



October 2018

Middle School Breakfast Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	Special News... Pick Two: Choice of cereal, pop tart, or muffin with toast or cheese stick October Promotions Oct 1st: World Vegetarian Day Oct 2nd: National Taco Day Oct 3rd: Breakfast for Lunch Oct 5th: First Friday Finds Chicken Tikka Masala Oct 11th: National Sausage Pizza Day Oct 8-19th: FUEL Burgers Oct 15-19th: National School Lunch Week Oct 25th: World Pasta Day Oct 29th: National Potato day Oct 31st: Halloween Menus are subject to change without notice.
1 Powdered Sugar Donut Holes Pear Diced Peaches	2 Sausage Breakfast Pizza Orange Pineapple Tidbits	3 French Toast Sticks Cantaloupe Applesauce	4 Egg & Cheese Biscuit Grapes Craisins	5 Bacon Breakfast Quesadilla Banana Mixed Fruit	
8 Chocolate Glazed Donut Apple Diced Pears	9 Egg & Cheese Bagel Sandwich Strawberries Mandarin Oranges	10 Pancake Wrap Watermelon Applesauce	11 Country Chicken Biscuit Orange Raisins	12 Bacon, Egg & Cheese Breakfast Tacos Banana Diced Peaches	
15 Maple Glazed Donut Pear Pineapple Tidbits	16 Bacon, Egg & Cheese Donut Sandwich Grapes Mixed Fruit	17 Waffles Apple Craisins	18 Sausage Biscuit Honeydew Melon Diced Pears	19 Sausage Breakfast Quesadilla Banana Cinnamon Apples	
22 Vanilla Glazed Donut Apple Diced Pears	23 Bacon & Egg Bagel Sandwich Strawberries Mandarin Oranges	24 Sausage Breakfast Pizza Watermelon Applesauce	25 Country Chicken Biscuit Orange Raisins	26 Sausage, Egg & Cheese Breakfast Tacos Banana Diced Peaches	
29 Cinnamon Sugar Donut Orange Pineapple Tidbits	30 Cheesy Egg Breakfast Burger Grapes Mixed Fruit	31 Pancakes Apple Mandarin Oranges			

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Vegetarian Options Indicated In Green

