



October 2017

Middle School Lunch Menu

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY			
2	Chicken Fried Steak with Roll BBQ Onion Cheeseburger Vegetarian Baja Salad with Pretzel Roll Ham & Cheese Sandwich	3	Barilla® Rotini with Italian Meat Sauce & Breadstick Grilled Ranch Chicken Sandwich Ham Chef Salad with Roll SunButter & Jelly Sandwich	4	Chicken Pot Pie Black Bean Cheeseburger with Salsa Fruit & Cheese Plate with Pretzel Roll Turkey & Cheese Sandwich	5	Bean & Cheese Quesadilla Chicken Salsa Melt Popcorn Chicken Salad with Roll SunButter & Jelly Sandwich	6	Sweet & Sour Chicken, Broccoli & Rice Cajun Cheeseburger Beef Taco Salad Chicken Salad Sandwich	<div style="border: 1px solid black; padding: 5px; text-align: center;"> Offered Daily </div> <p>M/W/F:</p> <ul style="list-style-type: none"> - Tyson® Chicken Patty Sandwich -Hamburger & Cheeseburger -Tony's® Cheese Pizza -Tony's® Pepperoni Pizza -Tonys® Specialty Pizza - Tyson® Spicy Popcorn Chicken -SunButter & Jelly Sandwich <p>Tu/Th:</p> <ul style="list-style-type: none"> - Tyson® Chicken Nuggets - Tyson® Chicken Sandwich -Hamburger & Cheeseburger - Tony's ®Cheese Pizza -Tonys® Pepperoni Pizza -Tonys® Speciality Pizza -SunButter & Jelly Sandwich <p>Fresh Fruits:</p> <p>Apples, Peaches, Pears, Cantaloupe, Raisins, Applesauce, Mandarin Oranges, Banana, Oranges, Grapes, Watermelon</p> <p>Fresh Veggies:</p> <p>Broccoli, Mashed Potatoes, Carrots, Coleslaw, Green Beans, Tater Tots, Sweet Potatoes, Potato Salad, Celery Sticks, Baked Beans, Spinach, Cherry Tomatoes, Zucchini</p> <p>Menus are subject to change without notice.</p>	
9	No School Enjoy your Holiday!	10	No School Enjoy your Holiday!	11	Chicken Alfredo with Roll Chick N' Cheese Griller Fruit, Yogurt & Cheese Plate with Pretzel Roll Ham & Cheese Sub	12	Cheese Quesadilla Chick N' Cheese Griller Popcorn Chicken Salad with Roll SunButter & Jelly Sandwich	13	Hot Dog Chick N' Cheese Griller Chicken Taco Salad Chicken Salad Sub		
16	Jumbo Ravioli with Breadstick Steak N' Cheese Griller Vegetarian Baja Salad with Pretzel Roll Ham & Cheese Sandwich	17	Beef Fingers with Roll Steak N' Cheese Griller Ham Chef Salad with Roll SunButter & Jelly	18	Teriyaki Chicken, Broccoli & Rice Steak N' Cheese Griller Fruit & Cheese Plate with Pretzel Roll Turkey & Cheese Sandwich	19	Chili Mac Steak N' Cheese Griller Popcorn Chicken Salad with Roll SunButter & Jelly Sandwich	20	Chicken & Sausage Jambalaya Steak N' Cheese Griller Beef Taco Salad Chicken Salad Sandwich		
23	Spaghetti with Meatballs BBQ Onion Cheeseburger Vegetarian Baja Salad with Pretzel Roll Turkey & Cheese Sub	24	Chicken Drumstick with Corn Muffin Chicken Bruschetta Melt All American Cobb Salad with Roll SunButter & Jelly Sandwich	25	Fish Sticks with Mac & Cheese Black Bean Cheeseburger with Salsa Fruit & Cheese Plate with Pretzel Roll Ham & Cheese Sub	26	Chicken & Chili Crispito with Rice California Ranch Chicken Sandwich Popcorn Chicken Salad with Roll SunButter & Jelly Sandwich	27	Grilled Cheese with Tomato Soup Bacon Cheeseburger Chicken Taco Salad Chicken Salad Sub		
30	Biscuit with Sausage Gravy & Chicken Sausage Pizza Burger Vegetarian Baja Salad with Pretzel Roll Turkey & Cheese Sandwich	31	Enchilada Casserole Bacon Ranch Chicken Sandwich Turkey Chef Salad with Roll SunButter & Jelly Sandwich								

Vegetarian Entrees Indicated in Green



Lunch Price \$2.80