



DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Central ES

Service Area: Purnell - 9-12 - OVS

Menu Name: Purnell 9-12 Menu 2018-2019 - cycle 3 - week 3

Avg.Method: Weighted (USDA Default)

Age Group: Lunch Grades 9-12 **Period:** Lunch **Week:** 3 **Day:** Monday **Count Type:** Forecasted **Total No. of Customers:** 28

| Weekly Std. (Target 1) | SFA | | Na (mg) | Fat | | CHO (g) | Pro (g) | Chol (mg) | Fiber (g) | K (mg) | Vit A (IU) | Vit D (IU) | Vit E (mg) | Vit K (mcg) | Vit C (mg) | Vit B1 (mg) | Vit B2 (mg) | Vit B3 (mg) | Vit B6 (mg) | Vit B12 (mcg) | Ca (mg) | P (mg) | Fe (mg) | |
|---------------------------|-----|-----|------------|----------|-----|------------|------------|--------------|--------------|-----------|---------------|---------------|---------------|----------------|---------------|----------------|----------------|----------------|----------------|------------------|------------|-----------|------------|----------|
| | CAL | (g) | | % of CAL | (g) | | | | | | | | | | | | | | | | | | | % of CAL |
| 750.00-850.00 | | | 1420.00 | | | | | | | | | | | | | | | | | | | | | |

M52963 CHIX Popcorn, AP WG 2.0

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-------------------|--------|------|------|--------|-------|-------|-------|-------|-------|------|----|--------|----|----|----|------|----|----|----|----|----|-------|----|------|
| 20.00 @ 1 serving | 250.19 | 2.72 | 9.78 | 380.72 | 14.14 | 50.87 | 15.23 | 15.23 | 21.76 | 3.26 | -* | 108.78 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 43.51 | -* | 1.96 |
|-------------------|--------|------|------|--------|-------|-------|-------|-------|-------|------|----|--------|----|----|----|------|----|----|----|----|----|-------|----|------|

M51680 BRD: ROLL DG, WG 2.5oz

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------|--------|------|------|--------|------|-------|-------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|-------|----|------|
| 20.00 @ 1 each | 170.00 | 0.50 | 2.65 | 135.00 | 3.00 | 15.88 | 28.00 | 7.00 | 0.00 | 3.40 | -* | 0.01 | -* | -* | -* | 0.01 | -* | -* | -* | -* | -* | 12.70 | -* | 0.85 |
|----------------|--------|------|------|--------|------|-------|-------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|-------|----|------|

M52132 EGG: Scrambled CH SS 2.0

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------------|-------|------|-------|--------|------|-------|------|------|--------|------|-------|--------|----|----|----|------|----|----|----|----|----|-------|----|------|
| 4.00 @ 1 No 16 Scoop | 93.21 | 3.14 | 30.34 | 124.17 | 6.63 | 64.02 | 1.35 | 7.23 | 177.26 | 0.00 | 0.00* | 289.30 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 94.31 | -* | 0.84 |
|----------------------|-------|------|-------|--------|------|-------|------|------|--------|------|-------|--------|----|----|----|------|----|----|----|----|----|-------|----|------|

M51630 CHIX Sausage Patty 1ea 1.0

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------|--------|------|-------|--------|------|-------|------|-------|-------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|
| 4.00 @ 1 patty | 100.00 | 1.50 | 13.50 | 230.00 | 6.00 | 54.00 | 1.00 | 11.00 | 40.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.72 |
|----------------|--------|------|-------|--------|------|-------|------|-------|-------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|

M52536 BRD: BREAD WG, Tst 2sl

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------|--------|------|------|--------|------|-------|-------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|
| 4.00 @ 2 slice | 160.00 | 0.00 | 0.00 | 320.00 | 2.00 | 11.25 | 30.00 | 6.00 | 0.00 | 2.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 2.16 |
|----------------|--------|------|------|--------|------|-------|-------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|

M67231 VEG: POTATO, DICED AP SEASONED 1/2C

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-----------------|--------|------|------|-------|------|-------|-------|------|------|------|--------|--------|-------|-------|-------|------|-------|-------|-------|-------|-------|------|-------|------|
| 24.00 @ 1/2 cup | 105.26 | 0.26 | 2.24 | 35.62 | 2.32 | 19.85 | 19.35 | 1.32 | 0.00 | 2.59 | 14.07* | 247.49 | 0.00* | 0.15* | 0.73* | 1.41 | 0.00* | 0.01* | 0.05* | 0.01* | 0.00* | 2.35 | 1.89* | 0.57 |
|-----------------|--------|------|------|-------|------|-------|-------|------|------|------|--------|--------|-------|-------|-------|------|-------|-------|-------|-------|-------|------|-------|------|

M50431 VEG: CARROTS, Fresh Baby 1/2c

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-----------------|-------|------|------|-------|------|------|------|------|------|------|--------|---------|------|----|------|------|------|------|------|------|------|-------|-------|------|
| 24.00 @ 1/2 cup | 24.80 | 0.02 | 0.59 | 55.28 | 0.09 | 3.34 | 5.84 | 0.45 | 0.00 | 2.06 | 167.96 | 9772.87 | 0.00 | -* | 6.66 | 1.84 | 0.02 | 0.03 | 0.39 | 0.07 | 0.00 | 22.68 | 19.84 | 0.63 |
|-----------------|-------|------|------|-------|------|------|------|------|------|------|--------|---------|------|----|------|------|------|------|------|------|------|-------|-------|------|

M50536 FRUIT: APPLE, 138ct 1/8wg 1/2c

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-----------------|-------|------|------|------|------|------|------|------|------|------|-------|-------|------|------|------|------|------|------|------|------|------|------|------|------|
| 24.00 @ 4 wedge | 31.53 | 0.02 | 0.50 | 2.39 | 0.10 | 2.95 | 8.40 | 0.17 | 0.00 | 1.45 | 67.15 | 33.13 | 0.00 | 0.11 | 1.32 | 3.11 | 0.01 | 0.02 | 0.06 | 0.03 | 0.00 | 5.02 | 6.81 | 0.07 |
|-----------------|-------|------|------|------|------|------|------|------|------|------|-------|-------|------|------|------|------|------|------|------|------|------|------|------|------|

M50979 JUICE SS, Apple 100% 4oz Cart

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------|-------|------|------|-------|------|------|-------|------|------|------|-------|------|----|----|----|------|----|----|----|----|----|------|----|------|
| 24.00 @ 1 each | 60.00 | 0.00 | 0.00 | 15.00 | 0.00 | 0.00 | 14.00 | 0.00 | 0.00 | 0.00 | 85.00 | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
|----------------|-------|------|------|-------|------|------|-------|------|------|------|-------|------|----|----|----|------|----|----|----|----|----|------|----|------|

M51645 DESRT: COOKIE Carnival 1.0ozWG

| | | | | | | | | | | | | | | | | | | | | | | | | |
|------------------|--------|------|------|-------|------|-------|-------|------|------|------|-------|----|----|----|----|----|----|----|----|----|----|------|----|------|
| 24.00 @ 1 cookie | 110.00 | 1.00 | 8.18 | 85.00 | 3.50 | 28.64 | 18.00 | 1.00 | 5.00 | 1.00 | 48.00 | -* | -* | -* | -* | -* | -* | -* | -* | -* | -* | 5.00 | -* | 1.00 |
|------------------|--------|------|------|-------|------|-------|-------|------|------|------|-------|----|----|----|----|----|----|----|----|----|----|------|----|------|

M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-----------------|--------|------|-------|--------|------|-------|-------|------|-------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 6.00 @ 1 carton | 110.00 | 1.50 | 12.28 | 130.00 | 2.50 | 20.46 | 13.00 | 8.00 | 10.00 | 0.00 | -* | 500.00 | -* | -* | -* | 2.40 | -* | -* | -* | -* | -* | 300.00 | -* | 0.00 |
|-----------------|--------|------|-------|--------|------|-------|-------|------|-------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50

* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Central ES

Service Area: Purnell - 9-12 - OVS

Menu Name: Purnell 9-12 Menu 2018-2019 - cycle 3 - week 3

Avg.Method: Weighted (USDA Default)

| | | | | | | | | | | | | | | | | | | | | | | | | |
|--------------------------------------|--------|------|-------|---------|-------|-------|--------|-------|-------|-------|---------|-----------|------|------|-------|--------|------|------|------|------|------|--------|-------|------|
| 23.00 @ 1 carton | 120.00 | 0.00 | 0.00 | 180.00 | 0.00 | 0.00 | 20.00 | 8.00 | 5.00 | 0.00 | -* | 500.00 | -* | -* | -* | 1.20 | -* | -* | -* | -* | -* | 300.00 | -* | 0.00 |
| M50855 COND PC Ketchup 9g Heinz | | | | | | | | | | | | | | | | | | | | | | | | |
| 24.00 @ 1 each | 10.00 | 0.00 | 0.00 | 85.00 | 0.00 | 0.00 | 3.00 | 0.00 | 0.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
| M50055 COND PC Mayonnaise 12g | | | | | | | | | | | | | | | | | | | | | | | | |
| 8.00 @ 1 each | 80.00 | 1.50 | 16.87 | 75.00 | 8.00 | 90.00 | 1.00 | 0.00 | 5.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
| M50284 COND PC Mustard 6g | | | | | | | | | | | | | | | | | | | | | | | | |
| 1.00 @ 1 each | 0.00 | 0.00 | - | 65.00 | 0.00 | - | 1.00 | 0.00 | 0.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
| M53222 COND PC Margarine 5g | | | | | | | | | | | | | | | | | | | | | | | | |
| 4.00 @ 1 each | 30.00 | 1.00 | 30.00 | 30.00 | 3.00 | 90.00 | 0.00 | 0.00 | 0.00 | 0.00 | -* | 500.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
| M50624 COND PC Drsg Ranch 12g | | | | | | | | | | | | | | | | | | | | | | | | |
| 28.00 @ 1 each | 50.00 | 0.00 | 0.00 | 100.00 | 5.00 | 90.00 | 1.00 | 0.00 | 5.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
| M50623 COND PC Drsg Italian 12g | | | | | | | | | | | | | | | | | | | | | | | | |
| 1.00 @ 1 each | 30.00 | 0.00 | 0.00 | 130.00 | 3.00 | 90.00 | 0.00 | 0.00 | 0.00 | 0.00 | -* | 100.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
| M50056 COND PC Sauce, Taco 9g | | | | | | | | | | | | | | | | | | | | | | | | |
| 1.00 @ 1 each | 5.00 | 0.00 | 0.00 | 55.00 | 0.00 | 0.00 | 1.00 | 0.00 | 0.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
| M50287 COND PC Sauce, BBQ 12g | | | | | | | | | | | | | | | | | | | | | | | | |
| 2.00 @ 1 each | 15.00 | 0.00 | 0.00 | 160.00 | 0.00 | 0.00 | 4.00 | 0.00 | 0.00 | 0.00 | -* | 100.00 | -* | -* | -* | 0.60 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
| M53268 SDW BD, Tky AM WG 2.0 | | | | | | | | | | | | | | | | | | | | | | | | |
| 4.00 @ 1 sandwich | 325.00 | 5.13 | 14.19 | 995.00 | 11.50 | 31.84 | 33.50 | 22.25 | 56.25 | 2.00 | -* | 200.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 175.00 | -* | 2.61 |
| M50431 VEG: CARROTS, Fresh Baby 1/2c | | | | | | | | | | | | | | | | | | | | | | | | |
| 4.00 @ 1/2 cup | 24.80 | 0.02 | 0.59 | 55.28 | 0.09 | 3.34 | 5.84 | 0.45 | 0.00 | 2.06 | 167.96 | 9772.87 | 0.00 | -* | 6.66 | 1.84 | 0.02 | 0.03 | 0.39 | 0.07 | 0.00 | 22.68 | 19.84 | 0.63 |
| M53799 FRUIT: APPLE, Slcd IW 2oz | | | | | | | | | | | | | | | | | | | | | | | | |
| 4.00 @ 1 each | 30.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 7.00 | 0.00 | 0.00 | 1.00 | -* | 0.00 | -* | -* | -* | 21.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
| Average | 899.26 | 5.7 | 5.7 | 1175.04 | 29.5 | 29.53 | 121.77 | 33.39 | 71.58 | 11.86 | 351.58* | 10761.02* | 0* | .22* | 8.42* | 10.27* | .03* | .04* | .49* | .11* | 0* | 422.63 | 27.3* | 4.95 |

* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Central ES

Service Area: Purnell - 9-12 - OVS

Menu Name: Purnell 9-12 Menu 2018-2019 - cycle 3 - week 3

Avg.Method: Weighted (USDA Default)

Age Group: Lunch Grades 9-12 **Period:** Lunch **Week:** 3 **Day:** Tuesday **Count Type:** Forecasted **Total No. of Customers:** 22

| Weekly Std. (Target 1) | SFA | | Na (mg) | Fat | | CHO (g) | Pro (g) | Chol (mg) | Fiber (g) | K (mg) | Vit A (IU) | Vit D (IU) | Vit E (mg) | Vit K (mcg) | Vit C (mg) | Vit B1 (mg) | Vit B2 (mg) | Vit B3 (mg) | Vit B6 (mg) | Vit B12 (mcg) | Ca (mg) | P (mg) | Fe (mg) | |
|------------------------|-----|-------|---------|----------|-----|---------|---------|-----------|-----------|--------|------------|------------|------------|-------------|------------|-------------|-------------|-------------|-------------|---------------|---------|--------|---------|----------|
| | CAL | (g) | | % of CAL | (g) | | | | | | | | | | | | | | | | | | | % of CAL |
| 750.00-850.00 | | 10.00 | 1420.00 | | | | | | | | | | | | | | | | | | | | | |

M51417 BURG, Beef AP WG 2.0

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------|--------|------|------|--------|------|-------|-------|-------|-------|------|----|------|----|----|----|------|----|----|----|----|----|-------|----|------|
| 13.00 @ 1 each | 240.00 | 2.00 | 7.50 | 345.00 | 7.00 | 26.25 | 29.00 | 16.00 | 25.00 | 2.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 60.00 | -* | 2.88 |
|----------------|--------|------|------|--------|------|-------|-------|-------|-------|------|----|------|----|----|----|------|----|----|----|----|----|-------|----|------|

M50821 BURG, Beef AM AP WG 2.25

| | | | | | | | | | | | | | | | | | | | | | | | | |
|---------------|--------|------|-------|--------|-------|-------|-------|-------|-------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 9.00 @ 1 each | 285.00 | 4.25 | 13.42 | 545.00 | 10.50 | 33.16 | 29.50 | 18.50 | 37.50 | 2.00 | -* | 100.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 135.00 | -* | 2.88 |
|---------------|--------|------|-------|--------|-------|-------|-------|-------|-------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M51445 VEG GARN: Rom Leaf/Tom SI

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-------------------|------|------|------|------|------|-------|------|------|------|------|-------|---------|------|------|-------|------|------|------|------|------|------|------|------|------|
| 22.00 @ 1 serving | 4.96 | 0.01 | 1.72 | 1.84 | 0.07 | 12.86 | 1.02 | 0.30 | 0.00 | 0.47 | 68.61 | 1352.71 | 0.00 | 0.09 | 15.65 | 2.51 | 0.02 | 0.01 | 0.13 | 0.02 | 0.00 | 6.10 | 7.65 | 0.18 |
|-------------------|------|------|------|------|------|-------|------|------|------|------|-------|---------|------|------|-------|------|------|------|------|------|------|------|------|------|

M50412 COND_Pickle, Dill Slice 3ea

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-----------------|------|------|------|--------|------|-------|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|-------|----|------|
| 22.00 @ 3 slice | 2.43 | 0.01 | 4.72 | 243.11 | 0.07 | 25.17 | 0.36 | 0.10 | 0.00 | 0.21 | -* | 0.00 | -* | -* | -* | 0.32 | -* | -* | -* | -* | -* | 12.97 | -* | 0.08 |
|-----------------|------|------|------|--------|------|-------|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|-------|----|------|

M53347 SDW BD, SB WG 2.0

| | | | | | | | | | | | | | | | | | | | | | | | | |
|--------------------|--------|------|------|--------|-------|-------|-------|-------|------|------|---------|------|-------|----|----|------|----|----|----|----|----|-------|----|------|
| 22.00 @ 1 sandwich | 558.71 | 3.99 | 6.42 | 579.16 | 35.89 | 57.81 | 43.95 | 19.95 | 0.00 | 5.99 | 378.78* | 0.00 | 0.00* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 59.81 | -* | 5.35 |
|--------------------|--------|------|------|--------|-------|-------|-------|-------|------|------|---------|------|-------|----|----|------|----|----|----|----|----|-------|----|------|

M54862 VEG: BEANS, GREEN W/CARR FZ MARG 1/2C

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-----------------|-------|------|-------|-------|------|-------|------|------|------|------|--------|---------|-------|-------|--------|------|-------|-------|-------|-------|-------|-------|--------|------|
| 22.00 @ 1/2 cup | 52.33 | 1.23 | 21.23 | 26.17 | 3.27 | 56.30 | 5.66 | 0.78 | 0.00 | 2.50 | 141.38 | 7556.07 | 0.00* | 0.46* | 19.42* | 2.46 | 0.03* | 0.05* | 0.32* | 0.06* | 0.00* | 30.16 | 23.81* | 0.47 |
|-----------------|-------|------|-------|-------|------|-------|------|------|------|------|--------|---------|-------|-------|--------|------|-------|-------|-------|-------|-------|-------|--------|------|

M50823 VEG: TOMATOES, GRAPE 1/2C

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-----------------|-------|------|------|------|------|-------|------|------|------|------|--------|--------|------|------|------|-------|------|------|------|------|------|------|-------|------|
| 22.00 @ 1/2 cup | 15.52 | 0.02 | 1.40 | 4.31 | 0.17 | 10.00 | 3.35 | 0.76 | 0.00 | 1.03 | 204.35 | 718.25 | 0.00 | 0.47 | 6.81 | 11.81 | 0.03 | 0.02 | 0.51 | 0.07 | 0.00 | 8.62 | 20.69 | 0.23 |
|-----------------|-------|------|------|------|------|-------|------|------|------|------|--------|--------|------|------|------|-------|------|------|------|------|------|------|-------|------|

M50549 FRUIT: WATERMELON, Fresh 1/2c

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-----------------|-------|------|------|------|------|------|------|------|------|------|--------|--------|------|------|------|------|------|------|------|------|------|------|-------|------|
| 22.00 @ 1/2 cup | 27.28 | 0.01 | 0.48 | 0.91 | 0.14 | 4.50 | 6.87 | 0.55 | 0.00 | 0.36 | 101.86 | 517.50 | 0.00 | 0.05 | 0.09 | 7.37 | 0.03 | 0.02 | 0.16 | 0.04 | 0.00 | 6.37 | 10.00 | 0.22 |
|-----------------|-------|------|------|------|------|------|------|------|------|------|--------|--------|------|------|------|------|------|------|------|------|------|------|-------|------|

M50982 JUICE SS, ORANGE 100% 4 FLOZ

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------|-------|------|------|-------|------|------|-------|------|------|------|----|------|----|----|----|-------|----|----|----|----|----|------|----|------|
| 24.00 @ 1 each | 51.44 | 0.00 | 0.00 | 15.43 | 0.00 | 0.00 | 12.35 | 1.03 | 0.00 | 0.00 | -* | 0.00 | -* | -* | -* | 43.21 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
|----------------|-------|------|------|-------|------|------|-------|------|------|------|----|------|----|----|----|-------|----|----|----|----|----|------|----|------|

M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-----------------|--------|------|-------|--------|------|-------|-------|------|-------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 2.00 @ 1 carton | 110.00 | 1.50 | 12.28 | 130.00 | 2.50 | 20.46 | 13.00 | 8.00 | 10.00 | 0.00 | -* | 500.00 | -* | -* | -* | 2.40 | -* | -* | -* | -* | -* | 300.00 | -* | 0.00 |
|-----------------|--------|------|-------|--------|------|-------|-------|------|-------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50

| | | | | | | | | | | | | | | | | | | | | | | | | |
|------------------|--------|------|------|--------|------|------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 10.00 @ 1 carton | 120.00 | 0.00 | 0.00 | 180.00 | 0.00 | 0.00 | 20.00 | 8.00 | 5.00 | 0.00 | -* | 500.00 | -* | -* | -* | 1.20 | -* | -* | -* | -* | -* | 300.00 | -* | 0.00 |
|------------------|--------|------|------|--------|------|------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M50855 COND PC Ketchup 9g Heinz

* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Central ES

Service Area: Purnell - 9-12 - OVS

Menu Name: Purnell 9-12 Menu 2018-2019 - cycle 3 - week 3

Avg.Method: Weighted (USDA Default)

| | | | | | | | | | | | | | | | | | | | | | | | | |
|--|---------|-------|-------|---------|-------|-------|-------|-------|-------|-------|---------|----------|------|-------|--------|-------|------|------|-------|------|------|--------|--------|------|
| 26.00 @ 1 each | 10.00 | 0.00 | 0.00 | 85.00 | 0.00 | 0.00 | 3.00 | 0.00 | 0.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
| M50055 COND PC Mayonnaise 12g | | | | | | | | | | | | | | | | | | | | | | | | |
| 26.00 @ 1 each | 80.00 | 1.50 | 16.87 | 75.00 | 8.00 | 90.00 | 1.00 | 0.00 | 5.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
| M50284 COND PC Mustard 6g | | | | | | | | | | | | | | | | | | | | | | | | |
| 26.00 @ 1 each | 0.00 | 0.00 | - | 65.00 | 0.00 | - | 1.00 | 0.00 | 0.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
| M53222 COND PC Margarine 5g | | | | | | | | | | | | | | | | | | | | | | | | |
| 21.00 @ 1 each | 30.00 | 1.00 | 30.00 | 30.00 | 3.00 | 90.00 | 0.00 | 0.00 | 0.00 | 0.00 | -* | 500.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
| M50624 COND PC Drsg Ranch 12g | | | | | | | | | | | | | | | | | | | | | | | | |
| 26.00 @ 1 each | 50.00 | 0.00 | 0.00 | 100.00 | 5.00 | 90.00 | 1.00 | 0.00 | 5.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
| M50623 COND PC Drsg Italian 12g | | | | | | | | | | | | | | | | | | | | | | | | |
| 1.00 @ 1 each | 30.00 | 0.00 | 0.00 | 130.00 | 3.00 | 90.00 | 0.00 | 0.00 | 0.00 | 0.00 | -* | 100.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
| M50056 COND PC Sauce, Taco 9g | | | | | | | | | | | | | | | | | | | | | | | | |
| 1.00 @ 1 each | 5.00 | 0.00 | 0.00 | 55.00 | 0.00 | 0.00 | 1.00 | 0.00 | 0.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
| M50287 COND PC Sauce, BBQ 12g | | | | | | | | | | | | | | | | | | | | | | | | |
| 5.00 @ 1 each | 15.00 | 0.00 | 0.00 | 160.00 | 0.00 | 0.00 | 4.00 | 0.00 | 0.00 | 0.00 | -* | 100.00 | -* | -* | -* | 0.60 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
| M51851 SDW BD, CHam AM WG 2.0 | | | | | | | | | | | | | | | | | | | | | | | | |
| 4.00 @ 1 sandwich | 350.00 | 6.38 | 16.39 | 1032.50 | 14.63 | 37.61 | 33.50 | 21.00 | 75.00 | 2.00 | -* | 200.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 150.00 | -* | 2.61 |
| M50823 VEG: TOMATOES, GRAPE 1/2C | | | | | | | | | | | | | | | | | | | | | | | | |
| 4.00 @ 1/2 cup | 15.52 | 0.02 | 1.40 | 4.31 | 0.17 | 10.00 | 3.35 | 0.76 | 0.00 | 1.03 | 204.35 | 718.25 | 0.00 | 0.47 | 6.81 | 11.81 | 0.03 | 0.02 | 0.51 | 0.07 | 0.00 | 8.62 | 20.69 | 0.23 |
| M52810 FRUIT: CRAISINS, SS CHERRY 1.16OZ | | | | | | | | | | | | | | | | | | | | | | | | |
| 4.00 @ 1 each | 110.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 28.00 | 0.00 | 0.00 | 3.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
| Average | 1325.87 | 12.23 | 8.3 | 2038.82 | 69.33 | 47.06 | 134 | 48.91 | 58.75 | 13.67 | 932.13* | 11129.66 | 0* | 1.15* | 43.21* | 74.65 | .11* | .1* | 1.21* | .2* | 0* | 407.18 | 65.93* | 9.92 |

* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Central ES

Service Area: Purnell - 9-12 - OVS

Menu Name: Purnell 9-12 Menu 2018-2019 - cycle 3 - week 3

Avg.Method: Weighted (USDA Default)

Age Group: Lunch Grades 9-12 **Period:** Lunch **Week:** 3 **Day:** Wednesday **Count Type:** Forecasted **Total No. of Customers:** 25

| Weekly Std. (Target 1) | SFA | | Na (mg) | Fat | | CHO (g) | Pro (g) | Chol (mg) | Fiber (g) | K (mg) | Vit A (IU) | Vit D (IU) | Vit E (mg) | Vit K (mcg) | Vit C (mg) | Vit B1 (mg) | Vit B2 (mg) | Vit B3 (mg) | Vit B6 (mg) | Vit B12 (mcg) | Ca (mg) | P (mg) | Fe (mg) | |
|------------------------|-----|-------|---------|----------|-----|---------|---------|-----------|-----------|--------|------------|------------|------------|-------------|------------|-------------|-------------|-------------|-------------|---------------|---------|--------|---------|----------|
| | CAL | (g) | | % of CAL | (g) | | | | | | | | | | | | | | | | | | | % of CAL |
| 750.00-850.00 | | 10.00 | 1420.00 | | | | | | | | | | | | | | | | | | | | | |

M50851 SDW BN, CHIXPTY PLN WG/WG 2.0

| | | | | | | | | | | | | | | | | | | | | | | | | |
|--------------------|--------|------|------|--------|-------|-------|-------|-------|-------|------|----|--------|----|----|----|------|----|----|----|----|----|-------|----|------|
| 19.00 @ 1 sandwich | 340.00 | 2.00 | 5.29 | 750.01 | 12.00 | 31.76 | 39.00 | 21.00 | 45.00 | 3.00 | -* | 100.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 60.00 | -* | 3.24 |
|--------------------|--------|------|------|--------|-------|-------|-------|-------|-------|------|----|--------|----|----|----|------|----|----|----|----|----|-------|----|------|

M51319 VEG: CORN, Fz Seas1/2c

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-----------------|-------|------|-------|--------|------|-------|-------|------|------|------|--------|--------|-------|-------|-------|------|-------|-------|-------|-------|-------|------|--------|------|
| 21.00 @ 1/2 cup | 92.68 | 1.25 | 12.15 | 146.16 | 3.47 | 33.66 | 15.83 | 2.09 | 0.00 | 1.98 | 192.58 | 163.16 | 0.00* | 0.06* | 0.33* | 2.86 | 0.02* | 0.05* | 1.07* | 0.08* | 0.00* | 2.77 | 64.74* | 0.39 |
|-----------------|-------|------|-------|--------|------|-------|-------|------|------|------|--------|--------|-------|-------|-------|------|-------|-------|-------|-------|-------|------|--------|------|

M52357 VEG: SALAD, ColeslawCIRnch1/2c

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-----------------|-------|------|-------|--------|------|-------|------|------|------|------|--------|-------|-------|-------|-------|------|-------|-------|-------|-------|-------|-------|-------|------|
| 24.00 @ 1/2 cup | 89.72 | 1.01 | 10.13 | 207.78 | 6.70 | 67.18 | 4.50 | 0.83 | 6.67 | 1.28 | 32.46* | 47.14 | 0.00* | 0.03* | 3.44* | 0.52 | 0.00* | 0.01* | 0.04* | 0.01* | 0.00* | 19.40 | 3.32* | 0.07 |
|-----------------|-------|------|-------|--------|------|-------|------|------|------|------|--------|-------|-------|-------|-------|------|-------|-------|-------|-------|-------|-------|-------|------|

M50534 FRUIT: ORANGE 138ct 1/8wg 1/2c

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-----------------|-------|------|------|------|------|------|-------|------|------|------|--------|--------|------|------|------|-------|------|------|------|------|------|-------|-------|------|
| 21.00 @ 8 wedge | 46.96 | 0.01 | 0.29 | 0.00 | 0.12 | 2.30 | 11.74 | 0.94 | 0.00 | 2.40 | 180.86 | 224.82 | 0.00 | 0.18 | 0.00 | 53.16 | 0.09 | 0.04 | 0.28 | 0.06 | 0.00 | 39.97 | 13.99 | 0.10 |
|-----------------|-------|------|------|------|------|------|-------|------|------|------|--------|--------|------|------|------|-------|------|------|------|------|------|-------|-------|------|

M50980 JUICE SS, Frt Bld 100% 4oz Crt

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------|-------|------|------|-------|------|------|-------|------|------|------|--------|------|----|----|----|------|----|----|----|----|----|------|----|------|
| 21.00 @ 1 each | 60.00 | 0.00 | 0.00 | 10.00 | 0.00 | 0.00 | 14.00 | 0.00 | 0.00 | 0.00 | 100.00 | 0.00 | -* | -* | -* | 3.60 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
|----------------|-------|------|------|-------|------|------|-------|------|------|------|--------|------|----|----|----|------|----|----|----|----|----|------|----|------|

M51440 DESRT: GELATIN, Cherry SC 1/2c

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-----------------|-------|------|------|-------|------|------|-------|------|------|------|-------|------|-------|-------|-------|-------|-------|-------|-------|-------|-------|------|-------|------|
| 21.00 @ 1/2 cup | 71.59 | 0.00 | 0.00 | 95.29 | 0.00 | 0.00 | 17.39 | 1.02 | 0.00 | 0.00 | 1.08* | 0.00 | 0.00* | 0.00* | 0.00* | 15.34 | 0.00* | 0.00* | 0.00* | 0.00* | 0.00* | 3.24 | 0.00* | 0.00 |
|-----------------|-------|------|------|-------|------|------|-------|------|------|------|-------|------|-------|-------|-------|-------|-------|-------|-------|-------|-------|------|-------|------|

M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-----------------|--------|------|-------|--------|------|-------|-------|------|-------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 2.00 @ 1 carton | 110.00 | 1.50 | 12.28 | 130.00 | 2.50 | 20.46 | 13.00 | 8.00 | 10.00 | 0.00 | -* | 500.00 | -* | -* | -* | 2.40 | -* | -* | -* | -* | -* | 300.00 | -* | 0.00 |
|-----------------|--------|------|-------|--------|------|-------|-------|------|-------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-----------------|--------|------|------|--------|------|------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 6.00 @ 1 carton | 120.00 | 0.00 | 0.00 | 180.00 | 0.00 | 0.00 | 20.00 | 8.00 | 5.00 | 0.00 | -* | 500.00 | -* | -* | -* | 1.20 | -* | -* | -* | -* | -* | 300.00 | -* | 0.00 |
|-----------------|--------|------|------|--------|------|------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M50855 COND PC Ketchup 9g Heinz

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------|-------|------|------|-------|------|------|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|
| 24.00 @ 1 each | 10.00 | 0.00 | 0.00 | 85.00 | 0.00 | 0.00 | 3.00 | 0.00 | 0.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
|----------------|-------|------|------|-------|------|------|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|

M50055 COND PC Mayonnaise 12g

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------|-------|------|-------|-------|------|-------|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|
| 23.00 @ 1 each | 80.00 | 1.50 | 16.87 | 75.00 | 8.00 | 90.00 | 1.00 | 0.00 | 5.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
|----------------|-------|------|-------|-------|------|-------|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|

M50284 COND PC Mustard 6g

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------|------|------|---|-------|------|---|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|
| 23.00 @ 1 each | 0.00 | 0.00 | - | 65.00 | 0.00 | - | 1.00 | 0.00 | 0.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
|----------------|------|------|---|-------|------|---|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|

M53222 COND PC Margarine 5g

* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Central ES

Service Area: Purnell - 9-12 - OVS

Menu Name: Purnell 9-12 Menu 2018-2019 - cycle 3 - week 3

Avg.Method: Weighted (USDA Default)

| | | | | | | | | | | | | | | | | | | | | | | | | | | |
|---------------------------------------|--------|------|-------|---------|-------|-------|--------|-------|-------|------|---------|---------|--------|-------|--------|-------|-------|-------|-------|-------|-------|--------|---------|------|------|--|
| 4.00 @ 1 each | 30.00 | 1.00 | 30.00 | 30.00 | 3.00 | 90.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | -* | 500.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 | |
| M50624 COND PC Drsg Ranch 12g | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 25.00 @ 1 each | 50.00 | 0.00 | 0.00 | 100.00 | 5.00 | 90.00 | 1.00 | 0.00 | 5.00 | 0.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 | |
| M50623 COND PC Drsg Italian 12g | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 2.00 @ 1 each | 30.00 | 0.00 | 0.00 | 130.00 | 3.00 | 90.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | -* | 100.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 | |
| M50056 COND PC Sauce, Taco 9g | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 2.00 @ 1 each | 5.00 | 0.00 | 0.00 | 55.00 | 0.00 | 0.00 | 1.00 | 0.00 | 0.00 | 0.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 | |
| M50287 COND PC Sauce, BBQ 12g | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 11.00 @ 1 each | 15.00 | 0.00 | 0.00 | 160.00 | 0.00 | 0.00 | 4.00 | 0.00 | 0.00 | 0.00 | 0.00 | -* | 100.00 | -* | -* | -* | 0.60 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 | |
| M53268 SDW BD, Tky AM WG 2.0 | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 4.00 @ 1 sandwich | 325.00 | 5.13 | 14.19 | 995.00 | 11.50 | 31.84 | 33.50 | 22.25 | 56.25 | 2.00 | 0.00 | -* | 200.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 175.00 | -* | 2.61 | |
| M50350 VEG: CUCUMBER, Fresh Slice1/2c | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 4.00 @ 1/2 cup | 10.81 | 0.03 | 2.22 | 1.44 | 0.08 | 6.60 | 2.62 | 0.47 | 0.00 | 0.36 | 105.91 | 75.65 | 0.00 | 0.02 | 11.82 | 2.02 | 0.02 | 0.02 | 0.07 | 0.03 | 0.00 | 11.53 | 17.29 | 0.20 | | |
| M50534 FRUIT: ORANGE 138ct 1/8wg 1/2c | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 4.00 @ 8 wedge | 46.96 | 0.01 | 0.29 | 0.00 | 0.12 | 2.30 | 11.74 | 0.94 | 0.00 | 2.40 | 180.86 | 224.82 | 0.00 | 0.18 | 0.00 | 53.16 | 0.09 | 0.04 | 0.28 | 0.06 | 0.00 | 39.97 | 13.99 | 0.10 | | |
| M66531 TACO BFGD SOFT SC WG 2.0 2EA | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 2.00 @ 2 each | 363.35 | 6.65 | 16.47 | 435.82 | 16.56 | 41.01 | 30.91 | 22.50 | 55.38 | 2.54 | 230.69* | 1569.11 | 0.91* | 0.15* | 15.50* | 3.05 | 0.03* | 0.10* | 2.94* | 0.21* | 1.27* | 240.13 | 115.08* | 3.28 | | |
| Average | 847.68 | 6.57 | 6.98 | 1628.99 | 35.04 | 37.2 | 107.02 | 28.31 | 65.63 | 8.15 | 494.1* | 944.77 | .07* | .28* | 6.71* | 73.28 | .12* | .1* | 1.47* | .16* | .1* | 254.3 | 83.53* | 3.67 | | |

* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Central ES

Service Area: Purnell - 9-12 - OVS

Menu Name: Purnell 9-12 Menu 2018-2019 - cycle 3 - week 3

Avg.Method: Weighted (USDA Default)

Age Group: Lunch Grades 9-12 **Period:** Lunch **Week:** 3 **Day:** Thursday **Count Type:** Forecasted **Total No. of Customers:** 28

| Weekly Std. (Target 1) | SFA | | Na (mg) | Fat | | CHO (g) | Pro (g) | Chol (mg) | Fiber (g) | K (mg) | Vit A (IU) | Vit D (IU) | Vit E (mg) | Vit K (mcg) | Vit C (mg) | Vit B1 (mg) | Vit B2 (mg) | Vit B3 (mg) | Vit B6 (mg) | Vit B12 (mcg) | Ca (mg) | P (mg) | Fe (mg) | |
|------------------------|-----|-------|---------|----------|-----|---------|---------|-----------|-----------|--------|------------|------------|------------|-------------|------------|-------------|-------------|-------------|-------------|---------------|---------|--------|---------|----------|
| | CAL | (g) | | % of CAL | (g) | | | | | | | | | | | | | | | | | | | % of CAL |
| 750.00-850.00 | | 10.00 | 1420.00 | | | | | | | | | | | | | | | | | | | | | |

M53275 MELT BD, AM WG 2.0

| | | | | | | | | | | | | | | | | | | | | | | | | |
|--------------------|--------|-------|-------|---------|-------|-------|-------|-------|-------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 17.00 @ 1 sandwich | 385.00 | 11.25 | 26.30 | 1320.00 | 19.50 | 45.58 | 32.50 | 18.50 | 62.50 | 2.00 | -* | 500.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 375.00 | -* | 2.16 |
|--------------------|--------|-------|-------|---------|-------|-------|-------|-------|-------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M52610 HOT DOG, Plain WG 2.0

| | | | | | | | | | | | | | | | | | | | | | | | | |
|---------------|--------|------|-------|---------|-------|-------|-------|-------|-------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 7.00 @ 1 each | 290.00 | 4.00 | 12.41 | 1040.01 | 14.00 | 43.45 | 29.00 | 12.00 | 50.00 | 2.00 | -* | 300.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 120.00 | -* | 2.52 |
|---------------|--------|------|-------|---------|-------|-------|-------|-------|-------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M51680 BRD: ROLL DG, WG 2.5oz

| | | | | | | | | | | | | | | | | | | | | | | | | |
|---------------|--------|------|------|--------|------|-------|-------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|-------|----|------|
| 7.00 @ 1 each | 170.00 | 0.50 | 2.65 | 135.00 | 3.00 | 15.88 | 28.00 | 7.00 | 0.00 | 3.40 | -* | 0.01 | -* | -* | -* | 0.01 | -* | -* | -* | -* | -* | 12.70 | -* | 0.85 |
|---------------|--------|------|------|--------|------|-------|-------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|-------|----|------|

M67887 VEG: BEANS, PINTO CHARRO 1/2C

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-----------------|--------|------|------|--------|------|------|-------|------|------|------|---------|--------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|------|
| 24.00 @ 1/2 cup | 116.10 | 0.26 | 1.99 | 131.24 | 0.90 | 6.99 | 19.82 | 7.19 | 0.83 | 6.10 | 362.07* | 81.59* | 3.10* | 0.06* | 1.32* | 1.37* | 0.01* | 0.00* | 0.07* | 0.01* | 0.00* | 68.18 | 4.04* | 1.98 |
|-----------------|--------|------|------|--------|------|------|-------|------|------|------|---------|--------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|------|

M52770 VEG: CELERY, Sticks 1/2c

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-----------------|------|------|------|-------|------|------|------|------|------|------|--------|--------|------|------|-------|------|------|------|------|------|------|-------|-------|------|
| 24.00 @ 1/2 cup | 9.92 | 0.03 | 2.36 | 49.61 | 0.11 | 9.56 | 1.84 | 0.43 | 0.00 | 0.99 | 161.23 | 278.43 | 0.00 | 0.17 | 18.17 | 1.92 | 0.01 | 0.04 | 0.20 | 0.05 | 0.00 | 24.80 | 14.88 | 0.12 |
|-----------------|------|------|------|-------|------|------|------|------|------|------|--------|--------|------|------|-------|------|------|------|------|------|------|-------|-------|------|

M50529 FRUIT: GRAPES, Fresh 1/2c

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-----------------|-------|------|------|------|------|------|-------|------|------|------|--------|-------|------|------|-------|------|------|------|------|------|------|-------|------|------|
| 24.00 @ 1/2 cup | 56.80 | 0.10 | 1.53 | 1.70 | 0.30 | 4.70 | 14.54 | 0.53 | 0.00 | 0.76 | 161.94 | 84.78 | 0.00 | 0.16 | 12.38 | 3.39 | 0.08 | 0.05 | 0.25 | 0.09 | 0.00 | 11.87 | 8.48 | 0.25 |
|-----------------|-------|------|------|------|------|------|-------|------|------|------|--------|-------|------|------|-------|------|------|------|------|------|------|-------|------|------|

M50979 JUICE SS, Apple 100% 4oz Cart

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------|-------|------|------|-------|------|------|-------|------|------|------|-------|------|----|----|----|------|----|----|----|----|----|------|----|------|
| 24.00 @ 1 each | 60.00 | 0.00 | 0.00 | 15.00 | 0.00 | 0.00 | 14.00 | 0.00 | 0.00 | 0.00 | 85.00 | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
|----------------|-------|------|------|-------|------|------|-------|------|------|------|-------|------|----|----|----|------|----|----|----|----|----|------|----|------|

M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-----------------|--------|------|-------|--------|------|-------|-------|------|-------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 6.00 @ 1 carton | 110.00 | 1.50 | 12.28 | 130.00 | 2.50 | 20.46 | 13.00 | 8.00 | 10.00 | 0.00 | -* | 500.00 | -* | -* | -* | 2.40 | -* | -* | -* | -* | -* | 300.00 | -* | 0.00 |
|-----------------|--------|------|-------|--------|------|-------|-------|------|-------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50

| | | | | | | | | | | | | | | | | | | | | | | | | |
|------------------|--------|------|------|--------|------|------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 16.00 @ 1 carton | 120.00 | 0.00 | 0.00 | 180.00 | 0.00 | 0.00 | 20.00 | 8.00 | 5.00 | 0.00 | -* | 500.00 | -* | -* | -* | 1.20 | -* | -* | -* | -* | -* | 300.00 | -* | 0.00 |
|------------------|--------|------|------|--------|------|------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M50855 COND PC Ketchup 9g Heinz

| | | | | | | | | | | | | | | | | | | | | | | | | |
|---------------|-------|------|------|-------|------|------|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|
| 2.00 @ 1 each | 10.00 | 0.00 | 0.00 | 85.00 | 0.00 | 0.00 | 3.00 | 0.00 | 0.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
|---------------|-------|------|------|-------|------|------|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|

M50055 COND PC Mayonnaise 12g

| | | | | | | | | | | | | | | | | | | | | | | | | |
|---------------|-------|------|-------|-------|------|-------|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|
| 4.00 @ 1 each | 80.00 | 1.50 | 16.87 | 75.00 | 8.00 | 90.00 | 1.00 | 0.00 | 5.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
|---------------|-------|------|-------|-------|------|-------|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|

M50284 COND PC Mustard 6g

* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Central ES

Service Area: Purnell - 9-12 - OVS

Menu Name: Purnell 9-12 Menu 2018-2019 - cycle 3 - week 3

Avg.Method: Weighted (USDA Default)

| | | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------------------------|--------|------|-------|---------|-------|-------|--------|-------|-------|------|---------|----------|--------|------|--------|-------|------|------|------|------|------|--------|--------|------|------|
| 4.00 @ 1 each | 0.00 | 0.00 | - | 65.00 | 0.00 | - | 1.00 | 0.00 | 0.00 | 0.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
| M53222 COND PC Margarine 5g | | | | | | | | | | | | | | | | | | | | | | | | | |
| 2.00 @ 1 each | 30.00 | 1.00 | 30.00 | 30.00 | 3.00 | 90.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | -* | 500.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
| M50624 COND PC Drsg Ranch 12g | | | | | | | | | | | | | | | | | | | | | | | | | |
| 28.00 @ 1 each | 50.00 | 0.00 | 0.00 | 100.00 | 5.00 | 90.00 | 1.00 | 0.00 | 5.00 | 0.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
| M50623 COND PC Drsg Italian 12g | | | | | | | | | | | | | | | | | | | | | | | | | |
| 2.00 @ 1 each | 30.00 | 0.00 | 0.00 | 130.00 | 3.00 | 90.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | -* | 100.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
| M50056 COND PC Sauce, Taco 9g | | | | | | | | | | | | | | | | | | | | | | | | | |
| 20.00 @ 1 each | 5.00 | 0.00 | 0.00 | 55.00 | 0.00 | 0.00 | 1.00 | 0.00 | 0.00 | 0.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
| M50287 COND PC Sauce, BBQ 12g | | | | | | | | | | | | | | | | | | | | | | | | | |
| 2.00 @ 1 each | 15.00 | 0.00 | 0.00 | 160.00 | 0.00 | 0.00 | 4.00 | 0.00 | 0.00 | 0.00 | 0.00 | -* | 100.00 | -* | -* | -* | 0.60 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
| M50407 COND_Salsa, AP 1/8c | | | | | | | | | | | | | | | | | | | | | | | | | |
| 16.00 @ 1/8 cup | 10.25 | 0.00 | 0.00 | 174.23 | 0.00 | 0.00 | 2.05 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 102.49 | -* | -* | -* | 3.69 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
| M51851 SDW BD, CHam AM WG 2.0 | | | | | | | | | | | | | | | | | | | | | | | | | |
| 4.00 @ 1 sandwich | 350.00 | 6.38 | 16.39 | 1032.50 | 14.63 | 37.61 | 33.50 | 21.00 | 75.00 | 2.00 | 0.00 | -* | 200.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 150.00 | -* | 2.61 |
| M52770 VEG: CELERY, Sticks 1/2c | | | | | | | | | | | | | | | | | | | | | | | | | |
| 4.00 @ 1/2 cup | 9.92 | 0.03 | 2.36 | 49.61 | 0.11 | 9.56 | 1.84 | 0.43 | 0.00 | 0.99 | 161.23 | 278.43 | 0.00 | 0.17 | 18.17 | 1.92 | 0.01 | 0.04 | 0.20 | 0.05 | 0.00 | 24.80 | 14.88 | 0.12 | |
| M50529 FRUIT: GRAPES, Fresh 1/2c | | | | | | | | | | | | | | | | | | | | | | | | | |
| 4.00 @ 1/2 cup | 56.80 | 0.10 | 1.53 | 1.70 | 0.30 | 4.70 | 14.54 | 0.53 | 0.00 | 0.76 | 161.94 | 84.78 | 0.00 | 0.16 | 12.38 | 3.39 | 0.08 | 0.05 | 0.25 | 0.09 | 0.00 | 11.87 | 8.48 | 0.25 | |
| Average | 785.49 | 9.82 | 11.25 | 1837.83 | 26.46 | 30.32 | 102.02 | 32.39 | 72.58 | 9.83 | 706.36* | 1341.72* | 2.65* | .38* | 31.68* | 9.84* | .1* | .09* | .51* | .15* | 0* | 613.12 | 26.82* | 4.59 | |

* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Central ES

Service Area: Purnell - 9-12 - OVS

Menu Name: Purnell 9-12 Menu 2018-2019 - cycle 3 - week 3

Avg.Method: Weighted (USDA Default)

Age Group: Lunch Grades 9-12 **Period:** Lunch **Week:** 3 **Day:** Friday **Count Type:** Forecasted **Total No. of Customers:** 26

| Weekly Std. (Target 1) | SFA | | Na (mg) | Fat | | CHO (g) | Pro (g) | Chol (mg) | Fiber (g) | K (mg) | Vit A (IU) | Vit D (IU) | Vit E (mg) | Vit K (mcg) | Vit C (mg) | Vit B1 (mg) | Vit B2 (mg) | Vit B3 (mg) | Vit B6 (mg) | Vit B12 (mcg) | Ca (mg) | P (mg) | Fe (mg) |
|------------------------|-----|-----|---------|----------|-----|---------|---------|-----------|-----------|--------|------------|------------|------------|-------------|------------|-------------|-------------|-------------|-------------|---------------|---------|--------|---------|
| | CAL | (g) | | % of CAL | (g) | | | | | | | | | | | | | | | | | | |
| 750.00-850.00 | | | 1420.00 | | | | | | | | | | | | | | | | | | | | |

M51578 PIZZA 16" CHZ WG 2.0

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-----------------|--------|------|-------|--------|-------|-------|-------|-------|-------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 14.00 @ 1/8 cut | 351.26 | 7.50 | 19.22 | 810.03 | 15.50 | 39.72 | 30.87 | 19.38 | 30.00 | 3.25 | -* | 403.18 | -* | -* | -* | 0.90 | -* | -* | -* | -* | -* | 419.72 | -* | 1.13 |
|-----------------|--------|------|-------|--------|-------|-------|-------|-------|-------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M53000 PIZZA 16" Pepperoni WG 2.0

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------|--------|------|-------|--------|-------|-------|-------|-------|-------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 8.00 @ 1/8 cut | 388.75 | 9.00 | 20.84 | 937.53 | 19.00 | 43.99 | 31.12 | 20.88 | 37.50 | 3.25 | -* | 403.18 | -* | -* | -* | 0.90 | -* | -* | -* | -* | -* | 419.72 | -* | 1.22 |
|----------------|--------|------|-------|--------|-------|-------|-------|-------|-------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M50187 VEG: BROCCOLI, Frz Chpd 1/2c

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-----------------|-------|------|------|------|------|------|------|------|------|------|--------|--------|------|------|-------|-------|------|------|------|------|------|-------|-------|------|
| 22.00 @ 1/2 cup | 24.11 | 0.02 | 0.58 | 9.47 | 0.10 | 3.86 | 4.61 | 2.67 | 0.00 | 2.58 | 122.27 | 870.53 | 0.00 | 1.14 | 75.86 | 34.53 | 0.05 | 0.07 | 0.39 | 0.11 | 0.00 | 28.42 | 42.19 | 0.53 |
|-----------------|-------|------|------|------|------|------|------|------|------|------|--------|--------|------|------|-------|-------|------|------|------|------|------|-------|-------|------|

M66953 VEG: SALAD, SIDE SPIN MAND ORANGE 1C

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-------------------|-------|------|------|-------|------|------|------|------|------|------|---------|---------|-------|-------|---------|-------|-------|-------|-------|-------|-------|-------|--------|------|
| 22.00 @ 1 serving | 22.75 | 0.03 | 1.35 | 44.17 | 0.22 | 8.58 | 4.39 | 1.69 | 0.00 | 1.38 | 303.20* | 5235.96 | 0.00* | 1.10* | 262.39* | 22.61 | 0.04* | 0.10* | 0.39* | 0.11* | 0.00* | 56.40 | 26.63* | 1.56 |
|-------------------|-------|------|------|-------|------|------|------|------|------|------|---------|---------|-------|-------|---------|-------|-------|-------|-------|-------|-------|-------|--------|------|

M50536 FRUIT: APPLE, 138ct 1/8wg 1/2c

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-----------------|-------|------|------|------|------|------|------|------|------|------|-------|-------|------|------|------|------|------|------|------|------|------|------|------|------|
| 22.00 @ 4 wedge | 31.53 | 0.02 | 0.50 | 2.39 | 0.10 | 2.95 | 8.40 | 0.17 | 0.00 | 1.45 | 67.15 | 33.13 | 0.00 | 0.11 | 1.32 | 3.11 | 0.01 | 0.02 | 0.06 | 0.03 | 0.00 | 5.02 | 6.81 | 0.07 |
|-----------------|-------|------|------|------|------|------|------|------|------|------|-------|-------|------|------|------|------|------|------|------|------|------|------|------|------|

M50982 JUICE SS, ORANGE 100% 4 FLOZ

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------|-------|------|------|-------|------|------|-------|------|------|------|----|------|----|----|----|-------|----|----|----|----|----|------|----|------|
| 22.00 @ 1 each | 51.44 | 0.00 | 0.00 | 15.43 | 0.00 | 0.00 | 12.35 | 1.03 | 0.00 | 0.00 | -* | 0.00 | -* | -* | -* | 43.21 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
|----------------|-------|------|------|-------|------|------|-------|------|------|------|----|------|----|----|----|-------|----|----|----|----|----|------|----|------|

M53065 DESRT: COOKIE Sugar 1.0oz WG

| | | | | | | | | | | | | | | | | | | | | | | | | |
|------------------|--------|------|------|-------|------|-------|-------|------|-------|------|-------|--------|----|----|----|------|----|----|----|----|----|------|----|------|
| 22.00 @ 1 cookie | 110.00 | 1.00 | 8.18 | 75.00 | 3.00 | 24.54 | 18.00 | 1.00 | 10.00 | 1.00 | 50.00 | 100.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.72 |
|------------------|--------|------|------|-------|------|-------|-------|------|-------|------|-------|--------|----|----|----|------|----|----|----|----|----|------|----|------|

M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-----------------|--------|------|-------|--------|------|-------|-------|------|-------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 2.00 @ 1 carton | 110.00 | 1.50 | 12.28 | 130.00 | 2.50 | 20.46 | 13.00 | 8.00 | 10.00 | 0.00 | -* | 500.00 | -* | -* | -* | 2.40 | -* | -* | -* | -* | -* | 300.00 | -* | 0.00 |
|-----------------|--------|------|-------|--------|------|-------|-------|------|-------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50

| | | | | | | | | | | | | | | | | | | | | | | | | |
|------------------|--------|------|------|--------|------|------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 10.00 @ 1 carton | 120.00 | 0.00 | 0.00 | 180.00 | 0.00 | 0.00 | 20.00 | 8.00 | 5.00 | 0.00 | -* | 500.00 | -* | -* | -* | 1.20 | -* | -* | -* | -* | -* | 300.00 | -* | 0.00 |
|------------------|--------|------|------|--------|------|------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M50855 COND PC Ketchup 9g Heinz

| | | | | | | | | | | | | | | | | | | | | | | | | |
|---------------|-------|------|------|-------|------|------|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|
| 2.00 @ 1 each | 10.00 | 0.00 | 0.00 | 85.00 | 0.00 | 0.00 | 3.00 | 0.00 | 0.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
|---------------|-------|------|------|-------|------|------|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|

M50055 COND PC Mayonnaise 12g

| | | | | | | | | | | | | | | | | | | | | | | | | |
|---------------|-------|------|-------|-------|------|-------|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|
| 4.00 @ 1 each | 80.00 | 1.50 | 16.87 | 75.00 | 8.00 | 90.00 | 1.00 | 0.00 | 5.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
|---------------|-------|------|-------|-------|------|-------|------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|------|----|------|

M50284 COND PC Mustard 6g

* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Central ES

Service Area: Purnell - 9-12 - OVS

Menu Name: Purnell 9-12 Menu 2018-2019 - cycle 3 - week 3

Avg.Method: Weighted (USDA Default)

| | | | | | | | | | | | | | | | | | | | | | | | | | |
|---------------------------------------|--------|------|-------|---------|-------|-------|-------|-------|-------|------|---------|---------|--------|-------|---------|-------|------|------|------|------|------|--------|--------|------|------|
| 4.00 @ 1 each | 0.00 | 0.00 | - | 65.00 | 0.00 | - | 1.00 | 0.00 | 0.00 | 0.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
| M53222 COND PC Margarine 5g | | | | | | | | | | | | | | | | | | | | | | | | | |
| 2.00 @ 1 each | 30.00 | 1.00 | 30.00 | 30.00 | 3.00 | 90.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | -* | 500.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
| M50624 COND PC Drsg Ranch 12g | | | | | | | | | | | | | | | | | | | | | | | | | |
| 26.00 @ 1 each | 50.00 | 0.00 | 0.00 | 100.00 | 5.00 | 90.00 | 1.00 | 0.00 | 5.00 | 0.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
| M50623 COND PC Drsg Italian 12g | | | | | | | | | | | | | | | | | | | | | | | | | |
| 2.00 @ 1 each | 30.00 | 0.00 | 0.00 | 130.00 | 3.00 | 90.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | -* | 100.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
| M50056 COND PC Sauce, Taco 9g | | | | | | | | | | | | | | | | | | | | | | | | | |
| 2.00 @ 1 each | 5.00 | 0.00 | 0.00 | 55.00 | 0.00 | 0.00 | 1.00 | 0.00 | 0.00 | 0.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
| M50287 COND PC Sauce, BBQ 12g | | | | | | | | | | | | | | | | | | | | | | | | | |
| 2.00 @ 1 each | 15.00 | 0.00 | 0.00 | 160.00 | 0.00 | 0.00 | 4.00 | 0.00 | 0.00 | 0.00 | 0.00 | -* | 100.00 | -* | -* | -* | 0.60 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
| M53268 SDW BD, Tky AM WG 2.0 | | | | | | | | | | | | | | | | | | | | | | | | | |
| 4.00 @ 1 sandwich | 325.00 | 5.13 | 14.19 | 995.00 | 11.50 | 31.84 | 33.50 | 22.25 | 56.25 | 2.00 | 0.00 | -* | 200.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 175.00 | -* | 2.61 |
| M50186 VEG: BROCCOLI, Fresh 1/2c | | | | | | | | | | | | | | | | | | | | | | | | | |
| 4.00 @ 1/2 cup | 10.84 | 0.01 | 1.03 | 10.52 | 0.12 | 9.79 | 2.12 | 0.90 | 0.00 | 0.83 | 100.78 | 198.68 | 0.00 | 0.25 | 32.40 | 28.45 | 0.02 | 0.04 | 0.20 | 0.06 | 0.00 | 14.99 | 21.05 | 0.23 | |
| M50536 FRUIT: APPLE, 138ct 1/8wg 1/2c | | | | | | | | | | | | | | | | | | | | | | | | | |
| 4.00 @ 4 wedge | 31.53 | 0.02 | 0.50 | 2.39 | 0.10 | 2.95 | 8.40 | 0.17 | 0.00 | 1.45 | 67.15 | 33.13 | 0.00 | 0.11 | 1.32 | 3.11 | 0.01 | 0.02 | 0.06 | 0.03 | 0.00 | 5.02 | 6.81 | 0.07 | |
| Average | 692.06 | 8.93 | 11.61 | 1239.79 | 25.78 | 33.52 | 83.99 | 29.68 | 53.27 | 8.84 | 484.98* | 5971.89 | 0* | 2.05* | 292.52* | 93.86 | .09* | .17* | .76* | .22* | 0* | 599.63 | 68.28* | 3.86 | |

* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.