



# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Forestwood MS

**Service Area:** Forestwood - 6-8 - OVS

**Menu Name:** Forestwood MS 2018 Menu - cycle 5 - week 2

**Avg.Method:** Balanced

**Age Group:** Brkfst Grades K-8      **Period:** Breakfast      **Week:** 2      **Day:** Monday      **Count Type:** Forecasted      **Total No. of Customers:** 14

Weekly Std.	SFA		Na (mg)	Fat		CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)	
	CAL	(g)		% of CAL	(g)																			% of CAL
400.00-500.00		10.00	540.00																			0.00		

M51237 BRD: BREAD WG, Tst Marg 1sl

9.00 @ 1 slice	110.00	1.33	10.91	160.00	4.33	35.45	15.00	3.00	0.00	1.00	1.33*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	1.08
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M50205 CEREAL HOT, Oatmeal (2BG)

4.00 @ 1 cup	212.61	0.71	3.00	6.51	4.25	18.00	38.27	7.09	0.00	5.67	2.17*	0.00	0.00*	0.00*	0.00*	0.00	0.00*	0.00*	0.00*	0.00*	0.00*	6.51	0.00*	2.55
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M50209 COND\_Sugar, Cinnamon

4.00 @ 1 tablespoon	45.52	0.00	0.03	0.15	0.00	0.09	11.83	0.02	0.00	0.21	1.90	1.14	0.00	0.01	0.12	0.01	0.00	0.00	0.01	0.00	0.00	3.99	0.25	0.04
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M50439 CEREAL BWL, Cheerios WG

4.00 @ 1 bowl	100.00	0.50	4.50	140.00	2.00	18.00	20.00	3.00	0.00	3.00	-*	500.01	-*	-*	-*	6.00	-*	-*	-*	-*	-*	100.00	-*	8.10
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M50440 CEREAL BWL, CinnTstCrnch WG

4.00 @ 1 bowl	110.00	0.50	4.09	160.00	3.00	24.54	22.00	1.00	0.00	2.00	50.00	400.01	-*	-*	-*	4.80	-*	-*	-*	-*	-*	80.00	-*	3.60
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M50442 CEREAL BWL, Cocoa Puffs RS WG

4.00 @ 1 bowl	110.05	0.00	0.00	160.08	1.50	12.27	25.01	2.00	0.00	2.00	-*	500.25	-*	-*	-*	6.00	-*	-*	-*	-*	-*	100.05	-*	4.50
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M50524 CEREAL BWL, Lucky Charms WG

4.00 @ 1 bowl	110.00	0.00	0.00	180.00	1.00	8.18	23.00	2.00	0.00	2.00	-*	500.01	-*	-*	-*	6.00	-*	-*	-*	-*	-*	100.00	-*	4.50
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M52728 BRD: BAR, Cereal TeamCh WG IW

4.00 @ 1 each	150.00	0.50	3.00	85.00	3.50	21.00	30.00	2.00	0.00	3.00	-*	100.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	200.00	-*	4.50
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M52695 CHEESE, MZ STRING 1EA 1.0

4.00 @ 1 stick	60.00	2.00	30.00	200.01	3.00	45.00	1.00	7.00	10.00	0.00	0.00	200.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	200.01	-*	0.00
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M51237 BRD: BREAD WG, Tst Marg 1sl

4.00 @ 1 slice	110.00	1.33	10.91	160.00	4.33	35.45	15.00	3.00	0.00	1.00	1.33*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	1.08
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M50536 FRUIT: APPLE, 138ct 1/8wg 1/2c

3.00 @ 4 wedge	31.53	0.02	0.50	2.39	0.10	2.95	8.40	0.17	0.00	1.45	67.15	33.13	0.00	0.11	1.32	3.11	0.01	0.02	0.06	0.03	0.00	5.02	6.81	0.07
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M52271 FRUIT: PEARS, Dice w/Jc 1/2c

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Forestwood MS

**Service Area:** Forestwood - 6-8 - OVS

**Menu Name:** Forestwood MS 2018 Menu - cycle 5 - week 2

**Avg.Method:** Balanced

6.00 @ 1/2 cup	60.66	0.00	0.00	10.11	0.00	0.00	14.15	0.00	0.00	2.02	80.89	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M53365 JUICE SS, Grape100% 4oz Cart																								
9.00 @ 1 each	80.00	0.00	0.00	15.00	0.00	0.00	18.00	1.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50																								
4.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00
M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50																								
8.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00
M53222 COND PC Margarine 5g																								
10.00 @ 1 each	30.00	1.00	30.00	30.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	500.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M53221 COND PC Jelly, Grape Smucker																								
10.00 @ 1 each	35.00	0.00	0.00	5.00	0.00	0.00	9.00	0.00	0.00	0.00	0.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50056 COND PC Sauce, Taco 9g																								
10.00 @ 1 each	5.00	0.00	0.00	55.00	0.00	0.00	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50058 COND PC Syrup 1.4oz Smuckers																								
10.00 @ 1 each	110.00	0.00	0.00	25.00	0.00	0.00	29.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
<b>Average</b>	671.53	3.59	4.81	651.42	12.12	16.24	125.26	17.21	8.57	7.21	65.74*	1421.8	0*	.03*	.32*	8.9	0*	0*	.01*	.01*	0*	484.1	1.53*	8.96

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Forestwood MS

**Service Area:** Forestwood - 6-8 - OVS

**Menu Name:** Forestwood MS 2018 Menu - cycle 5 - week 2

**Avg.Method:** Balanced

**Age Group:** Lunch Grades K-8      **Period:** Lunch      **Week:** 2      **Day:** Monday      **Count Type:** Forecasted      **Total No. of Customers:** 241

Weekly Std.	SFA		Na (mg)	Fat		CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)	
	CAL	(g)		% of CAL	(g)																			% of CAL
600.00-650.00		10.00	1230.00																			0.00		

M66105 BEEF MEATLOAF, WTOPPING SC 2.0

60.00 @ 1 each	244.17	3.18	11.73	327.63	9.28	34.22	23.85	15.98	91.11	2.23	208.72*	197.14	0.85*	0.08*	3.02*	3.73	0.03*	0.09*	2.73*	0.20*	1.19*	43.37	108.57*	2.54
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M53950 COND\_Gravy, Brown RosemaryLSSS

60.00 @ 1/4 cup	26.12	0.02	0.53	125.76	0.51	17.63	5.28	0.08	0.00	0.14	17.77	6.23	0.00*	0.00*	0.36*	0.36	0.00*	0.00*	0.01*	0.01*	0.00*	6.16	1.72*	0.08
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M51680 BRD: ROLL DG, WG 2.5oz

60.00 @ 1 each	170.00	0.50	2.65	135.00	3.00	15.88	28.00	7.00	0.00	3.40	-*	0.01	-*	-*	-*	0.01	-*	-*	-*	-*	-*	12.70	-*	0.85
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M50419 SALAD, VEG BAJA SC W 2.25

3.00 @ 1 each	230.85	6.18	24.10	254.26	10.00	39.00	24.28	13.54	30.64	6.45	226.79*	3829.68	0.00*	0.20*	40.54*	7.56	0.07*	0.06*	0.92*	0.11*	0.00*	277.93	43.73*	2.05
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M51680 BRD: ROLL DG, WG 2.5oz

3.00 @ 1 each	170.00	0.50	2.65	135.00	3.00	15.88	28.00	7.00	0.00	3.40	-*	0.01	-*	-*	-*	0.01	-*	-*	-*	-*	-*	12.70	-*	0.85
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M55229 MELT SUB AP, CHIXMTBL PIZZA WG 2.0

22.00 @ 1 sandwich	355.01	3.75	9.51	895.09	13.67	34.65	37.50	22.50	47.50	5.67	-*	439.24	-*	-*	-*	2.40	-*	-*	-*	-*	-*	169.17	-*	2.80
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M51851 SDW BD, CHam AM WG 2.0

3.00 @ 1 sandwich	350.00	6.38	16.39	1132.50	14.63	37.61	33.50	21.00	75.00	2.00	-*	200.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	150.00	-*	2.61
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M53347 SDW BD, SB WG 2.0

1.00 @ 1 sandwich	558.71	3.99	6.42	579.16	35.89	57.81	43.95	19.95	0.00	5.99	378.78*	0.00	0.00*	-*	-*	0.00	-*	-*	-*	-*	-*	59.81	-*	5.35
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M53770 SDW BN, CHIXPTY PLN WG/WG2.0 MWWW

22.00 @ 1 sandwich	339.76	1.50	3.97	589.66	10.99	29.11	35.99	23.98	44.95	5.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	40.00	-*	2.52
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M52952 SDW BN, CHIXPTY BRD SPCY WG/WG 2.0 MWWW

22.00 @ 1 sandwich	369.84	2.00	4.86	779.66	11.99	29.18	41.99	25.99	49.96	3.00	-*	99.93	-*	-*	-*	0.00	-*	-*	-*	-*	-*	59.99	-*	2.88
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M51417 BURG, Beef AP WG 2.0

10.00 @ 1 each	240.00	2.00	7.50	345.00	7.00	26.25	29.00	16.00	25.00	2.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	60.00	-*	2.88
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M50821 BURG, Beef AM AP WG 2.25

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Forestwood MS

**Service Area:** Forestwood - 6-8 - OVS

**Menu Name:** Forestwood MS 2018 Menu - cycle 5 - week 2

**Avg.Method:** Balanced

70.00 @ 1 each	285.00	4.25	13.42	545.00	10.50	33.16	29.50	18.50	37.50	2.00	-*	100.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	135.00	-*	2.88
M54370 BURG, BLACK BEAN AP WG 2.0																								
1.00 @ 1 each	300.00	1.00	3.00	710.00	9.00	27.00	42.00	19.00	5.00	7.00	280.00*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	80.00	-*	2.16
M54482 CHIX NUGGET, BNLS WING HONEY SRIRACHA WG (6) 2.0 MWWW																								
8.00 @ 6 each	284.98	2.25	7.11	374.97	13.50	42.63	21.00	22.50	52.50	1.50	-*	299.98	-*	-*	-*	1.80	-*	-*	-*	-*	-*	0.00	-*	1.62
M52963 CHIX Popcorn, AP WG 2.0																								
33.00 @ 1 serving	250.19	2.72	9.78	380.72	14.14	50.87	15.23	15.23	21.76	3.26	-*	108.78	-*	-*	-*	0.00	-*	-*	-*	-*	-*	43.51	-*	1.96
M51680 BRD: ROLL DG, WG 2.5oz																								
33.00 @ 1 each	170.00	0.50	2.65	135.00	3.00	15.88	28.00	7.00	0.00	3.40	-*	0.01	-*	-*	-*	0.01	-*	-*	-*	-*	-*	12.70	-*	0.85
M55774 STICKS, MAX SNAX PIZZA W/MARINARA AP WG 2.0																								
18.00 @ 2 each	319.87	2.00	5.63	649.89	9.00	25.32	39.98	18.00	10.00	4.00	-*	898.95	-*	-*	-*	8.98	-*	-*	-*	-*	-*	439.92	-*	3.24
M53419 VEG: POTATO, FF CTINAGEN7 1/2C																								
128.00 @ 1/2 cup	119.99	1.33	10.00	133.32	4.67	35.00	17.33	2.00	0.00	2.00	259.98	0.00	-*	-*	-*	3.20	-*	-*	-*	-*	-*	0.00	-*	0.48
M51445 VEG GARN: Rom Leaf/Tom Sl																								
28.00 @ 1 serving	4.96	0.01	1.72	1.84	0.07	12.86	1.02	0.30	0.00	0.47	68.61	1352.71	0.00	0.09	15.65	2.51	0.02	0.01	0.13	0.02	0.00	6.10	7.65	0.18
M50412 COND_Pickle, Dill Slice 3ea																								
28.00 @ 3 slice	2.43	0.01	4.72	243.11	0.07	25.17	0.36	0.10	0.00	0.21	-*	0.00	-*	-*	-*	0.32	-*	-*	-*	-*	-*	12.97	-*	0.08
M50395 VEG: POTATO, Baked 120ct																								
1.00 @ 1 each	130.04	0.05	0.33	13.98	0.18	1.26	29.57	3.50	0.00	3.08	748.09	13.98	0.00	0.06	2.80	13.42	0.09	0.07	1.97	0.43	0.00	20.97	97.88	1.51
M52660 CHEESE, CH Shreds 0.5																								
1.00 @ 1 fl oz	55.00	3.00	49.09	95.00	4.50	73.64	0.50	3.50	15.00	0.00	0.00	140.49	-*	-*	-*	0.00	-*	-*	-*	-*	-*	101.00	-*	0.09
M53295 COND_Sour Cream AP																								
1.00 @ 1 tablespoon	30.00	1.75	52.50	25.00	3.00	90.00	1.00	0.50	10.00	0.00	-*	99.99	-*	-*	-*	0.00	-*	-*	-*	-*	-*	20.00	-*	0.00
M51319 VEG: CORN, Fz Seas1/2c																								
40.00 @ 1/2 cup	92.68	1.25	12.15	146.16	3.47	33.66	15.83	2.09	0.00	1.98	192.58	163.16	0.00*	0.06*	0.33*	2.86	0.02*	0.05*	1.07*	0.08*	0.00*	2.77	64.74*	0.39
M50823 VEG: TOMATOES, GRAPE 1/2C																								
51.00 @ 1/2 cup	15.52	0.02	1.40	4.31	0.17	10.00	3.35	0.76	0.00	1.03	204.35	718.25	0.00	0.47	6.81	11.81	0.03	0.02	0.51	0.07	0.00	8.62	20.69	0.23
M50536 FRUIT: APPLE, 138ct 1/8wg 1/2c																								

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Forestwood MS

**Service Area:** Forestwood - 6-8 - OVS

**Menu Name:** Forestwood MS 2018 Menu - cycle 5 - week 2

**Avg.Method:** Balanced

36.00 @ 4 wedge	31.53	0.02	0.50	2.39	0.10	2.95	8.40	0.17	0.00	1.45	67.15	33.13	0.00	0.11	1.32	3.11	0.01	0.02	0.06	0.03	0.00	5.02	6.81	0.07	
M52794 FRUIT: ORANGE Mand w/Syr 1/2c																									
58.00 @ 1/2 cup	84.46	0.01	0.13	7.51	0.13	1.33	20.27	0.56	0.00	0.88	97.66	-*	-*	-*	-*	24.79	-*	-*	-*	-*	-*	8.76	-*	0.46	
M50980 JUICE SS, Frt Bld 100% 4oz Crt																									
105.00 @ 1 each	60.00	0.00	0.00	10.00	0.00	0.00	14.00	0.00	0.00	0.00	100.00	0.00	-*	-*	-*	3.60	-*	-*	-*	-*	-*	0.00	-*	0.00	
M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50																									
23.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00	
M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50																									
113.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00	
M53222 COND PC Margarine 5g																									
50.00 @ 1 each	30.00	1.00	30.00	30.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	500.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00	
M50855 COND PC Ketchup 9g Heinz																									
175.00 @ 1 each	10.00	0.00	0.00	85.00	0.00	0.00	3.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00	
M50055 COND PC Mayonnaise 12g																									
40.00 @ 1 each	80.00	1.50	16.87	75.00	8.00	90.00	1.00	0.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00	
M50284 COND PC Mustard 6g																									
50.00 @ 1 each	0.00	0.00	-	65.00	0.00	-	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00	
M50624 COND PC Drsg Ranch 12g																									
180.00 @ 1 each	50.00	0.00	0.00	100.00	5.00	90.00	1.00	0.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00	
M50287 COND PC Sauce, BBQ 12g																									
175.00 @ 1 each	15.00	0.00	0.00	160.00	0.00	0.00	4.00	0.00	0.00	0.00	-*	100.00	-*	-*	-*	0.60	-*	-*	-*	-*	-*	0.00	-*	0.00	
M50056 COND PC Sauce, Taco 9g																									
40.00 @ 1 each	5.00	0.00	0.00	55.00	0.00	0.00	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00	
M54710 PIZZA 16" CHIXDCD CAUL BUFF RANCH W WG 2.0 FUEL 05/18																									
8.00 @ 1/8 cut	355.01	6.29	15.95	692.11	15.85	40.19	30.96	20.58	47.96	3.57	81.66*	401.69	0.00*	0.14*	7.34*	15.81	0.02*	0.03*	0.20*	0.07*	0.00*	228.12	13.91*	1.52	
<b>Average</b>	693.04	5.51	7.15	1226.89	23.5	30.52	88.64	31.21	63.98	7.06	366.12*	1085.14*	.21*	.16*	5.11*	16.88	.02*	.04*	1.02*	.09*	.3*	313.2	45.9*	3.93	

\* Some values for this nutrient are unavailable; the number listed is incomplete.

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Forestwood MS

**Service Area:** Forestwood - 6-8 - OVS

**Menu Name:** Forestwood MS 2018 Menu - cycle 5 - week 2

**Avg.Method:** Balanced

**Age Group:** Brkfst Grades K-8      **Period:** Breakfast      **Week:** 2      **Day:** Tuesday      **Count Type:** Forecasted      **Total No. of Customers:** 17

Weekly Std.	SFA		Na (mg)	Fat		CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)
	CAL	(g)		% of CAL	(g)																		
400.00-500.00		10.00	540.00																		0.00		

M54037 SDW FB, Egg Bacon CH SS WG 1.0

12.00 @ 1 each	160.12	3.07	17.27	262.38	7.65	43.01	14.89	7.74	102.21	1.34	0.00*	190.56	-*	-*	-*	0.03	-*	-*	-*	-*	-*	86.00	-*	0.91
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M50435 CEREAL HOT, Oatmeal (1BG)

4.00 @ 1/2 cup	106.30	0.35	3.00	3.25	2.13	18.00	19.13	3.54	0.00	2.83	1.08*	0.00	0.00*	0.00*	0.00*	0.00	0.00*	0.00*	0.00*	0.00*	0.00*	3.25	0.00*	1.28
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M50209 COND\_Sugar, Cinnamon

4.00 @ 1 tablespoon	45.52	0.00	0.03	0.15	0.00	0.09	11.83	0.02	0.00	0.21	1.90	1.14	0.00	0.01	0.12	0.01	0.00	0.00	0.01	0.00	0.00	3.99	0.25	0.04
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M50439 CEREAL BWL, Cheerios WG

5.00 @ 1 bowl	100.00	0.50	4.50	140.00	2.00	18.00	20.00	3.00	0.00	3.00	-*	500.01	-*	-*	-*	6.00	-*	-*	-*	-*	-*	100.00	-*	8.10
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M50440 CEREAL BWL, CinnTstCrnch WG

5.00 @ 1 bowl	110.00	0.50	4.09	160.00	3.00	24.54	22.00	1.00	0.00	2.00	50.00	400.01	-*	-*	-*	4.80	-*	-*	-*	-*	-*	80.00	-*	3.60
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M50442 CEREAL BWL, Cocoa Puffs RS WG

5.00 @ 1 bowl	110.05	0.00	0.00	160.08	1.50	12.27	25.01	2.00	0.00	2.00	-*	500.25	-*	-*	-*	6.00	-*	-*	-*	-*	-*	100.05	-*	4.50
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M50524 CEREAL BWL, Lucky Charms WG

5.00 @ 1 bowl	110.00	0.00	0.00	180.00	1.00	8.18	23.00	2.00	0.00	2.00	-*	500.01	-*	-*	-*	6.00	-*	-*	-*	-*	-*	100.00	-*	4.50
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M52726 BRD: BAR, Cereal FrtyCh WG IW

5.00 @ 1 each	150.00	0.50	3.00	95.00	3.50	21.00	29.00	3.00	0.00	3.00	-*	200.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	200.00	-*	1.80
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M52695 CHEESE, MZ STRING 1EA 1.0

7.00 @ 1 stick	60.00	2.00	30.00	200.01	3.00	45.00	1.00	7.00	10.00	0.00	0.00	200.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	200.01	-*	0.00
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M51237 BRD: BREAD WG, Tst Marg 1sl

3.00 @ 1 slice	110.00	1.33	10.91	160.00	4.33	35.45	15.00	3.00	0.00	1.00	1.33*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	1.08
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M53362 FRUIT: HONEYDEW, Melon 1/2c

6.00 @ 1/2 cup	30.93	0.03	0.95	15.47	0.12	3.50	7.81	0.46	0.00	0.69	195.92	42.96	0.00	0.02	2.49	15.47	0.03	0.01	0.36	0.08	0.00	5.16	9.45	0.15
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M50178 FRUIT: PINEAPPLE Tbits w/Jc1/2c

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Forestwood MS

**Service Area:** Forestwood - 6-8 - OVS

**Menu Name:** Forestwood MS 2018 Menu - cycle 5 - week 2

**Avg.Method:** Balanced

5.00 @ 1/2 cup	78.55	0.01	0.14	1.20	0.10	1.10	18.92	0.51	0.00	0.96	146.98	-*	-*	-*	-*	11.45	-*	-*	-*	-*	-*	16.87	-*	0.34
M50980 JUICE SS, Frt Bld 100% 4oz Crt																								
10.00 @ 1 each	60.00	0.00	0.00	10.00	0.00	0.00	14.00	0.00	0.00	0.00	100.00	0.00	-*	-*	-*	3.60	-*	-*	-*	-*	-*	0.00	-*	0.00
M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50																								
8.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00
M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50																								
11.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00
M53222 COND PC Margarine 5g																								
5.00 @ 1 each	30.00	1.00	30.00	30.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	500.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M53221 COND PC Jelly, Grape Smucker																								
4.00 @ 1 each	35.00	0.00	0.00	5.00	0.00	0.00	9.00	0.00	0.00	0.00	0.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50056 COND PC Sauce, Taco 9g																								
4.00 @ 1 each	5.00	0.00	0.00	55.00	0.00	0.00	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50058 COND PC Syrup 1.4oz Smuckers																								
7.00 @ 1 each	110.00	0.00	0.00	25.00	0.00	0.00	29.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
<b>Average</b>	625.74	4.77	6.86	735.39	13.27	19.08	105.77	22.2	84.21	5.9	186.84*	1555.92*	0*	.01*	.91*	19.94	.01*	0*	.13*	.03*	0*	657.45	3.39*	7.91

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Forestwood MS

**Service Area:** Forestwood - 6-8 - OVS

**Menu Name:** Forestwood MS 2018 Menu - cycle 5 - week 2

**Avg.Method:** Balanced

**Age Group:** Lunch Grades K-8      **Period:** Lunch      **Week:** 2      **Day:** Tuesday      **Count Type:** Forecasted      **Total No. of Customers:** 233

Weekly Std.	SFA		Na (mg)	Fat		CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)
	CAL	(g)		% of CAL	(g)																		
600.00-650.00		10.00	1230.00																		0.00		

M51355 ENT: BOWL, POTATO CHIXPOP CH WG 2.0 (1C VEG)

90.00 @ 1 bowl	419.52	6.32	13.57	533.49	19.78	42.44	42.95	18.58	31.38	4.76	291.93*	304.89	0.00*	0.03*	0.43*	16.74	0.01*	0.03*	0.54*	0.04*	0.00*	140.46	32.63*	2.24
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M50443 COND\_Gravy, Country SS

90.00 @ 1/4 cup	34.17	0.00	0.00	196.86	0.49	12.86	5.86	0.00	0.00	0.00	0.53*	0.00	0.00*	0.00*	0.00*	0.00	0.00*	0.00*	0.00*	0.00*	0.00*	21.13	0.00*	0.00
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M51680 BRD: ROLL DG, WG 2.5oz

90.00 @ 1 each	170.00	0.50	2.65	135.00	3.00	15.88	28.00	7.00	0.00	3.40	-*	0.01	-*	-*	-*	0.01	-*	-*	-*	-*	-*	12.70	-*	0.85
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M52184 SALAD, CHam Tky Cobb SCW2.25

3.00 @ 1 each	188.39	5.07	24.22	436.22	11.26	53.79	5.84	16.30	141.66	1.26	146.57*	5267.02	0.00*	0.12*	43.60*	7.46	0.04*	0.04*	0.25*	0.06*	0.00*	140.43	17.48*	1.30
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M51680 BRD: ROLL DG, WG 2.5oz

3.00 @ 1 each	170.00	0.50	2.65	135.00	3.00	15.88	28.00	7.00	0.00	3.40	-*	0.01	-*	-*	-*	0.01	-*	-*	-*	-*	-*	12.70	-*	0.85
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M66715 PANINI, TKY CH SWEST WG 2.0

6.00 @ 1 each	392.66	7.37	16.88	922.27	18.12	41.53	36.57	20.60	58.55	3.67	124.23*	130.84*	0.00*	0.14*	0.79*	7.83	0.02*	0.01*	0.17*	0.05*	0.00*	328.31	14.68*	2.15
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M50962 SDW BD, SBJ WG 2.0

3.00 @ 1 sandwich	658.38	3.99	5.45	579.16	35.89	49.06	69.87	19.95	0.00	5.99	378.78*	0.00	0.00*	-*	-*	0.00	-*	-*	-*	-*	-*	59.81	-*	5.35
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M53347 SDW BD, SB WG 2.0

1.00 @ 1 sandwich	558.71	3.99	6.42	579.16	35.89	57.81	43.95	19.95	0.00	5.99	378.78*	0.00	0.00*	-*	-*	0.00	-*	-*	-*	-*	-*	59.81	-*	5.35
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M53770 SDW BN, CHIXPTY PLN WG/WG2.0 MWWW

22.00 @ 1 sandwich	339.76	1.50	3.97	589.66	10.99	29.11	35.99	23.98	44.95	5.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	40.00	-*	2.52
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M52952 SDW BN, CHIXPTY BRD SPCY WG/WG 2.0 MWWW

22.00 @ 1 sandwich	369.84	2.00	4.86	779.66	11.99	29.18	41.99	25.99	49.96	3.00	-*	99.93	-*	-*	-*	0.00	-*	-*	-*	-*	-*	59.99	-*	2.88
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M51417 BURG, Beef AP WG 2.0

10.00 @ 1 each	240.00	2.00	7.50	345.00	7.00	26.25	29.00	16.00	25.00	2.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	60.00	-*	2.88
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M50821 BURG, Beef AM AP WG 2.25

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Forestwood MS

**Service Area:** Forestwood - 6-8 - OVS

**Menu Name:** Forestwood MS 2018 Menu - cycle 5 - week 2

**Avg.Method:** Balanced

70.00 @ 1 each	285.00	4.25	13.42	545.00	10.50	33.16	29.50	18.50	37.50	2.00	-*	100.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	135.00	-*	2.88
M54370 BURG, BLACK BEAN AP WG 2.0																								
1.00 @ 1 each	300.00	1.00	3.00	710.00	9.00	27.00	42.00	19.00	5.00	7.00	280.00*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	80.00	-*	2.16
M51275 CHIX NUGGET, BNLS WING WG (5) 2.0 MWWW																								
6.00 @ 5 each	200.86	1.88	8.44	338.95	8.79	39.38	12.55	17.58	25.11	2.51	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.90
M51753 CHIX Popcorn, AP Spicy WG 2.0																								
16.00 @ 1 serving	247.14	2.69	9.78	365.34	13.97	50.87	16.12	13.97	21.49	2.15	-*	107.45	-*	-*	-*	0.00	-*	-*	-*	-*	-*	42.98	-*	1.93
M51680 BRD: ROLL DG, WG 2.5oz																								
16.00 @ 1 each	170.00	0.50	2.65	135.00	3.00	15.88	28.00	7.00	0.00	3.40	-*	0.01	-*	-*	-*	0.01	-*	-*	-*	-*	-*	12.70	-*	0.85
M54308 STICKS, CRISPITO CHIXCHILI AP WG 2.0 (2EA)																								
33.00 @ 2 each	540.00	6.00	10.00	740.00	28.00	46.67	46.00	24.00	50.00	6.00	-*	1500.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	80.00	-*	3.60
M51189 COND_Sauce, Chz SS W (LOL) .5																								
33.00 @ 2 fl oz	99.97	4.50	40.50	399.86	7.00	63.00	3.00	5.00	19.99	0.00	0.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M51731 VEG: POTATO SWT, FF CRINKLE 1/2C																								
32.00 @ 1/2 cup	137.66	0.53	3.46	180.02	4.77	31.15	23.30	1.06	0.00	3.18	243.56	3176.86	-*	-*	-*	6.35	-*	-*	-*	-*	-*	21.18	-*	0.38
M51445 VEG GARN: Rom Leaf/Tom SI																								
28.00 @ 1 serving	4.96	0.01	1.72	1.84	0.07	12.86	1.02	0.30	0.00	0.47	68.61	1352.71	0.00	0.09	15.65	2.51	0.02	0.01	0.13	0.02	0.00	6.10	7.65	0.18
M50412 COND_Pickle, Dill Slice 3ea																								
28.00 @ 3 slice	2.43	0.01	4.72	243.11	0.07	25.17	0.36	0.10	0.00	0.21	-*	0.00	-*	-*	-*	0.32	-*	-*	-*	-*	-*	12.97	-*	0.08
M53362 FRUIT: HONEYDEW, Melon 1/2c																								
47.00 @ 1/2 cup	30.93	0.03	0.95	15.47	0.12	3.50	7.81	0.46	0.00	0.69	195.92	42.96	0.00	0.02	2.49	15.47	0.03	0.01	0.36	0.08	0.00	5.16	9.45	0.15
M52271 FRUIT: PEARS, Dice w/Jc 1/2c																								
80.00 @ 1/2 cup	60.66	0.00	0.00	10.11	0.00	0.00	14.15	0.00	0.00	2.02	80.89	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50979 JUICE SS, Apple 100% 4oz Cart																								
110.00 @ 1 each	60.00	0.00	0.00	15.00	0.00	0.00	14.00	0.00	0.00	0.00	85.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50																								
27.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00
M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50																								

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Forestwood MS

**Service Area:** Forestwood - 6-8 - OVS

**Menu Name:** Forestwood MS 2018 Menu - cycle 5 - week 2

**Avg.Method:** Balanced

126.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00
M53222 COND PC Margarine 5g																								
40.00 @ 1 each	30.00	1.00	30.00	30.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	500.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50855 COND PC Ketchup 9g Heinz																								
175.00 @ 1 each	10.00	0.00	0.00	85.00	0.00	0.00	3.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50055 COND PC Mayonnaise 12g																								
40.00 @ 1 each	80.00	1.50	16.87	75.00	8.00	90.00	1.00	0.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50284 COND PC Mustard 6g																								
40.00 @ 1 each	0.00	0.00	-	65.00	0.00	-	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50624 COND PC Drsg Ranch 12g																								
125.00 @ 1 each	50.00	0.00	0.00	100.00	5.00	90.00	1.00	0.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50287 COND PC Sauce, BBQ 12g																								
150.00 @ 1 each	15.00	0.00	0.00	160.00	0.00	0.00	4.00	0.00	0.00	0.00	-*	100.00	-*	-*	-*	0.60	-*	-*	-*	-*	-*	0.00	-*	0.00
M50056 COND PC Sauce, Taco 9g																								
40.00 @ 1 each	5.00	0.00	0.00	55.00	0.00	0.00	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M54710 PIZZA 16" CHIXDCD CAUL BUFF RANCH W WG 2.0 FUEL 05/18																								
8.00 @ 1/8 cut	355.01	6.29	15.95	692.11	15.85	40.19	30.96	20.58	47.96	3.57	81.66*	401.69	0.00*	0.14*	7.34*	15.81	0.02*	0.03*	0.20*	0.07*	0.00*	228.12	13.91*	1.52
<b>Average</b>	783.94	7.32	8.4	1353.83	28.37	32.57	95.75	34.34	57.86	7.65	277.68*	1548.13*	0*	.04*	3.38*	12.96	.01*	.02*	.31*	.04*	0*	357.91	16.51*	3.76

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Forestwood MS

**Service Area:** Forestwood - 6-8 - OVS

**Menu Name:** Forestwood MS 2018 Menu - cycle 5 - week 2

**Avg.Method:** Balanced

**Age Group:** Brkfst Grades K-8      **Period:** Breakfast      **Week:** 2      **Day:** Wednesday      **Count Type:** Forecasted      **Total No. of Customers:** 20

Weekly Std.	SFA		Na (mg)	Fat		CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)
	CAL	(g)		% of CAL	(g)																		
400.00-500.00		10.00	540.00																		0.00		

M66468 BURR 6" EGG CH SAUS SS WG 1.5

12.00 @ 1 each	184.86	3.14	15.30	257.27	8.51	41.42	17.21	10.46	135.17	1.32	40.13*	268.92	0.00*	0.06*	1.20*	9.30	0.01*	0.01*	0.08*	0.04*	0.00*	135.82	6.48*	1.53
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M50435 CEREAL HOT, Oatmeal (1BG)

3.00 @ 1/2 cup	106.30	0.35	3.00	3.25	2.13	18.00	19.13	3.54	0.00	2.83	1.08*	0.00	0.00*	0.00*	0.00*	0.00	0.00*	0.00*	0.00*	0.00*	0.00*	3.25	0.00*	1.28
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M50209 COND\_Sugar, Cinnamon

3.00 @ 1 tablespoon	45.52	0.00	0.03	0.15	0.00	0.09	11.83	0.02	0.00	0.21	1.90	1.14	0.00	0.01	0.12	0.01	0.00	0.00	0.01	0.00	0.00	3.99	0.25	0.04
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M50439 CEREAL BWL, Cheerios WG

4.00 @ 1 bowl	100.00	0.50	4.50	140.00	2.00	18.00	20.00	3.00	0.00	3.00	-*	500.01	-*	-*	-*	6.00	-*	-*	-*	-*	-*	100.00	-*	8.10
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M50440 CEREAL BWL, CinnTstCrnch WG

4.00 @ 1 bowl	110.00	0.50	4.09	160.00	3.00	24.54	22.00	1.00	0.00	2.00	50.00	400.01	-*	-*	-*	4.80	-*	-*	-*	-*	-*	80.00	-*	3.60
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M50442 CEREAL BWL, Cocoa Puffs RS WG

4.00 @ 1 bowl	110.05	0.00	0.00	160.08	1.50	12.27	25.01	2.00	0.00	2.00	-*	500.25	-*	-*	-*	6.00	-*	-*	-*	-*	-*	100.05	-*	4.50
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M50524 CEREAL BWL, Lucky Charms WG

4.00 @ 1 bowl	110.00	0.00	0.00	180.00	1.00	8.18	23.00	2.00	0.00	2.00	-*	500.01	-*	-*	-*	6.00	-*	-*	-*	-*	-*	100.00	-*	4.50
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M52728 BRD: BAR, Cereal TeamCh WG IW

4.00 @ 1 each	150.00	0.50	3.00	85.00	3.50	21.00	30.00	2.00	0.00	3.00	-*	100.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	200.00	-*	4.50
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M52695 CHEESE, MZ STRING 1EA 1.0

4.00 @ 1 stick	60.00	2.00	30.00	200.01	3.00	45.00	1.00	7.00	10.00	0.00	0.00	200.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	200.01	-*	0.00
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M51237 BRD: BREAD WG, Tst Marg 1sl

4.00 @ 1 slice	110.00	1.33	10.91	160.00	4.33	35.45	15.00	3.00	0.00	1.00	1.33*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	1.08
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M50786 FRUIT: PEARS 100ct Whole 1.25c

7.00 @ 1 each	106.94	0.04	0.35	1.88	0.26	2.21	28.57	0.68	0.00	5.82	217.62	46.90	0.00	0.23	8.25	8.07	0.02	0.05	0.30	0.05	0.00	16.88	22.51	0.34
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M50793 FRUIT: APPLESAUCE, AP 1/2c

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Forestwood MS

**Service Area:** Forestwood - 6-8 - OVS

**Menu Name:** Forestwood MS 2018 Menu - cycle 5 - week 2

**Avg.Method:** Balanced

7.00 @ 1/2 cup	91.96	0.00	0.00	10.22	0.00	0.00	22.48	0.00	0.00	2.04	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50982 JUICE SS, ORANGE 100% 4 FLOZ																								
18.00 @ 1 each	51.44	0.00	0.00	15.43	0.00	0.00	12.35	1.03	0.00	0.00	-*	0.00	-*	-*	-*	43.21	-*	-*	-*	-*	-*	0.00	-*	0.00
M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50																								
8.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00
M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50																								
15.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00
M53222 COND PC Margarine 5g																								
10.00 @ 1 each	30.00	1.00	30.00	30.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	500.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M53221 COND PC Jelly, Grape Smucker																								
10.00 @ 1 each	35.00	0.00	0.00	5.00	0.00	0.00	9.00	0.00	0.00	0.00	0.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50056 COND PC Sauce, Taco 9g																								
10.00 @ 1 each	5.00	0.00	0.00	55.00	0.00	0.00	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50058 COND PC Syrup 1.4oz Smuckers																								
10.00 @ 1 each	110.00	0.00	0.00	25.00	0.00	0.00	29.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
<b>Average</b>	623.62	4.02	5.8	634.52	11.68	16.86	110.85	21.17	90.85	6.6	110.96*	1443	0*	.12*	3.63*	53.96	.02*	.02*	.15*	.05*	0*	589.5	11.81*	6.49

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Forestwood MS

**Service Area:** Forestwood - 6-8 - OVS

**Menu Name:** Forestwood MS 2018 Menu - cycle 5 - week 2

**Avg.Method:** Balanced

**Age Group:** Lunch Grades K-8      **Period:** Lunch      **Week:** 2      **Day:** Wednesday      **Count Type:** Forecasted      **Total No. of Customers:** 254

Weekly Std.	SFA		Na (mg)	Fat		CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)
	CAL	(g)		% of CAL	(g)																		
600.00-650.00		10.00	1230.00																		0.00		

M53870 ENT: PASTA, CHIXDCD PENNE ALFREDO WG 2.0

56.00 @ 8 fl oz	271.36	4.58	15.18	448.24	9.33	30.96	26.52	18.42	48.42	2.72	161.36*	5.10	0.00*	0.01*	2.07*	0.43	0.00*	0.00*	0.02*	0.02*	0.00*	235.43	2.90*	1.93
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M52399 BRD: BRDSTK AP, WG 1ea (1BG)

56.00 @ 1 each	70.00	0.00	0.00	105.00	1.00	12.86	14.00	3.00	0.00	1.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.72
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M51247 SALAD, Veg MZ Frt SC W 2.0summ

3.00 @ 1 each	187.74	4.08	19.57	409.28	6.37	30.54	19.37	14.93	20.00	2.68	250.40	3770.52	0.00*	0.26*	46.28*	7.41	0.08*	0.07*	0.32*	0.10*	0.00*	425.40	23.08*	0.57
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M52188 BRD: ROLL AP, PRETZEL 2.2oz WG

3.00 @ 1 each	160.00	1.00	5.62	40.00	2.50	14.06	29.00	5.00	0.00	3.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	20.00	-*	1.80
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M51941 MELT BN, CHIXPTYBRD AMHNYM2.25 MWWM

12.00 @ 1 sandwich	514.76	5.25	9.18	969.66	25.49	44.57	43.49	26.48	72.45	5.00	-*	100.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	115.00	-*	2.52
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M53453 SUB AP, Tky AM WG 2.0

3.00 @ 1 sandwich	314.93	5.14	14.70	988.69	11.64	33.27	33.54	22.85	56.25	3.94	137.21*	2905.42	0.00*	0.19*	31.30*	5.02	0.03*	0.02*	0.26*	0.04*	0.00*	227.19	15.31*	2.24
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M53347 SDW BD, SB WG 2.0

1.00 @ 1 sandwich	558.71	3.99	6.42	579.16	35.89	57.81	43.95	19.95	0.00	5.99	378.78*	0.00	0.00*	-*	-*	0.00	-*	-*	-*	-*	-*	59.81	-*	5.35
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M53770 SDW BN, CHIXPTY PLN WG/WG2.0 MWWM

22.00 @ 1 sandwich	339.76	1.50	3.97	589.66	10.99	29.11	35.99	23.98	44.95	5.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	40.00	-*	2.52
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M52952 SDW BN, CHIXPTY BRD SPCY WG/WG 2.0 MWWM

22.00 @ 1 sandwich	369.84	2.00	4.86	779.66	11.99	29.18	41.99	25.99	49.96	3.00	-*	99.93	-*	-*	-*	0.00	-*	-*	-*	-*	-*	59.99	-*	2.88
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M51417 BURG, Beef AP WG 2.0

10.00 @ 1 each	240.00	2.00	7.50	345.00	7.00	26.25	29.00	16.00	25.00	2.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	60.00	-*	2.88
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M50821 BURG, Beef AM AP WG 2.25

70.00 @ 1 each	285.00	4.25	13.42	545.00	10.50	33.16	29.50	18.50	37.50	2.00	-*	100.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	135.00	-*	2.88
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M54370 BURG, BLACK BEAN AP WG 2.0

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Forestwood MS

**Service Area:** Forestwood - 6-8 - OVS

**Menu Name:** Forestwood MS 2018 Menu - cycle 5 - week 2

**Avg.Method:** Balanced

1.00 @ 1 each	300.00	1.00	3.00	710.00	9.00	27.00	42.00	19.00	5.00	7.00	280.00*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	80.00	-*	2.16
M54482 CHIX NUGGET, BNLS WING HONEY SRIRACHA WG (6) 2.0 MWWW																								
8.00 @ 6 each	284.98	2.25	7.11	374.97	13.50	42.63	21.00	22.50	52.50	1.50	-*	299.98	-*	-*	-*	1.80	-*	-*	-*	-*	-*	0.00	-*	1.62
M52963 CHIX Popcorn, AP WG 2.0																								
33.00 @ 1 serving	250.19	2.72	9.78	380.72	14.14	50.87	15.23	15.23	21.76	3.26	-*	108.78	-*	-*	-*	0.00	-*	-*	-*	-*	-*	43.51	-*	1.96
M51680 BRD: ROLL DG, WG 2.5oz																								
33.00 @ 1 each	170.00	0.50	2.65	135.00	3.00	15.88	28.00	7.00	0.00	3.40	-*	0.01	-*	-*	-*	0.01	-*	-*	-*	-*	-*	12.70	-*	0.85
M55774 STICKS, MAX SNAX PIZZA W/MARINARA AP WG 2.0																								
26.00 @ 2 each	319.87	2.00	5.63	649.89	9.00	25.32	39.98	18.00	10.00	4.00	-*	898.95	-*	-*	-*	8.98	-*	-*	-*	-*	-*	439.92	-*	3.24
M53419 VEG: POTATO, FF CTINAGEN7 1/2C																								
96.00 @ 1/2 cup	119.99	1.33	10.00	133.32	4.67	35.00	17.33	2.00	0.00	2.00	259.98	0.00	-*	-*	-*	3.20	-*	-*	-*	-*	-*	0.00	-*	0.48
M51445 VEG GARN: Rom Leaf/Tom Sl																								
22.00 @ 1 serving	4.96	0.01	1.72	1.84	0.07	12.86	1.02	0.30	0.00	0.47	68.61	1352.71	0.00	0.09	15.65	2.51	0.02	0.01	0.13	0.02	0.00	6.10	7.65	0.18
M50412 COND_Pickle, Dill Slice 3ea																								
22.00 @ 3 slice	2.43	0.01	4.72	243.11	0.07	25.17	0.36	0.10	0.00	0.21	-*	0.00	-*	-*	-*	0.32	-*	-*	-*	-*	-*	12.97	-*	0.08
M50395 VEG: POTATO, Baked 120ct																								
1.00 @ 1 each	130.04	0.05	0.33	13.98	0.18	1.26	29.57	3.50	0.00	3.08	748.09	13.98	0.00	0.06	2.80	13.42	0.09	0.07	1.97	0.43	0.00	20.97	97.88	1.51
M52660 CHEESE, CH Shreds 0.5																								
1.00 @ 1 fl oz	55.00	3.00	49.09	95.00	4.50	73.64	0.50	3.50	15.00	0.00	0.00	140.49	-*	-*	-*	0.00	-*	-*	-*	-*	-*	101.00	-*	0.09
M53295 COND_Sour Cream AP																								
1.00 @ 1 tablespoon	30.00	1.75	52.50	25.00	3.00	90.00	1.00	0.50	10.00	0.00	-*	99.99	-*	-*	-*	0.00	-*	-*	-*	-*	-*	20.00	-*	0.00
M50534 FRUIT: ORANGE 138ct 1/8wg 1/2c																								
56.00 @ 8 wedge	46.96	0.01	0.29	0.00	0.12	2.30	11.74	0.94	0.00	2.40	180.86	224.82	0.00	0.18	0.00	53.16	0.09	0.04	0.28	0.06	0.00	39.97	13.99	0.10
M52268 FRUIT: PEACHES Dice w/Jc 1/2c																								
76.00 @ 1/2 cup	50.83	0.00	0.00	10.17	0.00	0.00	12.20	0.00	0.00	0.00	182.98	304.97	-*	-*	-*	1.22	-*	-*	-*	-*	-*	0.00	-*	0.00
M53365 JUICE SS, Grape100% 4oz Cart																								
89.00 @ 1 each	80.00	0.00	0.00	15.00	0.00	0.00	18.00	1.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50																								

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Forestwood MS

**Service Area:** Forestwood - 6-8 - OVS

**Menu Name:** Forestwood MS 2018 Menu - cycle 5 - week 2

**Avg.Method:** Balanced

28.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00
M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50																								
153.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00
M53222 COND PC Margarine 5g																								
50.00 @ 1 each	30.00	1.00	30.00	30.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	500.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50855 COND PC Ketchup 9g Heinz																								
175.00 @ 1 each	10.00	0.00	0.00	85.00	0.00	0.00	3.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50055 COND PC Mayonnaise 12g																								
40.00 @ 1 each	80.00	1.50	16.87	75.00	8.00	90.00	1.00	0.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50284 COND PC Mustard 6g																								
40.00 @ 1 each	0.00	0.00	-	65.00	0.00	-	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50624 COND PC Drsg Ranch 12g																								
175.00 @ 1 each	50.00	0.00	0.00	100.00	5.00	90.00	1.00	0.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50287 COND PC Sauce, BBQ 12g																								
150.00 @ 1 each	15.00	0.00	0.00	160.00	0.00	0.00	4.00	0.00	0.00	0.00	-*	100.00	-*	-*	-*	0.60	-*	-*	-*	-*	-*	0.00	-*	0.00
M50056 COND PC Sauce, Taco 9g																								
30.00 @ 1 each	5.00	0.00	0.00	55.00	0.00	0.00	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M54710 PIZZA 16" CHIXDCD CAUL BUFF RANCH W WG 2.0 FUEL 05/18																								
8.00 @ 1/8 cut	355.01	6.29	15.95	692.11	15.85	40.19	30.96	20.58	47.96	3.57	81.66*	401.69	0.00*	0.14*	7.34*	15.81	0.02*	0.03*	0.20*	0.07*	0.00*	228.12	13.91*	1.52
<b>Average</b>	621.87	4.97	7.19	1098.95	20.54	29.72	78.04	29.85	50.02	5.33	247.09*	1021.93	0*	.06*	2.97*	16.65	.02*	.01*	.1*	.02*	0*	398.38	5.66*	3.19

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Forestwood MS

**Service Area:** Forestwood - 6-8 - OVS

**Menu Name:** Forestwood MS 2018 Menu - cycle 5 - week 2

**Avg.Method:** Balanced

**Age Group:** Brkfst Grades K-8      **Period:** Breakfast      **Week:** 2      **Day:** Thursday      **Count Type:** Forecasted      **Total No. of Customers:** 20

Weekly Std.	SFA		Na (mg)	Fat		CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)	
	CAL	(g)		% of CAL	(g)																			% of CAL
400.00-500.00		10.00	540.00																			0.00		

M52925 PIZZA AP Tony Bkfst T.Ssg 1.0

14.00 @ 1 each	210.00	2.00	8.57	480.01	7.00	30.00	26.00	9.00	15.00	2.00	240.00	200.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	100.00	-*	1.80
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M50435 CEREAL HOT, Oatmeal (1BG)

4.00 @ 1/2 cup	106.30	0.35	3.00	3.25	2.13	18.00	19.13	3.54	0.00	2.83	1.08*	0.00	0.00*	0.00*	0.00*	0.00	0.00*	0.00*	0.00*	0.00*	0.00*	3.25	0.00*	1.28
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M50209 COND\_Sugar, Cinnamon

4.00 @ 1 tablespoon	45.52	0.00	0.03	0.15	0.00	0.09	11.83	0.02	0.00	0.21	1.90	1.14	0.00	0.01	0.12	0.01	0.00	0.00	0.01	0.00	0.00	3.99	0.25	0.04
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M50439 CEREAL BWL, Cheerios WG

4.00 @ 1 bowl	100.00	0.50	4.50	140.00	2.00	18.00	20.00	3.00	0.00	3.00	-*	500.01	-*	-*	-*	6.00	-*	-*	-*	-*	-*	100.00	-*	8.10
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M50440 CEREAL BWL, CinnTstCrnch WG

4.00 @ 1 bowl	110.00	0.50	4.09	160.00	3.00	24.54	22.00	1.00	0.00	2.00	50.00	400.01	-*	-*	-*	4.80	-*	-*	-*	-*	-*	80.00	-*	3.60
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M50442 CEREAL BWL, Cocoa Puffs RS WG

4.00 @ 1 bowl	110.05	0.00	0.00	160.08	1.50	12.27	25.01	2.00	0.00	2.00	-*	500.25	-*	-*	-*	6.00	-*	-*	-*	-*	-*	100.05	-*	4.50
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M50524 CEREAL BWL, Lucky Charms WG

4.00 @ 1 bowl	110.00	0.00	0.00	180.00	1.00	8.18	23.00	2.00	0.00	2.00	-*	500.01	-*	-*	-*	6.00	-*	-*	-*	-*	-*	100.00	-*	4.50
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M52726 BRD: BAR, Cereal FrtyCh WG IW

4.00 @ 1 each	150.00	0.50	3.00	95.00	3.50	21.00	29.00	3.00	0.00	3.00	-*	200.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	200.00	-*	1.80
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M52695 CHEESE, MZ STRING 1EA 1.0

4.00 @ 1 stick	60.00	2.00	30.00	200.01	3.00	45.00	1.00	7.00	10.00	0.00	0.00	200.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	200.01	-*	0.00
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M51237 BRD: BREAD WG, Tst Marg 1sl

3.00 @ 1 slice	110.00	1.33	10.91	160.00	4.33	35.45	15.00	3.00	0.00	1.00	1.33*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	1.08
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M50529 FRUIT: GRAPES, Fresh 1/2c

7.00 @ 1/2 cup	56.80	0.10	1.53	1.70	0.30	4.70	14.54	0.53	0.00	0.76	161.94	84.78	0.00	0.16	12.38	3.39	0.08	0.05	0.25	0.09	0.00	11.87	8.48	0.25
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M52811 FRUIT: CRAISINS, SS STRAWBERRY 1.16OZ

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Forestwood MS

**Service Area:** Forestwood - 6-8 - OVS

**Menu Name:** Forestwood MS 2018 Menu - cycle 5 - week 2

**Avg.Method:** Balanced

7.00 @ 1 each	110.00	0.00	0.00	0.00	0.00	0.00	28.00	0.00	0.00	3.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50980 JUICE SS, Frt Bld 100% 4oz Crt																								
10.00 @ 1 each	60.00	0.00	0.00	10.00	0.00	0.00	14.00	0.00	0.00	0.00	100.00	0.00	-*	-*	-*	3.60	-*	-*	-*	-*	-*	0.00	-*	0.00
M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50																								
14.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00
M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50																								
15.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00
M53222 COND PC Margarine 5g																								
10.00 @ 1 each	30.00	1.00	30.00	30.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	500.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M53221 COND PC Jelly, Grape Smucker																								
10.00 @ 1 each	35.00	0.00	0.00	5.00	0.00	0.00	9.00	0.00	0.00	0.00	0.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50056 COND PC Sauce, Taco 9g																								
10.00 @ 1 each	5.00	0.00	0.00	55.00	0.00	0.00	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50058 COND PC Syrup 1.4oz Smuckers																								
10.00 @ 1 each	110.00	0.00	0.00	25.00	0.00	0.00	29.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
<b>Average</b>	667.27	3.96	5.33	836.8	12.13	16.36	116.14	22.85	23.25	5.88	285.48*	1604.97	0*	.06*	4.36*	10.37	.03*	.02*	.09*	.03*	0*	666.62	3.02*	6.27

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Forestwood MS

**Service Area:** Forestwood - 6-8 - OVS

**Menu Name:** Forestwood MS 2018 Menu - cycle 5 - week 2

**Avg.Method:** Balanced

**Age Group:** Lunch Grades K-8      **Period:** Lunch      **Week:** 2      **Day:** Thursday      **Count Type:** Forecasted      **Total No. of Customers:** 243

Weekly Std.	SFA		Na (mg)	Fat		CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)
	CAL	(g)		% of CAL	(g)																		
600.00-650.00		10.00	1230.00																		0.00		

M66507 QUES 6" CH WG 2.0

60.00 @ 1 each	400.01	13.00	29.25	630.01	23.00	51.75	30.00	20.00	60.00	2.00	0.00*	562.02	-*	-*	-*	0.00	-*	-*	-*	-*	-*	524.01	-*	1.82
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M51544 SALAD, ChixPop CH SC W 2.0

3.00 @ 1 each	256.64	5.07	17.77	393.81	15.30	53.66	14.81	15.66	31.38	3.71	146.57*	5198.94	0.00*	0.12*	43.60*	7.46	0.04*	0.04*	0.25*	0.06*	0.00*	153.61	17.48*	2.04
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M51680 BRD: ROLL DG, WG 2.5oz

3.00 @ 1 each	170.00	0.50	2.65	135.00	3.00	15.88	28.00	7.00	0.00	3.40	-*	0.01	-*	-*	0.01	-*	-*	-*	-*	-*	12.70	-*	0.85
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M66680 PANINI, CHIXDCD CH RANCH WG 2.0

6.00 @ 1 each	389.17	5.75	13.31	575.90	17.79	41.15	34.12	19.53	52.54	3.56	104.16*	119.93	0.00*	0.14*	1.28*	6.67	0.02*	0.01*	0.17*	0.05*	0.00*	220.14	15.16*	2.10
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M50962 SDW BD, SBJ WG 2.0

3.00 @ 1 sandwich	658.38	3.99	5.45	579.16	35.89	49.06	69.87	19.95	0.00	5.99	378.78*	0.00	0.00*	-*	-*	0.00	-*	-*	-*	-*	-*	59.81	-*	5.35
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M53347 SDW BD, SB WG 2.0

1.00 @ 1 sandwich	558.71	3.99	6.42	579.16	35.89	57.81	43.95	19.95	0.00	5.99	378.78*	0.00	0.00*	-*	-*	0.00	-*	-*	-*	-*	-*	59.81	-*	5.35
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M53770 SDW BN, CHIXPTY PLN WG/WG2.0 MWWW

22.00 @ 1 sandwich	339.76	1.50	3.97	589.66	10.99	29.11	35.99	23.98	44.95	5.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	40.00	-*	2.52
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M52952 SDW BN, CHIXPTY BRD SPCY WG/WG 2.0 MWWW

22.00 @ 1 sandwich	369.84	2.00	4.86	779.66	11.99	29.18	41.99	25.99	49.96	3.00	-*	99.93	-*	-*	-*	0.00	-*	-*	-*	-*	-*	59.99	-*	2.88
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M51417 BURG, Beef AP WG 2.0

10.00 @ 1 each	240.00	2.00	7.50	345.00	7.00	26.25	29.00	16.00	25.00	2.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	60.00	-*	2.88
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M50821 BURG, Beef AM AP WG 2.25

70.00 @ 1 each	285.00	4.25	13.42	545.00	10.50	33.16	29.50	18.50	37.50	2.00	-*	100.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	135.00	-*	2.88
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M54370 BURG, BLACK BEAN AP WG 2.0

1.00 @ 1 each	300.00	1.00	3.00	710.00	9.00	27.00	42.00	19.00	5.00	7.00	280.00*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	80.00	-*	2.16
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M51275 CHIX NUGGET, BNLS WING WG (5) 2.0 MWWW

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Forestwood MS

**Service Area:** Forestwood - 6-8 - OVS

**Menu Name:** Forestwood MS 2018 Menu - cycle 5 - week 2

**Avg.Method:** Balanced

8.00 @ 5 each	200.86	1.88	8.44	338.95	8.79	39.38	12.55	17.58	25.11	2.51	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.90
M51753 CHIX Popcorn, AP Spicy WG 2.0																								
33.00 @ 1 serving	247.14	2.69	9.78	365.34	13.97	50.87	16.12	13.97	21.49	2.15	-*	107.45	-*	-*	-*	0.00	-*	-*	-*	-*	-*	42.98	-*	1.93
M51680 BRD: ROLL DG, WG 2.5oz																								
33.00 @ 1 each	170.00	0.50	2.65	135.00	3.00	15.88	28.00	7.00	0.00	3.40	-*	0.01	-*	-*	-*	0.01	-*	-*	-*	-*	-*	12.70	-*	0.85
M54308 STICKS, CRISPITO CHIXCHILI AP WG 2.0 (2EA)																								
49.00 @ 2 each	540.00	6.00	10.00	740.00	28.00	46.67	46.00	24.00	50.00	6.00	-*	1500.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	80.00	-*	3.60
M51189 COND_Sauce, Chz SS W (LOL) .5																								
49.00 @ 2 fl oz	99.97	4.50	40.50	399.86	7.00	63.00	3.00	5.00	19.99	0.00	0.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M51731 VEG: POTATO SWT, FF CRINKLE 1/2C																								
32.00 @ 1/2 cup	137.66	0.53	3.46	180.02	4.77	31.15	23.30	1.06	0.00	3.18	243.56	3176.86	-*	-*	-*	6.35	-*	-*	-*	-*	-*	21.18	-*	0.38
M51445 VEG GARN: Rom Leaf/Tom Sl																								
28.00 @ 1 serving	4.96	0.01	1.72	1.84	0.07	12.86	1.02	0.30	0.00	0.47	68.61	1352.71	0.00	0.09	15.65	2.51	0.02	0.01	0.13	0.02	0.00	6.10	7.65	0.18
M50412 COND_Pickle, Dill Slice 3ea																								
28.00 @ 3 slice	2.43	0.01	4.72	243.11	0.07	25.17	0.36	0.10	0.00	0.21	-*	0.00	-*	-*	-*	0.32	-*	-*	-*	-*	-*	12.97	-*	0.08
M50819 VEG: BEANS, Refried AP 1/2c																								
22.00 @ 1/2 cup	139.25	0.00	0.00	498.99	1.74	11.25	23.21	6.96	0.00	6.96	436.32	0.00	0.00	-*	-*	-*	-*	-*	-*	-*	-*	30.17	-*	1.16
M52815 VEG: PEPPERS, Red Strips1/2c																								
56.00 @ 1/2 cup	15.56	0.01	0.78	2.01	0.15	8.71	3.03	0.50	0.00	1.05	105.92	1571.73	0.00	0.79	2.46	64.10	0.03	0.04	0.49	0.15	0.00	3.51	13.05	0.22
M50843 FRUIT: STRAWBERRIES, Frsh 1/2c																								
60.00 @ 1/2 cup	24.57	0.01	0.42	0.77	0.23	8.44	5.90	0.51	0.00	1.54	117.47	9.21	0.00	0.22	1.69	45.14	0.02	0.02	0.30	0.04	0.00	12.28	18.43	0.31
M53549 FRUIT: APPLESAUCE,Unswt AP1/2c																								
86.00 @ 1/2 cup	52.77	0.00	0.00	10.55	0.00	0.00	13.72	0.00	0.00	2.11	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50982 JUICE SS, ORANGE 100% 4 FLOZ																								
103.00 @ 1 each	51.44	0.00	0.00	15.43	0.00	0.00	12.35	1.03	0.00	0.00	-*	0.00	-*	-*	-*	43.21	-*	-*	-*	-*	-*	0.00	-*	0.00
M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50																								
29.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00
M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50																								

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Forestwood MS

**Service Area:** Forestwood - 6-8 - OVS

**Menu Name:** Forestwood MS 2018 Menu - cycle 5 - week 2

**Avg.Method:** Balanced

123.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00
M53222 COND PC Margarine 5g																								
50.00 @ 1 each	30.00	1.00	30.00	30.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	500.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50855 COND PC Ketchup 9g Heinz																								
175.00 @ 1 each	10.00	0.00	0.00	85.00	0.00	0.00	3.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50055 COND PC Mayonnaise 12g																								
30.00 @ 1 each	80.00	1.50	16.87	75.00	8.00	90.00	1.00	0.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50284 COND PC Mustard 6g																								
50.00 @ 1 each	0.00	0.00	-	65.00	0.00	-	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50624 COND PC Drsg Ranch 12g																								
175.00 @ 1 each	50.00	0.00	0.00	100.00	5.00	90.00	1.00	0.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50287 COND PC Sauce, BBQ 12g																								
175.00 @ 1 each	15.00	0.00	0.00	160.00	0.00	0.00	4.00	0.00	0.00	0.00	-*	100.00	-*	-*	-*	0.60	-*	-*	-*	-*	-*	0.00	-*	0.00
M50056 COND PC Sauce, Taco 9g																								
30.00 @ 1 each	5.00	0.00	0.00	55.00	0.00	0.00	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M54710 PIZZA 16" CHIXDCD CAUL BUFF RANCH W WG 2.0 FUEL 05/18																								
8.00 @ 1/8 cut	355.01	6.29	15.95	692.11	15.85	40.19	30.96	20.58	47.96	3.57	81.66*	401.69	0.00*	0.14*	7.34*	15.81	0.02*	0.03*	0.20*	0.07*	0.00*	228.12	13.91*	1.52
<b>Average</b>	711.79	8.58	10.85	1314.39	28.94	36.59	79.51	33.07	64.32	6.84	147.35*	2000.42	0*	.26*	3.6*	47.5*	.01*	.02*	.21*	.05*	0*	419.02	9.49*	3.57

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Forestwood MS

**Service Area:** Forestwood - 6-8 - OVS

**Menu Name:** Forestwood MS 2018 Menu - cycle 5 - week 2

**Avg.Method:** Balanced

**Age Group:** Brkfst Grades K-8      **Period:** Breakfast      **Week:** 2      **Day:** Friday      **Count Type:** Forecasted      **Total No. of Customers:** 18

Weekly Std.	SFA		Na (mg)	Fat		CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)
	CAL	(g)		% of CAL	(g)																		
400.00-500.00		10.00	540.00																		0.00		

M66454 BRD: CRESCENT AP, FILLED CHOCOLATE WG IW

10.00 @ 1 pouch	230.00	1.50	5.87	270.00	8.00	31.30	37.00	6.00	0.00	2.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	20.00	-*	1.44
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M50435 CEREAL HOT, Oatmeal (1BG)

4.00 @ 1/2 cup	106.30	0.35	3.00	3.25	2.13	18.00	19.13	3.54	0.00	2.83	1.08*	0.00	0.00*	0.00*	0.00*	0.00	0.00*	0.00*	0.00*	0.00*	0.00*	3.25	0.00*	1.28
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M50209 COND\_Sugar, Cinnamon

4.00 @ 1 tablespoon	45.52	0.00	0.03	0.15	0.00	0.09	11.83	0.02	0.00	0.21	1.90	1.14	0.00	0.01	0.12	0.01	0.00	0.00	0.01	0.00	0.00	3.99	0.25	0.04
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M50439 CEREAL BWL, Cheerios WG

4.00 @ 1 bowl	100.00	0.50	4.50	140.00	2.00	18.00	20.00	3.00	0.00	3.00	-*	500.01	-*	-*	-*	6.00	-*	-*	-*	-*	-*	100.00	-*	8.10
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M50440 CEREAL BWL, CinnTstCrnch WG

4.00 @ 1 bowl	110.00	0.50	4.09	160.00	3.00	24.54	22.00	1.00	0.00	2.00	50.00	400.01	-*	-*	-*	4.80	-*	-*	-*	-*	-*	80.00	-*	3.60
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M50442 CEREAL BWL, Cocoa Puffs RS WG

4.00 @ 1 bowl	110.05	0.00	0.00	160.08	1.50	12.27	25.01	2.00	0.00	2.00	-*	500.25	-*	-*	-*	6.00	-*	-*	-*	-*	-*	100.05	-*	4.50
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M50524 CEREAL BWL, Lucky Charms WG

4.00 @ 1 bowl	110.00	0.00	0.00	180.00	1.00	8.18	23.00	2.00	0.00	2.00	-*	500.01	-*	-*	-*	6.00	-*	-*	-*	-*	-*	100.00	-*	4.50
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M52728 BRD: BAR, Cereal TeamCh WG IW

4.00 @ 1 each	150.00	0.50	3.00	85.00	3.50	21.00	30.00	2.00	0.00	3.00	-*	100.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	200.00	-*	4.50
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M52695 CHEESE, MZ STRING 1EA 1.0

4.00 @ 1 stick	60.00	2.00	30.00	200.01	3.00	45.00	1.00	7.00	10.00	0.00	0.00	200.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	200.01	-*	0.00
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M51237 BRD: BREAD WG, Tst Marg 1sl

4.00 @ 1 slice	110.00	1.33	10.91	160.00	4.33	35.45	15.00	3.00	0.00	1.00	1.33*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	1.08
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M50543 FRUIT: BANANA (100-120ct) Whl

4.00 @ 1 each	93.95	0.12	1.13	1.06	0.35	3.34	24.11	1.15	0.00	2.74	377.91	67.56	0.00	0.11	0.53	9.18	0.03	0.08	0.70	0.39	0.00	5.28	23.22	0.27
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M50745 FRUIT: APPLES, Warm Cinn 1/2c

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Forestwood MS

**Service Area:** Forestwood - 6-8 - OVS

**Menu Name:** Forestwood MS 2018 Menu - cycle 5 - week 2

**Avg.Method:** Balanced

3.00 @ 1/2 cup	105.19	0.02	0.19	9.88	0.03	0.29	26.24	0.02	0.00	2.00	2.43*	0.93	0.00*	0.01*	0.06*	0.14	0.00*	0.00*	0.01*	0.00*	0.00*	2.28	0.46*	0.03
M50979 JUICE SS, Apple 100% 4oz Cart																								
13.00 @ 1 each	60.00	0.00	0.00	15.00	0.00	0.00	14.00	0.00	0.00	0.00	85.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	0.00	-*	0.00	0.00
M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50																								
6.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00
M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50																								
11.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00
M53222 COND PC Margarine 5g																								
10.00 @ 1 each	30.00	1.00	30.00	30.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	500.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M53221 COND PC Jelly, Grape Smucker																								
10.00 @ 1 each	35.00	0.00	0.00	5.00	0.00	0.00	9.00	0.00	0.00	0.00	0.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50056 COND PC Sauce, Taco 9g																								
10.00 @ 1 each	5.00	0.00	0.00	55.00	0.00	0.00	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50058 COND PC Syrup 1.4oz Smuckers																								
10.00 @ 1 each	110.00	0.00	0.00	25.00	0.00	0.00	29.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
<b>Average</b>	619.95	3.07	4.46	621.83	11.58	16.8	115.73	16.38	8.61	5.62	157.84*	1254.38	0*	.03*	.15*	8.94	.01*	.02*	.16*	.09*	0*	470.96	5.29*	7

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Forestwood MS

**Service Area:** Forestwood - 6-8 - OVS

**Menu Name:** Forestwood MS 2018 Menu - cycle 5 - week 2

**Avg.Method:** Balanced

**Age Group:** Lunch Grades K-8      **Period:** Lunch      **Week:** 2      **Day:** Friday      **Count Type:** Forecasted      **Total No. of Customers:** 263

Weekly Std.	SFA		Na (mg)	Fat		CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)
	CAL	(g)		% of CAL	(g)																		
600.00-650.00		10.00	1230.00																		0.00		

M66423 NACHOS FRITO BFGDCHILI CH SC WG 2.0 (2BG)

46.00 @ 1 each	428.43	8.91	18.72	660.02	22.32	46.88	39.04	18.09	49.06	5.18	303.56*	748.03	0.43*	0.33*	4.39*	17.69	0.03*	0.05*	1.64*	0.15*	0.60*	239.22	64.13*	1.95
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M54070 SALAD, ChixDod Taco SS SC 2.0

3.00 @ 1 each	178.70	2.48	12.47	181.47	5.84	29.40	16.55	15.68	39.37	3.56	237.15*	3747.97	0.00*	0.27*	40.73*	8.33	0.07*	0.06*	0.95*	0.12*	0.00*	90.78	46.42*	1.71
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M54540 BRD: TORTILLA, CHIP RND WG 2BG

3.00 @ 1 serving	224.59	1.60	6.43	184.48	9.63	38.57	32.08	3.21	0.00	3.21	0.00	0.00	0.00	-*	-*	0.00	-*	-*	-*	-*	-*	48.13	-*	0.80
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M51515 BURG, Beef CH Bacon AP WG 2.5

20.00 @ 1 each	321.16	5.18	14.52	506.15	13.49	37.80	29.66	20.94	46.02	2.00	10.00*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	159.50	-*	2.94
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M51082 SUB AP, Tuna Salad WG 2.0

3.00 @ 1 sandwich	257.39	0.66	2.30	633.23	7.08	24.77	31.85	21.87	36.61	4.20	176.78*	2770.03	0.00*	0.23*	35.62*	5.64	0.03*	0.03*	0.31*	0.05*	0.00*	58.43	18.98*	2.19
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M53347 SDW BD, SB WG 2.0

1.00 @ 1 sandwich	558.71	3.99	6.42	579.16	35.89	57.81	43.95	19.95	0.00	5.99	378.78*	0.00	0.00*	-*	-*	0.00	-*	-*	-*	-*	-*	59.81	-*	5.35
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M53770 SDW BN, CHIXPTY PLN WG/WG2.0 MWWW

22.00 @ 1 sandwich	339.76	1.50	3.97	589.66	10.99	29.11	35.99	23.98	44.95	5.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	40.00	-*	2.52
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M52952 SDW BN, CHIXPTY BRD SPCY WG/WG 2.0 MWWW

22.00 @ 1 sandwich	369.84	2.00	4.86	779.66	11.99	29.18	41.99	25.99	49.96	3.00	-*	99.93	-*	-*	-*	0.00	-*	-*	-*	-*	-*	59.99	-*	2.88
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M51417 BURG, Beef AP WG 2.0

10.00 @ 1 each	240.00	2.00	7.50	345.00	7.00	26.25	29.00	16.00	25.00	2.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	60.00	-*	2.88
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M50821 BURG, Beef AM AP WG 2.25

70.00 @ 1 each	285.00	4.25	13.42	545.00	10.50	33.16	29.50	18.50	37.50	2.00	-*	100.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	135.00	-*	2.88
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M54370 BURG, BLACK BEAN AP WG 2.0

1.00 @ 1 each	300.00	1.00	3.00	710.00	9.00	27.00	42.00	19.00	5.00	7.00	280.00*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	80.00	-*	2.16
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M54482 CHIX NUGGET, BNLS WING HONEY SRIRACHA WG (6) 2.0 MWWW

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Forestwood MS

**Service Area:** Forestwood - 6-8 - OVS

**Menu Name:** Forestwood MS 2018 Menu - cycle 5 - week 2

**Avg.Method:** Balanced

8.00 @ 6 each	284.98	2.25	7.11	374.97	13.50	42.63	21.00	22.50	52.50	1.50	-*	299.98	-*	-*	-*	1.80	-*	-*	-*	-*	-*	0.00	-*	1.62
M52963 CHIX Popcorn, AP WG 2.0																								
33.00 @ 1 serving	250.19	2.72	9.78	380.72	14.14	50.87	15.23	15.23	21.76	3.26	-*	108.78	-*	-*	-*	0.00	-*	-*	-*	-*	-*	43.51	-*	1.96
M51680 BRD: ROLL DG, WG 2.5oz																								
33.00 @ 1 each	170.00	0.50	2.65	135.00	3.00	15.88	28.00	7.00	0.00	3.40	-*	0.01	-*	-*	-*	0.01	-*	-*	-*	-*	-*	12.70	-*	0.85
M55774 STICKS, MAX SNAX PIZZA W/MARINARA AP WG 2.0																								
36.00 @ 2 each	319.87	2.00	5.63	649.89	9.00	25.32	39.98	18.00	10.00	4.00	-*	898.95	-*	-*	-*	8.98	-*	-*	-*	-*	-*	439.92	-*	3.24
M53419 VEG: POTATO, FF CTINAGEN7 1/2C																								
128.00 @ 1/2 cup	119.99	1.33	10.00	133.32	4.67	35.00	17.33	2.00	0.00	2.00	259.98	0.00	-*	-*	-*	3.20	-*	-*	-*	-*	-*	0.00	-*	0.48
M51445 VEG GARN: Rom Leaf/Tom SI																								
26.00 @ 1 serving	4.96	0.01	1.72	1.84	0.07	12.86	1.02	0.30	0.00	0.47	68.61	1352.71	0.00	0.09	15.65	2.51	0.02	0.01	0.13	0.02	0.00	6.10	7.65	0.18
M50412 COND_Pickle, Dill Slice 3ea																								
26.00 @ 3 slice	2.43	0.01	4.72	243.11	0.07	25.17	0.36	0.10	0.00	0.21	-*	0.00	-*	-*	-*	0.32	-*	-*	-*	-*	-*	12.97	-*	0.08
M50395 VEG: POTATO, Baked 120ct																								
1.00 @ 1 each	130.04	0.05	0.33	13.98	0.18	1.26	29.57	3.50	0.00	3.08	748.09	13.98	0.00	0.06	2.80	13.42	0.09	0.07	1.97	0.43	0.00	20.97	97.88	1.51
M52660 CHEESE, CH Shreds 0.5																								
1.00 @ 1 fl oz	55.00	3.00	49.09	95.00	4.50	73.64	0.50	3.50	15.00	0.00	0.00	140.49	-*	-*	-*	0.00	-*	-*	-*	-*	-*	101.00	-*	0.09
M53295 COND_Sour Cream AP																								
1.00 @ 1 tablespoon	30.00	1.75	52.50	25.00	3.00	90.00	1.00	0.50	10.00	0.00	-*	99.99	-*	-*	-*	0.00	-*	-*	-*	-*	-*	20.00	-*	0.00
M50543 FRUIT: BANANA (100-120ct) Whl																								
45.00 @ 1 each	93.95	0.12	1.13	1.06	0.35	3.34	24.11	1.15	0.00	2.74	377.91	67.56	0.00	0.11	0.53	9.18	0.03	0.08	0.70	0.39	0.00	5.28	23.22	0.27
M52794 FRUIT: ORANGE Mand w/Syr 1/2c																								
82.00 @ 1/2 cup	84.46	0.01	0.13	7.51	0.13	1.33	20.27	0.56	0.00	0.88	97.66	-*	-*	-*	-*	24.79	-*	-*	-*	-*	-*	8.76	-*	0.46
M50980 JUICE SS, Frt Bld 100% 4oz Crt																								
112.00 @ 1 each	60.00	0.00	0.00	10.00	0.00	0.00	14.00	0.00	0.00	0.00	100.00	0.00	-*	-*	-*	3.60	-*	-*	-*	-*	-*	0.00	-*	0.00
M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50																								
29.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00
M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50																								

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Forestwood MS

**Service Area:** Forestwood - 6-8 - OVS

**Menu Name:** Forestwood MS 2018 Menu - cycle 5 - week 2

**Avg.Method:** Balanced

136.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00
M53222 COND PC Margarine 5g																								
40.00 @ 1 each	30.00	1.00	30.00	30.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	500.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50855 COND PC Ketchup 9g Heinz																								
175.00 @ 1 each	10.00	0.00	0.00	85.00	0.00	0.00	3.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50055 COND PC Mayonnaise 12g																								
50.00 @ 1 each	80.00	1.50	16.87	75.00	8.00	90.00	1.00	0.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50284 COND PC Mustard 6g																								
40.00 @ 1 each	0.00	0.00	-	65.00	0.00	-	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50624 COND PC Drsg Ranch 12g																								
175.00 @ 1 each	50.00	0.00	0.00	100.00	5.00	90.00	1.00	0.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50287 COND PC Sauce, BBQ 12g																								
150.00 @ 1 each	15.00	0.00	0.00	160.00	0.00	0.00	4.00	0.00	0.00	0.00	-*	100.00	-*	-*	-*	0.60	-*	-*	-*	-*	-*	0.00	-*	0.00
M50056 COND PC Sauce, Taco 9g																								
30.00 @ 1 each	5.00	0.00	0.00	55.00	0.00	0.00	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M54710 PIZZA 16" CHIXDCD CAUL BUFF RANCH W WG 2.0 FUEL 05/18																								
8.00 @ 1/8 cut	355.01	6.29	15.95	692.11	15.85	40.19	30.96	20.58	47.96	3.57	81.66*	401.69	0.00*	0.14*	7.34*	15.81	0.02*	0.03*	0.20*	0.07*	0.00*	228.12	13.91*	1.52
<b>Average</b>	641.39	5.76	8.08	1082.23	22.61	31.72	80.56	28.08	47.05	5.84	337.42*	991.23*	.07*	.09*	3.51*	18.97	.01*	.03*	.45*	.1*	.1*	371.81	17.49*	3.32

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