



# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Bluebonnet ES

**Service Area:** Bluebonnet - K-5 - OVS

**Menu Name:** Bluebonnet ES: 2018 ES Menu w/ESD - cycle 5 - week 4

**Avg.Method:** Balanced

**Age Group:** Brkfst Grades K-5      **Period:** Breakfast      **Week:** 4      **Day:** Monday      **Count Type:** Forecasted      **Total No. of Customers:** 19

Weekly Std.	SFA		Na (mg)	Fat		CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)
	CAL	(g)		% of CAL	(g)																		
350.00-500.00			540.00																		0.00		

M66354 YOGURT, PARFAIT STRAWBERRY 1.0

6.00 @ 1 serving	135.19	0.59	3.92	67.14	1.57	10.43	26.34	4.01	5.00	1.08	222.26	517.91	80.06*	0.11*	0.86*	16.06	0.01*	0.01*	0.18*	0.01*	0.00*	106.31	5.07*	0.39
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M51494 BRD: BREAD WG, Tst CinnMrg 1sl

6.00 @ 1 slice	125.17	1.33	9.59	160.05	4.33	31.17	18.94	3.01	0.00	1.07	1.97*	0.38	0.00*	0.00*	0.04*	0.00	0.00*	0.00*	0.00*	0.00*	0.00*	1.33	0.08*	1.09
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M52925 PIZZA AP Tony Bkfst T.Ssg 1.0

8.00 @ 1 each	210.00	2.00	8.57	480.01	7.00	30.00	26.00	9.00	15.00	2.00	240.00	200.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	100.00	-*	1.80
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M50439 CEREAL BWL, Cheerios WG

4.00 @ 1 bowl	100.00	0.50	4.50	140.00	2.00	18.00	20.00	3.00	0.00	3.00	-*	500.01	-*	-*	-*	6.00	-*	-*	-*	-*	-*	100.00	-*	8.10
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M50208 CEREAL BWL, CinnTstCrnch RS WG

8.00 @ 1 bowl	110.00	0.50	4.09	160.00	3.00	24.54	22.00	1.00	0.00	3.00	-*	400.01	-*	-*	-*	4.80	-*	-*	-*	-*	-*	200.01	-*	3.60
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M50442 CEREAL BWL, Cocoa Puffs RS WG

4.00 @ 1 bowl	110.05	0.00	0.00	160.08	1.50	12.27	25.01	2.00	0.00	2.00	-*	500.25	-*	-*	-*	6.00	-*	-*	-*	-*	-*	100.05	-*	4.50
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M50524 CEREAL BWL, Lucky Charms WG

8.00 @ 1 bowl	110.00	0.00	0.00	180.00	1.00	8.18	23.00	2.00	0.00	2.00	-*	500.01	-*	-*	-*	6.00	-*	-*	-*	-*	-*	100.00	-*	4.50
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M51237 BRD: BREAD WG, Tst Marg 1sl

8.00 @ 1 slice	110.00	1.33	10.91	160.00	4.33	35.45	15.00	3.00	0.00	1.00	1.33*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	1.08
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M52728 BRD: BAR, Cereal TeamCh WG IW

7.00 @ 1 each	150.00	0.50	3.00	85.00	3.50	21.00	30.00	2.00	0.00	3.00	-*	100.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	200.00	-*	4.50
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M50543 FRUIT: BANANA (100-120ct) Whl

14.00 @ 1 each	93.95	0.12	1.13	1.06	0.35	3.34	24.11	1.15	0.00	2.74	377.91	67.56	0.00	0.11	0.53	9.18	0.03	0.08	0.70	0.39	0.00	5.28	23.22	0.27
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M52794 FRUIT: ORANGE Mand w/Syr 1/2c

14.00 @ 1/2 cup	84.46	0.01	0.13	7.51	0.13	1.33	20.27	0.56	0.00	0.88	97.66	-*	-*	-*	-*	24.79	-*	-*	-*	-*	-*	8.76	-*	0.46
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M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50

\* Some values for this nutrient are unavailable; the number listed is incomplete.

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Bluebonnet ES

**Service Area:** Bluebonnet - K-5 - OVS

**Menu Name:** Bluebonnet ES: 2018 ES Menu w/ESD - cycle 5 - week 4

**Avg.Method:** Balanced

10.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00
M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50																								
15.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00
M53222 COND PC Margarine 5g																								
5.00 @ 1 each	30.00	1.00	30.00	30.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	500.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M53221 COND PC Jelly, Grape Smucker																								
5.00 @ 1 each	35.00	0.00	0.00	5.00	0.00	0.00	9.00	0.00	0.00	0.00	0.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50056 COND PC Sauce, Taco 9g																								
5.00 @ 1 each	5.00	0.00	0.00	55.00	0.00	0.00	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50058 COND PC Syrup 1.4oz Smuckers																								
5.00 @ 1 each	110.00	0.00	0.00	25.00	0.00	0.00	29.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
<b>Average</b>	740.54	3.66	4.45	825.98	12.8	15.56	136.64	22.11	17.11	8.87	522.84*	1713.52*	25.28*	.11*	.67*	39.83	.03*	.06*	.57*	.29*	0*	723.31	18.74*	9.94

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Bluebonnet ES

**Service Area:** Bluebonnet - K-5 - OVS

**Menu Name:** Bluebonnet ES: 2018 ES Menu w/ESD - cycle 5 - week 4

**Avg.Method:** Balanced

**Age Group:** Lunch Grades K-5      **Period:** Lunch      **Week:** 4      **Day:** Monday      **Count Type:** Forecasted      **Total No. of Customers:** 213

Weekly Std.	SFA		Na (mg)	Fat		CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)
	CAL	% of CAL		% of CAL	% of CAL																		
550.00-650.00		10.00	1230.00																		0.00		

M52963 CHIX Popcorn, AP WG 2.0

140.00 @ 1 serving	250.19	2.72	9.78	380.72	14.14	50.87	15.23	15.23	21.76	3.26	-*	108.78	-*	-*	-*	0.00	-*	-*	-*	-*	-*	43.51	-*	1.96
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M52263 STICKS, CORN DOG CHIX AP WG 2.0

90.00 @ 1 each	240.00	2.50	9.38	390.00	8.00	30.00	30.00	9.00	40.00	5.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	80.01	-*	1.80
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M52182 SALAD, CHam Tky Chef SC W 2.25

10.00 @ 1 each	170.32	4.10	21.69	405.64	9.52	50.28	5.76	15.33	134.90	1.26	146.57*	5233.02	0.00*	0.12*	43.60*	7.46	0.04*	0.04*	0.25*	0.06*	0.00*	141.18	17.48*	1.24
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M51680 BRD: ROLL DG, WG 2.5oz

160.00 @ 1 each	170.00	0.50	2.65	135.00	3.00	15.88	28.00	7.00	0.00	3.40	-*	0.01	-*	-*	-*	0.01	-*	-*	-*	-*	-*	12.70	-*	0.85
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M50962 SDW BD, SBJ WG 2.0

10.00 @ 1 sandwich	658.38	3.99	5.45	579.16	35.89	49.06	69.87	19.95	0.00	5.99	378.78*	0.00	0.00*	-*	-*	0.00	-*	-*	-*	-*	-*	59.81	-*	5.35
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M53347 SDW BD, SB WG 2.0

1.00 @ 1 sandwich	558.71	3.99	6.42	579.16	35.89	57.81	43.95	19.95	0.00	5.99	378.78*	0.00	0.00*	-*	-*	0.00	-*	-*	-*	-*	-*	59.81	-*	5.35
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M54866 VEG: BLEND, PEAS/CARR FZ MARG 1/2C

30.00 @ 1/2 cup	66.50	1.23	16.66	57.03	3.27	44.24	8.49	2.59	0.00	2.60	133.67	7978.63	0.00*	0.44*	15.77*	6.79	0.19*	0.05*	0.97*	0.07*	0.00*	19.29	41.09*	0.79
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M50823 VEG: TOMATOES, GRAPE 1/2C

45.00 @ 1/2 cup	15.52	0.02	1.40	4.31	0.17	10.00	3.35	0.76	0.00	1.03	204.35	718.25	0.00	0.47	6.81	11.81	0.03	0.02	0.51	0.07	0.00	8.62	20.69	0.23
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M50786 FRUIT: PEARS 100ct Whole 1.25c

100.00 @ 1 each	106.94	0.04	0.35	1.88	0.26	2.21	28.57	0.68	0.00	5.82	217.62	46.90	0.00	0.23	8.25	8.07	0.02	0.05	0.30	0.05	0.00	16.88	22.51	0.34
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M50979 JUICE SS, Apple 100% 4oz Cart

160.00 @ 1 each	60.00	0.00	0.00	15.00	0.00	0.00	14.00	0.00	0.00	0.00	85.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50

60.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00
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M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Bluebonnet ES

**Service Area:** Bluebonnet - K-5 - OVS

**Menu Name:** Bluebonnet ES: 2018 ES Menu w/ESD - cycle 5 - week 4

**Avg.Method:** Balanced

150.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00
M53222 COND PC Margarine 5g																								
200.00 @ 1 each	30.00	1.00	30.00	30.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	500.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50855 COND PC Ketchup 9g Heinz																								
100.00 @ 1 each	10.00	0.00	0.00	85.00	0.00	0.00	3.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50055 COND PC Mayonnaise 12g																								
50.00 @ 1 each	80.00	1.50	16.87	75.00	8.00	90.00	1.00	0.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50284 COND PC Mustard 6g																								
50.00 @ 1 each	0.00	0.00	-	65.00	0.00	-	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50624 COND PC Drsg Ranch 12g																								
50.00 @ 1 each	50.00	0.00	0.00	100.00	5.00	90.00	1.00	0.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50287 COND PC Sauce, BBQ 12g																								
20.00 @ 1 each	15.00	0.00	0.00	160.00	0.00	0.00	4.00	0.00	0.00	0.00	-*	100.00	-*	-*	-*	0.60	-*	-*	-*	-*	-*	0.00	-*	0.00
<b>Average</b>	723.28	5.53	6.88	889.3	24.42	30.39	93.55	29.55	46.22	10.49	254.46*	2586.54	0*	.27*	9.58*	9.18	.05*	.04*	.4*	.05*	0*	389.9	21.55*	3.34

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Bluebonnet ES

**Service Area:** Bluebonnet - K-5 - OVS

**Menu Name:** Bluebonnet ES: 2018 ES Menu w/ESD - cycle 5 - week 4

**Avg.Method:** Balanced

**Age Group:** Brkfst Grades K-5      **Period:** Breakfast      **Week:** 4      **Day:** Tuesday      **Count Type:** Forecasted      **Total No. of Customers:** 23

Weekly Std.	SFA		Na (mg)	Fat		CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)
	CAL	% of CAL		% of CAL	% of CAL																		
350.00-500.00		10.00	540.00																		0.00		

M51848 BRD: POPTARTS, Straw 1.76oz WG

14.00 @ 1 package	180.00	1.00	5.00	180.00	2.50	12.50	38.00	2.00	0.00	3.00	-*	500.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	100.00	-*	1.80
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M52695 CHEESE, MZ STRING 1EA 1.0

14.00 @ 1 stick	60.00	2.00	30.00	200.01	3.00	45.00	1.00	7.00	10.00	0.00	0.00	200.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	200.01	-*	0.00
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M53152 MELT BISC, EggPtyBacAM1.25(2BG

6.00 @ 1 sandwich	341.16	11.43	30.15	791.16	20.49	54.05	28.66	11.44	113.52	2.00	-*	200.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	245.00	-*	1.50
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M50439 CEREAL BWL, Cheerios WG

4.00 @ 1 bowl	100.00	0.50	4.50	140.00	2.00	18.00	20.00	3.00	0.00	3.00	-*	500.01	-*	-*	-*	6.00	-*	-*	-*	-*	-*	100.00	-*	8.10
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M50208 CEREAL BWL, CinnTstCrnch RS WG

8.00 @ 1 bowl	110.00	0.50	4.09	160.00	3.00	24.54	22.00	1.00	0.00	3.00	-*	400.01	-*	-*	-*	4.80	-*	-*	-*	-*	-*	200.01	-*	3.60
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M50442 CEREAL BWL, Cocoa Puffs RS WG

4.00 @ 1 bowl	110.05	0.00	0.00	160.08	1.50	12.27	25.01	2.00	0.00	2.00	-*	500.25	-*	-*	-*	6.00	-*	-*	-*	-*	-*	100.05	-*	4.50
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M50524 CEREAL BWL, Lucky Charms WG

8.00 @ 1 bowl	110.00	0.00	0.00	180.00	1.00	8.18	23.00	2.00	0.00	2.00	-*	500.01	-*	-*	-*	6.00	-*	-*	-*	-*	-*	100.00	-*	4.50
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M51237 BRD: BREAD WG, Tst Marg 1sl

8.00 @ 1 slice	110.00	1.33	10.91	160.00	4.33	35.45	15.00	3.00	0.00	1.00	1.33*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	1.08
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M52726 BRD: BAR, Cereal FrtyCh WG IW

10.00 @ 1 each	150.00	0.50	3.00	95.00	3.50	21.00	29.00	3.00	0.00	3.00	-*	200.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	200.00	-*	1.80
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M50786 FRUIT: PEARS 100ct Whole 1.25c

14.00 @ 1 each	106.94	0.04	0.35	1.88	0.26	2.21	28.57	0.68	0.00	5.82	217.62	46.90	0.00	0.23	8.25	8.07	0.02	0.05	0.30	0.05	0.00	16.88	22.51	0.34
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M50979 JUICE SS, Apple 100% 4oz Cart

11.00 @ 1 each	60.00	0.00	0.00	15.00	0.00	0.00	14.00	0.00	0.00	0.00	85.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50

10.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00
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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Bluebonnet ES

**Service Area:** Bluebonnet - K-5 - OVS

**Menu Name:** Bluebonnet ES: 2018 ES Menu w/ESD - cycle 5 - week 4

**Avg.Method:** Balanced

M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50

15.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00
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M53222 COND PC Margarine 5g

5.00 @ 1 each	30.00	1.00	30.00	30.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	500.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M53221 COND PC Jelly, Grape Smucker

5.00 @ 1 each	35.00	0.00	0.00	5.00	0.00	0.00	9.00	0.00	0.00	0.00	0.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50056 COND PC Sauce, Taco 9g

5.00 @ 1 each	5.00	0.00	0.00	55.00	0.00	0.00	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50058 COND PC Syrup 1.4oz Smuckers

5.00 @ 1 each	110.00	0.00	0.00	25.00	0.00	0.00	29.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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<b>Average</b>	710.63	6.64	8.42	912.34	15.62	19.78	123.78	21.83	43.31	10.15	173.58*	1732.96	0*	.14*	5.02*	13.1	.01*	.03*	.18*	.03*	0*	808.99	13.7*	7.86
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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Bluebonnet ES

**Service Area:** Bluebonnet - K-5 - OVS

**Menu Name:** Bluebonnet ES: 2018 ES Menu w/ESD - cycle 5 - week 4

**Avg.Method:** Balanced

**Age Group:** Lunch Grades K-5      **Period:** Lunch      **Week:** 4      **Day:** Tuesday      **Count Type:** Forecasted      **Total No. of Customers:** 204

Weekly Std.	SFA		Na (mg)	Fat		CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)
	CAL	% of CAL		% of CAL	% of CAL																		
550.00-650.00		10.00	1230.00																		0.00		

M51417 BURG, Beef AP WG 2.0

70.00 @ 1 each	240.00	2.00	7.50	345.00	7.00	26.25	29.00	16.00	25.00	2.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	60.00	-*	2.88
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M50821 BURG, Beef AM AP WG 2.25

130.00 @ 1 each	285.00	4.25	13.42	545.00	10.50	33.16	29.50	18.50	37.50	2.00	-*	100.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	135.00	-*	2.88
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M54370 BURG, BLACK BEAN AP WG 2.0

6.00 @ 1 each	300.00	1.00	3.00	710.00	9.00	27.00	42.00	19.00	5.00	7.00	280.00*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	80.00	-*	2.16
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M52593 ORI ChixPop Org Broc WG 2.0

20.00 @ 8 fl oz	357.02	2.83	7.15	556.64	14.76	37.22	38.23	17.66	22.49	5.06	125.50*	691.17	0.00*	0.68*	37.13*	49.23	0.05*	0.04*	0.36*	0.15*	0.00*	63.97	28.46*	2.47
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M51074 RICE, Plain WG 2BG

20.00 @ 1 cup	203.54	0.41	1.81	8.42	1.70	7.50	42.35	4.75	0.00	1.87	118.94	27.78	0.00*	0.00*	0.00*	0.05	0.00*	0.00*	0.00*	0.00*	0.00*	10.97	0.00*	0.43
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M53347 SDW BD, SB WG 2.0

6.00 @ 1 sandwich	558.71	3.99	6.42	579.16	35.89	57.81	43.95	19.95	0.00	5.99	378.78*	0.00	0.00*	-*	-*	0.00	-*	-*	-*	-*	-*	59.81	-*	5.35
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M51445 VEG GARN: Rom Leaf/Tom Sl

40.00 @ 1 serving	4.96	0.01	1.72	1.84	0.07	12.86	1.02	0.30	0.00	0.47	68.61	1352.71	0.00	0.09	15.65	2.51	0.02	0.01	0.13	0.02	0.00	6.10	7.65	0.18
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M50412 COND\_Pickle, Dill Slice 3ea

40.00 @ 3 slice	2.43	0.01	4.72	243.11	0.07	25.17	0.36	0.10	0.00	0.21	-*	0.00	-*	-*	-*	0.32	-*	-*	-*	-*	-*	12.97	-*	0.08
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M53419 VEG: POTATO, FF CTINAGEN7 1/2C

200.00 @ 1/2 cup	119.99	1.33	10.00	133.32	4.67	35.00	17.33	2.00	0.00	2.00	259.98	0.00	-*	-*	-*	3.20	-*	-*	-*	-*	-*	0.00	-*	0.48
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M50431 VEG: CARROTS, Fresh Baby 1/2c

40.00 @ 1/2 cup	24.80	0.02	0.59	55.28	0.09	3.34	5.84	0.45	0.00	2.06	167.96	9772.87	0.00	-*	6.66	1.84	0.02	0.03	0.39	0.07	0.00	22.68	19.84	0.63
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M50549 FRUIT: WATERMELON, Fresh 1/2c

112.00 @ 1/2 cup	27.28	0.01	0.48	0.91	0.14	4.50	6.87	0.55	0.00	0.36	101.86	517.50	0.00	0.05	0.09	7.37	0.03	0.02	0.16	0.04	0.00	6.37	10.00	0.22
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M52271 FRUIT: PEARS, Dice w/Jc 1/2c

112.00 @ 1/2 cup	60.66	0.00	0.00	10.11	0.00	0.00	14.15	0.00	0.00	2.02	80.89	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Bluebonnet ES

**Service Area:** Bluebonnet - K-5 - OVS

**Menu Name:** Bluebonnet ES: 2018 ES Menu w/ESD - cycle 5 - week 4

**Avg.Method:** Balanced

M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50

50.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00
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M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50

160.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00
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M53222 COND PC Margarine 5g

20.00 @ 1 each	30.00	1.00	30.00	30.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	500.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50855 COND PC Ketchup 9g Heinz

200.00 @ 1 each	10.00	0.00	0.00	85.00	0.00	0.00	3.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50055 COND PC Mayonnaise 12g

50.00 @ 1 each	80.00	1.50	16.87	75.00	8.00	90.00	1.00	0.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50284 COND PC Mustard 6g

20.00 @ 1 each	0.00	0.00	-	65.00	0.00	-	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50624 COND PC Drsg Ranch 12g

50.00 @ 1 each	50.00	0.00	0.00	100.00	5.00	90.00	1.00	0.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50287 COND PC Sauce, BBQ 12g

20.00 @ 1 each	15.00	0.00	0.00	160.00	0.00	0.00	4.00	0.00	0.00	0.00	-*	100.00	-*	-*	-*	0.60	-*	-*	-*	-*	-*	0.00	-*	0.00
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<b>Average</b>	683.58	6.02	7.92	1078.9	20.82	27.41	91.92	31.29	43.65	6.83	444.94*	3173.35	0*	.11*	8.06*	14.52	.03*	.02*	.23*	.06*	0*	438.58	13.67*	4.09
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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Bluebonnet ES

**Service Area:** Bluebonnet - K-5 - OVS

**Menu Name:** Bluebonnet ES: 2018 ES Menu w/ESD - cycle 5 - week 4

**Avg.Method:** Balanced

**Age Group:** Brkfst Grades K-5      **Period:** Breakfast      **Week:** 4      **Day:** Wednesday      **Count Type:** Forecasted      **Total No. of Customers:** 26

Weekly Std.	SFA		Na (mg)	Fat		CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)
	CAL	(g)		% of CAL	(g)																		
350.00-500.00		10.00	540.00																		0.00		

M54471 BRD: DONUT HOLES, COCOA CINN SUGAR POWDERED WG 6EA (2BG)

24.00 @ 6 each	283.60	6.04	19.15	288.18	14.46	45.89	33.84	4.89	0.00	2.61	7.31*	0.26	0.00*	0.00*	0.04*	0.00	0.00*	0.00*	0.01*	0.00*	0.00*	1.52	3.34*	0.94
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M52695 CHEESE, MZ STRING 1EA 1.0

24.00 @ 1 stick	60.00	2.00	30.00	200.01	3.00	45.00	1.00	7.00	10.00	0.00	0.00	200.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	200.01	-*	0.00
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M50658 EGG: Scrambled Saus CH SS 2.0

6.00 @ 1 No 16 Scoop	111.77	3.73	30.05	176.65	8.45	68.05	1.36	7.69	165.62	0.00	0.00*	267.82	-*	-*	-*	0.00	-*	-*	-*	-*	-*	95.01	-*	0.80
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M51237 BRD: BREAD WG, Tst Marg 1sl

6.00 @ 1 slice	110.00	1.33	10.91	160.00	4.33	35.45	15.00	3.00	0.00	1.00	1.33*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	1.08
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M50439 CEREAL BWL, Cheerios WG

4.00 @ 1 bowl	100.00	0.50	4.50	140.00	2.00	18.00	20.00	3.00	0.00	3.00	-*	500.01	-*	-*	-*	6.00	-*	-*	-*	-*	-*	100.00	-*	8.10
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M50208 CEREAL BWL, CinnTstCrnch RS WG

8.00 @ 1 bowl	110.00	0.50	4.09	160.00	3.00	24.54	22.00	1.00	0.00	3.00	-*	400.01	-*	-*	-*	4.80	-*	-*	-*	-*	-*	200.01	-*	3.60
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M50442 CEREAL BWL, Cocoa Puffs RS WG

4.00 @ 1 bowl	110.05	0.00	0.00	160.08	1.50	12.27	25.01	2.00	0.00	2.00	-*	500.25	-*	-*	-*	6.00	-*	-*	-*	-*	-*	100.05	-*	4.50
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M50524 CEREAL BWL, Lucky Charms WG

8.00 @ 1 bowl	110.00	0.00	0.00	180.00	1.00	8.18	23.00	2.00	0.00	2.00	-*	500.01	-*	-*	-*	6.00	-*	-*	-*	-*	-*	100.00	-*	4.50
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M51237 BRD: BREAD WG, Tst Marg 1sl

8.00 @ 1 slice	110.00	1.33	10.91	160.00	4.33	35.45	15.00	3.00	0.00	1.00	1.33*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	1.08
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M52728 BRD: BAR, Cereal TeamCh WG IW

10.00 @ 1 each	150.00	0.50	3.00	85.00	3.50	21.00	30.00	2.00	0.00	3.00	-*	100.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	200.00	-*	4.50
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M50549 FRUIT: WATERMELON, Fresh 1/2c

14.00 @ 1/2 cup	27.28	0.01	0.48	0.91	0.14	4.50	6.87	0.55	0.00	0.36	101.86	517.50	0.00	0.05	0.09	7.37	0.03	0.02	0.16	0.04	0.00	6.37	10.00	0.22
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M52271 FRUIT: PEARS, Dice w/Jc 1/2c

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Bluebonnet ES

**Service Area:** Bluebonnet - K-5 - OVS

**Menu Name:** Bluebonnet ES: 2018 ES Menu w/ESD - cycle 5 - week 4

**Avg.Method:** Balanced

14.00 @ 1/2 cup	60.66	0.00	0.00	10.11	0.00	0.00	14.15	0.00	0.00	2.02	80.89	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50																								
10.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00
M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50																								
15.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00
M53222 COND PC Margarine 5g																								
5.00 @ 1 each	30.00	1.00	30.00	30.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	500.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M53221 COND PC Jelly, Grape Smucker																								
5.00 @ 1 each	35.00	0.00	0.00	5.00	0.00	0.00	9.00	0.00	0.00	0.00	0.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50056 COND PC Sauce, Taco 9g																								
5.00 @ 1 each	5.00	0.00	0.00	55.00	0.00	0.00	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50058 COND PC Syrup 1.4oz Smuckers																								
5.00 @ 1 each	110.00	0.00	0.00	25.00	0.00	0.00	29.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
<b>Average</b>	753.41	10.2	12.18	942.92	25.13	30.02	108.22	24.82	54.18	7.7	105.87*	1571.53	0*	.03*	.09*	11.22	.02*	.01*	.1*	.02*	0*	699.85	8.47*	7.91

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Bluebonnet ES

**Service Area:** Bluebonnet - K-5 - OVS

**Menu Name:** Bluebonnet ES: 2018 ES Menu w/ESD - cycle 5 - week 4

**Avg.Method:** Balanced

**Age Group:** Lunch Grades K-5      **Period:** Lunch      **Week:** 4      **Day:** Wednesday      **Count Type:** Forecasted      **Total No. of Customers:** 228

Weekly Std.	SFA		Na (mg)	Fat		CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)
	CAL	% of CAL		% of CAL	% of CAL																		
550.00-650.00		10.00	1230.00																		0.00		

M55774 STICKS, MAX SNAX PIZZA W/MARINARA AP WG 2.0

140.00 @ 2 each	319.87	2.00	5.63	649.89	9.00	25.32	39.98	18.00	10.00	4.00	-*	898.95	-*	-*	-*	8.98	-*	-*	-*	-*	-*	439.92	-*	3.24
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M54325 CHIX DRUMSTK, AP BREADED FC WG 2.0

80.00 @ 1 each	190.03	2.50	11.84	450.07	11.00	52.11	5.00	16.00	50.01	1.00	-*	100.02	-*	-*	-*	0.00	-*	-*	-*	-*	-*	20.00	-*	1.08
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M53725 PASTA, MAC&CHZ SC WG 1.0 (.5BG)

80.00 @ 3 fl oz	169.70	5.61	29.74	409.45	9.11	48.31	13.60	8.47	29.78	1.40	81.70*	268.07	0.00*	0.03*	0.27*	0.02	0.01*	0.00*	0.08*	0.00*	0.00*	205.20	4.00*	0.85
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M53760 SALAD, Frt CHCube Yog 2.0 summ

28.00 @ 1 each	246.47	8.07	29.48	352.40	12.74	46.52	21.54	13.77	36.25	2.23	231.21*	1963.16	20.01*	0.23*	22.09*	6.47	0.06*	0.05*	0.25*	0.09*	0.00*	393.52	16.05*	0.98
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M51680 BRD: ROLL DG, WG 2.5oz

28.00 @ 1 each	170.00	0.50	2.65	135.00	3.00	15.88	28.00	7.00	0.00	3.40	-*	0.01	-*	-*	-*	0.01	-*	-*	-*	-*	-*	12.70	-*	0.85
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M50962 SDW BD, SBJ WG 2.0

6.00 @ 1 sandwich	658.38	3.99	5.45	579.16	35.89	49.06	69.87	19.95	0.00	5.99	378.78*	0.00	0.00*	-*	-*	0.00	-*	-*	-*	-*	-*	59.81	-*	5.35
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M53347 SDW BD, SB WG 2.0

1.00 @ 1 sandwich	558.71	3.99	6.42	579.16	35.89	57.81	43.95	19.95	0.00	5.99	378.78*	0.00	0.00*	-*	-*	0.00	-*	-*	-*	-*	-*	59.81	-*	5.35
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M51425 VEG: SQUASH, Zucc FrshRst 1/2c

20.00 @ 1/2 cup	13.26	0.06	3.84	2.46	0.28	18.85	2.48	0.94	0.00	0.80	202.50	829.22	0.00	0.09	3.38	9.93	0.03	0.02	0.39	0.07	0.00	16.15	29.48	0.31
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M50186 VEG: BROCCOLI, Fresh 1/2c

40.00 @ 1/2 cup	10.84	0.01	1.03	10.52	0.12	9.79	2.12	0.90	0.00	0.83	100.78	198.68	0.00	0.25	32.40	28.45	0.02	0.04	0.20	0.06	0.00	14.99	21.05	0.23
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M50536 FRUIT: APPLE, 138ct 1/8wg 1/2c

180.00 @ 4 wedge	31.53	0.02	0.50	2.39	0.10	2.95	8.40	0.17	0.00	1.45	67.15	33.13	0.00	0.11	1.32	3.11	0.01	0.02	0.06	0.03	0.00	5.02	6.81	0.07
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M50980 JUICE SS, Frt Bld 100% 4oz Crt

180.00 @ 1 each	60.00	0.00	0.00	10.00	0.00	0.00	14.00	0.00	0.00	0.00	100.00	0.00	-*	-*	-*	3.60	-*	-*	-*	-*	-*	0.00	-*	0.00
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M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50

70.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00
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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Bluebonnet ES

**Service Area:** Bluebonnet - K-5 - OVS

**Menu Name:** Bluebonnet ES: 2018 ES Menu w/ESD - cycle 5 - week 4

**Avg.Method:** Balanced

M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50

150.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00
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M53222 COND PC Margarine 5g

50.00 @ 1 each	30.00	1.00	30.00	30.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	500.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50855 COND PC Ketchup 9g Heinz

20.00 @ 1 each	10.00	0.00	0.00	85.00	0.00	0.00	3.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50055 COND PC Mayonnaise 12g

20.00 @ 1 each	80.00	1.50	16.87	75.00	8.00	90.00	1.00	0.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50284 COND PC Mustard 6g

20.00 @ 1 each	0.00	0.00	-	65.00	0.00	-	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50624 COND PC Drsg Ranch 12g

50.00 @ 1 each	50.00	0.00	0.00	100.00	5.00	90.00	1.00	0.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50287 COND PC Sauce, BBQ 12g

10.00 @ 1 each	15.00	0.00	0.00	160.00	0.00	0.00	4.00	0.00	0.00	0.00	-*	100.00	-*	-*	-*	0.60	-*	-*	-*	-*	-*	0.00	-*	0.00
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<b>Average</b>	607.7	6.08	9.01	1003.72	18.97	28.09	75.45	30.89	46.48	5.53	236.09*	1652.48	2.46*	.18*	9.83*	19.03	.03*	.03*	.17*	.05*	0*	698.36	15.03*	3.18
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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Bluebonnet ES

**Service Area:** Bluebonnet - K-5 - OVS

**Menu Name:** Bluebonnet ES: 2018 ES Menu w/ESD - cycle 5 - week 4

**Avg.Method:** Balanced

**Age Group:** Brkfst Grades K-5      **Period:** Breakfast      **Week:** 4      **Day:** Thursday      **Count Type:** Forecasted      **Total No. of Customers:** 21

Weekly Std.	SFA		Na (mg)	Fat		CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)
	CAL	% of CAL		% of CAL	% of CAL																		
350.00-500.00		10.00	540.00																		300.00		

M52585 BRD: FR TST AP, Berry WG IW

15.00 @ 1 pouch	220.00	1.00	4.09	190.00	7.00	28.64	37.00	4.00	0.00	2.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	40.00	-*	1.08
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M50708 BURR AP, EGG SAUS CHZ WG 1.0 IW

6.00 @ 1 each	140.00	1.50	9.64	420.01	6.00	38.57	17.00	7.00	70.00	3.00	-*	200.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	40.00	-*	1.44
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M50439 CEREAL BWL, Cheerios WG

4.00 @ 1 bowl	100.00	0.50	4.50	140.00	2.00	18.00	20.00	3.00	0.00	3.00	-*	500.01	-*	-*	-*	6.00	-*	-*	-*	-*	-*	100.00	-*	8.10
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M50208 CEREAL BWL, CinnTstCrnch RS WG

8.00 @ 1 bowl	110.00	0.50	4.09	160.00	3.00	24.54	22.00	1.00	0.00	3.00	-*	400.01	-*	-*	-*	4.80	-*	-*	-*	-*	-*	200.01	-*	3.60
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M50442 CEREAL BWL, Cocoa Puffs RS WG

4.00 @ 1 bowl	110.05	0.00	0.00	160.08	1.50	12.27	25.01	2.00	0.00	2.00	-*	500.25	-*	-*	-*	6.00	-*	-*	-*	-*	-*	100.05	-*	4.50
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M50524 CEREAL BWL, Lucky Charms WG

8.00 @ 1 bowl	110.00	0.00	0.00	180.00	1.00	8.18	23.00	2.00	0.00	2.00	-*	500.01	-*	-*	-*	6.00	-*	-*	-*	-*	-*	100.00	-*	4.50
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M51237 BRD: BREAD WG, Tst Marg 1sl

8.00 @ 1 slice	110.00	1.33	10.91	160.00	4.33	35.45	15.00	3.00	0.00	1.00	1.33*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	1.08
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M52726 BRD: BAR, Cereal FrtyCh WG IW

8.00 @ 1 each	150.00	0.50	3.00	95.00	3.50	21.00	29.00	3.00	0.00	3.00	-*	200.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	200.00	-*	1.80
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M50536 FRUIT: APPLE, 138ct 1/8wg 1/2c

14.00 @ 4 wedge	31.53	0.02	0.50	2.39	0.10	2.95	8.40	0.17	0.00	1.45	67.15	33.13	0.00	0.11	1.32	3.11	0.01	0.02	0.06	0.03	0.00	5.02	6.81	0.07
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M50982 JUICE SS, ORANGE 100% 4 FLOZ

30.00 @ 1 each	51.44	0.00	0.00	15.43	0.00	0.00	12.35	1.03	0.00	0.00	-*	0.00	-*	-*	-*	43.21	-*	-*	-*	-*	-*	0.00	-*	0.00
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M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50

10.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00
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M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50

15.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00
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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Bluebonnet ES

**Service Area:** Bluebonnet - K-5 - OVS

**Menu Name:** Bluebonnet ES: 2018 ES Menu w/ESD - cycle 5 - week 4

**Avg.Method:** Balanced

M53222 COND PC Margarine 5g

5.00 @ 1 each	30.00	1.00	30.00	30.00	3.00	90.00	0.00	0.00	0.00	0.00	0.00	-*	500.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M53221 COND PC Jelly, Grape Smucker

5.00 @ 1 each	35.00	0.00	0.00	5.00	0.00	0.00	9.00	0.00	0.00	0.00	0.00	0.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50056 COND PC Sauce, Taco 9g

5.00 @ 1 each	5.00	0.00	0.00	55.00	0.00	0.00	1.00	0.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50058 COND PC Syrup 1.4oz Smuckers

15.00 @ 1 each	110.00	0.00	0.00	25.00	0.00	0.00	29.00	0.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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<b>Average</b>	747.86	3.09	3.72	792.95	13.86	16.68	140.58	20.34	28.33	7.64	45.28*	1403.11	0*	.08*	.88*	73.01	.01*	.01*	.04*	.02*	0*	629.08	4.54*	7.82
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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Bluebonnet ES

**Service Area:** Bluebonnet - K-5 - OVS

**Menu Name:** Bluebonnet ES: 2018 ES Menu w/ESD - cycle 5 - week 4

**Avg.Method:** Balanced

**Age Group:** Lunch Grades K-5      **Period:** Lunch      **Week:** 4      **Day:** Thursday      **Count Type:** Forecasted      **Total No. of Customers:** 198

Weekly Std.	SFA		Na (mg)	Fat		CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)
	CAL	% of CAL		% of CAL	% of CAL																		
550.00-650.00		10.00	1230.00																		0.00		

M52963 CHIX Popcorn, AP WG 2.0

125.00 @ 1 serving	250.19	2.72	9.78	380.72	14.14	50.87	15.23	21.76	3.26	-*	108.78	-*	-*	-*	0.00	-*	-*	-*	-*	-*	43.51	-*	1.96
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M54561 NACHOS CHIXDCD RND 2.0 (2BG)

90.00 @ 1 each	405.80	6.98	15.47	693.54	19.57	43.41	36.86	18.74	51.66	3.38	10.37*	131.17	0.00*	0.07*	0.19*	1.20	0.00*	0.00*	0.03*	0.01*	0.00*	52.32	2.69*	1.45
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M51544 SALAD, ChixPop CH SC W 2.0

10.00 @ 1 each	256.64	5.07	17.77	393.81	15.30	53.66	14.81	15.66	31.38	3.71	146.57*	5198.94	0.00*	0.12*	43.60*	7.46	0.04*	0.04*	0.25*	0.06*	0.00*	153.61	17.48*	2.04
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M51680 BRD: ROLL DG, WG 2.5oz

140.00 @ 1 each	170.00	0.50	2.65	135.00	3.00	15.88	28.00	7.00	0.00	3.40	-*	0.01	-*	-*	-*	0.01	-*	-*	-*	-*	-*	12.70	-*	0.85
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M51787 SUB AP, Tky AM WG 2.0 NoVeg

6.00 @ 1 sandwich	305.00	5.13	15.12	985.01	11.50	33.93	31.50	22.25	56.25	3.00	-*	200.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	215.00	-*	1.89
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M53347 SDW BD, SB WG 2.0

1.00 @ 1 sandwich	558.71	3.99	6.42	579.16	35.89	57.81	43.95	19.95	0.00	5.99	378.78*	0.00	0.00*	-*	-*	0.00	-*	-*	-*	-*	-*	59.81	-*	5.35
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M50815 VEG: BEANS, Pinto Kickin' 1/2c

24.00 @ 1/2 cup	133.90	0.16	1.11	198.82	0.79	5.30	25.05	6.26	1.18	5.04	0.20*	121.35	0.00*	0.00*	0.00*	2.46	0.00*	0.00*	0.00*	0.00*	0.00*	64.16	0.00*	1.70
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M50431 VEG: CARROTS, Fresh Baby 1/2c

50.00 @ 1/2 cup	24.80	0.02	0.59	55.28	0.09	3.34	5.84	0.45	0.00	2.06	167.96	9772.87	0.00	-*	6.66	1.84	0.02	0.03	0.39	0.07	0.00	22.68	19.84	0.63
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M50534 FRUIT: ORANGE 138ct 1/8wg 1/2c

110.00 @ 8 wedge	46.96	0.01	0.29	0.00	0.12	2.30	11.74	0.94	0.00	2.40	180.86	224.82	0.00	0.18	0.00	53.16	0.09	0.04	0.28	0.06	0.00	39.97	13.99	0.10
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M53549 FRUIT: APPLESAUCE, Unswt AP1/2c

120.00 @ 1/2 cup	52.77	0.00	0.00	10.55	0.00	0.00	13.72	0.00	0.00	2.11	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50

50.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00
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M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50

150.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00
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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Bluebonnet ES

**Service Area:** Bluebonnet - K-5 - OVS

**Menu Name:** Bluebonnet ES: 2018 ES Menu w/ESD - cycle 5 - week 4

**Avg.Method:** Balanced

M53222 COND PC Margarine 5g

100.00 @ 1 each	30.00	1.00	30.00	30.00	3.00	90.00	0.00	0.00	0.00	0.00	0.00	-*	500.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50855 COND PC Ketchup 9g Heinz

100.00 @ 1 each	10.00	0.00	0.00	85.00	0.00	0.00	3.00	0.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50055 COND PC Mayonnaise 12g

5.00 @ 1 each	80.00	1.50	16.87	75.00	8.00	90.00	1.00	0.00	5.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50284 COND PC Mustard 6g

5.00 @ 1 each	0.00	0.00	-	65.00	0.00	-	1.00	0.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50624 COND PC Drsg Ranch 12g

100.00 @ 1 each	50.00	0.00	0.00	100.00	5.00	90.00	1.00	0.00	5.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50287 COND PC Sauce, BBQ 12g

50.00 @ 1 each	15.00	0.00	0.00	160.00	0.00	0.00	4.00	0.00	0.00	0.00	0.00	-*	100.00	-*	-*	-*	0.60	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50407 COND\_Salsa, AP 1/8c

5.00 @ 1/8 cup	10.25	0.00	0.00	174.23	0.00	0.00	2.05	0.00	0.00	0.00	0.00	0.00	102.49	-*	-*	-*	3.69	-*	-*	-*	-*	-*	0.00	-*	0.00
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M51338 MELT BD, AM Bacon WG 2.0

70.00 @ 1 sandwich	424.23	12.27	26.03	1426.72	22.48	47.69	32.73	21.40	71.52	2.00	0.00	-*	500.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	375.00	-*	2.24
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<b>Average</b>	888.39	10.96	11.11	1578.69	34.25	34.7	100.58	41.69	74.9	10.76	156.94*	3966.64	0*	.14*	3.97*	32.99	.06*	.03*	.28*	.06*	0*	546.13	14.89*	3.9
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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Bluebonnet ES

**Service Area:** Bluebonnet - K-5 - OVS

**Menu Name:** Bluebonnet ES: 2018 ES Menu w/ESD - cycle 5 - week 4

**Avg.Method:** Balanced

**Age Group:** Brkfst Grades K-5      **Period:** Breakfast      **Week:** 4      **Day:** Friday      **Count Type:** Forecasted      **Total No. of Customers:** 18

Weekly Std.	SFA		Na (mg)	Fat		CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)
	CAL	% of CAL		% of CAL	% of CAL																		
350.00-500.00		10.00	540.00																		0.00		

M52227 BRD: ROLL DG, CINORGGLZ SS 2.6OZ

12.00 @ 1 each	195.90	0.50	2.30	135.32	1.00	4.60	42.63	5.01	5.00	2.99	0.13*	261.00	0.00*	0.00*	0.00*	0.95	0.00*	0.00*	0.00*	0.00*	0.00*	23.87	0.00*	1.67
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M54473 SDW FB MINI, EGG BACON AM CH WG 1.0

6.00 @ 1 sandwich	190.56	4.72	22.29	468.99	10.45	49.36	14.20	10.26	77.27	1.00	0.00*	239.08	-*	-*	-*	0.03	-*	-*	-*	-*	-*	150.34	-*	1.01
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M50439 CEREAL BWL, Cheerios WG

4.00 @ 1 bowl	100.00	0.50	4.50	140.00	2.00	18.00	20.00	3.00	0.00	3.00	-*	500.01	-*	-*	-*	6.00	-*	-*	-*	-*	-*	100.00	-*	8.10
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M50208 CEREAL BWL, CinnTstCrnch RS WG

8.00 @ 1 bowl	110.00	0.50	4.09	160.00	3.00	24.54	22.00	1.00	0.00	3.00	-*	400.01	-*	-*	-*	4.80	-*	-*	-*	-*	-*	200.01	-*	3.60
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M50442 CEREAL BWL, Cocoa Puffs RS WG

6.00 @ 1 bowl	110.05	0.00	0.00	160.08	1.50	12.27	25.01	2.00	0.00	2.00	-*	500.25	-*	-*	-*	6.00	-*	-*	-*	-*	-*	100.05	-*	4.50
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M50524 CEREAL BWL, Lucky Charms WG

6.00 @ 1 bowl	110.00	0.00	0.00	180.00	1.00	8.18	23.00	2.00	0.00	2.00	-*	500.01	-*	-*	-*	6.00	-*	-*	-*	-*	-*	100.00	-*	4.50
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M51237 BRD: BREAD WG, Tst Marg 1sl

8.00 @ 1 slice	110.00	1.33	10.91	160.00	4.33	35.45	15.00	3.00	0.00	1.00	1.33*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	1.08
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M52728 BRD: BAR, Cereal TeamCh WG IW

7.00 @ 1 each	150.00	0.50	3.00	85.00	3.50	21.00	30.00	2.00	0.00	3.00	-*	100.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	200.00	-*	4.50
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M50534 FRUIT: ORANGE 138ct 1/8wg 1/2c

10.00 @ 8 wedge	46.96	0.01	0.29	0.00	0.12	2.30	11.74	0.94	0.00	2.40	180.86	224.82	0.00	0.18	0.00	53.16	0.09	0.04	0.28	0.06	0.00	39.97	13.99	0.10
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M53549 FRUIT: APPLESAUCE,Unswt AP1/2c

14.00 @ 1/2 cup	52.77	0.00	0.00	10.55	0.00	0.00	13.72	0.00	0.00	2.11	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50

10.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00
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M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50

15.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00
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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Bluebonnet ES

**Service Area:** Bluebonnet - K-5 - OVS

**Menu Name:** Bluebonnet ES: 2018 ES Menu w/ESD - cycle 5 - week 4

**Avg.Method:** Balanced

M53222 COND PC Margarine 5g

10.00 @ 1 each	30.00	1.00	30.00	30.00	3.00	90.00	0.00	0.00	0.00	0.00	0.00	-*	500.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M53221 COND PC Jelly, Grape Smucker

10.00 @ 1 each	35.00	0.00	0.00	5.00	0.00	0.00	9.00	0.00	0.00	0.00	0.00	0.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50056 COND PC Sauce, Taco 9g

5.00 @ 1 each	5.00	0.00	0.00	55.00	0.00	0.00	1.00	0.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50058 COND PC Syrup 1.4oz Smuckers

5.00 @ 1 each	110.00	0.00	0.00	25.00	0.00	0.00	29.00	0.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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<b>Average</b>	742.11	4.42	5.37	838.39	13.17	15.97	136.13	22.95	38.81	10.25	101.16*	2012.03	0*	.1*	0*	40.44	.05*	.02*	.16*	.03*	0*	760.47	7.77*	10.14
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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Bluebonnet ES

**Service Area:** Bluebonnet - K-5 - OVS

**Menu Name:** Bluebonnet ES: 2018 ES Menu w/ESD - cycle 5 - week 4

**Avg.Method:** Balanced

**Age Group:** Lunch Grades K-5      **Period:** Lunch      **Week:** 4      **Day:** Friday      **Count Type:** Forecasted      **Total No. of Customers:** 230

Weekly Std.	SFA		Na (mg)	Fat		CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)
	CAL	% of CAL		% of CAL	% of CAL																		
550.00-650.00		10.00	1230.00																		0.00		

M51578 PIZZA 16" CHZ WG 2.0

160.01 @ 1/8 cut	351.26	7.50	19.22	810.04	15.50	39.72	30.88	19.38	30.00	3.25	-*	403.18	-*	-*	-*	0.90	-*	-*	-*	-*	-*	419.72	-*	1.13
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M53000 PIZZA 16" Pepperoni WG 2.0

69.99 @ 1/8 cut	388.76	9.00	20.84	937.54	19.00	43.99	31.13	20.88	37.50	3.25	-*	403.18	-*	-*	-*	0.90	-*	-*	-*	-*	-*	419.72	-*	1.22
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M53948 SALAD, CHIXDCD CAES SCSC 2.0

26.23 @ 1 each	198.58	3.33	15.09	353.19	8.44	38.26	10.97	18.44	44.38	1.41	110.31*	3353.95	0.00*	0.09*	38.85*	1.51	0.03*	0.03*	0.13*	0.03*	0.00*	173.87	12.28*	1.64
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M53360 COND\_DRESSING, CAESAR CREAMY (KEN'S ESSENTIALS)

15.00 @ 1 tablespoon	75.00	1.25	15.00	135.00	8.00	96.00	0.50	0.50	0.00	0.00	-*	50.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	10.00	-*	0.00
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M55313 BRD: BRDSTK DG, RIPSTK 2EA (2BG)

15.00 @ 2 each	160.00	0.00	0.00	200.00	2.00	11.25	28.00	6.00	0.00	3.08	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	14.80	-*	1.46
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M50962 SDW BD, SBJ WG 2.0

5.01 @ 1 sandwich	658.38	3.99	5.45	579.16	35.89	49.06	69.87	19.95	0.00	5.99	378.78*	0.00	0.00*	-*	-*	0.00	-*	-*	-*	-*	-*	59.81	-*	5.35
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M53347 SDW BD, SB WG 2.0

1.01 @ 1 sandwich	558.71	3.99	6.42	579.16	35.89	57.81	43.95	19.95	0.00	5.99	378.78*	0.00	0.00*	-*	-*	0.00	-*	-*	-*	-*	-*	59.81	-*	5.35
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M50187 VEG: BROCCOLI, Frz Chpd 1/2c

24.01 @ 1/2 cup	24.11	0.02	0.58	9.47	0.10	3.86	4.61	2.67	0.00	2.58	122.27	870.53	0.00	1.14	75.86	34.53	0.05	0.07	0.39	0.11	0.00	28.42	42.19	0.53
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M50350 VEG: CUCUMBER, Fresh Slice1/2c

42.00 @ 1/2 cup	10.81	0.03	2.22	1.44	0.08	6.60	2.62	0.47	0.00	0.36	105.91	75.65	0.00	0.02	11.82	2.02	0.02	0.02	0.07	0.03	0.00	11.53	17.29	0.20
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M50543 FRUIT: BANANA (100-120ct) Whl

69.99 @ 1 each	93.95	0.12	1.13	1.06	0.35	3.34	24.11	1.15	0.00	2.74	377.91	67.56	0.00	0.11	0.53	9.18	0.03	0.08	0.70	0.39	0.00	5.28	23.22	0.27
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M50982 JUICE SS, ORANGE 100% 4 FLOZ

24.01 @ 1 each	51.44	0.00	0.00	15.43	0.00	0.00	12.35	1.03	0.00	0.00	-*	0.00	-*	-*	-*	43.21	-*	-*	-*	-*	-*	0.00	-*	0.00
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M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Bluebonnet ES

**Service Area:** Bluebonnet - K-5 - OVS

**Menu Name:** Bluebonnet ES: 2018 ES Menu w/ESD - cycle 5 - week 4

**Avg.Method:** Balanced

50.01 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00
M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50																								
149.99 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00
M53222 COND PC Margarine 5g																								
50.01 @ 1 each	30.00	1.00	30.00	30.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	500.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50855 COND PC Ketchup 9g Heinz																								
20.01 @ 1 each	10.00	0.00	0.00	85.00	0.00	0.00	3.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50055 COND PC Mayonnaise 12g																								
20.01 @ 1 each	80.00	1.50	16.87	75.00	8.00	90.00	1.00	0.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50284 COND PC Mustard 6g																								
20.01 @ 1 each	0.00	0.00	-	65.00	0.00	-	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50624 COND PC Drsg Ranch 12g																								
100.01 @ 1 each	50.00	0.00	0.00	100.00	5.00	90.00	1.00	0.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50287 COND PC Sauce, BBQ 12g																								
20.01 @ 1 each	15.00	0.00	0.00	160.00	0.00	0.00	4.00	0.00	0.00	0.00	-*	100.00	-*	-*	-*	0.60	-*	-*	-*	-*	-*	0.00	-*	0.00
<b>Average</b>	595.46	9.24	13.96	1158.46	23.32	35.24	62.45	30.66	45.39	4.94	169.6*	1466.39	0*	.16*	14.67*	13.71	.02*	.04*	.28*	.14*	0*	710.28	16.03*	1.75

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