



DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Independence ES

Service Area: Independence - K-5 - OVS

Menu Name: Independence ES: BIC w/ESD 2017-18 Menu - cycle 2 - week 1

Avg.Method: Balanced

Age Group: Brkfst Grades K-5 **Period:** Breakfast **Week:** 1 **Day:** Monday **Count Type:** Forecasted **Total No. of Customers:** 509

	CAL	SFA (g)	% of CAL	Na (mg)	Fat (g)	% of CAL	CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)	
Weekly Std.	350.00-500.00		10.00	540.00																			300.00		
M51267 BRD: MUF AP, Blueb 2ozWG (1BG)																									
512.00 @ 1 muffin	190.00	2.00	9.47	130.00	6.00	28.42	31.00	3.00	40.00	2.00	-*	100.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	20.00	-*	0.72	
M51499 YOGURT SS, Danimals Str/Ban4oz																									
512.00 @ 1 each	70.00	0.00	0.00	60.00	0.00	0.00	14.00	4.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	150.01	-*	0.00	
M53119 FRUIT: CUP SS, PEARS DCD FRZ 1/2C																									
442.00 @ 1 each	69.98	0.00	0.00	5.00	0.00	0.00	18.99	0.00	0.00	2.00	-*	0.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	0.00	-*	0.36	
M50439 CEREAL BWL, Cheerios WG																									
40.00 @ 1 bowl	100.00	0.50	4.50	140.00	2.00	18.00	20.00	3.00	0.00	3.00	-*	500.01	-*	-*	-*	6.00	-*	-*	-*	-*	-*	100.00	-*	8.10	
M52695 CHEESE, MZ String LF 1ea 1.0																									
40.00 @ 1 stick	60.00	2.00	30.00	210.01	2.50	37.50	1.00	8.00	10.00	0.00	0.00	146.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	220.01	-*	0.11	
M53119 FRUIT: CUP SS, PEARS DCD FRZ 1/2C																									
40.00 @ 1 each	69.98	0.00	0.00	5.00	0.00	0.00	18.99	0.00	0.00	2.00	-*	0.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	0.00	-*	0.36	
M53465 MILK SS, 1% WHITE 8 FLOZ																									
40.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00	
M53465 MILK SS, 1% WHITE 8 FLOZ																									
82.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00	
M51096 MILK SS, SKIM CHOCOLATE 8 FLOZ																									
297.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00	
M55543 JUICE SS, TROPICANA APPLE 100% 4.23FLOZ BOX SHLF-STBL																									
488.00 @ 1 each	60.00	0.00	0.00	10.00	0.00	0.00	14.00	0.00	0.00	0.00	120.00	0.00	-*	-*	-*	15.00	-*	-*	-*	-*	-*	0.00	-*	0.00	
Average	494.28	2.57	4.68	369.14	6.99	12.72	93.11	14.49	51.37	4.14	115.05*	562.95	-*	-*	-*	17.26	-*	-*	-*	-*	-*	443.12	-*	1.71	

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DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Independence ES

Service Area: Independence - K-5 - OVS

Menu Name: Independence ES: BIC w/ESD 2017-18 Menu - cycle 2 - week 1

Avg.Method: Balanced

Age Group: Brkfst Grades K-5 **Period:** Breakfast **Week:** 1 **Day:** Tuesday **Count Type:** Forecasted **Total No. of Customers:** 566

	CAL	SFA (g)	% of CAL	Na (mg)	Fat (g)	% of CAL	CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)
Weekly Std.	350.00-500.00		10.00	540.00																		0.00		
M53302 STICKS, CORN DOG TKYMPL BKFST WG 1.0 IW																								
566.00 @ 1 each	200.00	2.50	11.25	310.00	10.00	45.00	17.00	7.00	25.00	3.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	20.00	-*	1.80
M52811 FRUIT: CRAISINS, SS Strawb1.16																								
346.00 @ 1 each	110.00	0.00	0.00	0.00	0.00	0.00	28.00	0.00	0.00	3.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M53302 STICKS, CORN DOG TKYMPL BKFST WG 1.0 IW																								
29.00 @ 1 each	200.00	2.50	11.25	310.00	10.00	45.00	17.00	7.00	25.00	3.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	20.00	-*	1.80
M52811 FRUIT: CRAISINS, SS Strawb1.16																								
29.00 @ 1 each	110.00	0.00	0.00	0.00	0.00	0.00	28.00	0.00	0.00	3.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M53465 MILK SS, 1% WHITE 8 FLOZ																								
29.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00
M53465 MILK SS, 1% WHITE 8 FLOZ																								
118.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00
M51096 MILK SS, SKIM CHOCOLATE 8 FLOZ																								
393.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00
M55542 JUICE SS, TROPICANA ORANGE 100% 4.23FLOZ BOX SHLF-STBL																								
513.00 @ 1 each	60.00	0.00	0.00	5.00	0.00	0.00	14.00	1.00	0.00	0.00	220.00	0.00	-*	-*	-*	18.00	-*	-*	-*	-*	-*	0.00	-*	0.00
Average	449.4	3.02	6.04	489.16	11.16	22.35	66.38	15.9	32.35	5.14	199.4*	477.04	-*	-*	-*	17.77	-*	-*	-*	-*	-*	307.25	-*	1.89

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DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Independence ES

Service Area: Independence - K-5 - OVS

Menu Name: Independence ES: BIC w/ESD 2017-18 Menu - cycle 2 - week 1

Avg.Method: Balanced

Age Group: Brkfst Grades K-5 **Period:** Breakfast **Week:** 1 **Day:** Wednesday **Count Type:** Forecasted **Total No. of Customers:** 641

Weekly Std.	CAL	SFA		Na (mg)	Fat		CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)
		(g)	% of CAL		(g)	% of CAL																		
	350.00-500.00		10.00	540.00																		100.00		
M50524 CEREAL BWL, Lucky Charms WG																								
651.00 @ 1 bowl	110.00	0.00	0.00	180.00	1.00	8.18	23.00	2.00	0.00	2.00	-*	500.01	-*	-*	-*	6.00	-*	-*	-*	-*	-*	100.00	-*	4.50
M52695 CHEESE, MZ String LF 1ea 1.0																								
651.00 @ 1 stick	60.00	2.00	30.00	210.01	2.50	37.50	1.00	8.00	10.00	0.00	0.00	146.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	220.01	-*	0.11
M53799 FRUIT: APPLE, Slcd IW 2oz																								
426.00 @ 1 each	30.00	0.00	0.00	0.00	0.00	0.00	7.00	0.00	0.00	1.00	-*	0.00	-*	-*	-*	21.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M51320 CEREAL BWL, Rice Krispies WG																								
29.00 @ 1 bowl	100.00	0.00	0.00	170.00	0.50	4.50	23.00	2.00	0.00	1.00	-*	1000.03	-*	-*	-*	12.00	-*	-*	-*	-*	-*	0.00	-*	8.10
M52695 CHEESE, MZ String LF 1ea 1.0																								
29.00 @ 1 stick	60.00	2.00	30.00	210.01	2.50	37.50	1.00	8.00	10.00	0.00	0.00	146.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	220.01	-*	0.11
M53799 FRUIT: APPLE, Slcd IW 2oz																								
29.00 @ 1 each	30.00	0.00	0.00	0.00	0.00	0.00	7.00	0.00	0.00	1.00	-*	0.00	-*	-*	-*	21.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M53465 MILK SS, 1% WHITE 8 FLOZ																								
29.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00
M53465 MILK SS, 1% WHITE 8 FLOZ																								
125.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00
M51096 MILK SS, SKIM CHOCOLATE 8 FLOZ																								
429.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00
M55541 JUICE SS, TROPICANA STRW KIWI 100% 4.23FLOZ BOX SHLF-STBL																								
31.00 @ 1 each	60.00	0.00	0.00	10.00	0.00	0.00	15.00	0.00	0.00	0.00	120.00	0.00	-*	-*	-*	18.00	-*	-*	-*	-*	-*	0.00	-*	0.00
Average	310.83	2.48	7.19	565.47	4.29	12.43	47.66	17.89	16.36	2.79	5.8*	1162.71	-*	-*	-*	23.79	-*	-*	-*	-*	-*	607.81	-*	5.05

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DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Independence ES

Service Area: Independence - K-5 - OVS

Menu Name: Independence ES: BIC w/ESD 2017-18 Menu - cycle 2 - week 1

Avg.Method: Balanced

Age Group: Brkfst Grades K-5 **Period:** Breakfast **Week:** 1 **Day:** Thursday **Count Type:** Forecasted **Total No. of Customers:** 643

	CAL	SFA (g)	% of CAL	Na (mg)	Fat (g)	% of CAL	CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)
Weekly Std.	350.00-500.00		10.00	540.00																		0.00		
M52397 SDW BISC AP, CHIXPTYBRD WG IW .75																								
643.00 @ 1 each	230.00	4.00	15.65	420.01	10.00	39.13	28.00	9.00	15.00	3.00	-*	0.00	-*	-*	-*	42.00	-*	-*	-*	-*	-*	100.00	-*	1.80
M50722 FRUIT: RAISINS, SS BOX																								
292.00 @ 1 each	127.15	0.02	0.17	4.68	0.20	1.38	33.67	1.31	0.00	1.57	318.51	0.00	0.00	0.05	1.49	0.98	0.05	0.05	0.33	0.07	0.00	21.26	42.95	0.80
M52397 SDW BISC AP, CHIXPTYBRD WG IW .75																								
40.00 @ 1 each	230.00	4.00	15.65	420.01	10.00	39.13	28.00	9.00	15.00	3.00	-*	0.00	-*	-*	-*	42.00	-*	-*	-*	-*	-*	100.00	-*	1.80
M50722 FRUIT: RAISINS, SS BOX																								
40.00 @ 1 each	127.15	0.02	0.17	4.68	0.20	1.38	33.67	1.31	0.00	1.57	318.51	0.00	0.00	0.05	1.49	0.98	0.05	0.05	0.33	0.07	0.00	21.26	42.95	0.80
M53465 MILK SS, 1% WHITE 8 FLOZ																								
40.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00
M53465 MILK SS, 1% WHITE 8 FLOZ																								
125.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00
M51096 MILK SS, SKIM CHOCOLATE 8 FLOZ																								
429.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00
M55543 JUICE SS, TROPICANA APPLE 100% 4.23FLOZ BOX SHLF-STBL																								
600.00 @ 1 each	60.00	0.00	0.00	10.00	0.00	0.00	14.00	0.00	0.00	0.00	120.00	0.00	-*	-*	-*	15.00	-*	-*	-*	-*	-*	0.00	-*	0.00
Average	474.24	4.65	8.82	611.33	11.37	21.57	76.87	17.62	21.83	4	276.43*	461.9	0*	.03*	.77*	60.53	.02*	.03*	.17*	.04*	0*	394.34	22.18*	2.32

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DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Independence ES

Service Area: Independence - K-5 - OVS

Menu Name: Independence ES: BIC w/ESD 2017-18 Menu - cycle 2 - week 1

Avg.Method: Balanced

Age Group: Brkfst Grades K-5 **Period:** Breakfast **Week:** 1 **Day:** Friday **Count Type:** Forecasted **Total No. of Customers:** 658

	CAL	SFA (g)	% of CAL	Na (mg)	Fat (g)	% of CAL	CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)
Weekly Std.	350.00-500.00		10.00	540.00																		220.01		
M51848 BRD: POPTARTS, Straw 1.76oz WG																								
618.00 @ 1 package	180.00	1.00	5.00	180.00	2.50	12.50	38.00	2.00	0.00	3.00	-*	500.01	-*	-*	-*	0.00	-*	-*	-*	-*	-*	100.00	-*	1.80
M52695 CHEESE, MZ String LF 1ea 1.0																								
618.00 @ 1 stick	60.00	2.00	30.00	210.01	2.50	37.50	1.00	8.00	10.00	0.00	0.00	146.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	220.01	-*	0.11
M50543 FRUIT: BANANA (100-120ct) Whl																								
391.00 @ 1 each	93.95	0.12	1.13	1.06	0.35	3.34	24.11	1.15	0.00	2.74	377.91	67.56	0.00	0.11	0.53	9.18	0.03	0.08	0.70	0.39	0.00	5.28	23.22	0.27
M52585 BRD: FR TST AP, Berry WG IW																								
29.00 @ 1 pouch	220.00	1.00	4.09	190.00	7.00	28.64	37.00	4.00	0.00	2.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	40.00	-*	1.08
M50163 FRUIT: BANANA (100-120ct) Half																								
29.00 @ 1/2 each	47.03	0.06	1.13	0.90	0.17	3.34	12.07	0.58	0.00	1.37	189.40	33.88	0.00	0.05	0.26	4.64	0.02	0.04	0.35	0.19	0.00	2.97	11.64	0.14
M53465 MILK SS, 1% WHITE 8 FLOZ																								
29.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00
M53465 MILK SS, 1% WHITE 8 FLOZ																								
139.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00
M51096 MILK SS, SKIM CHOCOLATE 8 FLOZ																								
423.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00
M55542 JUICE SS, TROPICANA ORANGE 100% 4.23FLOZ BOX SHLF-STBL																								
553.00 @ 1 each	60.00	0.00	0.00	5.00	0.00	0.00	14.00	1.00	0.00	0.00	220.00	0.00	-*	-*	-*	18.00	-*	-*	-*	-*	-*	0.00	-*	0.00
Average	448.66	3.32	6.66	528.45	5.86	11.75	81.06	18.3	15.16	4.6	417.8*	1097.47	0*	.07*	.33*	22.17	.02*	.05*	.43*	.24*	0*	575.04	14.31*	2.01

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