



DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Flower Mound HS

Service Area: Flower Mound - 9-12 - OVS

Menu Name: Flower Mound HS 2018-2019 Menu - cycle 6 - week 5

Avg.Method: Weighted (USDA Default)

Age Group: Brkfst Grades K-12 **Period:** Breakfast **Week:** 5 **Day:** Monday **Count Type:** Forecasted **Total No. of Customers:** 45

Weekly Std. (Target 1)	SFA		Na (mg)	Fat		CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)	
	CAL	% of CAL		(g)	% of CAL																			
450.00-500.00		10.00	540.00																					

M54297 BRD: DONUT, GLAZE MAPLE WG

30.00 @ 1 each	339.70	7.00	18.55	303.76	16.00	42.39	45.30	5.00	0.00	2.81	0.30*	9.50	0.00*	0.00*	0.00*	0.00	0.00*	0.00*	0.00*	0.00*	0.00*	0.00*	14.17	0.00*	0.71
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M51320 CEREAL BWL, Rice Krispies WG

2.00 @ 1 bowl	100.00	0.00	0.00	170.00	0.50	4.50	23.00	2.00	0.00	1.00	-*	1000.03	-*	-*	-*	12.00	-*	-*	-*	-*	-*	0.00	-*	8.10
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M50208 CEREAL BWL, CINN TST CRUNCH RS WG

3.00 @ 1 bowl	110.00	0.50	4.09	160.00	3.00	24.54	22.00	1.00	0.00	3.00	-*	400.01	-*	-*	-*	4.80	-*	-*	-*	-*	-*	200.01	-*	3.60
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M50442 CEREAL BWL, Cocoa Puffs RS WG

1.00 @ 1 bowl	110.05	0.00	0.00	160.08	1.50	12.27	25.01	2.00	0.00	2.00	-*	500.25	-*	-*	-*	6.00	-*	-*	-*	-*	-*	100.05	-*	4.50
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M50524 CEREAL BWL, Lucky Charms WG

1.00 @ 1 bowl	110.00	0.00	0.00	180.00	1.00	8.18	23.00	2.00	0.00	2.00	-*	500.01	-*	-*	-*	6.00	-*	-*	-*	-*	-*	100.00	-*	4.50
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M50525 CEREAL BWL, Trix RS WG

1.00 @ 1 bowl	110.00	0.00	0.00	140.00	1.00	8.18	24.00	1.00	0.00	1.00	-*	400.01	-*	-*	-*	4.80	-*	-*	-*	-*	-*	80.00	-*	4.50
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M52725 BRD: BAR, Cereal CocoPuf WG IW

1.00 @ 1 each	150.00	0.00	0.00	100.00	3.00	18.00	30.00	3.00	0.00	3.00	-*	100.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	200.00	-*	1.80
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M52724 BRD: BAR, Cereal CinnTst WG IW

2.00 @ 1 each	150.00	0.00	0.00	115.00	3.50	21.00	30.00	2.00	0.00	3.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	200.00	-*	1.80
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M51267 BRD: MUF AP, BLUEBRY 2OZ IW WG (1BG)

2.00 @ 1 muffin	190.00	2.00	9.47	130.00	6.00	28.42	30.00	3.00	40.00	2.00	135.10	100.00	16.00	-*	-*	0.00	-*	-*	-*	-*	-*	20.00	-*	1.08
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M51268 BRD: MUF AP, CHOC CHOC CHIP 2OZ IW WG (1BG)

2.00 @ 1 muffin	200.00	2.00	9.00	130.00	6.00	27.00	32.00	4.00	40.00	2.00	159.95	100.00	16.00	-*	-*	0.00	-*	-*	-*	-*	-*	40.00	-*	1.44
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M51848 BRD: POPTARTS, Straw 1.76oz WG

4.00 @ 1 package	180.00	1.00	5.00	190.00	2.50	12.50	38.00	2.00	0.00	3.00	-*	500.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	100.00	-*	1.80
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M51849 BRD: POPTARTS, Cinn 1.76oz WG

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DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Flower Mound HS

Service Area: Flower Mound - 9-12 - OVS

Menu Name: Flower Mound HS 2018-2019 Menu - cycle 6 - week 5

Avg.Method: Weighted (USDA Default)

4.00 @ 1 package	190.00	1.00	4.74	200.00	3.00	14.21	38.00	2.00	0.00	3.00	-*	500.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	100.00	-*	1.80
M51684 BRD: POPTARTS, Fudge 1.76oz WG																								
2.00 @ 1 package	190.00	1.00	4.74	200.00	3.00	14.21	38.00	3.00	0.00	3.00	-*	500.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	100.00	-*	1.80
M51994 CHEESE, COLBY JK Stick 1ea 1.0																								
3.00 @ 1 stick	90.00	4.00	40.00	200.01	6.00	60.00	0.00	7.00	20.00	0.00	0.00	200.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	200.01	-*	0.00
M50792 YOGURT SS, Trix Strawb/Ban 4oz																								
1.00 @ 1 each	80.00	0.00	0.00	60.00	0.50	5.63	15.00	4.00	5.00	0.00	140.00	500.04	-*	-*	-*	0.00	-*	-*	-*	-*	-*	100.01	-*	0.00
M51237 BRD: BREAD WG, Tst Marg 1sl																								
2.00 @ 1 slice	110.00	1.33	10.91	160.00	4.33	35.45	15.00	3.00	0.00	1.00	1.33*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	1.08
M50670 EGG: Hard Boiled FC AP 1.5																								
2.00 @ 1 each	80.00	1.50	16.88	60.00	5.00	56.25	1.00	6.00	185.00	0.00	-*	300.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	20.00	-*	0.72
M52975 BRD: WAFFLE, RS SS WG (3.25BG)																								
6.00 @ 1 each	240.06	0.00	0.00	506.14	2.86	10.71	50.30	6.86	0.00	6.86	1.05*	0.00	0.00*	0.00*	0.00*	0.00	0.00*	0.00*	0.00*	0.00*	0.00*	288.94	0.00*	3.09
M52657 FRUIT: BLUEBERRIES, Fz 1/8c																								
6.00 @ 1/8 cup	8.89	0.01	0.94	0.17	0.11	11.29	2.12	0.07	0.00	0.47	9.41	8.01	0.00	0.08	2.86	0.44	0.01	0.01	0.09	0.01	0.00	1.39	1.92	0.03
M53629 FRUIT: STRAWBERRIES, FRESH 1/8C																								
6.00 @ 1/8 cup	6.14	0.00	0.42	0.19	0.06	8.44	1.47	0.13	0.00	0.38	29.37	2.30	0.00	0.06	0.42	11.29	0.00	0.00	0.07	0.01	0.00	3.07	4.61	0.08
M52817 DESRT: TOPPING, CHOCOLATE CHIPS SEMISWT (TBSP)																								
6.00 @ 1 tablespoon	51.03	1.89	33.28	1.17	3.19	56.25	6.79	0.45	0.00	0.63	38.80	0.00	0.00	0.03	0.60	0.00	0.01	0.01	0.05	0.00	0.00	3.40	14.03	0.33
M52816 DESRT: TOPPING, Whipd NonDairy																								
6.00 @ 1 tablespoon	12.92	1.03	72.00	0.00	1.03	72.00	1.03	0.00	0.00	0.00	-*	0.10	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.20	-*	0.00
M66601 FRUIT: PEARS 135CT WHOLE 1/2C																								
37.00 @ 1 each	77.53	0.03	0.35	1.36	0.19	2.21	20.71	0.49	0.00	4.22	157.77	34.00	0.00	0.16	5.98	5.85	0.02	0.04	0.22	0.04	0.00	12.24	16.32	0.24
M50178 FRUIT: PINEAPPLE Tbst w/Jc1/2c																								
4.00 @ 1/2 cup	78.55	0.01	0.14	1.20	0.10	1.10	18.92	0.51	0.00	0.96	146.98	-*	-*	-*	-*	11.45	-*	-*	-*	-*	-*	16.87	-*	0.34
M53365 JUICE SS, Grape100% 4oz Cart																								
11.00 @ 1 each	80.00	0.00	0.00	15.00	0.00	0.00	18.00	1.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00

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DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Flower Mound HS

Service Area: Flower Mound - 9-12 - OVS

Menu Name: Flower Mound HS 2018-2019 Menu - cycle 6 - week 5

Avg.Method: Weighted (USDA Default)

M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50

10.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00
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M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50

10.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00
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M53222 COND PC Margarine 5g

2.00 @ 1 each	30.00	1.00	30.00	30.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	500.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50854 COND PC Jelly, #4 Smuckers

1.00 @ 1 each	35.00	0.00	0.00	5.00	0.00	0.00	9.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50056 COND PC Sauce, Taco 9g

1.00 @ 1 each	5.00	0.00	0.00	55.00	0.00	0.00	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50058 COND PC Syrup 1.4oz Smuckers

12.00 @ 1 each	110.00	0.00	0.00	25.00	0.00	0.00	29.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M54299 BRD: DONUT, GLAZE MAPLE BACON WG

24.00 @ 1 each	352.78	7.34	18.73	339.33	16.99	43.36	45.38	5.97	3.01	2.81	0.30*	9.50	0.00*	0.00*	0.00*	0.00	0.00*	0.00*	0.00*	0.00*	0.00*	0.00*	14.17	0.00*	0.74
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Average	734.1	10.2	12.51	650.07	24.05	29.49	119.37	13.94	18.16	9.48	169.92*	547.43*	1.42*	.16*	5.44*	9.44	.02*	.04*	.21*	.04*	0*	275.73	16.16*	3.18
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DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Flower Mound HS

Service Area: Flower Mound - 9-12 - OVS

Menu Name: Flower Mound HS 2018-2019 Menu - cycle 6 - week 5

Avg.Method: Weighted (USDA Default)

Age Group: Lunch Grades 9-12 **Period:** Lunch **Week:** 5 **Day:** Monday **Count Type:** Forecasted **Total No. of Customers:** 534

Weekly Std. (Target 1)	SFA		Na (mg)	Fat		CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)	
	CAL	(g)		% of CAL	(g)																			% of CAL
750.00-850.00			1420.00																					

M51232 SDW BN, BfPty ChxFrStk WG 2.0

24.00 @ 1 sandwich	429.56	3.99	8.37	779.28	19.97	41.84	45.97	19.98	29.95	4.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	79.94	-*	3.24
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M50443 COND_Gravy, Country SS

71.00 @ 1/4 cup	34.17	0.00	0.00	196.86	0.49	12.86	5.86	0.00	0.00	0.00	0.53*	0.00	0.00*	0.00*	0.00*	0.00	0.00*	0.00*	0.00*	0.00*	0.00*	21.13	0.00*	0.00
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M51835 SALAD, CHIXPTY BUFRCHSCW2.0 MWWW

25.00 @ 1 each	289.24	2.53	7.88	730.48	15.96	49.65	12.82	20.41	51.72	4.33	160.78*	4976.51	0.00*	0.12*	43.60*	7.46	0.04*	0.04*	0.25*	0.06*	0.00*	34.66	17.48*	1.59
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M51831 BRD: BRDSTK DG, RIPSTK 1EA (1BG)

25.00 @ 1 each	80.00	0.00	0.00	95.00	1.00	11.25	15.00	3.00	0.00	2.00	-*	0.09	-*	-*	-*	0.00	-*	-*	-*	-*	-*	7.27	-*	0.71
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M52043 PIZZA HUT PIZZA 6" EXPRESS CHZ SS 2.25

30.00 @ 1 pizza	374.18	4.99	12.01	685.27	13.41	32.25	38.44	24.92	24.70	4.27	-*	692.07	-*	-*	-*	5.36	-*	-*	-*	-*	-*	410.71	-*	2.57
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M53931 PIZZA HUT PIZZA 6" EXPRESS PEPP SS 2.0

90.00 @ 1 pizza	385.19	5.31	12.42	711.32	14.98	35.01	38.49	24.17	27.17	4.35	-*	662.85	-*	-*	-*	5.43	-*	-*	-*	-*	-*	354.34	-*	2.65
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M54307 PIZZA HUT PIZZA 6" EXPRESS SSG SS 2.25

35.00 @ 1 pizza	439.08	7.15	14.66	836.54	20.45	41.92	38.35	25.40	37.42	4.27	-*	689.00	-*	-*	-*	5.36	-*	-*	-*	-*	-*	356.37	-*	2.86
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M54310 PIZZA HUT PIZZA 6" EXPRESS BBQ CHIX SS 2.25

20.00 @ 1 pizza	400.94	4.66	10.46	805.79	13.17	29.57	42.83	27.77	38.53	4.36	-*	667.19	-*	-*	-*	5.81	-*	-*	-*	-*	-*	350.99	-*	2.67
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M54520 PIZZA HUT COND PC CHEESE GRATED 2.5G

57.00 @ 1 each	10.00	0.00	0.00	50.00	1.00	90.00	0.00	1.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M54521 PIZZA HUT COND PC PEPPER RED CRUSHED 1G

29.00 @ 1 each	5.00	0.00	0.00	0.00	0.00	0.00	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M52963 CHIX Popcorn, AP WG 2.0

191.00 @ 1 serving	250.19	2.72	9.78	380.72	14.14	50.87	15.23	15.23	21.76	3.26	-*	108.78	-*	-*	-*	0.00	-*	-*	-*	-*	-*	43.51	-*	1.96
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M51753 CHIX Popcorn, AP Spicy WG 2.0

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DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Flower Mound HS

Service Area: Flower Mound - 9-12 - OVS

Menu Name: Flower Mound HS 2018-2019 Menu - cycle 6 - week 5

Avg.Method: Weighted (USDA Default)

75.00 @ 1 serving	247.14	2.69	9.78	365.34	13.97	50.87	16.12	13.97	21.49	2.15	-*	107.45	-*	-*	-*	0.00	-*	-*	-*	-*	-*	42.98	-*	1.93
M54482 CHIX NUGGET, BNLS WING HONEY SRIRACHA WG (6) 2.0 MWWM																								
5.00 @ 6 each	284.98	2.25	7.11	374.97	13.50	42.63	21.00	22.50	52.50	1.50	-*	299.98	-*	-*	-*	1.80	-*	-*	-*	-*	-*	0.00	-*	1.62
M51680 BRD: ROLL DG, WG 2.5oz																								
38.00 @ 1 each	170.00	0.50	2.65	135.00	3.00	15.88	28.00	7.00	0.00	3.40	-*	0.01	-*	-*	-*	0.01	-*	-*	-*	-*	-*	12.70	-*	0.85
M51951 HOT DOG, Plain WG 2.0 Hi																								
65.00 @ 1 each	320.00	8.00	22.50	890.01	18.00	50.62	28.00	11.00	35.00	2.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	40.00	-*	1.80
M55774 STICKS, MAX SNAX PIZZA W/MARINARA AP WG 2.0																								
60.00 @ 2 each	319.87	3.00	8.44	609.89	10.00	28.13	39.98	20.00	10.00	4.00	0.00*	498.95*	-*	-*	-*	8.98*	-*	-*	-*	-*	-*	459.92	-*	2.68
M54308 STICKS, CRISPITO CHIXCHILI AP WG 2.0 (2EA)																								
48.00 @ 2 each	540.00	6.00	10.00	740.00	28.00	46.67	46.00	24.00	50.00	6.00	-*	1500.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	80.00	-*	3.60
M51189 COND_Sauce, Chz SS W (LOL) .5																								
10.00 @ 2 fl oz	99.97	4.50	40.50	399.86	7.00	63.00	3.00	5.00	19.99	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	149.95	-*	0.00
M51228 BRD: BUN, Hamburger WG																								
175.00 @ 1 each	140.00	0.00	0.00	300.00	2.00	12.86	27.00	5.00	0.00	2.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	40.00	-*	1.44
M51648 BEEF Pty, AP 100% 2.0																								
75.00 @ 1 each	130.00	3.00	20.77	45.00	8.00	55.39	1.00	12.00	35.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	1.08
M51359 CHIX FLT, BREAST GRD 2.0 MWWM																								
5.00 @ 1 each	100.00	1.00	9.00	310.00	4.00	36.00	1.00	15.00	40.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.72
M51935 CHIX FLT, BREAST BRD WG 2.0 MWWM																								
34.00 @ 1 each	199.76	1.50	6.75	289.65	8.99	40.50	8.99	18.98	44.95	3.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	1.08
M51936 CHIX FLT, BREAST BRD SPICY WG 2.0 MWWM																								
63.00 @ 1 each	199.86	2.00	9.00	329.76	9.99	45.00	8.99	18.99	44.97	1.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	1.44
M53387 CHEESE, AM (184ct) Slices 0.25																								
60.00 @ 1 slice	45.00	2.25	45.00	199.99	3.50	70.00	0.50	2.50	12.50	0.00	-*	99.99	-*	-*	-*	0.00	-*	-*	-*	-*	-*	75.00	-*	0.00
M53383 CHEESE, CH Slices 0.5																								
34.00 @ 1 slice	55.00	2.50	40.91	90.00	4.50	73.64	0.50	3.00	15.00	0.00	10.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	99.51	-*	0.00
M51001 CHEESE, SW Slices 0.5																								

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DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Flower Mound HS

Service Area: Flower Mound - 9-12 - OVS

Menu Name: Flower Mound HS 2018-2019 Menu - cycle 6 - week 5

Avg.Method: Weighted (USDA Default)

5.00 @ 1 slice	55.00	2.50	40.91	25.00	4.50	73.64	0.00	4.00	12.50	0.00	10.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	124.51	-*	0.00
M53382 CHEESE, JK Slices 0.5																								
33.00 @ 1 slice	50.00	2.50	45.00	90.00	4.00	72.00	0.50	3.50	15.00	0.00	12.50	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	98.50	-*	0.00
M51004 CHEESE, PV Slices 0.5																								
12.00 @ 1 slice	50.00	2.50	45.00	125.01	3.50	63.00	0.50	3.50	10.00	0.00	20.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	106.01	-*	0.00
M51017 VEG GARN: Rom Leaf 1ea																								
42.00 @ 1 each	2.41	0.01	2.06	1.13	0.04	15.88	0.47	0.17	0.00	0.30	35.01	1234.63	0.00	0.02	14.53	0.57	0.01	0.01	0.04	0.01	0.00	4.68	4.25	0.14
M51008 VEG: TOMATOES, FRESH SLCD (2SL) 1/8C																								
53.00 @ 1/8 cup	5.10	0.01	1.40	1.42	0.06	10.00	1.10	0.25	0.00	0.34	67.18	236.14	0.00	0.15	2.24	3.88	0.01	0.01	0.17	0.02	0.00	2.83	6.80	0.08
M53391 VEG: ONIONS, Yellow Slice 1ea																								
7.00 @ 1 slice	2.83	0.00	0.94	0.28	0.01	2.25	0.66	0.08	0.00	0.12	10.35	0.14	0.00	0.00	0.03	0.52	0.00	0.00	0.01	0.01	0.00	1.63	2.06	0.01
M50892 COND_PEPPERS, JALAPENO CND TBSP																								
21.00 @ 1 tablespoon	3.12	0.00	0.00	240.96	0.09	27.20	0.48	0.09	0.00	0.26	19.38	-*	-*	-*	-*	1.00	-*	-*	-*	-*	-*	2.31	-*	0.19
M50176 COND_Pickle, Dill Slice 2ea																								
46.00 @ 2 slice	1.62	0.01	4.72	162.08	0.05	25.17	0.24	0.06	0.00	0.14	-*	0.00	-*	-*	-*	0.21	-*	-*	-*	-*	-*	8.65	-*	0.05
M50479 SDW BD, Tky PV WG 2.0																								
11.00 @ 1 sandwich	320.00	5.50	15.47	790.01	11.00	30.94	33.00	22.00	45.00	2.00	40.00*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	232.01	-*	2.52
M50962 SDW BD, SBJ WG 2.0																								
7.00 @ 1 sandwich	658.38	3.99	5.45	579.16	35.89	49.06	69.87	19.95	0.00	5.99	378.78*	0.00	0.00*	-*	-*	0.00	-*	-*	-*	-*	-*	59.81	-*	5.35
M53347 SDW BD, SB WG 2.0																								
2.00 @ 1 sandwich	558.71	3.99	6.42	579.16	35.89	57.81	43.95	19.95	0.00	5.99	378.78*	0.00	0.00*	-*	-*	0.00	-*	-*	-*	-*	-*	59.81	-*	5.35
M52708 BRD: ROLL DG, Sub 6" WG																								
3.00 @ 1 roll	170.00	0.00	0.00	180.00	3.00	15.88	29.00	6.00	0.00	3.00	-*	0.01	-*	-*	-*	0.20	-*	-*	-*	-*	-*	13.37	-*	1.43
M52782 BRD: FLATBREAD 6" X 6" 2OZ WG (2BG)																								
37.00 @ 1 each	180.00	1.00	5.00	330.00	5.00	25.00	28.00	6.00	0.00	3.00	-*	0.22	-*	-*	-*	0.06	-*	-*	-*	-*	-*	34.22	-*	1.76
M54775 BRD: CROISSANT, SLICED WG																								
2.00 @ 1 each	243.91	6.47	23.87	253.40	12.05	44.44	29.25	5.44	32.35	0.91	15.14	313.46	0.31	0.00	0.00	2.82	0.25	1.93	0.85	0.00	0.01	15.66	3.96	1.63

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DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Flower Mound HS

Service Area: Flower Mound - 9-12 - OVS

Menu Name: Flower Mound HS 2018-2019 Menu - cycle 6 - week 5

Avg.Method: Weighted (USDA Default)

M53393 TKY, Breast Sliced 1.0

20.00 @ 1 serving	60.00	0.50	7.50	220.00	2.00	30.00	2.00	9.00	25.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	20.00	-*	0.36
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M53569 CHIX, BLACK FOREST HAM SLICED 1.0

20.00 @ 1 serving	80.00	1.50	16.88	250.00	4.50	50.63	2.00	8.00	40.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.36
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M51976 CHIX Dcd Deli Salad W 1.0

1.00 @ 1 No 16 Scoop	76.63	0.94	10.98	129.00	4.42	51.89	1.48	6.99	24.65	0.18	27.40*	47.33	0.00*	0.03*	2.98*	0.37	0.00*	0.01*	0.03*	0.01*	0.00*	4.41	2.64*	0.30
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M51005 CHEESE, AM (184ct) Slices 1.0

6.00 @ 3 slice	134.99	6.75	45.00	599.97	10.50	70.00	1.50	7.50	37.50	0.00	-*	299.98	-*	-*	-*	0.00	-*	-*	-*	-*	-*	224.99	-*	0.00
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M53381 CHEESE, CH Slices 1.0

9.00 @ 2 slice	110.01	5.00	40.91	180.01	9.00	73.64	1.00	6.00	30.00	0.00	20.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	199.01	-*	0.00
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M53385 CHEESE, SW Slices 1.0

7.00 @ 2 slice	110.01	5.00	40.91	50.00	9.00	73.64	0.00	8.00	25.00	0.00	20.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	249.01	-*	0.00
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M50999 CHEESE, JK Slices 1.0

6.00 @ 2 slice	100.00	5.00	45.00	180.01	8.00	72.00	1.00	7.00	30.00	0.00	25.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	197.01	-*	0.00
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M51003 CHEESE, PV Slices 1.0

9.00 @ 2 slice	100.00	5.00	45.00	250.01	7.00	63.00	1.00	7.00	20.00	0.00	40.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	212.01	-*	0.00
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M51017 VEG GARN: Rom Leaf 1ea

30.00 @ 1 each	2.41	0.01	2.06	1.13	0.04	15.88	0.47	0.17	0.00	0.30	35.01	1234.63	0.00	0.02	14.53	0.57	0.01	0.01	0.04	0.01	0.00	4.68	4.25	0.14
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M51008 VEG: TOMATOES, FRESH SLCD (2SL) 1/8C

9.00 @ 1/8 cup	5.10	0.01	1.40	1.42	0.06	10.00	1.10	0.25	0.00	0.34	67.18	236.14	0.00	0.15	2.24	3.88	0.01	0.01	0.17	0.02	0.00	2.83	6.80	0.08
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M51013 VEG: ONIONS, Red Slice 1ea

10.00 @ 1 slice	2.83	0.00	0.94	0.28	0.01	2.25	0.66	0.08	0.00	0.12	10.35	0.14	0.00	0.00	0.03	0.52	0.00	0.00	0.01	0.01	0.00	1.63	2.06	0.01
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M52162 VEG: SPINACH, FRESH LEAVES 1/4C

6.00 @ 1/4 cup	3.12	0.01	2.47	10.73	0.05	15.26	0.49	0.39	0.00	0.30	75.79	1273.70	0.00	0.28	65.59	3.82	0.01	0.03	0.10	0.03	0.00	13.45	6.66	0.37
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M52661 VEG: CUCUMBER, Fresh Slice1/8c

1.00 @ 1/8 cup	2.75	0.01	2.22	0.37	0.02	6.60	0.66	0.12	0.00	0.09	26.91	19.22	0.00	0.01	3.00	0.51	0.00	0.01	0.02	0.01	0.00	2.93	4.39	0.05
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M53523 VEG: PEPPERS, Red Strips1/4c

4.00 @ 1/4 cup	7.78	0.01	0.78	1.00	0.08	8.71	1.51	0.25	0.00	0.53	52.96	785.87	0.00	0.40	1.23	32.05	0.01	0.02	0.25	0.07	0.00	1.76	6.53	0.11
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DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Flower Mound HS

Service Area: Flower Mound - 9-12 - OVS

Menu Name: Flower Mound HS 2018-2019 Menu - cycle 6 - week 5

Avg.Method: Weighted (USDA Default)

M50891 COND_OLIVES, BLACK SLICED TBSP

10.00 @ 1 tablespoon	14.04	0.17	10.96	58.74	1.27	81.48	0.52	0.13	0.00	0.31	-*	5.23	-*	-*	-*	0.21	-*	-*	-*	-*	-*	7.97	-*	0.18
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M50176 COND_Pickle, Dill Slice 2ea

6.00 @ 2 slice	1.62	0.01	4.72	162.08	0.05	25.17	0.24	0.06	0.00	0.14	-*	0.00	-*	-*	-*	0.21	-*	-*	-*	-*	-*	8.65	-*	0.05
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M66605 BRD: TORTILLA FLOUR 10" WG

69.00 @ 1 each	180.00	1.50	7.50	250.00	4.50	22.50	29.00	5.00	0.00	3.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	100.00	-*	1.44
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M66461 BRD: TORTILLA FLOUR 6" WG

6.00 @ 2 each	180.00	1.00	5.00	250.00	5.00	25.00	28.00	6.00	0.00	2.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	120.00	-*	1.44
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M54540 BRD: TORTILLA, CHIP RND WG 2BG

37.00 @ 1 serving	224.59	1.60	6.43	184.48	9.63	38.57	32.08	3.21	0.00	3.21	0.00	0.00	0.00	-*	-*	0.00	-*	-*	-*	-*	-*	48.13	-*	0.80
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M52224 RICE, Mex Spiced WG 1BG

45.00 @ 1/2 cup	109.96	0.22	1.77	66.08	0.94	7.73	22.26	2.54	0.99	1.15	76.27*	170.90*	0.00*	0.11*	1.15*	0.11*	0.00*	0.01*	0.05*	0.01*	0.00*	12.86	3.91*	0.57
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M51175 BEEF Gd, Taco Meat SC 1.0

120.00 @ 1 No 24 Scoop	78.71	1.65	18.88	56.06	4.38	50.12	1.22	8.02	25.24	0.15	122.30*	121.25	0.57*	0.08*	0.61*	1.55	0.01*	0.06*	1.81*	0.13*	0.79*	9.04	69.27*	1.00
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M52584 CHIX Strips, Fajita DkMt 1.0

40.00 @ 2 fl oz	76.93	1.01	11.78	124.77	3.56	41.66	1.34	10.09	35.00	0.09	9.12*	46.95	0.00*	0.07*	0.17*	0.02	0.00*	0.00*	0.03*	0.01*	0.00*	12.26	2.39*	0.69
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M67968 MMA: BEANS, PINTO KICKIN' 1.0

11.00 @ 1/4 cup	57.84	0.12	1.93	98.12	0.41	6.35	9.87	3.52	0.42	2.94	165.79*	37.72*	1.55*	0.00*	0.00*	0.64*	0.00*	0.00*	0.00*	0.00*	0.00*	32.66	0.00*	0.91
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M53386 CHEESE, CH Shreds 1.0

80.00 @ 2 fl oz	110.00	6.00	49.09	189.99	9.00	73.64	1.00	7.00	30.00	0.00	0.00	280.99	-*	-*	-*	0.00	-*	-*	-*	-*	-*	201.99	-*	0.19
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M50921 COND_Sauce, Chz SS W (LOL) 1.0

80.00 @ 3 fl oz	149.95	6.75	40.50	599.79	10.50	63.00	4.50	7.50	29.99	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	224.92	-*	0.00
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M51420 VEG GARN: Rom Shrds/Tom Dice

30.00 @ 1 serving	5.03	0.01	1.56	1.63	0.06	11.41	1.06	0.27	0.00	0.40	67.90	794.43	0.00	0.12	8.94	3.20	0.01	0.01	0.15	0.02	0.00	4.47	7.23	0.13
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M52379 VEG: ONIONS, Yellow Diced 1/8c

15.00 @ 1/8 cup	8.62	0.01	0.94	0.86	0.02	2.25	2.01	0.24	0.00	0.37	31.47	0.43	0.00	0.00	0.09	1.60	0.01	0.01	0.03	0.03	0.00	4.96	6.25	0.05
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M50892 COND_PEPPERS, JALAPENO CND TBSP

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DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Flower Mound HS

Service Area: Flower Mound - 9-12 - OVS

Menu Name: Flower Mound HS 2018-2019 Menu - cycle 6 - week 5

Avg.Method: Weighted (USDA Default)

35.00 @ 1 tablespoon	3.12	0.00	0.00	240.96	0.09	27.20	0.48	0.09	0.00	0.26	19.38	-*	-*	-*	-*	1.00	-*	-*	-*	-*	-*	2.31	-*	0.19
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M50891 COND_OLIVES, BLACK SLICED TBSP

15.00 @ 1 tablespoon	14.04	0.17	10.96	58.74	1.27	81.48	0.52	0.13	0.00	0.31	-*	5.23	-*	-*	-*	0.21	-*	-*	-*	-*	-*	7.97	-*	0.18
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M55430 COND_HERB, CILANTRO

10.00 @ 1 tablespoon	0.82	0.00	0.55	1.63	0.02	20.35	0.13	0.08	0.00	0.10	18.46	239.13	0.00	0.09	10.99	0.96	0.00	0.01	0.04	0.01	0.00	2.37	1.70	0.06
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M54864 VEG: BLEND, 5 WAY MIX FZ MARG 1/2C

48.00 @ 1/2 cup	99.18	1.20	10.90	39.27	3.08	27.99	14.69	3.21	0.00	4.94	190.80	4799.21	0.00*	0.43*	26.37*	3.59	0.08*	0.13*	0.95*	0.08*	0.00*	28.05	57.23*	0.92
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M50823 VEG: TOMATOES, GRAPE 1/2C

66.00 @ 1/2 cup	15.52	0.02	1.40	4.31	0.17	10.00	3.35	0.76	0.00	1.03	204.35	718.25	0.00	0.47	6.81	11.81	0.03	0.02	0.51	0.07	0.00	8.62	20.69	0.23
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M52149 VEG: SALAD, Side RomMix SC1c

48.00 @ 1 cup	13.23	0.02	1.38	12.10	0.15	10.29	2.85	0.69	0.00	1.26	146.56	4976.16	0.00	0.12	43.60	7.46	0.04	0.04	0.25	0.06	0.00	19.84	17.48	0.47
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M54853 VEG: POTATO, FF THIN CUT GEN7 1/2C

432.00 @ 1/2 cup	103.88	0.92	7.94	122.21	3.67	31.77	16.50	1.22	0.00	1.22	232.27	0.00	0.00	-*	-*	2.93	-*	-*	-*	-*	-*	0.00	-*	0.22
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M51731 VEG: POTATO SWT, FF CRINKLE 1/2C

10.00 @ 1/2 cup	137.66	0.53	3.46	180.02	4.77	31.15	23.30	1.06	0.00	3.18	243.56	3176.86	-*	-*	-*	6.35	-*	-*	-*	-*	-*	21.18	-*	0.38
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M50529 FRUIT: GRAPES, Fresh 1/2c

46.00 @ 1/2 cup	56.80	0.10	1.53	1.70	0.30	4.70	14.54	0.53	0.00	0.76	161.94	84.78	0.00	0.16	12.38	3.39	0.08	0.05	0.25	0.09	0.00	11.87	8.48	0.25
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M54313 FRUIT: CRANBERRIES, DRIED (USDA) SS 1.16 OZW

144.00 @ 1 each	101.29	0.03	0.26	1.64	0.36	3.19	27.23	0.06	0.00	1.74	16.11	15.13	0.00	0.69	2.50	0.07	0.00	0.01	0.18	0.01	0.00	2.96	2.63	0.13
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M50980 JUICE SS, Frt Bld 100% 4oz Crt

191.00 @ 1 each	60.00	0.00	0.00	10.00	0.00	0.00	14.00	0.00	0.00	0.00	100.00	0.00	-*	-*	-*	3.60	-*	-*	-*	-*	-*	0.00	-*	0.00
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M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50

42.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00
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M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50

197.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00
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M50855 COND PC Ketchup 9g Heinz

311.00 @ 1 each	10.00	0.00	0.00	85.00	0.00	0.00	3.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Flower Mound HS

Service Area: Flower Mound - 9-12 - OVS

Menu Name: Flower Mound HS 2018-2019 Menu - cycle 6 - week 5

Avg.Method: Weighted (USDA Default)

M50055 COND PC Mayonnaise 12g

56.00 @ 1 each	80.00	1.50	16.87	75.00	8.00	90.00	1.00	0.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50284 COND PC Mustard 6g

22.00 @ 1 each	0.00	0.00	-	65.00	0.00	-	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M53222 COND PC Margarine 5g

79.00 @ 1 each	30.00	1.00	30.00	30.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	500.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50624 COND PC Drsg Ranch 12g

88.00 @ 1 each	50.00	0.00	0.00	100.00	5.00	90.00	1.00	0.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50623 COND PC Drsg Italian 12g

38.00 @ 1 each	30.00	0.00	0.00	130.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	100.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M53116 COND PC Drsg Honey Mustard 12g

38.00 @ 1 each	15.00	0.00	0.00	65.00	0.00	0.00	4.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50056 COND PC Sauce, Taco 9g

38.00 @ 1 each	5.00	0.00	0.00	55.00	0.00	0.00	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50287 COND PC SAUCE, BBQ 12G PKT

67.00 @ 1 each	15.00	0.00	0.00	160.00	0.00	0.00	4.00	0.00	0.00	0.00	-*	100.00	-*	-*	-*	0.60	-*	-*	-*	-*	-*	0.00	-*	0.00
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M51391 COND_Mayo, Chipotle W

48.00 @ 1 tablespoon	26.19	0.35	12.18	91.54	2.49	85.73	0.97	0.01	3.54	0.01	1.00*	91.64	-*	-*	-*	0.40	-*	-*	-*	-*	-*	0.00	-*	0.02
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M50060 COND_Mayo W

48.00 @ 1 tablespoon	33.07	0.47	12.86	94.49	3.31	90.00	0.94	0.00	4.72	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50291 COND_Mustard, Yellow

48.00 @ 1 tablespoon	9.00	0.01	1.50	181.50	0.37	37.20	0.93	0.47	0.00	0.43	13.36	0.67	-*	-*	-*	0.13	-*	-*	-*	-*	-*	7.51	-*	0.19
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M50692 COND_Dressing, DijonHnyMustard

48.00 @ 1 tablespoon	65.00	0.75	10.38	90.00	5.50	76.15	3.50	0.00	7.50	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50622 COND_Dressing, Ranch Lite

48.00 @ 1 tablespoon	55.00	0.75	12.27	139.99	5.00	81.82	0.50	0.50	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	10.00	-*	0.00
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DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Flower Mound HS

Service Area: Flower Mound - 9-12 - OVS

Menu Name: Flower Mound HS 2018-2019 Menu - cycle 6 - week 5

Avg.Method: Weighted (USDA Default)

M50292 COND_Sauce, BBQ Original AP

48.00 @ 1 tablespoon	35.00	0.00	0.00	144.99	0.00	0.00	9.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	1.80	-*	-*	-*	-*	-*	0.00	-*	0.18
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M50063 COND_Sauce, Buffalo Wing AP

48.00 @ 1 tablespoon	4.38	0.02	4.79	363.06	0.22	45.51	0.48	0.11	0.17	0.12	21.32	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	2.22	-*	0.07
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M50087 COND_Salsa, Pico SC 1/8c

48.00 @ 1/8 cup	6.68	0.01	1.17	37.20	0.07	9.84	1.46	0.29	0.00	0.40	69.99	231.76*	0.00*	0.15*	2.94*	4.04	0.01*	0.01*	0.16*	0.03*	0.00*	4.19	7.40*	0.11
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M66157 COND_SALSA, BLNDR SC 1/8C

48.00 @ 1/8 cup	9.65	0.01	1.33	45.21	0.10	9.06	2.10	0.42	0.00	0.59	27.10*	148.65*	0.00*	0.05*	6.02*	4.65	0.01*	0.01*	0.03*	0.02*	0.00*	16.79	4.05*	0.19
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M53940 COND_Salsa, Verde SC 1/8c

48.00 @ 1/8 cup	10.75	0.03	2.54	25.36	0.23	19.29	2.13	0.37	0.00	0.61	83.93	260.93*	0.00*	0.16*	12.93*	3.96	0.02*	0.01*	0.40*	0.03*	0.00*	8.13	11.81*	0.22
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M53295 COND_Sour Cream AP

48.00 @ 1 tablespoon	30.00	1.75	52.50	25.00	3.00	90.00	1.00	0.50	10.00	0.00	-*	99.99	-*	-*	-*	0.00	-*	-*	-*	-*	-*	20.00	-*	0.00
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M67420 ENT: PLATE, CHIXNUGMWWM POPSPCY CELWFRIES BRDSTKPB WG2 FUEL3

24.00 @ 1 serving	521.28	4.92	8.49	1120.82	25.41	43.88	48.93	21.51	31.15	6.51	435.45*	350.08	0.00*	0.17*	18.17*	5.12	0.01*	0.04*	0.20*	0.05*	0.00*	73.02	14.88*	2.72
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M54723 VEG: CARROTS, FRESH RSTD 1/2C

24.00 @ 1/2 cup	66.88	0.29	3.88	76.91	2.49	33.50	10.96	1.02	0.00	4.00	312.88	22581.67	0.00	1.37*	18.33*	4.77	0.09*	0.06*	0.86*	0.20*	0.00*	40.22	39.93*	0.46
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Average	1001.87	12.2	10.96	1799.42	41.74	37.5	109.37	46.75	83.78	10.13	432.87*	3530.17*	.16*	.48*	18.46*	13.8*	.04*	.06*	.81*	.09*	.18*	520.67	34.35*	5.53
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DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Flower Mound HS

Service Area: Flower Mound - 9-12 - OVS

Menu Name: Flower Mound HS 2018-2019 Menu - cycle 6 - week 5

Avg.Method: Weighted (USDA Default)

Age Group: Brkfst Grades K-12 **Period:** Breakfast **Week:** 5 **Day:** Tuesday **Count Type:** Forecasted **Total No. of Customers:** 37

Weekly Std. (Target 1)	SFA		Na (mg)	Fat		CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)	
	CAL	(g)		% of CAL	(g)																			% of CAL
450.00-500.00		10.00	540.00																					

M52653 SDW BGL, EggPty ChixPty WG 2.0

23.00 @ 1 sandwich	305.00	2.50	7.38	505.01	11.50	33.94	27.00	16.00	107.50	5.50	-*	100.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	60.00	-*	3.06
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M51320 CEREAL BWL, Rice Krispies WG

2.00 @ 1 bowl	100.00	0.00	0.00	170.00	0.50	4.50	23.00	2.00	0.00	1.00	-*	1000.03	-*	-*	-*	12.00	-*	-*	-*	-*	-*	0.00	-*	8.10
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M50208 CEREAL BWL, CINN TST CRUNCH RS WG

1.00 @ 1 bowl	110.00	0.50	4.09	160.00	3.00	24.54	22.00	1.00	0.00	3.00	-*	400.01	-*	-*	-*	4.80	-*	-*	-*	-*	-*	200.01	-*	3.60
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M50442 CEREAL BWL, Cocoa Puffs RS WG

3.00 @ 1 bowl	110.05	0.00	0.00	160.08	1.50	12.27	25.01	2.00	0.00	2.00	-*	500.25	-*	-*	-*	6.00	-*	-*	-*	-*	-*	100.05	-*	4.50
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M50524 CEREAL BWL, Lucky Charms WG

1.00 @ 1 bowl	110.00	0.00	0.00	180.00	1.00	8.18	23.00	2.00	0.00	2.00	-*	500.01	-*	-*	-*	6.00	-*	-*	-*	-*	-*	100.00	-*	4.50
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M50525 CEREAL BWL, Trix RS WG

4.00 @ 1 bowl	110.00	0.00	0.00	140.00	1.00	8.18	24.00	1.00	0.00	1.00	-*	400.01	-*	-*	-*	4.80	-*	-*	-*	-*	-*	80.00	-*	4.50
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M52725 BRD: BAR, Cereal CocoPuf WG IW

4.00 @ 1 each	150.00	0.00	0.00	100.00	3.00	18.00	30.00	3.00	0.00	3.00	-*	100.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	200.00	-*	1.80
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M52724 BRD: BAR, Cereal CinnTst WG IW

2.00 @ 1 each	150.00	0.00	0.00	115.00	3.50	21.00	30.00	2.00	0.00	3.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	200.00	-*	1.80
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M51267 BRD: MUF AP, BLUEBRY 2OZ IW WG (1BG)

2.00 @ 1 muffin	190.00	2.00	9.47	130.00	6.00	28.42	30.00	3.00	40.00	2.00	135.10	100.00	16.00	-*	-*	0.00	-*	-*	-*	-*	-*	20.00	-*	1.08
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M51268 BRD: MUF AP, CHOC CHOC CHIP 2OZ IW WG (1BG)

4.00 @ 1 muffin	200.00	2.00	9.00	130.00	6.00	27.00	32.00	4.00	40.00	2.00	159.95	100.00	16.00	-*	-*	0.00	-*	-*	-*	-*	-*	40.00	-*	1.44
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M51848 BRD: POPTARTS, Straw 1.76oz WG

4.00 @ 1 package	180.00	1.00	5.00	190.00	2.50	12.50	38.00	2.00	0.00	3.00	-*	500.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	100.00	-*	1.80
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M51849 BRD: POPTARTS, Cinn 1.76oz WG

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DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Flower Mound HS

Service Area: Flower Mound - 9-12 - OVS

Menu Name: Flower Mound HS 2018-2019 Menu - cycle 6 - week 5

Avg.Method: Weighted (USDA Default)

4.00 @ 1 package	190.00	1.00	4.74	200.00	3.00	14.21	38.00	2.00	0.00	3.00	-*	500.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	100.00	-*	1.80
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M51684 BRD: POPTARTS, Fudge 1.76oz WG

4.00 @ 1 package	190.00	1.00	4.74	200.00	3.00	14.21	38.00	3.00	0.00	3.00	-*	500.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	100.00	-*	1.80
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M51994 CHEESE, COLBY JK Stick 1ea 1.0

2.00 @ 1 stick	90.00	4.00	40.00	200.01	6.00	60.00	0.00	7.00	20.00	0.00	0.00	200.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	200.01	-*	0.00
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M50792 YOGURT SS, Trix Strawb/Ban 4oz

2.00 @ 1 each	80.00	0.00	0.00	60.00	0.50	5.63	15.00	4.00	5.00	0.00	140.00	500.04	-*	-*	-*	0.00	-*	-*	-*	-*	-*	100.01	-*	0.00
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M51237 BRD: BREAD WG, Tst Marg 1sl

2.00 @ 1 slice	110.00	1.33	10.91	160.00	4.33	35.45	15.00	3.00	0.00	1.00	1.33*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	1.08
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M50670 EGG: Hard Boiled FC AP 1.5

2.00 @ 1 each	80.00	1.50	16.88	60.00	5.00	56.25	1.00	6.00	185.00	0.00	-*	300.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	20.00	-*	0.72
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M52975 BRD: WAFFLE, RS SS WG (3.25BG)

3.00 @ 1 each	240.06	0.00	0.00	506.14	2.86	10.71	50.30	6.86	0.00	6.86	1.05*	0.00	0.00*	0.00*	0.00*	0.00	0.00*	0.00*	0.00*	0.00*	0.00*	288.94	0.00*	3.09
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M52657 FRUIT: BLUEBERRIES, Fz 1/8c

3.00 @ 1/8 cup	8.89	0.01	0.94	0.17	0.11	11.29	2.12	0.07	0.00	0.47	9.41	8.01	0.00	0.08	2.86	0.44	0.01	0.01	0.09	0.01	0.00	1.39	1.92	0.03
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M53629 FRUIT: STRAWBERRIES, FRESH 1/8C

3.00 @ 1/8 cup	6.14	0.00	0.42	0.19	0.06	8.44	1.47	0.13	0.00	0.38	29.37	2.30	0.00	0.06	0.42	11.29	0.00	0.00	0.07	0.01	0.00	3.07	4.61	0.08
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M52817 DESRT: TOPPING, CHOCOLATE CHIPS SEMISWT (TBSP)

3.00 @ 1 tablespoon	51.03	1.89	33.28	1.17	3.19	56.25	6.79	0.45	0.00	0.63	38.80	0.00	0.00	0.03	0.60	0.00	0.01	0.01	0.05	0.00	0.00	3.40	14.03	0.33
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M52816 DESRT: TOPPING, Whipd NonDairy

3.00 @ 1 tablespoon	12.92	1.03	72.00	0.00	1.03	72.00	1.03	0.00	0.00	0.00	-*	0.10	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.20	-*	0.00
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M50529 FRUIT: GRAPES, Fresh 1/2c

29.00 @ 1/2 cup	56.80	0.10	1.53	1.70	0.30	4.70	14.54	0.53	0.00	0.76	161.94	84.78	0.00	0.16	12.38	3.39	0.08	0.05	0.25	0.09	0.00	11.87	8.48	0.25
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M50427 FRUIT: FRUIT MIX w/Jc 1/2c

2.00 @ 1/2 cup	60.01	0.00	0.00	5.00	0.00	0.00	13.00	1.00	0.00	1.00	-*	200.03	-*	-*	-*	1.20	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50979 JUICE SS, Apple 100% 4oz Cart

15.00 @ 1 each	60.00	0.00	0.00	15.00	0.00	0.00	14.00	0.00	0.00	0.00	85.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Flower Mound HS

Service Area: Flower Mound - 9-12 - OVS

Menu Name: Flower Mound HS 2018-2019 Menu - cycle 6 - week 5

Avg.Method: Weighted (USDA Default)

M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50

14.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00
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M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50

12.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00
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M53222 COND PC Margarine 5g

2.00 @ 1 each	30.00	1.00	30.00	30.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	500.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50854 COND PC Jelly, #4 Smuckers

2.00 @ 1 each	35.00	0.00	0.00	5.00	0.00	0.00	9.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50056 COND PC Sauce, Taco 9g

1.00 @ 1 each	5.00	0.00	0.00	55.00	0.00	0.00	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50058 COND PC Syrup 1.4oz Smuckers

4.00 @ 1 each	110.00	0.00	0.00	25.00	0.00	0.00	29.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M52242 MELT BGL, EggPtyChPtyAM2.25WG

24.00 @ 1 sandwich	350.00	4.75	12.21	705.01	15.00	38.57	27.50	18.50	120.00	5.50	-*	200.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	135.00	-*	3.06
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Average

	779.05	6.6	7.63	1108.05	22.43	25.92	103.48	31.97	167.91	10.61	199.99*	1053.82	2.59*	.14*	10.02*	7.05	.06*	.04*	.22*	.07*	0*	481.5	8.31*	7.06
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DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Flower Mound HS

Service Area: Flower Mound - 9-12 - OVS

Menu Name: Flower Mound HS 2018-2019 Menu - cycle 6 - week 5

Avg.Method: Weighted (USDA Default)

Age Group: Lunch Grades 9-12 **Period:** Lunch **Week:** 5 **Day:** Tuesday **Count Type:** Forecasted **Total No. of Customers:** 564

Weekly Std. (Target 1)	SFA		Na (mg)	Fat		CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)	
	CAL	(g)		% of CAL	(g)																			% of CAL
750.00-850.00		10.00	1420.00																					

M53251 SDW FB, CHam SW Pickle WG 2.0

120.00 @ 1 each	405.10	7.88	17.52	789.69	21.34	47.41	32.09	22.12	68.75	3.17	23.56*	0.88	0.00*	0.00*	0.16*	0.19	0.00*	0.00*	0.00*	0.00*	0.00*	289.43	0.16*	2.19
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M53249 SALAD, CHam CH MZ SC W 2.0

25.00 @ 1 each	188.23	6.18	29.53	446.48	11.87	56.76	5.72	15.19	60.00	1.26	146.57*	5189.52	0.00*	0.12*	43.60*	7.46	0.04*	0.04*	0.25*	0.06*	0.00*	223.35	17.48*	0.94
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M51680 BRD: ROLL DG, WG 2.5oz

25.00 @ 1 each	170.00	0.50	2.65	135.00	3.00	15.88	28.00	7.00	0.00	3.40	-*	0.01	-*	-*	-*	0.01	-*	-*	-*	-*	-*	12.70	-*	0.85
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M52043 PIZZA HUT PIZZA 6" EXPRESS CHZ SS 2.25

35.00 @ 1 pizza	374.18	4.99	12.01	685.27	13.41	32.25	38.44	24.92	24.70	4.27	-*	692.07	-*	-*	-*	5.36	-*	-*	-*	-*	-*	410.71	-*	2.57
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M53931 PIZZA HUT PIZZA 6" EXPRESS PEPP SS 2.0

90.00 @ 1 pizza	385.19	5.31	12.42	711.32	14.98	35.01	38.49	24.17	27.17	4.35	-*	662.85	-*	-*	-*	5.43	-*	-*	-*	-*	-*	354.34	-*	2.65
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M54307 PIZZA HUT PIZZA 6" EXPRESS SSG SS 2.25

35.00 @ 1 pizza	439.08	7.15	14.66	836.54	20.45	41.92	38.35	25.40	37.42	4.27	-*	689.00	-*	-*	-*	5.36	-*	-*	-*	-*	-*	356.37	-*	2.86
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M54310 PIZZA HUT PIZZA 6" EXPRESS BBQ CHIX SS 2.25

20.00 @ 1 pizza	400.94	4.66	10.46	805.79	13.17	29.57	42.83	27.77	38.53	4.36	-*	667.19	-*	-*	-*	5.81	-*	-*	-*	-*	-*	350.99	-*	2.67
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M54520 PIZZA HUT COND PC CHEESE GRATED 2.5G

64.00 @ 1 each	10.00	0.00	0.00	50.00	1.00	90.00	0.00	1.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M54521 PIZZA HUT COND PC PEPPER RED CRUSHED 1G

42.00 @ 1 each	5.00	0.00	0.00	0.00	0.00	0.00	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M52587 CHIX TENDER, GLDN CRISPY (3) WG 2.0 MWWM

120.00 @ 3 each	239.64	2.25	8.44	404.38	11.98	45.00	11.98	19.47	44.93	1.50	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	1.62
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M51753 CHIX Popcorn, AP Spicy WG 2.0

102.00 @ 1 serving	247.14	2.69	9.78	365.34	13.97	50.87	16.12	13.97	21.49	2.15	-*	107.45	-*	-*	-*	0.00	-*	-*	-*	-*	-*	42.98	-*	1.93
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M51275 CHIX NUGGET, BNLS WING WG (5) 2.0 MWWM

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DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Flower Mound HS

Service Area: Flower Mound - 9-12 - OVS

Menu Name: Flower Mound HS 2018-2019 Menu - cycle 6 - week 5

Avg.Method: Weighted (USDA Default)

10.00 @ 5 each	200.86	1.88	8.44	338.95	8.79	39.38	12.55	17.58	25.11	2.51	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.90
M51680 BRD: ROLL DG, WG 2.5oz																								
236.00 @ 1 each	170.00	0.50	2.65	135.00	3.00	15.88	28.00	7.00	0.00	3.40	-*	0.01	-*	-*	-*	0.01	-*	-*	-*	-*	-*	12.70	-*	0.85
M54370 BURG, BLACK BEAN AP WG 2.0																								
2.00 @ 1 each	300.00	1.00	3.00	710.00	9.00	27.00	42.00	19.00	5.00	7.00	280.00*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	80.00	-*	2.16
M53275 MELT BD, AM WG 2.0																								
6.00 @ 1 sandwich	385.00	11.25	26.30	1320.00	19.50	45.58	32.50	18.50	62.50	2.00	-*	500.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	375.00	-*	2.16
M51228 BRD: BUN, Hamburger WG																								
171.00 @ 1 each	140.00	0.00	0.00	300.00	2.00	12.86	27.00	5.00	0.00	2.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	40.00	-*	1.44
M51648 BEEF Pty, AP 100% 2.0																								
71.00 @ 1 each	130.00	3.00	20.77	45.00	8.00	55.39	1.00	12.00	35.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	1.08
M51359 CHIX FLT, BREAST GRD 2.0 MWWW																								
4.00 @ 1 each	100.00	1.00	9.00	310.00	4.00	36.00	1.00	15.00	40.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.72
M51935 CHIX FLT, BREAST BRD WG 2.0 MWWW																								
34.00 @ 1 each	199.76	1.50	6.75	289.65	8.99	40.50	8.99	18.98	44.95	3.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	1.08
M51936 CHIX FLT, BREAST BRD SPICY WG 2.0 MWWW																								
56.00 @ 1 each	199.86	2.00	9.00	329.76	9.99	45.00	8.99	18.99	44.97	1.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	1.44
M53387 CHEESE, AM (184ct) Slices 0.25																								
46.00 @ 1 slice	45.00	2.25	45.00	199.99	3.50	70.00	0.50	2.50	12.50	0.00	-*	99.99	-*	-*	-*	0.00	-*	-*	-*	-*	-*	75.00	-*	0.00
M53383 CHEESE, CH Slices 0.5																								
38.00 @ 1 slice	55.00	2.50	40.91	90.00	4.50	73.64	0.50	3.00	15.00	0.00	10.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	99.51	-*	0.00
M51001 CHEESE, SW Slices 0.5																								
2.00 @ 1 slice	55.00	2.50	40.91	25.00	4.50	73.64	0.00	4.00	12.50	0.00	10.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	124.51	-*	0.00
M53382 CHEESE, JK Slices 0.5																								
32.00 @ 1 slice	50.00	2.50	45.00	90.00	4.00	72.00	0.50	3.50	15.00	0.00	12.50	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	98.50	-*	0.00
M51004 CHEESE, PV Slices 0.5																								
9.00 @ 1 slice	50.00	2.50	45.00	125.01	3.50	63.00	0.50	3.50	10.00	0.00	20.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	106.01	-*	0.00
M51017 VEG GARN: Rom Leaf 1ea																								

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DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Flower Mound HS

Service Area: Flower Mound - 9-12 - OVS

Menu Name: Flower Mound HS 2018-2019 Menu - cycle 6 - week 5

Avg.Method: Weighted (USDA Default)

46.00 @ 1 each	2.41	0.01	2.06	1.13	0.04	15.88	0.47	0.17	0.00	0.30	35.01	1234.63	0.00	0.02	14.53	0.57	0.01	0.01	0.04	0.01	0.00	4.68	4.25	0.14
M51008 VEG: TOMATOES, FRESH SLCD (2SL) 1/8C																								
52.00 @ 1/8 cup	5.10	0.01	1.40	1.42	0.06	10.00	1.10	0.25	0.00	0.34	67.18	236.14	0.00	0.15	2.24	3.88	0.01	0.01	0.17	0.02	0.00	2.83	6.80	0.08
M53391 VEG: ONIONS, Yellow Slice 1ea																								
14.00 @ 1 slice	2.83	0.00	0.94	0.28	0.01	2.25	0.66	0.08	0.00	0.12	10.35	0.14	0.00	0.00	0.03	0.52	0.00	0.00	0.01	0.01	0.00	1.63	2.06	0.01
M50892 COND_PEPPERS, JALAPENO CND TBSP																								
30.00 @ 1 tablespoon	3.12	0.00	0.00	240.96	0.09	27.20	0.48	0.09	0.00	0.26	19.38	-*	-*	-*	-*	1.00	-*	-*	-*	-*	-*	2.31	-*	0.19
M50176 COND_Pickle, Dill Slice 2ea																								
46.00 @ 2 slice	1.62	0.01	4.72	162.08	0.05	25.17	0.24	0.06	0.00	0.14	-*	0.00	-*	-*	-*	0.21	-*	-*	-*	-*	-*	8.65	-*	0.05
M66748 WRAP 10", CHIXDCD CAES W WG 2.0																								
18.00 @ 1 each	381.22	4.16	9.81	528.02	18.13	42.81	32.78	19.91	44.57	3.94	137.21*	2755.42	0.00*	0.19*	31.30*	5.02	0.03*	0.02*	0.26*	0.04*	0.00*	122.19	15.31*	2.34
M50962 SDW BD, SBJ WG 2.0																								
4.00 @ 1 sandwich	658.38	3.99	5.45	579.16	35.89	49.06	69.87	19.95	0.00	5.99	378.78*	0.00	0.00*	-*	-*	0.00	-*	-*	-*	-*	-*	59.81	-*	5.35
M53347 SDW BD, SB WG 2.0																								
2.00 @ 1 sandwich	558.71	3.99	6.42	579.16	35.89	57.81	43.95	19.95	0.00	5.99	378.78*	0.00	0.00*	-*	-*	0.00	-*	-*	-*	-*	-*	59.81	-*	5.35
M52708 BRD: ROLL DG, Sub 6" WG																								
3.00 @ 1 roll	170.00	0.00	0.00	180.00	3.00	15.88	29.00	6.00	0.00	3.00	-*	0.01	-*	-*	-*	0.20	-*	-*	-*	-*	-*	13.37	-*	1.43
M52782 BRD: FLATBREAD 6" X 6" 2OZ WG (2BG)																								
35.00 @ 1 each	180.00	1.00	5.00	330.00	5.00	25.00	28.00	6.00	0.00	3.00	-*	0.22	-*	-*	-*	0.06	-*	-*	-*	-*	-*	34.22	-*	1.76
M54775 BRD: CROISSANT, SLICED WG																								
1.00 @ 1 each	243.91	6.47	23.87	253.40	12.05	44.44	29.25	5.44	32.35	0.91	15.14	313.46	0.31	0.00	0.00	2.82	0.25	1.93	0.85	0.00	0.01	15.66	3.96	1.63
M53393 TKY, Breast Sliced 1.0																								
20.00 @ 1 serving	60.00	0.50	7.50	220.00	2.00	30.00	2.00	9.00	25.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	20.00	-*	0.36
M53569 CHIX, BLACK FOREST HAM SLICED 1.0																								
18.00 @ 1 serving	80.00	1.50	16.88	250.00	4.50	50.63	2.00	8.00	40.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.36
M51976 CHIX Dcd Deli Salad W 1.0																								
4.00 @ 1 No 16 Scoop	76.63	0.94	10.98	129.00	4.42	51.89	1.48	6.99	24.65	0.18	27.40*	47.33	0.00*	0.03*	2.98*	0.37	0.00*	0.01*	0.03*	0.01*	0.00*	4.41	2.64*	0.30

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DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Flower Mound HS

Service Area: Flower Mound - 9-12 - OVS

Menu Name: Flower Mound HS 2018-2019 Menu - cycle 6 - week 5

Avg.Method: Weighted (USDA Default)

M51005 CHEESE, AM (184ct) Slices 1.0

5.00 @ 3 slice	134.99	6.75	45.00	599.97	10.50	70.00	1.50	7.50	37.50	0.00	-*	299.98	-*	-*	-*	0.00	-*	-*	-*	-*	-*	224.99	-*	0.00
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M53381 CHEESE, CH Slices 1.0

7.00 @ 2 slice	110.01	5.00	40.91	180.01	9.00	73.64	1.00	6.00	30.00	0.00	20.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	199.01	-*	0.00
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M53385 CHEESE, SW Slices 1.0

3.00 @ 2 slice	110.01	5.00	40.91	50.00	9.00	73.64	0.00	8.00	25.00	0.00	20.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	249.01	-*	0.00
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M50999 CHEESE, JK Slices 1.0

8.00 @ 2 slice	100.00	5.00	45.00	180.01	8.00	72.00	1.00	7.00	30.00	0.00	25.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	197.01	-*	0.00
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M51003 CHEESE, PV Slices 1.0

10.00 @ 2 slice	100.00	5.00	45.00	250.01	7.00	63.00	1.00	7.00	20.00	0.00	40.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	212.01	-*	0.00
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M51017 VEG GARN: Rom Leaf 1ea

25.00 @ 1 each	2.41	0.01	2.06	1.13	0.04	15.88	0.47	0.17	0.00	0.30	35.01	1234.63	0.00	0.02	14.53	0.57	0.01	0.01	0.04	0.01	0.00	4.68	4.25	0.14
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M51008 VEG: TOMATOES, FRESH SLCD (2SL) 1/8C

10.00 @ 1/8 cup	5.10	0.01	1.40	1.42	0.06	10.00	1.10	0.25	0.00	0.34	67.18	236.14	0.00	0.15	2.24	3.88	0.01	0.01	0.17	0.02	0.00	2.83	6.80	0.08
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M51013 VEG: ONIONS, Red Slice 1ea

8.00 @ 1 slice	2.83	0.00	0.94	0.28	0.01	2.25	0.66	0.08	0.00	0.12	10.35	0.14	0.00	0.00	0.03	0.52	0.00	0.00	0.01	0.01	0.00	1.63	2.06	0.01
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M52162 VEG: SPINACH, FRESH LEAVES 1/4C

11.00 @ 1/4 cup	3.12	0.01	2.47	10.73	0.05	15.26	0.49	0.39	0.00	0.30	75.79	1273.70	0.00	0.28	65.59	3.82	0.01	0.03	0.10	0.03	0.00	13.45	6.66	0.37
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M52661 VEG: CUCUMBER, Fresh Slice1/8c

1.00 @ 1/8 cup	2.75	0.01	2.22	0.37	0.02	6.60	0.66	0.12	0.00	0.09	26.91	19.22	0.00	0.01	3.00	0.51	0.00	0.01	0.02	0.01	0.00	2.93	4.39	0.05
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M53523 VEG: PEPPERS, Red Strips1/4c

2.00 @ 1/4 cup	7.78	0.01	0.78	1.00	0.08	8.71	1.51	0.25	0.00	0.53	52.96	785.87	0.00	0.40	1.23	32.05	0.01	0.02	0.25	0.07	0.00	1.76	6.53	0.11
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M50891 COND_OLIVES, BLACK SLICED TBSP

8.00 @ 1 tablespoon	14.04	0.17	10.96	58.74	1.27	81.48	0.52	0.13	0.00	0.31	-*	5.23	-*	-*	-*	0.21	-*	-*	-*	-*	-*	7.97	-*	0.18
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M50176 COND_Pickle, Dill Slice 2ea

7.00 @ 2 slice	1.62	0.01	4.72	162.08	0.05	25.17	0.24	0.06	0.00	0.14	-*	0.00	-*	-*	-*	0.21	-*	-*	-*	-*	-*	8.65	-*	0.05
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M66605 BRD: TORTILLA FLOUR 10" WG

59.00 @ 1 each	180.00	1.50	7.50	250.00	4.50	22.50	29.00	5.00	0.00	3.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	100.00	-*	1.44
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DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Flower Mound HS

Service Area: Flower Mound - 9-12 - OVS

Menu Name: Flower Mound HS 2018-2019 Menu - cycle 6 - week 5

Avg.Method: Weighted (USDA Default)

M66461 BRD: TORTILLA FLOUR 6" WG

6.00 @ 2 each	180.00	1.00	5.00	250.00	5.00	25.00	28.00	6.00	0.00	2.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	120.00	-*	1.44
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M54540 BRD: TORTILLA, CHIP RND WG 2BG

37.00 @ 1 serving	224.59	1.60	6.43	184.48	9.63	38.57	32.08	3.21	0.00	3.21	0.00	0.00	0.00	-*	-*	0.00	-*	-*	-*	-*	-*	48.13	-*	0.80
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M52224 RICE, Mex Spiced WG 1BG

60.00 @ 1/2 cup	109.96	0.22	1.77	66.08	0.94	7.73	22.26	2.54	0.99	1.15	76.27*	170.90*	0.00*	0.11*	1.15*	0.11*	0.00*	0.01*	0.05*	0.01*	0.00*	12.86	3.91*	0.57
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M51175 BEEF Gd, Taco Meat SC 1.0

100.00 @ 1 No 24 Scoop	78.71	1.65	18.88	56.06	4.38	50.12	1.22	8.02	25.24	0.15	122.30*	121.25	0.57*	0.08*	0.61*	1.55	0.01*	0.06*	1.81*	0.13*	0.79*	9.04	69.27*	1.00
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M52584 CHIX Strips, Fajita DkMt 1.0

60.00 @ 2 fl oz	76.93	1.01	11.78	124.77	3.56	41.66	1.34	10.09	35.00	0.09	9.12*	46.95	0.00*	0.07*	0.17*	0.02	0.00*	0.00*	0.03*	0.01*	0.00*	12.26	2.39*	0.69
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M67968 MMA: BEANS, PINTO KICKIN' 1.0

10.00 @ 1/4 cup	57.84	0.12	1.93	98.12	0.41	6.35	9.87	3.52	0.42	2.94	165.79*	37.72*	1.55*	0.00*	0.00*	0.64*	0.00*	0.00*	0.00*	0.00*	0.00*	32.66	0.00*	0.91
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M53386 CHEESE, CH Shreds 1.0

80.00 @ 2 fl oz	110.00	6.00	49.09	189.99	9.00	73.64	1.00	7.00	30.00	0.00	0.00	280.99	-*	-*	-*	0.00	-*	-*	-*	-*	-*	201.99	-*	0.19
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M50921 COND_Sauce, Chz SS W (LOL) 1.0

100.00 @ 3 fl oz	149.95	6.75	40.50	599.79	10.50	63.00	4.50	7.50	29.99	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	224.92	-*	0.00
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M51420 VEG GARN: Rom Shrds/Tom Dice

80.00 @ 1 serving	5.03	0.01	1.56	1.63	0.06	11.41	1.06	0.27	0.00	0.40	67.90	794.43	0.00	0.12	8.94	3.20	0.01	0.01	0.15	0.02	0.00	4.47	7.23	0.13
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M52379 VEG: ONIONS, Yellow Diced 1/8c

20.00 @ 1/8 cup	8.62	0.01	0.94	0.86	0.02	2.25	2.01	0.24	0.00	0.37	31.47	0.43	0.00	0.00	0.09	1.60	0.01	0.01	0.03	0.03	0.00	4.96	6.25	0.05
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M50892 COND_PEPPERS, JALAPENO CND TBSP

40.00 @ 1 tablespoon	3.12	0.00	0.00	240.96	0.09	27.20	0.48	0.09	0.00	0.26	19.38	-*	-*	-*	-*	1.00	-*	-*	-*	-*	-*	2.31	-*	0.19
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M50891 COND_OLIVES, BLACK SLICED TBSP

24.00 @ 1 tablespoon	14.04	0.17	10.96	58.74	1.27	81.48	0.52	0.13	0.00	0.31	-*	5.23	-*	-*	-*	0.21	-*	-*	-*	-*	-*	7.97	-*	0.18
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M55430 COND_HERB, CILANTRO

10.00 @ 1 tablespoon	0.82	0.00	0.55	1.63	0.02	20.35	0.13	0.08	0.00	0.10	18.46	239.13	0.00	0.09	10.99	0.96	0.00	0.01	0.04	0.01	0.00	2.37	1.70	0.06
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M67887 VEG: BEANS, PINTO CHARRO 1/2C

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DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Flower Mound HS

Service Area: Flower Mound - 9-12 - OVS

Menu Name: Flower Mound HS 2018-2019 Menu - cycle 6 - week 5

Avg.Method: Weighted (USDA Default)

24.00 @ 1/2 cup	116.10	0.26	1.99	131.24	0.90	6.99	19.82	7.19	0.83	6.10	362.07*	81.59*	3.10*	0.06*	1.32*	1.37*	0.01*	0.00*	0.07*	0.01*	0.00*	68.18	4.04*	1.98
M50350 VEG: CUCUMBER, Fresh Slice1/2c																								
125.00 @ 1/2 cup	10.81	0.03	2.22	1.44	0.08	6.60	2.62	0.47	0.00	0.36	105.91	75.65	0.00	0.02	11.82	2.02	0.02	0.02	0.07	0.03	0.00	11.53	17.29	0.20
M52149 VEG: SALAD, Side RomMix SC1c																								
48.00 @ 1 cup	13.23	0.02	1.38	12.10	0.15	10.29	2.85	0.69	0.00	1.26	146.56	4976.16	0.00	0.12	43.60	7.46	0.04	0.04	0.25	0.06	0.00	19.84	17.48	0.47
M54853 VEG: POTATO, FF THIN CUT GEN7 1/2C																								
480.00 @ 1/2 cup	103.88	0.92	7.94	122.21	3.67	31.77	16.50	1.22	0.00	1.22	232.27	0.00	0.00	-*	-*	2.93	-*	-*	-*	-*	-*	0.00	-*	0.22
M51731 VEG: POTATO SWT, FF CRINKLE 1/2C																								
12.00 @ 1/2 cup	137.66	0.53	3.46	180.02	4.77	31.15	23.30	1.06	0.00	3.18	243.56	3176.86	-*	-*	-*	6.35	-*	-*	-*	-*	-*	21.18	-*	0.38
M66601 FRUIT: PEARS 135CT WHOLE 1/2C																								
97.00 @ 1 each	77.53	0.03	0.35	1.36	0.19	2.21	20.71	0.49	0.00	4.22	157.77	34.00	0.00	0.16	5.98	5.85	0.02	0.04	0.22	0.04	0.00	12.24	16.32	0.24
M51110 FRUIT: ORANGE Mand w/Jc 1/2c																								
120.00 @ 1/2 cup	51.73	0.00	0.00	6.26	0.03	0.44	12.19	0.70	0.00	0.94	-*	710.52	-*	-*	-*	37.06	-*	-*	-*	-*	-*	13.15	-*	0.43
M53365 JUICE SS, Grape100% 4oz Cart																								
187.00 @ 1 each	80.00	0.00	0.00	15.00	0.00	0.00	18.00	1.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M51645 DESRT: COOKIE Carnival 1.0ozWG																								
295.00 @ 1 cookie	110.00	1.00	8.18	85.00	3.50	28.64	18.00	1.00	5.00	1.00	48.00	-*	-*	-*	-*	-*	-*	-*	-*	-*	-*	5.00	-*	1.00
M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50																								
44.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00
M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50																								
155.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00
M50855 COND PC Ketchup 9g Heinz																								
275.00 @ 1 each	10.00	0.00	0.00	85.00	0.00	0.00	3.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50055 COND PC Mayonnaise 12g																								
65.00 @ 1 each	80.00	1.50	16.87	75.00	8.00	90.00	1.00	0.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50284 COND PC Mustard 6g																								
46.00 @ 1 each	0.00	0.00	-	65.00	0.00	-	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M53222 COND PC Margarine 5g																								

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DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Flower Mound HS

Service Area: Flower Mound - 9-12 - OVS

Menu Name: Flower Mound HS 2018-2019 Menu - cycle 6 - week 5

Avg.Method: Weighted (USDA Default)

93.00 @ 1 each	30.00	1.00	30.00	30.00	3.00	90.00	0.00	0.00	0.00	0.00	0.00	-*	500.00	-*	-*	-*	0.00	-*	-*	-*	-*	0.00	-*	0.00	
M50624 COND PC Drsg Ranch 12g																									
90.00 @ 1 each	50.00	0.00	0.00	100.00	5.00	90.00	1.00	0.00	5.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	0.00	-*	0.00	
M50623 COND PC Drsg Italian 12g																									
38.00 @ 1 each	30.00	0.00	0.00	130.00	3.00	90.00	0.00	0.00	0.00	0.00	0.00	-*	100.00	-*	-*	-*	0.00	-*	-*	-*	-*	0.00	-*	0.00	
M53116 COND PC Drsg Honey Mustard 12g																									
38.00 @ 1 each	15.00	0.00	0.00	65.00	0.00	0.00	4.00	0.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	0.00	-*	0.00	
M50056 COND PC Sauce, Taco 9g																									
38.00 @ 1 each	5.00	0.00	0.00	55.00	0.00	0.00	1.00	0.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	0.00	-*	0.00	
M50287 COND PC SAUCE, BBQ 12G PKT																									
38.00 @ 1 each	15.00	0.00	0.00	160.00	0.00	0.00	4.00	0.00	0.00	0.00	0.00	-*	100.00	-*	-*	-*	0.60	-*	-*	-*	-*	0.00	-*	0.00	
M51391 COND_Mayo, Chipotle W																									
38.00 @ 1 tablespoon	26.19	0.35	12.18	91.54	2.49	85.73	0.97	0.01	3.54	0.01	1.00*	91.64	-*	-*	-*	0.40	-*	-*	-*	-*	0.00	-*	0.02	0.00	
M50060 COND_Mayo W																									
38.00 @ 1 tablespoon	33.07	0.47	12.86	94.49	3.31	90.00	0.94	0.00	4.72	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	0.00	-*	0.00	0.00	
M50291 COND_Mustard, Yellow																									
38.00 @ 1 tablespoon	9.00	0.01	1.50	181.50	0.37	37.20	0.93	0.47	0.00	0.43	13.36	0.67	-*	-*	-*	0.13	-*	-*	-*	-*	7.51	-*	0.19	0.00	
M50692 COND_Dressing, DijonHnyMustard																									
38.00 @ 1 tablespoon	65.00	0.75	10.38	90.00	5.50	76.15	3.50	0.00	7.50	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	0.00	-*	0.00	0.00	
M50622 COND_Dressing, Ranch Lite																									
38.00 @ 1 tablespoon	55.00	0.75	12.27	139.99	5.00	81.82	0.50	0.50	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	10.00	-*	0.00	0.00	
M50292 COND_Sauce, BBQ Original AP																									
38.00 @ 1 tablespoon	35.00	0.00	0.00	144.99	0.00	0.00	9.00	0.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	1.80	-*	-*	-*	-*	0.00	-*	0.18	0.00
M50063 COND_Sauce, Buffalo Wing AP																									
38.00 @ 1 tablespoon	4.38	0.02	4.79	363.06	0.22	45.51	0.48	0.11	0.17	0.12	21.32	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	2.22	-*	0.07	0.00	

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DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Flower Mound HS

Service Area: Flower Mound - 9-12 - OVS

Menu Name: Flower Mound HS 2018-2019 Menu - cycle 6 - week 5

Avg.Method: Weighted (USDA Default)

M50087 COND_Salsa, Pico SC 1/8c

38.00 @ 1/8 cup	6.68	0.01	1.17	37.20	0.07	9.84	1.46	0.29	0.00	0.40	69.99	231.76*	0.00*	0.15*	2.94*	4.04	0.01*	0.01*	0.16*	0.03*	0.00*	4.19	7.40*	0.11
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M66157 COND_SALSA, BLNDR SC 1/8C

38.00 @ 1/8 cup	9.65	0.01	1.33	45.21	0.10	9.06	2.10	0.42	0.00	0.59	27.10*	148.65*	0.00*	0.05*	6.02*	4.65	0.01*	0.01*	0.03*	0.02*	0.00*	16.79	4.05*	0.19
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M53940 COND_Salsa, Verde SC 1/8c

38.00 @ 1/8 cup	10.75	0.03	2.54	25.36	0.23	19.29	2.13	0.37	0.00	0.61	83.93	260.93*	0.00*	0.16*	12.93*	3.96	0.02*	0.01*	0.40*	0.03*	0.00*	8.13	11.81*	0.22
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M53295 COND_Sour Cream AP

38.00 @ 1 tablespoon	30.00	1.75	52.50	25.00	3.00	90.00	1.00	0.50	10.00	0.00	-*	99.99	-*	-*	-*	0.00	-*	-*	-*	-*	-*	20.00	-*	0.00
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M67420 ENT: PLATE, CHIXNUGMWWW POPSPCY CELWFRIES BRDSTKPB WG2 FUEL3

24.00 @ 1 serving	521.28	4.92	8.49	1120.82	25.41	43.88	48.93	21.51	31.15	6.51	435.45*	350.08	0.00*	0.17*	18.17*	5.12	0.01*	0.04*	0.20*	0.05*	0.00*	73.02	14.88*	2.72
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M66166 ENT: STEW, ETOUFFEECHIXDCDSAU2

24.00 @ 1 Spoodle 6 FLOZ	167.15	2.21	11.89	252.04	7.20	38.78	9.66	15.15	44.91	1.88	132.10*	475.45	0.00*	0.35*	14.26*	18.44	0.03*	0.03*	0.24*	0.10*	0.00*	53.81	19.59*	1.50
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M53729 BURG, Beef AM Cajun AP100%2.25

24.00 @ 1 each	345.89	5.57	14.49	621.07	15.77	41.02	31.01	19.58	50.65	2.62	11.09*	509.89	0.00*	0.03*	0.72*	0.16	0.00*	0.00*	0.03*	0.01*	0.00*	117.12	2.43*	2.57
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M67227 VEG: POTATO, DICED AP CAJUN SEASONED SC 1/2C

24.00 @ 1/2 cup	105.39	0.27	2.30	35.63	2.36	20.12	19.36	1.32	0.00	2.65	17.32*	328.51	0.00*	0.21*	2.44*	1.60	0.00*	0.01*	0.07*	0.02*	0.00*	3.98	2.48*	0.69
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M52555 VEG: BEANS, Green FzSeas1/2c

24.00 @ 1/2 cup	45.87	1.20	23.50	146.04	3.04	59.57	4.52	1.04	0.00	2.10	112.59	292.07	0.00*	0.03*	26.62*	2.86	0.02*	0.06*	0.27*	0.04*	0.00*	29.56	20.28*	0.47
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M50560 VEG: SALAD, COLESLAWCAJUN W 1/2C

24.00 @ 1/2 cup	61.77	0.64	9.34	152.14	4.53	66.04	5.01	0.15	6.30	1.24	22.15*	819.61	0.00*	0.07*	1.44*	0.33	0.01*	0.00*	0.07*	0.01*	0.00*	4.23	4.86*	0.11
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M51338 MELT BD, AM Bacon WG 2.0

36.00 @ 1 sandwich	424.23	12.27	26.03	1426.72	22.48	47.69	32.73	21.40	71.52	2.00	-*	500.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	375.00	-*	2.24
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M51510 MELT BD, CH PV SW WG 2.0

12.00 @ 1 sandwich	375.00	10.00	24.00	650.01	19.00	45.60	31.50	19.50	52.50	2.00	50.00*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	429.51	-*	2.16
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Average	1055.22	13.37	11.41	1794.31	42.23	36.02	118.3	49.06	99.86	10.78	438.6*	2128.15*	.26*	.2*	19.67*	19.42*	.03*	.04*	.56*	.07*	.14*	521.09	29.69*	5.84
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DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Flower Mound HS

Service Area: Flower Mound - 9-12 - OVS

Menu Name: Flower Mound HS 2018-2019 Menu - cycle 6 - week 5

Avg.Method: Weighted (USDA Default)

Age Group: Brkfst Grades K-12 **Period:** Breakfast **Week:** 5 **Day:** Wednesday **Count Type:** Forecasted **Total No. of Customers:** 44

Weekly Std. (Target 1)	SFA		Na (mg)	Fat		CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)	
	CAL	(g)		% of CAL	(g)																			% of CAL
450.00-500.00		10.00	540.00																					

M55598 BRD: FR TST STK, AP PWD SUG 4EA (2.25BG)

34.00 @ 4 stick	277.24	2.00	6.49	300.10	10.00	32.46	42.42	6.00	0.00	3.00	0.09*	22.00	0.00*	0.00*	0.00*	0.00	0.00*	0.00*	0.00*	0.00*	0.00*	0.00*	34.05	0.00*	1.82
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M51320 CEREAL BWL, Rice Krispies WG

2.00 @ 1 bowl	100.00	0.00	0.00	170.00	0.50	4.50	23.00	2.00	0.00	1.00	-*	1000.03	-*	-*	-*	12.00	-*	-*	-*	-*	-*	0.00	-*	8.10
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M50208 CEREAL BWL, CINN TST CRUNCH RS WG

1.00 @ 1 bowl	110.00	0.50	4.09	160.00	3.00	24.54	22.00	1.00	0.00	3.00	-*	400.01	-*	-*	-*	4.80	-*	-*	-*	-*	-*	200.01	-*	3.60
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M50442 CEREAL BWL, Cocoa Puffs RS WG

1.00 @ 1 bowl	110.05	0.00	0.00	160.08	1.50	12.27	25.01	2.00	0.00	2.00	-*	500.25	-*	-*	-*	6.00	-*	-*	-*	-*	-*	100.05	-*	4.50
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M50524 CEREAL BWL, Lucky Charms WG

2.00 @ 1 bowl	110.00	0.00	0.00	180.00	1.00	8.18	23.00	2.00	0.00	2.00	-*	500.01	-*	-*	-*	6.00	-*	-*	-*	-*	-*	100.00	-*	4.50
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M50525 CEREAL BWL, Trix RS WG

1.00 @ 1 bowl	110.00	0.00	0.00	140.00	1.00	8.18	24.00	1.00	0.00	1.00	-*	400.01	-*	-*	-*	4.80	-*	-*	-*	-*	-*	80.00	-*	4.50
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M52725 BRD: BAR, Cereal CocoPuf WG IW

2.00 @ 1 each	150.00	0.00	0.00	100.00	3.00	18.00	30.00	3.00	0.00	3.00	-*	100.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	200.00	-*	1.80
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M52724 BRD: BAR, Cereal CinnTst WG IW

1.00 @ 1 each	150.00	0.00	0.00	115.00	3.50	21.00	30.00	2.00	0.00	3.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	200.00	-*	1.80
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M51267 BRD: MUF AP, BLUEBRY 2OZ IW WG (1BG)

1.00 @ 1 muffin	190.00	2.00	9.47	130.00	6.00	28.42	30.00	3.00	40.00	2.00	135.10	100.00	16.00	-*	-*	0.00	-*	-*	-*	-*	-*	20.00	-*	1.08
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M51268 BRD: MUF AP, CHOC CHOC CHIP 2OZ IW WG (1BG)

1.00 @ 1 muffin	200.00	2.00	9.00	130.00	6.00	27.00	32.00	4.00	40.00	2.00	159.95	100.00	16.00	-*	-*	0.00	-*	-*	-*	-*	-*	40.00	-*	1.44
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M51848 BRD: POPTARTS, Straw 1.76oz WG

2.00 @ 1 package	180.00	1.00	5.00	190.00	2.50	12.50	38.00	2.00	0.00	3.00	-*	500.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	100.00	-*	1.80
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M51849 BRD: POPTARTS, Cinn 1.76oz WG

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DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Flower Mound HS

Service Area: Flower Mound - 9-12 - OVS

Menu Name: Flower Mound HS 2018-2019 Menu - cycle 6 - week 5

Avg.Method: Weighted (USDA Default)

2.00 @ 1 package	190.00	1.00	4.74	200.00	3.00	14.21	38.00	2.00	0.00	3.00	-*	500.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	100.00	-*	1.80
M51684 BRD: POPTARTS, Fudge 1.76oz WG																								
2.00 @ 1 package	190.00	1.00	4.74	200.00	3.00	14.21	38.00	3.00	0.00	3.00	-*	500.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	100.00	-*	1.80
M51994 CHEESE, COLBY JK Stick 1ea 1.0																								
6.00 @ 1 stick	90.00	4.00	40.00	200.01	6.00	60.00	0.00	7.00	20.00	0.00	0.00	200.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	200.01	-*	0.00
M50792 YOGURT SS, Trix Strawb/Ban 4oz																								
9.00 @ 1 each	80.00	0.00	0.00	60.00	0.50	5.63	15.00	4.00	5.00	0.00	140.00	500.04	-*	-*	-*	0.00	-*	-*	-*	-*	-*	100.01	-*	0.00
M51237 BRD: BREAD WG, Tst Marg 1sl																								
1.00 @ 1 slice	110.00	1.33	10.91	160.00	4.33	35.45	15.00	3.00	0.00	1.00	1.33*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	1.08
M50670 EGG: Hard Boiled FC AP 1.5																								
2.00 @ 1 each	80.00	1.50	16.88	60.00	5.00	56.25	1.00	6.00	185.00	0.00	-*	300.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	20.00	-*	0.72
M66342 YOGURT, PARFAIT BLUEBERRY 1.0																								
2.00 @ 1 serving	139.77	0.61	3.90	66.72	1.75	11.28	27.13	4.00	5.00	1.22	183.86	516.81	80.06*	0.17*	5.86*	0.89	0.01*	0.01*	0.19*	0.02*	0.00*	102.93	3.93*	0.16
M52975 BRD: WAFFLE, RS SS WG (3.25BG)																								
8.00 @ 1 each	240.06	0.00	0.00	506.14	2.86	10.71	50.30	6.86	0.00	6.86	1.05*	0.00	0.00*	0.00*	0.00*	0.00	0.00*	0.00*	0.00*	0.00*	0.00*	288.94	0.00*	3.09
M52657 FRUIT: BLUEBERRIES, Fz 1/8c																								
2.00 @ 1/8 cup	8.89	0.01	0.94	0.17	0.11	11.29	2.12	0.07	0.00	0.47	9.41	8.01	0.00	0.08	2.86	0.44	0.01	0.01	0.09	0.01	0.00	1.39	1.92	0.03
M53629 FRUIT: STRAWBERRIES, FRESH 1/8C																								
1.00 @ 1/8 cup	6.14	0.00	0.42	0.19	0.06	8.44	1.47	0.13	0.00	0.38	29.37	2.30	0.00	0.06	0.42	11.29	0.00	0.00	0.07	0.01	0.00	3.07	4.61	0.08
M52817 DESRT: TOPPING, CHOCOLATE CHIPS SEMISWT (TBSP)																								
8.00 @ 1 tablespoon	51.03	1.89	33.28	1.17	3.19	56.25	6.79	0.45	0.00	0.63	38.80	0.00	0.00	0.03	0.60	0.00	0.01	0.01	0.05	0.00	0.00	3.40	14.03	0.33
M52816 DESRT: TOPPING, Whipd NonDairy																								
8.00 @ 1 tablespoon	12.92	1.03	72.00	0.00	1.03	72.00	1.03	0.00	0.00	0.00	-*	0.10	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.20	-*	0.00
M52217 FRUIT: APPLE, 138ct Whole 1c																								
37.00 @ 1 each	62.21	0.03	0.48	1.20	0.20	2.94	16.52	0.31	0.00	2.87	128.00	64.60	0.00	0.22	2.63	5.50	0.02	0.03	0.11	0.05	0.00	7.18	13.16	0.14
M50423 FRUIT: BLUEBERRIES, Fz 1/2c																								
3.00 @ 1/2 cup	35.54	0.04	0.94	0.70	0.45	11.29	8.48	0.29	0.00	1.88	37.63	32.06	0.00	0.33	11.43	1.74	0.02	0.03	0.36	0.04	0.00	5.58	7.67	0.13

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DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Flower Mound HS

Service Area: Flower Mound - 9-12 - OVS

Menu Name: Flower Mound HS 2018-2019 Menu - cycle 6 - week 5

Avg.Method: Weighted (USDA Default)

M50980 JUICE SS, Frt Bld 100% 4oz Crt

16.00 @ 1 each	60.00	0.00	0.00	10.00	0.00	0.00	14.00	0.00	0.00	0.00	100.00	0.00	-*	-*	-*	3.60	-*	-*	-*	-*	-*	0.00	-*	0.00
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M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50

8.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00
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M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50

10.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00
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M53222 COND PC Margarine 5g

2.00 @ 1 each	30.00	1.00	30.00	30.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	500.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50854 COND PC Jelly, #4 Smuckers

2.00 @ 1 each	35.00	0.00	0.00	5.00	0.00	0.00	9.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50056 COND PC Sauce, Taco 9g

2.00 @ 1 each	5.00	0.00	0.00	55.00	0.00	0.00	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50058 COND PC Syrup 1.4oz Smuckers

45.00 @ 1 each	110.00	0.00	0.00	25.00	0.00	0.00	29.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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Average	612.28	3.34	4.9	538.24	12.21	17.94	117.09	12.75	17.16	7.31	198.71*	642.91	4.37*	.22*	3.51*	8.31	.02*	.03*	.14*	.05*	0*	303.91	14.51*	3.51
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DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Flower Mound HS

Service Area: Flower Mound - 9-12 - OVS

Menu Name: Flower Mound HS 2018-2019 Menu - cycle 6 - week 5

Avg.Method: Weighted (USDA Default)

Age Group: Lunch Grades 9-12 **Period:** Lunch **Week:** 5 **Day:** Wednesday **Count Type:** Forecasted **Total No. of Customers:** 525

Weekly Std. (Target 1)	SFA		Na (mg)	Fat		CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)	
	CAL	(g)		% of CAL	(g)																			% of CAL
750.00-850.00		10.00	1420.00																					

M66105 BEEF MEATLOAF, WTOPPING SC 2.0

126.00 @ 1 each	244.17	3.18	11.73	327.63	9.28	34.22	23.85	15.98	91.11	2.23	208.72*	197.14	0.85*	0.08*	3.02*	3.73	0.03*	0.09*	2.73*	0.20*	1.19*	43.37	108.57*	2.54
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M51680 BRD: ROLL DG, WG 2.5oz

154.00 @ 1 each	170.00	0.50	2.65	135.00	3.00	15.88	28.00	7.00	0.00	3.40	-*	0.01	-*	-*	0.01	-*	-*	-*	-*	-*	12.70	-*	0.85
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M53950 COND_Gravy, Brown RosemaryLSSS

58.00 @ 1/4 cup	26.12	0.02	0.53	125.76	0.51	17.63	5.28	0.08	0.00	0.14	17.77	6.23	0.00*	0.00*	0.36*	0.36	0.00*	0.00*	0.01*	0.01*	0.00*	6.16	1.72*	0.08
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M67925 SALAD, CHIXDKFAJ BAJA SC 2.25

24.00 @ 1 each	237.71	4.63	17.53	310.38	10.47	39.65	16.67	21.76	67.67	3.24	310.63*	3756.41*	0.64*	0.29*	40.80*	6.95*	0.07*	0.06*	0.96*	0.12*	0.00*	149.38	47.32*	2.12
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M54540 BRD: TORTILLA, CHIP RND WG 2BG

24.00 @ 1 serving	224.59	1.60	6.43	184.48	9.63	38.57	32.08	3.21	0.00	3.21	0.00	0.00	0.00	-*	-*	0.00	-*	-*	-*	-*	-*	48.13	-*	0.80
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M52043 PIZZA HUT PIZZA 6" EXPRESS CHZ SS 2.25

35.00 @ 1 pizza	374.18	4.99	12.01	685.27	13.41	32.25	38.44	24.92	24.70	4.27	-*	692.07	-*	-*	-*	5.36	-*	-*	-*	-*	-*	410.71	-*	2.57
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M53931 PIZZA HUT PIZZA 6" EXPRESS PEPP SS 2.0

85.00 @ 1 pizza	385.19	5.31	12.42	711.32	14.98	35.01	38.49	24.17	27.17	4.35	-*	662.85	-*	-*	-*	5.43	-*	-*	-*	-*	-*	354.34	-*	2.65
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M54307 PIZZA HUT PIZZA 6" EXPRESS SSG SS 2.25

45.00 @ 1 pizza	439.08	7.15	14.66	836.54	20.45	41.92	38.35	25.40	37.42	4.27	-*	689.00	-*	-*	-*	5.36	-*	-*	-*	-*	-*	356.37	-*	2.86
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M54310 PIZZA HUT PIZZA 6" EXPRESS BBQ CHIX SS 2.25

20.00 @ 1 pizza	400.94	4.66	10.46	805.79	13.17	29.57	42.83	27.77	38.53	4.36	-*	667.19	-*	-*	-*	5.81	-*	-*	-*	-*	-*	350.99	-*	2.67
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M54520 PIZZA HUT COND PC CHEESE GRATED 2.5G

50.00 @ 1 each	10.00	0.00	0.00	50.00	1.00	90.00	0.00	1.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M54521 PIZZA HUT COND PC PEPPER RED CRUSHED 1G

32.00 @ 1 each	5.00	0.00	0.00	0.00	0.00	0.00	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M52963 CHIX Popcorn, AP WG 2.0

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DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Flower Mound HS

Service Area: Flower Mound - 9-12 - OVS

Menu Name: Flower Mound HS 2018-2019 Menu - cycle 6 - week 5

Avg.Method: Weighted (USDA Default)

80.00 @ 1 serving	250.19	2.72	9.78	380.72	14.14	50.87	15.23	15.23	21.76	3.26	-*	108.78	-*	-*	-*	0.00	-*	-*	-*	-*	-*	43.51	-*	1.96
M51753 CHIX Popcorn, AP Spicy WG 2.0																								
120.00 @ 1 serving	247.14	2.69	9.78	365.34	13.97	50.87	16.12	13.97	21.49	2.15	-*	107.45	-*	-*	-*	0.00	-*	-*	-*	-*	-*	42.98	-*	1.93
M54482 CHIX NUGGET, BNLS WING HONEY SRIRACHA WG (6) 2.0 MWWW																								
10.00 @ 6 each	284.98	2.25	7.11	374.97	13.50	42.63	21.00	22.50	52.50	1.50	-*	299.98	-*	-*	-*	1.80	-*	-*	-*	-*	-*	0.00	-*	1.62
M51680 BRD: ROLL DG, WG 2.5oz																								
260.00 @ 1 each	170.00	0.50	2.65	135.00	3.00	15.88	28.00	7.00	0.00	3.40	-*	0.01	-*	-*	-*	0.01	-*	-*	-*	-*	-*	12.70	-*	0.85
M51951 HOT DOG, Plain WG 2.0 Hi																								
5.00 @ 1 each	320.00	8.00	22.50	890.01	18.00	50.62	28.00	11.00	35.00	2.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	40.00	-*	1.80
M55774 STICKS, MAX SNAX PIZZA W/MARINARA AP WG 2.0																								
24.00 @ 2 each	319.87	3.00	8.44	609.89	10.00	28.13	39.98	20.00	10.00	4.00	0.00*	498.95*	-*	-*	-*	8.98*	-*	-*	-*	-*	-*	459.92	-*	2.68
M54308 STICKS, CRISPITO CHIXCHILI AP WG 2.0 (2EA)																								
17.00 @ 2 each	540.00	6.00	10.00	740.00	28.00	46.67	46.00	24.00	50.00	6.00	-*	1500.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	80.00	-*	3.60
M51189 COND_Sauce, Chz SS W (LOL) .5																								
17.00 @ 2 fl oz	99.97	4.50	40.50	399.86	7.00	63.00	3.00	5.00	19.99	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	149.95	-*	0.00
M51228 BRD: BUN, Hamburger WG																								
176.00 @ 1 each	140.00	0.00	0.00	300.00	2.00	12.86	27.00	5.00	0.00	2.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	40.00	-*	1.44
M51648 BEEF Pty, AP 100% 2.0																								
72.00 @ 1 each	130.00	3.00	20.77	45.00	8.00	55.39	1.00	12.00	35.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	1.08
M51359 CHIX FLT, BREAST GRDL 2.0 MWWW																								
4.00 @ 1 each	100.00	1.00	9.00	310.00	4.00	36.00	1.00	15.00	40.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.72
M51935 CHIX FLT, BREAST BRD WG 2.0 MWWW																								
38.00 @ 1 each	199.76	1.50	6.75	289.65	8.99	40.50	8.99	18.98	44.95	3.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	1.08
M51936 CHIX FLT, BREAST BRD SPICY WG 2.0 MWWW																								
61.00 @ 1 each	199.86	2.00	9.00	329.76	9.99	45.00	8.99	18.99	44.97	1.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	1.44
M53387 CHEESE, AM (184ct) Slices 0.25																								
44.00 @ 1 slice	45.00	2.25	45.00	199.99	3.50	70.00	0.50	2.50	12.50	0.00	-*	99.99	-*	-*	-*	0.00	-*	-*	-*	-*	-*	75.00	-*	0.00
M53383 CHEESE, CH Slices 0.5																								

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DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Flower Mound HS

Service Area: Flower Mound - 9-12 - OVS

Menu Name: Flower Mound HS 2018-2019 Menu - cycle 6 - week 5

Avg.Method: Weighted (USDA Default)

22.00 @ 1 slice	55.00	2.50	40.91	90.00	4.50	73.64	0.50	3.00	15.00	0.00	10.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	99.51	-*	0.00
M51001 CHEESE, SW Slices 0.5																								
7.00 @ 1 slice	55.00	2.50	40.91	25.00	4.50	73.64	0.00	4.00	12.50	0.00	10.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	124.51	-*	0.00
M53382 CHEESE, JK Slices 0.5																								
39.00 @ 1 slice	50.00	2.50	45.00	90.00	4.00	72.00	0.50	3.50	15.00	0.00	12.50	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	98.50	-*	0.00
M51004 CHEESE, PV Slices 0.5																								
14.00 @ 1 slice	50.00	2.50	45.00	125.01	3.50	63.00	0.50	3.50	10.00	0.00	20.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	106.01	-*	0.00
M51017 VEG GARN: Rom Leaf 1ea																								
47.00 @ 1 each	2.41	0.01	2.06	1.13	0.04	15.88	0.47	0.17	0.00	0.30	35.01	1234.63	0.00	0.02	14.53	0.57	0.01	0.01	0.04	0.01	0.00	4.68	4.25	0.14
M51008 VEG: TOMATOES, FRESH SLCD (2SL) 1/8C																								
54.00 @ 1/8 cup	5.10	0.01	1.40	1.42	0.06	10.00	1.10	0.25	0.00	0.34	67.18	236.14	0.00	0.15	2.24	3.88	0.01	0.01	0.17	0.02	0.00	2.83	6.80	0.08
M53391 VEG: ONIONS, Yellow Slice 1ea																								
12.00 @ 1 slice	2.83	0.00	0.94	0.28	0.01	2.25	0.66	0.08	0.00	0.12	10.35	0.14	0.00	0.00	0.03	0.52	0.00	0.00	0.01	0.01	0.00	1.63	2.06	0.01
M50892 COND_PEPPERS, JALAPENO CND TBSP																								
23.00 @ 1 tablespoon	3.12	0.00	0.00	240.96	0.09	27.20	0.48	0.09	0.00	0.26	19.38	-*	-*	-*	-*	1.00	-*	-*	-*	-*	-*	2.31	-*	0.19
M50176 COND_Pickle, Dill Slice 2ea																								
43.00 @ 2 slice	1.62	0.01	4.72	162.08	0.05	25.17	0.24	0.06	0.00	0.14	-*	0.00	-*	-*	-*	0.21	-*	-*	-*	-*	-*	8.65	-*	0.05
M51530 SUB 6" FZ, Tky SW WG 2.0																								
12.00 @ 1 sandwich	349.93	5.52	14.19	453.69	14.14	36.37	33.04	23.60	50.00	3.94	157.21*	2705.43	0.00*	0.19*	31.30*	5.22	0.03*	0.02*	0.26*	0.04*	0.00*	294.57	15.31*	2.14
M50962 SDW BD, SBJ WG 2.0																								
3.00 @ 1 sandwich	658.38	3.99	5.45	579.16	35.89	49.06	69.87	19.95	0.00	5.99	378.78*	0.00	0.00*	-*	-*	0.00	-*	-*	-*	-*	-*	59.81	-*	5.35
M53347 SDW BD, SB WG 2.0																								
2.00 @ 1 sandwich	558.71	3.99	6.42	579.16	35.89	57.81	43.95	19.95	0.00	5.99	378.78*	0.00	0.00*	-*	-*	0.00	-*	-*	-*	-*	-*	59.81	-*	5.35
M52708 BRD: ROLL DG, Sub 6" WG																								
2.00 @ 1 roll	170.00	0.00	0.00	180.00	3.00	15.88	29.00	6.00	0.00	3.00	-*	0.01	-*	-*	-*	0.20	-*	-*	-*	-*	-*	13.37	-*	1.43
M52782 BRD: FLATBREAD 6" X 6" 2OZ WG (2BG)																								
36.00 @ 1 each	180.00	1.00	5.00	330.00	5.00	25.00	28.00	6.00	0.00	3.00	-*	0.22	-*	-*	-*	0.06	-*	-*	-*	-*	-*	34.22	-*	1.76

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DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Flower Mound HS

Service Area: Flower Mound - 9-12 - OVS

Menu Name: Flower Mound HS 2018-2019 Menu - cycle 6 - week 5

Avg.Method: Weighted (USDA Default)

M54775 BRD: CROISSANT, SLICED WG

1.00 @ 1 each	243.91	6.47	23.87	253.40	12.05	44.44	29.25	5.44	32.35	0.91	15.14	313.46	0.31	0.00	0.00	2.82	0.25	1.93	0.85	0.00	0.01	15.66	3.96	1.63
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M53393 TKY, Breast Sliced 1.0

20.00 @ 1 serving	60.00	0.50	7.50	220.00	2.00	30.00	2.00	9.00	25.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	20.00	-*	0.36
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M53569 CHIX, BLACK FOREST HAM SLICED 1.0

20.00 @ 1 serving	80.00	1.50	16.88	250.00	4.50	50.63	2.00	8.00	40.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.36
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M51976 CHIX Dcd Deli Salad W 1.0

4.00 @ 1 No 16 Scoop	76.63	0.94	10.98	129.00	4.42	51.89	1.48	6.99	24.65	0.18	27.40*	47.33	0.00*	0.03*	2.98*	0.37	0.00*	0.01*	0.03*	0.01*	0.00*	4.41	2.64*	0.30
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M51005 CHEESE, AM (184ct) Slices 1.0

6.00 @ 3 slice	134.99	6.75	45.00	599.97	10.50	70.00	1.50	7.50	37.50	0.00	-*	299.98	-*	-*	-*	0.00	-*	-*	-*	-*	-*	224.99	-*	0.00
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M53381 CHEESE, CH Slices 1.0

12.00 @ 2 slice	110.01	5.00	40.91	180.01	9.00	73.64	1.00	6.00	30.00	0.00	20.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	199.01	-*	0.00
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M53385 CHEESE, SW Slices 1.0

6.00 @ 2 slice	110.01	5.00	40.91	50.00	9.00	73.64	0.00	8.00	25.00	0.00	20.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	249.01	-*	0.00
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M50999 CHEESE, JK Slices 1.0

6.00 @ 2 slice	100.00	5.00	45.00	180.01	8.00	72.00	1.00	7.00	30.00	0.00	25.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	197.01	-*	0.00
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M51003 CHEESE, PV Slices 1.0

19.00 @ 2 slice	100.00	5.00	45.00	250.01	7.00	63.00	1.00	7.00	20.00	0.00	40.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	212.01	-*	0.00
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M51017 VEG GARN: Rom Leaf 1ea

20.00 @ 1 each	2.41	0.01	2.06	1.13	0.04	15.88	0.47	0.17	0.00	0.30	35.01	1234.63	0.00	0.02	14.53	0.57	0.01	0.01	0.04	0.01	0.00	4.68	4.25	0.14
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M51008 VEG: TOMATOES, FRESH SLCD (2SL) 1/8C

10.00 @ 1/8 cup	5.10	0.01	1.40	1.42	0.06	10.00	1.10	0.25	0.00	0.34	67.18	236.14	0.00	0.15	2.24	3.88	0.01	0.01	0.17	0.02	0.00	2.83	6.80	0.08
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M51013 VEG: ONIONS, Red Slice 1ea

10.00 @ 1 slice	2.83	0.00	0.94	0.28	0.01	2.25	0.66	0.08	0.00	0.12	10.35	0.14	0.00	0.00	0.03	0.52	0.00	0.00	0.01	0.01	0.00	1.63	2.06	0.01
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M52162 VEG: SPINACH, FRESH LEAVES 1/4C

5.00 @ 1/4 cup	3.12	0.01	2.47	10.73	0.05	15.26	0.49	0.39	0.00	0.30	75.79	1273.70	0.00	0.28	65.59	3.82	0.01	0.03	0.10	0.03	0.00	13.45	6.66	0.37
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M52661 VEG: CUCUMBER, Fresh Slice1/8c

2.00 @ 1/8 cup	2.75	0.01	2.22	0.37	0.02	6.60	0.66	0.12	0.00	0.09	26.91	19.22	0.00	0.01	3.00	0.51	0.00	0.01	0.02	0.01	0.00	2.93	4.39	0.05
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DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Flower Mound HS

Service Area: Flower Mound - 9-12 - OVS

Menu Name: Flower Mound HS 2018-2019 Menu - cycle 6 - week 5

Avg.Method: Weighted (USDA Default)

M53523 VEG: PEPPERS, Red Strips1/4c

4.00 @ 1/4 cup	7.78	0.01	0.78	1.00	0.08	8.71	1.51	0.25	0.00	0.53	52.96	785.87	0.00	0.40	1.23	32.05	0.01	0.02	0.25	0.07	0.00	1.76	6.53	0.11
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M50891 COND_OLIVES, BLACK SLICED TBSP

10.00 @ 1 tablespoon	14.04	0.17	10.96	58.74	1.27	81.48	0.52	0.13	0.00	0.31	-*	5.23	-*	-*	-*	0.21	-*	-*	-*	-*	-*	7.97	-*	0.18
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M50176 COND_Pickle, Dill Slice 2ea

8.00 @ 2 slice	1.62	0.01	4.72	162.08	0.05	25.17	0.24	0.06	0.00	0.14	-*	0.00	-*	-*	-*	0.21	-*	-*	-*	-*	-*	8.65	-*	0.05
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M50210 PORK: Bacon Ckd 2sl

3.00 @ 2 slice	52.31	1.36	23.40	142.30	3.98	68.40	0.31	3.87	12.03	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.11
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M66605 BRD: TORTILLA FLOUR 10" WG

81.00 @ 1 each	180.00	1.50	7.50	250.00	4.50	22.50	29.00	5.00	0.00	3.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	100.00	-*	1.44
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M66461 BRD: TORTILLA FLOUR 6" WG

6.00 @ 2 each	180.00	1.00	5.00	250.00	5.00	25.00	28.00	6.00	0.00	2.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	120.00	-*	1.44
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M54540 BRD: TORTILLA, CHIP RND WG 2BG

44.00 @ 1 serving	224.59	1.60	6.43	184.48	9.63	38.57	32.08	3.21	0.00	3.21	0.00	0.00	0.00	-*	-*	0.00	-*	-*	-*	-*	-*	48.13	-*	0.80
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M52224 RICE, Mex Spiced WG 1BG

40.00 @ 1/2 cup	109.96	0.22	1.77	66.08	0.94	7.73	22.26	2.54	0.99	1.15	76.27*	170.90*	0.00*	0.11*	1.15*	0.11*	0.00*	0.01*	0.05*	0.01*	0.00*	12.86	3.91*	0.57
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M51175 BEEF Gd, Taco Meat SC 1.0

95.00 @ 1 No 24 Scoop	78.71	1.65	18.88	56.06	4.38	50.12	1.22	8.02	25.24	0.15	122.30*	121.25	0.57*	0.08*	0.61*	1.55	0.01*	0.06*	1.81*	0.13*	0.79*	9.04	69.27*	1.00
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M52584 CHIX Strips, Fajita DkMt 1.0

60.00 @ 2 fl oz	76.93	1.01	11.78	124.77	3.56	41.66	1.34	10.09	35.00	0.09	9.12*	46.95	0.00*	0.07*	0.17*	0.02	0.00*	0.00*	0.03*	0.01*	0.00*	12.26	2.39*	0.69
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M67968 MMA: BEANS, PINTO KICKIN' 1.0

11.00 @ 1/4 cup	57.84	0.12	1.93	98.12	0.41	6.35	9.87	3.52	0.42	2.94	165.79*	37.72*	1.55*	0.00*	0.00*	0.64*	0.00*	0.00*	0.00*	0.00*	0.00*	32.66	0.00*	0.91
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M53386 CHEESE, CH Shreds 1.0

80.00 @ 2 fl oz	110.00	6.00	49.09	189.99	9.00	73.64	1.00	7.00	30.00	0.00	0.00	280.99	-*	-*	-*	0.00	-*	-*	-*	-*	-*	201.99	-*	0.19
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M50921 COND_Sauce, Chz SS W (LOL) 1.0

60.00 @ 3 fl oz	149.95	6.75	40.50	599.79	10.50	63.00	4.50	7.50	29.99	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	224.92	-*	0.00
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M51420 VEG GARN: Rom Shrds/Tom Dice

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DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Flower Mound HS

Service Area: Flower Mound - 9-12 - OVS

Menu Name: Flower Mound HS 2018-2019 Menu - cycle 6 - week 5

Avg.Method: Weighted (USDA Default)

30.00 @ 1 serving	5.03	0.01	1.56	1.63	0.06	11.41	1.06	0.27	0.00	0.40	67.90	794.43	0.00	0.12	8.94	3.20	0.01	0.01	0.15	0.02	0.00	4.47	7.23	0.13
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M52379 VEG: ONIONS, Yellow Diced 1/8c

20.00 @ 1/8 cup	8.62	0.01	0.94	0.86	0.02	2.25	2.01	0.24	0.00	0.37	31.47	0.43	0.00	0.00	0.09	1.60	0.01	0.01	0.03	0.03	0.00	4.96	6.25	0.05
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M50892 COND_PEPPERS, JALAPENO CND TBSP

28.00 @ 1 tablespoon	3.12	0.00	0.00	240.96	0.09	27.20	0.48	0.09	0.00	0.26	19.38	-*	-*	-*	-*	1.00	-*	-*	-*	-*	-*	2.31	-*	0.19
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M50891 COND_OLIVES, BLACK SLICED TBSP

22.00 @ 1 tablespoon	14.04	0.17	10.96	58.74	1.27	81.48	0.52	0.13	0.00	0.31	-*	5.23	-*	-*	-*	0.21	-*	-*	-*	-*	-*	7.97	-*	0.18
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M55430 COND_HERB, CILANTRO

10.00 @ 1 tablespoon	0.82	0.00	0.55	1.63	0.02	20.35	0.13	0.08	0.00	0.10	18.46	239.13	0.00	0.09	10.99	0.96	0.00	0.01	0.04	0.01	0.00	2.37	1.70	0.06
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M51745 VEG: POTATO, Mashed Garlic1/2c

113.00 @ 1/2 cup	78.45	0.00	0.02	101.15	0.86	9.81	15.70	1.79	0.00	0.91	129.36	0.34	0.00*	0.00*	0.10*	10.21	0.00*	0.00*	0.00*	0.00*	0.00*	3.76	0.10*	0.34
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M50186 VEG: BROCCOLI, Fresh 1/2c

82.00 @ 1/2 cup	10.84	0.01	1.03	10.52	0.12	9.79	2.12	0.90	0.00	0.83	100.78	198.68	0.00	0.25	32.40	28.45	0.02	0.04	0.20	0.06	0.00	14.99	21.05	0.23
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M52149 VEG: SALAD, Side RomMix SC1c

48.00 @ 1 cup	13.23	0.02	1.38	12.10	0.15	10.29	2.85	0.69	0.00	1.26	146.56	4976.16	0.00	0.12	43.60	7.46	0.04	0.04	0.25	0.06	0.00	19.84	17.48	0.47
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M54853 VEG: POTATO, FF THIN CUT GEN7 1/2C

480.00 @ 1/2 cup	103.88	0.92	7.94	122.21	3.67	31.77	16.50	1.22	0.00	1.22	232.27	0.00	0.00	-*	-*	2.93	-*	-*	-*	-*	-*	0.00	-*	0.22
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M51731 VEG: POTATO SWT, FF CRINKLE 1/2C

140.00 @ 1/2 cup	137.66	0.53	3.46	180.02	4.77	31.15	23.30	1.06	0.00	3.18	243.56	3176.86	-*	-*	-*	6.35	-*	-*	-*	-*	-*	21.18	-*	0.38
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M50843 FRUIT: STRAWBERRIES, FRESH 1/2C

120.00 @ 1/2 cup	24.57	0.01	0.42	0.77	0.23	8.44	5.90	0.51	0.00	1.54	117.47	9.21	0.00	0.22	1.69	45.14	0.02	0.02	0.30	0.04	0.00	12.28	18.43	0.31
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M50427 FRUIT: FRUIT MIX w/Jc 1/2c

157.00 @ 1/2 cup	60.01	0.00	0.00	5.00	0.00	0.00	13.00	1.00	0.00	1.00	-*	200.03	-*	-*	-*	1.20	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50982 JUICE SS, ORANGE 100% 4 FLOZ

210.00 @ 1 each	51.44	0.00	0.00	15.43	0.00	0.00	12.35	1.03	0.00	0.00	-*	0.00	-*	-*	-*	43.21	-*	-*	-*	-*	-*	0.00	-*	0.00
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M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50

68.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00
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DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Flower Mound HS

Service Area: Flower Mound - 9-12 - OVS

Menu Name: Flower Mound HS 2018-2019 Menu - cycle 6 - week 5

Avg.Method: Weighted (USDA Default)

M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50

175.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00
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M50855 COND PC Ketchup 9g Heinz

800.00 @ 1 each	10.00	0.00	0.00	85.00	0.00	0.00	3.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50055 COND PC Mayonnaise 12g

15.00 @ 1 each	80.00	1.50	16.87	75.00	8.00	90.00	1.00	0.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50284 COND PC Mustard 6g

5.00 @ 1 each	0.00	0.00	-	65.00	0.00	-	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M53222 COND PC Margarine 5g

96.00 @ 1 each	30.00	1.00	30.00	30.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	500.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50624 COND PC Drsg Ranch 12g

195.00 @ 1 each	50.00	0.00	0.00	100.00	5.00	90.00	1.00	0.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50623 COND PC Drsg Italian 12g

10.00 @ 1 each	30.00	0.00	0.00	130.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	100.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M53116 COND PC Drsg Honey Mustard 12g

2.00 @ 1 each	15.00	0.00	0.00	65.00	0.00	0.00	4.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50056 COND PC Sauce, Taco 9g

5.00 @ 1 each	5.00	0.00	0.00	55.00	0.00	0.00	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50287 COND PC SAUCE, BBQ 12G PKT

48.00 @ 1 each	15.00	0.00	0.00	160.00	0.00	0.00	4.00	0.00	0.00	0.00	-*	100.00	-*	-*	-*	0.60	-*	-*	-*	-*	-*	0.00	-*	0.00
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M51391 COND_Mayo, Chipotle W

48.00 @ 1 tablespoon	26.19	0.35	12.18	91.54	2.49	85.73	0.97	0.01	3.54	0.01	1.00*	91.64	-*	-*	-*	0.40	-*	-*	-*	-*	-*	0.00	-*	0.02
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M50060 COND_Mayo W

48.00 @ 1 tablespoon	33.07	0.47	12.86	94.49	3.31	90.00	0.94	0.00	4.72	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50291 COND_Mustard, Yellow

48.00 @ 1 tablespoon	9.00	0.01	1.50	181.50	0.37	37.20	0.93	0.47	0.00	0.43	13.36	0.67	-*	-*	-*	0.13	-*	-*	-*	-*	-*	7.51	-*	0.19
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M50692 COND_Dressing, DijonHnyMustard

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DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Flower Mound HS

Service Area: Flower Mound - 9-12 - OVS

Menu Name: Flower Mound HS 2018-2019 Menu - cycle 6 - week 5

Avg.Method: Weighted (USDA Default)

48.00 @ 1 tablespoon	65.00	0.75	10.38	90.00	5.50	76.15	3.50	0.00	7.50	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50622 COND_Dressing, Ranch Lite																								
48.00 @ 1 tablespoon	55.00	0.75	12.27	139.99	5.00	81.82	0.50	0.50	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	10.00	-*	0.00
M50292 COND_Sauce, BBQ Original AP																								
48.00 @ 1 tablespoon	35.00	0.00	0.00	144.99	0.00	0.00	9.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	1.80	-*	-*	-*	-*	-*	0.00	-*	0.18
M50063 COND_Sauce, Buffalo Wing AP																								
48.00 @ 1 tablespoon	4.38	0.02	4.79	363.06	0.22	45.51	0.48	0.11	0.17	0.12	21.32	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	2.22	-*	0.07
M50087 COND_Salsa, Pico SC 1/8c																								
48.00 @ 1/8 cup	6.68	0.01	1.17	37.20	0.07	9.84	1.46	0.29	0.00	0.40	69.99	231.76*	0.00*	0.15*	2.94*	4.04	0.01*	0.01*	0.16*	0.03*	0.00*	4.19	7.40*	0.11
M66157 COND_SALSA, BLNDR SC 1/8C																								
48.00 @ 1/8 cup	9.65	0.01	1.33	45.21	0.10	9.06	2.10	0.42	0.00	0.59	27.10*	148.65*	0.00*	0.05*	6.02*	4.65	0.01*	0.01*	0.03*	0.02*	0.00*	16.79	4.05*	0.19
M53940 COND_Salsa, Verde SC 1/8c																								
48.00 @ 1/8 cup	10.75	0.03	2.54	25.36	0.23	19.29	2.13	0.37	0.00	0.61	83.93	260.93*	0.00*	0.16*	12.93*	3.96	0.02*	0.01*	0.40*	0.03*	0.00*	8.13	11.81*	0.22
M53295 COND_Sour Cream AP																								
48.00 @ 1 tablespoon	30.00	1.75	52.50	25.00	3.00	90.00	1.00	0.50	10.00	0.00	-*	99.99	-*	-*	-*	0.00	-*	-*	-*	-*	-*	20.00	-*	0.00
M67420 ENT: PLATE, CHIXNUGMWWM POPSPCY CELWFRIS BRDSTKPB WG2 FUEL3																								
24.00 @ 1 serving	521.28	4.92	8.49	1120.82	25.41	43.88	48.93	21.51	31.15	6.51	435.45*	350.08	0.00*	0.17*	18.17*	5.12	0.01*	0.04*	0.20*	0.05*	0.00*	73.02	14.88*	2.72
M52815 VEG: PEPPERS, Red Strips1/2c																								
24.00 @ 1/2 cup	15.56	0.01	0.78	2.01	0.15	8.71	3.03	0.50	0.00	1.05	105.92	1571.73	0.00	0.79	2.46	64.10	0.03	0.04	0.49	0.15	0.00	3.51	13.05	0.22
Average	1117.62	11.74	9.45	1848.35	41.72	33.59	133.69	51.4	97.51	12.56	537.92*	2882.42*	.37*	.28*	19.48*	50.26*	.03*	.06*	1.29*	.13*	.43*	517.48	56.69*	6.02

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DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Flower Mound HS

Service Area: Flower Mound - 9-12 - OVS

Menu Name: Flower Mound HS 2018-2019 Menu - cycle 6 - week 5

Avg.Method: Weighted (USDA Default)

Age Group: Brkfst Grades K-12 **Period:** Breakfast **Week:** 5 **Day:** Thursday **Count Type:** Forecasted **Total No. of Customers:** 41

Weekly Std. (Target 1)	SFA		Na (mg)	Fat		CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)
	CAL	(g)		% of CAL	(g)																		
450.00-500.00		10.00	540.00																				

M54297 BRD: DONUT, GLAZE MAPLE WG

34.00 @ 1 each	339.70	7.00	18.55	303.76	16.00	42.39	45.30	5.00	0.00	2.81	0.30*	9.50	0.00*	0.00*	0.00*	0.00	0.00*	0.00*	0.00*	0.00*	0.00*	14.17	0.00*	0.71
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M51320 CEREAL BWL, Rice Krispies WG

2.00 @ 1 bowl	100.00	0.00	0.00	170.00	0.50	4.50	23.00	2.00	0.00	1.00	-*	1000.03	-*	-*	-*	12.00	-*	-*	-*	-*	-*	0.00	-*	8.10
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M50208 CEREAL BWL, CINN TST CRUNCH RS WG

1.00 @ 1 bowl	110.00	0.50	4.09	160.00	3.00	24.54	22.00	1.00	0.00	3.00	-*	400.01	-*	-*	-*	4.80	-*	-*	-*	-*	-*	200.01	-*	3.60
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M50442 CEREAL BWL, Cocoa Puffs RS WG

1.00 @ 1 bowl	110.05	0.00	0.00	160.08	1.50	12.27	25.01	2.00	0.00	2.00	-*	500.25	-*	-*	-*	6.00	-*	-*	-*	-*	-*	100.05	-*	4.50
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M50524 CEREAL BWL, Lucky Charms WG

1.00 @ 1 bowl	110.00	0.00	0.00	180.00	1.00	8.18	23.00	2.00	0.00	2.00	-*	500.01	-*	-*	-*	6.00	-*	-*	-*	-*	-*	100.00	-*	4.50
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M50525 CEREAL BWL, Trix RS WG

1.00 @ 1 bowl	110.00	0.00	0.00	140.00	1.00	8.18	24.00	1.00	0.00	1.00	-*	400.01	-*	-*	-*	4.80	-*	-*	-*	-*	-*	80.00	-*	4.50
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M52725 BRD: BAR, Cereal CocoPuf WG IW

2.00 @ 1 each	150.00	0.00	0.00	100.00	3.00	18.00	30.00	3.00	0.00	3.00	-*	100.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	200.00	-*	1.80
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M52724 BRD: BAR, Cereal CinnTst WG IW

1.00 @ 1 each	150.00	0.00	0.00	115.00	3.50	21.00	30.00	2.00	0.00	3.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	200.00	-*	1.80
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M51267 BRD: MUF AP, BLUEBRY 2OZ IW WG (1BG)

1.00 @ 1 muffin	190.00	2.00	9.47	130.00	6.00	28.42	30.00	3.00	40.00	2.00	135.10	100.00	16.00	-*	-*	0.00	-*	-*	-*	-*	-*	20.00	-*	1.08
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M51268 BRD: MUF AP, CHOC CHOC CHIP 2OZ IW WG (1BG)

1.00 @ 1 muffin	200.00	2.00	9.00	130.00	6.00	27.00	32.00	4.00	40.00	2.00	159.95	100.00	16.00	-*	-*	0.00	-*	-*	-*	-*	-*	40.00	-*	1.44
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M51848 BRD: POPTARTS, Straw 1.76oz WG

1.00 @ 1 package	180.00	1.00	5.00	190.00	2.50	12.50	38.00	2.00	0.00	3.00	-*	500.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	100.00	-*	1.80
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M51849 BRD: POPTARTS, Cinn 1.76oz WG

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DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Flower Mound HS

Service Area: Flower Mound - 9-12 - OVS

Menu Name: Flower Mound HS 2018-2019 Menu - cycle 6 - week 5

Avg.Method: Weighted (USDA Default)

1.00 @ 1 package	190.00	1.00	4.74	200.00	3.00	14.21	38.00	2.00	0.00	3.00	-*	500.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	100.00	-*	1.80
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M51684 BRD: POPTARTS, Fudge 1.76oz WG

4.00 @ 1 package	190.00	1.00	4.74	200.00	3.00	14.21	38.00	3.00	0.00	3.00	-*	500.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	100.00	-*	1.80
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M51994 CHEESE, COLBY JK Stick 1ea 1.0

3.00 @ 1 stick	90.00	4.00	40.00	200.01	6.00	60.00	0.00	7.00	20.00	0.00	0.00	200.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	200.01	-*	0.00
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M50792 YOGURT SS, Trix Strawb/Ban 4oz

5.00 @ 1 each	80.00	0.00	0.00	60.00	0.50	5.63	15.00	4.00	5.00	0.00	140.00	500.04	-*	-*	-*	0.00	-*	-*	-*	-*	-*	100.01	-*	0.00
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M51237 BRD: BREAD WG, Tst Marg 1sl

2.00 @ 1 slice	110.00	1.33	10.91	160.00	4.33	35.45	15.00	3.00	0.00	1.00	1.33*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	1.08
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M50670 EGG: Hard Boiled FC AP 1.5

1.00 @ 1 each	80.00	1.50	16.88	60.00	5.00	56.25	1.00	6.00	185.00	0.00	-*	300.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	20.00	-*	0.72
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M52975 BRD: WAFFLE, RS SS WG (3.25BG)

5.00 @ 1 each	240.06	0.00	0.00	506.14	2.86	10.71	50.30	6.86	0.00	6.86	1.05*	0.00	0.00*	0.00*	0.00*	0.00	0.00*	0.00*	0.00*	0.00*	0.00*	288.94	0.00*	3.09
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M52657 FRUIT: BLUEBERRIES, Fz 1/8c

3.00 @ 1/8 cup	8.89	0.01	0.94	0.17	0.11	11.29	2.12	0.07	0.00	0.47	9.41	8.01	0.00	0.08	2.86	0.44	0.01	0.01	0.09	0.01	0.00	1.39	1.92	0.03
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M53629 FRUIT: STRAWBERRIES, FRESH 1/8C

2.00 @ 1/8 cup	6.14	0.00	0.42	0.19	0.06	8.44	1.47	0.13	0.00	0.38	29.37	2.30	0.00	0.06	0.42	11.29	0.00	0.00	0.07	0.01	0.00	3.07	4.61	0.08
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M52817 DESRT: TOPPING, CHOCOLATE CHIPS SEMISWT (TBSP)

5.00 @ 1 tablespoon	51.03	1.89	33.28	1.17	3.19	56.25	6.79	0.45	0.00	0.63	38.80	0.00	0.00	0.03	0.60	0.00	0.01	0.01	0.05	0.00	0.00	3.40	14.03	0.33
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M52816 DESRT: TOPPING, Whipd NonDairy

5.00 @ 1 tablespoon	12.92	1.03	72.00	0.00	1.03	72.00	1.03	0.00	0.00	0.00	-*	0.10	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.20	-*	0.00
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M50843 FRUIT: STRAWBERRIES, FRESH 1/2C

33.00 @ 1/2 cup	24.57	0.01	0.42	0.77	0.23	8.44	5.90	0.51	0.00	1.54	117.47	9.21	0.00	0.22	1.69	45.14	0.02	0.02	0.30	0.04	0.00	12.28	18.43	0.31
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M52271 FRUIT: PEARS, Dice w/Jc 1/2c

2.00 @ 1/2 cup	60.66	0.00	0.00	10.11	0.00	0.00	14.15	0.00	0.00	2.02	80.89	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M53365 JUICE SS, Grape100% 4oz Cart

16.00 @ 1 each	80.00	0.00	0.00	15.00	0.00	0.00	18.00	1.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Flower Mound HS

Service Area: Flower Mound - 9-12 - OVS

Menu Name: Flower Mound HS 2018-2019 Menu - cycle 6 - week 5

Avg.Method: Weighted (USDA Default)

M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50

12.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00
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M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50

12.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00
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M53222 COND PC Margarine 5g

2.00 @ 1 each	30.00	1.00	30.00	30.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	500.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50854 COND PC Jelly, #4 Smuckers

4.00 @ 1 each	35.00	0.00	0.00	5.00	0.00	0.00	9.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50056 COND PC Sauce, Taco 9g

1.00 @ 1 each	5.00	0.00	0.00	55.00	0.00	0.00	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50058 COND PC Syrup 1.4oz Smuckers

5.00 @ 1 each	110.00	0.00	0.00	25.00	0.00	0.00	29.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M55693 SDW WFL, CHIXFLT BRD CINMPLSPCY WG 2.0 MWWW

24.00 @ 1 sandwich	424.17	1.50	3.18	672.81	15.00	31.82	48.36	23.00	44.95	5.14	131.16*	600.80	0.00*	0.01*	0.08*	0.02	0.00*	0.00*	0.00*	0.00*	0.00*	123.32	0.17*	4.70
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Average	795.03	8.19	9.27	909.84	25.95	29.38	115.02	26.3	39.24	8.69	206.84*	943.32	.78*	.2*	1.71*	39.16	.02*	.02*	.26*	.03*	0*	375.12	17.01*	5.36
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DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Flower Mound HS

Service Area: Flower Mound - 9-12 - OVS

Menu Name: Flower Mound HS 2018-2019 Menu - cycle 6 - week 5

Avg.Method: Weighted (USDA Default)

Age Group: Lunch Grades 9-12 **Period:** Lunch **Week:** 5 **Day:** Thursday **Count Type:** Forecasted **Total No. of Customers:** 560

Weekly Std. (Target 1)	SFA		Na (mg)	Fat		CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)	
	CAL	(g)		% of CAL	(g)																			% of CAL
750.00-850.00		10.00	1420.00																					

M53870 ENT: PASTA, CHIXDCD PENNE ALFREDO WG 2.0

96.00 @ 8 fl oz	271.36	4.58	15.18	448.24	9.33	30.96	26.52	18.42	48.42	2.72	161.36*	5.10	0.00*	0.01*	2.07*	0.43	0.00*	0.00*	0.02*	0.02*	0.00*	235.43	2.90*	1.93
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M67344 SALAD, CHAM PEPP PIZZA SC 2.25

15.00 @ 1 each	208.23	5.83	25.21	578.35	13.21	57.11	6.10	16.44	63.75	1.26	146.57*	5085.27	0.00*	0.12*	43.60*	7.46	0.04*	0.04*	0.25*	0.06*	0.00*	173.60	17.48*	1.02
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M51680 BRD: ROLL DG, WG 2.5oz

17.00 @ 1 each	170.00	0.50	2.65	135.00	3.00	15.88	28.00	7.00	0.00	3.40	-*	0.01	-*	-*	-*	0.01	-*	-*	-*	-*	-*	12.70	-*	0.85
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M52043 PIZZA HUT PIZZA 6" EXPRESS CHZ SS 2.25

29.00 @ 1 pizza	374.18	4.99	12.01	685.27	13.41	32.25	38.44	24.92	24.70	4.27	-*	692.07	-*	-*	-*	5.36	-*	-*	-*	-*	-*	410.71	-*	2.57
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M53931 PIZZA HUT PIZZA 6" EXPRESS PEPP SS 2.0

84.00 @ 1 pizza	385.19	5.31	12.42	711.32	14.98	35.01	38.49	24.17	27.17	4.35	-*	662.85	-*	-*	-*	5.43	-*	-*	-*	-*	-*	354.34	-*	2.65
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M54307 PIZZA HUT PIZZA 6" EXPRESS SSG SS 2.25

34.00 @ 1 pizza	439.08	7.15	14.66	836.54	20.45	41.92	38.35	25.40	37.42	4.27	-*	689.00	-*	-*	-*	5.36	-*	-*	-*	-*	-*	356.37	-*	2.86
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M54310 PIZZA HUT PIZZA 6" EXPRESS BBQ CHIX SS 2.25

20.00 @ 1 pizza	400.94	4.66	10.46	805.79	13.17	29.57	42.83	27.77	38.53	4.36	-*	667.19	-*	-*	-*	5.81	-*	-*	-*	-*	-*	350.99	-*	2.67
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M54520 PIZZA HUT COND PC CHEESE GRATED 2.5G

47.00 @ 1 each	10.00	0.00	0.00	50.00	1.00	90.00	0.00	1.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M54521 PIZZA HUT COND PC PEPPER RED CRUSHED 1G

20.00 @ 1 each	5.00	0.00	0.00	0.00	0.00	0.00	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M52587 CHIX TENDER, GLDN CRISPY (3) WG 2.0 MWWM

120.00 @ 3 each	239.64	2.25	8.44	404.38	11.98	45.00	11.98	19.47	44.93	1.50	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	1.62
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M51753 CHIX Popcorn, AP Spicy WG 2.0

85.00 @ 1 serving	247.14	2.69	9.78	365.34	13.97	50.87	16.12	13.97	21.49	2.15	-*	107.45	-*	-*	-*	0.00	-*	-*	-*	-*	-*	42.98	-*	1.93
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M51275 CHIX NUGGET, BNLS WING WG (5) 2.0 MWWM

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DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Flower Mound HS

Service Area: Flower Mound - 9-12 - OVS

Menu Name: Flower Mound HS 2018-2019 Menu - cycle 6 - week 5

Avg.Method: Weighted (USDA Default)

12.00 @ 5 each	200.86	1.88	8.44	338.95	8.79	39.38	12.55	17.58	25.11	2.51	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.90
M51680 BRD: ROLL DG, WG 2.5oz																								
180.00 @ 1 each	170.00	0.50	2.65	135.00	3.00	15.88	28.00	7.00	0.00	3.40	-*	0.01	-*	-*	-*	0.01	-*	-*	-*	-*	-*	12.70	-*	0.85
M54370 BURG, BLACK BEAN AP WG 2.0																								
3.00 @ 1 each	300.00	1.00	3.00	710.00	9.00	27.00	42.00	19.00	5.00	7.00	280.00*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	80.00	-*	2.16
M53275 MELT BD, AM WG 2.0																								
4.00 @ 1 sandwich	385.00	11.25	26.30	1320.00	19.50	45.58	32.50	18.50	62.50	2.00	-*	500.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	375.00	-*	2.16
M51228 BRD: BUN, Hamburger WG																								
177.00 @ 1 each	140.00	0.00	0.00	300.00	2.00	12.86	27.00	5.00	0.00	2.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	40.00	-*	1.44
M51648 BEEF Pty, AP 100% 2.0																								
76.00 @ 1 each	130.00	3.00	20.77	45.00	8.00	55.39	1.00	12.00	35.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	1.08
M51359 CHIX FLT, BREAST GRD 2.0 MWWM																								
5.00 @ 1 each	100.00	1.00	9.00	310.00	4.00	36.00	1.00	15.00	40.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.72
M51935 CHIX FLT, BREAST BRD WG 2.0 MWWM																								
36.00 @ 1 each	199.76	1.50	6.75	289.65	8.99	40.50	8.99	18.98	44.95	3.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	1.08
M51936 CHIX FLT, BREAST BRD SPICY WG 2.0 MWWM																								
52.00 @ 1 each	199.86	2.00	9.00	329.76	9.99	45.00	8.99	18.99	44.97	1.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	1.44
M53387 CHEESE, AM (184ct) Slices 0.25																								
46.00 @ 1 slice	45.00	2.25	45.00	199.99	3.50	70.00	0.50	2.50	12.50	0.00	-*	99.99	-*	-*	-*	0.00	-*	-*	-*	-*	-*	75.00	-*	0.00
M53383 CHEESE, CH Slices 0.5																								
32.00 @ 1 slice	55.00	2.50	40.91	90.00	4.50	73.64	0.50	3.00	15.00	0.00	10.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	99.51	-*	0.00
M51001 CHEESE, SW Slices 0.5																								
7.00 @ 1 slice	55.00	2.50	40.91	25.00	4.50	73.64	0.00	4.00	12.50	0.00	10.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	124.51	-*	0.00
M53382 CHEESE, JK Slices 0.5																								
36.00 @ 1 slice	50.00	2.50	45.00	90.00	4.00	72.00	0.50	3.50	15.00	0.00	12.50	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	98.50	-*	0.00
M51004 CHEESE, PV Slices 0.5																								
17.00 @ 1 slice	50.00	2.50	45.00	125.01	3.50	63.00	0.50	3.50	10.00	0.00	20.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	106.01	-*	0.00
M51017 VEG GARN: Rom Leaf 1ea																								

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DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Flower Mound HS

Service Area: Flower Mound - 9-12 - OVS

Menu Name: Flower Mound HS 2018-2019 Menu - cycle 6 - week 5

Avg.Method: Weighted (USDA Default)

41.00 @ 1 each	2.41	0.01	2.06	1.13	0.04	15.88	0.47	0.17	0.00	0.30	35.01	1234.63	0.00	0.02	14.53	0.57	0.01	0.01	0.04	0.01	0.00	4.68	4.25	0.14
M51008 VEG: TOMATOES, FRESH SLCD (2SL) 1/8C																								
54.00 @ 1/8 cup	5.10	0.01	1.40	1.42	0.06	10.00	1.10	0.25	0.00	0.34	67.18	236.14	0.00	0.15	2.24	3.88	0.01	0.01	0.17	0.02	0.00	2.83	6.80	0.08
M53391 VEG: ONIONS, Yellow Slice 1ea																								
12.00 @ 1 slice	2.83	0.00	0.94	0.28	0.01	2.25	0.66	0.08	0.00	0.12	10.35	0.14	0.00	0.00	0.03	0.52	0.00	0.00	0.01	0.01	0.00	1.63	2.06	0.01
M50892 COND_PEPPERS, JALAPENO CND TBSP																								
22.00 @ 1 tablespoon	3.12	0.00	0.00	240.96	0.09	27.20	0.48	0.09	0.00	0.26	19.38	-*	-*	-*	-*	1.00	-*	-*	-*	-*	-*	2.31	-*	0.19
M50176 COND_Pickle, Dill Slice 2ea																								
47.00 @ 2 slice	1.62	0.01	4.72	162.08	0.05	25.17	0.24	0.06	0.00	0.14	-*	0.00	-*	-*	-*	0.21	-*	-*	-*	-*	-*	8.65	-*	0.05
M66741 WRAP 10", CHIXDCD BUFF WG 2.0																								
18.00 @ 1 each	366.92	4.43	10.87	647.39	16.59	40.70	32.55	19.97	52.30	3.99	147.87*	2755.45	0.00*	0.19*	31.30*	5.02	0.03*	0.02*	0.26*	0.04*	0.00*	133.31	15.31*	2.38
M50962 SDW BD, SBJ WG 2.0																								
3.00 @ 1 sandwich	658.38	3.99	5.45	579.16	35.89	49.06	69.87	19.95	0.00	5.99	378.78*	0.00	0.00*	-*	-*	0.00	-*	-*	-*	-*	-*	59.81	-*	5.35
M53347 SDW BD, SB WG 2.0																								
2.00 @ 1 sandwich	558.71	3.99	6.42	579.16	35.89	57.81	43.95	19.95	0.00	5.99	378.78*	0.00	0.00*	-*	-*	0.00	-*	-*	-*	-*	-*	59.81	-*	5.35
M52708 BRD: ROLL DG, Sub 6" WG																								
2.00 @ 1 roll	170.00	0.00	0.00	180.00	3.00	15.88	29.00	6.00	0.00	3.00	-*	0.01	-*	-*	-*	0.20	-*	-*	-*	-*	-*	13.37	-*	1.43
M52782 BRD: FLATBREAD 6" X 6" 2OZ WG (2BG)																								
38.00 @ 1 each	180.00	1.00	5.00	330.00	5.00	25.00	28.00	6.00	0.00	3.00	-*	0.22	-*	-*	-*	0.06	-*	-*	-*	-*	-*	34.22	-*	1.76
M54775 BRD: CROISSANT, SLICED WG																								
2.00 @ 1 each	243.91	6.47	23.87	253.40	12.05	44.44	29.25	5.44	32.35	0.91	15.14	313.46	0.31	0.00	0.00	2.82	0.25	1.93	0.85	0.00	0.01	15.66	3.96	1.63
M53393 TKY, Breast Sliced 1.0																								
21.00 @ 1 serving	60.00	0.50	7.50	220.00	2.00	30.00	2.00	9.00	25.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	20.00	-*	0.36
M53569 CHIX, BLACK FOREST HAM SLICED 1.0																								
21.00 @ 1 serving	80.00	1.50	16.88	250.00	4.50	50.63	2.00	8.00	40.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.36
M51976 CHIX Dcd Deli Salad W 1.0																								
2.00 @ 1 No 16 Scoop	76.63	0.94	10.98	129.00	4.42	51.89	1.48	6.99	24.65	0.18	27.40*	47.33	0.00*	0.03*	2.98*	0.37	0.00*	0.01*	0.03*	0.01*	0.00*	4.41	2.64*	0.30

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DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Flower Mound HS

Service Area: Flower Mound - 9-12 - OVS

Menu Name: Flower Mound HS 2018-2019 Menu - cycle 6 - week 5

Avg.Method: Weighted (USDA Default)

M51005 CHEESE, AM (184ct) Slices 1.0

12.00 @ 3 slice	134.99	6.75	45.00	599.97	10.50	70.00	1.50	7.50	37.50	0.00	-*	299.98	-*	-*	-*	0.00	-*	-*	-*	-*	-*	224.99	-*	0.00
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M53381 CHEESE, CH Slices 1.0

15.00 @ 2 slice	110.01	5.00	40.91	180.01	9.00	73.64	1.00	6.00	30.00	0.00	20.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	199.01	-*	0.00
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M53385 CHEESE, SW Slices 1.0

8.00 @ 2 slice	110.01	5.00	40.91	50.00	9.00	73.64	0.00	8.00	25.00	0.00	20.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	249.01	-*	0.00
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M50999 CHEESE, JK Slices 1.0

5.00 @ 2 slice	100.00	5.00	45.00	180.01	8.00	72.00	1.00	7.00	30.00	0.00	25.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	197.01	-*	0.00
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M51003 CHEESE, PV Slices 1.0

13.00 @ 2 slice	100.00	5.00	45.00	250.01	7.00	63.00	1.00	7.00	20.00	0.00	40.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	212.01	-*	0.00
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M51017 VEG GARN: Rom Leaf 1ea

35.00 @ 1 each	2.41	0.01	2.06	1.13	0.04	15.88	0.47	0.17	0.00	0.30	35.01	1234.63	0.00	0.02	14.53	0.57	0.01	0.01	0.04	0.01	0.00	4.68	4.25	0.14
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M51008 VEG: TOMATOES, FRESH SLCD (2SL) 1/8C

10.00 @ 1/8 cup	5.10	0.01	1.40	1.42	0.06	10.00	1.10	0.25	0.00	0.34	67.18	236.14	0.00	0.15	2.24	3.88	0.01	0.01	0.17	0.02	0.00	2.83	6.80	0.08
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M51013 VEG: ONIONS, Red Slice 1ea

10.00 @ 1 slice	2.83	0.00	0.94	0.28	0.01	2.25	0.66	0.08	0.00	0.12	10.35	0.14	0.00	0.00	0.03	0.52	0.00	0.00	0.01	0.01	0.00	1.63	2.06	0.01
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M52162 VEG: SPINACH, FRESH LEAVES 1/4C

10.00 @ 1/4 cup	3.12	0.01	2.47	10.73	0.05	15.26	0.49	0.39	0.00	0.30	75.79	1273.70	0.00	0.28	65.59	3.82	0.01	0.03	0.10	0.03	0.00	13.45	6.66	0.37
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M52661 VEG: CUCUMBER, Fresh Slice1/8c

2.00 @ 1/8 cup	2.75	0.01	2.22	0.37	0.02	6.60	0.66	0.12	0.00	0.09	26.91	19.22	0.00	0.01	3.00	0.51	0.00	0.01	0.02	0.01	0.00	2.93	4.39	0.05
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M53523 VEG: PEPPERS, Red Strips1/4c

4.00 @ 1/4 cup	7.78	0.01	0.78	1.00	0.08	8.71	1.51	0.25	0.00	0.53	52.96	785.87	0.00	0.40	1.23	32.05	0.01	0.02	0.25	0.07	0.00	1.76	6.53	0.11
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M50891 COND_OLIVES, BLACK SLICED TBSP

10.00 @ 1 tablespoon	14.04	0.17	10.96	58.74	1.27	81.48	0.52	0.13	0.00	0.31	-*	5.23	-*	-*	-*	0.21	-*	-*	-*	-*	-*	7.97	-*	0.18
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M50176 COND_Pickle, Dill Slice 2ea

5.00 @ 2 slice	1.62	0.01	4.72	162.08	0.05	25.17	0.24	0.06	0.00	0.14	-*	0.00	-*	-*	-*	0.21	-*	-*	-*	-*	-*	8.65	-*	0.05
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M66605 BRD: TORTILLA FLOUR 10" WG

82.00 @ 1 each	180.00	1.50	7.50	250.00	4.50	22.50	29.00	5.00	0.00	3.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	100.00	-*	1.44
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DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Flower Mound HS

Service Area: Flower Mound - 9-12 - OVS

Menu Name: Flower Mound HS 2018-2019 Menu - cycle 6 - week 5

Avg.Method: Weighted (USDA Default)

M66461 BRD: TORTILLA FLOUR 6" WG

6.00 @ 2 each	180.00	1.00	5.00	250.00	5.00	25.00	28.00	6.00	0.00	2.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	120.00	-*	1.44
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M54540 BRD: TORTILLA, CHIP RND WG 2BG

43.00 @ 1 serving	224.59	1.60	6.43	184.48	9.63	38.57	32.08	3.21	0.00	3.21	0.00	0.00	0.00	-*	-*	0.00	-*	-*	-*	-*	-*	48.13	-*	0.80
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M52224 RICE, Mex Spiced WG 1BG

54.00 @ 1/2 cup	109.96	0.22	1.77	66.08	0.94	7.73	22.26	2.54	0.99	1.15	76.27*	170.90*	0.00*	0.11*	1.15*	0.11*	0.00*	0.01*	0.05*	0.01*	0.00*	12.86	3.91*	0.57
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M51175 BEEF Gd, Taco Meat SC 1.0

120.00 @ 1 No 24 Scoop	78.71	1.65	18.88	56.06	4.38	50.12	1.22	8.02	25.24	0.15	122.30*	121.25	0.57*	0.08*	0.61*	1.55	0.01*	0.06*	1.81*	0.13*	0.79*	9.04	69.27*	1.00
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M52584 CHIX Strips, Fajita DkMt 1.0

54.00 @ 2 fl oz	76.93	1.01	11.78	124.77	3.56	41.66	1.34	10.09	35.00	0.09	9.12*	46.95	0.00*	0.07*	0.17*	0.02	0.00*	0.00*	0.03*	0.01*	0.00*	12.26	2.39*	0.69
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M67968 MMA: BEANS, PINTO KICKIN' 1.0

8.00 @ 1/4 cup	57.84	0.12	1.93	98.12	0.41	6.35	9.87	3.52	0.42	2.94	165.79*	37.72*	1.55*	0.00*	0.00*	0.64*	0.00*	0.00*	0.00*	0.00*	0.00*	32.66	0.00*	0.91
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M53386 CHEESE, CH Shreds 1.0

80.00 @ 2 fl oz	110.00	6.00	49.09	189.99	9.00	73.64	1.00	7.00	30.00	0.00	0.00	280.99	-*	-*	-*	0.00	-*	-*	-*	-*	-*	201.99	-*	0.19
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M50921 COND_Sauce, Chz SS W (LOL) 1.0

120.00 @ 3 fl oz	149.95	6.75	40.50	599.79	10.50	63.00	4.50	7.50	29.99	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	224.92	-*	0.00
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M51420 VEG GARN: Rom Shrds/Tom Dice

80.00 @ 1 serving	5.03	0.01	1.56	1.63	0.06	11.41	1.06	0.27	0.00	0.40	67.90	794.43	0.00	0.12	8.94	3.20	0.01	0.01	0.15	0.02	0.00	4.47	7.23	0.13
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M52379 VEG: ONIONS, Yellow Diced 1/8c

23.00 @ 1/8 cup	8.62	0.01	0.94	0.86	0.02	2.25	2.01	0.24	0.00	0.37	31.47	0.43	0.00	0.00	0.09	1.60	0.01	0.01	0.03	0.03	0.00	4.96	6.25	0.05
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M50892 COND_PEPPERS, JALAPENO CND TBSP

40.00 @ 1 tablespoon	3.12	0.00	0.00	240.96	0.09	27.20	0.48	0.09	0.00	0.26	19.38	-*	-*	-*	-*	1.00	-*	-*	-*	-*	-*	2.31	-*	0.19
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M50891 COND_OLIVES, BLACK SLICED TBSP

22.00 @ 1 tablespoon	14.04	0.17	10.96	58.74	1.27	81.48	0.52	0.13	0.00	0.31	-*	5.23	-*	-*	-*	0.21	-*	-*	-*	-*	-*	7.97	-*	0.18
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M55430 COND_HERB, CILANTRO

10.00 @ 1 tablespoon	0.82	0.00	0.55	1.63	0.02	20.35	0.13	0.08	0.00	0.10	18.46	239.13	0.00	0.09	10.99	0.96	0.00	0.01	0.04	0.01	0.00	2.37	1.70	0.06
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M52541 VEG: SQUASH, Ylw Frsh Smth1/2c

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DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Flower Mound HS

Service Area: Flower Mound - 9-12 - OVS

Menu Name: Flower Mound HS 2018-2019 Menu - cycle 6 - week 5

Avg.Method: Weighted (USDA Default)

66.00 @ 1/2 cup	29.78	0.06	1.70	1.74	0.33	9.85	5.87	1.17	0.00	1.21	171.39	742.45	0.00	0.09	3.56	9.48	0.04	0.02	0.39	0.10	0.00	24.06	31.06	0.36
M53669 VEG: SALAD, Bean Green Tom1/2c																								
34.00 @ 1/2 cup	55.28	0.40	6.59	109.10	1.69	27.55	8.05	2.09	0.83	2.40	201.79*	624.71	0.00*	0.43*	37.86*	12.97	0.09*	0.08*	0.50*	0.06*	0.00*	52.58	31.69*	0.85
M52149 VEG: SALAD, Side RomMix SC1c																								
41.00 @ 1 cup	13.23	0.02	1.38	12.10	0.15	10.29	2.85	0.69	0.00	1.26	146.56	4976.16	0.00	0.12	43.60	7.46	0.04	0.04	0.25	0.06	0.00	19.84	17.48	0.47
M54853 VEG: POTATO, FF THIN CUT GEN7 1/2C																								
432.00 @ 1/2 cup	103.88	0.92	7.94	122.21	3.67	31.77	16.50	1.22	0.00	1.22	232.27	0.00	0.00	-*	-*	2.93	-*	-*	-*	-*	-*	0.00	-*	0.22
M51731 VEG: POTATO SWT, FF CRINKLE 1/2C																								
8.00 @ 1/2 cup	137.66	0.53	3.46	180.02	4.77	31.15	23.30	1.06	0.00	3.18	243.56	3176.86	-*	-*	-*	6.35	-*	-*	-*	-*	-*	21.18	-*	0.38
M51113 FRUIT: ORANGE 138ct Whole 1/2c																								
73.00 @ 1 each	46.97	0.01	0.29	0.00	0.12	2.30	11.74	0.94	0.00	2.40	180.87	224.84	0.00	0.18	0.00	53.16	0.09	0.04	0.28	0.06	0.00	39.97	13.99	0.10
M52268 FRUIT: PEACHES Dice w/Jc 1/2c																								
110.00 @ 1/2 cup	50.83	0.00	0.00	10.17	0.00	0.00	12.20	0.00	0.00	0.00	182.98	304.97	-*	-*	-*	1.22	-*	-*	-*	-*	-*	0.00	-*	0.00
M50979 JUICE SS, Apple 100% 4oz Cart																								
205.00 @ 1 each	60.00	0.00	0.00	15.00	0.00	0.00	14.00	0.00	0.00	0.00	85.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M51440 DESRT: GELATIN, Cherry SC 1/2c																								
172.00 @ 1/2 cup	71.59	0.00	0.00	95.29	0.00	0.00	17.39	1.02	0.00	0.00	1.08*	0.00	0.00*	0.00*	0.00*	15.34	0.00*	0.00*	0.00*	0.00*	0.00*	3.24	0.00*	0.00
M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50																								
60.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00
M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50																								
179.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00
M50855 COND PC Ketchup 9g Heinz																								
500.00 @ 1 each	10.00	0.00	0.00	85.00	0.00	0.00	3.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50055 COND PC Mayonnaise 12g																								
11.00 @ 1 each	80.00	1.50	16.87	75.00	8.00	90.00	1.00	0.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50284 COND PC Mustard 6g																								
5.00 @ 1 each	0.00	0.00	-	65.00	0.00	-	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M53222 COND PC Margarine 5g																								

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DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Flower Mound HS

Service Area: Flower Mound - 9-12 - OVS

Menu Name: Flower Mound HS 2018-2019 Menu - cycle 6 - week 5

Avg.Method: Weighted (USDA Default)

69.00 @ 1 each	30.00	1.00	30.00	30.00	3.00	90.00	0.00	0.00	0.00	0.00	0.00	-*	500.00	-*	-*	-*	0.00	-*	-*	-*	-*	0.00	-*	0.00	
M50624 COND PC Drsg Ranch 12g																									
47.00 @ 1 each	50.00	0.00	0.00	100.00	5.00	90.00	1.00	0.00	5.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	0.00	-*	0.00	
M50623 COND PC Drsg Italian 12g																									
10.00 @ 1 each	30.00	0.00	0.00	130.00	3.00	90.00	0.00	0.00	0.00	0.00	0.00	-*	100.00	-*	-*	-*	0.00	-*	-*	-*	-*	0.00	-*	0.00	
M53116 COND PC Drsg Honey Mustard 12g																									
48.00 @ 1 each	15.00	0.00	0.00	65.00	0.00	0.00	4.00	0.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	0.00	-*	0.00	
M50056 COND PC Sauce, Taco 9g																									
40.00 @ 1 each	5.00	0.00	0.00	55.00	0.00	0.00	1.00	0.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	0.00	-*	0.00	
M50287 COND PC SAUCE, BBQ 12G PKT																									
25.00 @ 1 each	15.00	0.00	0.00	160.00	0.00	0.00	4.00	0.00	0.00	0.00	0.00	-*	100.00	-*	-*	-*	0.60	-*	-*	-*	-*	0.00	-*	0.00	
M51391 COND_Mayo, Chipotle W																									
48.00 @ 1 tablespoon	26.19	0.35	12.18	91.54	2.49	85.73	0.97	0.01	3.54	0.01	1.00*	91.64	-*	-*	-*	0.40	-*	-*	-*	-*	0.00	-*	0.02	0.00	
M50060 COND_Mayo W																									
48.00 @ 1 tablespoon	33.07	0.47	12.86	94.49	3.31	90.00	0.94	0.00	4.72	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	0.00	-*	0.00	0.00	
M50291 COND_Mustard, Yellow																									
48.00 @ 1 tablespoon	9.00	0.01	1.50	181.50	0.37	37.20	0.93	0.47	0.00	0.43	13.36	0.67	-*	-*	-*	0.13	-*	-*	-*	-*	7.51	-*	0.19	0.00	
M50692 COND_Dressing, DijonHnyMustard																									
48.00 @ 1 tablespoon	65.00	0.75	10.38	90.00	5.50	76.15	3.50	0.00	7.50	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	0.00	-*	0.00	0.00	
M50622 COND_Dressing, Ranch Lite																									
48.00 @ 1 tablespoon	55.00	0.75	12.27	139.99	5.00	81.82	0.50	0.50	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	10.00	-*	0.00	0.00	
M50292 COND_Sauce, BBQ Original AP																									
48.00 @ 1 tablespoon	35.00	0.00	0.00	144.99	0.00	0.00	9.00	0.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	1.80	-*	-*	-*	-*	0.00	-*	0.18	0.00
M50063 COND_Sauce, Buffalo Wing AP																									
48.00 @ 1 tablespoon	4.38	0.02	4.79	363.06	0.22	45.51	0.48	0.11	0.17	0.12	21.32	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	2.22	-*	0.07	0.00	

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DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Flower Mound HS

Service Area: Flower Mound - 9-12 - OVS

Menu Name: Flower Mound HS 2018-2019 Menu - cycle 6 - week 5

Avg.Method: Weighted (USDA Default)

M50087 COND_Salsa, Pico SC 1/8c

48.00 @ 1/8 cup	6.68	0.01	1.17	37.20	0.07	9.84	1.46	0.29	0.00	0.40	69.99	231.76*	0.00*	0.15*	2.94*	4.04	0.01*	0.01*	0.16*	0.03*	0.00*	4.19	7.40*	0.11
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M66157 COND_SALSA, BLNDR SC 1/8C

48.00 @ 1/8 cup	9.65	0.01	1.33	45.21	0.10	9.06	2.10	0.42	0.00	0.59	27.10*	148.65*	0.00*	0.05*	6.02*	4.65	0.01*	0.01*	0.03*	0.02*	0.00*	16.79	4.05*	0.19
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M53940 COND_Salsa, Verde SC 1/8c

48.00 @ 1/8 cup	10.75	0.03	2.54	25.36	0.23	19.29	2.13	0.37	0.00	0.61	83.93	260.93*	0.00*	0.16*	12.93*	3.96	0.02*	0.01*	0.40*	0.03*	0.00*	8.13	11.81*	0.22
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M53295 COND_Sour Cream AP

40.00 @ 1 tablespoon	30.00	1.75	52.50	25.00	3.00	90.00	1.00	0.50	10.00	0.00	-*	99.99	-*	-*	-*	0.00	-*	-*	-*	-*	-*	20.00	-*	0.00
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M67420 ENT: PLATE, CHIXNUGMWWW POPSPCY CELWFRIES BRDSTKPB WG2 FUEL3

24.00 @ 1 serving	521.28	4.92	8.49	1120.82	25.41	43.88	48.93	21.51	31.15	6.51	435.45*	350.08	0.00*	0.17*	18.17*	5.12	0.01*	0.04*	0.20*	0.05*	0.00*	73.02	14.88*	2.72
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Average	882.5	10.69	10.9	1569.04	32.97	33.62	101.54	43.21	82.51	8.33	464.44*	1881.78*	.14*	.2*	16.26*	22.81*	.04*	.05*	.66*	.08*	.17*	487.65	31.19*	4.51
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DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Flower Mound HS

Service Area: Flower Mound - 9-12 - OVS

Menu Name: Flower Mound HS 2018-2019 Menu - cycle 6 - week 5

Avg.Method: Weighted (USDA Default)

Age Group: Brkfst Grades K-12 **Period:** Breakfast **Week:** 5 **Day:** Friday **Count Type:** Forecasted **Total No. of Customers:** 45

Weekly Std. (Target 1)	SFA		Na (mg)	Fat		CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)	
	CAL	(g)		% of CAL	(g)																			% of CAL
450.00-500.00		10.00	540.00																					

M52132 EGG: Scrambled CH SS 2.0

36.00 @ 1 No 16 Scoop	93.21	3.14	30.34	124.17	6.63	64.02	1.35	7.23	177.26	0.00	0.00*	289.30	-*	-*	-*	0.00	-*	-*	-*	-*	-*	94.31	-*	0.84
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M51237 BRD: BREAD WG, Tst Marg 1sl

32.00 @ 1 slice	110.00	1.33	10.91	160.00	4.33	35.45	15.00	3.00	0.00	1.00	1.33*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	1.08
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M52774 PORK: Sausage Patty 1.0 1ea

36.00 @ 1 patty	220.00	7.00	28.64	530.00	20.00	81.82	1.00	8.00	45.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	20.00	-*	0.36
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M51320 CEREAL BWL, Rice Krispies WG

2.00 @ 1 bowl	100.00	0.00	0.00	170.00	0.50	4.50	23.00	2.00	0.00	1.00	-*	1000.03	-*	-*	-*	12.00	-*	-*	-*	-*	-*	0.00	-*	8.10
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M50208 CEREAL BWL, CINN TST CRUNCH RS WG

1.00 @ 1 bowl	110.00	0.50	4.09	160.00	3.00	24.54	22.00	1.00	0.00	3.00	-*	400.01	-*	-*	-*	4.80	-*	-*	-*	-*	-*	200.01	-*	3.60
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M50442 CEREAL BWL, Cocoa Puffs RS WG

3.00 @ 1 bowl	110.05	0.00	0.00	160.08	1.50	12.27	25.01	2.00	0.00	2.00	-*	500.25	-*	-*	-*	6.00	-*	-*	-*	-*	-*	100.05	-*	4.50
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M50524 CEREAL BWL, Lucky Charms WG

1.00 @ 1 bowl	110.00	0.00	0.00	180.00	1.00	8.18	23.00	2.00	0.00	2.00	-*	500.01	-*	-*	-*	6.00	-*	-*	-*	-*	-*	100.00	-*	4.50
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M50525 CEREAL BWL, Trix RS WG

2.00 @ 1 bowl	110.00	0.00	0.00	140.00	1.00	8.18	24.00	1.00	0.00	1.00	-*	400.01	-*	-*	-*	4.80	-*	-*	-*	-*	-*	80.00	-*	4.50
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M52725 BRD: BAR, Cereal CocoPuf WG IW

2.00 @ 1 each	150.00	0.00	0.00	100.00	3.00	18.00	30.00	3.00	0.00	3.00	-*	100.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	200.00	-*	1.80
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M52724 BRD: BAR, Cereal CinnTst WG IW

1.00 @ 1 each	150.00	0.00	0.00	115.00	3.50	21.00	30.00	2.00	0.00	3.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	200.00	-*	1.80
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M51267 BRD: MUF AP, BLUEBRY 2OZ IW WG (1BG)

1.00 @ 1 muffin	190.00	2.00	9.47	130.00	6.00	28.42	30.00	3.00	40.00	2.00	135.10	100.00	16.00	-*	-*	0.00	-*	-*	-*	-*	-*	20.00	-*	1.08
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M51268 BRD: MUF AP, CHOC CHOC CHIP 2OZ IW WG (1BG)

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DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Flower Mound HS

Service Area: Flower Mound - 9-12 - OVS

Menu Name: Flower Mound HS 2018-2019 Menu - cycle 6 - week 5

Avg.Method: Weighted (USDA Default)

1.00 @ 1 muffin	200.00	2.00	9.00	130.00	6.00	27.00	32.00	4.00	40.00	2.00	159.95	100.00	16.00	-*	-*	0.00	-*	-*	-*	-*	-*	40.00	-*	1.44
M51848 BRD: POPTARTS, Straw 1.76oz WG																								
2.00 @ 1 package	180.00	1.00	5.00	190.00	2.50	12.50	38.00	2.00	0.00	3.00	-*	500.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	100.00	-*	1.80
M51849 BRD: POPTARTS, Cinn 1.76oz WG																								
3.00 @ 1 package	190.00	1.00	4.74	200.00	3.00	14.21	38.00	2.00	0.00	3.00	-*	500.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	100.00	-*	1.80
M51684 BRD: POPTARTS, Fudge 1.76oz WG																								
2.00 @ 1 package	190.00	1.00	4.74	200.00	3.00	14.21	38.00	3.00	0.00	3.00	-*	500.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	100.00	-*	1.80
M51994 CHEESE, COLBY JK Stick 1ea 1.0																								
3.00 @ 1 stick	90.00	4.00	40.00	200.01	6.00	60.00	0.00	7.00	20.00	0.00	0.00	200.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	200.01	-*	0.00
M50792 YOGURT SS, Trix Straw/Ban 4oz																								
2.00 @ 1 each	80.00	0.00	0.00	60.00	0.50	5.63	15.00	4.00	5.00	0.00	140.00	500.04	-*	-*	-*	0.00	-*	-*	-*	-*	-*	100.01	-*	0.00
M51237 BRD: BREAD WG, Tst Marg 1sl																								
2.00 @ 1 slice	110.00	1.33	10.91	160.00	4.33	35.45	15.00	3.00	0.00	1.00	1.33*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	1.08
M50670 EGG: Hard Boiled FC AP 1.5																								
2.00 @ 1 each	80.00	1.50	16.88	60.00	5.00	56.25	1.00	6.00	185.00	0.00	-*	300.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	20.00	-*	0.72
M52975 BRD: WAFFLE, RS SS WG (3.25BG)																								
11.00 @ 1 each	240.06	0.00	0.00	506.14	2.86	10.71	50.30	6.86	0.00	6.86	1.05*	0.00	0.00*	0.00*	0.00*	0.00	0.00*	0.00*	0.00*	0.00*	0.00*	288.94	0.00*	3.09
M52657 FRUIT: BLUEBERRIES, Fz 1/8c																								
6.00 @ 1/8 cup	8.89	0.01	0.94	0.17	0.11	11.29	2.12	0.07	0.00	0.47	9.41	8.01	0.00	0.08	2.86	0.44	0.01	0.01	0.09	0.01	0.00	1.39	1.92	0.03
M53629 FRUIT: STRAWBERRIES, FRESH 1/8C																								
6.00 @ 1/8 cup	6.14	0.00	0.42	0.19	0.06	8.44	1.47	0.13	0.00	0.38	29.37	2.30	0.00	0.06	0.42	11.29	0.00	0.00	0.07	0.01	0.00	3.07	4.61	0.08
M52817 DESRT: TOPPING, CHOCOLATE CHIPS SEMISWT (TBSP)																								
11.00 @ 1 tablespoon	51.03	1.89	33.28	1.17	3.19	56.25	6.79	0.45	0.00	0.63	38.80	0.00	0.00	0.03	0.60	0.00	0.01	0.01	0.05	0.00	0.00	3.40	14.03	0.33
M52816 DESRT: TOPPING, Whipd NonDairy																								
11.00 @ 1 tablespoon	12.92	1.03	72.00	0.00	1.03	72.00	1.03	0.00	0.00	0.00	-*	0.10	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.20	-*	0.00
M50543 FRUIT: BANANA (100-120ct) Whl																								
29.00 @ 1 each	93.95	0.12	1.13	1.06	0.35	3.34	24.11	1.15	0.00	2.74	377.91	67.56	0.00	0.11	0.53	9.18	0.03	0.08	0.70	0.39	0.00	5.28	23.22	0.27

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DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Flower Mound HS

Service Area: Flower Mound - 9-12 - OVS

Menu Name: Flower Mound HS 2018-2019 Menu - cycle 6 - week 5

Avg.Method: Weighted (USDA Default)

M50745 FRUIT: APPLES, Warm Cinn 1/2c

3.00 @ 1/2 cup	105.19	0.02	0.19	9.88	0.03	0.29	26.24	0.02	0.00	2.00	2.43*	0.93	0.00*	0.01*	0.06*	0.14	0.00*	0.00*	0.01*	0.00*	0.00*	2.28	0.46*	0.03
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M50982 JUICE SS, ORANGE 100% 4 FLOZ

23.00 @ 1 each	51.44	0.00	0.00	15.43	0.00	0.00	12.35	1.03	0.00	0.00	-*	0.00	-*	-*	-*	43.21	-*	-*	-*	-*	-*	0.00	-*	0.00
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M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50

10.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00
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M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50

5.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00
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M53222 COND PC Margarine 5g

2.00 @ 1 each	30.00	1.00	30.00	30.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	500.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50854 COND PC Jelly, #4 Smuckers

5.00 @ 1 each	35.00	0.00	0.00	5.00	0.00	0.00	9.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50056 COND PC Sauce, Taco 9g

1.00 @ 1 each	5.00	0.00	0.00	55.00	0.00	0.00	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50058 COND PC Syrup 1.4oz Smuckers

11.00 @ 1 each	110.00	0.00	0.00	25.00	0.00	0.00	29.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M54465 MELT DONUT 1/2, EGG AM CH WG 1.0

24.00 @ 1 sandwich	233.12	7.77	29.98	421.56	15.12	58.39	16.09	8.47	73.26	1.41	0.00*	243.73	-*	-*	-*	0.00	-*	-*	-*	-*	-*	146.23	-*	0.64
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Average	780.63	15.02	17.32	1154.57	37.14	42.82	88.06	26.65	231.22	6.44	272.4*	846.45	.71*	.09*	.93*	31.68	.02*	.05*	.49*	.25*	0*	410.88	19.3*	4.67
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DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Flower Mound HS

Service Area: Flower Mound - 9-12 - OVS

Menu Name: Flower Mound HS 2018-2019 Menu - cycle 6 - week 5

Avg.Method: Weighted (USDA Default)

Age Group: Lunch Grades 9-12 **Period:** Lunch **Week:** 5 **Day:** Friday **Count Type:** Forecasted **Total No. of Customers:** 551

Weekly Std. (Target 1)	SFA		Na (mg)	Fat		CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)	
	CAL	(g)		% of CAL	(g)																			% of CAL
750.00-850.00			1420.00																					

M51871 ORI ChixPop SwtSour Broc WG2.0

72.00 @ 8 fl oz	323.27	2.83	7.88	481.36	15.08	41.99	30.22	17.39	22.49	5.03	138.31*	660.73	0.00*	0.68*	37.13*	41.61	0.05*	0.04*	0.36*	0.15*	0.00*	63.95	28.48*	2.45
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M52193 RICE, Plain WG 1BG

72.00 @ 1/2 cup	101.77	0.20	1.81	4.21	0.85	7.50	21.18	2.38	0.00	0.94	59.43	0.00*	0.00*	0.00*	0.00*	0.00*	0.00*	0.00*	0.00*	0.00*	0.00*	5.48	0.00*	0.22
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M50403 SALAD, Tky Chef SC W 2.25

15.00 @ 1 each	193.23	5.65	26.29	447.10	10.90	50.77	6.10	18.19	93.75	1.26	146.57*	5264.52	0.00*	0.12*	43.60*	7.46	0.04*	0.04*	0.25*	0.06*	0.00*	248.35	17.48*	1.14
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M51680 BRD: ROLL DG, WG 2.5oz

15.00 @ 1 each	170.00	0.50	2.65	135.00	3.00	15.88	28.00	7.00	0.00	3.40	-*	0.01	-*	-*	-*	0.01	-*	-*	-*	-*	-*	12.70	-*	0.85
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M52043 PIZZA HUT PIZZA 6" EXPRESS CHZ SS 2.25

40.00 @ 1 pizza	374.18	4.99	12.01	685.27	13.41	32.25	38.44	24.92	24.70	4.27	-*	692.07	-*	-*	-*	5.36	-*	-*	-*	-*	-*	410.71	-*	2.57
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M53931 PIZZA HUT PIZZA 6" EXPRESS PEPP SS 2.0

85.00 @ 1 pizza	385.19	5.31	12.42	711.32	14.98	35.01	38.49	24.17	27.17	4.35	-*	662.85	-*	-*	-*	5.43	-*	-*	-*	-*	-*	354.34	-*	2.65
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M54307 PIZZA HUT PIZZA 6" EXPRESS SSG SS 2.25

35.00 @ 1 pizza	439.08	7.15	14.66	836.54	20.45	41.92	38.35	25.40	37.42	4.27	-*	689.00	-*	-*	-*	5.36	-*	-*	-*	-*	-*	356.37	-*	2.86
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M54310 PIZZA HUT PIZZA 6" EXPRESS BBQ CHIX SS 2.25

15.00 @ 1 pizza	400.94	4.66	10.46	805.79	13.17	29.57	42.83	27.77	38.53	4.36	-*	667.19	-*	-*	-*	5.81	-*	-*	-*	-*	-*	350.99	-*	2.67
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M54520 PIZZA HUT COND PC CHEESE GRATED 2.5G

47.00 @ 1 each	10.00	0.00	0.00	50.00	1.00	90.00	0.00	1.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M54521 PIZZA HUT COND PC PEPPER RED CRUSHED 1G

23.00 @ 1 each	5.00	0.00	0.00	0.00	0.00	0.00	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M52963 CHIX Popcorn, AP WG 2.0

120.00 @ 1 serving	250.19	2.72	9.78	380.72	14.14	50.87	15.23	15.23	21.76	3.26	-*	108.78	-*	-*	-*	0.00	-*	-*	-*	-*	-*	43.51	-*	1.96
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M51753 CHIX Popcorn, AP Spicy WG 2.0

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DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Flower Mound HS

Service Area: Flower Mound - 9-12 - OVS

Menu Name: Flower Mound HS 2018-2019 Menu - cycle 6 - week 5

Avg.Method: Weighted (USDA Default)

120.00 @ 1 serving	247.14	2.69	9.78	365.34	13.97	50.87	16.12	13.97	21.49	2.15	-*	107.45	-*	-*	-*	0.00	-*	-*	-*	-*	-*	42.98	-*	1.93
M54482 CHIX NUGGET, BNLS WING HONEY SRIRACHA WG (6) 2.0 MWWM																								
12.00 @ 6 each	284.98	2.25	7.11	374.97	13.50	42.63	21.00	22.50	52.50	1.50	-*	299.98	-*	-*	-*	1.80	-*	-*	-*	-*	-*	0.00	-*	1.62
M51680 BRD: ROLL DG, WG 2.5oz																								
210.00 @ 1 each	170.00	0.50	2.65	135.00	3.00	15.88	28.00	7.00	0.00	3.40	-*	0.01	-*	-*	-*	0.01	-*	-*	-*	-*	-*	12.70	-*	0.85
M51951 HOT DOG, Plain WG 2.0 Hi																								
5.00 @ 1 each	320.00	8.00	22.50	890.01	18.00	50.62	28.00	11.00	35.00	2.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	40.00	-*	1.80
M55774 STICKS, MAX SNAX PIZZA W/MARINARA AP WG 2.0																								
24.00 @ 2 each	319.87	3.00	8.44	609.89	10.00	28.13	39.98	20.00	10.00	4.00	0.00*	498.95*	-*	-*	-*	8.98*	-*	-*	-*	-*	-*	459.92	-*	2.68
M54308 STICKS, CRISPITO CHIXCHILI AP WG 2.0 (2EA)																								
17.00 @ 2 each	540.00	6.00	10.00	740.00	28.00	46.67	46.00	24.00	50.00	6.00	-*	1500.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	80.00	-*	3.60
M51189 COND_Sauce, Chz SS W (LOL) .5																								
17.00 @ 2 fl oz	99.97	4.50	40.50	399.86	7.00	63.00	3.00	5.00	19.99	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	149.95	-*	0.00
M51228 BRD: BUN, Hamburger WG																								
179.00 @ 1 each	140.00	0.00	0.00	300.00	2.00	12.86	27.00	5.00	0.00	2.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	40.00	-*	1.44
M51648 BEEF Pty, AP 100% 2.0																								
75.00 @ 1 each	130.00	3.00	20.77	45.00	8.00	55.39	1.00	12.00	35.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	1.08
M51359 CHIX FLT, BREAST GRD 2.0 MWWM																								
7.00 @ 1 each	100.00	1.00	9.00	310.00	4.00	36.00	1.00	15.00	40.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.72
M51935 CHIX FLT, BREAST BRD WG 2.0 MWWM																								
34.00 @ 1 each	199.76	1.50	6.75	289.65	8.99	40.50	8.99	18.98	44.95	3.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	1.08
M51936 CHIX FLT, BREAST BRD SPICY WG 2.0 MWWM																								
61.00 @ 1 each	199.86	2.00	9.00	329.76	9.99	45.00	8.99	18.99	44.97	1.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	1.44
M53387 CHEESE, AM (184ct) Slices 0.25																								
47.00 @ 1 slice	45.00	2.25	45.00	199.99	3.50	70.00	0.50	2.50	12.50	0.00	-*	99.99	-*	-*	-*	0.00	-*	-*	-*	-*	-*	75.00	-*	0.00
M53383 CHEESE, CH Slices 0.5																								
38.00 @ 1 slice	55.00	2.50	40.91	90.00	4.50	73.64	0.50	3.00	15.00	0.00	10.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	99.51	-*	0.00
M51001 CHEESE, SW Slices 0.5																								

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DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Flower Mound HS

Service Area: Flower Mound - 9-12 - OVS

Menu Name: Flower Mound HS 2018-2019 Menu - cycle 6 - week 5

Avg.Method: Weighted (USDA Default)

8.00 @ 1 slice	55.00	2.50	40.91	25.00	4.50	73.64	0.00	4.00	12.50	0.00	10.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	124.51	-*	0.00
M53382 CHEESE, JK Slices 0.5																								
39.00 @ 1 slice	50.00	2.50	45.00	90.00	4.00	72.00	0.50	3.50	15.00	0.00	12.50	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	98.50	-*	0.00
M51004 CHEESE, PV Slices 0.5																								
2.00 @ 1 slice	50.00	2.50	45.00	125.01	3.50	63.00	0.50	3.50	10.00	0.00	20.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	106.01	-*	0.00
M51017 VEG GARN: Rom Leaf 1ea																								
48.00 @ 1 each	2.41	0.01	2.06	1.13	0.04	15.88	0.47	0.17	0.00	0.30	35.01	1234.63	0.00	0.02	14.53	0.57	0.01	0.01	0.04	0.01	0.00	4.68	4.25	0.14
M51008 VEG: TOMATOES, FRESH SLCD (2SL) 1/8C																								
60.00 @ 1/8 cup	5.10	0.01	1.40	1.42	0.06	10.00	1.10	0.25	0.00	0.34	67.18	236.14	0.00	0.15	2.24	3.88	0.01	0.01	0.17	0.02	0.00	2.83	6.80	0.08
M53391 VEG: ONIONS, Yellow Slice 1ea																								
20.00 @ 1 slice	2.83	0.00	0.94	0.28	0.01	2.25	0.66	0.08	0.00	0.12	10.35	0.14	0.00	0.00	0.03	0.52	0.00	0.00	0.01	0.01	0.00	1.63	2.06	0.01
M50892 COND_PEPPERS, JALAPENO CND TBSP																								
32.00 @ 1 tablespoon	3.12	0.00	0.00	240.96	0.09	27.20	0.48	0.09	0.00	0.26	19.38	-*	-*	-*	-*	1.00	-*	-*	-*	-*	-*	2.31	-*	0.19
M50176 COND_Pickle, Dill Slice 2ea																								
37.00 @ 2 slice	1.62	0.01	4.72	162.08	0.05	25.17	0.24	0.06	0.00	0.14	-*	0.00	-*	-*	-*	0.21	-*	-*	-*	-*	-*	8.65	-*	0.05
M53314 SUB 6" FZ, CHAM AM WG 2.0																								
14.00 @ 1 sandwich	369.92	6.39	15.56	896.19	15.77	38.36	34.54	21.60	75.00	3.94	137.21*	2905.43	0.00*	0.19*	31.30*	5.22	0.03*	0.02*	0.26*	0.04*	0.00*	175.56	15.31*	2.23
M50962 SDW BD, SBJ WG 2.0																								
3.00 @ 1 sandwich	658.38	3.99	5.45	579.16	35.89	49.06	69.87	19.95	0.00	5.99	378.78*	0.00	0.00*	-*	-*	0.00	-*	-*	-*	-*	-*	59.81	-*	5.35
M53347 SDW BD, SB WG 2.0																								
2.00 @ 1 sandwich	558.71	3.99	6.42	579.16	35.89	57.81	43.95	19.95	0.00	5.99	378.78*	0.00	0.00*	-*	-*	0.00	-*	-*	-*	-*	-*	59.81	-*	5.35
M52708 BRD: ROLL DG, Sub 6" WG																								
5.00 @ 1 roll	170.00	0.00	0.00	180.00	3.00	15.88	29.00	6.00	0.00	3.00	-*	0.01	-*	-*	-*	0.20	-*	-*	-*	-*	-*	13.37	-*	1.43
M52782 BRD: FLATBREAD 6" X 6" 2OZ WG (2BG)																								
36.00 @ 1 each	180.00	1.00	5.00	330.00	5.00	25.00	28.00	6.00	0.00	3.00	-*	0.22	-*	-*	-*	0.06	-*	-*	-*	-*	-*	34.22	-*	1.76
M54775 BRD: CROISSANT, SLICED WG																								
2.00 @ 1 each	243.91	6.47	23.87	253.40	12.05	44.44	29.25	5.44	32.35	0.91	15.14	313.46	0.31	0.00	0.00	2.82	0.25	1.93	0.85	0.00	0.01	15.66	3.96	1.63

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DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Flower Mound HS

Service Area: Flower Mound - 9-12 - OVS

Menu Name: Flower Mound HS 2018-2019 Menu - cycle 6 - week 5

Avg.Method: Weighted (USDA Default)

M53393 TKY, Breast Sliced 1.0

21.00 @ 1 serving	60.00	0.50	7.50	220.00	2.00	30.00	2.00	9.00	25.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	20.00	-*	0.36
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M53569 CHIX, BLACK FOREST HAM SLICED 1.0

20.00 @ 1 serving	80.00	1.50	16.88	250.00	4.50	50.63	2.00	8.00	40.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.36
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M51976 CHIX Dcd Deli Salad W 1.0

6.00 @ 1 No 16 Scoop	76.63	0.94	10.98	129.00	4.42	51.89	1.48	6.99	24.65	0.18	27.40*	47.33	0.00*	0.03*	2.98*	0.37	0.00*	0.01*	0.03*	0.01*	0.00*	4.41	2.64*	0.30
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M51005 CHEESE, AM (184ct) Slices 1.0

6.00 @ 3 slice	134.99	6.75	45.00	599.97	10.50	70.00	1.50	7.50	37.50	0.00	-*	299.98	-*	-*	-*	0.00	-*	-*	-*	-*	-*	224.99	-*	0.00
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M53381 CHEESE, CH Slices 1.0

12.00 @ 2 slice	110.01	5.00	40.91	180.01	9.00	73.64	1.00	6.00	30.00	0.00	20.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	199.01	-*	0.00
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M53385 CHEESE, SW Slices 1.0

7.00 @ 2 slice	110.01	5.00	40.91	50.00	9.00	73.64	0.00	8.00	25.00	0.00	20.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	249.01	-*	0.00
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M50999 CHEESE, JK Slices 1.0

8.00 @ 2 slice	100.00	5.00	45.00	180.01	8.00	72.00	1.00	7.00	30.00	0.00	25.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	197.01	-*	0.00
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M51003 CHEESE, PV Slices 1.0

10.00 @ 2 slice	100.00	5.00	45.00	250.01	7.00	63.00	1.00	7.00	20.00	0.00	40.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	212.01	-*	0.00
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M51017 VEG GARN: Rom Leaf 1ea

20.00 @ 1 each	2.41	0.01	2.06	1.13	0.04	15.88	0.47	0.17	0.00	0.30	35.01	1234.63	0.00	0.02	14.53	0.57	0.01	0.01	0.04	0.01	0.00	4.68	4.25	0.14
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M51008 VEG: TOMATOES, FRESH SLCD (2SL) 1/8C

9.00 @ 1/8 cup	5.10	0.01	1.40	1.42	0.06	10.00	1.10	0.25	0.00	0.34	67.18	236.14	0.00	0.15	2.24	3.88	0.01	0.01	0.17	0.02	0.00	2.83	6.80	0.08
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M51013 VEG: ONIONS, Red Slice 1ea

6.00 @ 1 slice	2.83	0.00	0.94	0.28	0.01	2.25	0.66	0.08	0.00	0.12	10.35	0.14	0.00	0.00	0.03	0.52	0.00	0.00	0.01	0.01	0.00	1.63	2.06	0.01
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M52162 VEG: SPINACH, FRESH LEAVES 1/4C

15.00 @ 1/4 cup	3.12	0.01	2.47	10.73	0.05	15.26	0.49	0.39	0.00	0.30	75.79	1273.70	0.00	0.28	65.59	3.82	0.01	0.03	0.10	0.03	0.00	13.45	6.66	0.37
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M52661 VEG: CUCUMBER, Fresh Slice1/8c

2.00 @ 1/8 cup	2.75	0.01	2.22	0.37	0.02	6.60	0.66	0.12	0.00	0.09	26.91	19.22	0.00	0.01	3.00	0.51	0.00	0.01	0.02	0.01	0.00	2.93	4.39	0.05
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M53523 VEG: PEPPERS, Red Strips1/4c

3.00 @ 1/4 cup	7.78	0.01	0.78	1.00	0.08	8.71	1.51	0.25	0.00	0.53	52.96	785.87	0.00	0.40	1.23	32.05	0.01	0.02	0.25	0.07	0.00	1.76	6.53	0.11
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DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Flower Mound HS

Service Area: Flower Mound - 9-12 - OVS

Menu Name: Flower Mound HS 2018-2019 Menu - cycle 6 - week 5

Avg.Method: Weighted (USDA Default)

M50891 COND_OLIVES, BLACK SLICED TBSP

8.00 @ 1 tablespoon	14.04	0.17	10.96	58.74	1.27	81.48	0.52	0.13	0.00	0.31	-*	5.23	-*	-*	-*	0.21	-*	-*	-*	-*	-*	7.97	-*	0.18
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M50176 COND_Pickle, Dill Slice 2ea

8.00 @ 2 slice	1.62	0.01	4.72	162.08	0.05	25.17	0.24	0.06	0.00	0.14	-*	0.00	-*	-*	-*	0.21	-*	-*	-*	-*	-*	8.65	-*	0.05
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M66605 BRD: TORTILLA FLOUR 10" WG

78.00 @ 1 each	180.00	1.50	7.50	250.00	4.50	22.50	29.00	5.00	0.00	3.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	100.00	-*	1.44
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M66461 BRD: TORTILLA FLOUR 6" WG

6.00 @ 2 each	180.00	1.00	5.00	250.00	5.00	25.00	28.00	6.00	0.00	2.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	120.00	-*	1.44
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M54540 BRD: TORTILLA, CHIP RND WG 2BG

39.00 @ 1 serving	224.59	1.60	6.43	184.48	9.63	38.57	32.08	3.21	0.00	3.21	0.00	0.00	0.00	-*	-*	0.00	-*	-*	-*	-*	-*	48.13	-*	0.80
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M52224 RICE, Mex Spiced WG 1BG

50.00 @ 1/2 cup	109.96	0.22	1.77	66.08	0.94	7.73	22.26	2.54	0.99	1.15	76.27*	170.90*	0.00*	0.11*	1.15*	0.11*	0.00*	0.01*	0.05*	0.01*	0.00*	12.86	3.91*	0.57
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M51175 BEEF Gd, Taco Meat SC 1.0

95.00 @ 1 No 24 Scoop	78.71	1.65	18.88	56.06	4.38	50.12	1.22	8.02	25.24	0.15	122.30*	121.25	0.57*	0.08*	0.61*	1.55	0.01*	0.06*	1.81*	0.13*	0.79*	9.04	69.27*	1.00
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M52584 CHIX Strips, Fajita DkMt 1.0

40.00 @ 2 fl oz	76.93	1.01	11.78	124.77	3.56	41.66	1.34	10.09	35.00	0.09	9.12*	46.95	0.00*	0.07*	0.17*	0.02	0.00*	0.00*	0.03*	0.01*	0.00*	12.26	2.39*	0.69
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M67968 MMA: BEANS, PINTO KICKIN' 1.0

18.00 @ 1/4 cup	57.84	0.12	1.93	98.12	0.41	6.35	9.87	3.52	0.42	2.94	165.79*	37.72*	1.55*	0.00*	0.00*	0.64*	0.00*	0.00*	0.00*	0.00*	0.00*	32.66	0.00*	0.91
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M53386 CHEESE, CH Shreds 1.0

80.00 @ 2 fl oz	110.00	6.00	49.09	189.99	9.00	73.64	1.00	7.00	30.00	0.00	0.00	280.99	-*	-*	-*	0.00	-*	-*	-*	-*	-*	201.99	-*	0.19
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M50921 COND_Sauce, Chz SS W (LOL) 1.0

5.00 @ 3 fl oz	149.95	6.75	40.50	599.79	10.50	63.00	4.50	7.50	29.99	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	224.92	-*	0.00
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M51420 VEG GARN: Rom Shrds/Tom Dice

40.00 @ 1 serving	5.03	0.01	1.56	1.63	0.06	11.41	1.06	0.27	0.00	0.40	67.90	794.43	0.00	0.12	8.94	3.20	0.01	0.01	0.15	0.02	0.00	4.47	7.23	0.13
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M52379 VEG: ONIONS, Yellow Diced 1/8c

30.00 @ 1/8 cup	8.62	0.01	0.94	0.86	0.02	2.25	2.01	0.24	0.00	0.37	31.47	0.43	0.00	0.00	0.09	1.60	0.01	0.01	0.03	0.03	0.00	4.96	6.25	0.05
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M50892 COND_PEPPERS, JALAPENO CND TBSP

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DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Flower Mound HS

Service Area: Flower Mound - 9-12 - OVS

Menu Name: Flower Mound HS 2018-2019 Menu - cycle 6 - week 5

Avg.Method: Weighted (USDA Default)

30.00 @ 1 tablespoon	3.12	0.00	0.00	240.96	0.09	27.20	0.48	0.09	0.00	0.26	19.38	-*	-*	-*	-*	1.00	-*	-*	-*	-*	-*	2.31	-*	0.19
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M50891 COND_OLIVES, BLACK SLICED TBSP

30.00 @ 1 tablespoon	14.04	0.17	10.96	58.74	1.27	81.48	0.52	0.13	0.00	0.31	-*	5.23	-*	-*	-*	0.21	-*	-*	-*	-*	-*	7.97	-*	0.18
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M55430 COND_HERB, CILANTRO

10.00 @ 1 tablespoon	0.82	0.00	0.55	1.63	0.02	20.35	0.13	0.08	0.00	0.10	18.46	239.13	0.00	0.09	10.99	0.96	0.00	0.01	0.04	0.01	0.00	2.37	1.70	0.06
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M55023 VEG: MIXED STIR-FRY 1/2C

20.00 @ 1/2 cup	26.20	0.04	1.48	20.21	0.27	9.11	5.83	1.01	0.00	1.88	169.84	3812.99	0.00	0.55	49.20	31.88	0.04	0.04	0.33	0.12	0.00	26.50	28.89	0.36
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M50431 VEG: CARROTS, Fresh Baby 1/2c

96.00 @ 1/2 cup	24.80	0.02	0.59	55.28	0.09	3.34	5.84	0.45	0.00	2.06	167.96	9772.87	0.00	-*	6.66	1.84	0.02	0.03	0.39	0.07	0.00	22.68	19.84	0.63
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M52149 VEG: SALAD, Side RomMix SC1c

48.00 @ 1 cup	13.23	0.02	1.38	12.10	0.15	10.29	2.85	0.69	0.00	1.26	146.56	4976.16	0.00	0.12	43.60	7.46	0.04	0.04	0.25	0.06	0.00	19.84	17.48	0.47
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M54853 VEG: POTATO, FF THIN CUT GEN7 1/2C

195.00 @ 1/2 cup	103.88	0.92	7.94	122.21	3.67	31.77	16.50	1.22	0.00	1.22	232.27	0.00	0.00	-*	-*	2.93	-*	-*	-*	-*	-*	0.00	-*	0.22
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M51731 VEG: POTATO SWT, FF CRINKLE 1/2C

12.00 @ 1/2 cup	137.66	0.53	3.46	180.02	4.77	31.15	23.30	1.06	0.00	3.18	243.56	3176.86	-*	-*	-*	6.35	-*	-*	-*	-*	-*	21.18	-*	0.38
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M50543 FRUIT: BANANA (100-120ct) Whl

69.00 @ 1 each	93.95	0.12	1.13	1.06	0.35	3.34	24.11	1.15	0.00	2.74	377.91	67.56	0.00	0.11	0.53	9.18	0.03	0.08	0.70	0.39	0.00	5.28	23.22	0.27
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M52271 FRUIT: PEARS, Dice w/Jc 1/2c

58.00 @ 1/2 cup	60.66	0.00	0.00	10.11	0.00	0.00	14.15	0.00	0.00	2.02	80.89	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M53365 JUICE SS, Grape100% 4oz Cart

190.00 @ 1 each	80.00	0.00	0.00	15.00	0.00	0.00	18.00	1.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50

12.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00
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M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50

176.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00
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M50855 COND PC Ketchup 9g Heinz

750.00 @ 1 each	10.00	0.00	0.00	85.00	0.00	0.00	3.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Flower Mound HS

Service Area: Flower Mound - 9-12 - OVS

Menu Name: Flower Mound HS 2018-2019 Menu - cycle 6 - week 5

Avg.Method: Weighted (USDA Default)

M50055 COND PC Mayonnaise 12g

50.00 @ 1 each	80.00	1.50	16.87	75.00	8.00	90.00	1.00	0.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50284 COND PC Mustard 6g

10.00 @ 1 each	0.00	0.00	-	65.00	0.00	-	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M53222 COND PC Margarine 5g

96.00 @ 1 each	30.00	1.00	30.00	30.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	500.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50624 COND PC Drsg Ranch 12g

70.00 @ 1 each	50.00	0.00	0.00	100.00	5.00	90.00	1.00	0.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50623 COND PC Drsg Italian 12g

37.00 @ 1 each	30.00	0.00	0.00	130.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	100.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M53116 COND PC Drsg Honey Mustard 12g

8.00 @ 1 each	15.00	0.00	0.00	65.00	0.00	0.00	4.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50056 COND PC Sauce, Taco 9g

10.00 @ 1 each	5.00	0.00	0.00	55.00	0.00	0.00	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50287 COND PC SAUCE, BBQ 12G PKT

30.00 @ 1 each	15.00	0.00	0.00	160.00	0.00	0.00	4.00	0.00	0.00	0.00	-*	100.00	-*	-*	-*	0.60	-*	-*	-*	-*	-*	0.00	-*	0.00
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M51391 COND_Mayo, Chipotle W

24.00 @ 1 tablespoon	26.19	0.35	12.18	91.54	2.49	85.73	0.97	0.01	3.54	0.01	1.00*	91.64	-*	-*	-*	0.40	-*	-*	-*	-*	-*	0.00	-*	0.02
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M50060 COND_Mayo W

24.00 @ 1 tablespoon	33.07	0.47	12.86	94.49	3.31	90.00	0.94	0.00	4.72	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50291 COND_Mustard, Yellow

24.00 @ 1 tablespoon	9.00	0.01	1.50	181.50	0.37	37.20	0.93	0.47	0.00	0.43	13.36	0.67	-*	-*	-*	0.13	-*	-*	-*	-*	-*	7.51	-*	0.19
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M50692 COND_Dressing, DijonHnyMustard

24.00 @ 1 tablespoon	65.00	0.75	10.38	90.00	5.50	76.15	3.50	0.00	7.50	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50622 COND_Dressing, Ranch Lite

24.00 @ 1 tablespoon	55.00	0.75	12.27	139.99	5.00	81.82	0.50	0.50	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	10.00	-*	0.00
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DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Flower Mound HS

Service Area: Flower Mound - 9-12 - OVS

Menu Name: Flower Mound HS 2018-2019 Menu - cycle 6 - week 5

Avg.Method: Weighted (USDA Default)

M50292 COND_Sauce, BBQ Original AP

24.00 @ 1 tablespoon	35.00	0.00	0.00	144.99	0.00	0.00	9.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	1.80	-*	-*	-*	-*	-*	0.00	-*	0.18
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M50063 COND_Sauce, Buffalo Wing AP

24.00 @ 1 tablespoon	4.38	0.02	4.79	363.06	0.22	45.51	0.48	0.11	0.17	0.12	21.32	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	2.22	-*	0.07
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M50087 COND_Salsa, Pico SC 1/8c

24.00 @ 1/8 cup	6.68	0.01	1.17	37.20	0.07	9.84	1.46	0.29	0.00	0.40	69.99	231.76*	0.00*	0.15*	2.94*	4.04	0.01*	0.01*	0.16*	0.03*	0.00*	4.19	7.40*	0.11
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M66157 COND_SALSA, BLNDR SC 1/8C

24.00 @ 1/8 cup	9.65	0.01	1.33	45.21	0.10	9.06	2.10	0.42	0.00	0.59	27.10*	148.65*	0.00*	0.05*	6.02*	4.65	0.01*	0.01*	0.03*	0.02*	0.00*	16.79	4.05*	0.19
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M53940 COND_Salsa, Verde SC 1/8c

24.00 @ 1/8 cup	10.75	0.03	2.54	25.36	0.23	19.29	2.13	0.37	0.00	0.61	83.93	260.93*	0.00*	0.16*	12.93*	3.96	0.02*	0.01*	0.40*	0.03*	0.00*	8.13	11.81*	0.22
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M53295 COND_Sour Cream AP

40.00 @ 1 tablespoon	30.00	1.75	52.50	25.00	3.00	90.00	1.00	0.50	10.00	0.00	-*	99.99	-*	-*	-*	0.00	-*	-*	-*	-*	-*	20.00	-*	0.00
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M67420 ENT: PLATE, CHIXNUGMWWM POPSPCY CELWFRIES BRDSTKPB WG2 FUEL3

24.00 @ 1 serving	521.28	4.92	8.49	1120.82	25.41	43.88	48.93	21.51	31.15	6.51	435.45*	350.08	0.00*	0.17*	18.17*	5.12	0.01*	0.04*	0.20*	0.05*	0.00*	73.02	14.88*	2.72
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M52217 FRUIT: APPLE, 138ct Whole 1c

24.00 @ 1 each	62.21	0.03	0.48	1.20	0.20	2.94	16.52	0.31	0.00	2.87	128.00	64.60	0.00	0.22	2.63	5.50	0.02	0.03	0.11	0.05	0.00	7.18	13.16	0.14
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Average	864.71	9.19	9.56	1438.8	32.95	34.29	99.69	42.15	69.6	9.7	325.11*	3697.64*	.15*	.24*	20.49*	15.63*	.03*	.05*	.66*	.13*	.14*	419.98	30.88*	4.97
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* Some values for this nutrient are unavailable; the number listed is incomplete.

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