



September 2018

Middle School Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
3 No School Enjoy your Holiday!	4 Chicken Soft Tacos Tropical Chicken Salad with Roll Chicken Salad Sub	5 Fish Sticks with Mac & Cheese All American Cobb Salad with Roll Ham & Cheese Sandwich	6 Chicken Parmesan with Breadstick Chicken Caesar Salad with Breadstick Ranch Chicken Wrap	7 Szechwan Chicken with Vegetables & Lo Mein Noodles Egg Chef Salad with Roll Turkey & Cheese Sandwich	<div style="border: 1px solid black; padding: 5px; text-align: center;"> Offered Daily </div> <p><u>M/W/F:</u></p> <ul style="list-style-type: none"> - Tyson® Chicken Sandwich -Hamburger & Cheeseburger - Cheese Pizza -Pepperoni Pizza -Crispitos - Tyson® Popcorn Chicken -SunButter & Jelly Sandwich -Beef Fingers (Friday) -Pizza Sticks <p><u>Tu/Th:</u></p> <ul style="list-style-type: none"> - Tyson® Chicken Tenders - Tyson® Chicken Sandwich -Hamburger & Cheeseburger - Cheese Pizza - Speciality Pizza -SunButter & Jelly Sandwich -Nachos -Grilled Cheese Sandwich <p>Fresh Fruits: Apples, Peaches, Pears, Cantaloupe, Raisins, Applesauce, Mandarin Oranges, Banana, Oranges, Grapes, Watermelon</p> <p>Fresh Veggies: Broccoli, Mashed Potatoes, Carrots, Coleslaw, Green Beans, Tater Tots, Sweet Potatoes, Potato Salad, Celery Sticks, Baked Beans, Spinach, Cherry Tomatoes, Zucchini</p> <p style="font-size: small;">Menus are subject to change without notice.</p>
10 Cheesy Fry Chicken Sub Buffalo Chicken Salad with Breadstick Turkey & Cheese Sandwich	11 Cheese Quesadilla Asian Chicken Noodle Salad with Roll Chicken Caesar Wrap	12 Meatloaf with Gravy & Roll Chicken Taco Salad with Tortilla Chips Turkey & Cheese Sub	13 Penne Alfredo with Chicken Italian Ham Salad with Roll Buffalo Chicken Wrap	14 Korean Beef with Rice Turkey Chef Salad with Roll Ham & Cheese Sub	
17 Chicken Drumstick with Buffalo Ranch and Roll Chicken Salad Platter with Roll All American Sub	18 Fish Tacos Tropical Chicken Salad with Roll Chicken Salad Wrap	19 Country Fried Steak with Gravy & Breadstick All American Cobb Salad with Breadstick Turkey & Cheese Sandwich	20 Spaghetti with Meatballs Chicken Caesar Salad with Roll Ranch Chicken Wrap	21 Thai Chicken Bowl Egg Chef Salad with Roll Ham & Cheese Sub	
24 Pizza Meatball Sub Buffalo Chicken Salad with Breadstick Turkey & Cheese Sandwich	25 Chicken Quesadilla Asian Chicken Noodle Salad with Roll Chicken Caesar Wrap	26 Country Chicken Bowl with Roll Chicken Taco Salad with Tortilla Crisps Ham & Cheese Sub	27 Cheesy Baked Penne Italian Ham Salad with Roll Honey Mustard Chicken Wrap	28 Korean Beef Tacos Turkey Chef Salad with Roll All American Sub	

Vegetarian Entrees Indicated in Green



Lunch Price	\$2.85
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