



DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Heritage ES

Service Area: Heritage - K-5 - OVS

Menu Name: Heritage ES: 2017-18 Menu w/ESD - cycle 2 - week 1

Avg.Method: Balanced

Age Group: Lunch Grades K-5 **Period:** Lunch **Week:** 1 **Day:** Monday **Count Type:** Forecasted **Total No. of Customers:** 180

Weekly Std.	CAL	SFA		Na (mg)	Fat		CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)	
		(g)	% of CAL		(g)	% of CAL																			
550.00-650.00			10.00	1230.00																			0.00		

M51275 CHIX NUGGET, BNLS WING WG (5) 2.0 MWWW

150.00 @ 5 each	251.07	1.88	6.75	401.72	11.30	40.50	15.06	22.60	50.21	1.26	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	25.11	-*	1.81
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M51232 SDW BN, BfPty ChxFrStk WG 2.0

50.00 @ 1 sandwich	429.56	3.99	8.37	779.28	19.97	41.84	45.97	19.98	29.95	4.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	79.94	-*	3.24
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M50443 COND_Gravy, Country SS

72.00 @ 1/4 cup	34.17	0.00	0.00	196.86	0.49	12.86	5.86	0.00	0.00	0.00	0.53*	0.00	0.00*	0.00*	0.00*	0.00	0.00*	0.00*	0.00*	0.00*	0.00*	21.13	0.00*	0.00
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M51480 SALAD, VEG BAJA AP W 2.25

10.00 @ 1 each	237.76	6.17	23.35	260.13	9.89	37.43	25.71	13.96	30.64	6.55	133.42*	1890.43	0.00*	0.15*	1.80*	14.05	0.04*	0.03*	0.80*	0.08*	0.00*	281.25	32.39*	1.82
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M51680 BRD: ROLL DG, WG 2.5oz

160.00 @ 1 each	170.00	0.50	2.65	135.00	3.00	15.88	28.00	7.00	0.00	3.40	-*	0.01	-*	-*	-*	0.01	-*	-*	-*	-*	-*	12.70	-*	0.85
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M50962 SDW BD, SBJ WG 2.0

8.00 @ 1 sandwich	654.64	3.95	5.43	556.98	33.60	46.19	69.74	19.82	0.00	9.90	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	39.50	-*	5.00
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M53347 SDW BD, SB WG 2.0

1.00 @ 1 sandwich	554.98	3.95	6.41	556.98	33.60	54.49	43.82	19.82	0.00	9.90	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	39.50	-*	5.00
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M53175 VEG: POTATO, Mashed Marg 1/2c

131.00 @ 1/2 cup	95.27	0.82	7.76	100.87	2.90	27.44	15.38	1.71	0.00	0.88	131.00	0.67	0.00*	0.00*	0.20*	10.20	0.00*	0.00*	0.00*	0.00*	0.00*	3.64	0.19*	0.32
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M53200 VEG: SALAD, Side Spin Straw 1c

30.00 @ 1 cup	22.63	0.05	1.89	56.18	0.34	13.35	4.09	2.16	0.00	1.95	425.72	6647.79	0.00	1.50	342.66	31.55	0.06	0.14	0.59	0.15	0.00	73.33	39.47	2.00
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M50843 FRUIT: STRAWBERRIES, Frsh 1/2c

150.00 @ 1/2 cup	24.57	0.01	0.42	0.77	0.23	8.44	5.90	0.51	0.00	1.54	117.47	9.21	0.00	0.22	1.69	45.14	0.02	0.02	0.30	0.04	0.00	12.28	18.43	0.31
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M50427 FRUIT: FRUIT MIX w/Jc 1/2c

48.00 @ 1/2 cup	60.01	0.00	0.00	5.00	0.00	0.00	13.00	1.00	0.00	1.00	-*	200.03	-*	-*	-*	1.20	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50980 JUICE SS, Frt Bld 100% 4oz Crt

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DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Heritage ES

Service Area: Heritage - K-5 - OVS

Menu Name: Heritage ES: 2017-18 Menu w/ESD - cycle 2 - week 1

Avg.Method: Balanced

90.00 @ 1 each	60.00	0.00	0.00	10.00	0.00	0.00	14.00	0.00	0.00	0.00	100.00	0.00	-*	-*	-*	3.60	-*	-*	-*	-*	-*	0.00	-*	0.00
M53465 MILK SS, 1% WHITE 8 FLOZ																								
84.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00
M51096 MILK SS, SKIM CHOCOLATE 8 FLOZ																								
251.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00
M53222 COND PC Margarine 5g																								
84.00 @ 1 each	30.00	1.00	30.00	30.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	500.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50855 COND PC Ketchup 9g Heinz																								
84.00 @ 1 each	10.00	0.00	0.00	85.00	0.00	0.00	3.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50055 COND PC Mayonnaise 12g																								
17.00 @ 1 each	80.00	1.50	16.87	75.00	8.00	90.00	1.00	0.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50284 COND PC Mustard 6g																								
17.00 @ 1 each	0.00	0.00	-	65.00	0.00	-	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50624 COND PC Drsg Ranch 12g																								
17.00 @ 1 each	50.00	0.00	0.00	100.00	5.00	90.00	1.00	0.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50287 COND PC Sauce, BBQ 12g																								
9.00 @ 1 each	15.00	0.00	0.00	160.00	0.00	0.00	4.00	0.00	0.00	0.00	-*	100.00	-*	-*	-*	0.60	-*	-*	-*	-*	-*	0.00	-*	0.00
Average	928.66	5.59	5.41	1278.03	26.21	25.4	120.42	49.56	64.45	8.55	321.8*	2443.41	0*	.44*	58.76*	56.03	.03*	.04*	.39*	.06*	0*	663.91	23.88*	4.34

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DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Heritage ES

Service Area: Heritage - K-5 - OVS

Menu Name: Heritage ES: 2017-18 Menu w/ESD - cycle 2 - week 1

Avg.Method: Balanced

Age Group: Lunch Grades K-5 **Period:** Lunch **Week:** 1 **Day:** Tuesday **Count Type:** Forecasted **Total No. of Customers:** 180

Weekly Std.	CAL	SFA		Na	Fat		CHO	Pro	Chol	Fiber	K	Vit A	Vit D	Vit E	Vit K	Vit C	Vit B1	Vit B2	Vit B3	Vit B6	Vit B12	Ca	P	Fe
	(g)	% of CAL	(mg)	(g)	% of CAL	(g)	(g)	(mg)	(g)	(mg)	(IU)	(IU)	(mg)	(mcg)	(mg)	(mg)	(mg)	(mg)	(mcg)	(mg)	(mg)	(mg)	(mg)	(mg)
550.00-650.00		10.00	1230.00																			60.00		

M51417 BURG, Beef AP WG 2.0

30.00 @ 1 each	240.00	2.00	7.50	345.00	7.00	26.25	29.00	16.00	25.00	2.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	60.00	-*	2.88
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M50821 BURG, Beef AM AP WG 2.25

100.00 @ 1 each	285.00	4.25	13.42	545.00	10.50	33.16	29.50	18.50	37.50	2.00	-*	100.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	135.00	-*	2.88
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M54370 BURG, BLACK BEAN AP WG 2.0

24.00 @ 1 each	300.00	1.00	3.00	710.00	9.00	27.00	42.00	19.00	5.00	7.00	280.00*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	80.00	-*	2.16
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M51072 PASTA, Spaghetti WG 1c

12.00 @ 1 cup	212.98	0.30	1.25	14.19	3.85	16.28	40.50	7.09	0.00	5.06	298.33*	0.00	0.00*	0.00*	0.00*	0.00	0.00*	0.00*	0.00*	0.00*	0.00*	34.44	0.00*	2.73
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M54452 SAUCE P, SPAG (USDA) AP BEEF SC 2.0

24.00 @ 3/4 cup	219.73	3.54	14.50	94.34	10.84	44.39	11.79	17.78	53.37	2.63	697.48	956.26	1.13	3.58	21.30	2.93	0.06	0.20	9.31	0.50	1.59	51.98	184.65	2.80
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M53865 SALAD, CHIXDCD CAES APSC 2.0

24.00 @ 1 each	230.70	3.65	14.25	365.31	9.62	37.53	13.02	22.62	53.75	1.51	16.94*	1395.71	0.00*	0.04*	0.10*	8.01	0.00*	0.00*	0.01*	0.00*	0.00*	179.18	0.94*	1.59
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M51680 BRD: ROLL DG, WG 2.5oz

24.00 @ 1 each	170.00	0.50	2.65	135.00	3.00	15.88	28.00	7.00	0.00	3.40	-*	0.01	-*	-*	-*	0.01	-*	-*	-*	-*	-*	12.70	-*	0.85
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M50897 SDW BD, Ham AM WG 2.0

24.00 @ 1 sandwich	319.64	5.50	15.47	1346.78	11.98	33.74	31.99	20.95	49.87	2.00	-*	200.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	150.00	-*	2.52
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M53347 SDW BD, SB WG 2.0

24.00 @ 1 sandwich	554.98	3.95	6.41	556.98	33.60	54.49	43.82	19.82	0.00	9.90	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	39.50	-*	5.00
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M51467 VEG: BLEND, 5 Way Mix Fz 1/2c

40.00 @ 1/2 cup	72.94	0.03	0.43	39.27	0.17	2.08	14.69	3.21	0.00	4.94	189.63	4799.21	0.00	0.43	26.37	3.59	0.08	0.13	0.95	0.08	0.00	28.05	57.23	0.92
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M52815 VEG: PEPPERS, Red Strips1/2c

30.00 @ 1/2 cup	15.56	0.01	0.78	2.01	0.15	8.71	3.03	0.50	0.00	1.05	105.92	1571.73	0.00	0.79	2.46	64.10	0.03	0.04	0.49	0.15	0.00	3.51	13.05	0.22
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M50429 FRUIT: CANTALOUPE, Fresh 1/2c

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DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Heritage ES

Service Area: Heritage - K-5 - OVS

Menu Name: Heritage ES: 2017-18 Menu w/ESD - cycle 2 - week 1

Avg.Method: Balanced

45.00 @ 1/2 cup	25.70	0.04	1.35	12.10	0.14	5.03	6.17	0.63	0.00	0.68	201.84	2556.59	0.00	0.04	1.89	27.74	0.03	0.01	0.55	0.05	0.00	6.80	11.34	0.16	
M52268 FRUIT: PEACHES Dice w/Jc 1/2c																									
48.00 @ 1/2 cup	50.83	0.00	0.00	10.17	0.00	0.00	12.20	0.00	0.00	0.00	182.98	304.97	-*	-*	-*	1.22	-*	-*	-*	-*	-*	0.00	-*	0.00	
M50979 JUICE SS, Apple 100% 4oz Cart																									
90.00 @ 1 each	60.00	0.00	0.00	15.00	0.00	0.00	14.00	0.00	0.00	0.00	85.00	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00	
M53465 MILK SS, 1% WHITE 8 FLOZ																									
72.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00	
M51096 MILK SS, SKIM CHOCOLATE 8 FLOZ																									
286.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00	
M53222 COND PC Margarine 5g																									
72.00 @ 1 each	30.00	1.00	30.00	30.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	500.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00	
M50855 COND PC Ketchup 9g Heinz																									
286.00 @ 1 each	10.00	0.00	0.00	85.00	0.00	0.00	3.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00	
M50055 COND PC Mayonnaise 12g																									
15.00 @ 1 each	80.00	1.50	16.87	75.00	8.00	90.00	1.00	0.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00	
M50284 COND PC Mustard 6g																									
22.00 @ 1 each	0.00	0.00	-	65.00	0.00	-	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00	
M50624 COND PC Drsg Ranch 12g																									
22.00 @ 1 each	50.00	0.00	0.00	100.00	5.00	90.00	1.00	0.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00	
M50287 COND PC Sauce, BBQ 12g																									
15.00 @ 1 each	15.00	0.00	0.00	160.00	0.00	0.00	4.00	0.00	0.00	0.00	-*	100.00	-*	-*	-*	0.60	-*	-*	-*	-*	-*	0.00	-*	0.00	
M51445 VEG GARN: Rom Leaf/Tom Sl																									
24.00 @ 1 serving	4.96	0.01	1.72	1.84	0.07	12.86	1.02	0.30	0.00	0.47	68.61	1352.71	0.00	0.09	15.65	2.51	0.02	0.01	0.13	0.02	0.00	6.10	7.65	0.18	
M50412 COND_Pickle, Dill Slice 3ea																									
8.00 @ 3 slice	2.43	0.01	4.72	243.11	0.07	25.17	0.36	0.10	0.00	0.21	-*	0.00	-*	-*	-*	0.32	-*	-*	-*	-*	-*	12.97	-*	0.08	
Average	798.01	6.28	7.08	1347.17	21.25	23.97	104.79	44.62	59.57	6.82	363.18*	3827.88	.15*	.73*	11.68*	23.47	.04*	.07*	1.69*	.13*	.21*	762.33	43.49*	4.56	

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Profit Center: Lewisville Independent School District

Location: Lewisville ISD Heritage ES

Service Area: Heritage - K-5 - OVS

Menu Name: Heritage ES: 2017-18 Menu w/ESD - cycle 2 - week 1

Avg.Method: Balanced

Age Group: Lunch Grades K-5 **Period:** Lunch **Week:** 1 **Day:** Wednesday **Count Type:** Forecasted **Total No. of Customers:** 180

Weekly Std.	CAL	SFA		Na	Fat		CHO	Pro	Chol	Fiber	K	Vit A	Vit D	Vit E	Vit K	Vit C	Vit B1	Vit B2	Vit B3	Vit B6	Vit B12	Ca	P	Fe
		(g)	% of CAL	(mg)	(g)	% of CAL	(g)	(g)	(mg)	(g)	(mg)	(IU)	(IU)	(mg)	(mcg)	(mg)	(mg)	(mg)	(mg)	(mg)	(mcg)	(mg)	(mg)	(mg)
	550.00-650.00		10.00	1230.00																		0.00		

M53304 POTATO CH CS Bacon 2.0

90.00 @ 1 each	416.20	13.48	29.14	875.14	21.67	46.86	35.23	19.93	66.02	3.08	748.09*	614.00	0.00*	0.06*	2.80*	13.42	0.09*	0.07*	1.97*	0.43*	0.00*	520.98	97.88*	2.11
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M50169 SALAD, HamTky Chef SC W 2.0

16.00 @ 1 each	148.05	3.52	21.39	550.49	7.64	46.46	5.09	15.16	82.44	1.26	146.57*	5151.52	0.00*	0.12*	43.60*	7.46	0.04*	0.04*	0.25*	0.06*	0.00*	134.85	17.48*	1.01
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M51680 BRD: ROLL DG, WG 2.5oz

106.00 @ 1 each	170.00	0.50	2.65	135.00	3.00	15.88	28.00	7.00	0.00	3.40	-*	0.01	-*	-*	-*	0.01	-*	-*	-*	-*	-*	12.70	-*	0.85
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M50962 SDW BD, SBJ WG 2.0

10.00 @ 1 sandwich	654.64	3.95	5.43	556.98	33.60	46.19	69.74	19.82	0.00	9.90	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	39.50	-*	5.00
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M53347 SDW BD, SB WG 2.0

1.00 @ 1 sandwich	554.98	3.95	6.41	556.98	33.60	54.49	43.82	19.82	0.00	9.90	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	39.50	-*	5.00
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M54868 VEG: BROCCOLI, FRESH CKD MARG 1/2C

40.00 @ 1/2 cup	35.62	1.19	30.01	10.98	3.03	76.46	1.92	0.64	0.00	0.88	79.66	414.69	0.00*	0.39*	37.80*	17.39	0.02*	0.03*	0.15*	0.05*	0.00*	10.72	17.95*	0.18
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M50350 VEG: CUCUMBER, Fresh Slice1/2c

35.00 @ 1/2 cup	10.81	0.03	2.22	1.44	0.08	6.60	2.62	0.47	0.00	0.36	105.91	75.65	0.00	0.02	11.82	2.02	0.02	0.02	0.07	0.03	0.00	11.53	17.29	0.20
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M50536 FRUIT: APPLE, 138ct 1/8wg 1/2c

50.00 @ 4 wedge	31.53	0.02	0.50	2.39	0.10	2.95	8.40	0.17	0.00	1.45	67.15	33.13	0.00	0.11	1.32	3.11	0.01	0.02	0.06	0.03	0.00	5.02	6.81	0.07
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M52271 FRUIT: PEARS, Dice w/Jc 1/2c

48.00 @ 1/2 cup	60.66	0.00	0.00	10.11	0.00	0.00	14.15	0.00	0.00	2.02	80.89	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M53365 JUICE SS, Grape100% 4oz Cart

90.00 @ 1 each	80.00	0.00	0.00	15.00	0.00	0.00	18.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M53465 MILK SS, 1% WHITE 8 FLOZ

13.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00
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M51096 MILK SS, SKIM CHOCOLATE 8 FLOZ

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DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Heritage ES

Service Area: Heritage - K-5 - OVS

Menu Name: Heritage ES: 2017-18 Menu w/ESD - cycle 2 - week 1

Avg.Method: Balanced

125.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00
M53222 COND PC Margarine 5g																								
56.00 @ 1 each	30.00	1.00	30.00	30.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	500.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50855 COND PC Ketchup 9g Heinz																								
1.00 @ 1 each	10.00	0.00	0.00	85.00	0.00	0.00	3.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50055 COND PC Mayonnaise 12g																								
1.00 @ 1 each	80.00	1.50	16.87	75.00	8.00	90.00	1.00	0.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50284 COND PC Mustard 6g																								
1.00 @ 1 each	0.00	0.00	-	65.00	0.00	-	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50624 COND PC Drsg Ranch 12g																								
24.00 @ 1 each	50.00	0.00	0.00	100.00	5.00	90.00	1.00	0.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50287 COND PC Sauce, BBQ 12g																								
1.00 @ 1 each	15.00	0.00	0.00	160.00	0.00	0.00	4.00	0.00	0.00	0.00	-*	100.00	-*	-*	-*	0.60	-*	-*	-*	-*	-*	0.00	-*	0.00
M51135 TACO BfGd Soft SC WG 2.0 2ea																								
70.00 @ 2 each	362.20	7.15	17.76	405.80	16.04	39.85	31.69	22.41	55.38	4.40	213.55*	966.91	0.91*	0.15*	8.26*	2.77	0.03*	0.09*	2.92*	0.21*	1.27*	316.86	113.01*	3.48
Average	684.5	11.07	14.55	930.63	24.11	31.7	82.05	31.78	66.76	7.18	548.64*	1796.45	.35*	.22*	19.55*	14.59	.07*	.09*	2.21*	.33*	.49*	641.61	103.68*	3.4

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DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Heritage ES

Service Area: Heritage - K-5 - OVS

Menu Name: Heritage ES: 2017-18 Menu w/ESD - cycle 2 - week 1

Avg.Method: Balanced

Age Group: Lunch Grades K-5 **Period:** Lunch **Week:** 1 **Day:** Thursday **Count Type:** Forecasted **Total No. of Customers:** 180

Weekly Std.	CAL	SFA (g)	% of CAL	Na (mg)	Fat (g)	% of CAL	CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)
	550.00-650.00		10.00	1230.00																		172.46		

M52963 CHIX Popcorn, AP WG 2.0

75.00 @ 1 serving	250.19	2.72	9.78	380.72	14.14	50.87	15.23	15.23	21.76	3.26	-*	108.78	-*	-*	-*	0.00	-*	-*	-*	-*	-*	43.51	-*	1.96
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M53770 SDW BN, CHIXPTY PLN WG/WG2.0 MWWW

75.00 @ 1 sandwich	369.73	2.00	4.86	679.55	11.99	29.18	40.98	26.97	49.94	3.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	59.98	-*	2.88
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M50490 SALAD, ChixPop CH SC W 2.0LG

10.00 @ 1 each	269.87	5.09	16.97	405.91	15.45	51.53	17.66	16.34	31.38	4.97	293.14*	10184.95	0.00*	0.24*	87.20*	14.91	0.08*	0.07*	0.50*	0.12*	0.00*	172.46	34.96*	2.42
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M52188 BRD: ROLL AP, PRETZEL 2.2oz WG

85.00 @ 1 each	160.00	1.00	5.62	40.00	2.50	14.06	29.00	5.00	0.00	3.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	20.00	-*	1.80
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M53268 SDW BD, Tky AM WG 2.0

10.00 @ 1 sandwich	325.00	5.13	14.19	995.00	11.50	31.84	33.50	22.25	56.25	2.00	-*	200.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	175.00	-*	2.61
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M53347 SDW BD, SB WG 2.0

1.00 @ 1 sandwich	554.98	3.95	6.41	556.98	33.60	54.49	43.82	19.82	0.00	9.90	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	39.50	-*	5.00
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M52980 VEG: BEANS, Black Charro 1/2c

24.00 @ 1/2 cup	128.90	0.20	1.37	125.32	0.97	6.75	22.28	7.75	1.02	7.62	42.39*	137.82	0.00*	0.09*	1.91*	3.06	0.01*	0.00*	0.10*	0.02*	0.00*	101.78	5.40*	2.29
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M52770 VEG: CELERY, Sticks 1/2c

30.00 @ 1/2 cup	9.92	0.03	2.36	49.61	0.11	9.56	1.84	0.43	0.00	0.99	161.23	278.43	0.00	0.17	18.17	1.92	0.01	0.04	0.20	0.05	0.00	24.80	14.88	0.12
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M50529 FRUIT: GRAPES, Fresh 1/2c

110.00 @ 1/2 cup	56.80	0.10	1.53	1.70	0.30	4.70	14.54	0.53	0.00	0.76	161.94	84.78	0.00	0.16	12.38	3.39	0.08	0.05	0.25	0.09	0.00	11.87	8.48	0.25
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M53549 FRUIT: APPLESAUCE,Unswt AP1/2c

96.00 @ 1/2 cup	52.77	0.00	0.00	10.55	0.00	0.00	13.72	0.00	0.00	2.11	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50982 JUICE SS, ORANGE 100% 4 FLOZ

90.00 @ 1 each	50.00	0.00	0.00	15.00	0.00	0.00	12.00	1.00	0.00	0.00	-*	0.00	-*	-*	-*	42.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M53465 MILK SS, 1% WHITE 8 FLOZ

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DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Heritage ES

Service Area: Heritage - K-5 - OVS

Menu Name: Heritage ES: 2017-18 Menu w/ESD - cycle 2 - week 1

Avg.Method: Balanced

38.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00
M51096 MILK SS, SKIM CHOCOLATE 8 FLOZ																								
125.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00
M53222 COND PC Margarine 5g																								
59.00 @ 1 each	30.00	1.00	30.00	30.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	500.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50855 COND PC Ketchup 9g Heinz																								
118.00 @ 1 each	10.00	0.00	0.00	85.00	0.00	0.00	3.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50055 COND PC Mayonnaise 12g																								
2.00 @ 1 each	80.00	1.50	16.87	75.00	8.00	90.00	1.00	0.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50284 COND PC Mustard 6g																								
3.00 @ 1 each	0.00	0.00	-	65.00	0.00	-	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50624 COND PC Drsg Ranch 12g																								
30.00 @ 1 each	50.00	0.00	0.00	100.00	5.00	90.00	1.00	0.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50287 COND PC Sauce, BBQ 12g																								
31.00 @ 1 each	15.00	0.00	0.00	160.00	0.00	0.00	4.00	0.00	0.00	0.00	-*	100.00	-*	-*	-*	0.60	-*	-*	-*	-*	-*	0.00	-*	0.00
Average	611.43	3.78	5.56	844.87	16.51	24.31	85.16	31.37	41.35	7.24	147.77*	1372.75	0*	.15*	15.69*	26.07	.06*	.04*	.23*	.07*	0*	368.71	10.32*	3.65

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DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Heritage ES

Service Area: Heritage - K-5 - OVS

Menu Name: Heritage ES: 2017-18 Menu w/ESD - cycle 2 - week 1

Avg.Method: Balanced

Age Group: Lunch Grades K-5 **Period:** Lunch **Week:** 1 **Day:** Friday **Count Type:** Forecasted **Total No. of Customers:** 180

Weekly Std.	CAL	SFA		Na	Fat		CHO	Pro	Chol	Fiber	K	Vit A	Vit D	Vit E	Vit K	Vit C	Vit B1	Vit B2	Vit B3	Vit B6	Vit B12	Ca	P	Fe
	(g)	% of CAL	(mg)	(g)	% of CAL	(g)	(g)	(mg)	(g)	(mg)	(IU)	(IU)	(mg)	(mcg)	(mg)	(mg)	(mg)	(mg)	(mcg)	(mg)	(mg)	(mg)	(mg)	(mg)
550.00-650.00		10.00	1230.00																			0.00		

M51132 PIZZA AP Wdg Pep WG

30.00 @ 1 each	300.02	4.50	13.50	640.03	11.00	33.00	36.00	15.00	15.00	4.00	230.01	400.02	-*	-*	-*	0.00	-*	-*	-*	-*	-*	200.01	-*	2.70
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M50995 PIZZA AP Wdg Chz WG

130.00 @ 1 each	300.02	4.00	12.00	580.04	11.00	33.00	37.00	15.00	15.00	4.00	240.02	500.03	-*	-*	-*	0.00	-*	-*	-*	-*	-*	300.02	-*	2.70
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M53486 SALAD, BFGd Taco SC SC 2.25

30.00 @ 1 each	250.98	5.75	20.61	210.16	12.16	43.59	16.98	19.73	55.59	3.65	422.82*	3896.15	0.91*	0.33*	41.54*	9.61	0.09*	0.15*	3.82*	0.31*	1.27*	150.60	154.61*	2.62
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M54540 BRD: TORTILLA, CHIP RND WG 2BG

30.00 @ 1 serving	224.59	1.60	6.43	184.48	9.63	38.57	32.08	3.21	0.00	3.21	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	32.08	-*	0.00
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M50962 SDW BD, SBJ WG 2.0

6.00 @ 1 sandwich	654.64	3.95	5.43	556.98	33.60	46.19	69.74	19.82	0.00	9.90	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	39.50	-*	5.00
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M53347 SDW BD, SB WG 2.0

1.00 @ 1 sandwich	554.98	3.95	6.41	556.98	33.60	54.49	43.82	19.82	0.00	9.90	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	39.50	-*	5.00
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M50195 VEG: CARROTS, Sliced Fz 1/2c

48.00 @ 1/2 cup	32.38	0.11	2.92	51.64	0.60	16.54	6.77	0.51	0.00	2.89	168.05	14815.98	0.00	0.88	11.90	2.01	0.03	0.03	0.36	0.07	0.00	30.63	27.13	0.46
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M54006 VEG: SALAD, Side GardBlndSC1c

25.00 @ 1 each	13.21	0.02	1.70	10.58	0.15	10.29	2.76	0.88	0.00	1.04	166.53	3885.88	0.00	0.17	59.78	5.90	0.04	0.05	0.27	0.06	0.00	21.26	22.40	0.52
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M51458 FRUIT: BANANA (150ct) Whole

50.00 @ 1 each	68.90	0.09	1.13	0.77	0.26	3.34	17.68	0.84	0.00	2.01	277.14	49.54	0.00	0.08	0.39	6.73	0.02	0.06	0.51	0.28	0.00	3.87	17.03	0.20
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M50178 FRUIT: PINEAPPLE Tbits w/Jc1/2c

72.00 @ 1/2 cup	80.32	0.00	0.00	0.00	0.00	0.00	18.07	1.00	0.00	1.00	-*	0.00	-*	-*	-*	6.02	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50980 JUICE SS, Frt Bld 100% 4oz Crt

90.00 @ 1 each	60.00	0.00	0.00	10.00	0.00	0.00	14.00	0.00	0.00	0.00	100.00	0.00	-*	-*	-*	3.60	-*	-*	-*	-*	-*	0.00	-*	0.00
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M53465 MILK SS, 1% WHITE 8 FLOZ

* Some values for this nutrient are unavailable; the number listed is incomplete.

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DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Heritage ES

Service Area: Heritage - K-5 - OVS

Menu Name: Heritage ES: 2017-18 Menu w/ESD - cycle 2 - week 1

Avg.Method: Balanced

36.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00
M51096 MILK SS, SKIM CHOCOLATE 8 FLOZ																								
109.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00
M53222 COND PC Margarine 5g																								
6.00 @ 1 each	30.00	1.00	30.00	30.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	500.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50855 COND PC Ketchup 9g Heinz																								
23.00 @ 1 each	10.00	0.00	0.00	85.00	0.00	0.00	3.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50055 COND PC Mayonnaise 12g																								
4.00 @ 1 each	80.00	1.50	16.87	75.00	8.00	90.00	1.00	0.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50284 COND PC Mustard 6g																								
4.00 @ 1 each	0.00	0.00	-	65.00	0.00	-	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50624 COND PC Drsg Ranch 12g																								
45.00 @ 1 each	50.00	0.00	0.00	100.00	5.00	90.00	1.00	0.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50287 COND PC Sauce, BBQ 12g																								
1.00 @ 1 each	15.00	0.00	0.00	160.00	0.00	0.00	4.00	0.00	0.00	0.00	-*	100.00	-*	-*	-*	0.60	-*	-*	-*	-*	-*	0.00	-*	0.00
Average	573.89	5.44	8.53	809.34	16.99	26.65	80.21	25.27	28.99	6.96	477.07*	6001.56	.15*	.34*	18.51*	10.25	.03*	.05*	.91*	.16*	.21*	535.87	40.84*	3.28

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