



# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Arbor Creek MS

**Service Area:** Arbor Creek - 6-8 - OVS

**Menu Name:** Arbor Creek MS 2018-2019 Menu - cycle 5 - week 3

**Avg.Method:** Weighted (USDA Default)

**Age Group:** Brkfst Grades K-8      **Period:** Breakfast      **Week:** 3      **Day:** Monday      **Count Type:** Forecasted      **Total No. of Customers:** 31

Weekly Std. (Target 1)	SFA		Na (mg)	Fat		CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)	
	CAL	% of CAL		(g)	% of CAL																			
400.00-500.00		10.00	540.00																					

M54469 BRD: DONUT HOLES, SUGAR POWDERED WG 6EA (2BG)

20.00 @ 6 each	298.36	7.00	21.11	300.07	16.00	48.26	34.71	4.00	0.00	2.00	0.09*	11.48	0.00*	0.00*	0.00*	0.00	0.00*	0.00*	0.00*	0.00*	0.00*	13.83	0.00*	0.80
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M51320 CEREAL BWL, Rice Krispies WG

1.00 @ 1 bowl	100.00	0.00	0.00	170.00	0.50	4.50	23.00	2.00	0.00	1.00	-*	1000.03	-*	-*	-*	12.00	-*	-*	-*	-*	-*	0.00	-*	8.10
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M50208 CEREAL BWL, CINN TST CRUNCH RS WG

2.00 @ 1 bowl	110.00	0.50	4.09	160.00	3.00	24.54	22.00	1.00	0.00	3.00	-*	400.01	-*	-*	-*	4.80	-*	-*	-*	-*	-*	200.01	-*	3.60
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M50442 CEREAL BWL, Cocoa Puffs RS WG

1.00 @ 1 bowl	110.05	0.00	0.00	160.08	1.50	12.27	25.01	2.00	0.00	2.00	-*	500.25	-*	-*	-*	6.00	-*	-*	-*	-*	-*	100.05	-*	4.50
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M50524 CEREAL BWL, Lucky Charms WG

2.00 @ 1 bowl	110.00	0.00	0.00	180.00	1.00	8.18	23.00	2.00	0.00	2.00	-*	500.01	-*	-*	-*	6.00	-*	-*	-*	-*	-*	100.00	-*	4.50
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M50525 CEREAL BWL, Trix RS WG

3.00 @ 1 bowl	110.00	0.00	0.00	140.00	1.00	8.18	24.00	1.00	0.00	1.00	-*	400.01	-*	-*	-*	4.80	-*	-*	-*	-*	-*	80.00	-*	4.50
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M52725 BRD: BAR, Cereal CocoPuf WG IW

1.00 @ 1 each	150.00	0.00	0.00	100.00	3.00	18.00	30.00	3.00	0.00	3.00	-*	100.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	200.00	-*	1.80
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M52724 BRD: BAR, Cereal CinnTst WG IW

3.00 @ 1 each	150.00	0.00	0.00	115.00	3.50	21.00	30.00	2.00	0.00	3.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	200.00	-*	1.80
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M51267 BRD: MUF AP, BLUEBRY 2OZ IW WG (1BG)

8.00 @ 1 muffin	190.00	2.00	9.47	130.00	6.00	28.42	30.00	3.00	40.00	2.00	135.10	100.00	16.00	-*	-*	0.00	-*	-*	-*	-*	-*	20.00	-*	1.08
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M51268 BRD: MUF AP, CHOC CHOC CHIP 2OZ IW WG (1BG)

3.00 @ 1 muffin	200.00	2.00	9.00	130.00	6.00	27.00	32.00	4.00	40.00	2.00	159.95	100.00	16.00	-*	-*	0.00	-*	-*	-*	-*	-*	40.00	-*	1.44
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M51848 BRD: POPTARTS, Straw 1.76oz WG

3.00 @ 1 package	180.00	1.00	5.00	190.00	2.50	12.50	38.00	2.00	0.00	3.00	-*	500.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	100.00	-*	1.80
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M51849 BRD: POPTARTS, Cinn 1.76oz WG

\* Some values for this nutrient are unavailable; the number listed is incomplete.

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Arbor Creek MS

**Service Area:** Arbor Creek - 6-8 - OVS

**Menu Name:** Arbor Creek MS 2018-2019 Menu - cycle 5 - week 3

**Avg.Method:** Weighted (USDA Default)

3.00 @ 1 package	190.00	1.00	4.74	200.00	3.00	14.21	38.00	2.00	0.00	3.00	-*	500.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	100.00	-*	1.80	
M51684 BRD: POPTARTS, Fudge 1.76oz WG																									
1.00 @ 1 package	190.00	1.00	4.74	200.00	3.00	14.21	38.00	3.00	0.00	3.00	-*	500.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	100.00	-*	1.80	
M51994 CHEESE, COLBY JK Stick 1ea 1.0																									
8.00 @ 1 stick	90.00	4.00	40.00	200.01	6.00	60.00	0.00	7.00	20.00	0.00	0.00	200.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	200.01	-*	0.00	
M51237 BRD: BREAD WG, Tst Marg 1sl																									
7.00 @ 1 slice	110.00	1.33	10.91	160.00	4.33	35.45	15.00	3.00	0.00	1.00	1.33*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	1.08	
M66601 FRUIT: PEARS 135CT WHOLE 1/2C																									
6.00 @ 1 each	77.53	0.03	0.35	1.36	0.19	2.21	20.71	0.49	0.00	4.22	157.77	34.00	0.00	0.16	5.98	5.85	0.02	0.04	0.22	0.04	0.00	12.24	16.32	0.24	
M52268 FRUIT: PEACHES Dice w/Jc 1/2c																									
12.00 @ 1/2 cup	50.83	0.00	0.00	10.17	0.00	0.00	12.20	0.00	0.00	0.00	182.98	304.97	-*	-*	-*	1.22	-*	-*	-*	-*	-*	0.00	-*	0.00	
M50980 JUICE SS, Frt Bld 100% 4oz Crt																									
29.00 @ 1 each	60.00	0.00	0.00	10.00	0.00	0.00	14.00	0.00	0.00	0.00	100.00	0.00	-*	-*	-*	3.60	-*	-*	-*	-*	-*	0.00	-*	0.00	
M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50																									
3.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00	
M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50																									
16.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00	
M53222 COND PC Margarine 5g																									
8.00 @ 1 each	30.00	1.00	30.00	30.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	500.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00	
M50854 COND PC Jelly, #4 Smuckers																									
8.00 @ 1 each	35.00	0.00	0.00	5.00	0.00	0.00	9.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00	
M50056 COND PC Sauce, Taco 9g																									
1.00 @ 1 each	5.00	0.00	0.00	55.00	0.00	0.00	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00	
M50058 COND PC Syrup 1.4oz Smuckers																									
1.00 @ 1 each	110.00	0.00	0.00	25.00	0.00	0.00	29.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00	
<b>Average</b>	585.72	7.23	11.1	562.8	17.51	26.91	92.55	12.42	22.9	4.62	245.62*	915.93	5.68*	.03*	1.16*	7.6	0*	.01*	.04*	.01*	0*	334.52	3.16*	3.23	

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Arbor Creek MS

**Service Area:** Arbor Creek - 6-8 - OVS

**Menu Name:** Arbor Creek MS 2018-2019 Menu - cycle 5 - week 3

**Avg.Method:** Weighted (USDA Default)

**Age Group:** Lunch Grades 6-8      **Period:** Lunch      **Week:** 3      **Day:** Monday      **Count Type:** Forecasted      **Total No. of Customers:** 368

Weekly Std. (Target 1)	SFA		Na (mg)	Fat		CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)
	CAL	(g)		% of CAL	(g)																		
600.00-700.00		10.00	1360.00																				

M66183 SDW FB, CHIXDCD RCH CLUB WG 2.0

24.00 @ 1 each	399.23	6.24	14.06	767.39	19.17	43.21	31.52	22.28	45.93	3.47	6.47*	180.51	0.00*	0.00*	0.34*	3.97	0.00*	0.00*	0.01*	0.01*	0.00*	265.16	1.33*	2.31
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M52184 SALAD, CHam Tky Cobb SCW2.25

3.00 @ 1 each	188.39	5.07	24.22	397.88	11.26	53.79	5.84	16.30	141.66	1.26	146.57*	5267.02	0.00*	0.12*	43.60*	7.46	0.04*	0.04*	0.25*	0.06*	0.00*	140.43	17.48*	1.30
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M51680 BRD: ROLL DG, WG 2.5oz

3.00 @ 1 each	170.00	0.50	2.65	135.00	3.00	15.88	28.00	7.00	0.00	3.40	-*	0.01	-*	-*	-*	0.01	-*	-*	-*	-*	-*	12.70	-*	0.85
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M53453 SUB AP, Tky AM WG 2.0

2.00 @ 1 sandwich	314.93	5.14	14.70	988.69	11.64	33.27	33.54	22.85	56.25	3.94	137.21*	2905.42	0.00*	0.19*	31.30*	5.02	0.03*	0.02*	0.26*	0.04*	0.00*	227.19	15.31*	2.24
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M50962 SDW BD, SBJ WG 2.0

2.00 @ 1 sandwich	658.38	3.99	5.45	579.16	35.89	49.06	69.87	19.95	0.00	5.99	378.78*	0.00	0.00*	-*	-*	0.00	-*	-*	-*	-*	-*	59.81	-*	5.35
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M53347 SDW BD, SB WG 2.0

4.00 @ 1 sandwich	558.71	3.99	6.42	579.16	35.89	57.81	43.95	19.95	0.00	5.99	378.78*	0.00	0.00*	-*	-*	0.00	-*	-*	-*	-*	-*	59.81	-*	5.35
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M51578 PIZZA 16" CHZ WG 2.0

32.00 @ 1/8 cut	351.26	7.50	19.22	810.03	15.50	39.72	30.87	19.38	30.00	3.25	-*	403.18	-*	-*	-*	0.90	-*	-*	-*	-*	-*	419.72	-*	1.13
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M53000 PIZZA 16" Pepperoni WG 2.0

32.00 @ 1/8 cut	388.75	9.00	20.84	937.53	19.00	43.99	31.12	20.88	37.50	3.25	-*	403.18	-*	-*	-*	0.90	-*	-*	-*	-*	-*	419.72	-*	1.22
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M52963 CHIX Popcorn, AP WG 2.0

37.00 @ 1 serving	250.19	2.72	9.78	380.72	14.14	50.87	15.23	15.23	21.76	3.26	-*	108.78	-*	-*	-*	0.00	-*	-*	-*	-*	-*	43.51	-*	1.96
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M51680 BRD: ROLL DG, WG 2.5oz

37.00 @ 1 each	170.00	0.50	2.65	135.00	3.00	15.88	28.00	7.00	0.00	3.40	-*	0.01	-*	-*	-*	0.01	-*	-*	-*	-*	-*	12.70	-*	0.85
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M51417 BURG, Beef AP WG 2.0

18.00 @ 1 each	240.00	2.00	7.50	345.00	7.00	26.25	29.00	16.00	25.00	2.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	60.00	-*	2.88
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M50821 BURG, Beef AM AP WG 2.25

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Arbor Creek MS

**Service Area:** Arbor Creek - 6-8 - OVS

**Menu Name:** Arbor Creek MS 2018-2019 Menu - cycle 5 - week 3

**Avg.Method:** Weighted (USDA Default)

24.00 @ 1 each	285.00	4.25	13.42	545.00	10.50	33.16	29.50	18.50	37.50	2.00	-*	100.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	135.00	-*	2.88
M53770 SDW BN, CHIXPTY PLN WG/WG2.0 MWWW																								
18.00 @ 1 sandwich	339.76	1.50	3.97	589.66	10.99	29.11	35.99	23.98	44.95	5.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	40.00	-*	2.52
M52952 SDW BN, CHIXPTY BRD SPCY WG/WG 2.0 MWWW																								
18.00 @ 1 sandwich	339.86	2.00	5.29	629.77	11.99	31.76	35.99	23.99	44.97	3.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	40.00	-*	2.88
M55774 STICKS, MAX SNAX PIZZA W/MARINARA AP WG 2.0																								
40.00 @ 2 each	319.87	3.00	8.44	609.89	10.00	28.13	39.98	20.00	10.00	4.00	0.00*	498.95*	-*	-*	-*	8.98*	-*	-*	-*	-*	-*	459.92	-*	2.68
M54723 VEG: CARROTS, FRESH RSTD 1/2C																								
14.00 @ 1/2 cup	66.88	0.29	3.88	76.91	2.49	33.50	10.96	1.02	0.00	4.00	312.88	22581.67	0.00	1.37*	18.33*	4.77	0.09*	0.06*	0.86*	0.20*	0.00*	40.22	39.93*	0.46
M50350 VEG: CUCUMBER, Fresh Slice1/2c																								
34.00 @ 1/2 cup	10.81	0.03	2.22	1.44	0.08	6.60	2.62	0.47	0.00	0.36	105.91	75.65	0.00	0.02	11.82	2.02	0.02	0.02	0.07	0.03	0.00	11.53	17.29	0.20
M51297 VEG: SALAD, Side GardChop 1c																								
7.00 @ 1 cup	16.35	0.03	1.45	12.76	0.18	9.94	3.56	0.83	0.00	1.42	182.84	5064.79	0.00	0.18	45.89	9.01	0.05	0.04	0.32	0.07	0.00	22.30	22.02	0.52
M53419 VEG: POTATO, FF CTINAGEN7 1/2C																								
224.00 @ 1/2 cup	119.99	1.33	10.00	133.32	4.67	35.00	17.33	2.00	0.00	2.00	259.98	0.00	-*	-*	-*	3.20	-*	-*	-*	-*	-*	0.00	-*	0.48
M52217 FRUIT: APPLE, 138ct Whole 1c																								
68.00 @ 1 each	62.21	0.03	0.48	1.20	0.20	2.94	16.52	0.31	0.00	2.87	128.00	64.60	0.00	0.22	2.63	5.50	0.02	0.03	0.11	0.05	0.00	7.18	13.16	0.14
M50423 FRUIT: BLUEBERRIES, Fz 1/2c																								
24.00 @ 1/2 cup	35.54	0.04	0.94	0.70	0.45	11.29	8.48	0.29	0.00	1.88	37.63	32.06	0.00	0.33	11.43	1.74	0.02	0.03	0.36	0.04	0.00	5.58	7.67	0.13
M50979 JUICE SS, Apple 100% 4oz Cart																								
173.00 @ 1 each	60.00	0.00	0.00	15.00	0.00	0.00	14.00	0.00	0.00	0.00	85.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M51645 DESRT: COOKIE Carnival 1.0ozWG																								
226.00 @ 1 cookie	110.00	1.00	8.18	85.00	3.50	28.64	18.00	1.00	5.00	1.00	48.00	-*	-*	-*	-*	-*	-*	-*	-*	-*	-*	5.00	-*	1.00
M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50																								
46.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00
M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50																								
202.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Arbor Creek MS

**Service Area:** Arbor Creek - 6-8 - OVS

**Menu Name:** Arbor Creek MS 2018-2019 Menu - cycle 5 - week 3

**Avg.Method:** Weighted (USDA Default)

M50855 COND PC Ketchup 9g Heinz

266.00 @ 1 each	10.00	0.00	0.00	85.00	0.00	0.00	3.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50055 COND PC Mayonnaise 12g

22.00 @ 1 each	80.00	1.50	16.87	75.00	8.00	90.00	1.00	0.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50284 COND PC Mustard 6g

9.00 @ 1 each	0.00	0.00	-	65.00	0.00	-	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M53222 COND PC Margarine 5g

1.00 @ 1 each	30.00	1.00	30.00	30.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	500.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50624 COND PC Drsg Ranch 12g

50.00 @ 1 each	50.00	0.00	0.00	100.00	5.00	90.00	1.00	0.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50623 COND PC Drsg Italian 12g

5.00 @ 1 each	30.00	0.00	0.00	130.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	100.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M53116 COND PC Drsg Honey Mustard 12g

17.00 @ 1 each	15.00	0.00	0.00	65.00	0.00	0.00	4.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50056 COND PC Sauce, Taco 9g

11.00 @ 1 each	5.00	0.00	0.00	55.00	0.00	0.00	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50287 COND PC SAUCE, BBQ 12G PKT

50.00 @ 1 each	15.00	0.00	0.00	160.00	0.00	0.00	4.00	0.00	0.00	0.00	-*	100.00	-*	-*	-*	0.60	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50063 COND\_Sauce, Buffalo Wing AP

20.00 @ 1 tablespoon	4.38	0.02	4.79	363.06	0.22	45.51	0.48	0.11	0.17	0.12	21.32	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	2.22	-*	0.07
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M51445 VEG GARN: Rom Leaf/Tom Sl

1.00 @ 1 serving	4.96	0.01	1.72	1.84	0.07	12.86	1.02	0.30	0.00	0.47	68.61	1352.71	0.00	0.09	15.65	2.51	0.02	0.01	0.13	0.02	0.00	6.10	7.65	0.18
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M50412 COND\_Pickle, Dill Slice 3ea

24.00 @ 3 slice	2.43	0.01	4.72	243.11	0.07	25.17	0.36	0.10	0.00	0.21	-*	0.00	-*	-*	-*	0.32	-*	-*	-*	-*	-*	12.97	-*	0.08
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M67301 NACHOS DORITO TOP-N-GO CHIXCHILI CH WG 2.0 (2BG) FUEL 01/19

24.00 @ 1 serving	382.32	7.46	17.56	584.71	17.66	41.56	38.00	16.67	45.94	4.14	110.41*	774.61*	0.82*	0.06*	1.35*	8.07*	0.01*	0.01*	0.11*	0.03*	0.00*	271.12	6.75*	1.37
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<b>Average</b>	558.86	5.39	8.68	893.47	17.83	28.71	75.12	22.83	32.71	5.66	296.05*	1596.21*	.05*	.13*	4.57*	6.69*	.01*	.01*	.1*	.03*	0*	393.66	7.24*	2.72
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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Arbor Creek MS

**Service Area:** Arbor Creek - 6-8 - OVS

**Menu Name:** Arbor Creek MS 2018-2019 Menu - cycle 5 - week 3

**Avg.Method:** Weighted (USDA Default)

**Age Group:** Brkfst Grades K-8      **Period:** Breakfast      **Week:** 3      **Day:** Tuesday      **Count Type:** Forecasted      **Total No. of Customers:** 38

Weekly Std. (Target 1)	SFA		Na (mg)	Fat		CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)	
	CAL	(g)		% of CAL	(g)																			% of CAL
400.00-500.00			540.00																					

M52925 PIZZA AP Tony Bkfst T.Ssg 1.0

16.00 @ 1 each	210.00	2.00	8.57	480.01	7.00	30.00	26.00	9.00	15.00	2.00	240.00	200.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	100.00	-*	1.80
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M51320 CEREAL BWL, Rice Krispies WG

1.00 @ 1 bowl	100.00	0.00	0.00	170.00	0.50	4.50	23.00	2.00	0.00	1.00	-*	1000.03	-*	-*	-*	12.00	-*	-*	-*	-*	-*	0.00	-*	8.10
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M50208 CEREAL BWL, CINN TST CRUNCH RS WG

3.00 @ 1 bowl	110.00	0.50	4.09	160.00	3.00	24.54	22.00	1.00	0.00	3.00	-*	400.01	-*	-*	-*	4.80	-*	-*	-*	-*	-*	200.01	-*	3.60
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M50442 CEREAL BWL, Cocoa Puffs RS WG

2.00 @ 1 bowl	110.05	0.00	0.00	160.08	1.50	12.27	25.01	2.00	0.00	2.00	-*	500.25	-*	-*	-*	6.00	-*	-*	-*	-*	-*	100.05	-*	4.50
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M50524 CEREAL BWL, Lucky Charms WG

4.00 @ 1 bowl	110.00	0.00	0.00	180.00	1.00	8.18	23.00	2.00	0.00	2.00	-*	500.01	-*	-*	-*	6.00	-*	-*	-*	-*	-*	100.00	-*	4.50
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M50525 CEREAL BWL, Trix RS WG

1.00 @ 1 bowl	110.00	0.00	0.00	140.00	1.00	8.18	24.00	1.00	0.00	1.00	-*	400.01	-*	-*	-*	4.80	-*	-*	-*	-*	-*	80.00	-*	4.50
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M52725 BRD: BAR, Cereal CocoPuf WG IW

1.00 @ 1 each	150.00	0.00	0.00	100.00	3.00	18.00	30.00	3.00	0.00	3.00	-*	100.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	200.00	-*	1.80
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M52724 BRD: BAR, Cereal CinnTst WG IW

3.00 @ 1 each	150.00	0.00	0.00	115.00	3.50	21.00	30.00	2.00	0.00	3.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	200.00	-*	1.80
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M51267 BRD: MUF AP, BLUEBRY 2OZ IW WG (1BG)

10.00 @ 1 muffin	190.00	2.00	9.47	130.00	6.00	28.42	30.00	3.00	40.00	2.00	135.10	100.00	16.00	-*	-*	0.00	-*	-*	-*	-*	-*	20.00	-*	1.08
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M51268 BRD: MUF AP, CHOC CHOC CHIP 2OZ IW WG (1BG)

10.00 @ 1 muffin	200.00	2.00	9.00	130.00	6.00	27.00	32.00	4.00	40.00	2.00	159.95	100.00	16.00	-*	-*	0.00	-*	-*	-*	-*	-*	40.00	-*	1.44
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M51848 BRD: POPTARTS, Straw 1.76oz WG

5.00 @ 1 package	180.00	1.00	5.00	190.00	2.50	12.50	38.00	2.00	0.00	3.00	-*	500.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	100.00	-*	1.80
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M51849 BRD: POPTARTS, Cinn 1.76oz WG

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Arbor Creek MS

**Service Area:** Arbor Creek - 6-8 - OVS

**Menu Name:** Arbor Creek MS 2018-2019 Menu - cycle 5 - week 3

**Avg.Method:** Weighted (USDA Default)

2.00 @ 1 package	190.00	1.00	4.74	200.00	3.00	14.21	38.00	2.00	0.00	3.00	-*	500.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	100.00	-*	1.80
M51684 BRD: POPTARTS, Fudge 1.76oz WG																								
3.00 @ 1 package	190.00	1.00	4.74	200.00	3.00	14.21	38.00	3.00	0.00	3.00	-*	500.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	100.00	-*	1.80
M51994 CHEESE, COLBY JK Stick 1ea 1.0																								
9.00 @ 1 stick	90.00	4.00	40.00	200.01	6.00	60.00	0.00	7.00	20.00	0.00	0.00	200.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	200.01	-*	0.00
M51237 BRD: BREAD WG, Tst Marg 1sl																								
16.00 @ 1 slice	110.00	1.33	10.91	160.00	4.33	35.45	15.00	3.00	0.00	1.00	1.33*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	1.08
M51113 FRUIT: ORANGE 138ct Whole 1/2c																								
10.00 @ 1 each	46.97	0.01	0.29	0.00	0.12	2.30	11.74	0.94	0.00	2.40	180.87	224.84	0.00	0.18	0.00	53.16	0.09	0.04	0.28	0.06	0.00	39.97	13.99	0.10
M53549 FRUIT: APPLESAUCE,Unswt AP1/2c																								
5.00 @ 1/2 cup	52.77	0.00	0.00	10.55	0.00	0.00	13.72	0.00	0.00	2.11	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50979 JUICE SS, Apple 100% 4oz Cart																								
37.00 @ 1 each	60.00	0.00	0.00	15.00	0.00	0.00	14.00	0.00	0.00	0.00	85.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50																								
9.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00
M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50																								
13.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00
M53222 COND PC Margarine 5g																								
1.00 @ 1 each	30.00	1.00	30.00	30.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	500.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50854 COND PC Jelly, #4 Smuckers																								
16.00 @ 1 each	35.00	0.00	0.00	5.00	0.00	0.00	9.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50056 COND PC Sauce, Taco 9g																								
1.00 @ 1 each	5.00	0.00	0.00	55.00	0.00	0.00	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50058 COND PC Syrup 1.4oz Smuckers																								
1.00 @ 1 each	110.00	0.00	0.00	25.00	0.00	0.00	29.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
<b>Average</b>	518.13	4.09	7.11	609.82	11.59	20.14	86.48	14.75	36.18	4.93	309.62*	827.61	8.42*	.05*	0*	16.77	.02*	.01*	.07*	.02*	0*	370.53	3.68*	3.89

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Arbor Creek MS

**Service Area:** Arbor Creek - 6-8 - OVS

**Menu Name:** Arbor Creek MS 2018-2019 Menu - cycle 5 - week 3

**Avg.Method:** Weighted (USDA Default)

**Age Group:** Lunch Grades 6-8      **Period:** Lunch      **Week:** 3      **Day:** Tuesday      **Count Type:** Forecasted      **Total No. of Customers:** 319

Weekly Std. (Target 1)	SFA		Na (mg)	Fat		CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)
	CAL	(g)		% of CAL	(g)																		
600.00-700.00		10.00	1360.00																				

M66614 BURR 10" BFGD RFBN CH SC WG 2.5

20.00 @ 1 each	434.23	6.25	12.96	652.67	14.68	30.42	52.91	21.18	40.23	7.10	370.18*	261.75*	0.57*	0.08*	0.61*	1.55*	0.01*	0.06*	1.81*	0.13*	0.79*	227.87	69.26*	3.23
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M50831 SALAD, Egg Chef SC W 2.0

6.00 @ 1 each	143.23	3.90	24.48	172.10	8.90	55.93	4.35	10.19	196.25	1.26	146.57*	5383.02	0.00*	0.12*	43.60*	7.46	0.04*	0.04*	0.25*	0.06*	0.00*	141.60	17.48*	1.26
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M51680 BRD: ROLL DG, WG 2.5oz

6.00 @ 1 each	170.00	0.50	2.65	135.00	3.00	15.88	28.00	7.00	0.00	3.40	-*	0.01	-*	-*	-*	0.01	-*	-*	-*	-*	-*	12.70	-*	0.85
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M66741 WRAP 10", CHIXDCD BUFF WG 2.0

5.00 @ 1 each	366.92	4.43	10.87	647.39	16.59	40.70	32.55	19.97	52.30	3.99	147.87*	2755.45	0.00*	0.19*	31.30*	5.02	0.03*	0.02*	0.26*	0.04*	0.00*	133.31	15.31*	2.38
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M50962 SDW BD, SBJ WG 2.0

1.00 @ 1 sandwich	658.38	3.99	5.45	579.16	35.89	49.06	69.87	19.95	0.00	5.99	378.78*	0.00	0.00*	-*	-*	0.00	-*	-*	-*	-*	-*	59.81	-*	5.35
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M53347 SDW BD, SB WG 2.0

3.00 @ 1 sandwich	558.71	3.99	6.42	579.16	35.89	57.81	43.95	19.95	0.00	5.99	378.78*	0.00	0.00*	-*	-*	0.00	-*	-*	-*	-*	-*	59.81	-*	5.35
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M51578 PIZZA 16" CHZ WG 2.0

40.00 @ 1/8 cut	351.26	7.50	19.22	810.03	15.50	39.72	30.87	19.38	30.00	3.25	-*	403.18	-*	-*	-*	0.90	-*	-*	-*	-*	-*	419.72	-*	1.13
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M68298 PIZZA 16" CHIXDCD BUFF WG 2.0

40.00 @ 1/8 cut	334.43	6.07	16.33	820.80	13.60	36.59	30.70	19.65	34.00	3.28	5.33*	330.68	-*	-*	-*	0.90	-*	-*	-*	-*	-*	317.77	-*	1.26
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M52587 CHIX TENDER, GLDN CRISPY (3) WG 2.0 MWWW

38.00 @ 3 each	239.64	2.25	8.44	404.38	11.98	45.00	11.98	19.47	44.93	1.50	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	1.62
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M51680 BRD: ROLL DG, WG 2.5oz

38.00 @ 1 each	170.00	0.50	2.65	135.00	3.00	15.88	28.00	7.00	0.00	3.40	-*	0.01	-*	-*	-*	0.01	-*	-*	-*	-*	-*	12.70	-*	0.85
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M51417 BURG, Beef AP WG 2.0

24.00 @ 1 each	240.00	2.00	7.50	345.00	7.00	26.25	29.00	16.00	25.00	2.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	60.00	-*	2.88
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M50821 BURG, Beef AM AP WG 2.25

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Arbor Creek MS

**Service Area:** Arbor Creek - 6-8 - OVS

**Menu Name:** Arbor Creek MS 2018-2019 Menu - cycle 5 - week 3

**Avg.Method:** Weighted (USDA Default)

40.00 @ 1 each	285.00	4.25	13.42	545.00	10.50	33.16	29.50	18.50	37.50	2.00	-*	100.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	135.00	-*	2.88	
M53770 SDW BN, CHIXPTY PLN WG/WG2.0 MWWW																									
22.00 @ 1 sandwich	339.76	1.50	3.97	589.66	10.99	29.11	35.99	23.98	44.95	5.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	40.00	-*	2.52	
M52952 SDW BN, CHIXPTY BRD SPCY WG/WG 2.0 MWWW																									
27.00 @ 1 sandwich	339.86	2.00	5.29	629.77	11.99	31.76	35.99	23.99	44.97	3.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	40.00	-*	2.88	
M54308 STICKS, CRISPITO CHIXCHILI AP WG 2.0 (2EA)																									
84.00 @ 2 each	540.00	6.00	10.00	740.00	28.00	46.67	46.00	24.00	50.00	6.00	-*	1500.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	80.00	-*	3.60	
M51189 COND_Sauce, Chz SS W (LOL) .5																									
72.00 @ 2 fl oz	99.97	4.50	40.50	399.86	7.00	63.00	3.00	5.00	19.99	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	149.95	-*	0.00	
M54555 NACHOS BFGD RND SC 2.0 (2BG)																									
24.00 @ 1 each	450.53	8.75	17.47	674.18	23.64	47.22	37.03	21.03	60.38	3.45	195.67*	194.00	0.91*	0.13*	0.97*	2.48	0.02*	0.09*	2.90*	0.20*	1.27*	212.59	110.82*	2.41	
M67963 VEG: BEANS, PINTO KICKIN' 1/2C																									
20.00 @ 1/2 cup	115.67	0.25	1.93	196.23	0.82	6.35	19.75	7.03	0.83	5.88	331.57*	75.43*	3.10*	0.00*	0.00*	1.28*	0.00*	0.00*	0.00*	0.00*	0.00*	0.00*	65.32	0.00*	1.81
M52357 VEG: SALAD, ColeslawCIRnch1/2c																									
13.00 @ 1/2 cup	89.72	1.01	10.13	207.78	6.70	67.18	4.50	0.83	6.67	1.28	32.46*	47.14	0.00*	0.03*	3.44*	0.52	0.00*	0.01*	0.04*	0.01*	0.00*	19.40	3.32*	0.07	
M51731 VEG: POTATO SWT, FF CRINKLE 1/2C																									
1.00 @ 1/2 cup	137.66	0.53	3.46	180.02	4.77	31.15	23.30	1.06	0.00	3.18	243.56	3176.86	-*	-*	-*	6.35	-*	-*	-*	-*	-*	21.18	-*	0.38	
M66601 FRUIT: PEARS 135CT WHOLE 1/2C																									
60.00 @ 1 each	77.53	0.03	0.35	1.36	0.19	2.21	20.71	0.49	0.00	4.22	157.77	34.00	0.00	0.16	5.98	5.85	0.02	0.04	0.22	0.04	0.00	12.24	16.32	0.24	
M52268 FRUIT: PEACHES Dice w/Jc 1/2c																									
119.00 @ 1/2 cup	50.83	0.00	0.00	10.17	0.00	0.00	12.20	0.00	0.00	0.00	182.98	304.97	-*	-*	-*	1.22	-*	-*	-*	-*	-*	0.00	-*	0.00	
M53365 JUICE SS, Grape100% 4oz Cart																									
234.00 @ 1 each	80.00	0.00	0.00	15.00	0.00	0.00	18.00	1.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00	
M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50																									
49.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00	
M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50																									
186.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00	

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Arbor Creek MS

**Service Area:** Arbor Creek - 6-8 - OVS

**Menu Name:** Arbor Creek MS 2018-2019 Menu - cycle 5 - week 3

**Avg.Method:** Weighted (USDA Default)

M50855 COND PC Ketchup 9g Heinz

300.00 @ 1 each	10.00	0.00	0.00	85.00	0.00	0.00	3.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50055 COND PC Mayonnaise 12g

300.00 @ 1 each	80.00	1.50	16.87	75.00	8.00	90.00	1.00	0.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50284 COND PC Mustard 6g

10.00 @ 1 each	0.00	0.00	-	65.00	0.00	-	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M53222 COND PC Margarine 5g

11.00 @ 1 each	30.00	1.00	30.00	30.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	500.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50624 COND PC Drsg Ranch 12g

50.00 @ 1 each	50.00	0.00	0.00	100.00	5.00	90.00	1.00	0.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50623 COND PC Drsg Italian 12g

1.00 @ 1 each	30.00	0.00	0.00	130.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	100.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M53116 COND PC Drsg Honey Mustard 12g

25.00 @ 1 each	15.00	0.00	0.00	65.00	0.00	0.00	4.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50056 COND PC Sauce, Taco 9g

22.00 @ 1 each	5.00	0.00	0.00	55.00	0.00	0.00	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50287 COND PC SAUCE, BBQ 12G PKT

50.00 @ 1 each	15.00	0.00	0.00	160.00	0.00	0.00	4.00	0.00	0.00	0.00	-*	100.00	-*	-*	-*	0.60	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50063 COND\_Sauce, Buffalo Wing AP

20.00 @ 1 tablespoon	4.38	0.02	4.79	363.06	0.22	45.51	0.48	0.11	0.17	0.12	21.32	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	2.22	-*	0.07
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M51445 VEG GARN: Rom Leaf/Tom Sl

1.00 @ 1 serving	4.96	0.01	1.72	1.84	0.07	12.86	1.02	0.30	0.00	0.47	68.61	1352.71	0.00	0.09	15.65	2.51	0.02	0.01	0.13	0.02	0.00	6.10	7.65	0.18
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M50412 COND\_Pickle, Dill Slice 3ea

24.00 @ 3 slice	2.43	0.01	4.72	243.11	0.07	25.17	0.36	0.10	0.00	0.21	-*	0.00	-*	-*	-*	0.32	-*	-*	-*	-*	-*	12.97	-*	0.08
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M67301 NACHOS DORITO TOP-N-GO CHIXCHILI CH WG 2.0 (2BG) FUEL 01/19

24.00 @ 1 serving	382.32	7.46	17.56	584.71	17.66	41.56	38.00	16.67	45.94	4.14	110.41*	774.61*	0.82*	0.06*	1.35*	8.07*	0.01*	0.01*	0.11*	0.03*	0.00*	271.12	6.75*	1.37
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<b>Average</b>	802.75	9.13	10.24	1306.9	32.16	36.06	89.22	34.97	69.85	6.47	179.09*	1275.85*	.36*	.06*	2.84*	4.21*	.01*	.02*	.39*	.04*	.15*	462.3	16.99*	3.34
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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Arbor Creek MS

**Service Area:** Arbor Creek - 6-8 - OVS

**Menu Name:** Arbor Creek MS 2018-2019 Menu - cycle 5 - week 3

**Avg.Method:** Weighted (USDA Default)

**Age Group:** Brkfst Grades K-8      **Period:** Breakfast      **Week:** 3      **Day:** Wednesday      **Count Type:** Forecasted      **Total No. of Customers:** 38

Weekly Std. (Target 1)	SFA		Na (mg)	Fat		CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)	
	CAL	(g)		% of CAL	(g)																			% of CAL
400.00-500.00		10.00	540.00																					
M55592 BRD: FR TST STK, AP WG 4EA (2.25BG)																								
21.00 @ 4 stick	260.01	2.00	6.92	300.01	10.00	34.62	38.00	6.00	0.00	3.00	-*	22.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	34.00	-*	1.82
M51320 CEREAL BWL, Rice Krispies WG																								
1.00 @ 1 bowl	100.00	0.00	0.00	170.00	0.50	4.50	23.00	2.00	0.00	1.00	-*	1000.03	-*	-*	-*	12.00	-*	-*	-*	-*	-*	0.00	-*	8.10
M50208 CEREAL BWL, CINN TST CRUNCH RS WG																								
2.00 @ 1 bowl	110.00	0.50	4.09	160.00	3.00	24.54	22.00	1.00	0.00	3.00	-*	400.01	-*	-*	-*	4.80	-*	-*	-*	-*	-*	200.01	-*	3.60
M50442 CEREAL BWL, Cocoa Puffs RS WG																								
1.00 @ 1 bowl	110.05	0.00	0.00	160.08	1.50	12.27	25.01	2.00	0.00	2.00	-*	500.25	-*	-*	-*	6.00	-*	-*	-*	-*	-*	100.05	-*	4.50
M50524 CEREAL BWL, Lucky Charms WG																								
4.00 @ 1 bowl	110.00	0.00	0.00	180.00	1.00	8.18	23.00	2.00	0.00	2.00	-*	500.01	-*	-*	-*	6.00	-*	-*	-*	-*	-*	100.00	-*	4.50
M50525 CEREAL BWL, Trix RS WG																								
1.00 @ 1 bowl	110.00	0.00	0.00	140.00	1.00	8.18	24.00	1.00	0.00	1.00	-*	400.01	-*	-*	-*	4.80	-*	-*	-*	-*	-*	80.00	-*	4.50
M52725 BRD: BAR, Cereal CocoPuf WG IW																								
1.00 @ 1 each	150.00	0.00	0.00	100.00	3.00	18.00	30.00	3.00	0.00	3.00	-*	100.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	200.00	-*	1.80
M52724 BRD: BAR, Cereal CinnTst WG IW																								
4.00 @ 1 each	150.00	0.00	0.00	115.00	3.50	21.00	30.00	2.00	0.00	3.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	200.00	-*	1.80
M51267 BRD: MUF AP, BLUEBRY 2OZ IW WG (1BG)																								
10.00 @ 1 muffin	190.00	2.00	9.47	130.00	6.00	28.42	30.00	3.00	40.00	2.00	135.10	100.00	16.00	-*	-*	0.00	-*	-*	-*	-*	-*	20.00	-*	1.08
M51268 BRD: MUF AP, CHOC CHOC CHIP 2OZ IW WG (1BG)																								
9.00 @ 1 muffin	200.00	2.00	9.00	130.00	6.00	27.00	32.00	4.00	40.00	2.00	159.95	100.00	16.00	-*	-*	0.00	-*	-*	-*	-*	-*	40.00	-*	1.44
M51848 BRD: POPTARTS, Straw 1.76oz WG																								
2.00 @ 1 package	180.00	1.00	5.00	190.00	2.50	12.50	38.00	2.00	0.00	3.00	-*	500.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	100.00	-*	1.80
M51849 BRD: POPTARTS, Cinn 1.76oz WG																								

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Arbor Creek MS

**Service Area:** Arbor Creek - 6-8 - OVS

**Menu Name:** Arbor Creek MS 2018-2019 Menu - cycle 5 - week 3

**Avg.Method:** Weighted (USDA Default)

1.00 @ 1 package	190.00	1.00	4.74	200.00	3.00	14.21	38.00	2.00	0.00	3.00	-*	500.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	100.00	-*	1.80
M51684 BRD: POPTARTS, Fudge 1.76oz WG																								
3.00 @ 1 package	190.00	1.00	4.74	200.00	3.00	14.21	38.00	3.00	0.00	3.00	-*	500.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	100.00	-*	1.80
M51994 CHEESE, COLBY JK Stick 1ea 1.0																								
1.00 @ 1 stick	90.00	4.00	40.00	200.01	6.00	60.00	0.00	7.00	20.00	0.00	0.00	200.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	200.01	-*	0.00
M51237 BRD: BREAD WG, Tst Marg 1sl																								
12.00 @ 1 slice	110.00	1.33	10.91	160.00	4.33	35.45	15.00	3.00	0.00	1.00	1.33*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	1.08
M66342 YOGURT, PARFAIT BLUEBERRY 1.0																								
1.00 @ 1 serving	139.77	0.61	3.90	66.72	1.75	11.28	27.13	4.00	5.00	1.22	183.86	516.81	80.06*	0.17*	5.86*	0.89	0.01*	0.01*	0.19*	0.02*	0.00*	102.93	3.93*	0.16
M52217 FRUIT: APPLE, 138ct Whole 1c																								
8.00 @ 1 each	62.21	0.03	0.48	1.20	0.20	2.94	16.52	0.31	0.00	2.87	128.00	64.60	0.00	0.22	2.63	5.50	0.02	0.03	0.11	0.05	0.00	7.18	13.16	0.14
M52271 FRUIT: PEARS, Dice w/Jc 1/2c																								
12.00 @ 1/2 cup	60.66	0.00	0.00	10.11	0.00	0.00	14.15	0.00	0.00	2.02	80.89	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M53365 JUICE SS, Grape100% 4oz Cart																								
26.00 @ 1 each	80.00	0.00	0.00	15.00	0.00	0.00	18.00	1.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50																								
5.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00
M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50																								
21.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00
M53222 COND PC Margarine 5g																								
1.00 @ 1 each	30.00	1.00	30.00	30.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	500.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50854 COND PC Jelly, #4 Smuckers																								
12.00 @ 1 each	35.00	0.00	0.00	5.00	0.00	0.00	9.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50056 COND PC Sauce, Taco 9g																								
1.00 @ 1 each	5.00	0.00	0.00	55.00	0.00	0.00	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50058 COND PC Syrup 1.4oz Smuckers																								
21.00 @ 1 each	110.00	0.00	0.00	25.00	0.00	0.00	29.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
<b>Average</b>	597.39	3.06	4.61	521.79	11.79	17.76	109.27	13.59	24.74	5.59	131.19*	655.16	10.11*	.05*	.71*	3.68	0*	.01*	.03*	.01*	0*	316.17	2.87*	3.64

\* Some values for this nutrient are unavailable; the number listed is incomplete.

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Arbor Creek MS

**Service Area:** Arbor Creek - 6-8 - OVS

**Menu Name:** Arbor Creek MS 2018-2019 Menu - cycle 5 - week 3

**Avg.Method:** Weighted (USDA Default)

**Age Group:** Lunch Grades 6-8      **Period:** Lunch      **Week:** 3      **Day:** Wednesday      **Count Type:** Forecasted      **Total No. of Customers:** 365

Weekly Std. (Target 1)	SFA		Na (mg)	Fat		CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)	
	CAL	(g)		% of CAL	(g)																			% of CAL
600.00-700.00		10.00	1360.00																					

M55693 SDW WFL, CHIXFLT BRD CINMPLSPCY WG 2.0 MWWW

95.00 @ 1 sandwich	424.17	1.50	3.18	672.81	15.00	31.82	48.36	23.00	44.95	5.14	131.16*	600.80	0.00*	0.01*	0.08*	0.02	0.00*	0.00*	0.00*	0.00*	0.00*	123.32	0.17*	4.70
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M67923 SALAD, VEG BAJA AP 2.25

5.00 @ 1 each	229.73	6.21	24.34	270.02	9.86	38.64	24.60	13.12	30.51	5.66	343.92*	1868.24*	1.91*	0.15*	1.80*	13.41*	0.04*	0.03*	0.80*	0.08*	0.00*	264.94	32.39*	1.94
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M54540 BRD: TORTILLA, CHIP RND WG 2BG

5.00 @ 1 serving	224.59	1.60	6.43	184.48	9.63	38.57	32.08	3.21	0.00	3.21	0.00	0.00	0.00	-*	-*	0.00	-*	-*	-*	-*	-*	48.13	-*	0.80
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M53318 SUB AP, CHam AM WG 2.0

6.00 @ 1 each	279.93	5.27	16.94	838.69	11.39	36.63	32.04	15.60	45.00	3.94	137.21*	2905.42	0.00*	0.19*	31.30*	5.02	0.03*	0.02*	0.26*	0.04*	0.00*	202.19	15.31*	1.97
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M50962 SDW BD, SBJ WG 2.0

1.00 @ 1 sandwich	658.38	3.99	5.45	579.16	35.89	49.06	69.87	19.95	0.00	5.99	378.78*	0.00	0.00*	-*	-*	0.00	-*	-*	-*	-*	-*	59.81	-*	5.35
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M53347 SDW BD, SB WG 2.0

2.00 @ 1 sandwich	558.71	3.99	6.42	579.16	35.89	57.81	43.95	19.95	0.00	5.99	378.78*	0.00	0.00*	-*	-*	0.00	-*	-*	-*	-*	-*	59.81	-*	5.35
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M51578 PIZZA 16" CHZ WG 2.0

44.00 @ 1/8 cut	351.26	7.50	19.22	810.03	15.50	39.72	30.87	19.38	30.00	3.25	-*	403.18	-*	-*	-*	0.90	-*	-*	-*	-*	-*	419.72	-*	1.13
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M53000 PIZZA 16" Pepperoni WG 2.0

42.00 @ 1/8 cut	388.75	9.00	20.84	937.53	19.00	43.99	31.12	20.88	37.50	3.25	-*	403.18	-*	-*	-*	0.90	-*	-*	-*	-*	-*	419.72	-*	1.22
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M51753 CHIX Popcorn, AP Spicy WG 2.0

19.00 @ 1 serving	247.14	2.69	9.78	365.34	13.97	50.87	16.12	13.97	21.49	2.15	-*	107.45	-*	-*	-*	0.00	-*	-*	-*	-*	-*	42.98	-*	1.93
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M51680 BRD: ROLL DG, WG 2.5oz

19.00 @ 1 each	170.00	0.50	2.65	135.00	3.00	15.88	28.00	7.00	0.00	3.40	-*	0.01	-*	-*	-*	0.01	-*	-*	-*	-*	-*	12.70	-*	0.85
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M51417 BURG, Beef AP WG 2.0

16.00 @ 1 each	240.00	2.00	7.50	345.00	7.00	26.25	29.00	16.00	25.00	2.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	60.00	-*	2.88
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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Arbor Creek MS

**Service Area:** Arbor Creek - 6-8 - OVS

**Menu Name:** Arbor Creek MS 2018-2019 Menu - cycle 5 - week 3

**Avg.Method:** Weighted (USDA Default)

M50821 BURG, Beef AM AP WG 2.25

18.00 @ 1 each	285.00	4.25	13.42	545.00	10.50	33.16	29.50	18.50	37.50	2.00	-*	100.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	135.00	-*	2.88
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M53770 SDW BN, CHIXPTY PLN WG/WG2.0 MWWW

14.00 @ 1 sandwich	339.76	1.50	3.97	589.66	10.99	29.11	35.99	23.98	44.95	5.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	40.00	-*	2.52
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M52952 SDW BN, CHIXPTY BRD SPCY WG/WG 2.0 MWWW

16.00 @ 1 sandwich	339.86	2.00	5.29	629.77	11.99	31.76	35.99	23.99	44.97	3.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	40.00	-*	2.88
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M55774 STICKS, MAX SNAX PIZZA W/MARINARA AP WG 2.0

30.00 @ 2 each	319.87	3.00	8.44	609.89	10.00	28.13	39.98	20.00	10.00	4.00	0.00*	498.95*	-*	-*	-*	8.98*	-*	-*	-*	-*	-*	459.92	-*	2.68
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M53421 VEG: POTATO, TATER BITES 1/2 C

104.00 @ 1/2 cup	135.55	1.69	11.25	279.56	6.78	45.00	16.10	1.69	0.00	1.69	271.09	0.00	-*	-*	-*	2.03	-*	-*	-*	-*	-*	0.00	-*	0.61
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M52770 VEG: CELERY, Sticks 1/2c

40.00 @ 1/2 cup	9.92	0.03	2.36	49.61	0.11	9.56	1.84	0.43	0.00	0.99	161.23	278.43	0.00	0.17	18.17	1.92	0.01	0.04	0.20	0.05	0.00	24.80	14.88	0.12
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M51297 VEG: SALAD, Side GardChop 1c

11.00 @ 1 cup	16.35	0.03	1.45	12.76	0.18	9.94	3.56	0.83	0.00	1.42	182.84	5064.79	0.00	0.18	45.89	9.01	0.05	0.04	0.32	0.07	0.00	22.30	22.02	0.52
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M53419 VEG: POTATO, FF CTINAGEN7 1/2C

112.00 @ 1/2 cup	119.99	1.33	10.00	133.32	4.67	35.00	17.33	2.00	0.00	2.00	259.98	0.00	-*	-*	-*	3.20	-*	-*	-*	-*	-*	0.00	-*	0.48
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M50529 FRUIT: GRAPES, Fresh 1/2c

120.00 @ 1/2 cup	56.80	0.10	1.53	1.70	0.30	4.70	14.54	0.53	0.00	0.76	161.94	84.78	0.00	0.16	12.38	3.39	0.08	0.05	0.25	0.09	0.00	11.87	8.48	0.25
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M51110 FRUIT: ORANGE Mand w/Jc 1/2c

82.00 @ 1/2 cup	51.73	0.00	0.00	6.26	0.03	0.44	12.19	0.70	0.00	0.94	-*	710.52	-*	-*	-*	37.06	-*	-*	-*	-*	-*	13.15	-*	0.43
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M50979 JUICE SS, Apple 100% 4oz Cart

198.00 @ 1 each	60.00	0.00	0.00	15.00	0.00	0.00	14.00	0.00	0.00	0.00	85.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50

23.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00
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M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50

207.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00
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M50855 COND PC Ketchup 9g Heinz

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Arbor Creek MS

**Service Area:** Arbor Creek - 6-8 - OVS

**Menu Name:** Arbor Creek MS 2018-2019 Menu - cycle 5 - week 3

**Avg.Method:** Weighted (USDA Default)

300.00 @ 1 each	10.00	0.00	0.00	85.00	0.00	0.00	3.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
<b>M50055 COND PC Mayonnaise 12g</b>																								
19.00 @ 1 each	80.00	1.50	16.87	75.00	8.00	90.00	1.00	0.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
<b>M50284 COND PC Mustard 6g</b>																								
15.00 @ 1 each	0.00	0.00	-	65.00	0.00	-	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
<b>M53222 COND PC Margarine 5g</b>																								
1.00 @ 1 each	30.00	1.00	30.00	30.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	500.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
<b>M50624 COND PC Drsg Ranch 12g</b>																								
50.00 @ 1 each	50.00	0.00	0.00	100.00	5.00	90.00	1.00	0.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
<b>M50623 COND PC Drsg Italian 12g</b>																								
5.00 @ 1 each	30.00	0.00	0.00	130.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	100.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
<b>M53116 COND PC Drsg Honey Mustard 12g</b>																								
11.00 @ 1 each	15.00	0.00	0.00	65.00	0.00	0.00	4.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
<b>M50056 COND PC Sauce, Taco 9g</b>																								
8.00 @ 1 each	5.00	0.00	0.00	55.00	0.00	0.00	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
<b>M50287 COND PC SAUCE, BBQ 12G PKT</b>																								
50.00 @ 1 each	15.00	0.00	0.00	160.00	0.00	0.00	4.00	0.00	0.00	0.00	-*	100.00	-*	-*	-*	0.60	-*	-*	-*	-*	-*	0.00	-*	0.00
<b>M50063 COND_Sauce, Buffalo Wing AP</b>																								
20.00 @ 1 tablespoon	4.38	0.02	4.79	363.06	0.22	45.51	0.48	0.11	0.17	0.12	21.32	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	2.22	-*	0.07
<b>M51445 VEG GARN: Rom Leaf/Tom Sl</b>																								
1.00 @ 1 serving	4.96	0.01	1.72	1.84	0.07	12.86	1.02	0.30	0.00	0.47	68.61	1352.71	0.00	0.09	15.65	2.51	0.02	0.01	0.13	0.02	0.00	6.10	7.65	0.18
<b>M50412 COND_Pickle, Dill Slice 3ea</b>																								
48.00 @ 3 slice	2.43	0.01	4.72	243.11	0.07	25.17	0.36	0.10	0.00	0.21	-*	0.00	-*	-*	-*	0.32	-*	-*	-*	-*	-*	12.97	-*	0.08
<b>M67301 NACHOS DORITO TOP-N-GO CHIXCHILI CH WG 2.0 (2BG) FUEL 01/19</b>																								
24.00 @ 1 serving	382.32	7.46	17.56	584.71	17.66	41.56	38.00	16.67	45.94	4.14	110.41*	774.61*	0.82*	0.06*	1.35*	8.07*	0.01*	0.01*	0.11*	0.03*	0.00*	271.12	6.75*	1.37
<b>Average</b>	576.59	5.01	7.82	1027.98	18.16	28.34	76.34	25.35	36.81	5.48	332.38*	1133.06*	.08*	.09*	8.14*	14.2*	.03*	.02*	.14*	.04*	0*	411.33	6.29*	3.1

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Arbor Creek MS

**Service Area:** Arbor Creek - 6-8 - OVS

**Menu Name:** Arbor Creek MS 2018-2019 Menu - cycle 5 - week 3

**Avg.Method:** Weighted (USDA Default)

**Age Group:** Brkfst Grades K-8      **Period:** Breakfast      **Week:** 3      **Day:** Thursday      **Count Type:** Forecasted      **Total No. of Customers:** 41

Weekly Std. (Target 1)	SFA		Na (mg)	Fat		CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)	
	CAL	(g)		% of CAL	(g)																			% of CAL
400.00-500.00		10.00	540.00																					

M66064 MELT BN, EGGPTY AM 1.25 WG

8.00 @ 1 sandwich	255.00	3.75	13.24	610.01	11.50	40.59	28.50	10.50	107.50	2.00	-*	200.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	135.00	-*	1.80
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M51320 CEREAL BWL, Rice Krispies WG

2.00 @ 1 bowl	100.00	0.00	0.00	170.00	0.50	4.50	23.00	2.00	0.00	1.00	-*	1000.03	-*	-*	-*	12.00	-*	-*	-*	-*	-*	0.00	-*	8.10
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M50208 CEREAL BWL, CINN TST CRUNCH RS WG

6.00 @ 1 bowl	110.00	0.50	4.09	160.00	3.00	24.54	22.00	1.00	0.00	3.00	-*	400.01	-*	-*	-*	4.80	-*	-*	-*	-*	-*	200.01	-*	3.60
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M50442 CEREAL BWL, Cocoa Puffs RS WG

5.00 @ 1 bowl	110.05	0.00	0.00	160.08	1.50	12.27	25.01	2.00	0.00	2.00	-*	500.25	-*	-*	-*	6.00	-*	-*	-*	-*	-*	100.05	-*	4.50
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M50524 CEREAL BWL, Lucky Charms WG

4.00 @ 1 bowl	110.00	0.00	0.00	180.00	1.00	8.18	23.00	2.00	0.00	2.00	-*	500.01	-*	-*	-*	6.00	-*	-*	-*	-*	-*	100.00	-*	4.50
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M50525 CEREAL BWL, Trix RS WG

2.00 @ 1 bowl	110.00	0.00	0.00	140.00	1.00	8.18	24.00	1.00	0.00	1.00	-*	400.01	-*	-*	-*	4.80	-*	-*	-*	-*	-*	80.00	-*	4.50
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M52725 BRD: BAR, Cereal CocoPuf WG IW

3.00 @ 1 each	150.00	0.00	0.00	100.00	3.00	18.00	30.00	3.00	0.00	3.00	-*	100.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	200.00	-*	1.80
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M52724 BRD: BAR, Cereal CinnTst WG IW

12.00 @ 1 each	150.00	0.00	0.00	115.00	3.50	21.00	30.00	2.00	0.00	3.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	200.00	-*	1.80
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M51267 BRD: MUF AP, BLUEBRY 2OZ IW WG (1BG)

12.00 @ 1 muffin	190.00	2.00	9.47	130.00	6.00	28.42	30.00	3.00	40.00	2.00	135.10	100.00	16.00	-*	-*	0.00	-*	-*	-*	-*	-*	20.00	-*	1.08
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M51268 BRD: MUF AP, CHOC CHOC CHIP 2OZ IW WG (1BG)

12.00 @ 1 muffin	200.00	2.00	9.00	130.00	6.00	27.00	32.00	4.00	40.00	2.00	159.95	100.00	16.00	-*	-*	0.00	-*	-*	-*	-*	-*	40.00	-*	1.44
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M51848 BRD: POPTARTS, Straw 1.76oz WG

6.00 @ 1 package	180.00	1.00	5.00	190.00	2.50	12.50	38.00	2.00	0.00	3.00	-*	500.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	100.00	-*	1.80
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M51849 BRD: POPTARTS, Cinn 1.76oz WG

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Arbor Creek MS

**Service Area:** Arbor Creek - 6-8 - OVS

**Menu Name:** Arbor Creek MS 2018-2019 Menu - cycle 5 - week 3

**Avg.Method:** Weighted (USDA Default)

1.00 @ 1 package	190.00	1.00	4.74	200.00	3.00	14.21	38.00	2.00	0.00	3.00	-*	500.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	100.00	-*	1.80
M51684 BRD: POPTARTS, Fudge 1.76oz WG																								
1.00 @ 1 package	190.00	1.00	4.74	200.00	3.00	14.21	38.00	3.00	0.00	3.00	-*	500.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	100.00	-*	1.80
M51994 CHEESE, COLBY JK Stick 1ea 1.0																								
27.00 @ 1 stick	90.00	4.00	40.00	200.01	6.00	60.00	0.00	7.00	20.00	0.00	0.00	200.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	200.01	-*	0.00
M51237 BRD: BREAD WG, Tst Marg 1sl																								
15.00 @ 1 slice	110.00	1.33	10.91	160.00	4.33	35.45	15.00	3.00	0.00	1.00	1.33*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	1.08
M50529 FRUIT: GRAPES, Fresh 1/2c																								
12.00 @ 1 1/2 cup	170.41	0.29	1.53	5.09	0.89	4.70	43.62	1.60	0.00	2.29	485.81	254.35	0.00	0.48	37.14	10.17	0.23	0.14	0.76	0.28	0.00	35.61	25.43	0.74
M52811 FRUIT: CRAISINS, SS STRAWBERRY 1.16OZ																								
8.00 @ 1 each	110.00	0.00	0.00	0.00	0.00	0.00	28.00	0.00	0.00	3.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50982 JUICE SS, ORANGE 100% 4 FLOZ																								
38.00 @ 1 each	51.44	0.00	0.00	15.43	0.00	0.00	12.35	1.03	0.00	0.00	-*	0.00	-*	-*	-*	43.21	-*	-*	-*	-*	-*	0.00	-*	0.00
M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50																								
12.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00
M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50																								
17.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00
M53222 COND PC Margarine 5g																								
1.00 @ 1 each	30.00	1.00	30.00	30.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	500.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50854 COND PC Jelly, #4 Smuckers																								
15.00 @ 1 each	35.00	0.00	0.00	5.00	0.00	0.00	9.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50056 COND PC Sauce, Taco 9g																								
1.00 @ 1 each	5.00	0.00	0.00	55.00	0.00	0.00	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50058 COND PC Syrup 1.4oz Smuckers																								
15.00 @ 1 each	110.00	0.00	0.00	25.00	0.00	0.00	29.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
<b>Average</b>	659.28	5.84	7.97	681.05	14.91	20.35	114.09	18.84	62.56	5.84	229.03*	1011.07	9.37*	.14*	10.87*	47.15	.07*	.04*	.22*	.08*	0*	546.05	7.44*	4.84

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Arbor Creek MS

**Service Area:** Arbor Creek - 6-8 - OVS

**Menu Name:** Arbor Creek MS 2018-2019 Menu - cycle 5 - week 3

**Avg.Method:** Weighted (USDA Default)

**Age Group:** Lunch Grades 6-8      **Period:** Lunch      **Week:** 3      **Day:** Thursday      **Count Type:** Forecasted      **Total No. of Customers:** 303

Weekly Std. (Target 1)	SFA		Na (mg)	Fat		CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)	
	CAL	(g)		% of CAL	(g)																			% of CAL
600.00-700.00			1360.00																					

M51114 PASTA, Rotini WG 1c

32.00 @ 1 cup	202.47	0.12	0.55	14.19	2.64	11.75	40.50	7.09	0.00	5.06	298.33	0.00	0.00*	0.00*	0.00*	0.00	0.00*	0.00*	0.00*	0.00*	0.00*	0.00*	34.44	0.00*	2.73
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M66194 SAUCE P, TOM SC BEEF SC 2.0

32.00 @ 3/4 cup	182.35	3.34	16.46	58.40	8.99	44.37	8.36	17.19	50.44	1.95	242.18*	514.32	1.13*	0.07*	1.12*	20.18	0.03*	0.11*	3.59*	0.25*	1.59*	29.57	137.22*	2.65
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M51544 SALAD, ChixPop CH SC W 2.0

5.00 @ 1 each	256.64	5.07	17.77	393.81	15.30	53.66	14.81	15.66	31.38	3.71	146.57*	5198.94	0.00*	0.12*	43.60*	7.46	0.04*	0.04*	0.25*	0.06*	0.00*	153.61	17.48*	2.04
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M51680 BRD: ROLL DG, WG 2.5oz

5.00 @ 1 each	170.00	0.50	2.65	135.00	3.00	15.88	28.00	7.00	0.00	3.40	-*	0.01	-*	-*	-*	0.01	-*	-*	-*	-*	-*	-*	12.70	-*	0.85
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M53268 SDW BD, Tky AM WG 2.0

5.00 @ 1 sandwich	325.00	5.13	14.19	995.00	11.50	31.84	33.50	22.25	56.25	2.00	-*	200.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	-*	175.00	-*	2.61
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M50962 SDW BD, SBJ WG 2.0

1.00 @ 1 sandwich	658.38	3.99	5.45	579.16	35.89	49.06	69.87	19.95	0.00	5.99	378.78*	0.00	0.00*	-*	-*	0.00	-*	-*	-*	-*	-*	-*	59.81	-*	5.35
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M53347 SDW BD, SB WG 2.0

2.00 @ 1 sandwich	558.71	3.99	6.42	579.16	35.89	57.81	43.95	19.95	0.00	5.99	378.78*	0.00	0.00*	-*	-*	0.00	-*	-*	-*	-*	-*	-*	59.81	-*	5.35
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M51578 PIZZA 16" CHZ WG 2.0

31.00 @ 1/8 cut	351.26	7.50	19.22	810.03	15.50	39.72	30.87	19.38	30.00	3.25	-*	403.18	-*	-*	-*	0.90	-*	-*	-*	-*	-*	-*	419.72	-*	1.13
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M68298 PIZZA 16" CHIXDCD BUFF WG 2.0

31.00 @ 1/8 cut	334.43	6.07	16.33	820.80	13.60	36.59	30.70	19.65	34.00	3.28	5.33*	330.68	-*	-*	-*	0.90	-*	-*	-*	-*	-*	-*	317.77	-*	1.26
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M52587 CHIX TENDER, GLDN CRISPY (3) WG 2.0 MWWW

40.00 @ 3 each	239.64	2.25	8.44	404.38	11.98	45.00	11.98	19.47	44.93	1.50	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	-*	0.00	-*	1.62
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M51680 BRD: ROLL DG, WG 2.5oz

40.00 @ 1 each	170.00	0.50	2.65	135.00	3.00	15.88	28.00	7.00	0.00	3.40	-*	0.01	-*	-*	-*	0.01	-*	-*	-*	-*	-*	-*	12.70	-*	0.85
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M51417 BURG, Beef AP WG 2.0

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Arbor Creek MS

**Service Area:** Arbor Creek - 6-8 - OVS

**Menu Name:** Arbor Creek MS 2018-2019 Menu - cycle 5 - week 3

**Avg.Method:** Weighted (USDA Default)

25.00 @ 1 each	240.00	2.00	7.50	345.00	7.00	26.25	29.00	16.00	25.00	2.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	60.00	-*	2.88
M50821 BURG, Beef AM AP WG 2.25																								
42.00 @ 1 each	285.00	4.25	13.42	545.00	10.50	33.16	29.50	18.50	37.50	2.00	-*	100.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	135.00	-*	2.88
M53770 SDW BN, CHIXPTY PLN WG/WG2.0 MWWW																								
26.00 @ 1 sandwich	339.76	1.50	3.97	589.66	10.99	29.11	35.99	23.98	44.95	5.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	40.00	-*	2.52
M52952 SDW BN, CHIXPTY BRD SPCY WG/WG 2.0 MWWW																								
28.00 @ 1 sandwich	339.86	2.00	5.29	629.77	11.99	31.76	35.99	23.99	44.97	3.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	40.00	-*	2.88
M55774 STICKS, MAX SNAX PIZZA W/MARINARA AP WG 2.0																								
108.00 @ 2 each	319.87	3.00	8.44	609.89	10.00	28.13	39.98	20.00	10.00	4.00	0.00*	498.95*	-*	-*	-*	8.98*	-*	-*	-*	-*	-*	459.92	-*	2.68
M51189 COND_Sauce, Chz SS W (LOL) .5																								
72.00 @ 2 fl oz	99.97	4.50	40.50	399.86	7.00	63.00	3.00	5.00	19.99	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	149.95	-*	0.00
M54561 NACHOS CHIXDCD RND 2.0 (2BG)																								
24.00 @ 1 each	405.80	6.98	15.47	693.54	19.57	43.41	36.86	18.74	51.66	3.38	10.37*	131.17	0.00*	0.07*	0.19*	1.20	0.00*	0.00*	0.03*	0.01*	0.00*	202.33	2.69*	1.45
M54868 VEG: BROCCOLI, FRESH CKD MARG 1/2C																								
20.00 @ 1/2 cup	35.62	1.19	30.01	10.98	3.03	76.46	1.92	0.64	0.00	0.88	79.66	414.69	0.00*	0.39*	37.80*	17.39	0.02*	0.03*	0.15*	0.05*	0.00*	10.72	17.95*	0.18
M50823 VEG: TOMATOES, GRAPE 1/2C																								
30.00 @ 1/2 cup	15.52	0.02	1.40	4.31	0.17	10.00	3.35	0.76	0.00	1.03	204.35	718.25	0.00	0.47	6.81	11.81	0.03	0.02	0.51	0.07	0.00	8.62	20.69	0.23
M51731 VEG: POTATO SWT, FF CRINKLE 1/2C																								
7.00 @ 1/2 cup	137.66	0.53	3.46	180.02	4.77	31.15	23.30	1.06	0.00	3.18	243.56	3176.86	-*	-*	-*	6.35	-*	-*	-*	-*	-*	21.18	-*	0.38
M51113 FRUIT: ORANGE 138ct Whole 1/2c																								
120.00 @ 1 each	46.97	0.01	0.29	0.00	0.12	2.30	11.74	0.94	0.00	2.40	180.87	224.84	0.00	0.18	0.00	53.16	0.09	0.04	0.28	0.06	0.00	39.97	13.99	0.10
M50427 FRUIT: FRUIT MIX w/Jc 1/2c																								
56.00 @ 1/2 cup	60.01	0.00	0.00	5.00	0.00	0.00	13.00	1.00	0.00	1.00	-*	200.03	-*	-*	-*	1.20	-*	-*	-*	-*	-*	0.00	-*	0.00
M50982 JUICE SS, ORANGE 100% 4 FLOZ																								
225.00 @ 1 each	51.44	0.00	0.00	15.43	0.00	0.00	12.35	1.03	0.00	0.00	-*	0.00	-*	-*	-*	43.21	-*	-*	-*	-*	-*	0.00	-*	0.00
M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50																								
81.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Arbor Creek MS

**Service Area:** Arbor Creek - 6-8 - OVS

**Menu Name:** Arbor Creek MS 2018-2019 Menu - cycle 5 - week 3

**Avg.Method:** Weighted (USDA Default)

M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50

204.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00
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M50855 COND PC Ketchup 9g Heinz

300.00 @ 1 each	10.00	0.00	0.00	85.00	0.00	0.00	3.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50055 COND PC Mayonnaise 12g

11.00 @ 1 each	80.00	1.50	16.87	75.00	8.00	90.00	1.00	0.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50284 COND PC Mustard 6g

8.00 @ 1 each	0.00	0.00	-	65.00	0.00	-	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M53222 COND PC Margarine 5g

1.00 @ 1 each	30.00	1.00	30.00	30.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	500.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50624 COND PC Drsg Ranch 12g

50.00 @ 1 each	50.00	0.00	0.00	100.00	5.00	90.00	1.00	0.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50623 COND PC Drsg Italian 12g

29.00 @ 1 each	30.00	0.00	0.00	130.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	100.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M53116 COND PC Drsg Honey Mustard 12g

12.00 @ 1 each	15.00	0.00	0.00	65.00	0.00	0.00	4.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50056 COND PC Sauce, Taco 9g

21.00 @ 1 each	5.00	0.00	0.00	55.00	0.00	0.00	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50287 COND PC SAUCE, BBQ 12G PKT

50.00 @ 1 each	15.00	0.00	0.00	160.00	0.00	0.00	4.00	0.00	0.00	0.00	-*	100.00	-*	-*	-*	0.60	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50063 COND\_Sauce, Buffalo Wing AP

20.00 @ 1 tablespoon	4.38	0.02	4.79	363.06	0.22	45.51	0.48	0.11	0.17	0.12	21.32	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	2.22	-*	0.07
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M51445 VEG GARN: Rom Leaf/Tom SI

1.00 @ 1 serving	4.96	0.01	1.72	1.84	0.07	12.86	1.02	0.30	0.00	0.47	68.61	1352.71	0.00	0.09	15.65	2.51	0.02	0.01	0.13	0.02	0.00	6.10	7.65	0.18
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M50412 COND\_Pickle, Dill Slice 3ea

24.00 @ 3 slice	2.43	0.01	4.72	243.11	0.07	25.17	0.36	0.10	0.00	0.21	-*	0.00	-*	-*	-*	0.32	-*	-*	-*	-*	-*	12.97	-*	0.08
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M67301 NACHOS DORITO TOP-N-GO CHIXCHILI CH WG 2.0 (2BG) FUEL 01/19

24.00 @ 1 serving	382.32	7.46	17.56	584.71	17.66	41.56	38.00	16.67	45.94	4.14	110.41*	774.61*	0.82*	0.06*	1.35*	8.07*	0.01*	0.01*	0.11*	0.03*	0.00*	271.12	6.75*	1.37
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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Arbor Creek MS

**Service Area:** Arbor Creek - 6-8 - OVS

**Menu Name:** Arbor Creek MS 2018-2019 Menu - cycle 5 - week 3

**Avg.Method:** Weighted (USDA Default)

<b>Average</b>	716.3	7.24	9.1	1270.36	21.77	27.35	90.62	39.27	57.63	6.83	177.75*	1282.32*	.18*	.16*	4.18*	63.79*	.04*	.03*	.57*	.06*	.17*	659.22	24.33*	3.67
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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Arbor Creek MS

**Service Area:** Arbor Creek - 6-8 - OVS

**Menu Name:** Arbor Creek MS 2018-2019 Menu - cycle 5 - week 3

**Avg.Method:** Weighted (USDA Default)

**Age Group:** Brkfst Grades K-8      **Period:** Breakfast      **Week:** 3      **Day:** Friday      **Count Type:** Forecasted      **Total No. of Customers:** 32

Weekly Std. (Target 1)	SFA		Na (mg)	Fat		CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)	
	CAL	(g)		% of CAL	(g)																			% of CAL
400.00-500.00		10.00	540.00																					

M52132 EGG: Scrambled CH SS 2.0

12.00 @ 1 No 16 Scoop	93.21	3.14	30.34	124.17	6.63	64.02	1.35	7.23	177.26	0.00	0.00*	289.30	-*	-*	-*	0.00	-*	-*	-*	-*	-*	94.31	-*	0.84
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M51237 BRD: BREAD WG, Tst Marg 1sl

12.00 @ 1 slice	110.00	1.33	10.91	160.00	4.33	35.45	15.00	3.00	0.00	1.00	1.33*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	1.08
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M50210 PORK: Bacon Ckd 2sl

12.00 @ 2 slice	52.31	1.36	23.40	142.30	3.98	68.40	0.31	3.87	12.03	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.11
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M51320 CEREAL BWL, Rice Krispies WG

1.00 @ 1 bowl	100.00	0.00	0.00	170.00	0.50	4.50	23.00	2.00	0.00	1.00	-*	1000.03	-*	-*	-*	12.00	-*	-*	-*	-*	-*	0.00	-*	8.10
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M50208 CEREAL BWL, CINN TST CRUNCH RS WG

1.00 @ 1 bowl	110.00	0.50	4.09	160.00	3.00	24.54	22.00	1.00	0.00	3.00	-*	400.01	-*	-*	-*	4.80	-*	-*	-*	-*	-*	200.01	-*	3.60
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M50442 CEREAL BWL, Cocoa Puffs RS WG

1.00 @ 1 bowl	110.05	0.00	0.00	160.08	1.50	12.27	25.01	2.00	0.00	2.00	-*	500.25	-*	-*	-*	6.00	-*	-*	-*	-*	-*	100.05	-*	4.50
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M50524 CEREAL BWL, Lucky Charms WG

1.00 @ 1 bowl	110.00	0.00	0.00	180.00	1.00	8.18	23.00	2.00	0.00	2.00	-*	500.01	-*	-*	-*	6.00	-*	-*	-*	-*	-*	100.00	-*	4.50
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M50525 CEREAL BWL, Trix RS WG

1.00 @ 1 bowl	110.00	0.00	0.00	140.00	1.00	8.18	24.00	1.00	0.00	1.00	-*	400.01	-*	-*	-*	4.80	-*	-*	-*	-*	-*	80.00	-*	4.50
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M52725 BRD: BAR, Cereal CocoPuf WG IW

3.00 @ 1 each	150.00	0.00	0.00	100.00	3.00	18.00	30.00	3.00	0.00	3.00	-*	100.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	200.00	-*	1.80
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M52724 BRD: BAR, Cereal CinnTst WG IW

1.00 @ 1 each	150.00	0.00	0.00	115.00	3.50	21.00	30.00	2.00	0.00	3.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	200.00	-*	1.80
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M51267 BRD: MUF AP, BLUEBRY 2OZ IW WG (1BG)

9.00 @ 1 muffin	190.00	2.00	9.47	130.00	6.00	28.42	30.00	3.00	40.00	2.00	135.10	100.00	16.00	-*	-*	0.00	-*	-*	-*	-*	-*	20.00	-*	1.08
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M51268 BRD: MUF AP, CHOC CHOC CHIP 2OZ IW WG (1BG)

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Arbor Creek MS

**Service Area:** Arbor Creek - 6-8 - OVS

**Menu Name:** Arbor Creek MS 2018-2019 Menu - cycle 5 - week 3

**Avg.Method:** Weighted (USDA Default)

12.00 @ 1 muffin	200.00	2.00	9.00	130.00	6.00	27.00	32.00	4.00	40.00	2.00	159.95	100.00	16.00	-*	-*	0.00	-*	-*	-*	-*	-*	40.00	-*	1.44
M51848 BRD: POPTARTS, Straw 1.76oz WG																								
12.00 @ 1 package	180.00	1.00	5.00	190.00	2.50	12.50	38.00	2.00	0.00	3.00	-*	500.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	100.00	-*	1.80
M51849 BRD: POPTARTS, Cinn 1.76oz WG																								
1.00 @ 1 package	190.00	1.00	4.74	200.00	3.00	14.21	38.00	2.00	0.00	3.00	-*	500.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	100.00	-*	1.80
M51684 BRD: POPTARTS, Fudge 1.76oz WG																								
1.00 @ 1 package	190.00	1.00	4.74	200.00	3.00	14.21	38.00	3.00	0.00	3.00	-*	500.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	100.00	-*	1.80
M51994 CHEESE, COLBY JK Stick 1ea 1.0																								
15.00 @ 1 stick	90.00	4.00	40.00	200.01	6.00	60.00	0.00	7.00	20.00	0.00	0.00	200.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	200.01	-*	0.00
M51237 BRD: BREAD WG, Tst Marg 1sl																								
6.00 @ 1 slice	110.00	1.33	10.91	160.00	4.33	35.45	15.00	3.00	0.00	1.00	1.33*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	1.08
M50543 FRUIT: BANANA (100-120ct) Whl																								
2.00 @ 1 each	93.95	0.12	1.13	1.06	0.35	3.34	24.11	1.15	0.00	2.74	377.91	67.56	0.00	0.11	0.53	9.18	0.03	0.08	0.70	0.39	0.00	5.28	23.22	0.27
M50427 FRUIT: FRUIT MIX w/Jc 1/2c																								
4.00 @ 1/2 cup	60.01	0.00	0.00	5.00	0.00	0.00	13.00	1.00	0.00	1.00	-*	200.03	-*	-*	-*	1.20	-*	-*	-*	-*	-*	0.00	-*	0.00
M50979 JUICE SS, Apple 100% 4oz Cart																								
33.00 @ 1 each	60.00	0.00	0.00	15.00	0.00	0.00	14.00	0.00	0.00	0.00	85.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50																								
2.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00
M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50																								
17.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00
M53222 COND PC Margarine 5g																								
6.00 @ 1 each	30.00	1.00	30.00	30.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	500.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50854 COND PC Jelly, #4 Smuckers																								
6.00 @ 1 each	35.00	0.00	0.00	5.00	0.00	0.00	9.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50058 COND PC Syrup 1.4oz Smuckers																								
12.00 @ 1 each	110.00	0.00	0.00	25.00	0.00	0.00	29.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
<b>Average</b>	601.39	6.37	9.53	626.87	15.64	23.41	95.1	17.92	109.89	4.14	210.01*	1003.36	10.5*	.01*	.03*	2.67	0*	0*	.04*	.02*	0*	411.95	1.45*	3.62

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Arbor Creek MS

**Service Area:** Arbor Creek - 6-8 - OVS

**Menu Name:** Arbor Creek MS 2018-2019 Menu - cycle 5 - week 3

**Avg.Method:** Weighted (USDA Default)

**Age Group:** Lunch Grades 6-8      **Period:** Lunch      **Week:** 3      **Day:** Friday      **Count Type:** Forecasted      **Total No. of Customers:** 350

Weekly Std. (Target 1)	SFA		Na (mg)	Fat		CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)	
	CAL	(g)		% of CAL	(g)																			% of CAL
600.00-700.00			1360.00																					

M54044 ORI ChixPop GenTso Broc WG 2.0

87.00 @ 8 fl oz	333.34	2.83	7.65	661.02	14.75	39.83	32.61	17.50	22.49	5.05	134.03*	660.55	0.00*	0.68*	37.13*	45.13	0.05*	0.04*	0.36*	0.15*	0.00*	64.02	28.49*	2.48
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M51074 RICE, Plain WG 2BG

87.00 @ 1 cup	203.54	0.41	1.81	8.42	1.70	7.50	42.35	4.75	0.00	1.87	118.85	0.00*	0.00*	0.00*	0.00*	0.00*	0.00*	0.00*	0.00*	0.00*	0.00*	10.97	0.00*	0.43
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M54076 SALAD, CHam Chef SC W 2.25

6.00 @ 1 each	178.23	4.55	22.99	376.48	10.62	53.63	5.72	14.69	141.25	1.26	146.57*	5233.02	0.00*	0.12*	43.60*	7.46	0.04*	0.04*	0.25*	0.06*	0.00*	131.60	17.48*	1.23
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M51680 BRD: ROLL DG, WG 2.5oz

6.00 @ 1 each	170.00	0.50	2.65	135.00	3.00	15.88	28.00	7.00	0.00	3.40	-*	0.01	-*	-*	-*	0.01	-*	-*	-*	-*	-*	12.70	-*	0.85
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M66732 WRAP 10", CHAM TKY AM WG 2.0

6.00 @ 1 each	369.92	7.39	17.99	951.19	16.02	38.97	34.54	21.10	67.50	3.94	137.21*	2905.42	0.00*	0.19*	31.30*	5.02	0.03*	0.02*	0.26*	0.04*	0.00*	272.19	15.31*	2.24
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M50962 SDW BD, SBJ WG 2.0

1.00 @ 1 sandwich	658.38	3.99	5.45	579.16	35.89	49.06	69.87	19.95	0.00	5.99	378.78*	0.00	0.00*	-*	-*	0.00	-*	-*	-*	-*	-*	59.81	-*	5.35
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M53347 SDW BD, SB WG 2.0

2.00 @ 1 sandwich	558.71	3.99	6.42	579.16	35.89	57.81	43.95	19.95	0.00	5.99	378.78*	0.00	0.00*	-*	-*	0.00	-*	-*	-*	-*	-*	59.81	-*	5.35
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M51578 PIZZA 16" CHZ WG 2.0

40.00 @ 1/8 cut	351.26	7.50	19.22	810.03	15.50	39.72	30.87	19.38	30.00	3.25	-*	403.18	-*	-*	-*	0.90	-*	-*	-*	-*	-*	419.72	-*	1.13
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M53000 PIZZA 16" Pepperoni WG 2.0

40.00 @ 1/8 cut	388.75	9.00	20.84	937.53	19.00	43.99	31.12	20.88	37.50	3.25	-*	403.18	-*	-*	-*	0.90	-*	-*	-*	-*	-*	419.72	-*	1.22
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M51436 BEEF Finger, AP WG 2.0

60.00 @ 4 each	310.03	4.50	13.06	320.03	19.00	55.16	20.00	15.00	35.00	3.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	40.00	-*	2.70
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M51680 BRD: ROLL DG, WG 2.5oz

60.00 @ 1 each	170.00	0.50	2.65	135.00	3.00	15.88	28.00	7.00	0.00	3.40	-*	0.01	-*	-*	-*	0.01	-*	-*	-*	-*	-*	12.70	-*	0.85
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M51417 BURG, Beef AP WG 2.0

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Arbor Creek MS

**Service Area:** Arbor Creek - 6-8 - OVS

**Menu Name:** Arbor Creek MS 2018-2019 Menu - cycle 5 - week 3

**Avg.Method:** Weighted (USDA Default)

22.00 @ 1 each	240.00	2.00	7.50	345.00	7.00	26.25	29.00	16.00	25.00	2.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	60.00	-*	2.88
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M50821 BURG, Beef AM AP WG 2.25

42.00 @ 1 each	285.00	4.25	13.42	545.00	10.50	33.16	29.50	18.50	37.50	2.00	-*	100.00	-*	-*	-*	0.00	-*	-*	-*	-*	135.00	-*	2.88
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M53770 SDW BN, CHIXPTY PLN WG/WG2.0 MWWW

24.00 @ 1 sandwich	339.76	1.50	3.97	589.66	10.99	29.11	35.99	23.98	44.95	5.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	40.00	-*	2.52
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M52952 SDW BN, CHIXPTY BRD SPCY WG/WG 2.0 MWWW

26.00 @ 1 sandwich	339.86	2.00	5.29	629.77	11.99	31.76	35.99	23.99	44.97	3.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	40.00	-*	2.88
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M53275 MELT BD, AM WG 2.0

20.00 @ 1 sandwich	385.00	11.25	26.30	1320.00	19.50	45.58	32.50	18.50	62.50	2.00	-*	500.00	-*	-*	-*	0.00	-*	-*	-*	-*	375.00	-*	2.16
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M54864 VEG: BLEND, 5 WAY MIX FZ MARG 1/2C

7.00 @ 1/2 cup	99.18	1.20	10.90	39.27	3.08	27.99	14.69	3.21	0.00	4.94	190.80	4799.21	0.00*	0.43*	26.37*	3.59	0.08*	0.13*	0.95*	0.08*	0.00*	28.05	57.23*	0.92
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M52815 VEG: PEPPERS, Red Strips1/2c

30.00 @ 1/2 cup	15.56	0.01	0.78	2.01	0.15	8.71	3.03	0.50	0.00	1.05	105.92	1571.73	0.00	0.79	2.46	64.10	0.03	0.04	0.49	0.15	0.00	3.51	13.05	0.22
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M51297 VEG: SALAD, Side GardChop 1c

11.00 @ 1 cup	16.35	0.03	1.45	12.76	0.18	9.94	3.56	0.83	0.00	1.42	182.84	5064.79	0.00	0.18	45.89	9.01	0.05	0.04	0.32	0.07	0.00	22.30	22.02	0.52
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M53419 VEG: POTATO, FF CTINAGEN7 1/2C

224.00 @ 1/2 cup	119.99	1.33	10.00	133.32	4.67	35.00	17.33	2.00	0.00	2.00	259.98	0.00	-*	-*	-*	3.20	-*	-*	-*	-*	0.00	-*	0.48
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M50543 FRUIT: BANANA (100-120ct) Whl

38.00 @ 1 each	93.95	0.12	1.13	1.06	0.35	3.34	24.11	1.15	0.00	2.74	377.91	67.56	0.00	0.11	0.53	9.18	0.03	0.08	0.70	0.39	0.00	5.28	23.22	0.27
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M53549 FRUIT: APPLESAUCE,Unswt AP1/2c

93.00 @ 1/2 cup	52.77	0.00	0.00	10.55	0.00	0.00	13.72	0.00	0.00	2.11	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	0.00	-*	0.00
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M50980 JUICE SS, Frt Bld 100% 4oz Crt

197.00 @ 1 each	60.00	0.00	0.00	10.00	0.00	0.00	14.00	0.00	0.00	0.00	100.00	0.00	-*	-*	-*	3.60	-*	-*	-*	-*	0.00	-*	0.00
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M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50

41.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	300.00	-*	0.00
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M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50

209.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	300.00	-*	0.00
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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Arbor Creek MS

**Service Area:** Arbor Creek - 6-8 - OVS

**Menu Name:** Arbor Creek MS 2018-2019 Menu - cycle 5 - week 3

**Avg.Method:** Weighted (USDA Default)

M50855 COND PC Ketchup 9g Heinz

300.00 @ 1 each	10.00	0.00	0.00	85.00	0.00	0.00	3.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50055 COND PC Mayonnaise 12g

18.00 @ 1 each	80.00	1.50	16.87	75.00	8.00	90.00	1.00	0.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50284 COND PC Mustard 6g

5.00 @ 1 each	0.00	0.00	-	65.00	0.00	-	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M53222 COND PC Margarine 5g

40.00 @ 1 each	30.00	1.00	30.00	30.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	500.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50624 COND PC Drsg Ranch 12g

50.00 @ 1 each	50.00	0.00	0.00	100.00	5.00	90.00	1.00	0.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50623 COND PC Drsg Italian 12g

1.00 @ 1 each	30.00	0.00	0.00	130.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	100.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M53116 COND PC Drsg Honey Mustard 12g

25.00 @ 1 each	15.00	0.00	0.00	65.00	0.00	0.00	4.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50056 COND PC Sauce, Taco 9g

29.00 @ 1 each	5.00	0.00	0.00	55.00	0.00	0.00	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50287 COND PC SAUCE, BBQ 12G PKT

50.00 @ 1 each	15.00	0.00	0.00	160.00	0.00	0.00	4.00	0.00	0.00	0.00	-*	100.00	-*	-*	-*	0.60	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50063 COND\_Sauce, Buffalo Wing AP

14.00 @ 1 tablespoon	4.38	0.02	4.79	363.06	0.22	45.51	0.48	0.11	0.17	0.12	21.32	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	2.22	-*	0.07
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M51445 VEG GARN: Rom Leaf/Tom SI

1.00 @ 1 serving	4.96	0.01	1.72	1.84	0.07	12.86	1.02	0.30	0.00	0.47	68.61	1352.71	0.00	0.09	15.65	2.51	0.02	0.01	0.13	0.02	0.00	6.10	7.65	0.18
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M50412 COND\_Pickle, Dill Slice 3ea

20.00 @ 3 slice	2.43	0.01	4.72	243.11	0.07	25.17	0.36	0.10	0.00	0.21	-*	0.00	-*	-*	-*	0.32	-*	-*	-*	-*	-*	12.97	-*	0.08
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M67301 NACHOS DORITO TOP-N-GO CHIXCHILI CH WG 2.0 (2BG) FUEL 01/19

24.00 @ 1 serving	382.32	7.46	17.56	584.71	17.66	41.56	38.00	16.67	45.94	4.14	110.41*	774.61*	0.82*	0.06*	1.35*	8.07*	0.01*	0.01*	0.11*	0.03*	0.00*	271.12	6.75*	1.37
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<b>Average</b>	714.21	7.1	8.95	1138.15	23.18	29.21	93.67	30.92	47.24	7.48	361.94*	1319.5*	.06*	.27*	12.89*	24.22*	.02*	.03*	.25*	.1*	0*	414.24	13.61*	3.25
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