



March 2019

Middle School Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
NATIONAL NUTRITION MONTH EAT A RAINBOW <i>Celebrate National Nutrition Month with a colorful variety of fresh new fruits and vegetables served daily during March!</i>				1 FIRST FRIDAY FINDS Italian Chicken Risotto Egg Chef Salad (V) Turkey & Cheese Sandwich
4 ★ NEW ITEM! Chicken Fried Steak Sandwich Buffalo Chicken Salad Turkey & Cheese Sandwich Buzzer Beater Basket	5 CELEBRATE MARDI GRAS Chicken & Sausage Etouffee Cajun Cheeseburger Ham & Cheese Salad (P) Chicken Caesar Wrap Buzzer Beater Basket	6 Meatloaf with Roll Chicken Taco Salad Turkey & Cheese Sub Buzzer Beater Basket	7 Chicken Penne Alfredo Italian Salad (P) Buffalo Chicken Wrap Buzzer Beater Basket	8 Sweet & Sour Chicken and Broccoli with Rice Turkey Chef Salad Ham & Cheese Sub Buzzer Beater Basket
11 ENJOY SPRING BREAK! No School	12 No School	13 No School	14 No School	15 No School
18 ★ NEW ITEM! Honey Mustard Chicken Melt Buffalo Chicken Salad Turkey & Cheese Sandwich	19 ★ NEW ITEM! Beef Quesadilla Cheese Quesadilla (V) Turkey & Cheese Salad Chicken Caesar Wrap	20 NATIONAL RAVIOLI DAY Cheese Ravioli (V) Chicken Taco Salad Ham & Cheese Sub	21 Cheesy Baked Penne (V) Italian Salad (P) Honey Mustard Chicken Wrap	22 Popcorn Chicken Mashed Potato Bowl Turkey Chef Salad All-American Sub
25 Ranch Chicken Club Flatbread All-American Cobb Salad (P) Turkey & Cheese Sub	26 ★ NEW ITEM! BBQ Mac & Cheese Egg Chef Salad (V) Buffalo Chicken Wrap	27 BREAKFAST FOR LUNCH Spicy Chicken & Waffles Sandwich Southwest Salad (V) Ham & Cheese Sub	28 "SOMETHING ON A STICK" DAY Corn Dog with Pasta Salad Popcorn Chicken Salad Turkey & Cheese Sandwich	29 General Tso's Chicken & Broccoli with Rice Ham Chef Salad Ham, Turkey & Cheese Wrap

STAY UP TO DATE



www.lisd.schoolidsh.com



@LISDNutrition

Offered Daily:

- Breaded Chicken Sandwich, Hamburger, Cheeseburger, Cheese Pizza (V), Sunbutter & Jelly Sandwich (V)
- Mon./Wed.: Popcorn Chicken, Pizza Sticks with Marinara (V), Pepperoni Pizza (P)
- Tues./Thurs.: Chicken Tenders, Nachos, Crisпитos, Specialty Pizza
- Fri.: Beef Fingers with Gravy, Grilled Cheese (V), Pepperoni Pizza (P)
- (V) Denotes vegetarian item
- (P) Denotes pork item

All meals offered with a choice of fruit and choice of milk (1% white and skim chocolate)

*Menu subject to change

