



# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Flower Mound ES

**Service Area:** Flower Mound - K-5 - OVS

**Menu Name:** Flower Mound ES 2018-2019 Menu w/ESD - cycle 2 - week 5

**Avg.Method:** Weighted (USDA Default)

**Age Group:** Brkfst Grades K-5      **Period:** Breakfast      **Week:** 5      **Day:** Monday      **Count Type:** Forecasted      **Total No. of Customers:** 38

Weekly Std.	SFA		Na (mg)	Fat		CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)	
	CAL	(g)		% of CAL	(g)																			% of CAL
350.00-500.00			540.00																					

M51241 BRD: ROLL AP, CinnMini WG IW

13.00 @ 1 pouch	240.00	2.00	7.50	300.00	8.00	30.00	40.00	5.00	0.00	2.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	40.00	-*	1.44
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M52925 PIZZA AP Tony Bkfst T.Ssg 1.0

14.00 @ 1 each	210.00	2.00	8.57	480.01	7.00	30.00	26.00	9.00	15.00	2.00	240.00	200.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	100.00	-*	1.80
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M52724 BRD: BAR, Cereal CinnTst WG IW

3.00 @ 1 each	150.00	0.00	0.00	115.00	3.50	21.00	30.00	2.00	0.00	3.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	200.00	-*	1.80
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M51320 CEREAL BWL, Rice Krispies WG

2.00 @ 1 bowl	100.00	0.00	0.00	170.00	0.50	4.50	23.00	2.00	0.00	1.00	-*	1000.03	-*	-*	-*	12.00	-*	-*	-*	-*	-*	0.00	-*	8.10
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M50208 CEREAL BWL, CINN TST CRUNCH RS WG

6.00 @ 1 bowl	110.00	0.50	4.09	160.00	3.00	24.54	22.00	1.00	0.00	3.00	-*	400.01	-*	-*	-*	4.80	-*	-*	-*	-*	-*	200.01	-*	3.60
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M50442 CEREAL BWL, Cocoa Puffs RS WG

2.00 @ 1 bowl	110.05	0.00	0.00	160.08	1.50	12.27	25.01	2.00	0.00	2.00	-*	500.25	-*	-*	-*	6.00	-*	-*	-*	-*	-*	100.05	-*	4.50
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M50524 CEREAL BWL, Lucky Charms WG

10.00 @ 1 bowl	110.00	0.00	0.00	180.00	1.00	8.18	23.00	2.00	0.00	2.00	-*	500.01	-*	-*	-*	6.00	-*	-*	-*	-*	-*	100.00	-*	4.50
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M50525 CEREAL BWL, Trix RS WG

1.00 @ 1 bowl	110.00	0.00	0.00	140.00	1.00	8.18	24.00	1.00	0.00	1.00	-*	400.01	-*	-*	-*	4.80	-*	-*	-*	-*	-*	80.00	-*	4.50
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M51994 CHEESE, COLBY JK Stick 1ea 1.0

4.00 @ 1 stick	90.00	4.00	40.00	200.01	6.00	60.00	0.00	7.00	20.00	0.00	0.00	200.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	200.01	-*	0.00
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M51237 BRD: BREAD WG, Tst Marg 1sl

8.00 @ 1 slice	110.00	1.33	10.91	160.00	4.33	35.45	15.00	3.00	0.00	1.00	1.33*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	1.08
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M50536 FRUIT: APPLE, 138ct 1/8wg 1/2c

16.00 @ 4 wedge	31.53	0.02	0.50	2.39	0.10	2.95	8.40	0.17	0.00	1.45	67.15	33.13	0.00	0.11	1.32	3.11	0.01	0.02	0.06	0.03	0.00	5.02	6.81	0.07
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M52271 FRUIT: PEARS, Dice w/Jc 1/2c

\* Some values for this nutrient are unavailable; the number listed is incomplete.

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Flower Mound ES

**Service Area:** Flower Mound - K-5 - OVS

**Menu Name:** Flower Mound ES 2018-2019 Menu w/ESD - cycle 2 - week 5

**Avg.Method:** Weighted (USDA Default)

24.00 @ 1/2 cup	60.66	0.00	0.00	10.11	0.00	0.00	14.15	0.00	0.00	2.02	80.89	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50																								
4.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00
M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50																								
30.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00
M53222 COND PC Margarine 5g																								
1.00 @ 1 each	30.00	1.00	30.00	30.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	500.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50854 COND PC Jelly, #4 Smuckers																								
8.00 @ 1 each	35.00	0.00	0.00	5.00	0.00	0.00	9.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50056 COND PC Sauce, Taco 9g																								
1.00 @ 1 each	5.00	0.00	0.00	55.00	0.00	0.00	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50058 COND PC Syrup 1.4oz Smuckers																								
1.00 @ 1 each	110.00	0.00	0.00	25.00	0.00	0.00	29.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
<b>Average</b>	433.31	2.39	4.97	604.11	8.39	17.43	73.8	14.7	12.63	4.94	168.06*	853.45	0*	.05*	.56*	5.92	0*	.01*	.02*	.01*	0*	423.18	2.87*	4.09

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Flower Mound ES

**Service Area:** Flower Mound - K-5 - OVS

**Menu Name:** Flower Mound ES 2018-2019 Menu w/ESD - cycle 2 - week 5

**Avg.Method:** Weighted (USDA Default)

**Age Group:** Lunch Grades K-5      **Period:** Lunch      **Week:** 5      **Day:** Monday      **Count Type:** Forecasted      **Total No. of Customers:** 163

Weekly Std.	SFA		Na (mg)	Fat		CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)	
	CAL	% of CAL		% of CAL	% of CAL																			
550.00-650.00		10.00	1230.00																					

M52963 CHIX Popcorn, AP WG 2.0

122.00 @ 1 serving	250.19	2.72	9.78	380.72	14.14	50.87	15.23	15.23	21.76	3.26	-*	108.78	-*	-*	-*	0.00	-*	-*	-*	-*	-*	43.51	-*	1.96
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M51831 BRD: BRDSTK DG, RIPSTK 1EA (1BG)

122.00 @ 1 each	80.00	0.00	0.00	95.00	1.00	11.25	15.00	3.00	0.00	2.00	-*	0.09	-*	-*	-*	0.00	-*	-*	-*	-*	-*	7.27	-*	0.71
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M52263 STICKS, CORN DOG CHIX AP WG 2.0

40.00 @ 1 each	240.00	2.50	9.38	390.00	8.00	30.00	30.00	9.00	40.00	5.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	80.01	-*	1.80
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M50962 SDW BD, SBJ WG 2.0

1.00 @ 1 sandwich	658.38	3.99	5.45	579.16	35.89	49.06	69.87	19.95	0.00	5.99	378.78*	0.00	0.00*	-*	-*	0.00	-*	-*	-*	-*	-*	59.81	-*	5.35
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M53347 SDW BD, SB WG 2.0

1.00 @ 1 sandwich	558.71	3.99	6.42	579.16	35.89	57.81	43.95	19.95	0.00	5.99	378.78*	0.00	0.00*	-*	-*	0.00	-*	-*	-*	-*	-*	59.81	-*	5.35
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M51319 VEG: CORN, Fz Seas1/2c

82.00 @ 1/2 cup	92.68	1.25	12.15	146.16	3.47	33.66	15.83	2.09	0.00	1.98	192.58	163.16	0.00*	0.06*	0.33*	2.86	0.02*	0.05*	1.07*	0.08*	0.00*	2.77	64.74*	0.39
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M52540 VEG: SQUASH, Zucc Frsh 1/2c

14.00 @ 1/2 cup	11.40	0.06	4.45	5.36	0.21	16.94	2.08	0.81	0.00	0.67	174.95	134.06	0.00	0.08	2.88	12.00	0.03	0.06	0.30	0.11	0.00	10.72	25.47	0.25
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M50536 FRUIT: APPLE, 138ct 1/8wg 1/2c

48.00 @ 4 wedge	31.53	0.02	0.50	2.39	0.10	2.95	8.40	0.17	0.00	1.45	67.15	33.13	0.00	0.11	1.32	3.11	0.01	0.02	0.06	0.03	0.00	5.02	6.81	0.07
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M50979 JUICE SS, Apple 100% 4oz Cart

92.00 @ 1 each	60.00	0.00	0.00	15.00	0.00	0.00	14.00	0.00	0.00	0.00	85.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50

28.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00
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M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50

114.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00
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M50855 COND PC Ketchup 9g Heinz

90.00 @ 1 each	10.00	0.00	0.00	85.00	0.00	0.00	3.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Flower Mound ES

**Service Area:** Flower Mound - K-5 - OVS

**Menu Name:** Flower Mound ES 2018-2019 Menu w/ESD - cycle 2 - week 5

**Avg.Method:** Weighted (USDA Default)

M50055 COND PC Mayonnaise 12g

10.00 @ 1 each	80.00	1.50	16.87	75.00	8.00	90.00	1.00	0.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50284 COND PC Mustard 6g

5.00 @ 1 each	0.00	0.00	-	65.00	0.00	-	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M53222 COND PC Margarine 5g

70.00 @ 1 each	30.00	1.00	30.00	30.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	500.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50624 COND PC Drsg Ranch 12g

60.00 @ 1 each	50.00	0.00	0.00	100.00	5.00	90.00	1.00	0.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50623 COND PC Drsg Italian 12g

5.00 @ 1 each	30.00	0.00	0.00	130.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	100.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50056 COND PC Sauce, Taco 9g

5.00 @ 1 each	5.00	0.00	0.00	55.00	0.00	0.00	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50287 COND PC Sauce, BBQ 12g

15.00 @ 1 each	15.00	0.00	0.00	160.00	0.00	0.00	4.00	0.00	0.00	0.00	-*	100.00	-*	-*	-*	0.60	-*	-*	-*	-*	-*	0.00	-*	0.00
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**Average**

	551.24	4.12	6.72	813.87	19.67	32.11	67.94	24.24	33.46	6.72	184.31*	847.42	0*	.07*	.8*	4.7	.02*	.04*	.58*	.06*	0*	323.52	36.76*	2.74
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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Flower Mound ES

**Service Area:** Flower Mound - K-5 - OVS

**Menu Name:** Flower Mound ES 2018-2019 Menu w/ESD - cycle 2 - week 5

**Avg.Method:** Weighted (USDA Default)

**Age Group:** Brkfst Grades K-5      **Period:** Breakfast      **Week:** 5      **Day:** Tuesday      **Count Type:** Forecasted      **Total No. of Customers:** 40

Weekly Std.	SFA		Na (mg)	Fat		CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)	
	CAL	% of CAL		% of CAL	% of CAL																			
350.00-500.00		10.00	540.00																					

M54466 BRD: DONUT HOLES, SUGAR CINNAMON WG 6EA (2BG)

25.00 @ 6 each	292.07	6.00	18.49	288.08	14.40	44.38	36.10	4.81	0.00	2.54	1.30*	0.79	0.00*	0.01*	0.08*	0.01	0.00*	0.00*	0.00*	0.00*	0.00*	2.77	0.17*	0.89
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M53307 SDW BISC, CSaus WG 1 (2BG)

8.00 @ 1 sandwich	300.00	8.50	25.50	640.00	15.00	45.00	28.00	15.00	40.00	2.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	150.00	-*	1.80
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M52725 BRD: BAR, Cereal CocoPuf WG IW

1.00 @ 1 each	150.00	0.00	0.00	100.00	3.00	18.00	30.00	3.00	0.00	3.00	-*	100.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	200.00	-*	1.80
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M50208 CEREAL BWL, CINN TST CRUNCH RS WG

7.00 @ 1 bowl	110.00	0.50	4.09	160.00	3.00	24.54	22.00	1.00	0.00	3.00	-*	400.01	-*	-*	-*	4.80	-*	-*	-*	-*	-*	200.01	-*	3.60
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M50442 CEREAL BWL, Cocoa Puffs RS WG

4.00 @ 1 bowl	110.05	0.00	0.00	160.08	1.50	12.27	25.01	2.00	0.00	2.00	-*	500.25	-*	-*	-*	6.00	-*	-*	-*	-*	-*	100.05	-*	4.50
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M50524 CEREAL BWL, Lucky Charms WG

10.00 @ 1 bowl	110.00	0.00	0.00	180.00	1.00	8.18	23.00	2.00	0.00	2.00	-*	500.01	-*	-*	-*	6.00	-*	-*	-*	-*	-*	100.00	-*	4.50
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M50525 CEREAL BWL, Trix RS WG

3.00 @ 1 bowl	110.00	0.00	0.00	140.00	1.00	8.18	24.00	1.00	0.00	1.00	-*	400.01	-*	-*	-*	4.80	-*	-*	-*	-*	-*	80.00	-*	4.50
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M51994 CHEESE, COLBY JK Stick 1ea 1.0

5.00 @ 1 stick	90.00	4.00	40.00	200.01	6.00	60.00	0.00	7.00	20.00	0.00	0.00	200.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	200.01	-*	0.00
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M51237 BRD: BREAD WG, Tst Marg 1sl

12.00 @ 1 slice	110.00	1.33	10.91	160.00	4.33	35.45	15.00	3.00	0.00	1.00	1.33*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	1.08
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M50549 FRUIT: WATERMELON, Fresh 1/2c

22.00 @ 1/2 cup	27.28	0.01	0.48	0.91	0.14	4.50	6.87	0.55	0.00	0.36	101.86	517.50	0.00	0.05	0.09	7.37	0.03	0.02	0.16	0.04	0.00	6.37	10.00	0.22
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M50979 JUICE SS, Apple 100% 4oz Cart

26.00 @ 1 each	60.00	0.00	0.00	15.00	0.00	0.00	14.00	0.00	0.00	0.00	85.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50

6.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00
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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Flower Mound ES

**Service Area:** Flower Mound - K-5 - OVS

**Menu Name:** Flower Mound ES 2018-2019 Menu w/ESD - cycle 2 - week 5

**Avg.Method:** Weighted (USDA Default)

M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50

30.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00
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M53222 COND PC Margarine 5g

3.00 @ 1 each	30.00	1.00	30.00	30.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	500.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50854 COND PC Jelly, #4 Smuckers

1.00 @ 1 each	35.00	0.00	0.00	5.00	0.00	0.00	9.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50056 COND PC Sauce, Taco 9g

1.00 @ 1 each	5.00	0.00	0.00	55.00	0.00	0.00	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50058 COND PC Syrup 1.4oz Smuckers

1.00 @ 1 each	110.00	0.00	0.00	25.00	0.00	0.00	29.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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<b>Average</b>	523.06	6.75	11.61	652.19	15.8	27.19	78.12	16.31	15.75	3.86	112.49*	1075.16	0*	.03*	.1*	8.65	.02*	.01*	.09*	.02*	0*	411.24	5.61*	3.95
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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Flower Mound ES

**Service Area:** Flower Mound - K-5 - OVS

**Menu Name:** Flower Mound ES 2018-2019 Menu w/ESD - cycle 2 - week 5

**Avg.Method:** Weighted (USDA Default)

**Age Group:** Lunch Grades K-5      **Period:** Lunch      **Week:** 5      **Day:** Tuesday      **Count Type:** Forecasted      **Total No. of Customers:** 181

Weekly Std.	SFA		Na (mg)	Fat		CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)	
	CAL	% of CAL		% of CAL	% of CAL																			
550.00-650.00		10.00	1230.00																					

M51417 BURG, Beef AP WG 2.0

26.00 @ 1 each	240.00	2.00	7.50	345.00	7.00	26.25	29.00	16.00	25.00	2.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	60.00	-*	2.88
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M50821 BURG, Beef AM AP WG 2.25

85.00 @ 1 each	285.00	4.25	13.42	545.00	10.50	33.16	29.50	18.50	37.50	2.00	-*	100.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	135.00	-*	2.88
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M54370 BURG, BLACK BEAN AP WG 2.0

4.00 @ 1 each	300.00	1.00	3.00	710.00	9.00	27.00	42.00	19.00	5.00	7.00	280.00*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	80.00	-*	2.16
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M53870 ENT: PASTA, CHIXDCD PENNE ALFREDO WG 2.0

38.00 @ 8 fl oz	271.36	4.58	15.18	448.24	9.33	30.96	26.52	18.42	48.42	2.72	161.36*	5.10	0.00*	0.01*	2.07*	0.43	0.00*	0.00*	0.02*	0.02*	0.00*	235.43	2.90*	1.93
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M51831 BRD: BRDSTK DG, RIPSTK 1EA (1BG)

38.00 @ 1 each	80.00	0.00	0.00	95.00	1.00	11.25	15.00	3.00	0.00	2.00	-*	0.09	-*	-*	-*	0.00	-*	-*	-*	-*	-*	7.27	-*	0.71
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M53760 SALAD, Frt CHCube Yog 2.0 summ

7.00 @ 1 each	246.47	8.07	29.48	352.40	12.74	46.52	21.54	13.77	36.25	2.23	231.21*	1963.16	20.01*	0.23*	22.09*	6.47	0.06*	0.05*	0.25*	0.09*	0.00*	393.52	16.05*	0.98
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M55313 BRD: BRDSTK DG, RIPSTK 2EA (2BG)

7.00 @ 2 each	160.00	0.00	0.00	190.00	2.00	11.25	30.00	6.00	0.00	4.00	-*	0.18	-*	-*	-*	0.00	-*	-*	-*	-*	-*	14.54	-*	1.42
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M53347 SDW BD, SB WG 2.0

5.00 @ 1 sandwich	558.71	3.99	6.42	579.16	35.89	57.81	43.95	19.95	0.00	5.99	378.78*	0.00	0.00*	-*	-*	0.00	-*	-*	-*	-*	-*	59.81	-*	5.35
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M53419 VEG: POTATO, FF CTINAGEN7 1/2C

112.00 @ 1/2 cup	119.99	1.33	10.00	133.32	4.67	35.00	17.33	2.00	0.00	2.00	259.98	0.00	-*	-*	-*	3.20	-*	-*	-*	-*	-*	0.00	-*	0.48
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M50823 VEG: TOMATOES, GRAPE 1/2C

28.00 @ 1/2 cup	15.52	0.02	1.40	4.31	0.17	10.00	3.35	0.76	0.00	1.03	204.35	718.25	0.00	0.47	6.81	11.81	0.03	0.02	0.51	0.07	0.00	8.62	20.69	0.23
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M50549 FRUIT: WATERMELON, Fresh 1/2c

65.00 @ 1/2 cup	27.28	0.01	0.48	0.91	0.14	4.50	6.87	0.55	0.00	0.36	101.86	517.50	0.00	0.05	0.09	7.37	0.03	0.02	0.16	0.04	0.00	6.37	10.00	0.22
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M51110 FRUIT: ORANGE Mand w/Jc 1/2c

66.00 @ 1/2 cup	51.73	0.00	0.00	6.26	0.03	0.44	12.19	0.70	0.00	0.94	-*	710.52	-*	-*	-*	37.06	-*	-*	-*	-*	-*	13.15	-*	0.43
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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Flower Mound ES

**Service Area:** Flower Mound - K-5 - OVS

**Menu Name:** Flower Mound ES 2018-2019 Menu w/ESD - cycle 2 - week 5

**Avg.Method:** Weighted (USDA Default)

M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50

41.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00
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M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50

104.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00
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M50855 COND PC Ketchup 9g Heinz

80.00 @ 1 each	10.00	0.00	0.00	85.00	0.00	0.00	3.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50055 COND PC Mayonnaise 12g

20.00 @ 1 each	80.00	1.50	16.87	75.00	8.00	90.00	1.00	0.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50284 COND PC Mustard 6g

20.00 @ 1 each	0.00	0.00	-	65.00	0.00	-	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M53222 COND PC Margarine 5g

50.00 @ 1 each	30.00	1.00	30.00	30.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	500.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50624 COND PC Drsg Ranch 12g

40.00 @ 1 each	50.00	0.00	0.00	100.00	5.00	90.00	1.00	0.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50623 COND PC Drsg Italian 12g

2.00 @ 1 each	30.00	0.00	0.00	130.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	100.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50056 COND PC Sauce, Taco 9g

5.00 @ 1 each	5.00	0.00	0.00	55.00	0.00	0.00	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50287 COND PC Sauce, BBQ 12g

10.00 @ 1 each	15.00	0.00	0.00	160.00	0.00	0.00	4.00	0.00	0.00	0.00	-*	100.00	-*	-*	-*	0.60	-*	-*	-*	-*	-*	0.00	-*	0.00
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M51445 VEG GARN: Rom Leaf/Tom Sl

4.00 @ 1 serving	4.96	0.01	1.72	1.84	0.07	12.86	1.02	0.30	0.00	0.47	68.61	1352.71	0.00	0.09	15.65	2.51	0.02	0.01	0.13	0.02	0.00	6.10	7.65	0.18
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M50412 COND\_Pickle, Dill Slice 3ea

30.00 @ 3 slice	2.43	0.01	4.72	243.11	0.07	25.17	0.36	0.10	0.00	0.21	-*	0.00	-*	-*	-*	0.32	-*	-*	-*	-*	-*	12.97	-*	0.08
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M52263 STICKS, CORN DOG CHIX AP WG 2.0

22.00 @ 1 each	240.00	2.50	9.38	390.00	8.00	30.00	30.00	9.00	40.00	5.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	80.01	-*	1.80
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M51319 VEG: CORN, Fz Seas1/2c

25.00 @ 1/2 cup	92.68	1.25	12.15	146.16	3.47	33.66	15.83	2.09	0.00	1.98	192.58	163.16	0.00*	0.06*	0.33*	2.86	0.02*	0.05*	1.07*	0.08*	0.00*	2.77	64.74*	0.39
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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Flower Mound ES

**Service Area:** Flower Mound - K-5 - OVS

**Menu Name:** Flower Mound ES 2018-2019 Menu w/ESD - cycle 2 - week 5

**Avg.Method:** Weighted (USDA Default)

<b>Average</b>	555.43	5.78	9.37	894.01	17.72	28.71	71.4	26.84	44.54	5.57	316.65*	1277.76	.77*	.11*	2.77*	22.08	.02*	.02*	.3*	.04*	0*	403.31	17.14*	3.47
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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Flower Mound ES

**Service Area:** Flower Mound - K-5 - OVS

**Menu Name:** Flower Mound ES 2018-2019 Menu w/ESD - cycle 2 - week 5

**Avg.Method:** Weighted (USDA Default)

**Age Group:** Brkfst Grades K-5      **Period:** Breakfast      **Week:** 5      **Day:** Wednesday      **Count Type:** Forecasted      **Total No. of Customers:** 48

Weekly Std.	SFA		Na (mg)	Fat		CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)	
	CAL	(g)		% of CAL	(g)																			% of CAL
	350.00-500.00		10.00	540.00																				

M55691 BRD: WAFFLE, AP WG 2EA (2BG)

21.00 @ 2 each	180.00	0.00	0.00	320.00	6.00	30.00	28.00	4.00	0.00	2.00	130.00	600.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	120.00	-*	3.60
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M52657 FRUIT: BLUEBERRIES, Fz 1/8c

21.00 @ 1/8 cup	8.89	0.01	0.94	0.17	0.11	11.29	2.12	0.07	0.00	0.47	9.41	8.01	0.00	0.08	2.86	0.44	0.01	0.01	0.09	0.01	0.00	1.39	1.92	0.03
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M52816 DESRT: TOPPING, Whipd NonDairy

21.00 @ 1 tablespoon	13.47	1.00	66.56	0.81	1.00	67.06	1.06	0.05	0.01	0.01	-*	0.20	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.15	-*	0.00
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M50444 STICKS, PANCAKE WRAP TKY MAPLE WG 1.0

13.00 @ 1 each	200.00	2.50	11.25	310.00	10.00	45.00	17.00	7.00	25.00	3.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	20.00	-*	1.80
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M52724 BRD: BAR, Cereal CinnTst WG IW

2.00 @ 1 each	150.00	0.00	0.00	115.00	3.50	21.00	30.00	2.00	0.00	3.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	200.00	-*	1.80
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M51320 CEREAL BWL, Rice Krispies WG

2.00 @ 1 bowl	100.00	0.00	0.00	170.00	0.50	4.50	23.00	2.00	0.00	1.00	-*	1000.03	-*	-*	-*	12.00	-*	-*	-*	-*	-*	0.00	-*	8.10
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M50208 CEREAL BWL, CINN TST CRUNCH RS WG

6.00 @ 1 bowl	110.00	0.50	4.09	160.00	3.00	24.54	22.00	1.00	0.00	3.00	-*	400.01	-*	-*	-*	4.80	-*	-*	-*	-*	-*	200.01	-*	3.60
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M50524 CEREAL BWL, Lucky Charms WG

3.00 @ 1 bowl	110.00	0.00	0.00	180.00	1.00	8.18	23.00	2.00	0.00	2.00	-*	500.01	-*	-*	-*	6.00	-*	-*	-*	-*	-*	100.00	-*	4.50
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M50442 CEREAL BWL, Cocoa Puffs RS WG

10.00 @ 1 bowl	110.05	0.00	0.00	160.08	1.50	12.27	25.01	2.00	0.00	2.00	-*	500.25	-*	-*	-*	6.00	-*	-*	-*	-*	-*	100.05	-*	4.50
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M50525 CEREAL BWL, Trix RS WG

5.00 @ 1 bowl	110.00	0.00	0.00	140.00	1.00	8.18	24.00	1.00	0.00	1.00	-*	400.01	-*	-*	-*	4.80	-*	-*	-*	-*	-*	80.00	-*	4.50
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M51994 CHEESE, COLBY JK Stick 1ea 1.0

2.00 @ 1 stick	90.00	4.00	40.00	200.01	6.00	60.00	0.00	7.00	20.00	0.00	0.00	200.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	200.01	-*	0.00
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M51237 BRD: BREAD WG, Tst Marg 1sl

\* Some values for this nutrient are unavailable; the number listed is incomplete.

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Flower Mound ES

**Service Area:** Flower Mound - K-5 - OVS

**Menu Name:** Flower Mound ES 2018-2019 Menu w/ESD - cycle 2 - week 5

**Avg.Method:** Weighted (USDA Default)

11.00 @ 1 slice	110.00	1.33	10.91	160.00	4.33	35.45	15.00	3.00	0.00	1.00	1.33*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	1.08	
M50534 FRUIT: ORANGE 138ct 1/8wg 1/2c																									
28.00 @ 8 wedge	46.96	0.01	0.29	0.00	0.12	2.30	11.74	0.94	0.00	2.40	180.86	224.82	0.00	0.18	0.00	53.16	0.09	0.04	0.28	0.06	0.00	39.97	13.99	0.10	
M52810 FRUIT: CRAISINS, SS CHERRY 1.16OZ																									
28.00 @ 1 each	110.00	0.00	0.00	0.00	0.00	0.00	28.00	0.00	0.00	3.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00	
M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50																									
11.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00	
M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50																									
39.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00	
M50854 COND PC Jelly, #4 Smuckers																									
4.00 @ 1 each	35.00	0.00	0.00	5.00	0.00	0.00	9.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00	
M50056 COND PC Sauce, Taco 9g																									
1.00 @ 1 each	5.00	0.00	0.00	55.00	0.00	0.00	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00	
M50058 COND PC Syrup 1.4oz Smuckers																									
18.00 @ 1 each	110.00	0.00	0.00	25.00	0.00	0.00	29.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00	
M53760 SALAD, Frt CHCube Yog 2.0 summ																									
1.00 @ 1 each	246.47	8.07	29.48	352.40	12.74	46.52	21.54	13.77	36.25	2.23	231.21*	1963.16	20.01*	0.23*	22.09*	6.47	0.06*	0.05*	0.25*	0.09*	0.00*	393.52	16.05*	0.98	
M50549 FRUIT: WATERMELON, Fresh 1/2c																									
27.00 @ 1/2 cup	27.28	0.01	0.48	0.91	0.14	4.50	6.87	0.55	0.00	0.36	101.86	517.50	0.00	0.05	0.09	7.37	0.03	0.02	0.16	0.04	0.00	6.37	10.00	0.22	
M51110 FRUIT: ORANGE Mand w/Jc 1/2c																									
27.00 @ 1/2 cup	51.73	0.00	0.00	6.26	0.03	0.44	12.19	0.70	0.00	0.94	-*	710.52	-*	-*	-*	37.06	-*	-*	-*	-*	-*	13.15	-*	0.43	
<b>Average</b>	545.21	2.18	3.6	558.8	9.08	15	101.02	15.49	14.72	7.24	228.91*	1926.88	.42*	.17*	1.76*	61.08	.07*	.04*	.3*	.06*	0*	490.68	14.96*	5.32	

\* Some values for this nutrient are unavailable; the number listed is incomplete.

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Flower Mound ES

**Service Area:** Flower Mound - K-5 - OVS

**Menu Name:** Flower Mound ES 2018-2019 Menu w/ESD - cycle 2 - week 5

**Avg.Method:** Weighted (USDA Default)

**Age Group:** Lunch Grades K-5      **Period:** Lunch      **Week:** 5      **Day:** Wednesday      **Count Type:** Forecasted      **Total No. of Customers:** 178

Weekly Std.	SFA		Na (mg)	Fat		CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)	
	CAL	(g)		% of CAL	(g)																			% of CAL
	550.00-650.00		10.00	1230.00																				

M50851 SDW BN, CHIXPTY PLN WG/WG 2.0

95.00 @ 1 sandwich	340.00	2.00	5.29	750.01	12.00	31.76	39.00	21.00	45.00	3.00	-*	100.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	60.00	-*	3.24
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M55695 SDW WFL, CHIXPTY MPL WG 2.0

83.00 @ 1 sandwich	422.50	2.00	4.26	801.88	16.00	34.08	50.84	20.00	45.00	3.00	130.00*	700.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	140.00	-*	5.40
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M50058 COND PC Syrup 1.4oz Smuckers

83.00 @ 1 each	110.00	0.00	0.00	25.00	0.00	0.00	29.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50962 SDW BD, SBJ WG 2.0

1.00 @ 1 sandwich	658.38	3.99	5.45	579.16	35.89	49.06	69.87	19.95	0.00	5.99	378.78*	0.00	0.00*	-*	-*	0.00	-*	-*	-*	-*	-*	59.81	-*	5.35
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M53347 SDW BD, SB WG 2.0

1.00 @ 1 sandwich	558.71	3.99	6.42	579.16	35.89	57.81	43.95	19.95	0.00	5.99	378.78*	0.00	0.00*	-*	-*	0.00	-*	-*	-*	-*	-*	59.81	-*	5.35
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M54861 VEG: BEANS, GREEN FZ MARG 1/2C

32.00 @ 1/2 cup	45.75	1.20	23.55	0.70	3.03	59.71	4.49	1.04	0.00	2.09	111.90	291.80	0.00*	0.03*	26.53*	2.86	0.02*	0.06*	0.27*	0.04*	0.00*	29.25	20.20*	0.46
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M51099 VEG: CAULIFLOWER, Fresh 1/2c

28.00 @ 1/2 cup	12.40	0.06	4.68	14.88	0.14	10.08	2.47	0.95	0.00	0.99	148.33	0.00	0.00	0.04	7.69	23.91	0.02	0.03	0.25	0.09	0.00	10.91	21.83	0.21
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M50534 FRUIT: ORANGE 138ct 1/8wg 1/2c

98.00 @ 8 wedge	46.96	0.01	0.29	0.00	0.12	2.30	11.74	0.94	0.00	2.40	180.86	224.82	0.00	0.18	0.00	53.16	0.09	0.04	0.28	0.06	0.00	39.97	13.99	0.10
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M50980 JUICE SS, Frt Bld 100% 4oz Crt

140.00 @ 1 each	60.00	0.00	0.00	10.00	0.00	0.00	14.00	0.00	0.00	0.00	100.00	0.00	-*	-*	-*	3.60	-*	-*	-*	-*	-*	0.00	-*	0.00
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M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50

50.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00
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M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50

120.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00
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M50855 COND PC Ketchup 9g Heinz

\* Some values for this nutrient are unavailable; the number listed is incomplete.

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Flower Mound ES

**Service Area:** Flower Mound - K-5 - OVS

**Menu Name:** Flower Mound ES 2018-2019 Menu w/ESD - cycle 2 - week 5

**Avg.Method:** Weighted (USDA Default)

100.00 @ 1 each	10.00	0.00	0.00	85.00	0.00	0.00	3.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50055 COND PC Mayonnaise 12g																								
10.00 @ 1 each	80.00	1.50	16.87	75.00	8.00	90.00	1.00	0.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50284 COND PC Mustard 6g																								
15.00 @ 1 each	0.00	0.00	-	65.00	0.00	-	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M53222 COND PC Margarine 5g																								
60.00 @ 1 each	30.00	1.00	30.00	30.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	500.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50624 COND PC Drsg Ranch 12g																								
20.00 @ 1 each	50.00	0.00	0.00	100.00	5.00	90.00	1.00	0.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50623 COND PC Drsg Italian 12g																								
1.00 @ 1 each	30.00	0.00	0.00	130.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	100.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50056 COND PC Sauce, Taco 9g																								
5.00 @ 1 each	5.00	0.00	0.00	55.00	0.00	0.00	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50287 COND PC Sauce, BBQ 12g																								
15.00 @ 1 each	15.00	0.00	0.00	160.00	0.00	0.00	4.00	0.00	0.00	0.00	-*	100.00	-*	-*	-*	0.60	-*	-*	-*	-*	-*	0.00	-*	0.00
<b>Average</b>	659.04	3.12	4.26	1055.11	17.64	24.1	96.79	29.25	52.02	4.92	286.55*	1211.08	0*	.11*	5.98*	37.91	.06*	.04*	.24*	.05*	0*	413.48	14.77*	4.48

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Flower Mound ES

**Service Area:** Flower Mound - K-5 - OVS

**Menu Name:** Flower Mound ES 2018-2019 Menu w/ESD - cycle 2 - week 5

**Avg.Method:** Weighted (USDA Default)

**Age Group:** Brkfst Grades K-5      **Period:** Breakfast      **Week:** 5      **Day:** Thursday      **Count Type:** Forecasted      **Total No. of Customers:** 44

Weekly Std.	SFA		Na (mg)	Fat		CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)	
	CAL	% of CAL		% of CAL	% of CAL																			
350.00-500.00		10.00	540.00																					

M51268 BRD: MUF AP, CHOC CHOC CHIP 2OZ IW WG (1BG)

19.00 @ 1 muffin	200.00	2.00	9.00	135.00	6.00	27.00	32.00	4.00	40.00	3.00	180.00	100.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	40.00	-*	1.44
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M51994 CHEESE, COLBY JK Stick 1ea 1.0

19.00 @ 1 stick	90.00	4.00	40.00	200.01	6.00	60.00	0.00	7.00	20.00	0.00	0.00	200.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	200.01	-*	0.00
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M53152 MELT BISC, EggPtyBacAM1.25(2BG)

9.00 @ 1 sandwich	341.16	11.43	30.15	791.16	20.49	54.05	28.66	11.44	113.52	2.00	-*	200.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	245.00	-*	1.50
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M50208 CEREAL BWL, CINN TST CRUNCH RS WG

9.00 @ 1 bowl	110.00	0.50	4.09	160.00	3.00	24.54	22.00	1.00	0.00	3.00	-*	400.01	-*	-*	-*	4.80	-*	-*	-*	-*	-*	200.01	-*	3.60
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M50442 CEREAL BWL, Cocoa Puffs RS WG

7.00 @ 1 bowl	110.05	0.00	0.00	160.08	1.50	12.27	25.01	2.00	0.00	2.00	-*	500.25	-*	-*	-*	6.00	-*	-*	-*	-*	-*	100.05	-*	4.50
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M50524 CEREAL BWL, Lucky Charms WG

10.00 @ 1 bowl	110.00	0.00	0.00	180.00	1.00	8.18	23.00	2.00	0.00	2.00	-*	500.01	-*	-*	-*	6.00	-*	-*	-*	-*	-*	100.00	-*	4.50
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M50525 CEREAL BWL, Trix RS WG

3.00 @ 1 bowl	110.00	0.00	0.00	140.00	1.00	8.18	24.00	1.00	0.00	1.00	-*	400.01	-*	-*	-*	4.80	-*	-*	-*	-*	-*	80.00	-*	4.50
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M51994 CHEESE, COLBY JK Stick 1ea 1.0

7.00 @ 1 stick	90.00	4.00	40.00	200.01	6.00	60.00	0.00	7.00	20.00	0.00	0.00	200.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	200.01	-*	0.00
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M51237 BRD: BREAD WG, Tst Marg 1sl

12.00 @ 1 slice	110.00	1.33	10.91	160.00	4.33	35.45	15.00	3.00	0.00	1.00	1.33*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	1.08
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M50529 FRUIT: GRAPES, Fresh 1/2c

28.00 @ 1/2 cup	56.80	0.10	1.53	1.70	0.30	4.70	14.54	0.53	0.00	0.76	161.94	84.78	0.00	0.16	12.38	3.39	0.08	0.05	0.25	0.09	0.00	11.87	8.48	0.25
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M50982 JUICE SS, ORANGE 100% 4 FLOZ

23.00 @ 1 each	51.44	0.00	0.00	15.43	0.00	0.00	12.35	1.03	0.00	0.00	-*	0.00	-*	-*	-*	43.21	-*	-*	-*	-*	-*	0.00	-*	0.00
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M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50

29.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00
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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Flower Mound ES

**Service Area:** Flower Mound - K-5 - OVS

**Menu Name:** Flower Mound ES 2018-2019 Menu w/ESD - cycle 2 - week 5

**Avg.Method:** Weighted (USDA Default)

M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50

31.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00
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M50854 COND PC Jelly, #4 Smuckers

4.00 @ 1 each	35.00	0.00	0.00	5.00	0.00	0.00	9.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50056 COND PC Sauce, Taco 9g

1.00 @ 1 each	5.00	0.00	0.00	55.00	0.00	0.00	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50058 COND PC Syrup 1.4oz Smuckers

1.00 @ 1 each	110.00	0.00	0.00	25.00	0.00	0.00	29.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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<b>Average</b>	537.72	7.08	11.85	714.52	14.49	24.26	78.98	21.85	62.42	3.92	181.14*	1240.37	0*	.1*	7.88*	30.8	.05*	.03*	.16*	.06*	0*	687.23	5.4*	4.16
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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Flower Mound ES

**Service Area:** Flower Mound - K-5 - OVS

**Menu Name:** Flower Mound ES 2018-2019 Menu w/ESD - cycle 2 - week 5

**Avg.Method:** Weighted (USDA Default)

**Age Group:** Lunch Grades K-5      **Period:** Lunch      **Week:** 5      **Day:** Thursday      **Count Type:** Forecasted      **Total No. of Customers:** 165

Weekly Std.	SFA		Na (mg)	Fat		CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)	
	CAL	(g)		% of CAL	(g)																			% of CAL
	550.00-650.00		10.00	1230.00																				

M53275 MELT BD, AM WG 2.0

68.00 @ 1 sandwich	385.00	11.25	26.30	1320.00	19.50	45.58	32.50	18.50	62.50	2.00	-*	500.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	375.00	-*	2.16
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M52026 STICKS, CRISPITO CHIXCHILI AP WG 1.0 (1EA)

72.00 @ 1 each	270.00	3.00	10.00	370.00	14.00	46.67	23.00	12.00	25.00	3.00	-*	750.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	40.00	-*	1.80
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M52224 RICE, Mex Spiced WG 1BG

72.00 @ 1/2 cup	109.96	0.22	1.77	66.08	0.94	7.73	22.26	2.54	0.99	1.15	76.27*	170.90*	0.00*	0.11*	1.15*	0.11*	0.00*	0.01*	0.05*	0.01*	0.00*	12.86	3.91*	0.57
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M50921 COND\_Sauce, Chz SS W (LOL) 1.0

72.00 @ 3 fl oz	149.95	6.75	40.50	599.79	10.50	63.00	4.50	7.50	29.99	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	224.92	-*	0.00
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M53948 SALAD, CHIXDCD CAES SCSG 2.0

12.00 @ 1 each	198.58	3.33	15.09	353.19	8.44	38.26	10.97	18.44	44.38	1.41	110.31*	3353.95	0.00*	0.09*	38.85*	1.51	0.03*	0.03*	0.13*	0.03*	0.00*	173.87	12.28*	1.64
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M55313 BRD: BRDSTK DG, RIPSTK 2EA (2BG)

12.00 @ 2 each	160.00	0.00	0.00	190.00	2.00	11.25	30.00	6.00	0.00	4.00	-*	0.18	-*	-*	-*	0.00	-*	-*	-*	-*	-*	14.54	-*	1.42
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M53360 COND\_DRESSING, CAESAR CREAMY (KEN'S ESSENTIALS)

12.00 @ 1 tablespoon	75.00	1.25	15.00	135.00	8.00	96.00	0.50	0.50	0.00	0.00	-*	50.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	10.00	-*	0.00
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M53347 SDW BD, SB WG 2.0

12.00 @ 1 sandwich	558.71	3.99	6.42	579.16	35.89	57.81	43.95	19.95	0.00	5.99	378.78*	0.00	0.00*	-*	-*	0.00	-*	-*	-*	-*	-*	59.81	-*	5.35
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M67887 VEG: BEANS, PINTO CHARRO 1/2C

21.00 @ 1/2 cup	116.10	0.26	1.99	131.24	0.90	6.99	19.82	7.19	0.83	6.10	362.07*	81.59*	3.10*	0.06*	1.32*	1.37*	0.01*	0.00*	0.07*	0.01*	0.00*	68.18	4.04*	1.98
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M66953 VEG: SALAD, SIDE SPIN MAND ORANGE 1C

40.00 @ 1 serving	22.75	0.03	1.35	44.17	0.22	8.58	4.39	1.69	0.00	1.38	303.20*	5235.96	0.00*	1.10*	262.39*	22.61	0.04*	0.10*	0.39*	0.11*	0.00*	56.40	26.63*	1.56
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M50529 FRUIT: GRAPES, Fresh 1/2c

80.00 @ 1/2 cup	56.80	0.10	1.53	1.70	0.30	4.70	14.54	0.53	0.00	0.76	161.94	84.78	0.00	0.16	12.38	3.39	0.08	0.05	0.25	0.09	0.00	11.87	8.48	0.25
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M53549 FRUIT: APPLESAUCE,Unswt AP1/2c

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Flower Mound ES

**Service Area:** Flower Mound - K-5 - OVS

**Menu Name:** Flower Mound ES 2018-2019 Menu w/ESD - cycle 2 - week 5

**Avg.Method:** Weighted (USDA Default)

64.00 @ 1/2 cup	52.77	0.00	0.00	10.55	0.00	0.00	13.72	0.00	0.00	2.11	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	0.00	-*	0.00	
M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50																								
43.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	300.00	-*	0.00	
M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50																								
125.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	300.00	-*	0.00	
M50855 COND PC Ketchup 9g Heinz																								
20.00 @ 1 each	10.00	0.00	0.00	85.00	0.00	0.00	3.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	0.00	-*	0.00	
M50055 COND PC Mayonnaise 12g																								
5.00 @ 1 each	80.00	1.50	16.87	75.00	8.00	90.00	1.00	0.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	0.00	-*	0.00	
M50284 COND PC Mustard 6g																								
5.00 @ 1 each	0.00	0.00	-	65.00	0.00	-	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	0.00	-*	0.00	
M53222 COND PC Margarine 5g																								
18.00 @ 1 each	30.00	1.00	30.00	30.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	500.00	-*	-*	-*	0.00	-*	-*	-*	-*	0.00	-*	0.00	
M50624 COND PC Drsg Ranch 12g																								
50.00 @ 1 each	50.00	0.00	0.00	100.00	5.00	90.00	1.00	0.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	0.00	-*	0.00	
M50623 COND PC Drsg Italian 12g																								
3.00 @ 1 each	30.00	0.00	0.00	130.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	100.00	-*	-*	-*	0.00	-*	-*	-*	-*	0.00	-*	0.00	
M50056 COND PC Sauce, Taco 9g																								
20.00 @ 1 each	5.00	0.00	0.00	55.00	0.00	0.00	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	0.00	-*	0.00	
M50287 COND PC Sauce, BBQ 12g																								
10.00 @ 1 each	15.00	0.00	0.00	160.00	0.00	0.00	4.00	0.00	0.00	0.00	-*	100.00	-*	-*	-*	0.60	-*	-*	-*	-*	0.00	-*	0.00	
M50407 COND_Salsa, AP 1/8c																								
15.00 @ 1/8 cup	10.25	0.00	0.00	174.23	0.00	0.00	2.05	0.00	0.00	0.00	0.00	102.49	-*	-*	-*	3.69	-*	-*	-*	-*	0.00	-*	0.00	
<b>Average</b>	674.99	10.24	13.65	1372.72	26.19	34.92	77.09	30.23	61.58	5.76	266.95*	2757.13*	.39*	.41*	73.11*	9.36*	.05*	.05*	.26*	.08*	0*	628.1	13.68*	3.28

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Flower Mound ES

**Service Area:** Flower Mound - K-5 - OVS

**Menu Name:** Flower Mound ES 2018-2019 Menu w/ESD - cycle 2 - week 5

**Avg.Method:** Weighted (USDA Default)

**Age Group:** Brkfst Grades K-5      **Period:** Breakfast      **Week:** 5      **Day:** Friday      **Count Type:** Forecasted      **Total No. of Customers:** 37

Weekly Std.	SFA		Na (mg)	Fat		CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)	
	CAL	(g)		% of CAL	(g)																			% of CAL
	350.00-500.00		10.00	540.00																				

M51848 BRD: POPTARTS, Straw 1.76oz WG

20.00 @ 1 package	180.00	1.00	5.00	180.00	2.50	12.50	38.00	2.00	0.00	3.00	-*	500.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	100.00	-*	1.80
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M51994 CHEESE, COLBY JK Stick 1ea 1.0

20.00 @ 1 stick	90.00	4.00	40.00	200.01	6.00	60.00	0.00	7.00	20.00	0.00	0.00	200.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	200.01	-*	0.00
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M50658 EGG: Scrambled Saus CH SS 2.0

10.00 @ 1 No 16 Scoop	111.77	3.73	30.05	176.65	8.45	68.05	1.36	7.69	165.62	0.00	0.00*	267.82	-*	-*	-*	0.00	-*	-*	-*	-*	-*	95.01	-*	0.80
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M51237 BRD: BREAD WG, Tst Marg 1sl

10.00 @ 1 slice	110.00	1.33	10.91	160.00	4.33	35.45	15.00	3.00	0.00	1.00	1.33*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	1.08
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M52724 BRD: BAR, Cereal CinnTst WG IW

2.00 @ 1 each	150.00	0.00	0.00	115.00	3.50	21.00	30.00	2.00	0.00	3.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	200.00	-*	1.80
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M51320 CEREAL BWL, Rice Krispies WG

5.00 @ 1 bowl	100.00	0.00	0.00	170.00	0.50	4.50	23.00	2.00	0.00	1.00	-*	1000.03	-*	-*	-*	12.00	-*	-*	-*	-*	-*	0.00	-*	8.10
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M50208 CEREAL BWL, CINN TST CRUNCH RS WG

7.00 @ 1 bowl	110.00	0.50	4.09	160.00	3.00	24.54	22.00	1.00	0.00	3.00	-*	400.01	-*	-*	-*	4.80	-*	-*	-*	-*	-*	200.01	-*	3.60
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M50442 CEREAL BWL, Cocoa Puffs RS WG

5.00 @ 1 bowl	110.05	0.00	0.00	160.08	1.50	12.27	25.01	2.00	0.00	2.00	-*	500.25	-*	-*	-*	6.00	-*	-*	-*	-*	-*	100.05	-*	4.50
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M50524 CEREAL BWL, Lucky Charms WG

6.00 @ 1 bowl	110.00	0.00	0.00	180.00	1.00	8.18	23.00	2.00	0.00	2.00	-*	500.01	-*	-*	-*	6.00	-*	-*	-*	-*	-*	100.00	-*	4.50
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M50525 CEREAL BWL, Trix RS WG

1.00 @ 1 bowl	110.00	0.00	0.00	140.00	1.00	8.18	24.00	1.00	0.00	1.00	-*	400.01	-*	-*	-*	4.80	-*	-*	-*	-*	-*	80.00	-*	4.50
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M51994 CHEESE, COLBY JK Stick 1ea 1.0

2.00 @ 1 stick	90.00	4.00	40.00	200.01	6.00	60.00	0.00	7.00	20.00	0.00	0.00	200.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	200.01	-*	0.00
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M51237 BRD: BREAD WG, Tst Marg 1sl

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Flower Mound ES

**Service Area:** Flower Mound - K-5 - OVS

**Menu Name:** Flower Mound ES 2018-2019 Menu w/ESD - cycle 2 - week 5

**Avg.Method:** Weighted (USDA Default)

8.00 @ 1 slice	110.00	1.33	10.91	160.00	4.33	35.45	15.00	3.00	0.00	1.00	1.33*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	1.08	
M50543 FRUIT: BANANA (100-120ct) Whl																									
26.00 @ 1 each	93.95	0.12	1.13	1.06	0.35	3.34	24.11	1.15	0.00	2.74	377.91	67.56	0.00	0.11	0.53	9.18	0.03	0.08	0.70	0.39	0.00	5.28	23.22	0.27	
M53549 FRUIT: APPLESAUCE,Unswt AP1/2c																									
21.00 @ 1/2 cup	52.77	0.00	0.00	10.55	0.00	0.00	13.72	0.00	0.00	2.11	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00	
M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50																									
8.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00	
M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50																									
32.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00	
M53222 COND PC Margarine 5g																									
1.00 @ 1 each	30.00	1.00	30.00	30.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	500.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00	
M50854 COND PC Jelly, #4 Smuckers																									
5.00 @ 1 each	35.00	0.00	0.00	5.00	0.00	0.00	9.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00	
M50056 COND PC Sauce, Taco 9g																									
1.00 @ 1 each	5.00	0.00	0.00	55.00	0.00	0.00	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00	
M50058 COND PC Syrup 1.4oz Smuckers																									
1.00 @ 1 each	110.00	0.00	0.00	25.00	0.00	0.00	29.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00	
<b>Average</b>	544.84	5.11	8.43	650.03	11.39	18.82	91.72	19.43	63.14	6.72	266.21*	1433.42	0*	.07*	.37*	12.45	.02*	.05*	.49*	.27*	0*	607.24	16.32*	5.24	

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Flower Mound ES

**Service Area:** Flower Mound - K-5 - OVS

**Menu Name:** Flower Mound ES 2018-2019 Menu w/ESD - cycle 2 - week 5

**Avg.Method:** Weighted (USDA Default)

**Age Group:** Lunch Grades K-5      **Period:** Lunch      **Week:** 5      **Day:** Friday      **Count Type:** Forecasted      **Total No. of Customers:** 223

Weekly Std.	SFA		Na (mg)	Fat		CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)	
	CAL	(g)		% of CAL	(g)																			% of CAL
	550.00-650.00		10.00	1230.00																				

M51578 PIZZA 16" CHZ WG 2.0

126.00 @ 1/8 cut	351.26	7.50	19.22	810.04	15.50	39.72	30.88	19.38	30.00	3.25	-*	403.18	-*	-*	-*	0.90	-*	-*	-*	-*	-*	419.72	-*	1.13
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M53000 PIZZA 16" Pepperoni WG 2.0

83.00 @ 1/8 cut	388.76	9.00	20.84	937.54	19.00	43.99	31.13	20.88	37.50	3.25	-*	403.18	-*	-*	-*	0.90	-*	-*	-*	-*	-*	419.72	-*	1.22
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M51851 SDW BD, CHam AM WG 2.0

16.00 @ 1 sandwich	350.00	6.38	16.39	1032.50	14.63	37.61	33.50	21.00	75.00	2.00	-*	200.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	150.00	-*	2.61
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M53347 SDW BD, SB WG 2.0

6.00 @ 1 sandwich	558.71	3.99	6.42	579.16	35.89	57.81	43.95	19.95	0.00	5.99	378.78*	0.00	0.00*	-*	-*	0.00	-*	-*	-*	-*	-*	59.81	-*	5.35
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M50187 VEG: BROCCOLI, Frz Chpd 1/2c

35.00 @ 1/2 cup	24.11	0.02	0.58	9.47	0.10	3.86	4.61	2.67	0.00	2.58	122.27	870.53	0.00	1.14	75.86	34.53	0.05	0.07	0.39	0.11	0.00	28.42	42.19	0.53
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M50431 VEG: CARROTS, Fresh Baby 1/2c

70.00 @ 1/2 cup	24.80	0.02	0.59	55.28	0.09	3.34	5.84	0.45	0.00	2.06	167.96	9772.87	0.00	-*	6.66	1.84	0.02	0.03	0.39	0.07	0.00	22.68	19.84	0.63
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M50543 FRUIT: BANANA (100-120ct) Whl

90.00 @ 1 each	93.95	0.12	1.13	1.06	0.35	3.34	24.11	1.15	0.00	2.74	377.91	67.56	0.00	0.11	0.53	9.18	0.03	0.08	0.70	0.39	0.00	5.28	23.22	0.27
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M50982 JUICE SS, ORANGE 100% 4 FLOZ

100.00 @ 1 each	51.44	0.00	0.00	15.43	0.00	0.00	12.35	1.03	0.00	0.00	-*	0.00	-*	-*	-*	43.21	-*	-*	-*	-*	-*	0.00	-*	0.00
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M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50

31.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00
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M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50

163.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00
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M50855 COND PC Ketchup 9g Heinz

20.00 @ 1 each	10.00	0.00	0.00	85.00	0.00	0.00	3.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50055 COND PC Mayonnaise 12g

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# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Flower Mound ES

**Service Area:** Flower Mound - K-5 - OVS

**Menu Name:** Flower Mound ES 2018-2019 Menu w/ESD - cycle 2 - week 5

**Avg.Method:** Weighted (USDA Default)

2.00 @ 1 each	80.00	1.50	16.87	75.00	8.00	90.00	1.00	0.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	0.00	-*	0.00	
M50284 COND PC Mustard 6g																								
10.00 @ 1 each	0.00	0.00	-	65.00	0.00	-	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	0.00	-*	0.00	
M53222 COND PC Margarine 5g																								
1.00 @ 1 each	30.00	1.00	30.00	30.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	500.00	-*	-*	-*	0.00	-*	-*	-*	-*	0.00	-*	0.00	
M50624 COND PC Drsg Ranch 12g																								
40.00 @ 1 each	50.00	0.00	0.00	100.00	5.00	90.00	1.00	0.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	0.00	-*	0.00	
M50623 COND PC Drsg Italian 12g																								
3.00 @ 1 each	30.00	0.00	0.00	130.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	100.00	-*	-*	-*	0.00	-*	-*	-*	-*	0.00	-*	0.00	
M50056 COND PC Sauce, Taco 9g																								
5.00 @ 1 each	5.00	0.00	0.00	55.00	0.00	0.00	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	0.00	-*	0.00	
M50287 COND PC Sauce, BBQ 12g																								
10.00 @ 1 each	15.00	0.00	0.00	160.00	0.00	0.00	4.00	0.00	0.00	0.00	-*	100.00	-*	-*	-*	0.60	-*	-*	-*	-*	0.00	-*	0.00	
<b>Average</b>	570.77	8.43	13.3	1111.57	19.4	30.59	67.57	29.21	42.28	5.51	234.62*	4066.89	0*	.22*	14.21*	31.16	.03*	.05*	.47*	.2*	0*	680.44	22.22*	1.81

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