



JANUARY 2019

Middle School Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 HAPPY NEW YEAR! No School	2 No School	3 No School	4 No School
7 Meatball Sub Buffalo Chicken Salad Turkey & Cheese Sandwich Cheesy Bread Chili	8 Chicken Quesadilla and Cheese Quesadilla Turkey & Cheese Salad Chicken Caesar Wrap Cheesy Bread Chili	9 Popcorn Chicken Mashed Potato Bowl Chicken Taco Salad Ham & Cheese Sub Cheesy Bread Chili	10 Cheesy Baked Penne Italian Salad Honey Mustard Chicken Wrap Cheesy Bread Chili	11 FIRST FRIDAY FINDS Chana Masala with Rice Turkey Chef Salad All-American Sub Cheesy Bread Chili
14 Ranch Chicken Club Flatbread All-American Cobb Salad Turkey & Cheese Sub Walking Taco Chili	15 Beef Burrito Egg Chef Salad Buffalo Chicken Wrap Walking Taco Chili	16 BREAKFAST FOR LUNCH Spicy Maple Chicken & Waffles Sandwich Southwest Salad Ham & Cheese Sub Walking Taco Chili	17 Rotini & Meat Sauce Popcorn Chicken Salad Turkey & Provolone Sandwich Walking Taco Chili	18 General Tso Chicken & Broccoli with Rice Ham Chef Salad Ham, Turkey, & Cheese Wrap Walking Taco Chili
21 No School	22 NATIONAL SOUTHERN FOOD DAY Chicken Drumstick with Mac & Cheese Popcorn Chicken Salad All-American Sub	23 Fish Sticks with Roll All-American Cobb Salad Ham & Cheese Sandwich	24 Chicken Parmesan with Spaghetti Chicken Caesar Salad Ranch Chicken Wrap	25 Chicken Fried Rice with Egg Roll Egg Chef Salad All-American Sub
28 Cheese Fry Chicken Sub Buffalo Chicken Salad Turkey & Cheese Sandwich	29 Cubano Flatbread Ham & Cheese Salad Chicken Caesar Wrap	30 Meatloaf with Gravy & Roll Chicken Taco Salad Turkey & Cheese Sub	31 Chicken Penne Alfredo Italian Salad Buffalo Chicken Wrap	

STAY UP TO DATE



Offered Daily:

- Breaded Chicken Sandwich, Hamburger, Cheeseburger, Cheese Pizza , Sunbutter & Jelly Sandwich
- Mon./Wed.: Popcorn Chicken, Pizza Sticks with Marinara , Pepperoni Pizza
- Tues./Thurs.: Chicken Tenders, Nachos, Crisпитos, Specialty Pizza
- Fri.: Beef Fingers with Gravy, Grilled Cheese , Pepperoni Pizza
- Denotes vegetarian item
- Denotes pork item

All meals offered with a choice of fruit and choice of milk (1% white and skim chocolate)

*Menu subject to change

