



DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Heritage ES

Service Area: Heritage - K-5 - OVS

Menu Name: Heritage ES: 2017-18 Menu w/ESD - cycle 2 - week 1

Avg.Method: Balanced

Age Group: Brkfst Grades K-5 **Period:** Breakfast **Week:** 1 **Day:** Monday **Count Type:** Forecasted **Total No. of Customers:** 10

| Weekly Std. | SFA | | Na (mg) | Fat | | CHO (g) | Pro (g) | Chol (mg) | Fiber (g) | K (mg) | Vit A (IU) | Vit D (IU) | Vit E (mg) | Vit K (mcg) | Vit C (mg) | Vit B1 (mg) | Vit B2 (mg) | Vit B3 (mg) | Vit B6 (mg) | Vit B12 (mcg) | Ca (mg) | P (mg) | Fe (mg) |
|---------------|-----|-------|---------|----------|-----|---------|---------|-----------|-----------|--------|------------|------------|------------|-------------|------------|-------------|-------------|-------------|-------------|---------------|---------|--------|---------|
| | CAL | (g) | | % of CAL | (g) | | | | | | | | | | | | | | | | | | |
| 350.00-500.00 | | 10.00 | 540.00 | | | | | | | | | | | | | | | | | | 220.01 | | |

M52283 YOGURT, Parfait Strawberry 1.0

| | | | | | | | | | | | | | | | | | | | | | | | | |
|------------------|--------|------|------|-------|------|------|-------|------|------|------|---------|--------|-------|-------|-------|-------|-------|-------|-------|-------|-------|--------|-------|------|
| 4.00 @ 1 serving | 144.73 | 0.57 | 3.57 | 68.61 | 1.22 | 7.57 | 29.99 | 4.23 | 5.00 | 1.18 | 203.00* | 623.62 | 0.00* | 0.10* | 0.79* | 14.89 | 0.01* | 0.01* | 0.17* | 0.01* | 0.00* | 120.08 | 4.65* | 0.53 |
|------------------|--------|------|------|-------|------|------|-------|------|------|------|---------|--------|-------|-------|-------|-------|-------|-------|-------|-------|-------|--------|-------|------|

M51494 BRD: BREAD WG, Tst CinnMrg 1sl

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------|--------|------|------|--------|------|-------|-------|------|------|------|-------|------|-------|-------|-------|------|-------|-------|-------|-------|-------|------|-------|------|
| 4.00 @ 1 slice | 125.27 | 1.33 | 9.58 | 160.05 | 4.34 | 31.15 | 18.97 | 3.01 | 0.00 | 1.09 | 2.13* | 0.50 | 0.00* | 0.00* | 0.05* | 0.01 | 0.00* | 0.00* | 0.00* | 0.00* | 0.00* | 1.72 | 0.11* | 1.10 |
|----------------|--------|------|------|--------|------|-------|-------|------|------|------|-------|------|-------|-------|-------|------|-------|-------|-------|-------|-------|------|-------|------|

M52925 PIZZA AP Tony Bkfst T.Ssg 1.0

| | | | | | | | | | | | | | | | | | | | | | | | | |
|---------------|--------|------|------|--------|------|-------|-------|------|-------|------|--------|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 6.00 @ 1 each | 210.00 | 2.00 | 8.57 | 480.01 | 7.00 | 30.00 | 26.00 | 9.00 | 15.00 | 2.00 | 240.00 | 200.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 100.00 | -* | 1.80 |
|---------------|--------|------|------|--------|------|-------|-------|------|-------|------|--------|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M50205 CEREAL HOT, Oatmeal (2BG)

| | | | | | | | | | | | | | | | | | | | | | | | | |
|--------------|--------|------|------|------|------|-------|-------|------|------|------|-------|------|-------|-------|-------|------|-------|-------|-------|-------|-------|------|-------|------|
| 4.00 @ 1 cup | 212.61 | 0.71 | 3.00 | 6.51 | 4.25 | 18.00 | 38.27 | 7.09 | 0.00 | 2.83 | 2.17* | 0.00 | 0.00* | 0.00* | 0.00* | 0.00 | 0.00* | 0.00* | 0.00* | 0.00* | 0.00* | 6.51 | 0.00* | 2.55 |
|--------------|--------|------|------|------|------|-------|-------|------|------|------|-------|------|-------|-------|-------|------|-------|-------|-------|-------|-------|------|-------|------|

M50209 COND_Sugar, Cinnamon

| | | | | | | | | | | | | | | | | | | | | | | | | |
|---------------------|-------|------|------|------|------|------|-------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|
| 4.00 @ 1 tablespoon | 45.81 | 0.00 | 0.03 | 0.17 | 0.01 | 0.12 | 11.92 | 0.02 | 0.00 | 0.27 | 2.40 | 1.49 | 0.00 | 0.01 | 0.16 | 0.02 | 0.00 | 0.00 | 0.01 | 0.00 | 0.00 | 5.16 | 0.32 | 0.05 |
|---------------------|-------|------|------|------|------|------|-------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|

M50439 CEREAL BWL, Cheerios WG

| | | | | | | | | | | | | | | | | | | | | | | | | |
|---------------|--------|------|------|--------|------|-------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 1.00 @ 1 bowl | 100.00 | 0.50 | 4.50 | 140.00 | 2.00 | 18.00 | 20.00 | 3.00 | 0.00 | 3.00 | -* | 500.01 | -* | -* | -* | 6.00 | -* | -* | -* | -* | -* | 100.00 | -* | 8.10 |
|---------------|--------|------|------|--------|------|-------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M50208 CEREAL BWL, CinnTstCmch RS WG

| | | | | | | | | | | | | | | | | | | | | | | | | |
|---------------|--------|------|------|--------|------|-------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 1.00 @ 1 bowl | 110.00 | 0.50 | 4.09 | 160.00 | 3.00 | 24.54 | 22.00 | 1.00 | 0.00 | 3.00 | -* | 400.01 | -* | -* | -* | 4.80 | -* | -* | -* | -* | -* | 200.01 | -* | 3.60 |
|---------------|--------|------|------|--------|------|-------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M50442 CEREAL BWL, Cocoa Puffs RS WG

| | | | | | | | | | | | | | | | | | | | | | | | | |
|---------------|--------|------|------|--------|------|-------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 1.00 @ 1 bowl | 110.05 | 0.00 | 0.00 | 160.08 | 1.50 | 12.27 | 25.01 | 2.00 | 0.00 | 2.00 | -* | 500.25 | -* | -* | -* | 6.00 | -* | -* | -* | -* | -* | 100.05 | -* | 4.50 |
|---------------|--------|------|------|--------|------|-------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M50524 CEREAL BWL, Lucky Charms WG

| | | | | | | | | | | | | | | | | | | | | | | | | |
|---------------|--------|------|------|--------|------|------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 1.00 @ 1 bowl | 110.00 | 0.00 | 0.00 | 180.00 | 1.00 | 8.18 | 23.00 | 2.00 | 0.00 | 2.00 | -* | 500.01 | -* | -* | -* | 6.00 | -* | -* | -* | -* | -* | 100.00 | -* | 4.50 |
|---------------|--------|------|------|--------|------|------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M51237 BRD: BREAD WG, Tst Marg 1sl

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------|--------|------|-------|--------|------|-------|-------|------|------|------|-------|------|----|----|----|------|----|----|----|----|----|------|----|------|
| 8.00 @ 1 slice | 110.00 | 1.33 | 10.91 | 160.00 | 4.33 | 35.45 | 15.00 | 3.00 | 0.00 | 1.00 | 1.33* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 1.08 |
|----------------|--------|------|-------|--------|------|-------|-------|------|------|------|-------|------|----|----|----|------|----|----|----|----|----|------|----|------|

M52695 CHEESE, MZ String LF 1ea 1.0

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------|-------|------|-------|--------|------|-------|------|------|-------|------|------|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 1.00 @ 1 stick | 60.00 | 2.00 | 30.00 | 210.01 | 2.50 | 37.50 | 1.00 | 8.00 | 10.00 | 0.00 | 0.00 | 146.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 220.01 | -* | 0.11 |
|----------------|-------|------|-------|--------|------|-------|------|------|-------|------|------|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M52728 BRD: BAR, Cereal TeamCh WG IW

* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Heritage ES

Service Area: Heritage - K-5 - OVS

Menu Name: Heritage ES: 2017-18 Menu w/ESD - cycle 2 - week 1

Avg.Method: Balanced

| | | | | | | | | | | | | | | | | | | | | | | | | |
|---------------------------------------|--------|------|-------|--------|-------|-------|--------|-------|-------|-------|---------|--------|------|------|-------|-------|------|------|------|------|--------|--------|--------|------|
| 1.00 @ 1 each | 150.00 | 0.50 | 3.00 | 85.00 | 3.50 | 21.00 | 30.00 | 2.00 | 0.00 | 3.00 | -* | 100.00 | -* | -* | -* | 1.20 | -* | -* | -* | -* | 200.00 | -* | 4.50 | |
| M50843 FRUIT: STRAWBERRIES, Frsh 1/2c | | | | | | | | | | | | | | | | | | | | | | | | |
| 12.00 @ 1/2 cup | 24.57 | 0.01 | 0.42 | 0.77 | 0.23 | 8.44 | 5.90 | 0.51 | 0.00 | 1.54 | 117.47 | 9.21 | 0.00 | 0.22 | 1.69 | 45.14 | 0.02 | 0.02 | 0.30 | 0.04 | 0.00 | 12.28 | 18.43 | 0.31 |
| M52271 FRUIT: PEARS, Dice w/Jc 1/2c | | | | | | | | | | | | | | | | | | | | | | | | |
| 24.00 @ 1/2 cup | 60.66 | 0.00 | 0.00 | 10.11 | 0.00 | 0.00 | 14.15 | 0.00 | 0.00 | 2.02 | 80.89 | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | 0.00 | -* | 0.00 | |
| M53365 JUICE SS, Grape100% 4oz Cart | | | | | | | | | | | | | | | | | | | | | | | | |
| 12.00 @ 1 each | 80.00 | 0.00 | 0.00 | 15.00 | 0.00 | 0.00 | 18.00 | 0.00 | 0.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | 0.00 | -* | 0.00 | |
| M53465 MILK SS, 1% WHITE 8 FLOZ | | | | | | | | | | | | | | | | | | | | | | | | |
| 4.00 @ 1 carton | 110.00 | 1.50 | 12.28 | 130.00 | 2.50 | 20.46 | 13.00 | 8.00 | 10.00 | 0.00 | -* | 500.00 | -* | -* | -* | 2.40 | -* | -* | -* | -* | 300.00 | -* | 0.00 | |
| M51096 MILK SS, SKIM CHOCOLATE 8 FLOZ | | | | | | | | | | | | | | | | | | | | | | | | |
| 2.00 @ 1 carton | 120.00 | 0.00 | 0.00 | 180.00 | 0.00 | 0.00 | 20.00 | 8.00 | 5.00 | 0.00 | -* | 500.00 | -* | -* | -* | 1.20 | -* | -* | -* | -* | 300.00 | -* | 0.00 | |
| M53222 COND PC Margarine 5g | | | | | | | | | | | | | | | | | | | | | | | | |
| 1.00 @ 1 each | 30.00 | 1.00 | 30.00 | 30.00 | 3.00 | 90.00 | 0.00 | 0.00 | 0.00 | 0.00 | -* | 500.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | 0.00 | -* | 0.00 | |
| M53221 COND PC Jelly, Grape Smucker | | | | | | | | | | | | | | | | | | | | | | | | |
| 1.00 @ 1 each | 35.00 | 0.00 | 0.00 | 5.00 | 0.00 | 0.00 | 9.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | 0.00 | -* | 0.00 | |
| M50056 COND PC Sauce, Taco 9g | | | | | | | | | | | | | | | | | | | | | | | | |
| 1.00 @ 1 each | 5.00 | 0.00 | 0.00 | 55.00 | 0.00 | 0.00 | 1.00 | 0.00 | 0.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | 0.00 | -* | 0.00 | |
| M50058 COND PC Syrup 1.4oz Smuckers | | | | | | | | | | | | | | | | | | | | | | | | |
| 1.00 @ 1 each | 110.00 | 0.00 | 0.00 | 25.00 | 0.00 | 0.00 | 29.00 | 0.00 | 0.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | 0.00 | -* | 0.00 | |
| Average | 846.45 | 4.38 | 4.65 | 746.34 | 14.52 | 15.44 | 155.11 | 20.75 | 17 | 12.14 | 564.04* | 945.93 | 0* | .31* | 2.43* | 63.74 | .03* | .03* | .43* | .05* | 0* | 400.14 | 24.14* | 6.54 |

* Some values for this nutrient are unavailable; the number listed is incomplete.

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DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Heritage ES

Service Area: Heritage - K-5 - OVS

Menu Name: Heritage ES: 2017-18 Menu w/ESD - cycle 2 - week 1

Avg.Method: Balanced

Age Group: Brkfst Grades K-5 **Period:** Breakfast **Week:** 1 **Day:** Tuesday **Count Type:** Forecasted **Total No. of Customers:** 15

| Weekly Std. | CAL | SFA | | Na | Fat | | CHO | Pro | Chol | Fiber | K | Vit A | Vit D | Vit E | Vit K | Vit C | Vit B1 | Vit B2 | Vit B3 | Vit B6 | Vit B12 | Ca | P | Fe |
|-------------|---------------|-----|----------|--------|-----|----------|-----|-----|------|-------|------|-------|-------|-------|-------|-------|--------|--------|--------|--------|---------|------|------|------|
| | | (g) | % of CAL | (mg) | (g) | % of CAL | (g) | (g) | (mg) | (g) | (mg) | (IU) | (IU) | (mg) | (mcg) | (mg) | (mg) | (mg) | (mg) | (mcg) | (mg) | (mg) | (mg) | (mg) |
| | 350.00-500.00 | | 10.00 | 540.00 | | | | | | | | | | | | | | | | | | 0.00 | | |

M51400 BRD: MUF AP, Choc 4oz WG (2BG)

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-----------------|--------|------|------|--------|-------|-------|-------|------|-------|------|--------|--------|----|----|----|------|----|----|----|----|----|-------|----|------|
| 8.00 @ 1 muffin | 390.00 | 4.00 | 9.23 | 270.00 | 12.00 | 27.69 | 64.00 | 7.00 | 90.00 | 5.00 | 320.00 | 100.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 60.00 | -* | 2.70 |
|-----------------|--------|------|------|--------|-------|-------|-------|------|-------|------|--------|--------|----|----|----|------|----|----|----|----|----|-------|----|------|

M52695 CHEESE, MZ String LF 1ea 1.0

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------|-------|------|-------|--------|------|-------|------|------|-------|------|------|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 8.00 @ 1 stick | 60.00 | 2.00 | 30.00 | 210.01 | 2.50 | 37.50 | 1.00 | 8.00 | 10.00 | 0.00 | 0.00 | 146.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 220.01 | -* | 0.11 |
|----------------|-------|------|-------|--------|------|-------|------|------|-------|------|------|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M51725 SDW BISC, ChixPtyWG 1 (2.25BG)

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-------------------|--------|------|-------|--------|-------|-------|-------|-------|-------|------|----|------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 5.00 @ 1 sandwich | 294.42 | 9.74 | 29.79 | 653.66 | 13.97 | 42.71 | 32.46 | 10.46 | 12.41 | 2.99 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 169.86 | -* | 1.80 |
|-------------------|--------|------|-------|--------|-------|-------|-------|-------|-------|------|----|------|----|----|----|------|----|----|----|----|----|--------|----|------|

M50288 COND_Honey TBSP

| | | | | | | | | | | | | | | | | | | | | | | | | |
|---------------------|-------|------|------|------|------|------|-------|------|------|------|-------|------|------|------|------|------|------|------|------|------|------|------|------|------|
| 5.00 @ 1 tablespoon | 64.63 | 0.00 | 0.00 | 0.85 | 0.00 | 0.00 | 17.52 | 0.06 | 0.00 | 0.04 | 11.06 | 0.00 | 0.00 | 0.00 | 0.00 | 0.11 | 0.00 | 0.01 | 0.03 | 0.01 | 0.00 | 1.28 | 0.85 | 0.09 |
|---------------------|-------|------|------|------|------|------|-------|------|------|------|-------|------|------|------|------|------|------|------|------|------|------|------|------|------|

M50205 CEREAL HOT, Oatmeal (2BG)

| | | | | | | | | | | | | | | | | | | | | | | | | |
|--------------|--------|------|------|------|------|-------|-------|------|------|------|-------|------|-------|-------|-------|------|-------|-------|-------|-------|-------|------|-------|------|
| 4.00 @ 1 cup | 212.61 | 0.71 | 3.00 | 6.51 | 4.25 | 18.00 | 38.27 | 7.09 | 0.00 | 2.83 | 2.17* | 0.00 | 0.00* | 0.00* | 0.00* | 0.00 | 0.00* | 0.00* | 0.00* | 0.00* | 0.00* | 6.51 | 0.00* | 2.55 |
|--------------|--------|------|------|------|------|-------|-------|------|------|------|-------|------|-------|-------|-------|------|-------|-------|-------|-------|-------|------|-------|------|

M50209 COND_Sugar, Cinnamon

| | | | | | | | | | | | | | | | | | | | | | | | | |
|---------------------|-------|------|------|------|------|------|-------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|
| 4.00 @ 1 tablespoon | 45.81 | 0.00 | 0.03 | 0.17 | 0.01 | 0.12 | 11.92 | 0.02 | 0.00 | 0.27 | 2.40 | 1.49 | 0.00 | 0.01 | 0.16 | 0.02 | 0.00 | 0.00 | 0.01 | 0.00 | 0.00 | 5.16 | 0.32 | 0.05 |
|---------------------|-------|------|------|------|------|------|-------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|

M50439 CEREAL BWL, Cheerios WG

| | | | | | | | | | | | | | | | | | | | | | | | | |
|---------------|--------|------|------|--------|------|-------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 1.00 @ 1 bowl | 100.00 | 0.50 | 4.50 | 140.00 | 2.00 | 18.00 | 20.00 | 3.00 | 0.00 | 3.00 | -* | 500.01 | -* | -* | -* | 6.00 | -* | -* | -* | -* | -* | 100.00 | -* | 8.10 |
|---------------|--------|------|------|--------|------|-------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M50208 CEREAL BWL, CinnTstCrnch RS WG

| | | | | | | | | | | | | | | | | | | | | | | | | |
|---------------|--------|------|------|--------|------|-------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 1.00 @ 1 bowl | 110.00 | 0.50 | 4.09 | 160.00 | 3.00 | 24.54 | 22.00 | 1.00 | 0.00 | 3.00 | -* | 400.01 | -* | -* | -* | 4.80 | -* | -* | -* | -* | -* | 200.01 | -* | 3.60 |
|---------------|--------|------|------|--------|------|-------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M50442 CEREAL BWL, Cocoa Puffs RS WG

| | | | | | | | | | | | | | | | | | | | | | | | | |
|---------------|--------|------|------|--------|------|-------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 1.00 @ 1 bowl | 110.05 | 0.00 | 0.00 | 160.08 | 1.50 | 12.27 | 25.01 | 2.00 | 0.00 | 2.00 | -* | 500.25 | -* | -* | -* | 6.00 | -* | -* | -* | -* | -* | 100.05 | -* | 4.50 |
|---------------|--------|------|------|--------|------|-------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M50524 CEREAL BWL, Lucky Charms WG

| | | | | | | | | | | | | | | | | | | | | | | | | |
|---------------|--------|------|------|--------|------|------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 1.00 @ 1 bowl | 110.00 | 0.00 | 0.00 | 180.00 | 1.00 | 8.18 | 23.00 | 2.00 | 0.00 | 2.00 | -* | 500.01 | -* | -* | -* | 6.00 | -* | -* | -* | -* | -* | 100.00 | -* | 4.50 |
|---------------|--------|------|------|--------|------|------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M51237 BRD: BREAD WG, Tst Marg 1sl

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------|--------|------|-------|--------|------|-------|-------|------|------|------|-------|------|----|----|----|------|----|----|----|----|----|------|----|------|
| 8.00 @ 1 slice | 110.00 | 1.33 | 10.91 | 160.00 | 4.33 | 35.45 | 15.00 | 3.00 | 0.00 | 1.00 | 1.33* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 1.08 |
|----------------|--------|------|-------|--------|------|-------|-------|------|------|------|-------|------|----|----|----|------|----|----|----|----|----|------|----|------|

M52695 CHEESE, MZ String LF 1ea 1.0

* Some values for this nutrient are unavailable; the number listed is incomplete.

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DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Heritage ES

Service Area: Heritage - K-5 - OVS

Menu Name: Heritage ES: 2017-18 Menu w/ESD - cycle 2 - week 1

Avg.Method: Balanced

| | | | | | | | | | | | | | | | | | | | | | | | | |
|---------------------------------------|---------|-------|-------|---------|-------|-------|--------|--------|--------|------|---------|----------|------|------|-------|-------|------|------|------|------|------|---------|--------|------|
| 1.00 @ 1 stick | 60.00 | 2.00 | 30.00 | 210.01 | 2.50 | 37.50 | 1.00 | 8.00 | 10.00 | 0.00 | 0.00 | 146.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 220.01 | -* | 0.11 |
| M52726 BRD: BAR, Cereal FrtyCh WG IW | | | | | | | | | | | | | | | | | | | | | | | | |
| 1.00 @ 1 each | 150.00 | 0.50 | 3.00 | 95.00 | 3.50 | 21.00 | 29.00 | 3.00 | 0.00 | 3.00 | -* | 200.00 | -* | -* | -* | 1.20 | -* | -* | -* | -* | -* | 200.00 | -* | 1.80 |
| M50429 FRUIT: CANTALOUPE, Fresh 1/2c | | | | | | | | | | | | | | | | | | | | | | | | |
| 15.00 @ 1/2 cup | 25.70 | 0.04 | 1.35 | 12.10 | 0.14 | 5.03 | 6.17 | 0.63 | 0.00 | 0.68 | 201.84 | 2556.59 | 0.00 | 0.04 | 1.89 | 27.74 | 0.03 | 0.01 | 0.55 | 0.05 | 0.00 | 6.80 | 11.34 | 0.16 |
| M50427 FRUIT: FRUIT MIX w/Jc 1/2c | | | | | | | | | | | | | | | | | | | | | | | | |
| 24.00 @ 1/2 cup | 60.01 | 0.00 | 0.00 | 5.00 | 0.00 | 0.00 | 13.00 | 1.00 | 0.00 | 1.00 | -* | 200.03 | -* | -* | -* | 1.20 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
| M50980 JUICE SS, Frt Bld 100% 4oz Crt | | | | | | | | | | | | | | | | | | | | | | | | |
| 15.00 @ 1 each | 60.00 | 0.00 | 0.00 | 10.00 | 0.00 | 0.00 | 14.00 | 0.00 | 0.00 | 0.00 | 100.00 | 0.00 | -* | -* | -* | 3.60 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
| M53465 MILK SS, 1% WHITE 8 FLOZ | | | | | | | | | | | | | | | | | | | | | | | | |
| 50.00 @ 1 carton | 110.00 | 1.50 | 12.28 | 130.00 | 2.50 | 20.46 | 13.00 | 8.00 | 10.00 | 0.00 | -* | 500.00 | -* | -* | -* | 2.40 | -* | -* | -* | -* | -* | 300.00 | -* | 0.00 |
| M51096 MILK SS, SKIM CHOCOLATE 8 FLOZ | | | | | | | | | | | | | | | | | | | | | | | | |
| 200.00 @ 1 carton | 120.00 | 0.00 | 0.00 | 180.00 | 0.00 | 0.00 | 20.00 | 8.00 | 5.00 | 0.00 | -* | 500.00 | -* | -* | -* | 1.20 | -* | -* | -* | -* | -* | 300.00 | -* | 0.00 |
| M53222 COND PC Margarine 5g | | | | | | | | | | | | | | | | | | | | | | | | |
| 1.00 @ 1 each | 30.00 | 1.00 | 30.00 | 30.00 | 3.00 | 90.00 | 0.00 | 0.00 | 0.00 | 0.00 | -* | 500.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
| M53221 COND PC Jelly, Grape Smucker | | | | | | | | | | | | | | | | | | | | | | | | |
| 1.00 @ 1 each | 35.00 | 0.00 | 0.00 | 5.00 | 0.00 | 0.00 | 9.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
| M50056 COND PC Sauce, Taco 9g | | | | | | | | | | | | | | | | | | | | | | | | |
| 1.00 @ 1 each | 5.00 | 0.00 | 0.00 | 55.00 | 0.00 | 0.00 | 1.00 | 0.00 | 0.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
| M50058 COND PC Syrup 1.4oz Smuckers | | | | | | | | | | | | | | | | | | | | | | | | |
| 1.00 @ 1 each | 110.00 | 0.00 | 0.00 | 25.00 | 0.00 | 0.00 | 29.00 | 0.00 | 0.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
| Average | 2690.33 | 12.69 | 4.24 | 3495.41 | 25.42 | 8.5 | 434.29 | 151.84 | 158.14 | 8.19 | 478.12* | 11524.72 | 0* | .04* | 1.93* | 58.91 | .03* | .02* | .57* | .06* | 0* | 5277.68 | 11.71* | 5.06 |

* Some values for this nutrient are unavailable; the number listed is incomplete.

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DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Heritage ES

Service Area: Heritage - K-5 - OVS

Menu Name: Heritage ES: 2017-18 Menu w/ESD - cycle 2 - week 1

Avg.Method: Balanced

Age Group: Brkfst Grades K-5 **Period:** Breakfast **Week:** 1 **Day:** Wednesday **Count Type:** Forecasted **Total No. of Customers:** 18

| Weekly Std. | CAL | SFA (g) | % of CAL | Na (mg) | Fat (g) | % of CAL | CHO (g) | Pro (g) | Chol (mg) | Fiber (g) | K (mg) | Vit A (IU) | Vit D (IU) | Vit E (mg) | Vit K (mcg) | Vit C (mg) | Vit B1 (mg) | Vit B2 (mg) | Vit B3 (mg) | Vit B6 (mg) | Vit B12 (mcg) | Ca (mg) | P (mg) | Fe (mg) |
|-------------|---------------|---------|----------|---------|---------|----------|---------|---------|-----------|-----------|--------|------------|------------|------------|-------------|------------|-------------|-------------|-------------|-------------|---------------|---------|--------|---------|
| | 350.00-500.00 | | 10.00 | 540.00 | | | | | | | | | | | | | | | | | | 14.19 | | |

M52893 BRD: DONUT, Glaze Vanilla WG

| | | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------|--------|------|-------|--------|-------|-------|-------|------|------|------|-------|------|-------|-------|-------|------|-------|-------|-------|-------|-------|-------|-------|-------|------|
| 12.00 @ 1 each | 335.14 | 7.00 | 18.80 | 300.36 | 16.00 | 42.97 | 44.14 | 5.00 | 0.00 | 2.81 | 0.31* | 9.50 | 0.00* | 0.00* | 0.00* | 0.00 | 0.00* | 0.00* | 0.00* | 0.00* | 0.00* | 0.00* | 14.19 | 0.00* | 0.71 |
|----------------|--------|------|-------|--------|-------|-------|-------|------|------|------|-------|------|-------|-------|-------|------|-------|-------|-------|-------|-------|-------|-------|-------|------|

M51499 YOGURT SS, Danimals Str/Ban4oz

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------|-------|------|------|-------|------|------|-------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 12.00 @ 1 each | 70.00 | 0.00 | 0.00 | 60.00 | 0.00 | 0.00 | 14.00 | 4.00 | 5.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 150.01 | -* | 0.00 |
|----------------|-------|------|------|-------|------|------|-------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|--------|----|------|

M51108 EGG: Omelet CH AP 2.0

| | | | | | | | | | | | | | | | | | | | | | | | | |
|---------------|--------|------|-------|--------|-------|-------|------|------|--------|------|----|--------|----|----|----|------|----|----|----|----|----|-------|----|------|
| 4.00 @ 1 each | 130.00 | 3.50 | 24.23 | 280.00 | 11.00 | 76.16 | 1.00 | 7.00 | 170.00 | 0.00 | -* | 300.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 80.00 | -* | 0.72 |
|---------------|--------|------|-------|--------|-------|-------|------|------|--------|------|----|--------|----|----|----|------|----|----|----|----|----|-------|----|------|

M51237 BRD: BREAD WG, Tst Marg 1sl

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------|--------|------|-------|--------|------|-------|-------|------|------|------|-------|------|----|----|----|------|----|----|----|----|----|------|----|------|
| 4.00 @ 1 slice | 110.00 | 1.33 | 10.91 | 160.00 | 4.33 | 35.45 | 15.00 | 3.00 | 0.00 | 1.00 | 1.33* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 1.08 |
|----------------|--------|------|-------|--------|------|-------|-------|------|------|------|-------|------|----|----|----|------|----|----|----|----|----|------|----|------|

M50205 CEREAL HOT, Oatmeal (2BG)

| | | | | | | | | | | | | | | | | | | | | | | | | | |
|--------------|--------|------|------|------|------|-------|-------|------|------|------|-------|------|-------|-------|-------|------|-------|-------|-------|-------|-------|-------|------|-------|------|
| 4.00 @ 1 cup | 212.61 | 0.71 | 3.00 | 6.51 | 4.25 | 18.00 | 38.27 | 7.09 | 0.00 | 2.83 | 2.17* | 0.00 | 0.00* | 0.00* | 0.00* | 0.00 | 0.00* | 0.00* | 0.00* | 0.00* | 0.00* | 0.00* | 6.51 | 0.00* | 2.55 |
|--------------|--------|------|------|------|------|-------|-------|------|------|------|-------|------|-------|-------|-------|------|-------|-------|-------|-------|-------|-------|------|-------|------|

M50209 COND_Sugar, Cinnamon

| | | | | | | | | | | | | | | | | | | | | | | | | |
|---------------------|-------|------|------|------|------|------|-------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|
| 4.00 @ 1 tablespoon | 45.81 | 0.00 | 0.03 | 0.17 | 0.01 | 0.12 | 11.92 | 0.02 | 0.00 | 0.27 | 2.40 | 1.49 | 0.00 | 0.01 | 0.16 | 0.02 | 0.00 | 0.00 | 0.01 | 0.00 | 0.00 | 5.16 | 0.32 | 0.05 |
|---------------------|-------|------|------|------|------|------|-------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|

M50439 CEREAL BWL, Cheerios WG

| | | | | | | | | | | | | | | | | | | | | | | | | |
|---------------|--------|------|------|--------|------|-------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 8.00 @ 1 bowl | 100.00 | 0.50 | 4.50 | 140.00 | 2.00 | 18.00 | 20.00 | 3.00 | 0.00 | 3.00 | -* | 500.01 | -* | -* | -* | 6.00 | -* | -* | -* | -* | -* | 100.00 | -* | 8.10 |
|---------------|--------|------|------|--------|------|-------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M50208 CEREAL BWL, CinnTstCrnch RS WG

| | | | | | | | | | | | | | | | | | | | | | | | | |
|---------------|--------|------|------|--------|------|-------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 8.00 @ 1 bowl | 110.00 | 0.50 | 4.09 | 160.00 | 3.00 | 24.54 | 22.00 | 1.00 | 0.00 | 3.00 | -* | 400.01 | -* | -* | -* | 4.80 | -* | -* | -* | -* | -* | 200.01 | -* | 3.60 |
|---------------|--------|------|------|--------|------|-------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M50442 CEREAL BWL, Cocoa Puffs RS WG

| | | | | | | | | | | | | | | | | | | | | | | | | |
|---------------|--------|------|------|--------|------|-------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 8.00 @ 1 bowl | 110.05 | 0.00 | 0.00 | 160.08 | 1.50 | 12.27 | 25.01 | 2.00 | 0.00 | 2.00 | -* | 500.25 | -* | -* | -* | 6.00 | -* | -* | -* | -* | -* | 100.05 | -* | 4.50 |
|---------------|--------|------|------|--------|------|-------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M50524 CEREAL BWL, Lucky Charms WG

| | | | | | | | | | | | | | | | | | | | | | | | | |
|---------------|--------|------|------|--------|------|------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 8.00 @ 1 bowl | 110.00 | 0.00 | 0.00 | 180.00 | 1.00 | 8.18 | 23.00 | 2.00 | 0.00 | 2.00 | -* | 500.01 | -* | -* | -* | 6.00 | -* | -* | -* | -* | -* | 100.00 | -* | 4.50 |
|---------------|--------|------|------|--------|------|------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M51237 BRD: BREAD WG, Tst Marg 1sl

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------|--------|------|-------|--------|------|-------|-------|------|------|------|-------|------|----|----|----|------|----|----|----|----|----|------|----|------|
| 8.00 @ 1 slice | 110.00 | 1.33 | 10.91 | 160.00 | 4.33 | 35.45 | 15.00 | 3.00 | 0.00 | 1.00 | 1.33* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 1.08 |
|----------------|--------|------|-------|--------|------|-------|-------|------|------|------|-------|------|----|----|----|------|----|----|----|----|----|------|----|------|

M52695 CHEESE, MZ String LF 1ea 1.0

* Some values for this nutrient are unavailable; the number listed is incomplete.

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DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Heritage ES

Service Area: Heritage - K-5 - OVS

Menu Name: Heritage ES: 2017-18 Menu w/ESD - cycle 2 - week 1

Avg.Method: Balanced

| | | | | | | | | | | | | | | | | | | | | | | | | |
|---------------------------------------|---------|-------|-------|---------|-------|-------|--------|--------|--------|-------|--------|---------|------|------|------|-------|------|------|------|------|------|---------|-------|-------|
| 8.00 @ 1 stick | 60.00 | 2.00 | 30.00 | 210.01 | 2.50 | 37.50 | 1.00 | 8.00 | 10.00 | 0.00 | 0.00 | 146.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 220.01 | -* | 0.11 |
| M52728 BRD: BAR, Cereal TeamCh WG IW | | | | | | | | | | | | | | | | | | | | | | | | |
| 8.00 @ 1 each | 150.00 | 0.50 | 3.00 | 85.00 | 3.50 | 21.00 | 30.00 | 2.00 | 0.00 | 3.00 | -* | 100.00 | -* | -* | -* | 1.20 | -* | -* | -* | -* | -* | 200.00 | -* | 4.50 |
| M50536 FRUIT: APPLE, 138ct 1/8wg 1/2c | | | | | | | | | | | | | | | | | | | | | | | | |
| 10.00 @ 4 wedge | 31.53 | 0.02 | 0.50 | 2.39 | 0.10 | 2.95 | 8.40 | 0.17 | 0.00 | 1.45 | 67.15 | 33.13 | 0.00 | 0.11 | 1.32 | 3.11 | 0.01 | 0.02 | 0.06 | 0.03 | 0.00 | 5.02 | 6.81 | 0.07 |
| M50793 FRUIT: APPLESAUCE, AP 1/2c | | | | | | | | | | | | | | | | | | | | | | | | |
| 24.00 @ 1/2 cup | 91.96 | 0.00 | 0.00 | 10.22 | 0.00 | 0.00 | 22.48 | 0.00 | 0.00 | 2.04 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
| M50982 JUICE SS, ORANGE 100% 4 FLOZ | | | | | | | | | | | | | | | | | | | | | | | | |
| 15.00 @ 1 each | 50.00 | 0.00 | 0.00 | 15.00 | 0.00 | 0.00 | 12.00 | 1.00 | 0.00 | 0.00 | -* | 0.00 | -* | -* | -* | 42.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
| M53465 MILK SS, 1% WHITE 8 FLOZ | | | | | | | | | | | | | | | | | | | | | | | | |
| 77.00 @ 1 carton | 110.00 | 1.50 | 12.28 | 130.00 | 2.50 | 20.46 | 13.00 | 8.00 | 10.00 | 0.00 | -* | 500.00 | -* | -* | -* | 2.40 | -* | -* | -* | -* | -* | 300.00 | -* | 0.00 |
| M51096 MILK SS, SKIM CHOCOLATE 8 FLOZ | | | | | | | | | | | | | | | | | | | | | | | | |
| 200.00 @ 1 carton | 120.00 | 0.00 | 0.00 | 180.00 | 0.00 | 0.00 | 20.00 | 8.00 | 5.00 | 0.00 | -* | 500.00 | -* | -* | -* | 1.20 | -* | -* | -* | -* | -* | 300.00 | -* | 0.00 |
| M53222 COND PC Margarine 5g | | | | | | | | | | | | | | | | | | | | | | | | |
| 8.00 @ 1 each | 30.00 | 1.00 | 30.00 | 30.00 | 3.00 | 90.00 | 0.00 | 0.00 | 0.00 | 0.00 | -* | 500.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
| M53221 COND PC Jelly, Grape Smucker | | | | | | | | | | | | | | | | | | | | | | | | |
| 8.00 @ 1 each | 35.00 | 0.00 | 0.00 | 5.00 | 0.00 | 0.00 | 9.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
| M50056 COND PC Sauce, Taco 9g | | | | | | | | | | | | | | | | | | | | | | | | |
| 8.00 @ 1 each | 5.00 | 0.00 | 0.00 | 55.00 | 0.00 | 0.00 | 1.00 | 0.00 | 0.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
| M50058 COND PC Syrup 1.4oz Smuckers | | | | | | | | | | | | | | | | | | | | | | | | |
| 8.00 @ 1 each | 110.00 | 0.00 | 0.00 | 25.00 | 0.00 | 0.00 | 29.00 | 0.00 | 0.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
| Average | 2779.92 | 14.92 | 4.83 | 3460.91 | 35.04 | 11.34 | 453.73 | 143.18 | 143.89 | 12.54 | 39.42* | 8962.37 | 0* | .07* | .77* | 71.01 | .01* | .01* | .03* | .01* | 0* | 5158.25 | 3.85* | 13.22 |

* Some values for this nutrient are unavailable; the number listed is incomplete.

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DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Heritage ES

Service Area: Heritage - K-5 - OVS

Menu Name: Heritage ES: 2017-18 Menu w/ESD - cycle 2 - week 1

Avg.Method: Balanced

Age Group: Brkfst Grades K-5 **Period:** Breakfast **Week:** 1 **Day:** Thursday **Count Type:** Forecasted **Total No. of Customers:** 12

| Weekly Std. | CAL | SFA | | Na | Fat | | CHO | Pro | Chol | Fiber | K | Vit A | Vit D | Vit E | Vit K | Vit C | Vit B1 | Vit B2 | Vit B3 | Vit B6 | Vit B12 | Ca | P | Fe |
|---------------|-----|----------|--------|-----|----------|-----|-----|------|------|-------|------|-------|-------|-------|-------|-------|--------|--------|--------|--------|---------|--------|------|------|
| | (g) | % of CAL | (mg) | (g) | % of CAL | (g) | (g) | (mg) | (g) | (mg) | (IU) | (IU) | (mg) | (mcg) | (mg) | (mg) | (mg) | (mg) | (mcg) | (mg) | (mg) | (mg) | (mg) | (mg) |
| 350.00-500.00 | | 10.00 | 540.00 | | | | | | | | | | | | | | | | | | | 200.01 | | |

M52636 BRD: WAFFLE, AP MAPLE MADNESS WG IW

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-----------------|--------|------|------|--------|------|-------|-------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|-------|----|------|
| 10.00 @ 1 pouch | 210.00 | 1.00 | 4.29 | 170.00 | 6.00 | 25.72 | 38.00 | 4.00 | 0.00 | 3.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 20.00 | -* | 0.72 |
|-----------------|--------|------|------|--------|------|-------|-------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|-------|----|------|

M51499 YOGURT SS, Danimals Str/Ban4oz

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------|-------|------|------|-------|------|------|-------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 10.00 @ 1 each | 70.00 | 0.00 | 0.00 | 60.00 | 0.00 | 0.00 | 14.00 | 4.00 | 5.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 150.01 | -* | 0.00 |
|----------------|-------|------|------|-------|------|------|-------|------|------|------|----|------|----|----|----|------|----|----|----|----|----|--------|----|------|

M53296 MELT BISC, EggPtyAMWG1.25(2BG)

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-------------------|--------|-------|-------|--------|-------|-------|-------|------|--------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 4.00 @ 1 sandwich | 325.00 | 12.75 | 35.31 | 770.01 | 19.50 | 54.00 | 28.50 | 9.50 | 107.50 | 2.00 | -* | 200.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 245.00 | -* | 1.44 |
|-------------------|--------|-------|-------|--------|-------|-------|-------|------|--------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M50205 CEREAL HOT, Oatmeal (2BG)

| | | | | | | | | | | | | | | | | | | | | | | | | | |
|--------------|--------|------|------|------|------|-------|-------|------|------|------|-------|------|-------|-------|-------|------|-------|-------|-------|-------|-------|-------|------|-------|------|
| 4.00 @ 1 cup | 212.61 | 0.71 | 3.00 | 6.51 | 4.25 | 18.00 | 38.27 | 7.09 | 0.00 | 2.83 | 2.17* | 0.00 | 0.00* | 0.00* | 0.00* | 0.00 | 0.00* | 0.00* | 0.00* | 0.00* | 0.00* | 0.00* | 6.51 | 0.00* | 2.55 |
|--------------|--------|------|------|------|------|-------|-------|------|------|------|-------|------|-------|-------|-------|------|-------|-------|-------|-------|-------|-------|------|-------|------|

M50209 COND_Sugar, Cinnamon

| | | | | | | | | | | | | | | | | | | | | | | | | |
|---------------------|-------|------|------|------|------|------|-------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|
| 4.00 @ 1 tablespoon | 45.81 | 0.00 | 0.03 | 0.17 | 0.01 | 0.12 | 11.92 | 0.02 | 0.00 | 0.27 | 2.40 | 1.49 | 0.00 | 0.01 | 0.16 | 0.02 | 0.00 | 0.00 | 0.01 | 0.00 | 0.00 | 5.16 | 0.32 | 0.05 |
|---------------------|-------|------|------|------|------|------|-------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|

M50439 CEREAL BWL, Cheerios WG

| | | | | | | | | | | | | | | | | | | | | | | | | |
|---------------|--------|------|------|--------|------|-------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 1.00 @ 1 bowl | 100.00 | 0.50 | 4.50 | 140.00 | 2.00 | 18.00 | 20.00 | 3.00 | 0.00 | 3.00 | -* | 500.01 | -* | -* | -* | 6.00 | -* | -* | -* | -* | -* | 100.00 | -* | 8.10 |
|---------------|--------|------|------|--------|------|-------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M50208 CEREAL BWL, CinnTstCrnch RS WG

| | | | | | | | | | | | | | | | | | | | | | | | | |
|---------------|--------|------|------|--------|------|-------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 1.00 @ 1 bowl | 110.00 | 0.50 | 4.09 | 160.00 | 3.00 | 24.54 | 22.00 | 1.00 | 0.00 | 3.00 | -* | 400.01 | -* | -* | -* | 4.80 | -* | -* | -* | -* | -* | 200.01 | -* | 3.60 |
|---------------|--------|------|------|--------|------|-------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M50442 CEREAL BWL, Cocoa Puffs RS WG

| | | | | | | | | | | | | | | | | | | | | | | | | |
|---------------|--------|------|------|--------|------|-------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 1.00 @ 1 bowl | 110.05 | 0.00 | 0.00 | 160.08 | 1.50 | 12.27 | 25.01 | 2.00 | 0.00 | 2.00 | -* | 500.25 | -* | -* | -* | 6.00 | -* | -* | -* | -* | -* | 100.05 | -* | 4.50 |
|---------------|--------|------|------|--------|------|-------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M50524 CEREAL BWL, Lucky Charms WG

| | | | | | | | | | | | | | | | | | | | | | | | | |
|---------------|--------|------|------|--------|------|------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 1.00 @ 1 bowl | 110.00 | 0.00 | 0.00 | 180.00 | 1.00 | 8.18 | 23.00 | 2.00 | 0.00 | 2.00 | -* | 500.01 | -* | -* | -* | 6.00 | -* | -* | -* | -* | -* | 100.00 | -* | 4.50 |
|---------------|--------|------|------|--------|------|------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M51237 BRD: BREAD WG, Tst Marg 1sl

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------|--------|------|-------|--------|------|-------|-------|------|------|------|-------|------|----|----|----|------|----|----|----|----|----|------|----|------|
| 8.00 @ 1 slice | 110.00 | 1.33 | 10.91 | 160.00 | 4.33 | 35.45 | 15.00 | 3.00 | 0.00 | 1.00 | 1.33* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 1.08 |
|----------------|--------|------|-------|--------|------|-------|-------|------|------|------|-------|------|----|----|----|------|----|----|----|----|----|------|----|------|

M52695 CHEESE, MZ String LF 1ea 1.0

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------|-------|------|-------|--------|------|-------|------|------|-------|------|------|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 1.00 @ 1 stick | 60.00 | 2.00 | 30.00 | 210.01 | 2.50 | 37.50 | 1.00 | 8.00 | 10.00 | 0.00 | 0.00 | 146.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 220.01 | -* | 0.11 |
|----------------|-------|------|-------|--------|------|-------|------|------|-------|------|------|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M52726 BRD: BAR, Cereal FrtyCh WG IW

* Some values for this nutrient are unavailable; the number listed is incomplete.

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DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Heritage ES

Service Area: Heritage - K-5 - OVS

Menu Name: Heritage ES: 2017-18 Menu w/ESD - cycle 2 - week 1

Avg.Method: Balanced

| | | | | | | | | | | | | | | | | | | | | | | | | |
|---------------------------------------|--------|------|-------|--------|-------|-------|--------|-------|-------|------|---------|--------|------|------|-------|-------|------|------|------|------|------|--------|--------|------|
| 1.00 @ 1 each | 150.00 | 0.50 | 3.00 | 95.00 | 3.50 | 21.00 | 29.00 | 3.00 | 0.00 | 3.00 | -* | 200.00 | -* | -* | -* | 1.20 | -* | -* | -* | -* | -* | 200.00 | -* | 1.80 |
| M53362 FRUIT: HONEYDEW, Melon 1/2c | | | | | | | | | | | | | | | | | | | | | | | | |
| 15.00 @ 1/2 cup | 30.93 | 0.03 | 0.95 | 15.47 | 0.12 | 3.50 | 7.81 | 0.46 | 0.00 | 0.69 | 195.92 | 42.96 | 0.00 | 0.02 | 2.49 | 15.47 | 0.03 | 0.01 | 0.36 | 0.08 | 0.00 | 5.16 | 9.45 | 0.15 |
| M50722 FRUIT: RAISINS, SS BOX | | | | | | | | | | | | | | | | | | | | | | | | |
| 4.00 @ 1 each | 127.15 | 0.02 | 0.17 | 4.68 | 0.20 | 1.38 | 33.67 | 1.31 | 0.00 | 1.57 | 318.51 | 0.00 | 0.00 | 0.05 | 1.49 | 0.98 | 0.05 | 0.05 | 0.33 | 0.07 | 0.00 | 21.26 | 42.95 | 0.80 |
| M50980 JUICE SS, Frt Bld 100% 4oz Crt | | | | | | | | | | | | | | | | | | | | | | | | |
| 12.00 @ 1 each | 60.00 | 0.00 | 0.00 | 10.00 | 0.00 | 0.00 | 14.00 | 0.00 | 0.00 | 0.00 | 100.00 | 0.00 | -* | -* | -* | 3.60 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
| M53465 MILK SS, 1% WHITE 8 FLOZ | | | | | | | | | | | | | | | | | | | | | | | | |
| 2.00 @ 1 carton | 110.00 | 1.50 | 12.28 | 130.00 | 2.50 | 20.46 | 13.00 | 8.00 | 10.00 | 0.00 | -* | 500.00 | -* | -* | -* | 2.40 | -* | -* | -* | -* | -* | 300.00 | -* | 0.00 |
| M51096 MILK SS, SKIM CHOCOLATE 8 FLOZ | | | | | | | | | | | | | | | | | | | | | | | | |
| 8.00 @ 1 carton | 120.00 | 0.00 | 0.00 | 180.00 | 0.00 | 0.00 | 20.00 | 8.00 | 5.00 | 0.00 | -* | 500.00 | -* | -* | -* | 1.20 | -* | -* | -* | -* | -* | 300.00 | -* | 0.00 |
| M53221 COND PC Jelly, Grape Smucker | | | | | | | | | | | | | | | | | | | | | | | | |
| 2.00 @ 1 each | 35.00 | 0.00 | 0.00 | 5.00 | 0.00 | 0.00 | 9.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
| M50056 COND PC Sauce, Taco 9g | | | | | | | | | | | | | | | | | | | | | | | | |
| 1.00 @ 1 each | 5.00 | 0.00 | 0.00 | 55.00 | 0.00 | 0.00 | 1.00 | 0.00 | 0.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
| M50058 COND PC Syrup 1.4oz Smuckers | | | | | | | | | | | | | | | | | | | | | | | | |
| 8.00 @ 1 each | 110.00 | 0.00 | 0.00 | 25.00 | 0.00 | 0.00 | 29.00 | 0.00 | 0.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
| Average | 873.45 | 6.8 | 7.01 | 830.63 | 17.57 | 18.1 | 160.97 | 23.47 | 45.83 | 7.33 | 453.48* | 724.73 | 0* | .04* | 3.66* | 26.47 | .06* | .03* | .56* | .12* | 0* | 567.44 | 26.24* | 5 |

* Some values for this nutrient are unavailable; the number listed is incomplete.

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DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Heritage ES

Service Area: Heritage - K-5 - OVS

Menu Name: Heritage ES: 2017-18 Menu w/ESD - cycle 2 - week 1

Avg.Method: Balanced

Age Group: Brkfst Grades K-5 **Period:** Breakfast **Week:** 1 **Day:** Friday **Count Type:** Forecasted **Total No. of Customers:** 12

| Weekly Std. | CAL | SFA | | Na | Fat | | CHO | Pro | Chol | Fiber | K | Vit A | Vit D | Vit E | Vit K | Vit C | Vit B1 | Vit B2 | Vit B3 | Vit B6 | Vit B12 | Ca | P | Fe |
|-------------|---------------|-----|----------|--------|-----|----------|-----|-----|------|-------|------|-------|-------|-------|-------|-------|--------|--------|--------|--------|---------|--------|------|------|
| | (kcal) | (g) | % of CAL | (mg) | (g) | % of CAL | (g) | (g) | (mg) | (g) | (mg) | (IU) | (IU) | (mg) | (mcg) | (mg) | (mg) | (mg) | (mg) | (mcg) | (mg) | (mg) | (mg) | (mg) |
| | 350.00-500.00 | | 10.00 | 540.00 | | | | | | | | | | | | | | | | | | 100.00 | | |

M51848 BRD: POPTARTS, Straw 1.76oz WG

| | | | | | | | | | | | | | | | | | | | | | | | | |
|------------------|--------|------|------|--------|------|-------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 8.00 @ 1 package | 180.00 | 1.00 | 5.00 | 180.00 | 2.50 | 12.50 | 38.00 | 2.00 | 0.00 | 3.00 | -* | 500.01 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 100.00 | -* | 1.80 |
|------------------|--------|------|------|--------|------|-------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M52695 CHEESE, MZ String LF 1ea 1.0

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------|-------|------|-------|--------|------|-------|------|------|-------|------|------|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 8.00 @ 1 stick | 60.00 | 2.00 | 30.00 | 210.01 | 2.50 | 37.50 | 1.00 | 8.00 | 10.00 | 0.00 | 0.00 | 146.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 220.01 | -* | 0.11 |
|----------------|-------|------|-------|--------|------|-------|------|------|-------|------|------|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M51244 BURR 6" Egg CH CSaus WG 2.0

| | | | | | | | | | | | | | | | | | | | | | | | | |
|---------------|--------|------|-------|--------|-------|-------|-------|-------|--------|------|-------|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 5.00 @ 1 each | 239.26 | 4.02 | 15.13 | 427.76 | 11.81 | 44.43 | 16.18 | 17.74 | 124.90 | 2.00 | 0.00* | 153.09 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 153.95 | -* | 1.99 |
|---------------|--------|------|-------|--------|-------|-------|-------|-------|--------|------|-------|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M50205 CEREAL HOT, Oatmeal (2BG)

| | | | | | | | | | | | | | | | | | | | | | | | | | |
|--------------|--------|------|------|------|------|-------|-------|------|------|------|-------|------|-------|-------|-------|------|-------|-------|-------|-------|-------|-------|------|-------|------|
| 3.00 @ 1 cup | 212.61 | 0.71 | 3.00 | 6.51 | 4.25 | 18.00 | 38.27 | 7.09 | 0.00 | 2.83 | 2.17* | 0.00 | 0.00* | 0.00* | 0.00* | 0.00 | 0.00* | 0.00* | 0.00* | 0.00* | 0.00* | 0.00* | 6.51 | 0.00* | 2.55 |
|--------------|--------|------|------|------|------|-------|-------|------|------|------|-------|------|-------|-------|-------|------|-------|-------|-------|-------|-------|-------|------|-------|------|

M50209 COND_Sugar, Cinnamon

| | | | | | | | | | | | | | | | | | | | | | | | | |
|---------------------|-------|------|------|------|------|------|-------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|
| 3.00 @ 1 tablespoon | 45.81 | 0.00 | 0.03 | 0.17 | 0.01 | 0.12 | 11.92 | 0.02 | 0.00 | 0.27 | 2.40 | 1.49 | 0.00 | 0.01 | 0.16 | 0.02 | 0.00 | 0.00 | 0.01 | 0.00 | 0.00 | 5.16 | 0.32 | 0.05 |
|---------------------|-------|------|------|------|------|------|-------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|

M50208 CEREAL BWL, CinnTstCrnch RS WG

| | | | | | | | | | | | | | | | | | | | | | | | | |
|---------------|--------|------|------|--------|------|-------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 3.00 @ 1 bowl | 110.00 | 0.50 | 4.09 | 160.00 | 3.00 | 24.54 | 22.00 | 1.00 | 0.00 | 3.00 | -* | 400.01 | -* | -* | -* | 4.80 | -* | -* | -* | -* | -* | 200.01 | -* | 3.60 |
|---------------|--------|------|------|--------|------|-------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M50442 CEREAL BWL, Cocoa Puffs RS WG

| | | | | | | | | | | | | | | | | | | | | | | | | |
|---------------|--------|------|------|--------|------|-------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 3.00 @ 1 bowl | 110.05 | 0.00 | 0.00 | 160.08 | 1.50 | 12.27 | 25.01 | 2.00 | 0.00 | 2.00 | -* | 500.25 | -* | -* | -* | 6.00 | -* | -* | -* | -* | -* | 100.05 | -* | 4.50 |
|---------------|--------|------|------|--------|------|-------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M50524 CEREAL BWL, Lucky Charms WG

| | | | | | | | | | | | | | | | | | | | | | | | | |
|---------------|--------|------|------|--------|------|------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 3.00 @ 1 bowl | 110.00 | 0.00 | 0.00 | 180.00 | 1.00 | 8.18 | 23.00 | 2.00 | 0.00 | 2.00 | -* | 500.01 | -* | -* | -* | 6.00 | -* | -* | -* | -* | -* | 100.00 | -* | 4.50 |
|---------------|--------|------|------|--------|------|------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M51237 BRD: BREAD WG, Tst Marg 1sl

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------|--------|------|-------|--------|------|-------|-------|------|------|------|-------|------|----|----|----|------|----|----|----|----|----|------|----|------|
| 8.00 @ 1 slice | 110.00 | 1.33 | 10.91 | 160.00 | 4.33 | 35.45 | 15.00 | 3.00 | 0.00 | 1.00 | 1.33* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 1.08 |
|----------------|--------|------|-------|--------|------|-------|-------|------|------|------|-------|------|----|----|----|------|----|----|----|----|----|------|----|------|

M52695 CHEESE, MZ String LF 1ea 1.0

| | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------|-------|------|-------|--------|------|-------|------|------|-------|------|------|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 1.00 @ 1 stick | 60.00 | 2.00 | 30.00 | 210.01 | 2.50 | 37.50 | 1.00 | 8.00 | 10.00 | 0.00 | 0.00 | 146.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 220.01 | -* | 0.11 |
|----------------|-------|------|-------|--------|------|-------|------|------|-------|------|------|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M52728 BRD: BAR, Cereal TeamCh WG IW

| | | | | | | | | | | | | | | | | | | | | | | | | |
|---------------|--------|------|------|-------|------|-------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|
| 1.00 @ 1 each | 150.00 | 0.50 | 3.00 | 85.00 | 3.50 | 21.00 | 30.00 | 2.00 | 0.00 | 3.00 | -* | 100.00 | -* | -* | -* | 1.20 | -* | -* | -* | -* | -* | 200.00 | -* | 4.50 |
|---------------|--------|------|------|-------|------|-------|-------|------|------|------|----|--------|----|----|----|------|----|----|----|----|----|--------|----|------|

M50543 FRUIT: BANANA (100-120ct) Whl

* Some values for this nutrient are unavailable; the number listed is incomplete.

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DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Heritage ES

Service Area: Heritage - K-5 - OVS

Menu Name: Heritage ES: 2017-18 Menu w/ESD - cycle 2 - week 1

Avg.Method: Balanced

| | | | | | | | | | | | | | | | | | | | | | | | | |
|---------------------------------------|--------|------|-------|--------|-------|-------|-------|-------|-------|------|---------|---------|------|------|------|-------|------|------|------|------|------|--------|--------|------|
| 6.00 @ 1 each | 93.95 | 0.12 | 1.13 | 1.06 | 0.35 | 3.34 | 24.11 | 1.15 | 0.00 | 2.74 | 377.91 | 67.56 | 0.00 | 0.11 | 0.53 | 9.18 | 0.03 | 0.08 | 0.70 | 0.39 | 0.00 | 5.28 | 23.22 | 0.27 |
| M52268 FRUIT: PEACHES Dice w/Jc 1/2c | | | | | | | | | | | | | | | | | | | | | | | | |
| 24.00 @ 1/2 cup | 50.83 | 0.00 | 0.00 | 10.17 | 0.00 | 0.00 | 12.20 | 0.00 | 0.00 | 0.00 | 182.98 | 304.97 | -* | -* | -* | 1.22 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
| M50979 JUICE SS, Apple 100% 4oz Cart | | | | | | | | | | | | | | | | | | | | | | | | |
| 12.00 @ 1 each | 60.00 | 0.00 | 0.00 | 15.00 | 0.00 | 0.00 | 14.00 | 0.00 | 0.00 | 0.00 | 85.00 | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
| M53465 MILK SS, 1% WHITE 8 FLOZ | | | | | | | | | | | | | | | | | | | | | | | | |
| 3.00 @ 1 carton | 110.00 | 1.50 | 12.28 | 130.00 | 2.50 | 20.46 | 13.00 | 8.00 | 10.00 | 0.00 | -* | 500.00 | -* | -* | -* | 2.40 | -* | -* | -* | -* | -* | 300.00 | -* | 0.00 |
| M51096 MILK SS, SKIM CHOCOLATE 8 FLOZ | | | | | | | | | | | | | | | | | | | | | | | | |
| 5.00 @ 1 carton | 120.00 | 0.00 | 0.00 | 180.00 | 0.00 | 0.00 | 20.00 | 8.00 | 5.00 | 0.00 | -* | 500.00 | -* | -* | -* | 1.20 | -* | -* | -* | -* | -* | 300.00 | -* | 0.00 |
| M53222 COND PC Margarine 5g | | | | | | | | | | | | | | | | | | | | | | | | |
| 3.00 @ 1 each | 30.00 | 1.00 | 30.00 | 30.00 | 3.00 | 90.00 | 0.00 | 0.00 | 0.00 | 0.00 | -* | 500.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
| M53221 COND PC Jelly, Grape Smucker | | | | | | | | | | | | | | | | | | | | | | | | |
| 5.00 @ 1 each | 35.00 | 0.00 | 0.00 | 5.00 | 0.00 | 0.00 | 9.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
| M50056 COND PC Sauce, Taco 9g | | | | | | | | | | | | | | | | | | | | | | | | |
| 1.00 @ 1 each | 5.00 | 0.00 | 0.00 | 55.00 | 0.00 | 0.00 | 1.00 | 0.00 | 0.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
| M50058 COND PC Syrup 1.4oz Smuckers | | | | | | | | | | | | | | | | | | | | | | | | |
| 3.00 @ 1 each | 110.00 | 0.00 | 0.00 | 25.00 | 0.00 | 0.00 | 29.00 | 0.00 | 0.00 | 0.00 | -* | 0.00 | -* | -* | -* | 0.00 | -* | -* | -* | -* | -* | 0.00 | -* | 0.00 |
| Average | 833.78 | 5.76 | 6.22 | 859.95 | 15.63 | 16.87 | 148.5 | 25.83 | 64.12 | 7.65 | 641.95* | 1967.46 | 0* | .06* | .3* | 12.44 | .02* | .04* | .35* | .19* | 0* | 618.06 | 11.69* | 7.15 |

* Some values for this nutrient are unavailable; the number listed is incomplete.

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