|------|------|------|------|------|-------|------|------|------|------|-------|---------|------|------|-------|------|------|------|------|------|------|------|------|------|

M51013 VEG: ONIONS, Red Slice 1ea

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-----------------|------|------|------|------|------|------|------|------|------|------|-------|------|------|------|------|------|------|------|------|------|------|------|------|------|
| 25.00 @ 1 slice | 2.83 | 0.00 | 0.94 | 0.28 | 0.01 | 2.25 | 0.66 | 0.08 | 0.00 | 0.12 | 10.35 | 0.14 | 0.00 | 0.00 | 0.03 | 0.52 | 0.00 | 0.00 | 0.01 | 0.01 | 0.00 | 1.63 | 2.06 | 0.01 |
|-----------------|------|------|------|------|------|------|------|------|------|------|-------|------|------|------|------|------|------|------|------|------|------|------|------|------|

M53388 VEG: MUSHROOM, SlcFrsRstd1/8c

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-----------------|------|------|------|------|------|-------|------|------|------|------|-------|------|------|------|------|------|------|------|------|------|------|------|-------|------|
| 10.00 @ 1/8 cup | 4.52 | 0.01 | 1.95 | 0.38 | 0.06 | 12.80 | 0.90 | 0.31 | 0.00 | 0.31 | 46.78 | 1.62 | 0.97 | 0.01 | 0.89 | 0.68 | 0.01 | 0.04 | 0.55 | 0.02 | 0.00 | 3.07 | 11.59 | 0.28 |
|-----------------|------|------|------|------|------|-------|------|------|------|------|-------|------|------|------|------|------|------|------|------|------|------|------|-------|------|

M50892 VEG: PEPPERS, Jalapeno CndTBSP

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------------|------|------|------|--------|------|-------|------|------|------|------|-------|--------|------|------|------|------|------|------|------|------|------|------|------|------|
| 15.00 @ 1 tablespoon | 2.67 | 0.01 | 3.23 | 165.30 | 0.09 | 31.33 | 0.47 | 0.09 | 0.00 | 0.26 | 19.09 | 168.17 | 0.00 | 0.07 | 1.28 | 0.99 | 0.00 | 0.00 | 0.04 | 0.02 | 0.00 | 2.28 | 1.78 | 0.19 |
|----------------------|------|------|------|--------|------|-------|------|------|------|------|-------|--------|------|------|------|------|------|------|------|------|------|------|------|------|

M50893 VEG: PEPPERS, Banana Cnd TBSP

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------------|------|------|------|--------|------|-------|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|
| 15.00 @ 1 tablespoon | 1.71 | 0.00 | 2.08 | 203.78 | 0.02 | 10.42 | 0.31 | 0.07 | 0.00 | 0.09 | -* | 0.00 | -* | -* | -* | 4.33 | -* | -* | -* | -* | -* | 0.00 | -* | 0.03 |
|----------------------|------|------|------|--------|------|-------|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|

* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Marcus 9th Gr

Service Area: Marcus 9th - 9-12 - OVS

Menu Name: Marcus 9th w/GSD 2018 Menu - cycle 1 - week 5

Avg.Method: Balanced

M50176 COND_Pickle, Dill Slice 2ea

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-----------------|------|------|------|--------|------|-------|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|
| 15.00 @ 2 slice | 1.62 | 0.01 | 4.72 | 162.08 | 0.05 | 25.17 | 0.24 | 0.06 | 0.00 | 0.14 | -* | 0.00 | -* | -* | -* | 0.21 | -* | -* | -* | -* | -* | 8.65 | -* | 0.05 |
|-----------------|------|------|------|--------|------|-------|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|

M50060 COND_Mayo W

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------------|-------|------|-------|-------|------|-------|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|
| 40.00 @ 1 tablespoon | 35.00 | 0.50 | 12.86 | 99.99 | 3.50 | 90.00 | 1.00 | 0.00 | 5.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
|----------------------|-------|------|-------|-------|------|-------|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|

M51676 COND_Mayo, Sriracha W

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------------|-------|------|-------|--------|------|-------|------|------|------|------|-------|-------|----|----|----|------|----|----|----|----|----|------|----|------|
| 40.00 @ 1 tablespoon | 33.72 | 0.46 | 12.18 | 139.89 | 3.18 | 84.87 | 1.35 | 0.04 | 4.54 | 0.04 | 3.92* | 45.56 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.32 | -* | 0.02 |
|----------------------|-------|------|-------|--------|------|-------|------|------|------|------|-------|-------|----|----|----|------|----|----|----|----|----|------|----|------|

M51391 COND_Mayo, Chipotle W

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------------|-------|------|-------|-------|------|-------|------|------|------|------|-------|-------|----|----|----|------|----|----|----|----|----|------|----|------|
| 40.00 @ 1 tablespoon | 27.56 | 0.37 | 12.25 | 95.66 | 2.63 | 85.96 | 1.00 | 0.01 | 3.75 | 0.01 | 0.00* | 15.26 | -* | -* | -* | 0.40 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
|----------------------|-------|------|-------|-------|------|-------|------|------|------|------|-------|-------|----|----|----|------|----|----|----|----|----|------|----|------|

M51427 COND_Sauce, Bistro SC W

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------------|-------|------|------|--------|------|-------|------|------|------|------|--------|-------|-------|-------|-------|------|-------|-------|-------|-------|-------|------|-------|------|
| 20.00 @ 1 tablespoon | 29.82 | 0.20 | 6.11 | 132.82 | 1.48 | 44.77 | 2.34 | 0.32 | 1.87 | 0.34 | 19.89* | 10.07 | 0.00* | 0.04* | 6.39* | 0.83 | 0.00* | 0.01* | 0.05* | 0.00* | 0.00* | 8.86 | 2.29* | 0.21 |
|----------------------|-------|------|------|--------|------|-------|------|------|------|------|--------|-------|-------|-------|-------|------|-------|-------|-------|-------|-------|------|-------|------|

M52707 COND_Dressing, Ranch Homestyle

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------------|-------|------|-------|--------|------|-------|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|-------|----|------|
| 40.00 @ 1 tablespoon | 50.00 | 0.75 | 13.50 | 134.99 | 5.50 | 99.00 | 0.50 | 0.50 | 5.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 10.00 | -* | 0.00 |
|----------------------|-------|------|-------|--------|------|-------|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|-------|----|------|

M50291 COND_Mustard, Yellow

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------------|------|------|------|--------|------|-------|------|------|------|------|-------|------|----|----|----|------|----|----|----|----|----|------|----|------|
| 20.00 @ 1 tablespoon | 9.00 | 0.01 | 1.50 | 181.50 | 0.37 | 37.20 | 0.93 | 0.47 | 0.00 | 0.43 | 13.36 | 0.67 | -* | -* | -* | 0.13 | -* | -* | -* | -* | -* | 7.51 | -* | 0.19 |
|----------------------|------|------|------|--------|------|-------|------|------|------|------|-------|------|----|----|----|------|----|----|----|----|----|------|----|------|

M53546 SNACK: CHIP SS, SNACK MIX WG

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-------------------|--------|------|------|--------|------|-------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|-------|----|------|
| 30.00 @ 1 package | 110.00 | 0.00 | 0.00 | 180.01 | 3.50 | 28.64 | 17.00 | 2.00 | 0.00 | 2.00 | -* | 100.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 20.00 | -* | 2.70 |
|-------------------|--------|------|------|--------|------|-------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|-------|----|------|

M53419 VEG: POTATO, FF CTINAGEN7 1/2C

| | | | | | | | | | | | | | | | | | | | | | | | | |
|------------------|--------|------|-------|--------|------|-------|-------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|
| 108.00 @ 1/2 cup | 121.82 | 1.52 | 11.25 | 137.05 | 4.57 | 33.75 | 17.26 | 2.03 | 0.00 | 2.03 | -* | 0.00 | -* | -* | -* | 3.65 | -* | -* | -* | -* | -* | 0.00 | -* | 0.37 |
|------------------|--------|------|-------|--------|------|-------|-------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|

M54868 VEG: BROCCOLI, FRESH CKD MARG 1/2C

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-----------------|-------|------|-------|-------|------|-------|------|------|------|------|-------|--------|-------|-------|--------|-------|-------|-------|-------|-------|-------|-------|--------|------|
| 30.00 @ 1/2 cup | 35.62 | 1.19 | 30.01 | 10.98 | 3.03 | 76.46 | 1.92 | 0.64 | 0.00 | 0.88 | 79.66 | 414.69 | 0.00* | 0.39* | 37.80* | 17.39 | 0.02* | 0.03* | 0.15* | 0.05* | 0.00* | 10.72 | 17.95* | 0.18 |
|-----------------|-------|------|-------|-------|------|-------|------|------|------|------|-------|--------|-------|-------|--------|-------|-------|-------|-------|-------|-------|-------|--------|------|

M53200 VEG: SALAD, Side Spin Straw 1c

| | | | | | | | | | | | | | | | | | | | | | | | | |
|---------------|-------|------|------|-------|------|-------|------|------|------|------|--------|---------|------|------|--------|-------|------|------|------|------|------|-------|-------|------|
| 75.00 @ 1 cup | 22.63 | 0.05 | 1.89 | 56.18 | 0.34 | 13.35 | 4.09 | 2.16 | 0.00 | 1.95 | 425.72 | 6647.79 | 0.00 | 1.50 | 342.66 | 31.55 | 0.06 | 0.14 | 0.59 | 0.15 | 0.00 | 73.33 | 39.47 | 2.00 |
|---------------|-------|------|------|-------|------|-------|------|------|------|------|--------|---------|------|------|--------|-------|------|------|------|------|------|-------|-------|------|

M50543 FRUIT: BANANA (100-120ct) Whl

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------|-------|------|------|------|------|------|-------|------|------|------|--------|-------|------|------|------|------|------|------|------|------|------|------|-------|------|
| 60.00 @ 1 each | 93.95 | 0.12 | 1.13 | 1.06 | 0.35 | 3.34 | 24.11 | 1.15 | 0.00 | 2.74 | 377.91 | 67.56 | 0.00 | 0.11 | 0.53 | 9.18 | 0.03 | 0.08 | 0.70 | 0.39 | 0.00 | 5.28 | 23.22 | 0.27 |
|----------------|-------|------|------|------|------|------|-------|------|------|------|--------|-------|------|------|------|------|------|------|------|------|------|------|-------|------|

M50178 FRUIT: PINEAPPLE Tlbs w/Jc1/2c

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-----------------|-------|------|------|------|------|------|-------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|
| 75.00 @ 1/2 cup | 80.32 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 18.07 | 1.00 | 0.00 | 1.00 | -* | 0.00 | -* | -* | -* | 6.02 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
|-----------------|-------|------|------|------|------|------|-------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|

* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Marcus 9th Gr

Service Area: Marcus 9th - 9-12 - OVS

Menu Name: Marcus 9th w/GSD 2018 Menu - cycle 1 - week 5

Avg.Method: Balanced

M50980 JUICE SS, Frt Bld 100% 4oz Crt

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------|-------|------|------|-------|------|------|-------|------|------|------|--------|------|----|----|----|------|----|----|----|----|----|------|----|------|
| 75.00 @ 1 each | 60.00 | 0.00 | 0.00 | 10.00 | 0.00 | 0.00 | 14.00 | 0.00 | 0.00 | 0.00 | 100.00 | 0.00 | -* | -* | -* | 3.60 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
|----------------|-------|------|------|-------|------|------|-------|------|------|------|--------|------|----|----|----|------|----|----|----|----|----|------|----|------|

M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50

| | | | | | | | | | | | | | | | | | | | | | | | | |
|------------------|--------|------|-------|--------|------|-------|-------|------|-------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 50.00 @ 1 carton | 110.00 | 1.50 | 12.28 | 130.00 | 2.50 | 20.46 | 13.00 | 8.00 | 10.00 | 0.00 | -* | 500.00 | -* | -* | -* | 2.40 | -* | -* | -* | -* | -* | 300.00 | -* | 0.00 |
|------------------|--------|------|-------|--------|------|-------|-------|------|-------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-------------------|--------|------|------|--------|------|------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 150.00 @ 1 carton | 120.00 | 0.00 | 0.00 | 180.00 | 0.00 | 0.00 | 20.00 | 8.00 | 5.00 | 0.00 | -* | 500.00 | -* | -* | -* | 1.20 | -* | -* | -* | -* | -* | 300.00 | -* | 0.00 |
|-------------------|--------|------|------|--------|------|------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M53222 COND PC Margarine 5g

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------|-------|------|-------|-------|------|-------|------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|------|----|------|
| 30.00 @ 1 each | 30.00 | 1.00 | 30.00 | 30.00 | 3.00 | 90.00 | 0.00 | 0.00 | 0.00 | 0.00 | -* | 500.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
|----------------|-------|------|-------|-------|------|-------|------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|------|----|------|

M50855 COND PC Ketchup 9g Heinz

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-----------------|-------|------|------|-------|------|------|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|
| 250.00 @ 1 each | 10.00 | 0.00 | 0.00 | 85.00 | 0.00 | 0.00 | 3.00 | 0.00 | 0.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
|-----------------|-------|------|------|-------|------|------|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|

M50055 COND PC Mayonnaise 12g

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------|-------|------|-------|-------|------|-------|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|
| 60.00 @ 1 each | 80.00 | 1.50 | 16.87 | 75.00 | 8.00 | 90.00 | 1.00 | 0.00 | 5.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
|----------------|-------|------|-------|-------|------|-------|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|

M50284 COND PC Mustard 6g

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------|------|------|---|-------|------|---|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|
| 20.00 @ 1 each | 0.00 | 0.00 | - | 65.00 | 0.00 | - | 1.00 | 0.00 | 0.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
|----------------|------|------|---|-------|------|---|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|

M50685 COND_DRESSING, VINAIGRETTE BALSAMIC

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-------------------------|-------|------|------|-------|------|-------|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|
| 10.00 @ 1 tablespoon | 30.00 | 0.25 | 7.50 | 95.00 | 2.50 | 75.00 | 2.00 | 0.00 | 0.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
|-------------------------|-------|------|------|-------|------|-------|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|

M50623 COND PC Drsg Italian 12g

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------|-------|------|------|--------|------|-------|------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|------|----|------|
| 20.00 @ 1 each | 30.00 | 0.00 | 0.00 | 130.00 | 3.00 | 90.00 | 0.00 | 0.00 | 0.00 | 0.00 | -* | 100.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
|----------------|-------|------|------|--------|------|-------|------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|------|----|------|

M50624 COND PC Drsg Ranch 12g

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-----------------|-------|------|------|--------|------|-------|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|
| 125.00 @ 1 each | 50.00 | 0.00 | 0.00 | 100.00 | 5.00 | 90.00 | 1.00 | 0.00 | 5.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
|-----------------|-------|------|------|--------|------|-------|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|

M50056 COND PC Sauce, Taco 9g

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------|------|------|------|-------|------|------|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|
| 20.00 @ 1 each | 5.00 | 0.00 | 0.00 | 55.00 | 0.00 | 0.00 | 1.00 | 0.00 | 0.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
|----------------|------|------|------|-------|------|------|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|

M50287 COND PC Sauce, BBQ 12g

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------|-------|------|------|--------|------|------|------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|------|----|------|
| 60.00 @ 1 each | 15.00 | 0.00 | 0.00 | 160.00 | 0.00 | 0.00 | 4.00 | 0.00 | 0.00 | 0.00 | -* | 100.00 | -* | -* | -* | 0.60 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
|----------------|-------|------|------|--------|------|------|------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|------|----|------|

M66762 WRAP 10", CHIXPOPCY PO BOY WG 2.0 FUEL 01/18

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------|--------|------|------|--------|-------|-------|-------|-------|-------|------|---------|---------|-------|-------|--------|------|-------|-------|-------|-------|-------|--------|--------|------|
| 10.00 @ 1 each | 455.99 | 4.98 | 9.82 | 650.88 | 19.94 | 39.36 | 48.60 | 20.14 | 25.99 | 6.17 | 148.57* | 2920.08 | 0.00* | 0.21* | 31.33* | 4.77 | 0.03* | 0.03* | 0.26* | 0.04* | 0.00* | 173.20 | 15.36* | 3.78 |
|----------------|--------|------|------|--------|-------|-------|-------|-------|-------|------|---------|---------|-------|-------|--------|------|-------|-------|-------|-------|-------|--------|--------|------|

M53045 BEEF GD, KOREAN FAJ MT SC 2.0

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-----------------|--------|------|-------|--------|------|-------|-------|-------|-------|------|---------|--------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|---------|------|
| 10.00 @ 4 fl oz | 211.66 | 3.67 | 15.60 | 236.42 | 9.72 | 41.32 | 12.01 | 17.96 | 55.98 | 0.51 | 325.01* | 152.58 | 1.26* | 0.19* | 3.26* | 19.45 | 0.05* | 0.13* | 4.11* | 0.35* | 1.76* | 20.97 | 159.92* | 2.08 |
|-----------------|--------|------|-------|--------|------|-------|-------|-------|-------|------|---------|--------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|---------|------|

* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Marcus 9th Gr

Service Area: Marcus 9th - 9-12 - OVS

Menu Name: Marcus 9th w/GSD 2018 Menu - cycle 1 - week 5

Avg.Method: Balanced

M52193 RICE, Plain WG 1BG

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-----------------|--------|------|------|------|------|------|-------|------|------|------|-------|-------|-------|-------|-------|------|-------|-------|-------|-------|-------|------|-------|------|
| 10.00 @ 1/2 cup | 101.77 | 0.20 | 1.81 | 4.21 | 0.85 | 7.50 | 21.18 | 2.38 | 0.00 | 0.94 | 59.47 | 13.89 | 0.00* | 0.00* | 0.00* | 0.03 | 0.00* | 0.00* | 0.00* | 0.00* | 0.00* | 5.48 | 0.00* | 0.22 |
|-----------------|--------|------|------|------|------|------|-------|------|------|------|-------|-------|-------|-------|-------|------|-------|-------|-------|-------|-------|------|-------|------|

M55023 VEG: MIXED STIR-FRY 1/2C

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-----------------|-------|------|------|-------|------|------|------|------|------|------|--------|---------|------|------|-------|-------|------|------|------|------|------|-------|-------|------|
| 10.00 @ 1/2 cup | 26.20 | 0.04 | 1.48 | 20.21 | 0.27 | 9.11 | 5.83 | 1.01 | 0.00 | 1.88 | 169.84 | 3812.99 | 0.00 | 0.55 | 49.20 | 31.88 | 0.04 | 0.04 | 0.33 | 0.12 | 0.00 | 26.50 | 28.89 | 0.36 |
|-----------------|-------|------|------|-------|------|------|------|------|------|------|--------|---------|------|------|-------|-------|------|------|------|------|------|-------|-------|------|

M51074 RICE, Plain WG 2BG

| | | | | | | | | | | | | | | | | | | | | | | | | |
|---------------|--------|------|------|------|------|------|-------|------|------|------|--------|-------|-------|-------|-------|------|-------|-------|-------|-------|-------|-------|-------|------|
| 10.00 @ 1 cup | 203.54 | 0.41 | 1.81 | 8.42 | 1.70 | 7.50 | 42.35 | 4.75 | 0.00 | 1.87 | 118.94 | 27.78 | 0.00* | 0.00* | 0.00* | 0.05 | 0.00* | 0.00* | 0.00* | 0.00* | 0.00* | 10.97 | 0.00* | 0.43 |
|---------------|--------|------|------|------|------|------|-------|------|------|------|--------|-------|-------|-------|-------|------|-------|-------|-------|-------|-------|-------|-------|------|

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------|--------|------|-------|--------|-------|------|-------|-------|-------|------|--------|---------|------|------|--------|-------|------|------|-----|------|------|-------|--------|------|
| Average | 488.29 | 5.78 | 10.65 | 856.64 | 18.12 | 33.4 | 58.03 | 22.54 | 36.37 | 5.09 | 238.3* | 1989.29 | .05* | .31* | 60.06* | 15.25 | .03* | .08* | .5* | .13* | .04* | 364.7 | 24.13* | 2.61 |
|----------------|--------|------|-------|--------|-------|------|-------|-------|-------|------|--------|---------|------|------|--------|-------|------|------|-----|------|------|-------|--------|------|

* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.