



WEEKLY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Liberty ES

Service Area: Liberty - K-5 - OVS

Menu Name: Liberty ES 2018-2019 Menu w/ ESD - cycle 5 - week 2

Period: Breakfast **Week:** 2 **Count Type:** Forecasted **Avg.Method:** Weighted (USDA Default) **Age Group:** Brkfst Grades K-5

	CAL	SFA (g)	% of CAL	Na (mg)	Fat (g)	% of CAL	CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)	
Weekly Std. (Target 1)	350.00-500.00		10.00	540.00																					
Day: Monday	516.3	4.47	7.8*	534.19	10.21	17.79	87.24	17.63	27.92	5.94	367.73*	1437.38*	3.33*	.18*	0*	69.78	.09*	.04*	.28*	.06*	0*	609.22	13.99*	4	
Day: Tuesday	446.1	4.43	8.95*	519.37	9.79	19.76	72.59	15.24	26.79	4.95	175.38*	1158.77	2.86*	.09*	3.42*	8.23	.01*	.02*	.13*	.02*	0*	526.3	9.33*	3.7	
Day: Wednesday	535.69	4.27	7.17*	567.91	10.28	17.27	94.28	18.11	28.92	5.27	335.11*	1117.26	3.33*	.27*	8.86*	6.68	.05*	.06*	.51*	.09*	0*	583.12	40.9*	4.61	
Day: Thursday	413.71	4.43	9.63*	520.27	9.74	21.2	64.37	15.79	26.79	3.37	62.88*	1158.28	2.86*	.06*	.75*	37.53	.01*	.01*	.03*	.01*	0*	522.17	3.89*	3.6	
Day: Friday	532.29	4.56	7.71*	544.16	10.33	17.47	92.1	17.32	27.92	5.29	594.66*	1585.09	3.33*	.11*	.53*	15.1	.03*	.08*	.7*	.39*	0*	556.96	23.22*	3.82	
Weekly Avg.	488.82	4.43	8.25	537.18	10.07	18.70	82.12	16.82	27.67	4.96	307.15*	1291.36*	3.14*	0.14*	2.71*	27.46	0.04*	0.04*	0.33*	0.11*	0.00*	559.55	18.27*	3.94	
Weekly Std. (Target 1)	350.00-500.00		10.00	540.00																					
Var.				(2.82)																					
Standard Not Met																									
Weekly Std. (Target 2)	350.00-500.00		10.00	485.00																					
Var.				52.18																					
Standard Not Met				X																					

* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



WEEKLY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Liberty ES

Service Area: Liberty - K-5 - OVS

Menu Name: Liberty ES 2018-2019 Menu w/ ESD - cycle 5 - week 2

Period: Lunch **Week:** 2 **Count Type:** Forecasted **Avg.Method:** Weighted (USDA Default) **Age Group:** Lunch Grades K-5

	CAL	SFA		Na	Fat		CHO	Pro	Chol	Fiber	K	Vit A	Vit D	Vit E	Vit K	Vit C	Vit B1	Vit B2	Vit B3	Vit B6	Vit B12	Ca	P	Fe	
	(g)	% of CAL	(mg)	(g)	% of CAL	(g)	(g)	(mg)	(g)	(mg)	(mg)	(IU)	(IU)	(mg)	(mcg)	(mg)	(mg)	(mg)	(mg)	(mcg)	(mg)	(mg)	(mg)	(mg)	
Weekly Std. (Target 1)	550.00-650.00		10.00	1230.00																					
Day: Monday	654.96	4.71	6.47*	982.39	18.3	25.14	85.97	34.69	36.36	6.16	134.3*	1636.46*	0*	.04*	10.51*	8.77*	.01*	.03*	.13*	.02*	0*	787.71	9.38*	2.87	
Day: Tuesday	557.83	4.77	7.7*	1265.97	16.38	26.43	72.9	28.62	52.37	5.24	212.53*	1042.43	0*	.11*	8.5*	3.3	.1*	.03*	.39*	.07*	0*	507.17	53.39*	3.67	
Day: Wednesday	654.62	5.38	7.4*	1205.45	19.86	27.31	86.07	32.87	59.32	5.14	301.8*	3922.19*	.04*	.04*	3.68*	8.15*	.03*	.04*	.75*	.12*	0*	513.22	41.36*	3.5	
Day: Thursday	497.45	7.48	13.53*	1233.01	16.25	29.4	59.86	25.42	61.15	3.43	132.85*	1437.56*	0*	.27*	16.55*	26.12*	.04*	.03*	.21*	.05*	0*	614.38	15.53*	1.94	
Day: Friday	565.2	8.5	13.53*	1083.94	19.3	30.74	64.43	30	41.83	4.49	125.9*	4101.55*	.12*	.23*	9.16*	29.92*	.02*	.03*	.46*	.09*	.09*	747.46	21.68*	1.5	
Weekly Avg.	586.01	6.17	9.72	1154.15	18.02	27.80	73.85	30.32	50.21	4.89	181.47*	2428.04*	0.03*	0.14*	9.68*	15.25*	0.04*	0.03*	0.39*	0.07*	0.02*	633.99	28.27*	2.70	
Weekly Std. (Target 1)	550.00-650.00		10.00	1230.00																					
Var.				(75.85)																					
Standard Not Met																									
Weekly Std. (Target 2)	550.00-650.00		10.00	935.00																					
Var.				219.15																					
Standard Not Met				X																					

* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.