



# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District  
**Location:** Lewisville ISD Marcus HS  
**Service Area:** Marcus - 9-12 - OVS  
**Menu Name:** Marcus HS 2018 Menu - cycle 4 - week 1  
**Avg.Method:** Balanced

**Age Group:** Brkfst Grades K-12      **Period:** Breakfast      **Week:** 1      **Day:** Monday      **Count Type:** Forecasted      **Total No. of Customers:** 30

Weekly Std.	SFA		Na (mg)	Fat		CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)
	CAL	(g)		% of CAL	(g)																		
450.00-500.00		10.00	540.00																		0.00		

M51274 BRD: FR TST AP, Cinn WG IW

11.99 @ 1 pouch	220.00	1.00	4.09	200.00	7.00	28.64	37.00	4.00	0.00	2.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	60.00	-*	1.44
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M51231 SDW BN, EggSausSS AM WG 1.0

11.99 @ 1 sandwich	224.62	3.31	13.25	562.67	8.45	33.87	28.01	10.22	83.08	2.00	-*	187.63	-*	-*	-*	0.00	-*	-*	-*	-*	-*	135.19	-*	1.78
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M50205 CEREAL HOT, Oatmeal (2BG)

6.01 @ 1 cup	212.61	0.71	3.00	6.51	4.25	18.00	38.27	7.09	0.00	5.67	2.17*	0.00	0.00*	0.00*	0.00*	0.00	0.00*	0.00*	0.00*	0.00*	0.00*	6.51	0.00*	2.55
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M50209 COND\_Sugar, Cinnamon

4.00 @ 1 1/8 tablespoon	51.21	0.00	0.03	0.17	0.01	0.09	13.30	0.02	0.00	0.23	2.13	1.28	0.00	0.01	0.14	0.02	0.00	0.00	0.01	0.00	0.00	4.49	0.28	0.04
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M50439 CEREAL BWL, Cheerios WG

0.36 @ 1 bowl	100.00	0.50	4.50	140.00	2.00	18.00	20.00	3.00	0.00	3.00	-*	500.01	-*	-*	-*	6.00	-*	-*	-*	-*	-*	100.00	-*	8.10
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M50208 CEREAL BWL, CinnTstCrnch RS WG

1.44 @ 1 bowl	110.00	0.50	4.09	160.00	3.00	24.54	22.00	1.00	0.00	3.00	-*	400.01	-*	-*	-*	4.80	-*	-*	-*	-*	-*	200.01	-*	3.60
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M50442 CEREAL BWL, Cocoa Puffs RS WG

1.44 @ 1 bowl	110.05	0.00	0.00	160.08	1.50	12.27	25.01	2.00	0.00	2.00	-*	500.25	-*	-*	-*	6.00	-*	-*	-*	-*	-*	100.05	-*	4.50
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M50524 CEREAL BWL, Lucky Charms WG

1.44 @ 1 bowl	110.00	0.00	0.00	180.00	1.00	8.18	23.00	2.00	0.00	2.00	-*	500.01	-*	-*	-*	6.00	-*	-*	-*	-*	-*	100.00	-*	4.50
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M52728 BRD: BAR, Cereal TeamCh WG IW

4.00 @ 1 each	150.00	0.50	3.00	85.00	3.50	21.00	30.00	2.00	0.00	3.00	-*	100.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	200.00	-*	4.50
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M52695 CHEESE, MZ String LF 1ea 1.0

4.00 @ 1 stick	60.00	2.00	30.00	200.01	3.00	45.00	1.00	7.00	10.00	0.00	0.00	200.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	200.01	-*	0.00
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M51237 BRD: BREAD WG, Tst Marg 1sl

4.00 @ 1 slice	110.00	1.33	10.91	160.00	4.33	35.45	15.00	3.00	0.00	1.00	1.33*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	1.08
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M52975 BRD: WAFFLE, RS SS WG (3.25BG)

\* Some values for this nutrient are unavailable; the number listed is incomplete.

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Marcus HS

**Service Area:** Marcus - 9-12 - OVS

**Menu Name:** Marcus HS 2018 Menu - cycle 4 - week 1

**Avg.Method:** Balanced

6.01 @ 1 each	240.06	0.00	0.00	506.14	2.86	10.71	50.30	6.86	0.00	6.86	1.05*	0.00	0.00*	0.00*	0.00*	0.00	0.00*	0.00*	0.00*	0.00*	0.00*	288.94	0.00*	3.09
M52659 FRUIT: APPLES, Warm Cinn 1/8c																								
4.00 @ 1/8 cup	26.30	0.01	0.19	2.47	0.01	0.29	6.56	0.00	0.00	0.50	0.61*	0.23	0.00*	0.00*	0.01*	0.04	0.00*	0.00*	0.00*	0.00*	0.00*	0.57	0.12*	0.01
M54565 FRUIT: STRAWBERRIES, SLCD (USDA) W/SYR FRZ 1/4C																								
4.00 @ 1/4 cup	59.67	0.01	0.09	1.96	0.08	1.23	16.16	0.33	0.00	1.18	-*	15.16	-*	-*	-*	25.82	-*	-*	-*	-*	-*	6.85	-*	0.37
M52816 DESRT: TOPPING, Whipd NonDairy																								
6.01 @ 1 tablespoon	13.47	1.00	66.56	0.81	1.00	67.06	1.06	0.05	0.01	0.01	-*	0.20	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.15	-*	0.00
M50529 FRUIT: GRAPES, Fresh 1/2c																								
24.01 @ 1/2 cup	56.80	0.10	1.53	1.70	0.30	4.70	14.54	0.53	0.00	0.76	161.94	84.78	0.00	0.16	12.38	3.39	0.08	0.05	0.25	0.09	0.00	11.87	8.48	0.25
M52271 FRUIT: PEARS, Dice w/Jc 1/2c																								
24.01 @ 1/2 cup	60.66	0.00	0.00	10.11	0.00	0.00	14.15	0.00	0.00	2.02	80.89	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M53365 JUICE SS, Grape100% 4oz Cart																								
29.99 @ 1 each	80.00	0.00	0.00	15.00	0.00	0.00	18.00	1.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50																								
24.98 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00
M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50																								
24.98 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00
M53222 COND PC Margarine 5g																								
10.01 @ 1 each	30.00	1.00	30.00	30.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	500.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M53221 COND PC Jelly, Grape Smucker																								
10.01 @ 1 each	35.00	0.00	0.00	5.00	0.00	0.00	9.00	0.00	0.00	0.00	0.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50056 COND PC Sauce, Taco 9g																								
10.01 @ 1 each	5.00	0.00	0.00	55.00	0.00	0.00	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50058 COND PC Syrup 1.4oz Smuckers																								
10.01 @ 1 each	110.00	0.00	0.00	25.00	0.00	0.00	29.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
<b>Average</b>	774.65	4.27	4.96	814.26	12.87	14.95	139.93	25.16	47.03	7.5	195.53*	1257.83	0*	.13*	9.93*	10.2	.06*	.04*	.2*	.07*	0*	721.66	6.84*	4.12

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Marcus HS

**Service Area:** Marcus - 9-12 - OVS

**Menu Name:** Marcus HS 2018 Menu - cycle 4 - week 1

**Avg.Method:** Balanced

**Age Group:** Lunch Grades 9-12      **Period:** Lunch      **Week:** 1      **Day:** Monday      **Count Type:** Forecasted      **Total No. of Customers:** 100

Weekly Std.	SFA		Na (mg)	Fat		CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)
	CAL	(g)		% of CAL	(g)																		
750.00-850.00		10.00	1420.00																		3.03		

M51438 BEEF PTY, CHIX FRSTK AP WG 2.0

13.00 @ 1 each	289.56	3.99	12.41	479.27	17.97	55.86	18.97	14.98	29.95	2.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	39.94	-*	1.80
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M50443 COND\_Gravy, Country SS

13.00 @ 1/4 cup	34.17	0.00	0.00	196.86	0.49	12.86	5.86	0.00	0.00	0.00	0.53*	0.00	0.00*	0.00*	0.00*	0.00	0.00*	0.00*	0.00*	0.00*	0.00*	21.13	0.00*	0.00
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M51680 BRD: ROLL DG, WG 2.5oz

13.00 @ 1 each	170.00	0.50	2.65	135.00	3.00	15.88	28.00	7.00	0.00	3.40	-*	0.01	-*	-*	-*	0.01	-*	-*	-*	-*	-*	12.70	-*	0.85
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M50419 SALAD, VEG BAJA SC W 2.25

24.00 @ 1 each	230.85	6.18	24.10	254.26	10.00	39.00	24.28	13.54	30.64	6.45	226.79*	3829.68	0.00*	0.20*	40.54*	7.56	0.07*	0.06*	0.92*	0.11*	0.00*	277.93	43.73*	2.05
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M51680 BRD: ROLL DG, WG 2.5oz

3.00 @ 1 each	170.00	0.50	2.65	135.00	3.00	15.88	28.00	7.00	0.00	3.40	-*	0.01	-*	-*	-*	0.01	-*	-*	-*	-*	-*	12.70	-*	0.85
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M52043 PIZZA HUT PIZZA 6" EXPRESS CHZ SS 2.25

6.00 @ 1 pizza	374.18	4.99	12.01	685.27	13.41	32.25	38.44	24.92	24.70	4.27	-*	692.07	-*	-*	-*	5.36	-*	-*	-*	-*	-*	410.71	-*	2.57
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M53931 PIZZA HUT PIZZA 6" EXPRESS PEPP SS 2.0

6.00 @ 1 pizza	385.19	5.31	12.42	711.32	14.98	35.01	38.49	24.17	27.17	4.35	-*	662.85	-*	-*	-*	5.43	-*	-*	-*	-*	-*	354.34	-*	2.65
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M54307 PIZZA HUT PIZZA 6" EXPRESS SSG SS 2.25

4.00 @ 1 pizza	439.08	7.15	14.66	836.54	20.45	41.92	38.35	25.40	37.42	4.27	-*	689.00	-*	-*	-*	5.36	-*	-*	-*	-*	-*	356.37	-*	2.86
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M54310 PIZZA HUT PIZZA 6" EXPRESS BBQ CHIX SS 2.25

4.00 @ 1 pizza	400.94	4.66	10.46	805.79	13.17	29.57	42.83	27.77	38.53	4.36	-*	667.19	-*	-*	-*	5.81	-*	-*	-*	-*	-*	350.99	-*	2.67
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M54521 PIZZA HUT COND PC PEPPER RED CRUSHED 1G

15.00 @ 1 each	5.00	0.00	0.00	0.00	0.00	0.00	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M54520 PIZZA HUT COND PC CHEESE GRATED 2.5G

15.00 @ 1 each	10.00	0.00	0.00	50.00	1.00	90.00	0.00	1.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M53734 BURG, BEEF AM BBQ AP 100% WG 2.25

2.00 @ 1 each	359.98	5.26	13.14	690.68	13.54	33.86	39.80	19.81	47.50	2.32	37.63*	100.45	0.00*	0.00*	0.11*	2.98	0.01*	0.01*	0.04*	0.03*	0.00*	119.99	7.93*	2.75
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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Marcus HS

**Service Area:** Marcus - 9-12 - OVS

**Menu Name:** Marcus HS 2018 Menu - cycle 4 - week 1

**Avg.Method:** Balanced

M53275 MELT BD, AM WG 2.0

2.00 @ 1 sandwich	385.00	11.25	26.30	1320.00	19.50	45.58	32.50	18.50	62.50	2.00	-*	500.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	375.00	-*	2.16
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M51680 BRD: ROLL DG, WG 2.5oz

12.00 @ 1 each	170.00	0.50	2.65	135.00	3.00	15.88	28.00	7.00	0.00	3.40	-*	0.01	-*	-*	-*	0.01	-*	-*	-*	-*	-*	12.70	-*	0.85
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M51228 BRD: BUN, Hamburger WG

5.00 @ 1 each	140.00	0.00	0.00	300.00	2.00	12.86	27.00	5.00	0.00	2.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	40.00	-*	1.44
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M52188 BRD: ROLL AP, PRETZEL 2.2oz WG

3.00 @ 1 each	160.00	1.00	5.62	40.00	2.50	14.06	29.00	5.00	0.00	3.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	20.00	-*	1.80
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M55179 BRD: CIABATTA, SLICED WG

2.00 @ 1 each	160.00	0.50	2.81	170.00	3.50	19.69	30.00	5.00	0.00	3.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	20.00	-*	1.44
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M51648 BEEF Pty, AP 100% 2.0

4.00 @ 1 each	130.00	3.00	20.77	45.00	8.00	55.39	1.00	12.00	35.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	1.08
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M55364 VEG PATTY, BLACK BEAN AP 2.0

24.00 @ 1 patty	160.00	1.00	5.62	410.00	7.00	39.37	15.00	14.00	5.00	5.00	280.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	40.00	-*	0.72
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M51359 CHIX FLT, BREAST GRD 2.0 MWWM

1.00 @ 1 each	100.00	1.00	9.00	210.00	3.50	31.50	1.00	15.00	40.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.72
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M51935 CHIX FLT, BREAST BRD WG 2.0 MWWM

2.00 @ 1 each	229.72	2.00	7.82	379.54	9.99	39.13	13.98	21.97	49.94	1.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	19.98	-*	1.44
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M51936 CHIX FLT, BREAST BRD SPICY WG 2.0 MWWM

2.00 @ 1 each	229.84	2.00	7.82	479.66	9.99	39.13	14.99	20.99	49.96	1.00	-*	99.93	-*	-*	-*	0.00	-*	-*	-*	-*	-*	19.99	-*	1.44
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M51005 CHEESE, AM (184ct) Slices 1.0

2.00 @ 3 slice	134.99	6.75	45.00	599.97	10.50	70.00	1.50	7.50	37.50	0.00	-*	299.98	-*	-*	-*	0.00	-*	-*	-*	-*	-*	224.99	-*	0.00
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M53381 CHEESE, CH Slices 1.0

2.00 @ 2 slice	110.01	5.00	40.91	180.01	9.00	73.64	1.00	6.00	30.00	0.00	20.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	199.01	-*	0.00
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M50999 CHEESE, JK Slices 1.0

2.00 @ 2 slice	100.00	5.00	45.00	180.01	8.00	72.00	1.00	7.00	30.00	0.00	25.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	197.01	-*	0.00
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M51003 CHEESE, PV Slices 1.0

2.00 @ 2 slice	100.00	5.00	45.00	250.01	7.00	63.00	1.00	7.00	20.00	0.00	40.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	212.01	-*	0.00
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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Marcus HS

**Service Area:** Marcus - 9-12 - OVS

**Menu Name:** Marcus HS 2018 Menu - cycle 4 - week 1

**Avg.Method:** Balanced

M51008 VEG: TOMATOES, FrsSI 1/8c(2sl)

5.00 @ 1/8 cup	5.10	0.01	1.40	1.42	0.06	10.00	1.10	0.25	0.00	0.34	67.18	236.14	0.00	0.15	2.24	3.88	0.01	0.01	0.17	0.02	0.00	2.83	6.80	0.08
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M51017 VEG GARN: Rom Leaf 1ea

5.00 @ 1 each	2.41	0.01	2.06	1.13	0.04	15.88	0.47	0.17	0.00	0.30	35.01	1234.63	0.00	0.02	14.53	0.57	0.01	0.01	0.04	0.01	0.00	4.68	4.25	0.14
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M51013 VEG: ONIONS, Red Slice 1ea

5.00 @ 1 slice	2.83	0.00	0.94	0.28	0.01	2.25	0.66	0.08	0.00	0.12	10.35	0.14	0.00	0.00	0.03	0.52	0.00	0.00	0.01	0.01	0.00	1.63	2.06	0.01
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M50892 VEG: PEPPERS, Jalapeno CndTBSP

5.00 @ 1 tablespoon	2.67	0.01	3.23	165.30	0.09	31.33	0.47	0.09	0.00	0.26	19.09	168.17	0.00	0.07	1.28	0.99	0.00	0.00	0.04	0.02	0.00	2.28	1.78	0.19
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M50893 VEG: PEPPERS, Banana Cnd TBSP

5.00 @ 1 tablespoon	1.71	0.00	2.08	203.78	0.02	10.42	0.31	0.07	0.00	0.09	-*	0.00	-*	-*	-*	4.33	-*	-*	-*	-*	-*	0.00	-*	0.03
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M53388 VEG: MUSHROOM, SlcFrsRstd1/8c

5.00 @ 1/8 cup	4.52	0.01	1.95	0.38	0.06	12.80	0.90	0.31	0.00	0.31	46.78	1.62	0.97	0.01	0.89	0.68	0.01	0.04	0.55	0.02	0.00	3.07	11.59	0.28
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M50176 COND\_Pickle, Dill Slice 2ea

5.00 @ 2 slice	1.62	0.01	4.72	162.08	0.05	25.17	0.24	0.06	0.00	0.14	-*	0.00	-*	-*	-*	0.21	-*	-*	-*	-*	-*	8.65	-*	0.05
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M50060 COND\_Mayo W

2.00 @ 1 tablespoon	33.07	0.47	12.86	94.49	3.31	90.00	0.94	0.00	4.72	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M51676 COND\_Mayo, Sriracha W

1.00 @ 1 tablespoon	31.98	0.43	12.14	134.90	3.01	84.59	1.30	0.04	4.29	0.04	3.92*	45.56	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.32	-*	0.02
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M51391 COND\_Mayo, Chipotle W

1.00 @ 1 tablespoon	26.11	0.35	12.21	91.53	2.49	85.73	0.96	0.01	3.54	0.01	0.00*	15.26	-*	-*	-*	0.40	-*	-*	-*	-*	-*	0.00	-*	0.00
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M51427 COND\_Sauce, Bistro SC W

1.00 @ 1 tablespoon	29.10	0.19	5.94	130.76	1.41	43.65	2.32	0.32	1.77	0.34	19.89*	10.07	0.00*	0.04*	6.39*	0.83	0.00*	0.01*	0.05*	0.00*	0.00*	8.86	2.29*	0.21
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M50063 COND\_Sauce, Buffalo Wing AP

2.00 @ 1 tablespoon	4.38	0.02	4.79	363.06	0.22	45.51	0.48	0.11	0.17	0.12	21.32	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	2.22	-*	0.07
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M52707 COND\_Dressing, Ranch Homestyle

\* Some values for this nutrient are unavailable; the number listed is incomplete.

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Marcus HS

**Service Area:** Marcus - 9-12 - OVS

**Menu Name:** Marcus HS 2018 Menu - cycle 4 - week 1

**Avg.Method:** Balanced

2.00 @ 1 tablespoon	50.00	0.75	13.50	134.99	5.50	99.00	0.50	0.50	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	10.00	-*	0.00
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M50291 COND\_Mustard, Yellow

1.00 @ 1 tablespoon	9.00	0.01	1.50	181.50	0.37	37.20	0.93	0.47	0.00	0.43	13.36	0.67	-*	-*	-*	0.13	-*	-*	-*	-*	-*	7.51	-*	0.19
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M50717 SDW BD, CHam JK WG 2.0

2.00 @ 1 sandwich	330.00	4.75	12.96	905.00	12.75	34.77	33.50	21.50	75.00	2.00	12.50*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	98.50	-*	2.70
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M53347 SDW BD, SB WG 2.0

1.00 @ 1 sandwich	558.71	3.99	6.42	579.16	35.89	57.81	43.95	19.95	0.00	5.99	378.78*	0.00	0.00*	-*	-*	0.00	-*	-*	-*	-*	-*	59.81	-*	5.35
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M50962 SDW BD, SBJ WG 2.0

1.00 @ 1 sandwich	658.38	3.99	5.45	579.16	35.89	49.06	69.87	19.95	0.00	5.99	378.78*	0.00	0.00*	-*	-*	0.00	-*	-*	-*	-*	-*	59.81	-*	5.35
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M51734 BRD: BREAD WG, 2sl

2.00 @ 2 slice	160.00	0.00	0.00	320.00	2.00	11.25	30.00	6.00	0.00	2.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	2.16
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M52708 BRD: ROLL DG, Sub 6" WG

2.00 @ 1 roll	170.00	0.50	2.65	180.00	3.00	15.88	28.00	6.00	0.00	3.00	-*	0.01	-*	-*	-*	0.01	-*	-*	-*	-*	-*	13.52	-*	1.45
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M54775 BRD: CROISSANT, SLICED WG

2.00 @ 1 each	243.91	6.47	23.87	253.40	12.05	44.44	29.25	5.44	32.35	0.91	15.14	313.46	0.31	0.00	0.00	2.82	0.25	1.93	0.85	0.00	0.01	15.66	3.96	1.63
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M55179 BRD: CIABATTA, SLICED WG

1.00 @ 1 each	160.00	0.50	2.81	170.00	3.50	19.69	30.00	5.00	0.00	3.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	20.00	-*	1.44
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M66605 BRD: TORTILLA FLOUR 10" WG

1.00 @ 1 each	180.00	1.50	7.50	250.00	4.50	22.50	29.00	5.00	0.00	3.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	100.00	-*	1.44
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M52782 BRD: FLATBREAD 2oz (2BG)

2.00 @ 1 each	180.00	1.00	5.00	310.00	5.00	25.00	28.00	5.00	0.00	2.69	-*	0.07	-*	-*	-*	0.07	-*	-*	-*	-*	-*	22.88	-*	0.83
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M53393 TKY, Breast Sliced 1.0

4.00 @ 1 serving	60.00	0.50	7.50	220.00	2.00	30.00	2.00	9.00	25.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	20.00	-*	0.36
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M53569 CHIX, BLACK FOREST HAM SLICED 1.0

3.00 @ 1 serving	80.00	1.50	16.88	330.00	4.50	50.63	2.00	8.00	40.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.36
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M53894 CHIX DCD GRAPE DELI SALAD W 1.0

2.00 @ 1 No 16 Scoop	97.66	1.13	10.44	137.54	5.20	47.96	3.30	9.31	30.40	0.19	31.50*	37.52	0.00*	0.03*	2.59*	0.48	0.01*	0.01*	0.04*	0.01*	0.00*	3.87	2.52*	0.32
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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Marcus HS

**Service Area:** Marcus - 9-12 - OVS

**Menu Name:** Marcus HS 2018 Menu - cycle 4 - week 1

**Avg.Method:** Balanced

M52455 FISH, Tuna Deli Salad B 1.0

5.00 @ 1 No 20 Scoop	105.01	1.34	11.46	146.76	7.60	65.14	0.28	7.63	18.49	0.13	19.78*	32.30	0.00*	0.02*	2.16*	0.31	0.00*	0.00*	0.02*	0.01*	0.00*	3.12	1.84*	0.20
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M51005 CHEESE, AM (184ct) Slices 1.0

2.00 @ 3 slice	134.99	6.75	45.00	599.97	10.50	70.00	1.50	7.50	37.50	0.00	-*	299.98	-*	-*	-*	0.00	-*	-*	-*	-*	-*	224.99	-*	0.00
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M53381 CHEESE, CH Slices 1.0

2.00 @ 2 slice	110.01	5.00	40.91	180.01	9.00	73.64	1.00	6.00	30.00	0.00	20.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	199.01	-*	0.00
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M50999 CHEESE, JK Slices 1.0

2.00 @ 2 slice	100.00	5.00	45.00	180.01	8.00	72.00	1.00	7.00	30.00	0.00	25.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	197.01	-*	0.00
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M51003 CHEESE, PV Slices 1.0

2.00 @ 2 slice	100.00	5.00	45.00	250.01	7.00	63.00	1.00	7.00	20.00	0.00	40.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	212.01	-*	0.00
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M51008 VEG: TOMATOES, FrsSl 1/8c(2sl)

5.00 @ 1/8 cup	5.10	0.01	1.40	1.42	0.06	10.00	1.10	0.25	0.00	0.34	67.18	236.14	0.00	0.15	2.24	3.88	0.01	0.01	0.17	0.02	0.00	2.83	6.80	0.08
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M51017 VEG GARN: Rom Leaf 1ea

5.00 @ 1 each	2.41	0.01	2.06	1.13	0.04	15.88	0.47	0.17	0.00	0.30	35.01	1234.63	0.00	0.02	14.53	0.57	0.01	0.01	0.04	0.01	0.00	4.68	4.25	0.14
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M51013 VEG: ONIONS, Red Slice 1ea

5.00 @ 1 slice	2.83	0.00	0.94	0.28	0.01	2.25	0.66	0.08	0.00	0.12	10.35	0.14	0.00	0.00	0.03	0.52	0.00	0.00	0.01	0.01	0.00	1.63	2.06	0.01
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M53388 VEG: MUSHROOM, SlcFrsRstd1/8c

5.00 @ 1/8 cup	4.52	0.01	1.95	0.38	0.06	12.80	0.90	0.31	0.00	0.31	46.78	1.62	0.97	0.01	0.89	0.68	0.01	0.04	0.55	0.02	0.00	3.07	11.59	0.28
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M50892 VEG: PEPPERS, Jalapeno CndTBSP

5.00 @ 1 tablespoon	2.67	0.01	3.23	165.30	0.09	31.33	0.47	0.09	0.00	0.26	19.09	168.17	0.00	0.07	1.28	0.99	0.00	0.00	0.04	0.02	0.00	2.28	1.78	0.19
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M50893 VEG: PEPPERS, Banana Cnd TBSP

5.00 @ 1 tablespoon	1.71	0.00	2.08	203.78	0.02	10.42	0.31	0.07	0.00	0.09	-*	0.00	-*	-*	-*	4.33	-*	-*	-*	-*	-*	0.00	-*	0.03
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M50176 COND\_Pickle, Dill Slice 2ea

5.00 @ 2 slice	1.62	0.01	4.72	162.08	0.05	25.17	0.24	0.06	0.00	0.14	-*	0.00	-*	-*	-*	0.21	-*	-*	-*	-*	-*	8.65	-*	0.05
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M50060 COND\_Mayo W

2.00 @ 1 tablespoon	33.07	0.47	12.86	94.49	3.31	90.00	0.94	0.00	4.72	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M51676 COND\_Mayo, Sriracha W

\* Some values for this nutrient are unavailable; the number listed is incomplete.

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Marcus HS

**Service Area:** Marcus - 9-12 - OVS

**Menu Name:** Marcus HS 2018 Menu - cycle 4 - week 1

**Avg.Method:** Balanced

1.00 @ 1 tablespoon	31.98	0.43	12.14	134.90	3.01	84.59	1.30	0.04	4.29	0.04	3.92*	45.56	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.32	-*	0.02
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M51391 COND\_Mayo, Chipotle W

1.00 @ 1 tablespoon	26.11	0.35	12.21	91.53	2.49	85.73	0.96	0.01	3.54	0.01	0.00*	15.26	-*	-*	-*	0.40	-*	-*	-*	-*	-*	0.00	-*	0.00
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M51427 COND\_Sauce, Bistro SC W

1.00 @ 1 tablespoon	29.10	0.19	5.94	130.76	1.41	43.65	2.32	0.32	1.77	0.34	19.89*	10.07	0.00*	0.04*	6.39*	0.83	0.00*	0.01*	0.05*	0.00*	0.00*	8.86	2.29*	0.21
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M52707 COND\_Dressing, Ranch Homestyle

2.00 @ 1 tablespoon	50.00	0.75	13.50	134.99	5.50	99.00	0.50	0.50	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	10.00	-*	0.00
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M50291 COND\_Mustard, Yellow

2.00 @ 1 tablespoon	9.00	0.01	1.50	181.50	0.37	37.20	0.93	0.47	0.00	0.43	13.36	0.67	-*	-*	-*	0.13	-*	-*	-*	-*	-*	7.51	-*	0.19
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M66605 BRD: TORTILLA FLOUR 10" WG

3.00 @ 1 each	180.00	1.50	7.50	250.00	4.50	22.50	29.00	5.00	0.00	3.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	100.00	-*	1.44
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M66461 BRD: TORTILLA FLOUR 6" WG

3.00 @ 2 each	180.00	1.00	5.00	250.00	5.00	25.00	28.00	6.00	0.00	2.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	120.00	-*	1.44
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M66266 BRD: TORTILLA CORN 6" HARD

2.00 @ 2 each	168.17	1.98	10.59	0.00	7.91	42.35	22.75	1.98	0.00	1.98	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	19.78	-*	0.71
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M54540 BRD: TORTILLA, CHIP RND WG 2BG

10.00 @ 1 serving	224.59	1.60	6.43	184.48	9.63	38.57	32.08	3.21	0.00	3.21	0.00	0.00	0.00	-*	-*	0.00	-*	-*	-*	-*	-*	48.13	-*	0.80
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M52229 RICE, Mex Spiced WG 2BG

2.00 @ 1 cup	219.91	0.43	1.77	132.15	1.89	7.73	44.52	5.07	1.98	2.30	152.63*	369.59	0.00*	0.22*	2.30*	0.26	0.01*	0.01*	0.09*	0.03*	0.00*	25.72	7.83*	1.14
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M51175 BEEF Gd, Taco Meat SC 1.0

10.00 @ 1 No 24 Scoop	78.71	1.65	18.88	56.06	4.38	50.12	1.22	8.02	25.24	0.15	122.30*	121.25	0.57*	0.08*	0.61*	1.55	0.01*	0.06*	1.81*	0.13*	0.79*	9.04	69.27*	1.00
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M55198 CHIX DCD TACO MEAT LS 1.0

48.00 @ 1 No 24 Scoop	69.50	0.78	10.06	58.03	2.75	35.64	1.65	9.36	26.86	0.20	12.08*	128.62	0.00*	0.09*	0.40*	0.79	0.00*	0.00*	0.03*	0.01*	0.00*	3.03	2.67*	0.45
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M52292 FILLING, Refried Beans Seas1.0

1.00 @ 1 No 16 Scoop	72.46	0.01	0.13	181.05	1.52	18.88	10.43	3.61	0.00	4.83	13.33	71.39	0.00*	0.12*	1.18*	0.72	0.00*	0.00*	0.04*	0.01*	0.00*	4.63	3.18*	1.04
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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Marcus HS

**Service Area:** Marcus - 9-12 - OVS

**Menu Name:** Marcus HS 2018 Menu - cycle 4 - week 1

**Avg.Method:** Balanced

M53187 FILLING, Pinto Bean KicknSC1.0

1.00 @ 1 No 16 Scoop	66.95	0.08	1.11	99.41	0.39	5.30	12.53	3.13	0.59	2.52	0.10*	60.68	0.00*	0.00*	0.00*	1.23	0.00*	0.00*	0.00*	0.00*	0.00*	32.08	0.00*	0.85
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M53386 CHEESE, CH Shreds 1.0

5.00 @ 2 fl oz	110.00	6.00	49.09	189.99	9.00	73.64	1.00	7.00	30.00	0.00	0.00	280.99	-*	-*	-*	0.00	-*	-*	-*	-*	-*	201.99	-*	0.19
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M50921 COND\_Sauce, Chz SS W (LOL) 1.0

5.00 @ 3 fl oz	149.95	6.75	40.50	599.79	10.50	63.00	4.50	7.50	29.99	0.00	0.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M51420 VEG GARN: Rom Shrds/Tom Dice

5.00 @ 1 serving	5.03	0.01	1.56	1.63	0.06	11.41	1.06	0.27	0.00	0.40	67.90	794.43	0.00	0.12	8.94	3.20	0.01	0.01	0.15	0.02	0.00	4.47	7.23	0.13
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M52379 VEG: ONIONS, Yellow Diced 1/8c

5.00 @ 1/8 cup	8.62	0.01	0.94	0.86	0.02	2.25	2.01	0.24	0.00	0.37	31.47	0.43	0.00	0.00	0.09	1.60	0.01	0.01	0.03	0.03	0.00	4.96	6.25	0.05
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M50892 VEG: PEPPERS, Jalapeno CndTBSP

5.00 @ 1 tablespoon	2.67	0.01	3.23	165.30	0.09	31.33	0.47	0.09	0.00	0.26	19.09	168.17	0.00	0.07	1.28	0.99	0.00	0.00	0.04	0.02	0.00	2.28	1.78	0.19
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M53940 COND\_Salsa, Verde SC 1/8c

2.00 @ 1/8 cup	10.71	0.03	2.62	18.90	0.23	19.35	2.13	0.37	0.00	0.61	83.93	275.99	0.00	0.17	13.04	3.96	0.02	0.02	0.40	0.03	0.00	8.13	11.97	0.22
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M66155 COND\_SALSA, BLK BN CRN SC 1/8C

2.00 @ 1/8 cup	19.80	0.03	1.48	26.70	0.22	10.18	3.86	1.00	0.08	1.01	27.65*	142.18	0.00*	0.08*	2.13*	4.28	0.01*	0.01*	0.13*	0.02*	0.00*	18.26	6.52*	0.45
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M66159 COND\_SALSA, FIRERST SC 1/8C

2.00 @ 1/8 cup	5.91	0.01	1.15	16.39	0.06	9.54	1.29	0.26	0.00	0.30	17.55*	161.86	0.00*	0.07*	3.01*	6.69	0.00*	0.00*	0.04*	0.02*	0.00*	9.23	2.96*	0.12
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M66157 COND\_SALSA, BLNDR SC 1/8C

2.00 @ 1/8 cup	9.57	0.02	1.51	32.30	0.10	9.13	2.10	0.42	0.00	0.59	27.10*	178.77	0.00*	0.06*	6.25*	4.65	0.01*	0.01*	0.04*	0.02*	0.00*	16.79	4.37*	0.19
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M50087 COND\_Salsa, Pico SC 1/8c

2.00 @ 1/8 cup	6.62	0.01	1.38	26.44	0.07	9.93	1.46	0.29	0.00	0.40	69.99	256.86	0.00	0.16	3.13	4.04	0.01	0.01	0.17	0.03	0.00	4.19	7.67	0.11
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M53983 COND PC Sour Cream 1oz

5.00 @ 1 each	56.13	2.87	46.09	8.79	5.49	87.95	1.31	0.69	16.73	0.00	35.44	126.72	0.00	0.11	0.43	0.26	0.01	0.05	0.03	0.01	0.06	28.63	21.55	0.02
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M53419 VEG: POTATO, FF CTINAGEN7 1/2C

10.00 @ 1/2 cup	119.99	1.33	10.00	133.32	4.67	35.00	17.33	2.00	0.00	2.00	259.98	0.00	-*	-*	-*	3.20	-*	-*	-*	-*	-*	0.00	-*	0.48
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M53175 VEG: POTATO, Mashed Marg 1/2c

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Marcus HS

**Service Area:** Marcus - 9-12 - OVS

**Menu Name:** Marcus HS 2018 Menu - cycle 4 - week 1

**Avg.Method:** Balanced

30.00 @ 1/2 cup	95.27	0.82	7.76	100.87	2.90	27.44	15.38	1.71	0.00	0.88	131.00	0.67	0.00*	0.00*	0.20*	10.20	0.00*	0.00*	0.00*	0.00*	0.00*	3.64	0.19*	0.32
M50186 VEG: BROCCOLI, Fresh 1/2c																								
10.00 @ 1/2 cup	10.84	0.01	1.03	10.52	0.12	9.79	2.12	0.90	0.00	0.83	100.78	198.68	0.00	0.25	32.40	28.45	0.02	0.04	0.20	0.06	0.00	14.99	21.05	0.23
M50536 FRUIT: APPLE, 138ct 1/8wg 1/2c																								
30.00 @ 4 wedge	31.53	0.02	0.50	2.39	0.10	2.95	8.40	0.17	0.00	1.45	67.15	33.13	0.00	0.11	1.32	3.11	0.01	0.02	0.06	0.03	0.00	5.02	6.81	0.07
M50178 FRUIT: PINEAPPLE Tbits w/Jc1/2c																								
20.00 @ 1/2 cup	80.32	0.00	0.00	0.00	0.00	0.00	18.07	1.00	0.00	1.00	-*	0.00	-*	-*	-*	6.02	-*	-*	-*	-*	-*	0.00	-*	0.00
M50980 JUICE SS, Frt Bld 100% 4oz Crt																								
50.00 @ 1 each	60.00	0.00	0.00	10.00	0.00	0.00	14.00	0.00	0.00	0.00	100.00	0.00	-*	-*	-*	3.60	-*	-*	-*	-*	-*	0.00	-*	0.00
M51645 DESRT: COOKIE Carnival 1.0ozWG																								
75.00 @ 1 cookie	110.00	1.00	8.18	85.00	3.50	28.64	18.00	1.00	5.00	1.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.72
M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50																								
20.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00
M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50																								
60.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00
M53222 COND PC Margarine 5g																								
25.00 @ 1 each	30.00	1.00	30.00	30.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	500.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50855 COND PC Ketchup 9g Heinz																								
100.00 @ 1 each	10.00	0.00	0.00	85.00	0.00	0.00	3.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50055 COND PC Mayonnaise 12g																								
25.00 @ 1 each	80.00	1.50	16.87	75.00	8.00	90.00	1.00	0.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50284 COND PC Mustard 6g																								
25.00 @ 1 each	0.00	0.00	-	65.00	0.00	-	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50685 COND_DRESSING, VINAIGRETTE BALSAMIC																								
1.00 @ 1 tablespoon	30.00	0.25	7.50	95.00	2.50	75.00	2.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50623 COND PC Drsg Italian 12g																								
15.00 @ 1 each	30.00	0.00	0.00	130.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	100.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50624 COND PC Drsg Ranch 12g																								

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Marcus HS

**Service Area:** Marcus - 9-12 - OVS

**Menu Name:** Marcus HS 2018 Menu - cycle 4 - week 1

**Avg.Method:** Balanced

75.00 @ 1 each	50.00	0.00	0.00	100.00	5.00	90.00	1.00	0.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50056 COND PC Sauce, Taco 9g

15.00 @ 1 each	5.00	0.00	0.00	55.00	0.00	0.00	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50287 COND PC Sauce, BBQ 12g

15.00 @ 1 each	15.00	0.00	0.00	160.00	0.00	0.00	4.00	0.00	0.00	0.00	-*	100.00	-*	-*	-*	0.60	-*	-*	-*	-*	-*	0.00	-*	0.00
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<b>Average</b>	838.37	9.12	9.79	1358.35	31.96	34.31	100.05	37.18	68.82	8.56	332.91*	2009.97	.16*	.21*	16.92*	16.97	.04*	.08*	.59*	.07*	.08*	490.9	28.61*	3.78
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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District  
**Location:** Lewisville ISD Marcus HS  
**Service Area:** Marcus - 9-12 - OVS  
**Menu Name:** Marcus HS 2018 Menu - cycle 4 - week 1  
**Avg.Method:** Balanced

**Age Group:** Brkfst Grades K-12      **Period:** Breakfast      **Week:** 1      **Day:** Tuesday      **Count Type:** Forecasted      **Total No. of Customers:** 24

Weekly Std.	SFA		Na (mg)	Fat		CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)
	CAL	% of CAL		% of CAL	% of CAL																		
450.00-500.00		10.00	540.00																		12.28		

M52227 BRD: ROLL DG, CINORGGLZ SS 2.6OZ

12.00 @ 1 each	195.90	0.50	2.30	135.32	1.00	4.60	42.63	5.01	5.00	2.99	0.13*	261.00	0.00*	0.00*	0.00*	0.95	0.00*	0.00*	0.00*	0.00*	0.00*	23.87	0.00*	1.67
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M66480 ENT: TORT ROLL 6" EGG SS CH BAC WG 0.75

16.00 @ 1 each	178.56	4.23	21.30	358.96	9.02	45.49	15.84	8.76	57.96	1.00	0.00*	242.25	-*	-*	-*	1.81	-*	-*	-*	-*	-*	171.31	-*	1.03
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M50205 CEREAL HOT, Oatmeal (2BG)

6.00 @ 1 cup	212.61	0.71	3.00	6.51	4.25	18.00	38.27	7.09	0.00	5.67	2.17*	0.00	0.00*	0.00*	0.00*	0.00	0.00*	0.00*	0.00*	0.00*	0.00*	6.51	0.00*	2.55
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M50209 COND\_Sugar, Cinnamon

4.00 @ 1 tablespoon	45.52	0.00	0.03	0.15	0.00	0.09	11.83	0.02	0.00	0.21	1.90	1.14	0.00	0.01	0.12	0.01	0.00	0.00	0.01	0.00	0.00	3.99	0.25	0.04
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M50439 CEREAL BWL, Cheerios WG

1.00 @ 1 bowl	100.00	0.50	4.50	140.00	2.00	18.00	20.00	3.00	0.00	3.00	-*	500.01	-*	-*	-*	6.00	-*	-*	-*	-*	-*	100.00	-*	8.10
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M50208 CEREAL BWL, CinnTstCrnch RS WG

2.00 @ 1 bowl	110.00	0.50	4.09	160.00	3.00	24.54	22.00	1.00	0.00	3.00	-*	400.01	-*	-*	-*	4.80	-*	-*	-*	-*	-*	200.01	-*	3.60
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M50442 CEREAL BWL, Cocoa Puffs RS WG

2.00 @ 1 bowl	110.05	0.00	0.00	160.08	1.50	12.27	25.01	2.00	0.00	2.00	-*	500.25	-*	-*	-*	6.00	-*	-*	-*	-*	-*	100.05	-*	4.50
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M50524 CEREAL BWL, Lucky Charms WG

2.00 @ 1 bowl	110.00	0.00	0.00	180.00	1.00	8.18	23.00	2.00	0.00	2.00	-*	500.01	-*	-*	-*	6.00	-*	-*	-*	-*	-*	100.00	-*	4.50
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M52726 BRD: BAR, Cereal FrtyCh WG IW

4.00 @ 1 each	150.00	0.50	3.00	95.00	3.50	21.00	29.00	3.00	0.00	3.00	-*	200.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	200.00	-*	1.80
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M52695 CHEESE, MZ String LF 1ea 1.0

4.00 @ 1 stick	60.00	2.00	30.00	200.01	3.00	45.00	1.00	7.00	10.00	0.00	0.00	200.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	200.01	-*	0.00
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M51237 BRD: BREAD WG, Tst Marg 1sl

4.00 @ 1 slice	110.00	1.33	10.91	160.00	4.33	35.45	15.00	3.00	0.00	1.00	1.33*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	1.08
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M52975 BRD: WAFFLE, RS SS WG (3.25BG)

\* Some values for this nutrient are unavailable; the number listed is incomplete.

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Marcus HS

**Service Area:** Marcus - 9-12 - OVS

**Menu Name:** Marcus HS 2018 Menu - cycle 4 - week 1

**Avg.Method:** Balanced

6.00 @ 1 each	240.06	0.00	0.00	506.14	2.86	10.71	50.30	6.86	0.00	6.86	1.05*	0.00	0.00*	0.00*	0.00*	0.00	0.00*	0.00*	0.00*	0.00*	0.00*	288.94	0.00*	3.09
M52659 FRUIT: APPLES, Warm Cinn 1/8c																								
4.00 @ 1/8 cup	26.30	0.01	0.19	2.47	0.01	0.29	6.56	0.00	0.00	0.50	0.61*	0.23	0.00*	0.00*	0.01*	0.04	0.00*	0.00*	0.00*	0.00*	0.00*	0.57	0.12*	0.01
M54565 FRUIT: STRAWBERRIES, SLCD (USDA) W/SYR FRZ 1/4C																								
4.00 @ 1/4 cup	59.67	0.01	0.09	1.96	0.08	1.23	16.16	0.33	0.00	1.18	-*	15.16	-*	-*	-*	25.82	-*	-*	-*	-*	-*	6.85	-*	0.37
M52816 DESRT: TOPPING, Whipd NonDairy																								
6.00 @ 1 tablespoon	13.47	1.00	66.56	0.81	1.00	67.06	1.06	0.05	0.01	0.01	-*	0.20	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.15	-*	0.00
M50843 FRUIT: STRAWBERRIES, Frsh 1/2c																								
24.00 @ 1/2 cup	24.57	0.01	0.42	0.77	0.23	8.44	5.90	0.51	0.00	1.54	117.47	9.21	0.00	0.22	1.69	45.14	0.02	0.02	0.30	0.04	0.00	12.28	18.43	0.31
M52794 FRUIT: ORANGE Mand w/Syr 1/2c																								
24.00 @ 1/2 cup	75.88	0.00	0.00	9.49	0.00	0.00	17.07	0.95	0.00	0.95	-*	189.70	-*	-*	-*	11.38	-*	-*	-*	-*	-*	0.00	-*	0.00
M50980 JUICE SS, Frt Bld 100% 4oz Crt																								
30.00 @ 1 each	60.00	0.00	0.00	10.00	0.00	0.00	14.00	0.00	0.00	0.00	100.00	0.00	-*	-*	-*	3.60	-*	-*	-*	-*	-*	0.00	-*	0.00
M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50																								
25.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00
M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50																								
25.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00
M53222 COND PC Margarine 5g																								
10.00 @ 1 each	30.00	1.00	30.00	30.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	500.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M53221 COND PC Jelly, Grape Smucker																								
10.00 @ 1 each	35.00	0.00	0.00	5.00	0.00	0.00	9.00	0.00	0.00	0.00	0.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50056 COND PC Sauce, Taco 9g																								
10.00 @ 1 each	5.00	0.00	0.00	55.00	0.00	0.00	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50058 COND PC Syrup 1.4oz Smuckers																								
10.00 @ 1 each	110.00	0.00	0.00	25.00	0.00	0.00	29.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
<b>Average</b>	930.48	6.19	5.99	953.03	14.99	14.5	165.3	32.74	58.43	9.47	243.98*	1947.92	0*	.22*	1.71*	72.62	.02*	.02*	.3*	.04*	0*	943.4	18.49*	5.18

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District  
**Location:** Lewisville ISD Marcus HS  
**Service Area:** Marcus - 9-12 - OVS  
**Menu Name:** Marcus HS 2018 Menu - cycle 4 - week 1  
**Avg.Method:** Balanced

**Age Group:** Lunch Grades 9-12      **Period:** Lunch      **Week:** 1      **Day:** Tuesday      **Count Type:** Forecasted      **Total No. of Customers:** 417

Weekly Std.	SFA		Na (mg)	Fat		CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)
	CAL	(g)		% of CAL	(g)																		
750.00-850.00		10.00	1420.00																		8.65		

M51114 PASTA, Rotini WG 1c

60.00 @ 1 cup	202.45	0.14	0.64	14.19	2.66	11.83	40.50	7.09	0.00	5.06	298.33*	0.00	0.00*	0.00*	0.00*	0.00	0.00*	0.00*	0.00*	0.00*	0.00*	0.00*	34.44	0.00*	2.73
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M66194 SAUCE P, TOM SC BEEF SC 2.0

60.00 @ 3/4 cup	182.35	3.34	16.46	58.40	8.99	44.37	8.36	17.19	50.44	1.95	242.18*	514.32	1.13*	0.07*	1.12*	20.18	0.03*	0.11*	3.59*	0.25*	1.59*	29.57	137.22*	2.65
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M53948 SALAD, CHIXDCD CAES SCSC 2.0

2.00 @ 1 each	223.56	3.66	14.75	359.44	9.71	39.09	11.60	22.19	53.75	1.41	110.31*	3353.95	0.00*	0.09*	38.85*	1.51	0.03*	0.03*	0.13*	0.03*	0.00*	173.87	12.28*	1.64
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M53360 COND\_DRESSING, CAESAR CREAMY (KEN'S ESSENTIALS)

2.00 @ 1 tablespoon	75.00	1.25	15.00	135.00	8.00	96.00	0.50	0.50	0.00	0.00	-*	50.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	10.00	-*	0.00
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M51680 BRD: ROLL DG, WG 2.5oz

2.00 @ 1 each	170.00	0.50	2.65	135.00	3.00	15.88	28.00	7.00	0.00	3.40	-*	0.01	-*	-*	-*	0.01	-*	-*	-*	-*	-*	12.70	-*	0.85
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M52043 PIZZA HUT PIZZA 6" EXPRESS CHZ SS 2.25

45.00 @ 1 pizza	374.18	4.99	12.01	685.27	13.41	32.25	38.44	24.92	24.70	4.27	-*	692.07	-*	-*	-*	5.36	-*	-*	-*	-*	-*	410.71	-*	2.57
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M53931 PIZZA HUT PIZZA 6" EXPRESS PEPP SS 2.0

60.00 @ 1 pizza	385.19	5.31	12.42	711.32	14.98	35.01	38.49	24.17	27.17	4.35	-*	662.85	-*	-*	-*	5.43	-*	-*	-*	-*	-*	354.34	-*	2.65
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M54307 PIZZA HUT PIZZA 6" EXPRESS SSG SS 2.25

20.00 @ 1 pizza	439.08	7.15	14.66	836.54	20.45	41.92	38.35	25.40	37.42	4.27	-*	689.00	-*	-*	-*	5.36	-*	-*	-*	-*	-*	356.37	-*	2.86
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M54310 PIZZA HUT PIZZA 6" EXPRESS BBQ CHIX SS 2.25

15.00 @ 1 pizza	400.94	4.66	10.46	805.79	13.17	29.57	42.83	27.77	38.53	4.36	-*	667.19	-*	-*	-*	5.81	-*	-*	-*	-*	-*	350.99	-*	2.67
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M54521 PIZZA HUT COND PC PEPPER RED CRUSHED 1G

30.00 @ 1 each	5.00	0.00	0.00	0.00	0.00	0.00	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M54520 PIZZA HUT COND PC CHEESE GRATED 2.5G

30.00 @ 1 each	10.00	0.00	0.00	50.00	1.00	90.00	0.00	1.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50533 SDW BN, CHIXFLT ASNSLAW WG 2.0 MWWW

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Marcus HS

**Service Area:** Marcus - 9-12 - OVS

**Menu Name:** Marcus HS 2018 Menu - cycle 4 - week 1

**Avg.Method:** Balanced

24.00 @ 1 sandwich	256.11	1.08	3.80	550.23	6.11	21.47	30.55	20.07	40.79	2.52	16.13*	148.79	0.00*	0.08*	0.23*	6.40	0.00*	0.00*	0.05*	0.02*	0.00*	41.33	1.69*	2.20
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M51951 HOT DOG, Plain WG 2.0 Hi

12.00 @ 1 each	320.00	8.00	22.50	890.01	18.00	50.62	28.00	11.00	35.00	2.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	40.00	-*	1.80
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M51680 BRD: ROLL DG, WG 2.5oz

80.00 @ 1 each	170.00	0.50	2.65	135.00	3.00	15.88	28.00	7.00	0.00	3.40	-*	0.01	-*	-*	-*	0.01	-*	-*	-*	-*	-*	12.70	-*	0.85
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M51228 BRD: BUN, Hamburger WG

100.00 @ 1 each	140.00	0.00	0.00	300.00	2.00	12.86	27.00	5.00	0.00	2.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	40.00	-*	1.44
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M52188 BRD: ROLL AP, PRETZEL 2.2oz WG

2.00 @ 1 each	160.00	1.00	5.62	40.00	2.50	14.06	29.00	5.00	0.00	3.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	20.00	-*	1.80
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M55179 BRD: CIABATTA, SLICED WG

2.00 @ 1 each	160.00	0.50	2.81	170.00	3.50	19.69	30.00	5.00	0.00	3.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	20.00	-*	1.44
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M51648 BEEF Pty, AP 100% 2.0

24.00 @ 1 each	130.00	3.00	20.77	45.00	8.00	55.39	1.00	12.00	35.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	1.08
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M55364 VEG PATTY, BLACK BEAN AP 2.0

24.00 @ 1 patty	160.00	1.00	5.62	410.00	7.00	39.37	15.00	14.00	5.00	5.00	280.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	40.00	-*	0.72
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M51359 CHIX FLT, BREAST GRD 2.0 MWWM

2.00 @ 1 each	100.00	1.00	9.00	210.00	3.50	31.50	1.00	15.00	40.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.72
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M51935 CHIX FLT, BREAST BRD WG 2.0 MWWM

30.00 @ 1 each	229.72	2.00	7.82	379.54	9.99	39.13	13.98	21.97	49.94	1.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	19.98	-*	1.44
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M51936 CHIX FLT, BREAST BRD SPICY WG 2.0 MWWM

27.00 @ 1 each	229.84	2.00	7.82	479.66	9.99	39.13	14.99	20.99	49.96	1.00	-*	99.93	-*	-*	-*	0.00	-*	-*	-*	-*	-*	19.99	-*	1.44
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M51005 CHEESE, AM (184ct) Slices 1.0

24.00 @ 3 slice	134.99	6.75	45.00	599.97	10.50	70.00	1.50	7.50	37.50	0.00	-*	299.98	-*	-*	-*	0.00	-*	-*	-*	-*	-*	224.99	-*	0.00
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M53381 CHEESE, CH Slices 1.0

24.00 @ 2 slice	110.01	5.00	40.91	180.01	9.00	73.64	1.00	6.00	30.00	0.00	20.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	199.01	-*	0.00
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M50999 CHEESE, JK Slices 1.0

24.00 @ 2 slice	100.00	5.00	45.00	180.01	8.00	72.00	1.00	7.00	30.00	0.00	25.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	197.01	-*	0.00
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M51003 CHEESE, PV Slices 1.0

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Marcus HS

**Service Area:** Marcus - 9-12 - OVS

**Menu Name:** Marcus HS 2018 Menu - cycle 4 - week 1

**Avg.Method:** Balanced

24.00 @ 2 slice	100.00	5.00	45.00	250.01	7.00	63.00	1.00	7.00	20.00	0.00	40.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	212.01	-*	0.00
M51008 VEG: TOMATOES, FrsSl 1/8c(2sl)																								
30.00 @ 1/8 cup	5.10	0.01	1.40	1.42	0.06	10.00	1.10	0.25	0.00	0.34	67.18	236.14	0.00	0.15	2.24	3.88	0.01	0.01	0.17	0.02	0.00	2.83	6.80	0.08
M51017 VEG GARN: Rom Leaf 1ea																								
30.00 @ 1 each	2.41	0.01	2.06	1.13	0.04	15.88	0.47	0.17	0.00	0.30	35.01	1234.63	0.00	0.02	14.53	0.57	0.01	0.01	0.04	0.01	0.00	4.68	4.25	0.14
M51013 VEG: ONIONS, Red Slice 1ea																								
12.00 @ 1 slice	2.83	0.00	0.94	0.28	0.01	2.25	0.66	0.08	0.00	0.12	10.35	0.14	0.00	0.00	0.03	0.52	0.00	0.00	0.01	0.01	0.00	1.63	2.06	0.01
M50892 VEG: PEPPERS, Jalapeno CndTBSP																								
12.00 @ 1 tablespoon	2.67	0.01	3.23	165.30	0.09	31.33	0.47	0.09	0.00	0.26	19.09	168.17	0.00	0.07	1.28	0.99	0.00	0.00	0.04	0.02	0.00	2.28	1.78	0.19
M50893 VEG: PEPPERS, Banana Cnd TBSP																								
12.00 @ 1 tablespoon	1.71	0.00	2.08	203.78	0.02	10.42	0.31	0.07	0.00	0.09	-*	0.00	-*	-*	-*	4.33	-*	-*	-*	-*	-*	0.00	-*	0.03
M53388 VEG: MUSHROOM, SlcFrsRstd1/8c																								
6.00 @ 1/8 cup	4.52	0.01	1.95	0.38	0.06	12.80	0.90	0.31	0.00	0.31	46.78	1.62	0.97	0.01	0.89	0.68	0.01	0.04	0.55	0.02	0.00	3.07	11.59	0.28
M50176 COND_Pickle, Dill Slice 2ea																								
30.00 @ 2 slice	1.62	0.01	4.72	162.08	0.05	25.17	0.24	0.06	0.00	0.14	-*	0.00	-*	-*	-*	0.21	-*	-*	-*	-*	-*	8.65	-*	0.05
M50060 COND_Mayo W																								
24.00 @ 1 tablespoon	33.07	0.47	12.86	94.49	3.31	90.00	0.94	0.00	4.72	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M51676 COND_Mayo, Sriracha W																								
24.00 @ 1 tablespoon	31.98	0.43	12.14	134.90	3.01	84.59	1.30	0.04	4.29	0.04	3.92*	45.56	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.32	-*	0.02
M51391 COND_Mayo, Chipotle W																								
24.00 @ 1 tablespoon	26.11	0.35	12.21	91.53	2.49	85.73	0.96	0.01	3.54	0.01	0.00*	15.26	-*	-*	-*	0.40	-*	-*	-*	-*	-*	0.00	-*	0.00
M51427 COND_Sauce, Bistro SC W																								
12.00 @ 1 tablespoon	29.10	0.19	5.94	130.76	1.41	43.65	2.32	0.32	1.77	0.34	19.89*	10.07	0.00*	0.04*	6.39*	0.83	0.00*	0.01*	0.05*	0.00*	0.00*	8.86	2.29*	0.21
M50063 COND_Sauce, Buffalo Wing AP																								
24.00 @ 1 tablespoon	4.38	0.02	4.79	363.06	0.22	45.51	0.48	0.11	0.17	0.12	21.32	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	2.22	-*	0.07

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District  
**Location:** Lewisville ISD Marcus HS  
**Service Area:** Marcus - 9-12 - OVS  
**Menu Name:** Marcus HS 2018 Menu - cycle 4 - week 1  
**Avg.Method:** Balanced

M52707 COND\_Dressing, Ranch Homestyle

24.00 @ 1 tablespoon	50.00	0.75	13.50	134.99	5.50	99.00	0.50	0.50	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	10.00	-*	0.00
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M50291 COND\_Mustard, Yellow

12.00 @ 1 tablespoon	9.00	0.01	1.50	181.50	0.37	37.20	0.93	0.47	0.00	0.43	13.36	0.67	-*	-*	-*	0.13	-*	-*	-*	-*	-*	7.51	-*	0.19
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M66670 PANINI, CHIXDCD CH APL BBQ WG 2.0

1.00 @ 1 each	401.52	5.16	11.57	588.33	13.08	29.31	47.71	22.14	55.35	4.03	47.63*	0.45	0.00*	0.00*	0.11*	3.28	0.01*	0.01*	0.04*	0.03*	0.00*	204.49	7.93*	2.12
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M53347 SDW BD, SB WG 2.0

1.00 @ 1 sandwich	558.71	3.99	6.42	579.16	35.89	57.81	43.95	19.95	0.00	5.99	378.78*	0.00	0.00*	-*	-*	0.00	-*	-*	-*	-*	-*	59.81	-*	5.35
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M50962 SDW BD, SBJ WG 2.0

1.00 @ 1 sandwich	658.38	3.99	5.45	579.16	35.89	49.06	69.87	19.95	0.00	5.99	378.78*	0.00	0.00*	-*	-*	0.00	-*	-*	-*	-*	-*	59.81	-*	5.35
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M51734 BRD: BREAD WG, 2sl

4.00 @ 2 slice	160.00	0.00	0.00	320.00	2.00	11.25	30.00	6.00	0.00	2.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	2.16
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M52708 BRD: ROLL DG, Sub 6" WG

40.00 @ 1 roll	170.00	0.50	2.65	180.00	3.00	15.88	28.00	6.00	0.00	3.00	-*	0.01	-*	-*	-*	0.01	-*	-*	-*	-*	-*	13.52	-*	1.45
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M54775 BRD: CROISSANT, SLICED WG

12.00 @ 1 each	243.91	6.47	23.87	253.40	12.05	44.44	29.25	5.44	32.35	0.91	15.14	313.46	0.31	0.00	0.00	2.82	0.25	1.93	0.85	0.00	0.01	15.66	3.96	1.63
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M55179 BRD: CIABATTA, SLICED WG

2.00 @ 1 each	160.00	0.50	2.81	170.00	3.50	19.69	30.00	5.00	0.00	3.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	20.00	-*	1.44
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M66605 BRD: TORTILLA FLOUR 10" WG

6.00 @ 1 each	180.00	1.50	7.50	250.00	4.50	22.50	29.00	5.00	0.00	3.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	100.00	-*	1.44
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M52782 BRD: FLATBREAD 2oz (2BG)

30.00 @ 1 each	180.00	1.00	5.00	310.00	5.00	25.00	28.00	5.00	0.00	2.69	-*	0.07	-*	-*	-*	0.07	-*	-*	-*	-*	-*	22.88	-*	0.83
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M53393 TKY, Breast Sliced 1.0

40.00 @ 1 serving	60.00	0.50	7.50	220.00	2.00	30.00	2.00	9.00	25.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	20.00	-*	0.36
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M53569 CHIX, BLACK FOREST HAM SLICED 1.0

30.00 @ 1 serving	80.00	1.50	16.88	330.00	4.50	50.63	2.00	8.00	40.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.36
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M53894 CHIX DCD GRAPE DELI SALAD W 1.0

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Marcus HS

**Service Area:** Marcus - 9-12 - OVS

**Menu Name:** Marcus HS 2018 Menu - cycle 4 - week 1

**Avg.Method:** Balanced

16.00 @ 1 No 16 Scoop	97.66	1.13	10.44	137.54	5.20	47.96	3.30	9.31	30.40	0.19	31.50*	37.52	0.00*	0.03*	2.59*	0.48	0.01*	0.01*	0.04*	0.01*	0.00*	3.87	2.52*	0.32
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M52455 FISH, Tuna Deli Salad B 1.0

16.00 @ 1 No 20 Scoop	105.01	1.34	11.46	146.76	7.60	65.14	0.28	7.63	18.49	0.13	19.78*	32.30	0.00*	0.02*	2.16*	0.31	0.00*	0.00*	0.02*	0.01*	0.00*	3.12	1.84*	0.20
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M51005 CHEESE, AM (184ct) Slices 1.0

18.00 @ 3 slice	134.99	6.75	45.00	599.97	10.50	70.00	1.50	7.50	37.50	0.00	-*	299.98	-*	-*	-*	0.00	-*	-*	-*	-*	-*	224.99	-*	0.00
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M53381 CHEESE, CH Slices 1.0

30.00 @ 2 slice	110.01	5.00	40.91	180.01	9.00	73.64	1.00	6.00	30.00	0.00	20.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	199.01	-*	0.00
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M50999 CHEESE, JK Slices 1.0

24.00 @ 2 slice	100.00	5.00	45.00	180.01	8.00	72.00	1.00	7.00	30.00	0.00	25.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	197.01	-*	0.00
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M51003 CHEESE, PV Slices 1.0

24.00 @ 2 slice	100.00	5.00	45.00	250.01	7.00	63.00	1.00	7.00	20.00	0.00	40.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	212.01	-*	0.00
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M51008 VEG: TOMATOES, FrsSl 1/8c(2sl)

40.00 @ 1/8 cup	5.10	0.01	1.40	1.42	0.06	10.00	1.10	0.25	0.00	0.34	67.18	236.14	0.00	0.15	2.24	3.88	0.01	0.01	0.17	0.02	0.00	2.83	6.80	0.08
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M51017 VEG GARN: Rom Leaf 1ea

50.00 @ 1 each	2.41	0.01	2.06	1.13	0.04	15.88	0.47	0.17	0.00	0.30	35.01	1234.63	0.00	0.02	14.53	0.57	0.01	0.01	0.04	0.01	0.00	4.68	4.25	0.14
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M51013 VEG: ONIONS, Red Slice 1ea

24.00 @ 1 slice	2.83	0.00	0.94	0.28	0.01	2.25	0.66	0.08	0.00	0.12	10.35	0.14	0.00	0.00	0.03	0.52	0.00	0.00	0.01	0.01	0.00	1.63	2.06	0.01
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M53388 VEG: MUSHROOM, SlcFrsRstd1/8c

6.00 @ 1/8 cup	4.52	0.01	1.95	0.38	0.06	12.80	0.90	0.31	0.00	0.31	46.78	1.62	0.97	0.01	0.89	0.68	0.01	0.04	0.55	0.02	0.00	3.07	11.59	0.28
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M50892 VEG: PEPPERS, Jalapeno CndTBSP

12.00 @ 1 tablespoon	2.67	0.01	3.23	165.30	0.09	31.33	0.47	0.09	0.00	0.26	19.09	168.17	0.00	0.07	1.28	0.99	0.00	0.00	0.04	0.02	0.00	2.28	1.78	0.19
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M50893 VEG: PEPPERS, Banana Cnd TBSP

12.00 @ 1 tablespoon	1.71	0.00	2.08	203.78	0.02	10.42	0.31	0.07	0.00	0.09	-*	0.00	-*	-*	-*	4.33	-*	-*	-*	-*	-*	0.00	-*	0.03
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M50176 COND\_Pickle, Dill Slice 2ea

30.00 @ 2 slice	1.62	0.01	4.72	162.08	0.05	25.17	0.24	0.06	0.00	0.14	-*	0.00	-*	-*	-*	0.21	-*	-*	-*	-*	-*	8.65	-*	0.05
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M50060 COND\_Mayo W

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Marcus HS

**Service Area:** Marcus - 9-12 - OVS

**Menu Name:** Marcus HS 2018 Menu - cycle 4 - week 1

**Avg.Method:** Balanced

24.00 @ 1 tablespoon	33.07	0.47	12.86	94.49	3.31	90.00	0.94	0.00	4.72	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M51676 COND\_Mayo, Sriracha W

24.00 @ 1 tablespoon	31.98	0.43	12.14	134.90	3.01	84.59	1.30	0.04	4.29	0.04	3.92*	45.56	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.32	-*	0.02
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M51391 COND\_Mayo, Chipotle W

24.00 @ 1 tablespoon	26.11	0.35	12.21	91.53	2.49	85.73	0.96	0.01	3.54	0.01	0.00*	15.26	-*	-*	-*	0.40	-*	-*	-*	-*	-*	0.00	-*	0.00
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M51427 COND\_Sauce, Bistro SC W

12.00 @ 1 tablespoon	29.10	0.19	5.94	130.76	1.41	43.65	2.32	0.32	1.77	0.34	19.89*	10.07	0.00*	0.04*	6.39*	0.83	0.00*	0.01*	0.05*	0.00*	0.00*	8.86	2.29*	0.21
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M52707 COND\_Dressing, Ranch Homestyle

24.00 @ 1 tablespoon	50.00	0.75	13.50	134.99	5.50	99.00	0.50	0.50	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	10.00	-*	0.00
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M50291 COND\_Mustard, Yellow

12.00 @ 1 tablespoon	9.00	0.01	1.50	181.50	0.37	37.20	0.93	0.47	0.00	0.43	13.36	0.67	-*	-*	-*	0.13	-*	-*	-*	-*	-*	7.51	-*	0.19
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M66605 BRD: TORTILLA FLOUR 10" WG

4.00 @ 1 each	180.00	1.50	7.50	250.00	4.50	22.50	29.00	5.00	0.00	3.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	100.00	-*	1.44
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M66461 BRD: TORTILLA FLOUR 6" WG

12.00 @ 2 each	180.00	1.00	5.00	250.00	5.00	25.00	28.00	6.00	0.00	2.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	120.00	-*	1.44
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M66266 BRD: TORTILLA CORN 6" HARD

16.00 @ 2 each	168.17	1.98	10.59	0.00	7.91	42.35	22.75	1.98	0.00	1.98	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	19.78	-*	0.71
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M54540 BRD: TORTILLA, CHIP RND WG 2BG

70.00 @ 1 serving	224.59	1.60	6.43	184.48	9.63	38.57	32.08	3.21	0.00	3.21	0.00	0.00	0.00	-*	-*	0.00	-*	-*	-*	-*	-*	48.13	-*	0.80
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M50834 RICE, Sante Fe WG 2BG

30.00 @ 1 cup	227.25	0.43	1.70	236.61	1.81	7.16	47.13	5.03	0.00	2.02	128.15	165.47	0.00*	0.01*	0.17*	4.89	0.00*	0.00*	0.01*	0.00*	0.00*	13.44	0.99*	0.58
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M51175 BEEF Gd, Taco Meat SC 1.0

90.00 @ 1 No 24 Scoop	78.71	1.65	18.88	56.06	4.38	50.12	1.22	8.02	25.24	0.15	122.30*	121.25	0.57*	0.08*	0.61*	1.55	0.01*	0.06*	1.81*	0.13*	0.79*	9.04	69.27*	1.00
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M55198 CHIX DCD TACO MEAT LS 1.0

90.00 @ 1 No 24 Scoop	69.50	0.78	10.06	58.03	2.75	35.64	1.65	9.36	26.86	0.20	12.08*	128.62	0.00*	0.09*	0.40*	0.79	0.00*	0.00*	0.03*	0.01*	0.00*	3.03	2.67*	0.45
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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Marcus HS

**Service Area:** Marcus - 9-12 - OVS

**Menu Name:** Marcus HS 2018 Menu - cycle 4 - week 1

**Avg.Method:** Balanced

M51387 FILLING, Black BeanCharroSC1.0

12.00 @ 1 No 16 Scoop	64.45	0.10	1.37	62.66	0.48	6.75	11.14	3.87	0.51	3.81	21.19*	68.91	0.00*	0.04*	0.95*	1.53	0.00*	0.00*	0.05*	0.01*	0.00*	50.89	2.70*	1.14
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M53187 FILLING, Pinto Bean KicknSC1.0

12.00 @ 1 No 16 Scoop	66.95	0.08	1.11	99.41	0.39	5.30	12.53	3.13	0.59	2.52	0.10*	60.68	0.00*	0.00*	0.00*	1.23	0.00*	0.00*	0.00*	0.00*	0.00*	32.08	0.00*	0.85
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M53386 CHEESE, CH Shreds 1.0

48.00 @ 2 fl oz	110.00	6.00	49.09	189.99	9.00	73.64	1.00	7.00	30.00	0.00	0.00	280.99	-*	-*	-*	0.00	-*	-*	-*	-*	-*	201.99	-*	0.19
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M50921 COND\_Sauce, Chz SS W (LOL) 1.0

70.00 @ 3 fl oz	149.95	6.75	40.50	599.79	10.50	63.00	4.50	7.50	29.99	0.00	0.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M51420 VEG GARN: Rom Shrds/Tom Dice

48.00 @ 1 serving	5.03	0.01	1.56	1.63	0.06	11.41	1.06	0.27	0.00	0.40	67.90	794.43	0.00	0.12	8.94	3.20	0.01	0.01	0.15	0.02	0.00	4.47	7.23	0.13
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M52379 VEG: ONIONS, Yellow Diced 1/8c

12.00 @ 1/8 cup	8.62	0.01	0.94	0.86	0.02	2.25	2.01	0.24	0.00	0.37	31.47	0.43	0.00	0.00	0.09	1.60	0.01	0.01	0.03	0.03	0.00	4.96	6.25	0.05
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M50892 VEG: PEPPERS, Jalapeno CndTBSP

120.00 @ 1 tablespoon	2.67	0.01	3.23	165.30	0.09	31.33	0.47	0.09	0.00	0.26	19.09	168.17	0.00	0.07	1.28	0.99	0.00	0.00	0.04	0.02	0.00	2.28	1.78	0.19
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M53940 COND\_Salsa, Verde SC 1/8c

12.00 @ 1/8 cup	10.71	0.03	2.62	18.90	0.23	19.35	2.13	0.37	0.00	0.61	83.93	275.99	0.00	0.17	13.04	3.96	0.02	0.02	0.40	0.03	0.00	8.13	11.97	0.22
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M66155 COND\_SALSA, BLK BN CRN SC 1/8C

12.00 @ 1/8 cup	19.80	0.03	1.48	26.70	0.22	10.18	3.86	1.00	0.08	1.01	27.65*	142.18	0.00*	0.08*	2.13*	4.28	0.01*	0.01*	0.13*	0.02*	0.00*	18.26	6.52*	0.45
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M66159 COND\_SALSA, FIRERST SC 1/8C

24.00 @ 1/8 cup	5.91	0.01	1.15	16.39	0.06	9.54	1.29	0.26	0.00	0.30	17.55*	161.86	0.00*	0.07*	3.01*	6.69	0.00*	0.00*	0.04*	0.02*	0.00*	9.23	2.96*	0.12
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M66157 COND\_SALSA, BLNDR SC 1/8C

12.00 @ 1/8 cup	9.57	0.02	1.51	32.30	0.10	9.13	2.10	0.42	0.00	0.59	27.10*	178.77	0.00*	0.06*	6.25*	4.65	0.01*	0.01*	0.04*	0.02*	0.00*	16.79	4.37*	0.19
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M50087 COND\_Salsa, Pico SC 1/8c

48.00 @ 1/8 cup	6.62	0.01	1.38	26.44	0.07	9.93	1.46	0.29	0.00	0.40	69.99	256.86	0.00	0.16	3.13	4.04	0.01	0.01	0.17	0.03	0.00	4.19	7.67	0.11
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M53983 COND PC Sour Cream 1oz

20.00 @ 1 each	56.13	2.87	46.09	8.79	5.49	87.95	1.31	0.69	16.73	0.00	35.44	126.72	0.00	0.11	0.43	0.26	0.01	0.05	0.03	0.01	0.06	28.63	21.55	0.02
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M51731 VEG: POTATO SWT, FF CRINKLE 1/2C

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Marcus HS

**Service Area:** Marcus - 9-12 - OVS

**Menu Name:** Marcus HS 2018 Menu - cycle 4 - week 1

**Avg.Method:** Balanced

19.00 @ 1/2 cup	137.66	0.53	3.46	180.02	4.77	31.15	23.30	1.06	0.00	3.18	243.56	3176.86	-*	-*	-*	6.35	-*	-*	-*	-*	-*	21.18	-*	0.38
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M53419 VEG: POTATO, FF CTINAGEN7 1/2C

96.00 @ 1/2 cup	119.99	1.33	10.00	133.32	4.67	35.00	17.33	2.00	0.00	2.00	259.98	0.00	-*	-*	-*	3.20	-*	-*	-*	-*	-*	0.00	-*	0.48
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M51731 VEG: POTATO SWT, FF CRINKLE 1/2C

57.00 @ 1/2 cup	137.66	0.53	3.46	180.02	4.77	31.15	23.30	1.06	0.00	3.18	243.56	3176.86	-*	-*	-*	6.35	-*	-*	-*	-*	-*	21.18	-*	0.38
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M50534 FRUIT: ORANGE 138ct 1/8wg 1/2c

140.00 @ 8 wedge	46.96	0.01	0.29	0.00	0.12	2.30	11.74	0.94	0.00	2.40	180.86	224.82	0.00	0.18	0.00	53.16	0.09	0.04	0.28	0.06	0.00	39.97	13.99	0.10
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M52268 FRUIT: PEACHES Dice w/Jc 1/2c

96.00 @ 1/2 cup	50.83	0.00	0.00	10.17	0.00	0.00	12.20	0.00	0.00	0.00	182.98	304.97	-*	-*	-*	1.22	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50979 JUICE SS, Apple 100% 4oz Cart

160.00 @ 1 each	60.00	0.00	0.00	15.00	0.00	0.00	14.00	0.00	0.00	0.00	85.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50

50.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00
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M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50

250.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00
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M53222 COND PC Margarine 5g

100.00 @ 1 each	30.00	1.00	30.00	30.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	500.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50855 COND PC Ketchup 9g Heinz

100.00 @ 1 each	10.00	0.00	0.00	85.00	0.00	0.00	3.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50055 COND PC Mayonnaise 12g

100.00 @ 1 each	80.00	1.50	16.87	75.00	8.00	90.00	1.00	0.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50284 COND PC Mustard 6g

100.00 @ 1 each	0.00	0.00	-	65.00	0.00	-	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50685 COND\_DRESSING, VINAIGRETTE BALSAMIC

6.00 @ 1 tablespoon	30.00	0.25	7.50	95.00	2.50	75.00	2.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50623 COND PC Drsg Italian 12g

100.00 @ 1 each	30.00	0.00	0.00	130.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	100.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50624 COND PC Drsg Ranch 12g

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Marcus HS

**Service Area:** Marcus - 9-12 - OVS

**Menu Name:** Marcus HS 2018 Menu - cycle 4 - week 1

**Avg.Method:** Balanced

100.00 @ 1 each	50.00	0.00	0.00	100.00	5.00	90.00	1.00	0.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50056 COND PC Sauce, Taco 9g

100.00 @ 1 each	5.00	0.00	0.00	55.00	0.00	0.00	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50287 COND PC Sauce, BBQ 12g

100.00 @ 1 each	15.00	0.00	0.00	160.00	0.00	0.00	4.00	0.00	0.00	0.00	-*	100.00	-*	-*	-*	0.60	-*	-*	-*	-*	-*	0.00	-*	0.00
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<b>Average</b>	855.38	10.69	11.25	1516.26	32.95	34.67	97.13	41.65	81.23	8.34	442.18*	2224.41	.32*	.22*	7*	30.54	.06*	.11*	1.17*	.11*	.4*	545.11	47.54*	4.17
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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Marcus HS

**Service Area:** Marcus - 9-12 - OVS

**Menu Name:** Marcus HS 2018 Menu - cycle 4 - week 1

**Avg.Method:** Balanced

**Age Group:** Brkfst Grades K-12      **Period:** Breakfast      **Week:** 1      **Day:** Wednesday      **Count Type:** Forecasted      **Total No. of Customers:** 36

Weekly Std.	SFA		Na (mg)	Fat		CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)
	CAL	(g)		% of CAL	(g)																		
450.00-500.00		10.00	540.00																		0.00		

M52893 BRD: DONUT, Glaze Vanilla WG

16.00 @ 1 each	335.14	7.00	18.80	300.36	16.00	42.97	44.14	5.00	0.00	2.81	0.31*	9.50	0.00*	0.00*	0.00*	0.00	0.00*	0.00*	0.00*	0.00*	0.00*	14.19	0.00*	0.71
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M52695 CHEESE, MZ String LF 1ea 1.0

16.00 @ 1 stick	60.00	2.00	30.00	200.01	3.00	45.00	1.00	7.00	10.00	0.00	0.00	200.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	200.01	-*	0.00
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M51108 EGG: Omelet CH AP 2.0

16.00 @ 1 each	130.00	3.50	24.23	280.00	11.00	76.16	1.00	7.00	170.00	0.00	-*	300.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	80.00	-*	0.72
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M51630 CHIX Sausage Patty 1ea 1.0

16.00 @ 1 patty	100.00	1.50	13.50	250.00	6.00	54.00	1.00	11.00	40.00	0.00	0.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.72
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M51237 BRD: BREAD WG, Tst Marg 1sl

16.00 @ 1 slice	110.00	1.33	10.91	160.00	4.33	35.45	15.00	3.00	0.00	1.00	1.33*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	1.08
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M50205 CEREAL HOT, Oatmeal (2BG)

6.00 @ 1 cup	212.61	0.71	3.00	6.51	4.25	18.00	38.27	7.09	0.00	5.67	2.17*	0.00	0.00*	0.00*	0.00*	0.00	0.00*	0.00*	0.00*	0.00*	0.00*	6.51	0.00*	2.55
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M50209 COND\_Sugar, Cinnamon

4.00 @ 1 tablespoon	45.52	0.00	0.03	0.15	0.00	0.09	11.83	0.02	0.00	0.21	1.90	1.14	0.00	0.01	0.12	0.01	0.00	0.00	0.01	0.00	0.00	3.99	0.25	0.04
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M50439 CEREAL BWL, Cheerios WG

1.00 @ 1 bowl	100.00	0.50	4.50	140.00	2.00	18.00	20.00	3.00	0.00	3.00	-*	500.01	-*	-*	-*	6.00	-*	-*	-*	-*	-*	100.00	-*	8.10
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M50208 CEREAL BWL, CinnTstCrnch RS WG

2.00 @ 1 bowl	110.00	0.50	4.09	160.00	3.00	24.54	22.00	1.00	0.00	3.00	-*	400.01	-*	-*	-*	4.80	-*	-*	-*	-*	-*	200.01	-*	3.60
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M50442 CEREAL BWL, Cocoa Puffs RS WG

2.00 @ 1 bowl	110.05	0.00	0.00	160.08	1.50	12.27	25.01	2.00	0.00	2.00	-*	500.25	-*	-*	-*	6.00	-*	-*	-*	-*	-*	100.05	-*	4.50
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M50524 CEREAL BWL, Lucky Charms WG

2.00 @ 1 bowl	110.00	0.00	0.00	180.00	1.00	8.18	23.00	2.00	0.00	2.00	-*	500.01	-*	-*	-*	6.00	-*	-*	-*	-*	-*	100.00	-*	4.50
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M51237 BRD: BREAD WG, Tst Marg 1sl

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Marcus HS

**Service Area:** Marcus - 9-12 - OVS

**Menu Name:** Marcus HS 2018 Menu - cycle 4 - week 1

**Avg.Method:** Balanced

4.00 @ 1 slice	110.00	1.33	10.91	160.00	4.33	35.45	15.00	3.00	0.00	1.00	1.33*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	1.08	
M52975 BRD: WAFFLE, RS SS WG (3.25BG)																									
6.00 @ 1 each	240.06	0.00	0.00	506.14	2.86	10.71	50.30	6.86	0.00	6.86	1.05*	0.00	0.00*	0.00*	0.00*	0.00	0.00*	0.00*	0.00*	0.00*	0.00*	0.00*	288.94	0.00*	3.09
M52659 FRUIT: APPLES, Warm Cinn 1/8c																									
4.00 @ 1/8 cup	26.30	0.01	0.19	2.47	0.01	0.29	6.56	0.00	0.00	0.50	0.61*	0.23	0.00*	0.00*	0.01*	0.04	0.00*	0.00*	0.00*	0.00*	0.00*	0.00*	0.57	0.12*	0.01
M54565 FRUIT: STRAWBERRIES, SLCD (USDA) W/SYR FRZ 1/4C																									
4.00 @ 1/4 cup	59.67	0.01	0.09	1.96	0.08	1.23	16.16	0.33	0.00	1.18	-*	15.16	-*	-*	-*	25.82	-*	-*	-*	-*	-*	-*	6.85	-*	0.37
M52816 DESRT: TOPPING, Whipd NonDairy																									
6.00 @ 1 tablespoon	13.47	1.00	66.56	0.81	1.00	67.06	1.06	0.05	0.01	0.01	-*	0.20	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.15	-*	0.00	
M50429 FRUIT: CANTALOUPE, Fresh 1/2c																									
24.00 @ 1/2 cup	25.70	0.04	1.35	12.10	0.14	5.03	6.17	0.63	0.00	0.68	201.84	2556.59	0.00	0.04	1.89	27.74	0.03	0.01	0.55	0.05	0.00	6.80	11.34	0.16	
M50793 FRUIT: APPLESAUCE, AP 1/2c																									
24.00 @ 1/2 cup	91.96	0.00	0.00	10.22	0.00	0.00	22.48	0.00	0.00	2.04	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00	
M50982 JUICE SS, ORANGE 100% 4 FLOZ																									
30.00 @ 1 each	51.44	0.00	0.00	15.43	0.00	0.00	12.35	1.03	0.00	0.00	-*	0.00	-*	-*	-*	43.21	-*	-*	-*	-*	-*	0.00	-*	0.00	
M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50																									
25.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00	
M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50																									
25.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00	
M53222 COND PC Margarine 5g																									
10.00 @ 1 each	30.00	1.00	30.00	30.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	500.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00	
M53221 COND PC Jelly, Grape Smucker																									
10.00 @ 1 each	35.00	0.00	0.00	5.00	0.00	0.00	9.00	0.00	0.00	0.00	0.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00	
M50056 COND PC Sauce, Taco 9g																									
10.00 @ 1 each	5.00	0.00	0.00	55.00	0.00	0.00	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00	
M50058 COND PC Syrup 1.4oz Smuckers																									
10.00 @ 1 each	110.00	0.00	0.00	25.00	0.00	0.00	29.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00	
<b>Average</b>	783.4	8.64	9.92	939.55	22.8	26.19	115.64	30.12	108.2	6.39	136.25*	2857.73	0*	.03*	1.27*	60.98	.02*	.01*	.37*	.04*	0*	627.5	7.6*	3.57	

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Marcus HS

**Service Area:** Marcus - 9-12 - OVS

**Menu Name:** Marcus HS 2018 Menu - cycle 4 - week 1

**Avg.Method:** Balanced

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\* Some values for this nutrient are unavailable; the number listed is incomplete.

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District  
**Location:** Lewisville ISD Marcus HS  
**Service Area:** Marcus - 9-12 - OVS  
**Menu Name:** Marcus HS 2018 Menu - cycle 4 - week 1  
**Avg.Method:** Balanced

**Age Group:** Lunch Grades 9-12      **Period:** Lunch      **Week:** 1      **Day:** Wednesday      **Count Type:** Forecasted      **Total No. of Customers:** 415

Weekly Std.	SFA		Na (mg)	Fat		CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)
	CAL	% of CAL		% of CAL	% of CAL																		
750.00-850.00		10.00	1420.00																		20.00		

M55226 MELT SUB AP, CHIXMTBL CH BBQ WG 2.0

50.00 @ 1 sandwich	369.47	5.01	12.20	669.49	15.22	37.08	41.05	21.83	55.00	4.01	37.67*	216.17	0.00*	0.00*	0.11*	2.42	0.01*	0.01*	0.04*	0.03*	0.00*	172.77	7.93*	2.67
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M51247 SALAD, Veg MZ Frt SC W 2.0summ

1.00 @ 1 each	187.74	4.08	19.57	409.28	6.37	30.54	19.37	14.93	20.00	2.68	250.40	3770.52	0.00*	0.26*	46.28*	7.41	0.08*	0.07*	0.32*	0.10*	0.00*	425.40	23.08*	0.57
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M52188 BRD: ROLL AP, PRETZEL 2.2oz WG

1.00 @ 1 each	160.00	1.00	5.62	40.00	2.50	14.06	29.00	5.00	0.00	3.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	20.00	-*	1.80
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M52043 PIZZA HUT PIZZA 6" EXPRESS CHZ SS 2.25

45.00 @ 1 pizza	374.18	4.99	12.01	685.27	13.41	32.25	38.44	24.92	24.70	4.27	-*	692.07	-*	-*	-*	5.36	-*	-*	-*	-*	-*	410.71	-*	2.57
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M53931 PIZZA HUT PIZZA 6" EXPRESS PEPP SS 2.0

70.00 @ 1 pizza	385.19	5.31	12.42	711.32	14.98	35.01	38.49	24.17	27.17	4.35	-*	662.85	-*	-*	-*	5.43	-*	-*	-*	-*	-*	354.34	-*	2.65
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M54307 PIZZA HUT PIZZA 6" EXPRESS SSG SS 2.25

20.00 @ 1 pizza	439.08	7.15	14.66	836.54	20.45	41.92	38.35	25.40	37.42	4.27	-*	689.00	-*	-*	-*	5.36	-*	-*	-*	-*	-*	356.37	-*	2.86
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M54310 PIZZA HUT PIZZA 6" EXPRESS BBQ CHIX SS 2.25

15.00 @ 1 pizza	400.94	4.66	10.46	805.79	13.17	29.57	42.83	27.77	38.53	4.36	-*	667.19	-*	-*	-*	5.81	-*	-*	-*	-*	-*	350.99	-*	2.67
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M54521 PIZZA HUT COND PC PEPPER RED CRUSHED 1G

30.00 @ 1 each	5.00	0.00	0.00	0.00	0.00	0.00	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M54520 PIZZA HUT COND PC CHEESE GRATED 2.5G

40.00 @ 1 each	10.00	0.00	0.00	50.00	1.00	90.00	0.00	1.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M54156 BURG, BEEF ONJALPEP GARMAYOW AP 100% WG 2.0

30.00 @ 1 each	328.82	3.56	9.75	510.31	14.00	38.32	33.55	17.61	39.73	2.68	66.71*	143.00	0.00*	0.08*	0.68*	2.19	0.02*	0.01*	0.08*	0.05*	0.00*	49.27	12.98*	2.73
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M53275 MELT BD, AM WG 2.0

24.00 @ 1 sandwich	385.00	11.25	26.30	1320.00	19.50	45.58	32.50	18.50	62.50	2.00	-*	500.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	375.00	-*	2.16
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M51680 BRD: ROLL DG, WG 2.5oz

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Marcus HS

**Service Area:** Marcus - 9-12 - OVS

**Menu Name:** Marcus HS 2018 Menu - cycle 4 - week 1

**Avg.Method:** Balanced

80.00 @ 1 each	170.00	0.50	2.65	135.00	3.00	15.88	28.00	7.00	0.00	3.40	-*	0.01	-*	-*	-*	0.01	-*	-*	-*	-*	-*	12.70	-*	0.85
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M51228 BRD: BUN, Hamburger WG

100.00 @ 1 each	140.00	0.00	0.00	300.00	2.00	12.86	27.00	5.00	0.00	2.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	40.00	-*	1.44
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M52188 BRD: ROLL AP, PRETZEL 2.2oz WG

2.00 @ 1 each	160.00	1.00	5.62	40.00	2.50	14.06	29.00	5.00	0.00	3.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	20.00	-*	1.80
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M55179 BRD: CIABATTA, SLICED WG

2.00 @ 1 each	160.00	0.50	2.81	170.00	3.50	19.69	30.00	5.00	0.00	3.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	20.00	-*	1.44
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M51648 BEEF Pty, AP 100% 2.0

24.00 @ 1 each	130.00	3.00	20.77	45.00	8.00	55.39	1.00	12.00	35.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	1.08
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M55364 VEG PATTY, BLACK BEAN AP 2.0

24.00 @ 1 patty	160.00	1.00	5.62	410.00	7.00	39.37	15.00	14.00	5.00	5.00	280.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	40.00	-*	0.72
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M51359 CHIX FLT, BREAST GRD 2.0 MWWM

2.00 @ 1 each	100.00	1.00	9.00	210.00	3.50	31.50	1.00	15.00	40.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.72
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M51935 CHIX FLT, BREAST BRD WG 2.0 MWWM

30.00 @ 1 each	229.72	2.00	7.82	379.54	9.99	39.13	13.98	21.97	49.94	1.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	19.98	-*	1.44
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M51936 CHIX FLT, BREAST BRD SPICY WG 2.0 MWWM

40.00 @ 1 each	229.84	2.00	7.82	479.66	9.99	39.13	14.99	20.99	49.96	1.00	-*	99.93	-*	-*	-*	0.00	-*	-*	-*	-*	-*	19.99	-*	1.44
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M51005 CHEESE, AM (184ct) Slices 1.0

24.00 @ 3 slice	134.99	6.75	45.00	599.97	10.50	70.00	1.50	7.50	37.50	0.00	-*	299.98	-*	-*	-*	0.00	-*	-*	-*	-*	-*	224.99	-*	0.00
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M53381 CHEESE, CH Slices 1.0

24.00 @ 2 slice	110.01	5.00	40.91	180.01	9.00	73.64	1.00	6.00	30.00	0.00	20.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	199.01	-*	0.00
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M50999 CHEESE, JK Slices 1.0

24.00 @ 2 slice	100.00	5.00	45.00	180.01	8.00	72.00	1.00	7.00	30.00	0.00	25.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	197.01	-*	0.00
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M51003 CHEESE, PV Slices 1.0

24.00 @ 2 slice	100.00	5.00	45.00	250.01	7.00	63.00	1.00	7.00	20.00	0.00	40.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	212.01	-*	0.00
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M51008 VEG: TOMATOES, FrsSI 1/8c(2sl)

30.00 @ 1/8 cup	5.10	0.01	1.40	1.42	0.06	10.00	1.10	0.25	0.00	0.34	67.18	236.14	0.00	0.15	2.24	3.88	0.01	0.01	0.17	0.02	0.00	2.83	6.80	0.08
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M51017 VEG GARN: Rom Leaf 1ea

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Marcus HS

**Service Area:** Marcus - 9-12 - OVS

**Menu Name:** Marcus HS 2018 Menu - cycle 4 - week 1

**Avg.Method:** Balanced

30.00 @ 1 each	2.41	0.01	2.06	1.13	0.04	15.88	0.47	0.17	0.00	0.30	35.01	1234.63	0.00	0.02	14.53	0.57	0.01	0.01	0.04	0.01	0.00	4.68	4.25	0.14
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M51013 VEG: ONIONS, Red Slice 1ea

12.00 @ 1 slice	2.83	0.00	0.94	0.28	0.01	2.25	0.66	0.08	0.00	0.12	10.35	0.14	0.00	0.00	0.03	0.52	0.00	0.00	0.01	0.01	0.00	1.63	2.06	0.01
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M50892 VEG: PEPPERS, Jalapeno CndTBSP

12.00 @ 1 tablespoon	2.67	0.01	3.23	165.30	0.09	31.33	0.47	0.09	0.00	0.26	19.09	168.17	0.00	0.07	1.28	0.99	0.00	0.00	0.04	0.02	0.00	2.28	1.78	0.19
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M50893 VEG: PEPPERS, Banana Cnd TBSP

12.00 @ 1 tablespoon	1.71	0.00	2.08	203.78	0.02	10.42	0.31	0.07	0.00	0.09	-*	0.00	-*	-*	-*	4.33	-*	-*	-*	-*	-*	0.00	-*	0.03
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M53388 VEG: MUSHROOM, SlcFrRstd1/8c

6.00 @ 1/8 cup	4.52	0.01	1.95	0.38	0.06	12.80	0.90	0.31	0.00	0.31	46.78	1.62	0.97	0.01	0.89	0.68	0.01	0.04	0.55	0.02	0.00	3.07	11.59	0.28
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M50176 COND\_Pickle, Dill Slice 2ea

30.00 @ 2 slice	1.62	0.01	4.72	162.08	0.05	25.17	0.24	0.06	0.00	0.14	-*	0.00	-*	-*	-*	0.21	-*	-*	-*	-*	-*	8.65	-*	0.05
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M50060 COND\_Mayo W

24.00 @ 1 tablespoon	33.07	0.47	12.86	94.49	3.31	90.00	0.94	0.00	4.72	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M51676 COND\_Mayo, Sriracha W

24.00 @ 1 tablespoon	31.98	0.43	12.14	134.90	3.01	84.59	1.30	0.04	4.29	0.04	3.92*	45.56	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.32	-*	0.02
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M51391 COND\_Mayo, Chipotle W

24.00 @ 1 tablespoon	26.11	0.35	12.21	91.53	2.49	85.73	0.96	0.01	3.54	0.01	0.00*	15.26	-*	-*	-*	0.40	-*	-*	-*	-*	-*	0.00	-*	0.00
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M51427 COND\_Sauce, Bistro SC W

6.00 @ 1 tablespoon	29.10	0.19	5.94	130.76	1.41	43.65	2.32	0.32	1.77	0.34	19.89*	10.07	0.00*	0.04*	6.39*	0.83	0.00*	0.01*	0.05*	0.00*	0.00*	8.86	2.29*	0.21
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M50063 COND\_Sauce, Buffalo Wing AP

24.00 @ 1 tablespoon	4.38	0.02	4.79	363.06	0.22	45.51	0.48	0.11	0.17	0.12	21.32	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	2.22	-*	0.07
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M52707 COND\_Dressing, Ranch Homestyle

24.00 @ 1 tablespoon	50.00	0.75	13.50	134.99	5.50	99.00	0.50	0.50	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	10.00	-*	0.00
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M50291 COND\_Mustard, Yellow

24.00 @ 1 tablespoon	9.00	0.01	1.50	181.50	0.37	37.20	0.93	0.47	0.00	0.43	13.36	0.67	-*	-*	-*	0.13	-*	-*	-*	-*	-*	7.51	-*	0.19
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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Marcus HS

**Service Area:** Marcus - 9-12 - OVS

**Menu Name:** Marcus HS 2018 Menu - cycle 4 - week 1

**Avg.Method:** Balanced

M50265 SDW FB, Tky Mush SW 2.0

1.00 @ 1 each	464.53	8.01	15.52	860.39	26.06	50.50	31.90	23.31	60.00	3.00	66.79*	1.69	0.97*	0.01*	0.89*	0.75	0.01*	0.04*	0.55*	0.02*	0.00*	314.95	11.59*	1.47
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M53347 SDW BD, SB WG 2.0

1.00 @ 1 sandwich	558.71	3.99	6.42	579.16	35.89	57.81	43.95	19.95	0.00	5.99	378.78*	0.00	0.00*	-*	-*	0.00	-*	-*	-*	-*	-*	59.81	-*	5.35
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M50962 SDW BD, SBJ WG 2.0

1.00 @ 1 sandwich	658.38	3.99	5.45	579.16	35.89	49.06	69.87	19.95	0.00	5.99	378.78*	0.00	0.00*	-*	-*	0.00	-*	-*	-*	-*	-*	59.81	-*	5.35
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M51734 BRD: BREAD WG, 2sl

4.00 @ 2 slice	160.00	0.00	0.00	320.00	2.00	11.25	30.00	6.00	0.00	2.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	2.16
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M52708 BRD: ROLL DG, Sub 6" WG

40.00 @ 1 roll	170.00	0.50	2.65	180.00	3.00	15.88	28.00	6.00	0.00	3.00	-*	0.01	-*	-*	-*	0.01	-*	-*	-*	-*	-*	13.52	-*	1.45
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M54775 BRD: CROISSANT, SLICED WG

20.00 @ 1 each	243.91	6.47	23.87	253.40	12.05	44.44	29.25	5.44	32.35	0.91	15.14	313.46	0.31	0.00	0.00	2.82	0.25	1.93	0.85	0.00	0.01	15.66	3.96	1.63
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M55179 BRD: CIABATTA, SLICED WG

2.00 @ 1 each	160.00	0.50	2.81	170.00	3.50	19.69	30.00	5.00	0.00	3.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	20.00	-*	1.44
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M66605 BRD: TORTILLA FLOUR 10" WG

12.00 @ 1 each	180.00	1.50	7.50	250.00	4.50	22.50	29.00	5.00	0.00	3.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	100.00	-*	1.44
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M52782 BRD: FLATBREAD 2oz (2BG)

30.00 @ 1 each	180.00	1.00	5.00	310.00	5.00	25.00	28.00	5.00	0.00	2.69	-*	0.07	-*	-*	-*	0.07	-*	-*	-*	-*	-*	22.88	-*	0.83
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M53393 TKY, Breast Sliced 1.0

40.00 @ 1 serving	60.00	0.50	7.50	220.00	2.00	30.00	2.00	9.00	25.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	20.00	-*	0.36
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M53569 CHIX, BLACK FOREST HAM SLICED 1.0

30.00 @ 1 serving	80.00	1.50	16.88	330.00	4.50	50.63	2.00	8.00	40.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.36
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M53894 CHIX DCD GRAPE DELI SALAD W 1.0

12.00 @ 1 No 16 Scoop	97.66	1.13	10.44	137.54	5.20	47.96	3.30	9.31	30.40	0.19	31.50*	37.52	0.00*	0.03*	2.59*	0.48	0.01*	0.01*	0.04*	0.01*	0.00*	3.87	2.52*	0.32
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M52455 FISH, Tuna Deli Salad B 1.0

12.00 @ 1 No 20 Scoop	105.01	1.34	11.46	146.76	7.60	65.14	0.28	7.63	18.49	0.13	19.78*	32.30	0.00*	0.02*	2.16*	0.31	0.00*	0.00*	0.02*	0.01*	0.00*	3.12	1.84*	0.20
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M51005 CHEESE, AM (184ct) Slices 1.0

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Marcus HS

**Service Area:** Marcus - 9-12 - OVS

**Menu Name:** Marcus HS 2018 Menu - cycle 4 - week 1

**Avg.Method:** Balanced

18.00 @ 3 slice	134.99	6.75	45.00	599.97	10.50	70.00	1.50	7.50	37.50	0.00	-*	299.98	-*	-*	-*	0.00	-*	-*	-*	-*	-*	224.99	-*	0.00
M53381 CHEESE, CH Slices 1.0																								
30.00 @ 2 slice	110.01	5.00	40.91	180.01	9.00	73.64	1.00	6.00	30.00	0.00	20.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	199.01	-*	0.00
M50999 CHEESE, JK Slices 1.0																								
24.00 @ 2 slice	100.00	5.00	45.00	180.01	8.00	72.00	1.00	7.00	30.00	0.00	25.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	197.01	-*	0.00
M51003 CHEESE, PV Slices 1.0																								
24.00 @ 2 slice	100.00	5.00	45.00	250.01	7.00	63.00	1.00	7.00	20.00	0.00	40.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	212.01	-*	0.00
M51008 VEG: TOMATOES, FrsSI 1/8c(2sl)																								
40.00 @ 1/8 cup	5.10	0.01	1.40	1.42	0.06	10.00	1.10	0.25	0.00	0.34	67.18	236.14	0.00	0.15	2.24	3.88	0.01	0.01	0.17	0.02	0.00	2.83	6.80	0.08
M51017 VEG GARN: Rom Leaf 1ea																								
60.00 @ 1 each	2.41	0.01	2.06	1.13	0.04	15.88	0.47	0.17	0.00	0.30	35.01	1234.63	0.00	0.02	14.53	0.57	0.01	0.01	0.04	0.01	0.00	4.68	4.25	0.14
M51013 VEG: ONIONS, Red Slice 1ea																								
24.00 @ 1 slice	2.83	0.00	0.94	0.28	0.01	2.25	0.66	0.08	0.00	0.12	10.35	0.14	0.00	0.00	0.03	0.52	0.00	0.00	0.01	0.01	0.00	1.63	2.06	0.01
M53388 VEG: MUSHROOM, SlcFrsRstd1/8c																								
6.00 @ 1/8 cup	4.52	0.01	1.95	0.38	0.06	12.80	0.90	0.31	0.00	0.31	46.78	1.62	0.97	0.01	0.89	0.68	0.01	0.04	0.55	0.02	0.00	3.07	11.59	0.28
M50892 VEG: PEPPERS, Jalapeno CndTBSP																								
24.00 @ 1 tablespoon	2.67	0.01	3.23	165.30	0.09	31.33	0.47	0.09	0.00	0.26	19.09	168.17	0.00	0.07	1.28	0.99	0.00	0.00	0.04	0.02	0.00	2.28	1.78	0.19
M50893 VEG: PEPPERS, Banana Cnd TBSP																								
24.00 @ 1 tablespoon	1.71	0.00	2.08	203.78	0.02	10.42	0.31	0.07	0.00	0.09	-*	0.00	-*	-*	-*	4.33	-*	-*	-*	-*	-*	0.00	-*	0.03
M50176 COND_Pickle, Dill Slice 2ea																								
30.00 @ 2 slice	1.62	0.01	4.72	162.08	0.05	25.17	0.24	0.06	0.00	0.14	-*	0.00	-*	-*	-*	0.21	-*	-*	-*	-*	-*	8.65	-*	0.05
M50060 COND_Mayo W																								
24.00 @ 1 tablespoon	33.07	0.47	12.86	94.49	3.31	90.00	0.94	0.00	4.72	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M51676 COND_Mayo, Sriracha W																								
24.00 @ 1 tablespoon	31.98	0.43	12.14	134.90	3.01	84.59	1.30	0.04	4.29	0.04	3.92*	45.56	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.32	-*	0.02
M51391 COND_Mayo, Chipotle W																								

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Marcus HS

**Service Area:** Marcus - 9-12 - OVS

**Menu Name:** Marcus HS 2018 Menu - cycle 4 - week 1

**Avg.Method:** Balanced

24.00 @ 1 tablespoon	26.11	0.35	12.21	91.53	2.49	85.73	0.96	0.01	3.54	0.01	0.00*	15.26	-*	-*	-*	0.40	-*	-*	-*	-*	-*	0.00	-*	0.00
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M51427 COND\_Sauce, Bistro SC W

12.00 @ 1 tablespoon	29.10	0.19	5.94	130.76	1.41	43.65	2.32	0.32	1.77	0.34	19.89*	10.07	0.00*	0.04*	6.39*	0.83	0.00*	0.01*	0.05*	0.00*	0.00*	8.86	2.29*	0.21
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M52707 COND\_Dressing, Ranch Homestyle

24.00 @ 1 tablespoon	50.00	0.75	13.50	134.99	5.50	99.00	0.50	0.50	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	10.00	-*	0.00
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M50291 COND\_Mustard, Yellow

24.00 @ 1 tablespoon	9.00	0.01	1.50	181.50	0.37	37.20	0.93	0.47	0.00	0.43	13.36	0.67	-*	-*	-*	0.13	-*	-*	-*	-*	-*	7.51	-*	0.19
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M66605 BRD: TORTILLA FLOUR 10" WG

3.00 @ 1 each	180.00	1.50	7.50	250.00	4.50	22.50	29.00	5.00	0.00	3.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	100.00	-*	1.44
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M66461 BRD: TORTILLA FLOUR 6" WG

16.00 @ 2 each	180.00	1.00	5.00	250.00	5.00	25.00	28.00	6.00	0.00	2.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	120.00	-*	1.44
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M66266 BRD: TORTILLA CORN 6" HARD

12.00 @ 2 each	168.17	1.98	10.59	0.00	7.91	42.35	22.75	1.98	0.00	1.98	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	19.78	-*	0.71
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M54540 BRD: TORTILLA, CHIP RND WG 2BG

70.00 @ 1 serving	224.59	1.60	6.43	184.48	9.63	38.57	32.08	3.21	0.00	3.21	0.00	0.00	0.00	-*	-*	0.00	-*	-*	-*	-*	-*	48.13	-*	0.80
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M52229 RICE, Mex Spiced WG 2BG

30.00 @ 1 cup	219.91	0.43	1.77	132.15	1.89	7.73	44.52	5.07	1.98	2.30	152.63*	369.59	0.00*	0.22*	2.30*	0.26	0.01*	0.01*	0.09*	0.03*	0.00*	25.72	7.83*	1.14
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M51175 BEEF Gd, Taco Meat SC 1.0

90.00 @ 1 No 24 Scoop	78.71	1.65	18.88	56.06	4.38	50.12	1.22	8.02	25.24	0.15	122.30*	121.25	0.57*	0.08*	0.61*	1.55	0.01*	0.06*	1.81*	0.13*	0.79*	9.04	69.27*	1.00
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M55198 CHIX DCD TACO MEAT LS 1.0

90.00 @ 1 No 24 Scoop	69.50	0.78	10.06	58.03	2.75	35.64	1.65	9.36	26.86	0.20	12.08*	128.62	0.00*	0.09*	0.40*	0.79	0.00*	0.00*	0.03*	0.01*	0.00*	3.03	2.67*	0.45
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M52292 FILLING, Refried Beans Seas1.0

12.00 @ 1 No 16 Scoop	72.46	0.01	0.13	181.05	1.52	18.88	10.43	3.61	0.00	4.83	13.33	71.39	0.00*	0.12*	1.18*	0.72	0.00*	0.00*	0.04*	0.01*	0.00*	4.63	3.18*	1.04
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M53187 FILLING, Pinto Bean KicknSC1.0

12.00 @ 1 No 16 Scoop	66.95	0.08	1.11	99.41	0.39	5.30	12.53	3.13	0.59	2.52	0.10*	60.68	0.00*	0.00*	0.00*	1.23	0.00*	0.00*	0.00*	0.00*	0.00*	32.08	0.00*	0.85
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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Marcus HS

**Service Area:** Marcus - 9-12 - OVS

**Menu Name:** Marcus HS 2018 Menu - cycle 4 - week 1

**Avg.Method:** Balanced

M53386 CHEESE, CH Shreds 1.0

24.00 @ 2 fl oz	110.00	6.00	49.09	189.99	9.00	73.64	1.00	7.00	30.00	0.00	0.00	280.99	-*	-*	-*	0.00	-*	-*	-*	-*	-*	201.99	-*	0.19
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M50921 COND\_Sauce, Chz SS W (LOL) 1.0

70.00 @ 3 fl oz	149.95	6.75	40.50	599.79	10.50	63.00	4.50	7.50	29.99	0.00	0.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M51420 VEG GARN: Rom Shrds/Tom Dice

24.00 @ 1 serving	5.03	0.01	1.56	1.63	0.06	11.41	1.06	0.27	0.00	0.40	67.90	794.43	0.00	0.12	8.94	3.20	0.01	0.01	0.15	0.02	0.00	4.47	7.23	0.13
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M52379 VEG: ONIONS, Yellow Diced 1/8c

12.00 @ 1/8 cup	8.62	0.01	0.94	0.86	0.02	2.25	2.01	0.24	0.00	0.37	31.47	0.43	0.00	0.00	0.09	1.60	0.01	0.01	0.03	0.03	0.00	4.96	6.25	0.05
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M50892 VEG: PEPPERS, Jalapeno CndTBSP

60.00 @ 1 tablespoon	2.67	0.01	3.23	165.30	0.09	31.33	0.47	0.09	0.00	0.26	19.09	168.17	0.00	0.07	1.28	0.99	0.00	0.00	0.04	0.02	0.00	2.28	1.78	0.19
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M53940 COND\_Salsa, Verde SC 1/8c

12.00 @ 1/8 cup	10.71	0.03	2.62	18.90	0.23	19.35	2.13	0.37	0.00	0.61	83.93	275.99	0.00	0.17	13.04	3.96	0.02	0.02	0.40	0.03	0.00	8.13	11.97	0.22
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M66155 COND\_SALSA, BLK BN CRN SC 1/8C

12.00 @ 1/8 cup	19.80	0.03	1.48	26.70	0.22	10.18	3.86	1.00	0.08	1.01	27.65*	142.18	0.00*	0.08*	2.13*	4.28	0.01*	0.01*	0.13*	0.02*	0.00*	18.26	6.52*	0.45
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M66159 COND\_SALSA, FIRERST SC 1/8C

12.00 @ 1/8 cup	5.91	0.01	1.15	16.39	0.06	9.54	1.29	0.26	0.00	0.30	17.55*	161.86	0.00*	0.07*	3.01*	6.69	0.00*	0.00*	0.04*	0.02*	0.00*	9.23	2.96*	0.12
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M66157 COND\_SALSA, BLNDR SC 1/8C

12.00 @ 1/8 cup	9.57	0.02	1.51	32.30	0.10	9.13	2.10	0.42	0.00	0.59	27.10*	178.77	0.00*	0.06*	6.25*	4.65	0.01*	0.01*	0.04*	0.02*	0.00*	16.79	4.37*	0.19
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M50087 COND\_Salsa, Pico SC 1/8c

36.00 @ 1/8 cup	6.62	0.01	1.38	26.44	0.07	9.93	1.46	0.29	0.00	0.40	69.99	256.86	0.00	0.16	3.13	4.04	0.01	0.01	0.17	0.03	0.00	4.19	7.67	0.11
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M53983 COND PC Sour Cream 1oz

30.00 @ 1 each	56.13	2.87	46.09	8.79	5.49	87.95	1.31	0.69	16.73	0.00	35.44	126.72	0.00	0.11	0.43	0.26	0.01	0.05	0.03	0.01	0.06	28.63	21.55	0.02
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M53419 VEG: POTATO, FF CTINAGEN7 1/2C

120.00 @ 1/2 cup	119.99	1.33	10.00	133.32	4.67	35.00	17.33	2.00	0.00	2.00	259.98	0.00	-*	-*	-*	3.20	-*	-*	-*	-*	-*	0.00	-*	0.48
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M50194 VEG: CARROTS, Orange Glz 1/2c

24.00 @ 1/2 cup	92.59	0.11	1.02	158.66	0.60	5.79	20.81	0.51	0.00	2.89	168.05*	14815.98	0.00*	0.88*	11.90*	2.01	0.03*	0.03*	0.36*	0.07*	0.00*	30.63	27.13*	0.46
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M52540 VEG: SQUASH, Zucc Frsh 1/2c

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Marcus HS

**Service Area:** Marcus - 9-12 - OVS

**Menu Name:** Marcus HS 2018 Menu - cycle 4 - week 1

**Avg.Method:** Balanced

30.00 @ 1/2 cup	11.40	0.06	4.45	5.36	0.21	16.94	2.08	0.81	0.00	0.67	174.95	134.06	0.00	0.08	2.88	12.00	0.03	0.06	0.30	0.11	0.00	10.72	25.47	0.25
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M50429 FRUIT: CANTALOUPE, Fresh 1/2c

140.00 @ 1/2 cup	25.70	0.04	1.35	12.10	0.14	5.03	6.17	0.63	0.00	0.68	201.84	2556.59	0.00	0.04	1.89	27.74	0.03	0.01	0.55	0.05	0.00	6.80	11.34	0.16
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M52271 FRUIT: PEARS, Dice w/Jc 1/2c

96.00 @ 1/2 cup	60.66	0.00	0.00	10.11	0.00	0.00	14.15	0.00	0.00	2.02	80.89	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M53365 JUICE SS, Grape100% 4oz Cart

140.00 @ 1 each	80.00	0.00	0.00	15.00	0.00	0.00	18.00	1.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M53065 DESRT: COOKIE Sugar 1.0oz WG

300.00 @ 1 cookie	110.00	1.00	8.18	75.00	3.00	24.55	18.00	1.00	10.00	1.00	-*	100.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.36
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M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50

50.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00
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M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50

250.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00
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M53222 COND PC Margarine 5g

100.00 @ 1 each	30.00	1.00	30.00	30.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	500.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50855 COND PC Ketchup 9g Heinz

100.00 @ 1 each	10.00	0.00	0.00	85.00	0.00	0.00	3.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50055 COND PC Mayonnaise 12g

100.00 @ 1 each	80.00	1.50	16.87	75.00	8.00	90.00	1.00	0.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50284 COND PC Mustard 6g

100.00 @ 1 each	0.00	0.00	-	65.00	0.00	-	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50685 COND\_DRESSING, VINAIGRETTE BALSAMIC

6.00 @ 1 tablespoon	30.00	0.25	7.50	95.00	2.50	75.00	2.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50623 COND PC Drsg Italian 12g

100.00 @ 1 each	30.00	0.00	0.00	130.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	100.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50624 COND PC Drsg Ranch 12g

100.00 @ 1 each	50.00	0.00	0.00	100.00	5.00	90.00	1.00	0.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50056 COND PC Sauce, Taco 9g

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Marcus HS

**Service Area:** Marcus - 9-12 - OVS

**Menu Name:** Marcus HS 2018 Menu - cycle 4 - week 1

**Avg.Method:** Balanced

100.00 @ 1 each	5.00	0.00	0.00	55.00	0.00	0.00	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50287 COND PC Sauce, BBQ 12g																								
100.00 @ 1 each	15.00	0.00	0.00	160.00	0.00	0.00	4.00	0.00	0.00	0.00	-*	100.00	-*	-*	-*	0.60	-*	-*	-*	-*	-*	0.00	-*	0.00
<b>Average</b>	951.16	12.19	11.53	1710.09	36.57	34.6	109.38	43.6	92.37	8.5	313.06*	3261.48	.17*	.22*	7.92*	18.35	.04*	.13*	.8*	.09*	.18*	568.51	32.45*	4.31

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District  
**Location:** Lewisville ISD Marcus HS  
**Service Area:** Marcus - 9-12 - OVS  
**Menu Name:** Marcus HS 2018 Menu - cycle 4 - week 1  
**Avg.Method:** Balanced

**Age Group:** Brkfst Grades K-12      **Period:** Breakfast      **Week:** 1      **Day:** Thursday      **Count Type:** Forecasted      **Total No. of Customers:** 31

Weekly Std.	SFA		Na (mg)	Fat		CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)
	CAL	(g)		% of CAL	(g)																		
450.00-500.00		10.00	540.00																		100.01		

M54739 BRD: CRACK SS, GRIPZ GRAHAM BITES CINN WG

8.00 @ 1 package	100.00	1.00	9.00	80.00	3.00	27.00	19.00	2.00	0.00	3.00	-*	749.99	-*	-*	-*	0.00	-*	-*	-*	-*	-*	100.00	-*	0.72
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M50792 YOGURT SS, Trix Strawb/Ban 4oz

8.00 @ 1 each	80.00	0.00	0.00	60.00	0.50	5.63	15.00	4.00	5.00	0.00	140.00	500.04	-*	-*	-*	0.00	-*	-*	-*	-*	-*	100.01	-*	0.00
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M53296 MELT BISC, EggPtyAMWG1.25(2BG)

16.00 @ 1 sandwich	325.00	12.75	35.31	770.01	19.50	54.00	28.50	9.50	107.50	2.00	-*	200.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	245.00	-*	1.44
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M50205 CEREAL HOT, Oatmeal (2BG)

6.00 @ 1 cup	212.61	0.71	3.00	6.51	4.25	18.00	38.27	7.09	0.00	5.67	2.17*	0.00	0.00*	0.00*	0.00*	0.00	0.00*	0.00*	0.00*	0.00*	0.00*	6.51	0.00*	2.55
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M50209 COND\_Sugar, Cinnamon

4.00 @ 1 tablespoon	45.52	0.00	0.03	0.15	0.00	0.09	11.83	0.02	0.00	0.21	1.90	1.14	0.00	0.01	0.12	0.01	0.00	0.00	0.01	0.00	0.00	3.99	0.25	0.04
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M50439 CEREAL BWL, Cheerios WG

1.00 @ 1 bowl	100.00	0.50	4.50	140.00	2.00	18.00	20.00	3.00	0.00	3.00	-*	500.01	-*	-*	-*	6.00	-*	-*	-*	-*	-*	100.00	-*	8.10
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M50208 CEREAL BWL, CinnTstCrnch RS WG

2.00 @ 1 bowl	110.00	0.50	4.09	160.00	3.00	24.54	22.00	1.00	0.00	3.00	-*	400.01	-*	-*	-*	4.80	-*	-*	-*	-*	-*	200.01	-*	3.60
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M50442 CEREAL BWL, Cocoa Puffs RS WG

2.00 @ 1 bowl	110.05	0.00	0.00	160.08	1.50	12.27	25.01	2.00	0.00	2.00	-*	500.25	-*	-*	-*	6.00	-*	-*	-*	-*	-*	100.05	-*	4.50
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M50524 CEREAL BWL, Lucky Charms WG

2.00 @ 1 bowl	110.00	0.00	0.00	180.00	1.00	8.18	23.00	2.00	0.00	2.00	-*	500.01	-*	-*	-*	6.00	-*	-*	-*	-*	-*	100.00	-*	4.50
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M52726 BRD: BAR, Cereal FrtyCh WG IW

4.00 @ 1 each	150.00	0.50	3.00	95.00	3.50	21.00	29.00	3.00	0.00	3.00	-*	200.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	200.00	-*	1.80
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M52695 CHEESE, MZ String LF 1ea 1.0

4.00 @ 1 stick	60.00	2.00	30.00	200.01	3.00	45.00	1.00	7.00	10.00	0.00	0.00	200.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	200.01	-*	0.00
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M51237 BRD: BREAD WG, Tst Marg 1sl

\* Some values for this nutrient are unavailable; the number listed is incomplete.

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Marcus HS

**Service Area:** Marcus - 9-12 - OVS

**Menu Name:** Marcus HS 2018 Menu - cycle 4 - week 1

**Avg.Method:** Balanced

4.00 @ 1 slice	110.00	1.33	10.91	160.00	4.33	35.45	15.00	3.00	0.00	1.00	1.33*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	1.08	
M52975 BRD: WAFFLE, RS SS WG (3.25BG)																									
6.00 @ 1 each	240.06	0.00	0.00	506.14	2.86	10.71	50.30	6.86	0.00	6.86	1.05*	0.00	0.00*	0.00*	0.00*	0.00	0.00*	0.00*	0.00*	0.00*	0.00*	0.00*	288.94	0.00*	3.09
M52659 FRUIT: APPLES, Warm Cinn 1/8c																									
4.00 @ 1/8 cup	26.30	0.01	0.19	2.47	0.01	0.29	6.56	0.00	0.00	0.50	0.61*	0.23	0.00*	0.00*	0.01*	0.04	0.00*	0.00*	0.00*	0.00*	0.00*	0.00*	0.57	0.12*	0.01
M54565 FRUIT: STRAWBERRIES, SLCD (USDA) W/SYR FRZ 1/4C																									
4.00 @ 1/4 cup	59.67	0.01	0.09	1.96	0.08	1.23	16.16	0.33	0.00	1.18	-*	15.16	-*	-*	-*	25.82	-*	-*	-*	-*	-*	-*	6.85	-*	0.37
M52816 DESRT: TOPPING, Whipd NonDairy																									
6.00 @ 1 tablespoon	13.47	1.00	66.56	0.81	1.00	67.06	1.06	0.05	0.01	0.01	-*	0.20	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.15	-*	0.00	
M52217 FRUIT: APPLE, 138ct Whole 1c																									
12.00 @ 1 each	62.21	0.03	0.48	1.20	0.20	2.94	16.52	0.31	0.00	2.87	128.00	64.60	0.00	0.22	2.63	5.50	0.02	0.03	0.11	0.05	0.00	7.18	13.16	0.14	
M50722 FRUIT: RAISINS, SS BOX																									
2.00 @ 1 each	127.15	0.02	0.17	4.68	0.20	1.38	33.67	1.31	0.00	1.57	318.51	0.00	0.00	0.05	1.49	0.98	0.05	0.05	0.33	0.07	0.00	21.26	42.95	0.80	
M50980 JUICE SS, Frt Bld 100% 4oz Crt																									
30.00 @ 1 each	60.00	0.00	0.00	10.00	0.00	0.00	14.00	0.00	0.00	0.00	100.00	0.00	-*	-*	-*	3.60	-*	-*	-*	-*	-*	0.00	-*	0.00	
M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50																									
25.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00	
M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50																									
25.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00	
M53222 COND PC Margarine 5g																									
10.00 @ 1 each	30.00	1.00	30.00	30.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	500.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00	
M53221 COND PC Jelly, Grape Smucker																									
10.00 @ 1 each	35.00	0.00	0.00	5.00	0.00	0.00	9.00	0.00	0.00	0.00	0.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00	
M50056 COND PC Sauce, Taco 9g																									
10.00 @ 1 each	5.00	0.00	0.00	55.00	0.00	0.00	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00	
M50058 COND PC Syrup 1.4oz Smuckers																									
10.00 @ 1 each	110.00	0.00	0.00	25.00	0.00	0.00	29.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00	
<b>Average</b>	<b>721.09</b>	<b>9.26</b>	<b>11.56</b>	<b>926.55</b>	<b>17.44</b>	<b>21.77</b>	<b>117.57</b>	<b>24.41</b>	<b>70.16</b>	<b>6.75</b>	<b>204.12*</b>	<b>1578.83</b>	<b>0*</b>	<b>.09*</b>	<b>1.13*</b>	<b>13.35</b>	<b>.01*</b>	<b>.02*</b>	<b>.06*</b>	<b>.02*</b>	<b>0*</b>	<b>805.43</b>	<b>7.91*</b>	<b>3.63</b>	

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Marcus HS

**Service Area:** Marcus - 9-12 - OVS

**Menu Name:** Marcus HS 2018 Menu - cycle 4 - week 1

**Avg.Method:** Balanced

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\* Some values for this nutrient are unavailable; the number listed is incomplete.

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District  
**Location:** Lewisville ISD Marcus HS  
**Service Area:** Marcus - 9-12 - OVS  
**Menu Name:** Marcus HS 2018 Menu - cycle 4 - week 1  
**Avg.Method:** Balanced

**Age Group:** Lunch Grades 9-12      **Period:** Lunch      **Week:** 1      **Day:** Thursday      **Count Type:** Forecasted      **Total No. of Customers:** 435

Weekly Std.	SFA		Na (mg)	Fat		CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)
	CAL	% of CAL		% of CAL	% of CAL																		
750.00-850.00		10.00	1420.00																		197.01		

M66486 QUES 6" BEAN WG 2.25 TFM

40.00 @ 1 each	421.21	10.11	21.60	642.08	19.09	40.78	43.84	20.39	45.51	5.85	178.64*	1080.88	0.00*	0.41*	8.37*	10.57	0.03*	0.02*	0.42*	0.08*	0.00*	470.81	20.27*	2.92
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M52182 SALAD, CHam Tky Chef SC W 2.25

1.00 @ 1 each	170.32	4.10	21.69	405.64	9.52	50.28	5.76	15.33	134.90	1.26	146.57*	5233.02	0.00*	0.12*	43.60*	7.46	0.04*	0.04*	0.25*	0.06*	0.00*	141.18	17.48*	1.24
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M51680 BRD: ROLL DG, WG 2.5oz

1.00 @ 1 each	170.00	0.50	2.65	135.00	3.00	15.88	28.00	7.00	0.00	3.40	-*	0.01	-*	-*	-*	0.01	-*	-*	-*	-*	-*	12.70	-*	0.85
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M52043 PIZZA HUT PIZZA 6" EXPRESS CHZ SS 2.25

45.00 @ 1 pizza	374.18	4.99	12.01	685.27	13.41	32.25	38.44	24.92	24.70	4.27	-*	692.07	-*	-*	-*	5.36	-*	-*	-*	-*	-*	410.71	-*	2.57
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M53931 PIZZA HUT PIZZA 6" EXPRESS PEPP SS 2.0

70.00 @ 1 pizza	385.19	5.31	12.42	711.32	14.98	35.01	38.49	24.17	27.17	4.35	-*	662.85	-*	-*	-*	5.43	-*	-*	-*	-*	-*	354.34	-*	2.65
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M54307 PIZZA HUT PIZZA 6" EXPRESS SSG SS 2.25

20.00 @ 1 pizza	439.08	7.15	14.66	836.54	20.45	41.92	38.35	25.40	37.42	4.27	-*	689.00	-*	-*	-*	5.36	-*	-*	-*	-*	-*	356.37	-*	2.86
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M54310 PIZZA HUT PIZZA 6" EXPRESS BBQ CHIX SS 2.25

15.00 @ 1 pizza	400.94	4.66	10.46	805.79	13.17	29.57	42.83	27.77	38.53	4.36	-*	667.19	-*	-*	-*	5.81	-*	-*	-*	-*	-*	350.99	-*	2.67
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M54521 PIZZA HUT COND PC PEPPER RED CRUSHED 1G

30.00 @ 1 each	5.00	0.00	0.00	0.00	0.00	0.00	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M54520 PIZZA HUT COND PC CHEESE GRATED 2.5G

30.00 @ 1 each	10.00	0.00	0.00	50.00	1.00	90.00	0.00	1.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50945 MELT BN, CHIXBRDAMSAL2.25 MWWW

40.00 @ 1 sandwich	424.77	4.25	9.00	1050.24	15.49	32.81	43.49	29.47	62.44	3.00	0.00*	200.40	-*	-*	-*	3.61	-*	-*	-*	-*	-*	134.98	-*	2.88
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M51951 HOT DOG, Plain WG 2.0 Hi

16.00 @ 1 each	320.00	8.00	22.50	890.01	18.00	50.62	28.00	11.00	35.00	2.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	40.00	-*	1.80
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M51680 BRD: ROLL DG, WG 2.5oz

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Marcus HS

**Service Area:** Marcus - 9-12 - OVS

**Menu Name:** Marcus HS 2018 Menu - cycle 4 - week 1

**Avg.Method:** Balanced

80.00 @ 1 each	170.00	0.50	2.65	135.00	3.00	15.88	28.00	7.00	0.00	3.40	-*	0.01	-*	-*	-*	0.01	-*	-*	-*	-*	-*	12.70	-*	0.85
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M51228 BRD: BUN, Hamburger WG

100.00 @ 1 each	140.00	0.00	0.00	300.00	2.00	12.86	27.00	5.00	0.00	2.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	40.00	-*	1.44
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M52188 BRD: ROLL AP, PRETZEL 2.2oz WG

4.00 @ 1 each	160.00	1.00	5.62	40.00	2.50	14.06	29.00	5.00	0.00	3.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	20.00	-*	1.80
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M55179 BRD: CIABATTA, SLICED WG

2.00 @ 1 each	160.00	0.50	2.81	170.00	3.50	19.69	30.00	5.00	0.00	3.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	20.00	-*	1.44
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M51648 BEEF Pty, AP 100% 2.0

24.00 @ 1 each	130.00	3.00	20.77	45.00	8.00	55.39	1.00	12.00	35.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	1.08
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M55364 VEG PATTY, BLACK BEAN AP 2.0

24.00 @ 1 patty	160.00	1.00	5.62	410.00	7.00	39.37	15.00	14.00	5.00	5.00	280.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	40.00	-*	0.72
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M51359 CHIX FLT, BREAST GRDL 2.0 MWWM

2.00 @ 1 each	100.00	1.00	9.00	210.00	3.50	31.50	1.00	15.00	40.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.72
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M51935 CHIX FLT, BREAST BRD WG 2.0 MWWM

30.00 @ 1 each	229.72	2.00	7.82	379.54	9.99	39.13	13.98	21.97	49.94	1.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	19.98	-*	1.44
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M51936 CHIX FLT, BREAST BRD SPICY WG 2.0 MWWM

40.00 @ 1 each	229.84	2.00	7.82	479.66	9.99	39.13	14.99	20.99	49.96	1.00	-*	99.93	-*	-*	-*	0.00	-*	-*	-*	-*	-*	19.99	-*	1.44
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M51005 CHEESE, AM (184ct) Slices 1.0

24.00 @ 3 slice	134.99	6.75	45.00	599.97	10.50	70.00	1.50	7.50	37.50	0.00	-*	299.98	-*	-*	-*	0.00	-*	-*	-*	-*	-*	224.99	-*	0.00
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M53381 CHEESE, CH Slices 1.0

24.00 @ 2 slice	110.01	5.00	40.91	180.01	9.00	73.64	1.00	6.00	30.00	0.00	20.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	199.01	-*	0.00
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M50999 CHEESE, JK Slices 1.0

24.00 @ 2 slice	100.00	5.00	45.00	180.01	8.00	72.00	1.00	7.00	30.00	0.00	25.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	197.01	-*	0.00
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M51003 CHEESE, PV Slices 1.0

24.00 @ 2 slice	100.00	5.00	45.00	250.01	7.00	63.00	1.00	7.00	20.00	0.00	40.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	212.01	-*	0.00
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M51008 VEG: TOMATOES, FrsSI 1/8c(2sl)

30.00 @ 1/8 cup	5.10	0.01	1.40	1.42	0.06	10.00	1.10	0.25	0.00	0.34	67.18	236.14	0.00	0.15	2.24	3.88	0.01	0.01	0.17	0.02	0.00	2.83	6.80	0.08
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M51017 VEG GARN: Rom Leaf 1ea

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Marcus HS

**Service Area:** Marcus - 9-12 - OVS

**Menu Name:** Marcus HS 2018 Menu - cycle 4 - week 1

**Avg.Method:** Balanced

30.00 @ 1 each	2.41	0.01	2.06	1.13	0.04	15.88	0.47	0.17	0.00	0.30	35.01	1234.63	0.00	0.02	14.53	0.57	0.01	0.01	0.04	0.01	0.00	4.68	4.25	0.14
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M51013 VEG: ONIONS, Red Slice 1ea

12.00 @ 1 slice	2.83	0.00	0.94	0.28	0.01	2.25	0.66	0.08	0.00	0.12	10.35	0.14	0.00	0.00	0.03	0.52	0.00	0.00	0.01	0.01	0.00	1.63	2.06	0.01
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M50892 VEG: PEPPERS, Jalapeno CndTBSP

12.00 @ 1 tablespoon	2.67	0.01	3.23	165.30	0.09	31.33	0.47	0.09	0.00	0.26	19.09	168.17	0.00	0.07	1.28	0.99	0.00	0.00	0.04	0.02	0.00	2.28	1.78	0.19
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M50893 VEG: PEPPERS, Banana Cnd TBSP

12.00 @ 1 tablespoon	1.71	0.00	2.08	203.78	0.02	10.42	0.31	0.07	0.00	0.09	-*	0.00	-*	-*	-*	4.33	-*	-*	-*	-*	-*	0.00	-*	0.03
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M53388 VEG: MUSHROOM, SlcFrRstd1/8c

6.00 @ 1/8 cup	4.52	0.01	1.95	0.38	0.06	12.80	0.90	0.31	0.00	0.31	46.78	1.62	0.97	0.01	0.89	0.68	0.01	0.04	0.55	0.02	0.00	3.07	11.59	0.28
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M50176 COND\_Pickle, Dill Slice 2ea

30.00 @ 2 slice	1.62	0.01	4.72	162.08	0.05	25.17	0.24	0.06	0.00	0.14	-*	0.00	-*	-*	-*	0.21	-*	-*	-*	-*	-*	8.65	-*	0.05
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M50060 COND\_Mayo W

24.00 @ 1 tablespoon	33.07	0.47	12.86	94.49	3.31	90.00	0.94	0.00	4.72	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M51676 COND\_Mayo, Sriracha W

24.00 @ 1 tablespoon	31.98	0.43	12.14	134.90	3.01	84.59	1.30	0.04	4.29	0.04	3.92*	45.56	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.32	-*	0.02
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M51391 COND\_Mayo, Chipotle W

24.00 @ 1 tablespoon	26.11	0.35	12.21	91.53	2.49	85.73	0.96	0.01	3.54	0.01	0.00*	15.26	-*	-*	-*	0.40	-*	-*	-*	-*	-*	0.00	-*	0.00
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M51427 COND\_Sauce, Bistro SC W

12.00 @ 1 tablespoon	29.10	0.19	5.94	130.76	1.41	43.65	2.32	0.32	1.77	0.34	19.89*	10.07	0.00*	0.04*	6.39*	0.83	0.00*	0.01*	0.05*	0.00*	0.00*	8.86	2.29*	0.21
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M50063 COND\_Sauce, Buffalo Wing AP

24.00 @ 1 tablespoon	4.38	0.02	4.79	363.06	0.22	45.51	0.48	0.11	0.17	0.12	21.32	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	2.22	-*	0.07
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M52707 COND\_Dressing, Ranch Homestyle

24.00 @ 1 tablespoon	50.00	0.75	13.50	134.99	5.50	99.00	0.50	0.50	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	10.00	-*	0.00
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M50291 COND\_Mustard, Yellow

12.00 @ 1 tablespoon	9.00	0.01	1.50	181.50	0.37	37.20	0.93	0.47	0.00	0.43	13.36	0.67	-*	-*	-*	0.13	-*	-*	-*	-*	-*	7.51	-*	0.19
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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Marcus HS

**Service Area:** Marcus - 9-12 - OVS

**Menu Name:** Marcus HS 2018 Menu - cycle 4 - week 1

**Avg.Method:** Balanced

M66715 PANINI, TKY CH SWEST WG 2.0

1.00 @ 1 each	392.37	7.37	16.91	870.60	18.12	41.56	36.57	20.60	58.55	3.67	124.23*	251.33	0.00*	0.19*	1.70*	7.83	0.02*	0.01*	0.19*	0.06*	0.00*	328.31	15.96*	2.15
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M53347 SDW BD, SB WG 2.0

1.00 @ 1 sandwich	558.71	3.99	6.42	579.16	35.89	57.81	43.95	19.95	0.00	5.99	378.78*	0.00	0.00*	-*	-*	0.00	-*	-*	-*	-*	-*	59.81	-*	5.35
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M50962 SDW BD, SBJ WG 2.0

1.00 @ 1 sandwich	658.38	3.99	5.45	579.16	35.89	49.06	69.87	19.95	0.00	5.99	378.78*	0.00	0.00*	-*	-*	0.00	-*	-*	-*	-*	-*	59.81	-*	5.35
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M51734 BRD: BREAD WG, 2sl

4.00 @ 2 slice	160.00	0.00	0.00	320.00	2.00	11.25	30.00	6.00	0.00	2.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	2.16
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M52708 BRD: ROLL DG, Sub 6" WG

40.00 @ 1 roll	170.00	0.50	2.65	180.00	3.00	15.88	28.00	6.00	0.00	3.00	-*	0.01	-*	-*	-*	0.01	-*	-*	-*	-*	-*	13.52	-*	1.45
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M54775 BRD: CROISSANT, SLICED WG

20.00 @ 1 each	243.91	6.47	23.87	253.40	12.05	44.44	29.25	5.44	32.35	0.91	15.14	313.46	0.31	0.00	0.00	2.82	0.25	1.93	0.85	0.00	0.01	15.66	3.96	1.63
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M55179 BRD: CIABATTA, SLICED WG

2.00 @ 1 each	160.00	0.50	2.81	170.00	3.50	19.69	30.00	5.00	0.00	3.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	20.00	-*	1.44
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M66605 BRD: TORTILLA FLOUR 10" WG

6.00 @ 1 each	180.00	1.50	7.50	250.00	4.50	22.50	29.00	5.00	0.00	3.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	100.00	-*	1.44
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M52782 BRD: FLATBREAD 2oz (2BG)

30.00 @ 1 each	180.00	1.00	5.00	310.00	5.00	25.00	28.00	5.00	0.00	2.69	-*	0.07	-*	-*	-*	0.07	-*	-*	-*	-*	-*	22.88	-*	0.83
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M53393 TKY, Breast Sliced 1.0

50.00 @ 1 serving	60.00	0.50	7.50	220.00	2.00	30.00	2.00	9.00	25.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	20.00	-*	0.36
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M53569 CHIX, BLACK FOREST HAM SLICED 1.0

30.00 @ 1 serving	80.00	1.50	16.88	330.00	4.50	50.63	2.00	8.00	40.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.36
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M53894 CHIX DCD GRAPE DELI SALAD W 1.0

12.00 @ 1 No 16 Scoop	97.66	1.13	10.44	137.54	5.20	47.96	3.30	9.31	30.40	0.19	31.50*	37.52	0.00*	0.03*	2.59*	0.48	0.01*	0.01*	0.04*	0.01*	0.00*	3.87	2.52*	0.32
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M52455 FISH, Tuna Deli Salad B 1.0

12.00 @ 1 No 20 Scoop	105.01	1.34	11.46	146.76	7.60	65.14	0.28	7.63	18.49	0.13	19.78*	32.30	0.00*	0.02*	2.16*	0.31	0.00*	0.00*	0.02*	0.01*	0.00*	3.12	1.84*	0.20
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M51005 CHEESE, AM (184ct) Slices 1.0

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Marcus HS

**Service Area:** Marcus - 9-12 - OVS

**Menu Name:** Marcus HS 2018 Menu - cycle 4 - week 1

**Avg.Method:** Balanced

18.00 @ 3 slice	134.99	6.75	45.00	599.97	10.50	70.00	1.50	7.50	37.50	0.00	-*	299.98	-*	-*	-*	0.00	-*	-*	-*	-*	-*	224.99	-*	0.00
M53381 CHEESE, CH Slices 1.0																								
30.00 @ 2 slice	110.01	5.00	40.91	180.01	9.00	73.64	1.00	6.00	30.00	0.00	20.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	199.01	-*	0.00
M50999 CHEESE, JK Slices 1.0																								
24.00 @ 2 slice	100.00	5.00	45.00	180.01	8.00	72.00	1.00	7.00	30.00	0.00	25.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	197.01	-*	0.00
M51003 CHEESE, PV Slices 1.0																								
24.00 @ 2 slice	100.00	5.00	45.00	250.01	7.00	63.00	1.00	7.00	20.00	0.00	40.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	212.01	-*	0.00
M51008 VEG: TOMATOES, FrsSI 1/8c(2sl)																								
40.00 @ 1/8 cup	5.10	0.01	1.40	1.42	0.06	10.00	1.10	0.25	0.00	0.34	67.18	236.14	0.00	0.15	2.24	3.88	0.01	0.01	0.17	0.02	0.00	2.83	6.80	0.08
M51017 VEG GARN: Rom Leaf 1ea																								
60.00 @ 1 each	2.41	0.01	2.06	1.13	0.04	15.88	0.47	0.17	0.00	0.30	35.01	1234.63	0.00	0.02	14.53	0.57	0.01	0.01	0.04	0.01	0.00	4.68	4.25	0.14
M51013 VEG: ONIONS, Red Slice 1ea																								
24.00 @ 1 slice	2.83	0.00	0.94	0.28	0.01	2.25	0.66	0.08	0.00	0.12	10.35	0.14	0.00	0.00	0.03	0.52	0.00	0.00	0.01	0.01	0.00	1.63	2.06	0.01
M53388 VEG: MUSHROOM, SlcFrsRstd1/8c																								
6.00 @ 1/8 cup	4.52	0.01	1.95	0.38	0.06	12.80	0.90	0.31	0.00	0.31	46.78	1.62	0.97	0.01	0.89	0.68	0.01	0.04	0.55	0.02	0.00	3.07	11.59	0.28
M50892 VEG: PEPPERS, Jalapeno CndTBSP																								
12.00 @ 1 tablespoon	2.67	0.01	3.23	165.30	0.09	31.33	0.47	0.09	0.00	0.26	19.09	168.17	0.00	0.07	1.28	0.99	0.00	0.00	0.04	0.02	0.00	2.28	1.78	0.19
M50893 VEG: PEPPERS, Banana Cnd TBSP																								
12.00 @ 1 tablespoon	1.71	0.00	2.08	203.78	0.02	10.42	0.31	0.07	0.00	0.09	-*	0.00	-*	-*	-*	4.33	-*	-*	-*	-*	-*	0.00	-*	0.03
M50176 COND_Pickle, Dill Slice 2ea																								
30.00 @ 2 slice	1.62	0.01	4.72	162.08	0.05	25.17	0.24	0.06	0.00	0.14	-*	0.00	-*	-*	-*	0.21	-*	-*	-*	-*	-*	8.65	-*	0.05
M50060 COND_Mayo W																								
24.00 @ 1 tablespoon	33.07	0.47	12.86	94.49	3.31	90.00	0.94	0.00	4.72	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M51676 COND_Mayo, Sriracha W																								
24.00 @ 1 tablespoon	31.98	0.43	12.14	134.90	3.01	84.59	1.30	0.04	4.29	0.04	3.92*	45.56	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.32	-*	0.02
M51391 COND_Mayo, Chipotle W																								

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Marcus HS

**Service Area:** Marcus - 9-12 - OVS

**Menu Name:** Marcus HS 2018 Menu - cycle 4 - week 1

**Avg.Method:** Balanced

24.00 @ 1 tablespoon	26.11	0.35	12.21	91.53	2.49	85.73	0.96	0.01	3.54	0.01	0.00*	15.26	-*	-*	-*	0.40	-*	-*	-*	-*	-*	0.00	-*	0.00
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M51427 COND\_Sauce, Bistro SC W

12.00 @ 1 tablespoon	29.10	0.19	5.94	130.76	1.41	43.65	2.32	0.32	1.77	0.34	19.89*	10.07	0.00*	0.04*	6.39*	0.83	0.00*	0.01*	0.05*	0.00*	0.00*	8.86	2.29*	0.21
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M52707 COND\_Dressing, Ranch Homestyle

24.00 @ 1 tablespoon	50.00	0.75	13.50	134.99	5.50	99.00	0.50	0.50	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	10.00	-*	0.00
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M50291 COND\_Mustard, Yellow

12.00 @ 1 tablespoon	9.00	0.01	1.50	181.50	0.37	37.20	0.93	0.47	0.00	0.43	13.36	0.67	-*	-*	-*	0.13	-*	-*	-*	-*	-*	7.51	-*	0.19
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M66605 BRD: TORTILLA FLOUR 10" WG

4.00 @ 1 each	180.00	1.50	7.50	250.00	4.50	22.50	29.00	5.00	0.00	3.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	100.00	-*	1.44
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M66461 BRD: TORTILLA FLOUR 6" WG

16.00 @ 2 each	180.00	1.00	5.00	250.00	5.00	25.00	28.00	6.00	0.00	2.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	120.00	-*	1.44
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M66266 BRD: TORTILLA CORN 6" HARD

12.00 @ 2 each	168.17	1.98	10.59	0.00	7.91	42.35	22.75	1.98	0.00	1.98	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	19.78	-*	0.71
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M54540 BRD: TORTILLA, CHIP RND WG 2BG

70.00 @ 1 serving	224.59	1.60	6.43	184.48	9.63	38.57	32.08	3.21	0.00	3.21	0.00	0.00	0.00	-*	-*	0.00	-*	-*	-*	-*	-*	48.13	-*	0.80
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M50834 RICE, Sante Fe WG 2BG

24.00 @ 1 cup	227.25	0.43	1.70	236.61	1.81	7.16	47.13	5.03	0.00	2.02	128.15	165.47	0.00*	0.01*	0.17*	4.89	0.00*	0.00*	0.01*	0.00*	0.00*	13.44	0.99*	0.58
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M51175 BEEF Gd, Taco Meat SC 1.0

90.00 @ 1 No 24 Scoop	78.71	1.65	18.88	56.06	4.38	50.12	1.22	8.02	25.24	0.15	122.30*	121.25	0.57*	0.08*	0.61*	1.55	0.01*	0.06*	1.81*	0.13*	0.79*	9.04	69.27*	1.00
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M55198 CHIX DCD TACO MEAT LS 1.0

90.00 @ 1 No 24 Scoop	69.50	0.78	10.06	58.03	2.75	35.64	1.65	9.36	26.86	0.20	12.08*	128.62	0.00*	0.09*	0.40*	0.79	0.00*	0.00*	0.03*	0.01*	0.00*	3.03	2.67*	0.45
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M51387 FILLING, Black BeanCharroSC1.0

12.00 @ 1 No 16 Scoop	64.45	0.10	1.37	62.66	0.48	6.75	11.14	3.87	0.51	3.81	21.19*	68.91	0.00*	0.04*	0.95*	1.53	0.00*	0.00*	0.05*	0.01*	0.00*	50.89	2.70*	1.14
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M53187 FILLING, Pinto Bean KicknSC1.0

12.00 @ 1 No 16 Scoop	66.95	0.08	1.11	99.41	0.39	5.30	12.53	3.13	0.59	2.52	0.10*	60.68	0.00*	0.00*	0.00*	1.23	0.00*	0.00*	0.00*	0.00*	0.00*	32.08	0.00*	0.85
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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Marcus HS

**Service Area:** Marcus - 9-12 - OVS

**Menu Name:** Marcus HS 2018 Menu - cycle 4 - week 1

**Avg.Method:** Balanced

M53386 CHEESE, CH Shreds 1.0

48.00 @ 2 fl oz	110.00	6.00	49.09	189.99	9.00	73.64	1.00	7.00	30.00	0.00	0.00	280.99	-*	-*	-*	0.00	-*	-*	-*	-*	-*	201.99	-*	0.19
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M50921 COND\_Sauce, Chz SS W (LOL) 1.0

70.00 @ 3 fl oz	149.95	6.75	40.50	599.79	10.50	63.00	4.50	7.50	29.99	0.00	0.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M51420 VEG GARN: Rom Shrds/Tom Dice

48.00 @ 1 serving	5.03	0.01	1.56	1.63	0.06	11.41	1.06	0.27	0.00	0.40	67.90	794.43	0.00	0.12	8.94	3.20	0.01	0.01	0.15	0.02	0.00	4.47	7.23	0.13
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M52379 VEG: ONIONS, Yellow Diced 1/8c

12.00 @ 1/8 cup	8.62	0.01	0.94	0.86	0.02	2.25	2.01	0.24	0.00	0.37	31.47	0.43	0.00	0.00	0.09	1.60	0.01	0.01	0.03	0.03	0.00	4.96	6.25	0.05
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M50892 VEG: PEPPERS, Jalapeno CndTBSP

120.00 @ 1 tablespoon	2.67	0.01	3.23	165.30	0.09	31.33	0.47	0.09	0.00	0.26	19.09	168.17	0.00	0.07	1.28	0.99	0.00	0.00	0.04	0.02	0.00	2.28	1.78	0.19
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M53940 COND\_Salsa, Verde SC 1/8c

12.00 @ 1/8 cup	10.71	0.03	2.62	18.90	0.23	19.35	2.13	0.37	0.00	0.61	83.93	275.99	0.00	0.17	13.04	3.96	0.02	0.02	0.40	0.03	0.00	8.13	11.97	0.22
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M66155 COND\_SALSA, BLK BN CRN SC 1/8C

12.00 @ 1/8 cup	19.80	0.03	1.48	26.70	0.22	10.18	3.86	1.00	0.08	1.01	27.65*	142.18	0.00*	0.08*	2.13*	4.28	0.01*	0.01*	0.13*	0.02*	0.00*	18.26	6.52*	0.45
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M66159 COND\_SALSA, FIRERST SC 1/8C

24.00 @ 1/8 cup	5.91	0.01	1.15	16.39	0.06	9.54	1.29	0.26	0.00	0.30	17.55*	161.86	0.00*	0.07*	3.01*	6.69	0.00*	0.00*	0.04*	0.02*	0.00*	9.23	2.96*	0.12
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M66157 COND\_SALSA, BLNDR SC 1/8C

24.00 @ 1/8 cup	9.57	0.02	1.51	32.30	0.10	9.13	2.10	0.42	0.00	0.59	27.10*	178.77	0.00*	0.06*	6.25*	4.65	0.01*	0.01*	0.04*	0.02*	0.00*	16.79	4.37*	0.19
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M50087 COND\_Salsa, Pico SC 1/8c

30.00 @ 1/8 cup	6.62	0.01	1.38	26.44	0.07	9.93	1.46	0.29	0.00	0.40	69.99	256.86	0.00	0.16	3.13	4.04	0.01	0.01	0.17	0.03	0.00	4.19	7.67	0.11
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M53983 COND PC Sour Cream 1oz

20.00 @ 1 each	56.13	2.87	46.09	8.79	5.49	87.95	1.31	0.69	16.73	0.00	35.44	126.72	0.00	0.11	0.43	0.26	0.01	0.05	0.03	0.01	0.06	28.63	21.55	0.02
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M51731 VEG: POTATO SWT, FF CRINKLE 1/2C

19.00 @ 1/2 cup	137.66	0.53	3.46	180.02	4.77	31.15	23.30	1.06	0.00	3.18	243.56	3176.86	-*	-*	-*	6.35	-*	-*	-*	-*	-*	21.18	-*	0.38
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M53419 VEG: POTATO, FF CTINAGEN7 1/2C

120.00 @ 1/2 cup	119.99	1.33	10.00	133.32	4.67	35.00	17.33	2.00	0.00	2.00	259.98	0.00	-*	-*	-*	3.20	-*	-*	-*	-*	-*	0.00	-*	0.48
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M53153 VEG: BEANS, Bkd Veg AP 1/2c

48.00 @ 1/2 cup	130.70	0.00	0.00	552.94	0.00	0.00	29.16	7.04	0.00	5.03	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	40.21	-*	1.81
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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Marcus HS

**Service Area:** Marcus - 9-12 - OVS

**Menu Name:** Marcus HS 2018 Menu - cycle 4 - week 1

**Avg.Method:** Balanced

M52771 VEG: CELERY, Sticks AP 1/2c

60.00 @ 1/2 cup	10.39	0.03	2.36	51.97	0.11	9.56	1.93	0.45	0.00	1.04	168.91	291.69	0.00	0.18	19.03	2.01	0.01	0.04	0.21	0.05	0.00	25.99	15.59	0.13
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M51297 VEG: SALAD, Side GardChop 1c

80.00 @ 1 cup	16.35	0.03	1.45	12.76	0.18	9.94	3.56	0.83	0.00	1.42	182.84	5064.79	0.00	0.18	45.89	9.01	0.05	0.04	0.32	0.07	0.00	22.30	22.02	0.52
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M50529 FRUIT: GRAPES, Fresh 1/2c

170.00 @ 1/2 cup	56.80	0.10	1.53	1.70	0.30	4.70	14.54	0.53	0.00	0.76	161.94	84.78	0.00	0.16	12.38	3.39	0.08	0.05	0.25	0.09	0.00	11.87	8.48	0.25
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M53549 FRUIT: APPLESAUCE,Unswt AP1/2c

96.00 @ 1/2 cup	52.77	0.00	0.00	10.55	0.00	0.00	13.72	0.00	0.00	2.11	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50982 JUICE SS, ORANGE 100% 4 FLOZ

140.00 @ 1 each	51.44	0.00	0.00	15.43	0.00	0.00	12.35	1.03	0.00	0.00	-*	0.00	-*	-*	-*	43.21	-*	-*	-*	-*	-*	0.00	-*	0.00
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M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50

50.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00
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M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50

250.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00
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M53222 COND PC Margarine 5g

100.00 @ 1 each	30.00	1.00	30.00	30.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	500.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50855 COND PC Ketchup 9g Heinz

100.00 @ 1 each	10.00	0.00	0.00	85.00	0.00	0.00	3.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50055 COND PC Mayonnaise 12g

100.00 @ 1 each	80.00	1.50	16.87	75.00	8.00	90.00	1.00	0.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50284 COND PC Mustard 6g

100.00 @ 1 each	0.00	0.00	-	65.00	0.00	-	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50685 COND\_DRESSING, VINAIGRETTE BALSAMIC

6.00 @ 1 tablespoon	30.00	0.25	7.50	95.00	2.50	75.00	2.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50623 COND PC Drsg Italian 12g

100.00 @ 1 each	30.00	0.00	0.00	130.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	100.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50624 COND PC Drsg Ranch 12g

100.00 @ 1 each	50.00	0.00	0.00	100.00	5.00	90.00	1.00	0.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District  
**Location:** Lewisville ISD Marcus HS  
**Service Area:** Marcus - 9-12 - OVS  
**Menu Name:** Marcus HS 2018 Menu - cycle 4 - week 1  
**Avg.Method:** Balanced

M50056 COND PC Sauce, Taco 9g

100.00 @ 1 each	5.00	0.00	0.00	55.00	0.00	0.00	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50287 COND PC Sauce, BBQ 12g

100.00 @ 1 each	15.00	0.00	0.00	160.00	0.00	0.00	4.00	0.00	0.00	0.00	-*	100.00	-*	-*	-*	0.60	-*	-*	-*	-*	-*	0.00	-*	0.00
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<b>Average</b>	859.04	11.42	11.97	1667.27	33.45	35.04	97.37	42.59	81.82	8.49	334.35*	2660.62	.16*	.29*	23.47*	26.67	.07*	.15*	.77*	.12*	.17*	579.03	33.35*	4.17
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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Marcus HS

**Service Area:** Marcus - 9-12 - OVS

**Menu Name:** Marcus HS 2018 Menu - cycle 4 - week 1

**Avg.Method:** Balanced

**Age Group:** Brkfst Grades K-12      **Period:** Breakfast      **Week:** 1      **Day:** Friday      **Count Type:** Forecasted      **Total No. of Customers:** 17

Weekly Std.	SFA		Na (mg)	Fat		CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)
	CAL	(g)		% of CAL	(g)																		
450.00-500.00		10.00	540.00																		60.00		

M51400 BRD: MUF AP, Choc 4oz WG (2BG)

16.00 @ 1 muffin	390.00	4.00	9.23	270.00	12.00	27.69	64.00	7.00	90.00	5.00	320.00	100.00	-*	-*	-*	0.00	-*	-*	-*	-*	60.00	-*	2.70
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M51725 SDW BISC, ChixPtyWG 1 (2.25BG)

12.00 @ 1 sandwich	294.42	9.74	29.79	653.66	13.97	42.71	32.46	10.46	12.41	2.99	-*	0.00	-*	-*	0.00	-*	-*	-*	-*	-*	169.86	-*	1.80
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M50205 CEREAL HOT, Oatmeal (2BG)

6.00 @ 1 cup	212.61	0.71	3.00	6.51	4.25	18.00	38.27	7.09	0.00	5.67	2.17*	0.00	0.00*	0.00*	0.00*	0.00	0.00*	0.00*	0.00*	0.00*	0.00*	6.51	0.00*	2.55
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M50209 COND\_Sugar, Cinnamon

4.00 @ 1 tablespoon	45.52	0.00	0.03	0.15	0.00	0.09	11.83	0.02	0.00	0.21	1.90	1.14	0.00	0.01	0.12	0.01	0.00	0.00	0.01	0.00	0.00	3.99	0.25	0.04
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M50439 CEREAL BWL, Cheerios WG

1.00 @ 1 bowl	100.00	0.50	4.50	140.00	2.00	18.00	20.00	3.00	0.00	3.00	-*	500.01	-*	-*	-*	6.00	-*	-*	-*	-*	-*	100.00	-*	8.10
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M50208 CEREAL BWL, CinnTstCrnch RS WG

2.00 @ 1 bowl	110.00	0.50	4.09	160.00	3.00	24.54	22.00	1.00	0.00	3.00	-*	400.01	-*	-*	-*	4.80	-*	-*	-*	-*	-*	200.01	-*	3.60
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M50442 CEREAL BWL, Cocoa Puffs RS WG

2.00 @ 1 bowl	110.05	0.00	0.00	160.08	1.50	12.27	25.01	2.00	0.00	2.00	-*	500.25	-*	-*	-*	6.00	-*	-*	-*	-*	-*	100.05	-*	4.50
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M50524 CEREAL BWL, Lucky Charms WG

2.00 @ 1 bowl	110.00	0.00	0.00	180.00	1.00	8.18	23.00	2.00	0.00	2.00	-*	500.01	-*	-*	-*	6.00	-*	-*	-*	-*	-*	100.00	-*	4.50
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M52728 BRD: BAR, Cereal TeamCh WG IW

4.00 @ 1 each	150.00	0.50	3.00	85.00	3.50	21.00	30.00	2.00	0.00	3.00	-*	100.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	200.00	-*	4.50
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M51237 BRD: BREAD WG, Tst Marg 1sl

4.00 @ 1 slice	110.00	1.33	10.91	160.00	4.33	35.45	15.00	3.00	0.00	1.00	1.33*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	1.08
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M52975 BRD: WAFFLE, RS SS WG (3.25BG)

6.00 @ 1 each	240.06	0.00	0.00	506.14	2.86	10.71	50.30	6.86	0.00	6.86	1.05*	0.00	0.00*	0.00*	0.00*	0.00	0.00*	0.00*	0.00*	0.00*	0.00*	288.94	0.00*	3.09
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M52659 FRUIT: APPLES, Warm Cinn 1/8c

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Marcus HS

**Service Area:** Marcus - 9-12 - OVS

**Menu Name:** Marcus HS 2018 Menu - cycle 4 - week 1

**Avg.Method:** Balanced

4.00 @ 1/8 cup	26.30	0.01	0.19	2.47	0.01	0.29	6.56	0.00	0.00	0.50	0.61*	0.23	0.00*	0.00*	0.01*	0.04	0.00*	0.00*	0.00*	0.00*	0.00*	0.57	0.12*	0.01	
M54565 FRUIT: STRAWBERRIES, SLCD (USDA) W/SYR FRZ 1/4C																									
4.00 @ 1/4 cup	59.67	0.01	0.09	1.96	0.08	1.23	16.16	0.33	0.00	1.18	-*	15.16	-*	-*	-*	25.82	-*	-*	-*	-*	-*	6.85	-*	0.37	
M52816 DESRT: TOPPING, Whipd NonDairy																									
6.00 @ 1 tablespoon	13.47	1.00	66.56	0.81	1.00	67.06	1.06	0.05	0.01	0.01	-*	0.20	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.15	-*	0.00	
M50543 FRUIT: BANANA (100-120ct) Whl																									
12.00 @ 1 each	93.95	0.12	1.13	1.06	0.35	3.34	24.11	1.15	0.00	2.74	377.91	67.56	0.00	0.11	0.53	9.18	0.03	0.08	0.70	0.39	0.00	5.28	23.22	0.27	
M52268 FRUIT: PEACHES Dice w/Jc 1/2c																									
24.00 @ 1/2 cup	50.83	0.00	0.00	10.17	0.00	0.00	12.20	0.00	0.00	0.00	182.98	304.97	-*	-*	-*	1.22	-*	-*	-*	-*	-*	0.00	-*	0.00	
M50979 JUICE SS, Apple 100% 4oz Cart																									
30.00 @ 1 each	60.00	0.00	0.00	15.00	0.00	0.00	14.00	0.00	0.00	0.00	85.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00	
M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50																									
25.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00	
M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50																									
25.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00	
M53222 COND PC Margarine 5g																									
10.00 @ 1 each	30.00	1.00	30.00	30.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	500.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00	
M53221 COND PC Jelly, Grape Smucker																									
10.00 @ 1 each	35.00	0.00	0.00	5.00	0.00	0.00	9.00	0.00	0.00	0.00	0.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00	
M50056 COND PC Sauce, Taco 9g																									
10.00 @ 1 each	5.00	0.00	0.00	55.00	0.00	0.00	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00	
M50058 COND PC Syrup 1.4oz Smuckers																									
10.00 @ 1 each	110.00	0.00	0.00	25.00	0.00	0.00	29.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00	
<b>Average</b>	1564.3	14.65	8.43	1587.64	32.34	18.61	273.33	45.27	115.53	15.56	978.3*	2558.71	0*	.08*	.4*	22.2	.02*	.06*	.5*	.27*	0*	1269.48	16.48*	9.36	

\* Some values for this nutrient are unavailable; the number listed is incomplete.

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Marcus HS

**Service Area:** Marcus - 9-12 - OVS

**Menu Name:** Marcus HS 2018 Menu - cycle 4 - week 1

**Avg.Method:** Balanced

**Age Group:** Lunch Grades 9-12      **Period:** Lunch      **Week:** 1      **Day:** Friday      **Count Type:** Forecasted      **Total No. of Customers:** 396

Weekly Std.	SFA		Na (mg)	Fat		CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)	
	CAL	(g)		% of CAL	(g)																			% of CAL
750.00-850.00		10.00	1420.00																			19.98		

M54044 ORI ChixPop GenTso Broc WG 2.0

48.00 @ 8 fl oz	333.34	2.83	7.65	661.02	14.75	39.83	32.61	17.50	22.49	5.05	134.03*	660.55	0.00*	0.68*	37.13*	45.13	0.05*	0.04*	0.36*	0.15*	0.00*	64.02	28.49*	2.48
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M52193 RICE, Plain WG 1BG

48.00 @ 1/2 cup	101.77	0.20	1.81	4.21	0.85	7.50	21.18	2.38	0.00	0.94	59.47	13.89	0.00*	0.00*	0.00*	0.03	0.00*	0.00*	0.00*	0.00*	0.00*	5.48	0.00*	0.22
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M53486 SALAD, BFGd Taco SC SC 2.25

1.00 @ 1 each	250.92	5.75	20.61	209.61	12.15	43.59	16.97	19.72	55.59	3.64	422.46*	3881.04	0.91*	0.33*	41.52*	9.61	0.09*	0.15*	3.82*	0.31*	1.27*	151.54	154.55*	2.71
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M54540 BRD: TORTILLA, CHIP RND WG 2BG

1.00 @ 1 serving	224.59	1.60	6.43	184.48	9.63	38.57	32.08	3.21	0.00	3.21	0.00	0.00	0.00	-*	-*	0.00	-*	-*	-*	-*	-*	48.13	-*	0.80
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M52043 PIZZA HUT PIZZA 6" EXPRESS CHZ SS 2.25

45.00 @ 1 pizza	374.18	4.99	12.01	685.27	13.41	32.25	38.44	24.92	24.70	4.27	-*	692.07	-*	-*	-*	5.36	-*	-*	-*	-*	-*	410.71	-*	2.57
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M53931 PIZZA HUT PIZZA 6" EXPRESS PEPP SS 2.0

60.00 @ 1 pizza	385.19	5.31	12.42	711.32	14.98	35.01	38.49	24.17	27.17	4.35	-*	662.85	-*	-*	-*	5.43	-*	-*	-*	-*	-*	354.34	-*	2.65
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M54307 PIZZA HUT PIZZA 6" EXPRESS SSG SS 2.25

20.00 @ 1 pizza	439.08	7.15	14.66	836.54	20.45	41.92	38.35	25.40	37.42	4.27	-*	689.00	-*	-*	-*	5.36	-*	-*	-*	-*	-*	356.37	-*	2.86
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M54310 PIZZA HUT PIZZA 6" EXPRESS BBQ CHIX SS 2.25

15.00 @ 1 pizza	400.94	4.66	10.46	805.79	13.17	29.57	42.83	27.77	38.53	4.36	-*	667.19	-*	-*	-*	5.81	-*	-*	-*	-*	-*	350.99	-*	2.67
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M54521 PIZZA HUT COND PC PEPPER RED CRUSHED 1G

30.00 @ 1 each	5.00	0.00	0.00	0.00	0.00	0.00	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M54520 PIZZA HUT COND PC CHEESE GRATED 2.5G

30.00 @ 1 each	10.00	0.00	0.00	50.00	1.00	90.00	0.00	1.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M53729 BURG, Beef AM Cajun AP100%2.25

24.00 @ 1 each	345.41	5.57	14.51	620.99	15.76	41.06	30.90	19.56	50.65	2.58	8.83*	494.70	0.00*	0.02*	0.32*	0.15	0.00*	0.00*	0.03*	0.00*	0.00*	116.29	1.96*	2.54
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M53275 MELT BD, AM WG 2.0

\* Some values for this nutrient are unavailable; the number listed is incomplete.

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Marcus HS

**Service Area:** Marcus - 9-12 - OVS

**Menu Name:** Marcus HS 2018 Menu - cycle 4 - week 1

**Avg.Method:** Balanced

24.00 @ 1 sandwich	385.00	11.25	26.30	1320.00	19.50	45.58	32.50	18.50	62.50	2.00	-*	500.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	375.00	-*	2.16
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M51680 BRD: ROLL DG, WG 2.5oz

80.00 @ 1 each	170.00	0.50	2.65	135.00	3.00	15.88	28.00	7.00	0.00	3.40	-*	0.01	-*	-*	-*	0.01	-*	-*	-*	-*	-*	12.70	-*	0.85
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M51228 BRD: BUN, Hamburger WG

100.00 @ 1 each	140.00	0.00	0.00	300.00	2.00	12.86	27.00	5.00	0.00	2.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	40.00	-*	1.44
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M52188 BRD: ROLL AP, PRETZEL 2.2oz WG

2.00 @ 1 each	160.00	1.00	5.62	40.00	2.50	14.06	29.00	5.00	0.00	3.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	20.00	-*	1.80
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M55179 BRD: CIABATTA, SLICED WG

2.00 @ 1 each	160.00	0.50	2.81	170.00	3.50	19.69	30.00	5.00	0.00	3.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	20.00	-*	1.44
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M51648 BEEF Pty, AP 100% 2.0

24.00 @ 1 each	130.00	3.00	20.77	45.00	8.00	55.39	1.00	12.00	35.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	1.08
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M55364 VEG PATTY, BLACK BEAN AP 2.0

24.00 @ 1 patty	160.00	1.00	5.62	410.00	7.00	39.37	15.00	14.00	5.00	5.00	280.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	40.00	-*	0.72
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M51359 CHIX FLT, BREAST GRD 2.0 MWWM

2.00 @ 1 each	100.00	1.00	9.00	210.00	3.50	31.50	1.00	15.00	40.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.72
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M51935 CHIX FLT, BREAST BRD WG 2.0 MWWM

30.00 @ 1 each	229.72	2.00	7.82	379.54	9.99	39.13	13.98	21.97	49.94	1.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	19.98	-*	1.44
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M51936 CHIX FLT, BREAST BRD SPICY WG 2.0 MWWM

40.00 @ 1 each	229.84	2.00	7.82	479.66	9.99	39.13	14.99	20.99	49.96	1.00	-*	99.93	-*	-*	-*	0.00	-*	-*	-*	-*	-*	19.99	-*	1.44
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M51005 CHEESE, AM (184ct) Slices 1.0

24.00 @ 3 slice	134.99	6.75	45.00	599.97	10.50	70.00	1.50	7.50	37.50	0.00	-*	299.98	-*	-*	-*	0.00	-*	-*	-*	-*	-*	224.99	-*	0.00
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M53381 CHEESE, CH Slices 1.0

24.00 @ 2 slice	110.01	5.00	40.91	180.01	9.00	73.64	1.00	6.00	30.00	0.00	20.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	199.01	-*	0.00
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M50999 CHEESE, JK Slices 1.0

24.00 @ 2 slice	100.00	5.00	45.00	180.01	8.00	72.00	1.00	7.00	30.00	0.00	25.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	197.01	-*	0.00
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M51003 CHEESE, PV Slices 1.0

24.00 @ 2 slice	100.00	5.00	45.00	250.01	7.00	63.00	1.00	7.00	20.00	0.00	40.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	212.01	-*	0.00
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M51008 VEG: TOMATOES, FrsSI 1/8c(2sl)

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Marcus HS

**Service Area:** Marcus - 9-12 - OVS

**Menu Name:** Marcus HS 2018 Menu - cycle 4 - week 1

**Avg.Method:** Balanced

30.00 @ 1/8 cup	5.10	0.01	1.40	1.42	0.06	10.00	1.10	0.25	0.00	0.34	67.18	236.14	0.00	0.15	2.24	3.88	0.01	0.01	0.17	0.02	0.00	2.83	6.80	0.08
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M51017 VEG GARN: Rom Leaf 1ea

30.00 @ 1 each	2.41	0.01	2.06	1.13	0.04	15.88	0.47	0.17	0.00	0.30	35.01	1234.63	0.00	0.02	14.53	0.57	0.01	0.01	0.04	0.01	0.00	4.68	4.25	0.14
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M51013 VEG: ONIONS, Red Slice 1ea

12.00 @ 1 slice	2.83	0.00	0.94	0.28	0.01	2.25	0.66	0.08	0.00	0.12	10.35	0.14	0.00	0.00	0.03	0.52	0.00	0.00	0.01	0.01	0.00	1.63	2.06	0.01
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M50892 VEG: PEPPERS, Jalapeno CndTBSP

12.00 @ 1 tablespoon	2.67	0.01	3.23	165.30	0.09	31.33	0.47	0.09	0.00	0.26	19.09	168.17	0.00	0.07	1.28	0.99	0.00	0.00	0.04	0.02	0.00	2.28	1.78	0.19
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M50893 VEG: PEPPERS, Banana Cnd TBSP

12.00 @ 1 tablespoon	1.71	0.00	2.08	203.78	0.02	10.42	0.31	0.07	0.00	0.09	-*	0.00	-*	-*	-*	4.33	-*	-*	-*	-*	-*	0.00	-*	0.03
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M53388 VEG: MUSHROOM, SlcFrRsRstd1/8c

6.00 @ 1/8 cup	4.52	0.01	1.95	0.38	0.06	12.80	0.90	0.31	0.00	0.31	46.78	1.62	0.97	0.01	0.89	0.68	0.01	0.04	0.55	0.02	0.00	3.07	11.59	0.28
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M50176 COND\_Pickle, Dill Slice 2ea

30.00 @ 2 slice	1.62	0.01	4.72	162.08	0.05	25.17	0.24	0.06	0.00	0.14	-*	0.00	-*	-*	-*	0.21	-*	-*	-*	-*	-*	8.65	-*	0.05
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M50060 COND\_Mayo W

24.00 @ 1 tablespoon	33.07	0.47	12.86	94.49	3.31	90.00	0.94	0.00	4.72	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M51676 COND\_Mayo, Sriracha W

24.00 @ 1 tablespoon	31.98	0.43	12.14	134.90	3.01	84.59	1.30	0.04	4.29	0.04	3.92*	45.56	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.32	-*	0.02
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M51391 COND\_Mayo, Chipotle W

24.00 @ 1 tablespoon	26.11	0.35	12.21	91.53	2.49	85.73	0.96	0.01	3.54	0.01	0.00*	15.26	-*	-*	-*	0.40	-*	-*	-*	-*	-*	0.00	-*	0.00
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M51427 COND\_Sauce, Bistro SC W

12.00 @ 1 tablespoon	29.10	0.19	5.94	130.76	1.41	43.65	2.32	0.32	1.77	0.34	19.89*	10.07	0.00*	0.04*	6.39*	0.83	0.00*	0.01*	0.05*	0.00*	0.00*	8.86	2.29*	0.21
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M50063 COND\_Sauce, Buffalo Wing AP

12.00 @ 1 tablespoon	4.38	0.02	4.79	363.06	0.22	45.51	0.48	0.11	0.17	0.12	21.32	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	2.22	-*	0.07
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M52707 COND\_Dressing, Ranch Homestyle

24.00 @ 1 tablespoon	50.00	0.75	13.50	134.99	5.50	99.00	0.50	0.50	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	10.00	-*	0.00
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\* Some values for this nutrient are unavailable; the number listed is incomplete.

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Marcus HS

**Service Area:** Marcus - 9-12 - OVS

**Menu Name:** Marcus HS 2018 Menu - cycle 4 - week 1

**Avg.Method:** Balanced

M50291 COND\_Mustard, Yellow

12.00 @ 1 tablespoon	9.00	0.01	1.50	181.50	0.37	37.20	0.93	0.47	0.00	0.43	13.36	0.67	-*	-*	-*	0.13	-*	-*	-*	-*	-*	7.51	-*	0.19
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M53348 SDW BD, Tuna Salad WG 2.0

1.00 @ 1 sandwich	267.46	0.64	2.15	639.54	6.94	23.36	31.82	21.27	36.61	2.26	39.57*	64.61	0.00*	0.04*	4.32*	0.62	0.00*	0.01*	0.05*	0.01*	0.00*	6.24	3.67*	2.56
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M53347 SDW BD, SB WG 2.0

1.00 @ 1 sandwich	558.71	3.99	6.42	579.16	35.89	57.81	43.95	19.95	0.00	5.99	378.78*	0.00	0.00*	-*	-*	0.00	-*	-*	-*	-*	-*	59.81	-*	5.35
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M50962 SDW BD, SBJ WG 2.0

1.00 @ 1 sandwich	658.38	3.99	5.45	579.16	35.89	49.06	69.87	19.95	0.00	5.99	378.78*	0.00	0.00*	-*	-*	0.00	-*	-*	-*	-*	-*	59.81	-*	5.35
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M51734 BRD: BREAD WG, 2sl

4.00 @ 2 slice	160.00	0.00	0.00	320.00	2.00	11.25	30.00	6.00	0.00	2.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	2.16
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M52708 BRD: ROLL DG, Sub 6" WG

40.00 @ 1 roll	170.00	0.50	2.65	180.00	3.00	15.88	28.00	6.00	0.00	3.00	-*	0.01	-*	-*	-*	0.01	-*	-*	-*	-*	-*	13.52	-*	1.45
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M54775 BRD: CROISSANT, SLICED WG

12.00 @ 1 each	243.91	6.47	23.87	253.40	12.05	44.44	29.25	5.44	32.35	0.91	15.14	313.46	0.31	0.00	0.00	2.82	0.25	1.93	0.85	0.00	0.01	15.66	3.96	1.63
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M55179 BRD: CIABATTA, SLICED WG

2.00 @ 1 each	160.00	0.50	2.81	170.00	3.50	19.69	30.00	5.00	0.00	3.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	20.00	-*	1.44
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M66605 BRD: TORTILLA FLOUR 10" WG

6.00 @ 1 each	180.00	1.50	7.50	250.00	4.50	22.50	29.00	5.00	0.00	3.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	100.00	-*	1.44
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M52782 BRD: FLATBREAD 2oz (2BG)

30.00 @ 1 each	180.00	1.00	5.00	310.00	5.00	25.00	28.00	5.00	0.00	2.69	-*	0.07	-*	-*	-*	0.07	-*	-*	-*	-*	-*	22.88	-*	0.83
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M53393 TKY, Breast Sliced 1.0

40.00 @ 1 serving	60.00	0.50	7.50	220.00	2.00	30.00	2.00	9.00	25.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	20.00	-*	0.36
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M53569 CHIX, BLACK FOREST HAM SLICED 1.0

30.00 @ 1 serving	80.00	1.50	16.88	330.00	4.50	50.63	2.00	8.00	40.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.36
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M53894 CHIX DCD GRAPE DELI SALAD W 1.0

12.00 @ 1 No 16 Scoop	97.66	1.13	10.44	137.54	5.20	47.96	3.30	9.31	30.40	0.19	31.50*	37.52	0.00*	0.03*	2.59*	0.48	0.01*	0.01*	0.04*	0.01*	0.00*	3.87	2.52*	0.32
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M52455 FISH, Tuna Deli Salad B 1.0

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Marcus HS

**Service Area:** Marcus - 9-12 - OVS

**Menu Name:** Marcus HS 2018 Menu - cycle 4 - week 1

**Avg.Method:** Balanced

12.00 @ 1 No 20 Scoop	105.01	1.34	11.46	146.76	7.60	65.14	0.28	7.63	18.49	0.13	19.78*	32.30	0.00*	0.02*	2.16*	0.31	0.00*	0.00*	0.02*	0.01*	0.00*	3.12	1.84*	0.20
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M51005 CHEESE, AM (184ct) Slices 1.0

18.00 @ 3 slice	134.99	6.75	45.00	599.97	10.50	70.00	1.50	7.50	37.50	0.00	-*	299.98	-*	-*	-*	0.00	-*	-*	-*	-*	-*	224.99	-*	0.00
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M53381 CHEESE, CH Slices 1.0

30.00 @ 2 slice	110.01	5.00	40.91	180.01	9.00	73.64	1.00	6.00	30.00	0.00	20.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	199.01	-*	0.00
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M50999 CHEESE, JK Slices 1.0

24.00 @ 2 slice	100.00	5.00	45.00	180.01	8.00	72.00	1.00	7.00	30.00	0.00	25.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	197.01	-*	0.00
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M51003 CHEESE, PV Slices 1.0

24.00 @ 2 slice	100.00	5.00	45.00	250.01	7.00	63.00	1.00	7.00	20.00	0.00	40.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	212.01	-*	0.00
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M51008 VEG: TOMATOES, FrsSl 1/8c(2sl)

30.00 @ 1/8 cup	5.10	0.01	1.40	1.42	0.06	10.00	1.10	0.25	0.00	0.34	67.18	236.14	0.00	0.15	2.24	3.88	0.01	0.01	0.17	0.02	0.00	2.83	6.80	0.08
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M51017 VEG GARN: Rom Leaf 1ea

40.00 @ 1 each	2.41	0.01	2.06	1.13	0.04	15.88	0.47	0.17	0.00	0.30	35.01	1234.63	0.00	0.02	14.53	0.57	0.01	0.01	0.04	0.01	0.00	4.68	4.25	0.14
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M51013 VEG: ONIONS, Red Slice 1ea

12.00 @ 1 slice	2.83	0.00	0.94	0.28	0.01	2.25	0.66	0.08	0.00	0.12	10.35	0.14	0.00	0.00	0.03	0.52	0.00	0.00	0.01	0.01	0.00	1.63	2.06	0.01
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M53388 VEG: MUSHROOM, SlcFrsRstd1/8c

6.00 @ 1/8 cup	4.52	0.01	1.95	0.38	0.06	12.80	0.90	0.31	0.00	0.31	46.78	1.62	0.97	0.01	0.89	0.68	0.01	0.04	0.55	0.02	0.00	3.07	11.59	0.28
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M50892 VEG: PEPPERS, Jalapeno CndTBSP

12.00 @ 1 tablespoon	2.67	0.01	3.23	165.30	0.09	31.33	0.47	0.09	0.00	0.26	19.09	168.17	0.00	0.07	1.28	0.99	0.00	0.00	0.04	0.02	0.00	2.28	1.78	0.19
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M50893 VEG: PEPPERS, Banana Cnd TBSP

12.00 @ 1 tablespoon	1.71	0.00	2.08	203.78	0.02	10.42	0.31	0.07	0.00	0.09	-*	0.00	-*	-*	-*	4.33	-*	-*	-*	-*	-*	0.00	-*	0.03
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M50176 COND\_Pickle, Dill Slice 2ea

30.00 @ 2 slice	1.62	0.01	4.72	162.08	0.05	25.17	0.24	0.06	0.00	0.14	-*	0.00	-*	-*	-*	0.21	-*	-*	-*	-*	-*	8.65	-*	0.05
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M50060 COND\_Mayo W

24.00 @ 1 tablespoon	33.07	0.47	12.86	94.49	3.31	90.00	0.94	0.00	4.72	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M51676 COND\_Mayo, Sriracha W

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Marcus HS

**Service Area:** Marcus - 9-12 - OVS

**Menu Name:** Marcus HS 2018 Menu - cycle 4 - week 1

**Avg.Method:** Balanced

24.00 @ 1 tablespoon	31.98	0.43	12.14	134.90	3.01	84.59	1.30	0.04	4.29	0.04	3.92*	45.56	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.32	-*	0.02
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M51391 COND\_Mayo, Chipotle W

24.00 @ 1 tablespoon	26.11	0.35	12.21	91.53	2.49	85.73	0.96	0.01	3.54	0.01	0.00*	15.26	-*	-*	-*	0.40	-*	-*	-*	-*	-*	0.00	-*	0.00
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M51427 COND\_Sauce, Bistro SC W

12.00 @ 1 tablespoon	29.10	0.19	5.94	130.76	1.41	43.65	2.32	0.32	1.77	0.34	19.89*	10.07	0.00*	0.04*	6.39*	0.83	0.00*	0.01*	0.05*	0.00*	0.00*	8.86	2.29*	0.21
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M52707 COND\_Dressing, Ranch Homestyle

24.00 @ 1 tablespoon	50.00	0.75	13.50	134.99	5.50	99.00	0.50	0.50	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	10.00	-*	0.00
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M50291 COND\_Mustard, Yellow

12.00 @ 1 tablespoon	9.00	0.01	1.50	181.50	0.37	37.20	0.93	0.47	0.00	0.43	13.36	0.67	-*	-*	-*	0.13	-*	-*	-*	-*	-*	7.51	-*	0.19
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M66605 BRD: TORTILLA FLOUR 10" WG

6.00 @ 1 each	180.00	1.50	7.50	250.00	4.50	22.50	29.00	5.00	0.00	3.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	100.00	-*	1.44
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M66461 BRD: TORTILLA FLOUR 6" WG

12.00 @ 2 each	180.00	1.00	5.00	250.00	5.00	25.00	28.00	6.00	0.00	2.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	120.00	-*	1.44
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M66266 BRD: TORTILLA CORN 6" HARD

12.00 @ 2 each	168.17	1.98	10.59	0.00	7.91	42.35	22.75	1.98	0.00	1.98	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	19.78	-*	0.71
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M54540 BRD: TORTILLA, CHIP RND WG 2BG

72.00 @ 1 serving	224.59	1.60	6.43	184.48	9.63	38.57	32.08	3.21	0.00	3.21	0.00	0.00	0.00	-*	-*	0.00	-*	-*	-*	-*	-*	48.13	-*	0.80
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M52229 RICE, Mex Spiced WG 2BG

30.00 @ 1 cup	219.91	0.43	1.77	132.15	1.89	7.73	44.52	5.07	1.98	2.30	152.63*	369.59	0.00*	0.22*	2.30*	0.26	0.01*	0.01*	0.09*	0.03*	0.00*	25.72	7.83*	1.14
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M51175 BEEF Gd, Taco Meat SC 1.0

90.00 @ 1 No 24 Scoop	78.71	1.65	18.88	56.06	4.38	50.12	1.22	8.02	25.24	0.15	122.30*	121.25	0.57*	0.08*	0.61*	1.55	0.01*	0.06*	1.81*	0.13*	0.79*	9.04	69.27*	1.00
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M55198 CHIX DCD TACO MEAT LS 1.0

60.00 @ 1 No 24 Scoop	69.50	0.78	10.06	58.03	2.75	35.64	1.65	9.36	26.86	0.20	12.08*	128.62	0.00*	0.09*	0.40*	0.79	0.00*	0.00*	0.03*	0.01*	0.00*	3.03	2.67*	0.45
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M52292 FILLING, Refried Beans Seas1.0

12.00 @ 1 No 16 Scoop	72.46	0.01	0.13	181.05	1.52	18.88	10.43	3.61	0.00	4.83	13.33	71.39	0.00*	0.12*	1.18*	0.72	0.00*	0.00*	0.04*	0.01*	0.00*	4.63	3.18*	1.04
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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Marcus HS

**Service Area:** Marcus - 9-12 - OVS

**Menu Name:** Marcus HS 2018 Menu - cycle 4 - week 1

**Avg.Method:** Balanced

M53187 FILLING, Pinto Bean KicknSC1.0

12.00 @ 1 No 16 Scoop	66.95	0.08	1.11	99.41	0.39	5.30	12.53	3.13	0.59	2.52	0.10*	60.68	0.00*	0.00*	0.00*	1.23	0.00*	0.00*	0.00*	0.00*	0.00*	32.08	0.00*	0.85
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M53386 CHEESE, CH Shreds 1.0

24.00 @ 2 fl oz	110.00	6.00	49.09	189.99	9.00	73.64	1.00	7.00	30.00	0.00	0.00	280.99	-*	-*	-*	0.00	-*	-*	-*	-*	-*	201.99	-*	0.19
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M50921 COND\_Sauce, Chz SS W (LOL) 1.0

72.00 @ 3 fl oz	149.95	6.75	40.50	599.79	10.50	63.00	4.50	7.50	29.99	0.00	0.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M51420 VEG GARN: Rom Shrds/Tom Dice

30.00 @ 1 serving	5.03	0.01	1.56	1.63	0.06	11.41	1.06	0.27	0.00	0.40	67.90	794.43	0.00	0.12	8.94	3.20	0.01	0.01	0.15	0.02	0.00	4.47	7.23	0.13
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M52379 VEG: ONIONS, Yellow Diced 1/8c

12.00 @ 1/8 cup	8.62	0.01	0.94	0.86	0.02	2.25	2.01	0.24	0.00	0.37	31.47	0.43	0.00	0.00	0.09	1.60	0.01	0.01	0.03	0.03	0.00	4.96	6.25	0.05
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M50892 VEG: PEPPERS, Jalapeno CndTBSP

60.00 @ 1 tablespoon	2.67	0.01	3.23	165.30	0.09	31.33	0.47	0.09	0.00	0.26	19.09	168.17	0.00	0.07	1.28	0.99	0.00	0.00	0.04	0.02	0.00	2.28	1.78	0.19
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M53940 COND\_Salsa, Verde SC 1/8c

6.00 @ 1/8 cup	10.71	0.03	2.62	18.90	0.23	19.35	2.13	0.37	0.00	0.61	83.93	275.99	0.00	0.17	13.04	3.96	0.02	0.02	0.40	0.03	0.00	8.13	11.97	0.22
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M66155 COND\_SALSA, BLK BN CRN SC 1/8C

6.00 @ 1/8 cup	19.80	0.03	1.48	26.70	0.22	10.18	3.86	1.00	0.08	1.01	27.65*	142.18	0.00*	0.08*	2.13*	4.28	0.01*	0.01*	0.13*	0.02*	0.00*	18.26	6.52*	0.45
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M66159 COND\_SALSA, FIRERST SC 1/8C

12.00 @ 1/8 cup	5.91	0.01	1.15	16.39	0.06	9.54	1.29	0.26	0.00	0.30	17.55*	161.86	0.00*	0.07*	3.01*	6.69	0.00*	0.00*	0.04*	0.02*	0.00*	9.23	2.96*	0.12
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M66157 COND\_SALSA, BLNDR SC 1/8C

6.00 @ 1/8 cup	9.57	0.02	1.51	32.30	0.10	9.13	2.10	0.42	0.00	0.59	27.10*	178.77	0.00*	0.06*	6.25*	4.65	0.01*	0.01*	0.04*	0.02*	0.00*	16.79	4.37*	0.19
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M50087 COND\_Salsa, Pico SC 1/8c

16.00 @ 1/8 cup	6.62	0.01	1.38	26.44	0.07	9.93	1.46	0.29	0.00	0.40	69.99	256.86	0.00	0.16	3.13	4.04	0.01	0.01	0.17	0.03	0.00	4.19	7.67	0.11
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M53983 COND PC Sour Cream 1oz

20.00 @ 1 each	56.13	2.87	46.09	8.79	5.49	87.95	1.31	0.69	16.73	0.00	35.44	126.72	0.00	0.11	0.43	0.26	0.01	0.05	0.03	0.01	0.06	28.63	21.55	0.02
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M53419 VEG: POTATO, FF CTINAGEN7 1/2C

120.00 @ 1/2 cup	119.99	1.33	10.00	133.32	4.67	35.00	17.33	2.00	0.00	2.00	259.98	0.00	-*	-*	-*	3.20	-*	-*	-*	-*	-*	0.00	-*	0.48
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M54723 VEG: CARROTS, FRESH RSTD 1/2C

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Marcus HS

**Service Area:** Marcus - 9-12 - OVS

**Menu Name:** Marcus HS 2018 Menu - cycle 4 - week 1

**Avg.Method:** Balanced

24.00 @ 1/2 cup	66.83	0.33	4.46	76.91	2.52	34.00	10.96	1.02	0.00	4.00	312.88*	22581.67	0.00*	1.37*	18.33*	4.77	0.09*	0.06*	0.86*	0.20*	0.00*	40.22	39.93*	0.46
M53200 VEG: SALAD, Side Spin Straw 1c																								
60.00 @ 1 cup	22.63	0.05	1.89	56.18	0.34	13.35	4.09	2.16	0.00	1.95	425.72	6647.79	0.00	1.50	342.66	31.55	0.06	0.14	0.59	0.15	0.00	73.33	39.47	2.00
M50543 FRUIT: BANANA (100-120ct) Whl																								
160.00 @ 1 each	93.95	0.12	1.13	1.06	0.35	3.34	24.11	1.15	0.00	2.74	377.91	67.56	0.00	0.11	0.53	9.18	0.03	0.08	0.70	0.39	0.00	5.28	23.22	0.27
M50178 FRUIT: PINEAPPLE Tbits w/Jc1/2c																								
72.00 @ 1/2 cup	80.32	0.00	0.00	0.00	0.00	0.00	18.07	1.00	0.00	1.00	-*	0.00	-*	-*	-*	6.02	-*	-*	-*	-*	-*	0.00	-*	0.00
M50980 JUICE SS, Frt Bld 100% 4oz Crt																								
140.00 @ 1 each	60.00	0.00	0.00	10.00	0.00	0.00	14.00	0.00	0.00	0.00	100.00	0.00	-*	-*	-*	3.60	-*	-*	-*	-*	-*	0.00	-*	0.00
M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50																								
50.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00
M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50																								
250.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00
M53222 COND PC Margarine 5g																								
100.00 @ 1 each	30.00	1.00	30.00	30.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	500.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50855 COND PC Ketchup 9g Heinz																								
100.00 @ 1 each	10.00	0.00	0.00	85.00	0.00	0.00	3.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50055 COND PC Mayonnaise 12g																								
100.00 @ 1 each	80.00	1.50	16.87	75.00	8.00	90.00	1.00	0.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50284 COND PC Mustard 6g																								
100.00 @ 1 each	0.00	0.00	-	65.00	0.00	-	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50685 COND_DRESSING, VINAIGRETTE BALSAMIC																								
6.00 @ 1 tablespoon	30.00	0.25	7.50	95.00	2.50	75.00	2.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50623 COND PC Drsg Italian 12g																								
100.00 @ 1 each	30.00	0.00	0.00	130.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	100.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50624 COND PC Drsg Ranch 12g																								
100.00 @ 1 each	50.00	0.00	0.00	100.00	5.00	90.00	1.00	0.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District  
**Location:** Lewisville ISD Marcus HS  
**Service Area:** Marcus - 9-12 - OVS  
**Menu Name:** Marcus HS 2018 Menu - cycle 4 - week 1  
**Avg.Method:** Balanced

M50056 COND PC Sauce, Taco 9g

100.00 @ 1 each	5.00	0.00	0.00	55.00	0.00	0.00	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50287 COND PC Sauce, BBQ 12g

100.00 @ 1 each	15.00	0.00	0.00	160.00	0.00	0.00	4.00	0.00	0.00	0.00	-*	100.00	-*	-*	-*	0.60	-*	-*	-*	-*	-*	0.00	-*	0.00
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<b>Average</b>	913.66	11.48	11.31	1661.57	35.14	34.61	105.17	43.21	81.35	8.91	487.49*	3888.14	.17*	.56*	63.27*	23.65	.05*	.14*	1.02*	.26*	.19*	581.36	44.19*	4.33
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