



# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Stewarts Creek ES

**Service Area:** Stewarts Creek - K-5 - OVS

**Menu Name:** Stewarts Creek ES 2018-2019 BIC Menu - cycle 3 - week 1

**Avg.Method:** Weighted (USDA Default)

**Age Group:** Brkfst Grades K-5      **Period:** Breakfast      **Week:** 1      **Day:** Monday      **Count Type:** Forecasted      **Total No. of Customers:** 262

Weekly Std.	SFA		Na (mg)	Fat		CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)	
	CAL	(g)		% of CAL	(g)																			% of CAL
M51404 PIZZA AP Tony Bkfst T.Ssg1.0IW	240.01	2.50	9.38	490.02	7.00	26.25	31.00	11.00	15.00	3.00	90.00	200.01	-*	-*	-*	2.40	-*	-*	-*	-*	-*	150.00	-*	1.80
M53799 FRUIT: APPLE, Slcd IW 2oz	30.00	0.00	0.00	0.00	0.00	0.00	7.00	0.00	0.00	1.00	-*	0.00	-*	-*	-*	21.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M52810 FRUIT: CRAISINS, SS CHERRY 1.16OZ	110.00	0.00	0.00	0.00	0.00	0.00	28.00	0.00	0.00	3.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M51404 PIZZA AP Tony Bkfst T.Ssg1.0IW	240.01	2.50	9.38	490.02	7.00	26.25	31.00	11.00	15.00	3.00	90.00	200.01	-*	-*	-*	2.40	-*	-*	-*	-*	-*	150.00	-*	1.80
M52810 FRUIT: CRAISINS, SS CHERRY 1.16OZ	110.00	0.00	0.00	0.00	0.00	0.00	28.00	0.00	0.00	3.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00
M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00
M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00
<b>Average</b>	420.7	2.8	6	646.16	7.51	16.06	66.09	18.39	20.63	5.04	90*	661.84	-*	-*	-*	12.33	-*	-*	-*	-*	-*	427.11	-*	1.8

\* Some values for this nutrient are unavailable; the number listed is incomplete.

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Stewarts Creek ES

**Service Area:** Stewarts Creek - K-5 - OVS

**Menu Name:** Stewarts Creek ES 2018-2019 BIC Menu - cycle 3 - week 1

**Avg.Method:** Weighted (USDA Default)

**Age Group:** Lunch Grades K-5      **Period:** Lunch      **Week:** 1      **Day:** Monday      **Count Type:** Forecasted      **Total No. of Customers:** 218

Weekly Std.	SFA		Na (mg)	Fat		CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)	
	CAL	(g)		% of CAL	(g)																			% of CAL
550.00-650.00		10.00	1230.00																					

M52963 CHIX Popcorn, AP WG 2.0

132.00 @ 1 serving	250.19	2.72	9.78	380.72	14.14	50.87	15.23	15.23	21.76	3.26	-*	108.78	-*	-*	-*	0.00	-*	-*	-*	-*	-*	43.51	-*	1.96
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M51436 BEEF Finger, AP WG 2.0

73.00 @ 4 each	310.03	4.50	13.06	320.03	19.00	55.16	20.00	15.00	35.00	3.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	40.00	-*	2.70
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M50443 COND\_Gravy, Country SS

70.00 @ 1/4 cup	34.17	0.00	0.00	196.86	0.49	12.86	5.86	0.00	0.00	0.00	0.53*	0.00	0.00*	0.00*	0.00*	0.00	0.00*	0.00*	0.00*	0.00*	0.00*	21.13	0.00*	0.00
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M51831 BRD: BRDSTK DG, RIPSTK 1EA (1BG)

194.00 @ 1 each	80.00	0.00	0.00	95.00	1.00	11.25	15.00	3.00	0.00	2.00	-*	0.09	-*	-*	-*	0.00	-*	-*	-*	-*	-*	7.27	-*	0.71
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M50962 SDW BD, SBJ WG 2.0

16.00 @ 1 sandwich	658.38	3.99	5.45	579.16	35.89	49.06	69.87	19.95	0.00	5.99	378.78*	0.00	0.00*	-*	-*	0.00	-*	-*	-*	-*	-*	59.81	-*	5.35
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M53347 SDW BD, SB WG 2.0

1.00 @ 1 sandwich	558.71	3.99	6.42	579.16	35.89	57.81	43.95	19.95	0.00	5.99	378.78*	0.00	0.00*	-*	-*	0.00	-*	-*	-*	-*	-*	59.81	-*	5.35
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M53175 VEG: POTATO, Mashed Marg 1/2c

158.00 @ 1/2 cup	95.27	0.82	7.76	100.87	2.90	27.44	15.38	1.71	0.00	0.88	131.00	0.67	0.00*	0.00*	0.20*	10.20	0.00*	0.00*	0.00*	0.00*	0.00*	3.64	0.19*	0.32
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M50186 VEG: BROCCOLI, Fresh 1/2c

46.00 @ 1/2 cup	10.84	0.01	1.03	10.52	0.12	9.79	2.12	0.90	0.00	0.83	100.78	198.68	0.00	0.25	32.40	28.45	0.02	0.04	0.20	0.06	0.00	14.99	21.05	0.23
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M50536 FRUIT: APPLE, 138ct 1/8wg 1/2c

127.00 @ 4 wedge	31.53	0.02	0.50	2.39	0.10	2.95	8.40	0.17	0.00	1.45	67.15	33.13	0.00	0.11	1.32	3.11	0.01	0.02	0.06	0.03	0.00	5.02	6.81	0.07
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M50979 JUICE SS, Apple 100% 4oz Cart

182.00 @ 1 each	60.00	0.00	0.00	15.00	0.00	0.00	14.00	0.00	0.00	0.00	85.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50

33.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00
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M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50

\* Some values for this nutrient are unavailable; the number listed is incomplete.

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Stewarts Creek ES

**Service Area:** Stewarts Creek - K-5 - OVS

**Menu Name:** Stewarts Creek ES 2018-2019 BIC Menu - cycle 3 - week 1

**Avg.Method:** Weighted (USDA Default)

161.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00
M50855 COND PC Ketchup 9g Heinz																								
400.00 @ 1 each	10.00	0.00	0.00	85.00	0.00	0.00	3.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50055 COND PC Mayonnaise 12g																								
15.00 @ 1 each	80.00	1.50	16.87	75.00	8.00	90.00	1.00	0.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50284 COND PC Mustard 6g																								
10.00 @ 1 each	0.00	0.00	-	65.00	0.00	-	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M53222 COND PC Margarine 5g																								
45.00 @ 1 each	30.00	1.00	30.00	30.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	500.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50624 COND PC Drsg Ranch 12g																								
13.00 @ 1 each	50.00	0.00	0.00	100.00	5.00	90.00	1.00	0.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50623 COND PC Drsg Italian 12g																								
10.00 @ 1 each	30.00	0.00	0.00	130.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	100.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50287 COND PC Sauce, BBQ 12g																								
20.00 @ 1 each	15.00	0.00	0.00	160.00	0.00	0.00	4.00	0.00	0.00	0.00	-*	100.00	-*	-*	-*	0.60	-*	-*	-*	-*	-*	0.00	-*	0.00
<b>Average</b>	669.21	4.61	6.2	969.38	22.94	30.86	87.44	27.12	30.74	6.89	256*	689.59	0*	.12*	7.75*	16.51	.01*	.02*	.08*	.03*	0*	333.36	8.55*	3.46

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Stewarts Creek ES

**Service Area:** Stewarts Creek - K-5 - OVS

**Menu Name:** Stewarts Creek ES 2018-2019 BIC Menu - cycle 3 - week 1

**Avg.Method:** Weighted (USDA Default)

**Age Group:** **Period:** ASSP **Week:** 1 **Day:** Monday **Count Type:** Forecasted **Total No. of Customers:** 13

Weekly Std.	SFA		Na (mg)	Fat		CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)
	CAL	(g)		% of CAL	(g)																		
M50348 BRD: CRACK SS, GOLDFISH CHEDDAR .75OZWG	100.00	0.50	4.50	170.00	4.00	36.00	14.00	2.00	0.00	1.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	20.00	-*	0.72
M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	300.00	-*	0.00
<b>Average</b>	210	2	8.57	300	6.5	27.86	27	10	10	1	-*	500	-*	-*	-*	2.4	-*	-*	-*	-*	320	-*	.72

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**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Stewarts Creek ES

**Service Area:** Stewarts Creek - K-5 - OVS

**Menu Name:** Stewarts Creek ES 2018-2019 BIC Menu - cycle 3 - week 1

**Avg.Method:** Weighted (USDA Default)

**Age Group:** Brkfst Grades K-5      **Period:** Breakfast      **Week:** 1      **Day:** Tuesday      **Count Type:** Forecasted      **Total No. of Customers:** 274

Weekly Std.	SFA		Na (mg)	Fat		CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)	
	CAL	% of CAL		% of CAL	% of CAL																			
M66454 BRD: CRESCENT AP, FILLED CHOCOLATE WG IW	350.00-500.00		540.00																					
237.00 @ 1 pouch	230.00	1.50	5.87	270.00	8.00	31.30	37.00	6.00	0.00	2.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	20.00	-*	1.44
M67177 FRUIT: CUP SS, PEACHES DCD SHLF-STBL 1/2C																								
113.00 @ 1 each	60.00	0.00	0.00	5.00	0.00	0.00	15.00	0.00	0.00	1.00	87.00	-*	0.00	-*	-*	-*	-*	-*	-*	-*	-*	6.00	-*	0.10
M50979 JUICE SS, Apple 100% 4oz Cart																								
223.00 @ 1 each	60.00	0.00	0.00	15.00	0.00	0.00	14.00	0.00	0.00	0.00	85.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M51241 BRD: ROLL AP, CinnMini WG IW																								
37.00 @ 1 pouch	240.00	2.00	7.50	300.00	8.00	30.00	40.00	5.00	0.00	2.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	40.00	-*	1.44
M67177 FRUIT: CUP SS, PEACHES DCD SHLF-STBL 1/2C																								
37.00 @ 1 each	60.00	0.00	0.00	5.00	0.00	0.00	15.00	0.00	0.00	1.00	87.00	-*	0.00	-*	-*	-*	-*	-*	-*	-*	-*	6.00	-*	0.10
M50979 JUICE SS, Apple 100% 4oz Cart																								
37.00 @ 1 each	60.00	0.00	0.00	15.00	0.00	0.00	14.00	0.00	0.00	0.00	85.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50																								
37.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00
M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50																								
15.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00
M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50																								
203.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00
<b>Average</b>	430.92	1.85	3.87	449.06	8.47	17.7	76.19	13.31	5.6	2.55	128.28*	465.33*	0*	-*	-*	1.34*	-*	-*	-*	-*	-*	305.18	-*	1.49

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**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Stewarts Creek ES

**Service Area:** Stewarts Creek - K-5 - OVS

**Menu Name:** Stewarts Creek ES 2018-2019 BIC Menu - cycle 3 - week 1

**Avg.Method:** Weighted (USDA Default)

**Age Group:** Lunch Grades K-5      **Period:** Lunch      **Week:** 1      **Day:** Tuesday      **Count Type:** Forecasted      **Total No. of Customers:** 231

Weekly Std.	SFA		Na (mg)	Fat		CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)	
	CAL	% of CAL		% of CAL	% of CAL																			
550.00-650.00		10.00	1230.00																					

M51417 BURG, Beef AP WG 2.0

40.00 @ 1 each	240.00	2.00	7.50	345.00	7.00	26.25	29.00	16.00	25.00	2.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	60.00	-*	2.88
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M50821 BURG, Beef AM AP WG 2.25

103.00 @ 1 each	285.00	4.25	13.42	545.00	10.50	33.16	29.50	18.50	37.50	2.00	-*	100.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	135.00	-*	2.88
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M54370 BURG, BLACK BEAN AP WG 2.0

5.00 @ 1 each	300.00	1.00	3.00	710.00	9.00	27.00	42.00	19.00	5.00	7.00	280.00*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	80.00	-*	2.16
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M51072 PASTA, Spaghetti WG 1c

73.00 @ 1 cup	212.58	0.25	1.05	14.19	3.77	15.94	40.50	7.09	0.00	5.06	298.33	0.00	0.00*	0.00*	0.00*	0.00	0.00*	0.00*	0.00*	0.00*	0.00*	34.44	0.00*	2.73
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M55223 CHIX MEATBALL, AP (5) 2.0

73.00 @ 5 each	174.99	3.33	17.14	199.99	10.83	55.71	5.83	14.17	58.33	0.83	-*	83.33	-*	-*	-*	0.00	-*	-*	-*	-*	-*	33.33	-*	1.20
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M66192 SAUCE P, TOM SC

73.00 @ 1/2 cup	36.56	0.05	1.11	7.79	0.31	7.55	8.14	1.49	0.00	1.91	14.90*	473.73	0.00*	0.00*	0.37*	18.83	0.00*	0.00*	0.01*	0.01*	0.00*	17.23	2.89*	0.82
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M53760 SALAD, Frt CHCube Yog 2.0 summ

13.00 @ 1 each	246.47	8.07	29.48	352.40	12.74	46.52	21.54	13.77	36.25	2.23	231.21*	1963.16	20.01*	0.23*	22.09*	6.47	0.06*	0.05*	0.25*	0.09*	0.00*	393.52	16.05*	0.98
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M51680 BRD: ROLL DG, WG 2.5oz

11.00 @ 1 each	170.00	0.50	2.65	135.00	3.00	15.88	28.00	7.00	0.00	3.40	-*	0.01	-*	-*	-*	0.01	-*	-*	-*	-*	-*	12.70	-*	0.85
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M53347 SDW BD, SB WG 2.0

1.00 @ 1 sandwich	558.71	3.99	6.42	579.16	35.89	57.81	43.95	19.95	0.00	5.99	378.78*	0.00	0.00*	-*	-*	0.00	-*	-*	-*	-*	-*	59.81	-*	5.35
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M50412 COND\_Pickle, Dill Slice 3ea

93.00 @ 3 slice	2.43	0.01	4.72	243.11	0.07	25.17	0.36	0.10	0.00	0.21	-*	0.00	-*	-*	-*	0.32	-*	-*	-*	-*	-*	12.97	-*	0.08
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M52174 VEG: POTATO SWT, TATER BITES 1/2C

65.00 @ 1/2 cup	146.24	0.00	0.00	224.98	3.94	24.23	25.87	1.13	0.00	2.25	191.24	3374.77	-*	-*	-*	4.05	-*	-*	-*	-*	-*	22.50	-*	0.40
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M50549 FRUIT: WATERMELON, Fresh 1/2c

138.00 @ 1/2 cup	27.28	0.01	0.48	0.91	0.14	4.50	6.87	0.55	0.00	0.36	101.86	517.50	0.00	0.05	0.09	7.37	0.03	0.02	0.16	0.04	0.00	6.37	10.00	0.22
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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Stewarts Creek ES

**Service Area:** Stewarts Creek - K-5 - OVS

**Menu Name:** Stewarts Creek ES 2018-2019 BIC Menu - cycle 3 - week 1

**Avg.Method:** Weighted (USDA Default)

M51110 FRUIT: ORANGE Mand w/Jc 1/2c

121.00 @ 1/2 cup	51.73	0.00	0.00	6.26	0.03	0.44	12.19	0.70	0.00	0.94	-*	710.52	-*	-*	-*	37.06	-*	-*	-*	-*	-*	13.15	-*	0.43
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M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50

37.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00
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M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50

172.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00
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M50855 COND PC Ketchup 9g Heinz

350.00 @ 1 each	10.00	0.00	0.00	85.00	0.00	0.00	3.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50055 COND PC Mayonnaise 12g

16.00 @ 1 each	80.00	1.50	16.87	75.00	8.00	90.00	1.00	0.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50284 COND PC Mustard 6g

15.00 @ 1 each	0.00	0.00	-	65.00	0.00	-	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50624 COND PC Drsg Ranch 12g

30.00 @ 1 each	50.00	0.00	0.00	100.00	5.00	90.00	1.00	0.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50623 COND PC Drsg Italian 12g

5.00 @ 1 each	30.00	0.00	0.00	130.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	100.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50287 COND PC Sauce, BBQ 12g

10.00 @ 1 each	15.00	0.00	0.00	160.00	0.00	0.00	4.00	0.00	0.00	0.00	-*	100.00	-*	-*	-*	0.60	-*	-*	-*	-*	-*	0.00	-*	0.00
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M51445 VEG GARN: Rom Leaf/Tom Sl

23.00 @ 1 serving	4.96	0.01	1.72	1.84	0.07	12.86	1.02	0.30	0.00	0.47	68.61	1352.71	0.00	0.09	15.65	2.51	0.02	0.01	0.13	0.02	0.00	6.10	7.65	0.18
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M50412 COND\_Pickle, Dill Slice 3ea

93.00 @ 3 slice	2.43	0.01	4.72	243.11	0.07	25.17	0.36	0.10	0.00	0.21	-*	0.00	-*	-*	-*	0.32	-*	-*	-*	-*	-*	12.97	-*	0.08
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<b>Average</b>	556.01	4.27	6.91	995.88	14.75	23.87	79.15	28.17	47.95	5.73	241.2*	2555.62	1.13*	.05*	2.97*	33.08	.02*	.02*	.13*	.03*	0*	421.69	8.56*	4
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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Stewarts Creek ES

**Service Area:** Stewarts Creek - K-5 - OVS

**Menu Name:** Stewarts Creek ES 2018-2019 BIC Menu - cycle 3 - week 1

**Avg.Method:** Weighted (USDA Default)

**Age Group:**                                      **Period:** ASSP                                      **Week:** 1                                      **Day:** Tuesday                                      **Count Type:** Forecasted                                      **Total No. of Customers:** 25

	CAL	SFA		Na	Fat		CHO	Pro	Chol	Fiber	K	Vit A	Vit D	Vit E	Vit K	Vit C	Vit B1	Vit B2	Vit B3	Vit B6	Vit B12	Ca	P	Fe	
		(g)	% of CAL	(mg)	(g)	% of CAL	(g)	(g)	(mg)	(g)	(mg)	(IU)	(IU)	(mg)	(mcg)	(mg)	(mg)	(mg)	(mg)	(mg)	(mcg)	(mg)	(mg)	(mg)	
<b>Weekly Std.</b>	-																								
M53799 FRUIT: APPLE, Slcd IW 2oz																									
25.00 @ 1 each	30.00	0.00	0.00	0.00	0.00	0.00	7.00	0.00	0.00	1.00	-*	0.00	-*	-*	-*	21.00	-*	-*	-*	-*	-*	0.00	-*	0.00	
M53626 CHEESE, CH CUBES RF IW 1.0																									
25.00 @ 1 each	90.00	4.50	45.00	190.01	7.00	70.00	0.00	7.00	20.00	0.00	0.00	300.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	200.01	-*	0.00	
<b>Average</b>	120	4.5	33.75	190.01	7	52.5	7	7	20	1	0*	300.01	-*	-*	-*	21	-*	-*	-*	-*	-*	200.01	-*	0	

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Stewarts Creek ES

**Service Area:** Stewarts Creek - K-5 - OVS

**Menu Name:** Stewarts Creek ES 2018-2019 BIC Menu - cycle 3 - week 1

**Avg.Method:** Weighted (USDA Default)

**Age Group:** Brkfst Grades K-5      **Period:** Breakfast      **Week:** 1      **Day:** Wednesday      **Count Type:** Forecasted      **Total No. of Customers:** 264

Weekly Std.	SFA		Na (mg)	Fat		CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)	
	CAL	(g)		% of CAL	(g)																			% of CAL
	350.00-500.00		10.00	540.00																				
M51539 BRD: BAR, Cereal Trix WG IW																								
227.00 @ 1 each	150.00	0.50	3.00	100.00	3.50	21.00	30.00	2.00	0.00	2.00	-*	100.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	200.00	-*	1.80
M51994 CHEESE, COLBY JK Stick 1ea 1.0																								
227.00 @ 1 stick	90.00	4.00	40.00	200.01	6.00	60.00	0.00	7.00	20.00	0.00	0.00	200.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	200.01	-*	0.00
M50534 FRUIT: ORANGE 138ct 1/8wg 1/2c																								
165.00 @ 8 wedge	46.96	0.01	0.29	0.00	0.12	2.30	11.74	0.94	0.00	2.40	180.86	224.82	0.00	0.18	0.00	53.16	0.09	0.04	0.28	0.06	0.00	39.97	13.99	0.10
M50722 FRUIT: RAISINS, SS BOX																								
45.00 @ 1 each	127.15	0.02	0.17	4.68	0.20	1.38	33.67	1.31	0.00	1.57	318.51	0.00	0.00	0.05	1.49	0.98	0.05	0.05	0.33	0.07	0.00	21.26	42.95	0.80
M51320 CEREAL BWL, Rice Krispies WG																								
37.00 @ 1 bowl	100.00	0.00	0.00	170.00	0.50	4.50	23.00	2.00	0.00	1.00	-*	1000.03	-*	-*	-*	12.00	-*	-*	-*	-*	-*	0.00	-*	8.10
M51994 CHEESE, COLBY JK Stick 1ea 1.0																								
37.00 @ 1 stick	90.00	4.00	40.00	200.01	6.00	60.00	0.00	7.00	20.00	0.00	0.00	200.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	200.01	-*	0.00
M50722 FRUIT: RAISINS, SS BOX																								
37.00 @ 1 each	127.15	0.02	0.17	4.68	0.20	1.38	33.67	1.31	0.00	1.57	318.51	0.00	0.00	0.05	1.49	0.98	0.05	0.05	0.33	0.07	0.00	21.26	42.95	0.80
M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50																								
37.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00
M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50																								
11.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00
M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50																								
199.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00
<b>Average</b>	412.3	4.72	10.3	470.59	9.67	21.11	64.26	17.48	25.59	3.85	211.97*	1034.47	0*	.13*	.46*	37.58	.07*	.04*	.28*	.06*	0*	684.25	22.08*	2.99

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Stewarts Creek ES

**Service Area:** Stewarts Creek - K-5 - OVS

**Menu Name:** Stewarts Creek ES 2018-2019 BIC Menu - cycle 3 - week 1

**Avg.Method:** Weighted (USDA Default)

**Age Group:** Lunch Grades K-5      **Period:** Lunch      **Week:** 1      **Day:** Wednesday      **Count Type:** Forecasted      **Total No. of Customers:** 214

Weekly Std.	SFA		Na (mg)	Fat		CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)	
	CAL	(g)		% of CAL	(g)																			% of CAL
	550.00-650.00		10.00	1230.00																				

M50851 SDW BN, CHIXPTY PLN WG/WG 2.0

126.00 @ 1 sandwich	340.00	2.00	5.29	750.01	12.00	31.76	39.00	21.00	45.00	3.00	-*	100.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	60.00	-*	3.24
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M53077 ENT: PASTA, MAC&CHZ SC WG 2.0 (1BG)

77.00 @ 6 fl oz	339.39	11.21	29.74	818.91	18.22	48.31	27.20	16.94	59.56	2.79	163.39*	536.13	0.00*	0.05*	0.54*	0.04	0.02*	0.01*	0.15*	0.01*	0.01*	410.41	8.00*	1.71
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M51831 BRD: BRDSTK DG, RIPSTK 1EA (1BG)

77.00 @ 1 each	80.00	0.00	0.00	95.00	1.00	11.25	15.00	3.00	0.00	2.00	-*	0.09	-*	-*	-*	0.00	-*	-*	-*	-*	-*	7.27	-*	0.71
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M50962 SDW BD, SBJ WG 2.0

15.00 @ 1 sandwich	658.38	3.99	5.45	579.16	35.89	49.06	69.87	19.95	0.00	5.99	378.78*	0.00	0.00*	-*	-*	0.00	-*	-*	-*	-*	-*	59.81	-*	5.35
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M50187 VEG: BROCCOLI, Frz Chpd 1/2c

37.00 @ 1/2 cup	24.11	0.02	0.58	9.47	0.10	3.86	4.61	2.67	0.00	2.58	122.27	870.53	0.00	1.14	75.86	34.53	0.05	0.07	0.39	0.11	0.00	28.42	42.19	0.53
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M50431 VEG: CARROTS, Fresh Baby 1/2c

78.00 @ 1/2 cup	24.80	0.02	0.59	55.28	0.09	3.34	5.84	0.45	0.00	2.06	167.96	9772.87	0.00	-*	6.66	1.84	0.02	0.03	0.39	0.07	0.00	22.68	19.84	0.63
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M50534 FRUIT: ORANGE 138ct 1/8wg 1/2c

124.00 @ 8 wedge	46.96	0.01	0.29	0.00	0.12	2.30	11.74	0.94	0.00	2.40	180.86	224.82	0.00	0.18	0.00	53.16	0.09	0.04	0.28	0.06	0.00	39.97	13.99	0.10
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M50980 JUICE SS, Frt Bld 100% 4oz Crt

178.00 @ 1 each	60.00	0.00	0.00	10.00	0.00	0.00	14.00	0.00	0.00	0.00	100.00	0.00	-*	-*	-*	3.60	-*	-*	-*	-*	-*	0.00	-*	0.00
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M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50

31.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00
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M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50

170.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00
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M50855 COND PC Ketchup 9g Heinz

275.00 @ 1 each	10.00	0.00	0.00	85.00	0.00	0.00	3.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50055 COND PC Mayonnaise 12g

\* Some values for this nutrient are unavailable; the number listed is incomplete.

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Stewarts Creek ES

**Service Area:** Stewarts Creek - K-5 - OVS

**Menu Name:** Stewarts Creek ES 2018-2019 BIC Menu - cycle 3 - week 1

**Avg.Method:** Weighted (USDA Default)

20.00 @ 1 each	80.00	1.50	16.87	75.00	8.00	90.00	1.00	0.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50284 COND PC Mustard 6g																								
10.00 @ 1 each	0.00	0.00	-	65.00	0.00	-	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M53222 COND PC Margarine 5g																								
20.00 @ 1 each	30.00	1.00	30.00	30.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	500.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50624 COND PC Drsg Ranch 12g																								
14.00 @ 1 each	50.00	0.00	0.00	100.00	5.00	90.00	1.00	0.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50623 COND PC Drsg Italian 12g																								
20.00 @ 1 each	30.00	0.00	0.00	130.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	100.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50287 COND PC Sauce, BBQ 12g																								
10.00 @ 1 each	15.00	0.00	0.00	160.00	0.00	0.00	4.00	0.00	0.00	0.00	-*	100.00	-*	-*	-*	0.60	-*	-*	-*	-*	-*	0.00	-*	0.00
<b>Average</b>	628.74	5.96	8.53	1151.2	18.62	26.65	86.44	29.62	54.14	6.5	355.67*	4625.06	0*	.32*	15.74*	41.78	.07*	.05*	.43*	.08*	0*	507.92	25.51*	3.53

\* Some values for this nutrient are unavailable; the number listed is incomplete.

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Stewarts Creek ES

**Service Area:** Stewarts Creek - K-5 - OVS

**Menu Name:** Stewarts Creek ES 2018-2019 BIC Menu - cycle 3 - week 1

**Avg.Method:** Weighted (USDA Default)

**Age Group:** **Period:** ASSP **Week:** 1 **Day:** Wednesday **Count Type:** Forecasted **Total No. of Customers:** 34

Weekly Std.	SFA		Na (mg)	Fat		CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)	
	CAL	(g)		% of CAL	(g)																			% of CAL
-																								

M51267 BRD: MUF AP, BLUEBRY 2OZ IW WG (1BG)

34.00 @ 1 muffin	190.00	2.00	9.47	130.00	6.00	28.42	31.00	3.00	40.00	2.00	-*	100.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	20.00	-*	0.72
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M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50

34.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00
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<b>Average</b>	300	3.5	10.5	260	8.5	25.5	44	11	50	2	-*	600	-*	-*	-*	2.4	-*	-*	-*	-*	-*	320	-*	.72
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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Stewarts Creek ES

**Service Area:** Stewarts Creek - K-5 - OVS

**Menu Name:** Stewarts Creek ES 2018-2019 BIC Menu - cycle 3 - week 1

**Avg.Method:** Weighted (USDA Default)

**Age Group:** Brkfst Grades K-5      **Period:** Breakfast      **Week:** 1      **Day:** Thursday      **Count Type:** Forecasted      **Total No. of Customers:** 268

Weekly Std.	SFA		Na (mg)	Fat		CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)	
	CAL	(g)		% of CAL	(g)																			% of CAL
	350.00-500.00		10.00	540.00																				
M54739 BRD: CRACK SS, GRIPZ GRAHAM BITES CINN WG	229.00 @ 1 package	100.00	1.00	9.00	80.00	3.00	27.00	19.00	2.00	0.00	3.00	-*	749.99	-*	-*	-*	0.00	-*	-*	-*	-*	100.00	-*	0.72
M50792 YOGURT SS, Trix Strawb/Ban 4oz	229.00 @ 1 each	80.00	0.00	0.00	60.00	0.50	5.63	15.00	4.00	5.00	0.00	140.00	500.04	-*	-*	-*	0.00	-*	-*	-*	-*	100.01	-*	0.00
M54635 FRUIT: CUP SS, APPLESC STRAWBERRY SHLF-STBL 1/2C	60.00 @ 1 each	50.00	0.00	0.00	0.00	0.00	0.00	14.00	0.00	0.00	1.00	94.00	-*	-*	-*	-*	-*	-*	-*	-*	-*	5.00	-*	0.00
M50982 JUICE SS, ORANGE 100% 4 FLOZ	222.00 @ 1 each	51.44	0.00	0.00	15.43	0.00	0.00	12.35	1.03	0.00	0.00	-*	0.00	-*	-*	-*	43.21	-*	-*	-*	-*	0.00	-*	0.00
M50439 CEREAL BWL, Cheerios WG	39.00 @ 1 bowl	100.00	0.50	4.50	140.00	2.00	18.00	20.00	3.00	0.00	3.00	-*	500.01	-*	-*	-*	6.00	-*	-*	-*	-*	100.00	-*	8.10
M50792 YOGURT SS, Trix Strawb/Ban 4oz	39.00 @ 1 each	80.00	0.00	0.00	60.00	0.50	5.63	15.00	4.00	5.00	0.00	140.00	500.04	-*	-*	-*	0.00	-*	-*	-*	-*	100.01	-*	0.00
M54635 FRUIT: CUP SS, APPLESC STRAWBERRY SHLF-STBL 1/2C	39.00 @ 1 each	50.00	0.00	0.00	0.00	0.00	0.00	14.00	0.00	0.00	1.00	94.00	-*	-*	-*	-*	-*	-*	-*	-*	-*	5.00	-*	0.00
M50982 JUICE SS, ORANGE 100% 4 FLOZ	39.00 @ 1 each	51.44	0.00	0.00	15.43	0.00	0.00	12.35	1.03	0.00	0.00	-*	0.00	-*	-*	-*	43.21	-*	-*	-*	-*	0.00	-*	0.00
M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50	39.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	300.00	-*	0.00
M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50	16.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	300.00	-*	0.00
M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50	207.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	300.00	-*	0.00
<b>Average</b>		363.83	1.24	3.06	329.47	3.87	9.57	69.46	14.97	10.91	3.37	174.72*	1702.47*	-*	-*	-*	44.37*	-*	-*	-*	-*	495.14	-*	1.79

\* Some values for this nutrient are unavailable; the number listed is incomplete.

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Stewarts Creek ES

**Service Area:** Stewarts Creek - K-5 - OVS

**Menu Name:** Stewarts Creek ES 2018-2019 BIC Menu - cycle 3 - week 1

**Avg.Method:** Weighted (USDA Default)

**Age Group:** Lunch Grades K-5      **Period:** Lunch      **Week:** 1      **Day:** Thursday      **Count Type:** Forecasted      **Total No. of Customers:** 220

Weekly Std.	SFA		Na (mg)	Fat		CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)	
	CAL	(g)		% of CAL	(g)																			% of CAL
	550.00-650.00		10.00	1230.00																				

M51338 MELT BD, AM Bacon WG 2.0

113.00 @ 1 sandwich	424.23	12.27	26.03	1426.72	22.48	47.69	32.73	21.40	71.52	2.00	-*	500.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	375.00	-*	2.24
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M66531 TACO BFGD SOFT SC WG 2.0 2EA

84.00 @ 2 each	363.35	6.65	16.47	435.82	16.56	41.01	30.91	22.50	55.38	2.54	230.69*	1569.11	0.91*	0.15*	15.50*	3.05	0.03*	0.10*	2.94*	0.21*	1.27*	240.13	115.08*	3.28
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M52182 SALAD, CHam Tky Chef SC W 2.25

27.00 @ 1 each	170.32	4.10	21.69	367.31	9.52	50.28	5.76	15.33	134.90	1.26	146.57*	5233.02	0.00*	0.12*	43.60*	7.46	0.04*	0.04*	0.25*	0.06*	0.00*	141.18	17.48*	1.24
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M51680 BRD: ROLL DG, WG 2.5oz

27.00 @ 1 each	170.00	0.50	2.65	135.00	3.00	15.88	28.00	7.00	0.00	3.40	-*	0.01	-*	-*	-*	0.01	-*	-*	-*	-*	-*	12.70	-*	0.85
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M67887 VEG: BEANS, PINTO CHARRO 1/2C

39.00 @ 1/2 cup	116.10	0.26	1.99	131.24	0.90	6.99	19.82	7.19	0.83	6.10	362.07*	81.59*	3.10*	0.06*	1.32*	1.37*	0.01*	0.00*	0.07*	0.01*	0.00*	68.18	4.04*	1.98
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M52770 VEG: CELERY, Sticks 1/2c

52.00 @ 1/2 cup	9.92	0.03	2.36	49.61	0.11	9.56	1.84	0.43	0.00	0.99	161.23	278.43	0.00	0.17	18.17	1.92	0.01	0.04	0.20	0.05	0.00	24.80	14.88	0.12
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M50529 FRUIT: GRAPES, Fresh 1/2c

112.00 @ 1/2 cup	56.80	0.10	1.53	1.70	0.30	4.70	14.54	0.53	0.00	0.76	161.94	84.78	0.00	0.16	12.38	3.39	0.08	0.05	0.25	0.09	0.00	11.87	8.48	0.25
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M53549 FRUIT: APPLESAUCE, Unswt AP1/2c

135.00 @ 1/2 cup	52.77	0.00	0.00	10.55	0.00	0.00	13.72	0.00	0.00	2.11	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50

34.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00
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M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50

170.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00
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M50855 COND PC Ketchup 9g Heinz

100.00 @ 1 each	10.00	0.00	0.00	85.00	0.00	0.00	3.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50055 COND PC Mayonnaise 12g

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Stewarts Creek ES

**Service Area:** Stewarts Creek - K-5 - OVS

**Menu Name:** Stewarts Creek ES 2018-2019 BIC Menu - cycle 3 - week 1

**Avg.Method:** Weighted (USDA Default)

5.00 @ 1 each	80.00	1.50	16.87	75.00	8.00	90.00	1.00	0.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50284 COND PC Mustard 6g																								
5.00 @ 1 each	0.00	0.00	-	65.00	0.00	-	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M53222 COND PC Margarine 5g																								
45.00 @ 1 each	30.00	1.00	30.00	30.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	500.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50624 COND PC Drsg Ranch 12g																								
20.00 @ 1 each	50.00	0.00	0.00	100.00	5.00	90.00	1.00	0.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50623 COND PC Drsg Italian 12g																								
15.00 @ 1 each	30.00	0.00	0.00	130.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	100.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50056 COND PC Sauce, Taco 9g																								
20.00 @ 1 each	5.00	0.00	0.00	55.00	0.00	0.00	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50287 COND PC Sauce, BBQ 12g																								
15.00 @ 1 each	15.00	0.00	0.00	160.00	0.00	0.00	4.00	0.00	0.00	0.00	-*	100.00	-*	-*	-*	0.60	-*	-*	-*	-*	-*	0.00	-*	0.00
M50407 COND_Salsa, AP 1/8c																								
25.00 @ 1/8 cup	10.25	0.00	0.00	174.23	0.00	0.00	2.05	0.00	0.00	0.00	0.00	102.49	-*	-*	-*	3.69	-*	-*	-*	-*	-*	0.00	-*	0.00
<b>Average</b>	614.09	9.98	14.62	1264	21.58	31.63	72.09	31.39	80.56	5.57	290.8*	2212.8*	.9*	.2*	22.1*	6.26*	.06*	.08*	1.34*	.15*	.48*	605.36	54.63*	3.17

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Stewarts Creek ES

**Service Area:** Stewarts Creek - K-5 - OVS

**Menu Name:** Stewarts Creek ES 2018-2019 BIC Menu - cycle 3 - week 1

**Avg.Method:** Weighted (USDA Default)

**Age Group:** **Period:** ASSP **Week:** 1 **Day:** Thursday **Count Type:** Forecasted **Total No. of Customers:** 16

Weekly Std.	SFA		Na (mg)	Fat		CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)	
	CAL (g)	% of CAL		% of CAL	% of CAL																			
M51634 BRD: CRACK SS, ScoobyDoo CinWG	120.00	1.00	7.50	115.00	3.50	26.25	21.00	2.00	0.00	1.00	-*	500.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	100.00	-*	0.72
M50979 JUICE SS, Apple 100% 4oz Cart	60.00	0.00	0.00	15.00	0.00	0.00	14.00	0.00	0.00	0.00	85.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
<b>Average</b>	180	1	5	130	3.5	17.5	35	2	0	1	85*	500.01	-*	-*	-*	0	-*	-*	-*	-*	-*	100	-*	.72

\* Some values for this nutrient are unavailable; the number listed is incomplete.

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Stewarts Creek ES

**Service Area:** Stewarts Creek - K-5 - OVS

**Menu Name:** Stewarts Creek ES 2018-2019 BIC Menu - cycle 3 - week 1

**Avg.Method:** Weighted (USDA Default)

**Age Group:** Brkfst Grades K-5      **Period:** Breakfast      **Week:** 1      **Day:** Friday      **Count Type:** Forecasted      **Total No. of Customers:** 255

Weekly Std.	SFA		Na (mg)	Fat		CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)	
	CAL	% of CAL		% of CAL	% of CAL																			
M52006 SDW BN AP, Tky Ssg WG IW 1.0	350.00-500.00		540.00																					
216.00 @ 1 each	160.00	1.50	8.44	370.01	5.00	28.13	18.00	10.00	25.00	2.00	-*	0.00	-*	-*	-*	6.00	-*	-*	-*	-*	20.00	-*	1.44	
M50543 FRUIT: BANANA (100-120ct) Whl																								
190.00 @ 1 each	93.95	0.12	1.13	1.06	0.35	3.34	24.11	1.15	0.00	2.74	377.91	67.56	0.00	0.11	0.53	9.18	0.03	0.08	0.70	0.39	0.00	5.28	23.22	0.27
M67264 FRUIT: CRAISINS, SS WATERMELON 1.16OZ																								
25.00 @ 1 package	110.00	0.00	0.00	0.00	0.00	0.00	28.00	0.00	0.00	3.00	-*	-*	-*	-*	-*	-*	-*	-*	-*	-*	0.00	-*	0.00	
M52006 SDW BN AP, Tky Ssg WG IW 1.0																								
39.00 @ 1 each	160.00	1.50	8.44	370.01	5.00	28.13	18.00	10.00	25.00	2.00	-*	0.00	-*	-*	-*	6.00	-*	-*	-*	-*	20.00	-*	1.44	
M53799 FRUIT: APPLE, Sld IW 2oz																								
39.00 @ 1 each	30.00	0.00	0.00	0.00	0.00	0.00	7.00	0.00	0.00	1.00	-*	0.00	-*	-*	-*	21.00	-*	-*	-*	-*	0.00	-*	0.00	
M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50																								
39.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	300.00	-*	0.00	
M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50																								
11.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	300.00	-*	0.00	
M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50																								
194.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	300.00	-*	0.00	
<b>Average</b>	358.24	1.88	4.73	533.23	5.75	14.45	57.55	18.51	30.77	4.49	281.58*	528.77*	0*	.08*	.39*	17.44*	.02*	.06*	.52*	.29*	0*	310.99	17.3*	1.64

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Stewarts Creek ES

**Service Area:** Stewarts Creek - K-5 - OVS

**Menu Name:** Stewarts Creek ES 2018-2019 BIC Menu - cycle 3 - week 1

**Avg.Method:** Weighted (USDA Default)

**Age Group:** Lunch Grades K-5      **Period:** Lunch      **Week:** 1      **Day:** Friday      **Count Type:** Forecasted      **Total No. of Customers:** 238

Weekly Std.	SFA		Na (mg)	Fat		CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)	
	CAL	(g)		% of CAL	(g)																			% of CAL
	550.00-650.00		10.00	1230.00																				

M51578 PIZZA 16" CHZ WG 2.0

99.00 @ 1/8 cut	351.26	7.50	19.22	810.04	15.50	39.72	30.88	19.38	30.00	3.25	-*	403.18	-*	-*	-*	0.90	-*	-*	-*	-*	-*	419.72	-*	1.13
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M53000 PIZZA 16" Pepperoni WG 2.0

122.00 @ 1/8 cut	388.76	9.00	20.84	937.54	19.00	43.99	31.13	20.88	37.50	3.25	-*	403.18	-*	-*	-*	0.90	-*	-*	-*	-*	-*	419.72	-*	1.22
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M51851 SDW BD, CHam AM WG 2.0

18.00 @ 1 sandwich	350.00	6.38	16.39	1032.50	14.63	37.61	33.50	21.00	75.00	2.00	-*	200.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	150.00	-*	2.61
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M51425 VEG: SQUASH, Zucc FrshRst 1/2c

36.00 @ 1/2 cup	13.26	0.06	3.84	2.46	0.28	18.85	2.48	0.94	0.00	0.80	202.50	829.22	0.00	0.09	3.38	9.93	0.03	0.02	0.39	0.07	0.00	16.15	29.48	0.31
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M50823 VEG: TOMATOES, GRAPE 1/2C

52.00 @ 1/2 cup	15.52	0.02	1.40	4.31	0.17	10.00	3.35	0.76	0.00	1.03	204.35	718.25	0.00	0.47	6.81	11.81	0.03	0.02	0.51	0.07	0.00	8.62	20.69	0.23
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M50543 FRUIT: BANANA (100-120ct) Whl

191.00 @ 1 each	93.95	0.12	1.13	1.06	0.35	3.34	24.11	1.15	0.00	2.74	377.91	67.56	0.00	0.11	0.53	9.18	0.03	0.08	0.70	0.39	0.00	5.28	23.22	0.27
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M50982 JUICE SS, ORANGE 100% 4 FLOZ

211.00 @ 1 each	51.44	0.00	0.00	15.43	0.00	0.00	12.35	1.03	0.00	0.00	-*	0.00	-*	-*	-*	43.21	-*	-*	-*	-*	-*	0.00	-*	0.00
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M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50

34.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00
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M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50

184.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00
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M50855 COND PC Ketchup 9g Heinz

50.00 @ 1 each	10.00	0.00	0.00	85.00	0.00	0.00	3.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50055 COND PC Mayonnaise 12g

15.00 @ 1 each	80.00	1.50	16.87	75.00	8.00	90.00	1.00	0.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50284 COND PC Mustard 6g

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Stewarts Creek ES

**Service Area:** Stewarts Creek - K-5 - OVS

**Menu Name:** Stewarts Creek ES 2018-2019 BIC Menu - cycle 3 - week 1

**Avg.Method:** Weighted (USDA Default)

10.00 @ 1 each	0.00	0.00	-	65.00	0.00	-	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50624 COND PC Drsg Ranch 12g																								
20.00 @ 1 each	50.00	0.00	0.00	100.00	5.00	90.00	1.00	0.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50623 COND PC Drsg Italian 12g																								
15.00 @ 1 each	30.00	0.00	0.00	130.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	100.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50056 COND PC Sauce, Taco 9g																								
20.00 @ 1 each	5.00	0.00	0.00	55.00	0.00	0.00	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50287 COND PC Sauce, BBQ 12g																								
10.00 @ 1 each	15.00	0.00	0.00	160.00	0.00	0.00	4.00	0.00	0.00	0.00	-*	100.00	-*	-*	-*	0.60	-*	-*	-*	-*	-*	0.00	-*	0.00
<b>Average</b>	621.03	8.63	12.51	1122.45	19.12	27.71	81.12	29.82	43.4	5.72	378.56*	1194.57	0*	.2*	2.42*	51.89	.04*	.07*	.73*	.34*	0*	684.44	27.62*	1.61

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Stewarts Creek ES

**Service Area:** Stewarts Creek - K-5 - OVS

**Menu Name:** Stewarts Creek ES 2018-2019 BIC Menu - cycle 3 - week 1

**Avg.Method:** Weighted (USDA Default)

**Age Group:** **Period:** ASSP **Week:** 1 **Day:** Friday **Count Type:** Forecasted **Total No. of Customers:** 18

Weekly Std.	SFA		Na (mg)	Fat		CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)	
	CAL	(g)		% of CAL	(g)																			% of CAL
M51848 BRD: POPTARTS, Straw 1.76oz WG	180.00	1.00	5.00	180.00	2.50	12.50	38.00	2.00	0.00	3.00	-*	500.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	100.00	-*	1.80
M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00
<b>Average</b>	290	2.5	7.76	310	5	15.52	51	10	10	3	-*	1000.01	-*	-*	-*	2.4	-*	-*	-*	-*	-*	400	-*	1.8

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