



DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Bluebonnet ES

Service Area: Bluebonnet - K-5 - OVS

Menu Name: Bluebonnet ES: 2018 ES Menu w/ESD - cycle 5 - week 2

Avg.Method: Balanced

Age Group: Brkfst Grades K-5 **Period:** Breakfast **Week:** 2 **Day:** Monday **Count Type:** Forecasted **Total No. of Customers:** 19

| Weekly Std. | SFA | | Na (mg) | Fat | | CHO (g) | Pro (g) | Chol (mg) | Fiber (g) | K (mg) | Vit A (IU) | Vit D (IU) | Vit E (mg) | Vit K (mcg) | Vit C (mg) | Vit B1 (mg) | Vit B2 (mg) | Vit B3 (mg) | Vit B6 (mg) | Vit B12 (mcg) | Ca (mg) | P (mg) | Fe (mg) |
|---------------|-----|-------|---------|----------|-----|---------|---------|-----------|-----------|--------|------------|------------|------------|-------------|------------|-------------|-------------|-------------|-------------|---------------|---------|--------|---------|
| | CAL | (g) | | % of CAL | (g) | | | | | | | | | | | | | | | | | | |
| 350.00-500.00 | | 10.00 | 540.00 | | | | | | | | | | | | | | | | | | 0.00 | | |

M66354 YOGURT, PARFAIT STRAWBERRY 1.0

| | | | | | | | | | | | | | | | | | | | | | | | | |
|------------------|--------|------|------|-------|------|-------|-------|------|------|------|--------|--------|--------|-------|-------|-------|-------|-------|-------|-------|-------|--------|-------|------|
| 6.00 @ 1 serving | 135.19 | 0.59 | 3.92 | 67.14 | 1.57 | 10.43 | 26.34 | 4.01 | 5.00 | 1.08 | 222.26 | 517.91 | 80.06* | 0.11* | 0.86* | 16.06 | 0.01* | 0.01* | 0.18* | 0.01* | 0.00* | 106.31 | 5.07* | 0.39 |
|------------------|--------|------|------|-------|------|-------|-------|------|------|------|--------|--------|--------|-------|-------|-------|-------|-------|-------|-------|-------|--------|-------|------|

M51494 BRD: BREAD WG, Tst CinnMrg 1sl

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------|--------|------|------|--------|------|-------|-------|------|------|------|-------|------|-------|-------|-------|------|-------|-------|-------|-------|-------|------|-------|------|
| 8.00 @ 1 slice | 125.17 | 1.33 | 9.59 | 160.05 | 4.33 | 31.17 | 18.94 | 3.01 | 0.00 | 1.07 | 1.97* | 0.38 | 0.00* | 0.00* | 0.04* | 0.00 | 0.00* | 0.00* | 0.00* | 0.00* | 0.00* | 1.33 | 0.08* | 1.09 |
|----------------|--------|------|------|--------|------|-------|-------|------|------|------|-------|------|-------|-------|-------|------|-------|-------|-------|-------|-------|------|-------|------|

M52925 PIZZA AP Tony Bkfst T.Ssg 1.0

| | | | | | | | | | | | | | | | | | | | | | | | | |
|---------------|--------|------|------|--------|------|-------|-------|------|-------|------|--------|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 8.00 @ 1 each | 210.00 | 2.00 | 8.57 | 480.01 | 7.00 | 30.00 | 26.00 | 9.00 | 15.00 | 2.00 | 240.00 | 200.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 100.00 | -* | 1.80 |
|---------------|--------|------|------|--------|------|-------|-------|------|-------|------|--------|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M50439 CEREAL BWL, Cheerios WG

| | | | | | | | | | | | | | | | | | | | | | | | | |
|---------------|--------|------|------|--------|------|-------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 8.00 @ 1 bowl | 100.00 | 0.50 | 4.50 | 140.00 | 2.00 | 18.00 | 20.00 | 3.00 | 0.00 | 3.00 | -* | 500.01 | -* | -* | -* | 6.00 | -* | -* | -* | -* | -* | 100.00 | -* | 8.10 |
|---------------|--------|------|------|--------|------|-------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M50208 CEREAL BWL, CinnTstCrnch RS WG

| | | | | | | | | | | | | | | | | | | | | | | | | |
|---------------|--------|------|------|--------|------|-------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 4.00 @ 1 bowl | 110.00 | 0.50 | 4.09 | 160.00 | 3.00 | 24.54 | 22.00 | 1.00 | 0.00 | 3.00 | -* | 400.01 | -* | -* | -* | 4.80 | -* | -* | -* | -* | -* | 200.01 | -* | 3.60 |
|---------------|--------|------|------|--------|------|-------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M50442 CEREAL BWL, Cocoa Puffs RS WG

| | | | | | | | | | | | | | | | | | | | | | | | | |
|---------------|--------|------|------|--------|------|-------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 8.00 @ 1 bowl | 110.05 | 0.00 | 0.00 | 160.08 | 1.50 | 12.27 | 25.01 | 2.00 | 0.00 | 2.00 | -* | 500.25 | -* | -* | -* | 6.00 | -* | -* | -* | -* | -* | 100.05 | -* | 4.50 |
|---------------|--------|------|------|--------|------|-------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M50524 CEREAL BWL, Lucky Charms WG

| | | | | | | | | | | | | | | | | | | | | | | | | |
|---------------|--------|------|------|--------|------|------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 4.00 @ 1 bowl | 110.00 | 0.00 | 0.00 | 180.00 | 1.00 | 8.18 | 23.00 | 2.00 | 0.00 | 2.00 | -* | 500.01 | -* | -* | -* | 6.00 | -* | -* | -* | -* | -* | 100.00 | -* | 4.50 |
|---------------|--------|------|------|--------|------|------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M51237 BRD: BREAD WG, Tst Marg 1sl

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------|--------|------|-------|--------|------|-------|-------|------|------|------|-------|------|----|----|----|------|----|----|----|----|----|------|----|------|
| 6.00 @ 1 slice | 110.00 | 1.33 | 10.91 | 160.00 | 4.33 | 35.45 | 15.00 | 3.00 | 0.00 | 1.00 | 1.33* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 1.08 |
|----------------|--------|------|-------|--------|------|-------|-------|------|------|------|-------|------|----|----|----|------|----|----|----|----|----|------|----|------|

M52728 BRD: BAR, Cereal TeamCh WG IW

| | | | | | | | | | | | | | | | | | | | | | | | | |
|---------------|--------|------|------|-------|------|-------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 8.00 @ 1 each | 150.00 | 0.50 | 3.00 | 85.00 | 3.50 | 21.00 | 30.00 | 2.00 | 0.00 | 3.00 | -* | 100.00 | -* | -* | -* | 1.20 | -* | -* | -* | -* | -* | 200.00 | -* | 4.50 |
|---------------|--------|------|------|-------|------|-------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M50543 FRUIT: BANANA (100-120ct) Whl

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------|-------|------|------|------|------|------|-------|------|------|------|--------|-------|------|------|------|------|------|------|------|------|------|------|-------|------|
| 14.00 @ 1 each | 93.95 | 0.12 | 1.13 | 1.06 | 0.35 | 3.34 | 24.11 | 1.15 | 0.00 | 2.74 | 377.91 | 67.56 | 0.00 | 0.11 | 0.53 | 9.18 | 0.03 | 0.08 | 0.70 | 0.39 | 0.00 | 5.28 | 23.22 | 0.27 |
|----------------|-------|------|------|------|------|------|-------|------|------|------|--------|-------|------|------|------|------|------|------|------|------|------|------|-------|------|

M52794 FRUIT: ORANGE Mand w/Syr 1/2c

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-----------------|-------|------|------|------|------|------|-------|------|------|------|-------|----|----|----|----|-------|----|----|----|----|----|------|----|------|
| 14.00 @ 1/2 cup | 84.46 | 0.01 | 0.13 | 7.51 | 0.13 | 1.33 | 20.27 | 0.56 | 0.00 | 0.88 | 97.66 | -* | -* | -* | -* | 24.79 | -* | -* | -* | -* | -* | 8.76 | -* | 0.46 |
|-----------------|-------|------|------|------|------|------|-------|------|------|------|-------|----|----|----|----|-------|----|----|----|----|----|------|----|------|

M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50

* Some values for this nutrient are unavailable; the number listed is incomplete.

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DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Bluebonnet ES

Service Area: Bluebonnet - K-5 - OVS

Menu Name: Bluebonnet ES: 2018 ES Menu w/ESD - cycle 5 - week 2

Avg.Method: Balanced

| | | | | | | | | | | | | | | | | | | | | | | | | |
|---|--------|------|-------|--------|-------|-------|--------|-------|-------|------|---------|----------|--------|------|------|-------|------|------|------|------|----|--------|--------|-------|
| 10.00 @ 1 carton | 110.00 | 1.50 | 12.28 | 130.00 | 2.50 | 20.46 | 13.00 | 8.00 | 10.00 | 0.00 | -* | 500.00 | -* | -* | -* | 2.40 | -* | -* | -* | -* | -* | 300.00 | -* | 0.00 |
| M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50 | | | | | | | | | | | | | | | | | | | | | | | | |
| 15.00 @ 1 carton | 120.00 | 0.00 | 0.00 | 180.00 | 0.00 | 0.00 | 20.00 | 8.00 | 5.00 | 0.00 | -* | 500.00 | -* | -* | -* | 1.20 | -* | -* | -* | -* | -* | 300.00 | -* | 0.00 |
| M53222 COND PC Margarine 5g | | | | | | | | | | | | | | | | | | | | | | | | |
| 5.00 @ 1 each | 30.00 | 1.00 | 30.00 | 30.00 | 3.00 | 90.00 | 0.00 | 0.00 | 0.00 | 0.00 | -* | 500.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
| M53221 COND PC Jelly, Grape Smucker | | | | | | | | | | | | | | | | | | | | | | | | |
| 5.00 @ 1 each | 35.00 | 0.00 | 0.00 | 5.00 | 0.00 | 0.00 | 9.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
| M50056 COND PC Sauce, Taco 9g | | | | | | | | | | | | | | | | | | | | | | | | |
| 5.00 @ 1 each | 5.00 | 0.00 | 0.00 | 55.00 | 0.00 | 0.00 | 1.00 | 0.00 | 0.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
| M50058 COND PC Syrup 1.4oz Smuckers | | | | | | | | | | | | | | | | | | | | | | | | |
| 5.00 @ 1 each | 110.00 | 0.00 | 0.00 | 25.00 | 0.00 | 0.00 | 29.00 | 0.00 | 0.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
| Average | 747.94 | 3.69 | 4.44 | 822.05 | 12.88 | 15.5 | 138.63 | 22.64 | 17.11 | 9.04 | 522.91* | 1739.93* | 25.28* | .11* | .68* | 40.15 | .03* | .06* | .57* | .29* | 0* | 712.93 | 18.75* | 11.13 |

* Some values for this nutrient are unavailable; the number listed is incomplete.

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DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Bluebonnet ES

Service Area: Bluebonnet - K-5 - OVS

Menu Name: Bluebonnet ES: 2018 ES Menu w/ESD - cycle 5 - week 2

Avg.Method: Balanced

Age Group: Lunch Grades K-5 **Period:** Lunch **Week:** 2 **Day:** Monday **Count Type:** Forecasted **Total No. of Customers:** 218

| Weekly Std. | SFA | | Na (mg) | Fat | | CHO (g) | Pro (g) | Chol (mg) | Fiber (g) | K (mg) | Vit A (IU) | Vit D (IU) | Vit E (mg) | Vit K (mcg) | Vit C (mg) | Vit B1 (mg) | Vit B2 (mg) | Vit B3 (mg) | Vit B6 (mg) | Vit B12 (mcg) | Ca (mg) | P (mg) | Fe (mg) |
|---------------|-----|-------|---------|----------|-----|---------|---------|-----------|-----------|--------|------------|------------|------------|-------------|------------|-------------|-------------|-------------|-------------|---------------|---------|--------|---------|
| | CAL | (g) | | % of CAL | (g) | | | | | | | | | | | | | | | | | | |
| 550.00-650.00 | | 10.00 | 1230.00 | | | | | | | | | | | | | | | | | | 0.00 | | |

M52963 CHIX Popcorn, AP WG 2.0

| | | | | | | | | | | | | | | | | | | | | | | | | |
|--------------------|--------|------|------|--------|-------|-------|-------|-------|-------|------|----|--------|----|----|----|------|----|----|----|----|----|-------|----|------|
| 160.00 @ 1 serving | 250.19 | 2.72 | 9.78 | 380.72 | 14.14 | 50.87 | 15.23 | 15.23 | 21.76 | 3.26 | -* | 108.78 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 43.51 | -* | 1.96 |
|--------------------|--------|------|------|--------|-------|-------|-------|-------|-------|------|----|--------|----|----|----|------|----|----|----|----|----|-------|----|------|

M53275 MELT BD, AM WG 2.0

| | | | | | | | | | | | | | | | | | | | | | | | | |
|--------------------|--------|-------|-------|---------|-------|-------|-------|-------|-------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 60.00 @ 1 sandwich | 385.00 | 11.25 | 26.30 | 1320.00 | 19.50 | 45.58 | 32.50 | 18.50 | 62.50 | 2.00 | -* | 500.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 375.00 | -* | 2.16 |
|--------------------|--------|-------|-------|---------|-------|-------|-------|-------|-------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M52182 SALAD, CHam Tky Chef SC W 2.25

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------|--------|------|-------|--------|------|-------|------|-------|--------|------|---------|---------|-------|-------|--------|------|-------|-------|-------|-------|-------|--------|--------|------|
| 10.00 @ 1 each | 170.32 | 4.10 | 21.69 | 405.64 | 9.52 | 50.28 | 5.76 | 15.33 | 134.90 | 1.26 | 146.57* | 5233.02 | 0.00* | 0.12* | 43.60* | 7.46 | 0.04* | 0.04* | 0.25* | 0.06* | 0.00* | 141.18 | 17.48* | 1.24 |
|----------------|--------|------|-------|--------|------|-------|------|-------|--------|------|---------|---------|-------|-------|--------|------|-------|-------|-------|-------|-------|--------|--------|------|

M51680 BRD: ROLL DG, WG 2.5oz

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-----------------|--------|------|------|--------|------|-------|-------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|-------|----|------|
| 160.00 @ 1 each | 170.00 | 0.50 | 2.65 | 135.00 | 3.00 | 15.88 | 28.00 | 7.00 | 0.00 | 3.40 | -* | 0.01 | -* | -* | -* | 0.01 | -* | -* | -* | -* | -* | 12.70 | -* | 0.85 |
|-----------------|--------|------|------|--------|------|-------|-------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|-------|----|------|

M50962 SDW BD, SBJ WG 2.0

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-------------------|--------|------|------|--------|-------|-------|-------|-------|------|------|---------|------|-------|----|----|------|----|----|----|----|----|-------|----|------|
| 5.00 @ 1 sandwich | 658.38 | 3.99 | 5.45 | 579.16 | 35.89 | 49.06 | 69.87 | 19.95 | 0.00 | 5.99 | 378.78* | 0.00 | 0.00* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 59.81 | -* | 5.35 |
|-------------------|--------|------|------|--------|-------|-------|-------|-------|------|------|---------|------|-------|----|----|------|----|----|----|----|----|-------|----|------|

M53347 SDW BD, SB WG 2.0

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-------------------|--------|------|------|--------|-------|-------|-------|-------|------|------|---------|------|-------|----|----|------|----|----|----|----|----|-------|----|------|
| 1.00 @ 1 sandwich | 558.71 | 3.99 | 6.42 | 579.16 | 35.89 | 57.81 | 43.95 | 19.95 | 0.00 | 5.99 | 378.78* | 0.00 | 0.00* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 59.81 | -* | 5.35 |
|-------------------|--------|------|------|--------|-------|-------|-------|-------|------|------|---------|------|-------|----|----|------|----|----|----|----|----|-------|----|------|

M54874 VEG: CORN, FZ MARG 1/2C

| | | | | | | | | | | | | | | | | | | | | | | | | |
|------------------|-------|------|-------|------|------|-------|-------|------|------|------|--------|--------|-------|-------|-------|------|-------|-------|-------|-------|-------|------|--------|------|
| 120.00 @ 1/2 cup | 92.55 | 1.25 | 12.16 | 0.82 | 3.46 | 33.69 | 15.80 | 2.09 | 0.00 | 1.96 | 191.89 | 162.89 | 0.00* | 0.06* | 0.25* | 2.86 | 0.02* | 0.05* | 1.07* | 0.08* | 0.00* | 2.46 | 64.66* | 0.38 |
|------------------|-------|------|-------|------|------|-------|-------|------|------|------|--------|--------|-------|-------|-------|------|-------|-------|-------|-------|-------|------|--------|------|

M50823 VEG: TOMATOES, GRAPE 1/2C

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-----------------|-------|------|------|------|------|-------|------|------|------|------|--------|--------|------|------|------|-------|------|------|------|------|------|------|-------|------|
| 40.00 @ 1/2 cup | 15.52 | 0.02 | 1.40 | 4.31 | 0.17 | 10.00 | 3.35 | 0.76 | 0.00 | 1.03 | 204.35 | 718.25 | 0.00 | 0.47 | 6.81 | 11.81 | 0.03 | 0.02 | 0.51 | 0.07 | 0.00 | 8.62 | 20.69 | 0.23 |
|-----------------|-------|------|------|------|------|-------|------|------|------|------|--------|--------|------|------|------|-------|------|------|------|------|------|------|-------|------|

M50786 FRUIT: PEARS 100ct Whole 1.25c

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------|--------|------|------|------|------|------|-------|------|------|------|--------|-------|------|------|------|------|------|------|------|------|------|-------|-------|------|
| 84.00 @ 1 each | 106.94 | 0.04 | 0.35 | 1.88 | 0.26 | 2.21 | 28.57 | 0.68 | 0.00 | 5.82 | 217.62 | 46.90 | 0.00 | 0.23 | 8.25 | 8.07 | 0.02 | 0.05 | 0.30 | 0.05 | 0.00 | 16.88 | 22.51 | 0.34 |
|----------------|--------|------|------|------|------|------|-------|------|------|------|--------|-------|------|------|------|------|------|------|------|------|------|-------|-------|------|

M50979 JUICE SS, Apple 100% 4oz Cart

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-----------------|-------|------|------|-------|------|------|-------|------|------|------|-------|------|----|----|----|------|----|----|----|----|----|------|----|------|
| 160.00 @ 1 each | 60.00 | 0.00 | 0.00 | 15.00 | 0.00 | 0.00 | 14.00 | 0.00 | 0.00 | 0.00 | 85.00 | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
|-----------------|-------|------|------|-------|------|------|-------|------|------|------|-------|------|----|----|----|------|----|----|----|----|----|------|----|------|

M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50

| | | | | | | | | | | | | | | | | | | | | | | | | |
|------------------|--------|------|-------|--------|------|-------|-------|------|-------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 50.00 @ 1 carton | 110.00 | 1.50 | 12.28 | 130.00 | 2.50 | 20.46 | 13.00 | 8.00 | 10.00 | 0.00 | -* | 500.00 | -* | -* | -* | 2.40 | -* | -* | -* | -* | -* | 300.00 | -* | 0.00 |
|------------------|--------|------|-------|--------|------|-------|-------|------|-------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50

* Some values for this nutrient are unavailable; the number listed is incomplete.

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DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Bluebonnet ES

Service Area: Bluebonnet - K-5 - OVS

Menu Name: Bluebonnet ES: 2018 ES Menu w/ESD - cycle 5 - week 2

Avg.Method: Balanced

| | | | | | | | | | | | | | | | | | | | | | | | | |
|---------------------------------|--------|------|-------|---------|-------|-------|-------|-------|------|------|---------|---------|----|------|-------|------|------|------|------|------|----|--------|--------|------|
| 150.00 @ 1 carton | 120.00 | 0.00 | 0.00 | 180.00 | 0.00 | 0.00 | 20.00 | 8.00 | 5.00 | 0.00 | -* | 500.00 | -* | -* | -* | 1.20 | -* | -* | -* | -* | -* | 300.00 | -* | 0.00 |
| M53222 COND PC Margarine 5g | | | | | | | | | | | | | | | | | | | | | | | | |
| 200.00 @ 1 each | 30.00 | 1.00 | 30.00 | 30.00 | 3.00 | 90.00 | 0.00 | 0.00 | 0.00 | 0.00 | -* | 500.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
| M50855 COND PC Ketchup 9g Heinz | | | | | | | | | | | | | | | | | | | | | | | | |
| 100.00 @ 1 each | 10.00 | 0.00 | 0.00 | 85.00 | 0.00 | 0.00 | 3.00 | 0.00 | 0.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
| M50055 COND PC Mayonnaise 12g | | | | | | | | | | | | | | | | | | | | | | | | |
| 20.00 @ 1 each | 80.00 | 1.50 | 16.87 | 75.00 | 8.00 | 90.00 | 1.00 | 0.00 | 5.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
| M50284 COND PC Mustard 6g | | | | | | | | | | | | | | | | | | | | | | | | |
| 20.00 @ 1 each | 0.00 | 0.00 | - | 65.00 | 0.00 | - | 1.00 | 0.00 | 0.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
| M50624 COND PC Drsg Ranch 12g | | | | | | | | | | | | | | | | | | | | | | | | |
| 50.00 @ 1 each | 50.00 | 0.00 | 0.00 | 100.00 | 5.00 | 90.00 | 1.00 | 0.00 | 5.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
| M50287 COND PC Sauce, BBQ 12g | | | | | | | | | | | | | | | | | | | | | | | | |
| 20.00 @ 1 each | 15.00 | 0.00 | 0.00 | 160.00 | 0.00 | 0.00 | 4.00 | 0.00 | 0.00 | 0.00 | -* | 100.00 | -* | -* | -* | 0.60 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
| Average | 738.96 | 7.86 | 9.58 | 1059.98 | 26.62 | 32.42 | 92.24 | 31.55 | 46.7 | 9.18 | 306.51* | 1623.64 | 0* | .21* | 6.57* | 8.63 | .03* | .05* | .81* | .08* | 0* | 437.26 | 48.87* | 3.24 |

* Some values for this nutrient are unavailable; the number listed is incomplete.

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DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Bluebonnet ES

Service Area: Bluebonnet - K-5 - OVS

Menu Name: Bluebonnet ES: 2018 ES Menu w/ESD - cycle 5 - week 2

Avg.Method: Balanced

Age Group: Brkfst Grades K-5 **Period:** Breakfast **Week:** 2 **Day:** Tuesday **Count Type:** Forecasted **Total No. of Customers:** 27

| Weekly Std. | SFA | | Na (mg) | Fat | | CHO (g) | Pro (g) | Chol (mg) | Fiber (g) | K (mg) | Vit A (IU) | Vit D (IU) | Vit E (mg) | Vit K (mcg) | Vit C (mg) | Vit B1 (mg) | Vit B2 (mg) | Vit B3 (mg) | Vit B6 (mg) | Vit B12 (mcg) | Ca (mg) | P (mg) | Fe (mg) |
|---------------|-----|----------|---------|----------|----------|---------|---------|-----------|-----------|--------|------------|------------|------------|-------------|------------|-------------|-------------|-------------|-------------|---------------|---------|--------|---------|
| | CAL | % of CAL | | % of CAL | % of CAL | | | | | | | | | | | | | | | | | | |
| 350.00-500.00 | | 10.00 | 540.00 | | | | | | | | | | | | | | | | | | 0.00 | | |

M52227 BRD: ROLL DG, CINORGGLZ SS 2.6OZ

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------|--------|------|------|--------|------|------|-------|------|------|------|-------|--------|-------|-------|-------|------|-------|-------|-------|-------|-------|-------|-------|------|
| 12.00 @ 1 each | 195.90 | 0.50 | 2.30 | 135.32 | 1.00 | 4.60 | 42.63 | 5.01 | 5.00 | 2.99 | 0.13* | 261.00 | 0.00* | 0.00* | 0.00* | 0.95 | 0.00* | 0.00* | 0.00* | 0.00* | 0.00* | 23.87 | 0.00* | 1.67 |
|----------------|--------|------|------|--------|------|------|-------|------|------|------|-------|--------|-------|-------|-------|------|-------|-------|-------|-------|-------|-------|-------|------|

M54473 SDW FB MINI, EGG BACON AM CH WG 1.0

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-------------------|--------|------|-------|--------|-------|-------|-------|-------|-------|------|-------|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 6.00 @ 1 sandwich | 190.56 | 4.72 | 22.29 | 468.99 | 10.45 | 49.36 | 14.20 | 10.26 | 77.27 | 1.00 | 0.00* | 239.08 | -* | -* | -* | 0.03 | -* | -* | -* | -* | -* | 150.34 | -* | 1.01 |
|-------------------|--------|------|-------|--------|-------|-------|-------|-------|-------|------|-------|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M50439 CEREAL BWL, Cheerios WG

| | | | | | | | | | | | | | | | | | | | | | | | | |
|---------------|--------|------|------|--------|------|-------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 8.00 @ 1 bowl | 100.00 | 0.50 | 4.50 | 140.00 | 2.00 | 18.00 | 20.00 | 3.00 | 0.00 | 3.00 | -* | 500.01 | -* | -* | -* | 6.00 | -* | -* | -* | -* | -* | 100.00 | -* | 8.10 |
|---------------|--------|------|------|--------|------|-------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M50208 CEREAL BWL, CinnTstCrnch RS WG

| | | | | | | | | | | | | | | | | | | | | | | | | |
|---------------|--------|------|------|--------|------|-------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 8.00 @ 1 bowl | 110.00 | 0.50 | 4.09 | 160.00 | 3.00 | 24.54 | 22.00 | 1.00 | 0.00 | 3.00 | -* | 400.01 | -* | -* | -* | 4.80 | -* | -* | -* | -* | -* | 200.01 | -* | 3.60 |
|---------------|--------|------|------|--------|------|-------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M50442 CEREAL BWL, Cocoa Puffs RS WG

| | | | | | | | | | | | | | | | | | | | | | | | | |
|---------------|--------|------|------|--------|------|-------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 8.00 @ 1 bowl | 110.05 | 0.00 | 0.00 | 160.08 | 1.50 | 12.27 | 25.01 | 2.00 | 0.00 | 2.00 | -* | 500.25 | -* | -* | -* | 6.00 | -* | -* | -* | -* | -* | 100.05 | -* | 4.50 |
|---------------|--------|------|------|--------|------|-------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M50524 CEREAL BWL, Lucky Charms WG

| | | | | | | | | | | | | | | | | | | | | | | | | |
|---------------|--------|------|------|--------|------|------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 8.00 @ 1 bowl | 110.00 | 0.00 | 0.00 | 180.00 | 1.00 | 8.18 | 23.00 | 2.00 | 0.00 | 2.00 | -* | 500.01 | -* | -* | -* | 6.00 | -* | -* | -* | -* | -* | 100.00 | -* | 4.50 |
|---------------|--------|------|------|--------|------|------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M51237 BRD: BREAD WG, Tst Marg 1sl

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------|--------|------|-------|--------|------|-------|-------|------|------|------|-------|------|----|----|----|------|----|----|----|----|----|------|----|------|
| 8.00 @ 1 slice | 110.00 | 1.33 | 10.91 | 160.00 | 4.33 | 35.45 | 15.00 | 3.00 | 0.00 | 1.00 | 1.33* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 1.08 |
|----------------|--------|------|-------|--------|------|-------|-------|------|------|------|-------|------|----|----|----|------|----|----|----|----|----|------|----|------|

M52726 BRD: BAR, Cereal FrtyCh WG IW

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------|--------|------|------|-------|------|-------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 10.00 @ 1 each | 150.00 | 0.50 | 3.00 | 95.00 | 3.50 | 21.00 | 29.00 | 3.00 | 0.00 | 3.00 | -* | 200.00 | -* | -* | -* | 1.20 | -* | -* | -* | -* | -* | 200.00 | -* | 1.80 |
|----------------|--------|------|------|-------|------|-------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M50786 FRUIT: PEARS 100ct Whole 1.25c

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------|--------|------|------|------|------|------|-------|------|------|------|--------|-------|------|------|------|------|------|------|------|------|------|-------|-------|------|
| 14.00 @ 1 each | 106.94 | 0.04 | 0.35 | 1.88 | 0.26 | 2.21 | 28.57 | 0.68 | 0.00 | 5.82 | 217.62 | 46.90 | 0.00 | 0.23 | 8.25 | 8.07 | 0.02 | 0.05 | 0.30 | 0.05 | 0.00 | 16.88 | 22.51 | 0.34 |
|----------------|--------|------|------|------|------|------|-------|------|------|------|--------|-------|------|------|------|------|------|------|------|------|------|-------|-------|------|

M50979 JUICE SS, Apple 100% 4oz Cart

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------|-------|------|------|-------|------|------|-------|------|------|------|-------|------|----|----|----|------|----|----|----|----|----|------|----|------|
| 14.00 @ 1 each | 60.00 | 0.00 | 0.00 | 15.00 | 0.00 | 0.00 | 14.00 | 0.00 | 0.00 | 0.00 | 85.00 | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
|----------------|-------|------|------|-------|------|------|-------|------|------|------|-------|------|----|----|----|------|----|----|----|----|----|------|----|------|

M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50

| | | | | | | | | | | | | | | | | | | | | | | | | |
|------------------|--------|------|-------|--------|------|-------|-------|------|-------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 15.00 @ 1 carton | 110.00 | 1.50 | 12.28 | 130.00 | 2.50 | 20.46 | 13.00 | 8.00 | 10.00 | 0.00 | -* | 500.00 | -* | -* | -* | 2.40 | -* | -* | -* | -* | -* | 300.00 | -* | 0.00 |
|------------------|--------|------|-------|--------|------|-------|-------|------|-------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50

| | | | | | | | | | | | | | | | | | | | | | | | | |
|------------------|--------|------|------|--------|------|------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 10.00 @ 1 carton | 120.00 | 0.00 | 0.00 | 180.00 | 0.00 | 0.00 | 20.00 | 8.00 | 5.00 | 0.00 | -* | 500.00 | -* | -* | -* | 1.20 | -* | -* | -* | -* | -* | 300.00 | -* | 0.00 |
|------------------|--------|------|------|--------|------|------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

* Some values for this nutrient are unavailable; the number listed is incomplete.

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DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Bluebonnet ES

Service Area: Bluebonnet - K-5 - OVS

Menu Name: Bluebonnet ES: 2018 ES Menu w/ESD - cycle 5 - week 2

Avg.Method: Balanced

M53222 COND PC Margarine 5g

| | | | | | | | | | | | | | | | | | | | | | | | | | |
|---------------|-------|------|-------|-------|------|-------|------|------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|------|----|------|
| 5.00 @ 1 each | 30.00 | 1.00 | 30.00 | 30.00 | 3.00 | 90.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | -* | 500.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
|---------------|-------|------|-------|-------|------|-------|------|------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|------|----|------|

M53221 COND PC Jelly, Grape Smucker

| | | | | | | | | | | | | | | | | | | | | | | | | | |
|---------------|-------|------|------|------|------|------|------|------|------|------|------|------|------|----|----|----|------|----|----|----|----|----|------|----|------|
| 5.00 @ 1 each | 35.00 | 0.00 | 0.00 | 5.00 | 0.00 | 0.00 | 9.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
|---------------|-------|------|------|------|------|------|------|------|------|------|------|------|------|----|----|----|------|----|----|----|----|----|------|----|------|

M50056 COND PC Sauce, Taco 9g

| | | | | | | | | | | | | | | | | | | | | | | | | | |
|---------------|------|------|------|-------|------|------|------|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|
| 5.00 @ 1 each | 5.00 | 0.00 | 0.00 | 55.00 | 0.00 | 0.00 | 1.00 | 0.00 | 0.00 | 0.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
|---------------|------|------|------|-------|------|------|------|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|

M50058 COND PC Syrup 1.4oz Smuckers

| | | | | | | | | | | | | | | | | | | | | | | | | | |
|---------------|--------|------|------|-------|------|------|-------|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|
| 5.00 @ 1 each | 110.00 | 0.00 | 0.00 | 25.00 | 0.00 | 0.00 | 29.00 | 0.00 | 0.00 | 0.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
|---------------|--------|------|------|-------|------|------|-------|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------|--------|------|------|--------|------|-------|--------|-------|------|------|---------|---------|----|------|-------|-------|------|------|------|------|----|--------|--------|------|
| Average | 570.44 | 3.19 | 5.03 | 605.55 | 9.65 | 15.23 | 107.89 | 16.64 | 26.8 | 8.94 | 157.37* | 1386.13 | 0* | .12* | 4.28* | 13.59 | .01* | .03* | .16* | .03* | 0* | 552.79 | 11.67* | 8.27 |
|----------------|--------|------|------|--------|------|-------|--------|-------|------|------|---------|---------|----|------|-------|-------|------|------|------|------|----|--------|--------|------|

* Some values for this nutrient are unavailable; the number listed is incomplete.

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DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Bluebonnet ES

Service Area: Bluebonnet - K-5 - OVS

Menu Name: Bluebonnet ES: 2018 ES Menu w/ESD - cycle 5 - week 2

Avg.Method: Balanced

Age Group: Lunch Grades K-5 **Period:** Lunch **Week:** 2 **Day:** Tuesday **Count Type:** Forecasted **Total No. of Customers:** 214

| Weekly Std. | SFA | | Na (mg) | Fat | | CHO (g) | Pro (g) | Chol (mg) | Fiber (g) | K (mg) | Vit A (IU) | Vit D (IU) | Vit E (mg) | Vit K (mcg) | Vit C (mg) | Vit B1 (mg) | Vit B2 (mg) | Vit B3 (mg) | Vit B6 (mg) | Vit B12 (mcg) | Ca (mg) | P (mg) | Fe (mg) |
|---------------|-----|----------|---------|----------|----------|---------|---------|-----------|-----------|--------|------------|------------|------------|-------------|------------|-------------|-------------|-------------|-------------|---------------|---------|--------|---------|
| | CAL | % of CAL | | % of CAL | % of CAL | | | | | | | | | | | | | | | | | | |
| 550.00-650.00 | | 10.00 | 1230.00 | | | | | | | | | | | | | | | | | | 0.00 | | |

M51417 BURG, Beef AP WG 2.0

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------|--------|------|------|--------|------|-------|-------|-------|-------|------|----|------|----|----|----|------|----|----|----|----|----|-------|----|------|
| 80.00 @ 1 each | 240.00 | 2.00 | 7.50 | 345.00 | 7.00 | 26.25 | 29.00 | 16.00 | 25.00 | 2.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 60.00 | -* | 2.88 |
|----------------|--------|------|------|--------|------|-------|-------|-------|-------|------|----|------|----|----|----|------|----|----|----|----|----|-------|----|------|

M50821 BURG, Beef AM AP WG 2.25

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-----------------|--------|------|-------|--------|-------|-------|-------|-------|-------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 130.00 @ 1 each | 285.00 | 4.25 | 13.42 | 545.00 | 10.50 | 33.16 | 29.50 | 18.50 | 37.50 | 2.00 | -* | 100.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 135.00 | -* | 2.88 |
|-----------------|--------|------|-------|--------|-------|-------|-------|-------|-------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M54370 BURG, BLACK BEAN AP WG 2.0

| | | | | | | | | | | | | | | | | | | | | | | | | |
|---------------|--------|------|------|--------|------|-------|-------|-------|------|------|---------|------|----|----|----|------|----|----|----|----|----|-------|----|------|
| 6.00 @ 1 each | 300.00 | 1.00 | 3.00 | 710.00 | 9.00 | 27.00 | 42.00 | 19.00 | 5.00 | 7.00 | 280.00* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 80.00 | -* | 2.16 |
|---------------|--------|------|------|--------|------|-------|-------|-------|------|------|---------|------|----|----|----|------|----|----|----|----|----|-------|----|------|

M53803 ORI ChixDcd Teriyaki Veg 2.0

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-----------------|--------|------|------|--------|------|-------|-------|-------|-------|------|---------|---------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|--------|------|
| 24.00 @ 6 fl oz | 162.37 | 1.22 | 6.75 | 282.56 | 4.72 | 26.14 | 13.82 | 14.73 | 42.19 | 2.03 | 168.06* | 6997.55 | 0.00* | 0.58* | 8.97* | 29.56 | 0.04* | 0.03* | 0.37* | 0.15* | 0.00* | 23.87 | 26.60* | 1.01 |
|-----------------|--------|------|------|--------|------|-------|-------|-------|-------|------|---------|---------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|--------|------|

M51074 RICE, Plain WG 2BG

| | | | | | | | | | | | | | | | | | | | | | | | | |
|---------------|--------|------|------|------|------|------|-------|------|------|------|--------|-------|-------|-------|-------|------|-------|-------|-------|-------|-------|-------|-------|------|
| 24.00 @ 1 cup | 203.54 | 0.41 | 1.81 | 8.42 | 1.70 | 7.50 | 42.35 | 4.75 | 0.00 | 1.87 | 118.94 | 27.78 | 0.00* | 0.00* | 0.00* | 0.05 | 0.00* | 0.00* | 0.00* | 0.00* | 0.00* | 10.97 | 0.00* | 0.43 |
|---------------|--------|------|------|------|------|------|-------|------|------|------|--------|-------|-------|-------|-------|------|-------|-------|-------|-------|-------|-------|-------|------|

M53347 SDW BD, SB WG 2.0

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-------------------|--------|------|------|--------|-------|-------|-------|-------|------|------|---------|------|-------|----|----|------|----|----|----|----|----|-------|----|------|
| 5.00 @ 1 sandwich | 558.71 | 3.99 | 6.42 | 579.16 | 35.89 | 57.81 | 43.95 | 19.95 | 0.00 | 5.99 | 378.78* | 0.00 | 0.00* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 59.81 | -* | 5.35 |
|-------------------|--------|------|------|--------|-------|-------|-------|-------|------|------|---------|------|-------|----|----|------|----|----|----|----|----|-------|----|------|

M51445 VEG GARN: Rom Leaf/Tom Sl

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-------------------|------|------|------|------|------|-------|------|------|------|------|-------|---------|------|------|-------|------|------|------|------|------|------|------|------|------|
| 60.00 @ 1 serving | 4.96 | 0.01 | 1.72 | 1.84 | 0.07 | 12.86 | 1.02 | 0.30 | 0.00 | 0.47 | 68.61 | 1352.71 | 0.00 | 0.09 | 15.65 | 2.51 | 0.02 | 0.01 | 0.13 | 0.02 | 0.00 | 6.10 | 7.65 | 0.18 |
|-------------------|------|------|------|------|------|-------|------|------|------|------|-------|---------|------|------|-------|------|------|------|------|------|------|------|------|------|

M50412 COND_Pickle, Dill Slice 3ea

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-----------------|------|------|------|--------|------|-------|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|-------|----|------|
| 60.00 @ 3 slice | 2.43 | 0.01 | 4.72 | 243.11 | 0.07 | 25.17 | 0.36 | 0.10 | 0.00 | 0.21 | -* | 0.00 | -* | -* | -* | 0.32 | -* | -* | -* | -* | -* | 12.97 | -* | 0.08 |
|-----------------|------|------|------|--------|------|-------|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|-------|----|------|

M51425 VEG: SQUASH, Zucc FrshRst 1/2c

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-----------------|-------|------|------|------|------|-------|------|------|------|------|--------|--------|------|------|------|------|------|------|------|------|------|-------|-------|------|
| 24.00 @ 1/2 cup | 13.26 | 0.06 | 3.84 | 2.46 | 0.28 | 18.85 | 2.48 | 0.94 | 0.00 | 0.80 | 202.50 | 829.22 | 0.00 | 0.09 | 3.38 | 9.93 | 0.03 | 0.02 | 0.39 | 0.07 | 0.00 | 16.15 | 29.48 | 0.31 |
|-----------------|-------|------|------|------|------|-------|------|------|------|------|--------|--------|------|------|------|------|------|------|------|------|------|-------|-------|------|

M50431 VEG: CARROTS, Fresh Baby 1/2c

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-----------------|-------|------|------|-------|------|------|------|------|------|------|--------|---------|------|----|------|------|------|------|------|------|------|-------|-------|------|
| 50.00 @ 1/2 cup | 24.80 | 0.02 | 0.59 | 55.28 | 0.09 | 3.34 | 5.84 | 0.45 | 0.00 | 2.06 | 167.96 | 9772.87 | 0.00 | -* | 6.66 | 1.84 | 0.02 | 0.03 | 0.39 | 0.07 | 0.00 | 22.68 | 19.84 | 0.63 |
|-----------------|-------|------|------|-------|------|------|------|------|------|------|--------|---------|------|----|------|------|------|------|------|------|------|-------|-------|------|

M50549 FRUIT: WATERMELON, Fresh 1/2c

| | | | | | | | | | | | | | | | | | | | | | | | | |
|------------------|-------|------|------|------|------|------|------|------|------|------|--------|--------|------|------|------|------|------|------|------|------|------|------|-------|------|
| 120.00 @ 1/2 cup | 27.28 | 0.01 | 0.48 | 0.91 | 0.14 | 4.50 | 6.87 | 0.55 | 0.00 | 0.36 | 101.86 | 517.50 | 0.00 | 0.05 | 0.09 | 7.37 | 0.03 | 0.02 | 0.16 | 0.04 | 0.00 | 6.37 | 10.00 | 0.22 |
|------------------|-------|------|------|------|------|------|------|------|------|------|--------|--------|------|------|------|------|------|------|------|------|------|------|-------|------|

M52271 FRUIT: PEARS, Dice w/Jc 1/2c

| | | | | | | | | | | | | | | | | | | | | | | | | |
|------------------|-------|------|------|-------|------|------|-------|------|------|------|-------|------|----|----|----|------|----|----|----|----|----|------|----|------|
| 112.00 @ 1/2 cup | 60.66 | 0.00 | 0.00 | 10.11 | 0.00 | 0.00 | 14.15 | 0.00 | 0.00 | 2.02 | 80.89 | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
|------------------|-------|------|------|-------|------|------|-------|------|------|------|-------|------|----|----|----|------|----|----|----|----|----|------|----|------|

* Some values for this nutrient are unavailable; the number listed is incomplete.

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DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Bluebonnet ES

Service Area: Bluebonnet - K-5 - OVS

Menu Name: Bluebonnet ES: 2018 ES Menu w/ESD - cycle 5 - week 2

Avg.Method: Balanced

M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50

| | | | | | | | | | | | | | | | | | | | | | | | | |
|------------------|--------|------|-------|--------|------|-------|-------|------|-------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 50.00 @ 1 carton | 110.00 | 1.50 | 12.28 | 130.00 | 2.50 | 20.46 | 13.00 | 8.00 | 10.00 | 0.00 | -* | 500.00 | -* | -* | -* | 2.40 | -* | -* | -* | -* | -* | 300.00 | -* | 0.00 |
|------------------|--------|------|-------|--------|------|-------|-------|------|-------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-------------------|--------|------|------|--------|------|------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 160.00 @ 1 carton | 120.00 | 0.00 | 0.00 | 180.00 | 0.00 | 0.00 | 20.00 | 8.00 | 5.00 | 0.00 | -* | 500.00 | -* | -* | -* | 1.20 | -* | -* | -* | -* | -* | 300.00 | -* | 0.00 |
|-------------------|--------|------|------|--------|------|------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M53222 COND PC Margarine 5g

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------|-------|------|-------|-------|------|-------|------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|------|----|------|
| 50.00 @ 1 each | 30.00 | 1.00 | 30.00 | 30.00 | 3.00 | 90.00 | 0.00 | 0.00 | 0.00 | 0.00 | -* | 500.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
|----------------|-------|------|-------|-------|------|-------|------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|------|----|------|

M50855 COND PC Ketchup 9g Heinz

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-----------------|-------|------|------|-------|------|------|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|
| 100.00 @ 1 each | 10.00 | 0.00 | 0.00 | 85.00 | 0.00 | 0.00 | 3.00 | 0.00 | 0.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
|-----------------|-------|------|------|-------|------|------|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|

M50055 COND PC Mayonnaise 12g

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------|-------|------|-------|-------|------|-------|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|
| 20.00 @ 1 each | 80.00 | 1.50 | 16.87 | 75.00 | 8.00 | 90.00 | 1.00 | 0.00 | 5.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
|----------------|-------|------|-------|-------|------|-------|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|

M50284 COND PC Mustard 6g

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------|------|------|---|-------|------|---|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|
| 20.00 @ 1 each | 0.00 | 0.00 | - | 65.00 | 0.00 | - | 1.00 | 0.00 | 0.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
|----------------|------|------|---|-------|------|---|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|

M50624 COND PC Drsg Ranch 12g

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------|-------|------|------|--------|------|-------|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|
| 20.00 @ 1 each | 50.00 | 0.00 | 0.00 | 100.00 | 5.00 | 90.00 | 1.00 | 0.00 | 5.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
|----------------|-------|------|------|--------|------|-------|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|

M50287 COND PC Sauce, BBQ 12g

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------|-------|------|------|--------|------|------|------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|------|----|------|
| 20.00 @ 1 each | 15.00 | 0.00 | 0.00 | 160.00 | 0.00 | 0.00 | 4.00 | 0.00 | 0.00 | 0.00 | -* | 100.00 | -* | -* | -* | 0.60 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
|----------------|-------|------|------|--------|------|------|------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|------|----|------|

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------|--------|------|------|--------|-------|-------|------|-------|-------|------|---------|---------|----|------|-------|------|------|------|-----|------|----|--------|--------|------|
| Average | 522.41 | 4.38 | 7.55 | 862.86 | 13.47 | 23.21 | 70.6 | 28.89 | 44.01 | 4.76 | 229.53* | 4511.29 | 0* | .13* | 7.38* | 11.3 | .03* | .03* | .3* | .07* | 0* | 422.41 | 18.68* | 3.55 |
|----------------|--------|------|------|--------|-------|-------|------|-------|-------|------|---------|---------|----|------|-------|------|------|------|-----|------|----|--------|--------|------|

* Some values for this nutrient are unavailable; the number listed is incomplete.

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DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Bluebonnet ES

Service Area: Bluebonnet - K-5 - OVS

Menu Name: Bluebonnet ES: 2018 ES Menu w/ESD - cycle 5 - week 2

Avg.Method: Balanced

Age Group: Brkfst Grades K-5 **Period:** Breakfast **Week:** 2 **Day:** Wednesday **Count Type:** Forecasted **Total No. of Customers:** 27

| Weekly Std. | SFA | | Na (mg) | Fat | | CHO (g) | Pro (g) | Chol (mg) | Fiber (g) | K (mg) | Vit A (IU) | Vit D (IU) | Vit E (mg) | Vit K (mcg) | Vit C (mg) | Vit B1 (mg) | Vit B2 (mg) | Vit B3 (mg) | Vit B6 (mg) | Vit B12 (mcg) | Ca (mg) | P (mg) | Fe (mg) |
|---------------|-----|----------|---------|----------|----------|---------|---------|-----------|-----------|--------|------------|------------|------------|-------------|------------|-------------|-------------|-------------|-------------|---------------|---------|--------|---------|
| | CAL | % of CAL | | % of CAL | % of CAL | | | | | | | | | | | | | | | | | | |
| 350.00-500.00 | | 10.00 | 540.00 | | | | | | | | | | | | | | | | | | 0.00 | | |

M54470 BRD: DONUT HOLES, COCOA SUGAR POWDERED WG 6EA (2BG)

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------|--------|------|-------|--------|-------|-------|-------|------|------|------|-------|------|-------|-------|-------|------|-------|-------|-------|-------|-------|------|-------|------|
| 20.00 @ 6 each | 283.38 | 6.04 | 19.17 | 288.17 | 14.46 | 45.93 | 33.77 | 4.89 | 0.00 | 2.57 | 6.92* | 0.00 | 0.00* | 0.00* | 0.01* | 0.00 | 0.00* | 0.00* | 0.01* | 0.00* | 0.00* | 0.62 | 3.29* | 0.93 |
|----------------|--------|------|-------|--------|-------|-------|-------|------|------|------|-------|------|-------|-------|-------|------|-------|-------|-------|-------|-------|------|-------|------|

M52695 CHEESE, MZ STRING 1EA 1.0

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-----------------|-------|------|-------|--------|------|-------|------|------|-------|------|------|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 20.00 @ 1 stick | 60.00 | 2.00 | 30.00 | 200.01 | 3.00 | 45.00 | 1.00 | 7.00 | 10.00 | 0.00 | 0.00 | 200.01 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 200.01 | -* | 0.00 |
|-----------------|-------|------|-------|--------|------|-------|------|------|-------|------|------|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M54066 SDW BN, EggCSausSS AM WG 1.0

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-------------------|--------|------|-------|--------|------|-------|-------|-------|-------|------|-------|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 6.00 @ 1 sandwich | 228.05 | 3.57 | 14.08 | 565.83 | 8.48 | 33.47 | 28.08 | 11.09 | 80.09 | 2.00 | 0.00* | 207.14 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 151.01 | -* | 1.80 |
|-------------------|--------|------|-------|--------|------|-------|-------|-------|-------|------|-------|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M50439 CEREAL BWL, Cheerios WG

| | | | | | | | | | | | | | | | | | | | | | | | | |
|---------------|--------|------|------|--------|------|-------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 8.00 @ 1 bowl | 100.00 | 0.50 | 4.50 | 140.00 | 2.00 | 18.00 | 20.00 | 3.00 | 0.00 | 3.00 | -* | 500.01 | -* | -* | -* | 6.00 | -* | -* | -* | -* | -* | 100.00 | -* | 8.10 |
|---------------|--------|------|------|--------|------|-------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M50208 CEREAL BWL, CinnTstCrnch RS WG

| | | | | | | | | | | | | | | | | | | | | | | | | |
|---------------|--------|------|------|--------|------|-------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 8.00 @ 1 bowl | 110.00 | 0.50 | 4.09 | 160.00 | 3.00 | 24.54 | 22.00 | 1.00 | 0.00 | 3.00 | -* | 400.01 | -* | -* | -* | 4.80 | -* | -* | -* | -* | -* | 200.01 | -* | 3.60 |
|---------------|--------|------|------|--------|------|-------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M50442 CEREAL BWL, Cocoa Puffs RS WG

| | | | | | | | | | | | | | | | | | | | | | | | | |
|---------------|--------|------|------|--------|------|-------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 8.00 @ 1 bowl | 110.05 | 0.00 | 0.00 | 160.08 | 1.50 | 12.27 | 25.01 | 2.00 | 0.00 | 2.00 | -* | 500.25 | -* | -* | -* | 6.00 | -* | -* | -* | -* | -* | 100.05 | -* | 4.50 |
|---------------|--------|------|------|--------|------|-------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M50524 CEREAL BWL, Lucky Charms WG

| | | | | | | | | | | | | | | | | | | | | | | | | |
|---------------|--------|------|------|--------|------|------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 8.00 @ 1 bowl | 110.00 | 0.00 | 0.00 | 180.00 | 1.00 | 8.18 | 23.00 | 2.00 | 0.00 | 2.00 | -* | 500.01 | -* | -* | -* | 6.00 | -* | -* | -* | -* | -* | 100.00 | -* | 4.50 |
|---------------|--------|------|------|--------|------|------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M51237 BRD: BREAD WG, Tst Marg 1sl

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------|--------|------|-------|--------|------|-------|-------|------|------|------|-------|------|----|----|----|------|----|----|----|----|----|------|----|------|
| 8.00 @ 1 slice | 110.00 | 1.33 | 10.91 | 160.00 | 4.33 | 35.45 | 15.00 | 3.00 | 0.00 | 1.00 | 1.33* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 1.08 |
|----------------|--------|------|-------|--------|------|-------|-------|------|------|------|-------|------|----|----|----|------|----|----|----|----|----|------|----|------|

M52728 BRD: BAR, Cereal TeamCh WG IW

| | | | | | | | | | | | | | | | | | | | | | | | | |
|---------------|--------|------|------|-------|------|-------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 7.00 @ 1 each | 150.00 | 0.50 | 3.00 | 85.00 | 3.50 | 21.00 | 30.00 | 2.00 | 0.00 | 3.00 | -* | 100.00 | -* | -* | -* | 1.20 | -* | -* | -* | -* | -* | 200.00 | -* | 4.50 |
|---------------|--------|------|------|-------|------|-------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M50549 FRUIT: WATERMELON, Fresh 1/2c

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-----------------|-------|------|------|------|------|------|------|------|------|------|--------|--------|------|------|------|------|------|------|------|------|------|------|-------|------|
| 14.00 @ 1/2 cup | 27.28 | 0.01 | 0.48 | 0.91 | 0.14 | 4.50 | 6.87 | 0.55 | 0.00 | 0.36 | 101.86 | 517.50 | 0.00 | 0.05 | 0.09 | 7.37 | 0.03 | 0.02 | 0.16 | 0.04 | 0.00 | 6.37 | 10.00 | 0.22 |
|-----------------|-------|------|------|------|------|------|------|------|------|------|--------|--------|------|------|------|------|------|------|------|------|------|------|-------|------|

M52271 FRUIT: PEARS, Dice w/Jc 1/2c

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-----------------|-------|------|------|-------|------|------|-------|------|------|------|-------|------|----|----|----|------|----|----|----|----|----|------|----|------|
| 14.00 @ 1/2 cup | 60.66 | 0.00 | 0.00 | 10.11 | 0.00 | 0.00 | 14.15 | 0.00 | 0.00 | 2.02 | 80.89 | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
|-----------------|-------|------|------|-------|------|------|-------|------|------|------|-------|------|----|----|----|------|----|----|----|----|----|------|----|------|

M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50

| | | | | | | | | | | | | | | | | | | | | | | | | |
|------------------|--------|------|-------|--------|------|-------|-------|------|-------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 15.00 @ 1 carton | 110.00 | 1.50 | 12.28 | 130.00 | 2.50 | 20.46 | 13.00 | 8.00 | 10.00 | 0.00 | -* | 500.00 | -* | -* | -* | 2.40 | -* | -* | -* | -* | -* | 300.00 | -* | 0.00 |
|------------------|--------|------|-------|--------|------|-------|-------|------|-------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

* Some values for this nutrient are unavailable; the number listed is incomplete.

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DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Bluebonnet ES

Service Area: Bluebonnet - K-5 - OVS

Menu Name: Bluebonnet ES: 2018 ES Menu w/ESD - cycle 5 - week 2

Avg.Method: Balanced

M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50

| | | | | | | | | | | | | | | | | | | | | | | | | |
|------------------|--------|------|------|--------|------|------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 15.00 @ 1 carton | 120.00 | 0.00 | 0.00 | 180.00 | 0.00 | 0.00 | 20.00 | 8.00 | 5.00 | 0.00 | -* | 500.00 | -* | -* | -* | 1.20 | -* | -* | -* | -* | -* | 300.00 | -* | 0.00 |
|------------------|--------|------|------|--------|------|------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M53222 COND PC Margarine 5g

| | | | | | | | | | | | | | | | | | | | | | | | | |
|---------------|-------|------|-------|-------|------|-------|------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|------|----|------|
| 5.00 @ 1 each | 30.00 | 1.00 | 30.00 | 30.00 | 3.00 | 90.00 | 0.00 | 0.00 | 0.00 | 0.00 | -* | 500.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
|---------------|-------|------|-------|-------|------|-------|------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|------|----|------|

M53221 COND PC Jelly, Grape Smucker

| | | | | | | | | | | | | | | | | | | | | | | | | |
|---------------|-------|------|------|------|------|------|------|------|------|------|------|------|----|----|----|------|----|----|----|----|----|------|----|------|
| 5.00 @ 1 each | 35.00 | 0.00 | 0.00 | 5.00 | 0.00 | 0.00 | 9.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
|---------------|-------|------|------|------|------|------|------|------|------|------|------|------|----|----|----|------|----|----|----|----|----|------|----|------|

M50056 COND PC Sauce, Taco 9g

| | | | | | | | | | | | | | | | | | | | | | | | | |
|---------------|------|------|------|-------|------|------|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|
| 5.00 @ 1 each | 5.00 | 0.00 | 0.00 | 55.00 | 0.00 | 0.00 | 1.00 | 0.00 | 0.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
|---------------|------|------|------|-------|------|------|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|

M50058 COND PC Syrup 1.4oz Smuckers

| | | | | | | | | | | | | | | | | | | | | | | | | |
|---------------|--------|------|------|-------|------|------|-------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|
| 5.00 @ 1 each | 110.00 | 0.00 | 0.00 | 25.00 | 0.00 | 0.00 | 29.00 | 0.00 | 0.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
|---------------|--------|------|------|-------|------|------|-------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------|--------|------|-------|--------|-------|-------|--------|-------|-------|------|---------|---------|----|------|------|-------|------|------|------|------|----|--------|-------|------|
| Average | 710.66 | 8.59 | 10.88 | 945.69 | 21.25 | 26.91 | 107.35 | 24.23 | 33.54 | 7.62 | 100.28* | 1699.64 | 0* | .02* | .06* | 12.89 | .02* | .01* | .09* | .02* | 0* | 718.82 | 7.62* | 8.82 |
|----------------|--------|------|-------|--------|-------|-------|--------|-------|-------|------|---------|---------|----|------|------|-------|------|------|------|------|----|--------|-------|------|

* Some values for this nutrient are unavailable; the number listed is incomplete.

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DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Bluebonnet ES

Service Area: Bluebonnet - K-5 - OVS

Menu Name: Bluebonnet ES: 2018 ES Menu w/ESD - cycle 5 - week 2

Avg.Method: Balanced

Age Group: Lunch Grades K-5 **Period:** Lunch **Week:** 2 **Day:** Wednesday **Count Type:** Forecasted **Total No. of Customers:** 220

| Weekly Std. | SFA | | Na (mg) | Fat | | CHO (g) | Pro (g) | Chol (mg) | Fiber (g) | K (mg) | Vit A (IU) | Vit D (IU) | Vit E (mg) | Vit K (mcg) | Vit C (mg) | Vit B1 (mg) | Vit B2 (mg) | Vit B3 (mg) | Vit B6 (mg) | Vit B12 (mcg) | Ca (mg) | P (mg) | Fe (mg) |
|---------------|-----|-------|---------|----------|-----|---------|---------|-----------|-----------|--------|------------|------------|------------|-------------|------------|-------------|-------------|-------------|-------------|---------------|---------|--------|---------|
| | CAL | (g) | | % of CAL | (g) | | | | | | | | | | | | | | | | | | |
| 550.00-650.00 | | 10.00 | 1230.00 | | | | | | | | | | | | | | | | | | 0.00 | | |

M55774 STICKS, MAX SNAX PIZZA W/MARINARA AP WG 2.0

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------|--------|------|------|--------|------|-------|-------|-------|-------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 60.00 @ 2 each | 319.87 | 2.00 | 5.63 | 649.89 | 9.00 | 25.32 | 39.98 | 18.00 | 10.00 | 4.00 | -* | 898.95 | -* | -* | -* | 8.98 | -* | -* | -* | -* | -* | 439.92 | -* | 3.24 |
|----------------|--------|------|------|--------|------|-------|-------|-------|-------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M51355 ENT: BOWL, POTATO CHIXPOP CH WG 2.0 (1C VEG)

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------|--------|------|-------|--------|-------|-------|-------|-------|-------|------|---------|--------|-------|-------|-------|-------|-------|-------|-------|-------|-------|--------|--------|------|
| 52.00 @ 1 bowl | 419.52 | 6.32 | 13.57 | 533.49 | 19.78 | 42.44 | 42.95 | 18.58 | 31.38 | 4.76 | 291.93* | 304.89 | 0.00* | 0.03* | 0.43* | 16.74 | 0.01* | 0.03* | 0.54* | 0.04* | 0.00* | 140.46 | 32.63* | 2.24 |
|----------------|--------|------|-------|--------|-------|-------|-------|-------|-------|------|---------|--------|-------|-------|-------|-------|-------|-------|-------|-------|-------|--------|--------|------|

M50443 COND_Gravy, Country SS

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-----------------|-------|------|------|--------|------|-------|------|------|------|------|-------|------|-------|-------|-------|------|-------|-------|-------|-------|-------|-------|-------|------|
| 52.00 @ 1/4 cup | 34.17 | 0.00 | 0.00 | 196.86 | 0.49 | 12.86 | 5.86 | 0.00 | 0.00 | 0.00 | 0.53* | 0.00 | 0.00* | 0.00* | 0.00* | 0.00 | 0.00* | 0.00* | 0.00* | 0.00* | 0.00* | 21.13 | 0.00* | 0.00 |
|-----------------|-------|------|------|--------|------|-------|------|------|------|------|-------|------|-------|-------|-------|------|-------|-------|-------|-------|-------|-------|-------|------|

M53760 SALAD, Frt CHCube Yog 2.0 summ

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------|--------|------|-------|--------|-------|-------|-------|-------|-------|------|---------|---------|--------|-------|--------|------|-------|-------|-------|-------|-------|--------|--------|------|
| 12.00 @ 1 each | 246.47 | 8.07 | 29.48 | 352.40 | 12.74 | 46.52 | 21.54 | 13.77 | 36.25 | 2.23 | 231.21* | 1963.16 | 20.01* | 0.23* | 22.09* | 6.47 | 0.06* | 0.05* | 0.25* | 0.09* | 0.00* | 393.52 | 16.05* | 0.98 |
|----------------|--------|------|-------|--------|-------|-------|-------|-------|-------|------|---------|---------|--------|-------|--------|------|-------|-------|-------|-------|-------|--------|--------|------|

M51680 BRD: ROLL DG, WG 2.5oz

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------|--------|------|------|--------|------|-------|-------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|-------|----|------|
| 12.00 @ 1 each | 170.00 | 0.50 | 2.65 | 135.00 | 3.00 | 15.88 | 28.00 | 7.00 | 0.00 | 3.40 | -* | 0.01 | -* | -* | -* | 0.01 | -* | -* | -* | -* | -* | 12.70 | -* | 0.85 |
|----------------|--------|------|------|--------|------|-------|-------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|-------|----|------|

M50962 SDW BD, SBJ WG 2.0

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-------------------|--------|------|------|--------|-------|-------|-------|-------|------|------|---------|------|-------|----|----|------|----|----|----|----|----|-------|----|------|
| 6.00 @ 1 sandwich | 658.38 | 3.99 | 5.45 | 579.16 | 35.89 | 49.06 | 69.87 | 19.95 | 0.00 | 5.99 | 378.78* | 0.00 | 0.00* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 59.81 | -* | 5.35 |
|-------------------|--------|------|------|--------|-------|-------|-------|-------|------|------|---------|------|-------|----|----|------|----|----|----|----|----|-------|----|------|

M53347 SDW BD, SB WG 2.0

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-------------------|--------|------|------|--------|-------|-------|-------|-------|------|------|---------|------|-------|----|----|------|----|----|----|----|----|-------|----|------|
| 1.00 @ 1 sandwich | 558.71 | 3.99 | 6.42 | 579.16 | 35.89 | 57.81 | 43.95 | 19.95 | 0.00 | 5.99 | 378.78* | 0.00 | 0.00* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 59.81 | -* | 5.35 |
|-------------------|--------|------|------|--------|-------|-------|-------|-------|------|------|---------|------|-------|----|----|------|----|----|----|----|----|-------|----|------|

M50194 VEG: CARROTS, Orange Glz 1/2c

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-----------------|-------|------|------|--------|------|------|-------|------|------|------|---------|----------|-------|-------|--------|------|-------|-------|-------|-------|-------|-------|--------|------|
| 24.00 @ 1/2 cup | 92.59 | 0.11 | 1.02 | 158.66 | 0.60 | 5.79 | 20.81 | 0.51 | 0.00 | 2.89 | 168.05* | 14815.98 | 0.00* | 0.88* | 11.90* | 2.01 | 0.03* | 0.03* | 0.36* | 0.07* | 0.00* | 30.63 | 27.13* | 0.46 |
|-----------------|-------|------|------|--------|------|------|-------|------|------|------|---------|----------|-------|-------|--------|------|-------|-------|-------|-------|-------|-------|--------|------|

M50350 VEG: CUCUMBER, Fresh Slice1/2c

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-----------------|-------|------|------|------|------|------|------|------|------|------|--------|-------|------|------|-------|------|------|------|------|------|------|-------|-------|------|
| 65.00 @ 1/2 cup | 10.81 | 0.03 | 2.22 | 1.44 | 0.08 | 6.60 | 2.62 | 0.47 | 0.00 | 0.36 | 105.91 | 75.65 | 0.00 | 0.02 | 11.82 | 2.02 | 0.02 | 0.02 | 0.07 | 0.03 | 0.00 | 11.53 | 17.29 | 0.20 |
|-----------------|-------|------|------|------|------|------|------|------|------|------|--------|-------|------|------|-------|------|------|------|------|------|------|-------|-------|------|

M50536 FRUIT: APPLE, 138ct 1/8wg 1/2c

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-----------------|-------|------|------|------|------|------|------|------|------|------|-------|-------|------|------|------|------|------|------|------|------|------|------|------|------|
| 60.00 @ 4 wedge | 31.53 | 0.02 | 0.50 | 2.39 | 0.10 | 2.95 | 8.40 | 0.17 | 0.00 | 1.45 | 67.15 | 33.13 | 0.00 | 0.11 | 1.32 | 3.11 | 0.01 | 0.02 | 0.06 | 0.03 | 0.00 | 5.02 | 6.81 | 0.07 |
|-----------------|-------|------|------|------|------|------|------|------|------|------|-------|-------|------|------|------|------|------|------|------|------|------|------|------|------|

M50980 JUICE SS, Frt Bld 100% 4oz Crt

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-----------------|-------|------|------|-------|------|------|-------|------|------|------|--------|------|----|----|----|------|----|----|----|----|----|------|----|------|
| 160.00 @ 1 each | 60.00 | 0.00 | 0.00 | 10.00 | 0.00 | 0.00 | 14.00 | 0.00 | 0.00 | 0.00 | 100.00 | 0.00 | -* | -* | -* | 3.60 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
|-----------------|-------|------|------|-------|------|------|-------|------|------|------|--------|------|----|----|----|------|----|----|----|----|----|------|----|------|

M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50

* Some values for this nutrient are unavailable; the number listed is incomplete.

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DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Bluebonnet ES

Service Area: Bluebonnet - K-5 - OVS

Menu Name: Bluebonnet ES: 2018 ES Menu w/ESD - cycle 5 - week 2

Avg.Method: Balanced

| | | | | | | | | | | | | | | | | | | | | | | | | | |
|--|--------|------|-------|---------|-------|-------|-------|-------|-------|------|----|---------|---------|-------|------|-------|-------|------|------|------|------|--------|--------|--------|-----|
| 50.00 @ 1 carton | 110.00 | 1.50 | 12.28 | 130.00 | 2.50 | 20.46 | 13.00 | 8.00 | 10.00 | 0.00 | -* | 500.00 | -* | -* | -* | 2.40 | -* | -* | -* | -* | -* | 300.00 | -* | 0.00 | |
| M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50 | | | | | | | | | | | | | | | | | | | | | | | | | |
| 150.00 @ 1 carton | 120.00 | 0.00 | 0.00 | 180.00 | 0.00 | 0.00 | 20.00 | 8.00 | 5.00 | 0.00 | -* | 500.00 | -* | -* | -* | 1.20 | -* | -* | -* | -* | -* | 300.00 | -* | 0.00 | |
| M53222 COND PC Margarine 5g | | | | | | | | | | | | | | | | | | | | | | | | | |
| 50.00 @ 1 each | 30.00 | 1.00 | 30.00 | 30.00 | 3.00 | 90.00 | 0.00 | 0.00 | 0.00 | 0.00 | -* | 500.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 | |
| M50855 COND PC Ketchup 9g Heinz | | | | | | | | | | | | | | | | | | | | | | | | | |
| 100.00 @ 1 each | 10.00 | 0.00 | 0.00 | 85.00 | 0.00 | 0.00 | 3.00 | 0.00 | 0.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 | |
| M50055 COND PC Mayonnaise 12g | | | | | | | | | | | | | | | | | | | | | | | | | |
| 50.00 @ 1 each | 80.00 | 1.50 | 16.87 | 75.00 | 8.00 | 90.00 | 1.00 | 0.00 | 5.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 | |
| M50284 COND PC Mustard 6g | | | | | | | | | | | | | | | | | | | | | | | | | |
| 50.00 @ 1 each | 0.00 | 0.00 | - | 65.00 | 0.00 | - | 1.00 | 0.00 | 0.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 | |
| M50624 COND PC Drsg Ranch 12g | | | | | | | | | | | | | | | | | | | | | | | | | |
| 50.00 @ 1 each | 50.00 | 0.00 | 0.00 | 100.00 | 5.00 | 90.00 | 1.00 | 0.00 | 5.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 | |
| M50287 COND PC Sauce, BBQ 12g | | | | | | | | | | | | | | | | | | | | | | | | | |
| 20.00 @ 1 each | 15.00 | 0.00 | 0.00 | 160.00 | 0.00 | 0.00 | 4.00 | 0.00 | 0.00 | 0.00 | -* | 100.00 | -* | -* | -* | 0.60 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 | |
| M55002 CHIX SAUSAGE BITE FRITTER BRD AP WG (11) 2.0 (1.25BG) | | | | | | | | | | | | | | | | | | | | | | | | | |
| 51.00 @ 1 serving | 357.64 | 4.13 | 10.39 | 440.17 | 22.01 | 55.38 | 19.26 | 22.01 | 55.02 | 4.13 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 2.48 | |
| M51578 PIZZA 16" CHZ WG 2.0 | | | | | | | | | | | | | | | | | | | | | | | | | |
| 160.00 @ 1/8 cut | 351.26 | 7.50 | 19.22 | 810.04 | 15.50 | 39.72 | 30.88 | 19.38 | 30.00 | 3.25 | -* | 403.18 | -* | -* | -* | 0.90 | -* | -* | -* | -* | -* | 419.72 | -* | 1.13 | |
| Average | 790.68 | 9.98 | 11.36 | 1378.52 | 29.94 | 34.08 | 88.68 | 37.77 | 54.65 | 6.85 | | 234.46* | 2942.49 | 1.09* | .15* | 6.45* | 13.12 | .02* | .02* | .22* | .04* | 0* | 768.33 | 18.51* | 3.2 |

* Some values for this nutrient are unavailable; the number listed is incomplete.

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DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Bluebonnet ES

Service Area: Bluebonnet - K-5 - OVS

Menu Name: Bluebonnet ES: 2018 ES Menu w/ESD - cycle 5 - week 2

Avg.Method: Balanced

Age Group: Brkfst Grades K-5 **Period:** Breakfast **Week:** 2 **Day:** Thursday **Count Type:** Forecasted **Total No. of Customers:** 24

| Weekly Std. | SFA | | Na (mg) | Fat | | CHO (g) | Pro (g) | Chol (mg) | Fiber (g) | K (mg) | Vit A (IU) | Vit D (IU) | Vit E (mg) | Vit K (mcg) | Vit C (mg) | Vit B1 (mg) | Vit B2 (mg) | Vit B3 (mg) | Vit B6 (mg) | Vit B12 (mcg) | Ca (mg) | P (mg) | Fe (mg) |
|---------------|-----|-------|---------|----------|-----|---------|---------|-----------|-----------|--------|------------|------------|------------|-------------|------------|-------------|-------------|-------------|-------------|---------------|---------|--------|---------|
| | CAL | (g) | | % of CAL | (g) | | | | | | | | | | | | | | | | | | |
| 350.00-500.00 | | 10.00 | 540.00 | | | | | | | | | | | | | | | | | | 300.00 | | |

M51274 BRD: FR TST AP, Cinn WG IW

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-----------------|--------|------|------|--------|------|-------|-------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|-------|----|------|
| 12.00 @ 1 pouch | 220.00 | 1.00 | 4.09 | 200.00 | 7.00 | 28.64 | 37.00 | 4.00 | 0.00 | 2.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 60.00 | -* | 1.44 |
|-----------------|--------|------|------|--------|------|-------|-------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|-------|----|------|

M53152 MELT BISC, EggPtyBacAM1.25(2BG

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-------------------|--------|-------|-------|--------|-------|-------|-------|-------|--------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 6.00 @ 1 sandwich | 341.16 | 11.43 | 30.15 | 791.16 | 20.49 | 54.05 | 28.66 | 11.44 | 113.52 | 2.00 | -* | 200.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 245.00 | -* | 1.50 |
|-------------------|--------|-------|-------|--------|-------|-------|-------|-------|--------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M50439 CEREAL BWL, Cheerios WG

| | | | | | | | | | | | | | | | | | | | | | | | | |
|---------------|--------|------|------|--------|------|-------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 8.00 @ 1 bowl | 100.00 | 0.50 | 4.50 | 140.00 | 2.00 | 18.00 | 20.00 | 3.00 | 0.00 | 3.00 | -* | 500.01 | -* | -* | -* | 6.00 | -* | -* | -* | -* | -* | 100.00 | -* | 8.10 |
|---------------|--------|------|------|--------|------|-------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M50208 CEREAL BWL, CinnTstCrnch RS WG

| | | | | | | | | | | | | | | | | | | | | | | | | |
|---------------|--------|------|------|--------|------|-------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 8.00 @ 1 bowl | 110.00 | 0.50 | 4.09 | 160.00 | 3.00 | 24.54 | 22.00 | 1.00 | 0.00 | 3.00 | -* | 400.01 | -* | -* | -* | 4.80 | -* | -* | -* | -* | -* | 200.01 | -* | 3.60 |
|---------------|--------|------|------|--------|------|-------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M50442 CEREAL BWL, Cocoa Puffs RS WG

| | | | | | | | | | | | | | | | | | | | | | | | | |
|---------------|--------|------|------|--------|------|-------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 8.00 @ 1 bowl | 110.05 | 0.00 | 0.00 | 160.08 | 1.50 | 12.27 | 25.01 | 2.00 | 0.00 | 2.00 | -* | 500.25 | -* | -* | -* | 6.00 | -* | -* | -* | -* | -* | 100.05 | -* | 4.50 |
|---------------|--------|------|------|--------|------|-------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M50524 CEREAL BWL, Lucky Charms WG

| | | | | | | | | | | | | | | | | | | | | | | | | |
|---------------|--------|------|------|--------|------|------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 8.00 @ 1 bowl | 110.00 | 0.00 | 0.00 | 180.00 | 1.00 | 8.18 | 23.00 | 2.00 | 0.00 | 2.00 | -* | 500.01 | -* | -* | -* | 6.00 | -* | -* | -* | -* | -* | 100.00 | -* | 4.50 |
|---------------|--------|------|------|--------|------|------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M51237 BRD: BREAD WG, Tst Marg 1sl

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------|--------|------|-------|--------|------|-------|-------|------|------|------|-------|------|----|----|----|------|----|----|----|----|----|------|----|------|
| 8.00 @ 1 slice | 110.00 | 1.33 | 10.91 | 160.00 | 4.33 | 35.45 | 15.00 | 3.00 | 0.00 | 1.00 | 1.33* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 1.08 |
|----------------|--------|------|-------|--------|------|-------|-------|------|------|------|-------|------|----|----|----|------|----|----|----|----|----|------|----|------|

M52726 BRD: BAR, Cereal FrtyCh WG IW

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------|--------|------|------|-------|------|-------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 12.00 @ 1 each | 150.00 | 0.50 | 3.00 | 95.00 | 3.50 | 21.00 | 29.00 | 3.00 | 0.00 | 3.00 | -* | 200.00 | -* | -* | -* | 1.20 | -* | -* | -* | -* | -* | 200.00 | -* | 1.80 |
|----------------|--------|------|------|-------|------|-------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M50536 FRUIT: APPLE, 138ct 1/8wg 1/2c

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-----------------|-------|------|------|------|------|------|------|------|------|------|-------|-------|------|------|------|------|------|------|------|------|------|------|------|------|
| 14.00 @ 4 wedge | 31.53 | 0.02 | 0.50 | 2.39 | 0.10 | 2.95 | 8.40 | 0.17 | 0.00 | 1.45 | 67.15 | 33.13 | 0.00 | 0.11 | 1.32 | 3.11 | 0.01 | 0.02 | 0.06 | 0.03 | 0.00 | 5.02 | 6.81 | 0.07 |
|-----------------|-------|------|------|------|------|------|------|------|------|------|-------|-------|------|------|------|------|------|------|------|------|------|------|------|------|

M50982 JUICE SS, ORANGE 100% 4 FLOZ

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------|-------|------|------|-------|------|------|-------|------|------|------|----|------|----|----|----|-------|----|----|----|----|----|------|----|------|
| 14.00 @ 1 each | 51.44 | 0.00 | 0.00 | 15.43 | 0.00 | 0.00 | 12.35 | 1.03 | 0.00 | 0.00 | -* | 0.00 | -* | -* | -* | 43.21 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
|----------------|-------|------|------|-------|------|------|-------|------|------|------|----|------|----|----|----|-------|----|----|----|----|----|------|----|------|

M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50

| | | | | | | | | | | | | | | | | | | | | | | | | |
|------------------|--------|------|-------|--------|------|-------|-------|------|-------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 10.00 @ 1 carton | 110.00 | 1.50 | 12.28 | 130.00 | 2.50 | 20.46 | 13.00 | 8.00 | 10.00 | 0.00 | -* | 500.00 | -* | -* | -* | 2.40 | -* | -* | -* | -* | -* | 300.00 | -* | 0.00 |
|------------------|--------|------|-------|--------|------|-------|-------|------|-------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50

| | | | | | | | | | | | | | | | | | | | | | | | | |
|------------------|--------|------|------|--------|------|------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 15.00 @ 1 carton | 120.00 | 0.00 | 0.00 | 180.00 | 0.00 | 0.00 | 20.00 | 8.00 | 5.00 | 0.00 | -* | 500.00 | -* | -* | -* | 1.20 | -* | -* | -* | -* | -* | 300.00 | -* | 0.00 |
|------------------|--------|------|------|--------|------|------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

* Some values for this nutrient are unavailable; the number listed is incomplete.

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DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Bluebonnet ES

Service Area: Bluebonnet - K-5 - OVS

Menu Name: Bluebonnet ES: 2018 ES Menu w/ESD - cycle 5 - week 2

Avg.Method: Balanced

M53222 COND PC Margarine 5g

| | | | | | | | | | | | | | | | | | | | | | | | | | |
|---------------|-------|------|-------|-------|------|-------|------|------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|------|----|------|
| 5.00 @ 1 each | 30.00 | 1.00 | 30.00 | 30.00 | 3.00 | 90.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | -* | 500.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
|---------------|-------|------|-------|-------|------|-------|------|------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|------|----|------|

M53221 COND PC Jelly, Grape Smucker

| | | | | | | | | | | | | | | | | | | | | | | | | | |
|---------------|-------|------|------|------|------|------|------|------|------|------|------|------|------|----|----|----|------|----|----|----|----|----|------|----|------|
| 5.00 @ 1 each | 35.00 | 0.00 | 0.00 | 5.00 | 0.00 | 0.00 | 9.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
|---------------|-------|------|------|------|------|------|------|------|------|------|------|------|------|----|----|----|------|----|----|----|----|----|------|----|------|

M50056 COND PC Sauce, Taco 9g

| | | | | | | | | | | | | | | | | | | | | | | | | | |
|---------------|------|------|------|-------|------|------|------|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|
| 5.00 @ 1 each | 5.00 | 0.00 | 0.00 | 55.00 | 0.00 | 0.00 | 1.00 | 0.00 | 0.00 | 0.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
|---------------|------|------|------|-------|------|------|------|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|

M50058 COND PC Syrup 1.4oz Smuckers

| | | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------|--------|------|------|-------|------|------|-------|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|
| 12.00 @ 1 each | 110.00 | 0.00 | 0.00 | 25.00 | 0.00 | 0.00 | 29.00 | 0.00 | 0.00 | 0.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
|----------------|--------|------|------|-------|------|------|-------|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------|--------|------|------|-------|-------|-------|--------|-------|-------|------|--------|---------|----|------|------|-------|------|------|------|------|----|--------|-------|-----|
| Average | 689.14 | 5.23 | 6.83 | 820.3 | 16.04 | 20.95 | 121.77 | 19.06 | 35.67 | 7.51 | 39.62* | 1427.76 | 0* | .07* | .77* | 36.97 | .01* | .01* | .03* | .01* | 0* | 673.37 | 3.97* | 9.3 |
|----------------|--------|------|------|-------|-------|-------|--------|-------|-------|------|--------|---------|----|------|------|-------|------|------|------|------|----|--------|-------|-----|

* Some values for this nutrient are unavailable; the number listed is incomplete.

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DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Bluebonnet ES

Service Area: Bluebonnet - K-5 - OVS

Menu Name: Bluebonnet ES: 2018 ES Menu w/ESD - cycle 5 - week 2

Avg.Method: Balanced

Age Group: Lunch Grades K-5 **Period:** Lunch **Week:** 2 **Day:** Thursday **Count Type:** Forecasted **Total No. of Customers:** 218

| Weekly Std. | SFA | | Na (mg) | Fat | | CHO (g) | Pro (g) | Chol (mg) | Fiber (g) | K (mg) | Vit A (IU) | Vit D (IU) | Vit E (mg) | Vit K (mcg) | Vit C (mg) | Vit B1 (mg) | Vit B2 (mg) | Vit B3 (mg) | Vit B6 (mg) | Vit B12 (mcg) | Ca (mg) | P (mg) | Fe (mg) |
|---------------|-----|-------|---------|----------|-----|---------|---------|-----------|-----------|--------|------------|------------|------------|-------------|------------|-------------|-------------|-------------|-------------|---------------|---------|--------|---------|
| | CAL | (g) | | % of CAL | (g) | | | | | | | | | | | | | | | | | | |
| 550.00-650.00 | | 10.00 | 1230.00 | | | | | | | | | | | | | | | | | | 0.00 | | |

M52963 CHIX Popcorn, AP WG 2.0

| | | | | | | | | | | | | | | | | | | | | | | | | |
|--------------------|--------|------|------|--------|-------|-------|-------|-------|-------|------|----|--------|----|----|----|------|----|----|----|----|----|-------|----|------|
| 160.00 @ 1 serving | 250.19 | 2.72 | 9.78 | 380.72 | 14.14 | 50.87 | 15.23 | 15.23 | 21.76 | 3.26 | -* | 108.78 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 43.51 | -* | 1.96 |
|--------------------|--------|------|------|--------|-------|-------|-------|-------|-------|------|----|--------|----|----|----|------|----|----|----|----|----|-------|----|------|

M54555 NACHOS BFGD RND SC 2.0 (2BG)

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------|--------|------|-------|--------|-------|-------|-------|-------|-------|------|---------|--------|-------|-------|-------|------|-------|-------|-------|-------|-------|-------|---------|------|
| 90.00 @ 1 each | 450.53 | 8.75 | 17.47 | 674.18 | 23.64 | 47.22 | 37.03 | 21.03 | 60.38 | 3.45 | 195.67* | 194.00 | 0.91* | 0.13* | 0.97* | 2.48 | 0.02* | 0.09* | 2.90* | 0.20* | 1.27* | 62.58 | 110.82* | 2.41 |
|----------------|--------|------|-------|--------|-------|-------|-------|-------|-------|------|---------|--------|-------|-------|-------|------|-------|-------|-------|-------|-------|-------|---------|------|

M51544 SALAD, ChixPop CH SC W 2.0

| | | | | | | | | | | | | | | | | | | | | | | | | |
|---------------|--------|------|-------|--------|-------|-------|-------|-------|-------|------|---------|---------|-------|-------|--------|------|-------|-------|-------|-------|-------|--------|--------|------|
| 6.00 @ 1 each | 256.64 | 5.07 | 17.77 | 393.81 | 15.30 | 53.66 | 14.81 | 15.66 | 31.38 | 3.71 | 146.57* | 5198.94 | 0.00* | 0.12* | 43.60* | 7.46 | 0.04* | 0.04* | 0.25* | 0.06* | 0.00* | 153.61 | 17.48* | 2.04 |
|---------------|--------|------|-------|--------|-------|-------|-------|-------|-------|------|---------|---------|-------|-------|--------|------|-------|-------|-------|-------|-------|--------|--------|------|

M51680 BRD: ROLL DG, WG 2.5oz

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-----------------|--------|------|------|--------|------|-------|-------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|-------|----|------|
| 160.00 @ 1 each | 170.00 | 0.50 | 2.65 | 135.00 | 3.00 | 15.88 | 28.00 | 7.00 | 0.00 | 3.40 | -* | 0.01 | -* | -* | -* | 0.01 | -* | -* | -* | -* | -* | 12.70 | -* | 0.85 |
|-----------------|--------|------|------|--------|------|-------|-------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|-------|----|------|

M53348 SDW BD, Tuna Salad WG 2.0

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-------------------|--------|------|------|--------|------|-------|-------|-------|-------|------|--------|-------|-------|-------|-------|------|-------|-------|-------|-------|-------|------|-------|------|
| 5.00 @ 1 sandwich | 267.46 | 0.64 | 2.15 | 639.54 | 6.94 | 23.36 | 31.82 | 21.27 | 36.61 | 2.26 | 39.57* | 64.61 | 0.00* | 0.04* | 4.32* | 0.62 | 0.00* | 0.01* | 0.05* | 0.01* | 0.00* | 6.24 | 3.67* | 2.56 |
|-------------------|--------|------|------|--------|------|-------|-------|-------|-------|------|--------|-------|-------|-------|-------|------|-------|-------|-------|-------|-------|------|-------|------|

M53347 SDW BD, SB WG 2.0

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-------------------|--------|------|------|--------|-------|-------|-------|-------|------|------|---------|------|-------|----|----|------|----|----|----|----|----|-------|----|------|
| 2.00 @ 1 sandwich | 558.71 | 3.99 | 6.42 | 579.16 | 35.89 | 57.81 | 43.95 | 19.95 | 0.00 | 5.99 | 378.78* | 0.00 | 0.00* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 59.81 | -* | 5.35 |
|-------------------|--------|------|------|--------|-------|-------|-------|-------|------|------|---------|------|-------|----|----|------|----|----|----|----|----|-------|----|------|

M53965 VEG: BEANS, Pinto CampChpt1/2c

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-----------------|--------|------|------|--------|------|------|-------|------|------|------|--------|--------|-------|-------|-------|------|-------|-------|-------|-------|-------|-------|-------|------|
| 30.00 @ 1/2 cup | 169.81 | 0.18 | 0.96 | 273.86 | 0.98 | 5.19 | 34.27 | 6.51 | 1.18 | 5.37 | 25.42* | 613.36 | 0.00* | 0.18* | 0.68* | 3.41 | 0.01* | 0.01* | 0.07* | 0.03* | 0.00* | 68.80 | 4.80* | 2.15 |
|-----------------|--------|------|------|--------|------|------|-------|------|------|------|--------|--------|-------|-------|-------|------|-------|-------|-------|-------|-------|-------|-------|------|

M52770 VEG: CELERY, Sticks 1/2c

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-----------------|------|------|------|-------|------|------|------|------|------|------|--------|--------|------|------|-------|------|------|------|------|------|------|-------|-------|------|
| 54.00 @ 1/2 cup | 9.92 | 0.03 | 2.36 | 49.61 | 0.11 | 9.56 | 1.84 | 0.43 | 0.00 | 0.99 | 161.23 | 278.43 | 0.00 | 0.17 | 18.17 | 1.92 | 0.01 | 0.04 | 0.20 | 0.05 | 0.00 | 24.80 | 14.88 | 0.12 |
|-----------------|------|------|------|-------|------|------|------|------|------|------|--------|--------|------|------|-------|------|------|------|------|------|------|-------|-------|------|

M50534 FRUIT: ORANGE 138ct 1/8wg 1/2c

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-----------------|-------|------|------|------|------|------|-------|------|------|------|--------|--------|------|------|------|-------|------|------|------|------|------|-------|-------|------|
| 84.00 @ 8 wedge | 46.96 | 0.01 | 0.29 | 0.00 | 0.12 | 2.30 | 11.74 | 0.94 | 0.00 | 2.40 | 180.86 | 224.82 | 0.00 | 0.18 | 0.00 | 53.16 | 0.09 | 0.04 | 0.28 | 0.06 | 0.00 | 39.97 | 13.99 | 0.10 |
|-----------------|-------|------|------|------|------|------|-------|------|------|------|--------|--------|------|------|------|-------|------|------|------|------|------|-------|-------|------|

M53549 FRUIT: APPLESAUCE,Unswt AP1/2c

| | | | | | | | | | | | | | | | | | | | | | | | | |
|------------------|-------|------|------|-------|------|------|-------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|
| 140.00 @ 1/2 cup | 52.77 | 0.00 | 0.00 | 10.55 | 0.00 | 0.00 | 13.72 | 0.00 | 0.00 | 2.11 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
|------------------|-------|------|------|-------|------|------|-------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|

M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50

| | | | | | | | | | | | | | | | | | | | | | | | | |
|------------------|--------|------|-------|--------|------|-------|-------|------|-------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 50.00 @ 1 carton | 110.00 | 1.50 | 12.28 | 130.00 | 2.50 | 20.46 | 13.00 | 8.00 | 10.00 | 0.00 | -* | 500.00 | -* | -* | -* | 2.40 | -* | -* | -* | -* | -* | 300.00 | -* | 0.00 |
|------------------|--------|------|-------|--------|------|-------|-------|------|-------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-------------------|--------|------|------|--------|------|------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 150.00 @ 1 carton | 120.00 | 0.00 | 0.00 | 180.00 | 0.00 | 0.00 | 20.00 | 8.00 | 5.00 | 0.00 | -* | 500.00 | -* | -* | -* | 1.20 | -* | -* | -* | -* | -* | 300.00 | -* | 0.00 |
|-------------------|--------|------|------|--------|------|------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

* Some values for this nutrient are unavailable; the number listed is incomplete.

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DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Bluebonnet ES

Service Area: Bluebonnet - K-5 - OVS

Menu Name: Bluebonnet ES: 2018 ES Menu w/ESD - cycle 5 - week 2

Avg.Method: Balanced

M53222 COND PC Margarine 5g

| | | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------|-------|------|-------|-------|------|-------|------|------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|------|----|------|
| 80.00 @ 1 each | 30.00 | 1.00 | 30.00 | 30.00 | 3.00 | 90.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | -* | 500.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
|----------------|-------|------|-------|-------|------|-------|------|------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|------|----|------|

M50855 COND PC Ketchup 9g Heinz

| | | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------|-------|------|------|-------|------|------|------|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|
| 90.00 @ 1 each | 10.00 | 0.00 | 0.00 | 85.00 | 0.00 | 0.00 | 3.00 | 0.00 | 0.00 | 0.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
|----------------|-------|------|------|-------|------|------|------|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|

M50055 COND PC Mayonnaise 12g

| | | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------|-------|------|-------|-------|------|-------|------|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|
| 45.00 @ 1 each | 80.00 | 1.50 | 16.87 | 75.00 | 8.00 | 90.00 | 1.00 | 0.00 | 5.00 | 0.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
|----------------|-------|------|-------|-------|------|-------|------|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|

M50624 COND PC Drsg Ranch 12g

| | | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------|-------|------|------|--------|------|-------|------|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|
| 30.00 @ 1 each | 50.00 | 0.00 | 0.00 | 100.00 | 5.00 | 90.00 | 1.00 | 0.00 | 5.00 | 0.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
|----------------|-------|------|------|--------|------|-------|------|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|

M50287 COND PC Sauce, BBQ 12g

| | | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------|-------|------|------|--------|------|------|------|------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|------|----|------|
| 10.00 @ 1 each | 15.00 | 0.00 | 0.00 | 160.00 | 0.00 | 0.00 | 4.00 | 0.00 | 0.00 | 0.00 | 0.00 | -* | 100.00 | -* | -* | -* | 0.60 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
|----------------|-------|------|------|--------|------|------|------|------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|------|----|------|

M50407 COND_Salsa, AP 1/8c

| | | | | | | | | | | | | | | | | | | | | | | | | | |
|-----------------|-------|------|------|--------|------|------|------|------|------|------|------|------|--------|----|----|----|------|----|----|----|----|----|------|----|------|
| 40.00 @ 1/8 cup | 10.25 | 0.00 | 0.00 | 174.23 | 0.00 | 0.00 | 2.05 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 102.49 | -* | -* | -* | 3.69 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
|-----------------|-------|------|------|--------|------|------|------|------|------|------|------|------|--------|----|----|----|------|----|----|----|----|----|------|----|------|

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------|--------|------|------|---------|-------|-------|-------|------|-------|------|---------|---------|------|------|------|-------|------|------|-------|------|------|--------|--------|------|
| Average | 739.43 | 7.22 | 8.79 | 1012.74 | 27.47 | 33.44 | 85.95 | 34.8 | 50.21 | 9.79 | 202.32* | 1210.11 | .37* | .19* | 6.3* | 24.76 | .05* | .06* | 1.37* | .12* | .52* | 378.26 | 56.06* | 3.58 |
|----------------|--------|------|------|---------|-------|-------|-------|------|-------|------|---------|---------|------|------|------|-------|------|------|-------|------|------|--------|--------|------|

* Some values for this nutrient are unavailable; the number listed is incomplete.

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DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Bluebonnet ES

Service Area: Bluebonnet - K-5 - OVS

Menu Name: Bluebonnet ES: 2018 ES Menu w/ESD - cycle 5 - week 2

Avg.Method: Balanced

Age Group: Brkfst Grades K-5 **Period:** Breakfast **Week:** 2 **Day:** Friday **Count Type:** Forecasted **Total No. of Customers:** 19

| Weekly Std. | SFA | | Na (mg) | Fat | | CHO (g) | Pro (g) | Chol (mg) | Fiber (g) | K (mg) | Vit A (IU) | Vit D (IU) | Vit E (mg) | Vit K (mcg) | Vit C (mg) | Vit B1 (mg) | Vit B2 (mg) | Vit B3 (mg) | Vit B6 (mg) | Vit B12 (mcg) | Ca (mg) | P (mg) | Fe (mg) | |
|-------------|---------------|-----|---------|----------|-----|---------|---------|-----------|-----------|--------|------------|------------|------------|-------------|------------|-------------|-------------|-------------|-------------|---------------|---------|--------|---------|----------|
| | CAL | (g) | | % of CAL | (g) | | | | | | | | | | | | | | | | | | | % of CAL |
| | 350.00-500.00 | | 10.00 | 540.00 | | | | | | | | | | | | | | | | | | 300.00 | | |

M66453 BRD: CRESCENT AP, FILLED GRAPE WG IW

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-----------------|--------|------|------|--------|------|-------|-------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|-------|----|------|
| 10.00 @ 1 pouch | 210.00 | 1.00 | 4.28 | 260.00 | 6.00 | 25.71 | 35.00 | 5.00 | 0.00 | 2.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 20.00 | -* | 1.08 |
|-----------------|--------|------|------|--------|------|-------|-------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|-------|----|------|

M50658 EGG: Scrambled Saus CH SS 2.0

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------------|--------|------|-------|--------|------|-------|------|------|--------|------|-------|--------|----|----|----|------|----|----|----|----|----|-------|----|------|
| 8.00 @ 1 No 16 Scoop | 111.77 | 3.73 | 30.05 | 176.65 | 8.45 | 68.05 | 1.36 | 7.69 | 165.62 | 0.00 | 0.00* | 267.82 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 95.01 | -* | 0.80 |
|----------------------|--------|------|-------|--------|------|-------|------|------|--------|------|-------|--------|----|----|----|------|----|----|----|----|----|-------|----|------|

M51237 BRD: BREAD WG, Tst Marg 1sl

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------|--------|------|-------|--------|------|-------|-------|------|------|------|-------|------|----|----|----|------|----|----|----|----|----|------|----|------|
| 8.00 @ 1 slice | 110.00 | 1.33 | 10.91 | 160.00 | 4.33 | 35.45 | 15.00 | 3.00 | 0.00 | 1.00 | 1.33* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 1.08 |
|----------------|--------|------|-------|--------|------|-------|-------|------|------|------|-------|------|----|----|----|------|----|----|----|----|----|------|----|------|

M50439 CEREAL BWL, Cheerios WG

| | | | | | | | | | | | | | | | | | | | | | | | | |
|---------------|--------|------|------|--------|------|-------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 4.00 @ 1 bowl | 100.00 | 0.50 | 4.50 | 140.00 | 2.00 | 18.00 | 20.00 | 3.00 | 0.00 | 3.00 | -* | 500.01 | -* | -* | -* | 6.00 | -* | -* | -* | -* | -* | 100.00 | -* | 8.10 |
|---------------|--------|------|------|--------|------|-------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M50208 CEREAL BWL, CinnTstCrnch RS WG

| | | | | | | | | | | | | | | | | | | | | | | | | |
|---------------|--------|------|------|--------|------|-------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 8.00 @ 1 bowl | 110.00 | 0.50 | 4.09 | 160.00 | 3.00 | 24.54 | 22.00 | 1.00 | 0.00 | 3.00 | -* | 400.01 | -* | -* | -* | 4.80 | -* | -* | -* | -* | -* | 200.01 | -* | 3.60 |
|---------------|--------|------|------|--------|------|-------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M50442 CEREAL BWL, Cocoa Puffs RS WG

| | | | | | | | | | | | | | | | | | | | | | | | | |
|---------------|--------|------|------|--------|------|-------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 4.00 @ 1 bowl | 110.05 | 0.00 | 0.00 | 160.08 | 1.50 | 12.27 | 25.01 | 2.00 | 0.00 | 2.00 | -* | 500.25 | -* | -* | -* | 6.00 | -* | -* | -* | -* | -* | 100.05 | -* | 4.50 |
|---------------|--------|------|------|--------|------|-------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M50524 CEREAL BWL, Lucky Charms WG

| | | | | | | | | | | | | | | | | | | | | | | | | |
|---------------|--------|------|------|--------|------|------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 8.00 @ 1 bowl | 110.00 | 0.00 | 0.00 | 180.00 | 1.00 | 8.18 | 23.00 | 2.00 | 0.00 | 2.00 | -* | 500.01 | -* | -* | -* | 6.00 | -* | -* | -* | -* | -* | 100.00 | -* | 4.50 |
|---------------|--------|------|------|--------|------|------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M51237 BRD: BREAD WG, Tst Marg 1sl

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------|--------|------|-------|--------|------|-------|-------|------|------|------|-------|------|----|----|----|------|----|----|----|----|----|------|----|------|
| 8.00 @ 1 slice | 110.00 | 1.33 | 10.91 | 160.00 | 4.33 | 35.45 | 15.00 | 3.00 | 0.00 | 1.00 | 1.33* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 1.08 |
|----------------|--------|------|-------|--------|------|-------|-------|------|------|------|-------|------|----|----|----|------|----|----|----|----|----|------|----|------|

M52728 BRD: BAR, Cereal TeamCh WG IW

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------|--------|------|------|-------|------|-------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 11.00 @ 1 each | 150.00 | 0.50 | 3.00 | 85.00 | 3.50 | 21.00 | 30.00 | 2.00 | 0.00 | 3.00 | -* | 100.00 | -* | -* | -* | 1.20 | -* | -* | -* | -* | -* | 200.00 | -* | 4.50 |
|----------------|--------|------|------|-------|------|-------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M50534 FRUIT: ORANGE 138ct 1/8wg 1/2c

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-----------------|-------|------|------|------|------|------|-------|------|------|------|--------|--------|------|------|------|-------|------|------|------|------|------|-------|-------|------|
| 14.00 @ 8 wedge | 46.96 | 0.01 | 0.29 | 0.00 | 0.12 | 2.30 | 11.74 | 0.94 | 0.00 | 2.40 | 180.86 | 224.82 | 0.00 | 0.18 | 0.00 | 53.16 | 0.09 | 0.04 | 0.28 | 0.06 | 0.00 | 39.97 | 13.99 | 0.10 |
|-----------------|-------|------|------|------|------|------|-------|------|------|------|--------|--------|------|------|------|-------|------|------|------|------|------|-------|-------|------|

M53549 FRUIT: APPLESAUCE,Unswt AP1/2c

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-----------------|-------|------|------|-------|------|------|-------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|
| 14.00 @ 1/2 cup | 52.77 | 0.00 | 0.00 | 10.55 | 0.00 | 0.00 | 13.72 | 0.00 | 0.00 | 2.11 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
|-----------------|-------|------|------|-------|------|------|-------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|

M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50

* Some values for this nutrient are unavailable; the number listed is incomplete.

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DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Bluebonnet ES

Service Area: Bluebonnet - K-5 - OVS

Menu Name: Bluebonnet ES: 2018 ES Menu w/ESD - cycle 5 - week 2

Avg.Method: Balanced

| | | | | | | | | | | | | | | | | | | | | | | | | |
|---|--------|------|-------|--------|-------|-------|--------|-------|-------|-------|---------|---------|----|------|----|-------|------|------|------|------|----|--------|--------|-------|
| 10.00 @ 1 carton | 110.00 | 1.50 | 12.28 | 130.00 | 2.50 | 20.46 | 13.00 | 8.00 | 10.00 | 0.00 | -* | 500.00 | -* | -* | -* | 2.40 | -* | -* | -* | -* | -* | 300.00 | -* | 0.00 |
| M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50 | | | | | | | | | | | | | | | | | | | | | | | | |
| 15.00 @ 1 carton | 120.00 | 0.00 | 0.00 | 180.00 | 0.00 | 0.00 | 20.00 | 8.00 | 5.00 | 0.00 | -* | 500.00 | -* | -* | -* | 1.20 | -* | -* | -* | -* | -* | 300.00 | -* | 0.00 |
| M53222 COND PC Margarine 5g | | | | | | | | | | | | | | | | | | | | | | | | |
| 5.00 @ 1 each | 30.00 | 1.00 | 30.00 | 30.00 | 3.00 | 90.00 | 0.00 | 0.00 | 0.00 | 0.00 | -* | 500.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
| M53221 COND PC Jelly, Grape Smucker | | | | | | | | | | | | | | | | | | | | | | | | |
| 5.00 @ 1 each | 35.00 | 0.00 | 0.00 | 5.00 | 0.00 | 0.00 | 9.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
| M50056 COND PC Sauce, Taco 9g | | | | | | | | | | | | | | | | | | | | | | | | |
| 5.00 @ 1 each | 5.00 | 0.00 | 0.00 | 55.00 | 0.00 | 0.00 | 1.00 | 0.00 | 0.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
| M50058 COND PC Syrup 1.4oz Smuckers | | | | | | | | | | | | | | | | | | | | | | | | |
| 5.00 @ 1 each | 110.00 | 0.00 | 0.00 | 25.00 | 0.00 | 0.00 | 29.00 | 0.00 | 0.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
| Average | 747.41 | 4.89 | 5.89 | 850.07 | 17.01 | 20.48 | 129.07 | 23.09 | 78.94 | 10.11 | 134.39* | 1715.34 | 0* | .13* | 0* | 49.15 | .06* | .03* | .21* | .04* | 0* | 758.95 | 10.31* | 10.56 |

* Some values for this nutrient are unavailable; the number listed is incomplete.

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DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Bluebonnet ES

Service Area: Bluebonnet - K-5 - OVS

Menu Name: Bluebonnet ES: 2018 ES Menu w/ESD - cycle 5 - week 2

Avg.Method: Balanced

Age Group: Lunch Grades K-5 **Period:** Lunch **Week:** 2 **Day:** Friday **Count Type:** Forecasted **Total No. of Customers:** 246

| Weekly Std. | SFA | | Na (mg) | Fat | | CHO (g) | Pro (g) | Chol (mg) | Fiber (g) | K (mg) | Vit A (IU) | Vit D (IU) | Vit E (mg) | Vit K (mcg) | Vit C (mg) | Vit B1 (mg) | Vit B2 (mg) | Vit B3 (mg) | Vit B6 (mg) | Vit B12 (mcg) | Ca (mg) | P (mg) | Fe (mg) |
|---------------|-----|-----|---------|----------|-----|---------|---------|-----------|-----------|--------|------------|------------|------------|-------------|------------|-------------|-------------|-------------|-------------|---------------|---------|--------|---------|
| | CAL | (g) | | % of CAL | (g) | | | | | | | | | | | | | | | | | | |
| 550.00-650.00 | | | 1230.00 | | | | | | | | | | | | | | | | | | 0.00 | | |

M51578 PIZZA 16" CHZ WG 2.0

| | | | | | | | | | | | | | | | | | | | | | | | | |
|------------------|--------|------|-------|--------|-------|-------|-------|-------|-------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 155.00 @ 1/8 cut | 351.26 | 7.50 | 19.22 | 810.04 | 15.50 | 39.72 | 30.88 | 19.38 | 30.00 | 3.25 | -* | 403.18 | -* | -* | -* | 0.90 | -* | -* | -* | -* | -* | 419.72 | -* | 1.13 |
|------------------|--------|------|-------|--------|-------|-------|-------|-------|-------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M53000 PIZZA 16" Pepperoni WG 2.0

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-----------------|--------|------|-------|--------|-------|-------|-------|-------|-------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 70.00 @ 1/8 cut | 388.76 | 9.00 | 20.84 | 937.54 | 19.00 | 43.99 | 31.13 | 20.88 | 37.50 | 3.25 | -* | 403.18 | -* | -* | -* | 0.90 | -* | -* | -* | -* | -* | 419.72 | -* | 1.22 |
|-----------------|--------|------|-------|--------|-------|-------|-------|-------|-------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M53948 SALAD, CHIXDCD CAES SCSC 2.0

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------|--------|------|-------|--------|------|-------|-------|-------|-------|------|---------|---------|-------|-------|--------|------|-------|-------|-------|-------|-------|--------|--------|------|
| 10.00 @ 1 each | 198.58 | 3.33 | 15.09 | 353.19 | 8.44 | 38.26 | 10.97 | 18.44 | 44.38 | 1.41 | 110.31* | 3353.95 | 0.00* | 0.09* | 38.85* | 1.51 | 0.03* | 0.03* | 0.13* | 0.03* | 0.00* | 173.87 | 12.28* | 1.64 |
|----------------|--------|------|-------|--------|------|-------|-------|-------|-------|------|---------|---------|-------|-------|--------|------|-------|-------|-------|-------|-------|--------|--------|------|

M53360 COND_DRESSING, CAESAR CREAMY (KEN'S ESSENTIALS)

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------------|-------|------|-------|--------|------|-------|------|------|------|------|----|-------|----|----|----|------|----|----|----|----|----|-------|----|------|
| 10.00 @ 1 tablespoon | 75.00 | 1.25 | 15.00 | 135.00 | 8.00 | 96.00 | 0.50 | 0.50 | 0.00 | 0.00 | -* | 50.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 10.00 | -* | 0.00 |
|----------------------|-------|------|-------|--------|------|-------|------|------|------|------|----|-------|----|----|----|------|----|----|----|----|----|-------|----|------|

M55313 BRD: BRDSTK DG, RIPSTK 2EA (2BG)

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------|--------|------|------|--------|------|-------|-------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|-------|----|------|
| 10.00 @ 2 each | 160.00 | 0.00 | 0.00 | 200.00 | 2.00 | 11.25 | 28.00 | 6.00 | 0.00 | 3.08 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 14.80 | -* | 1.46 |
|----------------|--------|------|------|--------|------|-------|-------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|-------|----|------|

M50962 SDW BD, SBJ WG 2.0

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-------------------|--------|------|------|--------|-------|-------|-------|-------|------|------|---------|------|-------|----|----|------|----|----|----|----|----|-------|----|------|
| 5.00 @ 1 sandwich | 658.38 | 3.99 | 5.45 | 579.16 | 35.89 | 49.06 | 69.87 | 19.95 | 0.00 | 5.99 | 378.78* | 0.00 | 0.00* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 59.81 | -* | 5.35 |
|-------------------|--------|------|------|--------|-------|-------|-------|-------|------|------|---------|------|-------|----|----|------|----|----|----|----|----|-------|----|------|

M53347 SDW BD, SB WG 2.0

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-------------------|--------|------|------|--------|-------|-------|-------|-------|------|------|---------|------|-------|----|----|------|----|----|----|----|----|-------|----|------|
| 1.00 @ 1 sandwich | 558.71 | 3.99 | 6.42 | 579.16 | 35.89 | 57.81 | 43.95 | 19.95 | 0.00 | 5.99 | 378.78* | 0.00 | 0.00* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 59.81 | -* | 5.35 |
|-------------------|--------|------|------|--------|-------|-------|-------|-------|------|------|---------|------|-------|----|----|------|----|----|----|----|----|-------|----|------|

M50187 VEG: BROCCOLI, Frz Chpd 1/2c

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-----------------|-------|------|------|------|------|------|------|------|------|------|--------|--------|------|------|-------|-------|------|------|------|------|------|-------|-------|------|
| 25.00 @ 1/2 cup | 24.11 | 0.02 | 0.58 | 9.47 | 0.10 | 3.86 | 4.61 | 2.67 | 0.00 | 2.58 | 122.27 | 870.53 | 0.00 | 1.14 | 75.86 | 34.53 | 0.05 | 0.07 | 0.39 | 0.11 | 0.00 | 28.42 | 42.19 | 0.53 |
|-----------------|-------|------|------|------|------|------|------|------|------|------|--------|--------|------|------|-------|-------|------|------|------|------|------|-------|-------|------|

M52815 VEG: PEPPERS, Red Strips1/2c

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-----------------|-------|------|------|------|------|------|------|------|------|------|--------|---------|------|------|------|-------|------|------|------|------|------|------|-------|------|
| 25.00 @ 1/2 cup | 15.56 | 0.01 | 0.78 | 2.01 | 0.15 | 8.71 | 3.03 | 0.50 | 0.00 | 1.05 | 105.92 | 1571.73 | 0.00 | 0.79 | 2.46 | 64.10 | 0.03 | 0.04 | 0.49 | 0.15 | 0.00 | 3.51 | 13.05 | 0.22 |
|-----------------|-------|------|------|------|------|------|------|------|------|------|--------|---------|------|------|------|-------|------|------|------|------|------|------|-------|------|

M50543 FRUIT: BANANA (100-120ct) Whl

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------|-------|------|------|------|------|------|-------|------|------|------|--------|-------|------|------|------|------|------|------|------|------|------|------|-------|------|
| 80.00 @ 1 each | 93.95 | 0.12 | 1.13 | 1.06 | 0.35 | 3.34 | 24.11 | 1.15 | 0.00 | 2.74 | 377.91 | 67.56 | 0.00 | 0.11 | 0.53 | 9.18 | 0.03 | 0.08 | 0.70 | 0.39 | 0.00 | 5.28 | 23.22 | 0.27 |
|----------------|-------|------|------|------|------|------|-------|------|------|------|--------|-------|------|------|------|------|------|------|------|------|------|------|-------|------|

M50982 JUICE SS, ORANGE 100% 4 FLOZ

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-----------------|-------|------|------|-------|------|------|-------|------|------|------|----|------|----|----|----|-------|----|----|----|----|----|------|----|------|
| 165.00 @ 1 each | 51.44 | 0.00 | 0.00 | 15.43 | 0.00 | 0.00 | 12.35 | 1.03 | 0.00 | 0.00 | -* | 0.00 | -* | -* | -* | 43.21 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
|-----------------|-------|------|------|-------|------|------|-------|------|------|------|----|------|----|----|----|-------|----|----|----|----|----|------|----|------|

M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50

* Some values for this nutrient are unavailable; the number listed is incomplete.

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DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Bluebonnet ES

Service Area: Bluebonnet - K-5 - OVS

Menu Name: Bluebonnet ES: 2018 ES Menu w/ESD - cycle 5 - week 2

Avg.Method: Balanced

| | | | | | | | | | | | | | | | | | | | | | | | | |
|---|--------|------|-------|---------|-------|-------|-------|-------|-------|------|---------|----------|----|------|-------|--------|------|------|------|------|----|--------|--------|------|
| 50.00 @ 1 carton | 110.00 | 1.50 | 12.28 | 130.00 | 2.50 | 20.46 | 13.00 | 8.00 | 10.00 | 0.00 | -* | 500.00 | -* | -* | -* | 2.40 | -* | -* | -* | -* | -* | 300.00 | -* | 0.00 |
| M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50 | | | | | | | | | | | | | | | | | | | | | | | | |
| 165.00 @ 1 carton | 120.00 | 0.00 | 0.00 | 180.00 | 0.00 | 0.00 | 20.00 | 8.00 | 5.00 | 0.00 | -* | 500.00 | -* | -* | -* | 1.20 | -* | -* | -* | -* | -* | 300.00 | -* | 0.00 |
| M53222 COND PC Margarine 5g | | | | | | | | | | | | | | | | | | | | | | | | |
| 20.00 @ 1 each | 30.00 | 1.00 | 30.00 | 30.00 | 3.00 | 90.00 | 0.00 | 0.00 | 0.00 | 0.00 | -* | 500.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
| M50855 COND PC Ketchup 9g Heinz | | | | | | | | | | | | | | | | | | | | | | | | |
| 20.00 @ 1 each | 10.00 | 0.00 | 0.00 | 85.00 | 0.00 | 0.00 | 3.00 | 0.00 | 0.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
| M50055 COND PC Mayonnaise 12g | | | | | | | | | | | | | | | | | | | | | | | | |
| 20.00 @ 1 each | 80.00 | 1.50 | 16.87 | 75.00 | 8.00 | 90.00 | 1.00 | 0.00 | 5.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
| M50284 COND PC Mustard 6g | | | | | | | | | | | | | | | | | | | | | | | | |
| 20.00 @ 1 each | 0.00 | 0.00 | - | 65.00 | 0.00 | - | 1.00 | 0.00 | 0.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
| M50624 COND PC Drsg Ranch 12g | | | | | | | | | | | | | | | | | | | | | | | | |
| 20.00 @ 1 each | 50.00 | 0.00 | 0.00 | 100.00 | 5.00 | 90.00 | 1.00 | 0.00 | 5.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
| M50287 COND PC Sauce, BBQ 12g | | | | | | | | | | | | | | | | | | | | | | | | |
| 20.00 @ 1 each | 15.00 | 0.00 | 0.00 | 160.00 | 0.00 | 0.00 | 4.00 | 0.00 | 0.00 | 0.00 | -* | 100.00 | -* | -* | -* | 0.60 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
| M51950 FISH, Sticks AP (C) WG2.0(4ea) | | | | | | | | | | | | | | | | | | | | | | | | |
| 30.00 @ 4 each | 170.00 | 1.00 | 5.30 | 260.00 | 6.00 | 31.76 | 18.00 | 11.00 | 35.00 | 1.00 | 170.00 | -* | -* | -* | -* | -* | -* | -* | -* | -* | -* | 0.00 | -* | 1.00 |
| M51680 BRD: ROLL DG, WG 2.5oz | | | | | | | | | | | | | | | | | | | | | | | | |
| 30.00 @ 1 each | 170.00 | 0.50 | 2.65 | 135.00 | 3.00 | 15.88 | 28.00 | 7.00 | 0.00 | 3.40 | -* | 0.01 | -* | -* | -* | 0.01 | -* | -* | -* | -* | -* | 12.70 | -* | 0.85 |
| Average | 593.66 | 8.3 | 12.59 | 1068.33 | 19.84 | 30.08 | 70.89 | 30.22 | 41.84 | 5.1 | 180.54* | 1263.08* | 0* | .23* | 9.71* | 44.22* | .02* | .04* | .32* | .15* | 0* | 662.13 | 13.67* | 1.7 |

* Some values for this nutrient are unavailable; the number listed is incomplete.

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