



# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District  
**Location:** Lewisville ISD Central ES  
**Service Area:** Purnell - 9-12 - OVS  
**Menu Name:** Purnell HS 2018 Menu - cycle 3 - week 3  
**Avg.Method:** Balanced

**Age Group:** Lunch Grades K-5      **Period:** Lunch      **Week:** 3      **Day:** Monday      **Count Type:** Forecasted      **Total No. of Customers:** 25

Weekly Std.	SFA		Na (mg)	Fat		CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)	
	CAL	(g)		% of CAL	(g)																			% of CAL
550.00-650.00		10.00	1230.00																		0.00			
<b>M52586 CHIX NUGGET, BNLS WING WG (8) 3.0 MWWW</b>																								
10.00 @ 8 each	401.71	3.01	6.75	642.74	18.08	40.50	24.10	36.15	80.34	2.01	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	40.17	-*	2.89
<b>M51680 BRD: ROLL DG, WG 2.5oz</b>																								
10.00 @ 1 each	170.00	0.50	2.65	135.00	3.00	15.88	28.00	7.00	0.00	3.40	-*	0.01	-*	-*	-*	0.01	-*	-*	-*	-*	-*	12.70	-*	0.85
<b>M66507 QUES 6" CH WG 2.0</b>																								
15.00 @ 1 each	400.01	13.00	29.25	630.01	23.00	51.75	30.00	20.00	60.00	2.00	0.00*	562.02	-*	-*	-*	0.00	-*	-*	-*	-*	-*	524.01	-*	1.82
<b>M54874 VEG: CORN, FZ MARG 1/2C</b>																								
25.00 @ 1/2 cup	92.55	1.25	12.16	0.82	3.46	33.69	15.80	2.09	0.00	1.96	191.89	162.89	0.00*	0.06*	0.25*	2.86	0.02*	0.05*	1.07*	0.08*	0.00*	2.46	64.66*	0.38
<b>M50186 VEG: BROCCOLI, Fresh 1/2c</b>																								
25.00 @ 1/2 cup	10.84	0.01	1.03	10.52	0.12	9.79	2.12	0.90	0.00	0.83	100.78	198.68	0.00	0.25	32.40	28.45	0.02	0.04	0.20	0.06	0.00	14.99	21.05	0.23
<b>M50843 FRUIT: STRAWBERRIES, Frsh 1/2c</b>																								
25.00 @ 1/2 cup	24.57	0.01	0.42	0.77	0.23	8.44	5.90	0.51	0.00	1.54	117.47	9.21	0.00	0.22	1.69	45.14	0.02	0.02	0.30	0.04	0.00	12.28	18.43	0.31
<b>M52794 FRUIT: ORANGE Mand w/Syr 1/2c</b>																								
25.00 @ 1/2 cup	75.88	0.00	0.00	9.49	0.00	0.00	17.07	0.95	0.00	0.95	-*	189.70	-*	-*	-*	11.38	-*	-*	-*	-*	-*	0.00	-*	0.00
<b>M55543 JUICE SS, TROPICANA APPLE 100% 4.23FLOZ BOX SHLF-STBL</b>																								
25.00 @ 1 each	60.00	0.00	0.00	10.00	0.00	0.00	14.00	0.00	0.00	0.00	120.00	0.00	-*	-*	-*	15.00	-*	-*	-*	-*	-*	0.00	-*	0.00
<b>M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50</b>																								
10.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00
<b>M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50</b>																								
15.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00
<b>M53222 COND PC Margarine 5g</b>																								
25.00 @ 1 each	30.00	1.00	30.00	30.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	500.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
<b>M50855 COND PC Ketchup 9g Heinz</b>																								

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Central ES

**Service Area:** Purnell - 9-12 - OVS

**Menu Name:** Purnell HS 2018 Menu - cycle 3 - week 3

**Avg.Method:** Balanced

25.00 @ 1 each	10.00	0.00	0.00	85.00	0.00	0.00	3.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50055 COND PC Mayonnaise 12g																								
25.00 @ 1 each	80.00	1.50	16.87	75.00	8.00	90.00	1.00	0.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50284 COND PC Mustard 6g																								
25.00 @ 1 each	0.00	0.00	-	65.00	0.00	-	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50624 COND PC Drsg Ranch 12g																								
25.00 @ 1 each	50.00	0.00	0.00	100.00	5.00	90.00	1.00	0.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50287 COND PC Sauce, BBQ 12g																								
25.00 @ 1 each	15.00	0.00	0.00	160.00	0.00	0.00	4.00	0.00	0.00	0.00	-*	100.00	-*	-*	-*	0.60	-*	-*	-*	-*	-*	0.00	-*	0.00
M50407 COND_Salsa, AP 1/8c																								
25.00 @ 1/8 cup	10.25	0.00	0.00	174.23	0.00	0.00	2.05	0.00	0.00	0.00	0.00	102.49	-*	-*	-*	3.69	-*	-*	-*	-*	-*	0.00	-*	0.00
M50720 DESRT: PUDDING, Choc AP 1/2c																								
25.00 @ 1/2 cup	120.15	0.00	0.00	190.23	3.00	22.50	24.03	1.00	0.00	1.00	70.09	0.00	0.00	-*	-*	0.00	-*	-*	-*	-*	-*	16.02	-*	1.00
<b>Average</b>	1163.93	13.58	10.5	1760.17	46.05	35.61	147	42.71	85.14	9.64	600.21*	2100.2	0*	.53*	34.34*	108.81	.07*	.1*	1.57*	.17*	0*	681.31	104.14*	4.52

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Central ES

**Service Area:** Purnell - 9-12 - OVS

**Menu Name:** Purnell HS 2018 Menu - cycle 3 - week 3

**Avg.Method:** Balanced

**Age Group:** Lunch Grades K-5      **Period:** Lunch      **Week:** 3      **Day:** Tuesday      **Count Type:** Forecasted      **Total No. of Customers:** 25

Weekly Std.	SFA		Na (mg)	Fat		CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)
	CAL	% of CAL		% of CAL	% of CAL																		
550.00-650.00		10.00	1230.00																		0.00		

M51417 BURG, Beef AP WG 2.0

10.00 @ 1 each	240.00	2.00	7.50	345.00	7.00	26.25	29.00	16.00	25.00	2.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	60.00	-*	2.88
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M50821 BURG, Beef AM AP WG 2.25

15.00 @ 1 each	285.00	4.25	13.42	545.00	10.50	33.16	29.50	18.50	37.50	2.00	-*	100.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	135.00	-*	2.88
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M53419 VEG: POTATO, FF CTINAGEN7 1/2C

25.00 @ 1/2 cup	119.99	1.33	10.00	133.32	4.67	35.00	17.33	2.00	0.00	2.00	259.98	0.00	-*	-*	-*	3.20	-*	-*	-*	-*	-*	0.00	-*	0.48
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M51445 VEG GARN: Rom Leaf/Tom Sl

25.00 @ 1 serving	4.96	0.01	1.72	1.84	0.07	12.86	1.02	0.30	0.00	0.47	68.61	1352.71	0.00	0.09	15.65	2.51	0.02	0.01	0.13	0.02	0.00	6.10	7.65	0.18
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M50412 COND\_Pickle, Dill Slice 3ea

25.00 @ 3 slice	2.43	0.01	4.72	243.11	0.07	25.17	0.36	0.10	0.00	0.21	-*	0.00	-*	-*	-*	0.32	-*	-*	-*	-*	-*	12.97	-*	0.08
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M54866 VEG: BLEND, PEAS/CARR FZ MARG 1/2C

25.00 @ 1/2 cup	66.50	1.23	16.66	57.03	3.27	44.24	8.49	2.59	0.00	2.60	133.67	7978.63	0.00*	0.44*	15.77*	6.79	0.19*	0.05*	0.97*	0.07*	0.00*	19.29	41.09*	0.79
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M52815 VEG: PEPPERS, Red Strips1/2c

25.00 @ 1/2 cup	15.56	0.01	0.78	2.01	0.15	8.71	3.03	0.50	0.00	1.05	105.92	1571.73	0.00	0.79	2.46	64.10	0.03	0.04	0.49	0.15	0.00	3.51	13.05	0.22
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M53362 FRUIT: HONEYDEW, Melon 1/2c

25.00 @ 1/2 cup	30.93	0.03	0.95	15.47	0.12	3.50	7.81	0.46	0.00	0.69	195.92	42.96	0.00	0.02	2.49	15.47	0.03	0.01	0.36	0.08	0.00	5.16	9.45	0.15
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M52268 FRUIT: PEACHES Dice w/Jc 1/2c

25.00 @ 1/2 cup	50.83	0.00	0.00	10.17	0.00	0.00	12.20	0.00	0.00	0.00	182.98	304.97	-*	-*	-*	1.22	-*	-*	-*	-*	-*	0.00	-*	0.00
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M55542 JUICE SS, TROPICANA ORANGE 100% 4.23FLOZ BOX SHLF-STBL

25.00 @ 1 each	60.00	0.00	0.00	5.00	0.00	0.00	14.00	1.00	0.00	0.00	220.00	0.00	-*	-*	-*	18.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50

10.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00
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M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50

15.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00
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**Profit Center:** Lewisville Independent School District  
**Location:** Lewisville ISD Central ES  
**Service Area:** Purnell - 9-12 - OVS  
**Menu Name:** Purnell HS 2018 Menu - cycle 3 - week 3  
**Avg.Method:** Balanced

M53222 COND PC Margarine 5g

25.00 @ 1 each	30.00	1.00	30.00	30.00	3.00	90.00	0.00	0.00	0.00	0.00	0.00	-*	500.00	-*	-*	-*	0.00	-*	-*	-*	-*	0.00	-*	0.00
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M50855 COND PC Ketchup 9g Heinz

25.00 @ 1 each	10.00	0.00	0.00	85.00	0.00	0.00	3.00	0.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	0.00	-*	0.00
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M50055 COND PC Mayonnaise 12g

25.00 @ 1 each	80.00	1.50	16.87	75.00	8.00	90.00	1.00	0.00	5.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	0.00	-*	0.00
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M50284 COND PC Mustard 6g

25.00 @ 1 each	0.00	0.00	-	65.00	0.00	-	1.00	0.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	0.00	-*	0.00
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M50624 COND PC Drsg Ranch 12g

25.00 @ 1 each	50.00	0.00	0.00	100.00	5.00	90.00	1.00	0.00	5.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	0.00	-*	0.00
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M50287 COND PC Sauce, BBQ 12g

25.00 @ 1 each	15.00	0.00	0.00	160.00	0.00	0.00	4.00	0.00	0.00	0.00	0.00	-*	100.00	-*	-*	-*	0.60	-*	-*	-*	-*	0.00	-*	0.00
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<b>Average</b>	919.22	9.08	8.89	1607.96	34.45	33.73	120.73	32.45	49.5	9.02	1167.08*	12411.01	0*	1.34*	36.37*	113.89	.26*	.12*	1.95*	.32*	0*	452.03	71.25*	4.77
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**Service Area:** Purnell - 9-12 - OVS  
**Menu Name:** Purnell HS 2018 Menu - cycle 3 - week 3  
**Avg.Method:** Balanced

**Age Group:** Lunch Grades K-5      **Period:** Lunch      **Week:** 3      **Day:** Wednesday      **Count Type:** Forecasted      **Total No. of Customers:** 25

Weekly Std.	SFA		Na (mg)	Fat		CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)
	CAL	(g)		% of CAL	(g)																		
550.00-650.00		10.00	1230.00																		0.00		

M53770 SDW BN, CHIXPTY PLN WG/WG2.0 MWWW

10.00 @ 1 sandwich	369.73	2.00	4.86	679.55	11.99	29.18	40.98	26.97	49.94	3.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	59.98	-*	2.88
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M52610 HOT DOG, Plain WG 2.0

15.00 @ 1 each	290.00	4.00	12.41	1040.01	14.00	43.45	29.00	12.00	50.00	2.00	-*	300.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	120.00	-*	2.52
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M54861 VEG: BEANS, GREEN FZ MARG 1/2C

25.00 @ 1/2 cup	45.75	1.20	23.55	0.70	3.03	59.71	4.49	1.04	0.00	2.09	111.90	291.80	0.00*	0.03*	26.53*	2.86	0.02*	0.06*	0.27*	0.04*	0.00*	29.25	20.20*	0.46
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M50431 VEG: CARROTS, Fresh Baby 1/2c

25.00 @ 1/2 cup	24.80	0.02	0.59	55.28	0.09	3.34	5.84	0.45	0.00	2.06	167.96	9772.87	0.00	-*	6.66	1.84	0.02	0.03	0.39	0.07	0.00	22.68	19.84	0.63
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M50536 FRUIT: APPLE, 138ct 1/8wg 1/2c

25.00 @ 4 wedge	31.53	0.02	0.50	2.39	0.10	2.95	8.40	0.17	0.00	1.45	67.15	33.13	0.00	0.11	1.32	3.11	0.01	0.02	0.06	0.03	0.00	5.02	6.81	0.07
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M52271 FRUIT: PEARS, Dice w/Jc 1/2c

25.00 @ 1/2 cup	60.66	0.00	0.00	10.11	0.00	0.00	14.15	0.00	0.00	2.02	80.89	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M55541 JUICE SS, TROPICANA STRW KIWI 100% 4.23FLOZ BOX SHLF-STBL

25.00 @ 1 each	60.00	0.00	0.00	10.00	0.00	0.00	15.00	0.00	0.00	0.00	120.00	0.00	-*	-*	-*	18.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50

10.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00
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M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50

15.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00
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M53222 COND PC Margarine 5g

25.00 @ 1 each	30.00	1.00	30.00	30.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	500.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50855 COND PC Ketchup 9g Heinz

25.00 @ 1 each	10.00	0.00	0.00	85.00	0.00	0.00	3.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50055 COND PC Mayonnaise 12g

\* Some values for this nutrient are unavailable; the number listed is incomplete.

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Central ES

**Service Area:** Purnell - 9-12 - OVS

**Menu Name:** Purnell HS 2018 Menu - cycle 3 - week 3

**Avg.Method:** Balanced

25.00 @ 1 each	80.00	1.50	16.87	75.00	8.00	90.00	1.00	0.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50284 COND PC Mustard 6g																								
25.00 @ 1 each	0.00	0.00	-	65.00	0.00	-	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50624 COND PC Drsg Ranch 12g																								
25.00 @ 1 each	50.00	0.00	0.00	100.00	5.00	90.00	1.00	0.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50287 COND PC Sauce, BBQ 12g																								
25.00 @ 1 each	15.00	0.00	0.00	160.00	0.00	0.00	4.00	0.00	0.00	0.00	-*	100.00	-*	-*	-*	0.60	-*	-*	-*	-*	-*	0.00	-*	0.00
M53064 DESRT: COOKIE ChocChp 1.0oz WG																								
25.00 @ 1 cookie	110.00	1.00	8.18	85.00	3.50	28.64	18.00	1.00	5.00	1.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	1.08
M54564 FRUIT: STRAWBERRIES, SLCD (USDA) W/SYR FRZ 1/2C																								
25.00 @ 1/2 cup	119.33	0.01	0.09	3.92	0.16	1.23	32.33	0.66	0.00	2.35	-*	30.32	-*	-*	-*	51.65	-*	-*	-*	-*	-*	13.70	-*	0.74
M52816 DESRT: TOPPING, Whipd NonDairy																								
25.00 @ 1 tablespoon	13.47	1.00	66.56	0.81	1.00	67.06	1.06	0.05	0.01	0.01	-*	0.20	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.15	-*	0.00
<b>Average</b>	1088.44	9.54	7.89	1739.03	38.09	31.5	160.27	29.36	71.99	13.38	547.89*	11408.3 4	0*	.14*	34.51*	79.74	.06*	.1*	.72*	.14*	0*	466.79	46.85*	5.65

\* Some values for this nutrient are unavailable; the number listed is incomplete.

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Central ES

**Service Area:** Purnell - 9-12 - OVS

**Menu Name:** Purnell HS 2018 Menu - cycle 3 - week 3

**Avg.Method:** Balanced

**Age Group:** Lunch Grades K-5      **Period:** Lunch      **Week:** 3      **Day:** Thursday      **Count Type:** Forecasted      **Total No. of Customers:** 25

Weekly Std.	SFA		Na (mg)	Fat		CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)
	CAL	% of CAL		% of CAL	% of CAL																		
550.00-650.00		10.00	1230.00																		0.00		

M52963 CHIX Popcorn, AP WG 2.0

15.00 @ 1 serving	250.19	2.72	9.78	380.72	14.14	50.87	15.23	15.23	21.76	3.26	-*	108.78	-*	-*	-*	0.00	-*	-*	-*	-*	-*	43.51	-*	1.96
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M55313 BRD: BRDSTK DG, RIPSTK 2EA (2BG)

15.00 @ 2 each	160.00	0.00	0.00	200.00	2.00	11.25	28.00	6.00	0.00	3.08	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	14.80	-*	1.46
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M51682 STICKS, KOLACHES MORNGSSG RS WG 2.0 2EA

10.00 @ 2 each	340.00	2.00	5.30	560.01	8.00	21.18	56.00	10.00	40.00	6.00	-*	2000.34	-*	-*	-*	0.00	-*	-*	-*	-*	-*	80.01	-*	3.60
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M53153 VEG: BEANS, Bkd Veg AP 1/2c

25.00 @ 1/2 cup	130.70	0.00	0.00	552.94	0.00	0.00	29.16	7.04	0.00	5.03	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	40.21	-*	1.81
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M52770 VEG: CELERY, Sticks 1/2c

25.00 @ 1/2 cup	9.92	0.03	2.36	49.61	0.11	9.56	1.84	0.43	0.00	0.99	161.23	278.43	0.00	0.17	18.17	1.92	0.01	0.04	0.20	0.05	0.00	24.80	14.88	0.12
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M50529 FRUIT: GRAPES, Fresh 1/2c

25.00 @ 1/2 cup	56.80	0.10	1.53	1.70	0.30	4.70	14.54	0.53	0.00	0.76	161.94	84.78	0.00	0.16	12.38	3.39	0.08	0.05	0.25	0.09	0.00	11.87	8.48	0.25
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M53549 FRUIT: APPLESAUCE,Unswt AP1/2c

25.00 @ 1/2 cup	52.77	0.00	0.00	10.55	0.00	0.00	13.72	0.00	0.00	2.11	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M55543 JUICE SS, TROPICANA APPLE 100% 4.23FLOZ BOX SHLF-STBL

25.00 @ 1 each	60.00	0.00	0.00	10.00	0.00	0.00	14.00	0.00	0.00	0.00	120.00	0.00	-*	-*	-*	15.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50

10.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00
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M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50

15.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00
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M53222 COND PC Margarine 5g

25.00 @ 1 each	30.00	1.00	30.00	30.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	500.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50855 COND PC Ketchup 9g Heinz

25.00 @ 1 each	10.00	0.00	0.00	85.00	0.00	0.00	3.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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\* Some values for this nutrient are unavailable; the number listed is incomplete.

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District  
**Location:** Lewisville ISD Central ES  
**Service Area:** Purnell - 9-12 - OVS  
**Menu Name:** Purnell HS 2018 Menu - cycle 3 - week 3  
**Avg.Method:** Balanced

M50055 COND PC Mayonnaise 12g

25.00 @ 1 each	80.00	1.50	16.87	75.00	8.00	90.00	1.00	0.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50284 COND PC Mustard 6g

25.00 @ 1 each	0.00	0.00	-	65.00	0.00	-	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50624 COND PC Drsg Ranch 12g

25.00 @ 1 each	50.00	0.00	0.00	100.00	5.00	90.00	1.00	0.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50287 COND PC Sauce, BBQ 12g

25.00 @ 1 each	15.00	0.00	0.00	160.00	0.00	0.00	4.00	0.00	0.00	0.00	-*	100.00	-*	-*	-*	0.60	-*	-*	-*	-*	-*	0.00	-*	0.00
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<b>Average</b>	993.31	5.65	5.12	1872.24	30.29	27.44	148.79	32.74	46.05	15.1	443.16*	2328.62	0*	.33*	30.55*	22.59	.09*	.08*	.45*	.14*	0*	443.88	23.36*	5.67
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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Central ES

**Service Area:** Purnell - 9-12 - OVS

**Menu Name:** Purnell HS 2018 Menu - cycle 3 - week 3

**Avg.Method:** Balanced

**Age Group:** Lunch Grades K-5      **Period:** Lunch      **Week:** 3      **Day:** Friday      **Count Type:** Forecasted      **Total No. of Customers:** 25

Weekly Std.	SFA		Na (mg)	Fat		CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)
	CAL	(g)		% of CAL	(g)																		
550.00-650.00		10.00	1230.00																		0.00		

M51578 PIZZA 16" CHZ WG 2.0

5.00 @ 1/8 cut	351.26	7.50	19.22	810.04	15.50	39.72	30.88	19.38	30.00	3.25	-*	403.18	-*	-*	-*	0.90	-*	-*	-*	-*	-*	419.72	-*	1.13
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M53000 PIZZA 16" Pepperoni WG 2.0

20.00 @ 1/8 cut	388.76	9.00	20.84	937.54	19.00	43.99	31.13	20.88	37.50	3.25	-*	403.18	-*	-*	-*	0.90	-*	-*	-*	-*	-*	419.72	-*	1.22
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M54868 VEG: BROCCOLI, FRESH CKD MARG 1/2C

25.00 @ 1/2 cup	35.62	1.19	30.01	10.98	3.03	76.46	1.92	0.64	0.00	0.88	79.66	414.69	0.00*	0.39*	37.80*	17.39	0.02*	0.03*	0.15*	0.05*	0.00*	10.72	17.95*	0.18
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M52323 VEG: SALAD, Side GardChop 1/2c

25.00 @ 1/2 cup	8.17	0.01	1.45	6.38	0.09	9.94	1.78	0.42	0.00	0.71	91.42	2532.40	0.00	0.09	22.95	4.51	0.02	0.02	0.16	0.04	0.00	11.15	11.01	0.26
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M50543 FRUIT: BANANA (100-120ct) Whl

25.00 @ 1 each	93.95	0.12	1.13	1.06	0.35	3.34	24.11	1.15	0.00	2.74	377.91	67.56	0.00	0.11	0.53	9.18	0.03	0.08	0.70	0.39	0.00	5.28	23.22	0.27
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M50178 FRUIT: PINEAPPLE Tbits w/Jc1/2c

25.00 @ 1/2 cup	80.32	0.00	0.00	0.00	0.00	0.00	18.07	1.00	0.00	1.00	-*	0.00	-*	-*	-*	6.02	-*	-*	-*	-*	-*	0.00	-*	0.00
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M55542 JUICE SS, TROPICANA ORANGE 100% 4.23FLOZ BOX SHLF-STBL

25.00 @ 1 each	60.00	0.00	0.00	5.00	0.00	0.00	14.00	1.00	0.00	0.00	220.00	0.00	-*	-*	-*	18.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50

10.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00
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M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50

15.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00
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M53222 COND PC Margarine 5g

25.00 @ 1 each	30.00	1.00	30.00	30.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	500.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50855 COND PC Ketchup 9g Heinz

25.00 @ 1 each	10.00	0.00	0.00	85.00	0.00	0.00	3.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50055 COND PC Mayonnaise 12g

25.00 @ 1 each	80.00	1.50	16.87	75.00	8.00	90.00	1.00	0.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District  
**Location:** Lewisville ISD Central ES  
**Service Area:** Purnell - 9-12 - OVS  
**Menu Name:** Purnell HS 2018 Menu - cycle 3 - week 3  
**Avg.Method:** Balanced

M50284 COND PC Mustard 6g

25.00 @ 1 each	0.00	0.00	-	65.00	0.00	-	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50624 COND PC Drsg Ranch 12g

25.00 @ 1 each	50.00	0.00	0.00	100.00	5.00	90.00	1.00	0.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50287 COND PC Sauce, BBQ 12g

25.00 @ 1 each	15.00	0.00	0.00	160.00	0.00	0.00	4.00	0.00	0.00	0.00	-*	100.00	-*	-*	-*	0.60	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50407 COND\_Salsa, AP 1/8c

25.00 @ 1/8 cup	10.25	0.00	0.00	174.23	0.00	0.00	2.05	0.00	0.00	0.00	0.00	102.49	-*	-*	-*	3.69	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50720 DESRT: PUDDING, Choc AP 1/2c

25.00 @ 1/2 cup	120.15	0.00	0.00	190.23	3.00	22.50	24.03	1.00	0.00	1.00	70.09	0.00	0.00	-*	-*	0.00	-*	-*	-*	-*	-*	16.02	-*	1.00
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<b>Average</b>	1090.72	13.12	10.83	1974.92	41.77	34.47	144.24	33.78	53	9.59	839.07*	4620.32	0*	.58*	61.27*	61.97	.07*	.13*	1.01*	.48*	0*	762.88	52.18*	2.91
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\* Some values for this nutrient are unavailable; the number listed is incomplete.

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