



DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Heritage ES

Service Area: Heritage - K-5 - OVS

Menu Name: Heritage ES: 2017-18 Menu w/ESD - cycle 2 - week 2

Avg.Method: Balanced

Age Group: Lunch Grades K-5 **Period:** Lunch **Week:** 2 **Day:** Wednesday **Count Type:** Forecasted **Total No. of Customers:** 180

Weekly Std.	SFA		Na (mg)	Fat		CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)	
	CAL	(g)		% of CAL	(g)																			% of CAL
550.00-650.00			1230.00																			30.63		

M55774 STICKS, MAX SNAX PIZZA W/MARINARA AP WG 2.0

100.00 @ 2 each	319.87	2.00	5.63	649.89	9.00	25.32	39.98	18.00	10.00	4.00	-*	898.95	-*	-*	-*	8.98	-*	-*	-*	-*	-*	439.92	-*	3.24
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M50490 SALAD, ChixPop CH SC W 2.0LG

10.00 @ 1 each	269.87	5.09	16.97	405.91	15.45	51.53	17.66	16.34	31.38	4.97	293.14*	10184.9 ₅	0.00*	0.24*	87.20*	14.91	0.08*	0.07*	0.50*	0.12*	0.00*	172.46	34.96*	2.42
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M51680 BRD: ROLL DG, WG 2.5oz

90.00 @ 1 each	170.00	0.50	2.65	135.00	3.00	15.88	28.00	7.00	0.00	3.40	-*	0.01	-*	-*	-*	0.01	-*	-*	-*	-*	-*	12.70	-*	0.85
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M50962 SDW BD, SBJ WG 2.0

6.00 @ 1 sandwich	654.64	3.95	5.43	556.98	33.60	46.19	69.74	19.82	0.00	9.90	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	39.50	-*	5.00
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M53347 SDW BD, SB WG 2.0

1.00 @ 1 sandwich	554.98	3.95	6.41	556.98	33.60	54.49	43.82	19.82	0.00	9.90	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	39.50	-*	5.00
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M51355 ENT: BOWL, CHIXPOP CH WG 2.0

80.00 @ 1 bowl	419.52	6.32	13.57	533.49	19.78	42.44	42.95	18.58	31.38	4.76	291.93*	314.39	0.00*	0.03*	0.43*	16.74	0.01*	0.03*	0.54*	0.04*	0.00*	139.46	32.63*	2.14
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M50443 COND_Gravy, Country SS

80.00 @ 1/4 cup	34.17	0.00	0.00	196.86	0.49	12.86	5.86	0.00	0.00	0.00	0.53*	0.00	0.00*	0.00*	0.00*	0.00	0.00*	0.00*	0.00*	0.00*	0.00*	21.13	0.00*	0.00
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M50194 VEG: CARROTS, Orange Glz 1/2c

30.00 @ 1/2 cup	92.59	0.11	1.02	158.66	0.60	5.79	20.81	0.51	0.00	2.89	168.05*	14815.9 ₈	0.00*	0.88*	11.90*	2.01	0.03*	0.03*	0.36*	0.07*	0.00*	30.63	27.13*	0.46
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M50350 VEG: CUCUMBER, Fresh Slice1/2c

48.00 @ 1/2 cup	10.81	0.03	2.22	1.44	0.08	6.60	2.62	0.47	0.00	0.36	105.91	75.65	0.00	0.02	11.82	2.02	0.02	0.02	0.07	0.03	0.00	11.53	17.29	0.20
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M50536 FRUIT: APPLE, 138ct 1/8wg 1/2c

60.00 @ 4 wedge	31.53	0.02	0.50	2.39	0.10	2.95	8.40	0.17	0.00	1.45	67.15	33.13	0.00	0.11	1.32	3.11	0.01	0.02	0.06	0.03	0.00	5.02	6.81	0.07
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M52271 FRUIT: PEARS, Dice w/Jc 1/2c

72.00 @ 1/2 cup	60.66	0.00	0.00	10.11	0.00	0.00	14.15	0.00	0.00	2.02	80.89	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M53365 JUICE SS, Grape100% 4oz Cart

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DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Heritage ES

Service Area: Heritage - K-5 - OVS

Menu Name: Heritage ES: 2017-18 Menu w/ESD - cycle 2 - week 2

Avg.Method: Balanced

90.00 @ 1 each	80.00	0.00	0.00	15.00	0.00	0.00	18.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M53465 MILK SS, 1% WHITE 8 FLOZ																								
38.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00
M51096 MILK SS, SKIM CHOCOLATE 8 FLOZ																								
112.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00
M53222 COND PC Margarine 5g																								
31.00 @ 1 each	30.00	1.00	30.00	30.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	500.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50855 COND PC Ketchup 9g Heinz																								
45.00 @ 1 each	10.00	0.00	0.00	85.00	0.00	0.00	3.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50055 COND PC Mayonnaise 12g																								
2.00 @ 1 each	80.00	1.50	16.87	75.00	8.00	90.00	1.00	0.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50284 COND PC Mustard 6g																								
2.00 @ 1 each	0.00	0.00	-	65.00	0.00	-	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50624 COND PC Drsg Ranch 12g																								
17.00 @ 1 each	50.00	0.00	0.00	100.00	5.00	90.00	1.00	0.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
M50287 COND PC Sauce, BBQ 12g																								
9.00 @ 1 each	15.00	0.00	0.00	160.00	0.00	0.00	4.00	0.00	0.00	0.00	-*	100.00	-*	-*	-*	0.60	-*	-*	-*	-*	-*	0.00	-*	0.00
Average	709.25	5.14	6.53	1021.39	19.43	24.66	99.34	30.37	27	8.57	257.26*	4213.31	0*	.22*	10.61*	16.46	.02*	.03*	.37*	.05*	0*	593.09	27.85*	3.66

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DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Heritage ES

Service Area: Heritage - K-5 - OVS

Menu Name: Heritage ES: 2017-18 Menu w/ESD - cycle 2 - week 2

Avg.Method: Balanced

Age Group: Lunch Grades K-5 **Period:** Lunch **Week:** 2 **Day:** Thursday **Count Type:** Forecasted **Total No. of Customers:** 180

	CAL	SFA (g)	% of CAL	Na (mg)	Fat (g)	% of CAL	CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)
Weekly Std.	550.00-650.00		10.00	1230.00																		457.61		

M52963 CHIX Popcorn, AP WG 2.0

120.00 @ 1 serving	250.19	2.72	9.78	380.72	14.14	50.87	15.23	15.23	21.76	3.26	-*	108.78	-*	-*	-*	0.00	-*	-*	-*	-*	-*	43.51	-*	1.96
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M54555 NACHOS BFGD RND SC 2.0 (2BG)

70.00 @ 1 each	450.58	8.75	17.47	674.72	23.64	47.22	37.04	21.04	60.38	3.46	196.04*	399.61	0.91*	0.14*	0.99*	2.48	0.02*	0.09*	2.90*	0.20*	1.27*	246.61	110.88*	1.97
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M53765 SALAD, Frt MZ 2.0 summ

4.00 @ 1 each	183.73	4.07	19.95	427.39	5.30	25.96	18.59	16.64	20.00	2.19	192.05	1604.80	0.00*	0.23*	22.06*	6.47	0.06*	0.05*	0.24*	0.09*	0.00*	457.61	15.99*	0.56
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M52188 BRD: ROLL AP, PRETZEL 2.2oz WG

124.00 @ 1 each	160.00	1.00	5.62	40.00	2.50	14.06	29.00	5.00	0.00	3.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	20.00	-*	1.80
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M51254 SUB AP, Ham AM WG 2.0

5.00 @ 1 sandwich	309.57	5.51	16.03	1340.48	12.13	35.25	32.03	21.55	49.87	3.94	137.21*	2905.42	0.00*	0.19*	31.30*	5.02	0.03*	0.02*	0.26*	0.04*	0.00*	202.19	15.31*	2.15
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M53347 SDW BD, SB WG 2.0

1.00 @ 1 sandwich	554.98	3.95	6.41	556.98	33.60	54.49	43.82	19.82	0.00	9.90	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	39.50	-*	5.00
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M53965 VEG: BEANS, Pinto CampChpt1/2c

24.00 @ 1/2 cup	169.54	0.18	0.97	275.21	0.95	5.03	34.22	6.51	1.18	5.39	20.99*	219.99	0.00*	0.20*	0.73*	3.41	0.01*	0.01*	0.08*	0.03*	0.00*	68.96	4.95*	2.06
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M50431 VEG: CARROTS, Fresh Baby 1/2c

60.00 @ 1/2 cup	24.80	0.02	0.59	55.28	0.09	3.34	5.84	0.45	0.00	2.06	167.96	9772.87	0.00	-*	6.66	1.84	0.02	0.03	0.39	0.07	0.00	22.68	19.84	0.63
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M50534 FRUIT: ORANGE 138ct 1/8wg 1/2c

50.00 @ 8 wedge	46.96	0.01	0.29	0.00	0.12	2.30	11.74	0.94	0.00	2.40	180.86	224.82	0.00	0.18	0.00	53.16	0.09	0.04	0.28	0.06	0.00	39.97	13.99	0.10
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M53549 FRUIT: APPLESAUCE,Unswt AP1/2c

92.00 @ 1/2 cup	52.77	0.00	0.00	10.55	0.00	0.00	13.72	0.00	0.00	2.11	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50982 JUICE SS, ORANGE 100% 4 FLOZ

90.00 @ 1 each	50.00	0.00	0.00	15.00	0.00	0.00	12.00	1.00	0.00	0.00	-*	0.00	-*	-*	-*	42.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M53465 MILK SS, 1% WHITE 8 FLOZ

35.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00
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DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Heritage ES

Service Area: Heritage - K-5 - OVS

Menu Name: Heritage ES: 2017-18 Menu w/ESD - cycle 2 - week 2

Avg.Method: Balanced

M51096 MILK SS, SKIM CHOCOLATE 8 FLOZ

113.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00
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M53222 COND PC Margarine 5g

39.00 @ 1 each	30.00	1.00	30.00	30.00	3.00	90.00	0.00	0.00	0.00	0.00	-*	500.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50855 COND PC Ketchup 9g Heinz

109.00 @ 1 each	10.00	0.00	0.00	85.00	0.00	0.00	3.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50055 COND PC Mayonnaise 12g

10.00 @ 1 each	80.00	1.50	16.87	75.00	8.00	90.00	1.00	0.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50284 COND PC Mustard 6g

10.00 @ 1 each	0.00	0.00	-	65.00	0.00	-	1.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50624 COND PC Drsg Ranch 12g

17.00 @ 1 each	50.00	0.00	0.00	100.00	5.00	90.00	1.00	0.00	5.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50287 COND PC Sauce, BBQ 12g

11.00 @ 1 each	15.00	0.00	0.00	160.00	0.00	0.00	4.00	0.00	0.00	0.00	-*	100.00	-*	-*	-*	0.60	-*	-*	-*	-*	-*	0.00	-*	0.00
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Average	683.26	6.79	8.95	884.85	23.23	30.6	86.21	31.21	45.8	8.95	193.34*	4219.26	.35*	.14*	4.06*	39.34	.04*	.06*	1.36*	.13*	.49*	429.22	55.06*	3.92
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DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Heritage ES

Service Area: Heritage - K-5 - OVS

Menu Name: Heritage ES: 2017-18 Menu w/ESD - cycle 2 - week 2

Avg.Method: Balanced

Age Group: Lunch Grades K-5 **Period:** Lunch **Week:** 2 **Day:** Friday **Count Type:** Forecasted **Total No. of Customers:** 180

Weekly Std.	CAL	SFA (g)	% of CAL	Na (mg)	Fat (g)	% of CAL	CHO (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A (IU)	Vit D (IU)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3 (mg)	Vit B6 (mg)	Vit B12 (mcg)	Ca (mg)	P (mg)	Fe (mg)
	550.00-650.00		10.00	1230.00																		0.00		

M50995 PIZZA AP Wdg Chz WG

124.00 @ 1 each	300.02	4.00	12.00	580.04	11.00	33.00	37.00	15.00	15.00	4.00	240.02	500.03	-*	-*	-*	0.00	-*	-*	-*	-*	-*	300.02	-*	2.70
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M51132 PIZZA AP Wdg Pep WG

46.00 @ 1 each	300.02	4.50	13.50	640.03	11.00	33.00	36.00	15.00	15.00	4.00	230.01	400.02	-*	-*	-*	0.00	-*	-*	-*	-*	-*	200.01	-*	2.70
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M53865 SALAD, CHIXDCD CAES APSC 2.0

16.00 @ 1 each	230.70	3.65	14.25	365.31	9.62	37.53	13.02	22.62	53.75	1.51	16.94*	1395.71	0.00*	0.04*	0.10*	8.01	0.00*	0.00*	0.01*	0.00*	0.00*	179.18	0.94*	1.59
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M51680 BRD: ROLL DG, WG 2.5oz

16.00 @ 1 each	170.00	0.50	2.65	135.00	3.00	15.88	28.00	7.00	0.00	3.40	-*	0.01	-*	-*	-*	0.01	-*	-*	-*	-*	-*	12.70	-*	0.85
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M50962 SDW BD, SBJ WG 2.0

3.00 @ 1 sandwich	654.64	3.95	5.43	556.98	33.60	46.19	69.74	19.82	0.00	9.90	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	39.50	-*	5.00
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M54868 VEG: BROCCOLI, FRESH CKD MARG 1/2C

42.00 @ 1/2 cup	35.62	1.19	30.01	10.98	3.03	76.46	1.92	0.64	0.00	0.88	79.66	414.69	0.00*	0.39*	37.80*	17.39	0.02*	0.03*	0.15*	0.05*	0.00*	10.72	17.95*	0.18
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M52815 VEG: PEPPERS, Red Strips1/2c

18.00 @ 1/2 cup	15.56	0.01	0.78	2.01	0.15	8.71	3.03	0.50	0.00	1.05	105.92	1571.73	0.00	0.79	2.46	64.10	0.03	0.04	0.49	0.15	0.00	3.51	13.05	0.22
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M50543 FRUIT: BANANA (100-120ct) Whl

33.00 @ 1 each	93.95	0.12	1.13	1.06	0.35	3.34	24.11	1.15	0.00	2.74	377.91	67.56	0.00	0.11	0.53	9.18	0.03	0.08	0.70	0.39	0.00	5.28	23.22	0.27
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M52794 FRUIT: ORANGE Mand w/Syr 1/2c

140.00 @ 1/2 cup	75.88	0.00	0.00	9.49	0.00	0.00	17.07	0.95	0.00	0.95	-*	189.70	-*	-*	-*	11.38	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50980 JUICE SS, Frt Bld 100% 4oz Crt

68.00 @ 1 each	60.00	0.00	0.00	10.00	0.00	0.00	14.00	0.00	0.00	0.00	100.00	0.00	-*	-*	-*	3.60	-*	-*	-*	-*	-*	0.00	-*	0.00
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M53465 MILK SS, 1% WHITE 8 FLOZ

31.00 @ 1 carton	110.00	1.50	12.28	130.00	2.50	20.46	13.00	8.00	10.00	0.00	-*	500.00	-*	-*	-*	2.40	-*	-*	-*	-*	-*	300.00	-*	0.00
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M51096 MILK SS, SKIM CHOCOLATE 8 FLOZ

124.00 @ 1 carton	120.00	0.00	0.00	180.00	0.00	0.00	20.00	8.00	5.00	0.00	-*	500.00	-*	-*	-*	1.20	-*	-*	-*	-*	-*	300.00	-*	0.00
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DAILY NUTRITIONAL ANALYSIS

Profit Center: Lewisville Independent School District

Location: Lewisville ISD Heritage ES

Service Area: Heritage - K-5 - OVS

Menu Name: Heritage ES: 2017-18 Menu w/ESD - cycle 2 - week 2

Avg.Method: Balanced

M53222 COND PC Margarine 5g

11.00 @ 1 each	30.00	1.00	30.00	30.00	3.00	90.00	0.00	0.00	0.00	0.00	0.00	-*	500.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50855 COND PC Ketchup 9g Heinz

21.00 @ 1 each	10.00	0.00	0.00	85.00	0.00	0.00	3.00	0.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50284 COND PC Mustard 6g

4.00 @ 1 each	0.00	0.00	-	65.00	0.00	-	1.00	0.00	0.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50624 COND PC Drsg Ranch 12g

27.00 @ 1 each	50.00	0.00	0.00	100.00	5.00	90.00	1.00	0.00	5.00	0.00	0.00	-*	0.00	-*	-*	-*	0.00	-*	-*	-*	-*	-*	0.00	-*	0.00
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M50287 COND PC Sauce, BBQ 12g

6.00 @ 1 each	15.00	0.00	0.00	160.00	0.00	0.00	4.00	0.00	0.00	0.00	0.00	-*	100.00	-*	-*	-*	0.60	-*	-*	-*	-*	-*	0.00	-*	0.00
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Average

	551.27	4.96	8.1	810.93	14.22	23.22	79.91	25.17	24.86	5.93	361.87*	1449.07	0*	.19*	9.17*	24.34	.01*	.03*	.21*	.1*	0*	537.66	9.83*	2.96
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