



DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Independence ES

Service Area: Independence - K-5 - OVS

Menu Name: Independence ES: BIC w/ESD 2017-18 Menu - cycle 2 - week 3

Avg.Method: Balanced

Age Group: Brkfst Grades K-5

Period: Breakfast

Week: 3

Day: Monday

Count Type: Forecasted

Total No. of Customers: 670

Weekly Std.	SFA		Na (mg)	Fat		CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)	
	CAL	(g)		% of CAL	(g)																			% of CAL
M51267 BRD: MUF AP, Blueb 2ozWG (1BG)	670.00 @ 1 muffin	190.00	2.00	9.47	130.00	6.00	28.42	31.00	3.00	40.00	2.00	-*	100.00	-*	-*	-*	0.00	-*	-*	-*	-*	20.00	-*	0.72
M51499 YOGURT SS, Danimals Str/Ban4oz	670.00 @ 1 each	70.00	0.00	0.00	60.00	0.00	0.00	14.00	4.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	150.01	-*	0.00
M53799 FRUIT: APPLE, Slcd IW 2oz	530.00 @ 1 each	30.00	0.00	0.00	0.00	0.00	0.00	7.00	0.00	0.00	1.00	-*	0.00	-*	-*	-*	21.00	-*	-*	-*	-*	0.00	-*	0.00
M50439 CEREAL BWL, Cheerios WG	29.00 @ 1 bowl	100.00	0.50	4.50	140.00	2.00	18.00	20.00	3.00	0.00	3.00	-*	500.01	-*	-*	-*	6.00	-*	-*	-*	-*	100.00	-*	8.10
M52695 CHEESE, MZ String LF 1ea 1.0	29.00 @ 1 stick	60.00	2.00	30.00	210.01	2.50	37.50	1.00	8.00	10.00	0.00	0.00	146.00	-*	-*	-*	0.00	-*	-*	-*	-*	220.01	-*	0.11
M53799 FRUIT: APPLE, Slcd IW 2oz	29.00 @ 1 each	30.00	0.00	0.00	0.00	0.00	0.00	7.00	0.00	0.00	1.00	-*	0.00	-*	-*	-*	21.00	-*	-*	-*	-*	0.00	-*	0.00
M53465 MILK SS, 1% WHITE 8 FLOZ	29.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	300.00	-*	0.00
M53465 MILK SS, 1% WHITE 8 FLOZ	124.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	300.00	-*	0.00
M51096 MILK SS, SKIM CHOCOLATE 8 FLOZ	429.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	300.00	-*	0.00
M55543 JUICE SS, TROPICANA APPLE 100% 4.23FLOZ BOX SHLF-STBL	519.00 @ 1 each	60.00	0.00	0.00	10.00	0.00	0.00	14.00	0.00	0.00	0.00	120.00	0.00	-*	-*	-*	15.00	-*	-*	-*	-*	0.00	-*	0.00
Average		440.39	2.45	5.01	357.84	6.77	13.83	78.37	14.43	50.92	2.96	92.96*	562.29	-*	-*	-*	30.72	-*	-*	-*	-*	444.46	-*	1.08

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DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Independence ES

Service Area: Independence - K-5 - OVS

Menu Name: Independence ES: BIC w/ESD 2017-18 Menu - cycle 2 - week 3

Avg.Method: Balanced

Age Group: Brkfst Grades K-5 **Period:** Breakfast **Week:** 3 **Day:** Tuesday **Count Type:** Forecasted **Total No. of Customers:** 647

Weekly Std.	CAL	SFA		Na	Fat		CHO	Pro	Chol	Fiber	K	Vit A	Vit D	Vit E	Vit K	Vit C	Vit B1	Vit B2	Vit B3	Vit B6	Vit B12	Ca	P	Fe
	(kcal)	(g)	% of CAL	(mg)	(g)	% of CAL	(g)	(g)	(mg)	(g)	(mg)	(IU)	(IU)	(mg)	(mcg)	(mg)	(mg)	(mg)	(mg)	(mcg)	(mg)	(mg)	(mg)	(mg)
	350.00-500.00		10.00	540.00																		0.00		
M52006 SDW BN AP, Tky Ssg WG IW 1.0																								
647.00 @ 1 each	160.00	1.00	5.63	370.01	5.00	28.13	18.00	10.00	25.00	2.00	-*	0.00	-*	-*	-*	6.00	-*	-*	-*	-*	-*	20.00	-*	1.44
M52811 FRUIT: CRAISINS, SS Strawb1.16																								
382.00 @ 1 each	110.00	0.00	0.00	0.00	0.00	0.00	28.00	0.00	0.00	3.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M52006 SDW BN AP, Tky Ssg WG IW 1.0																								
32.00 @ 1 each	160.00	1.00	5.63	370.01	5.00	28.13	18.00	10.00	25.00	2.00	-*	0.00	-*	-*	-*	6.00	-*	-*	-*	-*	-*	20.00	-*	1.44
M52811 FRUIT: CRAISINS, SS Strawb1.16																								
32.00 @ 1 each	110.00	0.00	0.00	0.00	0.00	0.00	28.00	0.00	0.00	3.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M53465 MILK SS, 1% WHITE 8 FLOZ																								
32.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00
M53465 MILK SS, 1% WHITE 8 FLOZ																								
145.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00
M51096 MILK SS, SKIM CHOCOLATE 8 FLOZ																								
436.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00
M55542 JUICE SS, TROPICANA ORANGE 100% 4.23FLOZ BOX SHLF-STBL																								
568.00 @ 1 each	60.00	0.00	0.00	5.00	0.00	0.00	14.00	1.00	0.00	0.00	220.00	0.00	-*	-*	-*	18.00	-*	-*	-*	-*	-*	0.00	-*	0.00
Average	401.94	1.46	3.27	549.56	5.93	13.28	66.13	18.95	32.34	4.02	193.14*	473.73	-*	-*	-*	23.56	-*	-*	-*	-*	-*	305.23	-*	1.51

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DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Independence ES

Service Area: Independence - K-5 - OVS

Menu Name: Independence ES: BIC w/ESD 2017-18 Menu - cycle 2 - week 3

Avg.Method: Balanced

Age Group: Brkfst Grades K-5

Period: Breakfast

Week: 3

Day: Wednesday

Count Type: Forecasted

Total No. of Customers: 716

Weekly Std.	SFA		Na (mg)	Fat		CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)	
	CAL	(g)		% of CAL	(g)																			% of CAL
	350.00-500.00		10.00	540.00																	200.01			
M50208 CEREAL BWL, CinnTstCrnch RS WG																								
716.00 @ 1 bowl	110.00	0.50	4.09	160.00	3.00	24.54	22.00	1.00	0.00	3.00	-*	400.01	-*	-*	-*	4.80	-*	-*	-*	-*	-*	200.01	-*	3.60
M52695 CHEESE, MZ String LF 1ea 1.0																								
716.00 @ 1 stick	60.00	2.00	30.00	210.01	2.50	37.50	1.00	8.00	10.00	0.00	0.00	146.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	220.01	-*	0.11
M53119 FRUIT: CUP SS, PEARS DCD FRZ 1/2C																								
368.00 @ 1 each	69.98	0.00	0.00	5.00	0.00	0.00	18.99	0.00	0.00	2.00	-*	0.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	0.00	-*	0.36
M51320 CEREAL BWL, Rice Krispies WG																								
30.00 @ 1 bowl	100.00	0.00	0.00	170.00	0.50	4.50	23.00	2.00	0.00	1.00	-*	1000.03	-*	-*	-*	12.00	-*	-*	-*	-*	-*	0.00	-*	8.10
M52695 CHEESE, MZ String LF 1ea 1.0																								
30.00 @ 1 stick	60.00	2.00	30.00	210.01	2.50	37.50	1.00	8.00	10.00	0.00	0.00	146.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	220.01	-*	0.11
M53119 FRUIT: CUP SS, PEARS DCD FRZ 1/2C																								
30.00 @ 1 each	69.98	0.00	0.00	5.00	0.00	0.00	18.99	0.00	0.00	2.00	-*	0.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	0.00	-*	0.36
M53465 MILK SS, 1% WHITE 8 FLOZ																								
30.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00
M53465 MILK SS, 1% WHITE 8 FLOZ																								
135.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00
M51096 MILK SS, SKIM CHOCOLATE 8 FLOZ																								
447.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00
M55541 JUICE SS, TROPICANA STRW KIWI 100% 4.23FLOZ BOX SHLF-STBL																								
588.00 @ 1 each	60.00	0.00	0.00	10.00	0.00	0.00	15.00	0.00	0.00	0.00	120.00	0.00	-*	-*	-*	18.00	-*	-*	-*	-*	-*	0.00	-*	0.00
Average	365.15	2.93	7.22	539.26	6.2	15.29	62.36	16.26	15.85	4.15	98.55*	1021.41	-*	-*	-*	22.05	-*	-*	-*	-*	-*	685.66	-*	4.25

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DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Independence ES

Service Area: Independence - K-5 - OVS

Menu Name: Independence ES: BIC w/ESD 2017-18 Menu - cycle 2 - week 3

Avg.Method: Balanced

Age Group: Brkfst Grades K-5 **Period:** Breakfast **Week:** 3 **Day:** Thursday **Count Type:** Forecasted **Total No. of Customers:** 652

	CAL	SFA (g)	% of CAL	Na (mg)	Fat (g)	% of CAL	CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)	
Weekly Std.	350.00-500.00		10.00	540.00																			0.00		
M51278 PIZZA AP EggSausChzSlcrWG.75IW 652.00 @ 1 package	160.00	1.50	8.44	290.01	4.50	25.31	22.00	8.00	30.00	2.00	150.00	100.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	80.00	-*	1.44	
M50722 FRUIT: RAISINS, SS BOX 324.00 @ 1 each	127.15	0.02	0.17	4.68	0.20	1.38	33.67	1.31	0.00	1.57	318.51	0.00	0.00	0.05	1.49	0.98	0.05	0.05	0.33	0.07	0.00	21.26	42.95	0.80	
M51278 PIZZA AP EggSausChzSlcrWG.75IW 30.00 @ 1 package	160.00	1.50	8.44	290.01	4.50	25.31	22.00	8.00	30.00	2.00	150.00	100.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	80.00	-*	1.44	
M50722 FRUIT: RAISINS, SS BOX 30.00 @ 1 each	127.15	0.02	0.17	4.68	0.20	1.38	33.67	1.31	0.00	1.57	318.51	0.00	0.00	0.05	1.49	0.98	0.05	0.05	0.33	0.07	0.00	21.26	42.95	0.80	
M53465 MILK SS, 1% WHITE 8 FLOZ 30.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00	
M53465 MILK SS, 1% WHITE 8 FLOZ 114.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00	
M51096 MILK SS, SKIM CHOCOLATE 8 FLOZ 393.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00	
M55543 JUICE SS, TROPICANA APPLE 100% 4.23FLOZ BOX SHLF-STBL 530.00 @ 1 each	60.00	0.00	0.00	10.00	0.00	0.00	14.00	0.00	0.00	0.00	120.00	0.00	-*	-*	-*	15.00	-*	-*	-*	-*	-*	0.00	-*	0.00	
Average	381.8	1.91	4.51	451.23	5.37	12.65	67.6	15.67	36.6	2.95	427.38*	516.42	0*	.03*	.81*	13.98	.02*	.03*	.18*	.04*	0*	342.31	23.32*	1.94	

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DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Independence ES

Service Area: Independence - K-5 - OVS

Menu Name: Independence ES: BIC w/ESD 2017-18 Menu - cycle 2 - week 3

Avg.Method: Balanced

Age Group: Brkfst Grades K-5 **Period:** Breakfast **Week:** 3 **Day:** Friday **Count Type:** Forecasted **Total No. of Customers:** 651

	CAL	SFA (g)	% of CAL	Na (mg)	Fat (g)	% of CAL	CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)
Weekly Std.	350.00-500.00		10.00	540.00																		20.00		
M52636 BRD: WAFFLE, AP MAPLE MADNESS WG IW																								
651.00 @ 1 pouch	210.00	1.00	4.29	170.00	6.00	25.72	38.00	4.00	0.00	3.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	20.00	-*	0.72
M52695 CHEESE, MZ String LF 1ea 1.0																								
651.00 @ 1 stick	60.00	2.00	30.00	210.01	2.50	37.50	1.00	8.00	10.00	0.00	0.00	146.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	220.01	-*	0.11
M50543 FRUIT: BANANA (100-120ct) Whl																								
424.00 @ 1 each	93.95	0.12	1.13	1.06	0.35	3.34	24.11	1.15	0.00	2.74	377.91	67.56	0.00	0.11	0.53	9.18	0.03	0.08	0.70	0.39	0.00	5.28	23.22	0.27
M52636 BRD: WAFFLE, AP MAPLE MADNESS WG IW																								
31.00 @ 1 pouch	210.00	1.00	4.29	170.00	6.00	25.72	38.00	4.00	0.00	3.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	20.00	-*	0.72
M50163 FRUIT: BANANA (100-120ct) Half																								
31.00 @ 1/2 each	47.03	0.06	1.13	0.90	0.17	3.34	12.07	0.58	0.00	1.37	189.40	33.88	0.00	0.05	0.26	4.64	0.02	0.04	0.35	0.19	0.00	2.97	11.64	0.14
M53465 MILK SS, 1% WHITE 8 FLOZ																								
31.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00
M53465 MILK SS, 1% WHITE 8 FLOZ																								
126.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00
M51096 MILK SS, SKIM CHOCOLATE 8 FLOZ																								
370.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00
M55542 JUICE SS, TROPICANA ORANGE 100% 4.23FLOZ BOX SHLF-STBL																								
495.00 @ 1 each	60.00	0.00	0.00	5.00	0.00	0.00	14.00	1.00	0.00	0.00	220.00	0.00	-*	-*	-*	18.00	-*	-*	-*	-*	-*	0.00	-*	0.00
Average	483.79	3.49	6.49	526.29	9.62	17.9	82.24	20.2	15.25	5	422.43*	596.38	0*	.07*	.36*	21.15	.02*	.05*	.47*	.26*	0*	487.4	15.68*	1.05

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