



DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Heritage ES

Service Area: Heritage - K-5 - OVS

Menu Name: Heritage ES: 2017-18 Menu w/ESD - cycle 2 - week 3

Avg.Method: Balanced

Age Group: Lunch Grades K-5

Period: Lunch

Week: 3

Day: Monday

Count Type: Forecasted

Total No. of Customers: 180

Weekly Std.	CAL	SFA (g)	% of CAL	Na (mg)	Fat (g)	% of CAL	CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)
550.00-650.00			10.00	1230.00																		14.99		

M51275 CHIX NUGGET, BNLS WING WG (5) 2.0 MWWW

130.00 @ 5 each	251.07	1.88	6.75	401.72	11.30	40.50	15.06	22.60	50.21	1.26	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	25.11	-*	1.81
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M51141 QUES 6" CH WG 2.0

50.00 @ 1 each	400.01	13.50	30.38	600.01	22.50	50.62	31.00	20.00	60.00	4.00	0.00*	600.02	-*	-*	-*	0.00	-*	-*	-*	-*	-*	600.01	-*	1.80
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M52347 SALAD, ChixDod CH Frt AP 2.0

10.00 @ 1 each	197.21	3.76	17.14	180.50	8.98	40.99	9.96	19.31	58.75	1.79	64.22*	1357.15	0.00*	0.10*	0.78*	29.52	0.01*	0.01*	0.14*	0.02*	0.00*	122.96	8.50*	0.92
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M51680 BRD: ROLL DG, WG 2.5oz

140.00 @ 1 each	170.00	0.50	2.65	135.00	3.00	15.88	28.00	7.00	0.00	3.40	-*	0.01	-*	-*	-*	0.01	-*	-*	-*	-*	-*	12.70	-*	0.85
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M50962 SDW BD, SBJ WG 2.0

4.00 @ 1 sandwich	654.64	3.95	5.43	556.98	33.60	46.19	69.74	19.82	0.00	9.90	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	39.50	-*	5.00
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M53347 SDW BD, SB WG 2.0

1.00 @ 1 sandwich	554.98	3.95	6.41	556.98	33.60	54.49	43.82	19.82	0.00	9.90	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	39.50	-*	5.00
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M54874 VEG: CORN, FZ MARG 1/2C

120.00 @ 1/2 cup	92.55	1.25	12.16	0.82	3.46	33.69	15.80	2.09	0.00	1.96	191.89	162.89	0.00*	0.06*	0.25*	2.86	0.02*	0.05*	1.07*	0.08*	0.00*	2.46	64.66*	0.38
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M50186 VEG: BROCCOLI, Fresh 1/2c

30.00 @ 1/2 cup	10.84	0.01	1.03	10.52	0.12	9.79	2.12	0.90	0.00	0.83	100.78	198.68	0.00	0.25	32.40	28.45	0.02	0.04	0.20	0.06	0.00	14.99	21.05	0.23
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M50843 FRUIT: STRAWBERRIES, Frsh 1/2c

100.00 @ 1/2 cup	24.57	0.01	0.42	0.77	0.23	8.44	5.90	0.51	0.00	1.54	117.47	9.21	0.00	0.22	1.69	45.14	0.02	0.02	0.30	0.04	0.00	12.28	18.43	0.31
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M50427 FRUIT: FRUIT MIX w/Jc 1/2c

24.00 @ 1/2 cup	60.01	0.00	0.00	5.00	0.00	0.00	13.00	1.00	0.00	1.00	-*	200.03	-*	-*	-*	1.20	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50980 JUICE SS, Frt Bld 100% 4oz Crt

90.00 @ 1 each	60.00	0.00	0.00	10.00	0.00	0.00	14.00	0.00	0.00	0.00	100.00	0.00	-*	-*	-*	3.60	-*	-*	-*	-*	-*	0.00	-*	0.00
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M53465 MILK SS, 1% WHITE 8 FLOZ

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DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Heritage ES

Service Area: Heritage - K-5 - OVS

Menu Name: Heritage ES: 2017-18 Menu w/ESD - cycle 2 - week 3

Avg.Method: Balanced

38.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00
M51096 MILK SS, SKIM CHOCOLATE 8 FLOZ																								
128.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00
M53222 COND PC Margarine 5g																								
39.00 @ 1 each	30.00	1.00	30.00	30.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	500.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50855 COND PC Ketchup 9g Heinz																								
201.00 @ 1 each	10.00	0.00	0.00	85.00	0.00	0.00	3.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50055 COND PC Mayonnaise 12g																								
2.00 @ 1 each	80.00	1.50	16.87	75.00	8.00	90.00	1.00	0.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50284 COND PC Mustard 6g																								
10.00 @ 1 each	0.00	0.00	-	65.00	0.00	-	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50624 COND PC Drsg Ranch 12g																								
23.00 @ 1 each	50.00	0.00	0.00	100.00	5.00	90.00	1.00	0.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50287 COND PC Sauce, BBQ 12g																								
7.00 @ 1 each	15.00	0.00	0.00	160.00	0.00	0.00	4.00	0.00	0.00	0.00	-*	100.00	-*	-*	-*	0.60	-*	-*	-*	-*	-*	0.00	-*	0.00
Average	702.5	7.21	9.24	876	22.54	28.88	87.18	38.28	62.56	7.47	263.55*	988.91	0*	.21*	6.55*	36.72	.03*	.05*	.92*	.08*	0*	490.24	57.33*	3.13

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DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Heritage ES

Service Area: Heritage - K-5 - OVS

Menu Name: Heritage ES: 2017-18 Menu w/ESD - cycle 2 - week 3

Avg.Method: Balanced

Age Group: Lunch Grades K-5 **Period:** Lunch **Week:** 3 **Day:** Tuesday **Count Type:** Forecasted **Total No. of Customers:** 180

Weekly Std.	CAL	SFA (g)	% of CAL	Na (mg)	Fat (g)	% of CAL	CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)
	550.00-650.00		10.00	1230.00																		60.00		

M51417 BURG, Beef AP WG 2.0

40.00 @ 1 each	240.00	2.00	7.50	345.00	7.00	26.25	29.00	16.00	25.00	2.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	60.00	-*	2.88
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M50821 BURG, Beef AM AP WG 2.25

120.00 @ 1 each	285.00	4.25	13.42	545.00	10.50	33.16	29.50	18.50	37.50	2.00	-*	100.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	135.00	-*	2.88
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M54370 BURG, BLACK BEAN AP WG 2.0

10.00 @ 1 each	300.00	1.00	3.00	710.00	9.00	27.00	42.00	19.00	5.00	7.00	280.00*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	80.00	-*	2.16
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M53760 SALAD, Frt CHCube Yog 2.0 summ

10.00 @ 1 each	247.79	8.07	29.33	352.41	12.74	46.27	21.94	13.77	36.25	2.25	230.08*	1963.25	0.00*	0.23*	22.10*	6.47	0.06*	0.05*	0.25*	0.09*	0.00*	393.80	16.07*	0.98
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M52188 BRD: ROLL AP, PRETZEL 2.2oz WG

10.00 @ 1 each	160.00	1.00	5.62	40.00	2.50	14.06	29.00	5.00	0.00	3.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	20.00	-*	1.80
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M53268 SDW BD, Tky AM WG 2.0

8.00 @ 1 sandwich	325.00	5.13	14.19	995.00	11.50	31.84	33.50	22.25	56.25	2.00	-*	200.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	175.00	-*	2.61
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M54866 VEG: BLEND, PEAS/CARR FZ MARG 1/2C

42.00 @ 1/2 cup	66.50	1.23	16.66	57.03	3.27	44.24	8.49	2.59	0.00	2.60	133.67	7978.63	0.00*	0.44*	15.77*	6.79	0.19*	0.05*	0.97*	0.07*	0.00*	19.29	41.09*	0.79
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M52815 VEG: PEPPERS, Red Strips1/2c

27.00 @ 1/2 cup	15.56	0.01	0.78	2.01	0.15	8.71	3.03	0.50	0.00	1.05	105.92	1571.73	0.00	0.79	2.46	64.10	0.03	0.04	0.49	0.15	0.00	3.51	13.05	0.22
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M50429 FRUIT: CANTALOUPE, Fresh 1/2c

58.00 @ 1/2 cup	25.70	0.04	1.35	12.10	0.14	5.03	6.17	0.63	0.00	0.68	201.84	2556.59	0.00	0.04	1.89	27.74	0.03	0.01	0.55	0.05	0.00	6.80	11.34	0.16
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M52268 FRUIT: PEACHES Dice w/Jc 1/2c

58.00 @ 1/2 cup	50.83	0.00	0.00	10.17	0.00	0.00	12.20	0.00	0.00	0.00	182.98	304.97	-*	-*	-*	1.22	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50979 JUICE SS, Apple 100% 4oz Cart

66.00 @ 1 each	60.00	0.00	0.00	15.00	0.00	0.00	14.00	0.00	0.00	0.00	85.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M53465 MILK SS, 1% WHITE 8 FLOZ

28.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00
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DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Heritage ES

Service Area: Heritage - K-5 - OVS

Menu Name: Heritage ES: 2017-18 Menu w/ESD - cycle 2 - week 3

Avg.Method: Balanced

M51096 MILK SS, SKIM CHOCOLATE 8 FLOZ

110.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00
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M53222 COND PC Margarine 5g

11.00 @ 1 each	30.00	1.00	30.00	30.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	500.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50855 COND PC Ketchup 9g Heinz

128.00 @ 1 each	10.00	0.00	0.00	85.00	0.00	0.00	3.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50055 COND PC Mayonnaise 12g

3.00 @ 1 each	80.00	1.50	16.87	75.00	8.00	90.00	1.00	0.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50284 COND PC Mustard 6g

10.00 @ 1 each	0.00	0.00	-	65.00	0.00	-	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50624 COND PC Drsg Ranch 12g

15.00 @ 1 each	50.00	0.00	0.00	100.00	5.00	90.00	1.00	0.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50287 COND PC Sauce, BBQ 12g

8.00 @ 1 each	15.00	0.00	0.00	160.00	0.00	0.00	4.00	0.00	0.00	0.00	-*	100.00	-*	-*	-*	0.60	-*	-*	-*	-*	-*	0.00	-*	0.00
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M51445 VEG GARN: Rom Leaf/Tom Sl

18.00 @ 1 serving	4.96	0.01	1.72	1.84	0.07	12.86	1.02	0.30	0.00	0.47	68.61	1352.71	0.00	0.09	15.65	2.51	0.02	0.01	0.13	0.02	0.00	6.10	7.65	0.18
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M50412 COND_Pickle, Dill Slice 3ea

55.00 @ 3 slice	2.43	0.01	4.72	243.11	0.07	25.17	0.36	0.10	0.00	0.21	-*	0.00	-*	-*	-*	0.32	-*	-*	-*	-*	-*	12.97	-*	0.08
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M51072 PASTA, Spaghetti WG 1c

40.00 @ 1 cup	212.98	0.30	1.25	14.19	3.85	16.28	40.50	7.09	0.00	5.06	298.33*	0.00	0.00*	0.00*	0.00*	0.00	0.00*	0.00*	0.00*	0.00*	0.00*	34.44	0.00*	2.73
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M55765 SAUCE P, MARINARA AP 1/2C

40.00 @ 1/2 cup	59.87	0.00	0.00	49.89	1.00	15.00	9.98	2.00	0.00	2.00	-*	498.91	-*	-*	-*	8.98	-*	-*	-*	-*	-*	39.91	-*	1.08
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M55223 CHIX MEATBALL, AP (5) 2.0

40.00 @ 5 each	174.99	2.50	12.86	199.99	10.83	55.71	5.00	15.00	50.00	0.83	-*	83.33	-*	-*	-*	0.00	-*	-*	-*	-*	-*	33.33	-*	1.20
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Average	567.93	5.31	8.42	917.71	15.88	25.17	75.5	31.4	51.57	5.4	303.74*	3887.12	0*	.26*	7.45*	24.37	.06*	.03*	.5*	.06*	0*	404.27	16.86*	4.37
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DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Heritage ES

Service Area: Heritage - K-5 - OVS

Menu Name: Heritage ES: 2017-18 Menu w/ESD - cycle 2 - week 3

Avg.Method: Balanced

Age Group: Lunch Grades K-5 **Period:** Lunch **Week:** 3 **Day:** Wednesday **Count Type:** Forecasted **Total No. of Customers:** 180

Weekly Std.	CAL	SFA (g)	% of CAL	Na (mg)	Fat (g)	% of CAL	CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)
	550.00-650.00			10.00	1230.00																		0.00	

M52026 STICKS, CRISPITO CHIXCHILI AP WG 1.0 (1EA)

60.00 @ 1 each	270.00	3.00	10.00	370.00	14.00	46.67	23.00	12.00	25.00	3.00	-*	750.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	40.00	-*	1.80
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M52224 RICE, Mex Spiced WG 1BG

60.00 @ 1/2 cup	109.96	0.22	1.77	66.08	0.94	7.73	22.26	2.54	0.99	1.15	76.32*	184.79	0.00*	0.11*	1.15*	0.13	0.00*	0.01*	0.05*	0.01*	0.00*	12.86	3.91*	0.57
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M51189 COND_Sauce, Chz SS W (LOL) .5

60.00 @ 2 fl oz	99.97	4.50	40.50	399.86	7.00	63.00	3.00	5.00	19.99	0.00	0.00	199.93	-*	-*	-*	0.00	-*	-*	-*	-*	-*	199.93	-*	0.36
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M51682 STICKS, KOLACHES MORNGSSG RS WG 2.0 2EA

110.00 @ 2 each	340.00	2.00	5.30	560.01	8.00	21.18	56.00	10.00	40.00	6.00	-*	2000.34	-*	-*	-*	0.00	-*	-*	-*	-*	-*	80.01	-*	3.60
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M50058 COND PC Syrup 1.4oz Smuckers

50.00 @ 1 each	110.00	0.00	0.00	25.00	0.00	0.00	29.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50830 SALAD, HamTky Cobb SC W 2.0

12.00 @ 1 each	166.13	4.48	24.29	581.07	9.39	50.86	5.17	16.13	89.20	1.26	146.57*	5201.52	0.00*	0.12*	43.60*	7.46	0.04*	0.04*	0.25*	0.06*	0.00*	134.85	17.48*	1.04
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M51680 BRD: ROLL DG, WG 2.5oz

12.00 @ 1 each	170.00	0.50	2.65	135.00	3.00	15.88	28.00	7.00	0.00	3.40	-*	0.01	-*	-*	-*	0.01	-*	-*	-*	-*	-*	12.70	-*	0.85
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M50962 SDW BD, SBJ WG 2.0

8.00 @ 1 sandwich	654.64	3.95	5.43	556.98	33.60	46.19	69.74	19.82	0.00	9.90	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	39.50	-*	5.00
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M53347 SDW BD, SB WG 2.0

1.00 @ 1 sandwich	554.98	3.95	6.41	556.98	33.60	54.49	43.82	19.82	0.00	9.90	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	39.50	-*	5.00
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M54861 VEG: BEANS, GREEN FZ MARG 1/2C

60.00 @ 1/2 cup	45.75	1.20	23.55	0.70	3.03	59.71	4.49	1.04	0.00	2.09	111.90	291.80	0.00*	0.03*	26.53*	2.86	0.02*	0.06*	0.27*	0.04*	0.00*	29.25	20.20*	0.46
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M50431 VEG: CARROTS, Fresh Baby 1/2c

60.00 @ 1/2 cup	24.80	0.02	0.59	55.28	0.09	3.34	5.84	0.45	0.00	2.06	167.96	9772.87	0.00	-*	6.66	1.84	0.02	0.03	0.39	0.07	0.00	22.68	19.84	0.63
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M50536 FRUIT: APPLE, 138ct 1/8wg 1/2c

60.00 @ 4 wedge	31.53	0.02	0.50	2.39	0.10	2.95	8.40	0.17	0.00	1.45	67.15	33.13	0.00	0.11	1.32	3.11	0.01	0.02	0.06	0.03	0.00	5.02	6.81	0.07
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DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Heritage ES

Service Area: Heritage - K-5 - OVS

Menu Name: Heritage ES: 2017-18 Menu w/ESD - cycle 2 - week 3

Avg.Method: Balanced

M52271 FRUIT: PEARS, Dice w/Jc 1/2c

48.00 @ 1/2 cup	60.66	0.00	0.00	10.11	0.00	0.00	14.15	0.00	0.00	2.02	80.89	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M53365 JUICE SS, Grape100% 4oz Cart

70.00 @ 1 each	80.00	0.00	0.00	15.00	0.00	0.00	18.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M53465 MILK SS, 1% WHITE 8 FLOZ

24.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00
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M51096 MILK SS, SKIM CHOCOLATE 8 FLOZ

114.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00
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M53222 COND PC Margarine 5g

10.00 @ 1 each	30.00	1.00	30.00	30.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	500.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50855 COND PC Ketchup 9g Heinz

27.00 @ 1 each	10.00	0.00	0.00	85.00	0.00	0.00	3.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50055 COND PC Mayonnaise 12g

2.00 @ 1 each	80.00	1.50	16.87	75.00	8.00	90.00	1.00	0.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50284 COND PC Mustard 6g

3.00 @ 1 each	0.00	0.00	-	65.00	0.00	-	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50624 COND PC Drsg Ranch 12g

14.00 @ 1 each	50.00	0.00	0.00	100.00	5.00	90.00	1.00	0.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50287 COND PC Sauce, BBQ 12g

1.00 @ 1 each	15.00	0.00	0.00	160.00	0.00	0.00	4.00	0.00	0.00	0.00	-*	100.00	-*	-*	-*	0.60	-*	-*	-*	-*	-*	0.00	-*	0.00
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Average	632.91	5.01	7.12	887.72	16.76	23.84	95.92	21.84	50.66	8.26	172.45*	5725.04	0*	.09*	14.79*	4.23	.02*	.04*	.27*	.06*	0*	393.96	18.09*	3.87
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DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Heritage ES

Service Area: Heritage - K-5 - OVS

Menu Name: Heritage ES: 2017-18 Menu w/ESD - cycle 2 - week 3

Avg.Method: Balanced

Age Group: Lunch Grades K-5 **Period:** Lunch **Week:** 3 **Day:** Thursday **Count Type:** Forecasted **Total No. of Customers:** 180

Weekly Std.	CAL	SFA (g)	% of CAL	Na (mg)	Fat (g)	% of CAL	CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)
	550.00-650.00		10.00	1230.00																		0.00		

M52963 CHIX Popcorn, AP WG 2.0

140.00 @ 1 serving	250.19	2.72	9.78	380.72	14.14	50.87	15.23	15.23	21.76	3.26	-*	108.78	-*	-*	-*	0.00	-*	-*	-*	-*	-*	43.51	-*	1.96
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M53513 HOT DOG, Chili CH SC WG 2.5

50.00 @ 1 each	345.26	5.92	15.43	1103.86	17.38	45.31	31.08	16.23	63.85	2.51	35.70*	436.75	0.14*	0.03*	0.35*	2.25	0.01*	0.01*	0.46*	0.04*	0.20*	179.72	17.98*	2.88
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M52735 SALAD, Rom CH MZ SC W 2.0

5.00 @ 1 each	213.24	9.52	40.18	412.11	15.15	63.95	4.85	14.69	45.00	1.26	146.57*	5376.52	0.00*	0.12*	43.60*	7.46	0.04*	0.04*	0.25*	0.06*	0.00*	419.86	17.48*	0.47
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M51680 BRD: ROLL DG, WG 2.5oz

145.00 @ 1 each	170.00	0.50	2.65	135.00	3.00	15.88	28.00	7.00	0.00	3.40	-*	0.01	-*	-*	-*	0.01	-*	-*	-*	-*	-*	12.70	-*	0.85
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M50897 SDW BD, Ham AM WG 2.0

4.00 @ 1 sandwich	319.64	5.50	15.47	1346.78	11.98	33.74	31.99	20.95	49.87	2.00	-*	200.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	150.00	-*	2.52
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M53347 SDW BD, SB WG 2.0

1.00 @ 1 sandwich	554.98	3.95	6.41	556.98	33.60	54.49	43.82	19.82	0.00	9.90	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	39.50	-*	5.00
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M52980 VEG: BEANS, Black Charro 1/2c

24.00 @ 1/2 cup	128.90	0.20	1.37	125.32	0.97	6.75	22.28	7.75	1.02	7.62	42.39*	137.82	0.00*	0.09*	1.91*	3.06	0.01*	0.00*	0.10*	0.02*	0.00*	101.78	5.40*	2.29
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M52770 VEG: CELERY, Sticks 1/2c

40.00 @ 1/2 cup	9.92	0.03	2.36	49.61	0.11	9.56	1.84	0.43	0.00	0.99	161.23	278.43	0.00	0.17	18.17	1.92	0.01	0.04	0.20	0.05	0.00	24.80	14.88	0.12
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M50529 FRUIT: GRAPES, Fresh 1/2c

120.00 @ 1/2 cup	56.80	0.10	1.53	1.70	0.30	4.70	14.54	0.53	0.00	0.76	161.94	84.78	0.00	0.16	12.38	3.39	0.08	0.05	0.25	0.09	0.00	11.87	8.48	0.25
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M53549 FRUIT: APPLESAUCE, Unswt AP1/2c

96.00 @ 1/2 cup	52.77	0.00	0.00	10.55	0.00	0.00	13.72	0.00	0.00	2.11	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50982 JUICE SS, ORANGE 100% 4 FLOZ

70.00 @ 1 each	50.00	0.00	0.00	15.00	0.00	0.00	12.00	1.00	0.00	0.00	-*	0.00	-*	-*	-*	42.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M53465 MILK SS, 1% WHITE 8 FLOZ

38.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00
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DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Heritage ES

Service Area: Heritage - K-5 - OVS

Menu Name: Heritage ES: 2017-18 Menu w/ESD - cycle 2 - week 3

Avg.Method: Balanced

M51096 MILK SS, SKIM CHOCOLATE 8 FLOZ

127.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00
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M53222 COND PC Margarine 5g

64.00 @ 1 each	30.00	1.00	30.00	30.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	500.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50855 COND PC Ketchup 9g Heinz

200.00 @ 1 each	10.00	0.00	0.00	85.00	0.00	0.00	3.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50055 COND PC Mayonnaise 12g

5.00 @ 1 each	80.00	1.50	16.87	75.00	8.00	90.00	1.00	0.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50284 COND PC Mustard 6g

17.00 @ 1 each	0.00	0.00	-	65.00	0.00	-	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50624 COND PC Drsg Ranch 12g

34.00 @ 1 each	50.00	0.00	0.00	100.00	5.00	90.00	1.00	0.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50287 COND PC Sauce, BBQ 12g

22.00 @ 1 each	15.00	0.00	0.00	160.00	0.00	0.00	4.00	0.00	0.00	0.00	-*	100.00	-*	-*	-*	0.60	-*	-*	-*	-*	-*	0.00	-*	0.00
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Average	691.57	5.38	7	1102.52	22.23	28.93	90.17	32.18	43.87	8.98	163.43*	1144.83	.04*	.17*	13.85*	21.7	.06*	.05*	.36*	.09*	.06*	411.21	15.16*	3.6
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DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Heritage ES

Service Area: Heritage - K-5 - OVS

Menu Name: Heritage ES: 2017-18 Menu w/ESD - cycle 2 - week 3

Avg.Method: Balanced

Age Group: Lunch Grades K-5 **Period:** Lunch **Week:** 3 **Day:** Friday **Count Type:** Forecasted **Total No. of Customers:** 180

	CAL	SFA (g)	% of CAL	Na (mg)	Fat (g)	% of CAL	CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)
Weekly Std.	550.00-650.00		10.00	1230.00																		0.00		

M50995 PIZZA AP Wdg Chz WG

112.00 @ 1 each	300.02	4.00	12.00	580.04	11.00	33.00	37.00	15.00	15.00	4.00	240.02	500.03	-*	-*	-*	0.00	-*	-*	-*	-*	-*	300.02	-*	2.70
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M51132 PIZZA AP Wdg Pep WG

42.00 @ 1 each	300.02	4.50	13.50	640.03	11.00	33.00	36.00	15.00	15.00	4.00	230.01	400.02	-*	-*	-*	0.00	-*	-*	-*	-*	-*	200.01	-*	2.70
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M53486 SALAD, BFGd Taco SC SC 2.25

25.00 @ 1 each	250.98	5.75	20.61	210.16	12.16	43.59	16.98	19.73	55.59	3.65	422.82*	3896.15	0.91*	0.33*	41.54*	9.61	0.09*	0.15*	3.82*	0.31*	1.27*	150.60	154.61*	2.62
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M54540 BRD: TORTILLA, CHIP RND WG 2BG

25.00 @ 1 serving	224.59	1.60	6.43	184.48	9.63	38.57	32.08	3.21	0.00	3.21	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	32.08	-*	0.00
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M50962 SDW BD, SBJ WG 2.0

5.00 @ 1 sandwich	654.64	3.95	5.43	556.98	33.60	46.19	69.74	19.82	0.00	9.90	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	39.50	-*	5.00
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M54868 VEG: BROCCOLI, FRESH CKD MARG 1/2C

75.00 @ 1/2 cup	35.62	1.19	30.01	10.98	3.03	76.46	1.92	0.64	0.00	0.88	79.66	414.69	0.00*	0.39*	37.80*	17.39	0.02*	0.03*	0.15*	0.05*	0.00*	10.72	17.95*	0.18
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M52323 VEG: SALAD, Side GardChop 1/2c

15.00 @ 1/2 cup	8.17	0.01	1.45	6.38	0.09	9.94	1.78	0.42	0.00	0.71	91.42	2532.40	0.00	0.09	22.95	4.51	0.02	0.02	0.16	0.04	0.00	11.15	11.01	0.26
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M50543 FRUIT: BANANA (100-120ct) Whl

50.00 @ 1 each	93.95	0.12	1.13	1.06	0.35	3.34	24.11	1.15	0.00	2.74	377.91	67.56	0.00	0.11	0.53	9.18	0.03	0.08	0.70	0.39	0.00	5.28	23.22	0.27
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M50178 FRUIT: PINEAPPLE Tbits w/Jc1/2c

72.00 @ 1/2 cup	80.32	0.00	0.00	0.00	0.00	0.00	18.07	1.00	0.00	1.00	-*	0.00	-*	-*	-*	6.02	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50980 JUICE SS, Frt Bld 100% 4oz Crt

70.00 @ 1 each	60.00	0.00	0.00	10.00	0.00	0.00	14.00	0.00	0.00	0.00	100.00	0.00	-*	-*	-*	3.60	-*	-*	-*	-*	-*	0.00	-*	0.00
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M53465 MILK SS, 1% WHITE 8 FLOZ

36.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00
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M51096 MILK SS, SKIM CHOCOLATE 8 FLOZ

114.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00
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DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Heritage ES

Service Area: Heritage - K-5 - OVS

Menu Name: Heritage ES: 2017-18 Menu w/ESD - cycle 2 - week 3

Avg.Method: Balanced

M53222 COND PC Margarine 5g

6.00 @ 1 each	30.00	1.00	30.00	30.00	3.00	90.00	0.00	0.00	0.00	0.00	0.00	-*	500.00	-*	-*	-*	0.00	-*	-*	-*	-*	0.00	-*	0.00
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M50855 COND PC Ketchup 9g Heinz

41.00 @ 1 each	10.00	0.00	0.00	85.00	0.00	0.00	3.00	0.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	0.00	-*	0.00
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M50055 COND PC Mayonnaise 12g

2.00 @ 1 each	80.00	1.50	16.87	75.00	8.00	90.00	1.00	0.00	5.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	0.00	-*	0.00
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M50284 COND PC Mustard 6g

2.00 @ 1 each	0.00	0.00	-	65.00	0.00	-	1.00	0.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	0.00	-*	0.00
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M50624 COND PC Drsg Ranch 12g

31.00 @ 1 each	50.00	0.00	0.00	100.00	5.00	90.00	1.00	0.00	5.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	0.00	-*	0.00
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M50287 COND PC Sauce, BBQ 12g

1.00 @ 1 each	15.00	0.00	0.00	160.00	0.00	0.00	4.00	0.00	0.00	0.00	0.00	-*	100.00	-*	-*	-*	0.60	-*	-*	-*	-*	0.00	-*	0.00
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Average

	548.86	5.55	9.1	769.86	16.29	26.7	76.66	24.26	26.64	6.24	446.41*	1782.08	.13*	.24*	23.58*	16.56	.03*	.06*	.8*	.18*	.18*	516.68	36.32*	2.99
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