



DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Heritage ES

Service Area: Heritage - K-5 - OVS

Menu Name: Heritage ES: 2017-18 Menu w/ESD - cycle 2 - week 3

Avg.Method: Balanced

Age Group: Brkfst Grades K-5

Period: Breakfast

Week: 3

Day: Monday

Count Type: Forecasted

Total No. of Customers: 12

Weekly Std.	SFA		Na (mg)	Fat		CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)
	CAL	(g)		% of CAL	(g)																		
350.00-500.00		10.00	540.00																		200.00		

M52283 YOGURT, Parfait Strawberry 1.0

4.00 @ 1 serving	144.73	0.57	3.57	68.61	1.22	7.57	29.99	4.23	5.00	1.18	203.00*	623.62	0.00*	0.10*	0.79*	14.89	0.01*	0.01*	0.17*	0.01*	0.00*	120.08	4.65*	0.53
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M51494 BRD: BREAD WG, Tst CinnMrg 1sl

4.00 @ 1 slice	125.27	1.33	9.58	160.05	4.34	31.15	18.97	3.01	0.00	1.09	2.13*	0.50	0.00*	0.00*	0.05*	0.01	0.00*	0.00*	0.00*	0.00*	0.00*	1.72	0.11*	1.10
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M52925 PIZZA AP Tony Bkfst T.Ssg 1.0

6.00 @ 1 each	210.00	2.00	8.57	480.01	7.00	30.00	26.00	9.00	15.00	2.00	240.00	200.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	100.00	-*	1.80
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M50205 CEREAL HOT, Oatmeal (2BG)

1.00 @ 1 cup	212.61	0.71	3.00	6.51	4.25	18.00	38.27	7.09	0.00	2.83	2.17*	0.00	0.00*	0.00*	0.00*	0.00	0.00*	0.00*	0.00*	0.00*	0.00*	6.51	0.00*	2.55
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M50209 COND_Sugar, Cinnamon

1.00 @ 1 tablespoon	45.81	0.00	0.03	0.17	0.01	0.12	11.92	0.02	0.00	0.27	2.40	1.49	0.00	0.01	0.16	0.02	0.00	0.00	0.01	0.00	0.00	5.16	0.32	0.05
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M50439 CEREAL BWL, Cheerios WG

1.00 @ 1 bowl	100.00	0.50	4.50	140.00	2.00	18.00	20.00	3.00	0.00	3.00	-*	500.01	-*	-*	-*	6.00	-*	-*	-*	-*	-*	100.00	-*	8.10
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M50208 CEREAL BWL, CinnTstCrnch RS WG

1.00 @ 1 bowl	110.00	0.50	4.09	160.00	3.00	24.54	22.00	1.00	0.00	3.00	-*	400.01	-*	-*	-*	4.80	-*	-*	-*	-*	-*	200.01	-*	3.60
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M50442 CEREAL BWL, Cocoa Puffs RS WG

1.00 @ 1 bowl	110.05	0.00	0.00	160.08	1.50	12.27	25.01	2.00	0.00	2.00	-*	500.25	-*	-*	-*	6.00	-*	-*	-*	-*	-*	100.05	-*	4.50
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M50524 CEREAL BWL, Lucky Charms WG

7.00 @ 1 bowl	110.00	0.00	0.00	180.00	1.00	8.18	23.00	2.00	0.00	2.00	-*	500.01	-*	-*	-*	6.00	-*	-*	-*	-*	-*	100.00	-*	4.50
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M51237 BRD: BREAD WG, Tst Marg 1sl

8.00 @ 1 slice	110.00	1.33	10.91	160.00	4.33	35.45	15.00	3.00	0.00	1.00	1.33*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	1.08
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M52695 CHEESE, MZ String LF 1ea 1.0

1.00 @ 1 stick	60.00	2.00	30.00	210.01	2.50	37.50	1.00	8.00	10.00	0.00	0.00	146.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	220.01	-*	0.11
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M52728 BRD: BAR, Cereal TeamCh WG IW

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DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Heritage ES

Service Area: Heritage - K-5 - OVS

Menu Name: Heritage ES: 2017-18 Menu w/ESD - cycle 2 - week 3

Avg.Method: Balanced

1.00 @ 1 each	150.00	0.50	3.00	85.00	3.50	21.00	30.00	2.00	0.00	3.00	-*	100.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	200.00	-*	4.50	
M50536 FRUIT: APPLE, 138ct 1/8wg 1/2c																									
6.00 @ 4 wedge	31.53	0.02	0.50	2.39	0.10	2.95	8.40	0.17	0.00	1.45	67.15	33.13	0.00	0.11	1.32	3.11	0.01	0.02	0.06	0.03	0.00	5.02	6.81	0.07	
M52271 FRUIT: PEARS, Dice w/Jc 1/2c																									
24.00 @ 1/2 cup	60.66	0.00	0.00	10.11	0.00	0.00	14.15	0.00	0.00	2.02	80.89	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00	
M53365 JUICE SS, Grape100% 4oz Cart																									
15.00 @ 1 each	80.00	0.00	0.00	15.00	0.00	0.00	18.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00	
M53465 MILK SS, 1% WHITE 8 FLOZ																									
10.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00	
M51096 MILK SS, SKIM CHOCOLATE 8 FLOZ																									
7.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00	
M53222 COND PC Margarine 5g																									
1.00 @ 1 each	30.00	1.00	30.00	30.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	500.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00	
M53221 COND PC Jelly, Grape Smucker																									
1.00 @ 1 each	35.00	0.00	0.00	5.00	0.00	0.00	9.00	0.00	0.00	0.00	0.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00	
M50056 COND PC Sauce, Taco 9g																									
1.00 @ 1 each	5.00	0.00	0.00	55.00	0.00	0.00	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00	
M50058 COND PC Syrup 1.4oz Smuckers																									
1.00 @ 1 each	110.00	0.00	0.00	25.00	0.00	0.00	29.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00	
Average	811.97	4.22	4.68	854.46	12.61	13.97	145.85	23.42	21.25	9.54	385*	1503.6	0*	.09*	.95*	14.23	.01*	.01*	.09*	.02*	0*	645.76	5.01*	6.77	

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DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Heritage ES

Service Area: Heritage - K-5 - OVS

Menu Name: Heritage ES: 2017-18 Menu w/ESD - cycle 2 - week 3

Avg.Method: Balanced

Age Group: Brkfst Grades K-5 **Period:** Breakfast **Week:** 3 **Day:** Tuesday **Count Type:** Forecasted **Total No. of Customers:** 12

Weekly Std.	CAL	SFA (g)	% of CAL	Na (mg)	Fat (g)	% of CAL	CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)
	350.00-500.00		10.00	540.00																		0.00		

M51399 BRD: MUF AP, Blueb 4ozWG (2BG)

6.00 @ 1 muffin	380.00	4.00	9.47	270.00	12.00	28.42	62.00	6.00	80.00	5.00	270.00	100.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	60.00	-*	1.80
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M52695 CHEESE, MZ String LF 1ea 1.0

6.00 @ 1 stick	60.00	2.00	30.00	210.01	2.50	37.50	1.00	8.00	10.00	0.00	0.00	146.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	220.01	-*	0.11
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M50781 BRD: BISC AP, 2.0oz WG

4.00 @ 1 each	210.00	9.00	38.57	460.00	10.00	42.86	27.00	4.00	0.00	2.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	150.00	-*	1.08
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M52558 COND_Gravy, Country Saus SS1.0

4.00 @ 4 fl oz	194.27	4.31	19.98	636.07	13.66	63.28	9.38	5.75	28.75	0.00	0.79*	0.00	0.00*	0.00*	0.00*	0.00	0.00*	0.00*	0.00*	0.00*	0.00*	0.00*	59.99	0.00*	0.26
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M50205 CEREAL HOT, Oatmeal (2BG)

1.00 @ 1 cup	212.61	0.71	3.00	6.51	4.25	18.00	38.27	7.09	0.00	2.83	2.17*	0.00	0.00*	0.00*	0.00*	0.00	0.00*	0.00*	0.00*	0.00*	0.00*	0.00*	6.51	0.00*	2.55
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M50209 COND_Sugar, Cinnamon

1.00 @ 1 tablespoon	45.81	0.00	0.03	0.17	0.01	0.12	11.92	0.02	0.00	0.27	2.40	1.49	0.00	0.01	0.16	0.02	0.00	0.00	0.01	0.00	0.00	5.16	0.32	0.05
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M50439 CEREAL BWL, Cheerios WG

1.00 @ 1 bowl	100.00	0.50	4.50	140.00	2.00	18.00	20.00	3.00	0.00	3.00	-*	500.01	-*	-*	-*	6.00	-*	-*	-*	-*	-*	100.00	-*	8.10
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M50208 CEREAL BWL, CinnTstCrnch RS WG

1.00 @ 1 bowl	110.00	0.50	4.09	160.00	3.00	24.54	22.00	1.00	0.00	3.00	-*	400.01	-*	-*	-*	4.80	-*	-*	-*	-*	-*	200.01	-*	3.60
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M50442 CEREAL BWL, Cocoa Puffs RS WG

1.00 @ 1 bowl	110.05	0.00	0.00	160.08	1.50	12.27	25.01	2.00	0.00	2.00	-*	500.25	-*	-*	-*	6.00	-*	-*	-*	-*	-*	100.05	-*	4.50
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M50524 CEREAL BWL, Lucky Charms WG

1.00 @ 1 bowl	110.00	0.00	0.00	180.00	1.00	8.18	23.00	2.00	0.00	2.00	-*	500.01	-*	-*	-*	6.00	-*	-*	-*	-*	-*	100.00	-*	4.50
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M51237 BRD: BREAD WG, Tst Marg 1sl

8.00 @ 1 slice	110.00	1.33	10.91	160.00	4.33	35.45	15.00	3.00	0.00	1.00	1.33*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	1.08
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M52695 CHEESE, MZ String LF 1ea 1.0

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DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Heritage ES

Service Area: Heritage - K-5 - OVS

Menu Name: Heritage ES: 2017-18 Menu w/ESD - cycle 2 - week 3

Avg.Method: Balanced

1.00 @ 1 stick	60.00	2.00	30.00	210.01	2.50	37.50	1.00	8.00	10.00	0.00	0.00	146.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	220.01	-*	0.11
M52726 BRD: BAR, Cereal FrtyCh WG IW																								
1.00 @ 1 each	150.00	0.50	3.00	95.00	3.50	21.00	29.00	3.00	0.00	3.00	-*	200.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	200.00	-*	1.80
M50429 FRUIT: CANTALOUPE, Fresh 1/2c																								
15.00 @ 1/2 cup	25.70	0.04	1.35	12.10	0.14	5.03	6.17	0.63	0.00	0.68	201.84	2556.59	0.00	0.04	1.89	27.74	0.03	0.01	0.55	0.05	0.00	6.80	11.34	0.16
M50427 FRUIT: FRUIT MIX w/Jc 1/2c																								
24.00 @ 1/2 cup	60.01	0.00	0.00	5.00	0.00	0.00	13.00	1.00	0.00	1.00	-*	200.03	-*	-*	-*	1.20	-*	-*	-*	-*	-*	0.00	-*	0.00
M50980 JUICE SS, Frt Bld 100% 4oz Crt																								
15.00 @ 1 each	60.00	0.00	0.00	10.00	0.00	0.00	14.00	0.00	0.00	0.00	100.00	0.00	-*	-*	-*	3.60	-*	-*	-*	-*	-*	0.00	-*	0.00
M53465 MILK SS, 1% WHITE 8 FLOZ																								
4.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00
M51096 MILK SS, SKIM CHOCOLATE 8 FLOZ																								
9.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00
M53222 COND PC Margarine 5g																								
1.00 @ 1 each	30.00	1.00	30.00	30.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	500.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M53221 COND PC Jelly, Grape Smucker																								
2.00 @ 1 each	35.00	0.00	0.00	5.00	0.00	0.00	9.00	0.00	0.00	0.00	0.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50056 COND PC Sauce, Taco 9g																								
1.00 @ 1 each	5.00	0.00	0.00	55.00	0.00	0.00	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50058 COND PC Syrup 1.4oz Smuckers																								
1.00 @ 1 each	110.00	0.00	0.00	25.00	0.00	0.00	29.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
Average	874.69	9.31	9.58	1017.3	20.77	21.37	142.36	25.89	62.5	8.02	513.83*	4489.45	0*	.05*	2.38*	45.28	.04*	.02*	.69*	.07*	0*	621.15	14.2*	4.42

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DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Heritage ES

Service Area: Heritage - K-5 - OVS

Menu Name: Heritage ES: 2017-18 Menu w/ESD - cycle 2 - week 3

Avg.Method: Balanced

Age Group: Brkfst Grades K-5 **Period:** Breakfast **Week:** 3 **Day:** Wednesday **Count Type:** Forecasted **Total No. of Customers:** 12

Weekly Std.	CAL	SFA (g)	% of CAL	Na (mg)	Fat (g)	% of CAL	CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)
	350.00-500.00		10.00	540.00																		14.17		

M54299 BRD: DONUT, GLAZE MAPLE BACON WG

6.00 @ 1 each	352.78	7.34	18.73	339.33	16.99	43.36	45.38	5.97	3.01	2.81	0.30*	9.50	0.00*	0.00*	0.00*	0.00	0.00*	0.00*	0.00*	0.00*	0.00*	0.00*	14.17	0.00*	0.74
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M51499 YOGURT SS, Danimals Str/Ban4oz

6.00 @ 1 each	70.00	0.00	0.00	60.00	0.00	0.00	14.00	4.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	150.01	-*	0.00
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M51725 SDW BISC, ChixPtyWG 1 (2.25BG)

6.00 @ 1 sandwich	294.42	9.74	29.79	653.66	13.97	42.71	32.46	10.46	12.41	2.99	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	169.86	-*	1.80
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M50288 COND_Honey TBSP

3.00 @ 1 tablespoon	64.63	0.00	0.00	0.85	0.00	0.00	17.52	0.06	0.00	0.04	11.06	0.00	0.00	0.00	0.00	0.11	0.00	0.01	0.03	0.01	0.00	1.28	0.85	0.09
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M50205 CEREAL HOT, Oatmeal (2BG)

2.00 @ 1 cup	212.61	0.71	3.00	6.51	4.25	18.00	38.27	7.09	0.00	2.83	2.17*	0.00	0.00*	0.00*	0.00*	0.00	0.00*	0.00*	0.00*	0.00*	0.00*	0.00*	6.51	0.00*	2.55
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M50209 COND_Sugar, Cinnamon

2.00 @ 1 tablespoon	45.81	0.00	0.03	0.17	0.01	0.12	11.92	0.02	0.00	0.27	2.40	1.49	0.00	0.01	0.16	0.02	0.00	0.00	0.01	0.00	0.00	5.16	0.32	0.05
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M50439 CEREAL BWL, Cheerios WG

1.00 @ 1 bowl	100.00	0.50	4.50	140.00	2.00	18.00	20.00	3.00	0.00	3.00	-*	500.01	-*	-*	-*	6.00	-*	-*	-*	-*	-*	100.00	-*	8.10
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M50208 CEREAL BWL, CinnTstCmch RS WG

3.00 @ 1 bowl	110.00	0.50	4.09	160.00	3.00	24.54	22.00	1.00	0.00	3.00	-*	400.01	-*	-*	-*	4.80	-*	-*	-*	-*	-*	200.01	-*	3.60
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M50442 CEREAL BWL, Cocoa Puffs RS WG

1.00 @ 1 bowl	110.05	0.00	0.00	160.08	1.50	12.27	25.01	2.00	0.00	2.00	-*	500.25	-*	-*	-*	6.00	-*	-*	-*	-*	-*	100.05	-*	4.50
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M50524 CEREAL BWL, Lucky Charms WG

5.00 @ 1 bowl	110.00	0.00	0.00	180.00	1.00	8.18	23.00	2.00	0.00	2.00	-*	500.01	-*	-*	-*	6.00	-*	-*	-*	-*	-*	100.00	-*	4.50
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M51237 BRD: BREAD WG, Tst Marg 1sl

7.00 @ 1 slice	110.00	1.33	10.91	160.00	4.33	35.45	15.00	3.00	0.00	1.00	1.33*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	1.08
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M52695 CHEESE, MZ String LF 1ea 1.0

* Some values for this nutrient are unavailable; the number listed is incomplete.

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DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Heritage ES

Service Area: Heritage - K-5 - OVS

Menu Name: Heritage ES: 2017-18 Menu w/ESD - cycle 2 - week 3

Avg.Method: Balanced

1.00 @ 1 stick	60.00	2.00	30.00	210.01	2.50	37.50	1.00	8.00	10.00	0.00	0.00	146.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	220.01	-*	0.11
M52728 BRD: BAR, Cereal TeamCh WG IW																								
1.00 @ 1 each	150.00	0.50	3.00	85.00	3.50	21.00	30.00	2.00	0.00	3.00	-*	100.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	200.00	-*	4.50
M50786 FRUIT: PEARS 100ct Whole 1.25c																								
4.00 @ 1 each	106.94	0.04	0.35	1.88	0.26	2.21	28.57	0.68	0.00	5.82	217.62	46.90	0.00	0.23	8.25	8.07	0.02	0.05	0.30	0.05	0.00	16.88	22.51	0.34
M50793 FRUIT: APPLESAUCE, AP 1/2c																								
24.00 @ 1/2 cup	91.96	0.00	0.00	10.22	0.00	0.00	22.48	0.00	0.00	2.04	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50982 JUICE SS, ORANGE 100% 4 FLOZ																								
15.00 @ 1 each	50.00	0.00	0.00	15.00	0.00	0.00	12.00	1.00	0.00	0.00	-*	0.00	-*	-*	-*	42.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M53465 MILK SS, 1% WHITE 8 FLOZ																								
6.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00
M51096 MILK SS, SKIM CHOCOLATE 8 FLOZ																								
11.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00
M53222 COND PC Margarine 5g																								
1.00 @ 1 each	30.00	1.00	30.00	30.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	500.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M53221 COND PC Jelly, Grape Smucker																								
2.00 @ 1 each	35.00	0.00	0.00	5.00	0.00	0.00	9.00	0.00	0.00	0.00	0.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50056 COND PC Sauce, Taco 9g																								
1.00 @ 1 each	5.00	0.00	0.00	55.00	0.00	0.00	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50058 COND PC Syrup 1.4oz Smuckers																								
2.00 @ 1 each	110.00	0.00	0.00	25.00	0.00	0.00	29.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
Average	1064.49	10.66	9.01	1067.65	22.27	18.83	189.57	28.3	20.63	12.29	77*	1182.83	0*	.08*	2.78*	62.32	.01*	.02*	.11*	.02*	0*	743.26	7.77*	6.67

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DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Heritage ES

Service Area: Heritage - K-5 - OVS

Menu Name: Heritage ES: 2017-18 Menu w/ESD - cycle 2 - week 3

Avg.Method: Balanced

Age Group: Brkfst Grades K-5 **Period:** Breakfast **Week:** 3 **Day:** Thursday **Count Type:** Forecasted **Total No. of Customers:** 15

Weekly Std.	CAL	SFA		Na	Fat		CHO	Pro	Chol	Fiber	K	Vit A	Vit D	Vit E	Vit K	Vit C	Vit B1	Vit B2	Vit B3	Vit B6	Vit B12	Ca	P	Fe
	(350.00-500.00)	(g)	% of CAL	(mg)	(g)	% of CAL	(g)	(g)	(mg)	(g)	(mg)	(IU)	(IU)	(mg)	(mcg)	(mg)	(mg)	(mg)	(mg)	(mg)	(mcg)	(mg)	(mg)	(mg)
			10.00	540.00																		100.05		

M52636 BRD: WAFFLE, AP MAPLE MADNESS WG IW

8.00 @ 1 pouch	210.00	1.00	4.29	170.00	6.00	25.72	38.00	4.00	0.00	3.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	20.00	-*	0.72
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M52695 CHEESE, MZ String LF 1ea 1.0

8.00 @ 1 stick	60.00	2.00	30.00	210.01	2.50	37.50	1.00	8.00	10.00	0.00	0.00	146.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	220.01	-*	0.11
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M54066 SDW BN, EggCSausSS AM WG 1.0

4.00 @ 1 sandwich	228.05	3.57	14.08	567.50	8.48	33.47	28.08	11.09	80.09	2.00	0.00*	209.04	-*	-*	-*	0.00	-*	-*	-*	-*	-*	150.81	-*	1.78
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M50205 CEREAL HOT, Oatmeal (2BG)

2.00 @ 1 cup	212.61	0.71	3.00	6.51	4.25	18.00	38.27	7.09	0.00	2.83	2.17*	0.00	0.00*	0.00*	0.00*	0.00	0.00*	0.00*	0.00*	0.00*	0.00*	0.00*	6.51	0.00*	2.55
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M50209 COND_Sugar, Cinnamon

2.00 @ 1 tablespoon	45.81	0.00	0.03	0.17	0.01	0.12	11.92	0.02	0.00	0.27	2.40	1.49	0.00	0.01	0.16	0.02	0.00	0.00	0.01	0.00	0.00	5.16	0.32	0.05
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M50439 CEREAL BWL, Cheerios WG

2.00 @ 1 bowl	100.00	0.50	4.50	140.00	2.00	18.00	20.00	3.00	0.00	3.00	-*	500.01	-*	-*	-*	6.00	-*	-*	-*	-*	-*	100.00	-*	8.10
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M50208 CEREAL BWL, CinnTstCrnch RS WG

6.00 @ 1 bowl	110.00	0.50	4.09	160.00	3.00	24.54	22.00	1.00	0.00	3.00	-*	400.01	-*	-*	-*	4.80	-*	-*	-*	-*	-*	200.01	-*	3.60
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M50442 CEREAL BWL, Cocoa Puffs RS WG

2.00 @ 1 bowl	110.05	0.00	0.00	160.08	1.50	12.27	25.01	2.00	0.00	2.00	-*	500.25	-*	-*	-*	6.00	-*	-*	-*	-*	-*	100.05	-*	4.50
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M50524 CEREAL BWL, Lucky Charms WG

4.00 @ 1 bowl	110.00	0.00	0.00	180.00	1.00	8.18	23.00	2.00	0.00	2.00	-*	500.01	-*	-*	-*	6.00	-*	-*	-*	-*	-*	100.00	-*	4.50
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M51237 BRD: BREAD WG, Tst Marg 1sl

7.00 @ 1 slice	110.00	1.33	10.91	160.00	4.33	35.45	15.00	3.00	0.00	1.00	1.33*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	1.08
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M52695 CHEESE, MZ String LF 1ea 1.0

1.00 @ 1 stick	60.00	2.00	30.00	210.01	2.50	37.50	1.00	8.00	10.00	0.00	0.00	146.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	220.01	-*	0.11
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M52726 BRD: BAR, Cereal FrtyCh WG IW

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DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Heritage ES

Service Area: Heritage - K-5 - OVS

Menu Name: Heritage ES: 2017-18 Menu w/ESD - cycle 2 - week 3

Avg.Method: Balanced

1.00 @ 1 each	150.00	0.50	3.00	95.00	3.50	21.00	29.00	3.00	0.00	3.00	-*	200.00	-*	-*	-*	1.20	-*	-*	-*	-*	200.00	-*	1.80	
M50534 FRUIT: ORANGE 138ct 1/8wg 1/2c																								
6.00 @ 8 wedge	46.96	0.01	0.29	0.00	0.12	2.30	11.74	0.94	0.00	2.40	180.86	224.82	0.00	0.18	0.00	53.16	0.09	0.04	0.28	0.06	0.00	39.97	13.99	0.10
M50722 FRUIT: RAISINS, SS BOX																								
6.00 @ 1 each	127.15	0.02	0.17	4.68	0.20	1.38	33.67	1.31	0.00	1.57	318.51	0.00	0.00	0.05	1.49	0.98	0.05	0.05	0.33	0.07	0.00	21.26	42.95	0.80
M50980 JUICE SS, Frt Bld 100% 4oz Crt																								
15.00 @ 1 each	60.00	0.00	0.00	10.00	0.00	0.00	14.00	0.00	0.00	0.00	100.00	0.00	-*	-*	-*	3.60	-*	-*	-*	-*	-*	0.00	-*	0.00
M53465 MILK SS, 1% WHITE 8 FLOZ																								
6.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00
M51096 MILK SS, SKIM CHOCOLATE 8 FLOZ																								
10.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00
M53222 COND PC Margarine 5g																								
1.00 @ 1 each	30.00	1.00	30.00	30.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	500.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M53221 COND PC Jelly, Grape Smucker																								
3.00 @ 1 each	35.00	0.00	0.00	5.00	0.00	0.00	9.00	0.00	0.00	0.00	0.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50056 COND PC Sauce, Taco 9g																								
1.00 @ 1 each	5.00	0.00	0.00	55.00	0.00	0.00	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50058 COND PC Syrup 1.4oz Smuckers																								
10.00 @ 1 each	110.00	0.00	0.00	25.00	0.00	0.00	29.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
Average	742.26	4.38	5.32	809.11	13.05	15.82	136.81	23.47	34.69	7.2	300.98*	1240.19	0*	.09*	.62*	32.22	.05*	.04*	.24*	.05*	0*	675.61	22.82*	6.58

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DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Heritage ES

Service Area: Heritage - K-5 - OVS

Menu Name: Heritage ES: 2017-18 Menu w/ESD - cycle 2 - week 3

Avg.Method: Balanced

Age Group: Brkfst Grades K-5 **Period:** Breakfast **Week:** 3 **Day:** Friday **Count Type:** Forecasted **Total No. of Customers:** 12

Weekly Std.	CAL	SFA		Na	Fat		CHO	Pro	Chol	Fiber	K	Vit A	Vit D	Vit E	Vit K	Vit C	Vit B1	Vit B2	Vit B3	Vit B6	Vit B12	Ca	P	Fe
	(kcal)	(g)	% of CAL	(mg)	(g)	% of CAL	(g)	(g)	(mg)	(g)	(mg)	(IU)	(IU)	(mg)	(mcg)	(mg)	(mg)	(mg)	(mg)	(mcg)	(mg)	(mg)	(mg)	(mg)
	350.00-500.00		10.00	540.00																		40.00		

M51241 BRD: ROLL AP, CinnMini WG IW

6.00 @ 1 pouch	240.00	2.00	7.50	300.00	8.00	30.00	40.00	5.00	0.00	2.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	40.00	-*	1.44
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M52064 TACO EGG CH BACON TATER BITE WG2.0 2EA

6.00 @ 2 each	433.60	7.30	15.16	698.45	20.64	42.84	42.39	19.03	201.12	5.46	0.00*	313.67	-*	-*	-*	0.00	-*	-*	-*	-*	-*	300.07	-*	3.28
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M50205 CEREAL HOT, Oatmeal (2BG)

2.00 @ 1 cup	212.61	0.71	3.00	6.51	4.25	18.00	38.27	7.09	0.00	2.83	2.17*	0.00	0.00*	0.00*	0.00*	0.00	0.00*	0.00*	0.00*	0.00*	0.00*	0.00*	6.51	0.00*	2.55
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M50209 COND_Sugar, Cinnamon

2.00 @ 1 tablespoon	45.81	0.00	0.03	0.17	0.01	0.12	11.92	0.02	0.00	0.27	2.40	1.49	0.00	0.01	0.16	0.02	0.00	0.00	0.01	0.00	0.00	5.16	0.32	0.05
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M50439 CEREAL BWL, Cheerios WG

1.00 @ 1 bowl	100.00	0.50	4.50	140.00	2.00	18.00	20.00	3.00	0.00	3.00	-*	500.01	-*	-*	-*	6.00	-*	-*	-*	-*	-*	100.00	-*	8.10
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M50208 CEREAL BWL, CinnTstCrnch RS WG

3.00 @ 1 bowl	110.00	0.50	4.09	160.00	3.00	24.54	22.00	1.00	0.00	3.00	-*	400.01	-*	-*	-*	4.80	-*	-*	-*	-*	-*	200.01	-*	3.60
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M50442 CEREAL BWL, Cocoa Puffs RS WG

2.00 @ 1 bowl	110.05	0.00	0.00	160.08	1.50	12.27	25.01	2.00	0.00	2.00	-*	500.25	-*	-*	-*	6.00	-*	-*	-*	-*	-*	100.05	-*	4.50
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M50524 CEREAL BWL, Lucky Charms WG

2.00 @ 1 bowl	110.00	0.00	0.00	180.00	1.00	8.18	23.00	2.00	0.00	2.00	-*	500.01	-*	-*	-*	6.00	-*	-*	-*	-*	-*	100.00	-*	4.50
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M51237 BRD: BREAD WG, Tst Marg 1sl

4.00 @ 1 slice	110.00	1.33	10.91	160.00	4.33	35.45	15.00	3.00	0.00	1.00	1.33*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	1.08
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M50543 FRUIT: BANANA (100-120ct) Whl

3.00 @ 1 each	93.95	0.12	1.13	1.06	0.35	3.34	24.11	1.15	0.00	2.74	377.91	67.56	0.00	0.11	0.53	9.18	0.03	0.08	0.70	0.39	0.00	5.28	23.22	0.27
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M52268 FRUIT: PEACHES Dice w/Jc 1/2c

31.00 @ 1/2 cup	50.83	0.00	0.00	10.17	0.00	0.00	12.20	0.00	0.00	0.00	182.98	304.97	-*	-*	-*	1.22	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50979 JUICE SS, Apple 100% 4oz Cart

* Some values for this nutrient are unavailable; the number listed is incomplete.

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DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Heritage ES

Service Area: Heritage - K-5 - OVS

Menu Name: Heritage ES: 2017-18 Menu w/ESD - cycle 2 - week 3

Avg.Method: Balanced

13.00 @ 1 each	60.00	0.00	0.00	15.00	0.00	0.00	14.00	0.00	0.00	0.00	85.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	0.00	-*	0.00
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M53465 MILK SS, 1% WHITE 8 FLOZ

3.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	300.00	-*	0.00
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M51096 MILK SS, SKIM CHOCOLATE 8 FLOZ

9.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	300.00	-*	0.00
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Average	826.35	5.79	6.3	872.3	18.52	20.17	140.69	23.66	106.81	6.93	660.47*	1770.2	0*	.03*	.16*	10.65	.01*	.02*	.18*	.1*	0*	564.98	5.86*	6.3
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