



DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Flower Mound HS

Service Area: Flower Mound - 9-12 - OVS

Menu Name: Flower Mound HS 2018-2019 Menu - cycle 2 - week 5

Avg.Method: Weighted (USDA Default)

Age Group: Brkfst Grades K-12 **Period:** Breakfast **Week:** 5 **Day:** Monday **Count Type:** Forecasted **Total No. of Customers:** 20

Weekly Std.	SFA		Na (mg)	Fat		CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)	
	CAL	(g)		% of CAL	(g)																			% of CAL
450.00-500.00			540.00																					

M54297 BRD: DONUT, GLAZE MAPLE WG

12.00 @ 1 each	339.70	7.00	18.55	303.76	16.00	42.39	45.30	5.00	0.00	2.81	0.30*	9.50	0.00*	0.00*	0.00*	0.00	0.00*	0.00*	0.00*	0.00*	0.00*	14.17	0.00*	0.71
----------------	--------	------	-------	--------	-------	-------	-------	------	------	------	-------	------	-------	-------	-------	------	-------	-------	-------	-------	-------	-------	-------	------

M50442 CEREAL BWL, Cocoa Puffs RS WG

2.00 @ 1 bowl	110.05	0.00	0.00	160.08	1.50	12.27	25.01	2.00	0.00	2.00	-*	500.25	-*	-*	-*	6.00	-*	-*	-*	-*	-*	100.05	-*	4.50
---------------	--------	------	------	--------	------	-------	-------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M50524 CEREAL BWL, Lucky Charms WG

3.00 @ 1 bowl	110.00	0.00	0.00	180.00	1.00	8.18	23.00	2.00	0.00	2.00	-*	500.01	-*	-*	-*	6.00	-*	-*	-*	-*	-*	100.00	-*	4.50
---------------	--------	------	------	--------	------	------	-------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M52725 BRD: BAR, Cereal CocoPuf WG IW

6.00 @ 1 each	150.00	0.00	0.00	100.00	3.00	18.00	30.00	3.00	0.00	3.00	-*	100.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	200.00	-*	1.80
---------------	--------	------	------	--------	------	-------	-------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M52724 BRD: BAR, Cereal CinnTst WG IW

1.00 @ 1 each	150.00	0.00	0.00	115.00	3.50	21.00	30.00	2.00	0.00	3.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	200.00	-*	1.80
---------------	--------	------	------	--------	------	-------	-------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	--------	----	------

M51267 BRD: MUF AP, BLUEBRY 2OZ IW WG (1BG)

1.00 @ 1 muffin	190.00	2.00	9.47	130.00	6.00	28.42	31.00	3.00	40.00	2.00	-*	100.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	20.00	-*	0.72
-----------------	--------	------	------	--------	------	-------	-------	------	-------	------	----	--------	----	----	----	------	----	----	----	----	----	-------	----	------

M51268 BRD: MUF AP, CHOC CHOC CHIP 2OZ IW WG (1BG)

1.00 @ 1 muffin	200.00	2.00	9.00	135.00	6.00	27.00	32.00	4.00	40.00	3.00	180.00	100.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	40.00	-*	1.44
-----------------	--------	------	------	--------	------	-------	-------	------	-------	------	--------	--------	----	----	----	------	----	----	----	----	----	-------	----	------

M51848 BRD: POPTARTS, Straw 1.76oz WG

1.00 @ 1 package	180.00	1.00	5.00	180.00	2.50	12.50	38.00	2.00	0.00	3.00	-*	500.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	100.00	-*	1.80
------------------	--------	------	------	--------	------	-------	-------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M51849 BRD: POPTARTS, Cinn 1.76oz WG

1.00 @ 1 package	180.00	1.00	5.00	190.00	2.50	12.50	37.00	2.00	0.00	3.00	-*	500.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	100.00	-*	1.80
------------------	--------	------	------	--------	------	-------	-------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M51684 BRD: POPTARTS, Fudge 1.76oz WG

1.00 @ 1 package	180.00	1.00	5.00	190.00	3.00	15.00	38.00	3.00	0.00	3.00	-*	500.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	100.00	-*	1.80
------------------	--------	------	------	--------	------	-------	-------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M51994 CHEESE, COLBY JK Stick 1ea 1.0

1.00 @ 1 stick	90.00	4.00	40.00	200.01	6.00	60.00	0.00	7.00	20.00	0.00	0.00	200.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	200.01	-*	0.00
----------------	-------	------	-------	--------	------	-------	------	------	-------	------	------	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M50792 YOGURT SS, Trix Strawb/Ban 4oz

* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Flower Mound HS

Service Area: Flower Mound - 9-12 - OVS

Menu Name: Flower Mound HS 2018-2019 Menu - cycle 2 - week 5

Avg.Method: Weighted (USDA Default)

1.00 @ 1 each	80.00	0.00	0.00	60.00	0.50	5.63	15.00	4.00	5.00	0.00	140.00	500.04	-*	-*	-*	0.00	-*	-*	-*	-*	-*	100.01	-*	0.00
M51237 BRD: BREAD WG, Tst Marg 1sl																								
1.00 @ 1 slice	110.00	1.33	10.91	160.00	4.33	35.45	15.00	3.00	0.00	1.00	1.33*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	1.08
M50670 EGG: Hard Boiled FC AP 1.5																								
1.00 @ 1 each	80.00	1.50	16.88	60.00	5.00	56.25	1.00	6.00	185.00	0.00	-*	300.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	20.00	-*	0.72
M52975 BRD: WAFFLE, RS SS WG (3.25BG)																								
4.00 @ 1 each	240.06	0.00	0.00	506.14	2.86	10.71	50.30	6.86	0.00	6.86	1.05*	0.00	0.00*	0.00*	0.00*	0.00	0.00*	0.00*	0.00*	0.00*	0.00*	288.94	0.00*	3.09
M52657 FRUIT: BLUEBERRIES, Fz 1/8c																								
3.00 @ 1/8 cup	8.89	0.01	0.94	0.17	0.11	11.29	2.12	0.07	0.00	0.47	9.41	8.01	0.00	0.08	2.86	0.44	0.01	0.01	0.09	0.01	0.00	1.39	1.92	0.03
M53629 FRUIT: STRAWBERRIES, Frsh 1/8c																								
3.00 @ 1/8 cup	6.14	0.00	0.42	0.19	0.06	8.44	1.47	0.13	0.00	0.38	29.37	2.30	0.00	0.06	0.42	11.29	0.00	0.00	0.07	0.01	0.00	3.07	4.61	0.08
M52817 DESRT: TOPPING, CHOCOLATE CHIPS SEMISWT (TBSP)																								
5.00 @ 1 tablespoon	51.03	1.89	33.28	1.17	3.19	56.25	6.79	0.45	0.00	0.63	38.80	0.00	0.00	0.03	0.60	0.00	0.01	0.01	0.05	0.00	0.00	3.40	14.03	0.33
M52816 DESRT: TOPPING, Whipd NonDairy																								
5.00 @ 1 tablespoon	13.47	1.00	66.56	0.81	1.00	67.06	1.06	0.05	0.01	0.01	-*	0.20	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.15	-*	0.00
M66601 FRUIT: PEARS 135CT WHOLE 1/2C																								
5.00 @ 1 each	77.53	0.03	0.35	1.36	0.19	2.21	20.71	0.49	0.00	4.22	157.77	34.00	0.00	0.16	5.98	5.85	0.02	0.04	0.22	0.04	0.00	12.24	16.32	0.24
M50178 FRUIT: PINEAPPLE Tbits w/Jc1/2c																								
8.00 @ 1/2 cup	78.55	0.01	0.14	1.20	0.10	1.10	18.92	0.51	0.00	0.96	146.98	-*	-*	-*	-*	11.45	-*	-*	-*	-*	-*	16.87	-*	0.34
M53365 JUICE SS, Grape100% 4oz Cart																								
9.00 @ 1 each	80.00	0.00	0.00	15.00	0.00	0.00	18.00	1.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50																								
9.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00
M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50																								
6.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00
M53222 COND PC Margarine 5g																								
5.00 @ 1 each	30.00	1.00	30.00	30.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	500.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00

* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Flower Mound HS

Service Area: Flower Mound - 9-12 - OVS

Menu Name: Flower Mound HS 2018-2019 Menu - cycle 2 - week 5

Avg.Method: Weighted (USDA Default)

M50854 COND PC Jelly, #4 Smuckers

1.00 @ 1 each	35.00	0.00	0.00	5.00	0.00	0.00	9.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
---------------	-------	------	------	------	------	------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M50056 COND PC Sauce, Taco 9g

1.00 @ 1 each	5.00	0.00	0.00	55.00	0.00	0.00	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
---------------	------	------	------	-------	------	------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M50058 COND PC Syrup 1.4oz Smuckers

5.00 @ 1 each	110.00	0.00	0.00	25.00	0.00	0.00	29.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
---------------	--------	------	------	-------	------	------	-------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

Average	624.02	6.55	9.45	564.86	16.37	23.61	106.99	14.5	20.5	7.08	130.21*	805.83*	0*	.07*	2.14*	11.1	.01*	.01*	.09*	.01*	0*	431.66	8.57*	3.56
----------------	--------	------	------	--------	-------	-------	--------	------	------	------	---------	---------	----	------	-------	------	------	------	------	------	----	--------	-------	------

* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Flower Mound HS

Service Area: Flower Mound - 9-12 - OVS

Menu Name: Flower Mound HS 2018-2019 Menu - cycle 2 - week 5

Avg.Method: Weighted (USDA Default)

Age Group: Lunch Grades 9-12 **Period:** Lunch **Week:** 5 **Day:** Monday **Count Type:** Forecasted **Total No. of Customers:** 551

Weekly Std.	SFA		Na (mg)	Fat		CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)	
	CAL	(g)		% of CAL	(g)																			% of CAL
750.00-850.00		10.00	1420.00																					

M55117 SUB 6" FZ, CHIXFLT BRD PITTSBURGH WG 2.0 MWWW

48.00 @ 1 sandwich	523.18	7.33	12.61	906.44	20.66	35.54	54.33	25.65	49.96	7.00	260.00*	0.01	-*	-*	-*	3.21	-*	-*	-*	-*	-*	163.52	-*	2.65
--------------------	--------	------	-------	--------	-------	-------	-------	-------	-------	------	---------	------	----	----	----	------	----	----	----	----	----	--------	----	------

M51835 SALAD, CHIXPTY BUFRCHSCW2.0 MWWW

21.00 @ 1 each	289.24	2.53	7.88	730.48	15.96	49.65	12.82	20.41	51.72	4.33	160.78*	4976.51	0.00*	0.12*	43.60*	7.46	0.04*	0.04*	0.25*	0.06*	0.00*	34.66	17.48*	1.59
----------------	--------	------	------	--------	-------	-------	-------	-------	-------	------	---------	---------	-------	-------	--------	------	-------	-------	-------	-------	-------	-------	--------	------

M51831 BRD: BRDSTK DG, RIPSTK 1EA (1BG)

21.00 @ 1 each	80.00	0.00	0.00	95.00	1.00	11.25	15.00	3.00	0.00	2.00	-*	0.09	-*	-*	-*	0.00	-*	-*	-*	-*	-*	7.27	-*	0.71
----------------	-------	------	------	-------	------	-------	-------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M52043 PIZZA HUT PIZZA 6" EXPRESS CHZ SS 2.25

55.00 @ 1 pizza	374.18	4.99	12.01	685.27	13.41	32.25	38.44	24.92	24.70	4.27	-*	692.07	-*	-*	-*	5.36	-*	-*	-*	-*	-*	410.71	-*	2.57
-----------------	--------	------	-------	--------	-------	-------	-------	-------	-------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M53931 PIZZA HUT PIZZA 6" EXPRESS PEPP SS 2.0

120.00 @ 1 pizza	385.19	5.31	12.42	711.32	14.98	35.01	38.49	24.17	27.17	4.35	-*	662.85	-*	-*	-*	5.43	-*	-*	-*	-*	-*	354.34	-*	2.65
------------------	--------	------	-------	--------	-------	-------	-------	-------	-------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M54307 PIZZA HUT PIZZA 6" EXPRESS SSG SS 2.25

45.00 @ 1 pizza	439.08	7.15	14.66	836.54	20.45	41.92	38.35	25.40	37.42	4.27	-*	689.00	-*	-*	-*	5.36	-*	-*	-*	-*	-*	356.37	-*	2.86
-----------------	--------	------	-------	--------	-------	-------	-------	-------	-------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M54310 PIZZA HUT PIZZA 6" EXPRESS BBQ CHIX SS 2.25

35.00 @ 1 pizza	400.94	4.66	10.46	805.79	13.17	29.57	42.83	27.77	38.53	4.36	-*	667.19	-*	-*	-*	5.81	-*	-*	-*	-*	-*	350.99	-*	2.67
-----------------	--------	------	-------	--------	-------	-------	-------	-------	-------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M54520 PIZZA HUT COND PC CHEESE GRATED 2.5G

92.00 @ 1 each	10.00	0.00	0.00	50.00	1.00	90.00	0.00	1.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
----------------	-------	------	------	-------	------	-------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M54521 PIZZA HUT COND PC PEPPER RED CRUSHED 1G

40.00 @ 1 each	5.00	0.00	0.00	0.00	0.00	0.00	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
----------------	------	------	------	------	------	------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M52963 CHIX Popcorn, AP WG 2.0

120.00 @ 1 serving	250.19	2.72	9.78	380.72	14.14	50.87	15.23	15.23	21.76	3.26	-*	108.78	-*	-*	-*	0.00	-*	-*	-*	-*	-*	43.51	-*	1.96
--------------------	--------	------	------	--------	-------	-------	-------	-------	-------	------	----	--------	----	----	----	------	----	----	----	----	----	-------	----	------

M51753 CHIX Popcorn, AP Spicy WG 2.0

120.00 @ 1 serving	247.14	2.69	9.78	365.34	13.97	50.87	16.12	13.97	21.49	2.15	-*	107.45	-*	-*	-*	0.00	-*	-*	-*	-*	-*	42.98	-*	1.93
--------------------	--------	------	------	--------	-------	-------	-------	-------	-------	------	----	--------	----	----	----	------	----	----	----	----	----	-------	----	------

M51680 BRD: ROLL DG, WG 2.5oz

* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Flower Mound HS

Service Area: Flower Mound - 9-12 - OVS

Menu Name: Flower Mound HS 2018-2019 Menu - cycle 2 - week 5

Avg.Method: Weighted (USDA Default)

160.00 @ 1 each	170.00	0.50	2.65	135.00	3.00	15.88	28.00	7.00	0.00	3.40	-*	0.01	-*	-*	-*	0.01	-*	-*	-*	-*	-*	12.70	-*	0.85	
M51951 HOT DOG, Plain WG 2.0 Hi																									
18.00 @ 1 each	320.00	8.00	22.50	890.01	18.00	50.62	28.00	11.00	35.00	2.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	40.00	-*	1.80	
M55774 STICKS, MAX SNAX PIZZA W/MARINARA AP WG 2.0																									
36.00 @ 2 each	319.87	3.00	8.44	609.89	10.00	28.13	39.98	20.00	10.00	4.00	0.00*	498.95*	-*	-*	-*	8.98*	-*	-*	-*	-*	-*	459.92	-*	2.68	
M54308 STICKS, CRISPITO CHIXCHILI AP WG 2.0 (2EA)																									
22.00 @ 2 each	540.00	6.00	10.00	740.00	28.00	46.67	46.00	24.00	50.00	6.00	-*	1500.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	80.00	-*	3.60	
M51189 COND_Sauce, Chz SS W (LOL) .5																									
22.00 @ 2 fl oz	99.97	4.50	40.50	399.86	7.00	63.00	3.00	5.00	19.99	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	149.95	-*	0.00	
M51228 BRD: BUN, Hamburger WG																									
80.00 @ 1 each	140.00	0.00	0.00	300.00	2.00	12.86	27.00	5.00	0.00	2.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	40.00	-*	1.44	
M51648 BEEF Pty, AP 100% 2.0																									
79.00 @ 1 each	130.00	3.00	20.77	45.00	8.00	55.39	1.00	12.00	35.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	1.08	
M51359 CHIX FLT, BREAST GRD 2.0 MWWM																									
1.00 @ 1 each	100.00	1.00	9.00	310.00	4.00	36.00	1.00	15.00	40.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.72	
M51935 CHIX FLT, BREAST BRD WG 2.0 MWWM																									
36.00 @ 1 each	199.76	1.50	6.75	289.65	8.99	40.50	8.99	18.98	44.95	3.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	1.08	
M51936 CHIX FLT, BREAST BRD SPICY WG 2.0 MWWM																									
65.00 @ 1 each	199.86	2.00	9.00	329.76	9.99	45.00	8.99	18.99	44.97	1.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	1.44	
M51005 CHEESE, AM (184ct) Slices 1.0																									
42.00 @ 3 slice	134.99	6.75	45.00	599.97	10.50	70.00	1.50	7.50	37.50	0.00	-*	299.98	-*	-*	-*	0.00	-*	-*	-*	-*	-*	224.99	-*	0.00	
M53381 CHEESE, CH Slices 1.0																									
42.00 @ 2 slice	110.01	5.00	40.91	180.01	9.00	73.64	1.00	6.00	30.00	0.00	20.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	199.01	-*	0.00	
M53385 CHEESE, SW Slices 1.0																									
10.00 @ 2 slice	110.01	5.00	40.91	50.00	9.00	73.64	0.00	8.00	25.00	0.00	20.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	249.01	-*	0.00	
M50999 CHEESE, JK Slices 1.0																									
46.00 @ 2 slice	100.00	5.00	45.00	180.01	8.00	72.00	1.00	7.00	30.00	0.00	25.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	197.01	-*	0.00	
M51003 CHEESE, PV Slices 1.0																									

* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Flower Mound HS

Service Area: Flower Mound - 9-12 - OVS

Menu Name: Flower Mound HS 2018-2019 Menu - cycle 2 - week 5

Avg.Method: Weighted (USDA Default)

12.00 @ 2 slice	100.00	5.00	45.00	250.01	7.00	63.00	1.00	7.00	20.00	0.00	40.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	212.01	-*	0.00
-----------------	--------	------	-------	--------	------	-------	------	------	-------	------	-------	------	----	----	----	------	----	----	----	----	--------	----	------

M51017 VEG GARN: Rom Leaf 1ea

51.00 @ 1 each	2.41	0.01	2.06	1.13	0.04	15.88	0.47	0.17	0.00	0.30	35.01	1234.63	0.00	0.02	14.53	0.57	0.01	0.01	0.04	0.01	0.00	4.68	4.25	0.14
----------------	------	------	------	------	------	-------	------	------	------	------	-------	---------	------	------	-------	------	------	------	------	------	------	------	------	------

M51008 VEG: TOMATOES, FRESH SLCD (2SL) 1/8C

44.00 @ 1/8 cup	5.10	0.01	1.40	1.42	0.06	10.00	1.10	0.25	0.00	0.34	67.18	236.14	0.00	0.15	2.24	3.88	0.01	0.01	0.17	0.02	0.00	2.83	6.80	0.08
-----------------	------	------	------	------	------	-------	------	------	------	------	-------	--------	------	------	------	------	------	------	------	------	------	------	------	------

M53391 VEG: ONIONS, Yellow Slice 1ea

13.00 @ 1 slice	2.83	0.00	0.94	0.28	0.01	2.25	0.66	0.08	0.00	0.12	10.35	0.14	0.00	0.00	0.03	0.52	0.00	0.00	0.01	0.01	0.00	1.63	2.06	0.01
-----------------	------	------	------	------	------	------	------	------	------	------	-------	------	------	------	------	------	------	------	------	------	------	------	------	------

M50892 COND_PEPPERS, JALAPENO CND TBSP

38.00 @ 1 tablespoon	3.12	0.00	0.00	240.96	0.09	27.20	0.48	0.09	0.00	0.26	19.38	-*	-*	-*	-*	1.00	-*	-*	-*	-*	-*	2.31	-*	0.19
-------------------------	------	------	------	--------	------	-------	------	------	------	------	-------	----	----	----	----	------	----	----	----	----	----	------	----	------

M50176 COND_Pickle, Dill Slice 2ea

50.00 @ 2 slice	1.62	0.01	4.72	162.08	0.05	25.17	0.24	0.06	0.00	0.14	-*	0.00	-*	-*	-*	0.21	-*	-*	-*	-*	-*	8.65	-*	0.05
-----------------	------	------	------	--------	------	-------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M50479 SDW BD, Tky PV WG 2.0

7.00 @ 1 sandwich	320.00	5.50	15.47	790.01	11.00	30.94	33.00	22.00	45.00	2.00	40.00*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	232.01	-*	2.52
-------------------	--------	------	-------	--------	-------	-------	-------	-------	-------	------	--------	------	----	----	----	------	----	----	----	----	----	--------	----	------

M50962 SDW BD, SBJ WG 2.0

2.00 @ 1 sandwich	658.38	3.99	5.45	579.16	35.89	49.06	69.87	19.95	0.00	5.99	378.78*	0.00	0.00*	-*	-*	0.00	-*	-*	-*	-*	-*	59.81	-*	5.35
-------------------	--------	------	------	--------	-------	-------	-------	-------	------	------	---------	------	-------	----	----	------	----	----	----	----	----	-------	----	------

M52708 BRD: ROLL DG, Sub 6" WG

4.00 @ 1 roll	170.00	0.50	2.65	180.00	3.00	15.88	28.00	6.00	0.00	3.00	-*	0.01	-*	-*	-*	0.01	-*	-*	-*	-*	-*	13.52	-*	1.45
---------------	--------	------	------	--------	------	-------	-------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	-------	----	------

M52782 BRD: FLATBREAD 6" X 6" 2OZ WG (2BG)

20.00 @ 1 each	180.00	1.00	5.00	310.00	5.00	25.00	28.00	5.00	0.00	2.69	-*	0.07	-*	-*	-*	0.07	-*	-*	-*	-*	-*	22.88	-*	0.83
----------------	--------	------	------	--------	------	-------	-------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	-------	----	------

M53393 TKY, Breast Sliced 1.0

15.00 @ 1 serving	60.00	0.50	7.50	220.00	2.00	30.00	2.00	9.00	25.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	20.00	-*	0.36
-------------------	-------	------	------	--------	------	-------	------	------	-------	------	----	------	----	----	----	------	----	----	----	----	----	-------	----	------

M53569 CHIX, BLACK FOREST HAM SLICED 1.0

10.00 @ 1 serving	80.00	1.50	16.88	250.00	4.50	50.63	2.00	8.00	40.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.36
-------------------	-------	------	-------	--------	------	-------	------	------	-------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M51005 CHEESE, AM (184ct) Slices 1.0

5.00 @ 3 slice	134.99	6.75	45.00	599.97	10.50	70.00	1.50	7.50	37.50	0.00	-*	299.98	-*	-*	-*	0.00	-*	-*	-*	-*	-*	224.99	-*	0.00
----------------	--------	------	-------	--------	-------	-------	------	------	-------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M53381 CHEESE, CH Slices 1.0

3.00 @ 2 slice	110.01	5.00	40.91	180.01	9.00	73.64	1.00	6.00	30.00	0.00	20.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	199.01	-*	0.00
----------------	--------	------	-------	--------	------	-------	------	------	-------	------	-------	------	----	----	----	------	----	----	----	----	----	--------	----	------

M53385 CHEESE, SW Slices 1.0

* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Flower Mound HS

Service Area: Flower Mound - 9-12 - OVS

Menu Name: Flower Mound HS 2018-2019 Menu - cycle 2 - week 5

Avg.Method: Weighted (USDA Default)

2.00 @ 2 slice	110.01	5.00	40.91	50.00	9.00	73.64	0.00	8.00	25.00	0.00	20.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	249.01	-*	0.00
M50999 CHEESE, JK Slices 1.0																								
7.00 @ 2 slice	100.00	5.00	45.00	180.01	8.00	72.00	1.00	7.00	30.00	0.00	25.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	197.01	-*	0.00
M51003 CHEESE, PV Slices 1.0																								
8.00 @ 2 slice	100.00	5.00	45.00	250.01	7.00	63.00	1.00	7.00	20.00	0.00	40.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	212.01	-*	0.00
M51017 VEG GARN: Rom Leaf 1ea																								
25.00 @ 1 each	2.41	0.01	2.06	1.13	0.04	15.88	0.47	0.17	0.00	0.30	35.01	1234.63	0.00	0.02	14.53	0.57	0.01	0.01	0.04	0.01	0.00	4.68	4.25	0.14
M51008 VEG: TOMATOES, FRESH SLCD (2SL) 1/8C																								
15.00 @ 1/8 cup	5.10	0.01	1.40	1.42	0.06	10.00	1.10	0.25	0.00	0.34	67.18	236.14	0.00	0.15	2.24	3.88	0.01	0.01	0.17	0.02	0.00	2.83	6.80	0.08
M51013 VEG: ONIONS, Red Slice 1ea																								
24.00 @ 1 slice	2.83	0.00	0.94	0.28	0.01	2.25	0.66	0.08	0.00	0.12	10.35	0.14	0.00	0.00	0.03	0.52	0.00	0.00	0.01	0.01	0.00	1.63	2.06	0.01
M52162 VEG: SPINACH, FRESH LEAVES 1/4C																								
2.00 @ 1/4 cup	3.12	0.01	2.47	10.73	0.05	15.26	0.49	0.39	0.00	0.30	75.79	1273.70	0.00	0.28	65.59	3.82	0.01	0.03	0.10	0.03	0.00	13.45	6.66	0.37
M52661 VEG: CUCUMBER, Fresh Slice1/8c																								
1.00 @ 1/8 cup	2.75	0.01	2.22	0.37	0.02	6.60	0.66	0.12	0.00	0.09	26.91	19.22	0.00	0.01	3.00	0.51	0.00	0.01	0.02	0.01	0.00	2.93	4.39	0.05
M53523 VEG: PEPPERS, Red Strips1/4c																								
6.00 @ 1/4 cup	7.78	0.01	0.78	1.00	0.08	8.71	1.51	0.25	0.00	0.53	52.96	785.87	0.00	0.40	1.23	32.05	0.01	0.02	0.25	0.07	0.00	1.76	6.53	0.11
M50891 COND_OLIVES, BLACK SLICED TBSP																								
10.00 @ 1 tablespoon	14.04	0.17	10.96	58.74	1.27	81.48	0.52	0.13	0.00	0.31	-*	5.23	-*	-*	-*	0.21	-*	-*	-*	-*	-*	7.97	-*	0.18
M50176 COND_Pickle, Dill Slice 2ea																								
8.00 @ 2 slice	1.62	0.01	4.72	162.08	0.05	25.17	0.24	0.06	0.00	0.14	-*	0.00	-*	-*	-*	0.21	-*	-*	-*	-*	-*	8.65	-*	0.05
M66605 BRD: TORTILLA FLOUR 10" WG																								
60.00 @ 1 each	180.00	1.50	7.50	250.00	4.50	22.50	29.00	5.00	0.00	3.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	100.00	-*	1.44
M54540 BRD: TORTILLA, CHIP RND WG 2BG																								
59.00 @ 1 serving	224.59	1.60	6.43	184.48	9.63	38.57	32.08	3.21	0.00	3.21	0.00	0.00	0.00	-*	-*	0.00	-*	-*	-*	-*	-*	48.13	-*	0.80
M52229 RICE, Mex Spiced WG 2BG																								
57.00 @ 1 cup	219.91	0.43	1.77	132.15	1.89	7.73	44.52	5.07	1.98	2.30	152.55*	341.80*	0.00*	0.22*	2.30*	0.21*	0.01*	0.01*	0.09*	0.03*	0.00*	25.72	7.83*	1.14
M51175 BEEF Gd, Taco Meat SC 1.0																								

* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Flower Mound HS

Service Area: Flower Mound - 9-12 - OVS

Menu Name: Flower Mound HS 2018-2019 Menu - cycle 2 - week 5

Avg.Method: Weighted (USDA Default)

54.00 @ 1 No 24 Scoop	78.71	1.65	18.88	56.06	4.38	50.12	1.22	8.02	25.24	0.15	122.30*	121.25	0.57*	0.08*	0.61*	1.55	0.01*	0.06*	1.81*	0.13*	0.79*	9.04	69.27*	1.00
-----------------------	-------	------	-------	-------	------	-------	------	------	-------	------	---------	--------	-------	-------	-------	------	-------	-------	-------	-------	-------	------	--------	------

M52584 CHIX Strips, Fajita DkMt 1.0

60.00 @ 2 fl oz	76.93	1.01	11.78	124.77	3.56	41.66	1.34	10.09	35.00	0.09	9.12*	46.95	0.00*	0.07*	0.17*	0.02	0.00*	0.00*	0.03*	0.01*	0.00*	12.26	2.39*	0.69
-----------------	-------	------	-------	--------	------	-------	------	-------	-------	------	-------	-------	-------	-------	-------	------	-------	-------	-------	-------	-------	-------	-------	------

M67968 MMA: BEANS, PINTO KICKIN' 1.0

10.00 @ 1/4 cup	57.84	0.12	1.93	98.12	0.41	6.35	9.87	3.52	0.42	2.94	165.79*	37.72*	1.55*	0.00*	0.00*	0.64*	0.00*	0.00*	0.00*	0.00*	0.00*	32.66	0.00*	0.91
-----------------	-------	------	------	-------	------	------	------	------	------	------	---------	--------	-------	-------	-------	-------	-------	-------	-------	-------	-------	-------	-------	------

M53386 CHEESE, CH Shreds 1.0

40.00 @ 2 fl oz	110.00	6.00	49.09	189.99	9.00	73.64	1.00	7.00	30.00	0.00	0.00	280.99	-*	-*	-*	0.00	-*	-*	-*	-*	-*	201.99	-*	0.19
-----------------	--------	------	-------	--------	------	-------	------	------	-------	------	------	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M50921 COND_Sauce, Chz SS W (LOL) 1.0

120.00 @ 3 fl oz	149.95	6.75	40.50	599.79	10.50	63.00	4.50	7.50	29.99	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	224.92	-*	0.00
------------------	--------	------	-------	--------	-------	-------	------	------	-------	------	----	------	----	----	----	------	----	----	----	----	----	--------	----	------

M51420 VEG GARN: Rom Shrds/Tom Dice

80.00 @ 1 serving	5.03	0.01	1.56	1.63	0.06	11.41	1.06	0.27	0.00	0.40	67.90	794.43	0.00	0.12	8.94	3.20	0.01	0.01	0.15	0.02	0.00	4.47	7.23	0.13
-------------------	------	------	------	------	------	-------	------	------	------	------	-------	--------	------	------	------	------	------	------	------	------	------	------	------	------

M52379 VEG: ONIONS, Yellow Diced 1/8c

22.00 @ 1/8 cup	8.62	0.01	0.94	0.86	0.02	2.25	2.01	0.24	0.00	0.37	31.47	0.43	0.00	0.00	0.09	1.60	0.01	0.01	0.03	0.03	0.00	4.96	6.25	0.05
-----------------	------	------	------	------	------	------	------	------	------	------	-------	------	------	------	------	------	------	------	------	------	------	------	------	------

M50892 COND_PEPPERS, JALAPENO CND TBSP

30.00 @ 1 tablespoon	3.12	0.00	0.00	240.96	0.09	27.20	0.48	0.09	0.00	0.26	19.38	-*	-*	-*	-*	1.00	-*	-*	-*	-*	-*	2.31	-*	0.19
----------------------	------	------	------	--------	------	-------	------	------	------	------	-------	----	----	----	----	------	----	----	----	----	----	------	----	------

M50891 COND_OLIVES, BLACK SLICED TBSP

15.00 @ 1 tablespoon	14.04	0.17	10.96	58.74	1.27	81.48	0.52	0.13	0.00	0.31	-*	5.23	-*	-*	-*	0.21	-*	-*	-*	-*	-*	7.97	-*	0.18
----------------------	-------	------	-------	-------	------	-------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M55430 COND_HERB, CILANTRO

10.00 @ 1 tablespoon	0.82	0.00	0.55	1.63	0.02	20.35	0.13	0.08	0.00	0.10	18.46	239.13	0.00	0.09	10.99	0.96	0.00	0.01	0.04	0.01	0.00	2.37	1.70	0.06
----------------------	------	------	------	------	------	-------	------	------	------	------	-------	--------	------	------	-------	------	------	------	------	------	------	------	------	------

M54864 VEG: BLEND, 5 WAY MIX FZ MARG 1/2C

52.00 @ 1/2 cup	99.18	1.20	10.90	39.27	3.08	27.99	14.69	3.21	0.00	4.94	190.80	4799.21	0.00*	0.43*	26.37*	3.59	0.08*	0.13*	0.95*	0.08*	0.00*	28.05	57.23*	0.92
-----------------	-------	------	-------	-------	------	-------	-------	------	------	------	--------	---------	-------	-------	--------	------	-------	-------	-------	-------	-------	-------	--------	------

M50823 VEG: TOMATOES, GRAPE 1/2C

68.00 @ 1/2 cup	15.52	0.02	1.40	4.31	0.17	10.00	3.35	0.76	0.00	1.03	204.35	718.25	0.00	0.47	6.81	11.81	0.03	0.02	0.51	0.07	0.00	8.62	20.69	0.23
-----------------	-------	------	------	------	------	-------	------	------	------	------	--------	--------	------	------	------	-------	------	------	------	------	------	------	-------	------

M52149 VEG: SALAD, Side RomMix SC1c

48.00 @ 1 cup	13.23	0.02	1.38	12.10	0.15	10.29	2.85	0.69	0.00	1.26	146.56	4976.16	0.00	0.12	43.60	7.46	0.04	0.04	0.25	0.06	0.00	19.84	17.48	0.47
---------------	-------	------	------	-------	------	-------	------	------	------	------	--------	---------	------	------	-------	------	------	------	------	------	------	-------	-------	------

M54853 VEG: POTATO, FF THIN CUT GEN7 1/2C

432.00 @ 1/2 cup	103.88	0.92	7.94	122.21	3.67	31.77	16.50	1.22	0.00	1.22	232.27	0.00	0.00	-*	-*	2.93	-*	-*	-*	-*	-*	0.00	-*	0.22
------------------	--------	------	------	--------	------	-------	-------	------	------	------	--------	------	------	----	----	------	----	----	----	----	----	------	----	------

* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Flower Mound HS

Service Area: Flower Mound - 9-12 - OVS

Menu Name: Flower Mound HS 2018-2019 Menu - cycle 2 - week 5

Avg.Method: Weighted (USDA Default)

M51731 VEG: POTATO SWT, FF CRINKLE 1/2C

13.00 @ 1/2 cup	137.66	0.53	3.46	180.02	4.77	31.15	23.30	1.06	0.00	3.18	243.56	3176.86	-*	-*	-*	6.35	-*	-*	-*	-*	-*	21.18	-*	0.38
-----------------	--------	------	------	--------	------	-------	-------	------	------	------	--------	---------	----	----	----	------	----	----	----	----	----	-------	----	------

M50529 FRUIT: GRAPES, Fresh 1/2c

94.00 @ 1/2 cup	56.80	0.10	1.53	1.70	0.30	4.70	14.54	0.53	0.00	0.76	161.94	84.78	0.00	0.16	12.38	3.39	0.08	0.05	0.25	0.09	0.00	11.87	8.48	0.25
-----------------	-------	------	------	------	------	------	-------	------	------	------	--------	-------	------	------	-------	------	------	------	------	------	------	-------	------	------

M53549 FRUIT: APPLESAUCE,Unswt AP1/2c

122.00 @ 1/2 cup	52.77	0.00	0.00	10.55	0.00	0.00	13.72	0.00	0.00	2.11	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
------------------	-------	------	------	-------	------	------	-------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M50980 JUICE SS, Frt Bld 100% 4oz Crt

141.00 @ 1 each	60.00	0.00	0.00	10.00	0.00	0.00	14.00	0.00	0.00	0.00	100.00	0.00	-*	-*	-*	3.60	-*	-*	-*	-*	-*	0.00	-*	0.00
-----------------	-------	------	------	-------	------	------	-------	------	------	------	--------	------	----	----	----	------	----	----	----	----	----	------	----	------

M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50

108.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00
-------------------	--------	------	-------	--------	------	-------	-------	------	-------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50

119.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00
-------------------	--------	------	------	--------	------	------	-------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M50855 COND PC Ketchup 9g Heinz

290.00 @ 1 each	10.00	0.00	0.00	85.00	0.00	0.00	3.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
-----------------	-------	------	------	-------	------	------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M50055 COND PC Mayonnaise 12g

75.00 @ 1 each	80.00	1.50	16.87	75.00	8.00	90.00	1.00	0.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
----------------	-------	------	-------	-------	------	-------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M50284 COND PC Mustard 6g

85.00 @ 1 each	0.00	0.00	-	65.00	0.00	-	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
----------------	------	------	---	-------	------	---	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M53222 COND PC Margarine 5g

20.00 @ 1 each	30.00	1.00	30.00	30.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	500.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
----------------	-------	------	-------	-------	------	-------	------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	------	----	------

M50624 COND PC Drsg Ranch 12g

80.00 @ 1 each	50.00	0.00	0.00	100.00	5.00	90.00	1.00	0.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
----------------	-------	------	------	--------	------	-------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M50623 COND PC Drsg Italian 12g

8.00 @ 1 each	30.00	0.00	0.00	130.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	100.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
---------------	-------	------	------	--------	------	-------	------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	------	----	------

M53116 COND PC Drsg Honey Mustard 12g

49.00 @ 1 each	15.00	0.00	0.00	65.00	0.00	0.00	4.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
----------------	-------	------	------	-------	------	------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M50056 COND PC Sauce, Taco 9g

65.00 @ 1 each	5.00	0.00	0.00	55.00	0.00	0.00	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
----------------	------	------	------	-------	------	------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Flower Mound HS

Service Area: Flower Mound - 9-12 - OVS

Menu Name: Flower Mound HS 2018-2019 Menu - cycle 2 - week 5

Avg.Method: Weighted (USDA Default)

M50287 COND_PC Sauce, BBQ 12g

48.00 @ 1 each	15.00	0.00	0.00	160.00	0.00	0.00	4.00	0.00	0.00	0.00	-*	100.00	-*	-*	-*	0.60	-*	-*	-*	-*	-*	0.00	-*	0.00
----------------	-------	------	------	--------	------	------	------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	------	----	------

M51391 COND_Mayo, Chipotle W

48.00 @ 1 tablespoon	26.19	0.35	12.18	91.54	2.49	85.73	0.97	0.01	3.54	0.01	1.00*	91.64	-*	-*	-*	0.40	-*	-*	-*	-*	-*	0.00	-*	0.02
----------------------	-------	------	-------	-------	------	-------	------	------	------	------	-------	-------	----	----	----	------	----	----	----	----	----	------	----	------

M50060 COND_Mayo W

48.00 @ 1 tablespoon	33.07	0.47	12.86	94.49	3.31	90.00	0.94	0.00	4.72	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
----------------------	-------	------	-------	-------	------	-------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M50291 COND_Mustard, Yellow

48.00 @ 1 tablespoon	9.00	0.01	1.50	181.50	0.37	37.20	0.93	0.47	0.00	0.43	13.36	0.67	-*	-*	-*	0.13	-*	-*	-*	-*	-*	7.51	-*	0.19
----------------------	------	------	------	--------	------	-------	------	------	------	------	-------	------	----	----	----	------	----	----	----	----	----	------	----	------

M50692 COND_Dressing, DijonHnyMustard

48.00 @ 1 tablespoon	65.00	0.75	10.38	90.00	5.50	76.15	3.50	0.00	7.50	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
----------------------	-------	------	-------	-------	------	-------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M50622 COND_Dressing, Ranch Lite

48.00 @ 1 tablespoon	55.00	0.75	12.27	139.99	5.00	81.82	0.50	0.50	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	10.00	-*	0.00
----------------------	-------	------	-------	--------	------	-------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	-------	----	------

M50292 COND_Sauce, BBQ Original AP

48.00 @ 1 tablespoon	35.00	0.00	0.00	144.99	0.00	0.00	9.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	1.80	-*	-*	-*	-*	-*	0.00	-*	0.18
----------------------	-------	------	------	--------	------	------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M50063 COND_Sauce, Buffalo Wing AP

48.00 @ 1 tablespoon	4.38	0.02	4.79	363.06	0.22	45.51	0.48	0.11	0.17	0.12	21.32	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	2.22	-*	0.07
----------------------	------	------	------	--------	------	-------	------	------	------	------	-------	------	----	----	----	------	----	----	----	----	----	------	----	------

M50087 COND_Salsa, Pico SC 1/8c

48.00 @ 1/8 cup	6.68	0.01	1.17	37.20	0.07	9.84	1.46	0.29	0.00	0.40	69.99	231.76*	0.00*	0.15*	2.94*	4.04	0.01*	0.01*	0.16*	0.03*	0.00*	4.19	7.40*	0.11
-----------------	------	------	------	-------	------	------	------	------	------	------	-------	---------	-------	-------	-------	------	-------	-------	-------	-------	-------	------	-------	------

M66157 COND_SALSA, BLNDR SC 1/8C

48.00 @ 1/8 cup	9.65	0.01	1.33	45.21	0.10	9.06	2.10	0.42	0.00	0.59	27.10*	148.65*	0.00*	0.05*	6.02*	4.65	0.01*	0.01*	0.03*	0.02*	0.00*	16.79	4.05*	0.19
-----------------	------	------	------	-------	------	------	------	------	------	------	--------	---------	-------	-------	-------	------	-------	-------	-------	-------	-------	-------	-------	------

M53940 COND_Salsa, Verde SC 1/8c

48.00 @ 1/8 cup	10.75	0.03	2.54	25.36	0.23	19.29	2.13	0.37	0.00	0.61	83.93	260.93*	0.00*	0.16*	12.93*	3.96	0.02*	0.01*	0.40*	0.03*	0.00*	8.13	11.81*	0.22
-----------------	-------	------	------	-------	------	-------	------	------	------	------	-------	---------	-------	-------	--------	------	-------	-------	-------	-------	-------	------	--------	------

M53295 COND_Sour Cream AP

48.00 @ 1 tablespoon	30.00	1.75	52.50	25.00	3.00	90.00	1.00	0.50	10.00	0.00	-*	99.99	-*	-*	-*	0.00	-*	-*	-*	-*	-*	20.00	-*	0.00
----------------------	-------	------	-------	-------	------	-------	------	------	-------	------	----	-------	----	----	----	------	----	----	----	----	----	-------	----	------

M67404 BURG, BEEF CH BBQ TWISTER AP100% WG 2.5 FUEL 10/18

* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Flower Mound HS

Service Area: Flower Mound - 9-12 - OVS

Menu Name: Flower Mound HS 2018-2019 Menu - cycle 2 - week 5

Avg.Method: Weighted (USDA Default)

24.00 @ 1 each	420.00	6.25	13.39	737.51	17.50	37.50	45.00	20.75	50.00	2.75	107.50*	0.00	-*	-*	-*	3.60	-*	-*	-*	-*	-*	139.50	-*	3.11
----------------	--------	------	-------	--------	-------	-------	-------	-------	-------	------	---------	------	----	----	----	------	----	----	----	----	----	--------	----	------

M52950 BURG, BEEF PV PEPP PIZZA AP100% WG 2.5

24.00 @ 1 each	372.51	7.00	16.91	757.54	17.00	41.07	31.25	22.50	52.50	3.00	20.00*	150.04	-*	-*	-*	1.20	-*	-*	-*	-*	-*	146.00	-*	2.79
----------------	--------	------	-------	--------	-------	-------	-------	-------	-------	------	--------	--------	----	----	----	------	----	----	----	----	----	--------	----	------

Average	984.51	13.07	11.95	1747.33	40.69	37.2	105.37	47.83	86.98	10.34	417.31*	2447.05*	.08*	.25*	17.13*	14.15*	.04*	.04*	.52*	.07*	.08*	565.16	24.36*	5.11
----------------	--------	-------	-------	---------	-------	------	--------	-------	-------	-------	---------	----------	------	------	--------	--------	------	------	------	------	------	--------	--------	------

* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Flower Mound HS

Service Area: Flower Mound - 9-12 - OVS

Menu Name: Flower Mound HS 2018-2019 Menu - cycle 2 - week 5

Avg.Method: Weighted (USDA Default)

Age Group: Brkfst Grades K-12 **Period:** Breakfast **Week:** 5 **Day:** Tuesday **Count Type:** Forecasted **Total No. of Customers:** 21

Weekly Std.	SFA		Na (mg)	Fat		CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)	
	CAL	(g)		% of CAL	(g)																			% of CAL
450.00-500.00		10.00	540.00																					

M54367 MELT DONUT 1/2, EGG BACON AM CH WG 1.0

11.00 @ 1 sandwich	250.56	8.22	29.52	468.99	16.45	59.09	16.20	9.76	77.27	1.41	0.00*	243.73	-*	-*	-*	0.00	-*	-*	-*	-*	-*	146.23	-*	0.68
--------------------	--------	------	-------	--------	-------	-------	-------	------	-------	------	-------	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M51320 CEREAL BWL, Rice Krispies WG

1.00 @ 1 bowl	100.00	0.00	0.00	170.00	0.50	4.50	23.00	2.00	0.00	1.00	-*	1000.03	-*	-*	-*	12.00	-*	-*	-*	-*	-*	0.00	-*	8.10
---------------	--------	------	------	--------	------	------	-------	------	------	------	----	---------	----	----	----	-------	----	----	----	----	----	------	----	------

M50208 CEREAL BWL, CINN TST CRUNCH RS WG

1.00 @ 1 bowl	110.00	0.50	4.09	160.00	3.00	24.54	22.00	1.00	0.00	3.00	-*	400.01	-*	-*	-*	4.80	-*	-*	-*	-*	-*	200.01	-*	3.60
---------------	--------	------	------	--------	------	-------	-------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M50442 CEREAL BWL, Cocoa Puffs RS WG

1.00 @ 1 bowl	110.05	0.00	0.00	160.08	1.50	12.27	25.01	2.00	0.00	2.00	-*	500.25	-*	-*	-*	6.00	-*	-*	-*	-*	-*	100.05	-*	4.50
---------------	--------	------	------	--------	------	-------	-------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M50524 CEREAL BWL, Lucky Charms WG

2.00 @ 1 bowl	110.00	0.00	0.00	180.00	1.00	8.18	23.00	2.00	0.00	2.00	-*	500.01	-*	-*	-*	6.00	-*	-*	-*	-*	-*	100.00	-*	4.50
---------------	--------	------	------	--------	------	------	-------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M50525 CEREAL BWL, Trix RS WG

1.00 @ 1 bowl	110.00	0.00	0.00	140.00	1.00	8.18	24.00	1.00	0.00	1.00	-*	400.01	-*	-*	-*	4.80	-*	-*	-*	-*	-*	80.00	-*	4.50
---------------	--------	------	------	--------	------	------	-------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	-------	----	------

M52725 BRD: BAR, Cereal CocoPuf WG IW

1.00 @ 1 each	150.00	0.00	0.00	100.00	3.00	18.00	30.00	3.00	0.00	3.00	-*	100.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	200.00	-*	1.80
---------------	--------	------	------	--------	------	-------	-------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M52724 BRD: BAR, Cereal CinnTst WG IW

1.00 @ 1 each	150.00	0.00	0.00	115.00	3.50	21.00	30.00	2.00	0.00	3.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	200.00	-*	1.80
---------------	--------	------	------	--------	------	-------	-------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	--------	----	------

M51267 BRD: MUF AP, BLUEBRY 2OZ IW WG (1BG)

1.00 @ 1 muffin	190.00	2.00	9.47	130.00	6.00	28.42	31.00	3.00	40.00	2.00	-*	100.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	20.00	-*	0.72
-----------------	--------	------	------	--------	------	-------	-------	------	-------	------	----	--------	----	----	----	------	----	----	----	----	----	-------	----	------

M51268 BRD: MUF AP, CHOC CHOC CHIP 2OZ IW WG (1BG)

1.00 @ 1 muffin	200.00	2.00	9.00	135.00	6.00	27.00	32.00	4.00	40.00	3.00	180.00	100.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	40.00	-*	1.44
-----------------	--------	------	------	--------	------	-------	-------	------	-------	------	--------	--------	----	----	----	------	----	----	----	----	----	-------	----	------

M51848 BRD: POPTARTS, Straw 1.76oz WG

1.00 @ 1 package	180.00	1.00	5.00	180.00	2.50	12.50	38.00	2.00	0.00	3.00	-*	500.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	100.00	-*	1.80
------------------	--------	------	------	--------	------	-------	-------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M51849 BRD: POPTARTS, Cinn 1.76oz WG

* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Flower Mound HS

Service Area: Flower Mound - 9-12 - OVS

Menu Name: Flower Mound HS 2018-2019 Menu - cycle 2 - week 5

Avg.Method: Weighted (USDA Default)

1.00 @ 1 package	180.00	1.00	5.00	190.00	2.50	12.50	37.00	2.00	0.00	3.00	-*	500.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	100.00	-*	1.80
M51684 BRD: POPTARTS, Fudge 1.76oz WG																								
1.00 @ 1 package	180.00	1.00	5.00	190.00	3.00	15.00	38.00	3.00	0.00	3.00	-*	500.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	100.00	-*	1.80
M51994 CHEESE, COLBY JK Stick 1ea 1.0																								
1.00 @ 1 stick	90.00	4.00	40.00	200.01	6.00	60.00	0.00	7.00	20.00	0.00	0.00	200.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	200.01	-*	0.00
M50792 YOGURT SS, Trix Strawb/Ban 4oz																								
1.00 @ 1 each	80.00	0.00	0.00	60.00	0.50	5.63	15.00	4.00	5.00	0.00	140.00	500.04	-*	-*	-*	0.00	-*	-*	-*	-*	-*	100.01	-*	0.00
M51237 BRD: BREAD WG, Tst Marg 1sl																								
1.00 @ 1 slice	110.00	1.33	10.91	160.00	4.33	35.45	15.00	3.00	0.00	1.00	1.33*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	1.08
M50670 EGG: Hard Boiled FC AP 1.5																								
1.00 @ 1 each	80.00	1.50	16.88	60.00	5.00	56.25	1.00	6.00	185.00	0.00	-*	300.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	20.00	-*	0.72
M52975 BRD: WAFFLE, RS SS WG (3.25BG)																								
4.00 @ 1 each	240.06	0.00	0.00	506.14	2.86	10.71	50.30	6.86	0.00	6.86	1.05*	0.00	0.00*	0.00*	0.00*	0.00	0.00*	0.00*	0.00*	0.00*	0.00*	288.94	0.00*	3.09
M52657 FRUIT: BLUEBERRIES, Fz 1/8c																								
2.00 @ 1/8 cup	8.89	0.01	0.94	0.17	0.11	11.29	2.12	0.07	0.00	0.47	9.41	8.01	0.00	0.08	2.86	0.44	0.01	0.01	0.09	0.01	0.00	1.39	1.92	0.03
M53629 FRUIT: STRAWBERRIES, Frsh 1/8c																								
2.00 @ 1/8 cup	6.14	0.00	0.42	0.19	0.06	8.44	1.47	0.13	0.00	0.38	29.37	2.30	0.00	0.06	0.42	11.29	0.00	0.00	0.07	0.01	0.00	3.07	4.61	0.08
M52817 DESRT: TOPPING, CHOCOLATE CHIPS SEMISWT (TBSP)																								
4.00 @ 1 tablespoon	51.03	1.89	33.28	1.17	3.19	56.25	6.79	0.45	0.00	0.63	38.80	0.00	0.00	0.03	0.60	0.00	0.01	0.01	0.05	0.00	0.00	3.40	14.03	0.33
M52816 DESRT: TOPPING, Whipd NonDairy																								
4.00 @ 1 tablespoon	13.47	1.00	66.56	0.81	1.00	67.06	1.06	0.05	0.01	0.01	-*	0.20	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.15	-*	0.00
M50529 FRUIT: GRAPES, Fresh 1/2c																								
6.00 @ 1/2 cup	56.80	0.10	1.53	1.70	0.30	4.70	14.54	0.53	0.00	0.76	161.94	84.78	0.00	0.16	12.38	3.39	0.08	0.05	0.25	0.09	0.00	11.87	8.48	0.25
M50427 FRUIT: FRUIT MIX w/Jc 1/2c																								
3.00 @ 1/2 cup	60.01	0.00	0.00	5.00	0.00	0.00	13.00	1.00	0.00	1.00	-*	200.03	-*	-*	-*	1.20	-*	-*	-*	-*	-*	0.00	-*	0.00
M50979 JUICE SS, Apple 100% 4oz Cart																								
10.00 @ 1 each	60.00	0.00	0.00	15.00	0.00	0.00	14.00	0.00	0.00	0.00	85.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00

* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Flower Mound HS

Service Area: Flower Mound - 9-12 - OVS

Menu Name: Flower Mound HS 2018-2019 Menu - cycle 2 - week 5

Avg.Method: Weighted (USDA Default)

M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50

4.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00
-----------------	--------	------	-------	--------	------	-------	-------	------	-------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50

4.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00
-----------------	--------	------	------	--------	------	------	-------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M53222 COND PC Margarine 5g

1.00 @ 1 each	30.00	1.00	30.00	30.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	500.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
---------------	-------	------	-------	-------	------	-------	------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	------	----	------

M50854 COND PC Jelly, #4 Smuckers

1.00 @ 1 each	35.00	0.00	0.00	5.00	0.00	0.00	9.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
---------------	-------	------	------	------	------	------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M50056 COND PC Sauce, Taco 9g

1.00 @ 1 each	5.00	0.00	0.00	55.00	0.00	0.00	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
---------------	------	------	------	-------	------	------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M50058 COND PC Syrup 1.4oz Smuckers

4.00 @ 1 each	110.00	0.00	0.00	25.00	0.00	0.00	29.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
---------------	--------	------	------	-------	------	------	-------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

Average	418.83	5.9	12.68	538.45	13.08	28.1	64.25	12.21	57.15	4.13	113.33*	686.27	0*	.06*	3.96*	4.89	.02*	.02*	.1*	.03*	0*	329.47	5.72*	3.12
----------------	--------	-----	-------	--------	-------	------	-------	-------	-------	------	---------	--------	----	------	-------	------	------	------	-----	------	----	--------	-------	------

* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Flower Mound HS

Service Area: Flower Mound - 9-12 - OVS

Menu Name: Flower Mound HS 2018-2019 Menu - cycle 2 - week 5

Avg.Method: Weighted (USDA Default)

Age Group: Lunch Grades 9-12 **Period:** Lunch **Week:** 5 **Day:** Tuesday **Count Type:** Forecasted **Total No. of Customers:** 576

Weekly Std.	SFA		Na (mg)	Fat		CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)	
	CAL	(g)		% of CAL	(g)																			% of CAL
750.00-850.00		10.00	1420.00																					

M66507 QUES 6" CH WG 2.0

91.00 @ 1 each	400.01	13.00	29.25	630.01	23.00	51.75	30.00	20.00	60.00	2.00	0.00*	562.02	-*	-*	-*	0.00	-*	-*	-*	-*	-*	524.01	-*	1.82
----------------	--------	-------	-------	--------	-------	-------	-------	-------	-------	------	-------	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M53804 SALAD, ChixDod Ndl Asian WG2.0

18.00 @ 2 Spoodle 6 FLOZ	275.37	1.29	4.22	542.23	5.80	18.94	36.57	18.87	42.23	5.94	221.93*	1817.05	0.00*	0.16*	9.93*	2.39	0.03*	0.05*	0.37*	0.03*	0.00*	28.41	21.78*	2.30
-----------------------------	--------	------	------	--------	------	-------	-------	-------	-------	------	---------	---------	-------	-------	-------	------	-------	-------	-------	-------	-------	-------	--------	------

M51680 BRD: ROLL DG, WG 2.5oz

18.00 @ 1 each	170.00	0.50	2.65	135.00	3.00	15.88	28.00	7.00	0.00	3.40	-*	0.01	-*	-*	-*	0.01	-*	-*	-*	-*	-*	12.70	-*	0.85
----------------	--------	------	------	--------	------	-------	-------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	-------	----	------

M52043 PIZZA HUT PIZZA 6" EXPRESS CHZ SS 2.25

55.00 @ 1 pizza	374.18	4.99	12.01	685.27	13.41	32.25	38.44	24.92	24.70	4.27	-*	692.07	-*	-*	-*	5.36	-*	-*	-*	-*	-*	410.71	-*	2.57
-----------------	--------	------	-------	--------	-------	-------	-------	-------	-------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M53931 PIZZA HUT PIZZA 6" EXPRESS PEPP SS 2.0

120.00 @ 1 pizza	385.19	5.31	12.42	711.32	14.98	35.01	38.49	24.17	27.17	4.35	-*	662.85	-*	-*	-*	5.43	-*	-*	-*	-*	-*	354.34	-*	2.65
------------------	--------	------	-------	--------	-------	-------	-------	-------	-------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M54307 PIZZA HUT PIZZA 6" EXPRESS SSG SS 2.25

45.00 @ 1 pizza	439.08	7.15	14.66	836.54	20.45	41.92	38.35	25.40	37.42	4.27	-*	689.00	-*	-*	-*	5.36	-*	-*	-*	-*	-*	356.37	-*	2.86
-----------------	--------	------	-------	--------	-------	-------	-------	-------	-------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M54310 PIZZA HUT PIZZA 6" EXPRESS BBQ CHIX SS 2.25

35.00 @ 1 pizza	400.94	4.66	10.46	805.79	13.17	29.57	42.83	27.77	38.53	4.36	-*	667.19	-*	-*	-*	5.81	-*	-*	-*	-*	-*	350.99	-*	2.67
-----------------	--------	------	-------	--------	-------	-------	-------	-------	-------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M54520 PIZZA HUT COND PC CHEESE GRATED 2.5G

100.00 @ 1 each	10.00	0.00	0.00	50.00	1.00	90.00	0.00	1.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
-----------------	-------	------	------	-------	------	-------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M54521 PIZZA HUT COND PC PEPPER RED CRUSHED 1G

50.00 @ 1 each	5.00	0.00	0.00	0.00	0.00	0.00	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
----------------	------	------	------	------	------	------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M52587 CHIX TENDER, GLDN CRISPY (3) WG 2.0 MWWW

54.00 @ 3 each	239.64	2.25	8.44	404.38	11.98	45.00	11.98	19.47	44.93	1.50	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	1.62
----------------	--------	------	------	--------	-------	-------	-------	-------	-------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M51753 CHIX Popcorn, AP Spicy WG 2.0

100.00 @ 1 serving	247.14	2.69	9.78	365.34	13.97	50.87	16.12	13.97	21.49	2.15	-*	107.45	-*	-*	-*	0.00	-*	-*	-*	-*	-*	42.98	-*	1.93
--------------------	--------	------	------	--------	-------	-------	-------	-------	-------	------	----	--------	----	----	----	------	----	----	----	----	----	-------	----	------

M51275 CHIX NUGGET, BNLS WING WG (5) 2.0 MWWW

* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Flower Mound HS

Service Area: Flower Mound - 9-12 - OVS

Menu Name: Flower Mound HS 2018-2019 Menu - cycle 2 - week 5

Avg.Method: Weighted (USDA Default)

100.00 @ 5 each	200.86	1.88	8.44	338.95	8.79	39.38	12.55	17.58	25.11	2.51	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.90
M51680 BRD: ROLL DG, WG 2.5oz																								
160.00 @ 1 each	170.00	0.50	2.65	135.00	3.00	15.88	28.00	7.00	0.00	3.40	-*	0.01	-*	-*	-*	0.01	-*	-*	-*	-*	-*	12.70	-*	0.85
M53275 MELT BD, AM WG 2.0																								
12.00 @ 1 sandwich	385.00	11.25	26.30	1320.00	19.50	45.58	32.50	18.50	62.50	2.00	-*	500.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	375.00	-*	2.16
M51228 BRD: BUN, Hamburger WG																								
175.00 @ 1 each	140.00	0.00	0.00	300.00	2.00	12.86	27.00	5.00	0.00	2.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	40.00	-*	1.44
M51648 BEEF Pty, AP 100% 2.0																								
70.00 @ 1 each	130.00	3.00	20.77	45.00	8.00	55.39	1.00	12.00	35.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	1.08
M51359 CHIX FLT, BREAST GRD 2.0 MWWM																								
2.00 @ 1 each	100.00	1.00	9.00	310.00	4.00	36.00	1.00	15.00	40.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.72
M51935 CHIX FLT, BREAST BRD WG 2.0 MWWM																								
38.00 @ 1 each	199.76	1.50	6.75	289.65	8.99	40.50	8.99	18.98	44.95	3.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	1.08
M51936 CHIX FLT, BREAST BRD SPICY WG 2.0 MWWM																								
65.00 @ 1 each	199.86	2.00	9.00	329.76	9.99	45.00	8.99	18.99	44.97	1.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	1.44
M51005 CHEESE, AM (184ct) Slices 1.0																								
49.00 @ 3 slice	134.99	6.75	45.00	599.97	10.50	70.00	1.50	7.50	37.50	0.00	-*	299.98	-*	-*	-*	0.00	-*	-*	-*	-*	-*	224.99	-*	0.00
M53381 CHEESE, CH Slices 1.0																								
45.00 @ 2 slice	110.01	5.00	40.91	180.01	9.00	73.64	1.00	6.00	30.00	0.00	20.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	199.01	-*	0.00
M53385 CHEESE, SW Slices 1.0																								
9.00 @ 2 slice	110.01	5.00	40.91	50.00	9.00	73.64	0.00	8.00	25.00	0.00	20.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	249.01	-*	0.00
M50999 CHEESE, JK Slices 1.0																								
30.00 @ 2 slice	100.00	5.00	45.00	180.01	8.00	72.00	1.00	7.00	30.00	0.00	25.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	197.01	-*	0.00
M51003 CHEESE, PV Slices 1.0																								
20.00 @ 2 slice	100.00	5.00	45.00	250.01	7.00	63.00	1.00	7.00	20.00	0.00	40.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	212.01	-*	0.00
M51017 VEG GARN: Rom Leaf 1ea																								
44.00 @ 1 each	2.41	0.01	2.06	1.13	0.04	15.88	0.47	0.17	0.00	0.30	35.01	1234.63	0.00	0.02	14.53	0.57	0.01	0.01	0.04	0.01	0.00	4.68	4.25	0.14
M51008 VEG: TOMATOES, FRESH SLCD (2SL) 1/8C																								

* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Flower Mound HS

Service Area: Flower Mound - 9-12 - OVS

Menu Name: Flower Mound HS 2018-2019 Menu - cycle 2 - week 5

Avg.Method: Weighted (USDA Default)

56.00 @ 1/8 cup	5.10	0.01	1.40	1.42	0.06	10.00	1.10	0.25	0.00	0.34	67.18	236.14	0.00	0.15	2.24	3.88	0.01	0.01	0.17	0.02	0.00	2.83	6.80	0.08
-----------------	------	------	------	------	------	-------	------	------	------	------	-------	--------	------	------	------	------	------	------	------	------	------	------	------	------

M53391 VEG: ONIONS, Yellow Slice 1ea

20.00 @ 1 slice	2.83	0.00	0.94	0.28	0.01	2.25	0.66	0.08	0.00	0.12	10.35	0.14	0.00	0.00	0.03	0.52	0.00	0.00	0.01	0.01	0.00	1.63	2.06	0.01
-----------------	------	------	------	------	------	------	------	------	------	------	-------	------	------	------	------	------	------	------	------	------	------	------	------	------

M50892 COND_PEPPERS, JALAPENO CND TBSP

28.00 @ 1 tablespoon	3.12	0.00	0.00	240.96	0.09	27.20	0.48	0.09	0.00	0.26	19.38	-*	-*	-*	-*	1.00	-*	-*	-*	-*	-*	2.31	-*	0.19
-------------------------	------	------	------	--------	------	-------	------	------	------	------	-------	----	----	----	----	------	----	----	----	----	----	------	----	------

M50176 COND_Pickle, Dill Slice 2ea

50.00 @ 2 slice	1.62	0.01	4.72	162.08	0.05	25.17	0.24	0.06	0.00	0.14	-*	0.00	-*	-*	-*	0.21	-*	-*	-*	-*	-*	8.65	-*	0.05
-----------------	------	------	------	--------	------	-------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M66748 WRAP 10", CHIXDCD CAES W WG 2.0

11.00 @ 1 each	381.22	4.16	9.81	528.02	18.13	42.81	32.78	19.91	44.57	3.94	137.21*	2755.42	0.00*	0.19*	31.30*	5.02	0.03*	0.02*	0.26*	0.04*	0.00*	122.19	15.31*	2.34
----------------	--------	------	------	--------	-------	-------	-------	-------	-------	------	---------	---------	-------	-------	--------	------	-------	-------	-------	-------	-------	--------	--------	------

M50962 SDW BD, SBJ WG 2.0

7.00 @ 1 sandwich	658.38	3.99	5.45	579.16	35.89	49.06	69.87	19.95	0.00	5.99	378.78*	0.00	0.00*	-*	-*	0.00	-*	-*	-*	-*	-*	59.81	-*	5.35
-------------------	--------	------	------	--------	-------	-------	-------	-------	------	------	---------	------	-------	----	----	------	----	----	----	----	----	-------	----	------

M52708 BRD: ROLL DG, Sub 6" WG

3.00 @ 1 roll	170.00	0.50	2.65	180.00	3.00	15.88	28.00	6.00	0.00	3.00	-*	0.01	-*	-*	-*	0.01	-*	-*	-*	-*	-*	13.52	-*	1.45
---------------	--------	------	------	--------	------	-------	-------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	-------	----	------

M52782 BRD: FLATBREAD 6" X 6" 2OZ WG (2BG)

24.00 @ 1 each	180.00	1.00	5.00	310.00	5.00	25.00	28.00	5.00	0.00	2.69	-*	0.07	-*	-*	-*	0.07	-*	-*	-*	-*	-*	22.88	-*	0.83
----------------	--------	------	------	--------	------	-------	-------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	-------	----	------

M54775 BRD: CROISSANT, SLICED WG

1.00 @ 1 each	243.91	6.47	23.87	253.40	12.05	44.44	29.25	5.44	32.35	0.91	15.14	313.46	0.31	0.00	0.00	2.82	0.25	1.93	0.85	0.00	0.01	15.66	3.96	1.63
---------------	--------	------	-------	--------	-------	-------	-------	------	-------	------	-------	--------	------	------	------	------	------	------	------	------	------	-------	------	------

M53393 TKY, Breast Sliced 1.0

10.00 @ 1 serving	60.00	0.50	7.50	220.00	2.00	30.00	2.00	9.00	25.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	20.00	-*	0.36
-------------------	-------	------	------	--------	------	-------	------	------	-------	------	----	------	----	----	----	------	----	----	----	----	----	-------	----	------

M53569 CHIX, BLACK FOREST HAM SLICED 1.0

13.00 @ 1 serving	80.00	1.50	16.88	250.00	4.50	50.63	2.00	8.00	40.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.36
-------------------	-------	------	-------	--------	------	-------	------	------	-------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M51976 CHIX Dcd Deli Salad W 1.0

2.00 @ 1 No 16 Scoop	76.63	0.94	10.98	129.00	4.42	51.89	1.48	6.99	24.65	0.18	27.40*	47.33	0.00*	0.03*	2.98*	0.37	0.00*	0.01*	0.03*	0.01*	0.00*	4.41	2.64*	0.30
-------------------------	-------	------	-------	--------	------	-------	------	------	-------	------	--------	-------	-------	-------	-------	------	-------	-------	-------	-------	-------	------	-------	------

M51005 CHEESE, AM (184ct) Slices 1.0

5.00 @ 3 slice	134.99	6.75	45.00	599.97	10.50	70.00	1.50	7.50	37.50	0.00	-*	299.98	-*	-*	-*	0.00	-*	-*	-*	-*	-*	224.99	-*	0.00
----------------	--------	------	-------	--------	-------	-------	------	------	-------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M53381 CHEESE, CH Slices 1.0

9.00 @ 2 slice	110.01	5.00	40.91	180.01	9.00	73.64	1.00	6.00	30.00	0.00	20.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	199.01	-*	0.00
----------------	--------	------	-------	--------	------	-------	------	------	-------	------	-------	------	----	----	----	------	----	----	----	----	----	--------	----	------

* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Flower Mound HS

Service Area: Flower Mound - 9-12 - OVS

Menu Name: Flower Mound HS 2018-2019 Menu - cycle 2 - week 5

Avg.Method: Weighted (USDA Default)

M53385 CHEESE, SW Slices 1.0

4.00 @ 2 slice	110.01	5.00	40.91	50.00	9.00	73.64	0.00	8.00	25.00	0.00	20.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	249.01	-*	0.00
----------------	--------	------	-------	-------	------	-------	------	------	-------	------	-------	------	----	----	----	------	----	----	----	----	----	--------	----	------

M50999 CHEESE, JK Slices 1.0

3.00 @ 2 slice	100.00	5.00	45.00	180.01	8.00	72.00	1.00	7.00	30.00	0.00	25.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	197.01	-*	0.00
----------------	--------	------	-------	--------	------	-------	------	------	-------	------	-------	------	----	----	----	------	----	----	----	----	----	--------	----	------

M51003 CHEESE, PV Slices 1.0

7.00 @ 2 slice	100.00	5.00	45.00	250.01	7.00	63.00	1.00	7.00	20.00	0.00	40.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	212.01	-*	0.00
----------------	--------	------	-------	--------	------	-------	------	------	-------	------	-------	------	----	----	----	------	----	----	----	----	----	--------	----	------

M51017 VEG GARN: Rom Leaf 1ea

20.00 @ 1 each	2.41	0.01	2.06	1.13	0.04	15.88	0.47	0.17	0.00	0.30	35.01	1234.63	0.00	0.02	14.53	0.57	0.01	0.01	0.04	0.01	0.00	4.68	4.25	0.14
----------------	------	------	------	------	------	-------	------	------	------	------	-------	---------	------	------	-------	------	------	------	------	------	------	------	------	------

M51008 VEG: TOMATOES, FRESH SLCD (2SL) 1/8C

10.00 @ 1/8 cup	5.10	0.01	1.40	1.42	0.06	10.00	1.10	0.25	0.00	0.34	67.18	236.14	0.00	0.15	2.24	3.88	0.01	0.01	0.17	0.02	0.00	2.83	6.80	0.08
-----------------	------	------	------	------	------	-------	------	------	------	------	-------	--------	------	------	------	------	------	------	------	------	------	------	------	------

M51013 VEG: ONIONS, Red Slice 1ea

8.00 @ 1 slice	2.83	0.00	0.94	0.28	0.01	2.25	0.66	0.08	0.00	0.12	10.35	0.14	0.00	0.00	0.03	0.52	0.00	0.00	0.01	0.01	0.00	1.63	2.06	0.01
----------------	------	------	------	------	------	------	------	------	------	------	-------	------	------	------	------	------	------	------	------	------	------	------	------	------

M53523 VEG: PEPPERS, Red Strips1/4c

5.00 @ 1/4 cup	7.78	0.01	0.78	1.00	0.08	8.71	1.51	0.25	0.00	0.53	52.96	785.87	0.00	0.40	1.23	32.05	0.01	0.02	0.25	0.07	0.00	1.76	6.53	0.11
----------------	------	------	------	------	------	------	------	------	------	------	-------	--------	------	------	------	-------	------	------	------	------	------	------	------	------

M50891 COND_OLIVES, BLACK SLICED TBSP

6.00 @ 1 tablespoon	14.04	0.17	10.96	58.74	1.27	81.48	0.52	0.13	0.00	0.31	-*	5.23	-*	-*	-*	0.21	-*	-*	-*	-*	-*	7.97	-*	0.18
---------------------	-------	------	-------	-------	------	-------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M50176 COND_Pickle, Dill Slice 2ea

13.00 @ 2 slice	1.62	0.01	4.72	162.08	0.05	25.17	0.24	0.06	0.00	0.14	-*	0.00	-*	-*	-*	0.21	-*	-*	-*	-*	-*	8.65	-*	0.05
-----------------	------	------	------	--------	------	-------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M66605 BRD: TORTILLA FLOUR 10" WG

68.00 @ 1 each	180.00	1.50	7.50	250.00	4.50	22.50	29.00	5.00	0.00	3.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	100.00	-*	1.44
----------------	--------	------	------	--------	------	-------	-------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	--------	----	------

M54540 BRD: TORTILLA, CHIP RND WG 2BG

50.00 @ 1 serving	224.59	1.60	6.43	184.48	9.63	38.57	32.08	3.21	0.00	3.21	0.00	0.00	0.00	-*	-*	0.00	-*	-*	-*	-*	-*	48.13	-*	0.80
-------------------	--------	------	------	--------	------	-------	-------	------	------	------	------	------	------	----	----	------	----	----	----	----	----	-------	----	------

M52229 RICE, Mex Spiced WG 2BG

50.00 @ 1 cup	219.91	0.43	1.77	132.15	1.89	7.73	44.52	5.07	1.98	2.30	152.55*	341.80*	0.00*	0.22*	2.30*	0.21*	0.01*	0.01*	0.09*	0.03*	0.00*	25.72	7.83*	1.14
---------------	--------	------	------	--------	------	------	-------	------	------	------	---------	---------	-------	-------	-------	-------	-------	-------	-------	-------	-------	-------	-------	------

M51175 BEEF Gd, Taco Meat SC 1.0

100.00 @ 1 No 24 Scoop	78.71	1.65	18.88	56.06	4.38	50.12	1.22	8.02	25.24	0.15	122.30*	121.25	0.57*	0.08*	0.61*	1.55	0.01*	0.06*	1.81*	0.13*	0.79*	9.04	69.27*	1.00
------------------------	-------	------	-------	-------	------	-------	------	------	-------	------	---------	--------	-------	-------	-------	------	-------	-------	-------	-------	-------	------	--------	------

M52584 CHIX Strips, Fajita DkMt 1.0

* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Flower Mound HS

Service Area: Flower Mound - 9-12 - OVS

Menu Name: Flower Mound HS 2018-2019 Menu - cycle 2 - week 5

Avg.Method: Weighted (USDA Default)

60.00 @ 2 fl oz	76.93	1.01	11.78	124.77	3.56	41.66	1.34	10.09	35.00	0.09	9.12*	46.95	0.00*	0.07*	0.17*	0.02	0.00*	0.00*	0.03*	0.01*	0.00*	12.26	2.39*	0.69
-----------------	-------	------	-------	--------	------	-------	------	-------	-------	------	-------	-------	-------	-------	-------	------	-------	-------	-------	-------	-------	-------	-------	------

M67968 MMA: BEANS, PINTO KICKIN' 1.0

13.00 @ 1/4 cup	57.84	0.12	1.93	98.12	0.41	6.35	9.87	3.52	0.42	2.94	165.79*	37.72*	1.55*	0.00*	0.00*	0.64*	0.00*	0.00*	0.00*	0.00*	0.00*	32.66	0.00*	0.91
-----------------	-------	------	------	-------	------	------	------	------	------	------	---------	--------	-------	-------	-------	-------	-------	-------	-------	-------	-------	-------	-------	------

M53386 CHEESE, CH Shreds 1.0

40.00 @ 2 fl oz	110.00	6.00	49.09	189.99	9.00	73.64	1.00	7.00	30.00	0.00	0.00	280.99	-*	-*	-*	0.00	-*	-*	-*	-*	-*	201.99	-*	0.19
-----------------	--------	------	-------	--------	------	-------	------	------	-------	------	------	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M50921 COND_Sauce, Chz SS W (LOL) 1.0

95.00 @ 3 fl oz	149.95	6.75	40.50	599.79	10.50	63.00	4.50	7.50	29.99	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	224.92	-*	0.00
-----------------	--------	------	-------	--------	-------	-------	------	------	-------	------	----	------	----	----	----	------	----	----	----	----	----	--------	----	------

M51420 VEG GARN: Rom Shrds/Tom Dice

60.00 @ 1 serving	5.03	0.01	1.56	1.63	0.06	11.41	1.06	0.27	0.00	0.40	67.90	794.43	0.00	0.12	8.94	3.20	0.01	0.01	0.15	0.02	0.00	4.47	7.23	0.13
-------------------	------	------	------	------	------	-------	------	------	------	------	-------	--------	------	------	------	------	------	------	------	------	------	------	------	------

M52379 VEG: ONIONS, Yellow Diced 1/8c

20.00 @ 1/8 cup	8.62	0.01	0.94	0.86	0.02	2.25	2.01	0.24	0.00	0.37	31.47	0.43	0.00	0.00	0.09	1.60	0.01	0.01	0.03	0.03	0.00	4.96	6.25	0.05
-----------------	------	------	------	------	------	------	------	------	------	------	-------	------	------	------	------	------	------	------	------	------	------	------	------	------

M50892 COND_PEPPERS, JALAPENO CND TBSP

40.00 @ 1 tablespoon	3.12	0.00	0.00	240.96	0.09	27.20	0.48	0.09	0.00	0.26	19.38	-*	-*	-*	-*	1.00	-*	-*	-*	-*	-*	2.31	-*	0.19
----------------------	------	------	------	--------	------	-------	------	------	------	------	-------	----	----	----	----	------	----	----	----	----	----	------	----	------

M50891 COND_OLIVES, BLACK SLICED TBSP

10.00 @ 1 tablespoon	14.04	0.17	10.96	58.74	1.27	81.48	0.52	0.13	0.00	0.31	-*	5.23	-*	-*	-*	0.21	-*	-*	-*	-*	-*	7.97	-*	0.18
----------------------	-------	------	-------	-------	------	-------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M55430 COND_HERB, CILANTRO

10.00 @ 1 tablespoon	0.82	0.00	0.55	1.63	0.02	20.35	0.13	0.08	0.00	0.10	18.46	239.13	0.00	0.09	10.99	0.96	0.00	0.01	0.04	0.01	0.00	2.37	1.70	0.06
----------------------	------	------	------	------	------	-------	------	------	------	------	-------	--------	------	------	-------	------	------	------	------	------	------	------	------	------

M67887 VEG: BEANS, PINTO CHARRO 1/2C

24.00 @ 1/2 cup	116.10	0.26	1.99	131.24	0.90	6.99	19.82	7.19	0.83	6.10	362.07*	81.59*	3.10*	0.06*	1.32*	1.37*	0.01*	0.00*	0.07*	0.01*	0.00*	68.18	4.04*	1.98
-----------------	--------	------	------	--------	------	------	-------	------	------	------	---------	--------	-------	-------	-------	-------	-------	-------	-------	-------	-------	-------	-------	------

M50350 VEG: CUCUMBER, Fresh Slice1/2c

43.00 @ 1/2 cup	10.81	0.03	2.22	1.44	0.08	6.60	2.62	0.47	0.00	0.36	105.91	75.65	0.00	0.02	11.82	2.02	0.02	0.02	0.07	0.03	0.00	11.53	17.29	0.20
-----------------	-------	------	------	------	------	------	------	------	------	------	--------	-------	------	------	-------	------	------	------	------	------	------	-------	-------	------

M52149 VEG: SALAD, Side RomMix SC1c

48.00 @ 1 cup	13.23	0.02	1.38	12.10	0.15	10.29	2.85	0.69	0.00	1.26	146.56	4976.16	0.00	0.12	43.60	7.46	0.04	0.04	0.25	0.06	0.00	19.84	17.48	0.47
---------------	-------	------	------	-------	------	-------	------	------	------	------	--------	---------	------	------	-------	------	------	------	------	------	------	-------	-------	------

M54853 VEG: POTATO, FF THIN CUT GEN7 1/2C

408.00 @ 1/2 cup	103.88	0.92	7.94	122.21	3.67	31.77	16.50	1.22	0.00	1.22	232.27	0.00	0.00	-*	-*	2.93	-*	-*	-*	-*	-*	0.00	-*	0.22
------------------	--------	------	------	--------	------	-------	-------	------	------	------	--------	------	------	----	----	------	----	----	----	----	----	------	----	------

M51731 VEG: POTATO SWT, FF CRINKLE 1/2C

13.00 @ 1/2 cup	137.66	0.53	3.46	180.02	4.77	31.15	23.30	1.06	0.00	3.18	243.56	3176.86	-*	-*	-*	6.35	-*	-*	-*	-*	-*	21.18	-*	0.38
-----------------	--------	------	------	--------	------	-------	-------	------	------	------	--------	---------	----	----	----	------	----	----	----	----	----	-------	----	------

* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Flower Mound HS

Service Area: Flower Mound - 9-12 - OVS

Menu Name: Flower Mound HS 2018-2019 Menu - cycle 2 - week 5

Avg.Method: Weighted (USDA Default)

M66601 FRUIT: PEARS 135CT WHOLE 1/2C

66.00 @ 1 each	77.53	0.03	0.35	1.36	0.19	2.21	20.71	0.49	0.00	4.22	157.77	34.00	0.00	0.16	5.98	5.85	0.02	0.04	0.22	0.04	0.00	12.24	16.32	0.24
----------------	-------	------	------	------	------	------	-------	------	------	------	--------	-------	------	------	------	------	------	------	------	------	------	-------	-------	------

M51110 FRUIT: ORANGE Mand w/Jc 1/2c

95.00 @ 1/2 cup	51.73	0.00	0.00	6.26	0.03	0.44	12.19	0.70	0.00	0.94	-*	710.52	-*	-*	-*	37.06	-*	-*	-*	-*	-*	13.15	-*	0.43
-----------------	-------	------	------	------	------	------	-------	------	------	------	----	--------	----	----	----	-------	----	----	----	----	----	-------	----	------

M53365 JUICE SS, Grape100% 4oz Cart

142.00 @ 1 each	80.00	0.00	0.00	15.00	0.00	0.00	18.00	1.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
-----------------	-------	------	------	-------	------	------	-------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M51645 DESRT: COOKIE Carnival 1.0ozWG

194.00 @ 1 cookie	110.00	1.00	8.18	85.00	3.50	28.64	18.00	1.00	5.00	1.00	47.95	-*	-*	-*	-*	-*	-*	-*	-*	-*	-*	5.00	-*	1.00
-------------------	--------	------	------	-------	------	-------	-------	------	------	------	-------	----	----	----	----	----	----	----	----	----	----	------	----	------

M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50

59.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00
------------------	--------	------	-------	--------	------	-------	-------	------	-------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50

190.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00
-------------------	--------	------	------	--------	------	------	-------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M50855 COND PC Ketchup 9g Heinz

320.00 @ 1 each	10.00	0.00	0.00	85.00	0.00	0.00	3.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
-----------------	-------	------	------	-------	------	------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M50055 COND PC Mayonnaise 12g

90.00 @ 1 each	80.00	1.50	16.87	75.00	8.00	90.00	1.00	0.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
----------------	-------	------	-------	-------	------	-------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M50284 COND PC Mustard 6g

12.00 @ 1 each	0.00	0.00	-	65.00	0.00	-	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
----------------	------	------	---	-------	------	---	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M53222 COND PC Margarine 5g

89.00 @ 1 each	30.00	1.00	30.00	30.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	500.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
----------------	-------	------	-------	-------	------	-------	------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	------	----	------

M50624 COND PC Drsg Ranch 12g

60.00 @ 1 each	50.00	0.00	0.00	100.00	5.00	90.00	1.00	0.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
----------------	-------	------	------	--------	------	-------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M50623 COND PC Drsg Italian 12g

9.00 @ 1 each	30.00	0.00	0.00	130.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	100.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
---------------	-------	------	------	--------	------	-------	------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	------	----	------

M53116 COND PC Drsg Honey Mustard 12g

48.00 @ 1 each	15.00	0.00	0.00	65.00	0.00	0.00	4.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
----------------	-------	------	------	-------	------	------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M50056 COND PC Sauce, Taco 9g

45.00 @ 1 each	5.00	0.00	0.00	55.00	0.00	0.00	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
----------------	------	------	------	-------	------	------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Flower Mound HS

Service Area: Flower Mound - 9-12 - OVS

Menu Name: Flower Mound HS 2018-2019 Menu - cycle 2 - week 5

Avg.Method: Weighted (USDA Default)

M50287 COND PC Sauce, BBQ 12g

40.00 @ 1 each	15.00	0.00	0.00	160.00	0.00	0.00	4.00	0.00	0.00	0.00	-*	100.00	-*	-*	-*	0.60	-*	-*	-*	-*	-*	0.00	-*	0.00
----------------	-------	------	------	--------	------	------	------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	------	----	------

M51391 COND_Mayo, Chipotle W

48.00 @ 1 tablespoon	26.19	0.35	12.18	91.54	2.49	85.73	0.97	0.01	3.54	0.01	1.00*	91.64	-*	-*	-*	0.40	-*	-*	-*	-*	-*	0.00	-*	0.02
----------------------	-------	------	-------	-------	------	-------	------	------	------	------	-------	-------	----	----	----	------	----	----	----	----	----	------	----	------

M50060 COND_Mayo W

48.00 @ 1 tablespoon	33.07	0.47	12.86	94.49	3.31	90.00	0.94	0.00	4.72	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
----------------------	-------	------	-------	-------	------	-------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M50291 COND_Mustard, Yellow

48.00 @ 1 tablespoon	9.00	0.01	1.50	181.50	0.37	37.20	0.93	0.47	0.00	0.43	13.36	0.67	-*	-*	-*	0.13	-*	-*	-*	-*	-*	7.51	-*	0.19
----------------------	------	------	------	--------	------	-------	------	------	------	------	-------	------	----	----	----	------	----	----	----	----	----	------	----	------

M50692 COND_Dressing, DijonHnyMustard

48.00 @ 1 tablespoon	65.00	0.75	10.38	90.00	5.50	76.15	3.50	0.00	7.50	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
----------------------	-------	------	-------	-------	------	-------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M50622 COND_Dressing, Ranch Lite

48.00 @ 1 tablespoon	55.00	0.75	12.27	139.99	5.00	81.82	0.50	0.50	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	10.00	-*	0.00
----------------------	-------	------	-------	--------	------	-------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	-------	----	------

M50292 COND_Sauce, BBQ Original AP

48.00 @ 1 tablespoon	35.00	0.00	0.00	144.99	0.00	0.00	9.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	1.80	-*	-*	-*	-*	-*	0.00	-*	0.18
----------------------	-------	------	------	--------	------	------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M50063 COND_Sauce, Buffalo Wing AP

48.00 @ 1 tablespoon	4.38	0.02	4.79	363.06	0.22	45.51	0.48	0.11	0.17	0.12	21.32	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	2.22	-*	0.07
----------------------	------	------	------	--------	------	-------	------	------	------	------	-------	------	----	----	----	------	----	----	----	----	----	------	----	------

M50087 COND_Salsa, Pico SC 1/8c

48.00 @ 1/8 cup	6.68	0.01	1.17	37.20	0.07	9.84	1.46	0.29	0.00	0.40	69.99	231.76*	0.00*	0.15*	2.94*	4.04	0.01*	0.01*	0.16*	0.03*	0.00*	4.19	7.40*	0.11
-----------------	------	------	------	-------	------	------	------	------	------	------	-------	---------	-------	-------	-------	------	-------	-------	-------	-------	-------	------	-------	------

M66157 COND_SALSA, BLNDR SC 1/8C

48.00 @ 1/8 cup	9.65	0.01	1.33	45.21	0.10	9.06	2.10	0.42	0.00	0.59	27.10*	148.65*	0.00*	0.05*	6.02*	4.65	0.01*	0.01*	0.03*	0.02*	0.00*	16.79	4.05*	0.19
-----------------	------	------	------	-------	------	------	------	------	------	------	--------	---------	-------	-------	-------	------	-------	-------	-------	-------	-------	-------	-------	------

M53940 COND_Salsa, Verde SC 1/8c

48.00 @ 1/8 cup	10.75	0.03	2.54	25.36	0.23	19.29	2.13	0.37	0.00	0.61	83.93	260.93*	0.00*	0.16*	12.93*	3.96	0.02*	0.01*	0.40*	0.03*	0.00*	8.13	11.81*	0.22
-----------------	-------	------	------	-------	------	-------	------	------	------	------	-------	---------	-------	-------	--------	------	-------	-------	-------	-------	-------	------	--------	------

M53295 COND_Sour Cream AP

48.00 @ 1 tablespoon	30.00	1.75	52.50	25.00	3.00	90.00	1.00	0.50	10.00	0.00	-*	99.99	-*	-*	-*	0.00	-*	-*	-*	-*	-*	20.00	-*	0.00
----------------------	-------	------	-------	-------	------	-------	------	------	-------	------	----	-------	----	----	----	------	----	----	----	----	----	-------	----	------

M67404 BURG, BEEF CH BBQ TWISTER AP100% WG 2.5 FUEL 10/18

* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Flower Mound HS

Service Area: Flower Mound - 9-12 - OVS

Menu Name: Flower Mound HS 2018-2019 Menu - cycle 2 - week 5

Avg.Method: Weighted (USDA Default)

24.00 @ 1 each	420.00	6.25	13.39	737.51	17.50	37.50	45.00	20.75	50.00	2.75	107.50*	0.00	-*	-*	-*	3.60	-*	-*	-*	-*	-*	139.50	-*	3.11
----------------	--------	------	-------	--------	-------	-------	-------	-------	-------	------	---------	------	----	----	----	------	----	----	----	----	----	--------	----	------

M53241 PIZZA FB CHAM PINEAPL PICO WG 2.25

24.00 @ 1 each	399.59	7.04	15.85	1008.18	17.00	38.30	36.53	22.64	57.50	3.92	44.44*	394.68*	0.00*	0.05*	3.14*	3.87	0.00*	0.00*	0.04*	0.01*	0.00*	312.18	2.16*	1.59
----------------	--------	------	-------	---------	-------	-------	-------	-------	-------	------	--------	---------	-------	-------	-------	------	-------	-------	-------	-------	-------	--------	-------	------

Average	982.32	13.32	12.2	1694.09	39.24	35.95	108.08	47.89	90.85	9.54	346.25*	1893.1*	.26*	.15*	11.46*	16.34*	.02*	.03*	.49*	.05*	.14*	589.61	23.17*	5.17
----------------	--------	-------	------	---------	-------	-------	--------	-------	-------	------	---------	---------	------	------	--------	--------	------	------	------	------	------	--------	--------	------

* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Flower Mound HS

Service Area: Flower Mound - 9-12 - OVS

Menu Name: Flower Mound HS 2018-2019 Menu - cycle 2 - week 5

Avg.Method: Weighted (USDA Default)

Age Group: Brkfst Grades K-12 **Period:** Breakfast **Week:** 5 **Day:** Wednesday **Count Type:** Forecasted **Total No. of Customers:** 18

Weekly Std.	SFA			Na (mg)	Fat		CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)
	CAL	(g)	% of CAL		% of CAL																			
450.00-500.00			10.00	540.00																				

M55592 BRD: FR TST STK, AP WG 4EA (2.25BG)

25.00 @ 4 stick	260.01	2.00	6.92	300.01	10.00	34.62	38.00	6.00	0.00	3.00	-*	22.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	34.00	-*	1.82
-----------------	--------	------	------	--------	-------	-------	-------	------	------	------	----	-------	----	----	----	------	----	----	----	----	----	-------	----	------

M50208 CEREAL BWL, CINN TST CRUNCH RS WG

1.00 @ 1 bowl	110.00	0.50	4.09	160.00	3.00	24.54	22.00	1.00	0.00	3.00	-*	400.01	-*	-*	-*	4.80	-*	-*	-*	-*	-*	200.01	-*	3.60
---------------	--------	------	------	--------	------	-------	-------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M50524 CEREAL BWL, Lucky Charms WG

2.00 @ 1 bowl	110.00	0.00	0.00	180.00	1.00	8.18	23.00	2.00	0.00	2.00	-*	500.01	-*	-*	-*	6.00	-*	-*	-*	-*	-*	100.00	-*	4.50
---------------	--------	------	------	--------	------	------	-------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M52725 BRD: BAR, Cereal CocoPuf WG IW

1.00 @ 1 each	150.00	0.00	0.00	100.00	3.00	18.00	30.00	3.00	0.00	3.00	-*	100.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	200.00	-*	1.80
---------------	--------	------	------	--------	------	-------	-------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M52724 BRD: BAR, Cereal CinnTst WG IW

1.00 @ 1 each	150.00	0.00	0.00	115.00	3.50	21.00	30.00	2.00	0.00	3.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	200.00	-*	1.80
---------------	--------	------	------	--------	------	-------	-------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	--------	----	------

M51267 BRD: MUF AP, BLUEBRY 2OZ IW WG (1BG)

1.00 @ 1 muffin	190.00	2.00	9.47	130.00	6.00	28.42	31.00	3.00	40.00	2.00	-*	100.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	20.00	-*	0.72
-----------------	--------	------	------	--------	------	-------	-------	------	-------	------	----	--------	----	----	----	------	----	----	----	----	----	-------	----	------

M51268 BRD: MUF AP, CHOC CHOC CHIP 2OZ IW WG (1BG)

1.00 @ 1 muffin	200.00	2.00	9.00	135.00	6.00	27.00	32.00	4.00	40.00	3.00	180.00	100.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	40.00	-*	1.44
-----------------	--------	------	------	--------	------	-------	-------	------	-------	------	--------	--------	----	----	----	------	----	----	----	----	----	-------	----	------

M51848 BRD: POPTARTS, Straw 1.76oz WG

1.00 @ 1 package	180.00	1.00	5.00	180.00	2.50	12.50	38.00	2.00	0.00	3.00	-*	500.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	100.00	-*	1.80
------------------	--------	------	------	--------	------	-------	-------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M51849 BRD: POPTARTS, Cinn 1.76oz WG

1.00 @ 1 package	180.00	1.00	5.00	190.00	2.50	12.50	37.00	2.00	0.00	3.00	-*	500.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	100.00	-*	1.80
------------------	--------	------	------	--------	------	-------	-------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M51684 BRD: POPTARTS, Fudge 1.76oz WG

1.00 @ 1 package	180.00	1.00	5.00	190.00	3.00	15.00	38.00	3.00	0.00	3.00	-*	500.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	100.00	-*	1.80
------------------	--------	------	------	--------	------	-------	-------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M51994 CHEESE, COLBY JK Stick 1ea 1.0

3.00 @ 1 stick	90.00	4.00	40.00	200.01	6.00	60.00	0.00	7.00	20.00	0.00	0.00	200.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	200.01	-*	0.00
----------------	-------	------	-------	--------	------	-------	------	------	-------	------	------	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M50792 YOGURT SS, Trix Strawb/Ban 4oz

5.00 @ 1 each	80.00	0.00	0.00	60.00	0.50	5.63	15.00	4.00	5.00	0.00	140.00	500.04	-*	-*	-*	0.00	-*	-*	-*	-*	-*	100.01	-*	0.00
---------------	-------	------	------	-------	------	------	-------	------	------	------	--------	--------	----	----	----	------	----	----	----	----	----	--------	----	------

* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Flower Mound HS

Service Area: Flower Mound - 9-12 - OVS

Menu Name: Flower Mound HS 2018-2019 Menu - cycle 2 - week 5

Avg.Method: Weighted (USDA Default)

M51237 BRD: BREAD WG, Tst Marg 1sl

1.00 @ 1 slice	110.00	1.33	10.91	160.00	4.33	35.45	15.00	3.00	0.00	1.00	1.33*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	1.08
----------------	--------	------	-------	--------	------	-------	-------	------	------	------	-------	------	----	----	----	------	----	----	----	----	----	------	----	------

M50670 EGG: Hard Boiled FC AP 1.5

1.00 @ 1 each	80.00	1.50	16.88	60.00	5.00	56.25	1.00	6.00	185.00	0.00	-*	300.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	20.00	-*	0.72
---------------	-------	------	-------	-------	------	-------	------	------	--------	------	----	--------	----	----	----	------	----	----	----	----	----	-------	----	------

M66342 YOGURT, PARFAIT BLUEBERRY 1.0

3.00 @ 1 serving	139.77	0.61	3.90	66.72	1.75	11.28	27.13	4.00	5.00	1.22	183.86	516.81	80.06*	0.17*	5.86*	0.89	0.01*	0.01*	0.19*	0.02*	0.00*	102.93	3.93*	0.16
------------------	--------	------	------	-------	------	-------	-------	------	------	------	--------	--------	--------	-------	-------	------	-------	-------	-------	-------	-------	--------	-------	------

M52975 BRD: WAFFLE, RS SS WG (3.25BG)

3.00 @ 1 each	240.06	0.00	0.00	506.14	2.86	10.71	50.30	6.86	0.00	6.86	1.05*	0.00	0.00*	0.00*	0.00*	0.00	0.00*	0.00*	0.00*	0.00*	0.00*	288.94	0.00*	3.09
---------------	--------	------	------	--------	------	-------	-------	------	------	------	-------	------	-------	-------	-------	------	-------	-------	-------	-------	-------	--------	-------	------

M52657 FRUIT: BLUEBERRIES, Fz 1/8c

2.00 @ 1/8 cup	8.89	0.01	0.94	0.17	0.11	11.29	2.12	0.07	0.00	0.47	9.41	8.01	0.00	0.08	2.86	0.44	0.01	0.01	0.09	0.01	0.00	1.39	1.92	0.03
----------------	------	------	------	------	------	-------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------

M53629 FRUIT: STRAWBERRIES, Frsh 1/8c

2.00 @ 1/8 cup	6.14	0.00	0.42	0.19	0.06	8.44	1.47	0.13	0.00	0.38	29.37	2.30	0.00	0.06	0.42	11.29	0.00	0.00	0.07	0.01	0.00	3.07	4.61	0.08
----------------	------	------	------	------	------	------	------	------	------	------	-------	------	------	------	------	-------	------	------	------	------	------	------	------	------

M52817 DESRT: TOPPING, CHOCOLATE CHIPS SEMISWT (TBSP)

3.00 @ 1 tablespoon	51.03	1.89	33.28	1.17	3.19	56.25	6.79	0.45	0.00	0.63	38.80	0.00	0.00	0.03	0.60	0.00	0.01	0.01	0.05	0.00	0.00	3.40	14.03	0.33
---------------------	-------	------	-------	------	------	-------	------	------	------	------	-------	------	------	------	------	------	------	------	------	------	------	------	-------	------

M52816 DESRT: TOPPING, Whipd NonDairy

3.00 @ 1 tablespoon	13.47	1.00	66.56	0.81	1.00	67.06	1.06	0.05	0.01	0.01	-*	0.20	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.15	-*	0.00
---------------------	-------	------	-------	------	------	-------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M52217 FRUIT: APPLE, 138ct Whole 1c

6.00 @ 1 each	62.21	0.03	0.48	1.20	0.20	2.94	16.52	0.31	0.00	2.87	128.00	64.60	0.00	0.22	2.63	5.50	0.02	0.03	0.11	0.05	0.00	7.18	13.16	0.14
---------------	-------	------	------	------	------	------	-------	------	------	------	--------	-------	------	------	------	------	------	------	------	------	------	------	-------	------

M52810 FRUIT: CRAISINS, SS CHERRY 1.16OZ

2.00 @ 1 each	110.00	0.00	0.00	0.00	0.00	0.00	28.00	0.00	0.00	3.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
---------------	--------	------	------	------	------	------	-------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M50980 JUICE SS, Frt Bld 100% 4oz Crt

9.00 @ 1 each	60.00	0.00	0.00	10.00	0.00	0.00	14.00	0.00	0.00	0.00	100.00	0.00	-*	-*	-*	3.60	-*	-*	-*	-*	-*	0.00	-*	0.00
---------------	-------	------	------	-------	------	------	-------	------	------	------	--------	------	----	----	----	------	----	----	----	----	----	------	----	------

M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50

7.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00
-----------------	--------	------	-------	--------	------	-------	-------	------	-------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50

17.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00
------------------	--------	------	------	--------	------	------	-------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M53222 COND PC Margarine 5g

* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Flower Mound HS

Service Area: Flower Mound - 9-12 - OVS

Menu Name: Flower Mound HS 2018-2019 Menu - cycle 2 - week 5

Avg.Method: Weighted (USDA Default)

1.00 @ 1 each	30.00	1.00	30.00	30.00	3.00	90.00	0.00	0.00	0.00	0.00	0.00	-*	500.00	-*	-*	-*	0.00	-*	-*	-*	-*	0.00	-*	0.00	
M50854 COND PC Jelly, #4 Smuckers																									
1.00 @ 1 each	35.00	0.00	0.00	5.00	0.00	0.00	9.00	0.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	0.00	-*	0.00	
M50056 COND PC Sauce, Taco 9g																									
4.00 @ 1 each	5.00	0.00	0.00	55.00	0.00	0.00	1.00	0.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	0.00	-*	0.00	
M50058 COND PC Syrup 1.4oz Smuckers																									
3.00 @ 1 each	110.00	0.00	0.00	25.00	0.00	0.00	29.00	0.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	0.00	-*	0.00	
Average	813.42	5.25	5.81	905.71	19.99	22.12	134.46	25.13	28.89	8.56	183.22*	1200.54	13.34*	.12*	2.32*	8.15	.01*	.02*	.09*	.02*	0*	642.69	8.11*	4.6	

* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Flower Mound HS

Service Area: Flower Mound - 9-12 - OVS

Menu Name: Flower Mound HS 2018-2019 Menu - cycle 2 - week 5

Avg.Method: Weighted (USDA Default)

Age Group: Lunch Grades 9-12 **Period:** Lunch **Week:** 5 **Day:** Wednesday **Count Type:** Forecasted **Total No. of Customers:** 572

Weekly Std.	SFA		Na (mg)	Fat		CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)	
	CAL	(g)		% of CAL	(g)																			% of CAL
750.00-850.00		10.00	1420.00																					

M66105 BEEF MEATLOAF, WTOPPING SC 2.0

80.00 @ 1 each	244.17	3.18	11.73	327.63	9.28	34.22	23.85	15.98	91.11	2.23	208.72*	197.14	0.85*	0.08*	3.02*	3.73	0.03*	0.09*	2.73*	0.20*	1.19*	43.37	108.57*	2.54
----------------	--------	------	-------	--------	------	-------	-------	-------	-------	------	---------	--------	-------	-------	-------	------	-------	-------	-------	-------	-------	-------	---------	------

M51680 BRD: ROLL DG, WG 2.5oz

80.00 @ 1 each	170.00	0.50	2.65	135.00	3.00	15.88	28.00	7.00	0.00	3.40	-*	0.01	-*	-*	-*	0.01	-*	-*	-*	-*	-*	12.70	-*	0.85
----------------	--------	------	------	--------	------	-------	-------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	-------	----	------

M53950 COND_Gravy, Brown RosemaryLSSS

120.00 @ 1/4 cup	26.12	0.02	0.53	125.76	0.51	17.63	5.28	0.08	0.00	0.14	17.77	6.23	0.00*	0.00*	0.36*	0.36	0.00*	0.00*	0.01*	0.01*	0.00*	6.16	1.72*	0.08
------------------	-------	------	------	--------	------	-------	------	------	------	------	-------	------	-------	-------	-------	------	-------	-------	-------	-------	-------	------	-------	------

M67925 SALAD, CHIXDKFAJ BAJA SC 2.25

15.00 @ 1 each	237.71	4.63	17.53	310.38	10.47	39.65	16.67	21.76	67.67	3.24	310.63*	3756.41*	0.64*	0.29*	40.80*	6.95*	0.07*	0.06*	0.96*	0.12*	0.00*	149.38	47.32*	2.12
----------------	--------	------	-------	--------	-------	-------	-------	-------	-------	------	---------	----------	-------	-------	--------	-------	-------	-------	-------	-------	-------	--------	--------	------

M54540 BRD: TORTILLA, CHIP RND WG 2BG

15.00 @ 1 serving	224.59	1.60	6.43	184.48	9.63	38.57	32.08	3.21	0.00	3.21	0.00	0.00	0.00	-*	-*	0.00	-*	-*	-*	-*	-*	48.13	-*	0.80
-------------------	--------	------	------	--------	------	-------	-------	------	------	------	------	------	------	----	----	------	----	----	----	----	----	-------	----	------

M52043 PIZZA HUT PIZZA 6" EXPRESS CHZ SS 2.25

51.00 @ 1 pizza	374.18	4.99	12.01	685.27	13.41	32.25	38.44	24.92	24.70	4.27	-*	692.07	-*	-*	-*	5.36	-*	-*	-*	-*	-*	410.71	-*	2.57
-----------------	--------	------	-------	--------	-------	-------	-------	-------	-------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M53931 PIZZA HUT PIZZA 6" EXPRESS PEPP SS 2.0

120.00 @ 1 pizza	385.19	5.31	12.42	711.32	14.98	35.01	38.49	24.17	27.17	4.35	-*	662.85	-*	-*	-*	5.43	-*	-*	-*	-*	-*	354.34	-*	2.65
------------------	--------	------	-------	--------	-------	-------	-------	-------	-------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M54307 PIZZA HUT PIZZA 6" EXPRESS SSG SS 2.25

50.00 @ 1 pizza	439.08	7.15	14.66	836.54	20.45	41.92	38.35	25.40	37.42	4.27	-*	689.00	-*	-*	-*	5.36	-*	-*	-*	-*	-*	356.37	-*	2.86
-----------------	--------	------	-------	--------	-------	-------	-------	-------	-------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M54310 PIZZA HUT PIZZA 6" EXPRESS BBQ CHIX SS 2.25

40.00 @ 1 pizza	400.94	4.66	10.46	805.79	13.17	29.57	42.83	27.77	38.53	4.36	-*	667.19	-*	-*	-*	5.81	-*	-*	-*	-*	-*	350.99	-*	2.67
-----------------	--------	------	-------	--------	-------	-------	-------	-------	-------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M54520 PIZZA HUT COND PC CHEESE GRATED 2.5G

72.00 @ 1 each	10.00	0.00	0.00	50.00	1.00	90.00	0.00	1.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
----------------	-------	------	------	-------	------	-------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M54521 PIZZA HUT COND PC PEPPER RED CRUSHED 1G

42.00 @ 1 each	5.00	0.00	0.00	0.00	0.00	0.00	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
----------------	------	------	------	------	------	------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M52963 CHIX Popcorn, AP WG 2.0

* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Flower Mound HS

Service Area: Flower Mound - 9-12 - OVS

Menu Name: Flower Mound HS 2018-2019 Menu - cycle 2 - week 5

Avg.Method: Weighted (USDA Default)

120.00 @ 1 serving	250.19	2.72	9.78	380.72	14.14	50.87	15.23	15.23	21.76	3.26	-*	108.78	-*	-*	-*	0.00	-*	-*	-*	-*	-*	43.51	-*	1.96
--------------------	--------	------	------	--------	-------	-------	-------	-------	-------	------	----	--------	----	----	----	------	----	----	----	----	----	-------	----	------

M51753 CHIX Popcorn, AP Spicy WG 2.0

120.00 @ 1 serving	247.14	2.69	9.78	365.34	13.97	50.87	16.12	13.97	21.49	2.15	-*	107.45	-*	-*	-*	0.00	-*	-*	-*	-*	-*	42.98	-*	1.93
--------------------	--------	------	------	--------	-------	-------	-------	-------	-------	------	----	--------	----	----	----	------	----	----	----	----	----	-------	----	------

M54482 CHIX NUGGET, BNLS WING HONEY SRIRACHA WG (6) 2.0 MWWW

60.00 @ 6 each	284.98	2.25	7.11	374.97	13.50	42.63	21.00	22.50	52.50	1.50	-*	299.98	-*	-*	-*	1.80	-*	-*	-*	-*	-*	0.00	-*	1.62
----------------	--------	------	------	--------	-------	-------	-------	-------	-------	------	----	--------	----	----	----	------	----	----	----	----	----	------	----	------

M51680 BRD: ROLL DG, WG 2.5oz

150.00 @ 1 each	170.00	0.50	2.65	135.00	3.00	15.88	28.00	7.00	0.00	3.40	-*	0.01	-*	-*	-*	0.01	-*	-*	-*	-*	-*	12.70	-*	0.85
-----------------	--------	------	------	--------	------	-------	-------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	-------	----	------

M51951 HOT DOG, Plain WG 2.0 Hi

16.00 @ 1 each	320.00	8.00	22.50	890.01	18.00	50.62	28.00	11.00	35.00	2.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	40.00	-*	1.80
----------------	--------	------	-------	--------	-------	-------	-------	-------	-------	------	----	------	----	----	----	------	----	----	----	----	----	-------	----	------

M55774 STICKS, MAX SNAX PIZZA W/MARINARA AP WG 2.0

36.00 @ 2 each	319.87	3.00	8.44	609.89	10.00	28.13	39.98	20.00	10.00	4.00	0.00*	498.95*	-*	-*	-*	8.98*	-*	-*	-*	-*	-*	459.92	-*	2.68
----------------	--------	------	------	--------	-------	-------	-------	-------	-------	------	-------	---------	----	----	----	-------	----	----	----	----	----	--------	----	------

M54308 STICKS, CRISPITO CHIXCHILI AP WG 2.0 (2EA)

23.00 @ 2 each	540.00	6.00	10.00	740.00	28.00	46.67	46.00	24.00	50.00	6.00	-*	1500.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	80.00	-*	3.60
----------------	--------	------	-------	--------	-------	-------	-------	-------	-------	------	----	---------	----	----	----	------	----	----	----	----	----	-------	----	------

M51189 COND_Sauce, Chz SS W (LOL) .5

23.00 @ 2 fl oz	99.97	4.50	40.50	399.86	7.00	63.00	3.00	5.00	19.99	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	149.95	-*	0.00
-----------------	-------	------	-------	--------	------	-------	------	------	-------	------	----	------	----	----	----	------	----	----	----	----	----	--------	----	------

M51228 BRD: BUN, Hamburger WG

175.00 @ 1 each	140.00	0.00	0.00	300.00	2.00	12.86	27.00	5.00	0.00	2.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	40.00	-*	1.44
-----------------	--------	------	------	--------	------	-------	-------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	-------	----	------

M51648 BEEF Pty, AP 100% 2.0

65.00 @ 1 each	130.00	3.00	20.77	45.00	8.00	55.39	1.00	12.00	35.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	1.08
----------------	--------	------	-------	-------	------	-------	------	-------	-------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M51359 CHIX FLT, BREAST GRDL 2.0 MWWW

2.00 @ 1 each	100.00	1.00	9.00	310.00	4.00	36.00	1.00	15.00	40.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.72
---------------	--------	------	------	--------	------	-------	------	-------	-------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M51935 CHIX FLT, BREAST BRD WG 2.0 MWWW

40.00 @ 1 each	199.76	1.50	6.75	289.65	8.99	40.50	8.99	18.98	44.95	3.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	1.08
----------------	--------	------	------	--------	------	-------	------	-------	-------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M51936 CHIX FLT, BREAST BRD SPICY WG 2.0 MWWW

68.00 @ 1 each	199.86	2.00	9.00	329.76	9.99	45.00	8.99	18.99	44.97	1.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	1.44
----------------	--------	------	------	--------	------	-------	------	-------	-------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M51005 CHEESE, AM (184ct) Slices 1.0

48.00 @ 3 slice	134.99	6.75	45.00	599.97	10.50	70.00	1.50	7.50	37.50	0.00	-*	299.98	-*	-*	-*	0.00	-*	-*	-*	-*	-*	224.99	-*	0.00
-----------------	--------	------	-------	--------	-------	-------	------	------	-------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M53381 CHEESE, CH Slices 1.0

* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Flower Mound HS

Service Area: Flower Mound - 9-12 - OVS

Menu Name: Flower Mound HS 2018-2019 Menu - cycle 2 - week 5

Avg.Method: Weighted (USDA Default)

40.00 @ 2 slice	110.01	5.00	40.91	180.01	9.00	73.64	1.00	6.00	30.00	0.00	20.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	199.01	-*	0.00
M53385 CHEESE, SW Slices 1.0																								
11.00 @ 2 slice	110.01	5.00	40.91	50.00	9.00	73.64	0.00	8.00	25.00	0.00	20.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	249.01	-*	0.00
M50999 CHEESE, JK Slices 1.0																								
38.00 @ 2 slice	100.00	5.00	45.00	180.01	8.00	72.00	1.00	7.00	30.00	0.00	25.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	197.01	-*	0.00
M51003 CHEESE, PV Slices 1.0																								
14.00 @ 2 slice	100.00	5.00	45.00	250.01	7.00	63.00	1.00	7.00	20.00	0.00	40.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	212.01	-*	0.00
M51017 VEG GARN: Rom Leaf 1ea																								
44.00 @ 1 each	2.41	0.01	2.06	1.13	0.04	15.88	0.47	0.17	0.00	0.30	35.01	1234.63	0.00	0.02	14.53	0.57	0.01	0.01	0.04	0.01	0.00	4.68	4.25	0.14
M51008 VEG: TOMATOES, FRESH SLCD (2SL) 1/8C																								
43.00 @ 1/8 cup	5.10	0.01	1.40	1.42	0.06	10.00	1.10	0.25	0.00	0.34	67.18	236.14	0.00	0.15	2.24	3.88	0.01	0.01	0.17	0.02	0.00	2.83	6.80	0.08
M53391 VEG: ONIONS, Yellow Slice 1ea																								
9.00 @ 1 slice	2.83	0.00	0.94	0.28	0.01	2.25	0.66	0.08	0.00	0.12	10.35	0.14	0.00	0.00	0.03	0.52	0.00	0.00	0.01	0.01	0.00	1.63	2.06	0.01
M50892 COND_PEPPERS, JALAPENO CND TBSP																								
34.00 @ 1 tablespoon	3.12	0.00	0.00	240.96	0.09	27.20	0.48	0.09	0.00	0.26	19.38	-*	-*	-*	-*	1.00	-*	-*	-*	-*	-*	2.31	-*	0.19
M50176 COND_Pickle, Dill Slice 2ea																								
50.00 @ 2 slice	1.62	0.01	4.72	162.08	0.05	25.17	0.24	0.06	0.00	0.14	-*	0.00	-*	-*	-*	0.21	-*	-*	-*	-*	-*	8.65	-*	0.05
M51530 SUB 6" FZ, Tky SW WG 2.0																								
8.00 @ 1 sandwich	349.93	6.02	15.48	453.69	14.14	36.37	32.04	23.60	50.00	3.94	157.21*	2705.43	0.00*	0.19*	31.30*	5.03	0.03*	0.02*	0.26*	0.04*	0.00*	294.72	15.31*	2.16
M50962 SDW BD, SBJ WG 2.0																								
6.00 @ 1 sandwich	658.38	3.99	5.45	579.16	35.89	49.06	69.87	19.95	0.00	5.99	378.78*	0.00	0.00*	-*	-*	0.00	-*	-*	-*	-*	-*	59.81	-*	5.35
M52708 BRD: ROLL DG, Sub 6" WG																								
3.00 @ 1 roll	170.00	0.50	2.65	180.00	3.00	15.88	28.00	6.00	0.00	3.00	-*	0.01	-*	-*	-*	0.01	-*	-*	-*	-*	-*	13.52	-*	1.45
M52782 BRD: FLATBREAD 6" X 6" 2OZ WG (2BG)																								
21.00 @ 1 each	180.00	1.00	5.00	310.00	5.00	25.00	28.00	5.00	0.00	2.69	-*	0.07	-*	-*	-*	0.07	-*	-*	-*	-*	-*	22.88	-*	0.83
M53393 TKY, Breast Sliced 1.0																								
11.00 @ 1 serving	60.00	0.50	7.50	220.00	2.00	30.00	2.00	9.00	25.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	20.00	-*	0.36
M53569 CHIX, BLACK FOREST HAM SLICED 1.0																								

* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Flower Mound HS

Service Area: Flower Mound - 9-12 - OVS

Menu Name: Flower Mound HS 2018-2019 Menu - cycle 2 - week 5

Avg.Method: Weighted (USDA Default)

21.00 @ 1 serving	80.00	1.50	16.88	250.00	4.50	50.63	2.00	8.00	40.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	0.00	-*	0.36	
M51976 CHIX Dcd Deli Salad W 1.0																								
3.00 @ 1 No 16 Scoop	76.63	0.94	10.98	129.00	4.42	51.89	1.48	6.99	24.65	0.18	27.40*	47.33	0.00*	0.03*	2.98*	0.37	0.00*	0.01*	0.03*	0.01*	0.00*	4.41	2.64*	0.30
M51005 CHEESE, AM (184ct) Slices 1.0																								
1.00 @ 3 slice	134.99	6.75	45.00	599.97	10.50	70.00	1.50	7.50	37.50	0.00	-*	299.98	-*	-*	-*	0.00	-*	-*	-*	-*	-*	224.99	-*	0.00
M53381 CHEESE, CH Slices 1.0																								
9.00 @ 2 slice	110.01	5.00	40.91	180.01	9.00	73.64	1.00	6.00	30.00	0.00	20.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	199.01	-*	0.00
M53385 CHEESE, SW Slices 1.0																								
2.00 @ 2 slice	110.01	5.00	40.91	50.00	9.00	73.64	0.00	8.00	25.00	0.00	20.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	249.01	-*	0.00
M50999 CHEESE, JK Slices 1.0																								
6.00 @ 2 slice	100.00	5.00	45.00	180.01	8.00	72.00	1.00	7.00	30.00	0.00	25.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	197.01	-*	0.00
M51003 CHEESE, PV Slices 1.0																								
5.00 @ 2 slice	100.00	5.00	45.00	250.01	7.00	63.00	1.00	7.00	20.00	0.00	40.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	212.01	-*	0.00
M51017 VEG GARN: Rom Leaf 1ea																								
22.00 @ 1 each	2.41	0.01	2.06	1.13	0.04	15.88	0.47	0.17	0.00	0.30	35.01	1234.63	0.00	0.02	14.53	0.57	0.01	0.01	0.04	0.01	0.00	4.68	4.25	0.14
M51008 VEG: TOMATOES, FRESH SLCD (2SL) 1/8C																								
9.00 @ 1/8 cup	5.10	0.01	1.40	1.42	0.06	10.00	1.10	0.25	0.00	0.34	67.18	236.14	0.00	0.15	2.24	3.88	0.01	0.01	0.17	0.02	0.00	2.83	6.80	0.08
M51013 VEG: ONIONS, Red Slice 1ea																								
10.00 @ 1 slice	2.83	0.00	0.94	0.28	0.01	2.25	0.66	0.08	0.00	0.12	10.35	0.14	0.00	0.00	0.03	0.52	0.00	0.00	0.01	0.01	0.00	1.63	2.06	0.01
M53523 VEG: PEPPERS, Red Strips1/4c																								
7.00 @ 1/4 cup	7.78	0.01	0.78	1.00	0.08	8.71	1.51	0.25	0.00	0.53	52.96	785.87	0.00	0.40	1.23	32.05	0.01	0.02	0.25	0.07	0.00	1.76	6.53	0.11
M50891 COND_OLIVES, BLACK SLICED TBSP																								
7.00 @ 1 tablespoon	14.04	0.17	10.96	58.74	1.27	81.48	0.52	0.13	0.00	0.31	-*	5.23	-*	-*	-*	0.21	-*	-*	-*	-*	-*	7.97	-*	0.18
M50176 COND_Pickle, Dill Slice 2ea																								
6.00 @ 2 slice	1.62	0.01	4.72	162.08	0.05	25.17	0.24	0.06	0.00	0.14	-*	0.00	-*	-*	-*	0.21	-*	-*	-*	-*	-*	8.65	-*	0.05
M66605 BRD: TORTILLA FLOUR 10" WG																								
60.00 @ 1 each	180.00	1.50	7.50	250.00	4.50	22.50	29.00	5.00	0.00	3.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	100.00	-*	1.44

* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Flower Mound HS

Service Area: Flower Mound - 9-12 - OVS

Menu Name: Flower Mound HS 2018-2019 Menu - cycle 2 - week 5

Avg.Method: Weighted (USDA Default)

M54540 BRD: TORTILLA, CHIP RND WG 2BG

56.00 @ 1 serving	224.59	1.60	6.43	184.48	9.63	38.57	32.08	3.21	0.00	3.21	0.00	0.00	0.00	-*	-*	0.00	-*	-*	-*	-*	-*	48.13	-*	0.80
-------------------	--------	------	------	--------	------	-------	-------	------	------	------	------	------	------	----	----	------	----	----	----	----	----	-------	----	------

M52229 RICE, Mex Spiced WG 2BG

60.00 @ 1 cup	219.91	0.43	1.77	132.15	1.89	7.73	44.52	5.07	1.98	2.30	152.55*	341.80*	0.00*	0.22*	2.30*	0.21*	0.01*	0.01*	0.09*	0.03*	0.00*	25.72	7.83*	1.14
---------------	--------	------	------	--------	------	------	-------	------	------	------	---------	---------	-------	-------	-------	-------	-------	-------	-------	-------	-------	-------	-------	------

M51175 BEEF Gd, Taco Meat SC 1.0

120.00 @ 1 No 24 Scoop	78.71	1.65	18.88	56.06	4.38	50.12	1.22	8.02	25.24	0.15	122.30*	121.25	0.57*	0.08*	0.61*	1.55	0.01*	0.06*	1.81*	0.13*	0.79*	9.04	69.27*	1.00
------------------------	-------	------	-------	-------	------	-------	------	------	-------	------	---------	--------	-------	-------	-------	------	-------	-------	-------	-------	-------	------	--------	------

M52584 CHIX Strips, Fajita DkMt 1.0

60.00 @ 2 fl oz	76.93	1.01	11.78	124.77	3.56	41.66	1.34	10.09	35.00	0.09	9.12*	46.95	0.00*	0.07*	0.17*	0.02	0.00*	0.00*	0.03*	0.01*	0.00*	12.26	2.39*	0.69
-----------------	-------	------	-------	--------	------	-------	------	-------	-------	------	-------	-------	-------	-------	-------	------	-------	-------	-------	-------	-------	-------	-------	------

M67968 MMA: BEANS, PINTO KICKIN' 1.0

10.00 @ 1/4 cup	57.84	0.12	1.93	98.12	0.41	6.35	9.87	3.52	0.42	2.94	165.79*	37.72*	1.55*	0.00*	0.00*	0.64*	0.00*	0.00*	0.00*	0.00*	0.00*	32.66	0.00*	0.91
-----------------	-------	------	------	-------	------	------	------	------	------	------	---------	--------	-------	-------	-------	-------	-------	-------	-------	-------	-------	-------	-------	------

M53386 CHEESE, CH Shreds 1.0

40.00 @ 2 fl oz	110.00	6.00	49.09	189.99	9.00	73.64	1.00	7.00	30.00	0.00	0.00	280.99	-*	-*	-*	0.00	-*	-*	-*	-*	-*	201.99	-*	0.19
-----------------	--------	------	-------	--------	------	-------	------	------	-------	------	------	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M50921 COND_Sauce, Chz SS W (LOL) 1.0

105.00 @ 3 fl oz	149.95	6.75	40.50	599.79	10.50	63.00	4.50	7.50	29.99	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	224.92	-*	0.00
------------------	--------	------	-------	--------	-------	-------	------	------	-------	------	----	------	----	----	----	------	----	----	----	----	----	--------	----	------

M51420 VEG GARN: Rom Shrds/Tom Dice

70.00 @ 1 serving	5.03	0.01	1.56	1.63	0.06	11.41	1.06	0.27	0.00	0.40	67.90	794.43	0.00	0.12	8.94	3.20	0.01	0.01	0.15	0.02	0.00	4.47	7.23	0.13
-------------------	------	------	------	------	------	-------	------	------	------	------	-------	--------	------	------	------	------	------	------	------	------	------	------	------	------

M52379 VEG: ONIONS, Yellow Diced 1/8c

20.00 @ 1/8 cup	8.62	0.01	0.94	0.86	0.02	2.25	2.01	0.24	0.00	0.37	31.47	0.43	0.00	0.00	0.09	1.60	0.01	0.01	0.03	0.03	0.00	4.96	6.25	0.05
-----------------	------	------	------	------	------	------	------	------	------	------	-------	------	------	------	------	------	------	------	------	------	------	------	------	------

M50892 COND_PEPPERS, JALAPENO CND TBSP

35.00 @ 1 tablespoon	3.12	0.00	0.00	240.96	0.09	27.20	0.48	0.09	0.00	0.26	19.38	-*	-*	-*	-*	1.00	-*	-*	-*	-*	-*	2.31	-*	0.19
----------------------	------	------	------	--------	------	-------	------	------	------	------	-------	----	----	----	----	------	----	----	----	----	----	------	----	------

M50891 COND_OLIVES, BLACK SLICED TBSP

24.00 @ 1 tablespoon	14.04	0.17	10.96	58.74	1.27	81.48	0.52	0.13	0.00	0.31	-*	5.23	-*	-*	-*	0.21	-*	-*	-*	-*	-*	7.97	-*	0.18
----------------------	-------	------	-------	-------	------	-------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M51319 VEG: CORN, Fz Seas1/2c

72.00 @ 1/2 cup	92.68	1.25	12.15	146.16	3.47	33.66	15.83	2.09	0.00	1.98	192.58	163.16	0.00*	0.06*	0.33*	2.86	0.02*	0.05*	1.07*	0.08*	0.00*	2.77	64.74*	0.39
-----------------	-------	------	-------	--------	------	-------	-------	------	------	------	--------	--------	-------	-------	-------	------	-------	-------	-------	-------	-------	------	--------	------

M50186 VEG: BROCCOLI, Fresh 1/2c

24.00 @ 1/2 cup	10.84	0.01	1.03	10.52	0.12	9.79	2.12	0.90	0.00	0.83	100.78	198.68	0.00	0.25	32.40	28.45	0.02	0.04	0.20	0.06	0.00	14.99	21.05	0.23
-----------------	-------	------	------	-------	------	------	------	------	------	------	--------	--------	------	------	-------	-------	------	------	------	------	------	-------	-------	------

M52149 VEG: SALAD, Side RomMix SC1c

* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Flower Mound HS

Service Area: Flower Mound - 9-12 - OVS

Menu Name: Flower Mound HS 2018-2019 Menu - cycle 2 - week 5

Avg.Method: Weighted (USDA Default)

48.00 @ 1 cup	13.23	0.02	1.38	12.10	0.15	10.29	2.85	0.69	0.00	1.26	146.56	4976.16	0.00	0.12	43.60	7.46	0.04	0.04	0.25	0.06	0.00	19.84	17.48	0.47
M54853 VEG: POTATO, FF THIN CUT GEN7 1/2C																								
132.00 @ 1/2 cup	103.88	0.92	7.94	122.21	3.67	31.77	16.50	1.22	0.00	1.22	232.27	0.00	0.00	-*	-*	2.93	-*	-*	-*	-*	-*	0.00	-*	0.22
M51731 VEG: POTATO SWT, FF CRINKLE 1/2C																								
13.00 @ 1/2 cup	137.66	0.53	3.46	180.02	4.77	31.15	23.30	1.06	0.00	3.18	243.56	3176.86	-*	-*	-*	6.35	-*	-*	-*	-*	-*	21.18	-*	0.38
M53362 FRUIT: HONEYDEW, Melon 1/2c																								
153.00 @ 1/2 cup	30.93	0.03	0.95	15.47	0.12	3.50	7.81	0.46	0.00	0.69	195.92	42.96	0.00	0.02	2.49	15.47	0.03	0.01	0.36	0.08	0.00	5.16	9.45	0.15
M50427 FRUIT: FRUIT MIX w/Jc 1/2c																								
122.00 @ 1/2 cup	60.01	0.00	0.00	5.00	0.00	0.00	13.00	1.00	0.00	1.00	-*	200.03	-*	-*	-*	1.20	-*	-*	-*	-*	-*	0.00	-*	0.00
M50982 JUICE SS, ORANGE 100% 4 FLOZ																								
156.00 @ 1 each	51.44	0.00	0.00	15.43	0.00	0.00	12.35	1.03	0.00	0.00	-*	0.00	-*	-*	-*	43.21	-*	-*	-*	-*	-*	0.00	-*	0.00
M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50																								
37.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00
M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50																								
173.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00
M50855 COND PC Ketchup 9g Heinz																								
290.00 @ 1 each	10.00	0.00	0.00	85.00	0.00	0.00	3.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50055 COND PC Mayonnaise 12g																								
65.00 @ 1 each	80.00	1.50	16.87	75.00	8.00	90.00	1.00	0.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50284 COND PC Mustard 6g																								
9.00 @ 1 each	0.00	0.00	-	65.00	0.00	-	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M53222 COND PC Margarine 5g																								
91.00 @ 1 each	30.00	1.00	30.00	30.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	500.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50624 COND PC Drsg Ranch 12g																								
70.00 @ 1 each	50.00	0.00	0.00	100.00	5.00	90.00	1.00	0.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50623 COND PC Drsg Italian 12g																								
11.00 @ 1 each	30.00	0.00	0.00	130.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	100.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M53116 COND PC Drsg Honey Mustard 12g																								

* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Flower Mound HS

Service Area: Flower Mound - 9-12 - OVS

Menu Name: Flower Mound HS 2018-2019 Menu - cycle 2 - week 5

Avg.Method: Weighted (USDA Default)

48.00 @ 1 each	15.00	0.00	0.00	65.00	0.00	0.00	4.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50056 COND PC Sauce, Taco 9g																								
45.00 @ 1 each	5.00	0.00	0.00	55.00	0.00	0.00	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50287 COND PC Sauce, BBQ 12g																								
80.00 @ 1 each	15.00	0.00	0.00	160.00	0.00	0.00	4.00	0.00	0.00	0.00	-*	100.00	-*	-*	-*	0.60	-*	-*	-*	-*	-*	0.00	-*	0.00
M51391 COND_Mayo, Chipotle W																								
48.00 @ 1 tablespoon	26.19	0.35	12.18	91.54	2.49	85.73	0.97	0.01	3.54	0.01	1.00*	91.64	-*	-*	-*	0.40	-*	-*	-*	-*	-*	0.00	-*	0.02
M50060 COND_Mayo W																								
48.00 @ 1 tablespoon	33.07	0.47	12.86	94.49	3.31	90.00	0.94	0.00	4.72	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50291 COND_Mustard, Yellow																								
48.00 @ 1 tablespoon	9.00	0.01	1.50	181.50	0.37	37.20	0.93	0.47	0.00	0.43	13.36	0.67	-*	-*	-*	0.13	-*	-*	-*	-*	-*	7.51	-*	0.19
M50692 COND_Dressing, DijonHnyMustard																								
48.00 @ 1 tablespoon	65.00	0.75	10.38	90.00	5.50	76.15	3.50	0.00	7.50	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50622 COND_Dressing, Ranch Lite																								
48.00 @ 1 tablespoon	55.00	0.75	12.27	139.99	5.00	81.82	0.50	0.50	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	10.00	-*	0.00
M50292 COND_Sauce, BBQ Original AP																								
48.00 @ 1 tablespoon	35.00	0.00	0.00	144.99	0.00	0.00	9.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	1.80	-*	-*	-*	-*	-*	0.00	-*	0.18
M50063 COND_Sauce, Buffalo Wing AP																								
48.00 @ 1 tablespoon	4.38	0.02	4.79	363.06	0.22	45.51	0.48	0.11	0.17	0.12	21.32	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	2.22	-*	0.07
M50087 COND_Salsa, Pico SC 1/8c																								
48.00 @ 1/8 cup	6.68	0.01	1.17	37.20	0.07	9.84	1.46	0.29	0.00	0.40	69.99	231.76*	0.00*	0.15*	2.94*	4.04	0.01*	0.01*	0.16*	0.03*	0.00*	4.19	7.40*	0.11
M66157 COND_SALSA, BLNDR SC 1/8C																								
48.00 @ 1/8 cup	9.65	0.01	1.33	45.21	0.10	9.06	2.10	0.42	0.00	0.59	27.10*	148.65*	0.00*	0.05*	6.02*	4.65	0.01*	0.01*	0.03*	0.02*	0.00*	16.79	4.05*	0.19
M53940 COND_Salsa, Verde SC 1/8c																								
48.00 @ 1/8 cup	10.75	0.03	2.54	25.36	0.23	19.29	2.13	0.37	0.00	0.61	83.93	260.93*	0.00*	0.16*	12.93*	3.96	0.02*	0.01*	0.40*	0.03*	0.00*	8.13	11.81*	0.22

* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Flower Mound HS

Service Area: Flower Mound - 9-12 - OVS

Menu Name: Flower Mound HS 2018-2019 Menu - cycle 2 - week 5

Avg.Method: Weighted (USDA Default)

M53295 COND_Sour Cream AP

48.00 @ 1 tablespoon	30.00	1.75	52.50	25.00	3.00	90.00	1.00	0.50	10.00	0.00	-*	99.99	-*	-*	-*	0.00	-*	-*	-*	-*	20.00	-*	0.00
-------------------------	-------	------	-------	-------	------	-------	------	------	-------	------	----	-------	----	----	----	------	----	----	----	----	-------	----	------

M67404 BURG, BEEF CH BBQ TWISTER AP100% WG 2.5 FUEL 10/18

24.00 @ 1 each	420.00	6.25	13.39	737.51	17.50	37.50	45.00	20.75	50.00	2.75	107.50*	0.00	-*	-*	-*	3.60	-*	-*	-*	-*	139.50	-*	3.11
----------------	--------	------	-------	--------	-------	-------	-------	-------	-------	------	---------	------	----	----	----	------	----	----	----	----	--------	----	------

M53877 CALZONE BEEF PEPP SC WG 2.25

24.00 @ 1 each	369.55	6.76	16.47	677.78	14.79	36.01	34.36	23.68	40.32	3.40	89.57*	272.28	0.27*	0.02*	0.54*	0.40	0.01*	0.03*	0.87*	0.06*	0.38*	292.33	33.52*	2.33
----------------	--------	------	-------	--------	-------	-------	-------	-------	-------	------	--------	--------	-------	-------	-------	------	-------	-------	-------	-------	-------	--------	--------	------

Average	978.48	12.32	11.33	1725.65	39.53	36.36	104.43	50.88	99.23	9.61	299.96*	1958.18*	.29*	.17*	12.99*	27.1*	.03*	.05*	1.2*	.12*	.35*	542.99	51.37*	5.57
----------------	--------	-------	-------	---------	-------	-------	--------	-------	-------	------	---------	----------	------	------	--------	-------	------	------	------	------	------	--------	--------	------

* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Flower Mound HS

Service Area: Flower Mound - 9-12 - OVS

Menu Name: Flower Mound HS 2018-2019 Menu - cycle 2 - week 5

Avg.Method: Weighted (USDA Default)

Age Group: Brkfst Grades K-12 **Period:** Breakfast **Week:** 5 **Day:** Thursday **Count Type:** Forecasted **Total No. of Customers:** 26

Weekly Std.	SFA		Na (mg)	Fat		CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)	
	CAL	(g)		% of CAL	(g)																			% of CAL
450.00-500.00		10.00	540.00																					

M51724 SDW BISC, PSaus WG 1 (2BG)

24.00 @ 1 sandwich	420.00	14.00	30.00	940.01	29.00	62.14	28.00	12.00	45.00	2.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	170.00	-*	1.44
--------------------	--------	-------	-------	--------	-------	-------	-------	-------	-------	------	----	------	----	----	----	------	----	----	----	----	----	--------	----	------

M50208 CEREAL BWL, CINN TST CRUNCH RS WG

1.00 @ 1 bowl	110.00	0.50	4.09	160.00	3.00	24.54	22.00	1.00	0.00	3.00	-*	400.01	-*	-*	-*	4.80	-*	-*	-*	-*	-*	200.01	-*	3.60
---------------	--------	------	------	--------	------	-------	-------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M50442 CEREAL BWL, Cocoa Puffs RS WG

1.00 @ 1 bowl	110.05	0.00	0.00	160.08	1.50	12.27	25.01	2.00	0.00	2.00	-*	500.25	-*	-*	-*	6.00	-*	-*	-*	-*	-*	100.05	-*	4.50
---------------	--------	------	------	--------	------	-------	-------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M50524 CEREAL BWL, Lucky Charms WG

1.00 @ 1 bowl	110.00	0.00	0.00	180.00	1.00	8.18	23.00	2.00	0.00	2.00	-*	500.01	-*	-*	-*	6.00	-*	-*	-*	-*	-*	100.00	-*	4.50
---------------	--------	------	------	--------	------	------	-------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M50525 CEREAL BWL, Trix RS WG

1.00 @ 1 bowl	110.00	0.00	0.00	140.00	1.00	8.18	24.00	1.00	0.00	1.00	-*	400.01	-*	-*	-*	4.80	-*	-*	-*	-*	-*	80.00	-*	4.50
---------------	--------	------	------	--------	------	------	-------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	-------	----	------

M52724 BRD: BAR, Cereal CinnTst WG IW

1.00 @ 1 each	150.00	0.00	0.00	115.00	3.50	21.00	30.00	2.00	0.00	3.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	200.00	-*	1.80
---------------	--------	------	------	--------	------	-------	-------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	--------	----	------

M51267 BRD: MUF AP, BLUEBRY 2OZ IW WG (1BG)

1.00 @ 1 muffin	190.00	2.00	9.47	130.00	6.00	28.42	31.00	3.00	40.00	2.00	-*	100.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	20.00	-*	0.72
-----------------	--------	------	------	--------	------	-------	-------	------	-------	------	----	--------	----	----	----	------	----	----	----	----	----	-------	----	------

M51268 BRD: MUF AP, CHOC CHOC CHIP 2OZ IW WG (1BG)

1.00 @ 1 muffin	200.00	2.00	9.00	135.00	6.00	27.00	32.00	4.00	40.00	3.00	180.00	100.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	40.00	-*	1.44
-----------------	--------	------	------	--------	------	-------	-------	------	-------	------	--------	--------	----	----	----	------	----	----	----	----	----	-------	----	------

M51848 BRD: POPTARTS, Straw 1.76oz WG

1.00 @ 1 package	180.00	1.00	5.00	180.00	2.50	12.50	38.00	2.00	0.00	3.00	-*	500.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	100.00	-*	1.80
------------------	--------	------	------	--------	------	-------	-------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M51849 BRD: POPTARTS, Cinn 1.76oz WG

1.00 @ 1 package	180.00	1.00	5.00	190.00	2.50	12.50	37.00	2.00	0.00	3.00	-*	500.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	100.00	-*	1.80
------------------	--------	------	------	--------	------	-------	-------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M51684 BRD: POPTARTS, Fudge 1.76oz WG

1.00 @ 1 package	180.00	1.00	5.00	190.00	3.00	15.00	38.00	3.00	0.00	3.00	-*	500.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	100.00	-*	1.80
------------------	--------	------	------	--------	------	-------	-------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M51994 CHEESE, COLBY JK Stick 1ea 1.0

* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Flower Mound HS

Service Area: Flower Mound - 9-12 - OVS

Menu Name: Flower Mound HS 2018-2019 Menu - cycle 2 - week 5

Avg.Method: Weighted (USDA Default)

2.00 @ 1 stick	90.00	4.00	40.00	200.01	6.00	60.00	0.00	7.00	20.00	0.00	0.00	200.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	200.01	-*	0.00
M50792 YOGURT SS, Trix Straw/Ban 4oz																								
3.00 @ 1 each	80.00	0.00	0.00	60.00	0.50	5.63	15.00	4.00	5.00	0.00	140.00	500.04	-*	-*	-*	0.00	-*	-*	-*	-*	-*	100.01	-*	0.00
M51237 BRD: BREAD WG, Tst Marg 1sl																								
1.00 @ 1 slice	110.00	1.33	10.91	160.00	4.33	35.45	15.00	3.00	0.00	1.00	1.33*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	1.08
M50670 EGG: Hard Boiled FC AP 1.5																								
1.00 @ 1 each	80.00	1.50	16.88	60.00	5.00	56.25	1.00	6.00	185.00	0.00	-*	300.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	20.00	-*	0.72
M52975 BRD: WAFFLE, RS SS WG (3.25BG)																								
6.00 @ 1 each	240.06	0.00	0.00	506.14	2.86	10.71	50.30	6.86	0.00	6.86	1.05*	0.00	0.00*	0.00*	0.00*	0.00	0.00*	0.00*	0.00*	0.00*	0.00*	288.94	0.00*	3.09
M52657 FRUIT: BLUEBERRIES, Fz 1/8c																								
3.00 @ 1/8 cup	8.89	0.01	0.94	0.17	0.11	11.29	2.12	0.07	0.00	0.47	9.41	8.01	0.00	0.08	2.86	0.44	0.01	0.01	0.09	0.01	0.00	1.39	1.92	0.03
M53629 FRUIT: STRAWBERRIES, Frsh 1/8c																								
3.00 @ 1/8 cup	6.14	0.00	0.42	0.19	0.06	8.44	1.47	0.13	0.00	0.38	29.37	2.30	0.00	0.06	0.42	11.29	0.00	0.00	0.07	0.01	0.00	3.07	4.61	0.08
M52817 DESRT: TOPPING, CHOCOLATE CHIPS SEMISWT (TBSP)																								
6.00 @ 1 tablespoon	51.03	1.89	33.28	1.17	3.19	56.25	6.79	0.45	0.00	0.63	38.80	0.00	0.00	0.03	0.60	0.00	0.01	0.01	0.05	0.00	0.00	3.40	14.03	0.33
M52816 DESRT: TOPPING, Whipd NonDairy																								
6.00 @ 1 tablespoon	13.47	1.00	66.56	0.81	1.00	67.06	1.06	0.05	0.01	0.01	-*	0.20	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.15	-*	0.00
M53362 FRUIT: HONEYDEW, Melon 1/2c																								
11.00 @ 1/2 cup	30.93	0.03	0.95	15.47	0.12	3.50	7.81	0.46	0.00	0.69	195.92	42.96	0.00	0.02	2.49	15.47	0.03	0.01	0.36	0.08	0.00	5.16	9.45	0.15
M52271 FRUIT: PEARS, Dice w/Jc 1/2c																								
5.00 @ 1/2 cup	60.66	0.00	0.00	10.11	0.00	0.00	14.15	0.00	0.00	2.02	80.89	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M53365 JUICE SS, Grape100% 4oz Cart																								
11.00 @ 1 each	80.00	0.00	0.00	15.00	0.00	0.00	18.00	1.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50																								
13.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00
M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50																								
14.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00

* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Flower Mound HS

Service Area: Flower Mound - 9-12 - OVS

Menu Name: Flower Mound HS 2018-2019 Menu - cycle 2 - week 5

Avg.Method: Weighted (USDA Default)

M53222 COND PC Margarine 5g

3.00 @ 1 each	30.00	1.00	30.00	30.00	3.00	90.00	0.00	0.00	0.00	0.00	0.00	-*	500.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
---------------	-------	------	-------	-------	------	-------	------	------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	------	----	------

M50854 COND PC Jelly, #4 Smuckers

1.00 @ 1 each	35.00	0.00	0.00	5.00	0.00	0.00	9.00	0.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
---------------	-------	------	------	------	------	------	------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M50056 COND PC Sauce, Taco 9g

1.00 @ 1 each	5.00	0.00	0.00	55.00	0.00	0.00	1.00	0.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
---------------	------	------	------	-------	------	------	------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M50058 COND PC Syrup 1.4oz Smuckers

6.00 @ 1 each	110.00	0.00	0.00	25.00	0.00	0.00	29.00	0.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
---------------	--------	------	------	-------	------	------	-------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

Average	750.24	15.17	18.2	1264.84	32.1	38.5	91.56	23.92	61.54	5.35	135.24*	815.59	0*	.03*	1.57*	10.57	.02*	.01*	.18*	.04*	0*	606.36	7.99*	3.28
----------------	--------	-------	------	---------	------	------	-------	-------	-------	------	---------	--------	----	------	-------	-------	------	------	------	------	----	--------	-------	------

* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Flower Mound HS

Service Area: Flower Mound - 9-12 - OVS

Menu Name: Flower Mound HS 2018-2019 Menu - cycle 2 - week 5

Avg.Method: Weighted (USDA Default)

Age Group: Lunch Grades 9-12 **Period:** Lunch **Week:** 5 **Day:** Thursday **Count Type:** Forecasted **Total No. of Customers:** 579

Weekly Std.	SFA		Na (mg)	Fat		CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)	
	CAL	% of CAL		% of CAL	% of CAL																			
750.00-850.00		10.00	1420.00																					

M53870 ENT: PASTA, CHIXDCD PENNE ALFREDO WG 2.0

96.00 @ 8 fl oz	271.36	4.58	15.18	448.24	9.33	30.96	26.52	18.42	48.42	2.72	161.36*	5.10	0.00*	0.01*	2.07*	0.43	0.00*	0.00*	0.02*	0.02*	0.00*	235.43	2.90*	1.93
-----------------	--------	------	-------	--------	------	-------	-------	-------	-------	------	---------	------	-------	-------	-------	------	-------	-------	-------	-------	-------	--------	-------	------

M67344 SALAD, CHAM PEPP PIZZA SC 2.25

20.00 @ 1 each	208.23	5.83	25.21	578.35	13.21	57.11	6.10	16.44	63.75	1.26	146.57*	5085.27	0.00*	0.12*	43.60*	7.46	0.04*	0.04*	0.25*	0.06*	0.00*	173.60	17.48*	1.02
----------------	--------	------	-------	--------	-------	-------	------	-------	-------	------	---------	---------	-------	-------	--------	------	-------	-------	-------	-------	-------	--------	--------	------

M51680 BRD: ROLL DG, WG 2.5oz

20.00 @ 1 each	170.00	0.50	2.65	135.00	3.00	15.88	28.00	7.00	0.00	3.40	-*	0.01	-*	-*	-*	0.01	-*	-*	-*	-*	-*	12.70	-*	0.85
----------------	--------	------	------	--------	------	-------	-------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	-------	----	------

M52043 PIZZA HUT PIZZA 6" EXPRESS CHZ SS 2.25

55.00 @ 1 pizza	374.18	4.99	12.01	685.27	13.41	32.25	38.44	24.92	24.70	4.27	-*	692.07	-*	-*	-*	5.36	-*	-*	-*	-*	-*	410.71	-*	2.57
-----------------	--------	------	-------	--------	-------	-------	-------	-------	-------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M53931 PIZZA HUT PIZZA 6" EXPRESS PEPP SS 2.0

119.00 @ 1 pizza	385.19	5.31	12.42	711.32	14.98	35.01	38.49	24.17	27.17	4.35	-*	662.85	-*	-*	-*	5.43	-*	-*	-*	-*	-*	354.34	-*	2.65
------------------	--------	------	-------	--------	-------	-------	-------	-------	-------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M54307 PIZZA HUT PIZZA 6" EXPRESS SSG SS 2.25

51.00 @ 1 pizza	439.08	7.15	14.66	836.54	20.45	41.92	38.35	25.40	37.42	4.27	-*	689.00	-*	-*	-*	5.36	-*	-*	-*	-*	-*	356.37	-*	2.86
-----------------	--------	------	-------	--------	-------	-------	-------	-------	-------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M54310 PIZZA HUT PIZZA 6" EXPRESS BBQ CHIX SS 2.25

44.00 @ 1 pizza	400.94	4.66	10.46	805.79	13.17	29.57	42.83	27.77	38.53	4.36	-*	667.19	-*	-*	-*	5.81	-*	-*	-*	-*	-*	350.99	-*	2.67
-----------------	--------	------	-------	--------	-------	-------	-------	-------	-------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M54520 PIZZA HUT COND PC CHEESE GRATED 2.5G

79.00 @ 1 each	10.00	0.00	0.00	50.00	1.00	90.00	0.00	1.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
----------------	-------	------	------	-------	------	-------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M54521 PIZZA HUT COND PC PEPPER RED CRUSHED 1G

41.00 @ 1 each	5.00	0.00	0.00	0.00	0.00	0.00	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
----------------	------	------	------	------	------	------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M52587 CHIX TENDER, GLDN CRISPY (3) WG 2.0 MWWW

30.00 @ 3 each	239.64	2.25	8.44	404.38	11.98	45.00	11.98	19.47	44.93	1.50	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	1.62
----------------	--------	------	------	--------	-------	-------	-------	-------	-------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M51753 CHIX Popcorn, AP Spicy WG 2.0

120.00 @ 1 serving	247.14	2.69	9.78	365.34	13.97	50.87	16.12	13.97	21.49	2.15	-*	107.45	-*	-*	-*	0.00	-*	-*	-*	-*	-*	42.98	-*	1.93
--------------------	--------	------	------	--------	-------	-------	-------	-------	-------	------	----	--------	----	----	----	------	----	----	----	----	----	-------	----	------

M51275 CHIX NUGGET, BNLS WING WG (5) 2.0 MWWW

120.00 @ 5 each	200.86	1.88	8.44	338.95	8.79	39.38	12.55	17.58	25.11	2.51	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.90
-----------------	--------	------	------	--------	------	-------	-------	-------	-------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Flower Mound HS

Service Area: Flower Mound - 9-12 - OVS

Menu Name: Flower Mound HS 2018-2019 Menu - cycle 2 - week 5

Avg.Method: Weighted (USDA Default)

M51680 BRD: ROLL DG, WG 2.5oz

160.00 @ 1 each	170.00	0.50	2.65	135.00	3.00	15.88	28.00	7.00	0.00	3.40	-*	0.01	-*	-*	-*	0.01	-*	-*	-*	-*	-*	12.70	-*	0.85
-----------------	--------	------	------	--------	------	-------	-------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	-------	----	------

M54370 BURG, BLACK BEAN AP WG 2.0

3.00 @ 1 each	300.00	1.00	3.00	710.00	9.00	27.00	42.00	19.00	5.00	7.00	280.00*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	80.00	-*	2.16
---------------	--------	------	------	--------	------	-------	-------	-------	------	------	---------	------	----	----	----	------	----	----	----	----	----	-------	----	------

M54555 NACHOS BFGD RND SC 2.0 (2BG)

20.00 @ 1 each	450.53	8.75	17.47	674.18	23.64	47.22	37.03	21.03	60.38	3.45	195.67*	194.00	0.91*	0.13*	0.97*	2.48	0.02*	0.09*	2.90*	0.20*	1.27*	212.59	110.82*	2.41
----------------	--------	------	-------	--------	-------	-------	-------	-------	-------	------	---------	--------	-------	-------	-------	------	-------	-------	-------	-------	-------	--------	---------	------

M51228 BRD: BUN, Hamburger WG

187.00 @ 1 each	140.00	0.00	0.00	300.00	2.00	12.86	27.00	5.00	0.00	2.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	40.00	-*	1.44
-----------------	--------	------	------	--------	------	-------	-------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	-------	----	------

M51648 BEEF Pty, AP 100% 2.0

49.00 @ 1 each	130.00	3.00	20.77	45.00	8.00	55.39	1.00	12.00	35.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	1.08
----------------	--------	------	-------	-------	------	-------	------	-------	-------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M51359 CHIX FLT, BREAST GRD 2.0 MWWW

3.00 @ 1 each	100.00	1.00	9.00	310.00	4.00	36.00	1.00	15.00	40.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.72
---------------	--------	------	------	--------	------	-------	------	-------	-------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M51935 CHIX FLT, BREAST BRD WG 2.0 MWWW

37.00 @ 1 each	199.76	1.50	6.75	289.65	8.99	40.50	8.99	18.98	44.95	3.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	1.08
----------------	--------	------	------	--------	------	-------	------	-------	-------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M51936 CHIX FLT, BREAST BRD SPICY WG 2.0 MWWW

70.00 @ 1 each	199.86	2.00	9.00	329.76	9.99	45.00	8.99	18.99	44.97	1.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	1.44
----------------	--------	------	------	--------	------	-------	------	-------	-------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M51005 CHEESE, AM (184ct) Slices 1.0

46.00 @ 3 slice	134.99	6.75	45.00	599.97	10.50	70.00	1.50	7.50	37.50	0.00	-*	299.98	-*	-*	-*	0.00	-*	-*	-*	-*	-*	224.99	-*	0.00
-----------------	--------	------	-------	--------	-------	-------	------	------	-------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M53381 CHEESE, CH Slices 1.0

42.00 @ 2 slice	110.01	5.00	40.91	180.01	9.00	73.64	1.00	6.00	30.00	0.00	20.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	199.01	-*	0.00
-----------------	--------	------	-------	--------	------	-------	------	------	-------	------	-------	------	----	----	----	------	----	----	----	----	----	--------	----	------

M53385 CHEESE, SW Slices 1.0

10.00 @ 2 slice	110.01	5.00	40.91	50.00	9.00	73.64	0.00	8.00	25.00	0.00	20.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	249.01	-*	0.00
-----------------	--------	------	-------	-------	------	-------	------	------	-------	------	-------	------	----	----	----	------	----	----	----	----	----	--------	----	------

M50999 CHEESE, JK Slices 1.0

36.00 @ 2 slice	100.00	5.00	45.00	180.01	8.00	72.00	1.00	7.00	30.00	0.00	25.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	197.01	-*	0.00
-----------------	--------	------	-------	--------	------	-------	------	------	-------	------	-------	------	----	----	----	------	----	----	----	----	----	--------	----	------

M51003 CHEESE, PV Slices 1.0

12.00 @ 2 slice	100.00	5.00	45.00	250.01	7.00	63.00	1.00	7.00	20.00	0.00	40.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	212.01	-*	0.00
-----------------	--------	------	-------	--------	------	-------	------	------	-------	------	-------	------	----	----	----	------	----	----	----	----	----	--------	----	------

M51017 VEG GARN: Rom Leaf 1ea

38.00 @ 1 each	2.41	0.01	2.06	1.13	0.04	15.88	0.47	0.17	0.00	0.30	35.01	1234.63	0.00	0.02	14.53	0.57	0.01	0.01	0.04	0.01	0.00	4.68	4.25	0.14
----------------	------	------	------	------	------	-------	------	------	------	------	-------	---------	------	------	-------	------	------	------	------	------	------	------	------	------

* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Flower Mound HS

Service Area: Flower Mound - 9-12 - OVS

Menu Name: Flower Mound HS 2018-2019 Menu - cycle 2 - week 5

Avg.Method: Weighted (USDA Default)

M51008 VEG: TOMATOES, FRESH SLCD (2SL) 1/8C

42.00 @ 1/8 cup	5.10	0.01	1.40	1.42	0.06	10.00	1.10	0.25	0.00	0.34	67.18	236.14	0.00	0.15	2.24	3.88	0.01	0.01	0.17	0.02	0.00	2.83	6.80	0.08
-----------------	------	------	------	------	------	-------	------	------	------	------	-------	--------	------	------	------	------	------	------	------	------	------	------	------	------

M53391 VEG: ONIONS, Yellow Slice 1ea

14.00 @ 1 slice	2.83	0.00	0.94	0.28	0.01	2.25	0.66	0.08	0.00	0.12	10.35	0.14	0.00	0.00	0.03	0.52	0.00	0.00	0.01	0.01	0.00	1.63	2.06	0.01
-----------------	------	------	------	------	------	------	------	------	------	------	-------	------	------	------	------	------	------	------	------	------	------	------	------	------

M50892 COND_PEPPERS, JALAPENO CND TBSP

22.00 @ 1 tablespoon	3.12	0.00	0.00	240.96	0.09	27.20	0.48	0.09	0.00	0.26	19.38	-*	-*	-*	-*	1.00	-*	-*	-*	-*	-*	2.31	-*	0.19
----------------------	------	------	------	--------	------	-------	------	------	------	------	-------	----	----	----	----	------	----	----	----	----	----	------	----	------

M50176 COND_Pickle, Dill Slice 2ea

40.00 @ 2 slice	1.62	0.01	4.72	162.08	0.05	25.17	0.24	0.06	0.00	0.14	-*	0.00	-*	-*	-*	0.21	-*	-*	-*	-*	-*	8.65	-*	0.05
-----------------	------	------	------	--------	------	-------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M66741 WRAP 10", CHIXDCD BUFF WG 2.0

5.00 @ 1 each	366.92	4.43	10.87	647.39	16.59	40.70	32.55	19.97	52.30	3.99	147.87*	2755.45	0.00*	0.19*	31.30*	5.02	0.03*	0.02*	0.26*	0.04*	0.00*	133.31	15.31*	2.38
---------------	--------	------	-------	--------	-------	-------	-------	-------	-------	------	---------	---------	-------	-------	--------	------	-------	-------	-------	-------	-------	--------	--------	------

M53347 SDW BD, SB WG 2.0

6.00 @ 1 sandwich	558.71	3.99	6.42	579.16	35.89	57.81	43.95	19.95	0.00	5.99	378.78*	0.00	0.00*	-*	-*	0.00	-*	-*	-*	-*	-*	59.81	-*	5.35
-------------------	--------	------	------	--------	-------	-------	-------	-------	------	------	---------	------	-------	----	----	------	----	----	----	----	----	-------	----	------

M52708 BRD: ROLL DG, Sub 6" WG

2.00 @ 1 roll	170.00	0.50	2.65	180.00	3.00	15.88	28.00	6.00	0.00	3.00	-*	0.01	-*	-*	-*	0.01	-*	-*	-*	-*	-*	13.52	-*	1.45
---------------	--------	------	------	--------	------	-------	-------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	-------	----	------

M52782 BRD: FLATBREAD 6" X 6" 2OZ WG (2BG)

33.00 @ 1 each	180.00	1.00	5.00	310.00	5.00	25.00	28.00	5.00	0.00	2.69	-*	0.07	-*	-*	-*	0.07	-*	-*	-*	-*	-*	22.88	-*	0.83
----------------	--------	------	------	--------	------	-------	-------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	-------	----	------

M53393 TKY, Breast Sliced 1.0

20.00 @ 1 serving	60.00	0.50	7.50	220.00	2.00	30.00	2.00	9.00	25.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	20.00	-*	0.36
-------------------	-------	------	------	--------	------	-------	------	------	-------	------	----	------	----	----	----	------	----	----	----	----	----	-------	----	------

M53569 CHIX, BLACK FOREST HAM SLICED 1.0

15.00 @ 1 serving	80.00	1.50	16.88	250.00	4.50	50.63	2.00	8.00	40.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.36
-------------------	-------	------	-------	--------	------	-------	------	------	-------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M51005 CHEESE, AM (184ct) Slices 1.0

4.00 @ 3 slice	134.99	6.75	45.00	599.97	10.50	70.00	1.50	7.50	37.50	0.00	-*	299.98	-*	-*	-*	0.00	-*	-*	-*	-*	-*	224.99	-*	0.00
----------------	--------	------	-------	--------	-------	-------	------	------	-------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M53381 CHEESE, CH Slices 1.0

8.00 @ 2 slice	110.01	5.00	40.91	180.01	9.00	73.64	1.00	6.00	30.00	0.00	20.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	199.01	-*	0.00
----------------	--------	------	-------	--------	------	-------	------	------	-------	------	-------	------	----	----	----	------	----	----	----	----	----	--------	----	------

M53385 CHEESE, SW Slices 1.0

4.00 @ 2 slice	110.01	5.00	40.91	50.00	9.00	73.64	0.00	8.00	25.00	0.00	20.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	249.01	-*	0.00
----------------	--------	------	-------	-------	------	-------	------	------	-------	------	-------	------	----	----	----	------	----	----	----	----	----	--------	----	------

M50999 CHEESE, JK Slices 1.0

6.00 @ 2 slice	100.00	5.00	45.00	180.01	8.00	72.00	1.00	7.00	30.00	0.00	25.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	197.01	-*	0.00
----------------	--------	------	-------	--------	------	-------	------	------	-------	------	-------	------	----	----	----	------	----	----	----	----	----	--------	----	------

* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Flower Mound HS

Service Area: Flower Mound - 9-12 - OVS

Menu Name: Flower Mound HS 2018-2019 Menu - cycle 2 - week 5

Avg.Method: Weighted (USDA Default)

M51003 CHEESE, PV Slices 1.0

12.00 @ 2 slice	100.00	5.00	45.00	250.01	7.00	63.00	1.00	7.00	20.00	0.00	40.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	212.01	-*	0.00
-----------------	--------	------	-------	--------	------	-------	------	------	-------	------	-------	------	----	----	----	------	----	----	----	----	----	--------	----	------

M51017 VEG GARN: Rom Leaf 1ea

24.00 @ 1 each	2.41	0.01	2.06	1.13	0.04	15.88	0.47	0.17	0.00	0.30	35.01	1234.63	0.00	0.02	14.53	0.57	0.01	0.01	0.04	0.01	0.00	4.68	4.25	0.14
----------------	------	------	------	------	------	-------	------	------	------	------	-------	---------	------	------	-------	------	------	------	------	------	------	------	------	------

M51008 VEG: TOMATOES, FRESH SLCD (2SL) 1/8C

15.00 @ 1/8 cup	5.10	0.01	1.40	1.42	0.06	10.00	1.10	0.25	0.00	0.34	67.18	236.14	0.00	0.15	2.24	3.88	0.01	0.01	0.17	0.02	0.00	2.83	6.80	0.08
-----------------	------	------	------	------	------	-------	------	------	------	------	-------	--------	------	------	------	------	------	------	------	------	------	------	------	------

M51013 VEG: ONIONS, Red Slice 1ea

18.00 @ 1 slice	2.83	0.00	0.94	0.28	0.01	2.25	0.66	0.08	0.00	0.12	10.35	0.14	0.00	0.00	0.03	0.52	0.00	0.00	0.01	0.01	0.00	1.63	2.06	0.01
-----------------	------	------	------	------	------	------	------	------	------	------	-------	------	------	------	------	------	------	------	------	------	------	------	------	------

M52162 VEG: SPINACH, FRESH LEAVES 1/4C

10.00 @ 1/4 cup	3.12	0.01	2.47	10.73	0.05	15.26	0.49	0.39	0.00	0.30	75.79	1273.70	0.00	0.28	65.59	3.82	0.01	0.03	0.10	0.03	0.00	13.45	6.66	0.37
-----------------	------	------	------	-------	------	-------	------	------	------	------	-------	---------	------	------	-------	------	------	------	------	------	------	-------	------	------

M53523 VEG: PEPPERS, Red Strips1/4c

17.00 @ 1/4 cup	7.78	0.01	0.78	1.00	0.08	8.71	1.51	0.25	0.00	0.53	52.96	785.87	0.00	0.40	1.23	32.05	0.01	0.02	0.25	0.07	0.00	1.76	6.53	0.11
-----------------	------	------	------	------	------	------	------	------	------	------	-------	--------	------	------	------	-------	------	------	------	------	------	------	------	------

M50891 COND_OLIVES, BLACK SLICED TBSP

15.00 @ 1 tablespoon	14.04	0.17	10.96	58.74	1.27	81.48	0.52	0.13	0.00	0.31	-*	5.23	-*	-*	-*	0.21	-*	-*	-*	-*	-*	7.97	-*	0.18
----------------------	-------	------	-------	-------	------	-------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M50176 COND_Pickle, Dill Slice 2ea

5.00 @ 2 slice	1.62	0.01	4.72	162.08	0.05	25.17	0.24	0.06	0.00	0.14	-*	0.00	-*	-*	-*	0.21	-*	-*	-*	-*	-*	8.65	-*	0.05
----------------	------	------	------	--------	------	-------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M66605 BRD: TORTILLA FLOUR 10" WG

69.00 @ 1 each	180.00	1.50	7.50	250.00	4.50	22.50	29.00	5.00	0.00	3.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	100.00	-*	1.44
----------------	--------	------	------	--------	------	-------	-------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	--------	----	------

M66461 BRD: TORTILLA FLOUR 6" WG

2.00 @ 2 each	180.00	1.00	5.00	250.00	5.00	25.00	28.00	6.00	0.00	2.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	120.00	-*	1.44
---------------	--------	------	------	--------	------	-------	-------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	--------	----	------

M54540 BRD: TORTILLA, CHIP RND WG 2BG

55.00 @ 1 serving	224.59	1.60	6.43	184.48	9.63	38.57	32.08	3.21	0.00	3.21	0.00	0.00	0.00	-*	-*	0.00	-*	-*	-*	-*	-*	48.13	-*	0.80
-------------------	--------	------	------	--------	------	-------	-------	------	------	------	------	------	------	----	----	------	----	----	----	----	----	-------	----	------

M52229 RICE, Mex Spiced WG 2BG

50.00 @ 1 cup	219.91	0.43	1.77	132.15	1.89	7.73	44.52	5.07	1.98	2.30	152.55*	341.80*	0.00*	0.22*	2.30*	0.21*	0.01*	0.01*	0.09*	0.03*	0.00*	25.72	7.83*	1.14
---------------	--------	------	------	--------	------	------	-------	------	------	------	---------	---------	-------	-------	-------	-------	-------	-------	-------	-------	-------	-------	-------	------

M51175 BEEF Gd, Taco Meat SC 1.0

120.00 @ 1 No 24 Scoop	78.71	1.65	18.88	56.06	4.38	50.12	1.22	8.02	25.24	0.15	122.30*	121.25	0.57*	0.08*	0.61*	1.55	0.01*	0.06*	1.81*	0.13*	0.79*	9.04	69.27*	1.00
------------------------	-------	------	-------	-------	------	-------	------	------	-------	------	---------	--------	-------	-------	-------	------	-------	-------	-------	-------	-------	------	--------	------

M52584 CHIX Strips, Fajita DkMt 1.0

* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Flower Mound HS

Service Area: Flower Mound - 9-12 - OVS

Menu Name: Flower Mound HS 2018-2019 Menu - cycle 2 - week 5

Avg.Method: Weighted (USDA Default)

40.00 @ 2 fl oz	76.93	1.01	11.78	124.77	3.56	41.66	1.34	10.09	35.00	0.09	9.12*	46.95	0.00*	0.07*	0.17*	0.02	0.00*	0.00*	0.03*	0.01*	0.00*	12.26	2.39*	0.69
M67968 MMA: BEANS, PINTO KICKIN' 1.0																								
18.00 @ 1/4 cup	57.84	0.12	1.93	98.12	0.41	6.35	9.87	3.52	0.42	2.94	165.79*	37.72*	1.55*	0.00*	0.00*	0.64*	0.00*	0.00*	0.00*	0.00*	0.00*	32.66	0.00*	0.91
M53386 CHEESE, CH Shreds 1.0																								
40.00 @ 2 fl oz	110.00	6.00	49.09	189.99	9.00	73.64	1.00	7.00	30.00	0.00	0.00	280.99	-*	-*	-*	0.00	-*	-*	-*	-*	-*	201.99	-*	0.19
M50921 COND_Sauce, Chz SS W (LOL) 1.0																								
90.00 @ 3 fl oz	149.95	6.75	40.50	599.79	10.50	63.00	4.50	7.50	29.99	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	224.92	-*	0.00
M51420 VEG GARN: Rom Shrds/Tom Dice																								
60.00 @ 1 serving	5.03	0.01	1.56	1.63	0.06	11.41	1.06	0.27	0.00	0.40	67.90	794.43	0.00	0.12	8.94	3.20	0.01	0.01	0.15	0.02	0.00	4.47	7.23	0.13
M52379 VEG: ONIONS, Yellow Diced 1/8c																								
20.00 @ 1/8 cup	8.62	0.01	0.94	0.86	0.02	2.25	2.01	0.24	0.00	0.37	31.47	0.43	0.00	0.00	0.09	1.60	0.01	0.01	0.03	0.03	0.00	4.96	6.25	0.05
M50892 COND_PEPPERS, JALAPENO CND TBSP																								
25.00 @ 1 tablespoon	3.12	0.00	0.00	240.96	0.09	27.20	0.48	0.09	0.00	0.26	19.38	-*	-*	-*	-*	1.00	-*	-*	-*	-*	-*	2.31	-*	0.19
M50891 COND_OLIVES, BLACK SLICED TBSP																								
10.00 @ 1 tablespoon	14.04	0.17	10.96	58.74	1.27	81.48	0.52	0.13	0.00	0.31	-*	5.23	-*	-*	-*	0.21	-*	-*	-*	-*	-*	7.97	-*	0.18
M55430 COND_HERB, CILANTRO																								
10.00 @ 1 tablespoon	0.82	0.00	0.55	1.63	0.02	20.35	0.13	0.08	0.00	0.10	18.46	239.13	0.00	0.09	10.99	0.96	0.00	0.01	0.04	0.01	0.00	2.37	1.70	0.06
M52541 VEG: SQUASH, Ylw Frsh Smth1/2c																								
48.00 @ 1/2 cup	29.78	0.06	1.70	1.74	0.33	9.85	5.87	1.17	0.00	1.21	171.39	742.45	0.00	0.09	3.56	9.48	0.04	0.02	0.39	0.10	0.00	24.06	31.06	0.36
M53669 VEG: SALAD, Bean Green Tom1/2c																								
48.00 @ 1/2 cup	55.28	0.40	6.59	109.10	1.69	27.55	8.05	2.09	0.83	2.40	201.79*	624.71	0.00*	0.43*	37.86*	12.97	0.09*	0.08*	0.50*	0.06*	0.00*	52.58	31.69*	0.85
M52149 VEG: SALAD, Side RomMix SC1c																								
48.00 @ 1 cup	13.23	0.02	1.38	12.10	0.15	10.29	2.85	0.69	0.00	1.26	146.56	4976.16	0.00	0.12	43.60	7.46	0.04	0.04	0.25	0.06	0.00	19.84	17.48	0.47
M54853 VEG: POTATO, FF THIN CUT GEN7 1/2C																								
340.00 @ 1/2 cup	103.88	0.92	7.94	122.21	3.67	31.77	16.50	1.22	0.00	1.22	232.27	0.00	0.00	-*	-*	2.93	-*	-*	-*	-*	-*	0.00	-*	0.22
M51731 VEG: POTATO SWT, FF CRINKLE 1/2C																								
12.00 @ 1/2 cup	137.66	0.53	3.46	180.02	4.77	31.15	23.30	1.06	0.00	3.18	243.56	3176.86	-*	-*	-*	6.35	-*	-*	-*	-*	-*	21.18	-*	0.38

* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Flower Mound HS

Service Area: Flower Mound - 9-12 - OVS

Menu Name: Flower Mound HS 2018-2019 Menu - cycle 2 - week 5

Avg.Method: Weighted (USDA Default)

M51113 FRUIT: ORANGE 138ct Whole 1/2c

96.00 @ 1 each	46.97	0.01	0.29	0.00	0.12	2.30	11.74	0.94	0.00	2.40	180.87	224.84	0.00	0.18	0.00	53.16	0.09	0.04	0.28	0.06	0.00	39.97	13.99	0.10
----------------	-------	------	------	------	------	------	-------	------	------	------	--------	--------	------	------	------	-------	------	------	------	------	------	-------	-------	------

M52268 FRUIT: PEACHES Dice w/Jc 1/2c

122.00 @ 1/2 cup	50.83	0.00	0.00	10.17	0.00	0.00	12.20	0.00	0.00	0.00	182.98	304.97	-*	-*	-*	1.22	-*	-*	-*	-*	-*	0.00	-*	0.00
------------------	-------	------	------	-------	------	------	-------	------	------	------	--------	--------	----	----	----	------	----	----	----	----	----	------	----	------

M50979 JUICE SS, Apple 100% 4oz Cart

160.00 @ 1 each	60.00	0.00	0.00	15.00	0.00	0.00	14.00	0.00	0.00	0.00	85.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
-----------------	-------	------	------	-------	------	------	-------	------	------	------	-------	------	----	----	----	------	----	----	----	----	----	------	----	------

M51440 DESRT: GELATIN, Cherry SC 1/2c

261.00 @ 1/2 cup	71.59	0.00	0.00	95.29	0.00	0.00	17.39	1.02	0.00	0.00	1.08*	0.00	0.00*	0.00*	0.00*	15.34	0.00*	0.00*	0.00*	0.00*	0.00*	3.24	0.00*	0.00
------------------	-------	------	------	-------	------	------	-------	------	------	------	-------	------	-------	-------	-------	-------	-------	-------	-------	-------	-------	------	-------	------

M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50

114.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00
-------------------	--------	------	-------	--------	------	-------	-------	------	-------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50

219.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00
-------------------	--------	------	------	--------	------	------	-------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M50855 COND PC Ketchup 9g Heinz

270.00 @ 1 each	10.00	0.00	0.00	85.00	0.00	0.00	3.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
-----------------	-------	------	------	-------	------	------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M50055 COND PC Mayonnaise 12g

60.00 @ 1 each	80.00	1.50	16.87	75.00	8.00	90.00	1.00	0.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
----------------	-------	------	-------	-------	------	-------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M50284 COND PC Mustard 6g

9.00 @ 1 each	0.00	0.00	-	65.00	0.00	-	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
---------------	------	------	---	-------	------	---	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M53222 COND PC Margarine 5g

60.00 @ 1 each	30.00	1.00	30.00	30.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	500.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
----------------	-------	------	-------	-------	------	-------	------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	------	----	------

M50624 COND PC Drsg Ranch 12g

70.00 @ 1 each	50.00	0.00	0.00	100.00	5.00	90.00	1.00	0.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
----------------	-------	------	------	--------	------	-------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M50623 COND PC Drsg Italian 12g

8.00 @ 1 each	30.00	0.00	0.00	130.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	100.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
---------------	-------	------	------	--------	------	-------	------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	------	----	------

M53116 COND PC Drsg Honey Mustard 12g

48.00 @ 1 each	15.00	0.00	0.00	65.00	0.00	0.00	4.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
----------------	-------	------	------	-------	------	------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M50056 COND PC Sauce, Taco 9g

45.00 @ 1 each	5.00	0.00	0.00	55.00	0.00	0.00	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
----------------	------	------	------	-------	------	------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Flower Mound HS

Service Area: Flower Mound - 9-12 - OVS

Menu Name: Flower Mound HS 2018-2019 Menu - cycle 2 - week 5

Avg.Method: Weighted (USDA Default)

M50287 COND PC Sauce, BBQ 12g

70.00 @ 1 each	15.00	0.00	0.00	160.00	0.00	0.00	4.00	0.00	0.00	0.00	-*	100.00	-*	-*	-*	0.60	-*	-*	-*	-*	-*	0.00	-*	0.00
----------------	-------	------	------	--------	------	------	------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	------	----	------

M51391 COND_Mayo, Chipotle W

48.00 @ 1 tablespoon	26.19	0.35	12.18	91.54	2.49	85.73	0.97	0.01	3.54	0.01	1.00*	91.64	-*	-*	-*	0.40	-*	-*	-*	-*	-*	0.00	-*	0.02
----------------------	-------	------	-------	-------	------	-------	------	------	------	------	-------	-------	----	----	----	------	----	----	----	----	----	------	----	------

M50060 COND_Mayo W

48.00 @ 1 tablespoon	33.07	0.47	12.86	94.49	3.31	90.00	0.94	0.00	4.72	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
----------------------	-------	------	-------	-------	------	-------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M50291 COND_Mustard, Yellow

48.00 @ 1 tablespoon	9.00	0.01	1.50	181.50	0.37	37.20	0.93	0.47	0.00	0.43	13.36	0.67	-*	-*	-*	0.13	-*	-*	-*	-*	-*	7.51	-*	0.19
----------------------	------	------	------	--------	------	-------	------	------	------	------	-------	------	----	----	----	------	----	----	----	----	----	------	----	------

M50692 COND_Dressing, DijonHnyMustard

48.00 @ 1 tablespoon	65.00	0.75	10.38	90.00	5.50	76.15	3.50	0.00	7.50	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
----------------------	-------	------	-------	-------	------	-------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M50622 COND_Dressing, Ranch Lite

48.00 @ 1 tablespoon	55.00	0.75	12.27	139.99	5.00	81.82	0.50	0.50	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	10.00	-*	0.00
----------------------	-------	------	-------	--------	------	-------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	-------	----	------

M50292 COND_Sauce, BBQ Original AP

48.00 @ 1 tablespoon	35.00	0.00	0.00	144.99	0.00	0.00	9.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	1.80	-*	-*	-*	-*	-*	0.00	-*	0.18
----------------------	-------	------	------	--------	------	------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M50063 COND_Sauce, Buffalo Wing AP

48.00 @ 1 tablespoon	4.38	0.02	4.79	363.06	0.22	45.51	0.48	0.11	0.17	0.12	21.32	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	2.22	-*	0.07
----------------------	------	------	------	--------	------	-------	------	------	------	------	-------	------	----	----	----	------	----	----	----	----	----	------	----	------

M50087 COND_Salsa, Pico SC 1/8c

48.00 @ 1/8 cup	6.68	0.01	1.17	37.20	0.07	9.84	1.46	0.29	0.00	0.40	69.99	231.76*	0.00*	0.15*	2.94*	4.04	0.01*	0.01*	0.16*	0.03*	0.00*	4.19	7.40*	0.11
-----------------	------	------	------	-------	------	------	------	------	------	------	-------	---------	-------	-------	-------	------	-------	-------	-------	-------	-------	------	-------	------

M66157 COND_SALSA, BLNDR SC 1/8C

48.00 @ 1/8 cup	9.65	0.01	1.33	45.21	0.10	9.06	2.10	0.42	0.00	0.59	27.10*	148.65*	0.00*	0.05*	6.02*	4.65	0.01*	0.01*	0.03*	0.02*	0.00*	16.79	4.05*	0.19
-----------------	------	------	------	-------	------	------	------	------	------	------	--------	---------	-------	-------	-------	------	-------	-------	-------	-------	-------	-------	-------	------

M53940 COND_Salsa, Verde SC 1/8c

48.00 @ 1/8 cup	10.75	0.03	2.54	25.36	0.23	19.29	2.13	0.37	0.00	0.61	83.93	260.93*	0.00*	0.16*	12.93*	3.96	0.02*	0.01*	0.40*	0.03*	0.00*	8.13	11.81*	0.22
-----------------	-------	------	------	-------	------	-------	------	------	------	------	-------	---------	-------	-------	--------	------	-------	-------	-------	-------	-------	------	--------	------

M53295 COND_Sour Cream AP

48.00 @ 1 tablespoon	30.00	1.75	52.50	25.00	3.00	90.00	1.00	0.50	10.00	0.00	-*	99.99	-*	-*	-*	0.00	-*	-*	-*	-*	-*	20.00	-*	0.00
----------------------	-------	------	-------	-------	------	-------	------	------	-------	------	----	-------	----	----	----	------	----	----	----	----	----	-------	----	------

M67404 BURG, BEEF CH BBQ TWISTER AP100% WG 2.5 FUEL 10/18

* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Flower Mound HS

Service Area: Flower Mound - 9-12 - OVS

Menu Name: Flower Mound HS 2018-2019 Menu - cycle 2 - week 5

Avg.Method: Weighted (USDA Default)

24.00 @ 1 each	420.00	6.25	13.39	737.51	17.50	37.50	45.00	20.75	50.00	2.75	107.50*	0.00	-*	-*	-*	3.60	-*	-*	-*	-*	-*	139.50	-*	3.11
Average	958.95	11.55	10.84	1660.72	35.6	33.41	109.58	48.53	86.69	9.04	418.5*	2049.46*	.2*	.21*	15.42*	28.06*	.04*	.04*	.74*	.09*	.21*	593.36	33.68*	4.81

* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Flower Mound HS

Service Area: Flower Mound - 9-12 - OVS

Menu Name: Flower Mound HS 2018-2019 Menu - cycle 2 - week 5

Avg.Method: Weighted (USDA Default)

Age Group: Brkfst Grades K-12 **Period:** Breakfast **Week:** 5 **Day:** Friday **Count Type:** Forecasted **Total No. of Customers:** 24

Weekly Std.	SFA		Na (mg)	Fat		CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)	
	CAL	(g)		% of CAL	(g)																			% of CAL
450.00-500.00		10.00	540.00																					

M66502 QUES 6" CH SAUS WG 1.0

24.00 @ 1/2 each	225.00	7.25	29.00	375.01	13.75	55.00	15.13	11.00	35.00	1.00	0.00*	281.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	267.01	-*	0.95
------------------	--------	------	-------	--------	-------	-------	-------	-------	-------	------	-------	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M50208 CEREAL BWL, CINN TST CRUNCH RS WG

2.00 @ 1 bowl	110.00	0.50	4.09	160.00	3.00	24.54	22.00	1.00	0.00	3.00	-*	400.01	-*	-*	-*	4.80	-*	-*	-*	-*	-*	200.01	-*	3.60
---------------	--------	------	------	--------	------	-------	-------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M50442 CEREAL BWL, Cocoa Puffs RS WG

1.00 @ 1 bowl	110.05	0.00	0.00	160.08	1.50	12.27	25.01	2.00	0.00	2.00	-*	500.25	-*	-*	-*	6.00	-*	-*	-*	-*	-*	100.05	-*	4.50
---------------	--------	------	------	--------	------	-------	-------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M50524 CEREAL BWL, Lucky Charms WG

1.00 @ 1 bowl	110.00	0.00	0.00	180.00	1.00	8.18	23.00	2.00	0.00	2.00	-*	500.01	-*	-*	-*	6.00	-*	-*	-*	-*	-*	100.00	-*	4.50
---------------	--------	------	------	--------	------	------	-------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M50525 CEREAL BWL, Trix RS WG

1.00 @ 1 bowl	110.00	0.00	0.00	140.00	1.00	8.18	24.00	1.00	0.00	1.00	-*	400.01	-*	-*	-*	4.80	-*	-*	-*	-*	-*	80.00	-*	4.50
---------------	--------	------	------	--------	------	------	-------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	-------	----	------

M52725 BRD: BAR, Cereal CocoPuf WG IW

1.00 @ 1 each	150.00	0.00	0.00	100.00	3.00	18.00	30.00	3.00	0.00	3.00	-*	100.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	200.00	-*	1.80
---------------	--------	------	------	--------	------	-------	-------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M52724 BRD: BAR, Cereal CinnTst WG IW

3.00 @ 1 each	150.00	0.00	0.00	115.00	3.50	21.00	30.00	2.00	0.00	3.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	200.00	-*	1.80
---------------	--------	------	------	--------	------	-------	-------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	--------	----	------

M51267 BRD: MUF AP, BLUEBRY 2OZ IW WG (1BG)

2.00 @ 1 muffin	190.00	2.00	9.47	130.00	6.00	28.42	31.00	3.00	40.00	2.00	-*	100.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	20.00	-*	0.72
-----------------	--------	------	------	--------	------	-------	-------	------	-------	------	----	--------	----	----	----	------	----	----	----	----	----	-------	----	------

M51268 BRD: MUF AP, CHOC CHOC CHIP 2OZ IW WG (1BG)

1.00 @ 1 muffin	200.00	2.00	9.00	135.00	6.00	27.00	32.00	4.00	40.00	3.00	180.00	100.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	40.00	-*	1.44
-----------------	--------	------	------	--------	------	-------	-------	------	-------	------	--------	--------	----	----	----	------	----	----	----	----	----	-------	----	------

M51848 BRD: POPTARTS, Straw 1.76oz WG

1.00 @ 1 package	180.00	1.00	5.00	180.00	2.50	12.50	38.00	2.00	0.00	3.00	-*	500.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	100.00	-*	1.80
------------------	--------	------	------	--------	------	-------	-------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M51849 BRD: POPTARTS, Cinn 1.76oz WG

1.00 @ 1 package	180.00	1.00	5.00	190.00	2.50	12.50	37.00	2.00	0.00	3.00	-*	500.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	100.00	-*	1.80
------------------	--------	------	------	--------	------	-------	-------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M51684 BRD: POPTARTS, Fudge 1.76oz WG

1.00 @ 1 package	180.00	1.00	5.00	190.00	3.00	15.00	38.00	3.00	0.00	3.00	-*	500.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	100.00	-*	1.80
------------------	--------	------	------	--------	------	-------	-------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Flower Mound HS

Service Area: Flower Mound - 9-12 - OVS

Menu Name: Flower Mound HS 2018-2019 Menu - cycle 2 - week 5

Avg.Method: Weighted (USDA Default)

M51994 CHEESE, COLBY JK Stick 1ea 1.0

3.00 @ 1 stick	90.00	4.00	40.00	200.01	6.00	60.00	0.00	7.00	20.00	0.00	0.00	200.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	200.01	-*	0.00
----------------	-------	------	-------	--------	------	-------	------	------	-------	------	------	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M50792 YOGURT SS, Trix Strawb/Ban 4oz

1.00 @ 1 each	80.00	0.00	0.00	60.00	0.50	5.63	15.00	4.00	5.00	0.00	140.00	500.04	-*	-*	-*	0.00	-*	-*	-*	-*	-*	100.01	-*	0.00
---------------	-------	------	------	-------	------	------	-------	------	------	------	--------	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M51237 BRD: BREAD WG, Tst Marg 1sl

1.00 @ 1 slice	110.00	1.33	10.91	160.00	4.33	35.45	15.00	3.00	0.00	1.00	1.33*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	1.08
----------------	--------	------	-------	--------	------	-------	-------	------	------	------	-------	------	----	----	----	------	----	----	----	----	----	------	----	------

M50670 EGG: Hard Boiled FC AP 1.5

1.00 @ 1 each	80.00	1.50	16.88	60.00	5.00	56.25	1.00	6.00	185.00	0.00	-*	300.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	20.00	-*	0.72
---------------	-------	------	-------	-------	------	-------	------	------	--------	------	----	--------	----	----	----	------	----	----	----	----	----	-------	----	------

M52975 BRD: WAFFLE, RS SS WG (3.25BG)

3.00 @ 1 each	240.06	0.00	0.00	506.14	2.86	10.71	50.30	6.86	0.00	6.86	1.05*	0.00	0.00*	0.00*	0.00*	0.00	0.00*	0.00*	0.00*	0.00*	0.00*	288.94	0.00*	3.09
---------------	--------	------	------	--------	------	-------	-------	------	------	------	-------	------	-------	-------	-------	------	-------	-------	-------	-------	-------	--------	-------	------

M52657 FRUIT: BLUEBERRIES, Fz 1/8c

1.00 @ 1/8 cup	8.89	0.01	0.94	0.17	0.11	11.29	2.12	0.07	0.00	0.47	9.41	8.01	0.00	0.08	2.86	0.44	0.01	0.01	0.09	0.01	0.00	1.39	1.92	0.03
----------------	------	------	------	------	------	-------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------	------

M53629 FRUIT: STRAWBERRIES, Frsh 1/8c

1.00 @ 1/8 cup	6.14	0.00	0.42	0.19	0.06	8.44	1.47	0.13	0.00	0.38	29.37	2.30	0.00	0.06	0.42	11.29	0.00	0.00	0.07	0.01	0.00	3.07	4.61	0.08
----------------	------	------	------	------	------	------	------	------	------	------	-------	------	------	------	------	-------	------	------	------	------	------	------	------	------

M52817 DESRT: TOPPING, CHOCOLATE CHIPS SEMISWT (TBSP)

3.00 @ 1 tablespoon	51.03	1.89	33.28	1.17	3.19	56.25	6.79	0.45	0.00	0.63	38.80	0.00	0.00	0.03	0.60	0.00	0.01	0.01	0.05	0.00	0.00	3.40	14.03	0.33
------------------------	-------	------	-------	------	------	-------	------	------	------	------	-------	------	------	------	------	------	------	------	------	------	------	------	-------	------

M52816 DESRT: TOPPING, Whipd NonDairy

3.00 @ 1 tablespoon	13.47	1.00	66.56	0.81	1.00	67.06	1.06	0.05	0.01	0.01	-*	0.20	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.15	-*	0.00
------------------------	-------	------	-------	------	------	-------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M50543 FRUIT: BANANA (100-120ct) Whl

11.00 @ 1 each	93.95	0.12	1.13	1.06	0.35	3.34	24.11	1.15	0.00	2.74	377.91	67.56	0.00	0.11	0.53	9.18	0.03	0.08	0.70	0.39	0.00	5.28	23.22	0.27
----------------	-------	------	------	------	------	------	-------	------	------	------	--------	-------	------	------	------	------	------	------	------	------	------	------	-------	------

M50745 FRUIT: APPLES, Warm Cinn 1/2c

6.00 @ 1/2 cup	105.19	0.02	0.19	9.88	0.03	0.29	26.24	0.02	0.00	2.00	2.43*	0.93	0.00*	0.01*	0.06*	0.14	0.00*	0.00*	0.01*	0.00*	0.00*	2.28	0.46*	0.03
----------------	--------	------	------	------	------	------	-------	------	------	------	-------	------	-------	-------	-------	------	-------	-------	-------	-------	-------	------	-------	------

M50982 JUICE SS, ORANGE 100% 4 FLOZ

9.00 @ 1 each	51.44	0.00	0.00	15.43	0.00	0.00	12.35	1.03	0.00	0.00	-*	0.00	-*	-*	-*	43.21	-*	-*	-*	-*	-*	0.00	-*	0.00
---------------	-------	------	------	-------	------	------	-------	------	------	------	----	------	----	----	----	-------	----	----	----	----	----	------	----	------

M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50

7.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00
-----------------	--------	------	-------	--------	------	-------	-------	------	-------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50

* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Flower Mound HS

Service Area: Flower Mound - 9-12 - OVS

Menu Name: Flower Mound HS 2018-2019 Menu - cycle 2 - week 5

Avg.Method: Weighted (USDA Default)

5.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00
M53222 COND PC Margarine 5g																								
2.00 @ 1 each	30.00	1.00	30.00	30.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	500.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50854 COND PC Jelly, #4 Smuckers																								
1.00 @ 1 each	35.00	0.00	0.00	5.00	0.00	0.00	9.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50056 COND PC Sauce, Taco 9g																								
1.00 @ 1 each	5.00	0.00	0.00	55.00	0.00	0.00	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50058 COND PC Syrup 1.4oz Smuckers																								
3.00 @ 1 each	110.00	0.00	0.00	25.00	0.00	0.00	29.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M66157 COND_SALSA, BLNDR SC 1/8C																								
1.00 @ 1/8 cup	9.65	0.01	1.33	45.21	0.10	9.06	2.10	0.42	0.00	0.59	27.10*	148.65*	0.00*	0.05*	6.02*	4.65	0.01*	0.01*	0.03*	0.02*	0.00*	16.79	4.05*	0.19
M50087 COND_Salsa, Pico SC 1/8c																								
1.00 @ 1/8 cup	6.68	0.01	1.17	37.20	0.07	9.84	1.46	0.29	0.00	0.40	69.99	231.76*	0.00*	0.15*	2.94*	4.04	0.01*	0.01*	0.16*	0.03*	0.00*	4.19	7.40*	0.11
M53295 COND_Sour Cream AP																								
1.00 @ 1 tablespoon	30.00	1.75	52.50	25.00	3.00	90.00	1.00	0.50	10.00	0.00	-*	99.99	-*	-*	-*	0.00	-*	-*	-*	-*	-*	20.00	-*	0.00
Average	546.37	9.3	15.32	663.63	19.12	31.49	76.72	19.69	54.79	5.44	197.85*	853.53*	0*	.07*	.84*	23.4	.02*	.04*	.34*	.18*	0*	565.95	13.26*	3.12

* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Flower Mound HS

Service Area: Flower Mound - 9-12 - OVS

Menu Name: Flower Mound HS 2018-2019 Menu - cycle 2 - week 5

Avg.Method: Weighted (USDA Default)

Age Group: Lunch Grades 9-12 **Period:** Lunch **Week:** 5 **Day:** Friday **Count Type:** Forecasted **Total No. of Customers:** 536

Weekly Std.	SFA		Na (mg)	Fat		CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)	
	CAL	% of CAL		% of CAL	% of CAL																			
750.00-850.00		10.00	1420.00																					

M53045 BEEF GD, KOREAN FAJ MT SC 2.0

24.00 @ 4 fl oz	211.72	3.67	15.59	236.44	9.72	41.31	12.02	17.96	55.98	0.51	325.01*	152.58	1.26*	0.19*	3.26*	19.50	0.05*	0.13*	4.11*	0.35*	1.76*	20.97	159.92*	2.08
-----------------	--------	------	-------	--------	------	-------	-------	-------	-------	------	---------	--------	-------	-------	-------	-------	-------	-------	-------	-------	-------	-------	---------	------

M51074 RICE, Plain WG 2BG

24.00 @ 1 cup	203.54	0.41	1.81	8.42	1.70	7.50	42.35	4.75	0.00	1.87	118.85	0.00*	0.00*	0.00*	0.00*	0.00*	0.00*	0.00*	0.00*	0.00*	0.00*	10.97	0.00*	0.43
---------------	--------	------	------	------	------	------	-------	------	------	------	--------	-------	-------	-------	-------	-------	-------	-------	-------	-------	-------	-------	-------	------

M50403 SALAD, Tky Chef SC W 2.25

16.00 @ 1 each	193.23	5.65	26.29	447.10	10.90	50.77	6.10	18.19	93.75	1.26	146.57*	5264.52	0.00*	0.12*	43.60*	7.46	0.04*	0.04*	0.25*	0.06*	0.00*	248.35	17.48*	1.14
----------------	--------	------	-------	--------	-------	-------	------	-------	-------	------	---------	---------	-------	-------	--------	------	-------	-------	-------	-------	-------	--------	--------	------

M51680 BRD: ROLL DG, WG 2.5oz

16.00 @ 1 each	170.00	0.50	2.65	135.00	3.00	15.88	28.00	7.00	0.00	3.40	-*	0.01	-*	-*	-*	0.01	-*	-*	-*	-*	-*	12.70	-*	0.85
----------------	--------	------	------	--------	------	-------	-------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	-------	----	------

M52043 PIZZA HUT PIZZA 6" EXPRESS CHZ SS 2.25

55.00 @ 1 pizza	374.18	4.99	12.01	685.27	13.41	32.25	38.44	24.92	24.70	4.27	-*	692.07	-*	-*	-*	5.36	-*	-*	-*	-*	-*	410.71	-*	2.57
-----------------	--------	------	-------	--------	-------	-------	-------	-------	-------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M53931 PIZZA HUT PIZZA 6" EXPRESS PEPP SS 2.0

110.00 @ 1 pizza	385.19	5.31	12.42	711.32	14.98	35.01	38.49	24.17	27.17	4.35	-*	662.85	-*	-*	-*	5.43	-*	-*	-*	-*	-*	354.34	-*	2.65
------------------	--------	------	-------	--------	-------	-------	-------	-------	-------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M54307 PIZZA HUT PIZZA 6" EXPRESS SSG SS 2.25

44.00 @ 1 pizza	439.08	7.15	14.66	836.54	20.45	41.92	38.35	25.40	37.42	4.27	-*	689.00	-*	-*	-*	5.36	-*	-*	-*	-*	-*	356.37	-*	2.86
-----------------	--------	------	-------	--------	-------	-------	-------	-------	-------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M54310 PIZZA HUT PIZZA 6" EXPRESS BBQ CHIX SS 2.25

45.00 @ 1 pizza	400.94	4.66	10.46	805.79	13.17	29.57	42.83	27.77	38.53	4.36	-*	667.19	-*	-*	-*	5.81	-*	-*	-*	-*	-*	350.99	-*	2.67
-----------------	--------	------	-------	--------	-------	-------	-------	-------	-------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M54520 PIZZA HUT COND PC CHEESE GRATED 2.5G

58.00 @ 1 each	10.00	0.00	0.00	50.00	1.00	90.00	0.00	1.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
----------------	-------	------	------	-------	------	-------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M54521 PIZZA HUT COND PC PEPPER RED CRUSHED 1G

626.00 @ 1 each	5.00	0.00	0.00	0.00	0.00	0.00	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
-----------------	------	------	------	------	------	------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M52963 CHIX Popcorn, AP WG 2.0

120.00 @ 1 serving	250.19	2.72	9.78	380.72	14.14	50.87	15.23	15.23	21.76	3.26	-*	108.78	-*	-*	-*	0.00	-*	-*	-*	-*	-*	43.51	-*	1.96
--------------------	--------	------	------	--------	-------	-------	-------	-------	-------	------	----	--------	----	----	----	------	----	----	----	----	----	-------	----	------

M51753 CHIX Popcorn, AP Spicy WG 2.0

120.00 @ 1 serving	247.14	2.69	9.78	365.34	13.97	50.87	16.12	13.97	21.49	2.15	-*	107.45	-*	-*	-*	0.00	-*	-*	-*	-*	-*	42.98	-*	1.93
--------------------	--------	------	------	--------	-------	-------	-------	-------	-------	------	----	--------	----	----	----	------	----	----	----	----	----	-------	----	------

* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Flower Mound HS

Service Area: Flower Mound - 9-12 - OVS

Menu Name: Flower Mound HS 2018-2019 Menu - cycle 2 - week 5

Avg.Method: Weighted (USDA Default)

M54482 CHIX NUGGET, BNLS WING HONEY SRIRACHA WG (6) 2.0 MWWM

50.00 @ 6 each	284.98	2.25	7.11	374.97	13.50	42.63	21.00	22.50	52.50	1.50	-*	299.98	-*	-*	-*	1.80	-*	-*	-*	-*	-*	0.00	-*	1.62
----------------	--------	------	------	--------	-------	-------	-------	-------	-------	------	----	--------	----	----	----	------	----	----	----	----	----	------	----	------

M51680 BRD: ROLL DG, WG 2.5oz

160.00 @ 1 each	170.00	0.50	2.65	135.00	3.00	15.88	28.00	7.00	0.00	3.40	-*	0.01	-*	-*	-*	0.01	-*	-*	-*	-*	-*	12.70	-*	0.85
-----------------	--------	------	------	--------	------	-------	-------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	-------	----	------

M51951 HOT DOG, Plain WG 2.0 Hi

8.00 @ 1 each	320.00	8.00	22.50	890.01	18.00	50.62	28.00	11.00	35.00	2.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	40.00	-*	1.80
---------------	--------	------	-------	--------	-------	-------	-------	-------	-------	------	----	------	----	----	----	------	----	----	----	----	----	-------	----	------

M55774 STICKS, MAX SNAX PIZZA W/MARINARA AP WG 2.0

24.00 @ 2 each	319.87	3.00	8.44	609.89	10.00	28.13	39.98	20.00	10.00	4.00	0.00*	498.95*	-*	-*	-*	8.98*	-*	-*	-*	-*	-*	459.92	-*	2.68
----------------	--------	------	------	--------	-------	-------	-------	-------	-------	------	-------	---------	----	----	----	-------	----	----	----	----	----	--------	----	------

M54308 STICKS, CRISPITO CHIXCHILI AP WG 2.0 (2EA)

23.00 @ 2 each	540.00	6.00	10.00	740.00	28.00	46.67	46.00	24.00	50.00	6.00	-*	1500.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	80.00	-*	3.60
----------------	--------	------	-------	--------	-------	-------	-------	-------	-------	------	----	---------	----	----	----	------	----	----	----	----	----	-------	----	------

M51189 COND_Sauce, Chz SS W (LOL) .5

20.00 @ 2 fl oz	99.97	4.50	40.50	399.86	7.00	63.00	3.00	5.00	19.99	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	149.95	-*	0.00
-----------------	-------	------	-------	--------	------	-------	------	------	-------	------	----	------	----	----	----	------	----	----	----	----	----	--------	----	------

M51228 BRD: BUN, Hamburger WG

180.00 @ 1 each	140.00	0.00	0.00	300.00	2.00	12.86	27.00	5.00	0.00	2.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	40.00	-*	1.44
-----------------	--------	------	------	--------	------	-------	-------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	-------	----	------

M51648 BEEF Pty, AP 100% 2.0

76.00 @ 1 each	130.00	3.00	20.77	45.00	8.00	55.39	1.00	12.00	35.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	1.08
----------------	--------	------	-------	-------	------	-------	------	-------	-------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M51359 CHIX FLT, BREAST GRD 2.0 MWWM

3.00 @ 1 each	100.00	1.00	9.00	310.00	4.00	36.00	1.00	15.00	40.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.72
---------------	--------	------	------	--------	------	-------	------	-------	-------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M51935 CHIX FLT, BREAST BRD WG 2.0 MWWM

45.00 @ 1 each	199.76	1.50	6.75	289.65	8.99	40.50	8.99	18.98	44.95	3.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	1.08
----------------	--------	------	------	--------	------	-------	------	-------	-------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M51936 CHIX FLT, BREAST BRD SPICY WG 2.0 MWWM

70.00 @ 1 each	199.86	2.00	9.00	329.76	9.99	45.00	8.99	18.99	44.97	1.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	1.44
----------------	--------	------	------	--------	------	-------	------	-------	-------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M51005 CHEESE, AM (184ct) Slices 1.0

52.00 @ 3 slice	134.99	6.75	45.00	599.97	10.50	70.00	1.50	7.50	37.50	0.00	-*	299.98	-*	-*	-*	0.00	-*	-*	-*	-*	-*	224.99	-*	0.00
-----------------	--------	------	-------	--------	-------	-------	------	------	-------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M53381 CHEESE, CH Slices 1.0

44.00 @ 2 slice	110.01	5.00	40.91	180.01	9.00	73.64	1.00	6.00	30.00	0.00	20.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	199.01	-*	0.00
-----------------	--------	------	-------	--------	------	-------	------	------	-------	------	-------	------	----	----	----	------	----	----	----	----	----	--------	----	------

M53385 CHEESE, SW Slices 1.0

18.00 @ 2 slice	110.01	5.00	40.91	50.00	9.00	73.64	0.00	8.00	25.00	0.00	20.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	249.01	-*	0.00
-----------------	--------	------	-------	-------	------	-------	------	------	-------	------	-------	------	----	----	----	------	----	----	----	----	----	--------	----	------

* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Flower Mound HS

Service Area: Flower Mound - 9-12 - OVS

Menu Name: Flower Mound HS 2018-2019 Menu - cycle 2 - week 5

Avg.Method: Weighted (USDA Default)

M50999 CHEESE, JK Slices 1.0

31.00 @ 2 slice	100.00	5.00	45.00	180.01	8.00	72.00	1.00	7.00	30.00	0.00	25.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	197.01	-*	0.00
-----------------	--------	------	-------	--------	------	-------	------	------	-------	------	-------	------	----	----	----	------	----	----	----	----	----	--------	----	------

M51003 CHEESE, PV Slices 1.0

12.00 @ 2 slice	100.00	5.00	45.00	250.01	7.00	63.00	1.00	7.00	20.00	0.00	40.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	212.01	-*	0.00
-----------------	--------	------	-------	--------	------	-------	------	------	-------	------	-------	------	----	----	----	------	----	----	----	----	----	--------	----	------

M51017 VEG GARN: Rom Leaf 1ea

42.00 @ 1 each	2.41	0.01	2.06	1.13	0.04	15.88	0.47	0.17	0.00	0.30	35.01	1234.63	0.00	0.02	14.53	0.57	0.01	0.01	0.04	0.01	0.00	4.68	4.25	0.14
----------------	------	------	------	------	------	-------	------	------	------	------	-------	---------	------	------	-------	------	------	------	------	------	------	------	------	------

M51008 VEG: TOMATOES, FRESH SLCD (2SL) 1/8C

45.00 @ 1/8 cup	5.10	0.01	1.40	1.42	0.06	10.00	1.10	0.25	0.00	0.34	67.18	236.14	0.00	0.15	2.24	3.88	0.01	0.01	0.17	0.02	0.00	2.83	6.80	0.08
-----------------	------	------	------	------	------	-------	------	------	------	------	-------	--------	------	------	------	------	------	------	------	------	------	------	------	------

M53391 VEG: ONIONS, Yellow Slice 1ea

10.00 @ 1 slice	2.83	0.00	0.94	0.28	0.01	2.25	0.66	0.08	0.00	0.12	10.35	0.14	0.00	0.00	0.03	0.52	0.00	0.00	0.01	0.01	0.00	1.63	2.06	0.01
-----------------	------	------	------	------	------	------	------	------	------	------	-------	------	------	------	------	------	------	------	------	------	------	------	------	------

M50892 COND_PEPPERS, JALAPENO CND TBSP

26.00 @ 1 tablespoon	3.12	0.00	0.00	240.96	0.09	27.20	0.48	0.09	0.00	0.26	19.38	-*	-*	-*	-*	1.00	-*	-*	-*	-*	-*	2.31	-*	0.19
----------------------	------	------	------	--------	------	-------	------	------	------	------	-------	----	----	----	----	------	----	----	----	----	----	------	----	------

M50176 COND_Pickle, Dill Slice 2ea

45.00 @ 2 slice	1.62	0.01	4.72	162.08	0.05	25.17	0.24	0.06	0.00	0.14	-*	0.00	-*	-*	-*	0.21	-*	-*	-*	-*	-*	8.65	-*	0.05
-----------------	------	------	------	--------	------	-------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M53314 SUB 6" FZ, CHam AM WG 2.0

8.00 @ 1 sandwich	369.93	6.89	16.77	896.19	15.77	38.36	33.54	21.60	75.00	3.94	137.21*	2905.43	0.00*	0.19*	31.30*	5.03	0.03*	0.02*	0.26*	0.04*	0.00*	175.71	15.31*	2.25
-------------------	--------	------	-------	--------	-------	-------	-------	-------	-------	------	---------	---------	-------	-------	--------	------	-------	-------	-------	-------	-------	--------	--------	------

M50962 SDW BD, SBJ WG 2.0

7.00 @ 1 sandwich	658.38	3.99	5.45	579.16	35.89	49.06	69.87	19.95	0.00	5.99	378.78*	0.00	0.00*	-*	-*	0.00	-*	-*	-*	-*	-*	59.81	-*	5.35
-------------------	--------	------	------	--------	-------	-------	-------	-------	------	------	---------	------	-------	----	----	------	----	----	----	----	----	-------	----	------

M52708 BRD: ROLL DG, Sub 6" WG

4.00 @ 1 roll	170.00	0.50	2.65	180.00	3.00	15.88	28.00	6.00	0.00	3.00	-*	0.01	-*	-*	-*	0.01	-*	-*	-*	-*	-*	13.52	-*	1.45
---------------	--------	------	------	--------	------	-------	-------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	-------	----	------

M52782 BRD: FLATBREAD 6" X 6" 2OZ WG (2BG)

25.00 @ 1 each	180.00	1.00	5.00	310.00	5.00	25.00	28.00	5.00	0.00	2.69	-*	0.07	-*	-*	-*	0.07	-*	-*	-*	-*	-*	22.88	-*	0.83
----------------	--------	------	------	--------	------	-------	-------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	-------	----	------

M53393 TKY, Breast Sliced 1.0

15.00 @ 1 serving	60.00	0.50	7.50	220.00	2.00	30.00	2.00	9.00	25.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	20.00	-*	0.36
-------------------	-------	------	------	--------	------	-------	------	------	-------	------	----	------	----	----	----	------	----	----	----	----	----	-------	----	------

M53569 CHIX, BLACK FOREST HAM SLICED 1.0

13.00 @ 1 serving	80.00	1.50	16.88	250.00	4.50	50.63	2.00	8.00	40.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.36
-------------------	-------	------	-------	--------	------	-------	------	------	-------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M51005 CHEESE, AM (184ct) Slices 1.0

4.00 @ 3 slice	134.99	6.75	45.00	599.97	10.50	70.00	1.50	7.50	37.50	0.00	-*	299.98	-*	-*	-*	0.00	-*	-*	-*	-*	-*	224.99	-*	0.00
----------------	--------	------	-------	--------	-------	-------	------	------	-------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Flower Mound HS

Service Area: Flower Mound - 9-12 - OVS

Menu Name: Flower Mound HS 2018-2019 Menu - cycle 2 - week 5

Avg.Method: Weighted (USDA Default)

M53381 CHEESE, CH Slices 1.0

12.00 @ 2 slice	110.01	5.00	40.91	180.01	9.00	73.64	1.00	6.00	30.00	0.00	20.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	199.01	-*	0.00
-----------------	--------	------	-------	--------	------	-------	------	------	-------	------	-------	------	----	----	----	------	----	----	----	----	----	--------	----	------

M53385 CHEESE, SW Slices 1.0

4.00 @ 2 slice	110.01	5.00	40.91	50.00	9.00	73.64	0.00	8.00	25.00	0.00	20.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	249.01	-*	0.00
----------------	--------	------	-------	-------	------	-------	------	------	-------	------	-------	------	----	----	----	------	----	----	----	----	----	--------	----	------

M50999 CHEESE, JK Slices 1.0

20.00 @ 2 slice	100.00	5.00	45.00	180.01	8.00	72.00	1.00	7.00	30.00	0.00	25.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	197.01	-*	0.00
-----------------	--------	------	-------	--------	------	-------	------	------	-------	------	-------	------	----	----	----	------	----	----	----	----	----	--------	----	------

M51003 CHEESE, PV Slices 1.0

8.00 @ 2 slice	100.00	5.00	45.00	250.01	7.00	63.00	1.00	7.00	20.00	0.00	40.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	212.01	-*	0.00
----------------	--------	------	-------	--------	------	-------	------	------	-------	------	-------	------	----	----	----	------	----	----	----	----	----	--------	----	------

M51017 VEG GARN: Rom Leaf 1ea

14.00 @ 1 each	2.41	0.01	2.06	1.13	0.04	15.88	0.47	0.17	0.00	0.30	35.01	1234.63	0.00	0.02	14.53	0.57	0.01	0.01	0.04	0.01	0.00	4.68	4.25	0.14
----------------	------	------	------	------	------	-------	------	------	------	------	-------	---------	------	------	-------	------	------	------	------	------	------	------	------	------

M51008 VEG: TOMATOES, FRESH SLCD (2SL) 1/8C

9.00 @ 1/8 cup	5.10	0.01	1.40	1.42	0.06	10.00	1.10	0.25	0.00	0.34	67.18	236.14	0.00	0.15	2.24	3.88	0.01	0.01	0.17	0.02	0.00	2.83	6.80	0.08
----------------	------	------	------	------	------	-------	------	------	------	------	-------	--------	------	------	------	------	------	------	------	------	------	------	------	------

M51013 VEG: ONIONS, Red Slice 1ea

30.00 @ 1 slice	2.83	0.00	0.94	0.28	0.01	2.25	0.66	0.08	0.00	0.12	10.35	0.14	0.00	0.00	0.03	0.52	0.00	0.00	0.01	0.01	0.00	1.63	2.06	0.01
-----------------	------	------	------	------	------	------	------	------	------	------	-------	------	------	------	------	------	------	------	------	------	------	------	------	------

M52162 VEG: SPINACH, FRESH LEAVES 1/4C

6.00 @ 1/4 cup	3.12	0.01	2.47	10.73	0.05	15.26	0.49	0.39	0.00	0.30	75.79	1273.70	0.00	0.28	65.59	3.82	0.01	0.03	0.10	0.03	0.00	13.45	6.66	0.37
----------------	------	------	------	-------	------	-------	------	------	------	------	-------	---------	------	------	-------	------	------	------	------	------	------	-------	------	------

M53523 VEG: PEPPERS, Red Strips1/4c

6.00 @ 1/4 cup	7.78	0.01	0.78	1.00	0.08	8.71	1.51	0.25	0.00	0.53	52.96	785.87	0.00	0.40	1.23	32.05	0.01	0.02	0.25	0.07	0.00	1.76	6.53	0.11
----------------	------	------	------	------	------	------	------	------	------	------	-------	--------	------	------	------	-------	------	------	------	------	------	------	------	------

M50891 COND_OLIVES, BLACK SLICED TBSP

9.00 @ 1 tablespoon	14.04	0.17	10.96	58.74	1.27	81.48	0.52	0.13	0.00	0.31	-*	5.23	-*	-*	-*	0.21	-*	-*	-*	-*	-*	7.97	-*	0.18
---------------------	-------	------	-------	-------	------	-------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M50176 COND_Pickle, Dill Slice 2ea

15.00 @ 2 slice	1.62	0.01	4.72	162.08	0.05	25.17	0.24	0.06	0.00	0.14	-*	0.00	-*	-*	-*	0.21	-*	-*	-*	-*	-*	8.65	-*	0.05
-----------------	------	------	------	--------	------	-------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M66605 BRD: TORTILLA FLOUR 10" WG

61.00 @ 1 each	180.00	1.50	7.50	250.00	4.50	22.50	29.00	5.00	0.00	3.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	100.00	-*	1.44
----------------	--------	------	------	--------	------	-------	-------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	--------	----	------

M54540 BRD: TORTILLA, CHIP RND WG 2BG

55.00 @ 1 serving	224.59	1.60	6.43	184.48	9.63	38.57	32.08	3.21	0.00	3.21	0.00	0.00	0.00	-*	-*	0.00	-*	-*	-*	-*	-*	48.13	-*	0.80
-------------------	--------	------	------	--------	------	-------	-------	------	------	------	------	------	------	----	----	------	----	----	----	----	----	-------	----	------

M52229 RICE, Mex Spiced WG 2BG

60.00 @ 1 cup	219.91	0.43	1.77	132.15	1.89	7.73	44.52	5.07	1.98	2.30	152.55*	341.80*	0.00*	0.22*	2.30*	0.21*	0.01*	0.01*	0.09*	0.03*	0.00*	25.72	7.83*	1.14
---------------	--------	------	------	--------	------	------	-------	------	------	------	---------	---------	-------	-------	-------	-------	-------	-------	-------	-------	-------	-------	-------	------

* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Flower Mound HS

Service Area: Flower Mound - 9-12 - OVS

Menu Name: Flower Mound HS 2018-2019 Menu - cycle 2 - week 5

Avg.Method: Weighted (USDA Default)

M51175 BEEF Gd, Taco Meat SC 1.0

120.00 @ 1 No 24 Scoop	78.71	1.65	18.88	56.06	4.38	50.12	1.22	8.02	25.24	0.15	122.30*	121.25	0.57*	0.08*	0.61*	1.55	0.01*	0.06*	1.81*	0.13*	0.79*	9.04	69.27*	1.00
------------------------	-------	------	-------	-------	------	-------	------	------	-------	------	---------	--------	-------	-------	-------	------	-------	-------	-------	-------	-------	------	--------	------

M52584 CHIX Strips, Fajita DkMt 1.0

60.00 @ 2 fl oz	76.93	1.01	11.78	124.77	3.56	41.66	1.34	10.09	35.00	0.09	9.12*	46.95	0.00*	0.07*	0.17*	0.02	0.00*	0.00*	0.03*	0.01*	0.00*	12.26	2.39*	0.69
-----------------	-------	------	-------	--------	------	-------	------	-------	-------	------	-------	-------	-------	-------	-------	------	-------	-------	-------	-------	-------	-------	-------	------

M67968 MMA: BEANS, PINTO KICKIN' 1.0

10.00 @ 1/4 cup	57.84	0.12	1.93	98.12	0.41	6.35	9.87	3.52	0.42	2.94	165.79*	37.72*	1.55*	0.00*	0.00*	0.64*	0.00*	0.00*	0.00*	0.00*	0.00*	32.66	0.00*	0.91
-----------------	-------	------	------	-------	------	------	------	------	------	------	---------	--------	-------	-------	-------	-------	-------	-------	-------	-------	-------	-------	-------	------

M53386 CHEESE, CH Shreds 1.0

80.00 @ 2 fl oz	110.00	6.00	49.09	189.99	9.00	73.64	1.00	7.00	30.00	0.00	0.00	280.99	-*	-*	-*	0.00	-*	-*	-*	-*	-*	201.99	-*	0.19
-----------------	--------	------	-------	--------	------	-------	------	------	-------	------	------	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M50921 COND_Sauce, Chz SS W (LOL) 1.0

120.00 @ 3 fl oz	149.95	6.75	40.50	599.79	10.50	63.00	4.50	7.50	29.99	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	224.92	-*	0.00
------------------	--------	------	-------	--------	-------	-------	------	------	-------	------	----	------	----	----	----	------	----	----	----	----	----	--------	----	------

M51420 VEG GARN: Rom Shrds/Tom Dice

80.00 @ 1 serving	5.03	0.01	1.56	1.63	0.06	11.41	1.06	0.27	0.00	0.40	67.90	794.43	0.00	0.12	8.94	3.20	0.01	0.01	0.15	0.02	0.00	4.47	7.23	0.13
-------------------	------	------	------	------	------	-------	------	------	------	------	-------	--------	------	------	------	------	------	------	------	------	------	------	------	------

M52379 VEG: ONIONS, Yellow Diced 1/8c

10.00 @ 1/8 cup	8.62	0.01	0.94	0.86	0.02	2.25	2.01	0.24	0.00	0.37	31.47	0.43	0.00	0.00	0.09	1.60	0.01	0.01	0.03	0.03	0.00	4.96	6.25	0.05
-----------------	------	------	------	------	------	------	------	------	------	------	-------	------	------	------	------	------	------	------	------	------	------	------	------	------

M50892 COND_PEPPERS, JALAPENO CND TBSP

40.00 @ 1 tablespoon	3.12	0.00	0.00	240.96	0.09	27.20	0.48	0.09	0.00	0.26	19.38	-*	-*	-*	-*	1.00	-*	-*	-*	-*	-*	2.31	-*	0.19
----------------------	------	------	------	--------	------	-------	------	------	------	------	-------	----	----	----	----	------	----	----	----	----	----	------	----	------

M50891 COND_OLIVES, BLACK SLICED TBSP

27.00 @ 1 tablespoon	14.04	0.17	10.96	58.74	1.27	81.48	0.52	0.13	0.00	0.31	-*	5.23	-*	-*	-*	0.21	-*	-*	-*	-*	-*	7.97	-*	0.18
----------------------	-------	------	-------	-------	------	-------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M55430 COND_HERB, CILANTRO

10.00 @ 1 tablespoon	0.82	0.00	0.55	1.63	0.02	20.35	0.13	0.08	0.00	0.10	18.46	239.13	0.00	0.09	10.99	0.96	0.00	0.01	0.04	0.01	0.00	2.37	1.70	0.06
----------------------	------	------	------	------	------	-------	------	------	------	------	-------	--------	------	------	-------	------	------	------	------	------	------	------	------	------

M55023 VEG: MIXED STIR-FRY 1/2C

45.00 @ 1/2 cup	26.20	0.04	1.48	20.21	0.27	9.11	5.83	1.01	0.00	1.88	169.84	3812.99	0.00	0.55	49.20	31.88	0.04	0.04	0.33	0.12	0.00	26.50	28.89	0.36
-----------------	-------	------	------	-------	------	------	------	------	------	------	--------	---------	------	------	-------	-------	------	------	------	------	------	-------	-------	------

M50431 VEG: CARROTS, Fresh Baby 1/2c

24.00 @ 1/2 cup	24.80	0.02	0.59	55.28	0.09	3.34	5.84	0.45	0.00	2.06	167.96	9772.87	0.00	-*	6.66	1.84	0.02	0.03	0.39	0.07	0.00	22.68	19.84	0.63
-----------------	-------	------	------	-------	------	------	------	------	------	------	--------	---------	------	----	------	------	------	------	------	------	------	-------	-------	------

M52149 VEG: SALAD, Side RomMix SC1c

100.00 @ 1 cup	13.23	0.02	1.38	12.10	0.15	10.29	2.85	0.69	0.00	1.26	146.56	4976.16	0.00	0.12	43.60	7.46	0.04	0.04	0.25	0.06	0.00	19.84	17.48	0.47
----------------	-------	------	------	-------	------	-------	------	------	------	------	--------	---------	------	------	-------	------	------	------	------	------	------	-------	-------	------

M54853 VEG: POTATO, FF THIN CUT GEN7 1/2C

* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Flower Mound HS

Service Area: Flower Mound - 9-12 - OVS

Menu Name: Flower Mound HS 2018-2019 Menu - cycle 2 - week 5

Avg.Method: Weighted (USDA Default)

408.00 @ 1/2 cup	103.88	0.92	7.94	122.21	3.67	31.77	16.50	1.22	0.00	1.22	232.27	0.00	0.00	-*	-*	2.93	-*	-*	-*	-*	-*	0.00	-*	0.22
------------------	--------	------	------	--------	------	-------	-------	------	------	------	--------	------	------	----	----	------	----	----	----	----	----	------	----	------

M51731 VEG: POTATO SWT, FF CRINKLE 1/2C

12.00 @ 1/2 cup	137.66	0.53	3.46	180.02	4.77	31.15	23.30	1.06	0.00	3.18	243.56	3176.86	-*	-*	-*	6.35	-*	-*	-*	-*	-*	21.18	-*	0.38
-----------------	--------	------	------	--------	------	-------	-------	------	------	------	--------	---------	----	----	----	------	----	----	----	----	----	-------	----	------

M50543 FRUIT: BANANA (100-120ct) Whl

87.00 @ 1 each	93.95	0.12	1.13	1.06	0.35	3.34	24.11	1.15	0.00	2.74	377.91	67.56	0.00	0.11	0.53	9.18	0.03	0.08	0.70	0.39	0.00	5.28	23.22	0.27
----------------	-------	------	------	------	------	------	-------	------	------	------	--------	-------	------	------	------	------	------	------	------	------	------	------	-------	------

M52271 FRUIT: PEARS, Dice w/Jc 1/2c

68.00 @ 1/2 cup	60.66	0.00	0.00	10.11	0.00	0.00	14.15	0.00	0.00	2.02	80.89	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
-----------------	-------	------	------	-------	------	------	-------	------	------	------	-------	------	----	----	----	------	----	----	----	----	----	------	----	------

M53365 JUICE SS, Grape100% 4oz Cart

133.00 @ 1 each	80.00	0.00	0.00	15.00	0.00	0.00	18.00	1.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
-----------------	-------	------	------	-------	------	------	-------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50

64.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00
------------------	--------	------	-------	--------	------	-------	-------	------	-------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50

215.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00
-------------------	--------	------	------	--------	------	------	-------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M50855 COND PC Ketchup 9g Heinz

270.00 @ 1 each	10.00	0.00	0.00	85.00	0.00	0.00	3.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
-----------------	-------	------	------	-------	------	------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M50055 COND PC Mayonnaise 12g

60.00 @ 1 each	80.00	1.50	16.87	75.00	8.00	90.00	1.00	0.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
----------------	-------	------	-------	-------	------	-------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M50284 COND PC Mustard 6g

9.00 @ 1 each	0.00	0.00	-	65.00	0.00	-	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
---------------	------	------	---	-------	------	---	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M53222 COND PC Margarine 5g

60.00 @ 1 each	30.00	1.00	30.00	30.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	500.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
----------------	-------	------	-------	-------	------	-------	------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	------	----	------

M50624 COND PC Drsg Ranch 12g

70.00 @ 1 each	50.00	0.00	0.00	100.00	5.00	90.00	1.00	0.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
----------------	-------	------	------	--------	------	-------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M50623 COND PC Drsg Italian 12g

8.00 @ 1 each	30.00	0.00	0.00	130.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	100.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
---------------	-------	------	------	--------	------	-------	------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	------	----	------

M53116 COND PC Drsg Honey Mustard 12g

47.00 @ 1 each	15.00	0.00	0.00	65.00	0.00	0.00	4.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
----------------	-------	------	------	-------	------	------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M50056 COND PC Sauce, Taco 9g

* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Flower Mound HS

Service Area: Flower Mound - 9-12 - OVS

Menu Name: Flower Mound HS 2018-2019 Menu - cycle 2 - week 5

Avg.Method: Weighted (USDA Default)

33.00 @ 1 each	5.00	0.00	0.00	55.00	0.00	0.00	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
----------------	------	------	------	-------	------	------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M50287 COND_PC Sauce, BBQ 12g

30.00 @ 1 each	15.00	0.00	0.00	160.00	0.00	0.00	4.00	0.00	0.00	0.00	-*	100.00	-*	-*	-*	0.60	-*	-*	-*	-*	-*	0.00	-*	0.00
----------------	-------	------	------	--------	------	------	------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	------	----	------

M51391 COND_Mayo, Chipotle W

48.00 @ 1 tablespoon	26.19	0.35	12.18	91.54	2.49	85.73	0.97	0.01	3.54	0.01	1.00*	91.64	-*	-*	-*	0.40	-*	-*	-*	-*	-*	0.00	-*	0.02
----------------------	-------	------	-------	-------	------	-------	------	------	------	------	-------	-------	----	----	----	------	----	----	----	----	----	------	----	------

M50060 COND_Mayo W

48.00 @ 1 tablespoon	33.07	0.47	12.86	94.49	3.31	90.00	0.94	0.00	4.72	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
----------------------	-------	------	-------	-------	------	-------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M50291 COND_Mustard, Yellow

48.00 @ 1 tablespoon	9.00	0.01	1.50	181.50	0.37	37.20	0.93	0.47	0.00	0.43	13.36	0.67	-*	-*	-*	0.13	-*	-*	-*	-*	-*	7.51	-*	0.19
----------------------	------	------	------	--------	------	-------	------	------	------	------	-------	------	----	----	----	------	----	----	----	----	----	------	----	------

M50692 COND_Dressing, DijonHnyMustard

48.00 @ 1 tablespoon	65.00	0.75	10.38	90.00	5.50	76.15	3.50	0.00	7.50	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
----------------------	-------	------	-------	-------	------	-------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M50622 COND_Dressing, Ranch Lite

48.00 @ 1 tablespoon	55.00	0.75	12.27	139.99	5.00	81.82	0.50	0.50	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	10.00	-*	0.00
----------------------	-------	------	-------	--------	------	-------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	-------	----	------

M50292 COND_Sauce, BBQ Original AP

48.00 @ 1 tablespoon	35.00	0.00	0.00	144.99	0.00	0.00	9.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	1.80	-*	-*	-*	-*	-*	0.00	-*	0.18
----------------------	-------	------	------	--------	------	------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M50063 COND_Sauce, Buffalo Wing AP

48.00 @ 1 tablespoon	4.38	0.02	4.79	363.06	0.22	45.51	0.48	0.11	0.17	0.12	21.32	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	2.22	-*	0.07
----------------------	------	------	------	--------	------	-------	------	------	------	------	-------	------	----	----	----	------	----	----	----	----	----	------	----	------

M50087 COND_Salsa, Pico SC 1/8c

48.00 @ 1/8 cup	6.68	0.01	1.17	37.20	0.07	9.84	1.46	0.29	0.00	0.40	69.99	231.76*	0.00*	0.15*	2.94*	4.04	0.01*	0.01*	0.16*	0.03*	0.00*	4.19	7.40*	0.11
-----------------	------	------	------	-------	------	------	------	------	------	------	-------	---------	-------	-------	-------	------	-------	-------	-------	-------	-------	------	-------	------

M66157 COND_SALSA, BLNDR SC 1/8C

48.00 @ 1/8 cup	9.65	0.01	1.33	45.21	0.10	9.06	2.10	0.42	0.00	0.59	27.10*	148.65*	0.00*	0.05*	6.02*	4.65	0.01*	0.01*	0.03*	0.02*	0.00*	16.79	4.05*	0.19
-----------------	------	------	------	-------	------	------	------	------	------	------	--------	---------	-------	-------	-------	------	-------	-------	-------	-------	-------	-------	-------	------

M53940 COND_Salsa, Verde SC 1/8c

48.00 @ 1/8 cup	10.75	0.03	2.54	25.36	0.23	19.29	2.13	0.37	0.00	0.61	83.93	260.93*	0.00*	0.16*	12.93*	3.96	0.02*	0.01*	0.40*	0.03*	0.00*	8.13	11.81*	0.22
-----------------	-------	------	------	-------	------	-------	------	------	------	------	-------	---------	-------	-------	--------	------	-------	-------	-------	-------	-------	------	--------	------

M53295 COND_Sour Cream AP

48.00 @ 1 tablespoon	30.00	1.75	52.50	25.00	3.00	90.00	1.00	0.50	10.00	0.00	-*	99.99	-*	-*	-*	0.00	-*	-*	-*	-*	-*	20.00	-*	0.00
----------------------	-------	------	-------	-------	------	-------	------	------	-------	------	----	-------	----	----	----	------	----	----	----	----	----	-------	----	------

* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Flower Mound HS

Service Area: Flower Mound - 9-12 - OVS

Menu Name: Flower Mound HS 2018-2019 Menu - cycle 2 - week 5

Avg.Method: Weighted (USDA Default)

M67404 BURG, BEEF CH BBQ TWISTER AP100% WG 2.5 FUEL 10/18

24.00 @ 1 each	420.00	6.25	13.39	737.51	17.50	37.50	45.00	20.75	50.00	2.75	107.50*	0.00	-*	-*	-*	3.60	-*	-*	-*	-*	-*	139.50	-*	3.11
----------------	--------	------	-------	--------	-------	-------	-------	-------	-------	------	---------	------	----	----	----	------	----	----	----	----	----	--------	----	------

M53001 PIZZA 16" Saus Chz White WG2.0

8.00 @ 1/8 cut	364.64	6.80	16.78	821.55	17.70	43.69	31.29	18.91	41.86	3.05	71.91*	269.05	0.00*	0.08*	0.89*	3.46	0.01*	0.00*	0.08*	0.02*	0.00*	300.28	5.37*	1.63
----------------	--------	------	-------	--------	-------	-------	-------	-------	-------	------	--------	--------	-------	-------	-------	------	-------	-------	-------	-------	-------	--------	-------	------

M53003 PIZZA 16" Spin Mush Pep WG 2.0

8.00 @ 1/8 cut	367.55	7.55	18.50	838.03	15.80	38.70	33.71	20.81	30.00	4.61	129.07*	3994.25	0.48*	1.10*	154.06*	12.13	0.03*	0.07*	0.44*	0.07*	0.00*	466.53	23.21*	1.86
----------------	--------	------	-------	--------	-------	-------	-------	-------	-------	------	---------	---------	-------	-------	---------	-------	-------	-------	-------	-------	-------	--------	--------	------

Average	1060.83	13.72	11.64	1810.55	42.59	36.14	114.86	53.18	99.49	10.33	442.88*	3363.76*	.22*	.25*	23.28*	16.85*	.03*	.05*	.93*	.16*	.26*	631.57	40.08*	5.56
----------------	---------	-------	-------	---------	-------	-------	--------	-------	-------	-------	---------	----------	------	------	--------	--------	------	------	------	------	------	--------	--------	------

* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.