



DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Forestwood MS

Service Area: Forestwood - 6-8 - OVS

Menu Name: Forestwood MS 2018-2019 Menu - cycle 3 - week 2

Avg.Method: Weighted (USDA Default)

Age Group: Brkfst Grades K-8 **Period:** Breakfast **Week:** 2 **Day:** Monday **Count Type:** Forecasted **Total No. of Customers:** 15

Weekly Std. (Target 1)	SFA		Na (mg)	Fat		CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)	
	CAL	(g)		% of CAL	(g)																			% of CAL
400.00-500.00			540.00																					

M52894 BRD: DONUT, Sugar Cinnamon WG

20.00 @ 1 each	308.10	7.00	20.45	300.10	16.00	46.75	37.30	5.01	0.00	2.95	1.30*	10.29	0.00*	0.01*	0.08*	0.01	0.00*	0.00*	0.00*	0.00*	0.00*	0.00*	16.74	0.17*	0.73
----------------	--------	------	-------	--------	-------	-------	-------	------	------	------	-------	-------	-------	-------	-------	------	-------	-------	-------	-------	-------	-------	-------	-------	------

M51320 CEREAL BWL, Rice Krispies WG

2.00 @ 1 bowl	100.00	0.00	0.00	170.00	0.50	4.50	23.00	2.00	0.00	1.00	-*	1000.03	-*	-*	-*	12.00	-*	-*	-*	-*	-*	0.00	-*	8.10
---------------	--------	------	------	--------	------	------	-------	------	------	------	----	---------	----	----	----	-------	----	----	----	----	----	------	----	------

M50208 CEREAL BWL, CINN TST CRUNCH RS WG

2.00 @ 1 bowl	110.00	0.50	4.09	160.00	3.00	24.54	22.00	1.00	0.00	3.00	-*	400.01	-*	-*	-*	4.80	-*	-*	-*	-*	-*	200.01	-*	3.60
---------------	--------	------	------	--------	------	-------	-------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M50442 CEREAL BWL, Cocoa Puffs RS WG

2.00 @ 1 bowl	110.05	0.00	0.00	160.08	1.50	12.27	25.01	2.00	0.00	2.00	-*	500.25	-*	-*	-*	6.00	-*	-*	-*	-*	-*	100.05	-*	4.50
---------------	--------	------	------	--------	------	-------	-------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M50524 CEREAL BWL, Lucky Charms WG

2.00 @ 1 bowl	110.00	0.00	0.00	180.00	1.00	8.18	23.00	2.00	0.00	2.00	-*	500.01	-*	-*	-*	6.00	-*	-*	-*	-*	-*	100.00	-*	4.50
---------------	--------	------	------	--------	------	------	-------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M50525 CEREAL BWL, Trix RS WG

2.00 @ 1 bowl	110.00	0.00	0.00	140.00	1.00	8.18	24.00	1.00	0.00	1.00	-*	400.01	-*	-*	-*	4.80	-*	-*	-*	-*	-*	80.00	-*	4.50
---------------	--------	------	------	--------	------	------	-------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	-------	----	------

M52725 BRD: BAR, Cereal CocoPuf WG IW

2.00 @ 1 each	150.00	0.00	0.00	100.00	3.00	18.00	30.00	3.00	0.00	3.00	-*	100.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	200.00	-*	1.80
---------------	--------	------	------	--------	------	-------	-------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M52724 BRD: BAR, Cereal CinnTst WG IW

2.00 @ 1 each	150.00	0.00	0.00	115.00	3.50	21.00	30.00	2.00	0.00	3.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	200.00	-*	1.80
---------------	--------	------	------	--------	------	-------	-------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	--------	----	------

M51267 BRD: MUF AP, BLUEBRY 2OZ IW WG (1BG)

3.00 @ 1 muffin	190.00	2.00	9.47	130.00	6.00	28.42	31.00	3.00	40.00	2.00	-*	100.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	20.00	-*	0.72
-----------------	--------	------	------	--------	------	-------	-------	------	-------	------	----	--------	----	----	----	------	----	----	----	----	----	-------	----	------

M51268 BRD: MUF AP, CHOC CHOC CHIP 2OZ IW WG (1BG)

3.00 @ 1 muffin	200.00	2.00	9.00	135.00	6.00	27.00	32.00	4.00	40.00	3.00	180.00	100.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	40.00	-*	1.44
-----------------	--------	------	------	--------	------	-------	-------	------	-------	------	--------	--------	----	----	----	------	----	----	----	----	----	-------	----	------

M51848 BRD: POPTARTS, Straw 1.76oz WG

2.00 @ 1 package	180.00	1.00	5.00	190.00	2.50	12.50	38.00	2.00	0.00	3.00	-*	500.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	100.00	-*	1.80
------------------	--------	------	------	--------	------	-------	-------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M51849 BRD: POPTARTS, Cinn 1.76oz WG

* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Forestwood MS

Service Area: Forestwood - 6-8 - OVS

Menu Name: Forestwood MS 2018-2019 Menu - cycle 3 - week 2

Avg.Method: Weighted (USDA Default)

2.00 @ 1 package	190.00	1.00	4.74	200.00	3.00	14.21	38.00	2.00	0.00	3.00	-*	500.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	100.00	-*	1.80
M51684 BRD: POPTARTS, Fudge 1.76oz WG																								
2.00 @ 1 package	190.00	1.00	4.74	200.00	3.00	14.21	38.00	3.00	0.00	3.00	-*	500.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	100.00	-*	1.80
M51994 CHEESE, COLBY JK Stick 1ea 1.0																								
2.00 @ 1 stick	90.00	4.00	40.00	200.01	6.00	60.00	0.00	7.00	20.00	0.00	0.00	200.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	200.01	-*	0.00
M51237 BRD: BREAD WG, Tst Marg 1sl																								
3.00 @ 1 slice	110.00	1.33	10.91	160.00	4.33	35.45	15.00	3.00	0.00	1.00	1.33*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	1.08
M51113 FRUIT: ORANGE 138ct Whole 1/2c																								
6.00 @ 1 each	46.97	0.01	0.29	0.00	0.12	2.30	11.74	0.94	0.00	2.40	180.87	224.84	0.00	0.18	0.00	53.16	0.09	0.04	0.28	0.06	0.00	39.97	13.99	0.10
M50178 FRUIT: PINEAPPLE Tbsts w/Jc1/2c																								
8.00 @ 1/2 cup	78.55	0.01	0.14	1.20	0.10	1.10	18.92	0.51	0.00	0.96	146.98	-*	-*	-*	-*	11.45	-*	-*	-*	-*	-*	16.87	-*	0.34
M50982 JUICE SS, ORANGE 100% 4 FLOZ																								
15.00 @ 1 each	51.44	0.00	0.00	15.43	0.00	0.00	12.35	1.03	0.00	0.00	-*	0.00	-*	-*	-*	43.21	-*	-*	-*	-*	-*	0.00	-*	0.00
M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50																								
10.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00
M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50																								
20.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00
M53222 COND PC Margarine 5g																								
10.00 @ 1 each	30.00	1.00	30.00	30.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	500.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50854 COND PC Jelly, #4 Smuckers																								
10.00 @ 1 each	35.00	0.00	0.00	5.00	0.00	0.00	9.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50056 COND PC Sauce, Taco 9g																								
10.00 @ 1 each	5.00	0.00	0.00	55.00	0.00	0.00	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50058 COND PC Syrup 1.4oz Smuckers																								
10.00 @ 1 each	110.00	0.00	0.00	25.00	0.00	0.00	29.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
Average	1174.93	13.08	10.02	1146.56	32.1	24.59	192.6	29.96	32	9.81	188.74*	2090.38*	0*	.08*	.11*	78.43	.03*	.02*	.12*	.02*	0*	843.32	5.83*	6.4

* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Forestwood MS

Service Area: Forestwood - 6-8 - OVS

Menu Name: Forestwood MS 2018-2019 Menu - cycle 3 - week 2

Avg.Method: Weighted (USDA Default)

Age Group: Lunch Grades 6-8 **Period:** Lunch **Week:** 2 **Day:** Monday **Count Type:** Forecasted **Total No. of Customers:** 284

Weekly Std. (Target 1)	SFA		Na (mg)	Fat		CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)	
	CAL	(g)		% of CAL	(g)																			% of CAL
600.00-700.00		10.00	1360.00																					

M55229 MELT SUB AP, CHIXMTBL PIZZA WG 2.0

40.00 @ 1 sandwich	355.01	4.42	11.20	895.09	13.67	34.65	38.17	21.83	54.17	5.67	-*	439.24	-*	-*	-*	2.40	-*	-*	-*	-*	-*	169.17	-*	2.80
--------------------	--------	------	-------	--------	-------	-------	-------	-------	-------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M51835 SALAD, CHIXPTY BUFFRCHSCW2.0 MWWW

3.00 @ 1 each	289.24	2.53	7.88	730.48	15.96	49.65	12.82	20.41	51.72	4.33	160.78*	4976.51	0.00*	0.12*	43.60*	7.46	0.04*	0.04*	0.25*	0.06*	0.00*	34.66	17.48*	1.59
---------------	--------	------	------	--------	-------	-------	-------	-------	-------	------	---------	---------	-------	-------	--------	------	-------	-------	-------	-------	-------	-------	--------	------

M51680 BRD: ROLL DG, WG 2.5oz

3.00 @ 1 each	170.00	0.50	2.65	135.00	3.00	15.88	28.00	7.00	0.00	3.40	-*	0.01	-*	-*	-*	0.01	-*	-*	-*	-*	-*	12.70	-*	0.85
---------------	--------	------	------	--------	------	-------	-------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	-------	----	------

M53268 SDW BD, Tky AM WG 2.0

2.00 @ 1 sandwich	325.00	5.13	14.19	995.00	11.50	31.84	33.50	22.25	56.25	2.00	-*	200.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	175.00	-*	2.61
-------------------	--------	------	-------	--------	-------	-------	-------	-------	-------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M50962 SDW BD, SBJ WG 2.0

2.00 @ 1 sandwich	658.38	3.99	5.45	579.16	35.89	49.06	69.87	19.95	0.00	5.99	378.78*	0.00	0.00*	-*	-*	0.00	-*	-*	-*	-*	-*	59.81	-*	5.35
-------------------	--------	------	------	--------	-------	-------	-------	-------	------	------	---------	------	-------	----	----	------	----	----	----	----	----	-------	----	------

M53347 SDW BD, SB WG 2.0

1.00 @ 1 sandwich	558.71	3.99	6.42	579.16	35.89	57.81	43.95	19.95	0.00	5.99	378.78*	0.00	0.00*	-*	-*	0.00	-*	-*	-*	-*	-*	59.81	-*	5.35
-------------------	--------	------	------	--------	-------	-------	-------	-------	------	------	---------	------	-------	----	----	------	----	----	----	----	----	-------	----	------

M51578 PIZZA 16" CHZ WG 2.0

24.00 @ 1/8 cut	351.26	7.50	19.22	810.03	15.50	39.72	30.87	19.38	30.00	3.25	-*	403.18	-*	-*	-*	0.90	-*	-*	-*	-*	-*	419.72	-*	1.13
-----------------	--------	------	-------	--------	-------	-------	-------	-------	-------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M53000 PIZZA 16" Pepperoni WG 2.0

24.00 @ 1/8 cut	388.75	9.00	20.84	937.53	19.00	43.99	31.12	20.88	37.50	3.25	-*	403.18	-*	-*	-*	0.90	-*	-*	-*	-*	-*	419.72	-*	1.22
-----------------	--------	------	-------	--------	-------	-------	-------	-------	-------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M54555 NACHOS BFGD RND SC 2.0 (2BG)

24.00 @ 1 each	450.53	8.75	17.47	674.18	23.64	47.22	37.03	21.03	60.38	3.45	195.67*	194.00	0.91*	0.13*	0.97*	2.48	0.02*	0.09*	2.90*	0.20*	1.27*	212.59	110.82*	2.41
----------------	--------	------	-------	--------	-------	-------	-------	-------	-------	------	---------	--------	-------	-------	-------	------	-------	-------	-------	-------	-------	--------	---------	------

M52963 CHIX Popcorn, AP WG 2.0

32.00 @ 1 serving	250.19	2.72	9.78	380.72	14.14	50.87	15.23	15.23	21.76	3.26	-*	108.78	-*	-*	-*	0.00	-*	-*	-*	-*	-*	43.51	-*	1.96
-------------------	--------	------	------	--------	-------	-------	-------	-------	-------	------	----	--------	----	----	----	------	----	----	----	----	----	-------	----	------

M51680 BRD: ROLL DG, WG 2.5oz

32.00 @ 1 each	170.00	0.50	2.65	135.00	3.00	15.88	28.00	7.00	0.00	3.40	-*	0.01	-*	-*	-*	0.01	-*	-*	-*	-*	-*	12.70	-*	0.85
----------------	--------	------	------	--------	------	-------	-------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	-------	----	------

M51417 BURG, Beef AP WG 2.0

* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Forestwood MS

Service Area: Forestwood - 6-8 - OVS

Menu Name: Forestwood MS 2018-2019 Menu - cycle 3 - week 2

Avg.Method: Weighted (USDA Default)

5.00 @ 1 each	240.00	2.00	7.50	345.00	7.00	26.25	29.00	16.00	25.00	2.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	60.00	-*	2.88
M50821 BURG, Beef AM AP WG 2.25																								
65.00 @ 1 each	285.00	4.25	13.42	545.00	10.50	33.16	29.50	18.50	37.50	2.00	-*	100.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	135.00	-*	2.88
M53770 SDW BN, CHIXPTY PLN WG/WG2.0 MWWW																								
23.00 @ 1 sandwich	339.76	1.50	3.97	589.66	10.99	29.11	35.99	23.98	44.95	5.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	40.00	-*	2.52
M52952 SDW BN, CHIXPTY BRD SPCY WG/WG 2.0 MWWW																								
23.00 @ 1 sandwich	339.86	2.00	5.29	629.77	11.99	31.76	35.99	23.99	44.97	3.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	40.00	-*	2.88
M54308 STICKS, CRISPITO CHIXCHILI AP WG 2.0 (2EA)																								
60.00 @ 2 each	540.00	6.00	10.00	740.00	28.00	46.67	46.00	24.00	50.00	6.00	-*	1500.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	80.00	-*	3.60
M51189 COND_Sauce, Chz SS W (LOL) .5																								
60.00 @ 2 fl oz	99.97	4.50	40.50	399.86	7.00	63.00	3.00	5.00	19.99	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	149.95	-*	0.00
M52635 VEG: PEAS, Green Fz Seas1/2c																								
10.00 @ 1/2 cup	99.51	1.21	10.97	67.52	3.17	28.68	13.40	4.83	0.00	4.23	104.97	1969.23	0.00*	0.03*	22.58*	9.28	0.27*	0.09*	1.39*	0.11*	0.00*	22.72	72.27*	1.43
M50431 VEG: CARROTS, Fresh Baby 1/2c																								
20.00 @ 1/2 cup	24.80	0.02	0.59	55.28	0.09	3.34	5.84	0.45	0.00	2.06	167.96	9772.87	0.00	-*	6.66	1.84	0.02	0.03	0.39	0.07	0.00	22.68	19.84	0.63
M53709 VEG: SALAD, SIDE SPIN ROM STRAW SC 1C																								
20.00 @ 1 cup	15.79	0.03	1.56	23.17	0.22	12.65	3.13	1.14	0.00	1.39	228.54	4195.84	0.00	0.63	150.99	20.02	0.04	0.07	0.33	0.08	0.00	36.30	23.73	1.00
M53419 VEG: POTATO, FF CTINAGEN7 1/2C																								
106.00 @ 1/2 cup	119.99	1.33	10.00	133.32	4.67	35.00	17.33	2.00	0.00	2.00	259.98	0.00	-*	-*	-*	3.20	-*	-*	-*	-*	-*	0.00	-*	0.48
M50529 FRUIT: GRAPES, Fresh 1/2c																								
60.00 @ 1/2 cup	56.80	0.10	1.53	1.70	0.30	4.70	14.54	0.53	0.00	0.76	161.94	84.78	0.00	0.16	12.38	3.39	0.08	0.05	0.25	0.09	0.00	11.87	8.48	0.25
M53549 FRUIT: APPLESAUCE,Unswt AP1/2c																								
80.00 @ 1/2 cup	52.77	0.00	0.00	10.55	0.00	0.00	13.72	0.00	0.00	2.11	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50980 JUICE SS, Frt Bld 100% 4oz Crt																								
120.00 @ 1 each	60.00	0.00	0.00	10.00	0.00	0.00	14.00	0.00	0.00	0.00	100.00	0.00	-*	-*	-*	3.60	-*	-*	-*	-*	-*	0.00	-*	0.00
M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50																								
21.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00

* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Forestwood MS

Service Area: Forestwood - 6-8 - OVS

Menu Name: Forestwood MS 2018-2019 Menu - cycle 3 - week 2

Avg.Method: Weighted (USDA Default)

M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50

141.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00
-------------------	--------	------	------	--------	------	------	-------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M50855 COND PC Ketchup 9g Heinz

200.00 @ 1 each	10.00	0.00	0.00	85.00	0.00	0.00	3.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
-----------------	-------	------	------	-------	------	------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M50055 COND PC Mayonnaise 12g

100.00 @ 1 each	80.00	1.50	16.87	75.00	8.00	90.00	1.00	0.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
-----------------	-------	------	-------	-------	------	-------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M50284 COND PC Mustard 6g

100.00 @ 1 each	0.00	0.00	-	65.00	0.00	-	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
-----------------	------	------	---	-------	------	---	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M53222 COND PC Margarine 5g

100.00 @ 1 each	30.00	1.00	30.00	30.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	500.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
-----------------	-------	------	-------	-------	------	-------	------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	------	----	------

M50624 COND PC Drsg Ranch 12g

200.00 @ 1 each	50.00	0.00	0.00	100.00	5.00	90.00	1.00	0.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
-----------------	-------	------	------	--------	------	-------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M50623 COND PC Drsg Italian 12g

20.00 @ 1 each	30.00	0.00	0.00	130.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	100.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
----------------	-------	------	------	--------	------	-------	------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	------	----	------

M53116 COND PC Drsg Honey Mustard 12g

100.00 @ 1 each	15.00	0.00	0.00	65.00	0.00	0.00	4.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
-----------------	-------	------	------	-------	------	------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M50056 COND PC Sauce, Taco 9g

100.00 @ 1 each	5.00	0.00	0.00	55.00	0.00	0.00	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
-----------------	------	------	------	-------	------	------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M50287 COND PC Sauce, BBQ 12g

200.00 @ 1 each	15.00	0.00	0.00	160.00	0.00	0.00	4.00	0.00	0.00	0.00	-*	100.00	-*	-*	-*	0.60	-*	-*	-*	-*	-*	0.00	-*	0.00
-----------------	-------	------	------	--------	------	------	------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	------	----	------

M50063 COND_Sauce, Buffalo Wing AP

10.00 @ 1 tablespoon	4.38	0.02	4.79	363.06	0.22	45.51	0.48	0.11	0.17	0.12	21.32	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	2.22	-*	0.07
-------------------------	------	------	------	--------	------	-------	------	------	------	------	-------	------	----	----	----	------	----	----	----	----	----	------	----	------

M51445 VEG GARN: Rom Leaf/Tom SI

24.00 @ 1 serving	4.96	0.01	1.72	1.84	0.07	12.86	1.02	0.30	0.00	0.47	68.61	1352.71	0.00	0.09	15.65	2.51	0.02	0.01	0.13	0.02	0.00	6.10	7.65	0.18
-------------------	------	------	------	------	------	-------	------	------	------	------	-------	---------	------	------	-------	------	------	------	------	------	------	------	------	------

M50412 COND_Pickle, Dill Slice 3ea

24.00 @ 3 slice	2.43	0.01	4.72	243.11	0.07	25.17	0.36	0.10	0.00	0.21	-*	0.00	-*	-*	-*	0.32	-*	-*	-*	-*	-*	12.97	-*	0.08
-----------------	------	------	------	--------	------	-------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	-------	----	------

M68168 POTATO BFGD CHILI CH SC 2.0

24.00 @ 1 each	319.59	7.33	20.65	247.82	12.66	35.64	35.42	17.71	49.03	4.41	892.31*	407.14*	0.80*	0.15*	3.83*	22.06*	0.10*	0.11*	3.36*	0.55*	0.60*	251.36	151.80*	2.71
----------------	--------	------	-------	--------	-------	-------	-------	-------	-------	------	---------	---------	-------	-------	-------	--------	-------	-------	-------	-------	-------	--------	---------	------

* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Forestwood MS

Service Area: Forestwood - 6-8 - OVS

Menu Name: Forestwood MS 2018-2019 Menu - cycle 3 - week 2

Avg.Method: Weighted (USDA Default)

M51680 BRD: ROLL DG, WG 2.5oz

24.00 @ 1 each	170.00	0.50	2.65	135.00	3.00	15.88	28.00	7.00	0.00	3.40	-*	0.01	-*	-*	-*	0.01	-*	-*	-*	-*	-*	12.70	-*	0.85
Average	785.33	8.96	10.26	1465.75	32.28	37	88.28	33.77	65.57	7.57	309.31*	2310.85*	.14*	.11*	16.7*	9.38*	.04*	.04*	.7*	.1*	.16*	411.03	30.43*	3.84

* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Forestwood MS

Service Area: Forestwood - 6-8 - OVS

Menu Name: Forestwood MS 2018-2019 Menu - cycle 3 - week 2

Avg.Method: Weighted (USDA Default)

Age Group: Brkfst Grades K-8 **Period:** Breakfast **Week:** 2 **Day:** Tuesday **Count Type:** Forecasted **Total No. of Customers:** 18

Weekly Std. (Target 1)	SFA		Na (mg)	Fat		CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)	
	CAL	(g)		% of CAL	(g)																			% of CAL
400.00-500.00		10.00	540.00																					

M51231 SDW BN, EggSausSS AM WG 1.0

16.00 @ 1 sandwich	224.62	3.31	13.25	562.67	8.45	33.87	28.01	10.22	83.08	2.00	-*	187.63	-*	-*	-*	0.00	-*	-*	-*	-*	-*	135.19	-*	1.78
--------------------	--------	------	-------	--------	------	-------	-------	-------	-------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M51320 CEREAL BWL, Rice Krispies WG

2.00 @ 1 bowl	100.00	0.00	0.00	170.00	0.50	4.50	23.00	2.00	0.00	1.00	-*	1000.03	-*	-*	-*	12.00	-*	-*	-*	-*	-*	0.00	-*	8.10
---------------	--------	------	------	--------	------	------	-------	------	------	------	----	---------	----	----	----	-------	----	----	----	----	----	------	----	------

M50208 CEREAL BWL, CINN TST CRUNCH RS WG

2.00 @ 1 bowl	110.00	0.50	4.09	160.00	3.00	24.54	22.00	1.00	0.00	3.00	-*	400.01	-*	-*	-*	4.80	-*	-*	-*	-*	-*	200.01	-*	3.60
---------------	--------	------	------	--------	------	-------	-------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M50442 CEREAL BWL, Cocoa Puffs RS WG

2.00 @ 1 bowl	110.05	0.00	0.00	160.08	1.50	12.27	25.01	2.00	0.00	2.00	-*	500.25	-*	-*	-*	6.00	-*	-*	-*	-*	-*	100.05	-*	4.50
---------------	--------	------	------	--------	------	-------	-------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M50524 CEREAL BWL, Lucky Charms WG

2.00 @ 1 bowl	110.00	0.00	0.00	180.00	1.00	8.18	23.00	2.00	0.00	2.00	-*	500.01	-*	-*	-*	6.00	-*	-*	-*	-*	-*	100.00	-*	4.50
---------------	--------	------	------	--------	------	------	-------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M50525 CEREAL BWL, Trix RS WG

3.00 @ 1 bowl	110.00	0.00	0.00	140.00	1.00	8.18	24.00	1.00	0.00	1.00	-*	400.01	-*	-*	-*	4.80	-*	-*	-*	-*	-*	80.00	-*	4.50
---------------	--------	------	------	--------	------	------	-------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	-------	----	------

M52725 BRD: BAR, Cereal CocoPuf WG IW

3.00 @ 1 each	150.00	0.00	0.00	100.00	3.00	18.00	30.00	3.00	0.00	3.00	-*	100.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	200.00	-*	1.80
---------------	--------	------	------	--------	------	-------	-------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M52724 BRD: BAR, Cereal CinnTst WG IW

3.00 @ 1 each	150.00	0.00	0.00	115.00	3.50	21.00	30.00	2.00	0.00	3.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	200.00	-*	1.80
---------------	--------	------	------	--------	------	-------	-------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	--------	----	------

M51267 BRD: MUF AP, BLUEBRY 2OZ IW WG (1BG)

3.00 @ 1 muffin	190.00	2.00	9.47	130.00	6.00	28.42	31.00	3.00	40.00	2.00	-*	100.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	20.00	-*	0.72
-----------------	--------	------	------	--------	------	-------	-------	------	-------	------	----	--------	----	----	----	------	----	----	----	----	----	-------	----	------

M51268 BRD: MUF AP, CHOC CHOC CHIP 2OZ IW WG (1BG)

3.00 @ 1 muffin	200.00	2.00	9.00	135.00	6.00	27.00	32.00	4.00	40.00	3.00	180.00	100.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	40.00	-*	1.44
-----------------	--------	------	------	--------	------	-------	-------	------	-------	------	--------	--------	----	----	----	------	----	----	----	----	----	-------	----	------

M51848 BRD: POPTARTS, Straw 1.76oz WG

3.00 @ 1 package	180.00	1.00	5.00	190.00	2.50	12.50	38.00	2.00	0.00	3.00	-*	500.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	100.00	-*	1.80
------------------	--------	------	------	--------	------	-------	-------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M51849 BRD: POPTARTS, Cinn 1.76oz WG

* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Forestwood MS

Service Area: Forestwood - 6-8 - OVS

Menu Name: Forestwood MS 2018-2019 Menu - cycle 3 - week 2

Avg.Method: Weighted (USDA Default)

2.00 @ 1 package	190.00	1.00	4.74	200.00	3.00	14.21	38.00	2.00	0.00	3.00	-*	500.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	100.00	-*	1.80
M51684 BRD: POPTARTS, Fudge 1.76oz WG																								
2.00 @ 1 package	190.00	1.00	4.74	200.00	3.00	14.21	38.00	3.00	0.00	3.00	-*	500.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	100.00	-*	1.80
M51994 CHEESE, COLBY JK Stick 1ea 1.0																								
2.00 @ 1 stick	90.00	4.00	40.00	200.01	6.00	60.00	0.00	7.00	20.00	0.00	0.00	200.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	200.01	-*	0.00
M51237 BRD: BREAD WG, Tst Marg 1sl																								
4.00 @ 1 slice	110.00	1.33	10.91	160.00	4.33	35.45	15.00	3.00	0.00	1.00	1.33*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	1.08
M50529 FRUIT: GRAPES, Fresh 1/2c																								
6.00 @ 1/2 cup	56.80	0.10	1.53	1.70	0.30	4.70	14.54	0.53	0.00	0.76	161.94	84.78	0.00	0.16	12.38	3.39	0.08	0.05	0.25	0.09	0.00	11.87	8.48	0.25
M50427 FRUIT: FRUIT MIX w/Jc 1/2c																								
5.00 @ 1/2 cup	60.01	0.00	0.00	5.00	0.00	0.00	13.00	1.00	0.00	1.00	-*	200.03	-*	-*	-*	1.20	-*	-*	-*	-*	-*	0.00	-*	0.00
M50979 JUICE SS, Apple 100% 4oz Cart																								
10.00 @ 1 each	60.00	0.00	0.00	15.00	0.00	0.00	14.00	0.00	0.00	0.00	85.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50																								
8.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00
M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50																								
15.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00
M53222 COND PC Margarine 5g																								
10.00 @ 1 each	30.00	1.00	30.00	30.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	500.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50854 COND PC Jelly, #4 Smuckers																								
10.00 @ 1 each	35.00	0.00	0.00	5.00	0.00	0.00	9.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50056 COND PC Sauce, Taco 9g																								
10.00 @ 1 each	5.00	0.00	0.00	55.00	0.00	0.00	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50058 COND PC Syrup 1.4oz Smuckers																								
10.00 @ 1 each	110.00	0.00	0.00	25.00	0.00	0.00	29.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
Average	805.28	6.05	6.76	1093.79	17.02	19.02	138.19	25.04	98.01	6.59	131.5*	1767.32	0*	.05*	4.13*	7.73	.03*	.02*	.08*	.03*	0*	703.03	2.83*	6.61

* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Forestwood MS

Service Area: Forestwood - 6-8 - OVS

Menu Name: Forestwood MS 2018-2019 Menu - cycle 3 - week 2

Avg.Method: Weighted (USDA Default)

Age Group: Lunch Grades 6-8 **Period:** Lunch **Week:** 2 **Day:** Tuesday **Count Type:** Forecasted **Total No. of Customers:** 277

Weekly Std. (Target 1)	SFA		Na (mg)	Fat		CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)	
	CAL	(g)		% of CAL	(g)																			% of CAL
600.00-700.00		10.00	1360.00																					

M66509 QUES 6" CHIXDCD WG 2.0

34.00 @ 1 each	344.14	7.58	19.83	512.70	15.96	41.75	30.18	20.02	51.11	2.11	6.91*	368.45	0.00*	0.05*	0.13*	0.80	0.00*	0.00*	0.02*	0.01*	0.00*	324.80	1.79*	2.06
----------------	--------	------	-------	--------	-------	-------	-------	-------	-------	------	-------	--------	-------	-------	-------	------	-------	-------	-------	-------	-------	--------	-------	------

M53804 SALAD, ChixDcd Ndl Asian WG2.0

2.00 @ 2 Spoodle 6 FLOZ	275.37	1.29	4.22	542.23	5.80	18.94	36.57	18.87	42.23	5.94	221.93*	1817.05	0.00*	0.16*	9.93*	2.39	0.03*	0.05*	0.37*	0.03*	0.00*	28.41	21.78*	2.30
-------------------------	--------	------	------	--------	------	-------	-------	-------	-------	------	---------	---------	-------	-------	-------	------	-------	-------	-------	-------	-------	-------	--------	------

M51680 BRD: ROLL DG, WG 2.5oz

2.00 @ 1 each	170.00	0.50	2.65	135.00	3.00	15.88	28.00	7.00	0.00	3.40	-*	0.01	-*	-*	-*	0.01	-*	-*	-*	-*	-*	12.70	-*	0.85
---------------	--------	------	------	--------	------	-------	-------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	-------	----	------

M66748 WRAP 10", CHIXDCD CAES W WG 2.0

2.00 @ 1 each	381.22	4.16	9.81	528.02	18.13	42.81	32.78	19.91	44.57	3.94	137.21*	2755.42	0.00*	0.19*	31.30*	5.02	0.03*	0.02*	0.26*	0.04*	0.00*	122.19	15.31*	2.34
---------------	--------	------	------	--------	-------	-------	-------	-------	-------	------	---------	---------	-------	-------	--------	------	-------	-------	-------	-------	-------	--------	--------	------

M50962 SDW BD, SBJ WG 2.0

2.00 @ 1 sandwich	658.38	3.99	5.45	579.16	35.89	49.06	69.87	19.95	0.00	5.99	378.78*	0.00	0.00*	-*	-*	0.00	-*	-*	-*	-*	-*	59.81	-*	5.35
-------------------	--------	------	------	--------	-------	-------	-------	-------	------	------	---------	------	-------	----	----	------	----	----	----	----	----	-------	----	------

M53347 SDW BD, SB WG 2.0

1.00 @ 1 sandwich	558.71	3.99	6.42	579.16	35.89	57.81	43.95	19.95	0.00	5.99	378.78*	0.00	0.00*	-*	-*	0.00	-*	-*	-*	-*	-*	59.81	-*	5.35
-------------------	--------	------	------	--------	-------	-------	-------	-------	------	------	---------	------	-------	----	----	------	----	----	----	----	----	-------	----	------

M51578 PIZZA 16" CHZ WG 2.0

24.00 @ 1/8 cut	351.26	7.50	19.22	810.03	15.50	39.72	30.87	19.38	30.00	3.25	-*	403.18	-*	-*	-*	0.90	-*	-*	-*	-*	-*	419.72	-*	1.13
-----------------	--------	------	-------	--------	-------	-------	-------	-------	-------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M52986 PIZZA 16" BfGd Chzbrg SCWG2.25

24.00 @ 1/8 cut	375.69	8.86	21.22	708.96	18.00	43.13	30.37	21.77	52.67	3.25	86.54*	434.60	0.43*	0.03*	0.36*	0.90	0.01*	0.04*	1.34*	0.09*	0.60*	319.64	50.60*	1.80
-----------------	--------	------	-------	--------	-------	-------	-------	-------	-------	------	--------	--------	-------	-------	-------	------	-------	-------	-------	-------	-------	--------	--------	------

M52587 CHIX TENDER, GLDN CRISPY (3) WG 2.0 MWWW

33.00 @ 3 each	239.64	2.25	8.44	404.38	11.98	45.00	11.98	19.47	44.93	1.50	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	1.62
----------------	--------	------	------	--------	-------	-------	-------	-------	-------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M51680 BRD: ROLL DG, WG 2.5oz

33.00 @ 1 each	170.00	0.50	2.65	135.00	3.00	15.88	28.00	7.00	0.00	3.40	-*	0.01	-*	-*	-*	0.01	-*	-*	-*	-*	-*	12.70	-*	0.85
----------------	--------	------	------	--------	------	-------	-------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	-------	----	------

M50821 BURG, Beef AM AP WG 2.25

65.00 @ 1 each	285.00	4.25	13.42	545.00	10.50	33.16	29.50	18.50	37.50	2.00	-*	100.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	135.00	-*	2.88
----------------	--------	------	-------	--------	-------	-------	-------	-------	-------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M53770 SDW BN, CHIXPTY PLN WG/WG2.0 MWWW

* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Forestwood MS

Service Area: Forestwood - 6-8 - OVS

Menu Name: Forestwood MS 2018-2019 Menu - cycle 3 - week 2

Avg.Method: Weighted (USDA Default)

23.00 @ 1 sandwich	339.76	1.50	3.97	589.66	10.99	29.11	35.99	23.98	44.95	5.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	40.00	-*	2.52
M51417 BURG, Beef AP WG 2.0																								
5.00 @ 1 each	240.00	2.00	7.50	345.00	7.00	26.25	29.00	16.00	25.00	2.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	60.00	-*	2.88
M52952 SDW BN, CHIXPTY BRD SPCY WG/WG 2.0 MWWW																								
23.00 @ 1 sandwich	339.86	2.00	5.29	629.77	11.99	31.76	35.99	23.99	44.97	3.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	40.00	-*	2.88
M55774 STICKS, MAX SNAX PIZZA W/MARINARA AP WG 2.0																								
8.00 @ 2 each	319.87	3.00	8.44	609.89	10.00	28.13	39.98	20.00	10.00	4.00	0.00*	498.95*	-*	-*	-*	8.98*	-*	-*	-*	-*	-*	459.92	-*	2.68
M50820 VEG: BEANS, Refried Seas 1/2c																								
23.00 @ 1/2 cup	144.92	0.02	0.13	512.97	1.88	11.68	24.33	7.23	0.00	7.35	462.98	142.77	0.00	0.24*	2.36*	0.04*	0.01*	0.01*	0.08*	0.03*	0.00*	39.43	6.37*	1.56
M52847 VEG: SALAD, Corn Fz Mex 1/2c																								
24.00 @ 1/2 cup	83.07	0.27	2.90	97.72	1.79	19.40	17.02	2.40	0.00	1.93	191.08*	229.32	0.00*	0.17*	1.34*	15.30	0.07*	0.06*	1.32*	0.16*	0.00*	7.84	55.48*	0.45
M51731 VEG: POTATO SWT, FF CRINKLE 1/2C																								
8.00 @ 1/2 cup	137.66	0.53	3.46	180.02	4.77	31.15	23.30	1.06	0.00	3.18	243.56	3176.86	-*	-*	-*	6.35	-*	-*	-*	-*	-*	21.18	-*	0.38
M52217 FRUIT: APPLE, 138ct Whole 1c																								
40.00 @ 1 each	62.21	0.03	0.48	1.20	0.20	2.94	16.52	0.31	0.00	2.87	128.00	64.60	0.00	0.22	2.63	5.50	0.02	0.03	0.11	0.05	0.00	7.18	13.16	0.14
M51110 FRUIT: ORANGE Mand w/Jc 1/2c																								
80.00 @ 1/2 cup	51.73	0.00	0.00	6.26	0.03	0.44	12.19	0.70	0.00	0.94	-*	710.52	-*	-*	-*	37.06	-*	-*	-*	-*	-*	13.15	-*	0.43
M53365 JUICE SS, Grape100% 4oz Cart																								
104.00 @ 1 each	80.00	0.00	0.00	15.00	0.00	0.00	18.00	1.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M51440 DESRT: GELATIN, Cherry SC 1/2c																								
100.00 @ 1/2 cup	71.59	0.00	0.00	95.29	0.00	0.00	17.39	1.02	0.00	0.00	1.08*	0.00	0.00*	0.00*	0.00*	15.34	0.00*	0.00*	0.00*	0.00*	0.00*	3.24	0.00*	0.00
M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50																								
50.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00
M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50																								
127.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00
M50855 COND PC Ketchup 9g Heinz																								
200.00 @ 1 each	10.00	0.00	0.00	85.00	0.00	0.00	3.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00

* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Forestwood MS

Service Area: Forestwood - 6-8 - OVS

Menu Name: Forestwood MS 2018-2019 Menu - cycle 3 - week 2

Avg.Method: Weighted (USDA Default)

M50055 COND PC Mayonnaise 12g

100.00 @ 1 each	80.00	1.50	16.87	75.00	8.00	90.00	1.00	0.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
-----------------	-------	------	-------	-------	------	-------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M50284 COND PC Mustard 6g

100.00 @ 1 each	0.00	0.00	-	65.00	0.00	-	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
-----------------	------	------	---	-------	------	---	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M53222 COND PC Margarine 5g

100.00 @ 1 each	30.00	1.00	30.00	30.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	500.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
-----------------	-------	------	-------	-------	------	-------	------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	------	----	------

M50624 COND PC Drsg Ranch 12g

200.00 @ 1 each	50.00	0.00	0.00	100.00	5.00	90.00	1.00	0.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
-----------------	-------	------	------	--------	------	-------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M50623 COND PC Drsg Italian 12g

20.00 @ 1 each	30.00	0.00	0.00	130.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	100.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
----------------	-------	------	------	--------	------	-------	------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	------	----	------

M53116 COND PC Drsg Honey Mustard 12g

100.00 @ 1 each	15.00	0.00	0.00	65.00	0.00	0.00	4.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
-----------------	-------	------	------	-------	------	------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M50056 COND PC Sauce, Taco 9g

100.00 @ 1 each	5.00	0.00	0.00	55.00	0.00	0.00	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
-----------------	------	------	------	-------	------	------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M50287 COND PC Sauce, BBQ 12g

200.00 @ 1 each	15.00	0.00	0.00	160.00	0.00	0.00	4.00	0.00	0.00	0.00	-*	100.00	-*	-*	-*	0.60	-*	-*	-*	-*	-*	0.00	-*	0.00
-----------------	-------	------	------	--------	------	------	------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	------	----	------

M50063 COND_Sauce, Buffalo Wing AP

10.00 @ 1 tablespoon	4.38	0.02	4.79	363.06	0.22	45.51	0.48	0.11	0.17	0.12	21.32	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	2.22	-*	0.07
-------------------------	------	------	------	--------	------	-------	------	------	------	------	-------	------	----	----	----	------	----	----	----	----	----	------	----	------

M51445 VEG GARN: Rom Leaf/Tom Sl

24.00 @ 1 serving	4.96	0.01	1.72	1.84	0.07	12.86	1.02	0.30	0.00	0.47	68.61	1352.71	0.00	0.09	15.65	2.51	0.02	0.01	0.13	0.02	0.00	6.10	7.65	0.18
-------------------	------	------	------	------	------	-------	------	------	------	------	-------	---------	------	------	-------	------	------	------	------	------	------	------	------	------

M50412 COND_Pickle, Dill Slice 3ea

24.00 @ 3 slice	2.43	0.01	4.72	243.11	0.07	25.17	0.36	0.10	0.00	0.21	-*	0.00	-*	-*	-*	0.32	-*	-*	-*	-*	-*	12.97	-*	0.08
-----------------	------	------	------	--------	------	-------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	-------	----	------

Average

	585.58	5.39	8.29	1128.53	20.77	31.93	72.78	25.89	45.94	4.47	102.66*	1223.34*	.04*	.08*	2.39*	20.78*	.01*	.02*	.27*	.03*	.05*	363.95	12.77*	2.5
--	--------	------	------	---------	-------	-------	-------	-------	-------	------	---------	----------	------	------	-------	--------	------	------	------	------	------	--------	--------	-----

* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Forestwood MS

Service Area: Forestwood - 6-8 - OVS

Menu Name: Forestwood MS 2018-2019 Menu - cycle 3 - week 2

Avg.Method: Weighted (USDA Default)

Age Group: Brkfst Grades K-8 **Period:** Breakfast **Week:** 2 **Day:** Wednesday **Count Type:** Forecasted **Total No. of Customers:** 23

Weekly Std. (Target 1)	SFA		Na (mg)	Fat		CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)	
	CAL	(g)		% of CAL	(g)																			% of CAL
400.00-500.00		10.00	540.00																					

M52920 BRD: PANCAKES, AP WG 2EA (2BG)

20.00 @ 2 each	153.33	0.67	3.91	220.00	4.00	23.48	27.33	3.33	6.67	2.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	1.20
----------------	--------	------	------	--------	------	-------	-------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M51320 CEREAL BWL, Rice Krispies WG

2.00 @ 1 bowl	100.00	0.00	0.00	170.00	0.50	4.50	23.00	2.00	0.00	1.00	-*	1000.03	-*	-*	-*	12.00	-*	-*	-*	-*	-*	0.00	-*	8.10
---------------	--------	------	------	--------	------	------	-------	------	------	------	----	---------	----	----	----	-------	----	----	----	----	----	------	----	------

M50208 CEREAL BWL, CINN TST CRUNCH RS WG

2.00 @ 1 bowl	110.00	0.50	4.09	160.00	3.00	24.54	22.00	1.00	0.00	3.00	-*	400.01	-*	-*	-*	4.80	-*	-*	-*	-*	-*	200.01	-*	3.60
---------------	--------	------	------	--------	------	-------	-------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M50442 CEREAL BWL, Cocoa Puffs RS WG

2.00 @ 1 bowl	110.05	0.00	0.00	160.08	1.50	12.27	25.01	2.00	0.00	2.00	-*	500.25	-*	-*	-*	6.00	-*	-*	-*	-*	-*	100.05	-*	4.50
---------------	--------	------	------	--------	------	-------	-------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M50524 CEREAL BWL, Lucky Charms WG

5.00 @ 1 bowl	110.00	0.00	0.00	180.00	1.00	8.18	23.00	2.00	0.00	2.00	-*	500.01	-*	-*	-*	6.00	-*	-*	-*	-*	-*	100.00	-*	4.50
---------------	--------	------	------	--------	------	------	-------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M50525 CEREAL BWL, Trix RS WG

2.00 @ 1 bowl	110.00	0.00	0.00	140.00	1.00	8.18	24.00	1.00	0.00	1.00	-*	400.01	-*	-*	-*	4.80	-*	-*	-*	-*	-*	80.00	-*	4.50
---------------	--------	------	------	--------	------	------	-------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	-------	----	------

M52725 BRD: BAR, Cereal CocoPuf WG IW

2.00 @ 1 each	150.00	0.00	0.00	100.00	3.00	18.00	30.00	3.00	0.00	3.00	-*	100.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	200.00	-*	1.80
---------------	--------	------	------	--------	------	-------	-------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M52724 BRD: BAR, Cereal CinnTst WG IW

2.00 @ 1 each	150.00	0.00	0.00	115.00	3.50	21.00	30.00	2.00	0.00	3.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	200.00	-*	1.80
---------------	--------	------	------	--------	------	-------	-------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	--------	----	------

M51267 BRD: MUF AP, BLUEBRY 2OZ IW WG (1BG)

3.00 @ 1 muffin	190.00	2.00	9.47	130.00	6.00	28.42	31.00	3.00	40.00	2.00	-*	100.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	20.00	-*	0.72
-----------------	--------	------	------	--------	------	-------	-------	------	-------	------	----	--------	----	----	----	------	----	----	----	----	----	-------	----	------

M51268 BRD: MUF AP, CHOC CHOC CHIP 2OZ IW WG (1BG)

3.00 @ 1 muffin	200.00	2.00	9.00	135.00	6.00	27.00	32.00	4.00	40.00	3.00	180.00	100.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	40.00	-*	1.44
-----------------	--------	------	------	--------	------	-------	-------	------	-------	------	--------	--------	----	----	----	------	----	----	----	----	----	-------	----	------

M51848 BRD: POPTARTS, Straw 1.76oz WG

2.00 @ 1 package	180.00	1.00	5.00	190.00	2.50	12.50	38.00	2.00	0.00	3.00	-*	500.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	100.00	-*	1.80
------------------	--------	------	------	--------	------	-------	-------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M51849 BRD: POPTARTS, Cinn 1.76oz WG

* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Forestwood MS

Service Area: Forestwood - 6-8 - OVS

Menu Name: Forestwood MS 2018-2019 Menu - cycle 3 - week 2

Avg.Method: Weighted (USDA Default)

2.00 @ 1 package	190.00	1.00	4.74	200.00	3.00	14.21	38.00	2.00	0.00	3.00	-*	500.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	100.00	-*	1.80
M51684 BRD: POPTARTS, Fudge 1.76oz WG																								
2.00 @ 1 package	190.00	1.00	4.74	200.00	3.00	14.21	38.00	3.00	0.00	3.00	-*	500.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	100.00	-*	1.80
M51994 CHEESE, COLBY JK Stick 1ea 1.0																								
6.00 @ 1 stick	90.00	4.00	40.00	200.01	6.00	60.00	0.00	7.00	20.00	0.00	0.00	200.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	200.01	-*	0.00
M51237 BRD: BREAD WG, Tst Marg 1sl																								
6.00 @ 1 slice	110.00	1.33	10.91	160.00	4.33	35.45	15.00	3.00	0.00	1.00	1.33*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	1.08
M66348 YOGURT, PARFAIT PEACH 1.0																								
6.00 @ 1 serving	145.03	0.59	3.64	71.06	1.52	9.45	28.41	3.85	5.00	0.26	249.09	641.25	80.06*	-*	-*	0.56	-*	-*	-*	-*	-*	100.07	-*	0.09
M52217 FRUIT: APPLE, 138ct Whole 1c																								
3.00 @ 1 each	62.21	0.03	0.48	1.20	0.20	2.94	16.52	0.31	0.00	2.87	128.00	64.60	0.00	0.22	2.63	5.50	0.02	0.03	0.11	0.05	0.00	7.18	13.16	0.14
M51110 FRUIT: ORANGE Mand w/Jc 1/2c																								
4.00 @ 1/2 cup	51.73	0.00	0.00	6.26	0.03	0.44	12.19	0.70	0.00	0.94	-*	710.52	-*	-*	-*	37.06	-*	-*	-*	-*	-*	13.15	-*	0.43
M50980 JUICE SS, Frt Bld 100% 4oz Crt																								
20.00 @ 1 each	60.00	0.00	0.00	10.00	0.00	0.00	14.00	0.00	0.00	0.00	100.00	0.00	-*	-*	-*	3.60	-*	-*	-*	-*	-*	0.00	-*	0.00
M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50																								
6.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00
M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50																								
18.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00
M53222 COND PC Margarine 5g																								
10.00 @ 1 each	30.00	1.00	30.00	30.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	500.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50854 COND PC Jelly, #4 Smuckers																								
10.00 @ 1 each	35.00	0.00	0.00	5.00	0.00	0.00	9.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50056 COND PC Sauce, Taco 9g																								
10.00 @ 1 each	5.00	0.00	0.00	55.00	0.00	0.00	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50058 COND PC Syrup 1.4oz Smuckers																								
10.00 @ 1 each	110.00	0.00	0.00	25.00	0.00	0.00	29.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
Average	680.46	3.78	5	736.97	12.17	16.09	124.07	17.93	29.28	5.6	192.46*	1564.53	20.89*	.03*	.34*	15.82	0*	0*	.01*	.01*	0*	518.03	1.72*	5.29

* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Forestwood MS

Service Area: Forestwood - 6-8 - OVS

Menu Name: Forestwood MS 2018-2019 Menu - cycle 3 - week 2

Avg.Method: Weighted (USDA Default)

Age Group: Lunch Grades 6-8 **Period:** Lunch **Week:** 2 **Day:** Wednesday **Count Type:** Forecasted **Total No. of Customers:** 299

Weekly Std. (Target 1)	SFA		Na (mg)	Fat		CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)	
	CAL	(g)		% of CAL	(g)																			% of CAL
600.00-700.00		10.00	1360.00																					

M51355 ENT: BOWL, POTATO CHIXPOP CH WG 2.0 (1C VEG)

120.00 @ 1 bowl	419.52	6.32	13.57	533.49	19.78	42.44	42.95	18.58	31.38	4.76	291.93*	304.89	0.00*	0.03*	0.43*	16.74	0.01*	0.03*	0.54*	0.04*	0.00*	140.46	32.63*	2.24
-----------------	--------	------	-------	--------	-------	-------	-------	-------	-------	------	---------	--------	-------	-------	-------	-------	-------	-------	-------	-------	-------	--------	--------	------

M50443 COND_Gravy, Country SS

120.00 @ 1/4 cup	34.17	0.00	0.00	196.86	0.49	12.86	5.86	0.00	0.00	0.00	0.53*	0.00	0.00*	0.00*	0.00*	0.00	0.00*	0.00*	0.00*	0.00*	0.00*	21.13	0.00*	0.00
------------------	-------	------	------	--------	------	-------	------	------	------	------	-------	------	-------	-------	-------	------	-------	-------	-------	-------	-------	-------	-------	------

M51680 BRD: ROLL DG, WG 2.5oz

120.00 @ 1 each	170.00	0.50	2.65	135.00	3.00	15.88	28.00	7.00	0.00	3.40	-*	0.01	-*	-*	-*	0.01	-*	-*	-*	-*	-*	12.70	-*	0.85
-----------------	--------	------	------	--------	------	-------	-------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	-------	----	------

M68101 SALAD, CHIXDCD TACO SS SC 2.0

3.00 @ 1 each	176.02	2.49	12.74	184.77	5.83	29.80	16.18	15.40	39.33	3.27	307.32*	3746.90*	0.64*	0.27*	40.73*	8.12*	0.07*	0.06*	0.95*	0.12*	0.00*	84.68	46.42*	1.69
---------------	--------	------	-------	--------	------	-------	-------	-------	-------	------	---------	----------	-------	-------	--------	-------	-------	-------	-------	-------	-------	-------	--------	------

M54540 BRD: TORTILLA, CHIP RND WG 2BG

3.00 @ 1 serving	224.59	1.60	6.43	184.48	9.63	38.57	32.08	3.21	0.00	3.21	0.00	0.00	0.00	-*	-*	0.00	-*	-*	-*	-*	-*	48.13	-*	0.80
------------------	--------	------	------	--------	------	-------	-------	------	------	------	------	------	------	----	----	------	----	----	----	----	----	-------	----	------

M53318 SUB AP, CHam AM WG 2.0

3.00 @ 1 each	279.93	5.27	16.94	838.69	11.39	36.63	32.04	15.60	45.00	3.94	137.21*	2905.42	0.00*	0.19*	31.30*	5.02	0.03*	0.02*	0.26*	0.04*	0.00*	202.19	15.31*	1.97
---------------	--------	------	-------	--------	-------	-------	-------	-------	-------	------	---------	---------	-------	-------	--------	------	-------	-------	-------	-------	-------	--------	--------	------

M50962 SDW BD, SBJ WG 2.0

3.00 @ 1 sandwich	658.38	3.99	5.45	579.16	35.89	49.06	69.87	19.95	0.00	5.99	378.78*	0.00	0.00*	-*	-*	0.00	-*	-*	-*	-*	-*	59.81	-*	5.35
-------------------	--------	------	------	--------	-------	-------	-------	-------	------	------	---------	------	-------	----	----	------	----	----	----	----	----	-------	----	------

M53347 SDW BD, SB WG 2.0

1.00 @ 1 sandwich	558.71	3.99	6.42	579.16	35.89	57.81	43.95	19.95	0.00	5.99	378.78*	0.00	0.00*	-*	-*	0.00	-*	-*	-*	-*	-*	59.81	-*	5.35
-------------------	--------	------	------	--------	-------	-------	-------	-------	------	------	---------	------	-------	----	----	------	----	----	----	----	----	-------	----	------

M51578 PIZZA 16" CHZ WG 2.0

16.00 @ 1/8 cut	351.26	7.50	19.22	810.03	15.50	39.72	30.87	19.38	30.00	3.25	-*	403.18	-*	-*	-*	0.90	-*	-*	-*	-*	-*	419.72	-*	1.13
-----------------	--------	------	-------	--------	-------	-------	-------	-------	-------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M53000 PIZZA 16" Pepperoni WG 2.0

20.00 @ 1/8 cut	388.75	9.00	20.84	937.53	19.00	43.99	31.12	20.88	37.50	3.25	-*	403.18	-*	-*	-*	0.90	-*	-*	-*	-*	-*	419.72	-*	1.22
-----------------	--------	------	-------	--------	-------	-------	-------	-------	-------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M51753 CHIX Popcorn, AP Spicy WG 2.0

33.00 @ 1 serving	247.14	2.69	9.78	365.34	13.97	50.87	16.12	13.97	21.49	2.15	-*	107.45	-*	-*	-*	0.00	-*	-*	-*	-*	-*	42.98	-*	1.93
-------------------	--------	------	------	--------	-------	-------	-------	-------	-------	------	----	--------	----	----	----	------	----	----	----	----	----	-------	----	------

M51680 BRD: ROLL DG, WG 2.5oz

* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Forestwood MS

Service Area: Forestwood - 6-8 - OVS

Menu Name: Forestwood MS 2018-2019 Menu - cycle 3 - week 2

Avg.Method: Weighted (USDA Default)

33.00 @ 1 each	170.00	0.50	2.65	135.00	3.00	15.88	28.00	7.00	0.00	3.40	-*	0.01	-*	-*	-*	0.01	-*	-*	-*	-*	-*	12.70	-*	0.85
M51417 BURG, Beef AP WG 2.0																								
5.00 @ 1 each	240.00	2.00	7.50	345.00	7.00	26.25	29.00	16.00	25.00	2.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	60.00	-*	2.88
M50821 BURG, Beef AM AP WG 2.25																								
65.00 @ 1 each	285.00	4.25	13.42	545.00	10.50	33.16	29.50	18.50	37.50	2.00	-*	100.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	135.00	-*	2.88
M53770 SDW BN, CHIXPTY PLN WG/WG2.0 MWWW																								
23.00 @ 1 sandwich	339.76	1.50	3.97	589.66	10.99	29.11	35.99	23.98	44.95	5.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	40.00	-*	2.52
M52952 SDW BN, CHIXPTY BRD SPCY WG/WG 2.0 MWWW																								
23.00 @ 1 sandwich	339.86	2.00	5.29	629.77	11.99	31.76	35.99	23.99	44.97	3.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	40.00	-*	2.88
M54308 STICKS, CRISPITO CHIXCHILI AP WG 2.0 (2EA)																								
60.00 @ 2 each	540.00	6.00	10.00	740.00	28.00	46.67	46.00	24.00	50.00	6.00	-*	1500.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	80.00	-*	3.60
M51189 COND_Sauce, Chz SS W (LOL) .5																								
60.00 @ 2 fl oz	99.97	4.50	40.50	399.86	7.00	63.00	3.00	5.00	19.99	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	149.95	-*	0.00
M54561 NACHOS CHIXDCD RND 2.0 (2BG)																								
24.00 @ 1 each	405.80	6.98	15.47	693.54	19.57	43.41	36.86	18.74	51.66	3.38	10.37*	131.17	0.00*	0.07*	0.19*	1.20	0.00*	0.00*	0.03*	0.01*	0.00*	202.33	2.69*	1.45
M51463 VEG: BEANS, Green w/Carr 1/2c																								
10.00 @ 1/2 cup	26.09	0.07	2.35	26.17	0.36	12.34	5.66	0.78	0.00	2.50	140.21	7556.07	0.00	0.46	19.42	2.46	0.03	0.05	0.32	0.06	0.00	30.16	23.81	0.47
M50823 VEG: TOMATOES, GRAPE 1/2C																								
30.00 @ 1/2 cup	15.52	0.02	1.40	4.31	0.17	10.00	3.35	0.76	0.00	1.03	204.35	718.25	0.00	0.47	6.81	11.81	0.03	0.02	0.51	0.07	0.00	8.62	20.69	0.23
M53709 VEG: SALAD, SIDE SPIN ROM STRAW SC 1C																								
35.00 @ 1 cup	15.79	0.03	1.56	23.17	0.22	12.65	3.13	1.14	0.00	1.39	228.54	4195.84	0.00	0.63	150.99	20.02	0.04	0.07	0.33	0.08	0.00	36.30	23.73	1.00
M53419 VEG: POTATO, FF CTINAGEN7 1/2C																								
100.00 @ 1/2 cup	119.99	1.33	10.00	133.32	4.67	35.00	17.33	2.00	0.00	2.00	259.98	0.00	-*	-*	-*	3.20	-*	-*	-*	-*	-*	0.00	-*	0.48
M67351 FRUIT: PINEAPPLE, FRESH 1/2C																								
50.00 @ 1/2 cup	38.39	0.01	0.16	0.77	0.09	2.16	10.07	0.41	0.00	1.07	83.68	44.53	0.00	0.02	0.54	36.70	0.06	0.02	0.38	0.09	0.00	9.98	6.14	0.22
M52268 FRUIT: PEACHES Dice w/Jc 1/2c																								
46.00 @ 1/2 cup	50.83	0.00	0.00	10.17	0.00	0.00	12.20	0.00	0.00	0.00	182.98	304.97	-*	-*	-*	1.22	-*	-*	-*	-*	-*	0.00	-*	0.00

* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Forestwood MS

Service Area: Forestwood - 6-8 - OVS

Menu Name: Forestwood MS 2018-2019 Menu - cycle 3 - week 2

Avg.Method: Weighted (USDA Default)

M50982 JUICE SS, ORANGE 100% 4 FLOZ

130.00 @ 1 each	51.44	0.00	0.00	15.43	0.00	0.00	12.35	1.03	0.00	0.00	-*	0.00	-*	-*	-*	43.21	-*	-*	-*	-*	-*	0.00	-*	0.00
-----------------	-------	------	------	-------	------	------	-------	------	------	------	----	------	----	----	----	-------	----	----	----	----	----	------	----	------

M52609 DESRT: COOKIE Brownie 1.5oz WG

24.00 @ 1 cookie	160.00	1.50	8.44	140.00	5.00	28.12	26.00	2.00	10.00	2.00	115.00	100.00	0.00	-*	-*	0.00	-*	-*	-*	-*	-*	20.00	-*	1.80
------------------	--------	------	------	--------	------	-------	-------	------	-------	------	--------	--------	------	----	----	------	----	----	----	----	----	-------	----	------

M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50

56.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00
------------------	--------	------	-------	--------	------	-------	-------	------	-------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50

115.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00
-------------------	--------	------	------	--------	------	------	-------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M50855 COND PC Ketchup 9g Heinz

200.00 @ 1 each	10.00	0.00	0.00	85.00	0.00	0.00	3.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
-----------------	-------	------	------	-------	------	------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M50055 COND PC Mayonnaise 12g

100.00 @ 1 each	80.00	1.50	16.87	75.00	8.00	90.00	1.00	0.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
-----------------	-------	------	-------	-------	------	-------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M50284 COND PC Mustard 6g

100.00 @ 1 each	0.00	0.00	-	65.00	0.00	-	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
-----------------	------	------	---	-------	------	---	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M53222 COND PC Margarine 5g

100.00 @ 1 each	30.00	1.00	30.00	30.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	500.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
-----------------	-------	------	-------	-------	------	-------	------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	------	----	------

M50624 COND PC Drsg Ranch 12g

200.00 @ 1 each	50.00	0.00	0.00	100.00	5.00	90.00	1.00	0.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
-----------------	-------	------	------	--------	------	-------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M50623 COND PC Drsg Italian 12g

20.00 @ 1 each	30.00	0.00	0.00	130.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	100.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
----------------	-------	------	------	--------	------	-------	------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	------	----	------

M53116 COND PC Drsg Honey Mustard 12g

100.00 @ 1 each	15.00	0.00	0.00	65.00	0.00	0.00	4.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
-----------------	-------	------	------	-------	------	------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M50056 COND PC Sauce, Taco 9g

100.00 @ 1 each	5.00	0.00	0.00	55.00	0.00	0.00	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
-----------------	------	------	------	-------	------	------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M50287 COND PC Sauce, BBQ 12g

150.00 @ 1 each	15.00	0.00	0.00	160.00	0.00	0.00	4.00	0.00	0.00	0.00	-*	100.00	-*	-*	-*	0.60	-*	-*	-*	-*	-*	0.00	-*	0.00
-----------------	-------	------	------	--------	------	------	------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	------	----	------

M50063 COND_Sauce, Buffalo Wing AP

10.00 @ 1 tablespoon	4.38	0.02	4.79	363.06	0.22	45.51	0.48	0.11	0.17	0.12	21.32	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	2.22	-*	0.07
-------------------------	------	------	------	--------	------	-------	------	------	------	------	-------	------	----	----	----	------	----	----	----	----	----	------	----	------

* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Forestwood MS

Service Area: Forestwood - 6-8 - OVS

Menu Name: Forestwood MS 2018-2019 Menu - cycle 3 - week 2

Avg.Method: Weighted (USDA Default)

M51445 VEG GARN: Rom Leaf/Tom Sl

24.00 @ 1 serving	4.96	0.01	1.72	1.84	0.07	12.86	1.02	0.30	0.00	0.47	68.61	1352.71	0.00	0.09	15.65	2.51	0.02	0.01	0.13	0.02	0.00	6.10	7.65	0.18
-------------------	------	------	------	------	------	-------	------	------	------	------	-------	---------	------	------	-------	------	------	------	------	------	------	------	------	------

M50412 COND_Pickle, Dill Slice 3ea

24.00 @ 3 slice	2.43	0.01	4.72	243.11	0.07	25.17	0.36	0.10	0.00	0.21	-*	0.00	-*	-*	-*	0.32	-*	-*	-*	-*	-*	12.97	-*	0.08
-----------------	------	------	------	--------	------	-------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	-------	----	------

Average	890.2	9.83	9.94	1534.23	36.57	36.97	101.29	37.12	63.23	8.44	324.23*	2079.72*	.01*	.17*	21.26*	38.29*	.03*	.03*	.41*	.05*	0*	412.25	21.22*	4.25
----------------	-------	------	------	---------	-------	-------	--------	-------	-------	------	---------	----------	------	------	--------	--------	------	------	------	------	----	--------	--------	------

* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Forestwood MS

Service Area: Forestwood - 6-8 - OVS

Menu Name: Forestwood MS 2018-2019 Menu - cycle 3 - week 2

Avg.Method: Weighted (USDA Default)

Age Group: Brkfst Grades K-8 **Period:** Breakfast **Week:** 2 **Day:** Thursday **Count Type:** Forecasted **Total No. of Customers:** 19

Weekly Std. (Target 1)	SFA		Na (mg)	Fat		CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)	
	CAL	(g)		% of CAL	(g)																			% of CAL
400.00-500.00			540.00																					

M54037 SDW FB, Egg Bacon CH SS WG 1.0

14.00 @ 1 each	160.12	3.07	17.27	272.38	7.65	43.01	14.89	8.24	102.21	1.50	0.00*	190.63	-*	-*	-*	0.03	-*	-*	-*	-*	-*	91.67	-*	1.37
----------------	--------	------	-------	--------	------	-------	-------	------	--------	------	-------	--------	----	----	----	------	----	----	----	----	----	-------	----	------

M51320 CEREAL BWL, Rice Krispies WG

2.00 @ 1 bowl	100.00	0.00	0.00	170.00	0.50	4.50	23.00	2.00	0.00	1.00	-*	1000.03	-*	-*	-*	12.00	-*	-*	-*	-*	-*	0.00	-*	8.10
---------------	--------	------	------	--------	------	------	-------	------	------	------	----	---------	----	----	----	-------	----	----	----	----	----	------	----	------

M50208 CEREAL BWL, CINN TST CRUNCH RS WG

2.00 @ 1 bowl	110.00	0.50	4.09	160.00	3.00	24.54	22.00	1.00	0.00	3.00	-*	400.01	-*	-*	-*	4.80	-*	-*	-*	-*	-*	200.01	-*	3.60
---------------	--------	------	------	--------	------	-------	-------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M50442 CEREAL BWL, Cocoa Puffs RS WG

2.00 @ 1 bowl	110.05	0.00	0.00	160.08	1.50	12.27	25.01	2.00	0.00	2.00	-*	500.25	-*	-*	-*	6.00	-*	-*	-*	-*	-*	100.05	-*	4.50
---------------	--------	------	------	--------	------	-------	-------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M50524 CEREAL BWL, Lucky Charms WG

2.00 @ 1 bowl	110.00	0.00	0.00	180.00	1.00	8.18	23.00	2.00	0.00	2.00	-*	500.01	-*	-*	-*	6.00	-*	-*	-*	-*	-*	100.00	-*	4.50
---------------	--------	------	------	--------	------	------	-------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M50525 CEREAL BWL, Trix RS WG

2.00 @ 1 bowl	110.00	0.00	0.00	140.00	1.00	8.18	24.00	1.00	0.00	1.00	-*	400.01	-*	-*	-*	4.80	-*	-*	-*	-*	-*	80.00	-*	4.50
---------------	--------	------	------	--------	------	------	-------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	-------	----	------

M52725 BRD: BAR, Cereal CocoPuf WG IW

2.00 @ 1 each	150.00	0.00	0.00	100.00	3.00	18.00	30.00	3.00	0.00	3.00	-*	100.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	200.00	-*	1.80
---------------	--------	------	------	--------	------	-------	-------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M52724 BRD: BAR, Cereal CinnTst WG IW

2.00 @ 1 each	150.00	0.00	0.00	115.00	3.50	21.00	30.00	2.00	0.00	3.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	200.00	-*	1.80
---------------	--------	------	------	--------	------	-------	-------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	--------	----	------

M51267 BRD: MUF AP, BLUEBRY 2OZ IW WG (1BG)

4.00 @ 1 muffin	190.00	2.00	9.47	130.00	6.00	28.42	31.00	3.00	40.00	2.00	-*	100.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	20.00	-*	0.72
-----------------	--------	------	------	--------	------	-------	-------	------	-------	------	----	--------	----	----	----	------	----	----	----	----	----	-------	----	------

M51268 BRD: MUF AP, CHOC CHOC CHIP 2OZ IW WG (1BG)

4.00 @ 1 muffin	200.00	2.00	9.00	135.00	6.00	27.00	32.00	4.00	40.00	3.00	180.00	100.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	40.00	-*	1.44
-----------------	--------	------	------	--------	------	-------	-------	------	-------	------	--------	--------	----	----	----	------	----	----	----	----	----	-------	----	------

M51848 BRD: POPTARTS, Straw 1.76oz WG

2.00 @ 1 package	180.00	1.00	5.00	190.00	2.50	12.50	38.00	2.00	0.00	3.00	-*	500.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	100.00	-*	1.80
------------------	--------	------	------	--------	------	-------	-------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M51849 BRD: POPTARTS, Cinn 1.76oz WG

* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Forestwood MS

Service Area: Forestwood - 6-8 - OVS

Menu Name: Forestwood MS 2018-2019 Menu - cycle 3 - week 2

Avg.Method: Weighted (USDA Default)

2.00 @ 1 package	190.00	1.00	4.74	200.00	3.00	14.21	38.00	2.00	0.00	3.00	-*	500.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	100.00	-*	1.80
M51684 BRD: POPTARTS, Fudge 1.76oz WG																								
2.00 @ 1 package	190.00	1.00	4.74	200.00	3.00	14.21	38.00	3.00	0.00	3.00	-*	500.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	100.00	-*	1.80
M51994 CHEESE, COLBY JK Stick 1ea 1.0																								
2.00 @ 1 stick	90.00	4.00	40.00	200.01	6.00	60.00	0.00	7.00	20.00	0.00	0.00	200.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	200.01	-*	0.00
M51237 BRD: BREAD WG, Tst Marg 1sl																								
4.00 @ 1 slice	110.00	1.33	10.91	160.00	4.33	35.45	15.00	3.00	0.00	1.00	1.33*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	1.08
M53362 FRUIT: HONEYDEW, Melon 1/2c																								
6.00 @ 1/2 cup	30.93	0.03	0.95	15.47	0.12	3.50	7.81	0.46	0.00	0.69	195.92	42.96	0.00	0.02	2.49	15.47	0.03	0.01	0.36	0.08	0.00	5.16	9.45	0.15
M52271 FRUIT: PEARS, Dice w/Jc 1/2c																								
6.00 @ 1/2 cup	60.66	0.00	0.00	10.11	0.00	0.00	14.15	0.00	0.00	2.02	80.89	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M53365 JUICE SS, Grape100% 4oz Cart																								
15.00 @ 1 each	80.00	0.00	0.00	15.00	0.00	0.00	18.00	1.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50																								
4.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00
M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50																								
9.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00
M53222 COND PC Margarine 5g																								
10.00 @ 1 each	30.00	1.00	30.00	30.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	500.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50854 COND PC Jelly, #4 Smuckers																								
10.00 @ 1 each	35.00	0.00	0.00	5.00	0.00	0.00	9.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50056 COND PC Sauce, Taco 9g																								
10.00 @ 1 each	5.00	0.00	0.00	55.00	0.00	0.00	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50058 COND PC Syrup 1.4oz Smuckers																								
10.00 @ 1 each	110.00	0.00	0.00	25.00	0.00	0.00	29.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
Average	646.92	5.03	7	674.32	14.17	19.71	111.91	17.43	98.74	5.75	125.59*	1285.65	0*	.01*	.79*	9.64	.01*	0*	.11*	.02*	0*	432.34	2.98*	5.34

* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Forestwood MS

Service Area: Forestwood - 6-8 - OVS

Menu Name: Forestwood MS 2018-2019 Menu - cycle 3 - week 2

Avg.Method: Weighted (USDA Default)

Age Group: Lunch Grades 6-8 **Period:** Lunch **Week:** 2 **Day:** Thursday **Count Type:** Forecasted **Total No. of Customers:** 302

Weekly Std. (Target 1)	SFA		Na (mg)	Fat		CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)	
	CAL	(g)		% of CAL	(g)																			% of CAL
600.00-700.00		10.00	1360.00																					

M66401 ENT: PASTA, CHZ PENNEIN/OUT SC WG 2.0

40.00 @ 1/24 cut	367.92	4.47	10.94	421.24	9.61	23.52	51.77	21.64	37.48	7.08	369.96*	734.23	0.00*	0.03*	1.46*	18.84	0.00*	0.00*	0.02*	0.01*	0.00*	331.39	3.36*	3.78
------------------	--------	------	-------	--------	------	-------	-------	-------	-------	------	---------	--------	-------	-------	-------	-------	-------	-------	-------	-------	-------	--------	-------	------

M67344 SALAD, CHAM PEPP PIZZA SC 2.25

2.00 @ 1 each	208.23	5.83	25.21	578.35	13.21	57.11	6.10	16.44	63.75	1.26	146.57*	5085.27	0.00*	0.12*	43.60*	7.46	0.04*	0.04*	0.25*	0.06*	0.00*	173.60	17.48*	1.02
---------------	--------	------	-------	--------	-------	-------	------	-------	-------	------	---------	---------	-------	-------	--------	------	-------	-------	-------	-------	-------	--------	--------	------

M51680 BRD: ROLL DG, WG 2.5oz

2.00 @ 1 each	170.00	0.50	2.65	135.00	3.00	15.88	28.00	7.00	0.00	3.40	-*	0.01	-*	-*	-*	0.01	-*	-*	-*	-*	-*	12.70	-*	0.85
---------------	--------	------	------	--------	------	-------	-------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	-------	----	------

M66754 WRAP 10", CHIXDCD HNYMUST W WG 2.0

2.00 @ 1 each	381.86	3.75	8.84	481.52	16.36	38.57	36.63	19.41	52.99	3.94	137.21*	2705.42	0.00*	0.19*	31.30*	5.02	0.03*	0.02*	0.26*	0.04*	0.00*	112.19	15.31*	2.34
---------------	--------	------	------	--------	-------	-------	-------	-------	-------	------	---------	---------	-------	-------	--------	------	-------	-------	-------	-------	-------	--------	--------	------

M50962 SDW BD, SBJ WG 2.0

2.00 @ 1 sandwich	658.38	3.99	5.45	579.16	35.89	49.06	69.87	19.95	0.00	5.99	378.78*	0.00	0.00*	-*	-*	0.00	-*	-*	-*	-*	-*	59.81	-*	5.35
-------------------	--------	------	------	--------	-------	-------	-------	-------	------	------	---------	------	-------	----	----	------	----	----	----	----	----	-------	----	------

M53347 SDW BD, SB WG 2.0

1.00 @ 1 sandwich	558.71	3.99	6.42	579.16	35.89	57.81	43.95	19.95	0.00	5.99	378.78*	0.00	0.00*	-*	-*	0.00	-*	-*	-*	-*	-*	59.81	-*	5.35
-------------------	--------	------	------	--------	-------	-------	-------	-------	------	------	---------	------	-------	----	----	------	----	----	----	----	----	-------	----	------

M51578 PIZZA 16" CHZ WG 2.0

28.00 @ 1/8 cut	351.26	7.50	19.22	810.03	15.50	39.72	30.87	19.38	30.00	3.25	-*	403.18	-*	-*	-*	0.90	-*	-*	-*	-*	-*	419.72	-*	1.13
-----------------	--------	------	-------	--------	-------	-------	-------	-------	-------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M52986 PIZZA 16" BfGd Chzbrg SCWG2.25

16.00 @ 1/8 cut	375.69	8.86	21.22	708.96	18.00	43.13	30.37	21.77	52.67	3.25	86.54*	434.60	0.43*	0.03*	0.36*	0.90	0.01*	0.04*	1.34*	0.09*	0.60*	319.64	50.60*	1.80
-----------------	--------	------	-------	--------	-------	-------	-------	-------	-------	------	--------	--------	-------	-------	-------	------	-------	-------	-------	-------	-------	--------	--------	------

M52587 CHIX TENDER, GLDN CRISPY (3) WG 2.0 MWWW

33.00 @ 3 each	239.64	2.25	8.44	404.38	11.98	45.00	11.98	19.47	44.93	1.50	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	1.62
----------------	--------	------	------	--------	-------	-------	-------	-------	-------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M51680 BRD: ROLL DG, WG 2.5oz

33.00 @ 1 each	170.00	0.50	2.65	135.00	3.00	15.88	28.00	7.00	0.00	3.40	-*	0.01	-*	-*	-*	0.01	-*	-*	-*	-*	-*	12.70	-*	0.85
----------------	--------	------	------	--------	------	-------	-------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	-------	----	------

M51417 BURG, Beef AP WG 2.0

5.00 @ 1 each	240.00	2.00	7.50	345.00	7.00	26.25	29.00	16.00	25.00	2.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	60.00	-*	2.88
---------------	--------	------	------	--------	------	-------	-------	-------	-------	------	----	------	----	----	----	------	----	----	----	----	----	-------	----	------

M50821 BURG, Beef AM AP WG 2.25

* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Forestwood MS

Service Area: Forestwood - 6-8 - OVS

Menu Name: Forestwood MS 2018-2019 Menu - cycle 3 - week 2

Avg.Method: Weighted (USDA Default)

65.00 @ 1 each	285.00	4.25	13.42	545.00	10.50	33.16	29.50	18.50	37.50	2.00	-*	100.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	135.00	-*	2.88
M53770 SDW BN, CHIXPTY PLN WG/WG2.0 MWWW																								
23.00 @ 1 sandwich	339.76	1.50	3.97	589.66	10.99	29.11	35.99	23.98	44.95	5.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	40.00	-*	2.52
M52952 SDW BN, CHIXPTY BRD SPCY WG/WG 2.0 MWWW																								
23.00 @ 1 sandwich	339.86	2.00	5.29	629.77	11.99	31.76	35.99	23.99	44.97	3.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	40.00	-*	2.88
M55774 STICKS, MAX SNAX PIZZA W/MARINARA AP WG 2.0																								
36.00 @ 2 each	319.87	3.00	8.44	609.89	10.00	28.13	39.98	20.00	10.00	4.00	0.00*	498.95*	-*	-*	-*	8.98*	-*	-*	-*	-*	-*	459.92	-*	2.68
M50626 VEG: MIXED FRESH RSTD BALSAMIC 1/2C																								
6.00 @ 1/2 cup	57.75	0.31	4.82	98.21	2.81	43.76	7.97	1.26	0.00	1.30	233.18*	1192.44	0.00*	0.44*	5.41*	50.06	0.05*	0.03*	0.47*	0.15*	0.00*	18.31	32.72*	0.64
M50350 VEG: CUCUMBER, Fresh Slice1/2c																								
24.00 @ 1/2 cup	10.81	0.03	2.22	1.44	0.08	6.60	2.62	0.47	0.00	0.36	105.91	75.65	0.00	0.02	11.82	2.02	0.02	0.02	0.07	0.03	0.00	11.53	17.29	0.20
M51731 VEG: POTATO SWT, FF CRINKLE 1/2C																								
8.00 @ 1/2 cup	137.66	0.53	3.46	180.02	4.77	31.15	23.30	1.06	0.00	3.18	243.56	3176.86	-*	-*	-*	6.35	-*	-*	-*	-*	-*	21.18	-*	0.38
M51113 FRUIT: ORANGE 138ct Whole 1/2c																								
62.00 @ 1 each	46.97	0.01	0.29	0.00	0.12	2.30	11.74	0.94	0.00	2.40	180.87	224.84	0.00	0.18	0.00	53.16	0.09	0.04	0.28	0.06	0.00	39.97	13.99	0.10
M50427 FRUIT: FRUIT MIX w/Jc 1/2c																								
38.00 @ 1/2 cup	60.01	0.00	0.00	5.00	0.00	0.00	13.00	1.00	0.00	1.00	-*	200.03	-*	-*	-*	1.20	-*	-*	-*	-*	-*	0.00	-*	0.00
M50979 JUICE SS, Apple 100% 4oz Cart																								
127.00 @ 1 each	60.00	0.00	0.00	15.00	0.00	0.00	14.00	0.00	0.00	0.00	85.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50																								
37.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00
M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50																								
178.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00
M50855 COND PC Ketchup 9g Heinz																								
200.00 @ 1 each	10.00	0.00	0.00	85.00	0.00	0.00	3.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50055 COND PC Mayonnaise 12g																								
100.00 @ 1 each	80.00	1.50	16.87	75.00	8.00	90.00	1.00	0.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00

* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Forestwood MS

Service Area: Forestwood - 6-8 - OVS

Menu Name: Forestwood MS 2018-2019 Menu - cycle 3 - week 2

Avg.Method: Weighted (USDA Default)

M50284 COND PC Mustard 6g

100.00 @ 1 each	0.00	0.00	-	65.00	0.00	-	1.00	0.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
-----------------	------	------	---	-------	------	---	------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M53222 COND PC Margarine 5g

100.00 @ 1 each	30.00	1.00	30.00	30.00	3.00	90.00	0.00	0.00	0.00	0.00	0.00	-*	500.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
-----------------	-------	------	-------	-------	------	-------	------	------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	------	----	------

M50624 COND PC Drsg Ranch 12g

200.00 @ 1 each	50.00	0.00	0.00	100.00	5.00	90.00	1.00	0.00	5.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
-----------------	-------	------	------	--------	------	-------	------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M50623 COND PC Drsg Italian 12g

20.00 @ 1 each	30.00	0.00	0.00	130.00	3.00	90.00	0.00	0.00	0.00	0.00	0.00	-*	100.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
----------------	-------	------	------	--------	------	-------	------	------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	------	----	------

M53116 COND PC Drsg Honey Mustard 12g

100.00 @ 1 each	15.00	0.00	0.00	65.00	0.00	0.00	4.00	0.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
-----------------	-------	------	------	-------	------	------	------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M50056 COND PC Sauce, Taco 9g

100.00 @ 1 each	5.00	0.00	0.00	55.00	0.00	0.00	1.00	0.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
-----------------	------	------	------	-------	------	------	------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M50287 COND PC Sauce, BBQ 12g

200.00 @ 1 each	15.00	0.00	0.00	160.00	0.00	0.00	4.00	0.00	0.00	0.00	0.00	-*	100.00	-*	-*	-*	0.60	-*	-*	-*	-*	-*	0.00	-*	0.00
-----------------	-------	------	------	--------	------	------	------	------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	------	----	------

M50063 COND_Sauce, Buffalo Wing AP

10.00 @ 1 tablespoon	4.38	0.02	4.79	363.06	0.22	45.51	0.48	0.11	0.17	0.12	21.32	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	2.22	-*	0.07
-------------------------	------	------	------	--------	------	-------	------	------	------	------	-------	------	----	----	----	------	----	----	----	----	----	------	----	------

M51445 VEG GARN: Rom Leaf/Tom Sl

24.00 @ 1 serving	4.96	0.01	1.72	1.84	0.07	12.86	1.02	0.30	0.00	0.47	68.61	1352.71	0.00	0.09	15.65	2.51	0.02	0.01	0.13	0.02	0.00	6.10	7.65	0.18
-------------------	------	------	------	------	------	-------	------	------	------	------	-------	---------	------	------	-------	------	------	------	------	------	------	------	------	------

M50412 COND_Pickle, Dill Slice 3ea

24.00 @ 3 slice	2.43	0.01	4.72	243.11	0.07	25.17	0.36	0.10	0.00	0.21	-*	0.00	-*	-*	-*	0.32	-*	-*	-*	-*	-*	12.97	-*	0.08
-----------------	------	------	------	--------	------	-------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	-------	----	------

Average

	540.13	4.77	7.96	1030.05	18.88	31.46	65.89	25.61	41.89	4.43	157.77*	1177.31*	.02*	.06*	3*	17.79*	.02*	.01*	.16*	.03*	.03*	419.88	8.85*	2.53
--	--------	------	------	---------	-------	-------	-------	-------	-------	------	---------	----------	------	------	----	--------	------	------	------	------	------	--------	-------	------

* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Forestwood MS

Service Area: Forestwood - 6-8 - OVS

Menu Name: Forestwood MS 2018-2019 Menu - cycle 3 - week 2

Avg.Method: Weighted (USDA Default)

Age Group: Brkfst Grades K-8 **Period:** Breakfast **Week:** 2 **Day:** Friday **Count Type:** Forecasted **Total No. of Customers:** 16

Weekly Std. (Target 1)	SFA		Na (mg)	Fat		CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)	
	CAL	(g)		% of CAL	(g)																			% of CAL
400.00-500.00		10.00	540.00																					

M52065 TACO EGG CH TATER BITE WG 2.0 2EA

12.00 @ 2 each	377.21	5.57	13.30	584.12	16.96	40.47	41.05	14.93	189.09	3.22	195.56*	308.60	-*	-*	-*	1.47	-*	-*	-*	-*	-*	220.60	-*	2.77
----------------	--------	------	-------	--------	-------	-------	-------	-------	--------	------	---------	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M51320 CEREAL BWL, Rice Krispies WG

2.00 @ 1 bowl	100.00	0.00	0.00	170.00	0.50	4.50	23.00	2.00	0.00	1.00	-*	1000.03	-*	-*	-*	12.00	-*	-*	-*	-*	-*	0.00	-*	8.10
---------------	--------	------	------	--------	------	------	-------	------	------	------	----	---------	----	----	----	-------	----	----	----	----	----	------	----	------

M52028 CEREAL BWL, CINN TST CRUNCH RS WG

4.00 @ 1 bowl	110.00	0.50	4.09	160.00	3.00	24.54	22.00	1.00	0.00	3.00	-*	400.01	-*	-*	-*	4.80	-*	-*	-*	-*	-*	200.01	-*	3.60
---------------	--------	------	------	--------	------	-------	-------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M50442 CEREAL BWL, Cocoa Puffs RS WG

2.00 @ 1 bowl	110.05	0.00	0.00	160.08	1.50	12.27	25.01	2.00	0.00	2.00	-*	500.25	-*	-*	-*	6.00	-*	-*	-*	-*	-*	100.05	-*	4.50
---------------	--------	------	------	--------	------	-------	-------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M50524 CEREAL BWL, Lucky Charms WG

2.00 @ 1 bowl	110.00	0.00	0.00	180.00	1.00	8.18	23.00	2.00	0.00	2.00	-*	500.01	-*	-*	-*	6.00	-*	-*	-*	-*	-*	100.00	-*	4.50
---------------	--------	------	------	--------	------	------	-------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M50525 CEREAL BWL, Trix RS WG

2.00 @ 1 bowl	110.00	0.00	0.00	140.00	1.00	8.18	24.00	1.00	0.00	1.00	-*	400.01	-*	-*	-*	4.80	-*	-*	-*	-*	-*	80.00	-*	4.50
---------------	--------	------	------	--------	------	------	-------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	-------	----	------

M52725 BRD: BAR, Cereal CocoPuf WG IW

2.00 @ 1 each	150.00	0.00	0.00	100.00	3.00	18.00	30.00	3.00	0.00	3.00	-*	100.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	200.00	-*	1.80
---------------	--------	------	------	--------	------	-------	-------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M52724 BRD: BAR, Cereal CinnTst WG IW

2.00 @ 1 each	150.00	0.00	0.00	115.00	3.50	21.00	30.00	2.00	0.00	3.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	200.00	-*	1.80
---------------	--------	------	------	--------	------	-------	-------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	--------	----	------

M51267 BRD: MUF AP, BLUEBRY 2OZ IW WG (1BG)

2.00 @ 1 muffin	190.00	2.00	9.47	130.00	6.00	28.42	31.00	3.00	40.00	2.00	-*	100.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	20.00	-*	0.72
-----------------	--------	------	------	--------	------	-------	-------	------	-------	------	----	--------	----	----	----	------	----	----	----	----	----	-------	----	------

M51268 BRD: MUF AP, CHOC CHOC CHIP 2OZ IW WG (1BG)

3.00 @ 1 muffin	200.00	2.00	9.00	135.00	6.00	27.00	32.00	4.00	40.00	3.00	180.00	100.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	40.00	-*	1.44
-----------------	--------	------	------	--------	------	-------	-------	------	-------	------	--------	--------	----	----	----	------	----	----	----	----	----	-------	----	------

M51848 BRD: POPTARTS, Straw 1.76oz WG

2.00 @ 1 package	180.00	1.00	5.00	190.00	2.50	12.50	38.00	2.00	0.00	3.00	-*	500.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	100.00	-*	1.80
------------------	--------	------	------	--------	------	-------	-------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M51849 BRD: POPTARTS, Cinn 1.76oz WG

* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Forestwood MS

Service Area: Forestwood - 6-8 - OVS

Menu Name: Forestwood MS 2018-2019 Menu - cycle 3 - week 2

Avg.Method: Weighted (USDA Default)

2.00 @ 1 package	190.00	1.00	4.74	200.00	3.00	14.21	38.00	2.00	0.00	3.00	-*	500.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	100.00	-*	1.80	
M51684 BRD: POPTARTS, Fudge 1.76oz WG																									
2.00 @ 1 package	190.00	1.00	4.74	200.00	3.00	14.21	38.00	3.00	0.00	3.00	-*	500.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	100.00	-*	1.80	
M51994 CHEESE, COLBY JK Stick 1ea 1.0																									
2.00 @ 1 stick	90.00	4.00	40.00	200.01	6.00	60.00	0.00	7.00	20.00	0.00	0.00	200.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	200.01	-*	0.00	
M51237 BRD: BREAD WG, Tst Marg 1sl																									
4.00 @ 1 slice	110.00	1.33	10.91	160.00	4.33	35.45	15.00	3.00	0.00	1.00	1.33*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	1.08	
M50543 FRUIT: BANANA (100-120ct) Whl																									
4.00 @ 1 each	93.95	0.12	1.13	1.06	0.35	3.34	24.11	1.15	0.00	2.74	377.91	67.56	0.00	0.11	0.53	9.18	0.03	0.08	0.70	0.39	0.00	5.28	23.22	0.27	
M50745 FRUIT: APPLES, Warm Cinn 1/2c																									
5.00 @ 1/2 cup	105.19	0.02	0.19	9.88	0.03	0.29	26.24	0.02	0.00	2.00	2.43*	0.93	0.00*	0.01*	0.06*	0.14	0.00*	0.00*	0.01*	0.00*	0.00*	2.28	0.46*	0.03	
M50982 JUICE SS, ORANGE 100% 4 FLOZ																									
11.00 @ 1 each	51.44	0.00	0.00	15.43	0.00	0.00	12.35	1.03	0.00	0.00	-*	0.00	-*	-*	-*	43.21	-*	-*	-*	-*	-*	0.00	-*	0.00	
M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50																									
3.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00	
M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50																									
14.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00	
M53222 COND PC Margarine 5g																									
10.00 @ 1 each	30.00	1.00	30.00	30.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	500.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00	
M50854 COND PC Jelly, #4 Smuckers																									
10.00 @ 1 each	35.00	0.00	0.00	5.00	0.00	0.00	9.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00	
M50056 COND PC Sauce, Taco 9g																									
10.00 @ 1 each	5.00	0.00	0.00	55.00	0.00	0.00	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00	
M50058 COND PC Syrup 1.4oz Smuckers																									
10.00 @ 1 each	110.00	0.00	0.00	25.00	0.00	0.00	29.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00	
M50407 COND_Salsa, AP 1/8c																									
10.00 @ 1/8 cup	10.25	0.00	0.00	174.23	0.00	0.00	2.05	0.00	0.00	0.00	0.00	102.49	-*	-*	-*	3.69	-*	-*	-*	-*	-*	0.00	-*	0.00	
Average	907.93	7.08	7.02	1143.15	22	21.8	151.85	26.07	163.07	8.16	275.99*	1812.73	0*	.03*	.15*	41.91	.01*	.02*	.18*	.1*	0*	693.74	5.95*	7.51	

* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Forestwood MS

Service Area: Forestwood - 6-8 - OVS

Menu Name: Forestwood MS 2018-2019 Menu - cycle 3 - week 2

Avg.Method: Weighted (USDA Default)

Age Group: Lunch Grades 6-8 **Period:** Lunch **Week:** 2 **Day:** Friday **Count Type:** Forecasted **Total No. of Customers:** 296

Weekly Std. (Target 1)	SFA		Na (mg)	Fat		CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)	
	CAL	(g)		% of CAL	(g)																			% of CAL
600.00-700.00		10.00	1360.00																					

M66526 TACO BFGD SOFT KOREAN SC WG 2.0

24.00 @ 2 each	398.86	4.31	9.72	535.19	13.75	31.02	45.62	22.23	50.46	2.66	300.67*	133.64	1.13*	0.14*	6.55*	3.64	0.04*	0.12*	3.69*	0.27*	1.59*	140.84	145.68*	3.38
----------------	--------	------	------	--------	-------	-------	-------	-------	-------	------	---------	--------	-------	-------	-------	------	-------	-------	-------	-------	-------	--------	---------	------

M50403 SALAD, Tky Chef SC W 2.25

2.00 @ 1 each	193.23	5.65	26.29	447.10	10.90	50.77	6.10	18.19	93.75	1.26	146.57*	5264.52	0.00*	0.12*	43.60*	7.46	0.04*	0.04*	0.25*	0.06*	0.00*	248.35	17.48*	1.14
---------------	--------	------	-------	--------	-------	-------	------	-------	-------	------	---------	---------	-------	-------	--------	------	-------	-------	-------	-------	-------	--------	--------	------

M51680 BRD: ROLL DG, WG 2.5oz

2.00 @ 1 each	170.00	0.50	2.65	135.00	3.00	15.88	28.00	7.00	0.00	3.40	-*	0.01	-*	-*	-*	0.01	-*	-*	-*	-*	-*	12.70	-*	0.85
---------------	--------	------	------	--------	------	-------	-------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	-------	----	------

M50937 SUB AP, CHam Tky AM WG 2.0

2.00 @ 1 sandwich	329.93	5.89	16.08	1011.20	13.52	36.87	33.54	22.10	67.50	3.94	137.21*	2905.42	0.00*	0.19*	31.30*	5.02	0.03*	0.02*	0.26*	0.04*	0.00*	212.19	15.31*	2.24
-------------------	--------	------	-------	---------	-------	-------	-------	-------	-------	------	---------	---------	-------	-------	--------	------	-------	-------	-------	-------	-------	--------	--------	------

M50962 SDW BD, SBJ WG 2.0

2.00 @ 1 sandwich	658.38	3.99	5.45	579.16	35.89	49.06	69.87	19.95	0.00	5.99	378.78*	0.00	0.00*	-*	-*	0.00	-*	-*	-*	-*	-*	59.81	-*	5.35
-------------------	--------	------	------	--------	-------	-------	-------	-------	------	------	---------	------	-------	----	----	------	----	----	----	----	----	-------	----	------

M53347 SDW BD, SB WG 2.0

1.00 @ 1 sandwich	558.71	3.99	6.42	579.16	35.89	57.81	43.95	19.95	0.00	5.99	378.78*	0.00	0.00*	-*	-*	0.00	-*	-*	-*	-*	-*	59.81	-*	5.35
-------------------	--------	------	------	--------	-------	-------	-------	-------	------	------	---------	------	-------	----	----	------	----	----	----	----	----	-------	----	------

M51578 PIZZA 16" CHZ WG 2.0

32.00 @ 1/8 cut	351.26	7.50	19.22	810.03	15.50	39.72	30.87	19.38	30.00	3.25	-*	403.18	-*	-*	-*	0.90	-*	-*	-*	-*	-*	419.72	-*	1.13
-----------------	--------	------	-------	--------	-------	-------	-------	-------	-------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M53000 PIZZA 16" Pepperoni WG 2.0

28.00 @ 1/8 cut	388.75	9.00	20.84	937.53	19.00	43.99	31.12	20.88	37.50	3.25	-*	403.18	-*	-*	-*	0.90	-*	-*	-*	-*	-*	419.72	-*	1.22
-----------------	--------	------	-------	--------	-------	-------	-------	-------	-------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M51436 BEEF Finger, AP WG 2.0

36.00 @ 4 each	310.03	4.50	13.06	320.03	19.00	55.16	20.00	15.00	35.00	3.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	40.00	-*	2.70
----------------	--------	------	-------	--------	-------	-------	-------	-------	-------	------	----	------	----	----	----	------	----	----	----	----	----	-------	----	------

M51680 BRD: ROLL DG, WG 2.5oz

36.00 @ 1 each	170.00	0.50	2.65	135.00	3.00	15.88	28.00	7.00	0.00	3.40	-*	0.01	-*	-*	-*	0.01	-*	-*	-*	-*	-*	12.70	-*	0.85
----------------	--------	------	------	--------	------	-------	-------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	-------	----	------

M50443 COND_Gravy, Country SS

71.00 @ 1/4 cup	34.17	0.00	0.00	196.86	0.49	12.86	5.86	0.00	0.00	0.00	0.53*	0.00	0.00*	0.00*	0.00*	0.00	0.00*	0.00*	0.00*	0.00*	0.00*	21.13	0.00*	0.00
-----------------	-------	------	------	--------	------	-------	------	------	------	------	-------	------	-------	-------	-------	------	-------	-------	-------	-------	-------	-------	-------	------

M51417 BURG, Beef AP WG 2.0

* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Forestwood MS

Service Area: Forestwood - 6-8 - OVS

Menu Name: Forestwood MS 2018-2019 Menu - cycle 3 - week 2

Avg.Method: Weighted (USDA Default)

5.00 @ 1 each	240.00	2.00	7.50	345.00	7.00	26.25	29.00	16.00	25.00	2.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	60.00	-*	2.88
M50821 BURG, Beef AM AP WG 2.25																								
65.00 @ 1 each	285.00	4.25	13.42	545.00	10.50	33.16	29.50	18.50	37.50	2.00	-*	100.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	135.00	-*	2.88
M53770 SDW BN, CHIXPTY PLN WG/WG2.0 MWWW																								
23.00 @ 1 sandwich	339.76	1.50	3.97	589.66	10.99	29.11	35.99	23.98	44.95	5.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	40.00	-*	2.52
M52952 SDW BN, CHIXPTY BRD SPCY WG/WG 2.0 MWWW																								
23.00 @ 1 sandwich	339.86	2.00	5.29	629.77	11.99	31.76	35.99	23.99	44.97	3.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	40.00	-*	2.88
M53275 MELT BD, AM WG 2.0																								
36.00 @ 1 sandwich	385.00	11.25	26.30	1320.00	19.50	45.58	32.50	18.50	62.50	2.00	-*	500.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	375.00	-*	2.16
M52279 VEG: PEAS, Sugar Snap Fz 1/2c																								
10.00 @ 1/2 cup	39.19	0.05	1.24	3.73	0.28	6.43	6.72	2.61	0.00	2.89	179.16	130.64	0.00	-*	-*	20.53	0.06	0.09	0.47	0.14	0.00	46.66	47.59	1.87
M50051 VEG: SALAD, ColeslawCrmy W1/2c																								
10.00 @ 1/2 cup	61.77	0.63	9.23	141.99	4.44	64.72	5.27	0.06	6.30	1.14	16.40*	789.34	0.00*	0.03*	0.62*	0.29	0.00*	0.00*	0.05*	0.01*	0.00*	3.34	2.31*	0.05
M53709 VEG: SALAD, SIDE SPIN ROM STRAW SC 1C																								
30.00 @ 1 cup	15.79	0.03	1.56	23.17	0.22	12.65	3.13	1.14	0.00	1.39	228.54	4195.84	0.00	0.63	150.99	20.02	0.04	0.07	0.33	0.08	0.00	36.30	23.73	1.00
M53419 VEG: POTATO, FF CTINAGEN7 1/2C																								
104.00 @ 1/2 cup	119.99	1.33	10.00	133.32	4.67	35.00	17.33	2.00	0.00	2.00	259.98	0.00	-*	-*	-*	3.20	-*	-*	-*	-*	-*	0.00	-*	0.48
M50543 FRUIT: BANANA (100-120ct) Whl																								
50.00 @ 1 each	93.95	0.12	1.13	1.06	0.35	3.34	24.11	1.15	0.00	2.74	377.91	67.56	0.00	0.11	0.53	9.18	0.03	0.08	0.70	0.39	0.00	5.28	23.22	0.27
M52271 FRUIT: PEARS, Dice w/Jc 1/2c																								
49.00 @ 1/2 cup	60.66	0.00	0.00	10.11	0.00	0.00	14.15	0.00	0.00	2.02	80.89	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M53365 JUICE SS, Grape100% 4oz Cart																								
160.00 @ 1 each	80.00	0.00	0.00	15.00	0.00	0.00	18.00	1.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50																								
96.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00
M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50																								
94.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00

* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Forestwood MS

Service Area: Forestwood - 6-8 - OVS

Menu Name: Forestwood MS 2018-2019 Menu - cycle 3 - week 2

Avg.Method: Weighted (USDA Default)

M50855 COND PC Ketchup 9g Heinz

200.00 @ 1 each	10.00	0.00	0.00	85.00	0.00	0.00	3.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
-----------------	-------	------	------	-------	------	------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M50055 COND PC Mayonnaise 12g

100.00 @ 1 each	80.00	1.50	16.87	75.00	8.00	90.00	1.00	0.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
-----------------	-------	------	-------	-------	------	-------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M50284 COND PC Mustard 6g

100.00 @ 1 each	0.00	0.00	-	65.00	0.00	-	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
-----------------	------	------	---	-------	------	---	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M53222 COND PC Margarine 5g

100.00 @ 1 each	30.00	1.00	30.00	30.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	500.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
-----------------	-------	------	-------	-------	------	-------	------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	------	----	------

M50624 COND PC Drsg Ranch 12g

200.00 @ 1 each	50.00	0.00	0.00	100.00	5.00	90.00	1.00	0.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
-----------------	-------	------	------	--------	------	-------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M50623 COND PC Drsg Italian 12g

20.00 @ 1 each	30.00	0.00	0.00	130.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	100.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
----------------	-------	------	------	--------	------	-------	------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	------	----	------

M53116 COND PC Drsg Honey Mustard 12g

100.00 @ 1 each	15.00	0.00	0.00	65.00	0.00	0.00	4.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
-----------------	-------	------	------	-------	------	------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M50056 COND PC Sauce, Taco 9g

100.00 @ 1 each	5.00	0.00	0.00	55.00	0.00	0.00	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
-----------------	------	------	------	-------	------	------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M50287 COND PC Sauce, BBQ 12g

200.00 @ 1 each	15.00	0.00	0.00	160.00	0.00	0.00	4.00	0.00	0.00	0.00	-*	100.00	-*	-*	-*	0.60	-*	-*	-*	-*	-*	0.00	-*	0.00
-----------------	-------	------	------	--------	------	------	------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	------	----	------

M50063 COND_Sauce, Buffalo Wing AP

10.00 @ 1 tablespoon	4.38	0.02	4.79	363.06	0.22	45.51	0.48	0.11	0.17	0.12	21.32	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	2.22	-*	0.07
-------------------------	------	------	------	--------	------	-------	------	------	------	------	-------	------	----	----	----	------	----	----	----	----	----	------	----	------

M51445 VEG GARN: Rom Leaf/Tom SI

24.00 @ 1 serving	4.96	0.01	1.72	1.84	0.07	12.86	1.02	0.30	0.00	0.47	68.61	1352.71	0.00	0.09	15.65	2.51	0.02	0.01	0.13	0.02	0.00	6.10	7.65	0.18
-------------------	------	------	------	------	------	-------	------	------	------	------	-------	---------	------	------	-------	------	------	------	------	------	------	------	------	------

M50412 COND_Pickle, Dill Slice 3ea

24.00 @ 3 slice	2.43	0.01	4.72	243.11	0.07	25.17	0.36	0.10	0.00	0.21	-*	0.00	-*	-*	-*	0.32	-*	-*	-*	-*	-*	12.97	-*	0.08
-----------------	------	------	------	--------	------	-------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	-------	----	------

M53251 SDW FB, CHam SW Pickle WG 2.0

24.00 @ 1 each	405.10	7.88	17.52	789.69	21.34	47.41	32.09	22.12	68.75	3.17	23.56*	0.88	0.00*	0.00*	0.16*	0.19	0.00*	0.00*	0.00*	0.00*	0.00*	289.43	0.16*	2.19
----------------	--------	------	-------	--------	-------	-------	-------	-------	-------	------	--------	------	-------	-------	-------	------	-------	-------	-------	-------	-------	--------	-------	------

Average	671.28	7.84	10.51	1319.07	26.25	35.19	78.84	27.99	55.17	5.2	236.8*	1372.23	.09*	.1*	17.73*	7.78	.02*	.03*	.48*	.1*	.13*	418.18	20.68*	2.97
----------------	--------	------	-------	---------	-------	-------	-------	-------	-------	-----	--------	---------	------	-----	--------	------	------	------	------	-----	------	--------	--------	------

* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.