



# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Arbor Creek MS

**Service Area:** Arbor Creek - 6-8 - OVS

**Menu Name:** Arbor Creek MS 2018-2019 Menu - cycle 6 - week 5

**Avg.Method:** Weighted (USDA Default)

**Age Group:** Brkfst Grades K-8      **Period:** Breakfast      **Week:** 5      **Day:** Monday      **Count Type:** Forecasted      **Total No. of Customers:** 44

| Weekly Std.<br>(Target 1) | SFA |     | Na<br>(mg) | Fat      |     | CHO<br>(g) | Pro<br>(g) | Chol<br>(mg) | Fiber<br>(g) | K<br>(mg) | Vit A<br>(IU) | Vit D<br>(IU) | Vit E<br>(mg) | Vit K<br>(mcg) | Vit C<br>(mg) | Vit B1<br>(mg) | Vit B2<br>(mg) | Vit B3<br>(mg) | Vit B6<br>(mg) | Vit B12<br>(mcg) | Ca<br>(mg) | P<br>(mg) | Fe<br>(mg) |          |
|---------------------------|-----|-----|------------|----------|-----|------------|------------|--------------|--------------|-----------|---------------|---------------|---------------|----------------|---------------|----------------|----------------|----------------|----------------|------------------|------------|-----------|------------|----------|
|                           | CAL | (g) |            | % of CAL | (g) |            |            |              |              |           |               |               |               |                |               |                |                |                |                |                  |            |           |            | % of CAL |
| 400.00-500.00             |     |     | 540.00     |          |     |            |            |              |              |           |               |               |               |                |               |                |                |                |                |                  |            |           |            |          |

M54297 BRD: DONUT, GLAZE MAPLE WG

|                |        |      |       |        |       |       |       |      |      |      |       |      |       |       |       |      |       |       |       |       |       |       |       |       |      |
|----------------|--------|------|-------|--------|-------|-------|-------|------|------|------|-------|------|-------|-------|-------|------|-------|-------|-------|-------|-------|-------|-------|-------|------|
| 12.00 @ 1 each | 339.70 | 7.00 | 18.55 | 303.76 | 16.00 | 42.39 | 45.30 | 5.00 | 0.00 | 2.81 | 0.30* | 9.50 | 0.00* | 0.00* | 0.00* | 0.00 | 0.00* | 0.00* | 0.00* | 0.00* | 0.00* | 0.00* | 14.17 | 0.00* | 0.71 |
|----------------|--------|------|-------|--------|-------|-------|-------|------|------|------|-------|------|-------|-------|-------|------|-------|-------|-------|-------|-------|-------|-------|-------|------|

M51320 CEREAL BWL, Rice Krispies WG

|               |        |      |      |        |      |      |       |      |      |      |    |         |    |    |    |       |    |    |    |    |    |      |    |      |
|---------------|--------|------|------|--------|------|------|-------|------|------|------|----|---------|----|----|----|-------|----|----|----|----|----|------|----|------|
| 1.00 @ 1 bowl | 100.00 | 0.00 | 0.00 | 170.00 | 0.50 | 4.50 | 23.00 | 2.00 | 0.00 | 1.00 | -* | 1000.03 | -* | -* | -* | 12.00 | -* | -* | -* | -* | -* | 0.00 | -* | 8.10 |
|---------------|--------|------|------|--------|------|------|-------|------|------|------|----|---------|----|----|----|-------|----|----|----|----|----|------|----|------|

M50208 CEREAL BWL, CINN TST CRUNCH RS WG

|               |        |      |      |        |      |       |       |      |      |      |    |        |    |    |    |      |    |    |    |    |    |        |    |      |
|---------------|--------|------|------|--------|------|-------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 1.00 @ 1 bowl | 110.00 | 0.50 | 4.09 | 160.00 | 3.00 | 24.54 | 22.00 | 1.00 | 0.00 | 3.00 | -* | 400.01 | -* | -* | -* | 4.80 | -* | -* | -* | -* | -* | 200.01 | -* | 3.60 |
|---------------|--------|------|------|--------|------|-------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M50442 CEREAL BWL, Cocoa Puffs RS WG

|               |        |      |      |        |      |       |       |      |      |      |    |        |    |    |    |      |    |    |    |    |    |        |    |      |
|---------------|--------|------|------|--------|------|-------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 2.00 @ 1 bowl | 110.05 | 0.00 | 0.00 | 160.08 | 1.50 | 12.27 | 25.01 | 2.00 | 0.00 | 2.00 | -* | 500.25 | -* | -* | -* | 6.00 | -* | -* | -* | -* | -* | 100.05 | -* | 4.50 |
|---------------|--------|------|------|--------|------|-------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M50524 CEREAL BWL, Lucky Charms WG

|               |        |      |      |        |      |      |       |      |      |      |    |        |    |    |    |      |    |    |    |    |    |        |    |      |
|---------------|--------|------|------|--------|------|------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 1.00 @ 1 bowl | 110.00 | 0.00 | 0.00 | 180.00 | 1.00 | 8.18 | 23.00 | 2.00 | 0.00 | 2.00 | -* | 500.01 | -* | -* | -* | 6.00 | -* | -* | -* | -* | -* | 100.00 | -* | 4.50 |
|---------------|--------|------|------|--------|------|------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M50525 CEREAL BWL, Trix RS WG

|               |        |      |      |        |      |      |       |      |      |      |    |        |    |    |    |      |    |    |    |    |    |       |    |      |
|---------------|--------|------|------|--------|------|------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|-------|----|------|
| 1.00 @ 1 bowl | 110.00 | 0.00 | 0.00 | 140.00 | 1.00 | 8.18 | 24.00 | 1.00 | 0.00 | 1.00 | -* | 400.01 | -* | -* | -* | 4.80 | -* | -* | -* | -* | -* | 80.00 | -* | 4.50 |
|---------------|--------|------|------|--------|------|------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|-------|----|------|

M52725 BRD: BAR, Cereal CocoPuf WG IW

|               |        |      |      |        |      |       |       |      |      |      |    |        |    |    |    |      |    |    |    |    |    |        |    |      |
|---------------|--------|------|------|--------|------|-------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 3.00 @ 1 each | 150.00 | 0.00 | 0.00 | 100.00 | 3.00 | 18.00 | 30.00 | 3.00 | 0.00 | 3.00 | -* | 100.00 | -* | -* | -* | 1.20 | -* | -* | -* | -* | -* | 200.00 | -* | 1.80 |
|---------------|--------|------|------|--------|------|-------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M52724 BRD: BAR, Cereal CinnTst WG IW

|               |        |      |      |        |      |       |       |      |      |      |    |      |    |    |    |      |    |    |    |    |    |        |    |      |
|---------------|--------|------|------|--------|------|-------|-------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 2.00 @ 1 each | 150.00 | 0.00 | 0.00 | 115.00 | 3.50 | 21.00 | 30.00 | 2.00 | 0.00 | 3.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 200.00 | -* | 1.80 |
|---------------|--------|------|------|--------|------|-------|-------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|--------|----|------|

M51267 BRD: MUF AP, BLUEBRY 2OZ IW WG (1BG)

|                 |        |      |      |        |      |       |       |      |       |      |        |        |       |    |    |      |    |    |    |    |    |       |    |      |
|-----------------|--------|------|------|--------|------|-------|-------|------|-------|------|--------|--------|-------|----|----|------|----|----|----|----|----|-------|----|------|
| 1.00 @ 1 muffin | 190.00 | 2.00 | 9.47 | 130.00 | 6.00 | 28.42 | 30.00 | 3.00 | 40.00 | 2.00 | 135.10 | 100.00 | 16.00 | -* | -* | 0.00 | -* | -* | -* | -* | -* | 20.00 | -* | 1.08 |
|-----------------|--------|------|------|--------|------|-------|-------|------|-------|------|--------|--------|-------|----|----|------|----|----|----|----|----|-------|----|------|

M51268 BRD: MUF AP, CHOC CHOC CHIP 2OZ IW WG (1BG)

|                  |        |      |      |        |      |       |       |      |       |      |        |        |       |    |    |      |    |    |    |    |    |       |    |      |
|------------------|--------|------|------|--------|------|-------|-------|------|-------|------|--------|--------|-------|----|----|------|----|----|----|----|----|-------|----|------|
| 16.00 @ 1 muffin | 200.00 | 2.00 | 9.00 | 130.00 | 6.00 | 27.00 | 32.00 | 4.00 | 40.00 | 2.00 | 159.95 | 100.00 | 16.00 | -* | -* | 0.00 | -* | -* | -* | -* | -* | 40.00 | -* | 1.44 |
|------------------|--------|------|------|--------|------|-------|-------|------|-------|------|--------|--------|-------|----|----|------|----|----|----|----|----|-------|----|------|

M51848 BRD: POPTARTS, Straw 1.76oz WG

|                  |        |      |      |        |      |       |       |      |      |      |    |        |    |    |    |      |    |    |    |    |    |        |    |      |
|------------------|--------|------|------|--------|------|-------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 8.00 @ 1 package | 180.00 | 1.00 | 5.00 | 190.00 | 2.50 | 12.50 | 38.00 | 2.00 | 0.00 | 3.00 | -* | 500.01 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 100.00 | -* | 1.80 |
|------------------|--------|------|------|--------|------|-------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M51849 BRD: POPTARTS, Cinn 1.76oz WG

\* Some values for this nutrient are unavailable; the number listed is incomplete.

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Arbor Creek MS

**Service Area:** Arbor Creek - 6-8 - OVS

**Menu Name:** Arbor Creek MS 2018-2019 Menu - cycle 6 - week 5

**Avg.Method:** Weighted (USDA Default)

|   |        |      |       |        |       |       |        |       |       |      |         |         |       |       |       |       |       |       |       |       |       |        |       |      |
|---|--------|------|-------|--------|-------|-------|--------|-------|-------|------|---------|---------|-------|-------|-------|-------|-------|-------|-------|-------|-------|--------|-------|------|
| 2.00 @ 1 package                        | 190.00 | 1.00 | 4.74  | 200.00 | 3.00  | 14.21 | 38.00  | 2.00  | 0.00  | 3.00 | -*      | 500.01  | -*    | -*    | -*    | 0.00  | -*    | -*    | -*    | -*    | -*    | 100.00 | -*    | 1.80 |
| M51684 BRD: POPTARTS, Fudge 1.76oz WG   |        |      |       |        |       |       |        |       |       |      |         |         |       |       |       |       |       |       |       |       |       |        |       |      |
| 4.00 @ 1 package                        | 190.00 | 1.00 | 4.74  | 200.00 | 3.00  | 14.21 | 38.00  | 3.00  | 0.00  | 3.00 | -*      | 500.01  | -*    | -*    | -*    | 0.00  | -*    | -*    | -*    | -*    | -*    | 100.00 | -*    | 1.80 |
| M51994 CHEESE, COLBY JK Stick 1ea 1.0   |        |      |       |        |       |       |        |       |       |      |         |         |       |       |       |       |       |       |       |       |       |        |       |      |
| 21.00 @ 1 stick                         | 90.00  | 4.00 | 40.00 | 200.01 | 6.00  | 60.00 | 0.00   | 7.00  | 20.00 | 0.00 | 0.00    | 200.01  | -*    | -*    | -*    | 0.00  | -*    | -*    | -*    | -*    | -*    | 200.01 | -*    | 0.00 |
| M51237 BRD: BREAD WG, Tst Marg 1sl      |        |      |       |        |       |       |        |       |       |      |         |         |       |       |       |       |       |       |       |       |       |        |       |      |
| 5.00 @ 1 slice                          | 110.00 | 1.33 | 10.91 | 160.00 | 4.33  | 35.45 | 15.00  | 3.00  | 0.00  | 1.00 | 1.33*   | 0.00    | -*    | -*    | -*    | 0.00  | -*    | -*    | -*    | -*    | -*    | 0.00   | -*    | 1.08 |
| M50786 FRUIT: PEARS 100ct Whole 1.25c   |        |      |       |        |       |       |        |       |       |      |         |         |       |       |       |       |       |       |       |       |       |        |       |      |
| 6.00 @ 1 each                           | 106.94 | 0.04 | 0.35  | 1.88   | 0.26  | 2.21  | 28.57  | 0.68  | 0.00  | 5.82 | 217.62  | 46.90   | 0.00  | 0.23  | 8.25  | 8.07  | 0.02  | 0.05  | 0.30  | 0.05  | 0.00  | 16.88  | 22.51 | 0.34 |
| M50178 FRUIT: PINEAPPLE Tbsts w/Jc1/2c  |        |      |       |        |       |       |        |       |       |      |         |         |       |       |       |       |       |       |       |       |       |        |       |      |
| 8.00 @ 1/2 cup                          | 78.55  | 0.01 | 0.14  | 1.20   | 0.10  | 1.10  | 18.92  | 0.51  | 0.00  | 0.96 | 146.98  | -*      | -*    | -*    | -*    | 11.45 | -*    | -*    | -*    | -*    | -*    | 16.87  | -*    | 0.34 |
| M53365 JUICE SS, Grape100% 4oz Cart     |        |      |       |        |       |       |        |       |       |      |         |         |       |       |       |       |       |       |       |       |       |        |       |      |
| 40.00 @ 1 each                          | 80.00  | 0.00 | 0.00  | 15.00  | 0.00  | 0.00  | 18.00  | 1.00  | 0.00  | 0.00 | -*      | 0.00    | -*    | -*    | -*    | 0.00  | -*    | -*    | -*    | -*    | -*    | 0.00   | -*    | 0.00 |
| M53465 MILK SS, 1% WHITE 8 FLOZ         |        |      |       |        |       |       |        |       |       |      |         |         |       |       |       |       |       |       |       |       |       |        |       |      |
| 5.00 @ 1 carton                         | 110.00 | 1.50 | 12.28 | 130.00 | 2.50  | 20.46 | 13.00  | 8.00  | 10.00 | 0.00 | -*      | 500.00  | -*    | -*    | -*    | 2.40  | -*    | -*    | -*    | -*    | -*    | 300.00 | -*    | 0.00 |
| M51096 MILK SS, SKIM CHOCOLATE 8 FLOZ   |        |      |       |        |       |       |        |       |       |      |         |         |       |       |       |       |       |       |       |       |       |        |       |      |
| 18.00 @ 1 carton                        | 120.00 | 0.00 | 0.00  | 180.00 | 0.00  | 0.00  | 20.00  | 8.00  | 5.00  | 0.00 | -*      | 500.00  | -*    | -*    | -*    | 1.20  | -*    | -*    | -*    | -*    | -*    | 300.00 | -*    | 0.00 |
| M53222 COND PC Margarine 5g             |        |      |       |        |       |       |        |       |       |      |         |         |       |       |       |       |       |       |       |       |       |        |       |      |
| 5.00 @ 1 each                           | 30.00  | 1.00 | 30.00 | 30.00  | 3.00  | 90.00 | 0.00   | 0.00  | 0.00  | 0.00 | -*      | 500.00  | -*    | -*    | -*    | 0.00  | -*    | -*    | -*    | -*    | -*    | 0.00   | -*    | 0.00 |
| M50854 COND PC Jelly, #4 Smuckers       |        |      |       |        |       |       |        |       |       |      |         |         |       |       |       |       |       |       |       |       |       |        |       |      |
| 5.00 @ 1 each                           | 35.00  | 0.00 | 0.00  | 5.00   | 0.00  | 0.00  | 9.00   | 0.00  | 0.00  | 0.00 | -*      | 0.00    | -*    | -*    | -*    | 0.00  | -*    | -*    | -*    | -*    | -*    | 0.00   | -*    | 0.00 |
| M54299 BRD: DONUT, GLAZE MAPLE BACON WG |        |      |       |        |       |       |        |       |       |      |         |         |       |       |       |       |       |       |       |       |       |        |       |      |
| 24.00 @ 1 each                          | 352.78 | 7.34 | 18.73 | 339.33 | 16.99 | 43.36 | 45.38  | 5.97  | 3.01  | 2.81 | 0.30*   | 9.50    | 0.00* | 0.00* | 0.00* | 0.00  | 0.00* | 0.00* | 0.00* | 0.00* | 0.00* | 14.17  | 0.00* | 0.74 |
| <b>Average</b>                          | 678.6  | 9.37 | 12.42 | 634.21 | 21.41 | 28.39 | 104.24 | 16.35 | 29.82 | 5.7  | 118.03* | 707.37* | 6.18* | .03*  | 1.13* | 4.93  | 0*    | .01*  | .04*  | .01*  | 0*    | 351.97 | 3.07* | 2.83 |

\* Some values for this nutrient are unavailable; the number listed is incomplete.

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Arbor Creek MS

**Service Area:** Arbor Creek - 6-8 - OVS

**Menu Name:** Arbor Creek MS 2018-2019 Menu - cycle 6 - week 5

**Avg.Method:** Weighted (USDA Default)

**Age Group:** Lunch Grades 6-8      **Period:** Lunch      **Week:** 5      **Day:** Monday      **Count Type:** Forecasted      **Total No. of Customers:** 327

| Weekly Std. (Target 1) | SFA |     | Na (mg) | Fat      |     | CHO (g) | Pro (g) | Chol (mg) | Fiber (g) | K (mg) | Vit A (IU) | Vit D (IU) | Vit E (mg) | Vit K (mcg) | Vit C (mg) | Vit B1 (mg) | Vit B2 (mg) | Vit B3 (mg) | Vit B6 (mg) | Vit B12 (mcg) | Ca (mg) | P (mg) | Fe (mg) |          |
|------------------------|-----|-----|---------|----------|-----|---------|---------|-----------|-----------|--------|------------|------------|------------|-------------|------------|-------------|-------------|-------------|-------------|---------------|---------|--------|---------|----------|
|                        | CAL | (g) |         | % of CAL | (g) |         |         |           |           |        |            |            |            |             |            |             |             |             |             |               |         |        |         | % of CAL |
| 600.00-700.00          |     |     | 1360.00 |          |     |         |         |           |           |        |            |            |            |             |            |             |             |             |             |               |         |        |         |          |

M51232 SDW BN, BfPty ChxFrStk WG 2.0

|                    |        |      |      |        |       |       |       |       |       |      |    |      |    |    |    |      |    |    |    |    |    |       |    |      |
|--------------------|--------|------|------|--------|-------|-------|-------|-------|-------|------|----|------|----|----|----|------|----|----|----|----|----|-------|----|------|
| 24.00 @ 1 sandwich | 429.56 | 3.99 | 8.37 | 779.28 | 19.97 | 41.84 | 45.97 | 19.98 | 29.95 | 4.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 79.94 | -* | 3.24 |
|--------------------|--------|------|------|--------|-------|-------|-------|-------|-------|------|----|------|----|----|----|------|----|----|----|----|----|-------|----|------|

M50443 COND\_Gravy, Country SS

|                 |       |      |      |        |      |       |      |      |      |      |       |      |       |       |       |      |       |       |       |       |       |       |       |      |
|-----------------|-------|------|------|--------|------|-------|------|------|------|------|-------|------|-------|-------|-------|------|-------|-------|-------|-------|-------|-------|-------|------|
| 71.00 @ 1/4 cup | 34.17 | 0.00 | 0.00 | 196.86 | 0.49 | 12.86 | 5.86 | 0.00 | 0.00 | 0.00 | 0.53* | 0.00 | 0.00* | 0.00* | 0.00* | 0.00 | 0.00* | 0.00* | 0.00* | 0.00* | 0.00* | 21.13 | 0.00* | 0.00 |
|-----------------|-------|------|------|--------|------|-------|------|------|------|------|-------|------|-------|-------|-------|------|-------|-------|-------|-------|-------|-------|-------|------|

M51835 SALAD, CHIXPTY BUFRCHSCW2.0 MWWW

|               |        |      |      |        |       |       |       |       |       |      |         |         |       |       |        |      |       |       |       |       |       |       |        |      |
|---------------|--------|------|------|--------|-------|-------|-------|-------|-------|------|---------|---------|-------|-------|--------|------|-------|-------|-------|-------|-------|-------|--------|------|
| 6.00 @ 1 each | 289.24 | 2.53 | 7.88 | 730.48 | 15.96 | 49.65 | 12.82 | 20.41 | 51.72 | 4.33 | 160.78* | 4976.51 | 0.00* | 0.12* | 43.60* | 7.46 | 0.04* | 0.04* | 0.25* | 0.06* | 0.00* | 34.66 | 17.48* | 1.59 |
|---------------|--------|------|------|--------|-------|-------|-------|-------|-------|------|---------|---------|-------|-------|--------|------|-------|-------|-------|-------|-------|-------|--------|------|

M51831 BRD: BRDSTK DG, RIPSTK 1EA (1BG)

|               |       |      |      |       |      |       |       |      |      |      |    |      |    |    |    |      |    |    |    |    |    |      |    |      |
|---------------|-------|------|------|-------|------|-------|-------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|
| 6.00 @ 1 each | 80.00 | 0.00 | 0.00 | 95.00 | 1.00 | 11.25 | 15.00 | 3.00 | 0.00 | 2.00 | -* | 0.09 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 7.27 | -* | 0.71 |
|---------------|-------|------|------|-------|------|-------|-------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|

M53268 SDW BD, Tky AM WG 2.0

|                   |        |      |       |        |       |       |       |       |       |      |    |        |    |    |    |      |    |    |    |    |    |        |    |      |
|-------------------|--------|------|-------|--------|-------|-------|-------|-------|-------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 6.00 @ 1 sandwich | 325.00 | 5.13 | 14.19 | 995.00 | 11.50 | 31.84 | 33.50 | 22.25 | 56.25 | 2.00 | -* | 200.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 175.00 | -* | 2.61 |
|-------------------|--------|------|-------|--------|-------|-------|-------|-------|-------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M50962 SDW BD, SBJ WG 2.0

|                   |        |      |      |        |       |       |       |       |      |      |         |      |       |    |    |      |    |    |    |    |    |       |    |      |
|-------------------|--------|------|------|--------|-------|-------|-------|-------|------|------|---------|------|-------|----|----|------|----|----|----|----|----|-------|----|------|
| 2.00 @ 1 sandwich | 658.38 | 3.99 | 5.45 | 579.16 | 35.89 | 49.06 | 69.87 | 19.95 | 0.00 | 5.99 | 378.78* | 0.00 | 0.00* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 59.81 | -* | 5.35 |
|-------------------|--------|------|------|--------|-------|-------|-------|-------|------|------|---------|------|-------|----|----|------|----|----|----|----|----|-------|----|------|

M53347 SDW BD, SB WG 2.0

|                   |        |      |      |        |       |       |       |       |      |      |         |      |       |    |    |      |    |    |    |    |    |       |    |      |
|-------------------|--------|------|------|--------|-------|-------|-------|-------|------|------|---------|------|-------|----|----|------|----|----|----|----|----|-------|----|------|
| 2.00 @ 1 sandwich | 558.71 | 3.99 | 6.42 | 579.16 | 35.89 | 57.81 | 43.95 | 19.95 | 0.00 | 5.99 | 378.78* | 0.00 | 0.00* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 59.81 | -* | 5.35 |
|-------------------|--------|------|------|--------|-------|-------|-------|-------|------|------|---------|------|-------|----|----|------|----|----|----|----|----|-------|----|------|

M51578 PIZZA 16" CHZ WG 2.0

|                 |        |      |       |        |       |       |       |       |       |      |    |        |    |    |    |      |    |    |    |    |    |        |    |      |
|-----------------|--------|------|-------|--------|-------|-------|-------|-------|-------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 24.00 @ 1/8 cut | 351.26 | 7.50 | 19.22 | 810.03 | 15.50 | 39.72 | 30.87 | 19.38 | 30.00 | 3.25 | -* | 403.18 | -* | -* | -* | 0.90 | -* | -* | -* | -* | -* | 419.72 | -* | 1.13 |
|-----------------|--------|------|-------|--------|-------|-------|-------|-------|-------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M53000 PIZZA 16" Pepperoni WG 2.0

|                 |        |      |       |        |       |       |       |       |       |      |    |        |    |    |    |      |    |    |    |    |    |        |    |      |
|-----------------|--------|------|-------|--------|-------|-------|-------|-------|-------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 40.00 @ 1/8 cut | 388.75 | 9.00 | 20.84 | 937.53 | 19.00 | 43.99 | 31.12 | 20.88 | 37.50 | 3.25 | -* | 403.18 | -* | -* | -* | 0.90 | -* | -* | -* | -* | -* | 419.72 | -* | 1.22 |
|-----------------|--------|------|-------|--------|-------|-------|-------|-------|-------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M52963 CHIX Popcorn, AP WG 2.0

|                   |        |      |      |        |       |       |       |       |       |      |    |        |    |    |    |      |    |    |    |    |    |       |    |      |
|-------------------|--------|------|------|--------|-------|-------|-------|-------|-------|------|----|--------|----|----|----|------|----|----|----|----|----|-------|----|------|
| 37.00 @ 1 serving | 250.19 | 2.72 | 9.78 | 380.72 | 14.14 | 50.87 | 15.23 | 15.23 | 21.76 | 3.26 | -* | 108.78 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 43.51 | -* | 1.96 |
|-------------------|--------|------|------|--------|-------|-------|-------|-------|-------|------|----|--------|----|----|----|------|----|----|----|----|----|-------|----|------|

M51680 BRD: ROLL DG, WG 2.5oz

|                |        |      |      |        |      |       |       |      |      |      |    |      |    |    |    |      |    |    |    |    |    |       |    |      |
|----------------|--------|------|------|--------|------|-------|-------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|-------|----|------|
| 37.00 @ 1 each | 170.00 | 0.50 | 2.65 | 135.00 | 3.00 | 15.88 | 28.00 | 7.00 | 0.00 | 3.40 | -* | 0.01 | -* | -* | -* | 0.01 | -* | -* | -* | -* | -* | 12.70 | -* | 0.85 |
|----------------|--------|------|------|--------|------|-------|-------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|-------|----|------|

M51417 BURG, Beef AP WG 2.0

\* Some values for this nutrient are unavailable; the number listed is incomplete.

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Arbor Creek MS

**Service Area:** Arbor Creek - 6-8 - OVS

**Menu Name:** Arbor Creek MS 2018-2019 Menu - cycle 6 - week 5

**Avg.Method:** Weighted (USDA Default)

|   |        |      |       |        |       |       |       |       |       |      |        |         |       |       |        |       |       |       |       |       |       |        |        |      |
|---|--------|------|-------|--------|-------|-------|-------|-------|-------|------|--------|---------|-------|-------|--------|-------|-------|-------|-------|-------|-------|--------|--------|------|
| 24.00 @ 1 each  | 240.00 | 2.00 | 7.50  | 345.00 | 7.00  | 26.25 | 29.00 | 16.00 | 25.00 | 2.00 | -*     | 0.00    | -*    | -*    | -*     | 0.00  | -*    | -*    | -*    | -*    | -*    | 60.00  | -*     | 2.88 |
| M50821 BURG, Beef AM AP WG 2.25                       |        |      |       |        |       |       |       |       |       |      |        |         |       |       |        |       |       |       |       |       |       |        |        |      |
| 32.00 @ 1 each  | 285.00 | 4.25 | 13.42 | 545.00 | 10.50 | 33.16 | 29.50 | 18.50 | 37.50 | 2.00 | -*     | 100.00  | -*    | -*    | -*     | 0.00  | -*    | -*    | -*    | -*    | -*    | 135.00 | -*     | 2.88 |
| M53770 SDW BN, CHIXPTY PLN WG/WG2.0 MWWW              |        |      |       |        |       |       |       |       |       |      |        |         |       |       |        |       |       |       |       |       |       |        |        |      |
| 24.00 @ 1 sandwich                                    | 339.76 | 1.50 | 3.97  | 589.66 | 10.99 | 29.11 | 35.99 | 23.98 | 44.95 | 5.00 | -*     | 0.00    | -*    | -*    | -*     | 0.00  | -*    | -*    | -*    | -*    | -*    | 40.00  | -*     | 2.52 |
| M52952 SDW BN, CHIXPTY BRD SPCY WG/WG 2.0 MWWW        |        |      |       |        |       |       |       |       |       |      |        |         |       |       |        |       |       |       |       |       |       |        |        |      |
| 24.00 @ 1 sandwich                                    | 339.86 | 2.00 | 5.29  | 629.77 | 11.99 | 31.76 | 35.99 | 23.99 | 44.97 | 3.00 | -*     | 0.00    | -*    | -*    | -*     | 0.00  | -*    | -*    | -*    | -*    | -*    | 40.00  | -*     | 2.88 |
| M55774 STICKS, MAX SNAX PIZZA W/MARINARA AP WG 2.0    |        |      |       |        |       |       |       |       |       |      |        |         |       |       |        |       |       |       |       |       |       |        |        |      |
| 72.00 @ 2 each  | 319.87 | 3.00 | 8.44  | 609.89 | 10.00 | 28.13 | 39.98 | 20.00 | 10.00 | 4.00 | 0.00*  | 498.95* | -*    | -*    | -*     | 8.98* | -*    | -*    | -*    | -*    | -*    | 459.92 | -*     | 2.68 |
| M54864 VEG: BLEND, 5 WAY MIX FZ MARG 1/2C             |        |      |       |        |       |       |       |       |       |      |        |         |       |       |        |       |       |       |       |       |       |        |        |      |
| 3.00 @ 1/2 cup  | 99.18  | 1.20 | 10.90 | 39.27  | 3.08  | 27.99 | 14.69 | 3.21  | 0.00  | 4.94 | 190.80 | 4799.21 | 0.00* | 0.43* | 26.37* | 3.59  | 0.08* | 0.13* | 0.95* | 0.08* | 0.00* | 28.05  | 57.23* | 0.92 |
| M50823 VEG: TOMATOES, GRAPE 1/2C                      |        |      |       |        |       |       |       |       |       |      |        |         |       |       |        |       |       |       |       |       |       |        |        |      |
| 17.00 @ 1/2 cup                                       | 15.52  | 0.02 | 1.40  | 4.31   | 0.17  | 10.00 | 3.35  | 0.76  | 0.00  | 1.03 | 204.35 | 718.25  | 0.00  | 0.47  | 6.81   | 11.81 | 0.03  | 0.02  | 0.51  | 0.07  | 0.00  | 8.62   | 20.69  | 0.23 |
| M52149 VEG: SALAD, Side RomMix SC1c                   |        |      |       |        |       |       |       |       |       |      |        |         |       |       |        |       |       |       |       |       |       |        |        |      |
| 9.00 @ 1 cup  | 13.23  | 0.02 | 1.38  | 12.10  | 0.15  | 10.29 | 2.85  | 0.69  | 0.00  | 1.26 | 146.56 | 4976.16 | 0.00  | 0.12  | 43.60  | 7.46  | 0.04  | 0.04  | 0.25  | 0.06  | 0.00  | 19.84  | 17.48  | 0.47 |
| M53419 VEG: POTATO, FF CTINAGEN7 1/2C                 |        |      |       |        |       |       |       |       |       |      |        |         |       |       |        |       |       |       |       |       |       |        |        |      |
| 224.00 @ 1/2 cup                                      | 119.99 | 1.33 | 10.00 | 133.32 | 4.67  | 35.00 | 17.33 | 2.00  | 0.00  | 2.00 | 259.98 | 0.00    | -*    | -*    | -*     | 3.20  | -*    | -*    | -*    | -*    | -*    | 0.00   | -*     | 0.48 |
| M50529 FRUIT: GRAPES, Fresh 1/2c                      |        |      |       |        |       |       |       |       |       |      |        |         |       |       |        |       |       |       |       |       |       |        |        |      |
| 120.00 @ 1/2 cup                                      | 56.80  | 0.10 | 1.53  | 1.70   | 0.30  | 4.70  | 14.54 | 0.53  | 0.00  | 0.76 | 161.94 | 84.78   | 0.00  | 0.16  | 12.38  | 3.39  | 0.08  | 0.05  | 0.25  | 0.09  | 0.00  | 11.87  | 8.48   | 0.25 |
| M54313 FRUIT: CRANBERRIES, DRIED (USDA) SS 1.16 OZW   |        |      |       |        |       |       |       |       |       |      |        |         |       |       |        |       |       |       |       |       |       |        |        |      |
| 24.00 @ 1 each  | 101.29 | 0.03 | 0.26  | 1.64   | 0.36  | 3.19  | 27.23 | 0.06  | 0.00  | 1.74 | 16.11  | 15.13   | 0.00  | 0.69  | 2.50   | 0.07  | 0.00  | 0.01  | 0.18  | 0.01  | 0.00  | 2.96   | 2.63   | 0.13 |
| M50980 JUICE SS, Frt Bld 100% 4oz Crt                 |        |      |       |        |       |       |       |       |       |      |        |         |       |       |        |       |       |       |       |       |       |        |        |      |
| 174.00 @ 1 each                                       | 60.00  | 0.00 | 0.00  | 10.00  | 0.00  | 0.00  | 14.00 | 0.00  | 0.00  | 0.00 | 100.00 | 0.00    | -*    | -*    | -*     | 3.60  | -*    | -*    | -*    | -*    | -*    | 0.00   | -*     | 0.00 |
| M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50       |        |      |       |        |       |       |       |       |       |      |        |         |       |       |        |       |       |       |       |       |       |        |        |      |
| 43.00 @ 1 carton                                      | 110.00 | 1.50 | 12.28 | 130.00 | 2.50  | 20.46 | 13.00 | 8.00  | 10.00 | 0.00 | -*     | 500.00  | -*    | -*    | -*     | 2.40  | -*    | -*    | -*    | -*    | -*    | 300.00 | -*     | 0.00 |
| M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50 |        |      |       |        |       |       |       |       |       |      |        |         |       |       |        |       |       |       |       |       |       |        |        |      |
| 187.00 @ 1 carton                                     | 120.00 | 0.00 | 0.00  | 180.00 | 0.00  | 0.00  | 20.00 | 8.00  | 5.00  | 0.00 | -*     | 500.00  | -*    | -*    | -*     | 1.20  | -*    | -*    | -*    | -*    | -*    | 300.00 | -*     | 0.00 |

\* Some values for this nutrient are unavailable; the number listed is incomplete.

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Arbor Creek MS

**Service Area:** Arbor Creek - 6-8 - OVS

**Menu Name:** Arbor Creek MS 2018-2019 Menu - cycle 6 - week 5

**Avg.Method:** Weighted (USDA Default)

M50855 COND PC Ketchup 9g Heinz

|                 |       |      |      |       |      |      |      |      |      |      |    |      |    |    |    |      |    |    |    |    |    |      |    |      |
|-----------------|-------|------|------|-------|------|------|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|
| 200.00 @ 1 each | 10.00 | 0.00 | 0.00 | 85.00 | 0.00 | 0.00 | 3.00 | 0.00 | 0.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
|-----------------|-------|------|------|-------|------|------|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|

M50055 COND PC Mayonnaise 12g

|               |       |      |       |       |      |       |      |      |      |      |    |      |    |    |    |      |    |    |    |    |    |      |    |      |
|---------------|-------|------|-------|-------|------|-------|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|
| 6.00 @ 1 each | 80.00 | 1.50 | 16.87 | 75.00 | 8.00 | 90.00 | 1.00 | 0.00 | 5.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
|---------------|-------|------|-------|-------|------|-------|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|

M50284 COND PC Mustard 6g

|                |      |      |   |       |      |   |      |      |      |      |    |      |    |    |    |      |    |    |    |    |    |      |    |      |
|----------------|------|------|---|-------|------|---|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|
| 15.00 @ 1 each | 0.00 | 0.00 | - | 65.00 | 0.00 | - | 1.00 | 0.00 | 0.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
|----------------|------|------|---|-------|------|---|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|

M53222 COND PC Margarine 5g

|                |       |      |       |       |      |       |      |      |      |      |    |        |    |    |    |      |    |    |    |    |    |      |    |      |
|----------------|-------|------|-------|-------|------|-------|------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|------|----|------|
| 80.00 @ 1 each | 30.00 | 1.00 | 30.00 | 30.00 | 3.00 | 90.00 | 0.00 | 0.00 | 0.00 | 0.00 | -* | 500.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
|----------------|-------|------|-------|-------|------|-------|------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|------|----|------|

M50624 COND PC Drsg Ranch 12g

|                |       |      |      |        |      |       |      |      |      |      |    |      |    |    |    |      |    |    |    |    |    |      |    |      |
|----------------|-------|------|------|--------|------|-------|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|
| 50.00 @ 1 each | 50.00 | 0.00 | 0.00 | 100.00 | 5.00 | 90.00 | 1.00 | 0.00 | 5.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
|----------------|-------|------|------|--------|------|-------|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|

M50623 COND PC Drsg Italian 12g

|               |       |      |      |        |      |       |      |      |      |      |    |        |    |    |    |      |    |    |    |    |    |      |    |      |
|---------------|-------|------|------|--------|------|-------|------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|------|----|------|
| 2.00 @ 1 each | 30.00 | 0.00 | 0.00 | 130.00 | 3.00 | 90.00 | 0.00 | 0.00 | 0.00 | 0.00 | -* | 100.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
|---------------|-------|------|------|--------|------|-------|------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|------|----|------|

M53116 COND PC Drsg Honey Mustard 12g

|               |       |      |      |       |      |      |      |      |      |      |    |      |    |    |    |      |    |    |    |    |    |      |    |      |
|---------------|-------|------|------|-------|------|------|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|
| 9.00 @ 1 each | 15.00 | 0.00 | 0.00 | 65.00 | 0.00 | 0.00 | 4.00 | 0.00 | 0.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
|---------------|-------|------|------|-------|------|------|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|

M50056 COND PC Sauce, Taco 9g

|                |      |      |      |       |      |      |      |      |      |      |    |      |    |    |    |      |    |    |    |    |    |      |    |      |
|----------------|------|------|------|-------|------|------|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|
| 12.00 @ 1 each | 5.00 | 0.00 | 0.00 | 55.00 | 0.00 | 0.00 | 1.00 | 0.00 | 0.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
|----------------|------|------|------|-------|------|------|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|

M50287 COND PC SAUCE, BBQ 12G PKT

|                |       |      |      |        |      |      |      |      |      |      |    |        |    |    |    |      |    |    |    |    |    |      |    |      |
|----------------|-------|------|------|--------|------|------|------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|------|----|------|
| 50.00 @ 1 each | 15.00 | 0.00 | 0.00 | 160.00 | 0.00 | 0.00 | 4.00 | 0.00 | 0.00 | 0.00 | -* | 100.00 | -* | -* | -* | 0.60 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
|----------------|-------|------|------|--------|------|------|------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|------|----|------|

M50063 COND\_Sauce, Buffalo Wing AP

|                         |      |      |      |        |      |       |      |      |      |      |       |      |    |    |    |      |    |    |    |    |    |      |    |      |
|-------------------------|------|------|------|--------|------|-------|------|------|------|------|-------|------|----|----|----|------|----|----|----|----|----|------|----|------|
| 20.00 @ 1<br>tablespoon | 4.38 | 0.02 | 4.79 | 363.06 | 0.22 | 45.51 | 0.48 | 0.11 | 0.17 | 0.12 | 21.32 | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 2.22 | -* | 0.07 |
|-------------------------|------|------|------|--------|------|-------|------|------|------|------|-------|------|----|----|----|------|----|----|----|----|----|------|----|------|

M51445 VEG GARN: Rom Leaf/Tom Sl

|                   |      |      |      |      |      |       |      |      |      |      |       |         |      |      |       |      |      |      |      |      |      |      |      |      |
|-------------------|------|------|------|------|------|-------|------|------|------|------|-------|---------|------|------|-------|------|------|------|------|------|------|------|------|------|
| 28.00 @ 1 serving | 4.96 | 0.01 | 1.72 | 1.84 | 0.07 | 12.86 | 1.02 | 0.30 | 0.00 | 0.47 | 68.61 | 1352.71 | 0.00 | 0.09 | 15.65 | 2.51 | 0.02 | 0.01 | 0.13 | 0.02 | 0.00 | 6.10 | 7.65 | 0.18 |
|-------------------|------|------|------|------|------|-------|------|------|------|------|-------|---------|------|------|-------|------|------|------|------|------|------|------|------|------|

M50412 COND\_Pickle, Dill Slice 3ea

|                 |      |      |      |        |      |       |      |      |      |      |    |      |    |    |    |      |    |    |    |    |    |       |    |      |
|-----------------|------|------|------|--------|------|-------|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|-------|----|------|
| 28.00 @ 3 slice | 2.43 | 0.01 | 4.72 | 243.11 | 0.07 | 25.17 | 0.36 | 0.10 | 0.00 | 0.21 | -* | 0.00 | -* | -* | -* | 0.32 | -* | -* | -* | -* | -* | 12.97 | -* | 0.08 |
|-----------------|------|------|------|--------|------|-------|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|-------|----|------|

M54723 VEG: CARROTS, FRESH RSTD 1/2C

|                 |       |      |      |       |      |       |       |      |      |      |        |          |      |       |        |      |       |       |       |       |       |       |        |      |
|-----------------|-------|------|------|-------|------|-------|-------|------|------|------|--------|----------|------|-------|--------|------|-------|-------|-------|-------|-------|-------|--------|------|
| 24.00 @ 1/2 cup | 66.88 | 0.29 | 3.88 | 76.91 | 2.49 | 33.50 | 10.96 | 1.02 | 0.00 | 4.00 | 312.88 | 22581.67 | 0.00 | 1.37* | 18.33* | 4.77 | 0.09* | 0.06* | 0.86* | 0.20* | 0.00* | 40.22 | 39.93* | 0.46 |
|-----------------|-------|------|------|-------|------|-------|-------|------|------|------|--------|----------|------|-------|--------|------|-------|-------|-------|-------|-------|-------|--------|------|

M67420 ENT: PLATE, CHIXNUGMWWW POPSPCY CELWFRIES BRDSTKPB WG2 FUEL3

\* Some values for this nutrient are unavailable; the number listed is incomplete.

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Arbor Creek MS

**Service Area:** Arbor Creek - 6-8 - OVS

**Menu Name:** Arbor Creek MS 2018-2019 Menu - cycle 6 - week 5

**Avg.Method:** Weighted (USDA Default)

|                   |        |      |      |         |       |       |       |       |       |      |         |         |       |       |        |        |       |       |       |       |       |        |        |      |
|-------------------|--------|------|------|---------|-------|-------|-------|-------|-------|------|---------|---------|-------|-------|--------|--------|-------|-------|-------|-------|-------|--------|--------|------|
| 24.00 @ 1 serving | 521.28 | 4.92 | 8.49 | 1120.82 | 25.41 | 43.88 | 48.93 | 21.51 | 31.15 | 6.51 | 435.45* | 350.08  | 0.00* | 0.17* | 18.17* | 5.12   | 0.01* | 0.04* | 0.20* | 0.05* | 0.00* | 73.02  | 14.88* | 2.72 |
| <b>Average</b>    | 643.11 | 5.8  | 8.11 | 1132.83 | 20.8  | 29.11 | 84.08 | 28.93 | 35.06 | 6.47 | 378.12* | 2845.2* | 0*    | .26*  | 11.34* | 10.56* | .04*  | .03*  | .24*  | .06*  | 0*    | 455.34 | 10.39* | 3.14 |

\* Some values for this nutrient are unavailable; the number listed is incomplete.

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Arbor Creek MS

**Service Area:** Arbor Creek - 6-8 - OVS

**Menu Name:** Arbor Creek MS 2018-2019 Menu - cycle 6 - week 5

**Avg.Method:** Weighted (USDA Default)

**Age Group:** Brkfst Grades K-8      **Period:** Breakfast      **Week:** 5      **Day:** Tuesday      **Count Type:** Forecasted      **Total No. of Customers:** 43

| Weekly Std. (Target 1) | SFA |       | Na (mg) | Fat      |     | CHO (g) | Pro (g) | Chol (mg) | Fiber (g) | K (mg) | Vit A (IU) | Vit D (IU) | Vit E (mg) | Vit K (mcg) | Vit C (mg) | Vit B1 (mg) | Vit B2 (mg) | Vit B3 (mg) | Vit B6 (mg) | Vit B12 (mcg) | Ca (mg) | P (mg) | Fe (mg) |          |
|------------------------|-----|-------|---------|----------|-----|---------|---------|-----------|-----------|--------|------------|------------|------------|-------------|------------|-------------|-------------|-------------|-------------|---------------|---------|--------|---------|----------|
|                        | CAL | (g)   |         | % of CAL | (g) |         |         |           |           |        |            |            |            |             |            |             |             |             |             |               |         |        |         | % of CAL |
| 400.00-500.00          |     | 10.00 | 540.00  |          |     |         |         |           |           |        |            |            |            |             |            |             |             |             |             |               |         |        |         |          |

M52653 SDW BGL, EggPty ChixPty WG 2.0

|                    |        |      |      |        |       |       |       |       |        |      |    |        |    |    |    |      |    |    |    |    |    |       |    |      |
|--------------------|--------|------|------|--------|-------|-------|-------|-------|--------|------|----|--------|----|----|----|------|----|----|----|----|----|-------|----|------|
| 11.00 @ 1 sandwich | 305.00 | 2.50 | 7.38 | 505.01 | 11.50 | 33.94 | 27.00 | 16.00 | 107.50 | 5.50 | -* | 100.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 60.00 | -* | 3.06 |
|--------------------|--------|------|------|--------|-------|-------|-------|-------|--------|------|----|--------|----|----|----|------|----|----|----|----|----|-------|----|------|

M51320 CEREAL BWL, Rice Krispies WG

|               |        |      |      |        |      |      |       |      |      |      |    |         |    |    |    |       |    |    |    |    |    |      |    |      |
|---------------|--------|------|------|--------|------|------|-------|------|------|------|----|---------|----|----|----|-------|----|----|----|----|----|------|----|------|
| 1.00 @ 1 bowl | 100.00 | 0.00 | 0.00 | 170.00 | 0.50 | 4.50 | 23.00 | 2.00 | 0.00 | 1.00 | -* | 1000.03 | -* | -* | -* | 12.00 | -* | -* | -* | -* | -* | 0.00 | -* | 8.10 |
|---------------|--------|------|------|--------|------|------|-------|------|------|------|----|---------|----|----|----|-------|----|----|----|----|----|------|----|------|

M50208 CEREAL BWL, CINN TST CRUNCH RS WG

|               |        |      |      |        |      |       |       |      |      |      |    |        |    |    |    |      |    |    |    |    |    |        |    |      |
|---------------|--------|------|------|--------|------|-------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 4.00 @ 1 bowl | 110.00 | 0.50 | 4.09 | 160.00 | 3.00 | 24.54 | 22.00 | 1.00 | 0.00 | 3.00 | -* | 400.01 | -* | -* | -* | 4.80 | -* | -* | -* | -* | -* | 200.01 | -* | 3.60 |
|---------------|--------|------|------|--------|------|-------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M50442 CEREAL BWL, Cocoa Puffs RS WG

|               |        |      |      |        |      |       |       |      |      |      |    |        |    |    |    |      |    |    |    |    |    |        |    |      |
|---------------|--------|------|------|--------|------|-------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 3.00 @ 1 bowl | 110.05 | 0.00 | 0.00 | 160.08 | 1.50 | 12.27 | 25.01 | 2.00 | 0.00 | 2.00 | -* | 500.25 | -* | -* | -* | 6.00 | -* | -* | -* | -* | -* | 100.05 | -* | 4.50 |
|---------------|--------|------|------|--------|------|-------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M50524 CEREAL BWL, Lucky Charms WG

|               |        |      |      |        |      |      |       |      |      |      |    |        |    |    |    |      |    |    |    |    |    |        |    |      |
|---------------|--------|------|------|--------|------|------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 4.00 @ 1 bowl | 110.00 | 0.00 | 0.00 | 180.00 | 1.00 | 8.18 | 23.00 | 2.00 | 0.00 | 2.00 | -* | 500.01 | -* | -* | -* | 6.00 | -* | -* | -* | -* | -* | 100.00 | -* | 4.50 |
|---------------|--------|------|------|--------|------|------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M50525 CEREAL BWL, Trix RS WG

|               |        |      |      |        |      |      |       |      |      |      |    |        |    |    |    |      |    |    |    |    |    |       |    |      |
|---------------|--------|------|------|--------|------|------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|-------|----|------|
| 2.00 @ 1 bowl | 110.00 | 0.00 | 0.00 | 140.00 | 1.00 | 8.18 | 24.00 | 1.00 | 0.00 | 1.00 | -* | 400.01 | -* | -* | -* | 4.80 | -* | -* | -* | -* | -* | 80.00 | -* | 4.50 |
|---------------|--------|------|------|--------|------|------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|-------|----|------|

M52725 BRD: BAR, Cereal CocoPuf WG IW

|               |        |      |      |        |      |       |       |      |      |      |    |        |    |    |    |      |    |    |    |    |    |        |    |      |
|---------------|--------|------|------|--------|------|-------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 3.00 @ 1 each | 150.00 | 0.00 | 0.00 | 100.00 | 3.00 | 18.00 | 30.00 | 3.00 | 0.00 | 3.00 | -* | 100.00 | -* | -* | -* | 1.20 | -* | -* | -* | -* | -* | 200.00 | -* | 1.80 |
|---------------|--------|------|------|--------|------|-------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M52724 BRD: BAR, Cereal CinnTst WG IW

|               |        |      |      |        |      |       |       |      |      |      |    |      |    |    |    |      |    |    |    |    |    |        |    |      |
|---------------|--------|------|------|--------|------|-------|-------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 4.00 @ 1 each | 150.00 | 0.00 | 0.00 | 115.00 | 3.50 | 21.00 | 30.00 | 2.00 | 0.00 | 3.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 200.00 | -* | 1.80 |
|---------------|--------|------|------|--------|------|-------|-------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|--------|----|------|

M51267 BRD: MUF AP, BLUEBRY 2OZ IW WG (1BG)

|                 |        |      |      |        |      |       |       |      |       |      |        |        |       |    |    |      |    |    |    |    |    |       |    |      |
|-----------------|--------|------|------|--------|------|-------|-------|------|-------|------|--------|--------|-------|----|----|------|----|----|----|----|----|-------|----|------|
| 2.00 @ 1 muffin | 190.00 | 2.00 | 9.47 | 130.00 | 6.00 | 28.42 | 30.00 | 3.00 | 40.00 | 2.00 | 135.10 | 100.00 | 16.00 | -* | -* | 0.00 | -* | -* | -* | -* | -* | 20.00 | -* | 1.08 |
|-----------------|--------|------|------|--------|------|-------|-------|------|-------|------|--------|--------|-------|----|----|------|----|----|----|----|----|-------|----|------|

M51268 BRD: MUF AP, CHOC CHOC CHIP 2OZ IW WG (1BG)

|                 |        |      |      |        |      |       |       |      |       |      |        |        |       |    |    |      |    |    |    |    |    |       |    |      |
|-----------------|--------|------|------|--------|------|-------|-------|------|-------|------|--------|--------|-------|----|----|------|----|----|----|----|----|-------|----|------|
| 2.00 @ 1 muffin | 200.00 | 2.00 | 9.00 | 130.00 | 6.00 | 27.00 | 32.00 | 4.00 | 40.00 | 2.00 | 159.95 | 100.00 | 16.00 | -* | -* | 0.00 | -* | -* | -* | -* | -* | 40.00 | -* | 1.44 |
|-----------------|--------|------|------|--------|------|-------|-------|------|-------|------|--------|--------|-------|----|----|------|----|----|----|----|----|-------|----|------|

M51848 BRD: POPTARTS, Straw 1.76oz WG

|                  |        |      |      |        |      |       |       |      |      |      |    |        |    |    |    |      |    |    |    |    |    |        |    |      |
|------------------|--------|------|------|--------|------|-------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 4.00 @ 1 package | 180.00 | 1.00 | 5.00 | 190.00 | 2.50 | 12.50 | 38.00 | 2.00 | 0.00 | 3.00 | -* | 500.01 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 100.00 | -* | 1.80 |
|------------------|--------|------|------|--------|------|-------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M51849 BRD: POPTARTS, Cinn 1.76oz WG

\* Some values for this nutrient are unavailable; the number listed is incomplete.

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Arbor Creek MS

**Service Area:** Arbor Creek - 6-8 - OVS

**Menu Name:** Arbor Creek MS 2018-2019 Menu - cycle 6 - week 5

**Avg.Method:** Weighted (USDA Default)

|                                       |        |      |       |        |       |       |       |       |        |      |         |        |       |      |       |      |      |      |      |      |      |        |       |      |
|---------------------------------------|--------|------|-------|--------|-------|-------|-------|-------|--------|------|---------|--------|-------|------|-------|------|------|------|------|------|------|--------|-------|------|
| 2.00 @ 1 package                      | 190.00 | 1.00 | 4.74  | 200.00 | 3.00  | 14.21 | 38.00 | 2.00  | 0.00   | 3.00 | -*      | 500.01 | -*    | -*   | -*    | 0.00 | -*   | -*   | -*   | -*   | -*   | 100.00 | -*    | 1.80 |
| M51684 BRD: POPTARTS, Fudge 1.76oz WG |        |      |       |        |       |       |       |       |        |      |         |        |       |      |       |      |      |      |      |      |      |        |       |      |
| 2.00 @ 1 package                      | 190.00 | 1.00 | 4.74  | 200.00 | 3.00  | 14.21 | 38.00 | 3.00  | 0.00   | 3.00 | -*      | 500.01 | -*    | -*   | -*    | 0.00 | -*   | -*   | -*   | -*   | -*   | 100.00 | -*    | 1.80 |
| M51994 CHEESE, COLBY JK Stick 1ea 1.0 |        |      |       |        |       |       |       |       |        |      |         |        |       |      |       |      |      |      |      |      |      |        |       |      |
| 17.00 @ 1 stick                       | 90.00  | 4.00 | 40.00 | 200.01 | 6.00  | 60.00 | 0.00  | 7.00  | 20.00  | 0.00 | 0.00    | 200.01 | -*    | -*   | -*    | 0.00 | -*   | -*   | -*   | -*   | -*   | 200.01 | -*    | 0.00 |
| M51237 BRD: BREAD WG, Tst Marg 1sl    |        |      |       |        |       |       |       |       |        |      |         |        |       |      |       |      |      |      |      |      |      |        |       |      |
| 13.00 @ 1 slice                       | 110.00 | 1.33 | 10.91 | 160.00 | 4.33  | 35.45 | 15.00 | 3.00  | 0.00   | 1.00 | 1.33*   | 0.00   | -*    | -*   | -*    | 0.00 | -*   | -*   | -*   | -*   | -*   | 0.00   | -*    | 1.08 |
| M50529 FRUIT: GRAPES, Fresh 1/2c      |        |      |       |        |       |       |       |       |        |      |         |        |       |      |       |      |      |      |      |      |      |        |       |      |
| 12.00 @ 1/2 cup                       | 56.80  | 0.10 | 1.53  | 1.70   | 0.30  | 4.70  | 14.54 | 0.53  | 0.00   | 0.76 | 161.94  | 84.78  | 0.00  | 0.16 | 12.38 | 3.39 | 0.08 | 0.05 | 0.25 | 0.09 | 0.00 | 11.87  | 8.48  | 0.25 |
| M50427 FRUIT: FRUIT MIX w/Jc 1/2c     |        |      |       |        |       |       |       |       |        |      |         |        |       |      |       |      |      |      |      |      |      |        |       |      |
| 6.00 @ 1/2 cup                        | 60.01  | 0.00 | 0.00  | 5.00   | 0.00  | 0.00  | 13.00 | 1.00  | 0.00   | 1.00 | -*      | 200.03 | -*    | -*   | -*    | 1.20 | -*   | -*   | -*   | -*   | -*   | 0.00   | -*    | 0.00 |
| M50979 JUICE SS, Apple 100% 4oz Cart  |        |      |       |        |       |       |       |       |        |      |         |        |       |      |       |      |      |      |      |      |      |        |       |      |
| 36.00 @ 1 each                        | 60.00  | 0.00 | 0.00  | 15.00  | 0.00  | 0.00  | 14.00 | 0.00  | 0.00   | 0.00 | 85.00   | 0.00   | -*    | -*   | -*    | 0.00 | -*   | -*   | -*   | -*   | -*   | 0.00   | -*    | 0.00 |
| M53465 MILK SS, 1% WHITE 8 FLOZ       |        |      |       |        |       |       |       |       |        |      |         |        |       |      |       |      |      |      |      |      |      |        |       |      |
| 7.00 @ 1 carton                       | 110.00 | 1.50 | 12.28 | 130.00 | 2.50  | 20.46 | 13.00 | 8.00  | 10.00  | 0.00 | -*      | 500.00 | -*    | -*   | -*    | 2.40 | -*   | -*   | -*   | -*   | -*   | 300.00 | -*    | 0.00 |
| M51096 MILK SS, SKIM CHOCOLATE 8 FLOZ |        |      |       |        |       |       |       |       |        |      |         |        |       |      |       |      |      |      |      |      |      |        |       |      |
| 19.00 @ 1 carton                      | 120.00 | 0.00 | 0.00  | 180.00 | 0.00  | 0.00  | 20.00 | 8.00  | 5.00   | 0.00 | -*      | 500.00 | -*    | -*   | -*    | 1.20 | -*   | -*   | -*   | -*   | -*   | 300.00 | -*    | 0.00 |
| M53222 COND PC Margarine 5g           |        |      |       |        |       |       |       |       |        |      |         |        |       |      |       |      |      |      |      |      |      |        |       |      |
| 13.00 @ 1 each                        | 30.00  | 1.00 | 30.00 | 30.00  | 3.00  | 90.00 | 0.00  | 0.00  | 0.00   | 0.00 | -*      | 500.00 | -*    | -*   | -*    | 0.00 | -*   | -*   | -*   | -*   | -*   | 0.00   | -*    | 0.00 |
| M50854 COND PC Jelly, #4 Smuckers     |        |      |       |        |       |       |       |       |        |      |         |        |       |      |       |      |      |      |      |      |      |        |       |      |
| 13.00 @ 1 each                        | 35.00  | 0.00 | 0.00  | 5.00   | 0.00  | 0.00  | 9.00  | 0.00  | 0.00   | 0.00 | -*      | 0.00   | -*    | -*   | -*    | 0.00 | -*   | -*   | -*   | -*   | -*   | 0.00   | -*    | 0.00 |
| M50056 COND PC Sauce, Taco 9g         |        |      |       |        |       |       |       |       |        |      |         |        |       |      |       |      |      |      |      |      |      |        |       |      |
| 1.00 @ 1 each                         | 5.00   | 0.00 | 0.00  | 55.00  | 0.00  | 0.00  | 1.00  | 0.00  | 0.00   | 0.00 | -*      | 0.00   | -*    | -*   | -*    | 0.00 | -*   | -*   | -*   | -*   | -*   | 0.00   | -*    | 0.00 |
| M52242 MELT BGL, EggPtyChPtyAM2.25WG  |        |      |       |        |       |       |       |       |        |      |         |        |       |      |       |      |      |      |      |      |      |        |       |      |
| 24.00 @ 1 sandwich                    | 350.00 | 4.75 | 12.21 | 705.01 | 15.00 | 38.57 | 27.50 | 18.50 | 120.00 | 5.50 | -*      | 200.00 | -*    | -*   | -*    | 0.00 | -*   | -*   | -*   | -*   | -*   | 135.00 | -*    | 3.06 |
| <b>Average</b>                        | 619.93 | 6.27 | 9.1   | 895.72 | 18.53 | 26.91 | 80.5  | 24.87 | 109.94 | 7.04 | 130.48* | 991.14 | 1.49* | .04* | 3.45* | 4.04 | .02* | .01* | .07* | .03* | 0*   | 447.04 | 2.37* | 5.1  |

\* Some values for this nutrient are unavailable; the number listed is incomplete.

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Arbor Creek MS

**Service Area:** Arbor Creek - 6-8 - OVS

**Menu Name:** Arbor Creek MS 2018-2019 Menu - cycle 6 - week 5

**Avg.Method:** Weighted (USDA Default)

**Age Group:** Lunch Grades 6-8      **Period:** Lunch      **Week:** 5      **Day:** Tuesday      **Count Type:** Forecasted      **Total No. of Customers:** 306

| Weekly Std. (Target 1) | SFA |       | Na (mg) | Fat      |     | CHO (g) | Pro (g) | Chol (mg) | Fiber (g) | K (mg) | Vit A (IU) | Vit D (IU) | Vit E (mg) | Vit K (mcg) | Vit C (mg) | Vit B1 (mg) | Vit B2 (mg) | Vit B3 (mg) | Vit B6 (mg) | Vit B12 (mcg) | Ca (mg) | P (mg) | Fe (mg) |          |
|------------------------|-----|-------|---------|----------|-----|---------|---------|-----------|-----------|--------|------------|------------|------------|-------------|------------|-------------|-------------|-------------|-------------|---------------|---------|--------|---------|----------|
|                        | CAL | (g)   |         | % of CAL | (g) |         |         |           |           |        |            |            |            |             |            |             |             |             |             |               |         |        |         | % of CAL |
| 600.00-700.00          |     | 10.00 | 1360.00 |          |     |         |         |           |           |        |            |            |            |             |            |             |             |             |             |               |         |        |         |          |

M53251 SDW FB, CHam SW Pickle WG 2.0

|                |        |      |       |        |       |       |       |       |       |      |        |      |       |       |       |      |       |       |       |       |       |        |       |      |
|----------------|--------|------|-------|--------|-------|-------|-------|-------|-------|------|--------|------|-------|-------|-------|------|-------|-------|-------|-------|-------|--------|-------|------|
| 21.00 @ 1 each | 405.10 | 7.88 | 17.52 | 789.69 | 21.34 | 47.41 | 32.09 | 22.12 | 68.75 | 3.17 | 23.56* | 0.88 | 0.00* | 0.00* | 0.16* | 0.19 | 0.00* | 0.00* | 0.00* | 0.00* | 0.00* | 289.43 | 0.16* | 2.19 |
|----------------|--------|------|-------|--------|-------|-------|-------|-------|-------|------|--------|------|-------|-------|-------|------|-------|-------|-------|-------|-------|--------|-------|------|

M53249 SALAD, CHam CH MZ SC W 2.0

|               |        |      |       |        |       |       |      |       |       |      |         |         |       |       |        |      |       |       |       |       |       |        |        |      |
|---------------|--------|------|-------|--------|-------|-------|------|-------|-------|------|---------|---------|-------|-------|--------|------|-------|-------|-------|-------|-------|--------|--------|------|
| 6.00 @ 1 each | 188.23 | 6.18 | 29.53 | 446.48 | 11.87 | 56.76 | 5.72 | 15.19 | 60.00 | 1.26 | 146.57* | 5189.52 | 0.00* | 0.12* | 43.60* | 7.46 | 0.04* | 0.04* | 0.25* | 0.06* | 0.00* | 223.35 | 17.48* | 0.94 |
|---------------|--------|------|-------|--------|-------|-------|------|-------|-------|------|---------|---------|-------|-------|--------|------|-------|-------|-------|-------|-------|--------|--------|------|

M51680 BRD: ROLL DG, WG 2.5oz

|               |        |      |      |        |      |       |       |      |      |      |    |      |    |    |    |      |    |    |    |    |    |       |    |      |
|---------------|--------|------|------|--------|------|-------|-------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|-------|----|------|
| 6.00 @ 1 each | 170.00 | 0.50 | 2.65 | 135.00 | 3.00 | 15.88 | 28.00 | 7.00 | 0.00 | 3.40 | -* | 0.01 | -* | -* | -* | 0.01 | -* | -* | -* | -* | -* | 12.70 | -* | 0.85 |
|---------------|--------|------|------|--------|------|-------|-------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|-------|----|------|

M66748 WRAP 10", CHIXDCD CAES W WG 2.0

|               |        |      |      |        |       |       |       |       |       |      |         |         |       |       |        |      |       |       |       |       |       |        |        |      |
|---------------|--------|------|------|--------|-------|-------|-------|-------|-------|------|---------|---------|-------|-------|--------|------|-------|-------|-------|-------|-------|--------|--------|------|
| 5.00 @ 1 each | 381.22 | 4.16 | 9.81 | 528.02 | 18.13 | 42.81 | 32.78 | 19.91 | 44.57 | 3.94 | 137.21* | 2755.42 | 0.00* | 0.19* | 31.30* | 5.02 | 0.03* | 0.02* | 0.26* | 0.04* | 0.00* | 122.19 | 15.31* | 2.34 |
|---------------|--------|------|------|--------|-------|-------|-------|-------|-------|------|---------|---------|-------|-------|--------|------|-------|-------|-------|-------|-------|--------|--------|------|

M50962 SDW BD, SBJ WG 2.0

|                   |        |      |      |        |       |       |       |       |      |      |         |      |       |    |    |      |    |    |    |    |    |       |    |      |
|-------------------|--------|------|------|--------|-------|-------|-------|-------|------|------|---------|------|-------|----|----|------|----|----|----|----|----|-------|----|------|
| 1.00 @ 1 sandwich | 658.38 | 3.99 | 5.45 | 579.16 | 35.89 | 49.06 | 69.87 | 19.95 | 0.00 | 5.99 | 378.78* | 0.00 | 0.00* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 59.81 | -* | 5.35 |
|-------------------|--------|------|------|--------|-------|-------|-------|-------|------|------|---------|------|-------|----|----|------|----|----|----|----|----|-------|----|------|

M53347 SDW BD, SB WG 2.0

|                   |        |      |      |        |       |       |       |       |      |      |         |      |       |    |    |      |    |    |    |    |    |       |    |      |
|-------------------|--------|------|------|--------|-------|-------|-------|-------|------|------|---------|------|-------|----|----|------|----|----|----|----|----|-------|----|------|
| 2.00 @ 1 sandwich | 558.71 | 3.99 | 6.42 | 579.16 | 35.89 | 57.81 | 43.95 | 19.95 | 0.00 | 5.99 | 378.78* | 0.00 | 0.00* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 59.81 | -* | 5.35 |
|-------------------|--------|------|------|--------|-------|-------|-------|-------|------|------|---------|------|-------|----|----|------|----|----|----|----|----|-------|----|------|

M51578 PIZZA 16" CHZ WG 2.0

|                 |        |      |       |        |       |       |       |       |       |      |    |        |    |    |    |      |    |    |    |    |    |        |    |      |
|-----------------|--------|------|-------|--------|-------|-------|-------|-------|-------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 35.00 @ 1/8 cut | 351.26 | 7.50 | 19.22 | 810.03 | 15.50 | 39.72 | 30.87 | 19.38 | 30.00 | 3.25 | -* | 403.18 | -* | -* | -* | 0.90 | -* | -* | -* | -* | -* | 419.72 | -* | 1.13 |
|-----------------|--------|------|-------|--------|-------|-------|-------|-------|-------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M53003 PIZZA 16" Spin Mush Pep WG 2.0

|                 |        |      |       |        |       |       |       |       |       |      |         |         |       |       |         |       |       |       |       |       |       |        |        |      |
|-----------------|--------|------|-------|--------|-------|-------|-------|-------|-------|------|---------|---------|-------|-------|---------|-------|-------|-------|-------|-------|-------|--------|--------|------|
| 17.00 @ 1/8 cut | 367.54 | 7.55 | 18.50 | 838.03 | 15.80 | 38.70 | 33.71 | 20.81 | 30.00 | 4.61 | 129.07* | 3994.25 | 0.48* | 1.10* | 154.06* | 12.13 | 0.03* | 0.07* | 0.44* | 0.07* | 0.00* | 466.53 | 23.21* | 1.86 |
|-----------------|--------|------|-------|--------|-------|-------|-------|-------|-------|------|---------|---------|-------|-------|---------|-------|-------|-------|-------|-------|-------|--------|--------|------|

M52587 CHIX TENDER, GLDN CRISPY (3) WG 2.0 MWWW

|                |        |      |      |        |       |       |       |       |       |      |    |      |    |    |    |      |    |    |    |    |    |      |    |      |
|----------------|--------|------|------|--------|-------|-------|-------|-------|-------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|
| 17.00 @ 3 each | 239.64 | 2.25 | 8.44 | 404.38 | 11.98 | 45.00 | 11.98 | 19.47 | 44.93 | 1.50 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 1.62 |
|----------------|--------|------|------|--------|-------|-------|-------|-------|-------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|

M51680 BRD: ROLL DG, WG 2.5oz

|                |        |      |      |        |      |       |       |      |      |      |    |      |    |    |    |      |    |    |    |    |    |       |    |      |
|----------------|--------|------|------|--------|------|-------|-------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|-------|----|------|
| 17.00 @ 1 each | 170.00 | 0.50 | 2.65 | 135.00 | 3.00 | 15.88 | 28.00 | 7.00 | 0.00 | 3.40 | -* | 0.01 | -* | -* | -* | 0.01 | -* | -* | -* | -* | -* | 12.70 | -* | 0.85 |
|----------------|--------|------|------|--------|------|-------|-------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|-------|----|------|

M51417 BURG, Beef AP WG 2.0

|                |        |      |      |        |      |       |       |       |       |      |    |      |    |    |    |      |    |    |    |    |    |       |    |      |
|----------------|--------|------|------|--------|------|-------|-------|-------|-------|------|----|------|----|----|----|------|----|----|----|----|----|-------|----|------|
| 20.00 @ 1 each | 240.00 | 2.00 | 7.50 | 345.00 | 7.00 | 26.25 | 29.00 | 16.00 | 25.00 | 2.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 60.00 | -* | 2.88 |
|----------------|--------|------|------|--------|------|-------|-------|-------|-------|------|----|------|----|----|----|------|----|----|----|----|----|-------|----|------|

M50821 BURG, Beef AM AP WG 2.25

\* Some values for this nutrient are unavailable; the number listed is incomplete.

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Arbor Creek MS

**Service Area:** Arbor Creek - 6-8 - OVS

**Menu Name:** Arbor Creek MS 2018-2019 Menu - cycle 6 - week 5

**Avg.Method:** Weighted (USDA Default)

|   |        |      |       |        |       |       |       |       |       |      |         |         |       |       |       |       |       |       |       |       |       |        |         |      |
|---|--------|------|-------|--------|-------|-------|-------|-------|-------|------|---------|---------|-------|-------|-------|-------|-------|-------|-------|-------|-------|--------|---------|------|
| 24.00 @ 1 each                                    | 285.00 | 4.25 | 13.42 | 545.00 | 10.50 | 33.16 | 29.50 | 18.50 | 37.50 | 2.00 | -*      | 100.00  | -*    | -*    | -*    | 0.00  | -*    | -*    | -*    | -*    | -*    | 135.00 | -*      | 2.88 |
| M53770 SDW BN, CHIXPTY PLN WG/WG2.0 MWWW          |        |      |       |        |       |       |       |       |       |      |         |         |       |       |       |       |       |       |       |       |       |        |         |      |
| 16.00 @ 1 sandwich                                | 339.76 | 1.50 | 3.97  | 589.66 | 10.99 | 29.11 | 35.99 | 23.98 | 44.95 | 5.00 | -*      | 0.00    | -*    | -*    | -*    | 0.00  | -*    | -*    | -*    | -*    | -*    | 40.00  | -*      | 2.52 |
| M52952 SDW BN, CHIXPTY BRD SPCY WG/WG 2.0 MWWW    |        |      |       |        |       |       |       |       |       |      |         |         |       |       |       |       |       |       |       |       |       |        |         |      |
| 16.00 @ 1 sandwich                                | 339.86 | 2.00 | 5.29  | 629.77 | 11.99 | 31.76 | 35.99 | 23.99 | 44.97 | 3.00 | -*      | 0.00    | -*    | -*    | -*    | 0.00  | -*    | -*    | -*    | -*    | -*    | 40.00  | -*      | 2.88 |
| M54308 STICKS, CRISPITO CHIXCHILI AP WG 2.0 (2EA) |        |      |       |        |       |       |       |       |       |      |         |         |       |       |       |       |       |       |       |       |       |        |         |      |
| 16.00 @ 2 each                                    | 540.00 | 6.00 | 10.00 | 740.00 | 28.00 | 46.67 | 46.00 | 24.00 | 50.00 | 6.00 | -*      | 1500.01 | -*    | -*    | -*    | 0.00  | -*    | -*    | -*    | -*    | -*    | 80.00  | -*      | 3.60 |
| M51189 COND_Sauce, Chz SS W (LOL) .5              |        |      |       |        |       |       |       |       |       |      |         |         |       |       |       |       |       |       |       |       |       |        |         |      |
| 30.00 @ 2 fl oz                                   | 99.97  | 4.50 | 40.50 | 399.86 | 7.00  | 63.00 | 3.00  | 5.00  | 19.99 | 0.00 | -*      | 0.00    | -*    | -*    | -*    | 0.00  | -*    | -*    | -*    | -*    | -*    | 149.95 | -*      | 0.00 |
| M54555 NACHOS BFGD RND SC 2.0 (2BG)               |        |      |       |        |       |       |       |       |       |      |         |         |       |       |       |       |       |       |       |       |       |        |         |      |
| 117.00 @ 1 each                                   | 450.53 | 8.75 | 17.47 | 674.18 | 23.64 | 47.22 | 37.03 | 21.03 | 60.38 | 3.45 | 195.67* | 194.00  | 0.91* | 0.13* | 0.97* | 2.48  | 0.02* | 0.09* | 2.90* | 0.20* | 1.27* | 212.59 | 110.82* | 2.41 |
| M67887 VEG: BEANS, PINTO CHARRO 1/2C              |        |      |       |        |       |       |       |       |       |      |         |         |       |       |       |       |       |       |       |       |       |        |         |      |
| 6.00 @ 1/2 cup                                    | 116.10 | 0.26 | 1.99  | 131.24 | 0.90  | 6.99  | 19.82 | 7.19  | 0.83  | 6.10 | 362.07* | 81.59*  | 3.10* | 0.06* | 1.32* | 1.37* | 0.01* | 0.00* | 0.07* | 0.01* | 0.00* | 68.18  | 4.04*   | 1.98 |
| M50350 VEG: CUCUMBER, Fresh Slice1/2c             |        |      |       |        |       |       |       |       |       |      |         |         |       |       |       |       |       |       |       |       |       |        |         |      |
| 24.00 @ 1/2 cup                                   | 10.81  | 0.03 | 2.22  | 1.44   | 0.08  | 6.60  | 2.62  | 0.47  | 0.00  | 0.36 | 105.91  | 75.65   | 0.00  | 0.02  | 11.82 | 2.02  | 0.02  | 0.02  | 0.07  | 0.03  | 0.00  | 11.53  | 17.29   | 0.20 |
| M51731 VEG: POTATO SWT, FF CRINKLE 1/2C           |        |      |       |        |       |       |       |       |       |      |         |         |       |       |       |       |       |       |       |       |       |        |         |      |
| 9.00 @ 1/2 cup                                    | 137.66 | 0.53 | 3.46  | 180.02 | 4.77  | 31.15 | 23.30 | 1.06  | 0.00  | 3.18 | 243.56  | 3176.86 | -*    | -*    | -*    | 6.35  | -*    | -*    | -*    | -*    | -*    | 21.18  | -*      | 0.38 |
| M66601 FRUIT: PEARS 135CT WHOLE 1/2C              |        |      |       |        |       |       |       |       |       |      |         |         |       |       |       |       |       |       |       |       |       |        |         |      |
| 46.00 @ 1 each                                    | 77.53  | 0.03 | 0.35  | 1.36   | 0.19  | 2.21  | 20.71 | 0.49  | 0.00  | 4.22 | 157.77  | 34.00   | 0.00  | 0.16  | 5.98  | 5.85  | 0.02  | 0.04  | 0.22  | 0.04  | 0.00  | 12.24  | 16.32   | 0.24 |
| M51110 FRUIT: ORANGE Mand w/Jc 1/2c               |        |      |       |        |       |       |       |       |       |      |         |         |       |       |       |       |       |       |       |       |       |        |         |      |
| 96.00 @ 1/2 cup                                   | 51.73  | 0.00 | 0.00  | 6.26   | 0.03  | 0.44  | 12.19 | 0.70  | 0.00  | 0.94 | -*      | 710.52  | -*    | -*    | -*    | 37.06 | -*    | -*    | -*    | -*    | -*    | 13.15  | -*      | 0.43 |
| M53365 JUICE SS, Grape100% 4oz Cart               |        |      |       |        |       |       |       |       |       |      |         |         |       |       |       |       |       |       |       |       |       |        |         |      |
| 129.00 @ 1 each                                   | 80.00  | 0.00 | 0.00  | 15.00  | 0.00  | 0.00  | 18.00 | 1.00  | 0.00  | 0.00 | -*      | 0.00    | -*    | -*    | -*    | 0.00  | -*    | -*    | -*    | -*    | -*    | 0.00   | -*      | 0.00 |
| M53065 DESRT: COOKIE Sugar 1.0oz WG               |        |      |       |        |       |       |       |       |       |      |         |         |       |       |       |       |       |       |       |       |       |        |         |      |
| 228.00 @ 1 cookie                                 | 110.00 | 1.00 | 8.18  | 75.00  | 3.00  | 24.54 | 18.00 | 1.00  | 10.00 | 1.00 | 50.00   | 100.00  | -*    | -*    | -*    | 0.00  | -*    | -*    | -*    | -*    | -*    | 0.00   | -*      | 0.72 |
| M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50   |        |      |       |        |       |       |       |       |       |      |         |         |       |       |       |       |       |       |       |       |       |        |         |      |
| 39.00 @ 1 carton                                  | 110.00 | 1.50 | 12.28 | 130.00 | 2.50  | 20.46 | 13.00 | 8.00  | 10.00 | 0.00 | -*      | 500.00  | -*    | -*    | -*    | 2.40  | -*    | -*    | -*    | -*    | -*    | 300.00 | -*      | 0.00 |

\* Some values for this nutrient are unavailable; the number listed is incomplete.

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Arbor Creek MS

**Service Area:** Arbor Creek - 6-8 - OVS

**Menu Name:** Arbor Creek MS 2018-2019 Menu - cycle 6 - week 5

**Avg.Method:** Weighted (USDA Default)

M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50

|                   |        |      |      |        |      |      |       |      |      |      |    |        |    |    |    |      |    |    |    |    |    |        |    |      |
|-------------------|--------|------|------|--------|------|------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 169.00 @ 1 carton | 120.00 | 0.00 | 0.00 | 180.00 | 0.00 | 0.00 | 20.00 | 8.00 | 5.00 | 0.00 | -* | 500.00 | -* | -* | -* | 1.20 | -* | -* | -* | -* | -* | 300.00 | -* | 0.00 |
|-------------------|--------|------|------|--------|------|------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M50855 COND PC Ketchup 9g Heinz

|                 |       |      |      |       |      |      |      |      |      |      |    |      |    |    |    |      |    |    |    |    |    |      |    |      |
|-----------------|-------|------|------|-------|------|------|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|
| 250.00 @ 1 each | 10.00 | 0.00 | 0.00 | 85.00 | 0.00 | 0.00 | 3.00 | 0.00 | 0.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
|-----------------|-------|------|------|-------|------|------|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|

M50055 COND PC Mayonnaise 12g

|                |       |      |       |       |      |       |      |      |      |      |    |      |    |    |    |      |    |    |    |    |    |      |    |      |
|----------------|-------|------|-------|-------|------|-------|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|
| 11.00 @ 1 each | 80.00 | 1.50 | 16.87 | 75.00 | 8.00 | 90.00 | 1.00 | 0.00 | 5.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
|----------------|-------|------|-------|-------|------|-------|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|

M50284 COND PC Mustard 6g

|                |      |      |   |       |      |   |      |      |      |      |    |      |    |    |    |      |    |    |    |    |    |      |    |      |
|----------------|------|------|---|-------|------|---|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|
| 11.00 @ 1 each | 0.00 | 0.00 | - | 65.00 | 0.00 | - | 1.00 | 0.00 | 0.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
|----------------|------|------|---|-------|------|---|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|

M53222 COND PC Margarine 5g

|                |       |      |       |       |      |       |      |      |      |      |    |        |    |    |    |      |    |    |    |    |    |      |    |      |
|----------------|-------|------|-------|-------|------|-------|------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|------|----|------|
| 60.00 @ 1 each | 30.00 | 1.00 | 30.00 | 30.00 | 3.00 | 90.00 | 0.00 | 0.00 | 0.00 | 0.00 | -* | 500.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
|----------------|-------|------|-------|-------|------|-------|------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|------|----|------|

M50624 COND PC Drsg Ranch 12g

|                |       |      |      |        |      |       |      |      |      |      |    |      |    |    |    |      |    |    |    |    |    |      |    |      |
|----------------|-------|------|------|--------|------|-------|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|
| 50.00 @ 1 each | 50.00 | 0.00 | 0.00 | 100.00 | 5.00 | 90.00 | 1.00 | 0.00 | 5.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
|----------------|-------|------|------|--------|------|-------|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|

M50623 COND PC Drsg Italian 12g

|               |       |      |      |        |      |       |      |      |      |      |    |        |    |    |    |      |    |    |    |    |    |      |    |      |
|---------------|-------|------|------|--------|------|-------|------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|------|----|------|
| 1.00 @ 1 each | 30.00 | 0.00 | 0.00 | 130.00 | 3.00 | 90.00 | 0.00 | 0.00 | 0.00 | 0.00 | -* | 100.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
|---------------|-------|------|------|--------|------|-------|------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|------|----|------|

M53116 COND PC Drsg Honey Mustard 12g

|                |       |      |      |       |      |      |      |      |      |      |    |      |    |    |    |      |    |    |    |    |    |      |    |      |
|----------------|-------|------|------|-------|------|------|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|
| 17.00 @ 1 each | 15.00 | 0.00 | 0.00 | 65.00 | 0.00 | 0.00 | 4.00 | 0.00 | 0.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
|----------------|-------|------|------|-------|------|------|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|

M50056 COND PC Sauce, Taco 9g

|                |      |      |      |       |      |      |      |      |      |      |    |      |    |    |    |      |    |    |    |    |    |      |    |      |
|----------------|------|------|------|-------|------|------|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|
| 18.00 @ 1 each | 5.00 | 0.00 | 0.00 | 55.00 | 0.00 | 0.00 | 1.00 | 0.00 | 0.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
|----------------|------|------|------|-------|------|------|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|

M50287 COND PC SAUCE, BBQ 12G PKT

|                |       |      |      |        |      |      |      |      |      |      |    |        |    |    |    |      |    |    |    |    |    |      |    |      |
|----------------|-------|------|------|--------|------|------|------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|------|----|------|
| 50.00 @ 1 each | 15.00 | 0.00 | 0.00 | 160.00 | 0.00 | 0.00 | 4.00 | 0.00 | 0.00 | 0.00 | -* | 100.00 | -* | -* | -* | 0.60 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
|----------------|-------|------|------|--------|------|------|------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|------|----|------|

M50063 COND\_Sauce, Buffalo Wing AP

|                         |      |      |      |        |      |       |      |      |      |      |       |      |    |    |    |      |    |    |    |    |    |      |    |      |
|-------------------------|------|------|------|--------|------|-------|------|------|------|------|-------|------|----|----|----|------|----|----|----|----|----|------|----|------|
| 50.00 @ 1<br>tablespoon | 4.38 | 0.02 | 4.79 | 363.06 | 0.22 | 45.51 | 0.48 | 0.11 | 0.17 | 0.12 | 21.32 | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 2.22 | -* | 0.07 |
|-------------------------|------|------|------|--------|------|-------|------|------|------|------|-------|------|----|----|----|------|----|----|----|----|----|------|----|------|

M51445 VEG GARN: Rom Leaf/Tom SI

|                   |      |      |      |      |      |       |      |      |      |      |       |         |      |      |       |      |      |      |      |      |      |      |      |      |
|-------------------|------|------|------|------|------|-------|------|------|------|------|-------|---------|------|------|-------|------|------|------|------|------|------|------|------|------|
| 25.00 @ 1 serving | 4.96 | 0.01 | 1.72 | 1.84 | 0.07 | 12.86 | 1.02 | 0.30 | 0.00 | 0.47 | 68.61 | 1352.71 | 0.00 | 0.09 | 15.65 | 2.51 | 0.02 | 0.01 | 0.13 | 0.02 | 0.00 | 6.10 | 7.65 | 0.18 |
|-------------------|------|------|------|------|------|-------|------|------|------|------|-------|---------|------|------|-------|------|------|------|------|------|------|------|------|------|

M50412 COND\_Pickle, Dill Slice 3ea

|                 |      |      |      |        |      |       |      |      |      |      |    |      |    |    |    |      |    |    |    |    |    |       |    |      |
|-----------------|------|------|------|--------|------|-------|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|-------|----|------|
| 25.00 @ 3 slice | 2.43 | 0.01 | 4.72 | 243.11 | 0.07 | 25.17 | 0.36 | 0.10 | 0.00 | 0.21 | -* | 0.00 | -* | -* | -* | 0.32 | -* | -* | -* | -* | -* | 12.97 | -* | 0.08 |
|-----------------|------|------|------|--------|------|-------|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|-------|----|------|

M67420 ENT: PLATE, CHIXNUGMWWW POPSPCY CELWFRIES BRDSTKPB WG2 FUEL3

|                   |        |      |      |         |       |       |       |       |       |      |         |        |       |       |        |      |       |       |       |       |       |       |        |      |
|-------------------|--------|------|------|---------|-------|-------|-------|-------|-------|------|---------|--------|-------|-------|--------|------|-------|-------|-------|-------|-------|-------|--------|------|
| 24.00 @ 1 serving | 521.28 | 4.92 | 8.49 | 1120.82 | 25.41 | 43.88 | 48.93 | 21.51 | 31.15 | 6.51 | 435.45* | 350.08 | 0.00* | 0.17* | 18.17* | 5.12 | 0.01* | 0.04* | 0.20* | 0.05* | 0.00* | 73.02 | 14.88* | 2.72 |
|-------------------|--------|------|------|---------|-------|-------|-------|-------|-------|------|---------|--------|-------|-------|--------|------|-------|-------|-------|-------|-------|-------|--------|------|

\* Some values for this nutrient are unavailable; the number listed is incomplete.

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Arbor Creek MS

**Service Area:** Arbor Creek - 6-8 - OVS

**Menu Name:** Arbor Creek MS 2018-2019 Menu - cycle 6 - week 5

**Avg.Method:** Weighted (USDA Default)

M66166 ENT: STEW, ETOUFFEECHIXDCDSAU2

|                             |        |      |       |        |      |       |      |       |       |      |         |        |       |       |        |       |       |       |       |       |       |       |        |      |
|-----------------------------|--------|------|-------|--------|------|-------|------|-------|-------|------|---------|--------|-------|-------|--------|-------|-------|-------|-------|-------|-------|-------|--------|------|
| 24.00 @ 1 Spoodle<br>6 FLOZ | 167.15 | 2.21 | 11.89 | 252.04 | 7.20 | 38.78 | 9.66 | 15.15 | 44.91 | 1.88 | 132.10* | 475.45 | 0.00* | 0.35* | 14.26* | 18.44 | 0.03* | 0.03* | 0.24* | 0.10* | 0.00* | 53.81 | 19.59* | 1.50 |
|-----------------------------|--------|------|-------|--------|------|-------|------|-------|-------|------|---------|--------|-------|-------|--------|-------|-------|-------|-------|-------|-------|-------|--------|------|

M53729 BURG, Beef AM Cajun AP100%2.25

|                |        |      |       |        |       |       |       |       |       |      |        |        |       |       |       |      |       |       |       |       |       |        |       |      |
|----------------|--------|------|-------|--------|-------|-------|-------|-------|-------|------|--------|--------|-------|-------|-------|------|-------|-------|-------|-------|-------|--------|-------|------|
| 24.00 @ 1 each | 345.89 | 5.57 | 14.49 | 621.07 | 15.77 | 41.02 | 31.01 | 19.58 | 50.65 | 2.62 | 11.09* | 509.89 | 0.00* | 0.03* | 0.72* | 0.16 | 0.00* | 0.00* | 0.03* | 0.01* | 0.00* | 117.12 | 2.43* | 2.57 |
|----------------|--------|------|-------|--------|-------|-------|-------|-------|-------|------|--------|--------|-------|-------|-------|------|-------|-------|-------|-------|-------|--------|-------|------|

M67227 VEG: POTATO, DICED AP CAJUN SEASONED SC 1/2C

|                 |        |      |      |       |      |       |       |      |      |      |        |        |       |       |       |      |       |       |       |       |       |      |       |      |
|-----------------|--------|------|------|-------|------|-------|-------|------|------|------|--------|--------|-------|-------|-------|------|-------|-------|-------|-------|-------|------|-------|------|
| 24.00 @ 1/2 cup | 105.39 | 0.27 | 2.30 | 35.63 | 2.36 | 20.12 | 19.36 | 1.32 | 0.00 | 2.65 | 17.32* | 328.51 | 0.00* | 0.21* | 2.44* | 1.60 | 0.00* | 0.01* | 0.07* | 0.02* | 0.00* | 3.98 | 2.48* | 0.69 |
|-----------------|--------|------|------|-------|------|-------|-------|------|------|------|--------|--------|-------|-------|-------|------|-------|-------|-------|-------|-------|------|-------|------|

M52555 VEG: BEANS, Green FzSeas1/2c

|                 |       |      |       |        |      |       |      |      |      |      |        |        |       |       |        |      |       |       |       |       |       |       |        |      |
|-----------------|-------|------|-------|--------|------|-------|------|------|------|------|--------|--------|-------|-------|--------|------|-------|-------|-------|-------|-------|-------|--------|------|
| 24.00 @ 1/2 cup | 45.87 | 1.20 | 23.50 | 146.04 | 3.04 | 59.57 | 4.52 | 1.04 | 0.00 | 2.10 | 112.59 | 292.07 | 0.00* | 0.03* | 26.62* | 2.86 | 0.02* | 0.06* | 0.27* | 0.04* | 0.00* | 29.56 | 20.28* | 0.47 |
|-----------------|-------|------|-------|--------|------|-------|------|------|------|------|--------|--------|-------|-------|--------|------|-------|-------|-------|-------|-------|-------|--------|------|

M50560 VEG: SALAD, COLESLAWCAJUN W 1/2C

|                 |       |      |      |        |      |       |      |      |      |      |        |        |       |       |       |      |       |       |       |       |       |      |       |      |
|-----------------|-------|------|------|--------|------|-------|------|------|------|------|--------|--------|-------|-------|-------|------|-------|-------|-------|-------|-------|------|-------|------|
| 24.00 @ 1/2 cup | 61.77 | 0.64 | 9.34 | 152.14 | 4.53 | 66.04 | 5.01 | 0.15 | 6.30 | 1.24 | 22.15* | 819.61 | 0.00* | 0.07* | 1.44* | 0.33 | 0.01* | 0.00* | 0.07* | 0.01* | 0.00* | 4.23 | 4.86* | 0.11 |
|-----------------|-------|------|------|--------|------|-------|------|------|------|------|--------|--------|-------|-------|-------|------|-------|-------|-------|-------|-------|------|-------|------|

|                |        |      |       |         |       |       |      |       |       |      |         |         |      |      |        |        |      |      |       |      |      |        |        |      |
|----------------|--------|------|-------|---------|-------|-------|------|-------|-------|------|---------|---------|------|------|--------|--------|------|------|-------|------|------|--------|--------|------|
| <b>Average</b> | 773.05 | 9.33 | 10.87 | 1294.16 | 28.64 | 33.34 | 91.4 | 33.88 | 74.11 | 6.99 | 242.37* | 1761.6* | .43* | .22* | 18.43* | 18.38* | .02* | .06* | 1.26* | .11* | .49* | 457.33 | 53.84* | 3.89 |
|----------------|--------|------|-------|---------|-------|-------|------|-------|-------|------|---------|---------|------|------|--------|--------|------|------|-------|------|------|--------|--------|------|

\* Some values for this nutrient are unavailable; the number listed is incomplete.

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Arbor Creek MS

**Service Area:** Arbor Creek - 6-8 - OVS

**Menu Name:** Arbor Creek MS 2018-2019 Menu - cycle 6 - week 5

**Avg.Method:** Weighted (USDA Default)

**Age Group:** Brkfst Grades K-8      **Period:** Breakfast      **Week:** 5      **Day:** Wednesday      **Count Type:** Forecasted      **Total No. of Customers:** 48

| Weekly Std. (Target 1) | SFA |       | Na (mg) | Fat      |     | CHO (g) | Pro (g) | Chol (mg) | Fiber (g) | K (mg) | Vit A (IU) | Vit D (IU) | Vit E (mg) | Vit K (mcg) | Vit C (mg) | Vit B1 (mg) | Vit B2 (mg) | Vit B3 (mg) | Vit B6 (mg) | Vit B12 (mcg) | Ca (mg) | P (mg) | Fe (mg) |          |
|------------------------|-----|-------|---------|----------|-----|---------|---------|-----------|-----------|--------|------------|------------|------------|-------------|------------|-------------|-------------|-------------|-------------|---------------|---------|--------|---------|----------|
|                        | CAL | (g)   |         | % of CAL | (g) |         |         |           |           |        |            |            |            |             |            |             |             |             |             |               |         |        |         | % of CAL |
| 400.00-500.00          |     | 10.00 | 540.00  |          |     |         |         |           |           |        |            |            |            |             |            |             |             |             |             |               |         |        |         |          |

M55598 BRD: FR TST STK, AP PWD SUG 4EA (2.25BG)

|                 |        |      |      |        |       |       |       |      |      |      |       |       |       |       |       |      |       |       |       |       |       |       |       |      |
|-----------------|--------|------|------|--------|-------|-------|-------|------|------|------|-------|-------|-------|-------|-------|------|-------|-------|-------|-------|-------|-------|-------|------|
| 24.00 @ 4 stick | 277.24 | 2.00 | 6.49 | 300.10 | 10.00 | 32.46 | 42.42 | 6.00 | 0.00 | 3.00 | 0.09* | 22.00 | 0.00* | 0.00* | 0.00* | 0.00 | 0.00* | 0.00* | 0.00* | 0.00* | 0.00* | 34.05 | 0.00* | 1.82 |
|-----------------|--------|------|------|--------|-------|-------|-------|------|------|------|-------|-------|-------|-------|-------|------|-------|-------|-------|-------|-------|-------|-------|------|

M51320 CEREAL BWL, Rice Krispies WG

|               |        |      |      |        |      |      |       |      |      |      |    |         |    |    |    |       |    |    |    |    |    |      |    |      |
|---------------|--------|------|------|--------|------|------|-------|------|------|------|----|---------|----|----|----|-------|----|----|----|----|----|------|----|------|
| 1.00 @ 1 bowl | 100.00 | 0.00 | 0.00 | 170.00 | 0.50 | 4.50 | 23.00 | 2.00 | 0.00 | 1.00 | -* | 1000.03 | -* | -* | -* | 12.00 | -* | -* | -* | -* | -* | 0.00 | -* | 8.10 |
|---------------|--------|------|------|--------|------|------|-------|------|------|------|----|---------|----|----|----|-------|----|----|----|----|----|------|----|------|

M50208 CEREAL BWL, CINN TST CRUNCH RS WG

|               |        |      |      |        |      |       |       |      |      |      |    |        |    |    |    |      |    |    |    |    |    |        |    |      |
|---------------|--------|------|------|--------|------|-------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 4.00 @ 1 bowl | 110.00 | 0.50 | 4.09 | 160.00 | 3.00 | 24.54 | 22.00 | 1.00 | 0.00 | 3.00 | -* | 400.01 | -* | -* | -* | 4.80 | -* | -* | -* | -* | -* | 200.01 | -* | 3.60 |
|---------------|--------|------|------|--------|------|-------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M50442 CEREAL BWL, Cocoa Puffs RS WG

|               |        |      |      |        |      |       |       |      |      |      |    |        |    |    |    |      |    |    |    |    |    |        |    |      |
|---------------|--------|------|------|--------|------|-------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 4.00 @ 1 bowl | 110.05 | 0.00 | 0.00 | 160.08 | 1.50 | 12.27 | 25.01 | 2.00 | 0.00 | 2.00 | -* | 500.25 | -* | -* | -* | 6.00 | -* | -* | -* | -* | -* | 100.05 | -* | 4.50 |
|---------------|--------|------|------|--------|------|-------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M50524 CEREAL BWL, Lucky Charms WG

|               |        |      |      |        |      |      |       |      |      |      |    |        |    |    |    |      |    |    |    |    |    |        |    |      |
|---------------|--------|------|------|--------|------|------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 1.00 @ 1 bowl | 110.00 | 0.00 | 0.00 | 180.00 | 1.00 | 8.18 | 23.00 | 2.00 | 0.00 | 2.00 | -* | 500.01 | -* | -* | -* | 6.00 | -* | -* | -* | -* | -* | 100.00 | -* | 4.50 |
|---------------|--------|------|------|--------|------|------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M50525 CEREAL BWL, Trix RS WG

|               |        |      |      |        |      |      |       |      |      |      |    |        |    |    |    |      |    |    |    |    |    |       |    |      |
|---------------|--------|------|------|--------|------|------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|-------|----|------|
| 1.00 @ 1 bowl | 110.00 | 0.00 | 0.00 | 140.00 | 1.00 | 8.18 | 24.00 | 1.00 | 0.00 | 1.00 | -* | 400.01 | -* | -* | -* | 4.80 | -* | -* | -* | -* | -* | 80.00 | -* | 4.50 |
|---------------|--------|------|------|--------|------|------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|-------|----|------|

M52725 BRD: BAR, Cereal CocoPuf WG IW

|               |        |      |      |        |      |       |       |      |      |      |    |        |    |    |    |      |    |    |    |    |    |        |    |      |
|---------------|--------|------|------|--------|------|-------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 2.00 @ 1 each | 150.00 | 0.00 | 0.00 | 100.00 | 3.00 | 18.00 | 30.00 | 3.00 | 0.00 | 3.00 | -* | 100.00 | -* | -* | -* | 1.20 | -* | -* | -* | -* | -* | 200.00 | -* | 1.80 |
|---------------|--------|------|------|--------|------|-------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M52724 BRD: BAR, Cereal CinnTst WG IW

|               |        |      |      |        |      |       |       |      |      |      |    |      |    |    |    |      |    |    |    |    |    |        |    |      |
|---------------|--------|------|------|--------|------|-------|-------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 2.00 @ 1 each | 150.00 | 0.00 | 0.00 | 115.00 | 3.50 | 21.00 | 30.00 | 2.00 | 0.00 | 3.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 200.00 | -* | 1.80 |
|---------------|--------|------|------|--------|------|-------|-------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|--------|----|------|

M51267 BRD: MUF AP, BLUEBRY 2OZ IW WG (1BG)

|                 |        |      |      |        |      |       |       |      |       |      |        |        |       |    |    |      |    |    |    |    |    |       |    |      |
|-----------------|--------|------|------|--------|------|-------|-------|------|-------|------|--------|--------|-------|----|----|------|----|----|----|----|----|-------|----|------|
| 1.00 @ 1 muffin | 190.00 | 2.00 | 9.47 | 130.00 | 6.00 | 28.42 | 30.00 | 3.00 | 40.00 | 2.00 | 135.10 | 100.00 | 16.00 | -* | -* | 0.00 | -* | -* | -* | -* | -* | 20.00 | -* | 1.08 |
|-----------------|--------|------|------|--------|------|-------|-------|------|-------|------|--------|--------|-------|----|----|------|----|----|----|----|----|-------|----|------|

M51268 BRD: MUF AP, CHOC CHOC CHIP 2OZ IW WG (1BG)

|                  |        |      |      |        |      |       |       |      |       |      |        |        |       |    |    |      |    |    |    |    |    |       |    |      |
|------------------|--------|------|------|--------|------|-------|-------|------|-------|------|--------|--------|-------|----|----|------|----|----|----|----|----|-------|----|------|
| 10.00 @ 1 muffin | 200.00 | 2.00 | 9.00 | 130.00 | 6.00 | 27.00 | 32.00 | 4.00 | 40.00 | 2.00 | 159.95 | 100.00 | 16.00 | -* | -* | 0.00 | -* | -* | -* | -* | -* | 40.00 | -* | 1.44 |
|------------------|--------|------|------|--------|------|-------|-------|------|-------|------|--------|--------|-------|----|----|------|----|----|----|----|----|-------|----|------|

M51848 BRD: POPTARTS, Straw 1.76oz WG

|                   |        |      |      |        |      |       |       |      |      |      |    |        |    |    |    |      |    |    |    |    |    |        |    |      |
|-------------------|--------|------|------|--------|------|-------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 10.00 @ 1 package | 180.00 | 1.00 | 5.00 | 190.00 | 2.50 | 12.50 | 38.00 | 2.00 | 0.00 | 3.00 | -* | 500.01 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 100.00 | -* | 1.80 |
|-------------------|--------|------|------|--------|------|-------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M51849 BRD: POPTARTS, Cinn 1.76oz WG

\* Some values for this nutrient are unavailable; the number listed is incomplete.

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Arbor Creek MS

**Service Area:** Arbor Creek - 6-8 - OVS

**Menu Name:** Arbor Creek MS 2018-2019 Menu - cycle 6 - week 5

**Avg.Method:** Weighted (USDA Default)

|                                       |        |      |       |        |       |       |       |       |       |      |         |        |        |       |       |      |       |       |       |       |       |        |       |      |
|---------------------------------------|--------|------|-------|--------|-------|-------|-------|-------|-------|------|---------|--------|--------|-------|-------|------|-------|-------|-------|-------|-------|--------|-------|------|
| 1.00 @ 1 package                      | 190.00 | 1.00 | 4.74  | 200.00 | 3.00  | 14.21 | 38.00 | 2.00  | 0.00  | 3.00 | -*      | 500.01 | -*     | -*    | -*    | 0.00 | -*    | -*    | -*    | -*    | -*    | 100.00 | -*    | 1.80 |
| M51684 BRD: POPTARTS, Fudge 1.76oz WG |        |      |       |        |       |       |       |       |       |      |         |        |        |       |       |      |       |       |       |       |       |        |       |      |
| 4.00 @ 1 package                      | 190.00 | 1.00 | 4.74  | 200.00 | 3.00  | 14.21 | 38.00 | 3.00  | 0.00  | 3.00 | -*      | 500.01 | -*     | -*    | -*    | 0.00 | -*    | -*    | -*    | -*    | -*    | 100.00 | -*    | 1.80 |
| M51994 CHEESE, COLBY JK Stick 1ea 1.0 |        |      |       |        |       |       |       |       |       |      |         |        |        |       |       |      |       |       |       |       |       |        |       |      |
| 14.00 @ 1 stick                       | 90.00  | 4.00 | 40.00 | 200.01 | 6.00  | 60.00 | 0.00  | 7.00  | 20.00 | 0.00 | 0.00    | 200.01 | -*     | -*    | -*    | 0.00 | -*    | -*    | -*    | -*    | -*    | 200.01 | -*    | 0.00 |
| M51237 BRD: BREAD WG, Tst Marg 1sl    |        |      |       |        |       |       |       |       |       |      |         |        |        |       |       |      |       |       |       |       |       |        |       |      |
| 5.00 @ 1 slice                        | 110.00 | 1.33 | 10.91 | 160.00 | 4.33  | 35.45 | 15.00 | 3.00  | 0.00  | 1.00 | 1.33*   | 0.00   | -*     | -*    | -*    | 0.00 | -*    | -*    | -*    | -*    | -*    | 0.00   | -*    | 1.08 |
| M66342 YOGURT, PARFAIT BLUEBERRY 1.0  |        |      |       |        |       |       |       |       |       |      |         |        |        |       |       |      |       |       |       |       |       |        |       |      |
| 1.00 @ 1 serving                      | 139.77 | 0.61 | 3.90  | 66.72  | 1.75  | 11.28 | 27.13 | 4.00  | 5.00  | 1.22 | 183.86  | 516.81 | 80.06* | 0.17* | 5.86* | 0.89 | 0.01* | 0.01* | 0.19* | 0.02* | 0.00* | 102.93 | 3.93* | 0.16 |
| M52217 FRUIT: APPLE, 138ct Whole 1c   |        |      |       |        |       |       |       |       |       |      |         |        |        |       |       |      |       |       |       |       |       |        |       |      |
| 10.00 @ 1 each                        | 62.21  | 0.03 | 0.48  | 1.20   | 0.20  | 2.94  | 16.52 | 0.31  | 0.00  | 2.87 | 128.00  | 64.60  | 0.00   | 0.22  | 2.63  | 5.50 | 0.02  | 0.03  | 0.11  | 0.05  | 0.00  | 7.18   | 13.16 | 0.14 |
| M50423 FRUIT: BLUEBERRIES, Fz 1/2c    |        |      |       |        |       |       |       |       |       |      |         |        |        |       |       |      |       |       |       |       |       |        |       |      |
| 5.00 @ 1/2 cup                        | 35.54  | 0.04 | 0.94  | 0.70   | 0.45  | 11.29 | 8.48  | 0.29  | 0.00  | 1.88 | 37.63   | 32.06  | 0.00   | 0.33  | 11.43 | 1.74 | 0.02  | 0.03  | 0.36  | 0.04  | 0.00  | 5.58   | 7.67  | 0.13 |
| M50980 JUICE SS, Frt Bld 100% 4oz Crt |        |      |       |        |       |       |       |       |       |      |         |        |        |       |       |      |       |       |       |       |       |        |       |      |
| 44.00 @ 1 each                        | 60.00  | 0.00 | 0.00  | 10.00  | 0.00  | 0.00  | 14.00 | 0.00  | 0.00  | 0.00 | 100.00  | 0.00   | -*     | -*    | -*    | 3.60 | -*    | -*    | -*    | -*    | -*    | 0.00   | -*    | 0.00 |
| M53465 MILK SS, 1% WHITE 8 FLOZ       |        |      |       |        |       |       |       |       |       |      |         |        |        |       |       |      |       |       |       |       |       |        |       |      |
| 8.00 @ 1 carton                       | 110.00 | 1.50 | 12.28 | 130.00 | 2.50  | 20.46 | 13.00 | 8.00  | 10.00 | 0.00 | -*      | 500.00 | -*     | -*    | -*    | 2.40 | -*    | -*    | -*    | -*    | -*    | 300.00 | -*    | 0.00 |
| M51096 MILK SS, SKIM CHOCOLATE 8 FLOZ |        |      |       |        |       |       |       |       |       |      |         |        |        |       |       |      |       |       |       |       |       |        |       |      |
| 21.00 @ 1 carton                      | 120.00 | 0.00 | 0.00  | 180.00 | 0.00  | 0.00  | 20.00 | 8.00  | 5.00  | 0.00 | -*      | 500.00 | -*     | -*    | -*    | 1.20 | -*    | -*    | -*    | -*    | -*    | 300.00 | -*    | 0.00 |
| M53222 COND PC Margarine 5g           |        |      |       |        |       |       |       |       |       |      |         |        |        |       |       |      |       |       |       |       |       |        |       |      |
| 5.00 @ 1 each                         | 30.00  | 1.00 | 30.00 | 30.00  | 3.00  | 90.00 | 0.00  | 0.00  | 0.00  | 0.00 | -*      | 500.00 | -*     | -*    | -*    | 0.00 | -*    | -*    | -*    | -*    | -*    | 0.00   | -*    | 0.00 |
| M50854 COND PC Jelly, #4 Smuckers     |        |      |       |        |       |       |       |       |       |      |         |        |        |       |       |      |       |       |       |       |       |        |       |      |
| 5.00 @ 1 each                         | 35.00  | 0.00 | 0.00  | 5.00   | 0.00  | 0.00  | 9.00  | 0.00  | 0.00  | 0.00 | -*      | 0.00   | -*     | -*    | -*    | 0.00 | -*    | -*    | -*    | -*    | -*    | 0.00   | -*    | 0.00 |
| M50058 COND PC Syrup 1.4oz Smuckers   |        |      |       |        |       |       |       |       |       |      |         |        |        |       |       |      |       |       |       |       |       |        |       |      |
| 24.00 @ 1 each                        | 110.00 | 0.00 | 0.00  | 25.00  | 0.00  | 0.00  | 29.00 | 0.00  | 0.00  | 0.00 | -*      | 0.00   | -*     | -*    | -*    | 0.00 | -*    | -*    | -*    | -*    | -*    | 0.00   | -*    | 0.00 |
| <b>Average</b>                        | 523.93 | 3.5  | 6     | 488.54 | 10.96 | 18.83 | 93.89 | 12.53 | 18.96 | 4.57 | 162.41* | 749.01 | 5.33*  | .08*  | 1.86* | 7    | .01*  | .01*  | .06*  | .01*  | 0*    | 346.25 | 3.62* | 3.14 |

\* Some values for this nutrient are unavailable; the number listed is incomplete.

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Arbor Creek MS

**Service Area:** Arbor Creek - 6-8 - OVS

**Menu Name:** Arbor Creek MS 2018-2019 Menu - cycle 6 - week 5

**Avg.Method:** Weighted (USDA Default)

**Age Group:** Lunch Grades 6-8      **Period:** Lunch      **Week:** 5      **Day:** Wednesday      **Count Type:** Forecasted      **Total No. of Customers:** 333

| Weekly Std. (Target 1) | SFA |       | Na (mg) | Fat      |     | CHO (g) | Pro (g) | Chol (mg) | Fiber (g) | K (mg) | Vit A (IU) | Vit D (IU) | Vit E (mg) | Vit K (mcg) | Vit C (mg) | Vit B1 (mg) | Vit B2 (mg) | Vit B3 (mg) | Vit B6 (mg) | Vit B12 (mcg) | Ca (mg) | P (mg) | Fe (mg) |          |
|------------------------|-----|-------|---------|----------|-----|---------|---------|-----------|-----------|--------|------------|------------|------------|-------------|------------|-------------|-------------|-------------|-------------|---------------|---------|--------|---------|----------|
|                        | CAL | (g)   |         | % of CAL | (g) |         |         |           |           |        |            |            |            |             |            |             |             |             |             |               |         |        |         | % of CAL |
| 600.00-700.00          |     | 10.00 | 1360.00 |          |     |         |         |           |           |        |            |            |            |             |            |             |             |             |             |               |         |        |         |          |

M66105 BEEF MEATLOAF, WTOPPING SC 2.0

|                |        |      |       |        |      |       |       |       |       |      |         |        |       |       |       |      |       |       |       |       |       |       |         |      |
|----------------|--------|------|-------|--------|------|-------|-------|-------|-------|------|---------|--------|-------|-------|-------|------|-------|-------|-------|-------|-------|-------|---------|------|
| 22.00 @ 1 each | 244.17 | 3.18 | 11.73 | 327.63 | 9.28 | 34.22 | 23.85 | 15.98 | 91.11 | 2.23 | 208.72* | 197.14 | 0.85* | 0.08* | 3.02* | 3.73 | 0.03* | 0.09* | 2.73* | 0.20* | 1.19* | 43.37 | 108.57* | 2.54 |
|----------------|--------|------|-------|--------|------|-------|-------|-------|-------|------|---------|--------|-------|-------|-------|------|-------|-------|-------|-------|-------|-------|---------|------|

M53950 COND\_Gravy, Brown RosemaryLSSS

|                 |       |      |      |        |      |       |      |      |      |      |       |      |       |       |       |      |       |       |       |       |       |      |       |      |
|-----------------|-------|------|------|--------|------|-------|------|------|------|------|-------|------|-------|-------|-------|------|-------|-------|-------|-------|-------|------|-------|------|
| 22.00 @ 1/4 cup | 26.12 | 0.02 | 0.53 | 125.76 | 0.51 | 17.63 | 5.28 | 0.08 | 0.00 | 0.14 | 17.77 | 6.23 | 0.00* | 0.00* | 0.36* | 0.36 | 0.00* | 0.00* | 0.01* | 0.01* | 0.00* | 6.16 | 1.72* | 0.08 |
|-----------------|-------|------|------|--------|------|-------|------|------|------|------|-------|------|-------|-------|-------|------|-------|-------|-------|-------|-------|------|-------|------|

M51680 BRD: ROLL DG, WG 2.5oz

|                |        |      |      |        |      |       |       |      |      |      |    |      |    |    |    |      |    |    |    |    |    |       |    |      |
|----------------|--------|------|------|--------|------|-------|-------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|-------|----|------|
| 22.00 @ 1 each | 170.00 | 0.50 | 2.65 | 135.00 | 3.00 | 15.88 | 28.00 | 7.00 | 0.00 | 3.40 | -* | 0.01 | -* | -* | -* | 0.01 | -* | -* | -* | -* | -* | 12.70 | -* | 0.85 |
|----------------|--------|------|------|--------|------|-------|-------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|-------|----|------|

M68101 SALAD, CHIXDCD TACO SS SC 2.0

|               |        |      |       |        |      |       |       |       |       |      |         |          |       |       |        |       |       |       |       |       |       |       |        |      |
|---------------|--------|------|-------|--------|------|-------|-------|-------|-------|------|---------|----------|-------|-------|--------|-------|-------|-------|-------|-------|-------|-------|--------|------|
| 5.00 @ 1 each | 176.02 | 2.49 | 12.74 | 184.77 | 5.83 | 29.80 | 16.18 | 15.40 | 39.33 | 3.27 | 307.32* | 3746.90* | 0.64* | 0.27* | 40.73* | 8.12* | 0.07* | 0.06* | 0.95* | 0.12* | 0.00* | 84.68 | 46.42* | 1.69 |
|---------------|--------|------|-------|--------|------|-------|-------|-------|-------|------|---------|----------|-------|-------|--------|-------|-------|-------|-------|-------|-------|-------|--------|------|

M54540 BRD: TORTILLA, CHIP RND WG 2BG

|                  |        |      |      |        |      |       |       |      |      |      |      |      |      |    |    |      |    |    |    |    |    |       |    |      |
|------------------|--------|------|------|--------|------|-------|-------|------|------|------|------|------|------|----|----|------|----|----|----|----|----|-------|----|------|
| 5.00 @ 1 serving | 224.59 | 1.60 | 6.43 | 184.48 | 9.63 | 38.57 | 32.08 | 3.21 | 0.00 | 3.21 | 0.00 | 0.00 | 0.00 | -* | -* | 0.00 | -* | -* | -* | -* | -* | 48.13 | -* | 0.80 |
|------------------|--------|------|------|--------|------|-------|-------|------|------|------|------|------|------|----|----|------|----|----|----|----|----|-------|----|------|

M53453 SUB AP, Tky AM WG 2.0

|                   |        |      |       |        |       |       |       |       |       |      |         |         |       |       |        |      |       |       |       |       |       |        |        |      |
|-------------------|--------|------|-------|--------|-------|-------|-------|-------|-------|------|---------|---------|-------|-------|--------|------|-------|-------|-------|-------|-------|--------|--------|------|
| 6.00 @ 1 sandwich | 314.93 | 5.14 | 14.70 | 988.69 | 11.64 | 33.27 | 33.54 | 22.85 | 56.25 | 3.94 | 137.21* | 2905.42 | 0.00* | 0.19* | 31.30* | 5.02 | 0.03* | 0.02* | 0.26* | 0.04* | 0.00* | 227.19 | 15.31* | 2.24 |
|-------------------|--------|------|-------|--------|-------|-------|-------|-------|-------|------|---------|---------|-------|-------|--------|------|-------|-------|-------|-------|-------|--------|--------|------|

M50962 SDW BD, SBJ WG 2.0

|                   |        |      |      |        |       |       |       |       |      |      |         |      |       |    |    |      |    |    |    |    |    |       |    |      |
|-------------------|--------|------|------|--------|-------|-------|-------|-------|------|------|---------|------|-------|----|----|------|----|----|----|----|----|-------|----|------|
| 1.00 @ 1 sandwich | 658.38 | 3.99 | 5.45 | 579.16 | 35.89 | 49.06 | 69.87 | 19.95 | 0.00 | 5.99 | 378.78* | 0.00 | 0.00* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 59.81 | -* | 5.35 |
|-------------------|--------|------|------|--------|-------|-------|-------|-------|------|------|---------|------|-------|----|----|------|----|----|----|----|----|-------|----|------|

M53347 SDW BD, SB WG 2.0

|                   |        |      |      |        |       |       |       |       |      |      |         |      |       |    |    |      |    |    |    |    |    |       |    |      |
|-------------------|--------|------|------|--------|-------|-------|-------|-------|------|------|---------|------|-------|----|----|------|----|----|----|----|----|-------|----|------|
| 2.00 @ 1 sandwich | 558.71 | 3.99 | 6.42 | 579.16 | 35.89 | 57.81 | 43.95 | 19.95 | 0.00 | 5.99 | 378.78* | 0.00 | 0.00* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 59.81 | -* | 5.35 |
|-------------------|--------|------|------|--------|-------|-------|-------|-------|------|------|---------|------|-------|----|----|------|----|----|----|----|----|-------|----|------|

M51578 PIZZA 16" CHZ WG 2.0

|                 |        |      |       |        |       |       |       |       |       |      |    |        |    |    |    |      |    |    |    |    |    |        |    |      |
|-----------------|--------|------|-------|--------|-------|-------|-------|-------|-------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 30.00 @ 1/8 cut | 351.26 | 7.50 | 19.22 | 810.03 | 15.50 | 39.72 | 30.87 | 19.38 | 30.00 | 3.25 | -* | 403.18 | -* | -* | -* | 0.90 | -* | -* | -* | -* | -* | 419.72 | -* | 1.13 |
|-----------------|--------|------|-------|--------|-------|-------|-------|-------|-------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M53000 PIZZA 16" Pepperoni WG 2.0

|                 |        |      |       |        |       |       |       |       |       |      |    |        |    |    |    |      |    |    |    |    |    |        |    |      |
|-----------------|--------|------|-------|--------|-------|-------|-------|-------|-------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 48.00 @ 1/8 cut | 388.75 | 9.00 | 20.84 | 937.53 | 19.00 | 43.99 | 31.12 | 20.88 | 37.50 | 3.25 | -* | 403.18 | -* | -* | -* | 0.90 | -* | -* | -* | -* | -* | 419.72 | -* | 1.22 |
|-----------------|--------|------|-------|--------|-------|-------|-------|-------|-------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M51753 CHIX Popcorn, AP Spicy WG 2.0

|                   |        |      |      |        |       |       |       |       |       |      |    |        |    |    |    |      |    |    |    |    |    |       |    |      |
|-------------------|--------|------|------|--------|-------|-------|-------|-------|-------|------|----|--------|----|----|----|------|----|----|----|----|----|-------|----|------|
| 37.00 @ 1 serving | 247.14 | 2.69 | 9.78 | 365.34 | 13.97 | 50.87 | 16.12 | 13.97 | 21.49 | 2.15 | -* | 107.45 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 42.98 | -* | 1.93 |
|-------------------|--------|------|------|--------|-------|-------|-------|-------|-------|------|----|--------|----|----|----|------|----|----|----|----|----|-------|----|------|

M51680 BRD: ROLL DG, WG 2.5oz

\* Some values for this nutrient are unavailable; the number listed is incomplete.

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Arbor Creek MS

**Service Area:** Arbor Creek - 6-8 - OVS

**Menu Name:** Arbor Creek MS 2018-2019 Menu - cycle 6 - week 5

**Avg.Method:** Weighted (USDA Default)

|  |        |      |       |        |       |       |       |       |       |      |        |         |       |       |       |       |       |       |       |       |       |        |       |      |
|--|--------|------|-------|--------|-------|-------|-------|-------|-------|------|--------|---------|-------|-------|-------|-------|-------|-------|-------|-------|-------|--------|-------|------|
| 37.00 @ 1 each                                     | 170.00 | 0.50 | 2.65  | 135.00 | 3.00  | 15.88 | 28.00 | 7.00  | 0.00  | 3.40 | -*     | 0.01    | -*    | -*    | -*    | 0.01  | -*    | -*    | -*    | -*    | -*    | 12.70  | -*    | 0.85 |
| M51417 BURG, Beef AP WG 2.0                        |        |      |       |        |       |       |       |       |       |      |        |         |       |       |       |       |       |       |       |       |       |        |       |      |
| 27.00 @ 1 each                                     | 240.00 | 2.00 | 7.50  | 345.00 | 7.00  | 26.25 | 29.00 | 16.00 | 25.00 | 2.00 | -*     | 0.00    | -*    | -*    | -*    | 0.00  | -*    | -*    | -*    | -*    | -*    | 60.00  | -*    | 2.88 |
| M50821 BURG, Beef AM AP WG 2.25                    |        |      |       |        |       |       |       |       |       |      |        |         |       |       |       |       |       |       |       |       |       |        |       |      |
| 42.00 @ 1 each                                     | 285.00 | 4.25 | 13.42 | 545.00 | 10.50 | 33.16 | 29.50 | 18.50 | 37.50 | 2.00 | -*     | 100.00  | -*    | -*    | -*    | 0.00  | -*    | -*    | -*    | -*    | -*    | 135.00 | -*    | 2.88 |
| M53770 SDW BN, CHIXPTY PLN WG/WG2.0 MWWW           |        |      |       |        |       |       |       |       |       |      |        |         |       |       |       |       |       |       |       |       |       |        |       |      |
| 29.00 @ 1 sandwich                                 | 339.76 | 1.50 | 3.97  | 589.66 | 10.99 | 29.11 | 35.99 | 23.98 | 44.95 | 5.00 | -*     | 0.00    | -*    | -*    | -*    | 0.00  | -*    | -*    | -*    | -*    | -*    | 40.00  | -*    | 2.52 |
| M52952 SDW BN, CHIXPTY BRD SPCY WG/WG 2.0 MWWW     |        |      |       |        |       |       |       |       |       |      |        |         |       |       |       |       |       |       |       |       |       |        |       |      |
| 29.00 @ 1 sandwich                                 | 339.86 | 2.00 | 5.29  | 629.77 | 11.99 | 31.76 | 35.99 | 23.99 | 44.97 | 3.00 | -*     | 0.00    | -*    | -*    | -*    | 0.00  | -*    | -*    | -*    | -*    | -*    | 40.00  | -*    | 2.88 |
| M55774 STICKS, MAX SNAX PIZZA W/MARINARA AP WG 2.0 |        |      |       |        |       |       |       |       |       |      |        |         |       |       |       |       |       |       |       |       |       |        |       |      |
| 71.00 @ 2 each                                     | 319.87 | 3.00 | 8.44  | 609.89 | 10.00 | 28.13 | 39.98 | 20.00 | 10.00 | 4.00 | 0.00*  | 498.95* | -*    | -*    | -*    | 8.98* | -*    | -*    | -*    | -*    | -*    | 459.92 | -*    | 2.68 |
| M51745 VEG: POTATO, Mashed Garlic1/2c              |        |      |       |        |       |       |       |       |       |      |        |         |       |       |       |       |       |       |       |       |       |        |       |      |
| 147.00 @ 1/2 cup                                   | 78.45  | 0.00 | 0.02  | 101.15 | 0.86  | 9.81  | 15.70 | 1.79  | 0.00  | 0.91 | 129.36 | 0.34    | 0.00* | 0.00* | 0.10* | 10.21 | 0.00* | 0.00* | 0.00* | 0.00* | 0.00* | 3.76   | 0.10* | 0.34 |
| M50186 VEG: BROCCOLI, Fresh 1/2c                   |        |      |       |        |       |       |       |       |       |      |        |         |       |       |       |       |       |       |       |       |       |        |       |      |
| 24.00 @ 1/2 cup                                    | 10.84  | 0.01 | 1.03  | 10.52  | 0.12  | 9.79  | 2.12  | 0.90  | 0.00  | 0.83 | 100.78 | 198.68  | 0.00  | 0.25  | 32.40 | 28.45 | 0.02  | 0.04  | 0.20  | 0.06  | 0.00  | 14.99  | 21.05 | 0.23 |
| M52149 VEG: SALAD, Side RomMix SC1c                |        |      |       |        |       |       |       |       |       |      |        |         |       |       |       |       |       |       |       |       |       |        |       |      |
| 13.00 @ 1 cup                                      | 13.23  | 0.02 | 1.38  | 12.10  | 0.15  | 10.29 | 2.85  | 0.69  | 0.00  | 1.26 | 146.56 | 4976.16 | 0.00  | 0.12  | 43.60 | 7.46  | 0.04  | 0.04  | 0.25  | 0.06  | 0.00  | 19.84  | 17.48 | 0.47 |
| M53419 VEG: POTATO, FF CTINAGEN7 1/2C              |        |      |       |        |       |       |       |       |       |      |        |         |       |       |       |       |       |       |       |       |       |        |       |      |
| 223.00 @ 1/2 cup                                   | 119.99 | 1.33 | 10.00 | 133.32 | 4.67  | 35.00 | 17.33 | 2.00  | 0.00  | 2.00 | 259.98 | 0.00    | -*    | -*    | -*    | 3.20  | -*    | -*    | -*    | -*    | -*    | 0.00   | -*    | 0.48 |
| M50843 FRUIT: STRAWBERRIES, FRESH 1/2C             |        |      |       |        |       |       |       |       |       |      |        |         |       |       |       |       |       |       |       |       |       |        |       |      |
| 113.00 @ 1/2 cup                                   | 24.57  | 0.01 | 0.42  | 0.77   | 0.23  | 8.44  | 5.90  | 0.51  | 0.00  | 1.54 | 117.47 | 9.21    | 0.00  | 0.22  | 1.69  | 45.14 | 0.02  | 0.02  | 0.30  | 0.04  | 0.00  | 12.28  | 18.43 | 0.31 |
| M50427 FRUIT: FRUIT MIX w/Jc 1/2c                  |        |      |       |        |       |       |       |       |       |      |        |         |       |       |       |       |       |       |       |       |       |        |       |      |
| 37.00 @ 1/2 cup                                    | 60.01  | 0.00 | 0.00  | 5.00   | 0.00  | 0.00  | 13.00 | 1.00  | 0.00  | 1.00 | -*     | 200.03  | -*    | -*    | -*    | 1.20  | -*    | -*    | -*    | -*    | -*    | 0.00   | -*    | 0.00 |
| M50982 JUICE SS, ORANGE 100% 4 FLOZ                |        |      |       |        |       |       |       |       |       |      |        |         |       |       |       |       |       |       |       |       |       |        |       |      |
| 186.00 @ 1 each                                    | 51.44  | 0.00 | 0.00  | 15.43  | 0.00  | 0.00  | 12.35 | 1.03  | 0.00  | 0.00 | -*     | 0.00    | -*    | -*    | -*    | 43.21 | -*    | -*    | -*    | -*    | -*    | 0.00   | -*    | 0.00 |
| M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50    |        |      |       |        |       |       |       |       |       |      |        |         |       |       |       |       |       |       |       |       |       |        |       |      |
| 40.00 @ 1 carton                                   | 110.00 | 1.50 | 12.28 | 130.00 | 2.50  | 20.46 | 13.00 | 8.00  | 10.00 | 0.00 | -*     | 500.00  | -*    | -*    | -*    | 2.40  | -*    | -*    | -*    | -*    | -*    | 300.00 | -*    | 0.00 |

\* Some values for this nutrient are unavailable; the number listed is incomplete.

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Arbor Creek MS

**Service Area:** Arbor Creek - 6-8 - OVS

**Menu Name:** Arbor Creek MS 2018-2019 Menu - cycle 6 - week 5

**Avg.Method:** Weighted (USDA Default)

M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50

|                   |        |      |      |        |      |      |       |      |      |      |    |        |    |    |    |      |    |    |    |    |    |        |    |      |
|-------------------|--------|------|------|--------|------|------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 181.00 @ 1 carton | 120.00 | 0.00 | 0.00 | 180.00 | 0.00 | 0.00 | 20.00 | 8.00 | 5.00 | 0.00 | -* | 500.00 | -* | -* | -* | 1.20 | -* | -* | -* | -* | -* | 300.00 | -* | 0.00 |
|-------------------|--------|------|------|--------|------|------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M50855 COND PC Ketchup 9g Heinz

|                 |       |      |      |       |      |      |      |      |      |      |    |      |    |    |    |      |    |    |    |    |    |      |    |      |
|-----------------|-------|------|------|-------|------|------|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|
| 231.00 @ 1 each | 10.00 | 0.00 | 0.00 | 85.00 | 0.00 | 0.00 | 3.00 | 0.00 | 0.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
|-----------------|-------|------|------|-------|------|------|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|

M50055 COND PC Mayonnaise 12g

|                |       |      |       |       |      |       |      |      |      |      |    |      |    |    |    |      |    |    |    |    |    |      |    |      |
|----------------|-------|------|-------|-------|------|-------|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|
| 11.00 @ 1 each | 80.00 | 1.50 | 16.87 | 75.00 | 8.00 | 90.00 | 1.00 | 0.00 | 5.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
|----------------|-------|------|-------|-------|------|-------|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|

M50284 COND PC Mustard 6g

|                |      |      |   |       |      |   |      |      |      |      |    |      |    |    |    |      |    |    |    |    |    |      |    |      |
|----------------|------|------|---|-------|------|---|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|
| 11.00 @ 1 each | 0.00 | 0.00 | - | 65.00 | 0.00 | - | 1.00 | 0.00 | 0.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
|----------------|------|------|---|-------|------|---|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|

M53222 COND PC Margarine 5g

|                |       |      |       |       |      |       |      |      |      |      |    |        |    |    |    |      |    |    |    |    |    |      |    |      |
|----------------|-------|------|-------|-------|------|-------|------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|------|----|------|
| 80.00 @ 1 each | 30.00 | 1.00 | 30.00 | 30.00 | 3.00 | 90.00 | 0.00 | 0.00 | 0.00 | 0.00 | -* | 500.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
|----------------|-------|------|-------|-------|------|-------|------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|------|----|------|

M50624 COND PC Drsg Ranch 12g

|                |       |      |      |        |      |       |      |      |      |      |    |      |    |    |    |      |    |    |    |    |    |      |    |      |
|----------------|-------|------|------|--------|------|-------|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|
| 50.00 @ 1 each | 50.00 | 0.00 | 0.00 | 100.00 | 5.00 | 90.00 | 1.00 | 0.00 | 5.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
|----------------|-------|------|------|--------|------|-------|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|

M50623 COND PC Drsg Italian 12g

|               |       |      |      |        |      |       |      |      |      |      |    |        |    |    |    |      |    |    |    |    |    |      |    |      |
|---------------|-------|------|------|--------|------|-------|------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|------|----|------|
| 7.00 @ 1 each | 30.00 | 0.00 | 0.00 | 130.00 | 3.00 | 90.00 | 0.00 | 0.00 | 0.00 | 0.00 | -* | 100.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
|---------------|-------|------|------|--------|------|-------|------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|------|----|------|

M53116 COND PC Drsg Honey Mustard 12g

|               |       |      |      |       |      |      |      |      |      |      |    |      |    |    |    |      |    |    |    |    |    |      |    |      |
|---------------|-------|------|------|-------|------|------|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|
| 5.00 @ 1 each | 15.00 | 0.00 | 0.00 | 65.00 | 0.00 | 0.00 | 4.00 | 0.00 | 0.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
|---------------|-------|------|------|-------|------|------|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|

M50056 COND PC Sauce, Taco 9g

|                |      |      |      |       |      |      |      |      |      |      |    |      |    |    |    |      |    |    |    |    |    |      |    |      |
|----------------|------|------|------|-------|------|------|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|
| 11.00 @ 1 each | 5.00 | 0.00 | 0.00 | 55.00 | 0.00 | 0.00 | 1.00 | 0.00 | 0.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
|----------------|------|------|------|-------|------|------|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|

M50287 COND PC SAUCE, BBQ 12G PKT

|                |       |      |      |        |      |      |      |      |      |      |    |        |    |    |    |      |    |    |    |    |    |      |    |      |
|----------------|-------|------|------|--------|------|------|------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|------|----|------|
| 29.00 @ 1 each | 15.00 | 0.00 | 0.00 | 160.00 | 0.00 | 0.00 | 4.00 | 0.00 | 0.00 | 0.00 | -* | 100.00 | -* | -* | -* | 0.60 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
|----------------|-------|------|------|--------|------|------|------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|------|----|------|

M50063 COND\_Sauce, Buffalo Wing AP

|                         |      |      |      |        |      |       |      |      |      |      |       |      |    |    |    |      |    |    |    |    |    |      |    |      |
|-------------------------|------|------|------|--------|------|-------|------|------|------|------|-------|------|----|----|----|------|----|----|----|----|----|------|----|------|
| 50.00 @ 1<br>tablespoon | 4.38 | 0.02 | 4.79 | 363.06 | 0.22 | 45.51 | 0.48 | 0.11 | 0.17 | 0.12 | 21.32 | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 2.22 | -* | 0.07 |
|-------------------------|------|------|------|--------|------|-------|------|------|------|------|-------|------|----|----|----|------|----|----|----|----|----|------|----|------|

M51445 VEG GARN: Rom Leaf/Tom SI

|                   |      |      |      |      |      |       |      |      |      |      |       |         |      |      |       |      |      |      |      |      |      |      |      |      |
|-------------------|------|------|------|------|------|-------|------|------|------|------|-------|---------|------|------|-------|------|------|------|------|------|------|------|------|------|
| 40.00 @ 1 serving | 4.96 | 0.01 | 1.72 | 1.84 | 0.07 | 12.86 | 1.02 | 0.30 | 0.00 | 0.47 | 68.61 | 1352.71 | 0.00 | 0.09 | 15.65 | 2.51 | 0.02 | 0.01 | 0.13 | 0.02 | 0.00 | 6.10 | 7.65 | 0.18 |
|-------------------|------|------|------|------|------|-------|------|------|------|------|-------|---------|------|------|-------|------|------|------|------|------|------|------|------|------|

M50412 COND\_Pickle, Dill Slice 3ea

|                 |      |      |      |        |      |       |      |      |      |      |    |      |    |    |    |      |    |    |    |    |    |       |    |      |
|-----------------|------|------|------|--------|------|-------|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|-------|----|------|
| 40.00 @ 3 slice | 2.43 | 0.01 | 4.72 | 243.11 | 0.07 | 25.17 | 0.36 | 0.10 | 0.00 | 0.21 | -* | 0.00 | -* | -* | -* | 0.32 | -* | -* | -* | -* | -* | 12.97 | -* | 0.08 |
|-----------------|------|------|------|--------|------|-------|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|-------|----|------|

M52815 VEG: PEPPERS, Red Strips1/2c

|                 |       |      |      |      |      |      |      |      |      |      |        |         |      |      |      |       |      |      |      |      |      |      |       |      |
|-----------------|-------|------|------|------|------|------|------|------|------|------|--------|---------|------|------|------|-------|------|------|------|------|------|------|-------|------|
| 24.00 @ 1/2 cup | 15.56 | 0.01 | 0.78 | 2.01 | 0.15 | 8.71 | 3.03 | 0.50 | 0.00 | 1.05 | 105.92 | 1571.73 | 0.00 | 0.79 | 2.46 | 64.10 | 0.03 | 0.04 | 0.49 | 0.15 | 0.00 | 3.51 | 13.05 | 0.22 |
|-----------------|-------|------|------|------|------|------|------|------|------|------|--------|---------|------|------|------|-------|------|------|------|------|------|------|-------|------|

\* Some values for this nutrient are unavailable; the number listed is incomplete.

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Arbor Creek MS

**Service Area:** Arbor Creek - 6-8 - OVS

**Menu Name:** Arbor Creek MS 2018-2019 Menu - cycle 6 - week 5

**Avg.Method:** Weighted (USDA Default)

M67420 ENT: PLATE, CHIXNUGMWWW POPSPCY CELWFRIES BRDSTKPB WG2 FUEL3

|                   |        |      |      |         |       |       |       |       |       |      |         |          |       |       |        |        |       |       |       |       |       |        |        |      |
|-------------------|--------|------|------|---------|-------|-------|-------|-------|-------|------|---------|----------|-------|-------|--------|--------|-------|-------|-------|-------|-------|--------|--------|------|
| 24.00 @ 1 serving | 521.28 | 4.92 | 8.49 | 1120.82 | 25.41 | 43.88 | 48.93 | 21.51 | 31.15 | 6.51 | 435.45* | 350.08   | 0.00* | 0.17* | 18.17* | 5.12   | 0.01* | 0.04* | 0.20* | 0.05* | 0.00* | 73.02  | 14.88* | 2.72 |
| <b>Average</b>    | 668.25 | 6.13 | 8.26 | 1192.3  | 21.24 | 28.61 | 86.91 | 31.59 | 41.94 | 7.07 | 359.97* | 1345.27* | .07*  | .19*  | 9.42*  | 57.51* | .02*  | .02*  | .39*  | .05*  | .08*  | 457.08 | 19.69* | 3.44 |

\* Some values for this nutrient are unavailable; the number listed is incomplete.

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Arbor Creek MS

**Service Area:** Arbor Creek - 6-8 - OVS

**Menu Name:** Arbor Creek MS 2018-2019 Menu - cycle 6 - week 5

**Avg.Method:** Weighted (USDA Default)

**Age Group:** Brkfst Grades K-8      **Period:** Breakfast      **Week:** 5      **Day:** Thursday      **Count Type:** Forecasted      **Total No. of Customers:** 35

| Weekly Std. (Target 1) | SFA |       | Na (mg) | Fat      |     | CHO (g) | Pro (g) | Chol (mg) | Fiber (g) | K (mg) | Vit A (IU) | Vit D (IU) | Vit E (mg) | Vit K (mcg) | Vit C (mg) | Vit B1 (mg) | Vit B2 (mg) | Vit B3 (mg) | Vit B6 (mg) | Vit B12 (mcg) | Ca (mg) | P (mg) | Fe (mg) |          |
|------------------------|-----|-------|---------|----------|-----|---------|---------|-----------|-----------|--------|------------|------------|------------|-------------|------------|-------------|-------------|-------------|-------------|---------------|---------|--------|---------|----------|
|                        | CAL | (g)   |         | % of CAL | (g) |         |         |           |           |        |            |            |            |             |            |             |             |             |             |               |         |        |         | % of CAL |
| 400.00-500.00          |     | 10.00 | 540.00  |          |     |         |         |           |           |        |            |            |            |             |            |             |             |             |             |               |         |        |         |          |

M55691 BRD: WAFFLE, AP WG 2EA (2BG)

|                |        |      |      |        |      |       |       |      |      |      |        |        |    |    |    |      |    |    |    |    |    |        |    |      |
|----------------|--------|------|------|--------|------|-------|-------|------|------|------|--------|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 11.00 @ 2 each | 180.00 | 0.00 | 0.00 | 320.00 | 6.00 | 30.00 | 28.00 | 4.00 | 0.00 | 2.00 | 130.00 | 600.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 120.00 | -* | 3.60 |
|----------------|--------|------|------|--------|------|-------|-------|------|------|------|--------|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M51320 CEREAL BWL, Rice Krispies WG

|               |        |      |      |        |      |      |       |      |      |      |    |         |    |    |    |       |    |    |    |    |    |      |    |      |
|---------------|--------|------|------|--------|------|------|-------|------|------|------|----|---------|----|----|----|-------|----|----|----|----|----|------|----|------|
| 1.00 @ 1 bowl | 100.00 | 0.00 | 0.00 | 170.00 | 0.50 | 4.50 | 23.00 | 2.00 | 0.00 | 1.00 | -* | 1000.03 | -* | -* | -* | 12.00 | -* | -* | -* | -* | -* | 0.00 | -* | 8.10 |
|---------------|--------|------|------|--------|------|------|-------|------|------|------|----|---------|----|----|----|-------|----|----|----|----|----|------|----|------|

M50208 CEREAL BWL, CINN TST CRUNCH RS WG

|               |        |      |      |        |      |       |       |      |      |      |    |        |    |    |    |      |    |    |    |    |    |        |    |      |
|---------------|--------|------|------|--------|------|-------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 2.00 @ 1 bowl | 110.00 | 0.50 | 4.09 | 160.00 | 3.00 | 24.54 | 22.00 | 1.00 | 0.00 | 3.00 | -* | 400.01 | -* | -* | -* | 4.80 | -* | -* | -* | -* | -* | 200.01 | -* | 3.60 |
|---------------|--------|------|------|--------|------|-------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M50442 CEREAL BWL, Cocoa Puffs RS WG

|               |        |      |      |        |      |       |       |      |      |      |    |        |    |    |    |      |    |    |    |    |    |        |    |      |
|---------------|--------|------|------|--------|------|-------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 2.00 @ 1 bowl | 110.05 | 0.00 | 0.00 | 160.08 | 1.50 | 12.27 | 25.01 | 2.00 | 0.00 | 2.00 | -* | 500.25 | -* | -* | -* | 6.00 | -* | -* | -* | -* | -* | 100.05 | -* | 4.50 |
|---------------|--------|------|------|--------|------|-------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M50524 CEREAL BWL, Lucky Charms WG

|               |        |      |      |        |      |      |       |      |      |      |    |        |    |    |    |      |    |    |    |    |    |        |    |      |
|---------------|--------|------|------|--------|------|------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 2.00 @ 1 bowl | 110.00 | 0.00 | 0.00 | 180.00 | 1.00 | 8.18 | 23.00 | 2.00 | 0.00 | 2.00 | -* | 500.01 | -* | -* | -* | 6.00 | -* | -* | -* | -* | -* | 100.00 | -* | 4.50 |
|---------------|--------|------|------|--------|------|------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M50525 CEREAL BWL, Trix RS WG

|               |        |      |      |        |      |      |       |      |      |      |    |        |    |    |    |      |    |    |    |    |    |       |    |      |
|---------------|--------|------|------|--------|------|------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|-------|----|------|
| 1.00 @ 1 bowl | 110.00 | 0.00 | 0.00 | 140.00 | 1.00 | 8.18 | 24.00 | 1.00 | 0.00 | 1.00 | -* | 400.01 | -* | -* | -* | 4.80 | -* | -* | -* | -* | -* | 80.00 | -* | 4.50 |
|---------------|--------|------|------|--------|------|------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|-------|----|------|

M52725 BRD: BAR, Cereal CocoPuf WG IW

|               |        |      |      |        |      |       |       |      |      |      |    |        |    |    |    |      |    |    |    |    |    |        |    |      |
|---------------|--------|------|------|--------|------|-------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 1.00 @ 1 each | 150.00 | 0.00 | 0.00 | 100.00 | 3.00 | 18.00 | 30.00 | 3.00 | 0.00 | 3.00 | -* | 100.00 | -* | -* | -* | 1.20 | -* | -* | -* | -* | -* | 200.00 | -* | 1.80 |
|---------------|--------|------|------|--------|------|-------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M52724 BRD: BAR, Cereal CinnTst WG IW

|               |        |      |      |        |      |       |       |      |      |      |    |      |    |    |    |      |    |    |    |    |    |        |    |      |
|---------------|--------|------|------|--------|------|-------|-------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 1.00 @ 1 each | 150.00 | 0.00 | 0.00 | 115.00 | 3.50 | 21.00 | 30.00 | 2.00 | 0.00 | 3.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 200.00 | -* | 1.80 |
|---------------|--------|------|------|--------|------|-------|-------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|--------|----|------|

M51267 BRD: MUF AP, BLUEBRY 2OZ IW WG (1BG)

|                 |        |      |      |        |      |       |       |      |       |      |        |        |       |    |    |      |    |    |    |    |    |       |    |      |
|-----------------|--------|------|------|--------|------|-------|-------|------|-------|------|--------|--------|-------|----|----|------|----|----|----|----|----|-------|----|------|
| 8.00 @ 1 muffin | 190.00 | 2.00 | 9.47 | 130.00 | 6.00 | 28.42 | 30.00 | 3.00 | 40.00 | 2.00 | 135.10 | 100.00 | 16.00 | -* | -* | 0.00 | -* | -* | -* | -* | -* | 20.00 | -* | 1.08 |
|-----------------|--------|------|------|--------|------|-------|-------|------|-------|------|--------|--------|-------|----|----|------|----|----|----|----|----|-------|----|------|

M51268 BRD: MUF AP, CHOC CHOC CHIP 2OZ IW WG (1BG)

|                 |        |      |      |        |      |       |       |      |       |      |        |        |       |    |    |      |    |    |    |    |    |       |    |      |
|-----------------|--------|------|------|--------|------|-------|-------|------|-------|------|--------|--------|-------|----|----|------|----|----|----|----|----|-------|----|------|
| 9.00 @ 1 muffin | 200.00 | 2.00 | 9.00 | 130.00 | 6.00 | 27.00 | 32.00 | 4.00 | 40.00 | 2.00 | 159.95 | 100.00 | 16.00 | -* | -* | 0.00 | -* | -* | -* | -* | -* | 40.00 | -* | 1.44 |
|-----------------|--------|------|------|--------|------|-------|-------|------|-------|------|--------|--------|-------|----|----|------|----|----|----|----|----|-------|----|------|

M51848 BRD: POPTARTS, Straw 1.76oz WG

|                  |        |      |      |        |      |       |       |      |      |      |    |        |    |    |    |      |    |    |    |    |    |        |    |      |
|------------------|--------|------|------|--------|------|-------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 3.00 @ 1 package | 180.00 | 1.00 | 5.00 | 190.00 | 2.50 | 12.50 | 38.00 | 2.00 | 0.00 | 3.00 | -* | 500.01 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 100.00 | -* | 1.80 |
|------------------|--------|------|------|--------|------|-------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M51849 BRD: POPTARTS, Cinn 1.76oz WG

\* Some values for this nutrient are unavailable; the number listed is incomplete.

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Arbor Creek MS

**Service Area:** Arbor Creek - 6-8 - OVS

**Menu Name:** Arbor Creek MS 2018-2019 Menu - cycle 6 - week 5

**Avg.Method:** Weighted (USDA Default)

|  |        |      |       |        |       |       |        |       |       |      |         |         |       |       |       |       |       |       |       |       |       |        |       |      |
|--|--------|------|-------|--------|-------|-------|--------|-------|-------|------|---------|---------|-------|-------|-------|-------|-------|-------|-------|-------|-------|--------|-------|------|
| 1.00 @ 1 package                                   | 190.00 | 1.00 | 4.74  | 200.00 | 3.00  | 14.21 | 38.00  | 2.00  | 0.00  | 3.00 | -*      | 500.01  | -*    | -*    | -*    | 0.00  | -*    | -*    | -*    | -*    | -*    | 100.00 | -*    | 1.80 |
| M51684 BRD: POPTARTS, Fudge 1.76oz WG              |        |      |       |        |       |       |        |       |       |      |         |         |       |       |       |       |       |       |       |       |       |        |       |      |
| 2.00 @ 1 package                                   | 190.00 | 1.00 | 4.74  | 200.00 | 3.00  | 14.21 | 38.00  | 3.00  | 0.00  | 3.00 | -*      | 500.01  | -*    | -*    | -*    | 0.00  | -*    | -*    | -*    | -*    | -*    | 100.00 | -*    | 1.80 |
| M51994 CHEESE, COLBY JK Stick 1ea 1.0              |        |      |       |        |       |       |        |       |       |      |         |         |       |       |       |       |       |       |       |       |       |        |       |      |
| 17.00 @ 1 stick                                    | 90.00  | 4.00 | 40.00 | 200.01 | 6.00  | 60.00 | 0.00   | 7.00  | 20.00 | 0.00 | 0.00    | 200.01  | -*    | -*    | -*    | 0.00  | -*    | -*    | -*    | -*    | -*    | 200.01 | -*    | 0.00 |
| M51237 BRD: BREAD WG, Tst Marg 1sl                 |        |      |       |        |       |       |        |       |       |      |         |         |       |       |       |       |       |       |       |       |       |        |       |      |
| 10.00 @ 1 slice                                    | 110.00 | 1.33 | 10.91 | 160.00 | 4.33  | 35.45 | 15.00  | 3.00  | 0.00  | 1.00 | 1.33*   | 0.00    | -*    | -*    | -*    | 0.00  | -*    | -*    | -*    | -*    | -*    | 0.00   | -*    | 1.08 |
| M50843 FRUIT: STRAWBERRIES, FRESH 1/2C             |        |      |       |        |       |       |        |       |       |      |         |         |       |       |       |       |       |       |       |       |       |        |       |      |
| 10.00 @ 1/2 cup                                    | 24.57  | 0.01 | 0.42  | 0.77   | 0.23  | 8.44  | 5.90   | 0.51  | 0.00  | 1.54 | 117.47  | 9.21    | 0.00  | 0.22  | 1.69  | 45.14 | 0.02  | 0.02  | 0.30  | 0.04  | 0.00  | 12.28  | 18.43 | 0.31 |
| M52271 FRUIT: PEARS, Dice w/Jc 1/2c                |        |      |       |        |       |       |        |       |       |      |         |         |       |       |       |       |       |       |       |       |       |        |       |      |
| 8.00 @ 1/2 cup                                     | 60.66  | 0.00 | 0.00  | 10.11  | 0.00  | 0.00  | 14.15  | 0.00  | 0.00  | 2.02 | 80.89   | 0.00    | -*    | -*    | -*    | 0.00  | -*    | -*    | -*    | -*    | -*    | 0.00   | -*    | 0.00 |
| M53365 JUICE SS, Grape100% 4oz Cart                |        |      |       |        |       |       |        |       |       |      |         |         |       |       |       |       |       |       |       |       |       |        |       |      |
| 29.00 @ 1 each                                     | 80.00  | 0.00 | 0.00  | 15.00  | 0.00  | 0.00  | 18.00  | 1.00  | 0.00  | 0.00 | -*      | 0.00    | -*    | -*    | -*    | 0.00  | -*    | -*    | -*    | -*    | -*    | 0.00   | -*    | 0.00 |
| M53465 MILK SS, 1% WHITE 8 FLOZ                    |        |      |       |        |       |       |        |       |       |      |         |         |       |       |       |       |       |       |       |       |       |        |       |      |
| 11.00 @ 1 carton                                   | 110.00 | 1.50 | 12.28 | 130.00 | 2.50  | 20.46 | 13.00  | 8.00  | 10.00 | 0.00 | -*      | 500.00  | -*    | -*    | -*    | 2.40  | -*    | -*    | -*    | -*    | -*    | 300.00 | -*    | 0.00 |
| M51096 MILK SS, SKIM CHOCOLATE 8 FLOZ              |        |      |       |        |       |       |        |       |       |      |         |         |       |       |       |       |       |       |       |       |       |        |       |      |
| 15.00 @ 1 carton                                   | 120.00 | 0.00 | 0.00  | 180.00 | 0.00  | 0.00  | 20.00  | 8.00  | 5.00  | 0.00 | -*      | 500.00  | -*    | -*    | -*    | 1.20  | -*    | -*    | -*    | -*    | -*    | 300.00 | -*    | 0.00 |
| M53222 COND PC Margarine 5g                        |        |      |       |        |       |       |        |       |       |      |         |         |       |       |       |       |       |       |       |       |       |        |       |      |
| 10.00 @ 1 each                                     | 30.00  | 1.00 | 30.00 | 30.00  | 3.00  | 90.00 | 0.00   | 0.00  | 0.00  | 0.00 | -*      | 500.00  | -*    | -*    | -*    | 0.00  | -*    | -*    | -*    | -*    | -*    | 0.00   | -*    | 0.00 |
| M50854 COND PC Jelly, #4 Smuckers                  |        |      |       |        |       |       |        |       |       |      |         |         |       |       |       |       |       |       |       |       |       |        |       |      |
| 12.00 @ 1 each                                     | 35.00  | 0.00 | 0.00  | 5.00   | 0.00  | 0.00  | 9.00   | 0.00  | 0.00  | 0.00 | -*      | 0.00    | -*    | -*    | -*    | 0.00  | -*    | -*    | -*    | -*    | -*    | 0.00   | -*    | 0.00 |
| M50058 COND PC Syrup 1.4oz Smuckers                |        |      |       |        |       |       |        |       |       |      |         |         |       |       |       |       |       |       |       |       |       |        |       |      |
| 11.00 @ 1 each                                     | 110.00 | 0.00 | 0.00  | 25.00  | 0.00  | 0.00  | 29.00  | 0.00  | 0.00  | 0.00 | -*      | 0.00    | -*    | -*    | -*    | 0.00  | -*    | -*    | -*    | -*    | -*    | 0.00   | -*    | 0.00 |
| M55693 SDW WFL, CHIXFLT BRD CINMPLSPCY WG 2.0 MWWM |        |      |       |        |       |       |        |       |       |      |         |         |       |       |       |       |       |       |       |       |       |        |       |      |
| 24.00 @ 1 sandwich                                 | 424.17 | 1.50 | 3.18  | 672.81 | 15.00 | 31.82 | 48.36  | 23.00 | 44.95 | 5.14 | 131.16* | 600.80  | 0.00* | 0.01* | 0.08* | 0.02  | 0.00* | 0.00* | 0.00* | 0.00* | 0.00* | 123.32 | 0.17* | 4.70 |
| <b>Average</b>                                     | 810.9  | 5.28 | 5.86  | 996.04 | 21.96 | 24.37 | 119.59 | 30.84 | 65.25 | 7.45 | 255.24* | 1471.78 | 7.77* | .07*  | .54*  | 15.66 | .01*  | 0*    | .09*  | .01*  | 0*    | 514.37 | 5.38* | 6.86 |

\* Some values for this nutrient are unavailable; the number listed is incomplete.

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Arbor Creek MS

**Service Area:** Arbor Creek - 6-8 - OVS

**Menu Name:** Arbor Creek MS 2018-2019 Menu - cycle 6 - week 5

**Avg.Method:** Weighted (USDA Default)

**Age Group:** Lunch Grades 6-8      **Period:** Lunch      **Week:** 5      **Day:** Thursday      **Count Type:** Forecasted      **Total No. of Customers:** 330

| Weekly Std. (Target 1) | SFA |       | Na (mg) | Fat      |     | CHO (g) | Pro (g) | Chol (mg) | Fiber (g) | K (mg) | Vit A (IU) | Vit D (IU) | Vit E (mg) | Vit K (mcg) | Vit C (mg) | Vit B1 (mg) | Vit B2 (mg) | Vit B3 (mg) | Vit B6 (mg) | Vit B12 (mcg) | Ca (mg) | P (mg) | Fe (mg) |          |
|------------------------|-----|-------|---------|----------|-----|---------|---------|-----------|-----------|--------|------------|------------|------------|-------------|------------|-------------|-------------|-------------|-------------|---------------|---------|--------|---------|----------|
|                        | CAL | (g)   |         | % of CAL | (g) |         |         |           |           |        |            |            |            |             |            |             |             |             |             |               |         |        |         | % of CAL |
| 600.00-700.00          |     | 10.00 | 1360.00 |          |     |         |         |           |           |        |            |            |            |             |            |             |             |             |             |               |         |        |         |          |

M53870 ENT: PASTA, CHIXDCD PENNE ALFREDO WG 2.0

|                 |        |      |       |        |      |       |       |       |       |      |         |      |       |       |       |      |       |       |       |       |       |        |       |      |
|-----------------|--------|------|-------|--------|------|-------|-------|-------|-------|------|---------|------|-------|-------|-------|------|-------|-------|-------|-------|-------|--------|-------|------|
| 37.00 @ 8 fl oz | 271.36 | 4.58 | 15.18 | 448.24 | 9.33 | 30.96 | 26.52 | 18.42 | 48.42 | 2.72 | 161.36* | 5.10 | 0.00* | 0.01* | 2.07* | 0.43 | 0.00* | 0.00* | 0.02* | 0.02* | 0.00* | 235.43 | 2.90* | 1.93 |
|-----------------|--------|------|-------|--------|------|-------|-------|-------|-------|------|---------|------|-------|-------|-------|------|-------|-------|-------|-------|-------|--------|-------|------|

M67344 SALAD, CHAM PEPP PIZZA SC 2.25

|               |        |      |       |        |       |       |      |       |       |      |         |         |       |       |        |      |       |       |       |       |       |        |        |      |
|---------------|--------|------|-------|--------|-------|-------|------|-------|-------|------|---------|---------|-------|-------|--------|------|-------|-------|-------|-------|-------|--------|--------|------|
| 6.00 @ 1 each | 208.23 | 5.83 | 25.21 | 578.35 | 13.21 | 57.11 | 6.10 | 16.44 | 63.75 | 1.26 | 146.57* | 5085.27 | 0.00* | 0.12* | 43.60* | 7.46 | 0.04* | 0.04* | 0.25* | 0.06* | 0.00* | 173.60 | 17.48* | 1.02 |
|---------------|--------|------|-------|--------|-------|-------|------|-------|-------|------|---------|---------|-------|-------|--------|------|-------|-------|-------|-------|-------|--------|--------|------|

M51680 BRD: ROLL DG, WG 2.5oz

|               |        |      |      |        |      |       |       |      |      |      |    |      |    |    |    |      |    |    |    |    |    |       |    |      |
|---------------|--------|------|------|--------|------|-------|-------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|-------|----|------|
| 6.00 @ 1 each | 170.00 | 0.50 | 2.65 | 135.00 | 3.00 | 15.88 | 28.00 | 7.00 | 0.00 | 3.40 | -* | 0.01 | -* | -* | -* | 0.01 | -* | -* | -* | -* | -* | 12.70 | -* | 0.85 |
|---------------|--------|------|------|--------|------|-------|-------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|-------|----|------|

M66741 WRAP 10", CHIXDCD BUFF WG 2.0

|               |        |      |       |        |       |       |       |       |       |      |         |         |       |       |        |      |       |       |       |       |       |        |        |      |
|---------------|--------|------|-------|--------|-------|-------|-------|-------|-------|------|---------|---------|-------|-------|--------|------|-------|-------|-------|-------|-------|--------|--------|------|
| 6.00 @ 1 each | 366.92 | 4.43 | 10.87 | 647.39 | 16.59 | 40.70 | 32.55 | 19.97 | 52.30 | 3.99 | 147.87* | 2755.45 | 0.00* | 0.19* | 31.30* | 5.02 | 0.03* | 0.02* | 0.26* | 0.04* | 0.00* | 133.31 | 15.31* | 2.38 |
|---------------|--------|------|-------|--------|-------|-------|-------|-------|-------|------|---------|---------|-------|-------|--------|------|-------|-------|-------|-------|-------|--------|--------|------|

M50962 SDW BD, SBJ WG 2.0

|                   |        |      |      |        |       |       |       |       |      |      |         |      |       |    |    |      |    |    |    |    |    |       |    |      |
|-------------------|--------|------|------|--------|-------|-------|-------|-------|------|------|---------|------|-------|----|----|------|----|----|----|----|----|-------|----|------|
| 1.00 @ 1 sandwich | 658.38 | 3.99 | 5.45 | 579.16 | 35.89 | 49.06 | 69.87 | 19.95 | 0.00 | 5.99 | 378.78* | 0.00 | 0.00* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 59.81 | -* | 5.35 |
|-------------------|--------|------|------|--------|-------|-------|-------|-------|------|------|---------|------|-------|----|----|------|----|----|----|----|----|-------|----|------|

M53347 SDW BD, SB WG 2.0

|                   |        |      |      |        |       |       |       |       |      |      |         |      |       |    |    |      |    |    |    |    |    |       |    |      |
|-------------------|--------|------|------|--------|-------|-------|-------|-------|------|------|---------|------|-------|----|----|------|----|----|----|----|----|-------|----|------|
| 2.00 @ 1 sandwich | 558.71 | 3.99 | 6.42 | 579.16 | 35.89 | 57.81 | 43.95 | 19.95 | 0.00 | 5.99 | 378.78* | 0.00 | 0.00* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 59.81 | -* | 5.35 |
|-------------------|--------|------|------|--------|-------|-------|-------|-------|------|------|---------|------|-------|----|----|------|----|----|----|----|----|-------|----|------|

M51578 PIZZA 16" CHZ WG 2.0

|                 |        |      |       |        |       |       |       |       |       |      |    |        |    |    |    |      |    |    |    |    |    |        |    |      |
|-----------------|--------|------|-------|--------|-------|-------|-------|-------|-------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 48.00 @ 1/8 cut | 351.26 | 7.50 | 19.22 | 810.03 | 15.50 | 39.72 | 30.87 | 19.38 | 30.00 | 3.25 | -* | 403.18 | -* | -* | -* | 0.90 | -* | -* | -* | -* | -* | 419.72 | -* | 1.13 |
|-----------------|--------|------|-------|--------|-------|-------|-------|-------|-------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M53003 PIZZA 16" Spin Mush Pep WG 2.0

|                 |        |      |       |        |       |       |       |       |       |      |         |         |       |       |         |       |       |       |       |       |       |        |        |      |
|-----------------|--------|------|-------|--------|-------|-------|-------|-------|-------|------|---------|---------|-------|-------|---------|-------|-------|-------|-------|-------|-------|--------|--------|------|
| 24.00 @ 1/8 cut | 367.54 | 7.55 | 18.50 | 838.03 | 15.80 | 38.70 | 33.71 | 20.81 | 30.00 | 4.61 | 129.07* | 3994.25 | 0.48* | 1.10* | 154.06* | 12.13 | 0.03* | 0.07* | 0.44* | 0.07* | 0.00* | 466.53 | 23.21* | 1.86 |
|-----------------|--------|------|-------|--------|-------|-------|-------|-------|-------|------|---------|---------|-------|-------|---------|-------|-------|-------|-------|-------|-------|--------|--------|------|

M52587 CHIX TENDER, GLDN CRISPY (3) WG 2.0 MWWW

|                |        |      |      |        |       |       |       |       |       |      |    |      |    |    |    |      |    |    |    |    |    |      |    |      |
|----------------|--------|------|------|--------|-------|-------|-------|-------|-------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|
| 25.00 @ 3 each | 239.64 | 2.25 | 8.44 | 404.38 | 11.98 | 45.00 | 11.98 | 19.47 | 44.93 | 1.50 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 1.62 |
|----------------|--------|------|------|--------|-------|-------|-------|-------|-------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|

M51680 BRD: ROLL DG, WG 2.5oz

|                |        |      |      |        |      |       |       |      |      |      |    |      |    |    |    |      |    |    |    |    |    |       |    |      |
|----------------|--------|------|------|--------|------|-------|-------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|-------|----|------|
| 25.00 @ 1 each | 170.00 | 0.50 | 2.65 | 135.00 | 3.00 | 15.88 | 28.00 | 7.00 | 0.00 | 3.40 | -* | 0.01 | -* | -* | -* | 0.01 | -* | -* | -* | -* | -* | 12.70 | -* | 0.85 |
|----------------|--------|------|------|--------|------|-------|-------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|-------|----|------|

M51417 BURG, Beef AP WG 2.0

|                |        |      |      |        |      |       |       |       |       |      |    |      |    |    |    |      |    |    |    |    |    |       |    |      |
|----------------|--------|------|------|--------|------|-------|-------|-------|-------|------|----|------|----|----|----|------|----|----|----|----|----|-------|----|------|
| 20.00 @ 1 each | 240.00 | 2.00 | 7.50 | 345.00 | 7.00 | 26.25 | 29.00 | 16.00 | 25.00 | 2.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 60.00 | -* | 2.88 |
|----------------|--------|------|------|--------|------|-------|-------|-------|-------|------|----|------|----|----|----|------|----|----|----|----|----|-------|----|------|

M50821 BURG, Beef AM AP WG 2.25

\* Some values for this nutrient are unavailable; the number listed is incomplete.

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Arbor Creek MS

**Service Area:** Arbor Creek - 6-8 - OVS

**Menu Name:** Arbor Creek MS 2018-2019 Menu - cycle 6 - week 5

**Avg.Method:** Weighted (USDA Default)

|   |        |      |       |        |       |       |       |       |       |      |        |         |       |       |       |       |       |       |       |       |       |        |       |      |
|---|--------|------|-------|--------|-------|-------|-------|-------|-------|------|--------|---------|-------|-------|-------|-------|-------|-------|-------|-------|-------|--------|-------|------|
| 24.00 @ 1 each  | 285.00 | 4.25 | 13.42 | 545.00 | 10.50 | 33.16 | 29.50 | 18.50 | 37.50 | 2.00 | -*     | 100.00  | -*    | -*    | -*    | 0.00  | -*    | -*    | -*    | -*    | -*    | 135.00 | -*    | 2.88 |
| M53770 SDW BN, CHIXPTY PLN WG/WG2.0 MWWM              |        |      |       |        |       |       |       |       |       |      |        |         |       |       |       |       |       |       |       |       |       |        |       |      |
| 19.00 @ 1 sandwich                                    | 339.76 | 1.50 | 3.97  | 589.66 | 10.99 | 29.11 | 35.99 | 23.98 | 44.95 | 5.00 | -*     | 0.00    | -*    | -*    | -*    | 0.00  | -*    | -*    | -*    | -*    | -*    | 40.00  | -*    | 2.52 |
| M52952 SDW BN, CHIXPTY BRD SPCY WG/WG 2.0 MWWM        |        |      |       |        |       |       |       |       |       |      |        |         |       |       |       |       |       |       |       |       |       |        |       |      |
| 20.00 @ 1 sandwich                                    | 339.86 | 2.00 | 5.29  | 629.77 | 11.99 | 31.76 | 35.99 | 23.99 | 44.97 | 3.00 | -*     | 0.00    | -*    | -*    | -*    | 0.00  | -*    | -*    | -*    | -*    | -*    | 40.00  | -*    | 2.88 |
| M54308 STICKS, CRISPITO CHIXCHILI AP WG 2.0 (2EA)     |        |      |       |        |       |       |       |       |       |      |        |         |       |       |       |       |       |       |       |       |       |        |       |      |
| 40.00 @ 2 each  | 540.00 | 6.00 | 10.00 | 740.00 | 28.00 | 46.67 | 46.00 | 24.00 | 50.00 | 6.00 | -*     | 1500.01 | -*    | -*    | -*    | 0.00  | -*    | -*    | -*    | -*    | -*    | 80.00  | -*    | 3.60 |
| M51189 COND_Sauce, Chz SS W (LOL) .5                  |        |      |       |        |       |       |       |       |       |      |        |         |       |       |       |       |       |       |       |       |       |        |       |      |
| 40.00 @ 2 fl oz                                       | 99.97  | 4.50 | 40.50 | 399.86 | 7.00  | 63.00 | 3.00  | 5.00  | 19.99 | 0.00 | -*     | 0.00    | -*    | -*    | -*    | 0.00  | -*    | -*    | -*    | -*    | -*    | 149.95 | -*    | 0.00 |
| M54561 NACHOS CHIXDCD RND 2.0 (2BG)                   |        |      |       |        |       |       |       |       |       |      |        |         |       |       |       |       |       |       |       |       |       |        |       |      |
| 69.00 @ 1 each  | 405.80 | 6.98 | 15.47 | 693.54 | 19.57 | 43.41 | 36.86 | 18.74 | 51.66 | 3.38 | 10.37* | 131.17  | 0.00* | 0.07* | 0.19* | 1.20  | 0.00* | 0.00* | 0.03* | 0.01* | 0.00* | 202.33 | 2.69* | 1.45 |
| M52541 VEG: SQUASH, Ylw Frsh Smth1/2c                 |        |      |       |        |       |       |       |       |       |      |        |         |       |       |       |       |       |       |       |       |       |        |       |      |
| 7.00 @ 1/2 cup  | 29.78  | 0.06 | 1.70  | 1.74   | 0.33  | 9.85  | 5.87  | 1.17  | 0.00  | 1.21 | 171.39 | 742.45  | 0.00  | 0.09  | 3.56  | 9.48  | 0.04  | 0.02  | 0.39  | 0.10  | 0.00  | 24.06  | 31.06 | 0.36 |
| M52770 VEG: CELERY, Sticks 1/2c                       |        |      |       |        |       |       |       |       |       |      |        |         |       |       |       |       |       |       |       |       |       |        |       |      |
| 30.00 @ 1/2 cup                                       | 9.92   | 0.03 | 2.36  | 49.61  | 0.11  | 9.56  | 1.84  | 0.43  | 0.00  | 0.99 | 161.23 | 278.43  | 0.00  | 0.17  | 18.17 | 1.92  | 0.01  | 0.04  | 0.20  | 0.05  | 0.00  | 24.80  | 14.88 | 0.12 |
| M51731 VEG: POTATO SWT, FF CRINKLE 1/2C               |        |      |       |        |       |       |       |       |       |      |        |         |       |       |       |       |       |       |       |       |       |        |       |      |
| 32.00 @ 1/2 cup                                       | 137.66 | 0.53 | 3.46  | 180.02 | 4.77  | 31.15 | 23.30 | 1.06  | 0.00  | 3.18 | 243.56 | 3176.86 | -*    | -*    | -*    | 6.35  | -*    | -*    | -*    | -*    | -*    | 21.18  | -*    | 0.38 |
| M51113 FRUIT: ORANGE 138ct Whole 1/2c                 |        |      |       |        |       |       |       |       |       |      |        |         |       |       |       |       |       |       |       |       |       |        |       |      |
| 120.00 @ 1 each                                       | 46.97  | 0.01 | 0.29  | 0.00   | 0.12  | 2.30  | 11.74 | 0.94  | 0.00  | 2.40 | 180.87 | 224.84  | 0.00  | 0.18  | 0.00  | 53.16 | 0.09  | 0.04  | 0.28  | 0.06  | 0.00  | 39.97  | 13.99 | 0.10 |
| M52268 FRUIT: PEACHES Dice w/Jc 1/2c                  |        |      |       |        |       |       |       |       |       |      |        |         |       |       |       |       |       |       |       |       |       |        |       |      |
| 120.00 @ 1/2 cup                                      | 50.83  | 0.00 | 0.00  | 10.17  | 0.00  | 0.00  | 12.20 | 0.00  | 0.00  | 0.00 | 182.98 | 304.97  | -*    | -*    | -*    | 1.22  | -*    | -*    | -*    | -*    | -*    | 0.00   | -*    | 0.00 |
| M50979 JUICE SS, Apple 100% 4oz Cart                  |        |      |       |        |       |       |       |       |       |      |        |         |       |       |       |       |       |       |       |       |       |        |       |      |
| 210.00 @ 1 each                                       | 60.00  | 0.00 | 0.00  | 15.00  | 0.00  | 0.00  | 14.00 | 0.00  | 0.00  | 0.00 | 85.00  | 0.00    | -*    | -*    | -*    | 0.00  | -*    | -*    | -*    | -*    | -*    | 0.00   | -*    | 0.00 |
| M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50       |        |      |       |        |       |       |       |       |       |      |        |         |       |       |       |       |       |       |       |       |       |        |       |      |
| 36.00 @ 1 carton                                      | 110.00 | 1.50 | 12.28 | 130.00 | 2.50  | 20.46 | 13.00 | 8.00  | 10.00 | 0.00 | -*     | 500.00  | -*    | -*    | -*    | 2.40  | -*    | -*    | -*    | -*    | -*    | 300.00 | -*    | 0.00 |
| M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50 |        |      |       |        |       |       |       |       |       |      |        |         |       |       |       |       |       |       |       |       |       |        |       |      |
| 180.00 @ 1 carton                                     | 120.00 | 0.00 | 0.00  | 180.00 | 0.00  | 0.00  | 20.00 | 8.00  | 5.00  | 0.00 | -*     | 500.00  | -*    | -*    | -*    | 1.20  | -*    | -*    | -*    | -*    | -*    | 300.00 | -*    | 0.00 |

\* Some values for this nutrient are unavailable; the number listed is incomplete.

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Arbor Creek MS

**Service Area:** Arbor Creek - 6-8 - OVS

**Menu Name:** Arbor Creek MS 2018-2019 Menu - cycle 6 - week 5

**Avg.Method:** Weighted (USDA Default)

M50855 COND PC Ketchup 9g Heinz

|                 |       |      |      |       |      |      |      |      |      |      |    |      |    |    |    |      |    |    |    |    |    |      |    |      |
|-----------------|-------|------|------|-------|------|------|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|
| 221.00 @ 1 each | 10.00 | 0.00 | 0.00 | 85.00 | 0.00 | 0.00 | 3.00 | 0.00 | 0.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
|-----------------|-------|------|------|-------|------|------|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|

M50055 COND PC Mayonnaise 12g

|                |       |      |       |       |      |       |      |      |      |      |    |      |    |    |    |      |    |    |    |    |    |      |    |      |
|----------------|-------|------|-------|-------|------|-------|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|
| 21.00 @ 1 each | 80.00 | 1.50 | 16.87 | 75.00 | 8.00 | 90.00 | 1.00 | 0.00 | 5.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
|----------------|-------|------|-------|-------|------|-------|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|

M50284 COND PC Mustard 6g

|               |      |      |   |       |      |   |      |      |      |      |    |      |    |    |    |      |    |    |    |    |    |      |    |      |
|---------------|------|------|---|-------|------|---|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|
| 2.00 @ 1 each | 0.00 | 0.00 | - | 65.00 | 0.00 | - | 1.00 | 0.00 | 0.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
|---------------|------|------|---|-------|------|---|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|

M53222 COND PC Margarine 5g

|                |       |      |       |       |      |       |      |      |      |      |    |        |    |    |    |      |    |    |    |    |    |      |    |      |
|----------------|-------|------|-------|-------|------|-------|------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|------|----|------|
| 40.00 @ 1 each | 30.00 | 1.00 | 30.00 | 30.00 | 3.00 | 90.00 | 0.00 | 0.00 | 0.00 | 0.00 | -* | 500.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
|----------------|-------|------|-------|-------|------|-------|------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|------|----|------|

M50624 COND PC Drsg Ranch 12g

|                |       |      |      |        |      |       |      |      |      |      |    |      |    |    |    |      |    |    |    |    |    |      |    |      |
|----------------|-------|------|------|--------|------|-------|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|
| 50.00 @ 1 each | 50.00 | 0.00 | 0.00 | 100.00 | 5.00 | 90.00 | 1.00 | 0.00 | 5.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
|----------------|-------|------|------|--------|------|-------|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|

M50623 COND PC Drsg Italian 12g

|                |       |      |      |        |      |       |      |      |      |      |    |        |    |    |    |      |    |    |    |    |    |      |    |      |
|----------------|-------|------|------|--------|------|-------|------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|------|----|------|
| 11.00 @ 1 each | 30.00 | 0.00 | 0.00 | 130.00 | 3.00 | 90.00 | 0.00 | 0.00 | 0.00 | 0.00 | -* | 100.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
|----------------|-------|------|------|--------|------|-------|------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|------|----|------|

M53116 COND PC Drsg Honey Mustard 12g

|                |       |      |      |       |      |      |      |      |      |      |    |      |    |    |    |      |    |    |    |    |    |      |    |      |
|----------------|-------|------|------|-------|------|------|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|
| 17.00 @ 1 each | 15.00 | 0.00 | 0.00 | 65.00 | 0.00 | 0.00 | 4.00 | 0.00 | 0.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
|----------------|-------|------|------|-------|------|------|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|

M50056 COND PC Sauce, Taco 9g

|                |      |      |      |       |      |      |      |      |      |      |    |      |    |    |    |      |    |    |    |    |    |      |    |      |
|----------------|------|------|------|-------|------|------|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|
| 11.00 @ 1 each | 5.00 | 0.00 | 0.00 | 55.00 | 0.00 | 0.00 | 1.00 | 0.00 | 0.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
|----------------|------|------|------|-------|------|------|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|

M50287 COND PC SAUCE, BBQ 12G PKT

|                |       |      |      |        |      |      |      |      |      |      |    |        |    |    |    |      |    |    |    |    |    |      |    |      |
|----------------|-------|------|------|--------|------|------|------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|------|----|------|
| 28.00 @ 1 each | 15.00 | 0.00 | 0.00 | 160.00 | 0.00 | 0.00 | 4.00 | 0.00 | 0.00 | 0.00 | -* | 100.00 | -* | -* | -* | 0.60 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
|----------------|-------|------|------|--------|------|------|------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|------|----|------|

M50063 COND\_Sauce, Buffalo Wing AP

|                         |      |      |      |        |      |       |      |      |      |      |       |      |    |    |    |      |    |    |    |    |    |      |    |      |
|-------------------------|------|------|------|--------|------|-------|------|------|------|------|-------|------|----|----|----|------|----|----|----|----|----|------|----|------|
| 20.00 @ 1<br>tablespoon | 4.38 | 0.02 | 4.79 | 363.06 | 0.22 | 45.51 | 0.48 | 0.11 | 0.17 | 0.12 | 21.32 | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 2.22 | -* | 0.07 |
|-------------------------|------|------|------|--------|------|-------|------|------|------|------|-------|------|----|----|----|------|----|----|----|----|----|------|----|------|

M51445 VEG GARN: Rom Leaf/Tom Sl

|                   |      |      |      |      |      |       |      |      |      |      |       |         |      |      |       |      |      |      |      |      |      |      |      |      |
|-------------------|------|------|------|------|------|-------|------|------|------|------|-------|---------|------|------|-------|------|------|------|------|------|------|------|------|------|
| 40.00 @ 1 serving | 4.96 | 0.01 | 1.72 | 1.84 | 0.07 | 12.86 | 1.02 | 0.30 | 0.00 | 0.47 | 68.61 | 1352.71 | 0.00 | 0.09 | 15.65 | 2.51 | 0.02 | 0.01 | 0.13 | 0.02 | 0.00 | 6.10 | 7.65 | 0.18 |
|-------------------|------|------|------|------|------|-------|------|------|------|------|-------|---------|------|------|-------|------|------|------|------|------|------|------|------|------|

M50412 COND\_Pickle, Dill Slice 3ea

|                 |      |      |      |        |      |       |      |      |      |      |    |      |    |    |    |      |    |    |    |    |    |       |    |      |
|-----------------|------|------|------|--------|------|-------|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|-------|----|------|
| 40.00 @ 3 slice | 2.43 | 0.01 | 4.72 | 243.11 | 0.07 | 25.17 | 0.36 | 0.10 | 0.00 | 0.21 | -* | 0.00 | -* | -* | -* | 0.32 | -* | -* | -* | -* | -* | 12.97 | -* | 0.08 |
|-----------------|------|------|------|--------|------|-------|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|-------|----|------|

M67420 ENT: PLATE, CHIXNUGMWWW POPSPCY CELWFRIES BRDSTKPB WG2 FUEL3

|                   |        |      |      |         |       |       |       |       |       |      |         |        |       |       |        |      |       |       |       |       |       |       |        |      |
|-------------------|--------|------|------|---------|-------|-------|-------|-------|-------|------|---------|--------|-------|-------|--------|------|-------|-------|-------|-------|-------|-------|--------|------|
| 24.00 @ 1 serving | 521.28 | 4.92 | 8.49 | 1120.82 | 25.41 | 43.88 | 48.93 | 21.51 | 31.15 | 6.51 | 435.45* | 350.08 | 0.00* | 0.17* | 18.17* | 5.12 | 0.01* | 0.04* | 0.20* | 0.05* | 0.00* | 73.02 | 14.88* | 2.72 |
|-------------------|--------|------|------|---------|-------|-------|-------|-------|-------|------|---------|--------|-------|-------|--------|------|-------|-------|-------|-------|-------|-------|--------|------|

|                |        |      |     |         |       |       |      |       |      |      |         |         |      |      |        |       |      |      |      |      |    |        |        |     |
|----------------|--------|------|-----|---------|-------|-------|------|-------|------|------|---------|---------|------|------|--------|-------|------|------|------|------|----|--------|--------|-----|
| <b>Average</b> | 627.43 | 6.76 | 9.7 | 1100.53 | 21.79 | 31.26 | 75.5 | 29.32 | 53.5 | 5.72 | 308.03* | 1839.69 | .04* | .21* | 17.78* | 23.99 | .04* | .03* | .21* | .05* | 0* | 440.53 | 12.28* | 2.6 |
|----------------|--------|------|-----|---------|-------|-------|------|-------|------|------|---------|---------|------|------|--------|-------|------|------|------|------|----|--------|--------|-----|

\* Some values for this nutrient are unavailable; the number listed is incomplete.

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Arbor Creek MS

**Service Area:** Arbor Creek - 6-8 - OVS

**Menu Name:** Arbor Creek MS 2018-2019 Menu - cycle 6 - week 5

**Avg.Method:** Weighted (USDA Default)

**Age Group:** Brkfst Grades K-8      **Period:** Breakfast      **Week:** 5      **Day:** Friday      **Count Type:** Forecasted      **Total No. of Customers:** 41

| Weekly Std. (Target 1) | SFA |       | Na (mg) | Fat      |     | CHO (g) | Pro (g) | Chol (mg) | Fiber (g) | K (mg) | Vit A (IU) | Vit D (IU) | Vit E (mg) | Vit K (mcg) | Vit C (mg) | Vit B1 (mg) | Vit B2 (mg) | Vit B3 (mg) | Vit B6 (mg) | Vit B12 (mcg) | Ca (mg) | P (mg) | Fe (mg) |          |
|------------------------|-----|-------|---------|----------|-----|---------|---------|-----------|-----------|--------|------------|------------|------------|-------------|------------|-------------|-------------|-------------|-------------|---------------|---------|--------|---------|----------|
|                        | CAL | (g)   |         | % of CAL | (g) |         |         |           |           |        |            |            |            |             |            |             |             |             |             |               |         |        |         | % of CAL |
| 400.00-500.00          |     | 10.00 | 540.00  |          |     |         |         |           |           |        |            |            |            |             |            |             |             |             |             |               |         |        |         |          |

M52132 EGG: Scrambled CH SS 2.0

|                       |       |      |       |        |      |       |      |      |        |      |       |        |    |    |    |      |    |    |    |    |    |       |    |      |
|-----------------------|-------|------|-------|--------|------|-------|------|------|--------|------|-------|--------|----|----|----|------|----|----|----|----|----|-------|----|------|
| 10.00 @ 1 No 16 Scoop | 93.21 | 3.14 | 30.34 | 124.17 | 6.63 | 64.02 | 1.35 | 7.23 | 177.26 | 0.00 | 0.00* | 289.30 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 94.31 | -* | 0.84 |
|-----------------------|-------|------|-------|--------|------|-------|------|------|--------|------|-------|--------|----|----|----|------|----|----|----|----|----|-------|----|------|

M51237 BRD: BREAD WG, Tst Marg 1sl

|                 |        |      |       |        |      |       |       |      |      |      |       |      |    |    |    |      |    |    |    |    |    |      |    |      |
|-----------------|--------|------|-------|--------|------|-------|-------|------|------|------|-------|------|----|----|----|------|----|----|----|----|----|------|----|------|
| 10.00 @ 1 slice | 110.00 | 1.33 | 10.91 | 160.00 | 4.33 | 35.45 | 15.00 | 3.00 | 0.00 | 1.00 | 1.33* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 1.08 |
|-----------------|--------|------|-------|--------|------|-------|-------|------|------|------|-------|------|----|----|----|------|----|----|----|----|----|------|----|------|

M52774 PORK: Sausage Patty 1.0 1ea

|                 |        |      |       |        |       |       |      |      |       |      |    |      |    |    |    |      |    |    |    |    |    |       |    |      |
|-----------------|--------|------|-------|--------|-------|-------|------|------|-------|------|----|------|----|----|----|------|----|----|----|----|----|-------|----|------|
| 10.00 @ 1 patty | 220.00 | 7.00 | 28.64 | 530.00 | 20.00 | 81.82 | 1.00 | 8.00 | 45.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 20.00 | -* | 0.36 |
|-----------------|--------|------|-------|--------|-------|-------|------|------|-------|------|----|------|----|----|----|------|----|----|----|----|----|-------|----|------|

M51320 CEREAL BWL, Rice Krispies WG

|               |        |      |      |        |      |      |       |      |      |      |    |         |    |    |    |       |    |    |    |    |    |      |    |      |
|---------------|--------|------|------|--------|------|------|-------|------|------|------|----|---------|----|----|----|-------|----|----|----|----|----|------|----|------|
| 1.00 @ 1 bowl | 100.00 | 0.00 | 0.00 | 170.00 | 0.50 | 4.50 | 23.00 | 2.00 | 0.00 | 1.00 | -* | 1000.03 | -* | -* | -* | 12.00 | -* | -* | -* | -* | -* | 0.00 | -* | 8.10 |
|---------------|--------|------|------|--------|------|------|-------|------|------|------|----|---------|----|----|----|-------|----|----|----|----|----|------|----|------|

M50208 CEREAL BWL, CINN TST CRUNCH RS WG

|               |        |      |      |        |      |       |       |      |      |      |    |        |    |    |    |      |    |    |    |    |    |        |    |      |
|---------------|--------|------|------|--------|------|-------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 3.00 @ 1 bowl | 110.00 | 0.50 | 4.09 | 160.00 | 3.00 | 24.54 | 22.00 | 1.00 | 0.00 | 3.00 | -* | 400.01 | -* | -* | -* | 4.80 | -* | -* | -* | -* | -* | 200.01 | -* | 3.60 |
|---------------|--------|------|------|--------|------|-------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M50442 CEREAL BWL, Cocoa Puffs RS WG

|               |        |      |      |        |      |       |       |      |      |      |    |        |    |    |    |      |    |    |    |    |    |        |    |      |
|---------------|--------|------|------|--------|------|-------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 2.00 @ 1 bowl | 110.05 | 0.00 | 0.00 | 160.08 | 1.50 | 12.27 | 25.01 | 2.00 | 0.00 | 2.00 | -* | 500.25 | -* | -* | -* | 6.00 | -* | -* | -* | -* | -* | 100.05 | -* | 4.50 |
|---------------|--------|------|------|--------|------|-------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M50524 CEREAL BWL, Lucky Charms WG

|               |        |      |      |        |      |      |       |      |      |      |    |        |    |    |    |      |    |    |    |    |    |        |    |      |
|---------------|--------|------|------|--------|------|------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 4.00 @ 1 bowl | 110.00 | 0.00 | 0.00 | 180.00 | 1.00 | 8.18 | 23.00 | 2.00 | 0.00 | 2.00 | -* | 500.01 | -* | -* | -* | 6.00 | -* | -* | -* | -* | -* | 100.00 | -* | 4.50 |
|---------------|--------|------|------|--------|------|------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M50525 CEREAL BWL, Trix RS WG

|               |        |      |      |        |      |      |       |      |      |      |    |        |    |    |    |      |    |    |    |    |    |       |    |      |
|---------------|--------|------|------|--------|------|------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|-------|----|------|
| 1.00 @ 1 bowl | 110.00 | 0.00 | 0.00 | 140.00 | 1.00 | 8.18 | 24.00 | 1.00 | 0.00 | 1.00 | -* | 400.01 | -* | -* | -* | 4.80 | -* | -* | -* | -* | -* | 80.00 | -* | 4.50 |
|---------------|--------|------|------|--------|------|------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|-------|----|------|

M52725 BRD: BAR, Cereal CocoPuf WG IW

|               |        |      |      |        |      |       |       |      |      |      |    |        |    |    |    |      |    |    |    |    |    |        |    |      |
|---------------|--------|------|------|--------|------|-------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 1.00 @ 1 each | 150.00 | 0.00 | 0.00 | 100.00 | 3.00 | 18.00 | 30.00 | 3.00 | 0.00 | 3.00 | -* | 100.00 | -* | -* | -* | 1.20 | -* | -* | -* | -* | -* | 200.00 | -* | 1.80 |
|---------------|--------|------|------|--------|------|-------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M52724 BRD: BAR, Cereal CinnTst WG IW

|               |        |      |      |        |      |       |       |      |      |      |    |      |    |    |    |      |    |    |    |    |    |        |    |      |
|---------------|--------|------|------|--------|------|-------|-------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 2.00 @ 1 each | 150.00 | 0.00 | 0.00 | 115.00 | 3.50 | 21.00 | 30.00 | 2.00 | 0.00 | 3.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 200.00 | -* | 1.80 |
|---------------|--------|------|------|--------|------|-------|-------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|--------|----|------|

M51267 BRD: MUF AP, BLUEBRY 2OZ IW WG (1BG)

|                  |        |      |      |        |      |       |       |      |       |      |        |        |       |    |    |      |    |    |    |    |    |       |    |      |
|------------------|--------|------|------|--------|------|-------|-------|------|-------|------|--------|--------|-------|----|----|------|----|----|----|----|----|-------|----|------|
| 10.00 @ 1 muffin | 190.00 | 2.00 | 9.47 | 130.00 | 6.00 | 28.42 | 30.00 | 3.00 | 40.00 | 2.00 | 135.10 | 100.00 | 16.00 | -* | -* | 0.00 | -* | -* | -* | -* | -* | 20.00 | -* | 1.08 |
|------------------|--------|------|------|--------|------|-------|-------|------|-------|------|--------|--------|-------|----|----|------|----|----|----|----|----|-------|----|------|

M51268 BRD: MUF AP, CHOC CHOC CHIP 2OZ IW WG (1BG)

\* Some values for this nutrient are unavailable; the number listed is incomplete.

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Arbor Creek MS

**Service Area:** Arbor Creek - 6-8 - OVS

**Menu Name:** Arbor Creek MS 2018-2019 Menu - cycle 6 - week 5

**Avg.Method:** Weighted (USDA Default)

|   |        |      |       |        |       |       |       |       |        |      |        |        |       |       |       |       |       |       |       |       |       |        |        |      |
|---|--------|------|-------|--------|-------|-------|-------|-------|--------|------|--------|--------|-------|-------|-------|-------|-------|-------|-------|-------|-------|--------|--------|------|
| 10.00 @ 1 muffin                        | 200.00 | 2.00 | 9.00  | 130.00 | 6.00  | 27.00 | 32.00 | 4.00  | 40.00  | 2.00 | 159.95 | 100.00 | 16.00 | -*    | -*    | 0.00  | -*    | -*    | -*    | -*    | -*    | 40.00  | -*     | 1.44 |
| M51848 BRD: POPTARTS, Straw 1.76oz WG   |        |      |       |        |       |       |       |       |        |      |        |        |       |       |       |       |       |       |       |       |       |        |        |      |
| 2.00 @ 1 package                        | 180.00 | 1.00 | 5.00  | 190.00 | 2.50  | 12.50 | 38.00 | 2.00  | 0.00   | 3.00 | -*     | 500.01 | -*    | -*    | -*    | 0.00  | -*    | -*    | -*    | -*    | -*    | 100.00 | -*     | 1.80 |
| M51849 BRD: POPTARTS, Cinn 1.76oz WG    |        |      |       |        |       |       |       |       |        |      |        |        |       |       |       |       |       |       |       |       |       |        |        |      |
| 2.00 @ 1 package                        | 190.00 | 1.00 | 4.74  | 200.00 | 3.00  | 14.21 | 38.00 | 2.00  | 0.00   | 3.00 | -*     | 500.01 | -*    | -*    | -*    | 0.00  | -*    | -*    | -*    | -*    | -*    | 100.00 | -*     | 1.80 |
| M51684 BRD: POPTARTS, Fudge 1.76oz WG   |        |      |       |        |       |       |       |       |        |      |        |        |       |       |       |       |       |       |       |       |       |        |        |      |
| 3.00 @ 1 package                        | 190.00 | 1.00 | 4.74  | 200.00 | 3.00  | 14.21 | 38.00 | 3.00  | 0.00   | 3.00 | -*     | 500.01 | -*    | -*    | -*    | 0.00  | -*    | -*    | -*    | -*    | -*    | 100.00 | -*     | 1.80 |
| M51994 CHEESE, COLBY JK Stick 1ea 1.0   |        |      |       |        |       |       |       |       |        |      |        |        |       |       |       |       |       |       |       |       |       |        |        |      |
| 18.00 @ 1 stick                         | 90.00  | 4.00 | 40.00 | 200.01 | 6.00  | 60.00 | 0.00  | 7.00  | 20.00  | 0.00 | 0.00   | 200.01 | -*    | -*    | -*    | 0.00  | -*    | -*    | -*    | -*    | -*    | 200.01 | -*     | 0.00 |
| M51237 BRD: BREAD WG, Tst Marg 1sl      |        |      |       |        |       |       |       |       |        |      |        |        |       |       |       |       |       |       |       |       |       |        |        |      |
| 12.00 @ 1 slice                         | 110.00 | 1.33 | 10.91 | 160.00 | 4.33  | 35.45 | 15.00 | 3.00  | 0.00   | 1.00 | 1.33*  | 0.00   | -*    | -*    | -*    | 0.00  | -*    | -*    | -*    | -*    | -*    | 0.00   | -*     | 1.08 |
| M50543 FRUIT: BANANA (100-120ct) Whl    |        |      |       |        |       |       |       |       |        |      |        |        |       |       |       |       |       |       |       |       |       |        |        |      |
| 18.00 @ 1 each                          | 93.95  | 0.12 | 1.13  | 1.06   | 0.35  | 3.34  | 24.11 | 1.15  | 0.00   | 2.74 | 377.91 | 67.56  | 0.00  | 0.11  | 0.53  | 9.18  | 0.03  | 0.08  | 0.70  | 0.39  | 0.00  | 5.28   | 23.22  | 0.27 |
| M50745 FRUIT: APPLES, Warm Cinn 1/2c    |        |      |       |        |       |       |       |       |        |      |        |        |       |       |       |       |       |       |       |       |       |        |        |      |
| 12.00 @ 1/2 cup                         | 105.19 | 0.02 | 0.19  | 9.88   | 0.03  | 0.29  | 26.24 | 0.02  | 0.00   | 2.00 | 2.43*  | 0.93   | 0.00* | 0.01* | 0.06* | 0.14  | 0.00* | 0.00* | 0.01* | 0.00* | 0.00* | 2.28   | 0.46*  | 0.03 |
| M50982 JUICE SS, ORANGE 100% 4 FLOZ     |        |      |       |        |       |       |       |       |        |      |        |        |       |       |       |       |       |       |       |       |       |        |        |      |
| 38.00 @ 1 each                          | 51.44  | 0.00 | 0.00  | 15.43  | 0.00  | 0.00  | 12.35 | 1.03  | 0.00   | 0.00 | -*     | 0.00   | -*    | -*    | -*    | 43.21 | -*    | -*    | -*    | -*    | -*    | 0.00   | -*     | 0.00 |
| M53465 MILK SS, 1% WHITE 8 FLOZ         |        |      |       |        |       |       |       |       |        |      |        |        |       |       |       |       |       |       |       |       |       |        |        |      |
| 4.00 @ 1 carton                         | 110.00 | 1.50 | 12.28 | 130.00 | 2.50  | 20.46 | 13.00 | 8.00  | 10.00  | 0.00 | -*     | 500.00 | -*    | -*    | -*    | 2.40  | -*    | -*    | -*    | -*    | -*    | 300.00 | -*     | 0.00 |
| M51096 MILK SS, SKIM CHOCOLATE 8 FLOZ   |        |      |       |        |       |       |       |       |        |      |        |        |       |       |       |       |       |       |       |       |       |        |        |      |
| 15.00 @ 1 carton                        | 120.00 | 0.00 | 0.00  | 180.00 | 0.00  | 0.00  | 20.00 | 8.00  | 5.00   | 0.00 | -*     | 500.00 | -*    | -*    | -*    | 1.20  | -*    | -*    | -*    | -*    | -*    | 300.00 | -*     | 0.00 |
| M53222 COND PC Margarine 5g             |        |      |       |        |       |       |       |       |        |      |        |        |       |       |       |       |       |       |       |       |       |        |        |      |
| 9.00 @ 1 each                           | 30.00  | 1.00 | 30.00 | 30.00  | 3.00  | 90.00 | 0.00  | 0.00  | 0.00   | 0.00 | -*     | 500.00 | -*    | -*    | -*    | 0.00  | -*    | -*    | -*    | -*    | -*    | 0.00   | -*     | 0.00 |
| M50854 COND PC Jelly, #4 Smuckers       |        |      |       |        |       |       |       |       |        |      |        |        |       |       |       |       |       |       |       |       |       |        |        |      |
| 9.00 @ 1 each                           | 35.00  | 0.00 | 0.00  | 5.00   | 0.00  | 0.00  | 9.00  | 0.00  | 0.00   | 0.00 | -*     | 0.00   | -*    | -*    | -*    | 0.00  | -*    | -*    | -*    | -*    | -*    | 0.00   | -*     | 0.00 |
| M54465 MELT DONUT 1/2, EGG AM CH WG 1.0 |        |      |       |        |       |       |       |       |        |      |        |        |       |       |       |       |       |       |       |       |       |        |        |      |
| 24.00 @ 1 sandwich                      | 233.12 | 7.77 | 29.98 | 421.56 | 15.12 | 58.39 | 16.09 | 8.47  | 73.26  | 1.41 | 0.00*  | 243.73 | -*    | -*    | -*    | 0.00  | -*    | -*    | -*    | -*    | -*    | 146.23 | -*     | 0.64 |
| <b>Average</b>                          | 667.33 | 11.1 | 14.97 | 833.62 | 25.46 | 34.34 | 88.33 | 21.26 | 128.19 | 5.42 | 239.3* | 945.62 | 7.8*  | .05*  | .25*  | 46.46 | .01*  | .03*  | .31*  | .17*  | 0*    | 420.86 | 10.33* | 3.66 |

\* Some values for this nutrient are unavailable; the number listed is incomplete.

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Arbor Creek MS

**Service Area:** Arbor Creek - 6-8 - OVS

**Menu Name:** Arbor Creek MS 2018-2019 Menu - cycle 6 - week 5

**Avg.Method:** Weighted (USDA Default)

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\* Some values for this nutrient are unavailable; the number listed is incomplete.

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Arbor Creek MS

**Service Area:** Arbor Creek - 6-8 - OVS

**Menu Name:** Arbor Creek MS 2018-2019 Menu - cycle 6 - week 5

**Avg.Method:** Weighted (USDA Default)

**Age Group:** Lunch Grades 6-8      **Period:** Lunch      **Week:** 5      **Day:** Friday      **Count Type:** Forecasted      **Total No. of Customers:** 334

| Weekly Std. (Target 1) | SFA |       | Na (mg) | Fat      |     | CHO (g) | Pro (g) | Chol (mg) | Fiber (g) | K (mg) | Vit A (IU) | Vit D (IU) | Vit E (mg) | Vit K (mcg) | Vit C (mg) | Vit B1 (mg) | Vit B2 (mg) | Vit B3 (mg) | Vit B6 (mg) | Vit B12 (mcg) | Ca (mg) | P (mg) | Fe (mg) |          |
|------------------------|-----|-------|---------|----------|-----|---------|---------|-----------|-----------|--------|------------|------------|------------|-------------|------------|-------------|-------------|-------------|-------------|---------------|---------|--------|---------|----------|
|                        | CAL | (g)   |         | % of CAL | (g) |         |         |           |           |        |            |            |            |             |            |             |             |             |             |               |         |        |         | % of CAL |
| 600.00-700.00          |     | 10.00 | 1360.00 |          |     |         |         |           |           |        |            |            |            |             |            |             |             |             |             |               |         |        |         |          |

M51871 ORI ChixPop SwtSour Broc WG2.0

|                |        |      |      |        |       |       |       |       |       |      |         |        |       |       |        |       |       |       |       |       |       |       |        |      |
|----------------|--------|------|------|--------|-------|-------|-------|-------|-------|------|---------|--------|-------|-------|--------|-------|-------|-------|-------|-------|-------|-------|--------|------|
| 1.00 @ 8 fl oz | 323.27 | 2.83 | 7.88 | 481.36 | 15.08 | 41.99 | 30.22 | 17.39 | 22.49 | 5.03 | 138.31* | 660.73 | 0.00* | 0.68* | 37.13* | 41.61 | 0.05* | 0.04* | 0.36* | 0.15* | 0.00* | 63.95 | 28.48* | 2.45 |
|----------------|--------|------|------|--------|-------|-------|-------|-------|-------|------|---------|--------|-------|-------|--------|-------|-------|-------|-------|-------|-------|-------|--------|------|

M52193 RICE, Plain WG 1BG

|                |        |      |      |      |      |      |       |      |      |      |       |       |       |       |       |       |       |       |       |       |       |      |       |      |
|----------------|--------|------|------|------|------|------|-------|------|------|------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|------|-------|------|
| 1.00 @ 1/2 cup | 101.77 | 0.20 | 1.81 | 4.21 | 0.85 | 7.50 | 21.18 | 2.38 | 0.00 | 0.94 | 59.43 | 0.00* | 0.00* | 0.00* | 0.00* | 0.00* | 0.00* | 0.00* | 0.00* | 0.00* | 0.00* | 5.48 | 0.00* | 0.22 |
|----------------|--------|------|------|------|------|------|-------|------|------|------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|------|-------|------|

M50403 SALAD, Tky Chef SC W 2.25

|               |        |      |       |        |       |       |      |       |       |      |         |         |       |       |        |      |       |       |       |       |       |        |        |      |
|---------------|--------|------|-------|--------|-------|-------|------|-------|-------|------|---------|---------|-------|-------|--------|------|-------|-------|-------|-------|-------|--------|--------|------|
| 6.00 @ 1 each | 193.23 | 5.65 | 26.29 | 447.10 | 10.90 | 50.77 | 6.10 | 18.19 | 93.75 | 1.26 | 146.57* | 5264.52 | 0.00* | 0.12* | 43.60* | 7.46 | 0.04* | 0.04* | 0.25* | 0.06* | 0.00* | 248.35 | 17.48* | 1.14 |
|---------------|--------|------|-------|--------|-------|-------|------|-------|-------|------|---------|---------|-------|-------|--------|------|-------|-------|-------|-------|-------|--------|--------|------|

M51680 BRD: ROLL DG, WG 2.5oz

|               |        |      |      |        |      |       |       |      |      |      |    |      |    |    |    |      |    |    |    |    |    |       |    |      |
|---------------|--------|------|------|--------|------|-------|-------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|-------|----|------|
| 6.00 @ 1 each | 170.00 | 0.50 | 2.65 | 135.00 | 3.00 | 15.88 | 28.00 | 7.00 | 0.00 | 3.40 | -* | 0.01 | -* | -* | -* | 0.01 | -* | -* | -* | -* | -* | 12.70 | -* | 0.85 |
|---------------|--------|------|------|--------|------|-------|-------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|-------|----|------|

M53318 SUB AP, CHam AM WG 2.0

|               |        |      |       |        |       |       |       |       |       |      |         |         |       |       |        |      |       |       |       |       |       |        |        |      |
|---------------|--------|------|-------|--------|-------|-------|-------|-------|-------|------|---------|---------|-------|-------|--------|------|-------|-------|-------|-------|-------|--------|--------|------|
| 6.00 @ 1 each | 279.93 | 5.27 | 16.94 | 838.69 | 11.39 | 36.63 | 32.04 | 15.60 | 45.00 | 3.94 | 137.21* | 2905.42 | 0.00* | 0.19* | 31.30* | 5.02 | 0.03* | 0.02* | 0.26* | 0.04* | 0.00* | 202.19 | 15.31* | 1.97 |
|---------------|--------|------|-------|--------|-------|-------|-------|-------|-------|------|---------|---------|-------|-------|--------|------|-------|-------|-------|-------|-------|--------|--------|------|

M50962 SDW BD, SBJ WG 2.0

|                   |        |      |      |        |       |       |       |       |      |      |         |      |       |    |    |      |    |    |    |    |    |       |    |      |
|-------------------|--------|------|------|--------|-------|-------|-------|-------|------|------|---------|------|-------|----|----|------|----|----|----|----|----|-------|----|------|
| 2.00 @ 1 sandwich | 658.38 | 3.99 | 5.45 | 579.16 | 35.89 | 49.06 | 69.87 | 19.95 | 0.00 | 5.99 | 378.78* | 0.00 | 0.00* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 59.81 | -* | 5.35 |
|-------------------|--------|------|------|--------|-------|-------|-------|-------|------|------|---------|------|-------|----|----|------|----|----|----|----|----|-------|----|------|

M53347 SDW BD, SB WG 2.0

|                   |        |      |      |        |       |       |       |       |      |      |         |      |       |    |    |      |    |    |    |    |    |       |    |      |
|-------------------|--------|------|------|--------|-------|-------|-------|-------|------|------|---------|------|-------|----|----|------|----|----|----|----|----|-------|----|------|
| 2.00 @ 1 sandwich | 558.71 | 3.99 | 6.42 | 579.16 | 35.89 | 57.81 | 43.95 | 19.95 | 0.00 | 5.99 | 378.78* | 0.00 | 0.00* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 59.81 | -* | 5.35 |
|-------------------|--------|------|------|--------|-------|-------|-------|-------|------|------|---------|------|-------|----|----|------|----|----|----|----|----|-------|----|------|

M51578 PIZZA 16" CHZ WG 2.0

|                 |        |      |       |        |       |       |       |       |       |      |    |        |    |    |    |      |    |    |    |    |    |        |    |      |
|-----------------|--------|------|-------|--------|-------|-------|-------|-------|-------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 40.00 @ 1/8 cut | 351.26 | 7.50 | 19.22 | 810.03 | 15.50 | 39.72 | 30.87 | 19.38 | 30.00 | 3.25 | -* | 403.18 | -* | -* | -* | 0.90 | -* | -* | -* | -* | -* | 419.72 | -* | 1.13 |
|-----------------|--------|------|-------|--------|-------|-------|-------|-------|-------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M53000 PIZZA 16" Pepperoni WG 2.0

|                 |        |      |       |        |       |       |       |       |       |      |    |        |    |    |    |      |    |    |    |    |    |        |    |      |
|-----------------|--------|------|-------|--------|-------|-------|-------|-------|-------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 40.00 @ 1/8 cut | 388.75 | 9.00 | 20.84 | 937.53 | 19.00 | 43.99 | 31.12 | 20.88 | 37.50 | 3.25 | -* | 403.18 | -* | -* | -* | 0.90 | -* | -* | -* | -* | -* | 419.72 | -* | 1.22 |
|-----------------|--------|------|-------|--------|-------|-------|-------|-------|-------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M51436 BEEF Finger, AP WG 2.0

|                |        |      |       |        |       |       |       |       |       |      |    |      |    |    |    |      |    |    |    |    |    |       |    |      |
|----------------|--------|------|-------|--------|-------|-------|-------|-------|-------|------|----|------|----|----|----|------|----|----|----|----|----|-------|----|------|
| 60.00 @ 4 each | 310.03 | 4.50 | 13.06 | 320.03 | 19.00 | 55.16 | 20.00 | 15.00 | 35.00 | 3.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 40.00 | -* | 2.70 |
|----------------|--------|------|-------|--------|-------|-------|-------|-------|-------|------|----|------|----|----|----|------|----|----|----|----|----|-------|----|------|

M51680 BRD: ROLL DG, WG 2.5oz

|                |        |      |      |        |      |       |       |      |      |      |    |      |    |    |    |      |    |    |    |    |    |       |    |      |
|----------------|--------|------|------|--------|------|-------|-------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|-------|----|------|
| 60.00 @ 1 each | 170.00 | 0.50 | 2.65 | 135.00 | 3.00 | 15.88 | 28.00 | 7.00 | 0.00 | 3.40 | -* | 0.01 | -* | -* | -* | 0.01 | -* | -* | -* | -* | -* | 12.70 | -* | 0.85 |
|----------------|--------|------|------|--------|------|-------|-------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|-------|----|------|

M51417 BURG, Beef AP WG 2.0

\* Some values for this nutrient are unavailable; the number listed is incomplete.

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Arbor Creek MS

**Service Area:** Arbor Creek - 6-8 - OVS

**Menu Name:** Arbor Creek MS 2018-2019 Menu - cycle 6 - week 5

**Avg.Method:** Weighted (USDA Default)

|   |        |       |       |         |       |       |       |       |       |      |        |         |      |      |       |       |      |      |      |      |      |        |       |      |
|---|--------|-------|-------|---------|-------|-------|-------|-------|-------|------|--------|---------|------|------|-------|-------|------|------|------|------|------|--------|-------|------|
| 24.00 @ 1 each  | 240.00 | 2.00  | 7.50  | 345.00  | 7.00  | 26.25 | 29.00 | 16.00 | 25.00 | 2.00 | -*     | 0.00    | -*   | -*   | -*    | 0.00  | -*   | -*   | -*   | -*   | -*   | 60.00  | -*    | 2.88 |
| M50821 BURG, Beef AM AP WG 2.25                       |        |       |       |         |       |       |       |       |       |      |        |         |      |      |       |       |      |      |      |      |      |        |       |      |
| 36.00 @ 1 each  | 285.00 | 4.25  | 13.42 | 545.00  | 10.50 | 33.16 | 29.50 | 18.50 | 37.50 | 2.00 | -*     | 100.00  | -*   | -*   | -*    | 0.00  | -*   | -*   | -*   | -*   | -*   | 135.00 | -*    | 2.88 |
| M53770 SDW BN, CHIXPTY PLN WG/WG2.0 MWWW              |        |       |       |         |       |       |       |       |       |      |        |         |      |      |       |       |      |      |      |      |      |        |       |      |
| 24.00 @ 1 sandwich                                    | 339.76 | 1.50  | 3.97  | 589.66  | 10.99 | 29.11 | 35.99 | 23.98 | 44.95 | 5.00 | -*     | 0.00    | -*   | -*   | -*    | 0.00  | -*   | -*   | -*   | -*   | -*   | 40.00  | -*    | 2.52 |
| M52952 SDW BN, CHIXPTY BRD SPCY WG/WG 2.0 MWWW        |        |       |       |         |       |       |       |       |       |      |        |         |      |      |       |       |      |      |      |      |      |        |       |      |
| 24.00 @ 1 sandwich                                    | 339.86 | 2.00  | 5.29  | 629.77  | 11.99 | 31.76 | 35.99 | 23.99 | 44.97 | 3.00 | -*     | 0.00    | -*   | -*   | -*    | 0.00  | -*   | -*   | -*   | -*   | -*   | 40.00  | -*    | 2.88 |
| M53275 MELT BD, AM WG 2.0                             |        |       |       |         |       |       |       |       |       |      |        |         |      |      |       |       |      |      |      |      |      |        |       |      |
| 20.00 @ 1 sandwich                                    | 385.00 | 11.25 | 26.30 | 1320.00 | 19.50 | 45.58 | 32.50 | 18.50 | 62.50 | 2.00 | -*     | 500.00  | -*   | -*   | -*    | 0.00  | -*   | -*   | -*   | -*   | -*   | 375.00 | -*    | 2.16 |
| M55023 VEG: MIXED STIR-FRY 1/2C                       |        |       |       |         |       |       |       |       |       |      |        |         |      |      |       |       |      |      |      |      |      |        |       |      |
| 15.00 @ 1/2 cup                                       | 26.20  | 0.04  | 1.48  | 20.21   | 0.27  | 9.11  | 5.83  | 1.01  | 0.00  | 1.88 | 169.84 | 3812.99 | 0.00 | 0.55 | 49.20 | 31.88 | 0.04 | 0.04 | 0.33 | 0.12 | 0.00 | 26.50  | 28.89 | 0.36 |
| M50431 VEG: CARROTS, Fresh Baby 1/2c                  |        |       |       |         |       |       |       |       |       |      |        |         |      |      |       |       |      |      |      |      |      |        |       |      |
| 30.00 @ 1/2 cup                                       | 24.80  | 0.02  | 0.59  | 55.28   | 0.09  | 3.34  | 5.84  | 0.45  | 0.00  | 2.06 | 167.96 | 9772.87 | 0.00 | -*   | 6.66  | 1.84  | 0.02 | 0.03 | 0.39 | 0.07 | 0.00 | 22.68  | 19.84 | 0.63 |
| M52149 VEG: SALAD, Side RomMix SC1c                   |        |       |       |         |       |       |       |       |       |      |        |         |      |      |       |       |      |      |      |      |      |        |       |      |
| 10.00 @ 1 cup   | 13.23  | 0.02  | 1.38  | 12.10   | 0.15  | 10.29 | 2.85  | 0.69  | 0.00  | 1.26 | 146.56 | 4976.16 | 0.00 | 0.12 | 43.60 | 7.46  | 0.04 | 0.04 | 0.25 | 0.06 | 0.00 | 19.84  | 17.48 | 0.47 |
| M53419 VEG: POTATO, FF CTINAGEN7 1/2C                 |        |       |       |         |       |       |       |       |       |      |        |         |      |      |       |       |      |      |      |      |      |        |       |      |
| 225.00 @ 1/2 cup                                      | 119.99 | 1.33  | 10.00 | 133.32  | 4.67  | 35.00 | 17.33 | 2.00  | 0.00  | 2.00 | 259.98 | 0.00    | -*   | -*   | -*    | 3.20  | -*   | -*   | -*   | -*   | -*   | 0.00   | -*    | 0.48 |
| M50543 FRUIT: BANANA (100-120ct) Whl                  |        |       |       |         |       |       |       |       |       |      |        |         |      |      |       |       |      |      |      |      |      |        |       |      |
| 50.00 @ 1 each  | 93.95  | 0.12  | 1.13  | 1.06    | 0.35  | 3.34  | 24.11 | 1.15  | 0.00  | 2.74 | 377.91 | 67.56   | 0.00 | 0.11 | 0.53  | 9.18  | 0.03 | 0.08 | 0.70 | 0.39 | 0.00 | 5.28   | 23.22 | 0.27 |
| M52271 FRUIT: PEARS, Dice w/Jc 1/2c                   |        |       |       |         |       |       |       |       |       |      |        |         |      |      |       |       |      |      |      |      |      |        |       |      |
| 120.00 @ 1/2 cup                                      | 60.66  | 0.00  | 0.00  | 10.11   | 0.00  | 0.00  | 14.15 | 0.00  | 0.00  | 2.02 | 80.89  | 0.00    | -*   | -*   | -*    | 0.00  | -*   | -*   | -*   | -*   | -*   | 0.00   | -*    | 0.00 |
| M53365 JUICE SS, Grape100% 4oz Cart                   |        |       |       |         |       |       |       |       |       |      |        |         |      |      |       |       |      |      |      |      |      |        |       |      |
| 148.00 @ 1 each                                       | 80.00  | 0.00  | 0.00  | 15.00   | 0.00  | 0.00  | 18.00 | 1.00  | 0.00  | 0.00 | -*     | 0.00    | -*   | -*   | -*    | 0.00  | -*   | -*   | -*   | -*   | -*   | 0.00   | -*    | 0.00 |
| M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50       |        |       |       |         |       |       |       |       |       |      |        |         |      |      |       |       |      |      |      |      |      |        |       |      |
| 62.00 @ 1 carton                                      | 110.00 | 1.50  | 12.28 | 130.00  | 2.50  | 20.46 | 13.00 | 8.00  | 10.00 | 0.00 | -*     | 500.00  | -*   | -*   | -*    | 2.40  | -*   | -*   | -*   | -*   | -*   | 300.00 | -*    | 0.00 |
| M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50 |        |       |       |         |       |       |       |       |       |      |        |         |      |      |       |       |      |      |      |      |      |        |       |      |
| 240.00 @ 1 carton                                     | 120.00 | 0.00  | 0.00  | 180.00  | 0.00  | 0.00  | 20.00 | 8.00  | 5.00  | 0.00 | -*     | 500.00  | -*   | -*   | -*    | 1.20  | -*   | -*   | -*   | -*   | -*   | 300.00 | -*    | 0.00 |

\* Some values for this nutrient are unavailable; the number listed is incomplete.

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Arbor Creek MS

**Service Area:** Arbor Creek - 6-8 - OVS

**Menu Name:** Arbor Creek MS 2018-2019 Menu - cycle 6 - week 5

**Avg.Method:** Weighted (USDA Default)

M50855 COND PC Ketchup 9g Heinz

|                 |       |      |      |       |      |      |      |      |      |      |    |      |    |    |    |      |    |    |    |    |    |      |    |      |
|-----------------|-------|------|------|-------|------|------|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|
| 200.00 @ 1 each | 10.00 | 0.00 | 0.00 | 85.00 | 0.00 | 0.00 | 3.00 | 0.00 | 0.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
|-----------------|-------|------|------|-------|------|------|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|

M50055 COND PC Mayonnaise 12g

|               |       |      |       |       |      |       |      |      |      |      |    |      |    |    |    |      |    |    |    |    |    |      |    |      |
|---------------|-------|------|-------|-------|------|-------|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|
| 5.00 @ 1 each | 80.00 | 1.50 | 16.87 | 75.00 | 8.00 | 90.00 | 1.00 | 0.00 | 5.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
|---------------|-------|------|-------|-------|------|-------|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|

M50284 COND PC Mustard 6g

|                |      |      |   |       |      |   |      |      |      |      |    |      |    |    |    |      |    |    |    |    |    |      |    |      |
|----------------|------|------|---|-------|------|---|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|
| 10.00 @ 1 each | 0.00 | 0.00 | - | 65.00 | 0.00 | - | 1.00 | 0.00 | 0.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
|----------------|------|------|---|-------|------|---|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|

M53222 COND PC Margarine 5g

|                |       |      |       |       |      |       |      |      |      |      |    |        |    |    |    |      |    |    |    |    |    |      |    |      |
|----------------|-------|------|-------|-------|------|-------|------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|------|----|------|
| 40.00 @ 1 each | 30.00 | 1.00 | 30.00 | 30.00 | 3.00 | 90.00 | 0.00 | 0.00 | 0.00 | 0.00 | -* | 500.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
|----------------|-------|------|-------|-------|------|-------|------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|------|----|------|

M50624 COND PC Drsg Ranch 12g

|                |       |      |      |        |      |       |      |      |      |      |    |      |    |    |    |      |    |    |    |    |    |      |    |      |
|----------------|-------|------|------|--------|------|-------|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|
| 51.00 @ 1 each | 50.00 | 0.00 | 0.00 | 100.00 | 5.00 | 90.00 | 1.00 | 0.00 | 5.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
|----------------|-------|------|------|--------|------|-------|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|

M50623 COND PC Drsg Italian 12g

|               |       |      |      |        |      |       |      |      |      |      |    |        |    |    |    |      |    |    |    |    |    |      |    |      |
|---------------|-------|------|------|--------|------|-------|------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|------|----|------|
| 1.00 @ 1 each | 30.00 | 0.00 | 0.00 | 130.00 | 3.00 | 90.00 | 0.00 | 0.00 | 0.00 | 0.00 | -* | 100.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
|---------------|-------|------|------|--------|------|-------|------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|------|----|------|

M53116 COND PC Drsg Honey Mustard 12g

|               |       |      |      |       |      |      |      |      |      |      |    |      |    |    |    |      |    |    |    |    |    |      |    |      |
|---------------|-------|------|------|-------|------|------|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|
| 7.00 @ 1 each | 15.00 | 0.00 | 0.00 | 65.00 | 0.00 | 0.00 | 4.00 | 0.00 | 0.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
|---------------|-------|------|------|-------|------|------|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|

M50056 COND PC Sauce, Taco 9g

|               |      |      |      |       |      |      |      |      |      |      |    |      |    |    |    |      |    |    |    |    |    |      |    |      |
|---------------|------|------|------|-------|------|------|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|
| 9.00 @ 1 each | 5.00 | 0.00 | 0.00 | 55.00 | 0.00 | 0.00 | 1.00 | 0.00 | 0.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
|---------------|------|------|------|-------|------|------|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|

M50287 COND PC SAUCE, BBQ 12G PKT

|                |       |      |      |        |      |      |      |      |      |      |    |        |    |    |    |      |    |    |    |    |    |      |    |      |
|----------------|-------|------|------|--------|------|------|------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|------|----|------|
| 60.00 @ 1 each | 15.00 | 0.00 | 0.00 | 160.00 | 0.00 | 0.00 | 4.00 | 0.00 | 0.00 | 0.00 | -* | 100.00 | -* | -* | -* | 0.60 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
|----------------|-------|------|------|--------|------|------|------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|------|----|------|

M50063 COND\_Sauce, Buffalo Wing AP

|                         |      |      |      |        |      |       |      |      |      |      |       |      |    |    |    |      |    |    |    |    |    |      |    |      |
|-------------------------|------|------|------|--------|------|-------|------|------|------|------|-------|------|----|----|----|------|----|----|----|----|----|------|----|------|
| 20.00 @ 1<br>tablespoon | 4.38 | 0.02 | 4.79 | 363.06 | 0.22 | 45.51 | 0.48 | 0.11 | 0.17 | 0.12 | 21.32 | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 2.22 | -* | 0.07 |
|-------------------------|------|------|------|--------|------|-------|------|------|------|------|-------|------|----|----|----|------|----|----|----|----|----|------|----|------|

M51445 VEG GARN: Rom Leaf/Tom Sl

|                   |      |      |      |      |      |       |      |      |      |      |       |         |      |      |       |      |      |      |      |      |      |      |      |      |
|-------------------|------|------|------|------|------|-------|------|------|------|------|-------|---------|------|------|-------|------|------|------|------|------|------|------|------|------|
| 30.00 @ 1 serving | 4.96 | 0.01 | 1.72 | 1.84 | 0.07 | 12.86 | 1.02 | 0.30 | 0.00 | 0.47 | 68.61 | 1352.71 | 0.00 | 0.09 | 15.65 | 2.51 | 0.02 | 0.01 | 0.13 | 0.02 | 0.00 | 6.10 | 7.65 | 0.18 |
|-------------------|------|------|------|------|------|-------|------|------|------|------|-------|---------|------|------|-------|------|------|------|------|------|------|------|------|------|

M50412 COND\_Pickle, Dill Slice 3ea

|                 |      |      |      |        |      |       |      |      |      |      |    |      |    |    |    |      |    |    |    |    |    |       |    |      |
|-----------------|------|------|------|--------|------|-------|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|-------|----|------|
| 30.00 @ 3 slice | 2.43 | 0.01 | 4.72 | 243.11 | 0.07 | 25.17 | 0.36 | 0.10 | 0.00 | 0.21 | -* | 0.00 | -* | -* | -* | 0.32 | -* | -* | -* | -* | -* | 12.97 | -* | 0.08 |
|-----------------|------|------|------|--------|------|-------|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|-------|----|------|

M52217 FRUIT: APPLE, 138ct Whole 1c

|                |       |      |      |      |      |      |       |      |      |      |        |       |      |      |      |      |      |      |      |      |      |      |       |      |
|----------------|-------|------|------|------|------|------|-------|------|------|------|--------|-------|------|------|------|------|------|------|------|------|------|------|-------|------|
| 24.00 @ 1 each | 62.21 | 0.03 | 0.48 | 1.20 | 0.20 | 2.94 | 16.52 | 0.31 | 0.00 | 2.87 | 128.00 | 64.60 | 0.00 | 0.22 | 2.63 | 5.50 | 0.02 | 0.03 | 0.11 | 0.05 | 0.00 | 7.18 | 13.16 | 0.14 |
|----------------|-------|------|------|------|------|------|-------|------|------|------|--------|-------|------|------|------|------|------|------|------|------|------|------|-------|------|

M67420 ENT: PLATE, CHIXNUGMWWW POPSPCY CELWFRIES BRDSTKPB WG2 FUEL3

|                   |        |      |      |         |       |       |       |       |       |      |         |        |       |       |        |      |       |       |       |       |       |       |        |      |
|-------------------|--------|------|------|---------|-------|-------|-------|-------|-------|------|---------|--------|-------|-------|--------|------|-------|-------|-------|-------|-------|-------|--------|------|
| 24.00 @ 1 serving | 521.28 | 4.92 | 8.49 | 1120.82 | 25.41 | 43.88 | 48.93 | 21.51 | 31.15 | 6.51 | 435.45* | 350.08 | 0.00* | 0.17* | 18.17* | 5.12 | 0.01* | 0.04* | 0.20* | 0.05* | 0.00* | 73.02 | 14.88* | 2.72 |
|-------------------|--------|------|------|---------|-------|-------|-------|-------|-------|------|---------|--------|-------|-------|--------|------|-------|-------|-------|-------|-------|-------|--------|------|

\* Some values for this nutrient are unavailable; the number listed is incomplete.

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Arbor Creek MS

**Service Area:** Arbor Creek - 6-8 - OVS

**Menu Name:** Arbor Creek MS 2018-2019 Menu - cycle 6 - week 5

**Avg.Method:** Weighted (USDA Default)

|                |        |      |      |         |       |       |       |       |       |      |         |          |    |      |       |       |      |      |      |      |    |        |        |      |
|----------------|--------|------|------|---------|-------|-------|-------|-------|-------|------|---------|----------|----|------|-------|-------|------|------|------|------|----|--------|--------|------|
| <b>Average</b> | 641.92 | 6.36 | 8.92 | 1064.28 | 20.27 | 28.42 | 84.14 | 28.42 | 41.51 | 6.76 | 346.03* | 2175.72* | 0* | .09* | 8.55* | 8.35* | .02* | .02* | .21* | .08* | 0* | 449.79 | 10.46* | 2.78 |
|----------------|--------|------|------|---------|-------|-------|-------|-------|-------|------|---------|----------|----|------|-------|-------|------|------|------|------|----|--------|--------|------|

\* Some values for this nutrient are unavailable; the number listed is incomplete.

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