



# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Southridge ES

**Service Area:** Southridge - K-5 - OVS

**Menu Name:** Southridge ES: 2018 BIC Menu - cycle 3 - week 5

**Avg.Method:** Balanced

**Age Group:** Brkfst Grades K-5      **Period:** Breakfast      **Week:** 5      **Day:** Monday      **Count Type:** Forecasted      **Total No. of Customers:** 453

Weekly Std.	SFA		Na (mg)	Fat		CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)	
	CAL	% of CAL (g)		% of CAL (g)	% of CAL (g)																			
350.00-500.00		10.00	540.00																			60.00		
M51274 BRD: FR TST AP, Cinn WG IW																								
471.00 @ 1 pouch	220.00	1.00	4.09	200.00	7.00	28.64	37.00	4.00	0.00	2.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	60.00	-*	1.44
M54353 FRUIT: CUP SS, APPLESC SHLF-STBL 1/2C																								
158.00 @ 1 each	50.00	0.00	0.00	15.00	0.00	0.00	14.00	0.00	0.00	1.00	-*	0.00	-*	-*	-*	60.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M55543 JUICE SS, TROPICANA APPLE 100% 4.23FLOZ BOX SHLF-STBL																								
468.00 @ 1 each	60.00	0.00	0.00	10.00	0.00	0.00	14.00	0.00	0.00	0.00	120.00	0.00	-*	-*	-*	15.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50																								
52.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00
M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50																								
394.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00
<b>Average</b>	425.17	1.21	2.57	394.99	7.57	16.01	76.7	12.04	5.5	2.43	123.97*	492.28	-*	-*	-*	37.74	-*	-*	-*	-*	-*	357.75	-*	1.5

\* Some values for this nutrient are unavailable; the number listed is incomplete.

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Southridge ES

**Service Area:** Southridge - K-5 - OVS

**Menu Name:** Southridge ES: 2018 BIC Menu - cycle 3 - week 5

**Avg.Method:** Balanced

**Age Group:** Brkfst Grades K-5      **Period:** Breakfast      **Week:** 5      **Day:** Tuesday      **Count Type:** Forecasted      **Total No. of Customers:** 444

Weekly Std.	SFA		Na (mg)	Fat		CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)	
	CAL	(g)		% of CAL	(g)																			% of CAL
	350.00-500.00		10.00	540.00																	300.00			
M53103 STICKS, KOLACHES MORNGSSG RS WG 1.0 1EA																								
458.00 @ 1 each	170.00	1.00	5.30	280.00	4.00	21.18	28.00	5.00	20.00	3.00	-*	1000.17	-*	-*	-*	0.00	-*	-*	-*	-*	-*	40.01	-*	1.80
M52811 FRUIT: CRAISINS, SS Strawb1.16																								
149.00 @ 1 each	110.00	0.00	0.00	0.00	0.00	0.00	28.00	0.00	0.00	3.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	0.00	-*	0.00	
M55542 JUICE SS, TROPICANA ORANGE 100% 4.23FLOZ BOX SHLF-STBL																								
438.00 @ 1 each	60.00	0.00	0.00	5.00	0.00	0.00	14.00	1.00	0.00	0.00	220.00	0.00	-*	-*	-*	18.00	-*	-*	-*	-*	0.00	-*	0.00	
M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50																								
43.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	300.00	-*	0.00	
M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50																								
392.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	300.00	-*	0.00	
<b>Average</b>	388.07	1.18	2.73	465.27	4.37	10.13	71.01	13.98	26.01	4.1	217.03*	1521.57	-*	-*	-*	19.05	-*	-*	-*	-*	335.19	-*	1.86	

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Southridge ES

**Service Area:** Southridge - K-5 - OVS

**Menu Name:** Southridge ES: 2018 BIC Menu - cycle 3 - week 5

**Avg.Method:** Balanced

**Age Group:** Brkfst Grades K-5      **Period:** Breakfast      **Week:** 5      **Day:** Wednesday      **Count Type:** Forecasted      **Total No. of Customers:** 453

Weekly Std.	SFA		Na (mg)	Fat		CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)
	CAL	(g)		% of CAL	(g)																		
350.00-500.00		10.00	540.00																		300.00		

M50208 CEREAL BWL, CinnTstCrnch RS WG

468.00 @ 1 bowl	110.00	0.50	4.09	160.00	3.00	24.54	22.00	1.00	0.00	3.00	-*	400.01	-*	-*	-*	4.80	-*	-*	-*	-*	-*	200.01	-*	3.60
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M52695 CHEESE, MZ String LF 1ea 1.0

468.00 @ 1 stick	60.00	2.00	30.00	200.01	3.00	45.00	1.00	7.00	10.00	0.00	0.00	200.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	200.01	-*	0.00
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M53799 FRUIT: APPLE, Slcd IW 2oz

216.00 @ 1 each	30.00	0.00	0.00	0.00	0.00	0.00	7.00	0.00	0.00	1.00	-*	0.00	-*	-*	-*	21.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M55541 JUICE SS, TROPICANA STRW KIWI 100% 4.23FLOZ BOX SHLF-STBL

449.00 @ 1 each	60.00	0.00	0.00	10.00	0.00	0.00	15.00	0.00	0.00	0.00	120.00	0.00	-*	-*	-*	18.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50

78.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00
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M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50

369.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00
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<b>Average</b>	366.1	2.84	6.99	550.85	6.63	16.3	60.5	16.16	16.13	3.58	118.94*	1113.27	-*	-*	-*	34.2	-*	-*	-*	-*	-*	709.28	-*	3.72
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**Location:** Lewisville ISD Southridge ES

**Service Area:** Southridge - K-5 - OVS

**Menu Name:** Southridge ES: 2018 BIC Menu - cycle 3 - week 5

**Avg.Method:** Balanced

**Age Group:** Brkfst Grades K-5      **Period:** Breakfast      **Week:** 5      **Day:** Thursday      **Count Type:** Forecasted      **Total No. of Customers:** 455

Weekly Std.	SFA		Na (mg)	Fat		CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)	
	CAL	% of CAL		% of CAL	% of CAL																			
M51278 PIZZA AP EggSausChzSldrWG.75IW	350.00-500.00		10.00	540.00																				
470.00 @ 1 package	160.00	1.50	8.44	290.01	4.50	25.31	22.00	8.00	30.00	2.00	150.00	100.00	-*	-*	-*	0.00	-*	-*	-*	-*	80.00	-*	1.44	
M50722 FRUIT: RAISINS, SS BOX																								
57.00 @ 1 each	127.15	0.02	0.17	4.68	0.20	1.38	33.67	1.31	0.00	1.57	318.51	0.00	0.00	0.05	1.49	0.98	0.05	0.05	0.33	0.07	0.00	21.26	42.95	0.80
M55543 JUICE SS, TROPICANA APPLE 100% 4.23FLOZ BOX SHLF-STBL																								
426.00 @ 1 each	60.00	0.00	0.00	10.00	0.00	0.00	14.00	0.00	0.00	0.00	120.00	0.00	-*	-*	-*	15.00	-*	-*	-*	-*	0.00	-*	0.00	
M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50																								
46.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	300.00	-*	0.00	
M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50																								
402.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	300.00	-*	0.00	
<b>Average</b>	354.53	1.7	4.33	481.69	4.93	12.5	59.04	16.3	36.42	2.26	307.2*	595.61	0*	.01*	.19*	15.47	.01*	.01*	.04*	.01*	0*	380.69	5.38*	1.59

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**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Southridge ES

**Service Area:** Southridge - K-5 - OVS

**Menu Name:** Southridge ES: 2018 BIC Menu - cycle 3 - week 5

**Avg.Method:** Balanced

**Age Group:** Brkfst Grades K-5      **Period:** Breakfast      **Week:** 5      **Day:** Friday      **Count Type:** Forecasted      **Total No. of Customers:** 436

Weekly Std.	SFA		Na (mg)	Fat		CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)	
	CAL	(g)		% of CAL	(g)																			% of CAL
	350.00-500.00		10.00	540.00																		5.28		
M66454 BRD: CRESCENT AP, FILLED CHOCOLATE WG IW																								
453.00 @ 1 pouch	230.00	1.50	5.87	270.00	8.00	31.30	37.00	6.00	0.00	2.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	20.00	-*	1.44
M50543 FRUIT: BANANA (100-120ct) Whl																								
290.00 @ 1 each	93.95	0.12	1.13	1.06	0.35	3.34	24.11	1.15	0.00	2.74	377.91	67.56	0.00	0.11	0.53	9.18	0.03	0.08	0.70	0.39	0.00	5.28	23.22	0.27
M55542 JUICE SS, TROPICANA ORANGE 100% 4.23FLOZ BOX SHLF-STBL																								
428.00 @ 1 each	60.00	0.00	0.00	5.00	0.00	0.00	14.00	1.00	0.00	0.00	220.00	0.00	-*	-*	-*	18.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50																								
52.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00
M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50																								
379.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00
<b>Average</b>	477.79	1.82	3.42	458.11	8.84	16.66	87.16	15.89	5.54	3.9	467.32*	539.21	0*	.07*	.35*	25.11	.02*	.05*	.47*	.26*	0*	320.85	15.45*	1.68

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