



# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Forestwood MS

**Service Area:** Forestwood - 6-8 - OVS

**Menu Name:** Forestwood MS 2018 Menu - cycle 5 - week 3

**Avg.Method:** Balanced

**Age Group:** Brkfst Grades K-8      **Period:** Breakfast      **Week:** 3      **Day:** Monday      **Count Type:** Forecasted      **Total No. of Customers:** 15

Weekly Std.	SFA		Na (mg)	Fat		CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)
	CAL	(g)		% of CAL	(g)																		
400.00-500.00			540.00																		0.00		

M50435 CEREAL HOT, Oatmeal (1BG)

3.00 @ 1/2 cup	106.30	0.35	3.00	3.25	2.13	18.00	19.13	3.54	0.00	2.83	1.08*	0.00	0.00*	0.00*	0.00*	0.00	0.00*	0.00*	0.00*	0.00*	0.00*	0.00*	0.00*	3.25	0.00*	1.28
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M50209 COND\_Sugar, Cinnamon

3.00 @ 1 tablespoon	45.52	0.00	0.03	0.15	0.00	0.09	11.83	0.02	0.00	0.21	1.90	1.14	0.00	0.01	0.12	0.01	0.00	0.00	0.01	0.00	0.00	0.01	0.00	0.00	3.99	0.25	0.04
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M50439 CEREAL BWL, Cheerios WG

2.00 @ 1 bowl	100.00	0.50	4.50	140.00	2.00	18.00	20.00	3.00	0.00	3.00	-*	500.01	-*	-*	-*	6.00	-*	-*	-*	-*	-*	-*	-*	100.00	-*	8.10
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M50208 CEREAL BWL, CinnTstCrnch RS WG

2.00 @ 1 bowl	110.00	0.50	4.09	160.00	3.00	24.54	22.00	1.00	0.00	3.00	-*	400.01	-*	-*	-*	4.80	-*	-*	-*	-*	-*	-*	-*	200.01	-*	3.60
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M50442 CEREAL BWL, Cocoa Puffs RS WG

2.00 @ 1 bowl	110.05	0.00	0.00	160.08	1.50	12.27	25.01	2.00	0.00	2.00	-*	500.25	-*	-*	-*	6.00	-*	-*	-*	-*	-*	-*	-*	100.05	-*	4.50
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M50524 CEREAL BWL, Lucky Charms WG

2.00 @ 1 bowl	110.00	0.00	0.00	180.00	1.00	8.18	23.00	2.00	0.00	2.00	-*	500.01	-*	-*	-*	6.00	-*	-*	-*	-*	-*	-*	-*	100.00	-*	4.50
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M52728 BRD: BAR, Cereal TeamCh WG IW

2.00 @ 1 each	150.00	0.50	3.00	85.00	3.50	21.00	30.00	2.00	0.00	3.00	-*	100.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	-*	-*	200.00	-*	4.50
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M52695 CHEESE, MZ STRING 1EA 1.0

2.00 @ 1 stick	60.00	2.00	30.00	200.01	3.00	45.00	1.00	7.00	10.00	0.00	0.00	200.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	-*	-*	200.01	-*	0.00
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M51237 BRD: BREAD WG, Tst Marg 1sl

3.00 @ 1 slice	110.00	1.33	10.91	160.00	4.33	35.45	15.00	3.00	0.00	1.00	1.33*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	-*	-*	0.00	-*	1.08
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M50536 FRUIT: APPLE, 138ct 1/8wg 1/2c

1.00 @ 4 wedge	31.53	0.02	0.50	2.39	0.10	2.95	8.40	0.17	0.00	1.45	67.15	33.13	0.00	0.11	1.32	3.11	0.01	0.02	0.06	0.03	0.00	0.00	5.02	6.81	0.07
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M52271 FRUIT: PEARS, Dice w/Jc 1/2c

6.00 @ 1/2 cup	60.66	0.00	0.00	10.11	0.00	0.00	14.15	0.00	0.00	2.02	80.89	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	-*	-*	0.00	-*	0.00
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M53365 JUICE SS, Grape100% 4oz Cart

\* Some values for this nutrient are unavailable; the number listed is incomplete.

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Forestwood MS

**Service Area:** Forestwood - 6-8 - OVS

**Menu Name:** Forestwood MS 2018 Menu - cycle 5 - week 3

**Avg.Method:** Balanced

6.00 @ 1 each	80.00	0.00	0.00	15.00	0.00	0.00	18.00	1.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50																								
3.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00
M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50																								
15.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00
M53222 COND PC Margarine 5g																								
10.00 @ 1 each	30.00	1.00	30.00	30.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	500.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M53221 COND PC Jelly, Grape Smucker																								
10.00 @ 1 each	35.00	0.00	0.00	5.00	0.00	0.00	9.00	0.00	0.00	0.00	0.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50056 COND PC Sauce, Taco 9g																								
10.00 @ 1 each	5.00	0.00	0.00	55.00	0.00	0.00	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50058 COND PC Syrup 1.4oz Smuckers																								
10.00 @ 1 each	110.00	0.00	0.00	25.00	0.00	0.00	29.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
<b>Average</b>	458.08	1.77	3.48	448.9	5.67	11.13	87.35	13.59	8.33	3.45	37.69*	1229.15	0*	.01*	.11*	5.09	0*	0*	0*	0*	0*	481.8	.5*	3.84

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Forestwood MS

**Service Area:** Forestwood - 6-8 - OVS

**Menu Name:** Forestwood MS 2018 Menu - cycle 5 - week 3

**Avg.Method:** Balanced

**Age Group:** Lunch Grades K-8      **Period:** Lunch      **Week:** 3      **Day:** Monday      **Count Type:** Forecasted      **Total No. of Customers:** 259

Weekly Std.	SFA		Na (mg)	Fat		CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)
	CAL	(g)		% of CAL	(g)																		
600.00-650.00		10.00	1230.00																		0.00		

M51829 PASTA, Ravioli Jmb Chz 2.0

84.00 @ 3 each	180.09	1.50	7.50	486.80	3.00	15.00	23.01	15.01	50.02	1.00	5.52*	200.10	0.00*	0.00*	0.00*	0.00	0.00*	0.00*	0.00*	0.00*	0.00*	0.00*	166.64	0.00*	1.08
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M66192 SAUCE P, TOM SC

84.00 @ 1/2 cup	36.56	0.05	1.11	7.79	0.31	7.55	8.14	1.49	0.00	1.91	14.90*	473.73	0.00*	0.00*	0.37*	18.83	0.00*	0.00*	0.01*	0.01*	0.00*	17.23	2.89*	0.82
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M52399 BRD: BRDSTK AP, WG 1ea (1BG)

84.00 @ 1 each	70.00	0.00	0.00	105.00	1.00	12.86	14.00	3.00	0.00	1.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.72
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M50419 SALAD, VEG BAJA SC W 2.25

3.00 @ 1 each	230.85	6.18	24.10	254.26	10.00	39.00	24.28	13.54	30.64	6.45	226.79*	3829.68	0.00*	0.20*	40.54*	7.56	0.07*	0.06*	0.92*	0.11*	0.00*	277.93	43.73*	2.05
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M51680 BRD: ROLL DG, WG 2.5oz

3.00 @ 1 each	170.00	0.50	2.65	135.00	3.00	15.88	28.00	7.00	0.00	3.40	-*	0.01	-*	-*	-*	0.01	-*	-*	-*	-*	-*	12.70	-*	0.85
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M53568 BURG, Beef JK CajunSalsaWG 2.5

3.00 @ 1 each	302.14	4.53	13.48	488.90	11.13	33.16	32.10	20.01	40.02	2.81	132.96*	323.16	0.00*	0.22*	6.54*	11.05	0.02*	0.01*	0.26*	0.05*	0.00*	168.97	12.78*	3.11
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M51851 SDW BD, CHam AM WG 2.0

3.00 @ 1 sandwich	350.00	6.38	16.39	1132.50	14.63	37.61	33.50	21.00	75.00	2.00	-*	200.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	150.00	-*	2.61
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M53347 SDW BD, SB WG 2.0

1.00 @ 1 sandwich	558.71	3.99	6.42	579.16	35.89	57.81	43.95	19.95	0.00	5.99	378.78*	0.00	0.00*	-*	-*	0.00	-*	-*	-*	-*	-*	59.81	-*	5.35
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M53770 SDW BN, CHIXPTY PLN WG/WG2.0 MWWW

22.00 @ 1 sandwich	339.76	1.50	3.97	589.66	10.99	29.11	35.99	23.98	44.95	5.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	40.00	-*	2.52
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M52952 SDW BN, CHIXPTY BRD SPCY WG/WG 2.0 MWWW

22.00 @ 1 sandwich	369.84	2.00	4.86	779.66	11.99	29.18	41.99	25.99	49.96	3.00	-*	99.93	-*	-*	-*	0.00	-*	-*	-*	-*	-*	59.99	-*	2.88
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M51417 BURG, Beef AP WG 2.0

10.00 @ 1 each	240.00	2.00	7.50	345.00	7.00	26.25	29.00	16.00	25.00	2.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	60.00	-*	2.88
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M50821 BURG, Beef AM AP WG 2.25

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Forestwood MS

**Service Area:** Forestwood - 6-8 - OVS

**Menu Name:** Forestwood MS 2018 Menu - cycle 5 - week 3

**Avg.Method:** Balanced

70.00 @ 1 each	285.00	4.25	13.42	545.00	10.50	33.16	29.50	18.50	37.50	2.00	-*	100.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	135.00	-*	2.88
M54370 BURG, BLACK BEAN AP WG 2.0																								
1.00 @ 1 each	300.00	1.00	3.00	710.00	9.00	27.00	42.00	19.00	5.00	7.00	280.00*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	80.00	-*	2.16
M54482 CHIX NUGGET, BNLS WING HONEY SRIRACHA WG (6) 2.0 MWWW																								
8.00 @ 6 each	284.98	2.25	7.11	374.97	13.50	42.63	21.00	22.50	52.50	1.50	-*	299.98	-*	-*	-*	1.80	-*	-*	-*	-*	-*	0.00	-*	1.62
M52963 CHIX Popcorn, AP WG 2.0																								
23.00 @ 1 serving	250.19	2.72	9.78	380.72	14.14	50.87	15.23	15.23	21.76	3.26	-*	108.78	-*	-*	-*	0.00	-*	-*	-*	-*	-*	43.51	-*	1.96
M51680 BRD: ROLL DG, WG 2.5oz																								
23.00 @ 1 each	170.00	0.50	2.65	135.00	3.00	15.88	28.00	7.00	0.00	3.40	-*	0.01	-*	-*	-*	0.01	-*	-*	-*	-*	-*	12.70	-*	0.85
M55774 STICKS, MAX SNAX PIZZA W/MARINARA AP WG 2.0																								
24.00 @ 2 each	319.87	2.00	5.63	649.89	9.00	25.32	39.98	18.00	10.00	4.00	-*	898.95	-*	-*	-*	8.98	-*	-*	-*	-*	-*	439.92	-*	3.24
M53419 VEG: POTATO, FF CTINAGEN7 1/2C																								
104.00 @ 1/2 cup	119.99	1.33	10.00	133.32	4.67	35.00	17.33	2.00	0.00	2.00	259.98	0.00	-*	-*	-*	3.20	-*	-*	-*	-*	-*	0.00	-*	0.48
M51445 VEG GARN: Rom Leaf/Tom Sl																								
26.00 @ 1 serving	4.96	0.01	1.72	1.84	0.07	12.86	1.02	0.30	0.00	0.47	68.61	1352.71	0.00	0.09	15.65	2.51	0.02	0.01	0.13	0.02	0.00	6.10	7.65	0.18
M50412 COND_Pickle, Dill Slice 3ea																								
26.00 @ 3 slice	2.43	0.01	4.72	243.11	0.07	25.17	0.36	0.10	0.00	0.21	-*	0.00	-*	-*	-*	0.32	-*	-*	-*	-*	-*	12.97	-*	0.08
M50395 VEG: POTATO, Baked 120ct																								
1.00 @ 1 each	130.04	0.05	0.33	13.98	0.18	1.26	29.57	3.50	0.00	3.08	748.09	13.98	0.00	0.06	2.80	13.42	0.09	0.07	1.97	0.43	0.00	20.97	97.88	1.51
M52660 CHEESE, CH Shreds 0.5																								
1.00 @ 1 fl oz	55.00	3.00	49.09	95.00	4.50	73.64	0.50	3.50	15.00	0.00	0.00	140.49	-*	-*	-*	0.00	-*	-*	-*	-*	-*	101.00	-*	0.09
M53295 COND_Sour Cream AP																								
1.00 @ 1 tablespoon	30.00	1.75	52.50	25.00	3.00	90.00	1.00	0.50	10.00	0.00	-*	99.99	-*	-*	-*	0.00	-*	-*	-*	-*	-*	20.00	-*	0.00
M50529 FRUIT: GRAPES, Fresh 1/2c																								
46.00 @ 1/2 cup	56.80	0.10	1.53	1.70	0.30	4.70	14.54	0.53	0.00	0.76	161.94	84.78	0.00	0.16	12.38	3.39	0.08	0.05	0.25	0.09	0.00	11.87	8.48	0.25
M50178 FRUIT: PINEAPPLE Tbits w/Jc1/2c																								
73.00 @ 1/2 cup	78.55	0.01	0.14	1.20	0.10	1.10	18.92	0.51	0.00	0.96	146.98	-*	-*	-*	-*	11.45	-*	-*	-*	-*	-*	16.87	-*	0.34
M50980 JUICE SS, Frt Bld 100% 4oz Cr																								

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Forestwood MS

**Service Area:** Forestwood - 6-8 - OVS

**Menu Name:** Forestwood MS 2018 Menu - cycle 5 - week 3

**Avg.Method:** Balanced

100.00 @ 1 each	60.00	0.00	0.00	10.00	0.00	0.00	14.00	0.00	0.00	0.00	100.00	0.00	-*	-*	-*	3.60	-*	-*	-*	-*	-*	0.00	-*	0.00
M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50																								
27.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00
M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50																								
125.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00
M53222 COND PC Margarine 5g																								
50.00 @ 1 each	30.00	1.00	30.00	30.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	500.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50855 COND PC Ketchup 9g Heinz																								
200.00 @ 1 each	10.00	0.00	0.00	85.00	0.00	0.00	3.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50055 COND PC Mayonnaise 12g																								
50.00 @ 1 each	80.00	1.50	16.87	75.00	8.00	90.00	1.00	0.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50284 COND PC Mustard 6g																								
100.00 @ 1 each	0.00	0.00	-	65.00	0.00	-	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50624 COND PC Drsg Ranch 12g																								
200.00 @ 1 each	50.00	0.00	0.00	100.00	5.00	90.00	1.00	0.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50287 COND PC Sauce, BBQ 12g																								
200.00 @ 1 each	15.00	0.00	0.00	160.00	0.00	0.00	4.00	0.00	0.00	0.00	-*	100.00	-*	-*	-*	0.60	-*	-*	-*	-*	-*	0.00	-*	0.00
M50056 COND PC Sauce, Taco 9g																								
50.00 @ 1 each	5.00	0.00	0.00	55.00	0.00	0.00	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M53453 SUB AP, Tky AM WG 2.0																								
24.00 @ 1 sandwich	314.93	5.14	14.70	988.69	11.64	33.27	33.54	22.85	56.25	3.94	137.21*	2905.42	0.00*	0.19*	31.30*	5.02	0.03*	0.02*	0.26*	0.04*	0.00*	227.19	15.31*	2.24
M50962 SDW BD, SBJ WG 2.0																								
24.00 @ 1 sandwich	658.38	3.99	5.45	579.16	35.89	49.06	69.87	19.95	0.00	5.99	378.78*	0.00	0.00*	-*	-*	0.00	-*	-*	-*	-*	-*	59.81	-*	5.35
M53025 VEG: CARROTS, Fresh Baby 3/4c																								
16.00 @ 3/4 cup	37.21	0.02	0.59	82.92	0.14	3.34	8.76	0.68	0.00	3.08	251.94	14659.31	0.00	-*	9.99	2.76	0.03	0.04	0.59	0.11	0.00	34.02	29.77	0.95
M52811 FRUIT: CRAISINS, SS STRAWBERRY 1.16OZ																								
24.00 @ 1 each	110.00	0.00	0.00	0.00	0.00	0.00	28.00	0.00	0.00	3.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00

\* Some values for this nutrient are unavailable; the number listed is incomplete.

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Forestwood MS

**Service Area:** Forestwood - 6-8 - OVS

**Menu Name:** Forestwood MS 2018 Menu - cycle 5 - week 3

**Avg.Method:** Balanced

M54711 PIZZA 16" CHIXDCD PEPPER POPPER W WG 2.0 FUEL 05/18

8.00 @ 1/8 cut	400.85	9.26	20.80	645.87	20.16	45.27	31.16	21.04	62.92	2.87	48.38*	592.70	0.00*	0.17*	2.64*	19.30	0.02*	0.01*	0.14*	0.06*	0.00*	231.16	5.35*	1.43
<b>Average</b>	700.52	5.14	6.6	1293.58	23.13	29.72	92.42	31.85	57.11	6.56	301.18*	2218.85*	0*	.07*	8.04*	16.58	.02*	.02*	.15*	.04*	0*	381.51	7.67*	4.1

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Forestwood MS

**Service Area:** Forestwood - 6-8 - OVS

**Menu Name:** Forestwood MS 2018 Menu - cycle 5 - week 3

**Avg.Method:** Balanced

**Age Group:** Brkfst Grades K-8      **Period:** Breakfast      **Week:** 3      **Day:** Tuesday      **Count Type:** Forecasted      **Total No. of Customers:** 17

Weekly Std.	SFA		Na (mg)	Fat		CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)
	CAL	(g)		% of CAL	(g)																		
400.00-500.00		10.00	540.00																		0.00		

M50444 STICKS, PANCAKE WRAP TKY MAPLE WG 1.0

9.00 @ 1 each	200.00	2.50	11.25	310.00	10.00	45.00	17.00	7.00	25.00	3.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	20.00	-*	1.80
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M50435 CEREAL HOT, Oatmeal (1BG)

3.00 @ 1/2 cup	106.30	0.35	3.00	3.25	2.13	18.00	19.13	3.54	0.00	2.83	1.08*	0.00	0.00*	0.00*	0.00*	0.00	0.00*	0.00*	0.00*	0.00*	0.00*	3.25	0.00*	1.28
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M50209 COND\_Sugar, Cinnamon

3.00 @ 1 tablespoon	45.52	0.00	0.03	0.15	0.00	0.09	11.83	0.02	0.00	0.21	1.90	1.14	0.00	0.01	0.12	0.01	0.00	0.00	0.01	0.00	0.00	3.99	0.25	0.04
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M50439 CEREAL BWL, Cheerios WG

2.00 @ 1 bowl	100.00	0.50	4.50	140.00	2.00	18.00	20.00	3.00	0.00	3.00	-*	500.01	-*	-*	-*	6.00	-*	-*	-*	-*	-*	100.00	-*	8.10
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M50208 CEREAL BWL, CinnTstCrnch RS WG

2.00 @ 1 bowl	110.00	0.50	4.09	160.00	3.00	24.54	22.00	1.00	0.00	3.00	-*	400.01	-*	-*	-*	4.80	-*	-*	-*	-*	-*	200.01	-*	3.60
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M50442 CEREAL BWL, Cocoa Puffs RS WG

2.00 @ 1 bowl	110.05	0.00	0.00	160.08	1.50	12.27	25.01	2.00	0.00	2.00	-*	500.25	-*	-*	-*	6.00	-*	-*	-*	-*	-*	100.05	-*	4.50
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M50524 CEREAL BWL, Lucky Charms WG

2.00 @ 1 bowl	110.00	0.00	0.00	180.00	1.00	8.18	23.00	2.00	0.00	2.00	-*	500.01	-*	-*	-*	6.00	-*	-*	-*	-*	-*	100.00	-*	4.50
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M52726 BRD: BAR, Cereal FrtyCh WG IW

2.00 @ 1 each	150.00	0.50	3.00	95.00	3.50	21.00	29.00	3.00	0.00	3.00	-*	200.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	200.00	-*	1.80
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M52695 CHEESE, MZ STRING 1EA 1.0

2.00 @ 1 stick	60.00	2.00	30.00	200.01	3.00	45.00	1.00	7.00	10.00	0.00	0.00	200.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	200.01	-*	0.00
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M51237 BRD: BREAD WG, Tst Marg 1sl

3.00 @ 1 slice	110.00	1.33	10.91	160.00	4.33	35.45	15.00	3.00	0.00	1.00	1.33*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	1.08
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M50429 FRUIT: CANTALOUPE, Fresh 1/2c

8.00 @ 1/2 cup	25.70	0.04	1.35	12.10	0.14	5.03	6.17	0.63	0.00	0.68	201.84	2556.59	0.00	0.04	1.89	27.74	0.03	0.01	0.55	0.05	0.00	6.80	11.34	0.16
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M52794 FRUIT: ORANGE Mand w/Syr 1/2c

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Forestwood MS

**Service Area:** Forestwood - 6-8 - OVS

**Menu Name:** Forestwood MS 2018 Menu - cycle 5 - week 3

**Avg.Method:** Balanced

8.00 @ 1/2 cup	84.46	0.01	0.13	7.51	0.13	1.33	20.27	0.56	0.00	0.88	97.66	-*	-*	-*	-*	24.79	-*	-*	-*	-*	-*	8.76	-*	0.46
M50980 JUICE SS, Frt Bld 100% 4oz Crt																								
10.00 @ 1 each	60.00	0.00	0.00	10.00	0.00	0.00	14.00	0.00	0.00	0.00	100.00	0.00	-*	-*	-*	3.60	-*	-*	-*	-*	-*	0.00	-*	0.00
M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50																								
8.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00
M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50																								
11.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00
M53222 COND PC Margarine 5g																								
10.00 @ 1 each	30.00	1.00	30.00	30.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	500.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M53221 COND PC Jelly, Grape Smucker																								
10.00 @ 1 each	35.00	0.00	0.00	5.00	0.00	0.00	9.00	0.00	0.00	0.00	0.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50056 COND PC Sauce, Taco 9g																								
10.00 @ 1 each	5.00	0.00	0.00	55.00	0.00	0.00	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50058 COND PC Syrup 1.4oz Smuckers																								
20.00 @ 1 each	110.00	0.00	0.00	25.00	0.00	0.00	29.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
<b>Average</b>	614.53	3.35	4.91	578.08	11.15	16.33	110.97	16.49	22.35	4.56	200.52*	2326.87*	0*	.02*	.91*	31.57	.01*	.01*	.26*	.03*	0*	460.38	5.38*	4.32

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Forestwood MS

**Service Area:** Forestwood - 6-8 - OVS

**Menu Name:** Forestwood MS 2018 Menu - cycle 5 - week 3

**Avg.Method:** Balanced

**Age Group:** Lunch Grades K-8      **Period:** Lunch      **Week:** 3      **Day:** Tuesday      **Count Type:** Forecasted      **Total No. of Customers:** 133

Weekly Std.	SFA		Na (mg)	Fat		CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)
	CAL	(g)		% of CAL	(g)																		
600.00-650.00		10.00	1230.00																		0.00		

M51436 BEEF Finger, AP WG 2.0

80.00 @ 4 each	310.03	4.50	13.06	320.03	19.00	55.16	20.00	15.00	35.00	3.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	40.00	-*	2.70
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M50443 COND\_Gravy, Country SS

80.00 @ 1/4 cup	34.17	0.00	0.00	196.86	0.49	12.86	5.86	0.00	0.00	0.00	0.53*	0.00	0.00*	0.00*	0.00*	0.00	0.00*	0.00*	0.00*	0.00*	0.00*	21.13	0.00*	0.00
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M51680 BRD: ROLL DG, WG 2.5oz

80.00 @ 1 each	170.00	0.50	2.65	135.00	3.00	15.88	28.00	7.00	0.00	3.40	-*	0.01	-*	-*	-*	0.01	-*	-*	-*	-*	-*	12.70	-*	0.85
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M53948 SALAD, CHIXDCD CAES SCSC 2.0

3.00 @ 1 each	198.58	3.33	15.09	353.19	8.44	38.26	10.97	18.44	44.38	1.41	110.31*	3353.95	0.00*	0.09*	38.85*	1.51	0.03*	0.03*	0.13*	0.03*	0.00*	173.87	12.28*	1.64
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M51680 BRD: ROLL DG, WG 2.5oz

3.00 @ 1 each	170.00	0.50	2.65	135.00	3.00	15.88	28.00	7.00	0.00	3.40	-*	0.01	-*	-*	-*	0.01	-*	-*	-*	-*	-*	12.70	-*	0.85
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M66715 PANINI, TKY CH SWEST WG 2.0

3.00 @ 1 each	392.66	7.37	16.88	922.27	18.12	41.53	36.57	20.60	58.55	3.67	124.23*	130.84*	0.00*	0.14*	0.79*	7.83	0.02*	0.01*	0.17*	0.05*	0.00*	328.31	14.68*	2.15
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M50962 SDW BD, SBJ WG 2.0

3.00 @ 1 sandwich	658.38	3.99	5.45	579.16	35.89	49.06	69.87	19.95	0.00	5.99	378.78*	0.00	0.00*	-*	-*	0.00	-*	-*	-*	-*	-*	59.81	-*	5.35
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M53347 SDW BD, SB WG 2.0

1.00 @ 1 sandwich	558.71	3.99	6.42	579.16	35.89	57.81	43.95	19.95	0.00	5.99	378.78*	0.00	0.00*	-*	-*	0.00	-*	-*	-*	-*	-*	59.81	-*	5.35
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M53770 SDW BN, CHIXPTY PLN WG/WG2.0 MWWW

22.00 @ 1 sandwich	339.76	1.50	3.97	589.66	10.99	29.11	35.99	23.98	44.95	5.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	40.00	-*	2.52
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M52952 SDW BN, CHIXPTY BRD SPCY WG/WG 2.0 MWWW

22.00 @ 1 sandwich	369.84	2.00	4.86	779.66	11.99	29.18	41.99	25.99	49.96	3.00	-*	99.93	-*	-*	-*	0.00	-*	-*	-*	-*	-*	59.99	-*	2.88
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M51417 BURG, Beef AP WG 2.0

10.00 @ 1 each	240.00	2.00	7.50	345.00	7.00	26.25	29.00	16.00	25.00	2.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	60.00	-*	2.88
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M50821 BURG, Beef AM AP WG 2.25

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Forestwood MS

**Service Area:** Forestwood - 6-8 - OVS

**Menu Name:** Forestwood MS 2018 Menu - cycle 5 - week 3

**Avg.Method:** Balanced

70.00 @ 1 each	285.00	4.25	13.42	545.00	10.50	33.16	29.50	18.50	37.50	2.00	-*	100.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	135.00	-*	2.88
M54370 BURG, BLACK BEAN AP WG 2.0																								
1.00 @ 1 each	300.00	1.00	3.00	710.00	9.00	27.00	42.00	19.00	5.00	7.00	280.00*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	80.00	-*	2.16
M51275 CHIX NUGGET, BNLS WING WG (5) 2.0 MWWW																								
8.00 @ 5 each	200.86	1.88	8.44	338.95	8.79	39.38	12.55	17.58	25.11	2.51	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.90
M51753 CHIX Popcorn, AP Spicy WG 2.0																								
24.00 @ 1 serving	247.14	2.69	9.78	365.34	13.97	50.87	16.12	13.97	21.49	2.15	-*	107.45	-*	-*	-*	0.00	-*	-*	-*	-*	-*	42.98	-*	1.93
M51680 BRD: ROLL DG, WG 2.5oz																								
24.00 @ 1 each	170.00	0.50	2.65	135.00	3.00	15.88	28.00	7.00	0.00	3.40	-*	0.01	-*	-*	-*	0.01	-*	-*	-*	-*	-*	12.70	-*	0.85
M54308 STICKS, CRISPITO CHIXCHILI AP WG 2.0 (2EA)																								
36.00 @ 2 each	540.00	6.00	10.00	740.00	28.00	46.67	46.00	24.00	50.00	6.00	-*	1500.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	80.00	-*	3.60
M51189 COND_Sauce, Chz SS W (LOL) .5																								
36.00 @ 2 fl oz	99.97	4.50	40.50	399.86	7.00	63.00	3.00	5.00	19.99	0.00	0.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M51731 VEG: POTATO SWT, FF CRINKLE 1/2C																								
32.00 @ 1/2 cup	137.66	0.53	3.46	180.02	4.77	31.15	23.30	1.06	0.00	3.18	243.56	3176.86	-*	-*	-*	6.35	-*	-*	-*	-*	-*	21.18	-*	0.38
M51445 VEG GARN: Rom Leaf/Tom Sl																								
30.00 @ 1 serving	4.96	0.01	1.72	1.84	0.07	12.86	1.02	0.30	0.00	0.47	68.61	1352.71	0.00	0.09	15.65	2.51	0.02	0.01	0.13	0.02	0.00	6.10	7.65	0.18
M50412 COND_Pickle, Dill Slice 3ea																								
30.00 @ 3 slice	2.43	0.01	4.72	243.11	0.07	25.17	0.36	0.10	0.00	0.21	-*	0.00	-*	-*	-*	0.32	-*	-*	-*	-*	-*	12.97	-*	0.08
M50429 FRUIT: CANTALOUPE, Fresh 1/2c																								
80.00 @ 1/2 cup	25.70	0.04	1.35	12.10	0.14	5.03	6.17	0.63	0.00	0.68	201.84	2556.59	0.00	0.04	1.89	27.74	0.03	0.01	0.55	0.05	0.00	6.80	11.34	0.16
M52268 FRUIT: PEACHES Dice w/Jc 1/2c																								
69.00 @ 1/2 cup	50.83	0.00	0.00	10.17	0.00	0.00	12.20	0.00	0.00	0.00	182.98	304.97	-*	-*	-*	1.22	-*	-*	-*	-*	-*	0.00	-*	0.00
M50979 JUICE SS, Apple 100% 4oz Cart																								
110.00 @ 1 each	60.00	0.00	0.00	15.00	0.00	0.00	14.00	0.00	0.00	0.00	85.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50																								
30.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00
M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50																								

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Forestwood MS

**Service Area:** Forestwood - 6-8 - OVS

**Menu Name:** Forestwood MS 2018 Menu - cycle 5 - week 3

**Avg.Method:** Balanced

115.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00
<b>M53222 COND PC Margarine 5g</b>																								
50.00 @ 1 each	30.00	1.00	30.00	30.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	500.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
<b>M50855 COND PC Ketchup 9g Heinz</b>																								
200.00 @ 1 each	10.00	0.00	0.00	85.00	0.00	0.00	3.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
<b>M50055 COND PC Mayonnaise 12g</b>																								
50.00 @ 1 each	80.00	1.50	16.87	75.00	8.00	90.00	1.00	0.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
<b>M50284 COND PC Mustard 6g</b>																								
50.00 @ 1 each	0.00	0.00	-	65.00	0.00	-	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
<b>M50624 COND PC Drsg Ranch 12g</b>																								
200.00 @ 1 each	50.00	0.00	0.00	100.00	5.00	90.00	1.00	0.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
<b>M50287 COND PC Sauce, BBQ 12g</b>																								
200.00 @ 1 each	15.00	0.00	0.00	160.00	0.00	0.00	4.00	0.00	0.00	0.00	-*	100.00	-*	-*	-*	0.60	-*	-*	-*	-*	-*	0.00	-*	0.00
<b>M50056 COND PC Sauce, Taco 9g</b>																								
10.00 @ 1 each	5.00	0.00	0.00	55.00	0.00	0.00	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
<b>M51851 SDW BD, CHam AM WG 2.0</b>																								
24.00 @ 1 sandwich	350.00	6.38	16.39	1132.50	14.63	37.61	33.50	21.00	75.00	2.00	-*	200.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	150.00	-*	2.61
<b>M50962 SDW BD, SBJ WG 2.0</b>																								
24.00 @ 1 sandwich	658.38	3.99	5.45	579.16	35.89	49.06	69.87	19.95	0.00	5.99	378.78*	0.00	0.00*	-*	-*	0.00	-*	-*	-*	-*	-*	59.81	-*	5.35
<b>M53182 VEG: CELERY, Stk + Carrt 3/4c</b>																								
32.00 @ 3/4 cup	26.86	0.03	1.14	82.74	0.16	5.25	5.91	0.70	0.00	2.37	260.13	7561.35	0.00	0.14*	20.12	2.98	0.03	0.05	0.46	0.09	0.00	37.65	27.27	0.58
<b>M52811 FRUIT: CRAISINS, SS STRAWBERRY 1.16OZ</b>																								
24.00 @ 1 each	110.00	0.00	0.00	0.00	0.00	0.00	28.00	0.00	0.00	3.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
<b>M54711 PIZZA 16" CHIXDCD PEPPER POPPER W WG 2.0 FUEL 05/18</b>																								
8.00 @ 1/8 cut	400.85	9.26	20.80	645.87	20.16	45.27	31.16	21.04	62.92	2.87	48.38*	592.70	0.00*	0.17*	2.64*	19.30	0.02*	0.01*	0.14*	0.06*	0.00*	231.16	5.35*	1.43
<b>Average</b>	1535.49	13.75	8.06	2668.14	62.11	36.4	176.53	65.18	118.36	13.63	513.67*	6113.15*	0*	.09*	10.56*	24.07	.03*	.02*	.49*	.07*	0*	583.61	16.04*	8.48

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Forestwood MS

**Service Area:** Forestwood - 6-8 - OVS

**Menu Name:** Forestwood MS 2018 Menu - cycle 5 - week 3

**Avg.Method:** Balanced

**Age Group:** Brkfst Grades K-8      **Period:** Breakfast      **Week:** 3      **Day:** Wednesday      **Count Type:** Forecasted      **Total No. of Customers:** 18

Weekly Std.	SFA		Na (mg)	Fat		CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)
	CAL	(g)		% of CAL	(g)																		
400.00-500.00		10.00	540.00																		0.00		

M52695 CHEESE, MZ STRING 1EA 1.0

16.00 @ 1 stick	60.00	2.00	30.00	200.01	3.00	45.00	1.00	7.00	10.00	0.00	0.00	200.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	200.01	-*	0.00
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M52925 PIZZA AP Tony Bkfst T.Ssg 1.0

10.00 @ 1 each	210.00	2.00	8.57	480.01	7.00	30.00	26.00	9.00	15.00	2.00	240.00	200.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	100.00	-*	1.80
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M50435 CEREAL HOT, Oatmeal (1BG)

3.00 @ 1/2 cup	106.30	0.35	3.00	3.25	2.13	18.00	19.13	3.54	0.00	2.83	1.08*	0.00	0.00*	0.00*	0.00*	0.00	0.00*	0.00*	0.00*	0.00*	0.00*	3.25	0.00*	1.28
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M50209 COND\_Sugar, Cinnamon

3.00 @ 1 tablespoon	45.52	0.00	0.03	0.15	0.00	0.09	11.83	0.02	0.00	0.21	1.90	1.14	0.00	0.01	0.12	0.01	0.00	0.00	0.01	0.00	0.00	3.99	0.25	0.04
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M50439 CEREAL BWL, Cheerios WG

2.00 @ 1 bowl	100.00	0.50	4.50	140.00	2.00	18.00	20.00	3.00	0.00	3.00	-*	500.01	-*	-*	-*	6.00	-*	-*	-*	-*	-*	100.00	-*	8.10
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M50208 CEREAL BWL, CinnTstCrnch RS WG

2.00 @ 1 bowl	110.00	0.50	4.09	160.00	3.00	24.54	22.00	1.00	0.00	3.00	-*	400.01	-*	-*	-*	4.80	-*	-*	-*	-*	-*	200.01	-*	3.60
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M50442 CEREAL BWL, Cocoa Puffs RS WG

2.00 @ 1 bowl	110.05	0.00	0.00	160.08	1.50	12.27	25.01	2.00	0.00	2.00	-*	500.25	-*	-*	-*	6.00	-*	-*	-*	-*	-*	100.05	-*	4.50
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M50524 CEREAL BWL, Lucky Charms WG

2.00 @ 1 bowl	110.00	0.00	0.00	180.00	1.00	8.18	23.00	2.00	0.00	2.00	-*	500.01	-*	-*	-*	6.00	-*	-*	-*	-*	-*	100.00	-*	4.50
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M52728 BRD: BAR, Cereal TeamCh WG IW

2.00 @ 1 each	150.00	0.50	3.00	85.00	3.50	21.00	30.00	2.00	0.00	3.00	-*	100.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	200.00	-*	4.50
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M52695 CHEESE, MZ STRING 1EA 1.0

2.00 @ 1 stick	60.00	2.00	30.00	200.01	3.00	45.00	1.00	7.00	10.00	0.00	0.00	200.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	200.01	-*	0.00
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M51237 BRD: BREAD WG, Tst Marg 1sl

3.00 @ 1 slice	110.00	1.33	10.91	160.00	4.33	35.45	15.00	3.00	0.00	1.00	1.33*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	1.08
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M50786 FRUIT: PEARS 100ct Whole 1.25c

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Forestwood MS

**Service Area:** Forestwood - 6-8 - OVS

**Menu Name:** Forestwood MS 2018 Menu - cycle 5 - week 3

**Avg.Method:** Balanced

8.00 @ 1 each	106.94	0.04	0.35	1.88	0.26	2.21	28.57	0.68	0.00	5.82	217.62	46.90	0.00	0.23	8.25	8.07	0.02	0.05	0.30	0.05	0.00	16.88	22.51	0.34
M50793 FRUIT: APPLESAUCE, AP 1/2c																								
8.00 @ 1/2 cup	91.96	0.00	0.00	10.22	0.00	0.00	22.48	0.00	0.00	2.04	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50982 JUICE SS, ORANGE 100% 4 FLOZ																								
12.00 @ 1 each	51.44	0.00	0.00	15.43	0.00	0.00	12.35	1.03	0.00	0.00	-*	0.00	-*	-*	-*	43.21	-*	-*	-*	-*	-*	0.00	-*	0.00
M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50																								
3.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00
M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50																								
5.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00
M53222 COND PC Margarine 5g																								
10.00 @ 1 each	30.00	1.00	30.00	30.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	500.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M53221 COND PC Jelly, Grape Smucker																								
10.00 @ 1 each	35.00	0.00	0.00	5.00	0.00	0.00	9.00	0.00	0.00	0.00	0.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50056 COND PC Sauce, Taco 9g																								
10.00 @ 1 each	5.00	0.00	0.00	55.00	0.00	0.00	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50058 COND PC Syrup 1.4oz Smuckers																								
10.00 @ 1 each	110.00	0.00	0.00	25.00	0.00	0.00	29.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
<b>Average</b>	559.12	4.38	7.06	725.7	11.39	18.33	96.75	18.75	21.39	6.72	230.78*	1054.41	0*	.1*	3.69*	35.8	.01*	.02*	.14*	.02*	0*	475.39	10.05*	4.35

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Forestwood MS

**Service Area:** Forestwood - 6-8 - OVS

**Menu Name:** Forestwood MS 2018 Menu - cycle 5 - week 3

**Avg.Method:** Balanced

**Age Group:** Lunch Grades K-8      **Period:** Lunch      **Week:** 3      **Day:** Wednesday      **Count Type:** Forecasted      **Total No. of Customers:** 136

Weekly Std.	SFA		Na (mg)	Fat		CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)
	CAL	(g)		% of CAL	(g)																		
600.00-650.00		10.00	1230.00																		0.00		

M51872 ORI ChixPop Teriyaki BrocWG2.0

36.00 @ 8 fl oz	311.55	2.83	8.18	564.18	15.25	44.05	26.44	17.45	22.49	5.05	123.95*	660.54	0.00*	0.68*	37.13*	43.33	0.05*	0.04*	0.36*	0.15*	0.00*	64.57	28.42*	2.47
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M52193 RICE, Plain WG 1BG

36.00 @ 1/2 cup	101.77	0.20	1.81	4.21	0.85	7.50	21.18	2.38	0.00	0.94	59.47	13.89	0.00*	0.00*	0.00*	0.03	0.00*	0.00*	0.00*	0.00*	0.00*	5.48	0.00*	0.22
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M51247 SALAD, Veg MZ Frt SC W 2.0summ

3.00 @ 1 each	187.74	4.08	19.57	409.28	6.37	30.54	19.37	14.93	20.00	2.68	250.40	3770.52	0.00*	0.26*	46.28*	7.41	0.08*	0.07*	0.32*	0.10*	0.00*	425.40	23.08*	0.57
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M52188 BRD: ROLL AP, PRETZEL 2.2oz WG

3.00 @ 1 each	160.00	1.00	5.62	40.00	2.50	14.06	29.00	5.00	0.00	3.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	20.00	-*	1.80
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M51941 MELT BN, CHIXPTYBRD AMHNYM2.25 MWWM

12.00 @ 1 sandwich	514.76	5.25	9.18	969.66	25.49	44.57	43.49	26.48	72.45	5.00	-*	100.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	115.00	-*	2.52
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M53453 SUB AP, Tky AM WG 2.0

3.00 @ 1 sandwich	314.93	5.14	14.70	988.69	11.64	33.27	33.54	22.85	56.25	3.94	137.21*	2905.42	0.00*	0.19*	31.30*	5.02	0.03*	0.02*	0.26*	0.04*	0.00*	227.19	15.31*	2.24
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M53347 SDW BD, SB WG 2.0

1.00 @ 1 sandwich	558.71	3.99	6.42	579.16	35.89	57.81	43.95	19.95	0.00	5.99	378.78*	0.00	0.00*	-*	-*	0.00	-*	-*	-*	-*	-*	59.81	-*	5.35
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M53770 SDW BN, CHIXPTY PLN WG/WG2.0 MWWM

22.00 @ 1 sandwich	339.76	1.50	3.97	589.66	10.99	29.11	35.99	23.98	44.95	5.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	40.00	-*	2.52
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M52952 SDW BN, CHIXPTY BRD SPCY WG/WG 2.0 MWWM

22.00 @ 1 sandwich	369.84	2.00	4.86	779.66	11.99	29.18	41.99	25.99	49.96	3.00	-*	99.93	-*	-*	-*	0.00	-*	-*	-*	-*	-*	59.99	-*	2.88
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M51417 BURG, Beef AP WG 2.0

10.00 @ 1 each	240.00	2.00	7.50	345.00	7.00	26.25	29.00	16.00	25.00	2.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	60.00	-*	2.88
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M50821 BURG, Beef AM AP WG 2.25

70.00 @ 1 each	285.00	4.25	13.42	545.00	10.50	33.16	29.50	18.50	37.50	2.00	-*	100.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	135.00	-*	2.88
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M54370 BURG, BLACK BEAN AP WG 2.0

\* Some values for this nutrient are unavailable; the number listed is incomplete.

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Forestwood MS

**Service Area:** Forestwood - 6-8 - OVS

**Menu Name:** Forestwood MS 2018 Menu - cycle 5 - week 3

**Avg.Method:** Balanced

1.00 @ 1 each	300.00	1.00	3.00	710.00	9.00	27.00	42.00	19.00	5.00	7.00	280.00*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	80.00	-*	2.16	
M54482 CHIX NUGGET, BNLS WING HONEY SRIRACHA WG (6) 2.0 MWWW																									
8.00 @ 6 each	284.98	2.25	7.11	374.97	13.50	42.63	21.00	22.50	52.50	1.50	-*	299.98	-*	-*	-*	1.80	-*	-*	-*	-*	-*	0.00	-*	1.62	
M52963 CHIX Popcorn, AP WG 2.0																									
12.00 @ 1 serving	250.19	2.72	9.78	380.72	14.14	50.87	15.23	15.23	21.76	3.26	-*	108.78	-*	-*	-*	0.00	-*	-*	-*	-*	-*	43.51	-*	1.96	
M51680 BRD: ROLL DG, WG 2.5oz																									
12.00 @ 1 each	170.00	0.50	2.65	135.00	3.00	15.88	28.00	7.00	0.00	3.40	-*	0.01	-*	-*	-*	0.01	-*	-*	-*	-*	-*	12.70	-*	0.85	
M55774 STICKS, MAX SNAX PIZZA W/MARINARA AP WG 2.0																									
24.00 @ 2 each	319.87	2.00	5.63	649.89	9.00	25.32	39.98	18.00	10.00	4.00	-*	898.95	-*	-*	-*	8.98	-*	-*	-*	-*	-*	439.92	-*	3.24	
M53419 VEG: POTATO, FF CTINAGEN7 1/2C																									
104.00 @ 1/2 cup	119.99	1.33	10.00	133.32	4.67	35.00	17.33	2.00	0.00	2.00	259.98	0.00	-*	-*	-*	3.20	-*	-*	-*	-*	-*	0.00	-*	0.48	
M51445 VEG GARN: Rom Leaf/Tom SI																									
30.00 @ 1 serving	4.96	0.01	1.72	1.84	0.07	12.86	1.02	0.30	0.00	0.47	68.61	1352.71	0.00	0.09	15.65	2.51	0.02	0.01	0.13	0.02	0.00	6.10	7.65	0.18	
M50412 COND_Pickle, Dill Slice 3ea																									
30.00 @ 3 slice	2.43	0.01	4.72	243.11	0.07	25.17	0.36	0.10	0.00	0.21	-*	0.00	-*	-*	-*	0.32	-*	-*	-*	-*	-*	12.97	-*	0.08	
M50395 VEG: POTATO, Baked 120ct																									
1.00 @ 1 each	130.04	0.05	0.33	13.98	0.18	1.26	29.57	3.50	0.00	3.08	748.09	13.98	0.00	0.06	2.80	13.42	0.09	0.07	1.97	0.43	0.00	20.97	97.88	1.51	
M52660 CHEESE, CH Shreds 0.5																									
1.00 @ 1 fl oz	55.00	3.00	49.09	95.00	4.50	73.64	0.50	3.50	15.00	0.00	0.00	140.49	-*	-*	-*	0.00	-*	-*	-*	-*	-*	101.00	-*	0.09	
M53295 COND_Sour Cream AP																									
1.00 @ 1 tablespoon	30.00	1.75	52.50	25.00	3.00	90.00	1.00	0.50	10.00	0.00	-*	99.99	-*	-*	-*	0.00	-*	-*	-*	-*	-*	20.00	-*	0.00	
M50536 FRUIT: APPLE, 138ct 1/8wg 1/2c																									
48.00 @ 4 wedge	31.53	0.02	0.50	2.39	0.10	2.95	8.40	0.17	0.00	1.45	67.15	33.13	0.00	0.11	1.32	3.11	0.01	0.02	0.06	0.03	0.00	5.02	6.81	0.07	
M52271 FRUIT: PEARS, Dice w/Jc 1/2c																									
69.00 @ 1/2 cup	60.66	0.00	0.00	10.11	0.00	0.00	14.15	0.00	0.00	2.02	80.89	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00	
M53365 JUICE SS, Grape100% 4oz Cart																									
90.00 @ 1 each	80.00	0.00	0.00	15.00	0.00	0.00	18.00	1.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00	
M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50																									

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Forestwood MS

**Service Area:** Forestwood - 6-8 - OVS

**Menu Name:** Forestwood MS 2018 Menu - cycle 5 - week 3

**Avg.Method:** Balanced

20.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00
M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50																								
136.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00
M53222 COND PC Margarine 5g																								
50.00 @ 1 each	30.00	1.00	30.00	30.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	500.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50855 COND PC Ketchup 9g Heinz																								
200.00 @ 1 each	10.00	0.00	0.00	85.00	0.00	0.00	3.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50055 COND PC Mayonnaise 12g																								
100.00 @ 1 each	80.00	1.50	16.87	75.00	8.00	90.00	1.00	0.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50284 COND PC Mustard 6g																								
100.00 @ 1 each	0.00	0.00	-	65.00	0.00	-	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50624 COND PC Drsg Ranch 12g																								
200.00 @ 1 each	50.00	0.00	0.00	100.00	5.00	90.00	1.00	0.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50287 COND PC Sauce, BBQ 12g																								
200.00 @ 1 each	15.00	0.00	0.00	160.00	0.00	0.00	4.00	0.00	0.00	0.00	-*	100.00	-*	-*	-*	0.60	-*	-*	-*	-*	-*	0.00	-*	0.00
M50056 COND PC Sauce, Taco 9g																								
100.00 @ 1 each	5.00	0.00	0.00	55.00	0.00	0.00	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M54711 PIZZA 16" CHIXDCD PEPPER POPPER W WG 2.0 FUEL 05/18																								
8.00 @ 1/8 cut	400.85	9.26	20.80	645.87	20.16	45.27	31.16	21.04	62.92	2.87	48.38*	592.70	0.00*	0.17*	2.64*	19.30	0.02*	0.01*	0.14*	0.06*	0.00*	231.16	5.35*	1.43
<b>Average</b>	1098.58	8.5	6.96	2058.61	40.41	33.1	134.48	46.86	78.72	9.59	348.97*	1839.37	0*	.26*	15.63*	21.28	.02*	.02*	.18*	.06*	0*	581.96	13.5*	5.12

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Forestwood MS

**Service Area:** Forestwood - 6-8 - OVS

**Menu Name:** Forestwood MS 2018 Menu - cycle 5 - week 3

**Avg.Method:** Balanced

**Age Group:** Brkfst Grades K-8      **Period:** Breakfast      **Week:** 3      **Day:** Thursday      **Count Type:** Forecasted      **Total No. of Customers:** 14

Weekly Std.	SFA		Na (mg)	Fat		CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)	
	CAL	(g)		% of CAL	(g)																			% of CAL
400.00-500.00		10.00	540.00																			0.00		

M51231 SDW BN, EggSausSS AM WG 1.0

16.00 @ 1 sandwich	224.62	3.31	13.25	562.67	8.45	33.87	28.01	10.22	83.08	2.00	-*	187.63	-*	-*	-*	0.00	-*	-*	-*	-*	-*	135.19	-*	1.78
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M50435 CEREAL HOT, Oatmeal (1BG)

3.00 @ 1/2 cup	106.30	0.35	3.00	3.25	2.13	18.00	19.13	3.54	0.00	2.83	1.08*	0.00	0.00*	0.00*	0.00*	0.00	0.00*	0.00*	0.00*	0.00*	0.00*	3.25	0.00*	1.28
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M50209 COND\_Sugar, Cinnamon

3.00 @ 1 tablespoon	45.52	0.00	0.03	0.15	0.00	0.09	11.83	0.02	0.00	0.21	1.90	1.14	0.00	0.01	0.12	0.01	0.00	0.00	0.01	0.00	0.00	3.99	0.25	0.04
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M50439 CEREAL BWL, Cheerios WG

2.00 @ 1 bowl	100.00	0.50	4.50	140.00	2.00	18.00	20.00	3.00	0.00	3.00	-*	500.01	-*	-*	-*	6.00	-*	-*	-*	-*	-*	100.00	-*	8.10
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M50208 CEREAL BWL, CinnTstCrnch RS WG

2.00 @ 1 bowl	110.00	0.50	4.09	160.00	3.00	24.54	22.00	1.00	0.00	3.00	-*	400.01	-*	-*	-*	4.80	-*	-*	-*	-*	-*	200.01	-*	3.60
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M50442 CEREAL BWL, Cocoa Puffs RS WG

2.00 @ 1 bowl	110.05	0.00	0.00	160.08	1.50	12.27	25.01	2.00	0.00	2.00	-*	500.25	-*	-*	-*	6.00	-*	-*	-*	-*	-*	100.05	-*	4.50
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M50524 CEREAL BWL, Lucky Charms WG

2.00 @ 1 bowl	110.00	0.00	0.00	180.00	1.00	8.18	23.00	2.00	0.00	2.00	-*	500.01	-*	-*	-*	6.00	-*	-*	-*	-*	-*	100.00	-*	4.50
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M52726 BRD: BAR, Cereal FrtyCh WG IW

2.00 @ 1 each	150.00	0.50	3.00	95.00	3.50	21.00	29.00	3.00	0.00	3.00	-*	200.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	200.00	-*	1.80
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M52695 CHEESE, MZ STRING 1EA 1.0

2.00 @ 1 stick	60.00	2.00	30.00	200.01	3.00	45.00	1.00	7.00	10.00	0.00	0.00	200.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	200.01	-*	0.00
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M51237 BRD: BREAD WG, Tst Marg 1sl

2.00 @ 1 slice	110.00	1.33	10.91	160.00	4.33	35.45	15.00	3.00	0.00	1.00	1.33*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	1.08
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M50529 FRUIT: GRAPES, Fresh 1/2c

8.00 @ 1/2 cup	56.80	0.10	1.53	1.70	0.30	4.70	14.54	0.53	0.00	0.76	161.94	84.78	0.00	0.16	12.38	3.39	0.08	0.05	0.25	0.09	0.00	11.87	8.48	0.25
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M50722 FRUIT: RAISINS, SS BOX

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Forestwood MS

**Service Area:** Forestwood - 6-8 - OVS

**Menu Name:** Forestwood MS 2018 Menu - cycle 5 - week 3

**Avg.Method:** Balanced

2.00 @ 1 each	127.15	0.02	0.17	4.68	0.20	1.38	33.67	1.31	0.00	1.57	318.51	0.00	0.00	0.05	1.49	0.98	0.05	0.05	0.33	0.07	0.00	21.26	42.95	0.80
M50980 JUICE SS, Frt Bld 100% 4oz Crt																								
11.00 @ 1 each	60.00	0.00	0.00	10.00	0.00	0.00	14.00	0.00	0.00	0.00	100.00	0.00	-*	-*	-*	3.60	-*	-*	-*	-*	-*	0.00	-*	0.00
M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50																								
5.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00
M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50																								
4.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00
M53222 COND PC Margarine 5g																								
10.00 @ 1 each	30.00	1.00	30.00	30.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	500.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M53221 COND PC Jelly, Grape Smucker																								
10.00 @ 1 each	35.00	0.00	0.00	5.00	0.00	0.00	9.00	0.00	0.00	0.00	0.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50056 COND PC Sauce, Taco 9g																								
10.00 @ 1 each	5.00	0.00	0.00	55.00	0.00	0.00	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50058 COND PC Syrup 1.4oz Smuckers																								
10.00 @ 1 each	110.00	0.00	0.00	25.00	0.00	0.00	29.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
<b>Average</b>	696.31	5.86	7.57	989.72	15.97	20.64	120.26	21.08	101.37	5.6	217.44*	1270.31	0*	.1*	7.31*	9.54	.05*	.04*	.19*	.06*	0*	487.32	11.03*	5.94

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Forestwood MS

**Service Area:** Forestwood - 6-8 - OVS

**Menu Name:** Forestwood MS 2018 Menu - cycle 5 - week 3

**Avg.Method:** Balanced

**Age Group:** Lunch Grades K-8      **Period:** Lunch      **Week:** 3      **Day:** Thursday      **Count Type:** Forecasted      **Total No. of Customers:** 253

Weekly Std.	SFA		Na (mg)	Fat		CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)
	CAL	(g)		% of CAL	(g)																		
600.00-650.00		10.00	1230.00																		0.00		

M66119 ENT: PASTA, BFGD CHILIMACSCWG2

50.00 @ 12 fl oz	379.03	3.35	7.95	172.35	10.69	25.39	48.93	24.53	50.50	7.29	557.49*	399.46	1.13*	0.10*	1.85*	23.22	0.03*	0.11*	3.62*	0.26*	1.59*	95.81	139.15*	4.98
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M51544 SALAD, ChixPop CH SC W 2.0

3.00 @ 1 each	256.64	5.07	17.77	393.81	15.30	53.66	14.81	15.66	31.38	3.71	146.57*	5198.94	0.00*	0.12*	43.60*	7.46	0.04*	0.04*	0.25*	0.06*	0.00*	153.61	17.48*	2.04
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M51680 BRD: ROLL DG, WG 2.5oz

3.00 @ 1 each	170.00	0.50	2.65	135.00	3.00	15.88	28.00	7.00	0.00	3.40	-*	0.01	-*	-*	-*	0.01	-*	-*	-*	-*	-*	12.70	-*	0.85
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M66680 PANINI, CHIXDCD CH RANCH WG 2.0

6.00 @ 1 each	389.17	5.75	13.31	575.90	17.79	41.15	34.12	19.53	52.54	3.56	104.16*	119.93	0.00*	0.14*	1.28*	6.67	0.02*	0.01*	0.17*	0.05*	0.00*	220.14	15.16*	2.10
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M50962 SDW BD, SBJ WG 2.0

3.00 @ 1 sandwich	658.38	3.99	5.45	579.16	35.89	49.06	69.87	19.95	0.00	5.99	378.78*	0.00	0.00*	-*	-*	0.00	-*	-*	-*	-*	-*	59.81	-*	5.35
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M53347 SDW BD, SB WG 2.0

1.00 @ 1 sandwich	558.71	3.99	6.42	579.16	35.89	57.81	43.95	19.95	0.00	5.99	378.78*	0.00	0.00*	-*	-*	0.00	-*	-*	-*	-*	-*	59.81	-*	5.35
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M53770 SDW BN, CHIXPTY PLN WG/WG2.0 MWWW

22.00 @ 1 sandwich	339.76	1.50	3.97	589.66	10.99	29.11	35.99	23.98	44.95	5.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	40.00	-*	2.52
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M52952 SDW BN, CHIXPTY BRD SPCY WG/WG 2.0 MWWW

22.00 @ 1 sandwich	369.84	2.00	4.86	779.66	11.99	29.18	41.99	25.99	49.96	3.00	-*	99.93	-*	-*	-*	0.00	-*	-*	-*	-*	-*	59.99	-*	2.88
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M51417 BURG, Beef AP WG 2.0

10.00 @ 1 each	240.00	2.00	7.50	345.00	7.00	26.25	29.00	16.00	25.00	2.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	60.00	-*	2.88
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M50821 BURG, Beef AM AP WG 2.25

70.00 @ 1 each	285.00	4.25	13.42	545.00	10.50	33.16	29.50	18.50	37.50	2.00	-*	100.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	135.00	-*	2.88
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M54370 BURG, BLACK BEAN AP WG 2.0

1.00 @ 1 each	300.00	1.00	3.00	710.00	9.00	27.00	42.00	19.00	5.00	7.00	280.00*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	80.00	-*	2.16
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M51275 CHIX NUGGET, BNLS WING WG (5) 2.0 MWWW

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Forestwood MS

**Service Area:** Forestwood - 6-8 - OVS

**Menu Name:** Forestwood MS 2018 Menu - cycle 5 - week 3

**Avg.Method:** Balanced

8.00 @ 5 each	200.86	1.88	8.44	338.95	8.79	39.38	12.55	17.58	25.11	2.51	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.90
M51753 CHIX Popcorn, AP Spicy WG 2.0																								
33.00 @ 1 serving	247.14	2.69	9.78	365.34	13.97	50.87	16.12	13.97	21.49	2.15	-*	107.45	-*	-*	-*	0.00	-*	-*	-*	-*	-*	42.98	-*	1.93
M51680 BRD: ROLL DG, WG 2.5oz																								
33.00 @ 1 each	170.00	0.50	2.65	135.00	3.00	15.88	28.00	7.00	0.00	3.40	-*	0.01	-*	-*	-*	0.01	-*	-*	-*	-*	-*	12.70	-*	0.85
M54308 STICKS, CRISPITO CHIXCHILI AP WG 2.0 (2EA)																								
48.00 @ 2 each	540.00	6.00	10.00	740.00	28.00	46.67	46.00	24.00	50.00	6.00	-*	1500.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	80.00	-*	3.60
M51189 COND_Sauce, Chz SS W (LOL) .5																								
48.00 @ 2 fl oz	99.97	4.50	40.50	399.86	7.00	63.00	3.00	5.00	19.99	0.00	0.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M51731 VEG: POTATO SWT, FF CRINKLE 1/2C																								
32.00 @ 1/2 cup	137.66	0.53	3.46	180.02	4.77	31.15	23.30	1.06	0.00	3.18	243.56	3176.86	-*	-*	-*	6.35	-*	-*	-*	-*	-*	21.18	-*	0.38
M51445 VEG GARN: Rom Leaf/Tom Sl																								
28.00 @ 1 serving	4.96	0.01	1.72	1.84	0.07	12.86	1.02	0.30	0.00	0.47	68.61	1352.71	0.00	0.09	15.65	2.51	0.02	0.01	0.13	0.02	0.00	6.10	7.65	0.18
M50412 COND_Pickle, Dill Slice 3ea																								
28.00 @ 3 slice	2.43	0.01	4.72	243.11	0.07	25.17	0.36	0.10	0.00	0.21	-*	0.00	-*	-*	-*	0.32	-*	-*	-*	-*	-*	12.97	-*	0.08
M53153 VEG: BEANS, Bkd Veg AP 1/2c																								
23.00 @ 1/2 cup	130.70	0.00	0.00	552.94	0.00	0.00	29.16	7.04	0.00	5.03	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	40.21	-*	1.81
M50350 VEG: CUCUMBER, Fresh Slice1/2c																								
39.00 @ 1/2 cup	10.81	0.03	2.22	1.44	0.08	6.60	2.62	0.47	0.00	0.36	105.91	75.65	0.00	0.02	11.82	2.02	0.02	0.02	0.07	0.03	0.00	11.53	17.29	0.20
M50534 FRUIT: ORANGE 138ct 1/8wg 1/2c																								
66.00 @ 8 wedge	46.96	0.01	0.29	0.00	0.12	2.30	11.74	0.94	0.00	2.40	180.86	224.82	0.00	0.18	0.00	53.16	0.09	0.04	0.28	0.06	0.00	39.97	13.99	0.10
M53549 FRUIT: APPLESAUCE,Unswt AP1/2c																								
67.00 @ 1/2 cup	52.77	0.00	0.00	10.55	0.00	0.00	13.72	0.00	0.00	2.11	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50982 JUICE SS, ORANGE 100% 4 FLOZ																								
100.00 @ 1 each	51.44	0.00	0.00	15.43	0.00	0.00	12.35	1.03	0.00	0.00	-*	0.00	-*	-*	-*	43.21	-*	-*	-*	-*	-*	0.00	-*	0.00
M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50																								
31.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00
M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50																								

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Forestwood MS

**Service Area:** Forestwood - 6-8 - OVS

**Menu Name:** Forestwood MS 2018 Menu - cycle 5 - week 3

**Avg.Method:** Balanced

167.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00
M53222 COND PC Margarine 5g																								
50.00 @ 1 each	30.00	1.00	30.00	30.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	500.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50855 COND PC Ketchup 9g Heinz																								
150.00 @ 1 each	10.00	0.00	0.00	85.00	0.00	0.00	3.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50055 COND PC Mayonnaise 12g																								
50.00 @ 1 each	80.00	1.50	16.87	75.00	8.00	90.00	1.00	0.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50284 COND PC Mustard 6g																								
50.00 @ 1 each	0.00	0.00	-	65.00	0.00	-	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50624 COND PC Drsg Ranch 12g																								
125.00 @ 1 each	50.00	0.00	0.00	100.00	5.00	90.00	1.00	0.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50287 COND PC Sauce, BBQ 12g																								
150.00 @ 1 each	15.00	0.00	0.00	160.00	0.00	0.00	4.00	0.00	0.00	0.00	-*	100.00	-*	-*	-*	0.60	-*	-*	-*	-*	-*	0.00	-*	0.00
M50056 COND PC Sauce, Taco 9g																								
80.00 @ 1 each	5.00	0.00	0.00	55.00	0.00	0.00	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M54711 PIZZA 16" CHIXDCD PEPPER POPPER W WG 2.0 FUEL 05/18																								
8.00 @ 1/8 cut	400.85	9.26	20.80	645.87	20.16	45.27	31.16	21.04	62.92	2.87	48.38*	592.70	0.00*	0.17*	2.64*	19.30	0.02*	0.01*	0.14*	0.06*	0.00*	231.16	5.35*	1.43
<b>Average</b>	679.16	6.01	7.96	1151.77	23.92	31.69	82.56	33.33	58.09	7.27	224.91*	1668.38	.22*	.09*	4.55*	39.26	.03*	.04*	.83*	.08*	.31*	360.99	35.4*	3.96

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Forestwood MS

**Service Area:** Forestwood - 6-8 - OVS

**Menu Name:** Forestwood MS 2018 Menu - cycle 5 - week 3

**Avg.Method:** Balanced

**Age Group:** Brkfst Grades K-8      **Period:** Breakfast      **Week:** 3      **Day:** Friday      **Count Type:** Forecasted      **Total No. of Customers:** 18

Weekly Std.	SFA		Na (mg)	Fat		CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)
	CAL	(g)		% of CAL	(g)																		
400.00-500.00		10.00	540.00																		0.00		

M66463 BURR 6" EGG CH BACON WG 1.5

16.00 @ 1 each	186.43	3.36	16.23	260.52	8.85	42.71	17.21	10.03	144.83	1.32	40.13*	286.10	0.00*	0.06*	1.20*	9.30	0.01*	0.01*	0.08*	0.04*	0.00*	139.26	6.48*	1.50
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M50435 CEREAL HOT, Oatmeal (1BG)

3.00 @ 1/2 cup	106.30	0.35	3.00	3.25	2.13	18.00	19.13	3.54	0.00	2.83	1.08*	0.00	0.00*	0.00*	0.00*	0.00	0.00*	0.00*	0.00*	0.00*	0.00*	3.25	0.00*	1.28
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M50209 COND\_Sugar, Cinnamon

3.00 @ 1 tablespoon	45.52	0.00	0.03	0.15	0.00	0.09	11.83	0.02	0.00	0.21	1.90	1.14	0.00	0.01	0.12	0.01	0.00	0.00	0.01	0.00	0.00	3.99	0.25	0.04
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M50439 CEREAL BWL, Cheerios WG

2.00 @ 1 bowl	100.00	0.50	4.50	140.00	2.00	18.00	20.00	3.00	0.00	3.00	-*	500.01	-*	-*	-*	6.00	-*	-*	-*	-*	-*	100.00	-*	8.10
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M50208 CEREAL BWL, CinnTstCrnch RS WG

3.00 @ 1 bowl	110.00	0.50	4.09	160.00	3.00	24.54	22.00	1.00	0.00	3.00	-*	400.01	-*	-*	-*	4.80	-*	-*	-*	-*	-*	200.01	-*	3.60
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M50442 CEREAL BWL, Cocoa Puffs RS WG

2.00 @ 1 bowl	110.05	0.00	0.00	160.08	1.50	12.27	25.01	2.00	0.00	2.00	-*	500.25	-*	-*	-*	6.00	-*	-*	-*	-*	-*	100.05	-*	4.50
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M50524 CEREAL BWL, Lucky Charms WG

4.00 @ 1 bowl	110.00	0.00	0.00	180.00	1.00	8.18	23.00	2.00	0.00	2.00	-*	500.01	-*	-*	-*	6.00	-*	-*	-*	-*	-*	100.00	-*	4.50
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M52728 BRD: BAR, Cereal TeamCh WG IW

2.00 @ 1 each	150.00	0.50	3.00	85.00	3.50	21.00	30.00	2.00	0.00	3.00	-*	100.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	200.00	-*	4.50
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M52695 CHEESE, MZ STRING 1EA 1.0

2.00 @ 1 stick	60.00	2.00	30.00	200.01	3.00	45.00	1.00	7.00	10.00	0.00	0.00	200.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	200.01	-*	0.00
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M51237 BRD: BREAD WG, Tst Marg 1sl

3.00 @ 1 slice	110.00	1.33	10.91	160.00	4.33	35.45	15.00	3.00	0.00	1.00	1.33*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	1.08
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M50543 FRUIT: BANANA (100-120ct) Whl

5.00 @ 1 each	93.95	0.12	1.13	1.06	0.35	3.34	24.11	1.15	0.00	2.74	377.91	67.56	0.00	0.11	0.53	9.18	0.03	0.08	0.70	0.39	0.00	5.28	23.22	0.27
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M50745 FRUIT: APPLES, Warm Cinn 1/2c

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Forestwood MS

**Service Area:** Forestwood - 6-8 - OVS

**Menu Name:** Forestwood MS 2018 Menu - cycle 5 - week 3

**Avg.Method:** Balanced

7.00 @ 1/2 cup	105.19	0.02	0.19	9.88	0.03	0.29	26.24	0.02	0.00	2.00	2.43*	0.93	0.00*	0.01*	0.06*	0.14	0.00*	0.00*	0.01*	0.00*	0.00*	2.28	0.46*	0.03
M50979 JUICE SS, Apple 100% 4oz Cart																								
15.00 @ 1 each	60.00	0.00	0.00	15.00	0.00	0.00	14.00	0.00	0.00	0.00	85.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50																								
8.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00
M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50																								
9.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00
M53222 COND PC Margarine 5g																								
5.00 @ 1 each	30.00	1.00	30.00	30.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	500.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M53221 COND PC Jelly, Grape Smucker																								
5.00 @ 1 each	35.00	0.00	0.00	5.00	0.00	0.00	9.00	0.00	0.00	0.00	0.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50056 COND PC Sauce, Taco 9g																								
5.00 @ 1 each	5.00	0.00	0.00	55.00	0.00	0.00	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50058 COND PC Syrup 1.4oz Smuckers																								
5.00 @ 1 each	110.00	0.00	0.00	25.00	0.00	0.00	29.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
<b>Average</b>	574.7	4.67	7.32	586.85	12.83	20.09	95.36	20.06	136.79	5.21	213.14*	1207	0*	.09*	1.26*	16.14	.02*	.03*	.27*	.15*	0*	532.91	12.44*	5.32

\* Some values for this nutrient are unavailable; the number listed is incomplete.

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Forestwood MS

**Service Area:** Forestwood - 6-8 - OVS

**Menu Name:** Forestwood MS 2018 Menu - cycle 5 - week 3

**Avg.Method:** Balanced

**Age Group:** Lunch Grades K-8      **Period:** Lunch      **Week:** 3      **Day:** Friday      **Count Type:** Forecasted      **Total No. of Customers:** 257

Weekly Std.	SFA		Na (mg)	Fat		CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)	
	CAL	(g)		% of CAL	(g)																			% of CAL
600.00-650.00		10.00	1230.00																			0.00		

M66531 TACO BFGD SOFT SC WG 2.0 2EA

72.00 @ 2 each	363.35	6.65	16.47	435.82	16.56	41.01	30.91	22.50	55.38	2.54	230.69*	1569.11	0.91*	0.15*	15.50*	3.05	0.03*	0.10*	2.94*	0.21*	1.27*	240.13	115.08*	3.28
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M53486 SALAD, BfGd Taco SC SC 2.25

2.00 @ 1 each	250.92	5.75	20.61	209.61	12.15	43.59	16.97	19.72	55.59	3.64	422.46*	3881.04	0.91*	0.33*	41.52*	9.61	0.09*	0.15*	3.82*	0.31*	1.27*	151.54	154.55*	2.71
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M54540 BRD: TORTILLA, CHIP RND WG 2BG

2.00 @ 1 serving	224.59	1.60	6.43	184.48	9.63	38.57	32.08	3.21	0.00	3.21	0.00	0.00	0.00	-*	-*	0.00	-*	-*	-*	-*	-*	48.13	-*	0.80
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M51515 BURG, Beef CH Bacon AP WG 2.5

6.00 @ 1 each	321.16	5.18	14.52	506.15	13.49	37.80	29.66	20.94	46.02	2.00	10.00*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	159.50	-*	2.94
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M51082 SUB AP, Tuna Salad WG 2.0

2.00 @ 1 sandwich	257.39	0.66	2.30	633.23	7.08	24.77	31.85	21.87	36.61	4.20	176.78*	2770.03	0.00*	0.23*	35.62*	5.64	0.03*	0.03*	0.31*	0.05*	0.00*	58.43	18.98*	2.19
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M53347 SDW BD, SB WG 2.0

1.00 @ 1 sandwich	558.71	3.99	6.42	579.16	35.89	57.81	43.95	19.95	0.00	5.99	378.78*	0.00	0.00*	-*	-*	0.00	-*	-*	-*	-*	-*	59.81	-*	5.35
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M53770 SDW BN, CHIXPTY PLN WG/WG2.0 MWWW

22.00 @ 1 sandwich	339.76	1.50	3.97	589.66	10.99	29.11	35.99	23.98	44.95	5.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	40.00	-*	2.52
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M52952 SDW BN, CHIXPTY BRD SPCY WG/WG 2.0 MWWW

22.00 @ 1 sandwich	369.84	2.00	4.86	779.66	11.99	29.18	41.99	25.99	49.96	3.00	-*	99.93	-*	-*	-*	0.00	-*	-*	-*	-*	-*	59.99	-*	2.88
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M51417 BURG, Beef AP WG 2.0

10.00 @ 1 each	240.00	2.00	7.50	345.00	7.00	26.25	29.00	16.00	25.00	2.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	60.00	-*	2.88
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M50821 BURG, Beef AM AP WG 2.25

70.00 @ 1 each	285.00	4.25	13.42	545.00	10.50	33.16	29.50	18.50	37.50	2.00	-*	100.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	135.00	-*	2.88
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M54370 BURG, BLACK BEAN AP WG 2.0

1.00 @ 1 each	300.00	1.00	3.00	710.00	9.00	27.00	42.00	19.00	5.00	7.00	280.00*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	80.00	-*	2.16
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M54482 CHIX NUGGET, BNLS WING HONEY SRIRACHA WG (6) 2.0 MWWW

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Forestwood MS

**Service Area:** Forestwood - 6-8 - OVS

**Menu Name:** Forestwood MS 2018 Menu - cycle 5 - week 3

**Avg.Method:** Balanced

8.00 @ 6 each	284.98	2.25	7.11	374.97	13.50	42.63	21.00	22.50	52.50	1.50	-*	299.98	-*	-*	-*	1.80	-*	-*	-*	-*	-*	0.00	-*	1.62
M52963 CHIX Popcorn, AP WG 2.0																								
16.00 @ 1 serving	250.19	2.72	9.78	380.72	14.14	50.87	15.23	15.23	21.76	3.26	-*	108.78	-*	-*	-*	0.00	-*	-*	-*	-*	-*	43.51	-*	1.96
M51680 BRD: ROLL DG, WG 2.5oz																								
16.00 @ 1 each	170.00	0.50	2.65	135.00	3.00	15.88	28.00	7.00	0.00	3.40	-*	0.01	-*	-*	-*	0.01	-*	-*	-*	-*	-*	12.70	-*	0.85
M55774 STICKS, MAX SNAX PIZZA W/MARINARA AP WG 2.0																								
20.00 @ 2 each	319.87	2.00	5.63	649.89	9.00	25.32	39.98	18.00	10.00	4.00	-*	898.95	-*	-*	-*	8.98	-*	-*	-*	-*	-*	439.92	-*	3.24
M53419 VEG: POTATO, FF CTINAGEN7 1/2C																								
104.00 @ 1/2 cup	119.99	1.33	10.00	133.32	4.67	35.00	17.33	2.00	0.00	2.00	259.98	0.00	-*	-*	-*	3.20	-*	-*	-*	-*	-*	0.00	-*	0.48
M51445 VEG GARN: Rom Leaf/Tom SI																								
26.00 @ 1 serving	4.96	0.01	1.72	1.84	0.07	12.86	1.02	0.30	0.00	0.47	68.61	1352.71	0.00	0.09	15.65	2.51	0.02	0.01	0.13	0.02	0.00	6.10	7.65	0.18
M50412 COND_Pickle, Dill Slice 3ea																								
26.00 @ 3 slice	2.43	0.01	4.72	243.11	0.07	25.17	0.36	0.10	0.00	0.21	-*	0.00	-*	-*	-*	0.32	-*	-*	-*	-*	-*	12.97	-*	0.08
M50395 VEG: POTATO, Baked 120ct																								
1.00 @ 1 each	130.04	0.05	0.33	13.98	0.18	1.26	29.57	3.50	0.00	3.08	748.09	13.98	0.00	0.06	2.80	13.42	0.09	0.07	1.97	0.43	0.00	20.97	97.88	1.51
M52660 CHEESE, CH Shreds 0.5																								
1.00 @ 1 fl oz	55.00	3.00	49.09	95.00	4.50	73.64	0.50	3.50	15.00	0.00	0.00	140.49	-*	-*	-*	0.00	-*	-*	-*	-*	-*	101.00	-*	0.09
M53295 COND_Sour Cream AP																								
1.00 @ 1 tablespoon	30.00	1.75	52.50	25.00	3.00	90.00	1.00	0.50	10.00	0.00	-*	99.99	-*	-*	-*	0.00	-*	-*	-*	-*	-*	20.00	-*	0.00
M50543 FRUIT: BANANA (100-120ct) Whl																								
34.00 @ 1 each	93.95	0.12	1.13	1.06	0.35	3.34	24.11	1.15	0.00	2.74	377.91	67.56	0.00	0.11	0.53	9.18	0.03	0.08	0.70	0.39	0.00	5.28	23.22	0.27
M50178 FRUIT: PINEAPPLE Tbits w/Jc1/2c																								
70.00 @ 1/2 cup	78.55	0.01	0.14	1.20	0.10	1.10	18.92	0.51	0.00	0.96	146.98	-*	-*	-*	-*	11.45	-*	-*	-*	-*	-*	16.87	-*	0.34
M50980 JUICE SS, Frt Bld 100% 4oz Crt																								
105.00 @ 1 each	60.00	0.00	0.00	10.00	0.00	0.00	14.00	0.00	0.00	0.00	100.00	0.00	-*	-*	-*	3.60	-*	-*	-*	-*	-*	0.00	-*	0.00
M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50																								
28.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00
M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50																								

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Forestwood MS

**Service Area:** Forestwood - 6-8 - OVS

**Menu Name:** Forestwood MS 2018 Menu - cycle 5 - week 3

**Avg.Method:** Balanced

119.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00
M53222 COND PC Margarine 5g																								
40.00 @ 1 each	30.00	1.00	30.00	30.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	500.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50855 COND PC Ketchup 9g Heinz																								
200.00 @ 1 each	10.00	0.00	0.00	85.00	0.00	0.00	3.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50055 COND PC Mayonnaise 12g																								
30.00 @ 1 each	80.00	1.50	16.87	75.00	8.00	90.00	1.00	0.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50284 COND PC Mustard 6g																								
40.00 @ 1 each	0.00	0.00	-	65.00	0.00	-	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50624 COND PC Drsg Ranch 12g																								
125.00 @ 1 each	50.00	0.00	0.00	100.00	5.00	90.00	1.00	0.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50287 COND PC Sauce, BBQ 12g																								
100.00 @ 1 each	15.00	0.00	0.00	160.00	0.00	0.00	4.00	0.00	0.00	0.00	-*	100.00	-*	-*	-*	0.60	-*	-*	-*	-*	-*	0.00	-*	0.00
M50056 COND PC Sauce, Taco 9g																								
70.00 @ 1 each	5.00	0.00	0.00	55.00	0.00	0.00	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M54711 PIZZA 16" CHIXDCD PEPPER POPPER W WG 2.0 FUEL 05/18																								
8.00 @ 1/8 cut	400.85	9.26	20.80	645.87	20.16	45.27	31.16	21.04	62.92	2.87	48.38*	592.70	0.00*	0.17*	2.64*	19.30	0.02*	0.01*	0.14*	0.06*	0.00*	231.16	5.35*	1.43
<b>Average</b>	567.78	5.39	8.54	937.36	19.38	30.71	70.52	27.11	48.88	4.58	319.54*	1181.17*	.26*	.08*	6.69*	10.82	.02*	.04*	.97*	.12*	.37*	345.52	37.98*	3.3

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