



DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Southridge ES

Service Area: Southridge - K-5 - OVS

Menu Name: Southridge ES 2018-2019 BIC Menu - cycle 2 - week 1

Avg.Method: Balanced

Age Group: Brkfst Grades K-5 **Period:** Breakfast **Week:** 1 **Day:** Monday **Count Type:** Forecasted **Total No. of Customers:** 425

Weekly Std.	SFA		Na (mg)	Fat		CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)	
	CAL	(g)		% of CAL	(g)																			% of CAL
350.00-500.00		10.00	540.00																		5.28			
M51404 PIZZA AP Tony Bkfst T.Ssg1.0IW																								
440.00 @ 1 each	240.01	2.50	9.38	490.02	7.00	26.25	31.00	11.00	15.00	3.00	90.00	200.01	-*	-*	-*	2.40	-*	-*	-*	-*	-*	150.00	-*	1.80
M50543 FRUIT: BANANA (100-120ct) Whl																								
220.00 @ 1 each	93.95	0.12	1.13	1.06	0.35	3.34	24.11	1.15	0.00	2.74	377.91	67.56	0.00	0.11	0.53	9.18	0.03	0.08	0.70	0.39	0.00	5.28	23.22	0.27
M52810 FRUIT: CRAISINS, SS CHERRY 1.16OZ																								
220.00 @ 1 each	110.00	0.00	0.00	0.00	0.00	0.00	28.00	0.00	0.00	3.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50																								
88.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00
M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50																								
264.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00
Average	451.37	2.96	5.9	646.59	7.95	15.84	74.19	18.61	20.71	6.08	288.8*	656.16	0*	.05*	.27*	8.48	.02*	.04*	.36*	.2*	0*	406.5	12.02*	2.01

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DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Southridge ES

Service Area: Southridge - K-5 - OVS

Menu Name: Southridge ES 2018-2019 BIC Menu - cycle 2 - week 1

Avg.Method: Balanced

Age Group: Brkfst Grades K-5 **Period:** Breakfast **Week:** 1 **Day:** Tuesday **Count Type:** Forecasted **Total No. of Customers:** 100

Weekly Std.	SFA		Na (mg)	Fat		CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)	
	CAL	(g)		% of CAL	(g)																			% of CAL
	350.00-500.00		10.00	540.00																		6.00		
M66454 BRD: CRESCENT AP, FILLED CHOCOLATE WG IW																								
100.00 @ 1 pouch	230.00	1.50	5.87	270.00	8.00	31.30	37.00	6.00	0.00	2.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	20.00	-*	1.44
M67177 FRUIT: CUP SS, PEACHES DCD SHLF-STBL 1/2C																								
40.00 @ 1 each	60.00	0.00	0.00	5.00	0.00	0.00	15.00	0.00	0.00	1.00	87.00	-*	0.00	-*	-*	-*	-*	-*	-*	-*	-*	6.00	-*	0.10
M50979 JUICE SS, Apple 100% 4oz Cart																								
70.00 @ 1 each	60.00	0.00	0.00	15.00	0.00	0.00	14.00	0.00	0.00	0.00	85.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50																								
20.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00
M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50																								
50.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00
Average	378	1.8	4.29	398.5	8.5	20.24	65.4	11.6	4.5	2.4	94.3*	350*	0*	-*	-*	1.08*	-*	-*	-*	-*	-*	232.4	-*	1.48

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DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Southridge ES

Service Area: Southridge - K-5 - OVS

Menu Name: Southridge ES 2018-2019 BIC Menu - cycle 2 - week 1

Avg.Method: Balanced

Age Group: Brkfst Grades K-5 **Period:** Breakfast **Week:** 1 **Day:** Wednesday **Count Type:** Forecasted **Total No. of Customers:** 391

Weekly Std.	SFA		Na (mg)	Fat		CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)	
	CAL	(g)		% of CAL	(g)																			% of CAL
	350.00-500.00		10.00	540.00																		200.00		
M51539 BRD: BAR, Cereal Trix WG IW																								
403.00 @ 1 each	150.00	0.50	3.00	100.00	3.50	21.00	30.00	2.00	0.00	2.00	-*	100.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	200.00	-*	1.80
M51994 CHEESE, COLBY JK Stick 1ea 1.0																								
403.00 @ 1 stick	90.00	4.00	40.00	200.01	6.00	60.00	0.00	7.00	20.00	0.00	0.00	200.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	200.01	-*	0.00
M50534 FRUIT: ORANGE 138ct 1/8wg 1/2c																								
276.00 @ 8 wedge	46.96	0.01	0.29	0.00	0.12	2.30	11.74	0.94	0.00	2.40	180.86	224.82	0.00	0.18	0.00	53.16	0.09	0.04	0.28	0.06	0.00	39.97	13.99	0.10
M50722 FRUIT: RAISINS, SS BOX																								
78.00 @ 1 each	127.15	0.02	0.17	4.68	0.20	1.38	33.67	1.31	0.00	1.57	318.51	0.00	0.00	0.05	1.49	0.98	0.05	0.05	0.33	0.07	0.00	21.26	42.95	0.80
M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50																								
62.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00
M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50																								
321.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00
Average	421.85	4.89	10.44	478.54	10.31	22	64.41	18.04	26.3	4.07	191.2*	957.69	0*	.14*	.3*	40.32	.07*	.04*	.26*	.06*	0*	738.6	18.44*	2.09

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DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Southridge ES

Service Area: Southridge - K-5 - OVS

Menu Name: Southridge ES 2018-2019 BIC Menu - cycle 2 - week 1

Avg.Method: Balanced

Age Group: Brkfst Grades K-5 **Period:** Breakfast **Week:** 1 **Day:** Thursday **Count Type:** Forecasted **Total No. of Customers:** 456

Weekly Std.	SFA		Na (mg)	Fat		CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)
	CAL	% of CAL		% of CAL	% of CAL																		
350.00-500.00		10.00	540.00																		100.00		
M54739 BRD: CRACK SS, GRIPZ GRAHAM BITES CINN WG																							
466.00 @ 1 package	100.00	1.00	9.00	80.00	3.00	27.00	19.00	2.00	0.00	3.00	-*	749.99	-*	-*	-*	0.00	-*	-*	-*	-*	100.00	-*	0.72
M50792 YOGURT SS, Trix Strawb/Ban 4oz																							
466.00 @ 1 each	80.00	0.00	0.00	60.00	0.50	5.63	15.00	4.00	5.00	0.00	140.00	500.04	-*	-*	-*	0.00	-*	-*	-*	-*	100.01	-*	0.00
M54635 FRUIT: CUP SS, APPLESC STRAWBERRY SHLF-STBL 1/2C																							
162.00 @ 1 each	50.00	0.00	0.00	0.00	0.00	0.00	14.00	0.00	0.00	1.00	94.00	-*	-*	-*	-*	-*	-*	-*	-*	-*	5.00	-*	0.00
M50982 JUICE SS, ORANGE 100% 4 FLOZ																							
469.00 @ 1 each	51.44	0.00	0.00	15.43	0.00	0.00	12.35	1.03	0.00	0.00	-*	0.00	-*	-*	-*	43.21	-*	-*	-*	-*	0.00	-*	0.00
M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50																							
53.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	300.00	-*	0.00
M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50																							
394.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	300.00	-*	0.00
Average	371.09	1.2	2.9	329.58	3.87	9.38	71.21	15.03	10.59	3.42	176.46*	1767.58*	-*	-*	-*	45.76*	-*	-*	-*	-*	500.25	-*	.74

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Profit Center: Lewisville Independent School District

Location: Lewisville ISD Southridge ES

Service Area: Southridge - K-5 - OVS

Menu Name: Southridge ES 2018-2019 BIC Menu - cycle 2 - week 1

Avg.Method: Balanced

Age Group: Brkfst Grades K-5 **Period:** Breakfast **Week:** 1 **Day:** Friday **Count Type:** Forecasted **Total No. of Customers:** 466

Weekly Std.	SFA		Na (mg)	Fat		CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)	
	CAL	(g)		% of CAL	(g)																			% of CAL
M52006 SDW BN AP, Tky Ssg WG IW 1.0	350.00-500.00		10.00	540.00																		20.00		
483.00 @ 1 each	160.00	1.50	8.44	370.01	5.00	28.13	18.00	10.00	25.00	2.00	-*	0.00	-*	-*	-*	6.00	-*	-*	-*	-*	-*	20.00	-*	1.44
M53799 FRUIT: APPLE, Slcd IW 2oz	264.00 @ 1 each	30.00	0.00	0.00	0.00	0.00	7.00	0.00	0.00	1.00	-*	0.00	-*	-*	-*	21.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M67264 FRUIT: CRAISINS, SS WATERMELON 1.16OZ	55.00 @ 1 package	110.00	0.00	0.00	0.00	0.00	28.00	0.00	0.00	3.00	-*	-*	-*	-*	-*	-*	-*	-*	-*	-*	-*	0.00	-*	0.00
M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50	63.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	300.00	-*	0.00
M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50	398.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	300.00	-*	0.00
Average	313.18	1.76	5.05	554.81	5.52	15.87	44.77	18.28	31.53	2.99	-*	494.64*	-*	-*	-*	19.47*	-*	-*	-*	-*	-*	317.51	-*	1.49

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