



High School Lunch Menu

January 2019

	1 HAPPY NEW YEAR! No School	2 No School	3 No School	4 No School
7 Meatball Sub Buffalo Chicken Salad Turkey & Provolone Sandwich Ardel Cheesy Bread Chili	8 Chicken Fajita Quesadilla and Cheese Quesadilla (V) Turkey & Cheese Salad Chicken Caesar Wrap Ardel Cheesy Bread Chili	9 Popcorn Chicken Mashed Potato Bowl Chicken Fajita Salad Ham & Swiss Sub Ardel Cheesy Bread Chili	10 Cheesy Baked Penne (V) Italian Salad (P) Honey Mustard Chicken Wrap Ardel Cheesy Bread Chili	11 FIRST FRIDAY FINDS Chana Masala & Rice (V) Turkey Chef Salad All-American Sub Ardel Cheesy Bread Chili
14 Ranch Chicken Club Flatbread (P) All-American Cobb Salad (P) Turkey & Swiss Sub Ardel Walking Taco Chili	15 Beef Burrito Grilled Chicken Salad Buffalo Chicken Wrap Ardel Walking Taco Chili	16 BREAKFAST FOR LUNCH Spicy Maple Chicken & Waffles Sandwich Southwest Salad (V) Ham & Cheddar Sub Ardel Walking Taco Chili	17 Rotini & Meat Sauce Popcorn Chicken Salad Turkey & Provolone Sandwich Ardel Walking Taco Chili	18 General Tso Chicken & Broccoli with Rice Ham Chef Salad Ham, Turkey & Cheese Wrap Ardel Walking Taco Chili
21 No School	22 NATIONAL SOUTHERN FOOD DAY Chicken Drumstick with Mac & Cheese Tropical Chicken Salad Chicken Salad Sub	23 Fish Sticks with Roll All-American Cobb Salad (P) Ham & Pepper Jack Sandwich	24 Chicken Parmesan with Spaghetti Chicken Caesar Salad Ranch Chicken Wrap	25 Chicken Egg Roll & Fried Rice Egg Chef Salad (V) All-American Sub
28 Cheese Fry Chicken Sub Buffalo Chicken Salad Turkey & Provolone Sandwich	29 Cubano Flatbread Ham & Cheese Salad Chicken Caesar Wrap	30 Meatloaf with Gravy & Roll Chicken Fajita Salad Turkey & Swiss Sub	31 Chicken Penne Alfredo Italian Salad (P) Buffalo Chicken Wrap	

Offered Daily:

- Breaded Chicken Sandwich, Hamburger, Cheeseburger, Chicken Tenders, Popcorn Chicken, Chicken Nuggets, Crispos, Sunbutter & Jelly Sandwich (V)
- Mon./Wed./Fri.: Pizza Sticks (V), Hot Dog
- Tues./Thurs.: Black Bean Burger (V), Grilled Cheese (V)
- (V) Denotes vegetarian item
- (P) Denotes pork item

All meals offered with a choice of fruit and choice of milk (1% white and skim chocolate)

*Menu subject to change

STAY UP TO DATE

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