



# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Hedrick ES

**Service Area:** Hedrick - K-5 - OVS

**Menu Name:** Hedrick ES: 2018 BIC Menu - cycle 5 - week 3

**Avg.Method:** Balanced

**Age Group:** Brkfst Grades K-5      **Period:** Breakfast      **Week:** 3      **Day:** Monday      **Count Type:** Forecasted      **Total No. of Customers:** 370

Weekly Std.	SFA		Na (mg)	Fat		CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)	
	CAL	(g)		% of CAL	(g)																			% of CAL
M51267 BRD: MUF AP, Blueb 2ozWG (1BG)	350.00-500.00		10.00	540.00																				
382.00 @ 1 muffin	190.00	2.00	9.47	130.00	6.00	28.42	31.00	3.00	40.00	2.00	-*	100.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	20.00	-*	0.72
M52695 CHEESE, MZ STRING 1EA 1.0																								
382.00 @ 1 stick	60.00	2.00	30.00	200.01	3.00	45.00	1.00	7.00	10.00	0.00	0.00	200.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	200.01	-*	0.00
M52811 FRUIT: CRAISINS, SS STRAWBERRY 1.16OZ																								
81.00 @ 1 each	110.00	0.00	0.00	0.00	0.00	0.00	28.00	0.00	0.00	3.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M55543 JUICE SS, TROPICANA APPLE 100% 4.23FLOZ BOX SHLF-STBL																								
416.00 @ 1 each	60.00	0.00	0.00	10.00	0.00	0.00	14.00	0.00	0.00	0.00	120.00	0.00	-*	-*	-*	15.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50																								
30.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00
M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50																								
218.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00
<b>Average</b>	429.27	4.25	8.91	468.55	9.49	19.91	67.75	15.69	55.38	2.72	134.92*	644.87	-*	-*	-*	17.77	-*	-*	-*	-*	-*	428.22	-*	.74

\* Some values for this nutrient are unavailable; the number listed is incomplete.

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Hedrick ES

**Service Area:** Hedrick - K-5 - OVS

**Menu Name:** Hedrick ES: 2018 BIC Menu - cycle 5 - week 3

**Avg.Method:** Balanced

**Age Group:** Brkfst Grades K-5      **Period:** Breakfast      **Week:** 3      **Day:** Tuesday      **Count Type:** Forecasted      **Total No. of Customers:** 348

Weekly Std.	SFA		Na (mg)	Fat		CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)	
	CAL	(g)		% of CAL	(g)																			% of CAL
	350.00-500.00		10.00	540.00																		5.28		
M52006 SDW BN AP, Tky Ssg WG IW 1.0																								
365.00 @ 1 each	160.00	1.50	8.44	370.01	5.00	28.13	18.00	10.00	25.00	2.00	-*	0.00	-*	-*	-*	6.00	-*	-*	-*	-*	-*	20.00	-*	1.44
M50543 FRUIT: BANANA (100-120ct) Whl																								
184.00 @ 1 each	93.95	0.12	1.13	1.06	0.35	3.34	24.11	1.15	0.00	2.74	377.91	67.56	0.00	0.11	0.53	9.18	0.03	0.08	0.70	0.39	0.00	5.28	23.22	0.27
M50722 FRUIT: RAISINS, SS BOX																								
149.00 @ 1 each	127.15	0.02	0.17	4.68	0.20	1.38	33.67	1.31	0.00	1.57	318.51	0.00	0.00	0.05	1.49	0.98	0.05	0.05	0.33	0.07	0.00	21.26	42.95	0.80
M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50																								
34.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00
M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50																								
288.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00
<b>Average</b>	381.99	1.79	4.23	552.31	5.76	13.56	63.87	19.06	31.34	4.22	336.19*	498.37	0*	.08*	.92*	12.8	.04*	.06*	.51*	.24*	0*	310.46	30.67*	2

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Hedrick ES

**Service Area:** Hedrick - K-5 - OVS

**Menu Name:** Hedrick ES: 2018 BIC Menu - cycle 5 - week 3

**Avg.Method:** Balanced

**Age Group:** Brkfst Grades K-5      **Period:** Breakfast      **Week:** 3      **Day:** Wednesday      **Count Type:** Forecasted      **Total No. of Customers:** 392

Weekly Std.	SFA		Na (mg)	Fat		CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)	
	CAL	% of CAL		% of CAL	% of CAL																			
	350.00-500.00		10.00	540.00																		200.01		
M50208 CEREAL BWL, CinnTstCrnch RS WG																								
404.00 @ 1 bowl	110.00	0.50	4.09	160.00	3.00	24.54	22.00	1.00	0.00	3.00	-*	400.01	-*	-*	-*	4.80	-*	-*	-*	-*	-*	200.01	-*	3.60
M52695 CHEESE, MZ STRING 1EA 1.0																								
404.00 @ 1 stick	60.00	2.00	30.00	200.01	3.00	45.00	1.00	7.00	10.00	0.00	0.00	200.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	200.01	-*	0.00
M54353 FRUIT: CUP SS, APPLESC SHLF-STBL 1/2C																								
112.00 @ 1 each	50.00	0.00	0.00	15.00	0.00	0.00	14.00	0.00	0.00	1.00	-*	0.00	-*	-*	-*	60.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M55542 JUICE SS, TROPICANA ORANGE 100% 4.23FLOZ BOX SHLF-STBL																								
359.00 @ 1 each	60.00	0.00	0.00	5.00	0.00	0.00	14.00	1.00	0.00	0.00	220.00	0.00	-*	-*	-*	18.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50																								
54.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00
M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50																								
317.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00
<b>Average</b>	356.64	2.78	7.02	543.37	6.53	16.47	58.49	16.73	15.73	3.38	201.48*	1091.6	-*	-*	-*	39.88	-*	-*	-*	-*	-*	696.19	-*	3.71

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Hedrick ES

**Service Area:** Hedrick - K-5 - OVS

**Menu Name:** Hedrick ES: 2018 BIC Menu - cycle 5 - week 3

**Avg.Method:** Balanced

**Age Group:** Brkfst Grades K-5      **Period:** Breakfast      **Week:** 3      **Day:** Thursday      **Count Type:** Forecasted      **Total No. of Customers:** 364

Weekly Std.	SFA		Na (mg)	Fat		CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)	
	CAL	% of CAL		% of CAL	% of CAL																			
350.00-500.00		10.00	540.00																					
M51278 PIZZA AP EggSausChzSldrWG.75IW																								
380.00 @ 1 package	160.00	1.50	8.44	290.01	4.50	25.31	22.00	8.00	30.00	2.00	150.00	100.00	-*	-*	-*	0.00	-*	-*	-*	-*	80.00	-*	1.44	
M52811 FRUIT: CRAISINS, SS STRAWBERRY 1.16OZ																								
123.00 @ 1 each	110.00	0.00	0.00	0.00	0.00	0.00	28.00	0.00	0.00	3.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	0.00	-*	0.00	
M53799 FRUIT: APPLE, Slcd IW 2oz																								
248.00 @ 1 each	30.00	0.00	0.00	0.00	0.00	0.00	7.00	0.00	0.00	1.00	-*	0.00	-*	-*	-*	21.00	-*	-*	-*	-*	0.00	-*	0.00	
M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50																								
34.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	300.00	-*	0.00	
M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50																								
328.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	300.00	-*	0.00	
<b>Average</b>	343.05	1.71	4.48	477.1	4.93	12.94	56.44	16.31	36.76	3.78	156.6*	601.65	-*	-*	-*	15.61	-*	-*	-*	-*	381.87	-*	1.5	

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Hedrick ES

**Service Area:** Hedrick - K-5 - OVS

**Menu Name:** Hedrick ES: 2018 BIC Menu - cycle 5 - week 3

**Avg.Method:** Balanced

**Age Group:** Brkfst Grades K-5      **Period:** Breakfast      **Week:** 3      **Day:** Friday      **Count Type:** Forecasted      **Total No. of Customers:** 358

Weekly Std.	SFA		Na (mg)	Fat		CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)	
	CAL	(g)		% of CAL	(g)																			% of CAL
	350.00-500.00		10.00	540.00																		300.00		
M52636 BRD: WAFFLE, AP MAPLE MADNESS WG IW																								
373.00 @ 1 pouch	210.00	1.00	4.29	170.00	6.00	25.72	38.00	4.00	0.00	3.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	20.00	-*	0.72
M50722 FRUIT: RAISINS, SS BOX																								
78.00 @ 1 each	127.15	0.02	0.17	4.68	0.20	1.38	33.67	1.31	0.00	1.57	318.51	0.00	0.00	0.05	1.49	0.98	0.05	0.05	0.33	0.07	0.00	21.26	42.95	0.80
M55541 JUICE SS, TROPICANA STRW KIWI 100% 4.23FLOZ BOX SHLF-STBL																								
375.00 @ 1 each	60.00	0.00	0.00	10.00	0.00	0.00	15.00	0.00	0.00	0.00	120.00	0.00	-*	-*	-*	18.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50																								
33.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00
M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50																								
301.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00
<b>Average</b>	420.39	1.19	2.54	351.94	6.52	13.97	80.65	11.92	5.13	3.47	195.09*	466.48	0*	.01*	.32*	20.3	.01*	.01*	.07*	.02*	0*	305.36	9.36*	.92

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