



# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Killian MS

**Service Area:** Killian - 6-8 - OVS

**Menu Name:** Killian MS 2018-2019 Menu - cycle 2 - week 2

**Avg.Method:** Balanced

**Age Group:** Brkfst Grades K-8      **Period:** Breakfast      **Week:** 2      **Day:** Monday      **Count Type:** Forecasted      **Total No. of Customers:** 36

Weekly Std.	SFA		Na (mg)	Fat		CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)
	CAL	(g)		% of CAL	(g)																		
400.00-500.00			540.00																		200.00		

M52894 BRD: DONUT, Sugar Cinnamon WG

33.00 @ 1 each	308.10	7.00	20.45	300.10	16.00	46.75	37.30	5.01	0.00	2.95	1.30*	10.29	0.00*	0.01*	0.08*	0.01	0.00*	0.00*	0.00*	0.00*	0.00*	16.74	0.17*	0.73
----------------	--------	------	-------	--------	-------	-------	-------	------	------	------	-------	-------	-------	-------	-------	------	-------	-------	-------	-------	-------	-------	-------	------

M51320 CEREAL BWL, Rice Krispies WG

1.00 @ 1 bowl	100.00	0.00	0.00	170.00	0.50	4.50	23.00	2.00	0.00	1.00	-*	1000.03	-*	-*	-*	12.00	-*	-*	-*	-*	-*	0.00	-*	8.10
---------------	--------	------	------	--------	------	------	-------	------	------	------	----	---------	----	----	----	-------	----	----	----	----	----	------	----	------

M50440 CEREAL BWL, CinnTstCrnch WG

3.00 @ 1 bowl	110.00	0.50	4.09	160.00	3.00	24.55	22.00	1.00	0.00	2.00	50.05	400.00	-*	-*	-*	4.80	-*	-*	-*	-*	-*	80.00	-*	3.60
---------------	--------	------	------	--------	------	-------	-------	------	------	------	-------	--------	----	----	----	------	----	----	----	----	----	-------	----	------

M50442 CEREAL BWL, Cocoa Puffs RS WG

1.00 @ 1 bowl	110.05	0.00	0.00	160.08	1.50	12.27	25.01	2.00	0.00	2.00	-*	500.25	-*	-*	-*	6.00	-*	-*	-*	-*	-*	100.05	-*	4.50
---------------	--------	------	------	--------	------	-------	-------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M50524 CEREAL BWL, Lucky Charms WG

1.00 @ 1 bowl	110.00	0.00	0.00	180.00	1.00	8.18	23.00	2.00	0.00	2.00	-*	500.01	-*	-*	-*	6.00	-*	-*	-*	-*	-*	100.00	-*	4.50
---------------	--------	------	------	--------	------	------	-------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M50525 CEREAL BWL, Trix RS WG

1.00 @ 1 bowl	110.00	0.00	0.00	140.00	1.00	8.18	24.00	1.00	0.00	1.00	-*	400.01	-*	-*	-*	4.80	-*	-*	-*	-*	-*	80.00	-*	4.50
---------------	--------	------	------	--------	------	------	-------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	-------	----	------

M52725 BRD: BAR, Cereal CocoPuf WG IW

1.00 @ 1 each	150.00	0.00	0.00	100.00	3.00	18.00	30.00	3.00	0.00	3.00	-*	100.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	200.00	-*	1.80
---------------	--------	------	------	--------	------	-------	-------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M52724 BRD: BAR, Cereal CinnTst WG IW

1.00 @ 1 each	150.00	0.00	0.00	115.00	3.50	21.00	30.00	2.00	0.00	3.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	200.00	-*	1.80
---------------	--------	------	------	--------	------	-------	-------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	--------	----	------

M51267 BRD: MUF AP, BLUEBRY 2OZ IW WG (1BG)

1.00 @ 1 muffin	190.00	2.00	9.47	130.00	6.00	28.42	31.00	3.00	40.00	2.00	-*	100.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	20.00	-*	0.72
-----------------	--------	------	------	--------	------	-------	-------	------	-------	------	----	--------	----	----	----	------	----	----	----	----	----	-------	----	------

M51268 BRD: MUF AP, CHOC CHOC CHIP 2OZ IW WG (1BG)

3.00 @ 1 muffin	200.00	2.00	9.00	135.00	6.00	27.00	32.00	4.00	40.00	3.00	180.00	100.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	40.00	-*	1.44
-----------------	--------	------	------	--------	------	-------	-------	------	-------	------	--------	--------	----	----	----	------	----	----	----	----	----	-------	----	------

M51848 BRD: POPTARTS, Straw 1.76oz WG

1.00 @ 1 package	180.00	1.00	5.00	180.00	2.50	12.50	38.00	2.00	0.00	3.00	-*	500.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	100.00	-*	1.80
------------------	--------	------	------	--------	------	-------	-------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M51849 BRD: POPTARTS, Cinn 1.76oz WG

\* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Killian MS

**Service Area:** Killian - 6-8 - OVS

**Menu Name:** Killian MS 2018-2019 Menu - cycle 2 - week 2

**Avg.Method:** Balanced

1.00 @ 1 package	180.00	1.00	5.00	190.00	2.50	12.50	37.00	2.00	0.00	3.00	-*	500.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	100.00	-*	1.80	
M51684 BRD: POPTARTS, Fudge 1.76oz WG																									
1.00 @ 1 package	180.00	1.00	5.00	190.00	3.00	15.00	38.00	3.00	0.00	3.00	-*	500.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	100.00	-*	1.80	
M51994 CHEESE, COLBY JK Stick 1ea 1.0																									
6.00 @ 1 stick	90.00	4.00	40.00	200.01	6.00	60.00	0.00	7.00	20.00	0.00	0.00	200.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	200.01	-*	0.00	
M51237 BRD: BREAD WG, Tst Marg 1sl																									
5.00 @ 1 slice	110.00	1.33	10.91	160.00	4.33	35.45	15.00	3.00	0.00	1.00	1.33*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	1.08	
M51113 FRUIT: ORANGE 138ct Whole 1/2c																									
6.00 @ 1 each	46.97	0.01	0.29	0.00	0.12	2.30	11.74	0.94	0.00	2.40	180.87	224.84	0.00	0.18	0.00	53.16	0.09	0.04	0.28	0.06	0.00	39.97	13.99	0.10	
M50178 FRUIT: PINEAPPLE Tbsts w/Jc1/2c																									
26.00 @ 1/2 cup	78.55	0.01	0.14	1.20	0.10	1.10	18.92	0.51	0.00	0.96	146.98	-*	-*	-*	-*	11.45	-*	-*	-*	-*	-*	16.87	-*	0.34	
M50982 JUICE SS, ORANGE 100% 4 FLOZ																									
33.00 @ 1 each	51.44	0.00	0.00	15.43	0.00	0.00	12.35	1.03	0.00	0.00	-*	0.00	-*	-*	-*	43.21	-*	-*	-*	-*	-*	0.00	-*	0.00	
M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50																									
74.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00	
M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50																									
150.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00	
M53222 COND PC Margarine 5g																									
10.00 @ 1 each	30.00	1.00	30.00	30.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	500.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00	
M50854 COND PC Jelly, #4 Smuckers																									
5.00 @ 1 each	35.00	0.00	0.00	5.00	0.00	0.00	9.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00	
M50056 COND PC Sauce, Taco 9g																									
2.00 @ 1 each	5.00	0.00	0.00	55.00	0.00	0.00	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00	
M50058 COND PC Syrup 1.4oz Smuckers																									
5.00 @ 1 each	110.00	0.00	0.00	25.00	0.00	0.00	29.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00	
<b>Average</b>	1245.67	10.99	7.94	1446.23	23.77	17.17	191.41	58.45	49.17	5	156.85*	3485.83*	0*	.04*	.08*	67.91	.01*	.01*	.05*	.01*	0*	1971.98	2.49*	2.37	

\* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Killian MS

**Service Area:** Killian - 6-8 - OVS

**Menu Name:** Killian MS 2018-2019 Menu - cycle 2 - week 2

**Avg.Method:** Balanced

**Age Group:** Lunch Grades 6-8      **Period:** Lunch      **Week:** 2      **Day:** Monday      **Count Type:** Forecasted      **Total No. of Customers:** 426

Weekly Std.	SFA		Na (mg)	Fat		CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)
	CAL	(g)		% of CAL	(g)																		
600.00-700.00		10.00	1360.00																		0.00		

M55229 MELT SUB AP, CHIXMTBL PIZZA WG 2.0

39.00 @ 1 sandwich	355.01	3.75	9.51	895.09	13.67	34.65	37.50	22.50	47.50	5.67	-*	439.24	-*	-*	-*	2.40	-*	-*	-*	-*	-*	169.17	-*	2.80
--------------------	--------	------	------	--------	-------	-------	-------	-------	-------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M51835 SALAD, CHIXPTY BUFRCHSCW2.0 MWWW

2.00 @ 1 each	289.24	2.53	7.88	730.48	15.96	49.65	12.82	20.41	51.72	4.33	160.78*	4976.51	0.00*	0.12*	43.60*	7.46	0.04*	0.04*	0.25*	0.06*	0.00*	34.66	17.48*	1.59
---------------	--------	------	------	--------	-------	-------	-------	-------	-------	------	---------	---------	-------	-------	--------	------	-------	-------	-------	-------	-------	-------	--------	------

M51831 BRD: BRDSTK DG, RIPSTK 1EA (1BG)

2.00 @ 1 each	80.00	0.00	0.00	100.00	1.00	11.25	14.00	3.00	0.00	1.54	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	7.40	-*	0.73
---------------	-------	------	------	--------	------	-------	-------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M53268 SDW BD, Tky AM WG 2.0

1.00 @ 1 sandwich	325.00	5.13	14.19	995.00	11.50	31.84	33.50	22.25	56.25	2.00	-*	200.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	175.00	-*	2.61
-------------------	--------	------	-------	--------	-------	-------	-------	-------	-------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M50962 SDW BD, SBJ WG 2.0

1.00 @ 1 sandwich	658.38	3.99	5.45	579.16	35.89	49.06	69.87	19.95	0.00	5.99	378.78*	0.00	0.00*	-*	-*	0.00	-*	-*	-*	-*	-*	59.81	-*	5.35
-------------------	--------	------	------	--------	-------	-------	-------	-------	------	------	---------	------	-------	----	----	------	----	----	----	----	----	-------	----	------

M53347 SDW BD, SB WG 2.0

1.00 @ 1 sandwich	558.71	3.99	6.42	579.16	35.89	57.81	43.95	19.95	0.00	5.99	378.78*	0.00	0.00*	-*	-*	0.00	-*	-*	-*	-*	-*	59.81	-*	5.35
-------------------	--------	------	------	--------	-------	-------	-------	-------	------	------	---------	------	-------	----	----	------	----	----	----	----	----	-------	----	------

M51578 PIZZA 16" CHZ WG 2.0

47.00 @ 1/8 cut	351.26	7.50	19.22	810.04	15.50	39.72	30.88	19.38	30.00	3.25	-*	403.18	-*	-*	-*	0.90	-*	-*	-*	-*	-*	419.72	-*	1.13
-----------------	--------	------	-------	--------	-------	-------	-------	-------	-------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M53000 PIZZA 16" Pepperoni WG 2.0

103.00 @ 1/8 cut	388.76	9.00	20.84	937.54	19.00	43.99	31.13	20.88	37.50	3.25	-*	403.18	-*	-*	-*	0.90	-*	-*	-*	-*	-*	419.72	-*	1.22
------------------	--------	------	-------	--------	-------	-------	-------	-------	-------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M52963 CHIX Popcorn, AP WG 2.0

38.00 @ 1 serving	250.19	2.72	9.78	380.72	14.14	50.87	15.23	15.23	21.76	3.26	-*	108.78	-*	-*	-*	0.00	-*	-*	-*	-*	-*	43.51	-*	1.96
-------------------	--------	------	------	--------	-------	-------	-------	-------	-------	------	----	--------	----	----	----	------	----	----	----	----	----	-------	----	------

M51680 BRD: ROLL DG, WG 2.5oz

38.00 @ 1 each	170.00	0.50	2.65	135.00	3.00	15.88	28.00	7.00	0.00	3.40	-*	0.01	-*	-*	-*	0.01	-*	-*	-*	-*	-*	12.70	-*	0.85
----------------	--------	------	------	--------	------	-------	-------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	-------	----	------

M51417 BURG, Beef AP WG 2.0

10.00 @ 1 each	240.00	2.00	7.50	345.00	7.00	26.25	29.00	16.00	25.00	2.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	60.00	-*	2.88
----------------	--------	------	------	--------	------	-------	-------	-------	-------	------	----	------	----	----	----	------	----	----	----	----	----	-------	----	------

M50821 BURG, Beef AM AP WG 2.25

\* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Killian MS

**Service Area:** Killian - 6-8 - OVS

**Menu Name:** Killian MS 2018-2019 Menu - cycle 2 - week 2

**Avg.Method:** Balanced

34.00 @ 1 each	285.00	4.25	13.42	545.00	10.50	33.16	29.50	18.50	37.50	2.00	-*	100.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	135.00	-*	2.88
M53770 SDW BN, CHIXPTY PLN WG/WG2.0 MWWW																								
11.00 @ 1 sandwich	339.76	1.50	3.97	589.66	10.99	29.11	35.99	23.98	44.95	5.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	40.00	-*	2.52
M52952 SDW BN, CHIXPTY BRD SPCY WG/WG 2.0 MWWW																								
27.00 @ 1 sandwich	339.86	2.00	5.29	629.77	11.99	31.76	35.99	23.99	44.97	3.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	40.00	-*	2.88
M55774 STICKS, MAX SNAX PIZZA W/MARINARA AP WG 2.0																								
20.00 @ 2 each	319.87	3.00	8.44	609.89	10.00	28.13	39.98	20.00	10.00	4.00	0.00*	498.95*	-*	-*	-*	8.98*	-*	-*	-*	-*	-*	459.92	-*	2.68
M54308 STICKS, CRISPITO CHIXCHILI AP WG 2.0 (2EA)																								
101.00 @ 2 each	540.00	6.00	10.00	740.00	28.00	46.67	46.00	24.00	50.00	6.00	-*	1500.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	80.00	-*	3.60
M51189 COND_ Sauce, Chz SS W (LOL) .5																								
101.00 @ 2 fl oz	99.97	4.50	40.50	399.86	7.00	63.00	3.00	5.00	19.99	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	149.95	-*	0.00
M52635 VEG: PEAS, Green Fz Seas1/2c																								
32.00 @ 1/2 cup	99.51	1.21	10.97	67.52	3.17	28.68	13.40	4.83	0.00	4.23	104.97	1969.23	0.00*	0.03*	22.58*	9.28	0.27*	0.09*	1.39*	0.11*	0.00*	22.72	72.27*	1.43
M50431 VEG: CARROTS, Fresh Baby 1/2c																								
31.00 @ 1/2 cup	24.80	0.02	0.59	55.28	0.09	3.34	5.84	0.45	0.00	2.06	167.96	9772.87	0.00	-*	6.66	1.84	0.02	0.03	0.39	0.07	0.00	22.68	19.84	0.63
M53709 VEG: SALAD, SIDE SPIN ROM STRAW SC 1C																								
52.00 @ 1 cup	15.79	0.03	1.56	23.17	0.22	12.65	3.13	1.14	0.00	1.39	228.54	4195.84	0.00	0.63	150.99	20.02	0.04	0.07	0.33	0.08	0.00	36.30	23.73	1.00
M53419 VEG: POTATO, FF CTINAGEN7 1/2C																								
144.00 @ 1/2 cup	119.99	1.33	10.00	133.32	4.67	35.00	17.33	2.00	0.00	2.00	259.98	0.00	-*	-*	-*	3.20	-*	-*	-*	-*	-*	0.00	-*	0.48
M51731 VEG: POTATO SWT, FF CRINKLE 1/2C																								
15.00 @ 1/2 cup	137.66	0.53	3.46	180.02	4.77	31.15	23.30	1.06	0.00	3.18	243.56	3176.86	-*	-*	-*	6.35	-*	-*	-*	-*	-*	21.18	-*	0.38
M50529 FRUIT: GRAPES, Fresh 1/2c																								
201.00 @ 1/2 cup	56.80	0.10	1.53	1.70	0.30	4.70	14.54	0.53	0.00	0.76	161.94	84.78	0.00	0.16	12.38	3.39	0.08	0.05	0.25	0.09	0.00	11.87	8.48	0.25
M53549 FRUIT: APPLESAUCE,Unswt AP1/2c																								
138.00 @ 1/2 cup	52.77	0.00	0.00	10.55	0.00	0.00	13.72	0.00	0.00	2.11	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50980 JUICE SS, Frt Bld 100% 4oz Crt																								
158.00 @ 1 each	60.00	0.00	0.00	10.00	0.00	0.00	14.00	0.00	0.00	0.00	100.00	0.00	-*	-*	-*	3.60	-*	-*	-*	-*	-*	0.00	-*	0.00

\* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Killian MS

**Service Area:** Killian - 6-8 - OVS

**Menu Name:** Killian MS 2018-2019 Menu - cycle 2 - week 2

**Avg.Method:** Balanced

M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50

65.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00
------------------	--------	------	-------	--------	------	-------	-------	------	-------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50

175.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00
-------------------	--------	------	------	--------	------	------	-------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M50855 COND PC Ketchup 9g Heinz

250.00 @ 1 each	10.00	0.00	0.00	85.00	0.00	0.00	3.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
-----------------	-------	------	------	-------	------	------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M50055 COND PC Mayonnaise 12g

60.00 @ 1 each	80.00	1.50	16.87	75.00	8.00	90.00	1.00	0.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
----------------	-------	------	-------	-------	------	-------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M50284 COND PC Mustard 6g

40.00 @ 1 each	0.00	0.00	-	65.00	0.00	-	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
----------------	------	------	---	-------	------	---	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M53222 COND PC Margarine 5g

95.00 @ 1 each	30.00	1.00	30.00	30.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	500.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
----------------	-------	------	-------	-------	------	-------	------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	------	----	------

M50624 COND PC Drsg Ranch 12g

75.00 @ 1 each	50.00	0.00	0.00	100.00	5.00	90.00	1.00	0.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
----------------	-------	------	------	--------	------	-------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M50623 COND PC Drsg Italian 12g

15.00 @ 1 each	30.00	0.00	0.00	130.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	100.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
----------------	-------	------	------	--------	------	-------	------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	------	----	------

M53116 COND PC Drsg Honey Mustard 12g

15.00 @ 1 each	15.00	0.00	0.00	65.00	0.00	0.00	4.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
----------------	-------	------	------	-------	------	------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M50056 COND PC Sauce, Taco 9g

50.00 @ 1 each	5.00	0.00	0.00	55.00	0.00	0.00	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
----------------	------	------	------	-------	------	------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M50287 COND PC Sauce, BBQ 12g

65.00 @ 1 each	15.00	0.00	0.00	160.00	0.00	0.00	4.00	0.00	0.00	0.00	-*	100.00	-*	-*	-*	0.60	-*	-*	-*	-*	-*	0.00	-*	0.00
----------------	-------	------	------	--------	------	------	------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	------	----	------

M50063 COND\_Sauce, Buffalo Wing AP

10.00 @ 1 tablespoon	4.38	0.02	4.79	363.06	0.22	45.51	0.48	0.11	0.17	0.12	21.32	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	2.22	-*	0.07
-------------------------	------	------	------	--------	------	-------	------	------	------	------	-------	------	----	----	----	------	----	----	----	----	----	------	----	------

M51445 VEG GARN: Rom Leaf/Tom Sl

15.00 @ 1 serving	4.96	0.01	1.72	1.84	0.07	12.86	1.02	0.30	0.00	0.47	68.61	1352.71	0.00	0.09	15.65	2.51	0.02	0.01	0.13	0.02	0.00	6.10	7.65	0.18
-------------------	------	------	------	------	------	-------	------	------	------	------	-------	---------	------	------	-------	------	------	------	------	------	------	------	------	------

M50412 COND\_Pickle, Dill Slice 3ea

38.00 @ 3 slice	2.43	0.01	4.72	243.11	0.07	25.17	0.36	0.10	0.00	0.21	-*	0.00	-*	-*	-*	0.32	-*	-*	-*	-*	-*	12.97	-*	0.08
-----------------	------	------	------	--------	------	-------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	-------	----	------

\* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Killian MS

**Service Area:** Killian - 6-8 - OVS

**Menu Name:** Killian MS 2018-2019 Menu - cycle 2 - week 2

**Avg.Method:** Balanced

<b>Average</b>	659.96	8.13	11.09	1182.47	25.51	34.78	76.74	29.32	48.86	6.96	263.41*	2585.49*	0*	.16*	27.21*	9.58*	.06*	.04*	.3*	.07*	0*	445.61	14.12*	3.07
----------------	--------	------	-------	---------	-------	-------	-------	-------	-------	------	---------	----------	----	------	--------	-------	------	------	-----	------	----	--------	--------	------

\* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Killian MS

**Service Area:** Killian - 6-8 - OVS

**Menu Name:** Killian MS 2018-2019 Menu - cycle 2 - week 2

**Avg.Method:** Balanced

**Age Group:** Brkfst Grades K-8      **Period:** Breakfast      **Week:** 2      **Day:** Tuesday      **Count Type:** Forecasted      **Total No. of Customers:** 40

Weekly Std.	SFA		Na (mg)	Fat		CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)
	CAL	(g)		% of CAL	(g)																		
400.00-500.00		10.00	540.00																		300.00		

M51231 SDW BN, EggSausSS AM WG 1.0

22.00 @ 1 sandwich	224.62	3.31	13.25	562.67	8.45	33.87	28.01	10.22	83.08	2.00	-*	187.63	-*	-*	-*	0.00	-*	-*	-*	-*	-*	135.19	-*	1.78
--------------------	--------	------	-------	--------	------	-------	-------	-------	-------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M51320 CEREAL BWL, Rice Krispies WG

1.00 @ 1 bowl	100.00	0.00	0.00	170.00	0.50	4.50	23.00	2.00	0.00	1.00	-*	1000.03	-*	-*	-*	12.00	-*	-*	-*	-*	-*	0.00	-*	8.10
---------------	--------	------	------	--------	------	------	-------	------	------	------	----	---------	----	----	----	-------	----	----	----	----	----	------	----	------

M50440 CEREAL BWL, CinnTstCrnch WG

4.00 @ 1 bowl	110.00	0.50	4.09	160.00	3.00	24.55	22.00	1.00	0.00	2.00	50.05	400.00	-*	-*	-*	4.80	-*	-*	-*	-*	-*	80.00	-*	3.60
---------------	--------	------	------	--------	------	-------	-------	------	------	------	-------	--------	----	----	----	------	----	----	----	----	----	-------	----	------

M50442 CEREAL BWL, Cocoa Puffs RS WG

3.00 @ 1 bowl	110.05	0.00	0.00	160.08	1.50	12.27	25.01	2.00	0.00	2.00	-*	500.25	-*	-*	-*	6.00	-*	-*	-*	-*	-*	100.05	-*	4.50
---------------	--------	------	------	--------	------	-------	-------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M50524 CEREAL BWL, Lucky Charms WG

6.00 @ 1 bowl	110.00	0.00	0.00	180.00	1.00	8.18	23.00	2.00	0.00	2.00	-*	500.01	-*	-*	-*	6.00	-*	-*	-*	-*	-*	100.00	-*	4.50
---------------	--------	------	------	--------	------	------	-------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M50525 CEREAL BWL, Trix RS WG

1.00 @ 1 bowl	110.00	0.00	0.00	140.00	1.00	8.18	24.00	1.00	0.00	1.00	-*	400.01	-*	-*	-*	4.80	-*	-*	-*	-*	-*	80.00	-*	4.50
---------------	--------	------	------	--------	------	------	-------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	-------	----	------

M52725 BRD: BAR, Cereal CocoPuf WG IW

1.00 @ 1 each	150.00	0.00	0.00	100.00	3.00	18.00	30.00	3.00	0.00	3.00	-*	100.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	200.00	-*	1.80
---------------	--------	------	------	--------	------	-------	-------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M52724 BRD: BAR, Cereal CinnTst WG IW

1.00 @ 1 each	150.00	0.00	0.00	115.00	3.50	21.00	30.00	2.00	0.00	3.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	200.00	-*	1.80
---------------	--------	------	------	--------	------	-------	-------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	--------	----	------

M51267 BRD: MUF AP, BLUEBRY 2OZ IW WG (1BG)

3.00 @ 1 muffin	190.00	2.00	9.47	130.00	6.00	28.42	31.00	3.00	40.00	2.00	-*	100.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	20.00	-*	0.72
-----------------	--------	------	------	--------	------	-------	-------	------	-------	------	----	--------	----	----	----	------	----	----	----	----	----	-------	----	------

M51268 BRD: MUF AP, CHOC CHOC CHIP 2OZ IW WG (1BG)

2.00 @ 1 muffin	200.00	2.00	9.00	135.00	6.00	27.00	32.00	4.00	40.00	3.00	180.00	100.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	40.00	-*	1.44
-----------------	--------	------	------	--------	------	-------	-------	------	-------	------	--------	--------	----	----	----	------	----	----	----	----	----	-------	----	------

M51848 BRD: POPTARTS, Straw 1.76oz WG

2.00 @ 1 package	180.00	1.00	5.00	180.00	2.50	12.50	38.00	2.00	0.00	3.00	-*	500.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	100.00	-*	1.80
------------------	--------	------	------	--------	------	-------	-------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M51849 BRD: POPTARTS, Cinn 1.76oz WG

\* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Killian MS

**Service Area:** Killian - 6-8 - OVS

**Menu Name:** Killian MS 2018-2019 Menu - cycle 2 - week 2

**Avg.Method:** Balanced

2.00 @ 1 package	180.00	1.00	5.00	190.00	2.50	12.50	37.00	2.00	0.00	3.00	-*	500.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	100.00	-*	1.80
M51684 BRD: POPTARTS, Fudge 1.76oz WG																								
2.00 @ 1 package	180.00	1.00	5.00	190.00	3.00	15.00	38.00	3.00	0.00	3.00	-*	500.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	100.00	-*	1.80
M51994 CHEESE, COLBY JK Stick 1ea 1.0																								
6.00 @ 1 stick	90.00	4.00	40.00	200.01	6.00	60.00	0.00	7.00	20.00	0.00	0.00	200.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	200.01	-*	0.00
M51237 BRD: BREAD WG, Tst Marg 1sl																								
4.00 @ 1 slice	110.00	1.33	10.91	160.00	4.33	35.45	15.00	3.00	0.00	1.00	1.33*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	1.08
M50529 FRUIT: GRAPES, Fresh 1/2c																								
15.00 @ 1/2 cup	56.80	0.10	1.53	1.70	0.30	4.70	14.54	0.53	0.00	0.76	161.94	84.78	0.00	0.16	12.38	3.39	0.08	0.05	0.25	0.09	0.00	11.87	8.48	0.25
M50427 FRUIT: FRUIT MIX w/Jc 1/2c																								
14.00 @ 1/2 cup	60.01	0.00	0.00	5.00	0.00	0.00	13.00	1.00	0.00	1.00	-*	200.03	-*	-*	-*	1.20	-*	-*	-*	-*	-*	0.00	-*	0.00
M50979 JUICE SS, Apple 100% 4oz Cart																								
30.00 @ 1 each	60.00	0.00	0.00	15.00	0.00	0.00	14.00	0.00	0.00	0.00	85.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50																								
10.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00
M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50																								
17.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00
M53222 COND PC Margarine 5g																								
10.00 @ 1 each	30.00	1.00	30.00	30.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	500.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50854 COND PC Jelly, #4 Smuckers																								
10.00 @ 1 each	35.00	0.00	0.00	5.00	0.00	0.00	9.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50056 COND PC Sauce, Taco 9g																								
25.00 @ 1 each	5.00	0.00	0.00	55.00	0.00	0.00	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50058 COND PC Syrup 1.4oz Smuckers																								
5.00 @ 1 each	110.00	0.00	0.00	25.00	0.00	0.00	29.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
<b>Average</b>	446.73	3.66	7.38	636.99	9.38	18.9	75.43	14.45	58.32	3.44	138.61*	975.03	0*	.06*	4.64*	5.08	.03*	.02*	.1*	.03*	0*	372.31	3.18*	3.35

\* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.





# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Killian MS

**Service Area:** Killian - 6-8 - OVS

**Menu Name:** Killian MS 2018-2019 Menu - cycle 2 - week 2

**Avg.Method:** Balanced

**Age Group:** Lunch Grades 6-8      **Period:** Lunch      **Week:** 2      **Day:** Tuesday      **Count Type:** Forecasted      **Total No. of Customers:** 424

Weekly Std.	SFA		Na (mg)	Fat		CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)
	CAL	(g)		% of CAL	(g)																		
600.00-700.00		10.00	1360.00																		0.00		

M66509 QUES 6" CHIXDCD WG 2.0

15.00 @ 1 each	344.14	7.58	19.83	512.70	15.96	41.75	30.18	20.02	51.11	2.11	6.91*	368.45	0.00*	0.05*	0.13*	0.80	0.00*	0.00*	0.02*	0.01*	0.00*	324.80	1.79*	2.06
----------------	--------	------	-------	--------	-------	-------	-------	-------	-------	------	-------	--------	-------	-------	-------	------	-------	-------	-------	-------	-------	--------	-------	------

M53804 SALAD, ChixDcd Ndl Asian WG2.0

1.00 @ 2 Spoodle 6 FLOZ	275.37	1.29	4.22	542.23	5.80	18.94	36.57	18.87	42.23	5.94	221.93*	1817.05	0.00*	0.16*	9.93*	2.39	0.03*	0.05*	0.37*	0.03*	0.00*	28.41	21.78*	2.30
-------------------------	--------	------	------	--------	------	-------	-------	-------	-------	------	---------	---------	-------	-------	-------	------	-------	-------	-------	-------	-------	-------	--------	------

M51680 BRD: ROLL DG, WG 2.5oz

1.00 @ 1 each	170.00	0.50	2.65	135.00	3.00	15.88	28.00	7.00	0.00	3.40	-*	0.01	-*	-*	-*	0.01	-*	-*	-*	-*	-*	12.70	-*	0.85
---------------	--------	------	------	--------	------	-------	-------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	-------	----	------

M66748 WRAP 10", CHIXDCD CAES W WG 2.0

1.00 @ 1 each	381.22	4.16	9.81	528.02	18.13	42.81	32.78	19.91	44.57	3.94	137.21*	2755.42	0.00*	0.19*	31.30*	5.02	0.03*	0.02*	0.26*	0.04*	0.00*	122.19	15.31*	2.34
---------------	--------	------	------	--------	-------	-------	-------	-------	-------	------	---------	---------	-------	-------	--------	------	-------	-------	-------	-------	-------	--------	--------	------

M50962 SDW BD, SBJ WG 2.0

1.00 @ 1 sandwich	658.38	3.99	5.45	579.16	35.89	49.06	69.87	19.95	0.00	5.99	378.78*	0.00	0.00*	-*	-*	0.00	-*	-*	-*	-*	-*	59.81	-*	5.35
-------------------	--------	------	------	--------	-------	-------	-------	-------	------	------	---------	------	-------	----	----	------	----	----	----	----	----	-------	----	------

M53347 SDW BD, SB WG 2.0

1.00 @ 1 sandwich	558.71	3.99	6.42	579.16	35.89	57.81	43.95	19.95	0.00	5.99	378.78*	0.00	0.00*	-*	-*	0.00	-*	-*	-*	-*	-*	59.81	-*	5.35
-------------------	--------	------	------	--------	-------	-------	-------	-------	------	------	---------	------	-------	----	----	------	----	----	----	----	----	-------	----	------

M51578 PIZZA 16" CHZ WG 2.0

50.00 @ 1/8 cut	351.26	7.50	19.22	810.04	15.50	39.72	30.88	19.38	30.00	3.25	-*	403.18	-*	-*	-*	0.90	-*	-*	-*	-*	-*	419.72	-*	1.13
-----------------	--------	------	-------	--------	-------	-------	-------	-------	-------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M51922 PIZZA 16" ChixDcd BBQ WG 2.0

24.00 @ 1/8 cut	394.57	7.94	18.11	812.85	15.81	36.07	43.36	19.40	45.21	2.66	18.81*	320.38	0.00*	0.00*	0.06*	3.29	0.00*	0.00*	0.02*	0.01*	0.00*	317.46	3.97*	1.49
-----------------	--------	------	-------	--------	-------	-------	-------	-------	-------	------	--------	--------	-------	-------	-------	------	-------	-------	-------	-------	-------	--------	-------	------

M52587 CHIX TENDER, GLDN CRISPY (3) WG 2.0 MWWMM

21.00 @ 3 each	239.64	2.25	8.44	404.38	11.98	45.00	11.98	19.47	44.93	1.50	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	1.62
----------------	--------	------	------	--------	-------	-------	-------	-------	-------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M51680 BRD: ROLL DG, WG 2.5oz

21.00 @ 1 each	170.00	0.50	2.65	135.00	3.00	15.88	28.00	7.00	0.00	3.40	-*	0.01	-*	-*	-*	0.01	-*	-*	-*	-*	-*	12.70	-*	0.85
----------------	--------	------	------	--------	------	-------	-------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	-------	----	------

M50821 BURG, Beef AM AP WG 2.25

34.00 @ 1 each	285.00	4.25	13.42	545.00	10.50	33.16	29.50	18.50	37.50	2.00	-*	100.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	135.00	-*	2.88
----------------	--------	------	-------	--------	-------	-------	-------	-------	-------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M53770 SDW BN, CHIXPTY PLN WG/WG2.0 MWWMM

\* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Killian MS

**Service Area:** Killian - 6-8 - OVS

**Menu Name:** Killian MS 2018-2019 Menu - cycle 2 - week 2

**Avg.Method:** Balanced

12.00 @ 1 sandwich	339.76	1.50	3.97	589.66	10.99	29.11	35.99	23.98	44.95	5.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	40.00	-*	2.52
--------------------	--------	------	------	--------	-------	-------	-------	-------	-------	------	----	------	----	----	----	------	----	----	----	----	----	-------	----	------

M51417 BURG, Beef AP WG 2.0

11.00 @ 1 each	240.00	2.00	7.50	345.00	7.00	26.25	29.00	16.00	25.00	2.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	60.00	-*	2.88
----------------	--------	------	------	--------	------	-------	-------	-------	-------	------	----	------	----	----	----	------	----	----	----	----	----	-------	----	------

M52952 SDW BN, CHIXPTY BRD SPCY WG/WG 2.0 MWWW

29.00 @ 1 sandwich	339.86	2.00	5.29	629.77	11.99	31.76	35.99	23.99	44.97	3.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	40.00	-*	2.88
--------------------	--------	------	------	--------	-------	-------	-------	-------	-------	------	----	------	----	----	----	------	----	----	----	----	----	-------	----	------

M53275 MELT BD, AM WG 2.0

11.00 @ 1 sandwich	385.00	11.25	26.30	1320.00	19.50	45.58	32.50	18.50	62.50	2.00	-*	500.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	375.00	-*	2.16
--------------------	--------	-------	-------	---------	-------	-------	-------	-------	-------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M54555 NACHOS BFGD RND SC 2.0 (2BG)

223.00 @ 1 each	450.53	8.75	17.47	674.18	23.64	47.22	37.03	21.03	60.38	3.45	195.67*	194.00	0.91*	0.13*	0.97*	2.48	0.02*	0.09*	2.90*	0.20*	1.27*	212.59	110.82*	2.41
-----------------	--------	------	-------	--------	-------	-------	-------	-------	-------	------	---------	--------	-------	-------	-------	------	-------	-------	-------	-------	-------	--------	---------	------

M50820 VEG: BEANS, Refried Seas 1/2c

41.00 @ 1/2 cup	144.92	0.02	0.13	512.97	1.88	11.68	24.33	7.23	0.00	7.35	462.98	142.77	0.00	0.24*	2.36*	0.04*	0.01*	0.01*	0.08*	0.03*	0.00*	39.43	6.37*	1.56
-----------------	--------	------	------	--------	------	-------	-------	------	------	------	--------	--------	------	-------	-------	-------	-------	-------	-------	-------	-------	-------	-------	------

M52847 VEG: SALAD, Corn Fz Mex 1/2c

46.00 @ 1/2 cup	83.07	0.27	2.90	97.72	1.79	19.40	17.02	2.40	0.00	1.93	191.08*	229.32	0.00*	0.17*	1.34*	15.30	0.07*	0.06*	1.32*	0.16*	0.00*	7.84	55.48*	0.45
-----------------	-------	------	------	-------	------	-------	-------	------	------	------	---------	--------	-------	-------	-------	-------	-------	-------	-------	-------	-------	------	--------	------

M53709 VEG: SALAD, SIDE SPIN ROM STRAW SC 1C

49.00 @ 1 cup	15.79	0.03	1.56	23.17	0.22	12.65	3.13	1.14	0.00	1.39	228.54	4195.84	0.00	0.63	150.99	20.02	0.04	0.07	0.33	0.08	0.00	36.30	23.73	1.00
---------------	-------	------	------	-------	------	-------	------	------	------	------	--------	---------	------	------	--------	-------	------	------	------	------	------	-------	-------	------

M53419 VEG: POTATO, FF CTINAGEN7 1/2C

157.00 @ 1/2 cup	119.99	1.33	10.00	133.32	4.67	35.00	17.33	2.00	0.00	2.00	259.98	0.00	-*	-*	-*	3.20	-*	-*	-*	-*	-*	0.00	-*	0.48
------------------	--------	------	-------	--------	------	-------	-------	------	------	------	--------	------	----	----	----	------	----	----	----	----	----	------	----	------

M51731 VEG: POTATO SWT, FF CRINKLE 1/2C

14.00 @ 1/2 cup	137.66	0.53	3.46	180.02	4.77	31.15	23.30	1.06	0.00	3.18	243.56	3176.86	-*	-*	-*	6.35	-*	-*	-*	-*	-*	21.18	-*	0.38
-----------------	--------	------	------	--------	------	-------	-------	------	------	------	--------	---------	----	----	----	------	----	----	----	----	----	-------	----	------

M52217 FRUIT: APPLE, 138ct Whole 1c

67.00 @ 1 each	62.21	0.03	0.48	1.20	0.20	2.94	16.52	0.31	0.00	2.87	128.00	64.60	0.00	0.22	2.63	5.50	0.02	0.03	0.11	0.05	0.00	7.18	13.16	0.14
----------------	-------	------	------	------	------	------	-------	------	------	------	--------	-------	------	------	------	------	------	------	------	------	------	------	-------	------

M51110 FRUIT: ORANGE Mand w/Jc 1/2c

146.00 @ 1/2 cup	51.73	0.00	0.00	6.26	0.03	0.44	12.19	0.70	0.00	0.94	-*	710.52	-*	-*	-*	37.06	-*	-*	-*	-*	-*	13.15	-*	0.43
------------------	-------	------	------	------	------	------	-------	------	------	------	----	--------	----	----	----	-------	----	----	----	----	----	-------	----	------

M53365 JUICE SS, Grape100% 4oz Cart

132.00 @ 1 each	80.00	0.00	0.00	15.00	0.00	0.00	18.00	1.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
-----------------	-------	------	------	-------	------	------	-------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M51440 DESRT: GELATIN, Cherry SC 1/2c

348.00 @ 1/2 cup	71.59	0.00	0.00	95.29	0.00	0.00	17.39	1.02	0.00	0.00	1.08*	0.00	0.00*	0.00*	0.00*	15.34	0.00*	0.00*	0.00*	0.00*	0.00*	3.24	0.00*	0.00
------------------	-------	------	------	-------	------	------	-------	------	------	------	-------	------	-------	-------	-------	-------	-------	-------	-------	-------	-------	------	-------	------

\* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Killian MS

**Service Area:** Killian - 6-8 - OVS

**Menu Name:** Killian MS 2018-2019 Menu - cycle 2 - week 2

**Avg.Method:** Balanced

M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50

62.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00
------------------	--------	------	-------	--------	------	-------	-------	------	-------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50

174.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00
-------------------	--------	------	------	--------	------	------	-------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M50855 COND PC Ketchup 9g Heinz

300.00 @ 1 each	10.00	0.00	0.00	85.00	0.00	0.00	3.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
-----------------	-------	------	------	-------	------	------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M50055 COND PC Mayonnaise 12g

75.00 @ 1 each	80.00	1.50	16.87	75.00	8.00	90.00	1.00	0.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
----------------	-------	------	-------	-------	------	-------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M50284 COND PC Mustard 6g

20.00 @ 1 each	0.00	0.00	-	65.00	0.00	-	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
----------------	------	------	---	-------	------	---	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M53222 COND PC Margarine 5g

130.00 @ 1 each	30.00	1.00	30.00	30.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	500.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
-----------------	-------	------	-------	-------	------	-------	------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	------	----	------

M50624 COND PC Drsg Ranch 12g

85.00 @ 1 each	50.00	0.00	0.00	100.00	5.00	90.00	1.00	0.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
----------------	-------	------	------	--------	------	-------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M50623 COND PC Drsg Italian 12g

40.00 @ 1 each	30.00	0.00	0.00	130.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	100.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
----------------	-------	------	------	--------	------	-------	------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	------	----	------

M53116 COND PC Drsg Honey Mustard 12g

10.00 @ 1 each	15.00	0.00	0.00	65.00	0.00	0.00	4.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
----------------	-------	------	------	-------	------	------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M50056 COND PC Sauce, Taco 9g

75.00 @ 1 each	5.00	0.00	0.00	55.00	0.00	0.00	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
----------------	------	------	------	-------	------	------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M50287 COND PC Sauce, BBQ 12g

50.00 @ 1 each	15.00	0.00	0.00	160.00	0.00	0.00	4.00	0.00	0.00	0.00	-*	100.00	-*	-*	-*	0.60	-*	-*	-*	-*	-*	0.00	-*	0.00
----------------	-------	------	------	--------	------	------	------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	------	----	------

M50063 COND\_Sauce, Buffalo Wing AP

15.00 @ 1 tablespoon	4.38	0.02	4.79	363.06	0.22	45.51	0.48	0.11	0.17	0.12	21.32	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	2.22	-*	0.07
-------------------------	------	------	------	--------	------	-------	------	------	------	------	-------	------	----	----	----	------	----	----	----	----	----	------	----	------

M51445 VEG GARN: Rom Leaf/Tom Sl

14.00 @ 1 serving	4.96	0.01	1.72	1.84	0.07	12.86	1.02	0.30	0.00	0.47	68.61	1352.71	0.00	0.09	15.65	2.51	0.02	0.01	0.13	0.02	0.00	6.10	7.65	0.18
-------------------	------	------	------	------	------	-------	------	------	------	------	-------	---------	------	------	-------	------	------	------	------	------	------	------	------	------

M50412 COND\_Pickle, Dill Slice 3ea

40.00 @ 3 slice	2.43	0.01	4.72	243.11	0.07	25.17	0.36	0.10	0.00	0.21	-*	0.00	-*	-*	-*	0.32	-*	-*	-*	-*	-*	12.97	-*	0.08
-----------------	------	------	------	--------	------	-------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	-------	----	------

\* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Killian MS

**Service Area:** Killian - 6-8 - OVS

**Menu Name:** Killian MS 2018-2019 Menu - cycle 2 - week 2

**Avg.Method:** Balanced

<b>Average</b>	707.22	8.58	10.92	1173.45	25.69	32.69	88.47	29.15	57.12	6.08	327.21*	1593.37	.48*	.22*	19.37*	34.27*	.03*	.07*	1.74*	.15*	.67*	404.4	70.37*	3.04
----------------	--------	------	-------	---------	-------	-------	-------	-------	-------	------	---------	---------	------	------	--------	--------	------	------	-------	------	------	-------	--------	------

\* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Killian MS

**Service Area:** Killian - 6-8 - OVS

**Menu Name:** Killian MS 2018-2019 Menu - cycle 2 - week 2

**Avg.Method:** Balanced

**Age Group:** Brkfst Grades K-8      **Period:** Breakfast      **Week:** 2      **Day:** Wednesday      **Count Type:** Forecasted      **Total No. of Customers:** 53

Weekly Std.	SFA		Na (mg)	Fat		CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)
	CAL	% of CAL		% of CAL	% of CAL																		
400.00-500.00		10.00	540.00																		0.00		

M52920 BRD: PANCAKES, AP WG 2EA (2BG)

32.00 @ 2 each	153.33	0.67	3.91	220.00	4.00	23.48	27.33	3.33	6.67	2.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	1.20
----------------	--------	------	------	--------	------	-------	-------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M51320 CEREAL BWL, Rice Krispies WG

1.00 @ 1 bowl	100.00	0.00	0.00	170.00	0.50	4.50	23.00	2.00	0.00	1.00	-*	1000.03	-*	-*	-*	12.00	-*	-*	-*	-*	-*	0.00	-*	8.10
---------------	--------	------	------	--------	------	------	-------	------	------	------	----	---------	----	----	----	-------	----	----	----	----	----	------	----	------

M50440 CEREAL BWL, CinnTstCrnch WG

1.00 @ 1 bowl	110.00	0.50	4.09	160.00	3.00	24.55	22.00	1.00	0.00	2.00	50.05	400.00	-*	-*	-*	4.80	-*	-*	-*	-*	-*	80.00	-*	3.60
---------------	--------	------	------	--------	------	-------	-------	------	------	------	-------	--------	----	----	----	------	----	----	----	----	----	-------	----	------

M50442 CEREAL BWL, Cocoa Puffs RS WG

1.00 @ 1 bowl	110.05	0.00	0.00	160.08	1.50	12.27	25.01	2.00	0.00	2.00	-*	500.25	-*	-*	-*	6.00	-*	-*	-*	-*	-*	100.05	-*	4.50
---------------	--------	------	------	--------	------	-------	-------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M50524 CEREAL BWL, Lucky Charms WG

1.00 @ 1 bowl	110.00	0.00	0.00	180.00	1.00	8.18	23.00	2.00	0.00	2.00	-*	500.01	-*	-*	-*	6.00	-*	-*	-*	-*	-*	100.00	-*	4.50
---------------	--------	------	------	--------	------	------	-------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M50525 CEREAL BWL, Trix RS WG

2.00 @ 1 bowl	110.00	0.00	0.00	140.00	1.00	8.18	24.00	1.00	0.00	1.00	-*	400.01	-*	-*	-*	4.80	-*	-*	-*	-*	-*	80.00	-*	4.50
---------------	--------	------	------	--------	------	------	-------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	-------	----	------

M52725 BRD: BAR, Cereal CocoPuf WG IW

1.00 @ 1 each	150.00	0.00	0.00	100.00	3.00	18.00	30.00	3.00	0.00	3.00	-*	100.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	200.00	-*	1.80
---------------	--------	------	------	--------	------	-------	-------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M52724 BRD: BAR, Cereal CinnTst WG IW

1.00 @ 1 each	150.00	0.00	0.00	115.00	3.50	21.00	30.00	2.00	0.00	3.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	200.00	-*	1.80
---------------	--------	------	------	--------	------	-------	-------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	--------	----	------

M51267 BRD: MUF AP, BLUEBRY 2OZ IW WG (1BG)

9.00 @ 1 muffin	190.00	2.00	9.47	130.00	6.00	28.42	31.00	3.00	40.00	2.00	-*	100.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	20.00	-*	0.72
-----------------	--------	------	------	--------	------	-------	-------	------	-------	------	----	--------	----	----	----	------	----	----	----	----	----	-------	----	------

M51268 BRD: MUF AP, CHOC CHOC CHIP 2OZ IW WG (1BG)

11.00 @ 1 muffin	200.00	2.00	9.00	135.00	6.00	27.00	32.00	4.00	40.00	3.00	180.00	100.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	40.00	-*	1.44
------------------	--------	------	------	--------	------	-------	-------	------	-------	------	--------	--------	----	----	----	------	----	----	----	----	----	-------	----	------

M51848 BRD: POPTARTS, Straw 1.76oz WG

1.00 @ 1 package	180.00	1.00	5.00	180.00	2.50	12.50	38.00	2.00	0.00	3.00	-*	500.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	100.00	-*	1.80
------------------	--------	------	------	--------	------	-------	-------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M51849 BRD: POPTARTS, Cinn 1.76oz WG

1.00 @ 1 package	180.00	1.00	5.00	190.00	2.50	12.50	37.00	2.00	0.00	3.00	-*	500.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	100.00	-*	1.80
------------------	--------	------	------	--------	------	-------	-------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

\* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Killian MS

**Service Area:** Killian - 6-8 - OVS

**Menu Name:** Killian MS 2018-2019 Menu - cycle 2 - week 2

**Avg.Method:** Balanced

M51684 BRD: POPTARTS, Fudge 1.76oz WG

1.00 @ 1 package	180.00	1.00	5.00	190.00	3.00	15.00	38.00	3.00	0.00	3.00	-*	500.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	100.00	-*	1.80
------------------	--------	------	------	--------	------	-------	-------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M51994 CHEESE, COLBY JK Stick 1ea 1.0

6.00 @ 1 stick	90.00	4.00	40.00	200.01	6.00	60.00	0.00	7.00	20.00	0.00	0.00	200.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	200.01	-*	0.00
----------------	-------	------	-------	--------	------	-------	------	------	-------	------	------	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M51237 BRD: BREAD WG, Tst Marg 1sl

4.00 @ 1 slice	110.00	1.33	10.91	160.00	4.33	35.45	15.00	3.00	0.00	1.00	1.33*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	1.08
----------------	--------	------	-------	--------	------	-------	-------	------	------	------	-------	------	----	----	----	------	----	----	----	----	----	------	----	------

M66348 YOGURT, PARFAIT PEACH 1.0

12.00 @ 1 serving	145.03	0.59	3.64	71.06	1.52	9.45	28.41	3.85	5.00	0.26	249.09	641.25	80.06*	-*	-*	0.56	-*	-*	-*	-*	-*	100.07	-*	0.09
-------------------	--------	------	------	-------	------	------	-------	------	------	------	--------	--------	--------	----	----	------	----	----	----	----	----	--------	----	------

M52217 FRUIT: APPLE, 138ct Whole 1c

13.00 @ 1 each	62.21	0.03	0.48	1.20	0.20	2.94	16.52	0.31	0.00	2.87	128.00	64.60	0.00	0.22	2.63	5.50	0.02	0.03	0.11	0.05	0.00	7.18	13.16	0.14
----------------	-------	------	------	------	------	------	-------	------	------	------	--------	-------	------	------	------	------	------	------	------	------	------	------	-------	------

M51110 FRUIT: ORANGE Mand w/Jc 1/2c

24.00 @ 1/2 cup	51.73	0.00	0.00	6.26	0.03	0.44	12.19	0.70	0.00	0.94	-*	710.52	-*	-*	-*	37.06	-*	-*	-*	-*	-*	13.15	-*	0.43
-----------------	-------	------	------	------	------	------	-------	------	------	------	----	--------	----	----	----	-------	----	----	----	----	----	-------	----	------

M50980 JUICE SS, Frt Bld 100% 4oz Crt

30.00 @ 1 each	60.00	0.00	0.00	10.00	0.00	0.00	14.00	0.00	0.00	0.00	100.00	0.00	-*	-*	-*	3.60	-*	-*	-*	-*	-*	0.00	-*	0.00
----------------	-------	------	------	-------	------	------	-------	------	------	------	--------	------	----	----	----	------	----	----	----	----	----	------	----	------

M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50

15.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00
------------------	--------	------	-------	--------	------	-------	-------	------	-------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50

20.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00
------------------	--------	------	------	--------	------	------	-------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M53222 COND PC Margarine 5g

20.00 @ 1 each	30.00	1.00	30.00	30.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	500.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
----------------	-------	------	-------	-------	------	-------	------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	------	----	------

M50854 COND PC Jelly, #4 Smuckers

35.00 @ 1 each	35.00	0.00	0.00	5.00	0.00	0.00	9.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
----------------	-------	------	------	------	------	------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M50056 COND PC Sauce, Taco 9g

10.00 @ 1 each	5.00	0.00	0.00	55.00	0.00	0.00	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
----------------	------	------	------	-------	------	------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M50058 COND PC Syrup 1.4oz Smuckers

60.00 @ 1 each	110.00	0.00	0.00	25.00	0.00	0.00	29.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
----------------	--------	------	------	-------	------	------	-------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

<b>Average</b>	554.76	2.72	4.41	433.09	8.36	13.56	109.59	11.32	27.23	3.89	182.8*	1152.6	18.13*	.05*	.65*	22.18	0*	.01*	.03*	.01*	0*	284.34	3.23*	2.21
----------------	--------	------	------	--------	------	-------	--------	-------	-------	------	--------	--------	--------	------	------	-------	----	------	------	------	----	--------	-------	------

\* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Killian MS

**Service Area:** Killian - 6-8 - OVS

**Menu Name:** Killian MS 2018-2019 Menu - cycle 2 - week 2

**Avg.Method:** Balanced

**Age Group:** Lunch Grades 6-8      **Period:** Lunch      **Week:** 2      **Day:** Wednesday      **Count Type:** Forecasted      **Total No. of Customers:** 440

Weekly Std.	SFA		Na (mg)	Fat		CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)
	CAL	% of CAL		% of CAL	% of CAL																		
600.00-700.00		10.00	1360.00																		0.00		

M51355 ENT: BOWL, POTATO CHIXPOP CH WG 2.0 (1C VEG)

155.00 @ 1 bowl	419.52	6.32	13.57	533.49	19.78	42.44	42.95	18.58	31.38	4.76	291.93*	304.89	0.00*	0.03*	0.43*	16.74	0.01*	0.03*	0.54*	0.04*	0.00*	140.46	32.63*	2.24
-----------------	--------	------	-------	--------	-------	-------	-------	-------	-------	------	---------	--------	-------	-------	-------	-------	-------	-------	-------	-------	-------	--------	--------	------

M50443 COND\_Gravy, Country SS

155.00 @ 1/4 cup	34.17	0.00	0.00	196.86	0.49	12.86	5.86	0.00	0.00	0.00	0.53*	0.00	0.00*	0.00*	0.00*	0.00	0.00*	0.00*	0.00*	0.00*	0.00*	21.13	0.00*	0.00
------------------	-------	------	------	--------	------	-------	------	------	------	------	-------	------	-------	-------	-------	------	-------	-------	-------	-------	-------	-------	-------	------

M51680 BRD: ROLL DG, WG 2.5oz

155.00 @ 1 each	170.00	0.50	2.65	135.00	3.00	15.88	28.00	7.00	0.00	3.40	-*	0.01	-*	-*	-*	0.01	-*	-*	-*	-*	-*	12.70	-*	0.85
-----------------	--------	------	------	--------	------	-------	-------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	-------	----	------

M54070 SALAD, ChixDcd Taco SS SC 2.0

2.00 @ 1 each	178.70	2.48	12.47	181.47	5.84	29.40	16.55	15.68	39.37	3.56	237.15*	3747.97	0.00*	0.27*	40.73*	8.33	0.07*	0.06*	0.95*	0.12*	0.00*	90.78	46.42*	1.71
---------------	--------	------	-------	--------	------	-------	-------	-------	-------	------	---------	---------	-------	-------	--------	------	-------	-------	-------	-------	-------	-------	--------	------

M54540 BRD: TORTILLA, CHIP RND WG 2BG

2.00 @ 1 serving	224.59	1.60	6.43	184.48	9.63	38.57	32.08	3.21	0.00	3.21	0.00	0.00	0.00	-*	-*	0.00	-*	-*	-*	-*	-*	48.13	-*	0.80
------------------	--------	------	------	--------	------	-------	-------	------	------	------	------	------	------	----	----	------	----	----	----	----	----	-------	----	------

M53318 SUB AP, CHam AM WG 2.0

2.00 @ 1 each	279.93	5.27	16.94	878.69	11.39	36.63	32.04	15.60	45.00	3.94	137.21*	2905.42	0.00*	0.19*	31.30*	5.02	0.03*	0.02*	0.26*	0.04*	0.00*	202.19	15.31*	1.97
---------------	--------	------	-------	--------	-------	-------	-------	-------	-------	------	---------	---------	-------	-------	--------	------	-------	-------	-------	-------	-------	--------	--------	------

M50962 SDW BD, SBJ WG 2.0

2.00 @ 1 sandwich	658.38	3.99	5.45	579.16	35.89	49.06	69.87	19.95	0.00	5.99	378.78*	0.00	0.00*	-*	-*	0.00	-*	-*	-*	-*	-*	59.81	-*	5.35
-------------------	--------	------	------	--------	-------	-------	-------	-------	------	------	---------	------	-------	----	----	------	----	----	----	----	----	-------	----	------

M53347 SDW BD, SB WG 2.0

1.00 @ 1 sandwich	558.71	3.99	6.42	579.16	35.89	57.81	43.95	19.95	0.00	5.99	378.78*	0.00	0.00*	-*	-*	0.00	-*	-*	-*	-*	-*	59.81	-*	5.35
-------------------	--------	------	------	--------	-------	-------	-------	-------	------	------	---------	------	-------	----	----	------	----	----	----	----	----	-------	----	------

M51578 PIZZA 16" CHZ WG 2.0

30.00 @ 1/8 cut	351.26	7.50	19.22	810.04	15.50	39.72	30.88	19.38	30.00	3.25	-*	403.18	-*	-*	-*	0.90	-*	-*	-*	-*	-*	419.72	-*	1.13
-----------------	--------	------	-------	--------	-------	-------	-------	-------	-------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M53000 PIZZA 16" Pepperoni WG 2.0

78.00 @ 1/8 cut	388.76	9.00	20.84	937.54	19.00	43.99	31.13	20.88	37.50	3.25	-*	403.18	-*	-*	-*	0.90	-*	-*	-*	-*	-*	419.72	-*	1.22
-----------------	--------	------	-------	--------	-------	-------	-------	-------	-------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M51753 CHIX Popcorn, AP Spicy WG 2.0

29.00 @ 1 serving	247.14	2.69	9.78	365.34	13.97	50.87	16.12	13.97	21.49	2.15	-*	107.45	-*	-*	-*	0.00	-*	-*	-*	-*	-*	42.98	-*	1.93
-------------------	--------	------	------	--------	-------	-------	-------	-------	-------	------	----	--------	----	----	----	------	----	----	----	----	----	-------	----	------

M51680 BRD: ROLL DG, WG 2.5oz

29.00 @ 1 each	170.00	0.50	2.65	135.00	3.00	15.88	28.00	7.00	0.00	3.40	-*	0.01	-*	-*	-*	0.01	-*	-*	-*	-*	-*	12.70	-*	0.85
----------------	--------	------	------	--------	------	-------	-------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	-------	----	------

\* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Killian MS

**Service Area:** Killian - 6-8 - OVS

**Menu Name:** Killian MS 2018-2019 Menu - cycle 2 - week 2

**Avg.Method:** Balanced

M51417 BURG, Beef AP WG 2.0

10.00 @ 1 each	240.00	2.00	7.50	345.00	7.00	26.25	29.00	16.00	25.00	2.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	60.00	-*	2.88
----------------	--------	------	------	--------	------	-------	-------	-------	-------	------	----	------	----	----	----	------	----	----	----	----	----	-------	----	------

M50821 BURG, Beef AM AP WG 2.25

28.00 @ 1 each	285.00	4.25	13.42	545.00	10.50	33.16	29.50	18.50	37.50	2.00	-*	100.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	135.00	-*	2.88
----------------	--------	------	-------	--------	-------	-------	-------	-------	-------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M53770 SDW BN, CHIXPTY PLN WG/WG2.0 MWWW

12.00 @ 1 sandwich	339.76	1.50	3.97	589.66	10.99	29.11	35.99	23.98	44.95	5.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	40.00	-*	2.52
--------------------	--------	------	------	--------	-------	-------	-------	-------	-------	------	----	------	----	----	----	------	----	----	----	----	----	-------	----	------

M52952 SDW BN, CHIXPTY BRD SPCY WG/WG 2.0 MWWW

17.00 @ 1 sandwich	339.86	2.00	5.29	629.77	11.99	31.76	35.99	23.99	44.97	3.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	40.00	-*	2.88
--------------------	--------	------	------	--------	-------	-------	-------	-------	-------	------	----	------	----	----	----	------	----	----	----	----	----	-------	----	------

M55774 STICKS, MAX SNAX PIZZA W/MARINARA AP WG 2.0

22.00 @ 2 each	319.87	3.00	8.44	609.89	10.00	28.13	39.98	20.00	10.00	4.00	0.00*	498.95*	-*	-*	-*	8.98*	-*	-*	-*	-*	-*	459.92	-*	2.68
----------------	--------	------	------	--------	-------	-------	-------	-------	-------	------	-------	---------	----	----	----	-------	----	----	----	----	----	--------	----	------

M54308 STICKS, CRISPITO CHIXCHILI AP WG 2.0 (2EA)

59.00 @ 2 each	540.00	6.00	10.00	740.00	28.00	46.67	46.00	24.00	50.00	6.00	-*	1500.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	80.00	-*	3.60
----------------	--------	------	-------	--------	-------	-------	-------	-------	-------	------	----	---------	----	----	----	------	----	----	----	----	----	-------	----	------

M51189 COND\_Sauce, Chz SS W (LOL) .5

59.00 @ 2 fl oz	99.97	4.50	40.50	399.86	7.00	63.00	3.00	5.00	19.99	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	149.95	-*	0.00
-----------------	-------	------	-------	--------	------	-------	------	------	-------	------	----	------	----	----	----	------	----	----	----	----	----	--------	----	------

M51463 VEG: BEANS, Green w/Carr 1/2c

27.00 @ 1/2 cup	26.09	0.07	2.35	26.17	0.36	12.34	5.66	0.78	0.00	2.50	140.21	7556.07	0.00	0.46	19.42	2.46	0.03	0.05	0.32	0.06	0.00	30.16	23.81	0.47
-----------------	-------	------	------	-------	------	-------	------	------	------	------	--------	---------	------	------	-------	------	------	------	------	------	------	-------	-------	------

M50823 VEG: TOMATOES, GRAPE 1/2C

23.00 @ 1/2 cup	15.52	0.02	1.40	4.31	0.17	10.00	3.35	0.76	0.00	1.03	204.35	718.25	0.00	0.47	6.81	11.81	0.03	0.02	0.51	0.07	0.00	8.62	20.69	0.23
-----------------	-------	------	------	------	------	-------	------	------	------	------	--------	--------	------	------	------	-------	------	------	------	------	------	------	-------	------

M53709 VEG: SALAD, SIDE SPIN ROM STRAW SC 1C

29.00 @ 1 cup	15.79	0.03	1.56	23.17	0.22	12.65	3.13	1.14	0.00	1.39	228.54	4195.84	0.00	0.63	150.99	20.02	0.04	0.07	0.33	0.08	0.00	36.30	23.73	1.00
---------------	-------	------	------	-------	------	-------	------	------	------	------	--------	---------	------	------	--------	-------	------	------	------	------	------	-------	-------	------

M53419 VEG: POTATO, FF CTINAGEN7 1/2C

143.00 @ 1/2 cup	119.99	1.33	10.00	133.32	4.67	35.00	17.33	2.00	0.00	2.00	259.98	0.00	-*	-*	-*	3.20	-*	-*	-*	-*	-*	0.00	-*	0.48
------------------	--------	------	-------	--------	------	-------	-------	------	------	------	--------	------	----	----	----	------	----	----	----	----	----	------	----	------

M51731 VEG: POTATO SWT, FF CRINKLE 1/2C

15.00 @ 1/2 cup	137.66	0.53	3.46	180.02	4.77	31.15	23.30	1.06	0.00	3.18	243.56	3176.86	-*	-*	-*	6.35	-*	-*	-*	-*	-*	21.18	-*	0.38
-----------------	--------	------	------	--------	------	-------	-------	------	------	------	--------	---------	----	----	----	------	----	----	----	----	----	-------	----	------

M67351 FRUIT: PINEAPPLE, FRESH 1/2C

148.00 @ 1/2 cup	38.39	0.01	0.16	0.77	0.09	2.16	10.07	0.41	0.00	1.07	83.68	44.53	0.00	0.02	0.54	36.70	0.06	0.02	0.38	0.09	0.00	9.98	6.14	0.22
------------------	-------	------	------	------	------	------	-------	------	------	------	-------	-------	------	------	------	-------	------	------	------	------	------	------	------	------

M52268 FRUIT: PEACHES Dice w/Jc 1/2c

\* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.





# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Killian MS

**Service Area:** Killian - 6-8 - OVS

**Menu Name:** Killian MS 2018-2019 Menu - cycle 2 - week 2

**Avg.Method:** Balanced

79.00 @ 1/2 cup	50.83	0.00	0.00	10.17	0.00	0.00	12.20	0.00	0.00	0.00	182.98	304.97	-*	-*	-*	1.22	-*	-*	-*	-*	-*	0.00	-*	0.00
M50982 JUICE SS, ORANGE 100% 4 FLOZ																								
205.00 @ 1 each	51.44	0.00	0.00	15.43	0.00	0.00	12.35	1.03	0.00	0.00	-*	0.00	-*	-*	-*	43.21	-*	-*	-*	-*	-*	0.00	-*	0.00
M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50																								
48.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00
M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50																								
193.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00
M50855 COND PC Ketchup 9g Heinz																								
250.00 @ 1 each	10.00	0.00	0.00	85.00	0.00	0.00	3.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50055 COND PC Mayonnaise 12g																								
60.00 @ 1 each	80.00	1.50	16.87	75.00	8.00	90.00	1.00	0.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50284 COND PC Mustard 6g																								
20.00 @ 1 each	0.00	0.00	-	65.00	0.00	-	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M53222 COND PC Margarine 5g																								
130.00 @ 1 each	30.00	1.00	30.00	30.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	500.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50624 COND PC Drsg Ranch 12g																								
90.00 @ 1 each	50.00	0.00	0.00	100.00	5.00	90.00	1.00	0.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50623 COND PC Drsg Italian 12g																								
30.00 @ 1 each	30.00	0.00	0.00	130.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	100.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M53116 COND PC Drsg Honey Mustard 12g																								
15.00 @ 1 each	15.00	0.00	0.00	65.00	0.00	0.00	4.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50056 COND PC Sauce, Taco 9g																								
60.00 @ 1 each	5.00	0.00	0.00	55.00	0.00	0.00	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50287 COND PC Sauce, BBQ 12g																								
70.00 @ 1 each	15.00	0.00	0.00	160.00	0.00	0.00	4.00	0.00	0.00	0.00	-*	100.00	-*	-*	-*	0.60	-*	-*	-*	-*	-*	0.00	-*	0.00
M50063 COND_Sauce, Buffalo Wing AP																								
10.00 @ 1 tablespoon	4.38	0.02	4.79	363.06	0.22	45.51	0.48	0.11	0.17	0.12	21.32	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	2.22	-*	0.07
M51445 VEG GARN: Rom Leaf/Tom SI																								

\* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Killian MS

**Service Area:** Killian - 6-8 - OVS

**Menu Name:** Killian MS 2018-2019 Menu - cycle 2 - week 2

**Avg.Method:** Balanced

15.00 @ 1 serving	4.96	0.01	1.72	1.84	0.07	12.86	1.02	0.30	0.00	0.47	68.61	1352.71	0.00	0.09	15.65	2.51	0.02	0.01	0.13	0.02	0.00	6.10	7.65	0.18	
M50412 COND_Pickle, Dill Slice 3ea																									
40.00 @ 3 slice	2.43	0.01	4.72	243.11	0.07	25.17	0.36	0.10	0.00	0.21	-*	0.00	-*	-*	-*	0.32	-*	-*	-*	-*	-*	12.97	-*	0.08	
<b>Average</b>	694.82	7.91	10.24	1155.61	26.14	33.86	83.6	29.59	42.34	7.01	298.28*	1922.37*	0*	.12*	12.69*	43.67*	.03*	.03*	.4*	.06*	0*	411	18.21*	3.03	

\* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Killian MS

**Service Area:** Killian - 6-8 - OVS

**Menu Name:** Killian MS 2018-2019 Menu - cycle 2 - week 2

**Avg.Method:** Balanced

**Age Group:** Brkfst Grades K-8      **Period:** Breakfast      **Week:** 2      **Day:** Thursday      **Count Type:** Forecasted      **Total No. of Customers:** 35

Weekly Std.	SFA		Na (mg)	Fat		CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)
	CAL	(g)		% of CAL	(g)																		
400.00-500.00		10.00	540.00																		0.00		

M50434 SDW BISC, EggPtyBaconWG 1(2BG)

30.00 @ 1 sandwich	296.16	9.18	27.90	591.16	16.99	51.62	28.16	8.94	101.02	2.00	-*	100.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	170.00	-*	1.50
--------------------	--------	------	-------	--------	-------	-------	-------	------	--------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M51320 CEREAL BWL, Rice Krispies WG

1.00 @ 1 bowl	100.00	0.00	0.00	170.00	0.50	4.50	23.00	2.00	0.00	1.00	-*	1000.03	-*	-*	-*	12.00	-*	-*	-*	-*	-*	0.00	-*	8.10
---------------	--------	------	------	--------	------	------	-------	------	------	------	----	---------	----	----	----	-------	----	----	----	----	----	------	----	------

M50440 CEREAL BWL, CinnTstCrnch WG

2.00 @ 1 bowl	110.00	0.50	4.09	160.00	3.00	24.55	22.00	1.00	0.00	2.00	50.05	400.00	-*	-*	-*	4.80	-*	-*	-*	-*	-*	80.00	-*	3.60
---------------	--------	------	------	--------	------	-------	-------	------	------	------	-------	--------	----	----	----	------	----	----	----	----	----	-------	----	------

M50442 CEREAL BWL, Cocoa Puffs RS WG

1.00 @ 1 bowl	110.05	0.00	0.00	160.08	1.50	12.27	25.01	2.00	0.00	2.00	-*	500.25	-*	-*	-*	6.00	-*	-*	-*	-*	-*	100.05	-*	4.50
---------------	--------	------	------	--------	------	-------	-------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M50524 CEREAL BWL, Lucky Charms WG

2.00 @ 1 bowl	110.00	0.00	0.00	180.00	1.00	8.18	23.00	2.00	0.00	2.00	-*	500.01	-*	-*	-*	6.00	-*	-*	-*	-*	-*	100.00	-*	4.50
---------------	--------	------	------	--------	------	------	-------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M50525 CEREAL BWL, Trix RS WG

1.00 @ 1 bowl	110.00	0.00	0.00	140.00	1.00	8.18	24.00	1.00	0.00	1.00	-*	400.01	-*	-*	-*	4.80	-*	-*	-*	-*	-*	80.00	-*	4.50
---------------	--------	------	------	--------	------	------	-------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	-------	----	------

M52725 BRD: BAR, Cereal CocoPuf WG IW

1.00 @ 1 each	150.00	0.00	0.00	100.00	3.00	18.00	30.00	3.00	0.00	3.00	-*	100.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	200.00	-*	1.80
---------------	--------	------	------	--------	------	-------	-------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M52724 BRD: BAR, Cereal CinnTst WG IW

1.00 @ 1 each	150.00	0.00	0.00	115.00	3.50	21.00	30.00	2.00	0.00	3.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	200.00	-*	1.80
---------------	--------	------	------	--------	------	-------	-------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	--------	----	------

M51267 BRD: MUF AP, BLUEBRY 2OZ IW WG (1BG)

2.00 @ 1 muffin	190.00	2.00	9.47	130.00	6.00	28.42	31.00	3.00	40.00	2.00	-*	100.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	20.00	-*	0.72
-----------------	--------	------	------	--------	------	-------	-------	------	-------	------	----	--------	----	----	----	------	----	----	----	----	----	-------	----	------

M51268 BRD: MUF AP, CHOC CHOC CHIP 2OZ IW WG (1BG)

3.00 @ 1 muffin	200.00	2.00	9.00	135.00	6.00	27.00	32.00	4.00	40.00	3.00	180.00	100.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	40.00	-*	1.44
-----------------	--------	------	------	--------	------	-------	-------	------	-------	------	--------	--------	----	----	----	------	----	----	----	----	----	-------	----	------

M51848 BRD: POPTARTS, Straw 1.76oz WG

1.00 @ 1 package	180.00	1.00	5.00	180.00	2.50	12.50	38.00	2.00	0.00	3.00	-*	500.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	100.00	-*	1.80
------------------	--------	------	------	--------	------	-------	-------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M51849 BRD: POPTARTS, Cinn 1.76oz WG

\* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Killian MS

**Service Area:** Killian - 6-8 - OVS

**Menu Name:** Killian MS 2018-2019 Menu - cycle 2 - week 2

**Avg.Method:** Balanced

1.00 @ 1 package	180.00	1.00	5.00	190.00	2.50	12.50	37.00	2.00	0.00	3.00	-*	500.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	100.00	-*	1.80
M51684 BRD: POPTARTS, Fudge 1.76oz WG																								
1.00 @ 1 package	180.00	1.00	5.00	190.00	3.00	15.00	38.00	3.00	0.00	3.00	-*	500.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	100.00	-*	1.80
M51994 CHEESE, COLBY JK Stick 1ea 1.0																								
5.00 @ 1 stick	90.00	4.00	40.00	200.01	6.00	60.00	0.00	7.00	20.00	0.00	0.00	200.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	200.01	-*	0.00
M51237 BRD: BREAD WG, Tst Marg 1sl																								
4.00 @ 1 slice	110.00	1.33	10.91	160.00	4.33	35.45	15.00	3.00	0.00	1.00	1.33*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	1.08
M53362 FRUIT: HONEYDEW, Melon 1/2c																								
15.00 @ 1/2 cup	30.93	0.03	0.95	15.47	0.12	3.50	7.81	0.46	0.00	0.69	195.92	42.96	0.00	0.02	2.49	15.47	0.03	0.01	0.36	0.08	0.00	5.16	9.45	0.15
M52271 FRUIT: PEARS, Dice w/Jc 1/2c																								
13.00 @ 1/2 cup	60.66	0.00	0.00	10.11	0.00	0.00	14.15	0.00	0.00	2.02	80.89	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M53365 JUICE SS, Grape100% 4oz Cart																								
28.00 @ 1 each	80.00	0.00	0.00	15.00	0.00	0.00	18.00	1.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50																								
14.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00
M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50																								
14.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00
M53222 COND PC Margarine 5g																								
15.00 @ 1 each	30.00	1.00	30.00	30.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	500.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50854 COND PC Jelly, #4 Smuckers																								
10.00 @ 1 each	35.00	0.00	0.00	5.00	0.00	0.00	9.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50056 COND PC Sauce, Taco 9g																								
20.00 @ 1 each	5.00	0.00	0.00	55.00	0.00	0.00	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50058 COND PC Syrup 1.4oz Smuckers																								
15.00 @ 1 each	110.00	0.00	0.00	25.00	0.00	0.00	29.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
<b>Average</b>	<b>617.65</b>	<b>10.04</b>	<b>14.62</b>	<b>830.38</b>	<b>19.84</b>	<b>28.91</b>	<b>91.71</b>	<b>17.57</b>	<b>101.16</b>	<b>4.02</b>	<b>132.45*</b>	<b>912.72</b>	<b>0*</b>	<b>.01*</b>	<b>1.07*</b>	<b>9.37</b>	<b>.01*</b>	<b>0*</b>	<b>.15*</b>	<b>.03*</b>	<b>0*</b>	<b>456.5</b>	<b>4.05*</b>	<b>2.84</b>

\* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Killian MS

**Service Area:** Killian - 6-8 - OVS

**Menu Name:** Killian MS 2018-2019 Menu - cycle 2 - week 2

**Avg.Method:** Balanced

**Age Group:** Lunch Grades 6-8      **Period:** Lunch      **Week:** 2      **Day:** Thursday      **Count Type:** Forecasted      **Total No. of Customers:** 438

Weekly Std.	SFA		Na (mg)	Fat		CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)
	CAL	% of CAL		% of CAL	% of CAL																		
600.00-700.00		10.00	1360.00																		419.72		

M66401 ENT: PASTA, CHZ PENNEIN/OUT SC WG 2.0

23.00 @ 1/24 cut	367.92	4.47	10.94	421.24	9.61	23.52	51.77	21.64	37.48	7.08	369.96*	734.23	0.00*	0.03*	1.46*	18.84	0.00*	0.00*	0.02*	0.01*	0.00*	331.39	3.36*	3.78
------------------	--------	------	-------	--------	------	-------	-------	-------	-------	------	---------	--------	-------	-------	-------	-------	-------	-------	-------	-------	-------	--------	-------	------

M67344 SALAD, CHAM PEPP PIZZA SC 2.25

2.00 @ 1 each	208.23	5.83	25.21	668.35	13.21	57.11	6.10	16.44	63.75	1.26	146.57*	5085.27	0.00*	0.12*	43.60*	7.46	0.04*	0.04*	0.25*	0.06*	0.00*	173.60	17.48*	1.02
---------------	--------	------	-------	--------	-------	-------	------	-------	-------	------	---------	---------	-------	-------	--------	------	-------	-------	-------	-------	-------	--------	--------	------

M51680 BRD: ROLL DG, WG 2.5oz

2.00 @ 1 each	170.00	0.50	2.65	135.00	3.00	15.88	28.00	7.00	0.00	3.40	-*	0.01	-*	-*	-*	0.01	-*	-*	-*	-*	-*	12.70	-*	0.85
---------------	--------	------	------	--------	------	-------	-------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	-------	----	------

M66754 WRAP 10", CHIXDCD HNYMUST W WG 2.0

2.00 @ 1 each	381.86	3.75	8.84	481.52	16.36	38.57	36.63	19.41	52.99	3.94	137.21*	2705.42	0.00*	0.19*	31.30*	5.02	0.03*	0.02*	0.26*	0.04*	0.00*	112.19	15.31*	2.34
---------------	--------	------	------	--------	-------	-------	-------	-------	-------	------	---------	---------	-------	-------	--------	------	-------	-------	-------	-------	-------	--------	--------	------

M50962 SDW BD, SBJ WG 2.0

1.00 @ 1 sandwich	658.38	3.99	5.45	579.16	35.89	49.06	69.87	19.95	0.00	5.99	378.78*	0.00	0.00*	-*	-*	0.00	-*	-*	-*	-*	-*	59.81	-*	5.35
-------------------	--------	------	------	--------	-------	-------	-------	-------	------	------	---------	------	-------	----	----	------	----	----	----	----	----	-------	----	------

M53347 SDW BD, SB WG 2.0

1.00 @ 1 sandwich	558.71	3.99	6.42	579.16	35.89	57.81	43.95	19.95	0.00	5.99	378.78*	0.00	0.00*	-*	-*	0.00	-*	-*	-*	-*	-*	59.81	-*	5.35
-------------------	--------	------	------	--------	-------	-------	-------	-------	------	------	---------	------	-------	----	----	------	----	----	----	----	----	-------	----	------

M51578 PIZZA 16" CHZ WG 2.0

55.00 @ 1/8 cut	351.26	7.50	19.22	810.04	15.50	39.72	30.88	19.38	30.00	3.25	-*	403.18	-*	-*	-*	0.90	-*	-*	-*	-*	-*	419.72	-*	1.13
-----------------	--------	------	-------	--------	-------	-------	-------	-------	-------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M51922 PIZZA 16" ChixDcd BBQ WG 2.0

24.00 @ 1/8 cut	394.57	7.94	18.11	812.85	15.81	36.07	43.36	19.40	45.21	2.66	18.81*	320.38	0.00*	0.00*	0.06*	3.29	0.00*	0.00*	0.02*	0.01*	0.00*	317.46	3.97*	1.49
-----------------	--------	------	-------	--------	-------	-------	-------	-------	-------	------	--------	--------	-------	-------	-------	------	-------	-------	-------	-------	-------	--------	-------	------

M52587 CHIX TENDER, GLDN CRISPY (3) WG 2.0 MWWM

14.00 @ 3 each	239.64	2.25	8.44	404.38	11.98	45.00	11.98	19.47	44.93	1.50	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	1.62
----------------	--------	------	------	--------	-------	-------	-------	-------	-------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M51680 BRD: ROLL DG, WG 2.5oz

14.00 @ 1 each	170.00	0.50	2.65	135.00	3.00	15.88	28.00	7.00	0.00	3.40	-*	0.01	-*	-*	-*	0.01	-*	-*	-*	-*	-*	12.70	-*	0.85
----------------	--------	------	------	--------	------	-------	-------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	-------	----	------

M51417 BURG, Beef AP WG 2.0

11.00 @ 1 each	240.00	2.00	7.50	345.00	7.00	26.25	29.00	16.00	25.00	2.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	60.00	-*	2.88
----------------	--------	------	------	--------	------	-------	-------	-------	-------	------	----	------	----	----	----	------	----	----	----	----	----	-------	----	------

M50821 BURG, Beef AM AP WG 2.25

37.00 @ 1 each	285.00	4.25	13.42	545.00	10.50	33.16	29.50	18.50	37.50	2.00	-*	100.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	135.00	-*	2.88
----------------	--------	------	-------	--------	-------	-------	-------	-------	-------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

\* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Killian MS

**Service Area:** Killian - 6-8 - OVS

**Menu Name:** Killian MS 2018-2019 Menu - cycle 2 - week 2

**Avg.Method:** Balanced

M53770 SDW BN, CHIXPTY PLN WG/WG2.0 MWWW

19.00 @ 1 sandwich	339.76	1.50	3.97	589.66	10.99	29.11	35.99	23.98	44.95	5.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	40.00	-*	2.52
--------------------	--------	------	------	--------	-------	-------	-------	-------	-------	------	----	------	----	----	----	------	----	----	----	----	----	-------	----	------

M52952 SDW BN, CHIXPTY BRD SPCY WG/WG 2.0 MWWW

39.00 @ 1 sandwich	339.86	2.00	5.29	629.77	11.99	31.76	35.99	23.99	44.97	3.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	40.00	-*	2.88
--------------------	--------	------	------	--------	-------	-------	-------	-------	-------	------	----	------	----	----	----	------	----	----	----	----	----	-------	----	------

M53275 MELT BD, AM WG 2.0

10.00 @ 1 sandwich	385.00	11.25	26.30	1320.00	19.50	45.58	32.50	18.50	62.50	2.00	-*	500.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	375.00	-*	2.16
--------------------	--------	-------	-------	---------	-------	-------	-------	-------	-------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M54555 NACHOS BFGD RND SC 2.0 (2BG)

207.00 @ 1 each	450.53	8.75	17.47	674.18	23.64	47.22	37.03	21.03	60.38	3.45	195.67*	194.00	0.91*	0.13*	0.97*	2.48	0.02*	0.09*	2.90*	0.20*	1.27*	212.59	110.82*	2.41
-----------------	--------	------	-------	--------	-------	-------	-------	-------	-------	------	---------	--------	-------	-------	-------	------	-------	-------	-------	-------	-------	--------	---------	------

M50626 VEG: MIXED FRESH RSTD BALSAMIC 1/2C

39.00 @ 1/2 cup	57.75	0.31	4.82	98.21	2.81	43.76	7.97	1.26	0.00	1.30	233.18*	1192.44	0.00*	0.44*	5.41*	50.06	0.05*	0.03*	0.47*	0.15*	0.00*	18.31	32.72*	0.64
-----------------	-------	------	------	-------	------	-------	------	------	------	------	---------	---------	-------	-------	-------	-------	-------	-------	-------	-------	-------	-------	--------	------

M50350 VEG: CUCUMBER, Fresh Slice1/2c

30.00 @ 1/2 cup	10.81	0.03	2.22	1.44	0.08	6.60	2.62	0.47	0.00	0.36	105.91	75.65	0.00	0.02	11.82	2.02	0.02	0.02	0.07	0.03	0.00	11.53	17.29	0.20
-----------------	-------	------	------	------	------	------	------	------	------	------	--------	-------	------	------	-------	------	------	------	------	------	------	-------	-------	------

M53709 VEG: SALAD, SIDE SPIN ROM STRAW SC 1C

34.00 @ 1 cup	15.79	0.03	1.56	23.17	0.22	12.65	3.13	1.14	0.00	1.39	228.54	4195.84	0.00	0.63	150.99	20.02	0.04	0.07	0.33	0.08	0.00	36.30	23.73	1.00
---------------	-------	------	------	-------	------	-------	------	------	------	------	--------	---------	------	------	--------	-------	------	------	------	------	------	-------	-------	------

M53419 VEG: POTATO, FF CTINAGEN7 1/2C

125.00 @ 1/2 cup	119.99	1.33	10.00	133.32	4.67	35.00	17.33	2.00	0.00	2.00	259.98	0.00	-*	-*	-*	3.20	-*	-*	-*	-*	-*	0.00	-*	0.48
------------------	--------	------	-------	--------	------	-------	-------	------	------	------	--------	------	----	----	----	------	----	----	----	----	----	------	----	------

M51731 VEG: POTATO SWT, FF CRINKLE 1/2C

14.00 @ 1/2 cup	137.66	0.53	3.46	180.02	4.77	31.15	23.30	1.06	0.00	3.18	243.56	3176.86	-*	-*	-*	6.35	-*	-*	-*	-*	-*	21.18	-*	0.38
-----------------	--------	------	------	--------	------	-------	-------	------	------	------	--------	---------	----	----	----	------	----	----	----	----	----	-------	----	------

M51113 FRUIT: ORANGE 138ct Whole 1/2c

79.00 @ 1 each	46.97	0.01	0.29	0.00	0.12	2.30	11.74	0.94	0.00	2.40	180.87	224.84	0.00	0.18	0.00	53.16	0.09	0.04	0.28	0.06	0.00	39.97	13.99	0.10
----------------	-------	------	------	------	------	------	-------	------	------	------	--------	--------	------	------	------	-------	------	------	------	------	------	-------	-------	------

M50427 FRUIT: FRUIT MIX w/Jc 1/2c

82.00 @ 1/2 cup	60.01	0.00	0.00	5.00	0.00	0.00	13.00	1.00	0.00	1.00	-*	200.03	-*	-*	-*	1.20	-*	-*	-*	-*	-*	0.00	-*	0.00
-----------------	-------	------	------	------	------	------	-------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	------	----	------

M50979 JUICE SS, Apple 100% 4oz Cart

201.00 @ 1 each	60.00	0.00	0.00	15.00	0.00	0.00	14.00	0.00	0.00	0.00	85.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
-----------------	-------	------	------	-------	------	------	-------	------	------	------	-------	------	----	----	----	------	----	----	----	----	----	------	----	------

M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50

61.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00
------------------	--------	------	-------	--------	------	-------	-------	------	-------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50

\* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Killian MS

**Service Area:** Killian - 6-8 - OVS

**Menu Name:** Killian MS 2018-2019 Menu - cycle 2 - week 2

**Avg.Method:** Balanced

180.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00
M50855 COND PC Ketchup 9g Heinz																								
275.00 @ 1 each	10.00	0.00	0.00	85.00	0.00	0.00	3.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50055 COND PC Mayonnaise 12g																								
65.00 @ 1 each	80.00	1.50	16.87	75.00	8.00	90.00	1.00	0.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50284 COND PC Mustard 6g																								
20.00 @ 1 each	0.00	0.00	-	65.00	0.00	-	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M53222 COND PC Margarine 5g																								
110.00 @ 1 each	30.00	1.00	30.00	30.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	500.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50624 COND PC Drsg Ranch 12g																								
90.00 @ 1 each	50.00	0.00	0.00	100.00	5.00	90.00	1.00	0.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50623 COND PC Drsg Italian 12g																								
40.00 @ 1 each	30.00	0.00	0.00	130.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	100.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M53116 COND PC Drsg Honey Mustard 12g																								
10.00 @ 1 each	15.00	0.00	0.00	65.00	0.00	0.00	4.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50056 COND PC Sauce, Taco 9g																								
50.00 @ 1 each	5.00	0.00	0.00	55.00	0.00	0.00	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50287 COND PC Sauce, BBQ 12g																								
55.00 @ 1 each	15.00	0.00	0.00	160.00	0.00	0.00	4.00	0.00	0.00	0.00	-*	100.00	-*	-*	-*	0.60	-*	-*	-*	-*	-*	0.00	-*	0.00
M50063 COND_Sauce, Buffalo Wing AP																								
20.00 @ 1 tablespoon	4.38	0.02	4.79	363.06	0.22	45.51	0.48	0.11	0.17	0.12	21.32	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	2.22	-*	0.07
M51445 VEG GARN: Rom Leaf/Tom Sl																								
13.00 @ 1 serving	4.96	0.01	1.72	1.84	0.07	12.86	1.02	0.30	0.00	0.47	68.61	1352.71	0.00	0.09	15.65	2.51	0.02	0.01	0.13	0.02	0.00	6.10	7.65	0.18
M50412 COND_Pickle, Dill Slice 3ea																								
40.00 @ 3 slice	2.43	0.01	4.72	243.11	0.07	25.17	0.36	0.10	0.00	0.21	-*	0.00	-*	-*	-*	0.32	-*	-*	-*	-*	-*	12.97	-*	0.08
<b>Average</b>	600.9	7.92	11.87	1007.69	23.72	35.53	67.97	26.89	55.12	5.11	318.34*	1333	.43*	.19*	14.36*	20.6	.04*	.06*	1.5*	.13*	.6*	396.44	61.61*	2.74

\* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Killian MS

**Service Area:** Killian - 6-8 - OVS

**Menu Name:** Killian MS 2018-2019 Menu - cycle 2 - week 2

**Avg.Method:** Balanced

**Age Group:** Brkfst Grades K-8      **Period:** Breakfast      **Week:** 2      **Day:** Friday      **Count Type:** Forecasted      **Total No. of Customers:** 43

Weekly Std.	SFA		Na (mg)	Fat		CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)
	CAL	(g)		% of CAL	(g)																		
400.00-500.00		10.00	540.00																		0.00		

M52065 TACO EGG CH TATER BITE WG 2.0 2EA

24.00 @ 2 each	377.21	5.57	13.30	584.12	16.96	40.47	41.05	14.93	189.09	3.22	195.56*	308.60	-*	-*	-*	1.47	-*	-*	-*	-*	-*	220.60	-*	2.77
----------------	--------	------	-------	--------	-------	-------	-------	-------	--------	------	---------	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M51320 CEREAL BWL, Rice Krispies WG

1.00 @ 1 bowl	100.00	0.00	0.00	170.00	0.50	4.50	23.00	2.00	0.00	1.00	-*	1000.03	-*	-*	-*	12.00	-*	-*	-*	-*	-*	0.00	-*	8.10
---------------	--------	------	------	--------	------	------	-------	------	------	------	----	---------	----	----	----	-------	----	----	----	----	----	------	----	------

M50440 CEREAL BWL, CinnTstCrnch WG

3.00 @ 1 bowl	110.00	0.50	4.09	160.00	3.00	24.55	22.00	1.00	0.00	2.00	50.05	400.00	-*	-*	-*	4.80	-*	-*	-*	-*	-*	80.00	-*	3.60
---------------	--------	------	------	--------	------	-------	-------	------	------	------	-------	--------	----	----	----	------	----	----	----	----	----	-------	----	------

M50442 CEREAL BWL, Cocoa Puffs RS WG

2.00 @ 1 bowl	110.05	0.00	0.00	160.08	1.50	12.27	25.01	2.00	0.00	2.00	-*	500.25	-*	-*	-*	6.00	-*	-*	-*	-*	-*	100.05	-*	4.50
---------------	--------	------	------	--------	------	-------	-------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M50524 CEREAL BWL, Lucky Charms WG

4.00 @ 1 bowl	110.00	0.00	0.00	180.00	1.00	8.18	23.00	2.00	0.00	2.00	-*	500.01	-*	-*	-*	6.00	-*	-*	-*	-*	-*	100.00	-*	4.50
---------------	--------	------	------	--------	------	------	-------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M50525 CEREAL BWL, Trix RS WG

1.00 @ 1 bowl	110.00	0.00	0.00	140.00	1.00	8.18	24.00	1.00	0.00	1.00	-*	400.01	-*	-*	-*	4.80	-*	-*	-*	-*	-*	80.00	-*	4.50
---------------	--------	------	------	--------	------	------	-------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	-------	----	------

M52725 BRD: BAR, Cereal CocoPuf WG IW

1.00 @ 1 each	150.00	0.00	0.00	100.00	3.00	18.00	30.00	3.00	0.00	3.00	-*	100.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	200.00	-*	1.80
---------------	--------	------	------	--------	------	-------	-------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M52724 BRD: BAR, Cereal CinnTst WG IW

1.00 @ 1 each	150.00	0.00	0.00	115.00	3.50	21.00	30.00	2.00	0.00	3.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	200.00	-*	1.80
---------------	--------	------	------	--------	------	-------	-------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	--------	----	------

M51267 BRD: MUF AP, BLUEBRY 2OZ IW WG (1BG)

10.00 @ 1 muffin	190.00	2.00	9.47	130.00	6.00	28.42	31.00	3.00	40.00	2.00	-*	100.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	20.00	-*	0.72
------------------	--------	------	------	--------	------	-------	-------	------	-------	------	----	--------	----	----	----	------	----	----	----	----	----	-------	----	------

M51268 BRD: MUF AP, CHOC CHOC CHIP 2OZ IW WG (1BG)

12.00 @ 1 muffin	200.00	2.00	9.00	135.00	6.00	27.00	32.00	4.00	40.00	3.00	180.00	100.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	40.00	-*	1.44
------------------	--------	------	------	--------	------	-------	-------	------	-------	------	--------	--------	----	----	----	------	----	----	----	----	----	-------	----	------

M51848 BRD: POPTARTS, Straw 1.76oz WG

2.00 @ 1 package	180.00	1.00	5.00	180.00	2.50	12.50	38.00	2.00	0.00	3.00	-*	500.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	100.00	-*	1.80
------------------	--------	------	------	--------	------	-------	-------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M51849 BRD: POPTARTS, Cinn 1.76oz WG

1.00 @ 1 package	180.00	1.00	5.00	190.00	2.50	12.50	37.00	2.00	0.00	3.00	-*	500.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	100.00	-*	1.80
------------------	--------	------	------	--------	------	-------	-------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

\* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.





# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Killian MS

**Service Area:** Killian - 6-8 - OVS

**Menu Name:** Killian MS 2018-2019 Menu - cycle 2 - week 2

**Avg.Method:** Balanced

M51684 BRD: POPTARTS, Fudge 1.76oz WG

1.00 @ 1 package	180.00	1.00	5.00	190.00	3.00	15.00	38.00	3.00	0.00	3.00	-*	500.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	100.00	-*	1.80
------------------	--------	------	------	--------	------	-------	-------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M51994 CHEESE, COLBY JK Stick 1ea 1.0

17.00 @ 1 stick	90.00	4.00	40.00	200.01	6.00	60.00	0.00	7.00	20.00	0.00	0.00	200.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	200.01	-*	0.00
-----------------	-------	------	-------	--------	------	-------	------	------	-------	------	------	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M51237 BRD: BREAD WG, Tst Marg 1sl

3.00 @ 1 slice	110.00	1.33	10.91	160.00	4.33	35.45	15.00	3.00	0.00	1.00	1.33*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	1.08
----------------	--------	------	-------	--------	------	-------	-------	------	------	------	-------	------	----	----	----	------	----	----	----	----	----	------	----	------

M50543 FRUIT: BANANA (100-120ct) Whl

15.00 @ 1 each	93.95	0.12	1.13	1.06	0.35	3.34	24.11	1.15	0.00	2.74	377.91	67.56	0.00	0.11	0.53	9.18	0.03	0.08	0.70	0.39	0.00	5.28	23.22	0.27
----------------	-------	------	------	------	------	------	-------	------	------	------	--------	-------	------	------	------	------	------	------	------	------	------	------	-------	------

M50745 FRUIT: APPLES, Warm Cinn 1/2c

19.00 @ 1/2 cup	105.19	0.02	0.19	9.88	0.03	0.29	26.24	0.02	0.00	2.00	2.43*	0.93	0.00*	0.01*	0.06*	0.14	0.00*	0.00*	0.01*	0.00*	0.00*	2.28	0.46*	0.03
-----------------	--------	------	------	------	------	------	-------	------	------	------	-------	------	-------	-------	-------	------	-------	-------	-------	-------	-------	------	-------	------

M50982 JUICE SS, ORANGE 100% 4 FLOZ

37.00 @ 1 each	51.44	0.00	0.00	15.43	0.00	0.00	12.35	1.03	0.00	0.00	-*	0.00	-*	-*	-*	43.21	-*	-*	-*	-*	-*	0.00	-*	0.00
----------------	-------	------	------	-------	------	------	-------	------	------	------	----	------	----	----	----	-------	----	----	----	----	----	------	----	------

M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50

12.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00
------------------	--------	------	-------	--------	------	-------	-------	------	-------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50

16.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00
------------------	--------	------	------	--------	------	------	-------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M53222 COND PC Margarine 5g

10.00 @ 1 each	30.00	1.00	30.00	30.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	500.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
----------------	-------	------	-------	-------	------	-------	------	------	------	------	----	--------	----	----	----	------	----	----	----	----	----	------	----	------

M50854 COND PC Jelly, #4 Smuckers

10.00 @ 1 each	35.00	0.00	0.00	5.00	0.00	0.00	9.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
----------------	-------	------	------	------	------	------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M50056 COND PC Sauce, Taco 9g

25.00 @ 1 each	5.00	0.00	0.00	55.00	0.00	0.00	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
----------------	------	------	------	-------	------	------	------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M50058 COND PC Syrup 1.4oz Smuckers

5.00 @ 1 each	110.00	0.00	0.00	25.00	0.00	0.00	29.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
---------------	--------	------	------	-------	------	------	-------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M50407 COND\_Salsa, AP 1/8c

20.00 @ 1/8 cup	10.25	0.00	0.00	174.23	0.00	0.00	2.05	0.00	0.00	0.00	0.00	102.49	-*	-*	-*	3.69	-*	-*	-*	-*	-*	0.00	-*	0.00
-----------------	-------	------	------	--------	------	------	------	------	------	------	------	--------	----	----	----	------	----	----	----	----	----	------	----	------

<b>Average</b>	639.87	6.64	9.34	794.27	17.55	24.68	99.63	20.37	138.56	5.89	295.87*	995.07	0*	.04*	.21*	45.69	.01*	.03*	.25*	.14*	0*	456.21	8.31*	3.72
----------------	--------	------	------	--------	-------	-------	-------	-------	--------	------	---------	--------	----	------	------	-------	------	------	------	------	----	--------	-------	------

\* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Killian MS

**Service Area:** Killian - 6-8 - OVS

**Menu Name:** Killian MS 2018-2019 Menu - cycle 2 - week 2

**Avg.Method:** Balanced

**Age Group:** Lunch Grades 6-8      **Period:** Lunch      **Week:** 2      **Day:** Friday      **Count Type:** Forecasted      **Total No. of Customers:** 437

Weekly Std.	SFA		Na (mg)	Fat		CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)
	CAL	% of CAL		% of CAL	% of CAL																		
600.00-700.00		10.00	1360.00																		0.00		

M66526 TACO BFGD SOFT KOREAN SC WG 2.0

10.00 @ 2 each	398.86	4.31	9.72	535.19	13.75	31.02	45.62	22.23	50.46	2.66	300.67*	133.64	1.13*	0.14*	6.55*	3.64	0.04*	0.12*	3.69*	0.27*	1.59*	140.84	145.68*	3.38
----------------	--------	------	------	--------	-------	-------	-------	-------	-------	------	---------	--------	-------	-------	-------	------	-------	-------	-------	-------	-------	--------	---------	------

M50403 SALAD, Tky Chef SC W 2.25

1.00 @ 1 each	193.23	5.65	26.29	447.10	10.90	50.77	6.10	18.19	93.75	1.26	146.57*	5264.52	0.00*	0.12*	43.60*	7.46	0.04*	0.04*	0.25*	0.06*	0.00*	248.35	17.48*	1.14
---------------	--------	------	-------	--------	-------	-------	------	-------	-------	------	---------	---------	-------	-------	--------	------	-------	-------	-------	-------	-------	--------	--------	------

M51680 BRD: ROLL DG, WG 2.5oz

1.00 @ 1 each	170.00	0.50	2.65	135.00	3.00	15.88	28.00	7.00	0.00	3.40	-*	0.01	-*	-*	-*	0.01	-*	-*	-*	-*	-*	12.70	-*	0.85
---------------	--------	------	------	--------	------	-------	-------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	-------	----	------

M50937 SUB AP, CHam Tky AM WG 2.0

1.00 @ 1 sandwich	329.93	5.89	16.08	1071.20	13.52	36.87	33.54	22.10	67.50	3.94	137.21*	2905.42	0.00*	0.19*	31.30*	5.02	0.03*	0.02*	0.26*	0.04*	0.00*	212.19	15.31*	2.24
-------------------	--------	------	-------	---------	-------	-------	-------	-------	-------	------	---------	---------	-------	-------	--------	------	-------	-------	-------	-------	-------	--------	--------	------

M50962 SDW BD, SBJ WG 2.0

1.00 @ 1 sandwich	658.38	3.99	5.45	579.16	35.89	49.06	69.87	19.95	0.00	5.99	378.78*	0.00	0.00*	-*	-*	0.00	-*	-*	-*	-*	-*	59.81	-*	5.35
-------------------	--------	------	------	--------	-------	-------	-------	-------	------	------	---------	------	-------	----	----	------	----	----	----	----	----	-------	----	------

M53347 SDW BD, SB WG 2.0

1.00 @ 1 sandwich	558.71	3.99	6.42	579.16	35.89	57.81	43.95	19.95	0.00	5.99	378.78*	0.00	0.00*	-*	-*	0.00	-*	-*	-*	-*	-*	59.81	-*	5.35
-------------------	--------	------	------	--------	-------	-------	-------	-------	------	------	---------	------	-------	----	----	------	----	----	----	----	----	-------	----	------

M51578 PIZZA 16" CHZ WG 2.0

39.00 @ 1/8 cut	351.26	7.50	19.22	810.04	15.50	39.72	30.88	19.38	30.00	3.25	-*	403.18	-*	-*	-*	0.90	-*	-*	-*	-*	-*	419.72	-*	1.13
-----------------	--------	------	-------	--------	-------	-------	-------	-------	-------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M53000 PIZZA 16" Pepperoni WG 2.0

104.00 @ 1/8 cut	388.76	9.00	20.84	937.54	19.00	43.99	31.13	20.88	37.50	3.25	-*	403.18	-*	-*	-*	0.90	-*	-*	-*	-*	-*	419.72	-*	1.22
------------------	--------	------	-------	--------	-------	-------	-------	-------	-------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

M51436 BEEF Finger, AP WG 2.0

72.00 @ 4 each	310.03	4.50	13.06	320.03	19.00	55.16	20.00	15.00	35.00	3.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	40.00	-*	2.70
----------------	--------	------	-------	--------	-------	-------	-------	-------	-------	------	----	------	----	----	----	------	----	----	----	----	----	-------	----	------

M51680 BRD: ROLL DG, WG 2.5oz

72.00 @ 1 each	170.00	0.50	2.65	135.00	3.00	15.88	28.00	7.00	0.00	3.40	-*	0.01	-*	-*	-*	0.01	-*	-*	-*	-*	-*	12.70	-*	0.85
----------------	--------	------	------	--------	------	-------	-------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	-------	----	------

M51417 BURG, Beef AP WG 2.0

9.00 @ 1 each	240.00	2.00	7.50	345.00	7.00	26.25	29.00	16.00	25.00	2.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	60.00	-*	2.88
---------------	--------	------	------	--------	------	-------	-------	-------	-------	------	----	------	----	----	----	------	----	----	----	----	----	-------	----	------

M50821 BURG, Beef AM AP WG 2.25

38.00 @ 1 each	285.00	4.25	13.42	545.00	10.50	33.16	29.50	18.50	37.50	2.00	-*	100.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	135.00	-*	2.88
----------------	--------	------	-------	--------	-------	-------	-------	-------	-------	------	----	--------	----	----	----	------	----	----	----	----	----	--------	----	------

\* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Killian MS

**Service Area:** Killian - 6-8 - OVS

**Menu Name:** Killian MS 2018-2019 Menu - cycle 2 - week 2

**Avg.Method:** Balanced

M53770 SDW BN, CHIXPTY PLN WG/WG2.0 MWWW

12.00 @ 1 sandwich	339.76	1.50	3.97	589.66	10.99	29.11	35.99	23.98	44.95	5.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	40.00	-*	2.52
--------------------	--------	------	------	--------	-------	-------	-------	-------	-------	------	----	------	----	----	----	------	----	----	----	----	----	-------	----	------

M52952 SDW BN, CHIXPTY BRD SPCY WG/WG 2.0 MWWW

32.00 @ 1 sandwich	339.86	2.00	5.29	629.77	11.99	31.76	35.99	23.99	44.97	3.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	40.00	-*	2.88
--------------------	--------	------	------	--------	-------	-------	-------	-------	-------	------	----	------	----	----	----	------	----	----	----	----	----	-------	----	------

M55774 STICKS, MAX SNAX PIZZA W/MARINARA AP WG 2.0

18.00 @ 2 each	319.87	3.00	8.44	609.89	10.00	28.13	39.98	20.00	10.00	4.00	0.00*	498.95*	-*	-*	-*	8.98*	-*	-*	-*	-*	-*	459.92	-*	2.68
----------------	--------	------	------	--------	-------	-------	-------	-------	-------	------	-------	---------	----	----	----	-------	----	----	----	----	----	--------	----	------

M54308 STICKS, CRISPITO CHIXCHILI AP WG 2.0 (2EA)

107.00 @ 2 each	540.00	6.00	10.00	740.00	28.00	46.67	46.00	24.00	50.00	6.00	-*	1500.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	80.00	-*	3.60
-----------------	--------	------	-------	--------	-------	-------	-------	-------	-------	------	----	---------	----	----	----	------	----	----	----	----	----	-------	----	------

M51189 COND\_Sauce, Chz SS W (LOL) .5

107.00 @ 2 fl oz	99.97	4.50	40.50	399.86	7.00	63.00	3.00	5.00	19.99	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	149.95	-*	0.00
------------------	-------	------	-------	--------	------	-------	------	------	-------	------	----	------	----	----	----	------	----	----	----	----	----	--------	----	------

M52279 VEG: PEAS, Sugar Snap Fz 1/2c

29.00 @ 1/2 cup	39.19	0.05	1.24	3.73	0.28	6.43	6.72	2.61	0.00	2.89	179.16	130.64	0.00	-*	-*	20.53	0.06	0.09	0.47	0.14	0.00	46.66	47.59	1.87
-----------------	-------	------	------	------	------	------	------	------	------	------	--------	--------	------	----	----	-------	------	------	------	------	------	-------	-------	------

M53166 VEG: SALAD, ColeslawAsianW1/2c

22.00 @ 1/2 cup	32.22	0.16	4.56	80.45	1.22	34.03	5.10	0.13	1.57	1.04	32.27*	297.57	0.00*	0.16*	0.47*	12.80	0.01*	0.01*	0.10*	0.03*	0.00*	2.66	3.38*	0.08
-----------------	-------	------	------	-------	------	-------	------	------	------	------	--------	--------	-------	-------	-------	-------	-------	-------	-------	-------	-------	------	-------	------

M53709 VEG: SALAD, SIDE SPIN ROM STRAW SC 1C

38.00 @ 1 cup	15.79	0.03	1.56	23.17	0.22	12.65	3.13	1.14	0.00	1.39	228.54	4195.84	0.00	0.63	150.99	20.02	0.04	0.07	0.33	0.08	0.00	36.30	23.73	1.00
---------------	-------	------	------	-------	------	-------	------	------	------	------	--------	---------	------	------	--------	-------	------	------	------	------	------	-------	-------	------

M53419 VEG: POTATO, FF CTINAGEN7 1/2C

138.00 @ 1/2 cup	119.99	1.33	10.00	133.32	4.67	35.00	17.33	2.00	0.00	2.00	259.98	0.00	-*	-*	-*	3.20	-*	-*	-*	-*	-*	0.00	-*	0.48
------------------	--------	------	-------	--------	------	-------	-------	------	------	------	--------	------	----	----	----	------	----	----	----	----	----	------	----	------

M51731 VEG: POTATO SWT, FF CRINKLE 1/2C

14.00 @ 1/2 cup	137.66	0.53	3.46	180.02	4.77	31.15	23.30	1.06	0.00	3.18	243.56	3176.86	-*	-*	-*	6.35	-*	-*	-*	-*	-*	21.18	-*	0.38
-----------------	--------	------	------	--------	------	-------	-------	------	------	------	--------	---------	----	----	----	------	----	----	----	----	----	-------	----	------

M50543 FRUIT: BANANA (100-120ct) Whl

74.00 @ 1 each	93.95	0.12	1.13	1.06	0.35	3.34	24.11	1.15	0.00	2.74	377.91	67.56	0.00	0.11	0.53	9.18	0.03	0.08	0.70	0.39	0.00	5.28	23.22	0.27
----------------	-------	------	------	------	------	------	-------	------	------	------	--------	-------	------	------	------	------	------	------	------	------	------	------	-------	------

M52271 FRUIT: PEARS, Dice w/Jc 1/2c

67.00 @ 1/2 cup	60.66	0.00	0.00	10.11	0.00	0.00	14.15	0.00	0.00	2.02	80.89	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
-----------------	-------	------	------	-------	------	------	-------	------	------	------	-------	------	----	----	----	------	----	----	----	----	----	------	----	------

M53365 JUICE SS, Grape100% 4oz Cart

143.00 @ 1 each	80.00	0.00	0.00	15.00	0.00	0.00	18.00	1.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
-----------------	-------	------	------	-------	------	------	-------	------	------	------	----	------	----	----	----	------	----	----	----	----	----	------	----	------

M66677 MILK SS, 1% WHITE 8 FLOZ - DEAN FOODS 50

\* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Killian MS

**Service Area:** Killian - 6-8 - OVS

**Menu Name:** Killian MS 2018-2019 Menu - cycle 2 - week 2

**Avg.Method:** Balanced

51.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00
M66635 MILK SS, SKIM CHOCOLATE 8 FLOZ - DEAN FOODS 50																								
180.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00
M50855 COND PC Ketchup 9g Heinz																								
250.00 @ 1 each	10.00	0.00	0.00	85.00	0.00	0.00	3.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50055 COND PC Mayonnaise 12g																								
70.00 @ 1 each	80.00	1.50	16.87	75.00	8.00	90.00	1.00	0.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50284 COND PC Mustard 6g																								
35.00 @ 1 each	0.00	0.00	-	65.00	0.00	-	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M53222 COND PC Margarine 5g																								
125.00 @ 1 each	30.00	1.00	30.00	30.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	500.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50624 COND PC Drsg Ranch 12g																								
90.00 @ 1 each	50.00	0.00	0.00	100.00	5.00	90.00	1.00	0.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50623 COND PC Drsg Italian 12g																								
45.00 @ 1 each	30.00	0.00	0.00	130.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	100.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M53116 COND PC Drsg Honey Mustard 12g																								
15.00 @ 1 each	15.00	0.00	0.00	65.00	0.00	0.00	4.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50056 COND PC Sauce, Taco 9g																								
50.00 @ 1 each	5.00	0.00	0.00	55.00	0.00	0.00	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50287 COND PC Sauce, BBQ 12g																								
55.00 @ 1 each	15.00	0.00	0.00	160.00	0.00	0.00	4.00	0.00	0.00	0.00	-*	100.00	-*	-*	-*	0.60	-*	-*	-*	-*	-*	0.00	-*	0.00
M50063 COND_Sauce, Buffalo Wing AP																								
20.00 @ 1 tablespoon	4.38	0.02	4.79	363.06	0.22	45.51	0.48	0.11	0.17	0.12	21.32	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	2.22	-*	0.07
M51445 VEG GARN: Rom Leaf/Tom SI																								
12.00 @ 1 serving	4.96	0.01	1.72	1.84	0.07	12.86	1.02	0.30	0.00	0.47	68.61	1352.71	0.00	0.09	15.65	2.51	0.02	0.01	0.13	0.02	0.00	6.10	7.65	0.18
M50412 COND_Pickle, Dill Slice 3ea																								
38.00 @ 3 slice	2.43	0.01	4.72	243.11	0.07	25.17	0.36	0.10	0.00	0.21	-*	0.00	-*	-*	-*	0.32	-*	-*	-*	-*	-*	12.97	-*	0.08
<b>Average</b>	655.85	8.25	11.32	1135.1	26.86	36.86	72.05	29.03	49.89	6.34	211.81*	1519.29*	.03*	.09*	13.99*	8.24*	.01*	.03*	.27*	.09*	.04*	410.79	12.94*	3.11

\* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



# DAILY NUTRITIONAL ANALYSIS

**Profit Center:** Lewisville Independent School District

**Location:** Lewisville ISD Killian MS

**Service Area:** Killian - 6-8 - OVS

**Menu Name:** Killian MS 2018-2019 Menu - cycle 2 - week 2

**Avg.Method:** Balanced

---

\* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.