



# November 2018

## Middle School Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
<b>29</b> Chili Cheese Baked Potato  Buffalo Chicken Salad with Roll  Turkey & Cheese Sandwich	<b>30</b> Chicken Quesadilla  Asian Noodle Salad with Roll  Chicken Caesar Wrap	<b>31</b> Popcorn Chicken Mashed Potato Bowl  Chicken Taco Salad with Tortilla Chips  Ham & Cheese Sub	<b>1</b> Cheesy Baked Penne  Italian Salad with Roll  Honey Mustard Chicken Wrap	<b>2</b> Cubano Flatbread Sandwich  Turkey Chef Salad with Roll  All-American Sub	<div style="border: 1px solid black; padding: 5px; text-align: center;"> <b>Offered Daily</b> </div> <p><u>M/W/F:</u></p> <ul style="list-style-type: none"> <li>- Tyson® Popcorn Chicken (Mon/Wed)</li> <li>- Tyson® Chicken Sandwich</li> <li>- Hamburger</li> <li>- Cheeseburger</li> <li>- Cheese Pizza</li> <li>- Pepperoni Pizza</li> <li>- SunButter &amp; Jelly Sandwich</li> <li>- Crisritos (Mon/Wed)</li> <li>- Nachos (Mon/Wed)</li> <li>- Beef Fingers (Friday)</li> <li>- Grilled Cheese Sandwich (Friday)</li> </ul> <p><u>Tu/Th:</u></p> <ul style="list-style-type: none"> <li>- Tyson® Chicken Tenders</li> <li>- Tyson® Chicken Sandwich</li> <li>- Hamburger</li> <li>- Cheeseburger</li> <li>- Cheese Pizza</li> <li>- Specialty Pizza</li> <li>- Pizza Sticks</li> <li>- SunButter &amp; Jelly Sandwich</li> </ul> <p><b>Fresh Fruits:</b> Apples, Peaches, Pears, Cantaloupe, Honeydew Melon, Bananas, Oranges, Grapes, Strawberries, Watermelon</p> <p><b>Fresh Veggies:</b> Broccoli, Mashed Potatoes, Corn, Carrots, Coleslaw, Green Beans, Squash, Celery Sticks, Beans, Spinach, Cherry Tomatoes, Zucchini, Cucumbers</p> <p><small>Menus are subject to change without notice.</small></p>
<b>5</b> Chicken Bacon Ranch Flatbread  Cobb Salad with Roll  Turkey & Cheese Sub  <i>FUEL: Fiery Cheetos Mac &amp; Cheese</i>	<b>6</b> Beef Burrito Bowl  <i>Egg Chef Salad with Roll</i>  Buffalo Chicken Wrap  <i>Fiery Cheetos Mac &amp; Cheese</i>	<b>7</b> Chicken & Waffles  <i>Southwest Salad with Tortilla Chips</i>  Ham & Cheese Sub  <i>Fiery Cheetos Mac &amp; Cheese</i>	<b>8</b> Rotini with Meat Sauce  Popcorn Chicken Salad with Roll  Turkey & Cheese Sandwich  <i>Fiery Cheetos Mac &amp; Cheese</i>	<b>9</b> General Tso Popcorn Chicken & Broccoli with Rice  Ham Chef Salad with Roll  Turkey, Ham & Cheese Wrap  <i>Fiery Cheetos Mac &amp; Cheese</i>	
<b>12</b> Curly Fry BBQ Cheeseburger  Italian Salad with Roll  Turkey & Cheese Sub  <i>FUEL: Sweet &amp; Spicy Doritos Mac &amp; Cheese</i>	<b>13</b> Enchilada Casserole with Mexican Rice  Popcorn Chicken Salad with Roll  All-American Sub  <i>Sweet &amp; Spicy Doritos Mac &amp; Cheese</i>	<b>14</b> Fish Sticks with Mac & Cheese  Cobb Salad with Roll  Ham & Cheese Sandwich  <i>Sweet &amp; Spicy Doritos Mac &amp; Cheese</i>	<b>15</b> Chicken Parmesan with Spaghetti  Chicken Caesar Salad with Roll  Ranch Chicken Wrap  <i>Sweet &amp; Spicy Doritos Mac &amp; Cheese</i>	<b>16</b> Popcorn Chicken Bowl with Roll  <i>Egg Chef Salad with Roll</i>  Turkey & Cheese Sandwich  <i>Sweet &amp; Spicy Doritos Mac &amp; Cheese</i>	
<b>19</b>  <i>No School</i>	<b>20</b>  <i>No School</i>	<b>21</b>  <i>No School</i>	<b>22</b>  <i>No School</i>	<b>23</b>  <i>No School</i>	
<b>26</b> Chicken Drumstick with Roll  Ham Chef Salad with Roll  All-American Sub	<b>27</b> Baked Potato with Cheese & Bacon with Roll  Popcorn Chicken Salad with Roll  Ham & Cheese Wrap	<b>28</b> Chicken Fried Steak with Gravy and Roll  Cobb Salad with Roll  Turkey & Cheese Sandwich	<b>29</b> Spaghetti & Meatballs  Chicken Caesar Salad with Breadstick  Ranch Chicken Wrap	<b>30</b> Chili with Crackers  <i>Egg Chef Salad with Roll</i>  Ham & Cheese Sub	

Vegetarian Entrees Indicated in Green



Lunch Price	\$2.85
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